



ramblers scotland
at the heart of walking

Forth Valley, Fife & Tayside

Area Joint Programme

April 2012 to September 2012



Walks and Events for:

**Blairstown & District
Brechin
Broughty Ferry
Dalgety Bay & District
Dundee & District
Dunfermline & West Fife
Forfar & District
Glenrothes
Kinross & Ochil
Kirkcaldy
Perth & District
St Andrews & NE Fife
Stirling, Falkirk & District
Strathlav**

Information Page

Welcome to the 25th edition of the joint programme and the first programme to be produced by the new Area Publication Team following the decision by Mike Whitehead to step down after steering the production of the programme over the last 8 years. In order to make the task less onerous it has been decided to create the additional position of Assistant Publications Secretary, this will allow the task of preparing the individual returns from the groups to be split on a roughly north-south basis. The new team are very aware of the huge amount of work that Mike has done over the years and have benefited by the detailed preparation notes and guidance that he was able to pass on to the team.

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Electronic walk programmes to Trevor Abell by: 17th August 2012

Articles, News Items, Letters etc to Ben Douglas by: 17th August 2012

Group News, single A4/A5 sheet, 1 or 2 sided, hard copy ready for photocopying.

Please send it directly to Trevor Abell by 24th August 2012.

The FV, F & T Joint Programme Team:

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Assistant Publications Secretary: Ian Bruce, 4 Spencerfield Cottages, Dunfermline, KY11 9LA. Tel: 01383 616062, e-mail ianbruce100@btinternet.com

Advertising Editor: Ben Douglas, 17 Longhill Gardens, Dalgety Bay, KY11 9SG tel 01383 822715, e-mail bendoug@tiscali.co.uk

A Note From The Convener

I am pleased to be able to begin my first note by reporting a number of positive changes in relation to Ramblers Scotland. Largely as a result of David Thomson and Alistair Cant's work on the Ramblers GB Devolution Working Party there is now an agreed budget for Ramblers Scotland guaranteed for the next three years. This has enabled a number of appointments to be made at the Milnathort office. David Morris (Director Scotland) and Helen Todd (Development Officer) have been joined by Jacqueline Ferguson (Medal Routes Project Officer), Jeannie Cranfield (Games Legacy Advisor), Callum McAleary (Project Support Officer) and (with a special —welcome back”) Kareen Robertson (Communication and Finance Officer).

Extensive changes have also taken place in the Area Committee with only three of the ten posts continuing with the same person. This means that we will be missing the advice and experience of several long serving committee members. The complete Area Joint Programme team, after a period of service far beyond the call of duty, have demitted office. The Publications Secretary, Mike Whitehead, oversaw the production of 16 issues of the Programme; Margaret Brown ensured that they were all distributed efficiently; and Sean Galbally not only leavened the publication with news and articles but also attracted advertising revenue to reduce the net cost. Our gratitude to all of these people was marked officially at the Area AGM by means of a small presentation.

David Thomson, after five years as Area Convener (and several more years as Vice-Convener), has moved on to greater things. In addition to his commitments in Ramblers Scotland he is now Vice-Chair of the Board of Trustees of Ramblers GB and, with that post, a member of three administrative sub-committees. David's work with Alistair, already referred to, is only part his legacy. At a broader level his presence on the Ramblers GB Board of Trustees brought about the first visit of the Trustees to Scotland after 75 years of their existence, and a sharp reminder to them that the priorities of ramblers in Scotland differ somewhat to those in the South British parts of the organisation. The Area's gratitude for David's contributions was also marked by a presentation at the Area AGM.

Whilst I have singled out a number of people here who have given generously of their time and expertise over a number of years, the Area Joint Programme itself represents another example of our organisation's reliance on volunteers. Without the walk-leaders efforts in planning and reconnoitring routes this programme would not exist, so once again, acknowledgement is due. This programme re-introduces abbreviated walk descriptions so there is no excuse not to take advantage of the walk-leaders efforts and to get out and enjoy your selection of walks from this Area Joint Programme.

*Alan Bridges, Convener.
Milnathort, February 2012.*

WALK LEADERSHIP DEVELOPMENT
Summary Report on Area Walk Leaders' Walk Day
Tillicoultry to Dollar Circular
Saturday 15th October 2011; Leader: Ben Douglas

1. This walk was carried out as a follow up to the Ramblers Scotland Walk Leadership Development Day held in November 2010 arising out of a feedback suggestion.
2. The participants had a variety of walk leadership experience from the highly experienced to none at all. This did give a good mix.
3. I pitched the walk as somewhere between a led walk and a simulated recce. During the walk there were many questions and I followed the advice on the updated **Walk Leader's Checklist card**, available on request from ledwalks@ramblers.org.uk
4. I began by taking a **register** and participants saw the sense of (a) requesting an emergency contact phone number and (b) the wearing of high visibility vests or back pack cover. I did mention at the outset that crossing busy roads formed the major hazard and during the walk continually stressed this.
5. When giving **the initial briefing**, I mentioned my mnemonic of IDA – I (Introduction and Welcome); D (Details of the walk); A (Alert walkers to hazards).
6. On attracting members to become walk leaders, the suggestion I put forward of jointly led walks in which an experienced leader was paired with a member with no experience went down well. This would give recce experience to the latter and on the walk the two leaders could share the actual leading and backmarking. At the end of this report I have set out a selection of walks across the Area which could be used in this way.
7. Group Chairpersons and Walks Programme Co-ordinators do have a key role to play in identifying experienced walk leaders with good communication skills and potential walk leaders with a view to increasing a Group's pool of walk leaders. I do not under- estimate the challenge this can represent.
8. I issued each participant with the Walk Leader's Checklist card and a revised version of my **Recce and Risk Assessment Log Sheet** (available from Group Secretaries or Area Secretary). I invited them to complete this when they arrived home. This was their record of the day and I stated that I had designed it in such a way that it could be completed within about 5 - 8 minutes.
9. At the completion I was thanked for putting on the walk. I felt we had all gained from this practical experience - not so much as hands on' as feeet treading'. The basic message I was aiming to convey was that best practice' walk leadership procedures are basically common sense. In addition, planning then leading a walk and giving enjoyment to others as well as making a contribution to the well-being of the Group are satisfying achievements.

Examples of walks where an experienced walk leader can be paired with a new walk leader (See Point 6 above)

The 4 walks listed below are examples, one of which could be programmed by Groups on a regular annual basis and it would be one of the entry points for members who have no experience of leadership to become walk leaders. Each walk on the list is relatively straightforward. After gaining some experience, they could, as it were, fly solo.

Another way of persuading experienced walkers, lacking in leadership experience, to lead a walk is to ask if they know a walk particularly well or attended with another Group. Once again, an experienced walk leader could provide help on the recce and on the day of the walk.

Walk 1: Hill of Alyth Circular (300m ascent)

Grade C+: 5 miles; 3 hours. **Meeting Point:** Alyth Market Square; Map Ref: 53/NO:247485. **Description:** A circular walk via Hill of Loyal, Newton of Bamff and Hill of Alyth (part of Cateran Trail). Waymarked paths with some minor road walking.

Walk 2: Newport-on-Tay to Tayport Circular (50m ascent)

Grade C: 5.5 miles; 3.5 hours. **Meeting Point:** Car Park at north end of Newport-on-Tay on B946; Map Ref: 59/NO:426287. **Description:** Follow the coastal path to Tayport and return through the Scotsraig estate on inland tracks and paths. Some pavement walking along busy road to complete the walk.

Walk 3: Lochore Meadows & Harran Hill (100m ascent)

Grade C+: 5 miles; 3 hours. **Meeting Point:** Lochore Meadows Visitor Centre Car Park; Map Ref: 58/NT:171962. **Description:** A circular walk around Loch Ore with an extension into Harran Hill Woods. (This is the Dalgety Bay & District 'starter' walk leader walk.)

Walk 4: Tillicoultry to Dollar (50m ascent)

Grade C+: 5.5 miles; 3.5 hours. **Meeting Point:** Sterling Mills Outlet Shopping Centre Car Park, Tillicoultry; Map Ref: 58/NS:919965. **Description:** From the car park follow Devon Way to Dollar. Cross A91 and return along farm access roads via Dollar Academy, and Harvieston Home Farm. Return by narrow pavement on A91 to Devon Way and the car park.

In my estimation, Groups should be aiming to have around 12 – 24 walk leaders to spread the load during the year.

Additional Information

Ramblers Scotland Training Day – November 2011 - The papers for the Training Day can be accessed on the **Ramblers web site**. On the home page, click **Scotland**; then scroll down to **Governance** and click; then **Training Events** and click.

Map Reading document – On the Ramblers web site, there is a power point illustrated document covering basic map reading techniques. Type *Introduction to Navigation* in the search box, top right corner of home page, to access the document.

Map Reading Videos – www.ordnancesurveyleisure.co.uk/map-reading-workshops.html

Ordnance Survey have been working with Simon King to produce a series of map reading videos that take you through the basics of understanding how to read OS maps and how to use a compass.

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Registration Form - Area Walk Leaders' Training Day

Title: *Practical Navigation: Tips on using Map, Compass & GPS*

This training day is aimed at those who lead C+, B, B+, and A walks and wish to enhance their navigation skills. There would be a maximum of 15 participants. Travel expenses can be claimed. The details of the walk are as follows.

Date: Sunday 24th June

Benarty Hill via Harran Hill Wood (350m ascent)

Grade B: 7 miles; 4.5 hours. **Meet/Time:** Lochore Meadows Visitor Centre Car Park, KY5 8BA, off B920, at 9.30 a.m. Map Ref: Landranger 58 or Explorer 367/NT:171962. Coming from the north, exit at Jn 5, M90 and use B roads. **Description:** A walk on paths, tracks and some open countryside.

Leader: Ben Douglas. Tel: 01383 822715. **Note:** No dogs please.

Application Forms should be sent to **Ben Douglas, 17 Longhill Gardens, Dalgety Bay, Fife, KY11 9SG**

If you do not wish to cut this form out of your programme, a photocopy is acceptable.

Please return no later than 12th May

Participants do not need to bring a map, compass or GPS but it would be useful to know if any of the following can be brought along. Please tick the relevant box

I have or can get access to either of the OS sheets in the description

I have or can borrow a compass

I have a GPS

Name:

Group:

Address:

Postcode:

Telephone:

E-mail:

General Information

Walks Grading

The walks in this programme are graded according to the following:

- E** Easy Access Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections: visitors are advised to check with the walk leader.
- D** Leisurely Walks for reasonably fit people. May include unsurfaced rural paths. Walking boots or comfortable footwear and warm, waterproof clothing are recommended. 2 to 5 miles.
- C** Easy, mainly on level ground and often paths and tracks.
- C+** Easy to moderate, for those with improving fitness, offering some modest challenges.
- B** Moderate, demanding higher standards of fitness and stamina than C+.
- B+** Between moderate and strenuous, for the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.
- A** Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; with steep ascents and descents; distances over 15 miles.
- A+** Severe. Arduous walks for the experienced and very fit, involving some or all the following factors: high, exposed ground; steep ascents and descents; brisk pace; distance over 15 miles. Standard grading for hill-walking in winter conditions.

The walk grade is intended as a rough guide only. More information is supplied in each entry.

Walker's Responsibilities

Walkers must be 18+ or accompanied by an adult holding parental responsibility. Ramblers volunteers cannot provide direct care and supervision to children under 15. Instead the children must be accompanied by an adult who holds parental responsibility, such as a parent, legal guardian, carer, teacher or youth worker.

Unaccompanied walkers aged 15-17 are welcome (except on overnight stays) with a valid 15-17 Year Old Parental Consent Card, obtainable free from Ramblers main office, tel 020 7339 8500 or see www.ramblers.org.uk/localgroups.

If you are unsure of the suitability of a walk contact the Walk Leader beforehand. It is not always possible to shorten a walk if you are overexerting yourself; choose a grade of walk suitable to your level of fitness and experience.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise. Personal accident insurance is available from several sources. The Walk Leader or Deputy must be a member of the RA. The Leader may change a walk at his/her discretion. Members or

visitors should not leave a walk without informing the Leader or divert from a walk without the agreement of the Leader. Many groups carry a first aid kit and/or mobile phone. Individuals are reminded that they are responsible for carrying any special medication that they require for personal use. Walkers must also inform the Walk Leader of any medical condition that could affect their ability to complete the walk.

Dogs are not suitable on most walks. Check with the walk leader.

The Weather

Listen to the weather forecast (hill walkers' forecast on Radio Scotland) and prepare accordingly. If extreme weather is expected the walk may be cancelled. If you are in doubt, contact the Walk Leader.

Clothing and Equipment

Dress according to the season. *Note:* Denim clothes are not suitable.

Winter: thermal base layer and layers of clothing, (shirt, trousers, jumper or fleece, and a windproof shell, plus hat, scarf, and gloves). A waterproof jacket (with hood) and waterproof trousers are also needed.

Summer: wear fewer, thinner layers but take sun protection.

Wear well-fitting walking boots and take a rucksack to carry your gear.

Food and Drink

In general, for a day walk take a flask containing a hot drink, a packed lunch, and various snacks. In warmer weather extra liquid is *essential*.

Ticks

Some of the areas walked may contain ticks, which are known to be a source of infection in humans. It is advised that you wear long trousers, a long sleeved shirt and a hat, even in summer. It is also advisable to tuck your trousers into your socks and apply insect repellent. Examine yourself for ticks after a walk and if you find one remove it immediately and cleanly using tweezers. It is advised that you then contact your general practitioner for further advice

Transport

Generally cars are used to transport walkers to the start of a walk; car sharing is encouraged. Abbreviations for car parks used as pick up points are included in this programme.

When car sharing, it is recommended that car passengers make a contribution to the running costs, the method of calculation and mileage rates are set by individual groups. Car drivers are reminded to call in at the pick up point prior to departure for the walk if they have a spare seat. Passengers are advised to take shoes and a bag for dirty boots and spare dry clothes in wet weather. The times given in this programme are departure times, if you are from a different group and/or going straight to the start of the walk, it is recommended that you contact the Walk Leader beforehand.

Walks may also use public transport, the fare may be indicated and it is the individual's responsibility to pay. Various walks use hired minibuses, in this case the person responsible, a deadline for booking, and (possibly) a fee will be indicated in the programme. **Note:** minibuses are **not subsidised** and must be **self-financing**; if you book a place on a bus and then find that you must cancel at a later date, unless a replacement is found, you may still be liable for the full cost.

Meeting Points

The following abbreviations are used for group meeting places:

| | | |
|-------------------------|--------|--|
| Blairgowrie | WCPB | Wellmeadow Car Park, Blairgowrie. |
| Brechin | SNSB | St Ninian's Square, Brechin. |
| Dalgety Bay | DBSCCP | Dalgety Bay Shopping Centre Car Park. |
| Dundee East | OCCP | Odeon Cinema Car Park, Douglasfield, Dundee |
| Dundee West | CWCP | Cineworld Car Park, Camperdown Leisure Park, Dundee |
| Dunfermline & West Fife | LPRCP | Leys Park Road Car Park, Dunfermline. |
| Forfar | EGCP | East Greens Car Park, Forfar. |
| Glenrothes | LCCP | Lomond Centre Car Park, Glenrothes. |
| Kinross & Ochil | RASCP | Ramblers Association Scotland Car Park, Kingfisher House, Auld Mart Business Park, Milnathort. |
| | BURN | Dollar Burnside Car Park. |
| Kirkcaldy | KRSN | Kirkcaldy Railway Station North (Forth Ave). |
| Perth | ASDACP | Asda Supermarket Car Park, Perth. |
| St Andrews & NE Fife | FCPC | Fluthers Car Park, Cupar. |
| Stirling & Falkirk | LACP | Linden Ave Car Park, Stirling (£1.20 charge Saturdays). |
| Strathtay | GGCP | Car Park behind Girvans Garage, Aberfeldy. |

Broughty Ferry Group: Any member who has difficulty in getting to a walk meeting place should contact, in the first instance, the Walk Leader, but failing that the Walk Secretary, Alex Kelman (01241 853966), who will try to arrange transport. Car drivers are also reminded that they should advise the walk leader of spare seats in their vehicles.

St Andrews & NE Fife Group: Any member who has difficulty in getting to a walk meeting point should contact the Group Convenor, Pat Ritchie, (01334 653667) who will try to arrange transport.

Additional Description and Location Maps

More detail including location maps can be found on the Ramblers website at –

www.ramblers.org.uk/walksfinder

You can also use the local website of: -

<http://perthramblers.blogspot.com>

Walks Diary

Glenrothes Strollers walks

On most Thursdays over the dates of the programme, Glenrothes Strollers have a midweek walk, to which all are welcome. The walk is selected by the walk leaders on the week of the walk, location depending on the weather conditions. **Grade C:** 4 - 6 miles 2½ - 3½ hours. **Meet/Time:** Car Park behind St Columba's Church next to Glenrothes town centre at 10.00 a.m. Map Ref.: 59/NO:269008. **Description:** A short local walk (mostly in a 10 mile radius from Glenrothes), for details call one of the leaders.

Leaders: S Harris Tel: 01592 750332 and D Cumming 01592 742782



Friday 30th March to Monday 2nd April

Stirling & Falkirk: Ullapool Weekend.

Walks of all grades, both coastal and in the mountains, in this lovely area of the Western Highlands. **Leaders:** Denis Taylor and Alan Philp. Tel 07720885676. email denis45@fiscali.co.uk
Contact: Elaine Stevenson. Tel 01259 750021. email stevensone02s@yahoo.co.uk

Sunday 1st April

Broughty Ferry: Invergowrie to Castle Huntly.

Grade C+: 8 miles; 6 hours. **Meet/Time:** At Water Board Office area Invergowrie at 10.30 a.m. Map Ref: 54/NO:345305 **Description:** Walk on paths and tracks with good views.
Leader: Allan Thomson Tel. 01382 622668 **Note:** No dogs please.

Dunfermline & West Fife: Arthur's Seat, Duddingston & The Innocent Railway

Grade B: 5 miles. 4 hours. 250m ascent. **Meet/Time:** Outside Scottish Parliament Building (by bus or train) at 11.00 a.m. **Map/Ref:** 66/NT:268738. **Description:** Dramatic landscape, historic sites. Lunch break at Duddingston with option of enjoying Scotland's oldest surviving pub.
Leader: Delia Cattell. Tel 01383 841434. Mobile 07751 039442. **Notes:** Some very steep upward paths; slippery if wet.

Glenrothes: Ceres Circular

Grade: B. Distance: 9 miles; 5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:30 am at Ceres Village main centre car park (opposite farm museum). Map Ref: 59/NO400115 **Description:** An interesting walk in the farming countryside around Ceres on good tracks with some road walking. **Note:** Dogs: NO; Children: Yes if fit and with a responsible adult.
Leader: J Duncan, Tel 01337 831888. john@johnandmorven.co.uk

Kinross and Ochil: Lower Glendevon Reservoir.

Grade C+ : 5 miles; 3 hours **Meet/Time:** BURN at 9.30 a.m. or at reservoir car park at 10:00 a.m. Map Ref: 58/NN: 949052 **Description:** Mostly linear walk on good paths and tarmac. 200ft ascent. **Note:** No dogs please. Accompanied children welcome if fit.
Leader: Andrew Black Tel: 01259 743457

Strathtay: Deil's Cauldron

Grade C: 6 miles. Meet/Time: GGCP at 8:30 a.m. or Comrie CP at 9:30am. Map Ref: 51/NN:776223 **Description:** An easy circular ramble up Glen Lednock to the Deil's Cauldron and Lord Melville's Monument.
Leader: Bill Bruce 01887 829753. **Note:** No dogs please.

Wednesday 4th April

Dunfermline & West Fife: Dunfermline West - afternoon walk

Grade C: 6 miles; 3 hours. 80m ascent. **Meet/Time:** Pittencreef Car Park at 1.30 p.m. **Map/Ref:** 367/NT:085875. **Description:** Circular walk to the West of Dunfermline, mainly on footpaths and farm tracks. Returning via cycle path after a short section on a quiet country road.
Leader: Maureen Paul. Tel. 01383 727875. Mobile 07842 386718.

Saturday 7th April

Dalgety Bay: Ferry Hills & North Queensferry Circular (100m ascent)

Grade C: 5.5 or 8 miles; 3.5 or 4.5 hours. **Meet/Time:** Meadowfield Bus Stop at 9.15 a.m. to catch the No X58 or 7 bus (a back-up) or junction of Hope St & Ferryhills Rd at 10.00 a.m. This is located two thirds of the way between Inverkeithing Square and Ferry Toll Park & Ride. Map Ref: 65/NT:125821. **Description:** Follow Ferryhills Rd and paths south to N Queensferry, then a circuit around the historic core of the village. Return by coastal path to Inverkeithing with a further optional extension to continue to Dalgety Bay; stunning views of the restored Forth Rail Bridge.
Leader: Ben Douglas. Tel: 01383 822715 Mob: 07975 889678. **Note:** No dogs please.

