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VOL. 42, NO. 49

7400 WAUKEGAN RD, NILES, IL 60714

# From the Left

by Bud Besser

Hand

During this rite of spring, graduation-time, every ceremony has a guest speaker. Profound thoughts about the future, unending opportunities and "you can be anything you want to be - do anything you want to do," come down from the speaker's platform in an avalanche of words which are forgotten before they reach the middle row of sitting graduates.

On C-Span TV Monday night, good old Kurt Vonne-gut addressed graduates from Agnes Scott College, a small girls school down south in

Vonnegut, whose Slaughterhouse 5 novel is to today's students what Salinger's Hemingway's and Fitzge-rald's novels were to past generations, is a silly, funny uninhibited speaker who says whatever comes to mind. He speaks in non-sequitors. He quotes Robert Browning only changing the gender in Browning's most quoted

Vonnegut spoke for 45 minutes, some gibberish. some shocking bits of trivia, Continued on Page 28

# INSIDE:

Health Page 6

Women Page 8

Community Calendar Page 10

**Home Style** Page 25

## 24 hour Shell station approved by Village

by Lisa Ashkenaz Croke Commonwealth Edison commercial customers will soon have the opportunity to select a differ-

ent power provider.
Niles Board trustee Louella Preston reported at last Tuesday's village board meeting that a resolution was passed at the Northwest Municipal Conference implementing a lottery "to determine which non-residential customers want the option to choose a power supplier."

Preston said that a jurisdiction that wins the lottery will not be re-Continued on Page 28

# Village of Niles 1999 Branch Pickup Service

The Village of Niles will again offer branch pickup service this year to residents. The branch pickup runs through September, and is provided to residents once per month according to the following schedule.

For residents living East of Milwaukee Avenue, pickup begins on the First Monday of each month and continues through that week. Residents should place their branches at the curb on the

nue in Des Plaines. Although police at the time of

ly been solved.

er's lane.

Des Plaines police announced

May 24 that James Justin Thivel.

27, was arrested at his job at a floral delivery company in Med-ford, Ore., for the 1996 murders

The next day, Skokie police

Eva Caudell, 20, of Joliet and

Robert Farberger, 24, of Wheel-

ing were both shot several times

in the head Jan. 10, 1996, as they

sat in a parked car on Prairie Ave-

announced that Ralph Andrews, 54, has been charged with the

kie weedpatch in 1977.

#### Continued on Page 29 Dist. 219 balances the books--for now at least

by Rosemary Tirio Despite dire projections of a \$20 million shortfall by the 2005-06 school year that led officials to consider selling Niles North High School in an effort to raise money, the District 219 ended the year with books balanced and prospects for remaining within their \$71 million budget for the

coming year.

How has the district gone from the brink of disaster to a more Continued on Page 28

# **Morton Grove Meeting Notice**

The Village Board of Trustees has scheduled a workshop for 5 p.m. on Monday, June 7 in the Trustee's conference room on the second floor of the Richard T. Flickinger Municipal Center, 6101 Capulina Avenue, Morton Grove.

To review a report from the Village's Computer Committee on the consultant's System Report. There may also be an Execu-tive Session to discuss property Des Plaines Police charge Oregon man in 1996 slaying; Skokie Police accuse inmate of 1977 murder

# Local police solve murders from '96, '77

for the police departments in Sko-kie and Des Plaines which an-kie and Des Plaines which an-Police Department, said Thivel nounced on successive days that two long-ago murders have final-

Last week was a banner week the murders said they had few was a suspect from the beginning

# MG planning second TIF development

by Rosemary Tirio

of a young couple as they sat in a parked car in a Des Plaines lovrape and murder of 16-year-old Chicago babysitter Susan Clarke whose body was found in a Sko-

along with some retail businesses determine the actual area to be enis planned for the area, close to compassed in the TIF district, ac-

Trkla, Pettigrew, Allen and

Morton Grove officials are Payne, Inc. studying the feasibility of a sec- The resolution calling for the ond tax increment financing dis- hiring of the consultant includes trict roughly in the area between mention of the village's intent to Lehigh and Ferris avenues just launch the redevelopment project south of the metra station, run- in the Ferris/Lehigh area. Consulning north and ending just south of Dempster Street. tation fees are to be limited to \$29,000 for the study, which is to A condominium development be done in three phases and will

The proposed TIF project, the The Village Board approved a second in the village, may in-feasibility study by the firm of volve a half-dozen single-family Continued on Page 28

# Pioneer Park Ribbon Cutting Ceremony



Niles Park District celebrated the opening of the new Pioneer Park at 7135 N. Harlem Avenue with a Ribbon Cutting Ceremony and Open House on Sunday, May 16. Niles Park District and the Village of Niles worked together through a cooperative effort to create the new park for the entire community. The opening of Pioneer Park was a exciting event for the Niles Park District Commissioners, Mayor, Village Trustees and the entire staff.

Shown left to right: Front row: Commissioner Bill Terpinas; Commissioner Val Engelman; Executive Director Joseph LoVerde, Jr; Vice President Elaine Heinen; President Charles Barbaglia; mayor Nicholas Blase; Village Trustee Tom Bondi; Village Manager Abe Selman. Back Row: Commissioner Jim Hynes; Village Trustee Andrew Przybyło; Village Trustee Robert Callero.

TOTAL STREET, TERRITARY TRANSPORTEDOR

scribed medication, vitamins, herbs and other supplements mean better health and living. Sometimes, however, certain medicines and herbs can react with each other producing dangerous results. Pharmacist Steve Bond, R.Ph., from Nessett Pharmacy in Park Ridge will explain the difference between many supplements and how they are best used with regular medications.

"Steve's friendly manner goes a long way in helping people understand the importance of intelligent and educated use of the wide variety of products available at the drug store these days," said Donna Anderson, Maine Township Director of Disabled Services. "Steve's been a pharmacist for 25 years, has developed wellness programs and has been a nutritional consultant for the past 3 years."

The meeting is scheduled for June 3, from 7 p.m. to 9 p.m. at the Maine Township Town Hall, 1700 Ballard Road in Park Ridge. There is plenty of free parking

A-SCIP, originated as "Amputees and Spinal Cord Injured Persons" and targets people with any physical disability. A-SCIP meetings are designed to offer participants an opportunity to discuss various disability-related prob- 328-0313.

For many people, taking pre-cribed medication, vitamins, ing, health related issues, relationships and other topics.

The Town Hall is handicapped accessible, and an interpreter will be present. For additional information, contact Donna Anderson at (847) 297-2510. TTY access via (847) 297-1336.

## Lilac Tree to hold benefit at Borders in Deerfield

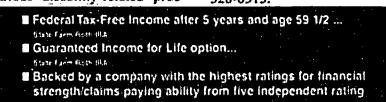
by Rosemary Tirio The Lilac Tree, a non-profit organization providing legal, emotional and financial services to women undergoing divorce, will kick off a fund-raising event at Borders in Deerfield with "Wom-

3 p.m. to 4 p.m. June 11. Divorce attorney Burton Hochberg, J.D., and mediator and sychotherapist Karen Bloomberg, Ph.D., will discuss what to expect during the divorce process, selecting an attorney, knowing your rights and controling your case.

en and the Divorce process" from

A question-answer session will also be included. The fund-raiser will continue June 12 and 13. Borders is locat-

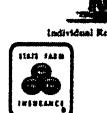
ed at the southeast corner of Waukegan and Lake Cook roads. For more information, call and share methods of coping with Carol Patinkin, director, at (847)

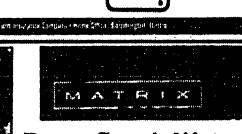


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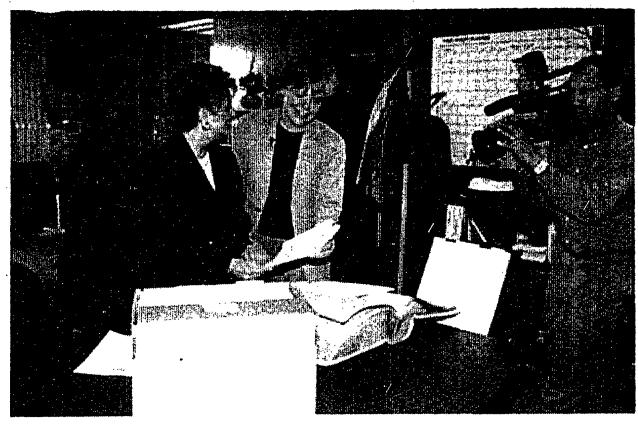
Long hair \$10 add.

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# Aurelia Pucinski and Carol Marin look over documents



Cook County Circuit Court Clerk Aurelia Pucinski (left) and WBBM-TV Investigative Reporter Carol Marin, view historical documents at the Clerk's Records Center in Chicago. "I love showing off the archives because people don't realize what valuable things we have here, " said Pucinski. Marin and a film crew from Channel Two interviewed Pucinski about the Records Center for a recent news program.

There are records dating back to the Great Chicago Fire and include, divorce, and probate proceedings, as well as criminal, civil, law, chancery and traffic violation cases.

# **Precious Moments Care-A-Van** to arrive in Niles

The Precious Moments Care- cial features of the more than A-Van will pull into Niles on Sunday, June 13, as part of its nationwide tour to raise awareness about hunger and collect food do- a local food bank! In addition, visnations for Second Harvest Food

Bank. In the true spirit and inspiration behind the Precious Moments Collection, the Care-A- any monetary contribution to Van will stop in more than 80 cit- Second Harvest at Euorpean Imies throughout its eight-month ports, 7900 N. Milwaukee Avetour in an effort to collect 60,000 nue, Niles on Sunday, June 13, pounds of food helping to provide food for 60,000 people -- making it the largest, continuous food

Visitors can tour the 53-foot- nizable gift and collectible lines. long traveling museum which The teardrop-eyed porcelain

1,400 Precious Moments figu-Sam Butcher, have touched milrines and are invited to make food lions of people's lives for more donations, which will be given to than 20 years, helping to convey heartfelt emotions and celebrate itors will receive orange ribbons, personal milestones from birthdays and weddings to report cards an official symbol of domestic and graduations. hunger, with a food donation or

The Precious Moments Care-A-Van will continue to spread the Collection's message of "Loving. Caring, Sharing," as it drives cross-country from April to November for Second Harvest, the nation's largest, charitable, hunger-relief organization.

For more information, please contact Betsy Berger or Sarah Taylor at 630-932-4242.

# brings to life the history and spe- bisque figurines that bear senti-Heidi's

The Precious Moments Collec-

tion by Enesco is one of the

world's most popular and recog-

from 12 to 5 p.m.



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**Northwest Italian** American Society officers



A new slate of officers was inducted at the Northwest Italian American Society installation dinner in April. The new inductees are: President: Thomas Parala; Vice President: Emil Bertolini; Secretary: Anthony Guarnaccio; and Sargent of Arms: Peter Bomicino.

The Northwest Italian American Society welcomes members of any ethnic origin and all walks of life. Our purpose is to help others in need and to share our knowledge. Several annual social events provide fun and entertainment as well. The club has a membership drive to encourage young and old to join and share in its activities and camaraderie.

A new club directory is coming out soon. Join now so your name can be printed in the 1999 directory. Call Nick Gargano at (847) 647-0400, ext. 241 for information

# **Niles Public Library** events for children

ing events for children of all ages this June. The following programs are open to all Niles Public Library District residents. Games and Fun for All!

THE BUGLE, THURSDAY, JUNE 3, 1999

We will have several events and contests for all of you game lovers out there, starting with a yo-yo demonstration and instruction session given by Barry North Yo-Yo Man on Tuesday, June 15th at 1 p.m. Yo-yo's will be available for sale at this event for \$5. We have also invited marble expert Bob Frede to demonstrate games to play with marbles, on Wednesday, June 30th at 3 p.m. Tickets are required for both programs and can be picked up in the Children's Department beginning Monday, June 7th. We will also have a free-play Jukebox available in the children's department during the week of June 21st, and a free-play Pinball machine the following week of June

Younger Children Drop-in family storytimes will resume for the summer from June 17th through July 29th on Thursday mornings at 10 a.m. No registration is required for these sessions, just drop-in!

Older Kids Enjoy a summer day at the library Sixties style! Drop-by on Thursday, June 17th from 11 a.m.

The Children's Department of to 2 p.m. to tie-dye, have your the Niles Public Library is offer- face painted, and listen to tunes of the era, outside in the sun. (Note: if you would like to tie-dye bring a pre-washed, 100% cotton t-shirt or bandana). Then test your flexibility in our Twister and Hula Hoop contest on Tuesday, June 22<sup>nd</sup> at 7 p.m. Those interested in

competing should sign-up by

The same and the same and the same of the

The children's department will be showing the movie Mighty Joe Young in the large meeting room of the library at 1 p.m. on Wednesday, June 23rd. Tickets will be available for this showing on the day of the show from the children's desk.

For details, call Kristin Arnold in the Children's Services Department at (847) 663-6622.

