

# Albinism

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Albinism refers to a group of inherited abnormalities of melanin synthesis resulting in congenital hypopigmentation. It involves the skin, hair, and eyes (oculocutaneous albinism) or may be limited primarily to the eyes (ocular albinism). The estimated frequency of affected individuals in the USA is approximately 1/17,000.

## GENETICS/BASIC DEFECTS

1. Classification of albinism (genetic heterogeneity)
  - a. Oculocutaneous albinism (OCA): a common phenotype for a group of recessive genetic disorders of melanin synthesis. Mutations in at least 12 genes are responsible for this phenotype. Mutations in OCA-related genes result in reduction of melanin synthesis by the melanocytes
    - i. Common types of OCA with cutaneous and ocular hypopigmentation without significant involvement of other tissue
      - a) Oculocutaneous albinism 1 (OCA1): subdivided into OCA1A, OCA1B, OCA1ts
      - b) Oculocutaneous albinism 2 (OCA2)
      - c) Oculocutaneous albinism 3 (OCA3)
    - ii. Less common types of OCA with more complex manifestations
      - a) Hermansky-Pudlak syndromes
      - b) Chediak-Higashi syndrome
  - b. Ocular albinism
    - i. Ocular albinism 1 (OA1): X-linked recessive
    - ii. Autosomal recessive ocular albinism (AROA)
2. Molecular defects causing albinism
  - a. OCA1 (tyrosinase related albinism)
    - i. Caused by mutations of tyrosinase gene (*TYR*) located at 11q14-21
    - ii. Several different types of mutations to the tyrosinase gene (missense, nonsense, and frameshift) are responsible for producing OCA1A and OCA1B
    - iii. OCA1A (tyrosinase negative albinism with inactive enzyme) produced by null mutations of the *Tyr* gene
      - a) 0% tyrosinase enzyme activity
      - b) Over 100 mutations spanning all parts of the gene reported
      - c) Compound heterozygotes with different maternal and paternal alleles in majority of patients
    - iv. OCA1B (tyrosinase related albinism with partially active enzyme) produced by leaky mutations of the *Tyr* gene
      - a) "Yellow" form of albinism with 5–10% activity of tyrosinase
      - b) A base substitution within the gene may result in reduced rather than completely abolished enzyme activity
      - v. OCA1ts (tyrosinase related albinism with thermolabile enzyme)
        - a) A temperature sensitive tyrosinase is only partly functional
        - b) The first reported cases had a missense substitution within the tyrosinase gene
    - b. OCA2 (tyrosinase positive albinism)
      - i. *OCA2* gene: the pink-eye dilution gene (*p*) located at 15q11-13
      - ii. Caused by mutations of the *P* gene on the chromosome 15, homologous to the mouse pinked-eye dilution, or *P* gene
      - iii. The mutated region is also deleted in Prader-Willi syndrome (PWS) and Angelman syndrome (AS), accounting for close linkage of OCA2 to PWS and AS
    - c. OCA3 (Brown albinism)
      - i. *OCA3* gene: tyrosinase-related protein-1 gene (*TRP1*) located at 9p23
      - ii. The gene homologous to the mouse "brown" gene
      - iii. Mutation of the gene possibly synergistic with a polymorphism or partially active mutation in OCA1 or OCA2
    - d. OA1 (X-linked ocular albinism)
      - i. *OA1* gene located at Xp22.3-22.2
      - ii. Intragenic deletions, frameshift mutations, and point mutations identified
    - e. OAR (autosomal recessive ocular albinism)
      - i. Gene mapping: 6q13-q15
      - ii. May not be a clinical entity
      - iii. Tyrosinase in some cases
      - iv. P protein in some cases
    - f. Hermansky-Pudlak syndromes (HPS): a group of related disorders
      - i. Hermansky-Pudlak syndrome 1 is caused by mutations of the *HPS1* gene which is localized to 10q23
      - ii. HPS2 gene was localized to 5q13. Hermansky-Pudlak syndrome 2 is caused by mutation of the *APBI* gene, which is localized to 5q13, resulting in a defect in adapter complex 3 AP-3,  $\beta$ 3A subunit
    - g. Chediak-Higashi syndrome: defect in *CHSI* gene (lysosomal trafficking regular gene *LYST*) located at 1q42.1-q42.2
  3. Pathophysiology
    - a. Melanin in the skin
      - i. Melanin, a photoprotective pigment in the skin, absorbs UV light from the sun, thus preventing skin damage
      - ii. Normal skin tans upon sun exposure due to increased melanin pigment in the skin
      - iii. Patient with albinism developing sunburn because of the lack of melanin