Dundee: Newtyle Railway Ramble

Grade C: 8 Miles; Meet/Time: CWCP 10am or Newtyle North Car Park 10.30am Map Ref: 53/NO:298415. **Description:** Easy circular walk partly on disused railway. Some road walking.
Leader: M Rennie. Tel. 01382 200731, 07769725242. S Sneddon. Tel 01382 812584

Forfar: Braes of the Carse

Grade B: 7 miles. Meet/Time: EGCP at 9.30 a.m. or Rait Antiques Centre at 10.30 a.m. Map Ref: 53/NO:227267. **Description:** Starting from the picturesque village of Rait, the path climbs steeply up the Sidlaws past Fingask Castle to reach over 230 metres before returning via Woodwell..
Leader: Lexie Lumsden. Tel 01307 465829.

Glenrothes: Kinross - Milnathort circular

Grade: C. **Distance:** 7.5 miles; 3.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:30 am at Kinross - CP by graveyard. Map Ref: 58/NO127020 **Description:** Loch Leven path to Burleigh Sands, old railway line to Milnathort, return via Burleigh Castle. No significant ascent. Good paths, some road walking on footpath. Note: Dogs: yes on lead; Children: NO. Leaders will meet walkers at Kinross
Leader: C & B Barton, Tel 01383 725859. chrisbarton3@tiscali.co.uk

Kirkcaldy: Seafield – Kinghorn – Binn - Craigencalt

Grade: C+. **Distance:** 9 miles. **Meet/Time:** KRSN at 09.30 a.m. or Seafield CP at 09.45 a.m. **Map Ref:** 66/NT:280897. **Description:** Walk is mainly on minor roads, hill & coastal paths with slight gradients. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.
Leader: Margaret Miller & Ros Fairgrieve Tel 01592 266956 & 01592 784454.

Perth: Bonnet Stane - West Lomond - John Knox's Ex Pulpit. Total Ascents 400m.

Grade A: 6.25 miles. **Meet/Time:** ASDACP at 9.00 a.m. or Car park on minor road near the Glen Burn at 9.45 a.m. Map Ref: 58/NO:173070. **Description:** Strenuous walk, steep ascents and descents via the Bonnet Stane to West Lomond, superb panorama. Returning via John Knox's Ex Pulpit in Glen Vale.
Leader: Conrad Peat. Tel 01738 840487. Mobile No. 07867776683. **Note:** Very limited parking- Please arrange maximum car share. Visitors please contact Walk Leader. No dogs please.

Sunday 8th April**Stirling & Falkirk: Overtoun and the Lang Craigs (B) or Policies of Overtoun House (C) – Dumbarton.**

Grade B/C: 7½/ 6 miles. **Meet/Time:** LACP at 9.30 am or Council Offices CP off A82 on outskirts of Dumbarton at 10.30 a.m. Map Ref: 64/NS:412758 **Description:** Uphill to the policies of Overtoun House, onto Lang Craigs where going can be rough, before descending on easy tracks. The easier alternative goes above Overtoun House but not up to Craigs. Ascent 440m/ 150m.
Note: No dogs, please
Leader: Phil Seale. Tel 01786 447107. mobile 07840957215. email phil@philseale.co.uk

Monday 9th April

St. Andrews & NE Fife:
01333 329139

Committee Meet in Cupar "Y", at 7pm Secy. I. Anderson Tel:

Thursday 12th April

Dalgety Bay:

Roamers Walk – Dalgety Bay to Aberdour (minimal ascent)

Grade D: 4 miles; 2-3 hours. **Meet/Time:** Dalgety Bay Library at 10.00 a.m. Map Ref: 65/NT:156835. **Description:** The walk is on the Coastal Path via 'The Avenue' when the daffodils are in bloom. After a refreshment opportunity, there is the option to return by bus or walk back.

Leader: Alice McEwan Tel: 01383 822013. **Note:** No dogs please.

Stirling & Falkirk:

Ben Gullipen and Loch Ruskie

Grade B: 9 miles; 4½ hours. **Meet/Time:** 10.15a.m. at Mollands CP. Map Ref: 57/NN:633058. **Description:** A straightforward walk on good forestry roads, tracks and paths. Short section of road walking along the A81. Ascent 1280ft. Note: No dogs please

Leader: Janette Seale. Tel 01786 447107. mobile 07709957317. email janette@philseale.co.uk.

Saturday 14th April

Blairgowrie:

River Ericht – Bridge of Cally to Blairgowrie

Grade B+: 9 miles. **Meet/Time:** WCPB at 8.40 a.m. for bus to Bridge of Cally. No parking at start of walk. Map Ref: 53/NO:145512. **Description:** Exciting walk on banks of River Ericht with some steep ascents and descents. Care required.

Leader: Aldis Ozols. Tel 07901 969917 Email: bilsbizon@hotmail.com. **Note:** No dogs please.

Brechin:

Charleston

Grade C: 6 miles. **Meet/Time:** SNSB at 9.00 a.m. or Main Street, Charleston (near Glamis), at 9.45 a.m. Map Ref: 54/NO:383456. **Description:** A circular walk from Charleston over Berry Hillock, Ark Hill and Denoon Law.

Leader: Christine Bean. Tel 01356 624285.

Kinross and Ochil:

Benarty Hill

Grade C+B: 8/9 miles; **Meet/Time:** RASCP at 9.30 a.m. or Lochore Meadows car park at 10 a.m.

Map/Ref: 58/NT:170961 **Description:** A circular route around the loch then up and over the hill to return to car park. Wide steps on ascent. **Note:** No dogs please. Accompanied children welcome if fit.

Leader: Angie Shearer Tel: 01592 861273

St. Andrews & NE Fife:

Lomond Reservoirs

Grade B: 6.5 miles **Meet/Time:** Meet time at FCPC 10.15. Meet time at Holl Reservoir car park 11.00 **Map Ref:** 58/NO:223034 **Description:** Circular walk round Holl, Harperleas and Ballo Reservoirs.

Leader: I. Anderson Tel 01333 329139 **Note:** No dogs please

Strathtay:

Ben Lomond, including Boat Trip (bookings essential) Ascent 3,150ft

Grade A-: 7 miles. **Meet/Time:** GGCP at 8:30 a.m. Map Ref: 56/NS:358986 **Description:** By ferry from Tarbet to Rowardennan. A circular route up Ben Lomond 3,196ft, one of the most popular Munros, via the main and Ptarmigan ridges. Superb views. Return to Tarbet by ferry. Confirm transport arrangements with leader in advance.

Leader: Jenny Rees 0131 4477167/01887 830521. **Note:** No dogs please.



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Sunday 15th April

Broughty Ferry: Kinnoull Hill to Quarrymill

Grade B: 6 miles; 5 hours. **Meet/Time:** South Inch C/P Perth at 10.00 a.m. Map Ref: 58/NO: 119229. **Description:** Circular walk on Paths and roads.

Leader: David Banks Tel. 01382.858495 Mob. 07719382703. **Note:** No dogs please

Dundee: Reminder about weekend away and bus trip

Please send money to Pat for bus trip to Edinburgh Botanic Gardens in June and deposits also to Pat for weekend in Kingussie

Contact: P Hargraves. Tel. 01307 462882 or 07986423328

Glenrothes: Glen Devon: Castlehill reservoir to Glenquey Reservoir Circular

Grade: B. Distance: 9 miles; 5 hrs. **Meet/Time:** 9:30 am at LCCP or 10:15 am at Castlehill reservoir car park on A 823 Glen Devon. Map Ref: 58/NN996033 **Description:** A steep climb from Castlehill reservoir to Castleton Hill, with great views of Loch Leven and the Forth. Returning by forest tracks and moorland paths via Maidens Well, along Glenquey Reservoir. Note: Dogs: NO; Children: NO.

Leader: C Mackie, Tel 01592 756058. catherineannmackie@hotmail.co.uk

Kirkcaldy: Rait Circular

Grade: B. Distance: 9 miles. **Meet/Time:** KRSN at 09.00 a.m. or Rait Antique Centre at 10.30 a.m. Park in the area adjacent the Centre's toilet entrance. **Map Ref:** 53/NO:227267. **Description:** Some steep hill climb on tracks with good views over surrounding area. May be cattle in some fields. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.

Leader: Alex Donald Tel 07943 871219.

Perth: Auchterarder and Cloan Glen. Total Ascents 230m.

Grade C+: 6 miles. **Meet/Time:** ASDACP at 1.15 p.m. or Crown Wynd CP, Auchterarder at 1.45 p.m. Map Ref: 58/NN:945127. **Description:** On tarmac roads, forest and farm tracks. Walk climbs up through the Glen. Return via uphill track then downhill to Auchterarder. Views of Strathearn.

Leader: Lynn Salvin. Tel 01738 634628. **Note:** No dogs please.

Stirling & Falkirk: Across the Campsies – Blanefield to Campsie Glen.

Grade A: 14 miles; 7½ hours. **Meet/Time:** LACP at 9 am (NOTE EARLIER START) or Clachan of Campsie at 9.45am. Map Ref: 64/NS:610795. **Description:** Pathless crossing of the Campsie plateau in an arc between Campsie Glen and Blanefield, –summitting” on Holehead, Hart Hill and Little Earl. The disused rail track back from Strathblane completes the circuit. Tough exposed walk if the weather is against us. Ascent 2200ft. **Note:** No children, no dogs, please.

Leader: Mike Gray. Tel 01360 550962. mobile 07979993614. email mike@mgray3.freeserve.co.uk

Weekend 14th and 15th April

Dunfermline & West Fife: Braemar Weekend

A variety of walks in the Braemar area; Names to Carol Paterson. Tel 01383 727660. See website for more details.

Wednesday 18th April

Dunfermline & West Fife: Craig Rossie

Grade C+: 4 miles; 3.5 hours. 350m ascent. **Meet/Time:** LPRCP at 9.30 a.m. or at field entrance on B8062 (Auchterarder to Dunning road) at 10.30 a.m... **Map/Ref:** 369/NN:979133. **Description:** Circular route. Gentle ascent to Ben Effrey and Craig Rossie. Steepish descent through bracken, grass and heather.

Leader: Alan Paul. Tel 01383 727875. Mobile 0773 9169674.

Thursday 19th April

Dundee: Walk with Glenrothes Strollers

Grade C: 4-6 Miles; Meet/Time: 8.30am Dundee Bus Station to catch the 8.40am bus to Glenrothes. Description: We will join the Glenrothes Strollers on one of their weekly walks.

Leader: Sam Harris. Contact J MacGillivray Tel. 01382 623052, 07932014859

Saturday 21st April

Dalgety Bay: Bishop Circular from Easter Gospetry (550m ascent)

Grade B: 11 miles; 6.5 hours. **Meet/Time:** DBSCCP at 9.40 a.m. or small car park on minor road near Glen Burn at 10.30 a.m. Map Ref: 58/NO:172069. **Description:** Glen Vale and what was John Knox's Pulpit; then a circuit of Bishop Hill and Harperleas Reservoir.

Leader: Ian Bruce. Tel: 01383 616062 Mob 07415 939512 **Note:** No dogs please

Dundee: Airlie Monument, Glen Moy Circular

Grade B: 9 Miles; Meet/Time: 9.15 a.m. OCCP or 10.30 a.m. Cullow Market Stance (layby approx 1 mile from Dykehead up Glen Clova) Map Ref: 44/NO:384651. Description: Walk up to Airlie Monument then along ridge, coming down to Gella Bridge then walk via Brocklas to Glen Moy. Return via bridge near Elly and back to start. Mostly on tracks but short stretch of rough ground.

Leader: L Mitchell. Tel 01241 431641, Colin Gair. Tel 01307 819349.

Glenrothes: Edinburgh: N Queensferry to S Queensferry via Forth bridge

Grade: C. **Distance:** 6 miles; 3.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:45 am at N. Queensferry. Map Ref: 65/NT126807 **Description:** Meet at concrete steps below north side of Forth Road bridge. Up steps to bridge, along bridge, along some of the coast of Queensferry and then return by same route. Note high traffic volume on bridge. Note: Dogs: NO; Children: NO.

Leader: Simon Young, Tel 01592 564630. simon.a.young@virgin.net

Kirkcaldy: Pitlochry Weekend Day 1- Deuchary Hill & Loch Ordie OR: Cally CP to Mill Dam

Grade: B. **Distance:** 11 miles **OR:** Cally CP to Mill Dam Circular. **Grade:** C. **Distance:** 7 miles. **Meet/Time:** KRSN at 09.00 a.m. or Cally CP (off A923 just north of Dunkeld) at 10.30 a.m. **Map Ref:** 52/NO:024437

Leaders: Various. Contact Brian Clark Tel 01592 784553 for further information. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please. Members wishing to stay overnight at Pitlochry should make their own accommodation arrangements.

Sunday 22nd April

Forfar: The Hermitage

Grade C: 7 miles. Meet/Time: EGCP at 9.30 a.m. or Inver CP at 10.30 a.m. Map Ref 52/NO:015419. **Description:** From Inver CP to the Hermitage and along the River Braan to Rumbling Bridge. Return by circular route via Birnam.

Leader: Evelyn Taylor Tel 01307 464890.

Kirkcaldy: Pitlochry Weekend Day 2 - Loch Skiach Circular OR: Loch Skiach Linear

Grade: B. **Distance:** 12 miles **OR:** Loch Skiach Linear. **Grade:** C. **Distance:** 6 miles. **Meet/Time:** Road side of B898 at Kinnaird House at 10.30 a.m. **Map Ref:** 52/NN:983498.

Leaders: Various. Contact Brian Clark Tel 01592 784553 for further information. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.

**Stirling & Falkirk: Peebles. Dunsclair Heights or Janet's Brae to Glentress Forest.
(COACH)**

Grade B/C+: 9/7 miles; 5/4 hours. **Meet/Time:** LACP at 9 am (NOTE EARLIER START) for COACH to Peebles. **(Please book by 8th April. £12 to Denis.)** Map Ref: 73/NT:252403.

Description: A choice of two circular walks with fine views to surrounding hills and River Tweed. Ascent 600m (B walk) **Note:** No dogs, please.

Leaders: Denis Taylor. Tel 07720885676. email denis45@tiscali.co.uk Janet McNee. Tel 01324 872205. mobile 07929130582. email janet.mcnee@googlemail.com

Tuesday 24th April

Dalgety Bay: Elie to Kilconquhar (minimal ascent)

Grade C: 6 miles; 4 hours. **Meet/Time:** DBSCCP at 9.30 a.m. or Ruby Bay Car Park at the southern end of Elie at 10.30 a.m. Map Ref: 59/NT:498997. **Description:** Follow the Coastal Path to the rail bridge; then by pavement to entrance to Elie House. Continue around Kilconquhar Loch, village and estate before returning to the car park.

Leader: Alice McEwan. Tel: 01383 822013. **Note:** No dogs please.

Wednesday 25th April

Glenrothes: Social Evening

Beetle Drive at the White House, Napier Road, Glenrothes. Details will be published nearer the time.

Social Committee: Anne Mirtle, Tel 01592 759847

Saturday 28th April

Blairgowrie: Carn an Tuirc and Cairn of Claise

Grade A: 7 miles. **Meet/Time:** WCPB at 9.00 a.m. or lay-by on A93 1 mile north of Glenshee Ski Area at 10.00 a.m. Map Ref: 43/NO:148800. **Description:** These two rock strewn Munros provide a fairly strenuous circular walk rising to prominent summit cairns. Just before the final descent to the car park, the rounded ridge of Sron na Gaoithe provides views over Glen Clunie.

Leader: Pat Fraser. Tel 01250 873577. **Note:** No dogs please.

Brechin: Bessie's Cairn or Monega Hill

Grade C or B: 7 or 8.5 miles. **Meet/Time:** SNSB at 9.00 a.m. or Auchavan at 10.15 a.m. Map Ref: 43/NO:192698. **Description:** Follow R. Isla beyond Tulchan Lodge then either carry on to Bessie's Cairn or fork left for steady climb to summit of Monega Hill (908 m / 2,979 ft). Return by same route.

Leader: Alison Stewart. Tel 01307 818770.

Dundee: The Minister's Path

Grade C+: 8 Miles; **Meet/Time:** CWCP 9.15am or Glenprosen Church Car Park 10.30. a.m. Map Ref: 44/NO:328657. **Description:** From Glenprosen up and over to Glen Clova on good tracks. Return by same route.

Leader: R Brown. Tel. 01382 774958, 07761167631

Perth: Dumyat Hill, Blairlogie. Total Ascents 550m.

Grade B+: 6 miles. **Meet/Time:** ASDACP at 9.00 a.m. or Logie Kirk at junction of B998 & A91 at 10.00 a.m. Map Ref: 57/NS:817966. **Description:** A steep climb from the car park to the ridge and gradual walk to Dumyat Hill. Returning on a circular path above Menstrie to Blairlogie.

Leader: Trevor Abell. Tel 01738 813123. Email trevor.abell@ambamail.com **Note:** No dogs please.

Sunday 29th April

Broughty Ferry: Newport - Tayport Circular

Grade C+: 9.5 miles : 5 hours. **Meet/Time:** Tay Road Bridge C/P (South Side) 10.30 a.m. Map Ref: 54/NO: 426288. **Description:** Circular walk on tracks paths and quiet roads to Causewayside and Morton Lochs

Leader: Sandra Haworth Tel. 01382.202784. **Note:** No dogs please

Dalgety Bay: Pitlochry: Bealach Walk (350m ascent)

Grade B+: 8 miles; 5 hours. **Meet/Time:** DBSCCP at 9.00 a.m. or Ben Vrackie Car Park at 10.30 a.m. Map Ref: 52/NN:945595. **Description:** From Moulin follow the Ben Vrackie path for 1.5 miles then fork left across the Bealach na Searmoine to Killiecrankie. Return via the Craighower path and the golf course.

Leader: David Thomson. Tel: 01383 860324. Mob: 07922 050562 **Note:** No dogs please.

Dunfermline & West Fife: Pitmedden Forest

Grade C+: 9 miles. 4 hours. 170m ascent. **Meet/Time:** LPRCP at 9.30 a.m. or Forestry Commission CP at 10.30 a.m. **Map/Ref:** 58/NO:223129. **Description:** Forest tracks leading to open country. Ascent of Pitcarlie Hill with great views.

Leader: Maureen Paul. Tel 01383 727875. Mobile 07842 386718.

Glenrothes: Bridge of Earn: Moncrieff Hill and Elcho Castle Circular

Grade: C+. **Distance:** 7 miles; 4 hrs. **Meet/Time:** 10:00 am at LCCP or 10:45 am at Moncrieff Hill New Car park. Map Ref: 58/NO131209 **Description:** A forest and woodland walk with a little climbing, excellent views towards Perth and of the River Tay, passing Elcho Castle. **Note:** Dogs: Yes on lead; Children: Yes if fit and with a responsible adult.

Leader: D Mathieson, Tel 01592 564861. don2908@yahoo.co.uk

Kinross and Ochil: Tentsmuir Circular, Beach, Forest and Morton Lochs.

Grade C: 8 miles; 4 hours. **Meet/Time:** RASCP at 9.30 a.m. or the Car Park at eastern end of Tayport at 10.30 a.m. Map Ref: 59/NO:467279 **Description:** Circular walk from the Car Park at the eastern end of Tayport across the sandy beach towards the nature reserve at Tentsmuir Point. Returning through forest tracks past Morton Lochs and the SHN hides back to the Car Park. **Note:** Dogs: Yes (on leads) Accompanied children welcome if fit.

Leader: Rosemary and Mike Smith. Tel: 01577 862520

St. Andrews & NE Fife: Craigtoun & St Andrews Circular (Walk 10 in Group's St Andrews Walks Leaflet)

Grade B: 9 miles **Meet/Time:** FCPC at 10:00 am or 10:30am at Petheram Car Park, St Andrews **Map Ref:** 59/NO:502169 **Description:** A circular walk via Lade Braes to Craigtoun, Denbrae, crossing farmland to the Guardbridge Road, returning along cycle track.

Leader: T. Hartshorne Tel 01337 857791 **Note:** No dogs please

Stirling & Falkirk: Loch Achray Circular.

Grade B: 10 miles; 5½ hours. **Meet/Time:** LACP at 9.30 am or Ben Venue CP at 10.30 am. Map Ref: 57/NN:506068. **Description:** A scenic walk mainly on paths. Minimal ascent.

Leader: Val Smith. Tel 01786 470976. mobile 07828149859. email vps6@iname.com.

Strathgry: Scurran Circular

Grade B: 7 miles. **Meet/Time:** GGCP at 8:30 a.m. or former Foulford Inn at 9:00 a.m. Map Ref: 52/NN:898268 **Description:** A circular route above the west side of the Sma' Glen. The route climbs the southern shoulder of The Scurran and continues up and along the ridge. It crosses to climb Meall Tarsuinn and returns by the Fendoch Burn. Ascent 1,600ft.

Leader: Bill McEwan 01796 472780. **Note:** No dogs please.



Wednesday, 2nd May

Dundee: Tayport, lighthouses and Scotsraig Estate

Grade C: 5 Miles; Meet/Time: Tayport Harbour 11am Map Ref: 59/NO:458292. Description: Walk by lighthouses, through Scotsraig Estate, return through Tayport by river. One short steep part.