## Niles Squares last call

"The Niles Squares" are having their last dance of the season on June 12, "An Ice Cream Float." The fun begins at 8 p.m. with Rich and Judy Wojtal cuing the Rounds. At 8:30 p.m. Guy Adams starts calling the Squares. It all takes place at 7877 N. Milwaukee Ave., Niles. For information: (847) 534-6562 or (847)

#### Niles Family Fitness **Center Programs** The Niles Fitness Center is offurther information contact the fering these programs for the Niles Family Fitness Center at: (847) 588-8400. Birthday Parties. Let us make your birthday one to remember! **Niles North** The Niles Family Fitness Center

principal gets **District 219 post** by Rosemary Tirio After a 28-year career with

The state of the s

Skokie School District 219, including five years as principal of Niles North High School, David Schusteff will become assistant superintendent of human resources, Superintendent Griff Powell has announced.

is now offering Birthday Party

Packages for ages 3 & over. Choose from a Splish Splash Pool Party, Kit Fit Party, Havin'

A Ball Sports Party, Surf N' Turf

Party, & more. Call (847) 588-

Summer Sport Adventure

Camp. The Niles Family Fitness

Center is now accepting applica-

tions for our Summer Sports Ad-

venture Camp, for ages 6.12.

Weekly sessions offered begin-

ning June 21. Sign up for one

week or the whole summer! Daily

activities include games, a varie-

ty of sports (including soccer,

basketball, volleyball, etc.)

swimming, crafts, field trips and

more. For an application or fur-

ther information contact: (847)

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Ki Do and develop your physical,

mental, and muscular strength

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direction of Master Instructor

Kwon Do Academy. Youth and

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8400 for more information.

Beginning with the district in 1971 as a biology teacher and football coach, Schusteff became dean of students at the now defunct Niles East High School in 1977 and then at Niles North High School in 1980. In 1981, Schusteff became di-

rector of practical arts at Niles North and in 1986 became the school's director of math and sciences. In 1994, he was named

In his new position, Schustelf will be in charge of recruiting and hiring for the district, a position Sang Chel Chung of Chung's Tac that will become increasingly crucial as many early retirments adult classes available. Classes are expected within the next three offered Monday and Wednesday 1

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# Seniornet classes at JCC

The Skokie SeniorNet Learning Center, located at the Mayer and older, provides educational Kaplan Jewish Community Center (5050 W. Church St., Skokie), announced that it will begin registering students for its summer SeniorNet classes on Tuesday, June 8 for evening classes and Wednesday, June 9 for remaining classes. The classes are scheduled to begin on Monday, June 21 and are open

SeniorNet, a non-profit national organization that teaches

services using new information

ing Center will offer classes in Introduction to Computers, Word Processing, Desktop Publishing, Money Management (Quicken), and a new course entitled, "Are You Computer

"We are thrilled to provide additional learning opportunities to older adults in our communi-

Please contact Kevin C. Wach-

tel at 847.588.8007 with any

questions or to obtain an entry

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# Village of Niles to host **Battle of the Bands!**

As part of the 1999 Leaning and the winning band may re-Tower Concert Series, the Village of Niles will host a "Battle of professional studio to record two the Bands" on Thursday, August 26, 1999 at the Leaning Tower, 6300 West Touhy in Niles at 7 Sound equipment will not be provided. No profanity, offensive p.m. To be eligible, one high or vulgar language or band names will be permitted. Demo tape, refschool age Niles resident must be a member of the band. Interested erences, or recording of perforbands (rock, a capella, jazz, or mance must accompany entry form. The Village of Niles reany other type of music) must submit a demo tape or recording serves the right to deny entry to of a performance. Bands must any band that is deemed inapproalso fill out an application form, priate in any way. The number of which can be obtained by calling entries received will determine Kevin C. Wachtel at the Village of Niles (847.588.8007).

MON.-FRI.

11:30 AM - 3:30 PM

Good for up to 4 people

DINE-IN ONLY

\$500 /PERSON DINE-IN ON

Audience will select the winning band. Top three bands will receive cash prizes (\$300 for 1st, \$200 for 2nd, and \$100 for 3rd)

"In our program, participants will be able to successfully learn The Skokie SeniorNet Learn-

All classes will be taught by volunteer instructors who participate in training on SeniorNet teaching methods, curriculum development, and classroom management. Courses are held in JCC's state-of-the-art computer learning center which houses new IBM compatible computers complete with Windows 95 software, a scanner and laser and ink-jet printers.

ty," said Edic Freimark, the Sen-

iorNet Site Manager at Kaplan.

## **Lutheran General** Senior Breakfast Club meeting

The Lutheran General Senior Breakfast Club will present a program from 8:30 to 10 a.m. Friday, June 18, on "Living Alternatives" featuring Laverne Zimmerman, R.N., of The Moorings of Arling-

Club meetings, sponsored by Lutheran General Older Adult Services, are held once a month in the 10 East cafeteria of the hospital, and feature presentations by health care professionals, free continental breakfast and social time. Seating is limited and reservations are required. To sign up, call 1 (800) 3-ADVOCATE (1-800-323-8622).

MON.-FRI.

5:00 PM - 9:30 PM

Good for up to 4 people

DINE-IN ONLY

**\$700** /PERSON

# Provenzanos celebrate 68 years of marriage



Recently, Michael and Joan Provenzano of Niles, Joined by family and friends, renewed their wedding vows. This loving couple celebrated 68 years of marriage. The ceremony took place at The Shrine of Our Lady of Pompeil in Chicago, the same church they were married at 68 years ago. Officiating at the ceremony was the Reverend Richard Fragomeni. Following the ceremony a reception honoring the couple was given by their children at the Bella Notte Trattoria.

Michael and Joan are very active in their community. They are members of St. John's Golden Age Club, St. Isaac Jogues 55+ Club, the Knights of Columbus, the Maine Township Seniors, and the Maine Township Regular Republican Organization.

# Culver's Carl Travor to retire after 34 years

Carl Travor began a career as the position did not turn out the an educator because he "always" way in which he thought. liked school and liked helping people with their work". He started in 1965 at Culver School at 21 years of age with a Bachelor of Science degree from Iowa State. During his first car of teaching, Carl taught three classes of Science and three classes of Industrian, ence. The Technology Commital Arts. He created and imple- tee decided to phase out mented the Industrial Arts curriculum that included woods, metals, drafting and leather.

Culver School has undergone school moved from a "departmental system" to a "team approach" to teaching. Carl said. "instead of teaching one subject to several groups, you would teach at a grade level and more subjects. You are more involved with a smaller group of children and you work as a team to help the kids." The student enrollment has also impacted the school's development. As the school's enrollment increased in the late 60's and early 70's, the classes became larger. When Culver experienced a decrease in enrollment, teachers needed to teach multiple subjects

and classes. While Carl worked at Culver School, he was also attending graduate school at Loyola University. He received his masters in education with a focus in Guidance and Counseling and explored his new career. Carl action with students and working worked at Waukegan High with a committed team of teach-School as a Guidance Counselor ers who put forth their best effort for two years. He decided that he to educate students. Carl is lookwould return to teaching because ing forward to retirement.

Upon Carl's return to Culver School in 1971, he continued to teach Industrial Arts. Due to decreasing enrollment, Carl began

teaching more science classes. Eventually, he taught three Industrial Arts classes, Math and Sci-Industrial Arts and Home Economics due to the growing need for students to learn computer based skills. Carl played a role in several changes since 1965. The helping to develop the technology lab and implementation of the curriculum.

Carl's most recent accomplishment includes his direct involvement with the Illinois Junior Academy of Science. Carl has helped students develop their seience projects for the Regional and State Science Fair competitions. He is extremely proud of the number of Culver students that earned awards during the competitions. Only 1,000 projects were exhibited at the State Science Fair. Culver School did an outstanding job by having three students and one alternate qualify for the State Science Fair. One student received an "Outstanding" and two students received a "First Place" award.

After his final year of teaching Carl said he would miss the inter-





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# Health News

# **Kissing reduces** chance of cavities

Kissing, of all things, has been linked to the prevention of tooth decay, because it stimulates saliva, which helps reduce the incidence of cavities, reports the Academy of General Dentistry, an organization of general dentists dedicated to continuing dental education.

"Kissing is nature's cleansing process," explains Heidi K. Hausauer, DDS, FAGD, spokesperson from the Academy of General Dentistry. "Saliva washes out the mouth and helps remove the cavity-causing food particles that accumulate after meals."

During moments of increased saliva stimulation, a person can produce up to a 1/2 teaspoon of saliva per minute, and throughout the day, produce up to four cups

More than a good night kiss is needed to protect teeth. "When you sleep, the flow of saliva slows down," says Dr. Hausauer. "It's important to remove plaque thoughts of food effect the saliva by always brushing and flossing flowrhythm. before going to bed."

No one to kiss? Chew sugarfree gum - it can produce three times the regular amount of sali-

The skinny on saliva: · Saliva is made up of water.

• Your body produces saliva on 24-hour rhythm cycle, and can generate up to four cups of saliva

The state of the s

 During periods of saliva stimulation, a person can produce up to a 1/2 teaspoon of saliva per

 Saliva levels are higher when standing or laying than · Your salivation rate is high-

er in winter than in summer and

higher in the morning than after-

 Its mineral ions helps remineralize early lesions in tooth

· Chewing sugar-free gum' can increase saliva flow by three

 Sugar, salt, bitter and acid tasting foods produce the highest

Anxiety levels and

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# Local residents honored as value leaders by Lutheran General Hospital



Mary Fryksdale, NCT

Lutheran General Hospital re-

Mary Fryksdale, NCT, of death. Niles and Tracy Dunham, RN, Eva Sawicki, of Des Plaines, ham collected money for one of purchased gifts for his family, who he did not want seeing him in his weakened condition. David Cruz, of Portage Park,

er for equality. Cruz, who works hospital, was called upon to translate for a family whose haby was critically ill in the newborn intensive care unit. Cruz not only made it possible for the parents to understand what was happening, but he also to the language barrier.



Eva Sawicki

Pat Soderlund, of Rolling cently honored six of its asso- Meadows, was named the MVP ciates who exemplify the hospi-tal's mission, values and When a group of friends were philosophy (MVP). Their sto-unable to send flowers to a dyries, chosen from over 1,000 ing friend in the surgical intensubmissions, illustrate what it sive care unit, Soderlund, the means to demonstrate the Advo- manager of the hospital's gift cate values of compassion, shop, took the time to pick out equality, excellence, partnership two cards, sign them and deliver them to their friend before his

of Rolling Meadows, were was named MVP value leader named MVP value leaders for for partnership. Sawicki, an emompassion. Fryksdale and Dun- ployee in the hospital's medical records department, was called their patients who was dying and upon as a one-time translator for a rehabiliation patient. Sawicki continued to visit every day, helping to alleviate the patients' concerns. She also worked was named the MVP value lead- closely with the staff, her involvement making it easier for in research and education at the them to respond to their patient's

Mary Jane Bennett, RN, of Des Plaines, was named MVP value leader for stewardship. Bennett, a nurse in the newborn intensive care unit, cared for several infants who had recently comforted and supported them died. In addition to providing in a way that others couldn't due high quality care to these babies and their families, she attended

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the service, she stayed on to speak with several of the bereaved parents. Bennett was a visible reminder to the families who gathered of how the hospital staff are touch by these lives.

All six employees were recognized for their valuable contribution during the hospital's Associate Appreciation Week with a special luncheon in their honor.

# Cardiac Rehab participants celebrate

Rush North Shore Medical Center's Cardiac Rehab Program celebrates the 16th annual "Keeping the Beat Walk/Jog" event for cardiac rehabilitation participants on Sunday, June 6 beginning at 8:30 a.m. at the Medical Center's main entrance, 9600 Gross Point Road, Skokie.

The event is open to all past and present participants in cardiac rehab programs throughout the metropolitan Chicago area. Spouses who are free of cardiac disease are also welcome to join the event. The entry fee is \$15 and includes a T-shirt, breakfast and awarding of door prizes, after the walk.

For further information or to register for "Keeping the Beat," please call the Rush North Shore Medical Center Cardiac Rehab Program at (847) 933-6175.



A Siberian husky, also known as an Eskimo dog, can sleep outdoors In snowdrifts even in the coldest weather.

# Health News

## Eating the Wrong Types of Carbohydrates Can Lead to Overeating

by Dr. Robert L. Richart

Americans have become increasingly diet conscious in the last decade. New labels on foods have resulted in a more educated consumer. Protein, total carbohydrate and fat content, and other information can be found on the labels of foods we buy,

A recent study, published in the March 1999 edition of Pediatrics, looked at the type of carbohydrates consumed and their effect on hunger and overeating. The researchers were testing a hypothesis that consumption of foods with a high glycemic index leads to excessive hunger and overeating in obese individuals.

The glycemic index (GI) of a carbohydrate measures the rate at which a carbohydrate enters the bloodstream. Carbohydrates that enter the bloodstream quickly have a higher GI than those that enter more slowly. The faster the carbohydrate enters the blood stream, the more insulin is secreted. Fruits, vegetables and legumes tend to have a low glycemic index, while starchy carbohydrates such as refined grains and potatoes have a high glycemic index, in fact higher than table sugar by some 50%.

In the study, twelve boys who weighed 20% more than their ideal body weight were given identical test meals at breakfast and lunch that had low, medium and high glycemic indexes. The results showed that food intake after a high GI meal was 35% greater than after a medium GI meal and 81% greater than after a low GI meal. The study also noted a corresponding elevation in insu-

The researchers concluded that the rapid absorption of glucose after consuming a high GI meal promoted excessive food intake in obese subjects.