- b. Consequence of the absence of melanin during the development of the eye
    - i. Hypoplasia of fovea
    - ii. Alteration of neural connections between the retina and the brain
  - c. Melanin pathway
    - i. Consisting of a series of reactions that converts tyrosine into 2 types of melanin, black-brown eumelanin and red-blond pheomelanin
    - ii. Tyrosinase: a major enzyme in a series of conversions to melanin from tyrosine and it is also responsible for converting tyrosine to DOPA and then to dopaquinone, which subsequently converts to either eumelanin or pheomelanin
    - iii. Two other enzymes involved in the formation of eumelanin: tyrosinase-related protein 1 (TRP1, DHICA oxidase) and tyrosinase-related protein 2 (TRP2, dopachrome tautomerase). Mutation of the TRP1 results in OCA3; mutation of the TRP2 does not cause albinism
    - iv. P protein, a melanosomal membrane protein, believed to be involved in the transport of tyrosine prior to melanin synthesis. Mutation of this P gene causes OCA2
  - 4. Pathogenesis of the ocular features
    - a. Development of the optic system highly dependent on the presence of melanin
    - b. Ocular features appear if melanin is reduced or absent
    - c. Mechanisms
      - i. Misrouting of the retinogeniculate projections resulting in abnormal decussation of optic nerve fibers
      - ii. Sensation of photophobia and decreased visual acuity caused by light scattering within the eye
      - iii. Light-induced retinal damage postulated as a contributing mechanism to decreased visual acuity
      - iv. Foveal hypoplasia: the most significant factor causing decreased visual acuity
        - i. Classic tyrosinase-negative OCA phenotype
        - ii. Most severe form of OCA
        - iii. White hair and white skin that does not tan
        - iv. Blue and translucent irides that do not darken with age
        - v. Foveal hypoplasia
        - vi. No tanning potential
        - vii. At risk for sun burning and skin cancer
        - viii. Diminished visual acuity as low as 20/400
        - ix. Photophobia and nystagmus worst in this subtype
  - c. Oculocutaneous albinism 1B (OCA1B)
    - i. Yellow mutant type OCA, referred to as Amish albinism, or xanthous albinism
    - ii. Variable pigmentation ranging from very little cutaneous pigmentation to nearly normal skin pigmentation
    - iii. Increased skin, hair, and eye pigment with age and tan with sun exposure
    - iv. Yellow hair pigment develops in the first few years of life and continuously accumulates pigment, principally yellow-red pheomelanin, in the hair, eyes, and skin in the later life
    - v. Decreased visual acuity improving with age
  - d. Temperature-sensitive albinism (OVA1ts)
    - i. A subtype of OCA1B
    - ii. Mutation of the tyrosinase gene that produces a temperature-sensitive tyrosinase enzyme
    - iii. The heat-sensitive tyrosinase enzyme activity is approximately 25% of the normal tyrosinase activity at 37°C. The activity improves at lower temperatures
    - iv. Dark hair pigment in the arms and legs (cooler areas of the body) while axillary and scalp hair remains white
    - v. Pigment is absent in the fetus because of high fetal temperature
3. Oculocutaneous albinism 2 (OCA2)
  - a. Tyrosinase positive OCA
  - b. Incidence: approximately 1 in 15,000 individuals
  - c. Most prevalent type of albinism in all races and especially frequent among African-American population (1 in 10,000)
  - d. Phenotypic variability
    - i. Ranging from absence of pigmentation to almost normal pigmentation
    - ii. Absence of black pigment (eumelanin) in the skin, hair, or eyes at birth
    - iii. Gradual development of pigmentation with age
    - iv. Increased pigmentation resulting in improved vision
4. Oculocutaneous albinism 3 (OCA3)
  - a. Previously known as red/rufous OCA
  - b. Incidence of the disease unknown
  - c. Phenotype in African patients
    - i. Light brown skin and hair
    - ii. Blue-brown irides
    - iii. Ocular features not fully consistent with diagnosis of OCA (no iris translucency, nystagmus, strabismus, or foveal hypoplasia)
  - d. Phenotype in Caucasians and Asians: not known