Leader: A and P McFarlane. Tel. 01382 642396, 07743756865

Dunfermline & West Fife: Hawkcraig Point & The Heughs, Aberdour - evening walk

Grade C+: 5 miles. 2.5 hours. 70m ascent. **Meet/Time:** LPRCP at 6.30 p.m. or Aberdour Station CP at 7.00 p.m. **Map/Ref:** 66/NT:191854. **Description:** A combination of seashore and wooded hillside.

Leader: Carol Paterson. Tel 01383 727660. Mobile 07594 619245.

Friday 4th to Monday 7th May 2012

Brechin: Weekend at Peterhead

Saturday 5th May

Dalgety Bay: Trossachs – Brig o' Turk Circular (200m ascent)

Grade B: 7 miles; 4 hours. **Meet/Time:** DBSCCP at 9.30 a.m. or Little Drum Wood CP on the A821 near Brig o' Turk at 10.45 a.m. Map Ref: 57/NN:549063. **Description:** A circular walk through forested areas on waymarked paths.

Leader: B. Douglas. Tel: 01383 822715. Mob:07975 889678. **Note:** No dogs please.

Forfar: Shielhill Bridge Circular

Grade C: 6 miles. Meet/Time: EGCP at 9.30 a.m. or at right hand turn just before Shielhill Bridge, on left hand verge opposite cottage at 10.15 a.m. (Take Memus road from Forfar. Limited parking space). Map Ref: 54/NO:437579. **Description:** Circular walk along South Esk River on good paths. Can be slightly wet.

Leader: Jenny McDade Tel 01241 855481, Midge Allen Tel 01307 462056.

Glenrothes: Thornton: Kirkcaldy circular

Grade: C. **Distance:** 6 miles; 3.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:20 am at Riverside Road, Thornton. Map Ref: 59/NO:603125. **Description:** An easy walk from Thornton to Kirkcaldy by footpaths and farm tracks, passing through Dunnikier park. Returning by rights of way along the river Ore. **Note:** Dogs: NO; Children: Yes if fit and with a responsible adult.

Leader: Bob Smith, Tel 01592 758252.

Kirkcaldy: Fife Coastal Path (Anstruther – Kingsbarns)

Grade: C+. **Distance:** 10 miles. **Meet/Time:** KRSN at 09.00 a.m. or Kingsbarns Beach CP at 10.30 a.m. **Map Ref:** 59/NO:603125. **Description:** On arriving CP, walk back to Kingsbarns Church for No 95 bus to Anstruther harbour and then walk to Kingsbarns by coastal path. Please check with leader prior to walk in event of any changes to bus timetables. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.

Leader: Frank Nuthall Tel 01592 265147 (mob 07900 245011).

Perth: Calvine – Loch Bhac. Total Ascents 100m.

Grade C+: 10 miles. **Meet/Time:** ASDACP at 9.00 a.m. or CP in layby across from Struan School, Calvine at 10.00 a.m. Map Ref: 43/NN:804659. **Description:** Circular walk from Calvine. Lunch at Loch Bhac. Return route has great views of Atholl Estate and Blair Castle.

Leader: Stewart Inglis. Tel 01738 621367. Mobile No. 07985769281. **Note:** No dogs please.

Sunday 6th May

Stirling & Falkirk: Glen Dochart to Balquhiddier via Kirkton Glen. (COACH)

Grade C+: 7½ miles; 5 hours. **Meet/Time:** LACP at 9.30 am. for COACH to Ledcharie, Glen Dochart. (**Please book by 20th March. £12 to Ray**). Map Ref: 51/NN:505282. **Description:** Following the route of the Ledcharie Burn then down Kirkton Glen to Balquhiddier. Quite steep inclines initially followed by forest sections with good views. Ascent 400m. **Note:** No dogs please

Leader: Ray Finlay. Tel 01786 449135. mobile 07792549363. email rayfin_1@hotmail.com..

Thursday 10th May

Dalgety Bay: Roamers Walk – Limekilns & Elgin Lands (50 m ascent)

Grade D: 4 miles; 2-3 hours. **Meet/Time:** Dalgety Bay Library at 10.00 a.m. or Limekilns Promenade CP at 10.30 a.m. Map Ref: 65/NT:075833. **Description:** A pleasant walk on tracks and paths incorporating a section through the Broomhall Estate.

Leader: David Thomson. Tel: 01383 860324. **Note:** No dogs please.

Saturday 12th May

Blairgowrie: Craig a Barns

Grade C+: 7 miles. **Meet/Time:** WCPB at 10.00 a.m. or Cally car park, Dunkeld at 10.30 a.m. Map Ref: 53/NO:024437. **Description:** Estate tracks and forest paths through rugged terrain with superb views over the River Tay and Dunkeld, passing Mill Dam.

Leader: Sean Galbally. Tel 01250 874667. **Note:** No dogs please.

Brechin: Queen's Drive Linear – Bus + Meal on Return Journey

Grade C+: 10 miles. **Meet/Time:** Bus leaves SNSB at 8.30 a.m. En route pick up in Forfar will be arranged if required. **Description:** Short ascent from Acharn (map ref: 52/NN:755438) past Earl's Folly and Falls of Acharn then ridge walk with superb views. Descent through Birks of Aberfeldy.

Leader: Alison Stewart. Tel 01307 818770. **Note:** Bookings for bus & meal to walk leader by 28th April.

Dundee: Historical Walk round Aberlemno/ Finavon

Grade C: 6 Miles; **Meet/Time:** OCCP 10.15am or Milton of Finavon 11a.m. Off A90, first left once off motorway. Street parking. Map Ref: 54/NO:495575. **Description:** Historical walk around Aberlemno visiting Pictish Settlement, Standing Stones and Aberlemno Church. Mostly walking on minor roads.

Leader: M & K Dobson. Tel. 01382 459543, 07792140781

Dunfermline & West Fife: Glas Tulaichean

Grade B+: 9 miles. 6 hours. 700m ascent. **Meet/Time:** LPRCP at 9.00 a.m. or Dalmunzie House Hotel CP at 10.30 a.m. **Map/Ref:** 43/NO:091712. **Description:** To top of Glas Tulaichean (a Munro) by SE ridge. Return same way or by estate track.

Leader: Alan Paul. Tel 01383 727875. Mobile 0773 9169674. **Note:** £2 parking charge at hotel.

Perth: Freuchies – Glenmarkie Lodge Circular.

Grade C+: 8 miles. **Meet/Time:** ASDACP at 9.00 a.m. or Freuchies CP (off B951, turn right at Glenmarkie sign) at 10.00 a.m. Map Ref: 44/NO:224608. **Description:** Following forest tracks at the East side of Loch Shandra. Return via Glenmarkie lodge.

Leader: Mary Anderson. Tel 01738 633616. **Note:** No dogs please.

St. Andrews & NE Fife: Edinburgh North

Grade C+: 8 miles **Meet/Time:** FCPC at 8:30am to travel to Ferrytoll Park & Ride and then bus to start location at Sainsbury Car Park, Craigleith Retail Park Map Ref: 66/NT:225744 **Description:** A circular walk on the cycle/walkway on disused rail lines via Crewe Toll and Warriston, returning on Water of Leith walkway through Canonmills & Dean Village.

Leader: H. Morrison Mob 07821148256 **Note:** No dogs please

Strathay: Two Drumochter Munros Ascent 2,500ft

Grade A-: 10 miles. **Meet/Time:** GGCP at 8:30 a.m. or Balsporran Cottages, just off the A9 at 9:30 a.m. Map Ref: 42/NN:628792 **Description:** The route heads west to climb Geal Charn 3,008ft and then descends south to a high col and climbs south east swinging north east to A'Mharconaich 3,198ft. Retrace steps to join the track following the Allt Coire Fhar back to the start.

Leader: Alec Ferguson 01796 470507. **Note:** No dogs please.

Sunday 13th May

Broughty Ferry:

Piperdam Loch - Blacklaw Hill Circular.

Grade C+: 7miles; 5 hours. **Meet/Time:** Piperdam Loch C/P at 10.30a.m. Map Ref: 53/N0: 316347 **Description:** Walk beside Golf Course and Loch.

Leader: George Robertson . Tel. 01382.775589 **Note:** No dogs please

Glenrothes:

West Lothian Hills – Beecraigs Park, Cockleroy and Witch Craig

Grade: B. Distance: 7 miles; 4 hrs. **Meet/Time:** 9:30 am at LCCP or 10:45 am at Cockleroy CP. Map Ref: 65/NS993742 **Description:** A walk through Beecraigs Country Park to Witch Craig Hill with superb views (ascent 250 ft). Then on to Cockleroy Hill (optional climb – ascent 250 ft). **Note:** Dogs: Yes on lead; Children: Yes if fit and with a responsible adult. Leaders will meet at Cockleroy CP

Leader: C & B Barton, Tel 01383 725859. chrisbarton3@tiscali.co.uk

Kirkcaldy:

Harran Hill and Loch Ore Circular (Bluebell Walk)

Grade: C. Distance: 6 miles. **Meet/Time:** KRSN at 09.15 a.m. or Lochore Meadows Centre CP at 10.00 a.m. **Map Ref:** 58/NT:170962. **Description:** An easy stroll on good paths up Harran Hill followed by a walk around the loch. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.

Leader: Ros Fairgrieve Tel 01592 784454.

Stirling & Falkirk:

Glen Giraig/ Falls of Giraig

Grade B: 8 miles; 4½ hours. **Meet/Time:** LACP at 9.30 am or Killiekrankie Visitor Centre at 10.45 a.m. Map Ref: 53/ NN:917626. **Description:** From Killiekrankie Visitor Centre up to this lovely glen and waterfall - mainly on paths. Ascent 200m. **Note:** Children - yes, dogs – no.

Leader: John Ferguson. Tel 01324 823230. mobile 07966044794. email john-ferguson@blueyonder.co.uk.

Friday 11th – Sunday 13th May

Dalgety Bay:

Weekend Away – Oban / Mull

Description: Details regarding accommodation, transport, and walks will be notified to D/Bay members by post or e-mail.

Contact: Ken Wright: Tel: 01383 822358. Mob: 07535 386982. **Note:** No dogs please.

Saturday and Sunday 12th and 13th May

Kinross and Ochil:

Weekend away.

To be arranged. Details to follow.

Wednesday 16th May

St. Andrews & NE Fife:

Balmullo-Set Hill Circular.

Grade C: 5 miles **Meet/Time:** FCPC at 12:30pm or 12:45pm at Burnside Hall Car Park in Balmullo **Map Ref:** 59/N0:425209 **Description:** Circular Walk mostly on good paths, tracks and rights of way, via Willie's Wood, Moonzie Mill & Set Hill.

Leader: W. McKay Tel 01334 652903 **Note:** No dogs please

Thursday 17th May

Dunfermline & West Fife:

Aberfeldy to Acharn

Grade C+: 10 miles. 5.5 hours. 300m ascent. **Meet/Time:** LPRCP at 8.30 a.m. or Taybridge Drive (north of town centre) at 10.30 a.m. **Map/Ref:** 52/NN:851490. **Description:** Birks of Aberfeldy then right on track above Falls of Moness. Continue along Rob Roy's Way to Falls of Acharn. Return to Aberfeldy by Caber Coaches.

Leader: David Lloyd. Tel 01383 621640. Mobile 07816 057202. **Note:** Walk may be shortened by descent to Kenmore.

Strathguy:**Corroul to Fort William, including Train Ride (booking essential)**

Grade A: 16 miles. **Meet/Time:** Contact Leader. Map Ref: 41/NN:355664 **Description:** A repeat of this classic walk done in 2009, but this time walking north then west starting in Corroul and ending in Glen Nevis. Some river crossing may be expected. Only for strong walkers due to time constraints. Book and confirm transport arrangements with Leaders in advance.

Leader: Muriel Findlay/Bill Bruce 01887 820095/01887 829753. **Note:** No dogs please.

Friday 18th May to Monday 21st May**Perth:****Weekend at Broadford, Isle of Skye.**

Details: For further details see Perth Newsletter.

Contact: Sue Henderson. Tel 01738 861026 Email tanniesue_peru@yahoo.com

Saturday, 19th May**Dundee:****Loch Ordie**

Grade B: 10 Miles; **Meet/Time:** CWCP 9am or Cally Car Park 10.15am Map Ref: 52/NO:023436. **Description:** Four lochs walk. Good views.

Leader: L Beveridge. Tel. 01382 730832, 07811462266, J MacGillivray. Tel. 01382 623052, 07932014859

**Glenrothes:**
Hills circular**Aberdour: Cullaloe**

Grade: B. **Distance:** 8.5 miles; 4.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:45 am at Aberdour station car park. Map Ref: 66/NT192854 **Description:** The walk takes the Fife coastal path to Downans plantation, Bouprie returning by The Murrel, good views over farmland and the Forth. **Note:** Dogs: NO; Children: NO.

Leader: J Duncan, Tel 01337 831888. john@johnandmorven.co.uk

Kirkcaldy:
Cammo Park**River Almond and**

Grade: C+. **Distance:** 8 miles. **Meet/Time:** KRSN at 09.30 a.m. or at Crammond Village CP (near site of Roman Fort) at 10.30 a.m. **Map Ref:** 65/NT:190770. **Description:** A pleasant walk along the course of the River Almond towards Edinburgh Airport with an interesting diversion to historic Cammo Park. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.

Leader: Liz Greig Tel 01592 653682. RESERVATION AND PAYMENT OF £12.00 PER PERSON (INCLUDING GRATUITY) FOR GROUP MEAL ON 3RD JUNE TO BE MADE TO LIZ BY TODAY.



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Perth: Gorthy Wood Keillour.

Grade C: 6 miles. **Meet/Time:** ASDACP at 9.15 a.m. or Car park (A 85 west of Methven, take Keillour Road uphill towards Buchanty, car park is on the right) at 10.00 a.m. Map Ref: 52/NN:963264. **Description:** Forest tracks to Loch Horn, short road walk.

Leader: Mary McCann. Tel 01738 628761. **Note:** No dogs please.

Sunday 20th May**Forfar: Ardblair Trail and Bluebell Woods**

Grade C: 5.5 miles. **Meet/Time:** EGCP at 9.30 a.m. or Newton Street, Blairgowrie (follow sign for Ardblair Trail) at 10.15 a.m. Map Ref: 53/NO:180453. **Description:** Circular walk through bluebell woods.

Leader: Evelyn Taylor Tel 01307 464890.

Stirling & Falkirk: Aberfoyle to Callander. (COACH).

Grade C+: 9 miles; 5 hours. **Meet/Time:** LACP at 9.30 am for COACH to Aberfoyle. (**Please book by 22nd April. £12 to Elaine.**) Map Ref: 57/NN:522009. **Description:** Part of the Rob Roy Way starting at Aberfoyle car park behind Tourist Information and ending at Kilmahog.

Leader: Janet McAuley. Tel 01786 489903. email janetmcauley@waitrose.com.

Thursday 24th May**Dunfermline & West Fife: Loch Leven & Burleigh Castle (evening walk)**

Grade C: 5 miles. 2.5 hours. **Meet/Time:** at 6.30 p.m. or Loch Leven Mill CP Kinross at 7.00 p.m. **Map/Ref:** 58/NO:119016. **Description:** Along part of Loch Leven Heritage trail to Burleigh Castle and return on minor roads and other paths.

Leader: Carol Paterson. Tel 01383 727660. Mobile 07594 619245.

Stirling & Falkirk: Around Falkland

Grade C+: 7 miles; 5 hours. **Meet/Time:** At start of walk at Back Wynd CP, Falkland at 10.30 a.m. Map Ref: 59/NO:253074. **Description:** From Royal Falkland to the Tyndall Bruce Monument returning via Maspie Glen. Ascent 500ft. **Note:** No dogs, please.

Leader: Janet McNee. Tel 01324 872205. mobile 07929130582. email janet.mcnee@googlemail.com

Saturday 26th May**Blairgowrie: Morrone, Braemar (Corbett 859 m)**

Grade A: 6 miles 500 m ascent. **Meet/Time:** WCPB at 9.00 a.m. or duck pond at top of Chapel Brae, Braemar at 10.15 a.m. Map Ref: 43/NO:143911. **Description:** Circular walk on well made fairly steep paths. On a good day from the summit it will be possible to see Lochnagar, Ben Macdui and others. Wide track from summit zig zags down the hill to the road by Clunie Water, past the golf clubhouse and back to the start.

Leader: Nina Bell. Tel 01250 874301. **Note:** No dogs please.

Brechin: Loch Benachally / Benachally Hill

Grade C+ or B: 7 or 8 miles. **Meet/Time:** SNSB at 9.00 a.m. or Butterstone village hall at 10.15 a.m. Map Ref: 53/NO:064458. **Description:** From Butterstone village to Craigton & Leduckie, then north to Loch Benachally. Optional ascent of Benachally Hill (487 m / 1,598 ft) on return via Craigend & Riechip.

Leader: Colin Whyte. Tel 01356 622283.

Dundee: Camperdown to Clatto and return - Get Walking for the Games

Grade C: 4 Miles; Meet/Time: 10.30am Camperdown Park. First car park on right of main drive. Map Ref: 54/NO:360330. Description: An easy walk from Camperdown Park to Clatto Park. Suitable for all ages. Buggies and wheelchairs welcome.

Leader: J MacGillivray. Tel. 01382 623052, 07932014859

Perth: Glen Isla, Loch Shandra & Auchintaple. Total Ascents 75m.

Grade C+: 8 miles. **Meet/Time:** ASDACP at 9.00 a.m. or Freuchies CP, Glenisla at 10.00 a.m. Map Ref: 44/NO:224607. **Description:** Turn right off the B951 at sign for Glenmarkie. Lovely walk taking in Loch Shandra & Auchintaple. Good view of Mount Blair & Glen Shee.

Leader: Stewart Inglis. Tel 01738 621367 Mobile No. 07985769281. **Note:** No dogs please.

St. Andrews & NE Fife: Loch Hoil

Grade B: 7.5 miles **Meet/Time:** FCPC at 09:00am or 11:00am at signposted Griffin Forest car park on left of A826, 5 miles after turnoff from A822 **Map Ref:** 52/NN:885451 **Description:** Circular walk on good tracks through mixed forest and open moor land near the loch. Overall height gain is negligible but walk includes regular undulations of incline and decline.

Leader: I. MacKenzie Tel 01334 654421 **Note:** No dogs please

Sunday 27th May

Broughty Ferry: Dunkeld - Loch of Lowes Circular.

Grade C+: 6 miles : 4 hours. **Meet/Time:** Dunkeld North C/P at 10.30 a.m. Map Ref: 53/NO: 025428. **Description:** Circular walk to Loch.

Leader: Aileen Allan Tel. 01382775546 and Maisie Seymour Tel. 01382 524320 . **Note:** No dogs please

Dalgety Bay: Borland Glen (270m ascent)

Grade B: 8 miles; 5 hours. **Meet/Time:** DBSCCP at 9.30 a.m. or Tormaukin Hotel Car Park on the A823 at 10.30 a.m. Map Ref: 58/NN:991043. **Description:** A walk in the eastern Ochils starting from the CP, then to Glendevon and heading north up the Borland Glen then across Green Law and Lamb Hill before returning through woodland back to the CP.

Leader: Alistair Robb. Tel: 01383 820632. **Note:** No dogs please.

Dunfermline & West Fife: Ross Circle

Grade C+: 8 miles. 4 hours. 170m ascent. **Meet/Time:** LPRCP at 9.00 a.m. or CP by Water of Ruchill at 10.30 a.m. **Map/Ref:** 57/NN:763200. **Description:** Tracks and minor roads above Glen Artney with open views. May be muddy in places. Short steep sections.

Leader: Maureen Paul. Tel 01383 727875. Mobile 0773 9169674.

Glenrothes: Bridge of Earn: two forts of Ecclesiamagirdle Circular

Grade: C. **Distance:** 6 miles; 3.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:45 am at Glen Earn. Map Ref: 58/NO108163 **Description:** A walk west of Bridge of Earn with an easy climb following farm/estate tracks passing two ancient fort sites with views north towards the River Earn. Note: Dogs: NO; Children: Yes if fit and with a responsible adult.

Leader: Bob Smith, Tel 01592 758252.

Stirling & Falkirk: Beinn Dubhchraig

Grade A: 9 miles; 6 hours. **Meet/Time:** LACP at 8.30 am (NOTE EARLIER START) or small CP at Dalrigh just off A82 about $\frac{3}{4}$ mile before Tyndrum at 10 am. Map Ref: 50/NN:343291.

Description: The chance to attain another munro in the Tyndrum area. Mostly on rough hill paths passing a fine wee lochan near the summit with great views guaranteed if the weather is good. Ascent 800m. **Note:** No children, no dogs ,please.

Leader: Alan Philp. Tel 01786 814811

Strathtay: Loch Ordie

Grade C: 12 miles. **Meet/Time:** GGCP at 8:30 a.m. or Dowally at 9:00 a.m. Map Ref: 52/NO:001481 **Description:** A circular walk along the varied tracks and paths around Loch Ordie, with possibilities of spotting wildlife.

Leader: Alistair Cameron 01887 820555. **Note:** No dogs please.