Practical applications from this study are numerous. When choosing carbohydrate containing foods, we need to consider the glycemic index of the foods. Fruits and vegetables have a lower GI than pastas and breads and will enter the bloodstream more slowly. High GI meals also cause an excess of energy after their consumption and then fatigue as the insulin levels drop a few

The researchers also suggested that excess fat consumption should not continue to be the main focus of what causes and maintains obesity. Eating a low fat, high GI carbohydrate that results in excessive hunger later does not appear to be an effective way of weight control.

Carbohydrate guide books listing the glycemic indexes of foods can be found in most bookstores.

Dr. Robert Richart is a 1986 graduate of Palmer College of Chiropractic. In addition he has completed postgraduate programs on the diagnosis and treatment of soft tissue injuries through National College of Chiropractic and Texas Chiropractic College. He maintains a practice in Niles at 8933 West Golf Road. To receive a complimentary spinal examination and consultation, please contact Dr. Richart at (847) 827-8686.

# Did you know...

 Over three million Americans stutter.

 Stuttering affects four times as many males as females. · People who stutter are as intelligent and well-adjusted as non-stutterers.

 Despite decades of research, there are no clear-cut answers to the causes of stuttering. but much has been learned about factors which contribute to its de-

· As a result, tremendous progress has been made in the prevention of stuttering in young children. · People who stutter are self-

conscious about their stuttering and often let the disability determine the vocation they choose . There are no instant miracle cures for stuttering. Therapy

is not an overnight process. Some 25 percent of all children go through a stage of development during which they en-

velopment.

ill, Marilyn Monroe, Ken Venturi, Bob Love, John Updike, King George VI, Frank Wolf, Lewis Carroll, Bill Walton, Annie Glenn -- all stuttered and went on to have successful lives. The Stuttering Foundation

progress toward fluency.

enough to concern their parents.

older adults make significant

· John Stossel, James Earl

lones, Carly Sunon, Mel Tillis,

Robert Merrill, Winston Church-

interaction begin,

of America maintains a toll-free Hotline on Stattering 1 (800) 992-9392. Call for free informative brochures and a worldwide resource list of speech-language pathologists who specialize in

routine dental procedures, poor adults suffered from abscesses and other problems that caused

they lost their teeth altogether."

have quit Medicaid programs in large numbers. They don't want to be any part of a very flawed

The irony is that the govern-

ment wants to decrease welfare roles by encouraging more poor people to work. "However," says Mr. Grove, "employers frequently will not hire someone who is missing their teeth, especially the front teeth. Some may think that a person with missing teeth has a violent domestic life or poor hy-giene in general. They don't want sales clerks who have no teeth when they smile or who have im-

paired speech when they talk because they are missing teeth." However, there is a surplus in next year's budget and most den-· Stuttering becomes an intists hope that Governor George creasingly formidable problem in Ryan and state legislators will dethe teen years as dating and social cide to restore the dentistry bene-· A qualified clinician can First Aid and Safety help not only children but also Class offered at Holy teenagers, young adults and even

Family On Saturday, June 19, a First Aid and Safety Class will be held at Holy Family Medical Center from 8 a.m. + 6 p.m. This one-day course will be taught by experts from the American Red

Participants will receive information about how to care for breathing and cardiac emergencies, perform rescue breathing. and one-person CPR (cardiopulmonary resuscitation)

For more information or to register, please call the American Red Cross at 1-800-337. 2338, including the course code number, 3218\*9999074

# State should restore Medicaid dental coverage

Illinois state lawmakers should heed an editorial in the Tuesday, May 18 issue of the Chicago Tribune and restore Medicaid benefits for poor adults, which was climinated four years ago in a misguided attempt to save money.

"The decision to cut dental

care as well as optical care probably has done more harm than good," says Randall B. Grove, executive director of the Chicago Dental Society. "By going with-out regular visits to the dentist for

them to seek costly treatment in emergency rooms, where taxpayers picked up the bill, or worse,

In fact, says Mr. Grove, a poor person who has a tooth that is unsalvageable and needs to be pulled can use Medicaid benefits for a tooth extraction; Medicaid pays dentists \$26 per tooth. In the past four years, more than 60,000 teeth have been extracted from the mouths of the poor and underserved. "Dentists don't like this," he explains. They are in practice to save teeth because they are needed to eat and speak properly, as well as maintain self-image through beautiful smiles. So

Medicaid will pay for an extracfor preventing skin cancer: tion but offers nothing to maintain the tooth. As a result, dentists

15" or greater, even on cloudy Washington, DC, 20090-7167.

fit, a cost of roughly \$7 million reaction to save money but it is for one year. The federal govern- not logical," concluded Mr. ment would match that figure Grove. "We now have an opporwith another \$7 million. The new tunity to correct that mistake and money would provide dental care provide much needed dental care for the 135,000 adult Illinoisans that will get these people back on who currently receive Medicaid their feet and working." Illinois ranks near the bottom "The original decision to cut all 50 states in terms of Medicaid

dental benefits was a knee-terk reimbursement rates.

# Sun's rays cause more than wrinkles...

sun as much as possible, and when we are in the sun, to always wear sunscreen and protective clothing. Yet this year, an estimated one million people will be diagnosed with skin cancer, most often as a result of dangerous exposure to the sun's ultraviolet rays. Melanoma, the most serious form of skin cancer, is expected to be diagnosed in close to 42,000

people this year, and an estimated 7,300 people will die from it. But for as high as these numbers are, nearly all skin cancers are preventable. The American Institute for Cancer Research offers some important guidelines

We're told every summer - by days. For sensitive parts such as doctors, cancer specialists and lips, nose, and ears, use sunblock. our mothers - to stay out of the Remember to reapply sunscreen every two hours, especially if you're swimming or sweating.

> as a brimmed hat and long Avoid exposure between 10 a.m. and 4 p.m., when the sun's

· Wear protective clothing such

UV rays are strongest. · Be careful when taking certain medications that may make skin burn more easily, such as sulfa drugs, tetracycline, indometha-

cin, and retin-A For a free brochure with more information on reducing skin cancer risk and tips for early detection, send a self-addressed, stamped envelope to: American Institute for Cancer Research, Use sunscreens marked "SPF Dept. BHS, P.O. Box 97167.



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Dr. Robert L. Richart

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# Women's News

# Women, infants and children served by Cook County

through a federally funded pro-igram operated by the Cook County Department of Public

dren (WIC) Program is a support service for low-income working families that assists in obtaining nutritious foods for pregnant and

& Set . . . . \$2.50 & Up 🊅 Haircut . . . \$3.00 & Up EVERYDAY EXCEPT SUNDAY Sr. Men's Clipper Styling \$3.00 & Up Men's Reg. Hair Styling \$5.00 & Up

& PEDICURE TOGETHER CARE \$14.00

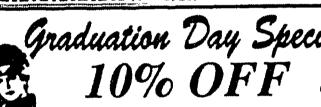
Suburban Cook County par- dren under the age of 5. Eligible ents and guardians of young chil- participants receive coupons for dren can receive free food milk, juice, cheese, cereal, beans, peanut butter and infant formula. WIC also gives parents informa-tion on breast-feeding and child nutrition and provides free health screening for iron-deficiency

For an appointment, suburban Cook County residents may call CCDPH, Monday-Friday, 8:45 breast-feeding women, and chil- a.m. - 4:15 p.m., at: (708) 492-2100. TDD for the hearing/ speech impaired; (708) 492-

# Troop 175 thanks VFW Post #7712

The Boy Scout Troop 175 would like to thank the Niles Memorial VFW Post #7712, for their generous donation to the troop fund. The funds will be used to purchase various camping equip-ment so drastically needed for the

The troop would appreciate any donation made to help the troop through it's growing phase. 5391 M. MILWAUKEE AVE. For more information on this tax (773) 631-0574 deductible contribution - please call Bob Galassi at (847) 965-



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# Niles Center/Skokie Woman's Club highlighted contributions



The Woman's Club of Skokie/Lincolnwood has made a monetary contribution to the Skokie Historical Society for the preservation of the Woman's Club scrapbooks and minutes dating from 1926. At the Skokie Heritage Museum, Barry Humphrey, the 1998-99 President of the Skokie Historical Society is shown accepting the Woman's Club scrapbooks and minutes from Woman's Club members, Phyllis Cossarek (President), Sally Baumann (Treasurer) and Eunice Kozem (Vice President).

The Woman's Club of Skokle was established in 1926 and is the oldest community service club in Skokle. It has donated books to the Public Library, initiated tree planting along Lincoln Avenue, and sponsored the Camp Fire Girl Scouts. During World War II, the members sold War Bonds and Stamps, encouraged Victory Gardens and worked with the Red Cross, Civil Defense and the American Defenders Council. The Woman's Club was instrumental in the launching of services at the Orchard School for the Retarded, established a Senior Citizens group that continued for twenty-five years and initiated the re-organization of today's Skokle Historical Society.

The Woman's Club has always focused on the youth of the community and continues to this day. Since 1926, hundreds of youths have benefitted from the scholarships awarded by the Club. The history of this important community service organization will be preserved on microfilm and saved for the future.

# Fashion Show benefits LSSI's **Child Care Programs**

On May 8, The Women's Network of Lutheran Social Services of Illinois (LSSI) hosted its 15th Annual Brunch and Fashion Show, "Into The Looking Glass: A Century of Style" at the Westin Hotel in Rosemont. Five hundred people attended the event, including Representative Rosemary

"Into The Looking Glass," featured current fashions from Chicago designers as well as a special look at authentic fashions from the last century from the collection of Doris Phillips, a Park Ridge resident. Each year, proceeds from the

Women's Network fashion show benefit LSSI's Community Child Care Services (CCCS), which opcrates nine child development and Head Start centers in Chicago neighborhoods including Austin, Cabrini-Green, Rogers Park, Uptown, Humboldt Park and West Englewood. These services provide children with nurruring, safe environments and enriching educational programs. CCCS also operates the Lutheran Children's Center, an accredited program that provides early childhood edthe O'Hare Plaza, 8765 W. Hig-

Lutheran Social Services of Il- with over 100 program locations.



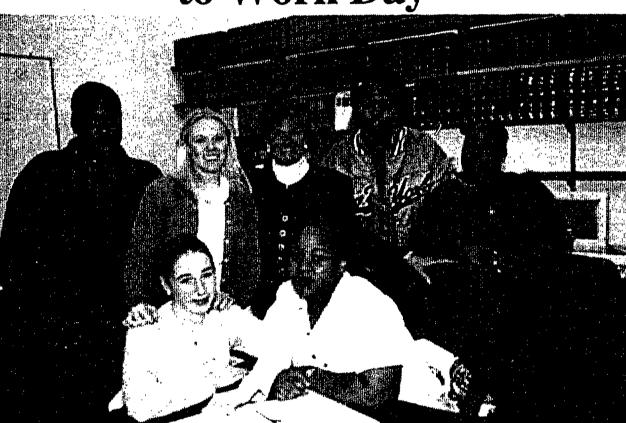
Kim Hendee (left) and Doris Philips (right), former and current Park Ridge residents respectively, recently attended LSSI's Women's Network fashion show, "Into The Looking Glass: A Century of Style," Phillips provided the vintage fashions used in the show from her extensive collection. The event benefitted LSSI's child care and Head Start programs.

ucation for 2.5 year olds. The linois is a statewide, not-for-Center is conveniently located at profit social service agency of the how The Women's Network ben-Illinois synods of the Evangelical

For more information about efits LSSI programs or Commu-Lutheran Church in America nity Child Care Services, call

# Women's News

# **'Take Our Daughters (& Sons)** to Work Day'



Cook County Circuit Court Clerk Aurelia Pucinski (center) and her employees hosted a group of young people from the Mercy Home for Boys and Girls in Chicago and Maryville Academy in Des Plaines in recognition of the nationally known event, "Take Our Daughters (& Sons) to Work Day."

"Our young people are the next generation of workers who will have the opportunity to change the world," Pucinski said. "This special day provides insight into the many different jobs available for their future, as well as instill confidence, strength, and motivation to succeed in school throughout their teen years." (Pictured from left to right in front: Kelly Bruno and Sa Quita Laws; back row, left to right: Delia Bey, Nancy Butkus, Assistant Family Teacher; Pucinski; Jessica Brown; and Diva Turner. All pictured are from Maryville Academy in Des Plaines.)

# The Baby Brigade program fact sheet

• Is a nursing home visitation program, done in a group setting. • Operates Tuesday. Wednesday or Thursday mornings from 10-11 a.m. at 8 participating nursing homes on the north side of Chicago and northern suburbs on a rotating basis.

 Provides a meaningful volunteer experience for parents. and socialization for babies and

· Provides a positive community contact for nursing home residents, and shows children that aging is a natural part of life.

Charges no fee for volunteer participation.

How it works: · Parents bring their infants

and toddlers to participating nursing homes to visit with a group of A Baby Brigade coordina-

toe facilitates each visit by plan-

· Participants spend the hour chaning or engaged in activities such as story time or singing.

... Must be able to meet at the scheduled nursing home one morning per week from 10 to 11

· Will be asked to complete an application process, and will receive an orientation provided

Did you know Baby Brigade is

and individual contributions. For more information cal supported by nursing home fees (773) 525-0395.