## CLINICAL FEATURES

- 1. General clinical features of albinism
  - a. Skin, hair, and eye discoloration caused by abnormalities of melanin metabolism (might not be obvious in ocular albinism)
  - b. Reduced visual acuity due to foveal hypoplasia
  - c. Translucent iris due to reduction in iris pigment
  - d. Visible choroid vessels due to reduction in retinal pigment
  - e. Photophobia due to iris pigmentary abnormalities
  - f. Anomalous visual pathway projections due to misrouting of the optic nerves at the chiasm
  - g. Nystagmus due to abnormal decussation of optic nerve fibers
  - h. Alternating strabismus
    - i. Hyperopia, myopia, and astigmatism
- 2. Oculocutaneous albinism 1 (OCA1)
  - a. Incidence: approximately 1 in 40,000 individuals
  - b. Oculocutaneous albinism 1A (OCA1A)
    - i. Incidence: approximately 1 in 15,000 individuals
    - ii. Most prevalent type of albinism in all races and especially frequent among African-American population (1 in 10,000)
    - iii. Phenotypic variability
      - i. Ranging from absence of pigmentation to almost normal pigmentation
      - ii. Absence of black pigment (eumelanin) in the skin, hair, or eyes at birth
      - iii. Gradual development of pigmentation with age
      - iv. Increased pigmentation resulting in improved vision

5. Ocular albinism 1 (OA1)
  - a. X-linked recessive OA (XLOA)
  - b. Incidence of the disease approximately 1 in 50,000 individuals
  - c. Extreme variability in clinical expression
  - d. Involving eyes only
    - i. Decreased visual acuity
    - ii. Refractive errors: typical findings
      - a) Hypermetropia
      - b) Astigmatism
    - iii. Hypopigmentation of the fundus and the iris
    - iv. Absent foveal reflex (foveal hypoplasia)
    - v. Congenital nystagmus
    - vi. Photophobia
    - vii. Strabismus
    - viii. Iris translucency
    - ix. Posterior embryotoxon
    - x. Loss of stereoscopic vision due to misrouting of the optic tracts
  - e. Normal skin
  - f. Male manifesting complete phenotype
  - g. Carrier females
    - i. Normal vision
    - ii. Hypopigmented streaks (characteristic patchy hypopigmentation as a result of mosaic inactivation of the affected X chromosomes) in the periphery
    - iii. Marked iris translucency
  - h. Severity depending on ethnic background: less severe in races exhibiting very dark constitutive skin pigmentation than those more lightly pigmented
6. Autosomal recessive ocular albinism (OAR)
  - a. Children with ocular features of albinism and normal cutaneous pigmentation born to normally pigmented parents
  - b. Classified as autosomal recessive because both males and females are affected
  - c. Not considered a clinical entity
7. Hermansky-Pudlak syndrome
  - a. A group of related disorders
    - i. Common oculocutaneous albinism
    - ii. A platelet storage disorder
    - iii. Ceroid-lipofuscin lysosomal storage disease
  - b. An autosomal recessive disorder with very variable expression
  - c. Incidence of the disease rare, except in Puerto Rico where its frequency is 1 in 1800 individuals
  - d. Bleeding diathesis resulting from a platelet storage pool deficiency
  - e. Ceroid storage disease
    - i. Accumulation of a Ceroid-lipofuscin material in various organ systems
    - ii. Pulmonary fibrosis
    - iii. Granulomatous colitis and gingivitis
    - iv. Kidney failure
    - v. Cardiomyopathy
8. Chediak-Higashi syndrome
  - a. An autosomal recessive disorder with variable expression
  - b. Consisting of a very rare group of conditions
  - c. Severe immune disorder
    - i. Abnormal intracellular granules in most cells, especially white cells
    - ii. Susceptible to bacterial infections
    - iii. Defective neutrophils function
    - iv. Episodes of macrophage activation known as accelerated phases:
      - a) Fever
      - b) Anemia
      - c) Neutropenia
      - d) Occasionally thrombocytopenia
      - e) Hepatosplenomegaly
      - f) Lymphadenopathy
      - g) Jaundice
  - d. Hypopigmentation of skin, hair, irides, and ocular fundi
  - e. Bleeding diathesis
    - i. Easy bruising
    - ii. Mucosal bleeding
    - iii. Epistaxis
    - iv. Petechiae
  - f. Eye symptoms
    - i. Photophobia
    - ii. Nystagmus
    - iii. Reduced stereoacuity
    - iv. Strabismus
  - g. Often succumb during childhood to severe viral and bacterial infections, bleeding or development of the accelerated phase
  - h. May develop a peripheral and cranial neuropathy in survivors
    - i. Autonomic dysfunction
    - ii. Weakness and sensory deficits
    - iii. Loss of deep tendon reflexes
    - iv. Clumsiness with a wide-based gait
    - v. Seizures
    - vi. Abnormal EEG
    - vii. Abnormal EMG with decreased motor nerve conduction velocities