Tuesday 29th May**Dalgaty Bay: Aberlady to Gullane Linear**

Grade C: 7 miles; 4 hours. **Meet/Time:** DBSCCP at 9.30 a.m. or Scottish Resource Centre Car Park just off the A198 at west side of Aberlady at 11.00 a.m. Map Ref: 66/NT:460798.

Description: A level walk along the coastal path to Gullane through the Aberlady Bay Nature Reserve famous for its birds. This is followed by a short walk along the sands & dunes of Gullane Bay. Walk inland near the golf course to Gullane to catch the bus back to Aberlady.

Leaders: Heather Haines & Anne Welch. Tel: 01383 822187. **Note:** No dogs please.

Wednesday 30th May**Broughty Ferry: Broughty Circular via Victorian Gardens**

Grade C: 3miles; 2.5 hours. **Meet/Time:** Esplanade C/P (opposite Sheil St Nature Trail) at 6.00p.m. Map Ref: 54/NO: 478311 **Description:** Short walk. Refreshments at Bell Tree (optional)

Leader: Jim and Ruth Jack. Tel. 01241.855493 **Note:** No dogs please

Perth: The Birks of Invermay. Total Ascents 150m.

Grade C+: 5 miles. **Meet/Time:** ASDACP at 6.15 p.m. for 6.58 p.m. bus from Forteviot or Forgandenny Post Office at 7.05 p.m. Map Ref: 58/NO:087181. **Description:** A linear walk from Forgandenny to Forteviot via Garblie Wood, Ardargie and the Birks of Invermay.

Leader: John Andrews. Tel 01738 827275. Email johnandrews555.btinternet.com **Note:** No dogs please.

Saturday 2nd June**Dundee: Ben Chonzie from Glen Lednock**

Grade B+: 7 Miles; **Meet/Time:** CWCP 9am or Parking area opposite Coishavachan up Glen Lednock at 10.30am Map Ref: 52/NN:742276. **Description:** A relatively easy munro by path, returning by same route. Ascent 712m.

Leader: P Hargraves. Tel. 01307 462882 or 07986423328

Forfar: Atholl Woods Circular and Dunkeld

Grade C: 8 miles. **Meet/Time:** EGCP at 9.30 a.m. or Cally CP near Dunkeld at 10.30 a.m. Map Ref: 56/NO:023437. **Description:** Woodland walk with lovely views over Dunkeld.

Leader: Lexie Lumsden Tel 01307 465829.

Glenrothes: Loch Leven: Scotlandwell Circular

Grade: B. **Distance:** 8.5 miles; 4.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:30 am at Findatie CP on B9097 Vane Farm Road. Map Ref: 58/NO171991 **Description:** Follow Loch Leven pathway through Levenmouth Plantation to Grahamstone Farm. Then on to Kinneswood following the Tetley Trail to Scotlandwell, returning via Portmoak Moss to the start. Mostly on good paths, incline at Kinneswood, short roadlink before the bridge. Good views. **Note:** Dogs: NO; Children: NO.

Leader: D Cumming, Tel 01592 742782. donaldcumming@btinternet.com

Kinross and Ochil: ~~Ben Chonzie from Glen Turret.~~ This walk has been cancelled

Leader: Jacqui Ritchie. Tel: 01577 866813

Perth**Ben y Vrackie. Total Ascents approx. 780m.**

Grade A: 6.5 miles. **Meet/Time:** ASDACP at 8.30 a.m. or Ben y Vrackie CP at 9.15 a.m. Map Ref: 52/NN:944598. **Description:** Uphill climb with loop round Loch a' Choire then strenuous climb to trig point 841m Ben y Vrackie and return. Well made mountain path. Tremendous views if clear. **Leader:** Lynn Salvin. Tel 01738 634628. **Note:** No dogs please.

Sunday 3rd June**Dalgety Bay:****Beinn Tulaichean & Crnach Ardraon (1075m ascent)**

Grade A: 6.5 miles; 6 hours. **Meet/Time:** DBSCCP at 8.30 a.m. or Car Park accessed by taking minor road off A84 signposted Kingshouse, Balquhiddier. Follow road along North edge of Loch Voil for 8 miles at 10.30 a.m. Map Ref: 57/NN:445184. **Description:** Some rough and sometimes steep hillside. Very steep descent. Could be muddy. **After the recce by three walkers (who did the full walk) the decision has been taken to limit this walk to one Munro. The walk may be cancelled if poor weather conditions are forecast.**

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Leader: Alistair Robb. Tel: 01383 820632. **Note:** No dogs please.

Kirkcaldy:**Leven Circular (Evening Meal)**

Grade: C+. **Distance:** 8 miles. **Meet/Time:** KRSN at 11.00 a.m. or Leven Prom. CP at 11.45 a.m. **Map Ref:** 59/NO:382005. **Description:** From Leven Prom. to Letham Glen via River Leven footpaths and Windygates. Return via Blacketyside, Silverburn and coastal path. Mostly good tracks with some minor roads. The walk will be followed by a meal (cost £12.00 per person including tip) at Lundin Links Hotel, 4.30 p.m. for 5.00 p.m. where non walkers can join us. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.

Leaders: Elma Jackson & Nancy Davies Tel 01592 200334 & 01592 262260. PLEASE SEND SUGGESTIONS FOR WINTER WALKS PROGRAMME TO BRIAN CLARK (WALKS PROGRAMME CO-ORDINATOR) BY 16TH JUNE.

**Stirling & Falkirk: Kirkmichael to Bridge of Cally. (COACH)**

Grade B: 8 miles; 5 hours. **Meet/Time:** LACP at 9 am (NOTE EARLIER START) for COACH to Kirkmichael. (**Please book by 17th June. £12 to Hilary.**) Map Ref: 53/NO:080602. **Description:** This walk is along the Catevan Trail, through farmland, open moorland and forest, with high ladder stiles, low stiles and streams to cross. Ascent 500ft. **Note:** No dogs please.

Leader: Hilary Thomson. Tel 01786 472726. mobile 07834529694. email hilarydthomson@googlemail.com

Wednesday 6th June**Broughty Ferry: Open Meeting - Winter Walks Programme**

Ladies Panmure Golf Club, 7 Princes St. Monifieth, at 7.00p.m. All Welcome

Contact : Sandra Haworth . Tel. 01382.202784

Dundee: Cupar to Cairnie fruit Farm and Coffee Shop

Grade C: 5 Miles; Meet/Time: 12.45 Tay Bridge Car Park or 1.30pm Fluthers car Park. Cupar Map Ref: 59/NO:378147. Description: Easy country walk on quiet roads and tracks to Cairnie fruit farm and back. Steepish uphill at start.

Leader: J MacGillivray. Tel. 01382 623052, 07932014859

Dunfermline & West Fife: Dollar & Muckhart Mill (evening walk)

Grade C+: 6.5 miles. 2.5 hours. 170m ascent. **Meet/Time:** LPRCP at 6.30 p.m. or CP on West Burnside, Dollar opposite Castle Campbell Hotel at 7.00 p.m. **Map/Ref:** 58/NS:963980.

Description: Along rights of way and quiet roads to Muckhart Mill on the River Devon.

Leader: Carol Paterson. Tel 01383 727660. Mobile 07594 619245

Saturday 9th June**Blairgowrie: Pitlochry to Killiecrankie**

Grade B: 8 miles. **Meet/Time:** WCPB at 9.00 a.m. or boathouse car park at 10.00 a.m. Map Ref: 52/NN:929588. **Description:** To Killiecrankie by banks of Loch Faskally and River Gary, returning along the forest road above the A9.

Leader: Agnes McRuvie. Tel 01575 572415. **Note:** No dogs please.

Brechin: Badandun Hill

Grade B: 10 miles. **Meet/Time:** SNSB at 9.00 a.m. or Folda Village CP at 10.15 a.m. Map Ref: 43/NO:187645. **Description:** Circular walk round Badandun Hill, with optional ascents to the summit (740 m / 2,428 ft) and/or Craig Lair (711 m / 2,333 ft).

Leader: Sheila Peebles. Tel 01241 431163. **Note:** No dogs please.

Dalgety Bay: Pentland Hills: The Kips Circular (320m ascent)

Grade B : 8.5 miles; 5.5 hours. **Meet/Time:** DBSCCP at 9.30 a.m. or Red Moss Nature Reserve CP south from Balerno at 10.30 a.m. Map Ref: 65/NT:167639. **Description:** A walk mostly on Pentland Paths to the summits of West Kip and East Kip. Return by The Howe and beside Threipmuir Reservoir.

Leader: Matsue Williams. Tel: 0131 332 4395. **Note:** No dogs please.

Dundee: Tullybaccart to Newtyle by Lundie Craggs and Newtyle Railway

Grade C+: 6 Miles; Meet/Time: CWCP 10.15am to catch 59 bus at 10.48 to Tullybaccart. Map Ref: 54/NO:372327. Description: Walk by Ledcreeff Loch up to Lundie Craggs, then by monument to Newtyle. Bus back to Dundee.

Leader: I Young. Tel. 01382 643846

Kirkcaldy: Dumyat Circular

Grade: B. Distance: 9 miles. **Meet/Time:** KRSN at 09.00 a.m. or Logie Kirk CP at 10.15 a.m. **Map Ref:** 57/NS:818967. **Description:** Follow tracks behind Menstrie and round to reservoir. Return by Bridge of Allan. **Note:** NO children and NO dogs please.

Leaders: Mike & Ros Fairgrieve Tel 01592 784454.

Strathay: Braes and Lochs of Pitcastle (bookings essential)

Grade C: 8 miles. **Meet/Time:** GGCP at 8:30 a.m. Map Ref: 52/NN:858491 **Description:** By kind permission of Pitcastle Estate, a walk, partly guided, through the Estate and out onto the moor beyond. Bookings must be made with the Leader in advance.

Leader: Alistair Cameron 01887 820555 **Note:** No dogs please.

Sunday 10th June

Broughty Ferry: Corrie Fee and Jocks Road .

Grade C+: 6.5 miles; 4 hours. **Meet/Time:** Glen Doll C/P (£2 Parking Charge) at 10.30a.m. **Map Ref:** 44/NO: 283761 **Description:** Forestry walk with minimal ascent. **Leader:** Linda Pirie . Tel. 01382.778490 . **Note:** No dogs please

Dunfermline & West Fife: Glas Maol & Caenlochan

Grade A: 10 miles. 6.5 hours. 900m ascent. **Meet/Time:** LPRCP at 8.30 a.m. or CP in Glen Beag at 10.00 a.m. **Map/Ref:** 43/NO:140757. **Description:** High start to a hill walk over two Munros and to a vantage point over the Caenlochan National Nature Reserve, one of the best upland botanical sites in Britain. **Leader:** Grant Robertson. Tel 01383 729171. Mobile 07968 074065.

Glenrothes: Lomond Hills: Falkland to Bunnet Stane circular

Grade: B. **Distance:** 10 miles; 5.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:15 am at Falkland Estate CP. **Map Ref:** 59/NO247075 **Description:** Walk through Falkland Estate along the foot of the Lomonds to the Bunnet Stane, return by road to Strathmiglo then take the cycle path back to Falkland. **Note:** Dogs: NO; Children: NO. **Leader:** I Graham, Tel 01592 773959. iangraham@blueyonder.co.uk

St. Andrews & NE Fife: Murthly Estate Circular

Grade C+: 8 miles **Meet/Time:** FCPC at 09:00am or at 10:00am, parking in layby on B9099 to south of Murthly Castle gates **Map Ref:** 53/NO:NO093393 **Description:** Walk through verdant countryside to Roman bridge on Murthly Estate, walking along south bank of River Tay to Caputh Bridge, via Murthly Castle. **Leader:** H. Morrison Mob 07821148256 **Note:** No dogs please

Friday 8th June - Monday 11th June

Stirling & Falkirk: Strathpeffer Weekend

Based at the Highland Hotel in this former spa town there will be a variety of walks to choose from in the surrounding area. **Leaders:** Denis Taylor/ Alan Philp/ Fiona McMurray. Tel 07720885676. email denis45@tiscali.co.uk **Contact:** Elaine Stevenson. Tel 01259 750021. email stevensone02s@yahoo.co.uk.

Thursday 14th June

Dalgety Bay/Glenrothes: Roamers & Strollers Walk - Falkland Circular (40m gentle ascent)

Grade D: 4 miles; 2 hours. **Meet/Time:** Dalgety Bay Library at 9.30 a.m. or car park behind St Columba's Church next to Glenrothes Town Centre at 10.00 am or main Car Park in Falkland at 10.30.a.m. **Map Ref:** 59/NO:253074. **Description:** A walk on tracks and paths in the Falkland Estate followed by a snack in the Covenanters. For example, soup & sandwiches would be £5 approx. **Note:** No dogs please. **Leader:** Sam Harris. Tel: 01592 750332 (Glenrothes). **D/Bay contact:** B Douglas: 01383 822715

Dalgety Bay: Winter Programme Planning Meeting

Meet/Time: The Bay Inn at 7.30 pm for 8.00 pm. Come along to discuss the programme for next winter. All members welcome to attend. It would be helpful if walks ideas could be submitted by hand or e-mail one week before the meeting.

Contact: Ben Douglas (WPC). Tel: 01383 822715. e-mail bendoug@tiscali.co.uk

Glenrothes: Winter walks meeting

Venue: St Columba's Church Hall. **Time:** At 7.30 p.m.; your chance to influence or lead walks for the Winter programme. If you find the walks are too long, too short, or whatever, this is your chance to ensure that the walks you want are included in the programme. Maps and walk lists are available prior to the meeting, we are looking for walks every second Saturday and Sunday, short Wednesday walks theme walks and historic site visits - all submitted walks will be put into the next programme.

Walks Leader: J Duncan. Tel: 01337 831888. Email: john@johnandmorven.co.uk

Monday 11th June to Friday 15th June

St. Andrews & NE Fife: Summer Walking Holiday in South Ayrshire.

Leader: W. Aitken Tel 01334 470066

Saturday 16th June

Dundee: Bus trip to Botanic Gardens Edinburgh

Meet/Time: 9am Ward Road, opposite GPO or 9.10am Riverside Drive. **Description:** Bus to Botanical Gardens Edinburgh with possible walk. Cost £8. Please send cheques to Pat by 16th May. Names to Pat ASAP.

Leader: P Hargraves. Tel. 01307 462882, 07986423328

Glenrothes: Dunbar: John Muir linear walk (by coach)

Grade: C+. **Distance:** 9 miles; 5 hrs. **Meet/Time:** 9:00 am at LCCP or 10:30 am at Dunglass Church. Map Ref: 67/NT767720 **Description:** Starting from Dunglass Church, the walk follows the coast to Dunbar. A shorter walk starts at Skateraw Harbour walking the 5 miles into Dunbar. After the walk participants go to the John Muir's Birthplace Museum 126 High Street Dunbar. Note: Dogs: NO; Children: NO. This walk involves transport by coach from Glenrothes, there will be a charge which will be £5-£8 depending on the numbers. Names to leader 2 week before walk with £5 deposit to secure place on bus.

Leader: J Duncan, Tel 01337 831888. john@johnandmorven.co.uk

Perth: Kingsbarns to Anstruther.

Grade B: 10 miles. **Meet/Time:** ASDACP at 9.00 a.m. or Kingsbarns at 10.15 a.m. Map Ref: 59/NO:594121. **Description:** A walk along the Fife coastal path from Kingsbarns to Anstruther then bus back to Kingsbarns.

Leader: John Whitehurst. Tel 01738 637286. **Note:** Bring bus pass. No dogs please.

Sunday 17th June

Dalgety Bay: Covenanter's Grave & West Water Reservoir (150m ascent)

Grade B: 12 miles; 6 hours. **Meet/Time:** DBSCCP at 9.00 a.m. or park on grass verge (see map at dalgetybayramblers.btck.co.uk/Map2) at 10.30 a.m. **Map Ref:** 72/NT:080485. **Description:** Mainly on good tracks - Walton, Ferniehaugh, Upper Cairn, West Water reservoir, Blacklaw and Covenanter's Grave. Return on track following West Water to Walton and start point.

Leader: Ian Bruce. Tel: 01383 616062. Mob: 07415 939512 **Note:** No dogs please.

Forfar: Cat Law

Grade B: 7 miles. **Meet/Time:** EGCP at 9.30 a.m. or Knowehead of Auldallan (one mile past Ballintore House) at 10.15 a.m. Map Ref: 53/NO:299584. **Description:** Steady incline on tracks and paths. Circular walk with panoramic views.

Leader: Mary Morrison Tel 01307 464912.

Kinross and Ochil: Birnam Hill.

Grade B: 5 miles; 4 hours. **Meet/Time:** RASCP 9.00 a.m. or at Beatrix Potter Garden at 10.00a.m. **Map/Ref:** 52/NO:032418 **Description:** A short hill walk with good paths and views. Involves a fairly strenuous ascent and descent.

Leader: Margaret Best. **Tel:** 01577 864112 **Note:** No dogs please.

Stirling & Falkirk: Pentlands Circular

Grade B/C+: 8/7 miles; 4½ hours. **Meet/Time:** LACP at 9.30 am or Walkers' CP at Swanston Golf Club at 10.30 am. **Map Ref:** 66/NT:241674. **Description:** We follow good tracks to Bonaly Reservoir, then over Capelaw and down to White Hill Plantation to meet the outward path. Ascent 450m. **Note:** No dogs, please.

Leader: Denis Taylor. Tel 07720885676. email denis45@tiscali.co.uk

Tuesday 19th June**Dalgety Bay: Dalgety Bay Paths Evening Walk – Open Invitation to Non-Members**

Grade D: 4 miles; 2 hours. **Meet/Time:** Dalgety Bay Library at 7.00 p.m. **Map Ref:** 65/NT:156835.

Description: A walk incorporating woodland paths and the Fife Coastal Path. Non-members would be welcome to join us on this easy-paced walk.

Leader: Ben Douglas. **Tel:** 01383 822715. **Mob:** 07975 889678. **Note:** No dogs please.

Dunfermline & West Fife: Around North Queensferry - evening walk

Grade C: 5 miles. 2.5 hours. **Meet/Time:** LPRCP at 6.30 p.m. or Battery Road CP, North Queensferry at 7.00 p.m. **Map/Ref:** 367/NT:133803. **Description:** An evening walk in and around North Queensferry.

Leader: Carol Paterson. **Tel** 01383 727660. **Mobile** 07594 619245.

Wednesday 20th June**Broughty Ferry: Kingennie Circular**

Grade C: 2miles; 1.5 hours. **Meet/Time:** Kingennie Resort C/P at 6.00p.m. **Map Ref:** 54/NO: 478355 **Description:** Short walk ending with Refreshments (optional)

Leader: Jim and Ruth Jack . **Tel.** 01241.855493 **Note:** No dogs please

St. Andrews & NE Fife: Lumbo & Craigtoun Dens (Variant of Walk 4 in Group St Andrews leaflet)

Grade C+: 5 miles **Meet/Time:** FCPC at 1:00pm or at 1:45pm, at Dukes Golf Course Car Park in Craigtoun Park **Map Ref:** 59/NO:478145. **Description:** With views over St Andrews, the afternoon circular walk follows Craigtoun and Lumbo Dens, returning via Mount Melville. Some minor road walking and dens can be muddy.

Leader: W. Aitken **Tel** 01334 470066 **Note:** No dogs please

Thursday 21st June**Dundee: Lucklaw Hill Balmullo**

Grade C: 4 Miles; **Meet/Time:** Tay Bridge Car Park 11am or Balmullo Inn at 11.30pm **Map Ref:** 59/NO:429209. **Description:** Walk from Balmullo to Cuplahills then on to Lucklaw Hill. Circular walk with fine views.

Leader: M Dobson. **Tel.** 01382 459543, 07792140781, N Cowie. **Tel** 01382 507682

Saturday 23rd June

Blairgowrie: Little Glas Maol

Grade A: 11 miles 780 m ascent. **Meet/Time:** WCPB at 9.00 a.m. or Auchavan car park beside River Isla at 10.15 a.m. Map Ref: 43/NO:192696. **Description:** The route is predominantly upland, following a wonderful moorland and hill pass north into Glen Isla, to Monega Hill and Little Glas Maol. Descent via Collie Sheil burn and Tulchan Lodge.

Leader: Aldis Ozols. Tel 07901 969917 Email: bilsbizon@hotmail.com. **Note:** No dogs please.

Brechin: Piper Hillock to Clova Linear – Bus + Meal on Return Journey

Grade B: 10 miles. **Meet/Time:** Bus leaves SNSB at 8.30 a.m. En route pick up in Forfar will be arranged if required. **Description:** Short ascent from Piper Hillock Cemetery (map ref:44/NO:384611) to Airlie Monument, then along by The Goal, Sneck of Corinth, Hill of Balbae, Cairn Leith, Elf Hillock and down to Clova Hotel.

Leader: Colin Whyte. Tel 01356 622283. **Note:** Bookings for bus & meal to walk leader by 9th June.