# Kids' College Art Fair at Oakton



Mike Tierney of Des Plaines shows off his artwork at the Tenth Annual Kids' College Art Fair held recently at Oakton Community College, Des Plaines. Children, kindergarten through eighth grade, from schools in Oakton's district participated in the art

An estimated 500 guests, including the artists, parents and teachers, attended a reception on March 18 to honor the works of these young artists. Oakton President Margaret B. Lee greeted the attendees. The Glenview District 34 Orchestra performed

and the final state of the second of the sec

# Summer art camp

through Friday, from 9 a.m. to noon. Campers may sign up for I've Got Rhythm - Learn to and the Women's Board of the

"Art Camp at the MCA emphasizes creativity, skill-building, and the innovative use of a range of materials," said Director of Education Wendy Woon, "We en- computer technology, Campers courage campers to seek inspiration from the art on view in our galleries and sculpture garden." The 1999 summer art camp

season offers the following: Set the Stage - Working in the MCA theater, campers learn puppet-making techniques using a variety of materials. Write the script, build the set, and put on a production for family

Reuse It-Working with Found Objects - With recycled materials (campers can bring something from home!), a few tools, and a ships will be available. creative imagination, create

amazing works of art... Passion for Paper - Using everything from basic construction paper to decorative and handmade papers from around the world, campers learn to create pop-up books, folded animals,

masks and more. It's Only Natural - With Mother Nature as a guide, compers work on a variety of projects such as a mobile, a terrarum, or a pot for your favorite plant - all in-

spired by the great outdoors. Let There Be Light: Non-Darkroom Photography - Campers learn to build their own carnera with a cardboard box. Learn the fundamentals of photography including negative and positive images, the effects of light, and how a lens works.

Now You See It, Now You

# for kids

The Museum of Contemporary Don't: The Art of Magic - Learn Art (MCA) announces its 1999 the tricks of the trade in the MCA summer Art Camp program for theater. After practicing the subchildren ages 6-12. The MCA Art—the movements and sleights of Camp meets for four weeks, from hand that made magic so fascinat-July 5 through July 30, Monday ing, campers put on a group performance for family and friends.

one week or multiple weeks. Art make a variety of percussive in-Camp is generously supported in struments from around the world. part by the North Shore Affiliate Each class will introduce campers to a different musical style from places such as Africa, Cuba, Brazil and the Caribbean.

Animation Creation - Create amazing characters and bring them to life, using the latest in will use the software Multimedia

Drawing in the Museum of Contemporary Art - This class takes campers into the museum's galleries and sculpture garden, introducing the day's focus by looking at works of art. With a sketchpad in hand, campers will learn the basic techniques of drawing using a variety of media.

For more information about specific programs and to register, call (312) 397-4010. A limited number of need-based scholar-





# Community Calendar

students create

will be videotaped during this

process. Students wrote their own

other. This may also inspire them

to learn another language in high

school or beyond. These same

students participated in National

Foreign Language Week by play-

ing international Bingo. The suc-

cessful combination of students

and languages for that event

soap opera

**Emerson** 

# Classic Bowl to hold Singles Night

Are you single, 21 and over, will be placed on their age aslooking to meet new and interesting people? Classic Bowl in Morton Grove has a novel plan for you. Starting Saturday, June 5th at 7:30 p.m. Classic will offer sin- of their age group. The same will

who call in for reservations will freshments will be served. be asked what age category they would like to be in: 21-30, 31-40, 41-50 and 51 and over. On Sin- 8530 Waukegan Rd., Morton gles Night, 2 men and 2 women Grove, (847) 965-5300.

signed lane for the 1st game. At the end of that game, two people of the same sex will be moved to another lane to meet other people happen in the third and final Here's how it works. Singles games. Hors d'oeuvres and re-

For information and reservations, please call Classic Bowl.

# Susie's Family Hair Care

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Niles/Park Ridge 847-647-9612

an additional charge for action, commercial applications and Saturday apparaments.

## prompted this project. Antique club hosts 25th annual Flea Market

**HAIRCUTS** 

nual Antique Flea Market from 9 a.m. to 4 p.m. on Saturday, June 5 at Hodges Park, in front of City Hall, Items will include furniture, primitives, glassware, pottery, jewelry, advertising memorabilia, household items, and more modern collectibles. Rain date is Saturday, June 12.

The club meets monthly to exchange information and present programs dealing with varied an-

USE THE BUGLE

# **Summer Youth Training**

Emerson Middle School 8th District 219 is seeking business experience daily. The students participation in the 1999 Sum- will be available to work from 9 Grade Spanish and French stumer Youth Training and Employment Program. This is a from June 18 through July 30, dents; Loreen Fordice - French teacher: Pam Vaskey - Spanish teacher have created scenes for a soan opera which will be per- der the Federal Job Training One soap opera which will be performed in three languages: Spanish, French and English. They Partnership Act (JTPA) with monies made available through the Workforce Development Council of Northern Cook County.

scripts and developed cue cards The program is designed to and props for their performances. provide employment training The performances will take place Friday, June 4 and Monday, June and experience for high school special education and economi-7 from 9-9:40 a.m. at Emerson Middle School Multi-Purpose cally disadvantaged students. Students earn summer school Room/Cafeteria, 8101 N. Cumcredit for a six-week program berland Ave., Niles, (847) 318combining one hour of class-By completing this project, students will hopefully recognize the similarities between the Spanroom skill training and three to

Chicago Arkansas ish and French languages and make connections from one to the Luncheon

Dr. Stephen A. Smith, author of Bill Clinton On Stump, State & Stage: The Rhetorical Road To The White House, will address the Chicago Arkansas Club of the University of Arkansas Alumni Association at its Annual Luncheon on Saturday, June 5, 1999, Dr. Smith received his Ph.D. in Communications Studies from Northwestern University. He has been a Visiting Professor at numerous universities as well as serving as a member of The Old Things Antique Club the Arkansas State House of Repof Park Ridge will conduct its an-resentatives. Vice President of the Arkansas Constitutional Convention and Executive Assistant

to then Governor Bill Clinton. The Annual Luncheon will be held at D-Bob's American Bistro, 825 Touhy Avc. in Park Ridge. A reception will be held beginning at 11:30 a.m. followed by lunch and Dr. Smith's speech at 12:30 p m. Cost is \$25 for alumni members and \$28 for guests. Advanced reservations required. A portion of the proceeds to benefit the Chicago Arkansas Club

formation and to place reserva-

tions, call (708) 786-3992.

and Employment Program Niles Township High School four hours of on-the-job training

> One to five students and a program job coach are assigned to each work site. Students are bussed to the work site and receive hourly pay for the program experience. Transportation fees. and all student job coach salaries are paid with grant monies. Students will be interviewed and screened by a team of Niles

If your business is interested in participating in this program. or you have any questions. please call Alexa Forman at (847) 568-3609. Fax (847) 568-

Township High School Person-

# MEETING

Wed., June 9

Jim Gibbons Leukemia Meeting The Fifth Annual Jim Gibbons Memorial 5K Run and Walk of the Leukemia Research Foundation will hold its June Committee Meeting at Great Scott Restaurant, 1240 North Wells at Scott in Chicago's Old Town on Wednesday, June 9, beginning at 6:30 p.m. Final preparations are being made for the annual event which will take place on Thursday evening, June 17. It is held in memory of Jim Gibbons, an Investigative

Reporter at Chicago's WLS TV - ABC Channel 7, who died of leukemia in 1994. All who are interested are welcome. Volunteers are needed for the day of the race. For further information, call Debbie Hamilton at (847) 424-0780.

## SINGLES

Sun., June 6 North Shore Jewish Singles 50. Scholarship Fund. For further in- 2 p.m. Walk with North Shore Jewish Singles, Call (847) 699-8418 for location.

Wolff's Flea Market **Rosemont Horizon** 

**Open Every Sunday** 7am - 3pm

Shop early - We may need to close at noon on any given Sunday in May due to Chicago Wolves Play-off Hockey

The state of the s



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# Community Calendar

#### Dempster St., Park Ridge. Free. For information about the Oriole Pool SINGLES

Sun., June 6

Spares Sunday Evening Club The Spares Sunday Evening Club for Widowed. Divorced and Single Adults will sponsor a Pot Luck Dinner followed by dancing to the live music of Jeffrey Dire. We ask that you bring your favorite dish to share. Morton Grove American Legion Hall, 6140 Dempster, Morton Grove, 6-7 p.m. dinner, Don't forget to bring a dish to share. 7:30-10:30 p m dancing · Music by Jeffrey Dire. Members \$6.

Tues., June 8 & 22 North Shore Jewish Singles 50. 7:30 p.m. Bridge \$4 Advanced & Intermediate Call (847) 889-

Guests \$7. Contact holling

Sat., June 12

(847) 965-5730.

North Shore Jewish Singles 50. 7 p.m. Miniature Golf at Par King, Dempster & Waukegan Rd. Morton Grove, \$6. Followed by snack & socializing (fee) Reservation call (847)

SUPPORT GROUP

Thursdays

Crohn's and Colitis Chicago's Carol Fisher Chaptheran General Hospital, 1775 836-5133

Hirsh Sandesara, 14, a Glen- Glenview and Glenbrook North brook South High School fresh- in Northbrook to participate in man became the only freshman to the Academy for International

Nincteen of the perfect scores

Sandesara has won numerous Sandevara lives in Glenview

support group call (847) 520-3456. For information about for Saturday CCFA call (847) 827-0404. Visit our web site at www.ccfa.org.

WOMEN

Baby Brigade Baby Brigade, a nursing home visitation program of Hull House Association, is seeking volunteer families to visit with residents at participating nursing homes in a group setting in Morton Grove, Niles and Lincolnwood. Sessions take place Wednesday mornings from 10 to 11 a.m. For more information, call Kathy at (773) 525-

WORKSHOP

June 11-12 Psychology

0395.

Wednesdays

The Psychology Department at Lewis University will offer two undergraduate workshops this summer on the Lewis main campus on Route 53 in Romeoville. "Maximizing Esteem" is scheduled June 11-12, also from 4 to 9

pm on Friday, 9 am to 3 p.m. Saturday The instructor will be Howard Hayward, Director of New Students for Programs, "Per-Foundation of America, a sup- Barich, assistant professor of psychology, will present the worksupport or information about shop on Friday from 4 to 9 p.m.; Crohn's Disease or Ulcerative and Saturday from 8 a.m. to 2 Colitis, meets on the 3rd Thurs- p.m. Each of the workshops carday of each month at 7 p.m. in thes one hour of undergraduate Room 1041A, 10th Floor, Lu- credit For information, call (815)

# Glenbrook South freshman gets perfect score on ACT

get a perfect 36 on the ACT col-lege entrance examination. Studies. The program, begun in 1981, combines English, social

A total of 67 students nationwide achieved a perfect score on prepare students for careers in inthis year's test, but Sandesara is the only freshman, according to Rose Rennekamp, ACT vicepresident for communications.

were achieved by renions, 42 by juniors and five by students whose class levels are not known. other academic awards, including five Cook County spelling bee championships, and fifth place in the 1997 national bee and third

place in the 1998 competition. with his parents, Kalyan Sandesara, a Chicago pediatrician, and Iyoti Sandesara, a research associate in neonatology at Evanston Hospital, and his brother, Anand.

Hirsh Sandesara is one of the 30 freshmen selected from among the 1,000 freshmen attending Glenbrook South in

opening scheduled On Saturday, June 5, come join

the Morton Grove Park District as looking forward to seeing you and your family there for a day of fun in the sun. A variety of open-

ing day activities has been planed including a DJ from 12-2 p.m. Oriole Pool's regular hours of operation for public swim are Monday-Friday, 1-5 p.m. & 6:30-8:30 p.m., Saturday-Sunday 12-5 p.m. & 6:30-8:30 p.m. Pool passes may be purchased at the Prairie View Community Center, 6834 Dempster Street.

For more information contact the Morton Grove Park District at (847) 965-1200.

Area residents receive Illinois College diplomas

Illinois College in downstate Jacksonville awarded diplomas to residents of communities in the north and northwest suburbs. A total of 101 sentors earned the Bachelor of Arts degree while 91 others received the Bachelor of Science degree. The liberal sonality and Your Career' will be arts college conferred the honoter of The Crohn's and Colius the topic on June 18-19 Dr. Ann rary Doctor of Letters degree on playwright and author Ken Bradbury of Arenzville, Mr. Bradbur

also gave the commencement ad-

Suburban area graduates included. Heather L. DeSota, B A. (education and sociology), daughter of Mr. and Mrs. Dale DeSota, Niles, She graduated from Carmel High School, Janet M. Mielzynski, B.A. cum laude (sociology), daughter of Mr. and Mrs. Terrence Mielzynski, Des Plaines. She is a graduate of Elk Grove High School, Stephen R. Serwa, B.A. (communications and theatre), son of Irene Serwa of Des Plaines He graduated from Maine East High School studies and a foreign language to Thomas A. Fischer, B.S. (education), son of Mr. and Mrs. Gary

Fischer, Glenview. HOMEOWNERS WANTED!!!

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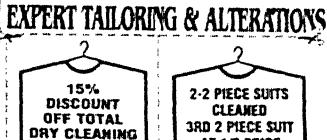
'The Skokie Community p.m. Tickets are \$5 for adults and we celebrate the opening of Oriole Pool, 9200 Oriole for the sumGoes, on Sunday June 6, 1999 at Chorus is having its Spring/ Summer concert, Everything age. For further information the Devonshire Cultural Center. Please join us for a wonderful af-4400 W. Greenwood, Skokie at 3

\$2 for children under 12 years of please call (847) 675-3859.