## DIAGNOSTIC INVESTIGATIONS

1. Ophthalmologic examination for detection of reduced retinal pigment with visualization of the choroidal blood vessels (OCA1) and foveal hypoplasia
2. Visual acuity reduction
3. Hair bulb incubation assay for tyrosinase activity
  - a. OCA1A: no tyrosinase activity
  - b. OCA1B: greatly reduced activity of tyrosinase but still present
4. Visual-evoked potential (VEP): an accurate diagnostic test for albinism by demonstrating an asymmetry of VEP between the two eyes secondary to misrouting of optic pathways
5. Electron microscopy of skin and hair bulb: not routinely performed but probably the best diagnostic method for albinism
6. Ultrastructural examination of skin: The presence of macromelanosomes in the skin is considered specific for OA1
7. Molecular genetic analysis

- a. Genetic sequence analysis of the tyrosinase (*TYR*) gene to differentiate between various forms of albinism
    - i. Rarely used for confirmatory diagnostic testing
    - ii. Most commonly used for carrier detection
    - iii. Prenatal diagnosis
  - b. Molecular genetic testing is available clinically by sequencing of the entire coding region of mutation scanning of *OCA1* gene
  - c. Testing for the 2.7-kb deletion found in individuals of African heritage: available clinically. Sequence analysis of the *OCA2* gene is available on a research basis
  - d. Molecular genetic testing of the gene *OAI* is available clinically and detects mutations in >90% of affected males
8. Hermansky-Pudlak syndrome
    - a. Simple blood clotting tests
    - b. Electron microscopic examination of platelets for identification of the absence of dense bodies (delta granules)
  9. Chediak-Higashi syndrome
    - a. Blood smear: identification of neutrophils containing giant cytoplasmic granules
    - b. Defective neutrophils chemotaxis or killing
    - c. Prolonged bleeding time caused by impaired platelet function
3. Management
    - a. Albinism
      - i. Skin care: avoid prolonged sun exposure to protect skin from ultraviolet radiation and minimize the risk of malignancy
        - a) Protective clothing
        - b) Sun screens
      - ii. Ophthalmologic care
        - a) Use of sunglasses for photophobia
        - b) Correction of refractory errors secondary to hyperopia, myopia, or astigmatism to improve visual acuity
        - c) Considering strabismus surgery for better ocular alignment
      - iii. Ensure full benefits of a good education
        - a) Provide large print textbooks
        - b) Seating at the front of classroom
    - b. Hermansky-Pudlak syndrome
      - i. Treat extreme bleeding diathesis with platelet and blood transfusions
      - ii. High dose of steroids for Granulomatous colitis or pulmonary fibrosis
    - c. Chediak-Higashi syndrome
      - i. Treat infections
      - ii. Bone marrow transplantation: improves immunological status but no effect on ocular and cutaneous albinism

## GENETIC COUNSELING

1. Recurrence risk
  - a. Patient's sib
    - i. Autosomal recessive oculocutaneous albinism: 25% recurrence risk of being affected
    - ii. X-linked recessive ocular albinism:
      - a) If the mother is a carrier: 50% of brothers affected and 50% of sisters carriers
      - b) If the mother is not a carrier: The recurrence risk is low but still exists since the risk of germline mosaicism in mothers is not known but is likely rare
  - b. Patient's offspring
    - i. Autosomal recessive oculocutaneous albinism: recurrence risk not increased unless the spouse is also a carrier in which case, there is a 50% recurrence risk (as in the pseudodominance)
    - ii. X-linked recessive ocular albinism: none of the sons will be affected; all daughters will be carriers
2. Prenatal diagnosis
  - a. Genetic sequence diagnosis possible on fetal DNA obtained from amniocentesis or CVS for pregnancies at 25% risk when the disease-causing mutations of the *TYR* gene in an affected family member is known
    - i. *OCA1*: available clinically in families with an identified *OCA1* mutation
    - ii. *OCA2*: possible in families with an identified *OCA2* mutation
    - iii. *XLOA*: available clinically in families with an identified *OAI* mutation
  - b. Fetoscopy (a high risk procedure) to obtain fetal skin biopsy to demonstrate the lack of melanin in skin melanocytes: an invasive procedure not recommended clinically

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**Fig. 1.** Oculocutaneous albinism in different age groups including one set of identical twins.