Dalgety Bay: Lochore Meadows & Harran Hill (100m ascent)

Grade C+: 5 miles; 3 hours. **Meet/Time:** DBSCCP at 10.00 a.m. or Lochore Meadows Centre CP at 10.30 a.m. Map Ref: 58/NT:170962. **Description:** A circular walk around Loch Ore with an extension into Harran Hill Woods. **Note:** No dogs please.

Leaders: Alice McEwan & Audrey Robertson. Tel: 01383 822013 or 01383 860569

Dundee: Long Goat and Catlaw

Grade B: 7 Miles; **Meet/Time:** OCCP 9am or West Glenprosen Road half km past Muir of Pearsie 10.15am. Map Ref: 44/NO:355618. **Description:** Steady climb first to Long Goat then on to the summit of Catlaw. Ascent 1480ft.

Leader: P & P Hargraves. Tel. 01307 462882

Dunfermline & West Fife: Tillicoultry & Dollar

Grade C+: 6.5 miles. 3 hours. 110m ascent. **Meet/Time:** LPRCP at 9.15 a.m. or CP opposite Devonvale Hall on the A908 Tillicoultry to Alloa road at 10.00 a.m. **Map/Ref:** 58/NS:920966. **Description:** Sheltered walk for much of the route through mixed woodland and a section alongside the River Devon.

Leader: Carol Paterson. Tel 01383 727660. Mobile 07594 619245.

Perth: Killin to Ardeonaig. Total Ascents 400m.

Grade B: 7 miles. **Meet/Time:** ASDACP at 9.00 a.m. or Killin CP at 10.15 a.m. Map Ref: 51/NN:575333. **Description:** Follow Rob Roy Way from Killin. Climb up through forest to Lochan Breaclaich continuing to Ardeonaig by moorland track.

Leader: Elspeth Bryce. Tel 01738 632645. **Note:** A few cars need to be at Ardeonaig to return drivers to Killin at end of walk so that they can collect their passengers. No dogs please.

St. Andrews & NE Fife: Inver/Braan Walks, Dunkeld

Grade C+: 8.5 miles **Meet/Time:** FCPC at 09:00 or at 10:15am at The National Trust Hermitage Car Park (Pay and Display) off A9 **Map Ref:** 53/NO:008417 **Description:** River and woodland walk to view waterfalls, rapids and swirling pools of the River Braan and small village of Inver.

Leader: D. Cameron Tel 01334 474305 **Note:** No dogs please

Sunday 24th June

AREA WALK LEADERS' WALK DAY: Benarty Hill (350m ascent)

Grade B: 7 miles; 4.5 hours. **Meet/Time:** Lochore Meadows Visitor Centre Car Park, KY5 8BA, off B920, at 9.30 a.m. Map Ref: Landranger 58 or Explorer 367/NT:171962. Coming from the north, exit at Jn 5, M90 and use B roads. **Description:** **Practical Navigation – Tips Using Map, Compass and GPS** A walk on paths, tracks and some open countryside. The application form to attend this walk is printed in the first part of the Programme.

Leader: Ben Douglas. Tel: 01383 822715. Mob: 07975 889678 **Note:** No dogs please.

Broughty Ferry: Hill of the Wirren - East Wirren.

Grade B: 8 miles; 6 hours. **Meet/Time:** School Bridgend Glen Lethnot at 10.30a.m. Map Ref: 44/NO: 537685. **Description:** Circular walk, via Mill of Lethnot and return via Craig Narb with views of open moors. **Directions:** Take Cookston, Little Brechin road from Brechin past Catherthuns.

Leader: Allan Thomson Tel. 01382 622668 **Note:** No dogs please.

Glenrothes: Fife Coastal Path: Crail circular

Grade: B. Distance: 10 miles; 5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:45 am at Car park along from T junction, Crail. Map Ref: 59/NO613078 **Description:** This walk combines coastal path and agricultural land around Crail, with good paths and a little road walking. Note: Dogs: NO; Children: Yes if fit and with a responsible adult.

Leader: C Mackie, Tel 01592 756058. catherineannmackie@hotmail.co.uk

Stirling & Falkirk: St Monans to Crail – Fife Coastal Path. (COACH)

Grade C: 7½ miles; 4 hours. **Meet/Time:** LACP at 9.30 am for COACH to St Monans. (**Please book by 3rd June. £12 to Elaine.**) Map Ref: 59/NO:525018. **Description:** A beautiful walk along the coast, passing through Pittenweem and Anstruther with lots of interesting views – ending with a delicious ‘Fife fish supper’. **Note:** No dogs, please. (Reminder: This is final date to submit walks for the Winter Programme to Elaine/ Janice.)

Leader: Elaine Stevenson. Tel 01259 750021;mobile 07933012717. email stevensone02s@yahoo.co.uk

Strathtay: Jock’s Road, including Coach Trip (bookings essential)

Grade A: 13 miles. **Meet/Time:** GGCP at 7:30 a.m. or Yule Coaches, Pitlochry at 08:00 a.m. Map Ref: 44/NO:283761 **Description:** A classic high level route across The Mounth, linking Glen Clova and Auchallater near Braemar via Glen Doll and Glen Callater. The route is steep in parts. Book place on coach with Leader in advance.

Leader: Muriel Findlay 01887 820095. **Note:** No dogs please.

Wednesday 27th June 2012

Brechin: Winter Walks Meeting

St Andrews Church Hall at 7.00 p.m.

Glenrothes: Social Evening

Quiz Night at the White House, Napier Road, Glenrothes. Details will be published nearer the time.

Social Committee: Anne Mirtle, Tel 01592 759847

Thursday 28th June

Stirling & Falkirk/Dalgety Bay Roamers: In and Around Linlithgow (minimal ascent)
Grade E or D or C: 2.5 or 4 or 7 miles; 1.5 or 2.5 or 4 hours. **Meet/Time:** Dalgety Bay Library at 9.45 a.m. or St Ninians Way Car Park, Linlithgow at 10.30 a.m. Map Ref: 65/NS:997772 (At end of High Street take A706 - St Ninians Rd - then 1st right to CP). **Description:** A very flexible walk on good paths taking in Linlithgow Loch and the Union Canal. There are numerous cafes/bars for refreshments after the walk. **Note:** No dogs please.
Leaders: Denis Taylor (St & Fa) Tel: 07720 885676; Ben Douglas (D Bay) Tel: 01383 822715

Saturday 30th June

Dalgety Bay: Kelso to Jedburgh (100m ascent)
Grade B+: 13 miles; 6 hours. **Meet/Time:** DBSCCP at 7.45 a.m. or Jedburgh Bus Station, Map Ref: 74/NT:651204, at 9.30 a.m. to catch the 9.40 bus to Kelso for a 10.15 a.m. start from the Abbey. **Description:** From Kelso follow the R.Teviot close to Teviot Water Garden & then to old railway line to Nisbet & follow the river to Jedfoot. Head up Dere Street (Old Roman Road) which climbs up above Jedburgh. Come down to the town centre after crossing the A68.
Leader: Malcolm Hateley. Tel: 01383 820041. Mob: 07980 889961. **Note:** No dogs please

Forfar: Inverbervie Benholm Circular
Grade C: 7 miles. **Meet/Time:** EGCP at 9.30 a.m. or Bervie Beach CP at 10.30 a.m. Map Ref: 45/NO:724834. **Description:** Circular walk by coastal path to Benholm returning by the Lang Rig to Inverbervie. Soup and sandwiches at Benholm Mill.
Leader: Mary Morrison Tel 01307 464912.

Glenrothes: Glen Ledneck: Ben Chonzie
Grade: A. Distance: 8 miles; 5.5 hrs. **Meet/Time:** 9:00 am at LCCP or 10:30 am at Parking area opposite the old school at Coishavachan, Glen Lednock. Map Ref: 52/NN743273 **Description:** An easy ascent by Munro standards following track and moorland. Good views from the summit particularly of Loch Turret Reservoir. **Note:** Dogs: NO; Children: NO.
Leader: F Carroll, Tel 01333 427150. frances.carroll@virgin.net

Kinross and Ochil: Gargunnoch Hills.. . This walk has been cancelled

Leader: Alan Bridges. Tel: 01577 866813

Kirkcaldy: Fife Coastal Path (Kingsbarns – St Andrews)
Grade: C+. **Distance:** 8.5 miles. **Meet/Time:** KRSN at 08.30 a.m. or Kingsbarns Square at 10.00 a.m. **Map Ref:** 59/NO:593120. **Description:** Coastal walk with fine views and interesting rock formations. Remember bus pass / money for return to cars. **Note:** NO children and NO dogs please.
Leaders: Dick & Marie Stenhouse Tel 01592 890698.

Perth: East Wirren Circular. Total Ascents approx. 500m.
Grade B: 7 miles. **Meet/Time:** ASDACP at 9.00 a.m. or Lethnot Bridgend CP at 10.15 a.m. Map Ref: 44/NO:536684. **Description:** Steady climb up to East Wirren, one (possibly) difficult river crossing and a boggy section at the top. Lovely open views to Lochnagar if clear day.
Leader: Sue Henderson. Tel 01738 861026. Email tanniesue_peru@yahoo.com **Note:** No dogs please.

Sunday 1st July

Stirling & Falkirk: Round the Forth

Grade C: 7 miles; 4 hours. **Meet/Time:** LACP at 9.30 am or Manor Powis at 10am. Map Ref: 58/NS:827950. **Description:** From Manor Powis along road to Tullibody, down to Cambus and into Alloa. Return by paths along the Forth via Blackgrange. **Note:** No dogs please.

Leader: Frank McFadyen. Tel 01259 761928 frankmcfadyen6@btinternet.com.

Monday 2nd July

St. Andrews & NE Fife: Winter 2012-13 Planning Meeting: Cupar "Y", 7pm. Secy. I. Anderson Tel. 01333 329139

Tuesday 3rd July

Dundee: Winter Walks Planning Meeting

Meet: The Methodist Church Hall, Marketgate Dundee at 7.30pm. All members invited to exchange ideas and offer suggestions for walks and outings. Offers to lead walks would be most welcome. Tea and coffee provided.

Contact: J MacGillivray. Tel. 01382 623052, 07932014859 or L Beveridge Tel. 01382 730832

Wednesday 4th July

Broughty Ferry: Broughty Ferry Gala Week - Local Evening Walk - Dighty Water -All Welcome.

Grade C: 4miles ; 2.5 hours. **Meet/Time:** Sainsburys Car Park Claypotts at 6.30 p.m. Map Ref: 54/NO: 455321. **Description :** Walk along the Dighty Water path.

Leader: Alex Kelman Tel. Mob.07840732842

Dunfermline & West Fife: Gartmorn Dam, The Lade and Forestmill

Grade C+: 9.5 miles. 4 hours. 110m ascent. **Meet/Time:** LPRCP at 9.15 a.m. or at Gartmorn Dam Visitor Centre at 10.00 a.m. **Map/Ref:** 58/NS:912940. **Description:** To Forestmill via the Lade, returning via the Old Alloa to Dunfermline railway line.

Leader: Carol Paterson. Tel 01383 727660. Mobile 07594 619245.

Forfar: Winter Walks Planning Meeting

Venue: Osnaburg Bar at 7 pm. All group members welcome.

Contact: Evelyn Taylor Tel 01307 464890.

Perth: Around Campsie Linn & Taymount.

Grade C: 5 miles. **Meet/Time:** ASDACP at 6.30 p.m. or Linn Road, Stanley at 7.00 p.m. Map Ref: 53/NO:110332. **Description:** Heading from Stanley beside, then along the disused railway before making for Campsie Linn along the river bank and returning to the village via the new Shiel Hill path.

Leader: John Andrews. Tel 01738 827275. Email johnandrews555@btinternet.com **Note:** No dogs please.

Saturday 7th July

Blairgowrie: Aberdeen Day Out

Grade C: 5 miles. **Meet/Time:** WCPB at 8.45 a.m. or Broxden Park and Ride to catch the Megabus at 9.40 a.m. Map Ref: 58/NO:087228. Please refer to the Group Newsletter for further details. Names and bus pass details to Sean Galbally by 1st June. **Description:** Gentle walk around Aberdeen with shopping, sightseeing and eating opportunities.

Leader: Sean Galbally. Tel 01250 874667 Email: seangalbally@talktalk.net. **Note:** No dogs please.

Brechin: Camperdown, Templeton & Clatto

Grade C: 8 miles. **Meet/Time:** SNSB at 9.00 a.m. or Camperdown Country Park main CP at 10.00 a.m. Map Ref: 54/NO:360326. **Description:** A pleasant walk round Camperdown Country Park then on to Templeton Wood, returning via Clatto Country Park.

Leader: Marilyn Ross. Tel 01356 626536.

~~Dalgety Bay: Peebles: Cademuir Hill & Tweed Walk (350m ascent)~~

~~**Grade B:** 10 miles; 5.5 hours. **Meet/Time:** DBSCCP at 9.00 a.m. or Kingsmeadow Car Park, Peebles at 10.15 a.m. Map Ref: 73/NT:251401. **Description:** Follow route of John Buchan Way onto Cademuir Hill. Over top of hill steep descent to Kirkton Manor. Continue to the Tweed walk to Lyne Station. Return via Manor Bridge and Neidpath Castle. (Likely to be muddy; stiles to cross)~~

~~**Leader:** Audrey Price. Tel: 01383 824173. **Note:** No dogs please~~

~~Walk cancelled due to forecast of heavy rain - rescheduled for Sunday 29th July~~

Dundee: Tarfside/Craig Soles/Mt Een and Blackcraigs Circular

Grade B: 7 Miles; **Meet/Time:** OCCP 9am or Tarfside Car Park Glenesk at 10.15am Map Ref: 44/NO:492797. **Description:** A circular walk taking in 2 hills with nice views up and down Glen Esk plus much more! Ascent 383 m

Leader: I Young. Tel. 01382 643846

Kirkcaldy: Raith Estate Circular

Grade: C. **Distance:** 7.5 miles. **Meet/Time:** KRSN at 10.30 a.m. **Map Ref:** 59/NT:275916. **Description:** Route follows Oriel Road, Dronachy Den, Raith House, Bankhead of Raith Farm, Torbain Road, Raith Estate, Oriel Road and return to railway station. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.

Leader: Pat Nuthall Tel 01592 265147 (mob 07833 153272).

Perth: Birnam Woods & the River Tay. Total Ascents 70m.

Grade C: 6.6 miles. **Meet/Time:** ASDACP at 9.15 a.m. or Birnam Institute at 10.00 a.m. Map Ref: 52/NO:031417. **Description:** Walk on tracks through the woods to the River Tay. Return by path above river.

Leader: Barbara Tulloch. Tel 01382 360775. **Note:** No dogs please.

St. Andrews & NE Fife: Aberlemno, Kemp's Castle, Bogardo Circular

Grade B: 8.5 miles **Meet/Time:** FCPC at 09:00am or at 10:30am, parking in Aberlemno Village Hall Car Park (B9134—Forfar-Brechin) **Map Ref:** 54/NO:522558 **Description:** Circular walk mostly on quiet country lanes, farm and forest tracks. Sights include sculptured pictish stones, hill fort, magnificent views and Rescobie Loch.

Leader: W. MacKay Tel 01334 652903 **Note:** No dogs please

Strathtay: Newton Bridge to Ardtalnaig (bookings essential)

Grade C+: 15 miles. **Meet/Time:** GGCP at 8:30 a.m. Map Ref: 52/NN:887315 **Description:** A linear walk along River Almond to Dunan and down Gleann a'Chilleine to Ardtalnaig. Book place on taxis with Leader in advance.

Leader: John and Lily Fleming 01887 820575. **Note:** No dogs please.

Sunday 8th July**Broughty Ferry: Ben Vrackie.**

Grade B: 5 miles ; 5 hours. **Meet/Time:** Baledmund Moulin C/P (turn left at Hotel) at 10.30 a.m. Map Ref: 53/NN: 944599. **Description:** Hill Climb.

Leader: Alex Kelman Tel. Mob.07840732842 **Note:** No dogs please

Dunfermline & West Fife: Cupar, Ceres, Hill of Tarvit Circular

Grade C+: 8-10 miles. 5 hours. 180m ascent. **Meet/Time:** Cupar Railway Station at 10.30 a.m.
Map/Ref: 370/NO:377143. **Description:** Old road, farm tracks, good views. Circuit can be extended to include Scotstarvit Tower. Option to visit Hill of Tarvit Mansion (NTS - entry charge).
Leader: Delia Cattell. Tel 01383 841434. Mobile 07751 039442. **Note:** Leader does not have a car. Lifts may be available from LPRCP only by arrangement.

Forfar: Peterculter to Banchory

Grade C: 10.5 miles. **Meet/Time:** EGCP at 8.30 a.m. sharp to board coach. **Description:** Pleasant walk along railway track. (May also be option of a shorter walk.) There will be a meal afterwards. Details to be arranged. £5 deposit payable to walk leaders by 2nd. June.
Leaders: Fiona Brown Tel 01575 573344. Grace Johnstone Tel 01575 574685.

Glenrothes: Kingskettle: Howe of Fife circular

Grade: C. **Distance:** 8 miles; 4.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:30 am at Kettle Church Kingskettle. **Map Ref:** 59/NO310084 **Description:** An easy walk through farming country and villages. Kettle to Lathrisk, Newton of Falkland, Falkland and Freuchie. Some road walking. Ascent 60m. **Note:** Dogs: NO; Children: NO.
Leader: D Mathieson, Tel 01592 564861. don2908@yahoo.co.uk

Stirling & Falkirk: Pitlochry Walks. (COACH)

Grade A/B/C: 10/7 miles; 7 hours. **Meet/Time:** LACP at 9 am (NOTE EARLIER START) for COACH to Pitlochry. (**Please book by 20th May. £12 to Colin.**) **Map Ref:** 52/NN:952574(A&B)/NN:917627(C). **Description:** A choice of walks to suit all grades. Black Spout to Ben Vrackie (A), Black Spout to Loch a Choire (B)/Killiecrankie Visitor Centre to Pitlochry (C). Ascent 2500ft (A). **Note:** No children, no dogs, please
Leaders: Colin Thomson.(A&B) Tel 01786 472726. mobile 07834529694. email hilarydthomson@googlemail.com Janet McNee. Tel 01324 872205. mobile 07929130582. email janet.mcnee@googlemail.com

Thursday 12th July**Dalgety Bay: Roamers Walk - Water of Leith from Dean Br to Visitor Centre (Slateford)**

Grade D: 4 miles; 2.5 hours. **Meet/Time:** Meadowfield Bus Stop at 9.25 a.m. to catch X53 bus or at Dean Bridge at 10.15 am. **Map Ref:** 66/NT:243739. **Description:** A walk on the middle section of the Water of Leith Walkway. At the conclusion of the walk, walkers can choose to have a snack, or make their own way home via the LRT No 44 bus.
Leader: Ben Douglas. Tel: 01383 822715. Mob: 07975 889675. **Note:** No dogs please.

Dundee: Backmuir Woods and Drover's Road – Evening Walk

Grade C: 3 Miles; **Meet/Time:** 6.30pm Backmuir Woods Car Park on road from Muirhead to Liff **Map Ref:** 54/NO:342335. **Description:** Circular walk mainly tracks, some road walking.
Leader: E Smith. Tel. 01382 581963, 07864697055, M Boyd. Tel. 01382 454424

Stirling & Falkirk: Forgandenny – Culteuchar (Castle Hill)

Grade C+: 9 miles; 5 hours. **Meet/Time:** At start of walk at Station Rd, Forgandenny at 10.30 am. **Map Ref:** 58/NO:086181. **Description:** A circular walk on paths and minor roads through mixed woodland and across open hillside. **Note:** No dogs please.
Leader: Fiona McMurray. Tel 01324 632740. mobile 07814995319.

Saturday 14th July

Dalgety Bay:

Scotlandwell – Sir Michael Bruce Way (100m ascent)

Grade C+: 5 miles; 4 hours. **Meet/Time:** DBSCCP at 10.00 a.m. or Scotlandwell CP at 10.45 a.m. **Map Ref:** 58/NO:183015. **Description:** This circular walk includes the well-known trail and a short extension via Easter Balgeddie and the shores of Loch Leven.

Leader: A. McEwan. Tel: 01383 822013. **Note:** No dogs please.

Glenrothes:

Amulree: Glen Fender circular

Grade: B. **Distance:** 9 miles; 5 hrs. **Meet/Time:** 9:00 am at LCCP or 10:30 am at Amulree car park. **Map Ref:** 52/NN898365 **Description:** From car park, go through farm yard to Glen Fender, then up to the highest point at 1800ft with great views. Return by Allt Na Moine" to join the path along Loch Freuchie and Wester Kinloch to the start. There is a shorter return route which reduces the walk to 7 miles. **Note:** Dogs: NO; Children: NO.

Leader: P & H McLean, Tel 01592 754105. mclean_p1@sky.com

Perth:

Bus Trip to New Lanark & Falls of Clyde.

Details to follow or contact Committee members.

Kinross and Ochil:

Callander: Rob Roy Land

Grade C+: 6 miles; 4 hours. **Meet/Time:** RASCP at 9.10a.m. or BURN at 9.30 a.m. or at riverside Car Park at 10.30 a.m. **Map/ Ref:** 365/NN:625079. **Description:** Climb through trees, scramble over rocks for great views of Trossachs. Visit Bracklyn Falls then footpaths back to Callander. **Note:** Accompanied children if fit. No dogs please.