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gentary to the months of the second of the s

# International Young Eagles Day, 1999 at Chicago's Meigs Field

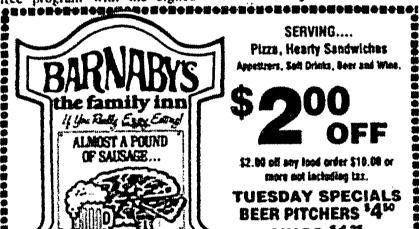
200 children and teens from throughout the Chicagoland area will take part in an exciting educational program at Chicago's Meigs Field: International Young Eagles Day, 1999. Participants will have the opportunity to "Touch the Sky" and experience their first introductory flight at one of the largest such flight rallies in the country.

All children between the ages of 7 and 17 are eligible for this free program with the signed

ALMOST A POUND

an. During the event, the termi- broke the color barrier to fly for ing air museum" and learning center, complete with ground school elements, demonstrations operating instrument flight simu-lator. ramp in front of the terminal building.

Participants will have an opportunity to meet and chat with some of the original Tuskegee Airmen, the service organization founded by the African-



MUGS \*125 One coupon to be used for each order. Offer Good New thru June 38, 1999

7950 N. Caldwell, Niles (847) 967-8600

Pizza, Hearty Sandwiches OFF \$2.00 off any lood order \$10.00 or

mission and parking are free. vehicles. Both pre-registration and same day sign-up are encour-11:30 a.m. and 1:30 p.m. where a aged. Plaques go to the first 250 TUESDAY SPECIALS team of five car club members BEER PITCHERS 4450 will rebuild an entire car and drive it away. The team boasts a typical reassembly time of less Not to be used with any other coupon than two minutes! In addition, the owner of the "best in show" auto-

DINE-IN OR CARRY-OUT

nal building at Meigs will be the U.S. armed forces during transformed into a kind of "liv- World War II. All children will receive commemorative Meigs Field posters to take home. A special display of historical airof aerodynamics, and even an craft will also be featured on the

At the Meigs rally, reserved The Friends of Meigs Field

at Lambs Farm on Sunday, June

13. More than 300 beautifully re-

hand-made trophy at 3 p.m.

Visitors will have the opportu-

nity to meet the owners of the cars 362-4636.

On Saturday, June 12, over permission of a parent or guardi- American aviators who first flights are already scheduled for the morning, but the afternoon is being held open for children who are visiting the Museum Campus on a walk-up basis. It will not be necessary for these children to hold reservations. Rain checks will be issued in case of inclement weather or an overflow of participants.

tails. The show, open to all makes

and models, includes more than a

No picnic baskets or coolers

are allowed as all proceeds bene-

fit programs for Lambs Farm's

more than 250 participants with

mental disabilities. Lambs Farm

176. For more information,

please call Lambs Farm at (847)

gee Airmen. Time: 9 a.m. to 4 p.m. Location: Merril C. Meigs Lambs Farm 13th Field, 15000 South Linn White

Drive, just south of the Adler Planctarium. For more information on this event, please call the Young Eagles Hotline at (312) 409-5621.

logistical support for the Tuske-

gee Airmen Young Eagles Pro-

gram at Meigs. At the airport's

50th anniversary celebration in

December, the Friends of Meigs

donated a new scheduling com-

puter and \$1,000 to the Tuske-

Date: Saturday, June 12, 1999

## Wellness Fair fares well

A variety of community health and welfare agencies participated in the recent Wellness Fair held at Niles West High School. Representatives from the various organizations distributed information and were available to speak with students. The Wellness Fair, which was held in the school cafeteria drew steady crowds of students all

Among the ageocies participating were: Skokie Health Department, L.I.N.K.S. Northern Illinois Council on Alcohol & Substance Abuse, Niles Family Services, Northwest Counci Against Rape, American Cancer Society, American Heart Association. National Association for Anorexia Nervosa & Associated Disorders, United Way, American Lung Association.

THI AD

2024 Greynstand Ave., Niles, H.

The Niles West Respect Committee organized the fair, which was part of a yearlong program focusing on "Respect". Faculty and staff members include Joyce Van Alstin, Jude Erickson, Pat Harn, Dana Kanwischer, and Hope Kracht.

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stored antique and classic automobiles will be on display from all over the Midwest. There is an \$8 donation required per entry for

er local auto shows, general ad- owners who wish to exhibit their

mobile will be awarded with a is located just off I-94 on Route

entries.

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Rib dinner for 2

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Dining / Entertainment

# Wolff's Flea Market opens ninth season

Wolff's Flea Market recently strong turnout of vendors and than doubled the following week. outdoor marketplace.

open to threatening skies and wear, books, videos, and chilly temperatures. Despite the "garage-sale" items. less than ideal conditions, a The opening day throng more

tellers, costumed characters, spe-

cial entertainers, and more. The

Storyland Express, specially

chartered Metra trains, will be

stopping at 18 suburban cities on

Saturday June 5, June 12, and

June 19 on the Rock Island (Jo-

liet). Burlington/SantaFe (Auro-

ra), and Milwaukee West (Elgin)

Children (ages 2-10) will be

wide-eyed as costume characters

parade through the Storyland

train cars (characters are close

enough to touch and talk to).

When not being entertained by

storytellers, entertainers, and

characters, children will be hap-

tivities including face painting.

This special train will be trav-

eling to the Story Book Village.

a real destination, where children

will visit with the characters at

"EASY COME... EASY 60."

The country with the

highest taxation is Nor-

way, where the highest

rate of income tax in

1992 was 65 percent,

although additional per-

sonal taxes make it pos-

sible to be charged in

excess of 100 percent.

" बि.क.हा

singing, and more.

their homes.

your children.

producing the bargains and hid- look over the thousands of items den treasures that tens of thou- on display. Among the items one sands of visitors have come to ex- ean find every week are antiques. pect from Chicagoland's leading collectibles, crafts, Beanie Babies®, tools, sporting goods, per-Opening day saw the market sonal care items, apparel, foot-

Children's entertainment

train makes first run

Yes, a new train will be riding chance to experience a real train

the rails in June filled with story is something very special.

kicked off its ninth season at the shoppers flocked to Wolff's Flea when the market opened under Rosemont Horizon, once again Market to hawk their wares or bright, clear skies and warm temweek two, as well as our turnout of vendors, was nearly that of our peak days last year, when we set records in both areas," said David Wolff, who co-owns the market with his brother Donald, "Clearly, people were anxious for the season to begin."

Wolfe's Flea Market succeeds market is held in the Horizon's

ket, compared to others in the ket is pleasant."

Book village. Dora Kruger, the train's entertainment coordinator, states: This train ride is more than just a fun and entertaining experience signed to be informational, educational, and motivational for

All these activities are de-

The Storyland Express Train is organized by Storyland Entertainers, a non profit organization providing special entertainment for children. The organization works closely with METRA and distributes proceeds to children's

A ride on the Storyland Express Train will be more than just Tickets are available by mail or a train ride; it will be an entertainment experience for children ages telephone by calling toll free 1-2-10 (and their parents, grandparents, and special friends). This 877-998-7246. Advance tickets are required. Tickets are \$9 for train ride is more than just a funchildren and adults. Children 24 and entertaining experience in a months and under are free. Inforunique atmosphere, it is also demation and ticket request forms signed to be informational, educational, and motivational for and Northwest Indiana. For most children just the

in part because of its location, the Rosemont Honzon. Because the parking lot, it is a very clean mar-

area which are held on gravel The others do tend to get dusty and grimy," David Wolff said signed to keep the children from "We also employ a cleaning crewthinking about what they are gothroughout the hours of operaing to see at the Storybook Vil-lage. Everyone will tour the varition, as well as off-duty Rosemont police, to make sure that the ous scenes from your favorite time our guests spend at our marstories and visit with the characters at their home in the Story In addition, the lot is big

enough to accommodate expansion, something that has been a necessity every year since the market opened in 1991. "We become more established - and in a unique venue. It is also de- bigger - every year because of the excellent word-of-mouth advertising we receive from our pachildren of all ages. Children also trons," said Donald Wolff. "Plus, interact with train engineers and people see us from the Northwest conductors as well as learn about Tollway, and jump off at Lee Street. It's pretty easy to get to

- Wolff's Flea Market." The Wolffs are also quick to credit the management of the Horizon for their support over the past nine years, especially this year, when a major construction project at the arena this summer

breatened to disrupt the market Wolff's Flea Market is open every sunday through October 31, from 7 a.m. to 3 p.m. Admission for shoppers is \$1, children under 13 and seniors over 62 are admitted for \$0.50, children under 6 are free. Vendor spaces are are also available at all Eagle available for \$25. More informa-country Markets in Chicagoland tion can be obtained by calling 847-524-9590.



THE BUGLE, THURSDAY, JUNE 3, 1999 PAGE 13 RESTAURANT Homemade Healthy Food Al Alfordable Prices 9001 F North Milwaukee Avenue, Niles (HE Corner Milwaukee & Ballard) Phone: 847/965-7202 Fax: 847/965-7242 Home of the Finest Middle Eastern Food & Pastries 1.99 + tax

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# Dining / Entertainment

# Storyteller Series at **Niles Community Church**

Niles Community Church, call to follow Jesus. Through sto-7401 W. Oakton Street would ry telling, music, crafts and like your children to join us the games we will learn how Jesus week of June 28 through July 2 as calls on each of us by name and we cast our nets into the water how we can respond to that call. and fist for a deeper understand- VBS is open to all children ing of the relationship Jesus had from pre-school through 6th with his disciples, especially Pe- grade (as of September). The cost

Calls Peter, the 5th edition in the For pre-registration or further Storyteller Series, tells the bibli-cal story of Peter accepting the church office at (847) 967-6921.

The state of the s

this year is \$10 per child up to a The Fisherman's Story: Jesus maximum cost of \$30 per family.

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WITH A PURCHASE OF '10" OR MORE VALID AT THE JUNE 5TH 1999 LATE NIGHT BASH DHLY BEST'S KOSHER COUPON BOSCO390 Free Lira performances at **Art Institute of Chicago** 



The Lira Singers and members of the Lira Chamber Orchestra, who specialize in Polish music, will present two free performances at the Art Institute of Chicago on Sunday, June 6, during the opening weekend of a magnificent exhibition of fine and decorative art from Poland's Golden Age. The exhibit titled Land of the Winged Horsemen: Art in Poland 1572-1764, will be on display at the Art Institute through September 6, 1999.

Two brief Lira performances will offer Polish music of the Baroque Period, the historical period featured in the exhibition. The concerts take place at 1:30 p.m. and again at 2:30 p.m. in Fullerton Hall on the first floor of the Art Institute, which is located in Grant Park at Michigan Avenue and Adams Street. Admission to the concerts is free with admission to the Art Institute.

Suggested admission to the Art Institute is \$8 for adults and \$5 for seniors, students, and children. However, any donation is accepted for admission. No special tickets are needed for the Polish exhibit or

For more information about the Art Institute's exhibit of Polish art, call 312-443-3600. For more information about the Lira Ensemble performances, call 773-539-4900.

# Chris Carter to perform 'Mindscape'

Parents -- do you know where Promparties for area high schools, Plaines (Post Prom Party, 1:30 your kids will be after graduation part of their very successful "lock a.m. on Saturday, June 5); and for ceremonies, or for their Senior Prom this year?

notic "Mindscape" show. Carter, a graduating from Downers Grove resident of Des Plaines, has been North High School (Post Graduahired -- in some cases for the tion Party, 11 p.m. on Friday, June

Carter will perform his "Mind-If they're lucky, they will be scape" hypnosis show for the secpart of Christopher Carter's hyp- ond consecutive year for students

fourth consecutive year -- to head-line the Post Graduation/Post at Maine West High School/Des



A beautiful banquet room, overlooking the historic Tam golf course. Located at 6676 Howard St., in Niles. Specializing in parties f of up to 150, available for Weddings, showers, Holiday parties, business meetings and more. For additional information or to view the room, call

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the second consecutive year at Maine South High School/Park Ridge (Post Prom Party, 3:30 a.m., Saturday, June 5).