Leader: Linda and Wilson Brown. Tel: 01259 740192

Sunday 15th July

Kirkcaldy:

Culross & Preston Island

Grade: C. **Distance:** 6.5 miles. **Meet/Time:** KRSN at 09.30 a.m. or Culross West CP at 10.30 a.m. **Map Ref:** 65/NS:982858. **Description:** Circular walk follows path round Preston Island and then by historic Culross to West Kirk. Return by Dunimarle Castle. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.

Leader: Ruth Beddall Tel 01592 260578.

Stirling & Falkirk:

Lochore Meadows and Benarty Hill (B) or Lochore Meadows Country Park (C)

Grade B/C: 7/ 6 miles; **Meet/Time:** LACP at 9.30 am or Lochore Meadows Country Park Visitor Centre at 10.30am. **Map Ref** 58/NT:170962. **Description:** Around the Country Park then up into the hills above Binn Wood, along the escarpment overlooking Loch Leven to Benarty Hill. The easier walk is on paths and tracks within the Country Park, including Harran Hill. Ascent 270m/100m. **Note:** No dogs please.

Leader: Phil Seale. Tel 01786 447107. mobile 07840957215. email phil@philseale.co.uk

Wednesday 18th July

St. Andrews & NE Fife:

Kingsbarns-Wormiston Circular

Grade C: 6.5miles **Meet/Time:** FCPC at 9:30am or at 10:15am at Kingsbarns Village Square Car Park **Map Ref:** 59/NO:595125 **Description:** Circular coast and country walk including part of Fife Coastal Path and village of Kingsbarns.

Leader: D. Cameron Tel 01334 474305

Thursday 19th July

Dunfermline & West Fife: Forth/Clyde Canal - Kirkintilloch to Cadder

Grade D: 5-7 miles. <4 hours. **Meet/Time:** LPRCP at 9.00 a.m. or Barleybank CP (at church) at 10.30 a.m. **Map/Ref:** 342/NS:655738. **Description:** Easy walk along canal towpath west to bridge at Cadder (Bishopbriggs) or, if agreed, a little further to Farm Bridge.

Leader: David Lloyd. Tel 01383 621640. Mobile 07816 057202.

Saturday 21st July

Blairgowrie: Baddoch Burn

Grade C: 8 miles. **Meet/Time:** WCPB at 9.00 a.m. or on the roadside at the edge of the wood 3 miles north of Glenshee Ski Area at 10.00 a.m. **Map Ref:** 43/NO:138832. **Description:** Fairly easy linear walk following the Baddoch Burn. The hills on either side are frequented by herds of red deer.

Leader: Pat Fraser. Tel 01250 873577. **Note:** No dogs please.

Brechin: Glentennet

Grade C: 7 miles. **Meet/Time:** SNSB at 9.00 a.m. or Tarfside village CP at 10.00 a.m. **Map Ref:** 44/NO:492797. **Description:** On landrover tracks to Shinfur and on to Glentennet.

Leader: Irene McKay. Tel 01356 622182.

Dalgaty Bay: Glen Lochan, Auchnafree & R Almond (465m ascent)

Grade B+: 14 miles; 6.5 – 7.5 hours. **Meet/Time:** DBSCCP at 8.30 a.m. or Car Park at Newton Bridge on A822 at 10.30 a.m. **Map Ref:** 52/NN:888314. **Description:** Anti – clockwise on tracks and paths from Newton Bridge. A little road walking on quietish road until you get to just after Croftmill. Then head through Glen Lochan to Auchnafree. Then follow along beside River Almond back to car park.

Leader: Andrew Lees. Tel: 01383 611750. **Note:** No dogs please.

Dundee: Clunie Walk Pitlochry

Grade C+: 7 Miles; **Meet/Time:** 9am CWCP or 10.30am Recreational Grounds Car Park (near suspension bridge **Map Ref:** 52/NN:941582. **Description:** Fairly easy woodland walk with a couple of moderate climbs. Fine views along Tummel Valley.

Leader: I Young. Tel. 01382 643846

Dunfermline & West Fife: Dumyat-Circular

This walk has been cancelled.

Leader: Maureen Paul Tel 01383 727875. Mobile 07842 386718.

Forfar: Perth North Inch

Grade C: 6 miles. **Meet/Time:** EGCP at 9.30 a.m. or Scone Park and Ride at 10.15 a.m. **Description:** Scenic walk along banks of River Tay.

Leader: Evelyn Taylor Tel 01307 464890.

Perth: Buchanty Circular. Total Ascents 280m.

Grade C+: 8 miles. **Meet/Time:** ASDACP at 9.00 a.m. or Buchanty Spout CP at 9.45 a.m. **Map Ref:** 52/NN:933283. **Description:** River walk into Glenalmond Estate. Fairy Glen loop crossing Shelligan Burn, Quarries. Returning by Dunie and Glenalmond House.

Leader: Jen Strachan. Tel 01738 445891. **Note:** No dogs please.

Sunday 22nd July

Broughty Ferry: Hill of Rowan Glen Esk

Grade B: 5 miles; 3.5 hours. **Meet/Time:** Tarfside C/P at 10.30 a.m. Map Ref: 44/NO: 492798.

Description: Walk on highland tracks

Leader: Jim and Ruth Jack . Tel. 01241.855493 **Note:** No dogs please

Glenrothes: Auchtermuchty: Pitmedden Forest circular

Grade: B. **Distance:** 8 miles; 4.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:30 am at the public car park in Distillery Street, Auchtermuchty. Map Ref: 58/NO235120 **Description:** A circular walk from The Clink, Broom Hill and Pitmedden Forest forest tracks and footpaths. Returning by Raemore. Note: Dogs: NO; Children: NO.

Leader: D Jolly, Tel 01592 757039. doug.jolly@blueyonder.co.uk

St. Andrews & NE Fife: Heart of the Pentlands

Grade C+: 7 miles **Meet/Time:** FCPC at 09:00am or at 10:30am, parking at end of road to Bonaly Tower (west of Colinton, at traffic lights, fork right into Woodhall Rd; Bonaly Road is 3rd on left and crosses over City Bypass) **Map Ref:** 66/NT:211673 **Description:** A nice scenic circular walk through Bonaly Country Park in Pentlands, over undulating reasonable paths.

Leader: I. MacKenzie Tel 01334 654421 **Note:** No dogs please

Stirling & Falkirk: Stuc a' Chroin

Grade A: 8 miles; 7 hours. **Meet/Time:** LACP at 9.30 am or Ardvorlich on South Earn Rd 10.30 am. Map Ref: 51/NN:633232. **Description:** From Ardvorlich initially following route to Ben Vorlich then crossing bealach to final very steep stretch to the Stuc summit. Steep section will be done slowly to ensure we all enjoy this iconic Munro. Ascent 850m. **Note:** No children or dogs please.

Leader: Ray Finlay. Tel 01786 449135. mobile 07792549363. email rayfin_1@hotmail.com

Strathtay: Ben Ledi Ascent 2,500ft

Grade B: 7 miles. **Meet/Time:** GGCP at 8:30 a.m. or Stank CP at 9:30 a.m. Map Ref: 57/NN:586092 **Description:** A well known landmark mountain, the highest in the Trossachs. It is a steady climb to the summit 2,884ft and the descent is via the Stank Glen.

Leader: Jenny Rees 0131 4477167/01887 830521 **Note:** No dogs please.

Tuesday 24th July

Dalgety Bay: Cramond Bridge to S Queensferry or Ferry Toll Park & Ride (Min. ascent)

Grade C or C+: 6 or 9 miles; 3.5 or 5 hours. **Meet/Time:** Meadowfield Bus Stop at 9.25 a.m. to catch the X53 bus or Cramond Bridge at 10.15 a.m. Map Ref: 66/NT:179755. **Description:** A walk on tracks and paths. On the C walk, return by rail from Dalmeny Station. On the C+ walk, continue to Ferry Toll Park & Ride. Visitors should confirm bus time with leader.

Leader: Sally Inglis. Tel: 01383 419697. **Note:** No dogs please.

Thursday 26th July

Stirling & Falkirk: Winter Walks Programme Meeting

Mayfield Centre, St Ninians at 7.30pm. Come along for a preview of the Winter Programme. Refreshments and a chance to share photos and stories from previous walks.

Contact: Jacci Cameron. Tel 01786 841178. email jaccicameron17@hotmail.com

Saturday 28th July

Dundee: Elie to Pittenweem – Arts Festival Optional

Grade C: 5 Miles;

Meet/Time: 9.30am Taybridge Car Park or park in Pittenweem and meet at Tollcross to catch 10.41 X60 bus to Elie. May be a charge for parking.

Because of the Arts Festival there will be a designated car park in Pittenweem. It is in a field and will be well signposted with marshalls in hi vis jackets directing traffic. Please allow extra time to get to the car park in time to catch the bus.

Map Ref: 59/NO:549027 ???.

Description: Walk from Elie to Pittenweem then enjoy the Pittenweem Arts Festival (optional).

Leader: J MacGillivray. **Tel.** 01382 623052, 07932014859

Glenrothes: Comrie – Bogton circular by Mill of Fortune and Cultybraggan Camp
Grade: C+. **Distance:** 8 miles; 4 hrs. **Meet/Time:** 9:30 am at LCCP or 11:00 am at Comrie Golf Course CP. **Map Ref:** 52/NN776222 **Description:** Walk beside River Earn, path rough in places, along Bogton Hill to Mill of Fortune. Return by Cultybraggan Camp and Roman Fort. Mainly footpaths and farm tracks. Ascent 200 ft. **Note:** Dogs: NO; Children: Yes if fit and with a responsible adult. Leaders will meet at Comrie
Leader: C & B Barton, Tel 01383 725859. chrisbarton3@tiscali.co.uk



Kinross and Ochil: Bridge of Orchy to Crianlarich.

Grade B: 12 miles. **Meet/Time:** RASCP at 8:15 a.m. or BURN at 8.15 a.m. or Crianlarich Station at 10.00 a.m. for train at 10.21 a.m.. Cost approx £4.00.

Description: Short train journey from Crianlarich to Bridge of Orchy, then easy walk along West Highland Way back to Tyndrum for lunch and on to Crianlarich.

Note: No dogs please.

Leader: Bill Bedborough. **Tel:** 01259 742491

Perth: Spittalfield – Dunkeld.

Grade B: 9 miles. **Meet/Time:** Mill Street No.34 bus at 9.30 a.m. or Spittalfield at 10.04 a.m. **Map Ref:** 53/NO:107409. **Description:** Following the River Tay from Spittalfield to Inchtuthill Roman Fort then to Dunkeld.

Leader: John Whitehurst. **Tel** 01738 637286. **Note:** No dogs please.

Sunday 29th July

Kirkcaldy: Four Lochs in Cleish Hills

Grade: C+. **Distance:** 7 miles. **Meet/Time:** KRSN at 09.30 a.m. or Loch Glow CP at 10.15 a.m.

Map Ref: 58/NT:099955. **Description:** Circular walk on tracks, paths and open hillside with ascents of 500 – 650 feet. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.

Leader: Brian Clark **Tel** 01592 784553.

Dalgety Bay: Peebles: Cademuir Hill & Tweed Walk (350m ascent)
 details as shown for
Leader: Audrey Price. Tel: 01383 824173. **Note:** No dogs please

Stirling & Falkirk: Glen Tilt Trail. (COACH)

Grade B/C: 11/6 miles; 6¼/4 hours. **Meet/Time:** LACP at 9 am (NOTE EARLIER START) for COACH to Blair Atholl. **(Please book by 1st July. £12 to Elaine.)** Map Ref: 43/NN:869657. **Description:** Walk from Blair Atholl on good tracks up Glen Tilt. C- Walk goes over Gilbert Bridge returning down River Tilt. B-Walk continues up Glen Tilt to Gow Bridge then back down to Blair Atholl. After the shorter walk (led by Denis) there will be time to look round the castle grounds and visit the tearoom. **Note:** No dogs please.
Leader: Frank McFadyen. Tel 01259 761928 frankmcfadyen6@btinternet.com

Tuesday 31st July

Dalgety Bay: Pittenweem, Anstruther & Crail Linear (minimal ascent)

Grade C+: 7 miles; 4 hours. **Meet/Time:** DBSCCP at 9.30 a.m. or **Playing Fields Car Park off Charles St. £1 charge** at 10.45 a.m. Map Ref: 59/NO:548028. **Description:** An attractive walk along the Coastal Footpath. Return by bus.
Leaders: Heather Haines & Rose Nutt. Tel: 01383 822187 or 01383 822669. **Note:** No dogs please.

Saturday 4th August

Blairgowrie: Loch Lee and Waterfalls Circuit, Glen Esk

Grade B+: 10 miles. **Meet/Time:** WCPB at 9.00 a.m. or Invermark car park at 10.00 a.m. Map Ref: 44/NO:446803. **Description:** A fantastic circuit of Glen Lee taking in pretty Loch Lee and then climbing steeply past the Falls of Unich and the Fall of Damff to cross open moorland and descend the track on the Shank of Inchgrundle.
Leader: Bill Phillips. Tel 01250 870260. **Note:** No dogs please.

Brechin: Hill of Fare

Grade B: 9 miles. **Meet/Time:** SNSB at 9.00 a.m. or Raemoir Hotel grounds at 10.30 a.m. Map Ref: 38/NO687993. **Description:** A circular walk via The Skairs, Craigrath, Hill of Fare (433 m / 1,420 ft), Brown Hill and Myrie Hill.

Note: No parking available at Raemoir House Hotel due to large wedding. Limited roadside parking 1/2 mile west of Hotel gates.

Leader: Frances Low. Tel 01356 625348.

Dunfermline & West Fife: Ben Vrackie

Grade B+: 6.5 miles. 5 hours. 640m ascent. **Meet/Time:** LPRCP at 9.00 a.m. or CP at Moulin at 10.30 a.m. **Map/Ref:** 52/NN:944598. **Description:** main path to top of Ben Vrackie. Return either by the same route or via lower summit to the NE. **Note:** Well worn path up but steep in final part.
Leader: Alan Paul. Tel 01383 727875. Mobile 0773 9169674.

St. Andrews & NE Fife: Moncreiffe Hill, Rhynd & Elcho Castle

Grade B: 8 miles **Meet/Time:** FCPC at 09:00am or 09:45am, parking in new car park about 1 mile along minor road (almost opposite Craigclowan School ,signposted to Rhynd & Elcho Castle) off A912 **Map Ref:** 58/NO:139209 **Description:** Circular walk to reach Moncreiffe Hill (330m ascent for great views) and through beautiful woodland, with chance to see and option to visit fortified mansion (Historic Scotland--£4 entry) .
Leader: B. Stewart Tel 01334 654552 **Note:** No dogs please

Strathtay: Ben Vuirich Ascent 2,000ft

Grade B+: 10 miles. **Meet/Time:** GGCP at 8:30 a.m. or Clunskea on A924 at 9:00 a.m. Map Ref: 43/NO:009637 **Description:** A shy Corbett 2,962ft in the shadow of Beinn a'Ghlo. It is accessed from the south on a long steadily climbing ridge.
Leader: Muriel Findlay 01887 820095. **Note:** No dogs please.

Sunday 5th August

Broughty Ferry: Balgavies Loch and Milldens Circular.

Grade C: 6 miles; 4.5 hours. **Meet/Time:** Balgavies Loch C/P (A932) at 10.30 a.m. Map Ref: 54/NO: 534507. **Description:** Circular walk via loch and old rail line.
Leader: George Robertson . Tel. 01382.775589 **Note:** No dogs please

Dalgety Bay: Loch Brandy (850m ascent)

Grade B+: 8 miles; 5 hours. **Meet/Time:** DBSCCP at 8.30 a.m. or Car Park just past Glen Clova Hotel at 10.30 a.m. Map Ref: 44/NO:326731. **Description:** From the hotel follow paths via Loch Brandy to the summit of Green Hill and then across a plateau to "The Goat". Descend via the east shore of Loch Wharral to the start point.
Leader: Brian Mitchell. Tel: 01383 822843 Mob: 07974 759672 **Note:** No dogs please.

Forfar: Crieff Circular

Grade B: 7.5 miles. **Meet/Time:** EGCP at 9.30 a.m. or Taylor Park Crieff at 10.45 a.m. Map Ref: 57/NN:857220. **Description:** Scenic walk around Crieff with lovely views.
Leader: Lexie Lumsden Tel 01307 465829.

Glenrothes: Dunkeld: Loch Ordie circular

Grade: B. **Distance:** 9 miles; 5.5 hrs. **Meet/Time:** 10:00 am at LCCP or 11:00 am at Sawmill car park, Dunkeld. Map Ref: 53/NO023436 **Description:** Starting with a steady incline to Mill Dam, then on to Loch Ordie with lovely views to distract you. The return is a steady decline through Atholl woods. There are lots of mini and maxi lochs to admire, with the possibility of spotting an osprey. **Note:** Dogs: NO; Children: NO.
Leader: M Laing, Tel 01337 832724. mlaing8338@aol.com

Kirkcaldy: Auchterhouse & Craigowl Hills

Grade: B. **Distance:** 6 miles. **Meet/Time:** KRSN at 09.00 a.m. or 10.30 a.m. at Balkello Nature Reserve CP (2.5 km east of Kirkton of Auchterhouse or 3.6 miles from the Tealing turn off on the A90). **Map Ref:** 54/NO:364384. **Description:** Circular walk in the Sidlaws on vehicle and heather tracks. Some steep ascents. **NOTE:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.
Leader: Alex Donald Tel 07943 871219.

Perth: St. John's Toun. South Inch- Perth's old Vennels & Closes – South Inch

Grade E: 2 miles. **Meet/Time:** South Inch CP at 10.00 a.m. (free parking on Sunday). Map Ref: 58/NO:120230. **Description:** Information sheets available at the walk start. Wheelchair friendly.
Leader: Jim Morrison. Tel 01738 842802. **Note:** No dogs please.

Stirling & Falkirk: Mugdock Country Park: 5 Lochs.

Grade C+: 7½ miles; 4 hours. **Meet/Time:** LACP at 9.30 am or Main CP near Visitor Centre in Mugdock Country Park at 10.30 am. Map Ref:64/NS546779. **Description:** An undemanding walk on good paths and tracks in woodland and moorland in a very special and popular country park. Ascent 490 ft. **Note:** No dogs please.
Leader: Janette Seale. Tel 01786 447107. mobile 07709957317. email janette@philseale.co.uk.

Wednesday 8th August

Dunfermline & West Fife: Bishop Hill

Grade B: 6 miles 3.5 hours. 350m ascent **Meet/Time:** LPRCP at 10.15 a.m. or CP at Scotlandwell Church at 11.00 a.m. **Map/Ref:** 58/NO:183019. **Description:** Ascent of Bishop Hill from Scotlandwell. Return via Kinnesswood and Portmoak Moss.

Leader: Alan Paul. Tel 01383 727875. Mobile 0773 9169674.

Thursday 9th August

Dalgety Bay: Roamers Walk - Letham Hill Wood (100m ascent)

Grade D: 4 miles; 2.5 hours. **Meet/Time:** Dalgety Bay Library at 10.00 a.m. Map Ref: 65/NT:156835. **Description:** A woodland walk on paths which can be muddy, with a little more ascent than the other Roamers walks.

Leader: David Thomson. Tel: 01383 860324. Mob: 07922 050562. **Note:** No dogs please.

Saturday 11th August

Dalgety Bay: Beecraigs and Cockleroy (100m ascent)

Grade C+: 5 miles; 3 hours. **Meet/Time:** DBSCCP at 9.30 a.m. or Beecraigs Park Centre Car Park at 10.20 a.m. Map Ref: 65/NT:006746. **Description:** A walk on paths and tracks with a small climb up Cockleroy.

Leader: Donald Wallace. Tel: 01383 822905. **Note:** No dogs please

Dundee: River Ericht Path

Grade C: 8 Miles; **Meet/Time:** CWCP 9.15am or Wellmeadow Car Park, Blairgowrie at 10am Map Ref: 53/NO:180453. **Description:** An enjoyable walk by riverbanks and through mixed countryside. Relatively flat with a few gentle gradients.

Leader: M Watson. Tel. 01382 738025

Glenrothes: Glen Isla: Loch Shandra – Loch Auchintaple Circular

Grade: C+. **Distance:** 8 miles; 4.5 hrs. **Meet/Time:** 09:00 am at LCCP or 10:30 am at Freuchies car park turn right at signpost for Glenmarkie Lodge before Kirkton of Glenisla. Map Ref: 44/NO224608 **Description:** A lovely picturesque walk past Loch Shandra and Loch Auchintaple. Lovely views of Mount Blair. Part of the walk is following the Cateran Trail. **Note:** Dogs: NO; Children: Yes if fit and with a responsible adult.

Leader: S Fury, Tel 01592 756497. sheena_fury@yahoo.co.uk

Perth: Clunie Walk. Total Ascents 400m.

Grade B: 8 miles. **Meet/Time:** No. 23 bus Mill Street at 8.50 a.m. or stop opps. Asda at 8.55 a.m. or Fishers Hotel Pitlochry at 10.10 a.m. Map Ref: 52/NN:940580. **Description:** Leave Fishers Hotel to climb Fonab Hill, onto open moorland - good views. Return to Pitlochry by new route (different from usual Clunie walk).

Leader: Allen Bardwell. Tel 01738 444459. Mobile No.079523391781. Email allenbardwell@blueyonder.co.uk **Note:** Phone walk leader to confirm bus times. No dogs please.

Sunday 12th August

Kinross and Ochil: The Path We Can do! (re-visited)

Grade C+: 7.5 miles; 4 hours **Meet/Time:** RASCP at 9:30 a.m. **Map/ Ref:** 58/071078. **Description:** Figure of eight around Stronachie Woods and open pastures. Fantastic views in all directions at various points throughout the walk. **Note:** No dogs please. Accompanied children welcome if fit.

Leader: Peter Edgerton. Tel: 01577 840449

Stirling & Falkirk: Crieff to Comrie. (COACH)

The Crieff to Comrie coach walk on Sunday 12th of August is cancelled due to poor conditions.

2 NEW WALKS - Sunday 12th August (by COACH) Meet LACP at 9am.(NOTE EARLIER START)

Please contact Fiona (01324 632740) for details and to book a place on coach for either walk.

Wednesday 15th August**Broughty Ferry: Arbroath Walk**

Grade C: 2miles; 1.5 hours. **Meet/Time:** Bell Rock Chippie Ladyloan at 6.00p.m. Map Ref: 54/N0: 640405 **Description:** Fish and Chips at Bell Rock and then short walk to Victoria Park. **Leader:** Jim and Ruth Jack . Tel. 01241.855493 **Note:** No dogs please

St. Andrews & NE Fife: Auchtermuchty Common

Grade C: 4 miles **Meet/Time:** FCPC at 1:00pm or at car park behind Royal Hotel, Auchtermuchty, at 1:30pm **Map Ref:** 59/NO:240116 **Description:** An afternoon walk over Auchtermuchty Common by Pitcairnie Burn and through Glassarts Community Woodland. **Leader:** H. Morrison Mob 07821148256 **Note:** No dogs please

Thursday 16th August**Stirling & Falkirk: Glen Ogle Railway Walk**

Grade C: 6 miles; 3½ hours. **Meet/Time:** At start of walk at CP at Lochearnhead at 10.30 am. Map Ref: 51/NN:591237. **Description:** After steep slope at start all easy walking on old railway returning on good tracks. Ascent 150m. **Note:** No children or dogs please. **Leader:** Ray Finlay. Tel 01786 449135. mobile 07792549363. email rayfin_1@hotmail.com

Saturday 18th August**Blairgowrie: Glen Turret**

Grade A: 12 miles 700 m ascent. **Meet/Time:** WCPB at 9.00 a.m. or Loch Turret car park at 10.15 a.m. Map Ref: 52/NN821265. **Description:** Circular walk on hill tracks to Easter Knockbrae, cairns and Choinneachain Hill. Descent by Ton Eich and return by lochside track. **Leader:** Aldis Ozols. Tel 07901 969917 Email: bilsbizon@hotmail.com. **Note:** No dogs please.

Brechin: Stanley

Grade C+: 8 miles. **Meet/Time:** SNSB at 9.00 a.m. or Stanley village at 10.30 a.m. Map Ref: 53/NO:110334. **Description:** A circular walk via King's Myre, Honeyhole and Campsie Linn; on disused railway line, tarmac road, farm tracks and riverside path. **Leader:** Alex Donald. Tel 07943 871219.

Dalgety Bay: Lochearnhead & Glen Ogle (B+ version 540 m ascent)

Grade B+ or C+: 14.5 or 6.5 miles; 6.5-7.5 or 4 hours. **Meet/Time:** DBSCCP at 8.45 a.m. or Car Park at Lochearnhead opposite Water Sports Centre at 10.30 a.m. Map Ref: 51/NN:592238. **Description:** From CP head towards A85 to access signposted track; then short steep ascent and along old railway track. Return through nature trail. The shorter version has less ascent and would be used in the event of bad weather. It would be useful to contact the leaders to indicate which walk would be chosen. **Note:** No dogs please.

Leaders: Andrew Lees (B+). Tel: 01383 611750. ~~David Thomson (C+). Tel: 01383 860324~~

David will be unable attend so only one version of the walk will take place.

Dundee: Little Glenshee

Grade C+: 7 Miles; Meet/Time: CWCP 9.15am or 10am Schochie Car Park, Little Glenshee. Limited Car Parking. Map Ref: 52/NN:988339. Description: Pleasant circular walk on tracks. Good views. Longer walk to Craig Gibbon optional. Extra 2 miles, small ascent.

Leader: M Rennie. Tel. 01382 200731, 07796925242. S Sneddon. Tel 812584

Forfar: Clachnaben

Grade B/C: 6/7 miles. Meet/Time: EGCP at 9.30 a.m. or Quarry CP at 10.30 a.m. Map Ref: 45/NO:648867. **Description:** B walk: Ascent of Clachnaben. (6 miles) or C walk: Circular walk around Grayslake Hill (7 miles).

Leaders: John and Jean Pinkerton Tel 01307 460746.

Kinross and Ochil: BBQ. Dollar Church Hall. Details to follow.**Kirkcaldy: Bishop Hill Circular**

Grade: B. **Distance:** 7 miles. **Meet/Time:** KRSN at 09.15 a.m. or Portmoak Church CP at 10.00 a.m. **Map Ref:** 58/NO:183019. **Description:** Steep climb to Bishop Hill then along to Glen Vale, Harperleas Woodland and Munduff Hill. **Note:** NO children and NO dogs please.

Leader: Jill Harris Tel 01592 264546.

Perth: Newtyle Walk. Total ascents approx. 230m.

Grade C+: 9 miles. Meet/Time: ASDACP at 9.00 a.m. or Newtyle North Car Park at 9.45 a.m. Map Ref: 53/NO:298415. Description: Circular walk around Newtyle then uphill for lovely views when visibility good. Using roads, disused railway, hill tracks and paths to return to car park.

Leader: Lynn Salvin. Tel 01738 634628. Note: No dogs please.

St. Andrews & NE Fife: Kilmaron Hill via Cairnie with options of Strawberry Tea and/or hill viewpoint

Grade C+: 6 or 9 miles **Meet/Time:** FCPC at 10:00am **Map Ref:** 59/NO:378146 **Description:** Walk follows tracks from Cupar via Foodie & Cairnie, around Kilmaron Hill. Those doing the shorter walk can wait at Cairnie Fruit farm shop/café till the rest rejoin them.

Leader: P. Ritchie Tel 01334 653667 **Note:** No dogs please. Older children welcome if fit.

Sunday 19th August**Broughty Ferry: Glen Tilt Blair Atholl.**

Grade B: 8.miles; 5 hours. **Meet/Time:** Old Blair C/P at 10.30 a.m. Map Ref: 43/NO: 664875. **Description:** Walk on paths and tracks with some road walking . Views of river Tilt. At Blair Atholl turn right before Bridge of Tilt to Old Blair Cross old bridge - C/P first right.

Leader: David Banks Tel. 01382858495 **Note:** No dogs please

Dunfermline & West Fife: Rumbling Bridge & Crook of Devon

Grade C+: 7.5 miles. 3-4 hours. 130m ascent. **Meet/Time:** LPRCP at 9.15 a.m. or opposite the Coronation Hall, Muckhart at 10.00 a.m. **Map/Ref:** 58/NN:999006. **Description:** Explores some of the lesser known stretches of the River Devon.

Leader: Carol Paterson. Tel 01383 727660. Mobile 07594 619245.

Glenrothes: Weekend Away

Description: Selection of walks at Newtonmore Note: Dogs: NO; Children: NO. Glenrothes Ramblers weekend away

Leader: J Duncan, Tel 01337 831888. john@johnandmorven.co.uk

Stirling & Falkirk: River Ericht, Blairgowrie

Grade C+: 8 miles; 4 hours. **Meet/Time:** LACP at 9.30 am or Wellmeadow, Blairgowrie at 11 am. Map Ref:53/NO:181453. **Description:** A pleasant walk along roads, river banks and through mixed countryside. Ascent 200 ft. **Note:** No children or dogs please.

Leader: Colin Thomson. Tel 01786 472726. mobile 07834529694. email hilarydthomson@googlemail.com

Strathtay: Farragon Hill Ascent 2,200ft

Grade B+: 8 miles. **Meet/Time:** GGCP at 8:30 a.m. Map Ref: 52/NN:858491 **Description:** An ascent of a prominent Corbett 2,568ft from the south with far reaching views. The route is partly on track and partly on moorland.

Leader: Alistair Cameron 01887 820555. **Note:** No dogs please.

Wednesday 22nd August**Dundee: Lade Braes - Balgove**

Grade C: 5-6 Miles; **Meet/Time:** Taybridge car Park 1pm, Pletherum Car Park St Andrews 1.30pm. Good bus service from Dundee, from bus station walk along Argyle Street towards Kinburn Park. All meet at bottom of steps leading to Kinburn Park. Map Ref: 59/NO:502169. **Description:** Easy walk along Lade Braes then by public right of way to the Guardbridge Road and back by the cycle path.

Leader: P McFarlane. Tel. 01382 462396, 07743756865

Thursday 23rd August**Dunfermline & West Fife: Tullibody, Cambus, & The Forth**

Grade D: 4.5 miles. 2.5 hours. **Meet/Time:** LPRCP at 9.00 a.m. or Tullibody Leisure Centre at 10.00 a.m. **Map/Ref:** 58/NS:858948. **Description:** Along golf course and across railway to River Forth. West along embankment, then North into Cambus.

Leader: David Lloyd. Tel 01383 621640. Mobile 07816 057202.

Saturday 25th August**Dalgety Bay: Edinburgh: Sighthill to the West End along Union Canal (minimal ascent)**

Grade C: 6 miles; 4 hours. **Meet/Time:** Meadowfield Bus Stop at 9.15 a.m. to catch No X58 bus to Edinburgh West End.; then No 25 bus to Calder Rd Bus Stop for start at 11.00 a.m. Map Ref: 66/NT:190705. **Description:** Union Canal Towpath to Lochrin Basin, Edinburgh Quay; then follow cycle path to Rutland Square; then Shandwick Place to West End. **Note:** No dogs please.

Leaders: Rose Nutt & Heather Haines. Tel: 01383 822169 or 01383 822187. Mob: 07969 198917

Glenrothes: Cramond: River Almond Circular

Grade: C. Distance: 6 miles; 3.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:45 am at Cramond Bridge Hotel car park. Map Ref: 66/NT179754 **Description:** Starting from Cramond Bridge Hotel follow the River Almond by Cramond Estate past the edge of Turnhouse Airport, returning by Lennie Mains. Note: Dogs: NO; Children: Yes if fit and with a responsible adult.

Leader: P & H McLean, Tel 01592 754105. mclean_p1@sky.com

Kinross and Ochil: Loch Skiach.

Grade C+: 7 miles; 4 hours. **Meet/Time:** BURN at 9.00 a.m. or Kinnaird House at 10.15 a.m. (parking in layby opposite on B898 from Dunkeld to Aberfeldy.) **Map/Ref:** 52/NN: 982497
Description: An open moorland walk to Loch Skiach, returning on a different track. Some ascent but mostly on good Landrover track. Good views if weather is fine.
Leader: Sheena Bedborough Tel: 01259 742491 **Note:** No dogs please.

Perth: St. Fillans and Glen Tarken. Total Ascents 300m.

Grade B: 9.5 miles. **Meet/Time:** ASDACP at 9.00 a.m. or Laybys on A85 St. Fillans at 10.00 a.m. **Map Ref:** 51/NN:689246. **Description:** Long steady climb over open moorland with fine views of Loch Earn and the surrounding countryside before descending and returning via a disused railway line.
Leader: Jim Pirie. Tel 01738 451314. **Note:** No dogs please.

Sunday 26th August**Kirkcaldy: Markinch, Dalginch & Balgonie Circular**

Grade: C+. **Distance:** 8.5 miles. **Meet/Time:** KRSN at 09.30 a.m. or Markinch railway station CP at 10.00 a.m. **Map Ref:** 59/NO:299014. **Description:** A rural walk to the east and south of Markinch with superb views across the River Leven valley. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.
Leader: Bill Gibson Tel 01592 891319.

Stirling & Falkirk: Glasgow: Clyde, Kelvin Walkways and F&C Canal (COACH)

Grade C+: 8 miles; 5 hours. **Meet/Time:** LACP at 9.30 am for COACH to Glasgow. (**Please book by 19th August. £12 to Elaine.**) **Map Ref:**64/NS:590648. **Description:** We view the changing landscapes of the city as we pass by and through Kelvingrove Park, the University, Botanic Gardens and Maryhill Aquaduct. **Note:** No dogs please.
Leader: Mary Westall Tel 01324 625003. mobile 07986707118. email marywestall14@btinternet.com

Friday 31st August to Sunday 2nd September**Kirkcaldy: Weekend Away**

Abington Hotel at Abington is our venue this year. For further information contact Liz Greig Tel 01592 653682. A full programme of walks will be on offer.

Saturday 1st September**Blairgowrie: Glensherup - Ochils**

Grade B+: 8.5 miles. **Meet/Time:** WCPB at 8.45 a.m. or Glensherup car park at 10.00 a.m. **Map Ref:** 58/NN:972052. **Description:** Forest track to Glensherup reservoir. Steep ascent to col SW of Ben Shee. Ridge walk to Tarmangie Hill. NE to Innerdownie, then picking up forest track back to car park.
Leader: Jean Stewart. Tel 01250 875008. **Note:** No dogs please.

Brechin: Eden Estuary

Grade C: 7 miles. **Meet/Time:** SNSB at 9.00 a.m. or West Sands CP, St Andrews, at 10.15 a.m. **Map Ref:** 59/NO:498191. **Description:** Across Old Course and onto Mussel Path to Guardbridge and nature reserve.
Leaders: Sheila Mather / Alison Stewart. Tel 01356 650240 / 01307 818770.

Dundee: Auchmithie to Carlingheugh Bay

Grade C: 5 Miles; Meet/Time: OCCP 9.15am or Auchmithie 10am Map Ref: 54/NO:679443.
Description: Walk from Auchmithie round the cliffs to Carlingheugh Bay (The Flairs) and back via East Seaton Farm and farm tracks.

Leader: L Mitchell. Tel. 01241 431641

Perth: Pentland Hills Linear. Total Ascents 610m.

Grade B+: 7 miles. **Meet/Time:** Broxden, Perth at 8.40 a.m. for Megabus to Edinburgh. Edinburgh service bus to Nine Mile Burn. Map Ref: 66/NT:177577. **Description:** Walk from Nine Mile Burn over West Kip, East Kip, Scald Law, Carnethy and Turnhouse Hills to Flotterstone. Return by bus to Edinburgh then Megabus to Perth.

Leader: Lynn Rankin. Tel 01738 632580. **N.B.** Number limited to 16 contact Leader by end of July to book a place. **Note:** No dogs please.

Strathay: Cateran Trail Finale – Alyth to Blairgowrie

Grade C+: 16 miles. **Meet/Time:** GGCP at 8:30 a.m. or Alyth at 9:30 a.m. Map Ref: 53/NO:243488 **Description:** The final stage of the long distance Cateran Trail from Alyth via Bridge of Cally to Blairgowrie.

Leader: Bill Bruce 01887 829753 **Note:** No dogs please.

Sunday 2nd September**Broughty Ferry: Forfar Loch and Balmashanner**

Grade C+: 7 miles : 3.5 hours. **Meet/Time:** Forfar Leisure Centre C/P at 10.30 a.m. Map Ref: 54/NO: 450507. **Description:** Circular walk around loch and up to Bummie.

Leader: Linda Pirie . Tel. 01382.778490 . **Note:** No dogs please

Forfar: Wormit and Tay Estuary

Grade C: 6 miles. Meet/Time: EGCP at 9.30 a.m. or Bay Road Wormit at 10.15 a.m. Map Ref: 59/NO:393259. **Description:** Pleasant walk from Wormit along the Tay Estuary to Balmerino Abbey returning by the Monks Path.

Leader: Christine Ferguson Tel 01382 532384.

Glenrothes: Markinch: Dalginch – Milton of Balgonie circular

Grade: C. Distance: 9 miles; 4.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:20 am at Car Park at Markinch Transport Interchange. Map Ref: 59/NO297019 **Description:** A circular walk from Markinch, mainly on farm/ estate tracks to Dalginch and Milton of Balgonie crossing and re-crossing the River Leven. Passing historic buildings and returning via the “63 steps” to the Markinch Transport Interchange car park. Note: Dogs: NO; Children: Yes if fit and with a responsible adult.

Leader: Bob Smith, Tel 01592 758252.

St. Andrews & NE Fife: Ross Circle

Grade B: 9 miles **Meet/Time:** FCPC at 08:45am or at 10:30am, parking 0.5mi west of Comrie ,crossing stone bridge off A85 into Ross Village **Map Ref:** 52/NN:767220 **Description:** Circular walk on tracks and minor roads with open views, lovely rivers, and points of interest. Can be muddy in places and some short steep sections (height gain 200m)

Leader: W. Aitken Tel 01334 470066 **Note:** No dogs please

Stirling & Falkirk: Drymen : Buchanan Castle and Garadhban Forest.

Grade C+: 8 miles; 4 hours. **Meet/Time:** LACP at 9.30 am or at Stirling Rd CP, Drymen at 10.15 am. Map Ref:57/NS:475886 **Description:** An undemanding walk on good paths and tracks around Buchanan Castle and Golf Club and in Garadhban Forest. **Ascent** 660 ft. **Note:** No dogs please.

Leader: Janette Seale. Tel 01786 447107. mobile 07709957317. email janette@philseale.co.uk.

Wednesday 5th September**Dunfermline & West Fife: Holl & Harperleas Reservoirs**

Grade C: 5 miles. 3 hours. 120m ascent. **Meet/Time:** LPRCP at 10.00 a.m. or Holl Reservoir CP at 11.00 a.m. **Map/Ref:** 58/NO:224035. **Description:** Circular walk on farm tracks and paths passing Harperleas Reservoir.

Leader: Maureen Paul. Tel 01383 727875. Mobile 07842 386718.

Friday 7th to Sunday 9th September**Blairgowrie: Weekend Away to Dinnet**

Grade N/A: N/A miles. **Meet/Time:** Please refer to the Group Newsletter for further details. Names of those wishing to attend should be submitted to Sean Galbally by 1st June. **Description:** Various walks around Dinnet and Loch Kinnord.

Leader: Sean Galbally. Tel 01250 874667 Email: seangalbally@talktalk.net. **Note:** No dogs please.

Saturday 8th September**Dalgety Bay: A Saunter Round Scone (200m ascent)**

Grade C+: 7 miles; 4.5 hours. **Meet/Time:** DBSCCP at 9.30 a.m. or Car Park at Scone Old Church at 10.30 a.m. Map Ref: 58/NO:131255. **Description:** Follow uphill tracks from Scone Den to McDuff's Monument and Lynedoch Obelisk. Return downhill via minor roads, golf course paths and path beside burn.

Leader: Audrey Price. Tel: 01383 824173. **Note:** No dogs please

Glenrothes: Gellyburn: Murthly Castle Estate

Grade: C+. **Distance:** 8 miles; hrs. **Meet/Time:** 10:00 am at LCCP or 11:00 am at Just South of the entrance to Murthley Castle Estate. Map Ref: 53/NO933393 **Description:** A nice Perthshire walk by Roman Bridge, River Tay and Murthley Estate Church: Dogs: NO; Children: NO.

Leader: M Laing, Tel 01337 832724. mlaing8338@aol.com

Perth: Hills around Mill Dam. Total Ascents approx. 175m.

Grade B+: 11 miles. **Meet/Time:** ASDACP at 9.15 a.m. or Cally CP, Dunkeld at 10.00 a.m. Map Ref: 53/NO:023437. **Description:** From Cally Car Park under Deuchary Hill over moorland to Mill Dam then back to Cally Car Park.

Leader: Mike Brown. Tel 01738 446330. Email mikebrown1957@btinternet.com **Note:** No dogs please.

Sunday 9th September**Dunfermline & West Fife: The Luss Hills**

Grade B+/A: 8 miles; 5-6 hours. 750m ascent. **Meet/Time:** LPRCP at 8.30 a.m. or at Luss CP (Visitor Centre) at 10.00 a.m. **Map/Ref:** 56/NS:359932. **Description:** Hill walk involving a horseshoe of 2000 ft+ summits by beautiful Loch Lomond. The route is mostly grassy but steep-sided, with some wet sections.

Leader: Grant Robertson. Tel 01383 729171. Mobile **07768 074065**.

Kinross and Ochil: Black Spout and Craigower Hill.