The program coordinators at these high schools have high

 "The response to Carter's show was overwhelming last year" (Vince Walsh Rock, Student Assistance Program Coordinator/ Downers Grove North High

\* This is the fourth consecutive year that Chris Carter will be headlining our Post Prom Party. and he is the biggest draw that we have to keep our kids off the streets for this celebration" (Debbie Koulentes, Chairman of Post Prom Party/Maine West High School, Des Plaines)

 "Chris Caner received rave reviews from our Post Prom Party last year, he relates well to 18-year olds and is our main artraction (Nancy Olson, Entertainment Coordinator for Post Prom Party/ Maine South High School, Park

# **American Girl Place** introduces new summer events

American Girl Place, Chicago's popular new retail and entertainment site for girls, is Broadway talents Gretchen Cryer and Nancy Ford- and inspired by the beloved characters and launching a summer series of events and programs for girls The three-part performing arts

series begins on Tuesday, June 8, as the Chicago Symphony Orchestra's lively Trio con Brio takes girls and their families on Tickets for the theater and dinan informative, interactive, and entertaining musical journey. Participants learn firsthand about three members of the string family and what it's like to perform in a world-class orchestra. On Tuesday, June 22, soprano Anisha McFarland of the Lyric Opera will bring opera to life for children and adults with memorable selections ranging from Gershwin to Puccini while sharing the story of her own musical career. On Tuesday, July 6, dancers from the Joffrey Ballet of Chicago will keep audience members on their toes as they show girls a few dance steps, display costumes from the holiday favorite. The Nutcracker, and provide insights into the disciplined life of a ballerina. The one-hour performing arts shows begin at 5:30 p.m. in the American Girl Theater. Tickets are Addy books from 10 a.m. to 1 \$20 per evening or \$54 for the

A Date with Dad offers fathers, grandfathers, and uncles a chance to share a magical and memorable evening with the American girl in their life. The program begins with a perfor- toll free 1-877-247-5223. Amermance of The American Girls ican Girl Place is located at 111 Revue, a ground breaking, pro- E. Chicago Avenue, across from fessional musical- written by the historic Water Tower.

free to the public.

ries of American Girl author visits, girls and their families will have an opportunity to attend Meet the Author: Breakfast and Book Signing with Connie Porter on Friday, June 25. Ms. Porter winning Addy books, which tell the story of a courageous nineyear old African American girl determined to be free during the Civil War. The ticketed program begins at 9 a.m. and includes breakfast in the American Girl Cafe and an opportunity for young Addy fans to participate in a lively Q & A discussion with Ms. Porter. Breakfast tick-

ets are \$14 per person. After

breakfast, Ms. Porter will sign

p.m. in a free, public book sign-

In the first of an ongoing se-

additional guest.

All ticketed events are reserved for adults and children ages six and up. Reservations are required. For more information or to make reservations, call

Program on Asthma, Allergies, the Environment A Community Education Pro- lion Americans have asthma

gram jointly sponsored by Niles asthma is most likely to occur in Family Services and Niles Senior children by age five and adults by Center will be conducted by Le- age 40 and one in ten new cases note Coover, RN, MSN on Satur- are diagnosed in persons over 65. Lenore Coover's presentation day, June 12th, 8:30 a.m. - 10:30 a.m. at the Niles Family Services/ will cover what asthma is, symp-Niles Senior Center, 999 Civic toms, treatment goals and man-Center Drive from 8:30 - 9 a m. agement, psychosocial concerns for Light Breakfast and a 9-10-30 and resources.

Please call to register at 588-8420 or 588-8460 for this free a.m. presentation. This event is Do you know that thirteen mil- program.

Simple Jim & His Four Fabulous Friends Lifeline Theatre KidSeries

presents a fun-filled adventure about a hapless fool, his flying ship and his amazing friends. Simple Jim's buddies include a man who can eat any thing, an amorous frog, a robot who can count everything, and an archer who never misses! Audience members will join to help this hilarious and resourceful group outwit the king. Based on an old folk tale. the script and music are by Eric Lane Barnes, the creator of last season's hit Mike Mulligan and His Steam Shovel. Simple Jim

and His Four Fabulous Friends promises to be an entertaining. exciting time for the whole fami-

Simple Jim and His Four Fabulous Friends runs June 26 - August 29. Show dates and times are Saturdays and Sunday at 1 p.m. Tickets are \$7 for advance reservations, and pay-what-you-can atthe door on the day of the perfor-

For tickets, call the Lifeline Box Office at (773) 761-4477. For group tickets call (773) 761.

# **Cancer Survivors Day Celebration**

Cancer Survivors Day will take place at the Hyatt Regency O'Hare, 9300 West Bryn Mawr Avenue, Rosemont, from noon to 3:30 p.m. on Sunday, June 6. stories of The American Girls Collection. After the show, girls The celebration is being spon-sored by Resurrection Health and their guests will have a spe-cial dinner in the American Girl Cafe. A Date with Dad is sched-Care, 7447 West Talcott Avenue, Resurrection Health Care provides cancer treatment at uled for Thursday, June 3, and Resurrection Medical Center, Thursday, June 10, at 5:30 p.m. Our Lady of the Resurrection Medical Center, St. Francis Hosner are \$49.50 per person for the pital in Evanston and Westlake first two guests and \$45 for each Community Hospital in Melrose

designation of the state of the

A free celebration of National cer Survivors Day," said Carol Flanagan, R.N., Coordinator of the Cancer Treatment Center at Resurrection Medical Center. "Anyone with a diagnosis of cancer is invited to attend with their families or friends."

> The National Coalition for Cancer Survivorship defines cancer survivorship as the day of diagnosis through the remainder

Joining the celebration as

guest speaker will be cancer survivor Lawrence Baran, Ph.D. Baran is the first cancer survivor inducted into the National "We anticipate nearly 1,000 Teacher Hall of Fame and was ter, call the Resurrection Cancer people will attend this year's cel- named the Reader's Digest Institute at Resurrection Medical

square dancing; the Heart Brothgroup; a buffet style luncheon and a raffle, which will include two tickets to a Cubs game.

National Cancer Survivors Day is designed to help draw attention to the issues faced by the more than 8.2 million cancer survivors in the United States. The celebrations that take place across the country will also focus on advances made in cancer research and treatment.

Registration is required. For more information and to regischration of life on National Can- American Hero in Education. Center at 773-792-5116.





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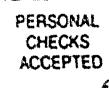
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# Church & Temple News

# **OBITUARIES**

**NIKOLAUS KAHLES** Nikolaus Kahles, 86, of Niles, died Wednesday, May 12. He was born Wednesday, September 18, 1912 in Yugoslavia. Beloved husband of Barbara (nee Keller) Kahles. Beloved father of Anna (Henry) Sattelmayer. Grandfather of John (Fran) Sattelmayer and Jim (Debbie) Sattelmayer. Services were held May 14 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles. فتحضيض

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ANTHONY J. BAGLEY

Anthony J. Bagley, 80, of Morton Grove, died May 24 at Lutheran General Hospital, Park Ridge. Beloved husband of Virginia. Beloved father of Joyce (Dale) Scherbinske and Janice (Kenneth) Syslo. Grandfather of 6. Brother of Florence Pazen and the late Edwin Bagley. Services were held May 27 at St. Martha Church, Morton Grove. Arrangements handled by Simkins Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

## HELENM. CARAVELLO

Helen M. Caravello, 84, of Des Plaines, died Sunday, May 9 at St. Joseph Hospital. She was born Saturday, February 20, 1915 in Chicago. Beloved wife of the late Salvatore Caravello. Beloved mother of Kathleen (John) Russo, Bobbi Moressi, Maryellen (Phillip) Saccente, Maureen Caravello, and Kenneth (Candi) Saunders. Grandmother of 7. Greatgrandmother of 1. Sister of the late Charles "Bud" Saunders. Services were held May 14 at St. Stephen Church, Des Plaines. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Queen of Heaven Cemetery, Hillside.

**BUD SKAJA** 

MICKEY SKAJA

JACK SKAJA

JIM SKAJA

BUD SKAJA JR.

JOHN SKAJA

**ERIC SKAJA** 

DOROTHY E. PODGORSKI Dorothy E. Podgorski, 76, of

Northbrook, died Saturday, May 8. She was born Wednesday, April 11, 1923 in Florence, Tenn. Beloved wife of the late Chester Podgorski, MD. Beloved mother of Cecelia Drazek, Thomas (Deb-crt (Margaret) Cieszykowski. orah) Podgorski, Theresa (Donald) Fiset, Phyllis (Otto) Gustafson, Wanda (Dr. Richard) Allinson, Victoria Podgorski, Terry (Vanessa) Podgorski, San-dra (Michael) Miller, and Bruce (Ashley) Podgorski. Grandmother of 16. Sister of Monta Tourtelot, Iris Trovaioli, Gerry Simonetti, Wanda Nealy, and Orman Moore. Services were held May 11 at Our Lady of the Brook. Northbrook. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Queen of Heaven Mausoleum, Hillside.

#### MARIA WIKTORIA

MISIASZEK Maria Wiktoria Misiaszck, 86, of Des Plaines, died Monday, was in Maryhill Cemetery, Niles. Justice.

LILLIAN CIESZYKOWSKI

Lillian Cieszykowski, 82, of Des Plaines, died Monday, May 3. She was born Sunday, December 24, 1916 in Chicago. Beloved wife of the late Raymond Cieszykowski. Beloved mother of Rob-Grandmother of Steven (Alicia) Cieszykowski, Katherine Cieszy-4. Services were held May 3 at kowski and Marilyn Cicszykow-Our Lady of Ransom Church, ski. Sister of the late Genevieve Niles. Arrangements handled by Stryczek. Sister-in-law of Stanley Stryczek, the late Henry Carr. the late Harriett Carr, the late Ted Cieszykowski, Jean Cieszykowski, Richard Cieszykowski, Wanda Cieszykowski, the late Esther Oles, Peter Carr, Audrey Carr, Township and Bernice Cieszykowski. Services were held May 6. Arrangements handled by Skaja Terrace

#### St. Adalbert Cemetery, Niles. JANINA A. STANAITIS

Funeral Home, Interment was in

Janina A. Stanaitis, 84, of Niles, died Wednesday, May 5. May 10. She was born Tuesday. She was born Wednesday, Febru-December 10, 1912 in Chicago. ary 17, 1915 in Lithuania. Be-Beloved wife of the late Stanley loved wife of the late Val Stanai-Misiaszek. Beloved mother of Jo-tis, Beloved mother of Vytautas seph (Martha) Misiaszek and the Stanaitis, Virginia Stanaitis and late Wladyslawa (the late Eu- Danuta (John) Pilman. Grandgene) Skowron. Grandmother of mother of Lance Pilman. Servic-. Services were held May 14 at es were held May 7. Arrange-St. Constance Church, Chicago. ments handled by Skaja Terrace Arrangements handled by Skaja Funeral Home, Interment was in Terrace Funeral Home, Interment Lithuanian National Cemetery,

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equipment to offer families only the best. \*The comfort of knowing the person you're dealing with. You will always see a familiar face at our chapels. Our staff is not rotated among dozens of funeral homes.

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WAYNED. BRUNER Wayne D. Bruner, 69, of Niles died Friday, April 30 at Lutheran General Hospital, Park Ridge. He was born Monday, March 24, 1930 in Chicago. Beloved husband of Lorraine (nee Welle) Bruner. Beloved father of Marty (Christine) Bruner and Nancy (Ed) Vandernoot. Grandfather of

#### Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery. Niles. Living Through Loss lecture at Wheeling

On Tuesday, June 8 from 10 a.m., to 11:15 a.m., a free program entitled "Living Through Loss" will be sponsored by Holy Family Medical Center and the Wheeling Township. The program will be held at the Wheeling Township offices, 1616 N. Arlington Heights Road in Arlington Heights.

Speaking at the lecture will be Rosemary Salemo Amato, Licensed Clinical Social Worker, who specializes in grief education and counseling. Presently, she is the Bereavement Coordinator for Rush Hospice Partners. Amato's work includes grief counseling, planning and facilitating grief groups and coordinating the bereavement followup program for hospice families.

The goal of the program is to provide participants with the tools necessary to live through loss. Amato will discuss the types of grief (physical, emotional and behavioral), the dynamics of grieving (working through the pain) and discuss strategies for confronting loss in healthy ways.

For more information or to register for this free program. please call the Wheeling Township offices at 847-259-7730. Registration is required.

# **KOC** prayer service a big success

Carl Ferina, church committee chairman of the North American Martyrs Council 4338, Knights of Columbus, would like to thank all the participants in the millennium family prayer service, held at St. John Brebeuf Church. Niles, on Wednesday, May 19.

The over 300 participants made the evening's service very special in praising our Holy Mother and our Lord, Jesus

Grand Knight Rich Zaprzalka thanks Carl, the Sir Knights in the bonos guard, the Polish prayer group and especially Carl's mayer service committee for their hard work in the coordination of this successful event. Rich also thanks Father Tom May for presiding over this beauuful prayer service.

# Police News

Criminal damage to property

A 53-year-old mechanical engineer from Wheeling was driving his 1995 blue, Toyota westbound on Golf Road between 2:30 p.m. and 3 p.m. May 27 when the male driver of a newer tan or cream color Ford or Chevrolet sports utility vehicle apparently became angry with him for an unknown reason.

When the victim stopped in traffic at 9100 Golf Road, he lost sight of the offender. However, several moments later the offender walked up to the victim's car on the passenger side and struck the victim's passenger side mirror, breaking it off. The offender fled to his auto. The victim observed the license plate on the offender's car but was not positive of the last three numbers. The license plate reported checked to a blue 1987 van registered to a Chicago resident. Police are investigating the incident.

Burglary

The 56-year-old resident of a residence in the 9800 block of Robin Drive reported that unknown offender(s) gained entry by kicking in the rear entry door sometime between 6:15 p.m. and 10:30 p.m. May 28. Once inside, the offender(s) ransacked three of the four upstairs bedrooms and various closets throughout the Approximately \$800 was re-

moved from the home. A pillow case filled with miscellaneous costume jewelry items was left in for disposal.

A 57-year-old resident of the 7100 block of Lee Street reported that two hours after he and his wife returned from a vacation around 2:30 p.m. May 31, they realized that a stereo valued at \$300 was missing from a china closet in the living room.

He also found that other items were out of their usual places, and he found financial papers and a \$100 bill on the floor of a bedroom. The papers and money originally were located in a jewelry box along with credit eards that were left behind by the offender (s). The victim found his passport on the floor in another part of the bedroom, but personal checks and \$300 in each were left be-

Police theorize that the point of entry was a rear sliding glass patio door where pry marks were

#### Arson/unlawful use of weapon

Police were dispatched to the 9700 block of Huber Oval around 4:47 a.m. May 29 on the report of shots fired into a house and a posrived they found a blue 1994 Dodge Caravan on fire. After the Niles Fire Department extinguished the fire, police spoke with the 45-year-old owner of the

mized, and his 22-year-old son. The victim told police he heard several shots and glass breaking in the house. Police observed a red plastic gas can leaning against the left rear wheel of a 1993 Infiniti sedan parked in the driveway facing east. An accelerant trail of gas led from the front of the van across the driveway and onto the Infiniti, ending approximately 25

12 inces from the gas can. Police observed many bullet holes in the front windows of the victim's home and recovered seven Luger 9 mm shell casings from the driveway and front lawn area of the house. In a canvass of the neighborhood, police learned that neighbors witnessed two unknown male subjects running northbound on Huber Lane and a burgundy or red sedan speeding castbound on Maynard from Huber Lane shortly after the gunshots were heard.

Police spoke with attendants from two service stations at Greenwood and Milwaukee Avenue and at Golf Road and Greenwood Avenue. Both advised that no one had purchased a gas can or gas dispensed into a can during their shifts.

#### Found property

An unknown person came to the Niles Police Department and turned in six loaded tear gas cartridges at 9:15 a.m. May 29. The cartridges were inventoried and placed in an outside storage shed

#### Retail theft

A 37-year-old woman living in a Morton Grove motel was agrested in a retail store in the 6100 block of Touhy Avenue around 1:50 p.m. May 27. The offender was attempting to leave the store with merchandise valued at \$689 without paying for it. Because of the offender's previous arrest history and conviction for retail theft, she was charged with felony theft. A July 6 court date was scheduled. A videotape of the incident was inventoried.

retail store at 220 Golf Mill reported that a male suspect and a female suspect, both in their 20s, are suspected of taking a pair of gold and diamond carrings valued at \$600, which were discovcred missing by the jewelry clerk who had opened the display case necklace. The male suspect had placed his jacket on top of the open case, preventing the clerk from closing the case completely After the offenders left the area, the clerk noticed the earings sible car fire. When police ar- were missing and notified Niles police, who are investigating the

## Stolen auto

The state of the s

A 21-year-old Evansion stu-

# 'Judges in the Classroom' program



The Illinois Judges Association (IJA), in cooperation with the American Judicature Society (AJS), is participating in the new "Judges in the Classroom" program, which places judges in junior and senior high schools throughout Illinois to teach students about the judiciary and increase their awareness of how the justice system works. Planning the upcoming visits in Chicago area schools are (from left) Hon-Stuart A. Nudelman, presiding judge of the Circuit Court of Cook County and chairman of the UA's Community Relations Committee; Nancy C. Biro, AJS project attorney; Pamela M. Penczak, AJS executive assistant; Hon. Cheryl A. Starks, judge, Circuit Court of Cook County; and Hon. J. Patrick Morse, associate judge, Circuit Court of Cook County. For more information about the "Judges in the Classroom" program, call (312) 558-6900. The Illinois Judges Association, formed in 1971, provides continuing lagal education to members of the judiciary and education to the public on matters regarding the judiciary.

fender(s) stole her 1985 silver Toyota Camry while it was parked in the north lot of the Golf Mill Mall sometime between 3 p.m. and 4:42 p.m. May 30. A police check of the area proved neg-

A 35-year-old bakery owner was delivering bread to the supermarket in the 5600 block of Touhy Avenue between 9 a.m. and 9:15 a.m. May 26 and left his 16foot 1998 Chevrolet Express Van outside the store with the keys in the ignition. When he returned to the parking lot, the vehicle was

Lost/stolen property

A 69-year-old bicycle shop owner from Skokie returned The loss prevention agent of a home after shopping at the foodstore in the \$600 block of Toulty Avenue between 4:40 pm and 4:55 p.m. May 30. The victim discovered that her black leather fanny pack containing \$250 cash. credit cards, her driver's beense and a day planner was maning She was unable to locate the fanto show the female suspect a - ny pack when she returned to the

# Matthew D. Pitts

Navy Seaman Matthew D. Petts, a 1998 graduate of Glenbrook South High School of Glennew, recently returned from a three month deployment to the South Pacific while abound the guided musile Ingate USS Rentz, home ported in San Diego He joined the Navy in June 1998 home and car that had been victi- dent repeated that unknown of. He joined the Navy in June 1998

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# **Emeritus** summer seminar package offered

This summer, Oakton Community College's Emeritus program is offering the Passages Seminar (HUM S09-40), a series of lectures about interesting and informative topics. The lectures meet on Tuesdays from 1-2:30 p.m. in Room A145 at the Ray Hartstein Campus, 7701 North Lincoln Avenuc, Skokic.

The lecture to be held on June 8. Nutrition: Facts and Fad, will examine the nutritional value of food groups needed for healthy living. Other future seminars include Exploring the Origins of Jewish Art, Love Lives of the Great Composers and Optimum Health: How to Get It and How to Keep It.

For further information on the Passages series or the Emeritus program, call (847) 635-1414. The cost for the series is \$30; those who live in-district age 60 and older pay \$25.



People once believed ringing bells would quiet

# **Niles Senior Citizens** 588-8420 - 588-8000

NILES SENIOR CENTER REGISTRATION The New Niles Senior Center, 999 Civic Center Drive, behind the Village Hall, serves residents of the Village of Niles age 62 and over, and their younger spouses. To register for classes, trips, purchasing tickets, etc., you need to be a member of the Niles Senior Center. If you are interested in obtaining additional Senior Center information, or you wish to become a member, please call or visit the Center and be placed on the mailing list.

NEW -- MONTHLY ' SUNDAY AND EVENING PROGRAMS

Sunday at the Center, June 13, 11 a.m. to 4 p.m. Lunch -- hot dog, fresh off the grill, plus potato salad -- followed by the movie, *Driving Miss Daisy* (1989, PG). Cost of lunch: \$2. Center will be open for cards, billiards, socializing,

Evening at the Center, Wednesday, June 23, 5 p.m. to 8:30

Come for a summer Bar-B-Q and Karaoke. Enjoy a BBQ dinner with Bratwurst, Hamburger, German Potato Salad, Beans and Dessert plus our First Ever Karaoke! Cost: \$5. TOUR OF THE NEW CENTER

If you are interested in touring our Senior Center, please call Mary O. at 588-8420. CONTINUING TICKET SALES
TO ALL SENIOR CENTER MEMBERS

Chicago Wild Side Trip is Tuesday, June 8, 9:30 to 5 p.m. Cost: \$40 for a visit to the Oceanarium, lunch at Nick's Fishmarket and a stop at the Lincoln Park Zoo. Menu choices: Com crusted Salmon Filet or New York Strip Steak.

Sunday at the Center, June 13, 11 a.m. to 4 p.m. Lunch - hot dog - fresh off the grill - plus potato salad, followed by the movie, Driving Miss Daisy (1989, PG). Cost of lunch: \$2 Center will be open for cards, billiards, socializing, and more. New! Please join us for our first Monthly Sunday at the Center

Evening at the Center, June 23, 5 p.m. to 8:30 p.m. Cost \$5 for a summer BBQ dinner with Hamburger, Bratwurst, German Potato Salad, Beans & Dessert. Then get your voice ready for our first ever Karaoke Nite! New! Please join us for

our first Monthly Evening at the Center Event.

CPR (CARDIOPULMONARY RESUSCITION)

Learn how to re-establish heart and lung activity after cardiac arrest. Class is taught by the Niles Fire Department. New certification, Wednesday and Thursday, June 2 and 3, 2 p.m. to 5 p.m.. Recertification, Thursday only. Questions: Contact Terry Sprengel, RN, BSN. Registration required.

BOOK DISCUSSION

Book Discussion is Friday, June 4, at 10 a.m. in Room 231. The featured book is *The Notebook* by Nicholas Sparks. Price: \$1 includes refreshments.

SENIORS ON THE GO Seniors on the Go will begin Monday, June 7 with FREE Rules of the Road Driver's Training Courses from 9:30 a.m. to 11:30 a.m., or 12:30 p.m. to 2:30 p.m. FREE Vision Screening will also be available from 9:30 a.m. to 2:30 p.m. Registration not required. From June 8 to June 17, driver simulation machnines will be available BY APPOINTMENT to help you prepare to renew your license. Space is limited.

JUNE TICKET SALES

June Ticket Sales are Wednesday, June 9 at 9 a.m. for all Senior Registrants. Doors open at 8:30 a.m. If arriving before 8:30 a.m., please line up at the East Door.

Touring Lake Geneva, Wednesday, July 7 from 9 a.m. to 5 p.m. Relax on the beautiful shores of Lake Geneva. Lunch will be either Broiled Walleye Pike or Tenderloin Stroganoff at the Geneva Inn. An hour cruise and a stop at The Cheesebox completes this tour. Cost: \$32.50.

The Senior Center's Annual Picnic is Friday, July 9 from 11 a.m. to 3 p.m. at Oak Park (Ottawa & Main Streets). Games. entertainment and lunch featuring hamburger, hot dog, potato salad, baked beans, chips, and dessert. Cost: \$6.
WHAT DOES A CHIROPRACTOR DO?

Dr. James R. Laurie from Back to Health Chiropractic will be here to give this talk about chiropractic on Thursday, June

10 at 2 p.m. Registration required.
WOMEN'S GOLF OUTINGS Niles Senior women are invited to participate in a 9-Hole Golf Outing to TAM on Friday, June 11. Tee times to be announced. Cost is \$13, includes green fee, lunch and prizes.
FRIDAYS AT THE MOVIES

Baseball is the theme for the June Fridays at the Movies. Show time is 1 p.m. June 11, Field of Dreams (1989, PG) starring Kevin Cost-

ner. Not a typical baseball story but a story of redemption and faith in the tradition of the best Hollywood fantasies. June 18, The Natural (1984, PG) starring Robert Redford.

Saga of a young man with a gift for baseball whose life takes more than a few surprising turns. June 25, Eight Men Out (1988, PG) starring John Cusack. Detailed period piece about the infamous 1919 "Black Sox" World Series.

Rich Teper, from Shaklee Vitamins, is back to answer all your questions about taking vitamins on Friday, June 11 at 2 p.m. Registration required.

NEW TRIP ADDED "A World Away Trip II" is Monday, June 14 from 9 a.m. to 5:30 p.m. Enjoy a paddleboat ride and lunch featuring Chicken Bernaise, on the beautiful Rock River aboard the "Pride of Oregon." A tour of an authenic Japanese Garden will complete this tour. Cost: \$27. Call for ticket availability. ACUPUNCTURE

Dr. James R. Laurie, chiropractor, will discuss and demonstrate the Chinese technique of acupuncture on Thursday, June 24 at 2 p.m. Registration required.
MEN'S GOLF OUTINGS

9-Hole Tam Golf Outing is scheduled for Wednesday, June 16 - Tee TBA. Enjoy golf, lunch and prizes. Cost: \$13.

18-Hole Golf Outing is at Bristol Oaks in Bristol, Wisconsin on Monday, July 12. Enjoy 18 holes of golf, cart, prizes and your choice of Chopped Sirloin or Baked Chicken. Cost: \$38. For more information, contact Mary Oleksy at 588-8430. NEED HELP WITH YOUR COMPUTER ???

A volunteer is available to assist you with all aspects of your computer. Whether you are a beginner or just need a little help, bring your questions. For an appointment, or for further information, contact the Receptionist at 588-8420.

Erik Weiss was learning the trade of locksmithing before he became a professional magician and won world renown as Harry Houdini.

# Hula dancers entertain at **Bethany Terrace**



Shown above: (I to r) Jose Rodriguez, Rodel Garcia, RN, Richard Florendo, RN, Antoine Pierre-Louis and Richard Beltran.



Shown above: (I to r) Royal Polynesian Revue dancers Zinnia, Sina and Kukana with Bethany residents Joe Myers and Alex Simkin (kissing Sina).

Bethany Terrace Nursing Centre was swinging and swaying like palm trees on a sunny Hawaiian Island during the grand finale to Nursing Home Week. Not only did Kukana, Zinnia and Sina from the Royal Polynesian Revue, professional hula dancers, entertain more than 150 residents and guests, but the male nursing staff danced the hula with exquisite grace and rhythm at the annu-

al Talent Show. Traditionally, Nursing Home Week begins with Mother's Day and ends on Saturday. All nursing homes in the country have special programming. Bethany Terrace celebrated the week with a special Mother's Day Tea on Sunday, a bingo bonanza followed by a wine and cheese party on Monday; a magic show on Tuesday. on Friday.