Grade C+: 8.5 miles. **Meet/Time:** RASCP at 9.00 a.m. or at Black Spout Car Park Pitlochry at 10.00 a.m. **Map/Ref:** 52/NN:951577. **Description:** Up through oak woodlands to a waterfall then across to the village of Moulin. Along the old north road and up to the Beacon Hill of Craigower. Beautiful views on a clear day. (ascent 300m) Circular route back to Pitlochry. **Note:** No Dogs please. Accompanied children welcome if fit.)

Leader: Andrew and Edna Burnett. Tel: 01577 862977.

Stirling & Falkirk: Ben Odhar or walk to Cononish Gold Mine (shhh!!) . (COACH)

Grade A/C+: 7 miles (both); 6/4 hours. **Meet/Time:** LACP at 9 am (NOTE EARLIER START) for COACH to Tyndrum. **(Please book by 3rd August. £12 to Ray.)** Map Ref:50/NN:328306.

Description: A steep, rocky ascent with no recognisable path but great views at the summit OR a short low level walk to Cononish Gold Mine returning by a different route. Length can be adjusted to suit. **After the walks we will all meet for a meal in the Ben More Lodge Hotel.** Ascent 800 m (A). **Note:** No children or dogs please.

Leader: Ray Finlay. Tel 01786 449135. mobile 07792549363. email rayfin_1@hotmail.com

Tuesday 11th September**Dundee: Balgavies Loch**

Grade C: 5.5 Miles; **Meet/Time:** OCCP 10am, Letham Square 10.30am Map Ref: 54/NO:528488. **Description:** Country path out of Letham to Balgavies Loch and return by the same route.

Leader: P Hargraves, L Mitchell. Tel. 01307 462882, 01241 431641

Thursday 13th September**Dalgety Bay: Roamers Walk – Townhill Loch**

Grade D: 4 miles; 2 hours. **Meet/Time:** Dalgety Bay Library at 10.00 a.m. or Townhill Loch CP at 10.30 a.m. Map Ref: 65/NT:103891. **Description:** A pleasant, easy walk on good paths around Townhill Loch on the north side of Dunfermline. **Note:** No dogs please.

Leader: Ken Wright. Tel: 01383 822358. Mob: 07535 386982. **Note:** No dogs please

Friday 14th September to Sunday 16th September**Dundee: Weekend in Kingussie**

Description: Star Hotel, Kingussie. 2 nights DBB £71 per person. Names to Pat ASAP and deposit of £25 per person to Pat by mid-April. Balance payable on arrival at hotel.

Leader: P Hargraves. Tel. 01307 462882

Friday 14th September - Monday 17th September**Stirling & Falkirk: Weekend in Windermere, Lake District.**

Leader: Rob Griffith. Tel 01259 729923. email robgriffith@live.co.uk.

Saturday 15th September 2012**Brechin: Loch Freuchie – Bus + Meal on Return Journey**

Grade C or C+: 7 or 8 miles. **Meet/Time:** Bus leaves SNSB at 8.30 a.m. En route pick up in Forfar will be arranged if required. **Description:** Level walk from Amulree village hall (map ref: 52/NN:900366) along Loch Freuchie to Turrerich. Return by same route or over Creag Bheag (600 m / 1,968 ft). **Note:** Bookings for bus & meal to walk leader by 1st September.

Leader: Moira Dunbar. Tel 01356 622327.



Forfar: Loch Ordie

Grade C+: 7 miles. Meet/Time: EGCP at 9.30 a.m. or Dowally (stretch of old road below the Craft Centre) at 10.45 a.m. Map Ref: 52/NO:002481. **Description:** Circular walk round Loch Ordie. Slight incline at start of walk. Optional high tea afterwards at Cargills, Blairgowrie. Names and £5 deposit for meal to walk leader by 2nd September.

Leader: Ann Davidson Tel 01307 464126.

Kirkcaldy: King's Seat, Tarmangie & Whitewisp Hills

Grade: B. **Distance:** 8.5 miles. **Meet/Time:** KRSN at 09.00 a.m. or Castle Campbell CP (Dollar) at 10.15 a.m. **Map Ref:** 58/NS:963993. **Description:** A circular walk taking in some of the finest hills in the Ochils. Splendid views make the effort worthwhile. **Note:** Children welcome if fit and accompanied by a responsible adult. NO dogs please.

Leader: Brian Clark Tel 01592 784553.

Perth: Craigower Walk – Pitlochry. Total Ascents approx. 500m.

Grade B: 8 miles. **Meet/Time:** ASDACP at 9.00 a.m. or Pitlochry Festival Theatre CP at 10.00 a.m. Map Ref: 52/NN:938576. **Description:** Pleasant walk with stunning views of Pitlochry and surrounding area.

Leader: Tom Ross. Tel 01821 650838. Email tomwoodville@aol.com **Note:** No dogs please.

St. Andrews & NE Fife: Letham Glen, Kilmux and Maggie Glen Circular

Grade C+: 9 miles **Meet/Time:** FCPC at 09:50am or at 10:30am at Letham Glen Car Park in Leven **Map Ref:** 59/NO:382017 **Description:** A country walk on farm tracks and woodland paths.

Leader: T. Hartshorne Tel 01337 857791 **Note:** No dogs please

Sunday 16th September**Dalgaty Bay: Beyond Ben Buck (1,000m ascent)**

Grade A: 10 miles; 7 to 7.5 hours. Meet/Time: DBSCCP at 9.30 a.m. or Upper Mill St. Tillicoultry at 10.30 a.m. Map Ref: 58/NS:914973. **Description:** The Law, Ben Cleuch, Ben Buck, new wind farm, Grodwell Hill, Andrew Gannel Hill. This is a strenuous walk with steep ascents and possible boggy sections. **All visitors please phone the leader before the walk.**

Leader: Ian Bruce. Tel: 01383 616062 Mob: 07415939512 **Note:** No dogs please.

Glenrothes: Newburgh: extended Fife Coastal Path

Grade: B. **Distance:** 8 miles; 4.5 hrs. **Meet/Time:** 9:30 am at LCCP or 10:00 am at Car Park at East end of Newburgh. Map Ref: 58/NO241182 **Description:** A circular walk using the new extended Fife coastal path. Note: Dogs: NO; Children: NO. The length and details are liable to change, please confirm with leader for exact details at time of walk.

Leader: I Graham, Tel 01592 773959. iangraham@blueyonder.co.uk

Strathtay: South of Kenmore Circular

Grade C: 8 miles. **Meet/Time:** GGCP at 8:30 a.m. or roadside south of Kenmore at 8:45 a.m. Map Ref: 52/NN:802427 **Description:** A circular walk along tracks (not shown on map) and moorland round Meall a'Choire Chreagaich.

Leader: John and Lily Fleming 01887 820575. **Note:** No dogs please.

Wednesday 19th September 2012**Brechin: Annual General Meeting**

St Andrews Church Hall at 7.00 p.m. Buffet and illustrated talk to follow.

Friday 21st September

Broughty Ferry:

Weekend Away - Drymen

Contact: Jim and Ruth Jack . Tel. 01241.855493

Saturday 22nd September

Blairgowrie:

Bankfoot to Dunkeld

Grade C+: 7.5 miles. **Meet/Time:** WCPB at 9.15 a.m. or North Car Park Dunkeld at 9.50 a.m. to catch bus to Bankfoot. Map Ref: 53/NO:025429. **Description:** Good tracks and paths most of the way. Via Gelly.

Leader: Philip Holmes. Tel 01828 633960. **Note:** No dogs please.

Dalgety Bay:

Musselburgh – Inveresk and the River Esk (minimal ascent)

Grade C: 6 miles; 4 hours. **Meet/Time:** DBSCCP at 10.00 a.m. or Fisherow Harbour CP at 11.00 a.m. Map Ref: 66/NT:334729. **Description:** A riverside walk through pleasant farmland and woodland and a short section of coast. Return via Inveresk. Afternoon visit to Inveresk Gardens (NTS) – free to members otherwise £3.00.

Leaders: K. and J. Wright. Tel: 01383 822358. **Note:** No dogs please.

Dundee:

Lade Braes - Craigton Park

Grade C: 6 Miles; **Meet/Time:** Tay Bridge Car Park 9.45am or 10.30am Pletherum Car Park St Andrews. On right entering St Andrews Map Ref: 59/NO:502169. **Description:** Easy walk on good tracks.

Leader: E Smith. Tel. 01382 581963, 07864697055. M Boyd. Tel. 01382 454424

Glenrothes:

Springfield: Rankeilour Estate Circular

Grade: C: Distance: 8 miles; 4.5 hrs. **Meet/Time:** 10:00 am at LCCP or 10:30 am at Public Hall, Springfield. Map Ref: 59/NO341119 **Description:** An easy walk in Rankeilour Estate following forest paths and rights of ways to Ladybank Woods. Note: Dogs: NO; Children: NO.

Leader: F Carroll, Tel 01333 427150. frances.carroll@virgin.net

Perth:

Stronachie – Black Hill circular. Total Ascents approx. 100m.

Grade C+: 6 miles. **Meet/Time:** ASDACP at 9.00 a.m. or On Milnathort – Stronachie/Path of Condie road at entrance to wood at 9.45 a.m. Map Ref: 58/NO:071078. **Description:** Mainly forest tracks and paths with some boggy marsh in parts. Good views, where trees have been cut down, to Loch Leven and surrounding hills.

Leader: Rachel Gillespie. Tel 01738 621016. Email rachelgillespie@talktalk.net **Note:** No dogs please.

Sunday 23rd September

Dunfermline & West Fife:

Burntisland, The Binn, Aberdour Circular

Grade C+: 8 miles 4.5 hours. 190m ascent. **Meet/Time:** Outside Beacon Leisure Centre, Lammerlaws Road, Burntisland at 11.00 a.m. **Map/Ref:** 367/NT:238858. **Description:** See historical parts of Burntisland, climb The Binn, country route to Aberdour. Return along coastal path. Good views.

Leader: Delia Cattell. Tel 01383 841434. Mobile 07751 039442. **Note:** Leader does not have a car. Lifts may be available from LPRCP only by arrangement.

Kinross and Ochil:

Hawkcraig Point, Silver Sands and the Heughs.

Grade C+: 6 miles; 3.5 hours. **Meet/Time:** RASCP at 9:30 a.m. or Aberdour Railway Station (off the A921) at 10.00 a.m. **Map/Ref:** 66/195855 **Description:** A walk along the Fife coastal path from Aberdour to Burntisland returning along a wooded hillside known as the Heughs. Two steep ascents which could be muddy in places. **Note:** Dogs: YES, Children: YES (if accompanied and fit)

Leader: Jan and Ivor Broadhurst. Tel: 01592 840374

Stirling & Falkirk: Linlithgow Circular

Grade B: 8 miles; 4½ hours. **Meet/Time:** LACP at 9.30 am or at St Ninians Way CP at 10.15 am. Map Ref:65/NS:998772. **Description:** Good pathways take us to Rosemount Park, Parkley Craigs, Beecraigs, Williamcraigs and return to town. We pass many historic sites and a house which held _ataste of a celebrated secret! **Note:** No dogs please.
Leader: Denis Taylor. Tel 07720885676. email denis45@tiscali.co.uk

Thursday 27th September**Kinross and Ochil: Dunbarney and Silver Walks, Bridge of Earn.**

Grade C: 4 miles. **Meet/Time:** RASCP at 9.30 a.m. or at Car Park inside Bridge of Earn public park (off station road) at 10.00 a.m. **Map/Ref:** 58/NO:130183 **Description:** Circular walk along quiet roads, footpaths and woodland tracks. Optional stop at coffee shop. **Note:** Dogs: YES.
Leader: Edna Burnett. Tel: 01577 862977

Stirling & Falkirk: Gartocharn and Ross Priory

Grade C: 7½ miles. **Meet/Time:** At start of walk at 10.15 am at Millenium Hall CP. (turn down minor road in Gartocharn opposite the House of Darroch, follow road round to right and CP is on right.) Map Ref:56/NS:428862. **Description:** A short climb to the top of Duncryne, followed by a walk to a viewpoint overlooking the Endrick Water, along to Ross Priory on Loch Lomond, and returning to Gartocharn on quiet roads. Ascent 120m. **Note:** No dogs please.
Leader: Phil Seale. Tel 01786 447107. mobile 07840957215. email phil@philseale.co.uk

Friday 28th to Sunday 30th September**Forfar: Pitlochry Weekend Away**

Walks will take place on Friday afternoon, Saturday morning and afternoon, and Sunday morning. Option to stay in Pitlochry Hydro for two nights (£129 DBB for two nights, tel 01796 47266) or choose other accommodation. Also option to join walks on a daily basis.
Contact: Evelyn Taylor Tel 01307 464890.

Saturday 29th September 2012**Brechin: Birnam**

Grade C+: 7 miles. **Meet/Time:** SNSB at 9.00 a.m. or Beatrix Potter Garden, Birnam, at 10.30 a.m. Map Ref: 52/NO:037414. **Description:** A circular walk via Rumbling Bridge and the Hermitage.
Leader: Frances Low. Tel 01356 625348.

St. Andrews & NE Fife: Lindores Loch Circuit

Grade C+: 5 miles **Meet/Time:** FCPC at 10:30am or at 11:00am, parking at Abdie Church, Grange of Lindores **Map Ref:** 59/NO:257167 **Description:** Walk circles loch via Old Abdie Kirk, Woodmill Mains, Cairneyhall & Lindores. 100m ascent on field margins, tracks & woodland .
Leader: P. Ritchie Tel 01334 653667 **Note:** No dogs please

Strathtay: Dun Coillich

Grade C: 7 miles. **Meet/Time:** GGCP at 8:30 a.m. or White Bridge on B846 at 8:45 a.m. Map Ref: 52/NN:773539 **Description:** A walk along tracks and moorland around Dun Coillich and Braes of Foss with views of Schiehallion.
Leader: Bob McLean 01887 820305. **Note:** No dogs please.

Sunday 30th September

Broughty Ferry:

Dollar to Glendevon..

Grade: C+: 9.5 Miles, 4.5 hours: **Meet/Time:** Dollar Glen Car Park (at old quarry) at 10.30a.m.
Description: Walk on tracks and paths from Dollar to Glendevon and return. Ascent 200m. (short section of road walking). Car Park sign posted from A91 in Dollar (at cross roads).
Leader: Alex Kelman Tel. Mob.07840732842 **Note:** No dogs please

Kirkcaldy:

Glenrothes – Leslie Circular

Grade: C. Distance: 6 miles. **Meet/Time:** KRSN at 09.30 a.m. or Lomond Centre CP (Woodside) at 10.00 a.m. **Map Ref:** 59/NO:285008. **Description:** Easy walk on paths and tracks. **Note:** NO children and NO dogs please.
Leaders: Dick & Marie Stenhouse Tel 01592 890698.

Perth:

Little Glenshee – Craig Gibbon. Total Ascents 170m.

Grade B: 9 miles. **Meet/Time:** ASDACP at 9.00 a.m. or Little Glenshee C.P. at 9.30 a.m. Map Ref: 52/NN:988340. **Description:** Tracks and paths uphill to Craig Gibbon Obelisk (384m) and summit. Good views if clear day. Return passes east end of Loch Tullybelton.
Leader: Lynn Salvin. Tel 01738 634628. **Note:** No dogs please.

Stirling & Falkirk:

Peebles: Rivers, Railways and Tunnels (COACH)

Grade C: 7 miles. . **Meet/Time:** LACP at 9 am for COACH to Peebles. (NOTE EARLIER START) (Please book by 2nd September £12 to Denis.) Map Ref: 73/NT:252403 **Description:** An interesting walk along the Tweed to Lynne Station and return taking in Neidpath Castle, rare skewed construction 1850's railway bridges and a 660yd long curving tunnel. (bring torch). Viewing some town centre landmarks if time allows. No dogs, please
Leader: David Ross email diddydave.ross@googlemail.com **Contact:** Denis Taylor. Tel 07720885676. email denis45@tiscali.co.uk



Forth Valley, Fife & Tayside Area Honorary Officials

The following officials were elected at the Area AGM on 28th January 2012 in Scone.

Convener

Alan Bridges, 5 Mayfield Gardens, Milnathort, KY13 9GD.

tel 01577 866813, e-mail alan_bridges@sky.com

Vice-Convener

Betty Barton 15 St Margaret Wynd, Dunfermline, Fife KY12 0UT

Tel 01383 725859: e-mail info@glenrothesramblers.co.uk

Secretary

Ben Douglas, 17 Longhill Gardens, Dalgety Bay, KY11 9SG

tel 01383 822715, e-mail bendoug@tiscali.co.uk

Membership Secretary

Colin Thomson, 7 Bellfield Rd, Stirling, FK8 2AN

Tel: 01786 826755, e-mail hilarydthomson@gmail.com

Treasurer

Mike Gray, 30 Branziert Rd North, Killearn, Stirlingshire G63 9 RF

tel 01360 550962, mobile 0797 9993614, e-mail mike.gray@linktech.co.uk

Footpath & Access Officer

John Andrews, 1 Maxtone Court, Luncarty, Perth PH1 1FF

Tel: 01738 827275, email johnandrews555@btinternet.com

Countryside Secretary

Vacant

Publications Secretary

Trevor Abell, 8 Culteuchar Road, Ardargie, Forgandenny, Perth PH2 9QE

Tel 01738 813123, e-mail trevor.abell@ambamail.com

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Ian Bruce, 4 Spencerfield Cottages, Dunfermline, KY11 9LA

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Advertising Officer

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e-mail: ramblers@ramblers.org.uk web: www.ramblers.org.uk

If you are changing/correcting your name or address or changing group then you need the Membership Department or www.ramblers.org.uk/membership/membermail.htm

RA Scotland

Kingfisher House, Auld Mart Business Park, Milnathort, Kinross, KY13 9DA

Tel: 01577 861222, Fax: 01577 861333

e-mail: scotland@ramblers.org.uk web: www.ramblers.org.uk/scotland

Group Secretaries (correct January 2012)

| | |
|------------------------------------|---|
| Blairgowrie | Patricia Fraser "Cruachan" Golf Course Road, Blairgowrie PH10 6LQ Tel 01250 873577 e-mail patriciafraser@btinternet.com |
| Brechin | June Greig 51 Glenogle St., Montrose DD10 9AF Tel 01674 676413 |
| Broughty Ferry | Sandra Haworth 1A Drummond Street, Dundee DD3 6LL Tel 01382 202784. |
| Dalgety Bay | Rose Nutt 7 Carraig Place, Dalgety Bay, Fife KY11 9ST Tel 01383 822669; e-mail paul@thenutts.plus.com |
| Dundee | Moira Dobson No 2 West Dennison Road, Dundee DD4 7DL Tel 01382 459543; e-mail moira.dobson@tiscali.co.uk |
| Dunfermline & West Fife | Paul D'Mello 54 Glen Nevis Drive, Dunfermline, Fife KY11 4QT Tel 01383 740495. e-mail pauldmello@btinternet.com |
| Forfar | Miss Ann Davidson – 67 Glenogil Terrace, Forfar, DD8 1NF Tel 01307 464126; e-mail mad48@talktalk.net |
| Glenrothes | Betty Barton 15 St Margaret Wynd, Dunfermline, Fife KY12 0UT Tel 01383 725859; e-mail info@glenrothesramblers.co.uk |
| Kinross & Ochil | Jacqui Ritchie 5, Mayfield Gardens, Milnathort, Kinross, KY13 9GD Tel 01577 866813. e-mail jac_ritchie@sky.com |
| Kirkcaldy | Joan White 95 Ravensraig, Kirkcaldy, Fife KY1 2PX Tel 01592 204650: e-mail JoanWhite996@aol.com |
| Perth | Trevor Abell 8 Culteuchar Road, Ardigie, Forgandenny, Perth PH2 9QE. Tel 01738 813123; e-mail trevor.abell@ambamail.com |
| St Andrews & NE Fife | Iain Anderson 45, Temple, Lower Largo, Leven, KY8 6JH Tel 01333 329139. email g_i_anderson@tiscali.co.uk . |
| Stirling & Falkirk | Jacci Cameron 17 Buchany, Doune, Perthshire, FK16 6HD Tel 01786 841178. |
| Strathtay | Bill Bruce (Treasurer) – Boltachan House, Strathtay Rd, Aberfeldy PH15 2LA Tel 01887 829753; e-mail bill_1_bruce@btinternet.com |

Group Web Sites

| | |
|-------------------------|--|
| Dalgety Bay | dalgetybayramblers.btck.co.uk |
| Perth & District | perthramblers.blogspot.com |
| Glenrothes | www.glenrothesramblers.co.uk |
| Kinross & Ochil | www.koramblers.org |
| Dunfermline & West Fife | dwframblers.btck.co.uk |



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If you are walking with a group other than your own:

- ➔ Phone the walk leader and confirm the meeting place and time.
- ➔ Leave your full name, address and telephone number in the walks book.
- ➔ Tell the walk leader if you have any relevant medical condition.
- ➔ Socialise, particularly if there is a large number of you from another group.
- ➔ Don't leave the walk without telling the walk leader.
- ➔ Thank the walk leader at the end of the walk.



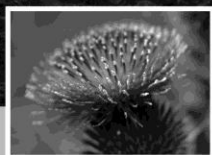
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