Residents Eva Ardelean and Ken Hartman read poems while Hilda Kale showed off her paintings and Jeanne Heller displayed her portfolio of art work. The fol-

A.C. to his friends) of Dietary sang a blues song; Dominic Figuero (Nursing) performed a rhythmic yoga; the entire Activity Department wrote and performed to an original rap song about Bethany Terrace and directed by Lori Lentz, Activity Director; Diana Ross impersonator Suzanne Crow, Social Service Director, did a terrific impersonation and lip-synced the tune of "Reach Out and Touch Someone," Maintenance Director John Burns juggled not only balls but scarves to the delight of the residents; Rosy Oden of Housekeeping (who plays beautiful classical music) tinkled the ivories to sevthe hawaiian Luau and a pet show eral musical pieces; Shirley Sax on Wednesday: followed by a of Administration showed off her Resident and Staff Talent Show beautiful needlepoint and read an original poen, followed by a real show stopper-an all male Hawaiian hula dancers in full costume performed by the men on the afternoon nursing shift, Jose Rodriguez, RLA, Rodel Garera, RN,

lowing talented employees

swayed with the rhythm and per-

formed to the delight of all

guests: A. Cephus (known as

# **Power wheelchairs**

Richard Florendo, RN, Antoine Pierre-Louis, CNA and Richard makes available Power (Electric) Beltran, CNA. The Talent Show received rave reviews from families, residents

and staff. It will become an annu-

al event for Nursing Home Week. The aids are provided to those If you'd like to see the differ-65 and older who require them for ence that a family, home-like atuse in their home and meet the mosphere makes in a nursing qualifications of the program. home, stop by and visit. The person must be nonambulatory and unable to propel

If interested, contact our Director of Volunteers, Marguerite Vaughan at (847) 965-8100, x253.

available The Senior Wheels Program themselves in a manual wheel-

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For more information, contact the Transitional Care Unit Program Coordinator at Glenview Terrace (847) 729-9090.



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# Regency sponsors a week-long celebration of chocolate

In the spirit of sponsoring ac- ments. The second day, we entivities that are unique and creative, Regency sponsored a whole week of fun events in celebration of one of our residents' favorite foods: chocolate! The week's events were a sweet success, with of delicious desserts and engaging activities.

Our "Celebration of Choco-

joyed a strawberry chocolate dip, following our "Bowling for Dollars" activity. The strawberries were enormous and everyone had at least two!

ter. We made a variety of chocolate delights, such as three kinds On the third day, we invited a our residents enjoying a variety baker to come and demonstrate of brownies - frosted, caramel, the fine art of cake decorating. He and walnut; chocolate cake with started with a large unfrosted fudge frosting; chocolate covered nuts; chocolate cream pie; and cake and turned it into a thing of late" began with the viewing of beauty! Everyone enjoyed not chocolate muffins. We only ate that popular movie, "Willy Won- only seeing the demonstration, small samples, as we wanted to ka and the Chocolate Factory," but afterwards, sampling the fin-along with chocolate refreshished product. We also enjoyed serve it for our upcoming tasting

The week's biggest event was Regency's "Taste of Chocolate" that included residents, family and staff. We showed the famous Lucille Ball TV classic, where Lucy and Ethel went to work in a chocolate factory; had a chocolate quiz; and ended with a taste of all the chocolate desserts we had baked the day before, plus generous donations from our staff here and at the day care cen-

"Chocolate Trivia and History,"

On Thursday, we held a choco-

late "Bake-Off" with clients from

Regency Senior Day Care Cen-

with chocolate bars for prizes.

# **Emeritus program** offers summer

classes

Oakton Community College's Emeritus program is offering summer seminars and non-credit classes for older students interested in learning for fun and being part of daily college life. All classes are held at the Ray Hartstein Campus, 7701 Lincoln Ave-

nuc, Skokic. Looking at Landscape, Garden and Flowers with Artists as Guides. (ART B57-91), Touch-Tone 6054) is a new class that will explore the artwork of Chagall, Monet and Georgia O'Keeffe. Instructor Linda Rubin will teach students the beauty of gardens through slides, paintings and photographs. For an additional fee she will also lead a local tour of Chicago gardens. This class will be held for four consecutive Mondays, starting June 12, from 9:30-11 a.m. The fee is \$80.

Other popular and interesting classes include The Cinema Down Under: Films from Australia and New Zealand; Massage: The Importance of Touch; American Musical Theater; Four Plays; and Beginning/ Continuing Hatha Yoga.

For further information on the Emeritus program or classes of-fered, call (847) 635-1414. Persons who have registered for Oakton or ALL classes within the last five years and have a correct Social Security number on file may register using the Touch-Tone phone registration system by diading (847) 635-1616. Touch-Tone registration requires payment with a major credit card (Visa, MasterCard or Discover). Students 60 years of age and over who live in-district pay half of the listed fee. A registration fee of \$5 is required for students under 60 and students who live out-of-

# Morton Grove Senior Citizens 470-5223

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**BLOOD PRESSURE SCREENING** 

According to the American Heart Association, the diagnosis of high blood pressure is based on the average of two or more readings taken at each of two or more medical visits after an initial screening. The Heart Association's classifications for adults age 18 and older are:

 Ideal, less than 120/80; re-check in two years. Normal, less than 130/86; re-check in two years.

High normal, 130-139/85-89; re-check in one year.

- Mild high blood pressure, 150-159/90-99; confirm within two months. Moderate high blood pressure, 160-179/100-109;
- evaluate within one month. Severe high blood pressure -- more than 180/110;

evaluate immediately. Free blood pressure screening is offered from 9 to 11 a.m. on Tuesday, June 8 in the Morton Grove Village Hall Senior

COMMISSION ON AGING

The Morton Grove Commission on Aging will hold its next monthly meeting at 1 p.m. on Tuesday, June 8 in the Village Hall Senior Center. The commission provides an arena for discussion and planning of services and programs to benefit Morton Grove's senior citizen population. All interested residents are welcome to attend.

TAKE TIME FOR THURSDAYS:

"DELIGHTFUL DOLL" CRAFT WORKSHOP Here's a craft creation for seniors and their grandchildren that will result in a lovely hostess gift. The "Delightful Doll" will freshen the air and decorate a dresser or coffee table. Dora LaForest will provide all the materials and guidance starting at 1 p.m. on Thursday, June 10 in the Prairie View Community Center. The cost for the workshop is \$4.

ARCHITECTURE OF LINCOLN PARK ZOO

Bring the grandchildren on this exploration of unique and historic 19th and 20th century zoo architecture on Tuesday, June 15. Lincoln Park Zoo is a Chicago treasure and the second-oldest operating zoo in the country with Neoclassical and Prairie School buildings and restorations. Lunch will be a zoo feast under a big top tent. There will be time to visit favorite animal habitats as well. Depart from the Prairie View Commu nity Center at 9:15 a.m. and return at approximately 4 p.m. The fee is \$32 for residents, and \$38 for non-residents. For more information, or to register, call Catherine Dean at the Morton Grove Park District, 965-1200.

CLINTON, IOWA TRIP

Morton Grove seniors will take a ride on the Mississippi Belle, a 1,000 passenger paddlewheeler, to enjoy exciting easino gaming and a wonderful lunch on Thursday, June 24. Everyone will receive \$5 in casino tokens. Afterwards, enjoy dessert at the Curtis Mansion, the restored Victorian home of lumber baron George M. Curtis. Depart from the Prairie View Community Center at 8 a.m. and return at approximately 6:50 p.m. The fee is \$18 for residents, and \$22 for non-residents. For more information, or to register, call Senior Adult Supervisor, Catherine Dean at the Morton Grove Park District, 965-

> THE ODYSSEY, A PREMIER LAKE MICHIGAN EXPERIENCE

Join North/Northwest Suburban Senior Centers for this trip on Lake Michigan on Thursday, July 22. Odyssey II is the largest fine-dining cruise ship on the Great Lakes with an elegant atmosphere reminiscent of the classic ocean liners. Enjoy live entertainment, one complimentary non-alcoholic beverage served in an Odyssey souvenir tumbler and unlimited complimentary coffee, tea, and iced tea. Depart from the Prairie View Community Center at 9:30 a.m. and return at approximately 3 p.m. The fee is \$50 for residents and non-residents. For more information, or to register, call Catherine Dean at the Morton Grove Park District, 965-1200.

. . . . . . . For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-1200. To receive the "Seniors in Morton Grove" newsletter, Morton

Grove residents can send \$3, and non-residents send \$4 to the

Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.

# Sports / Park & Library News

# Kids' golf clinic offered at Oakton

This summer, Kids' College, part of Alliance for Lifelong Learning (ALL), the continuing education program partnered with Oakton Community College and area high schools, is offering a golf clinic for boys and girls between the ages 7-14.

Four clinics will be held at the Des Plaines Campus, 1600 East Golf Road. Session 1 (KSG 001-31) will be held on June 21-24: Session 2 (KSG 001-32) meets on June 28-July 1; Session 3 (KSG 001-33) will be held on July 12-15; and Session 4 (KSG 001-34) meets on July 19-22. All sessions will run from 11:30 a.m. - 1 p.m.

The golf clinics will stress the fundamentals of the game, including the golf swing and hit-ting methods. There will be two assistants, along with an instructor. The clinics will include progress reports and take a home video. All equipment will be supplied by Oakton. The fee for the Summer Golf Clinic varies

## Take a zoo trip with Morton Grove

Join the Prairie View Travel Club on Tuesday, June 15 as we visit the Lincoln Park Zoo. A Chieago Architecture Foundation docent will conduct a tour of the award winning examples of Neoclassical and Prairie School buildings. Grandchildren are wel come on this trip. Everyone will enjoy this wonderful animal habitat, the second oldest zoo in the

Lunch will be a zoo feast under a big top tent with your choice of the scrumptious Turkey breast sandwich on white bread with Swiss cheese or a delectable smoked ham sandwich on rye bread with cheddar cheese. There will be time to visit your favorite spots at the zoo. The motorcoach will leave at 9:15 a.m. and return at approximately 4 p.m. The cost is \$32 for Morton Grove residents and \$38 for non-residents. Register at Prairie View Community Center, 6834 Dempster Street. For further information call Catherine at 965-1200.

# **Take Time** for Thursdays

Our June Take Time for Thursdays program will be a craft project for your own home, to do with or give to a grandchild or to use as a lovely hostess gift. The workshop will be on June 10 at 1 p.m. and the project is a Delightful Doll who freshens the air besides looking cute as a button on a dresser or table. Dora La Forest will provide all materials and guidance. The cost of the workshop is \$4. Please register at Prairie View Community Center, 6834 Dempster by June 5<sup>th</sup>.

according to the number of sessions attended. For one session

Class size is limited to 15 students, so early registration is recommended. For information on the golf clinics, ALL classes and registration, call (847) 982-9888 and press option #3.

the fee is \$80; for two sessions,

# Harrer Pool set to open June 12

On Saturday, June 12, come join the Morton Grove Park District as we celebrate the opening of Harrer Pool, 6250 Dempster Street for the summer season. The pool staff is looking forward to seeing you and your family there! It will be a fun-filled day with a variety of opening activi-

Harrer Pool's regular hours of operation for public swim are Monday-Friday, 1-5p.m. & 6:30-8:30 p.m., Saturday-Sunday, 12-5 p.m. & 6:30-8:30 p.m. Pool passes may be purchased at the Prairie View Community Center. 6834 Demoster Street.

For more information contact the Morton Grove Park District at 568.33.44. (847) 965-1200.

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> Armstrong SOLARIAN The beauty is, it stays that way

And Armstrong

Solarian floors are

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too! Come in and

see With over a

hundred designs

wanted forman

maked it wasy to get

the soon for ming -

Train thirth to count form

and colors to

choose from,



## **Annual Niles** North Golf **Outing set**

The Niles North golf t proud to sponsor the Fourth Annual Golf Outing at Fort Sheridan Golf Course on Saturday, June 5. 199. The purpose of this outing is to raise money to benefit the Athletic Department at Niles North High School in Skokie.

The format for the outing will be a four-person best ball scramble. Each member of the foursome will tee off and then proceed to the ball that is in the best position to take the second shot. The same procedure applies to all shots from then on. Because the afternoon High School Tenof this unique format, no previous golfing experience is needed. Participants may register as a exciting USA Tennis 1-2-3 profoursome or individually. Indigrams for youth ages 4-16 and vidual golfers will be assigned a adults emphasize fun, fitness, and foursome.

competitions such as longest drive, closest to the flag, and vate clubs and resorts. Frank others. The cost, per golfer, is Sacks is a certified USPTA and \$53. This will include 18 holes of golf, shared golf cart, and light lunch (hot dog or brat, chips and drink).

For further information and reservations contact: Joel Kessler at Niles North High School

## Lincolnwood tennis programs set to begin The Village of Lincolnwood

Parks & Recreation announces that adult tennis programs begin June 5 at Niles West High School Tennis Courts. Youth tennis programs begin on June 14 at Procsel Park and at Niles West High School. All programs are under the direction of the Frank Sacks Tennis Camps, Inc. and follow the guidelines of the United States Tennis Association instructional and grow-the-game

> Special programs include the morning Junior Tennis Camp and nis Camp at Niles West now in their 19th year. In addition, new friendship. All programs offer professional instruction at a fraction of the rates charged by pri-USPTR tennis professional and former Head Men's and Women's Tennis Coach at Northeast-

ern Illinois University, For more details contact: Shari Wenzel, Village of Lincolnwood, Athletic Supervisor, at (847) 677-9740 or Frank Sacks at (847) 933-

# Skokie tennis programs begin June 8

The Skokie Park District announces the first session of summer adult tennis programs begin June 8 at the Skokie Park Tennis Center. Youth tennis programs begin on June 14 at Devonshire Park and at Niles West High School. All programs are under the direction of the Frank Sacks Tennis Camps and follow the guidelines of the United States Tennis Association instructional and grow-the-game initiatives.

Special programs include the morning Junior Tennis Camp and the afternoons High School Tennis Camp at Niles West now in their 19th year. In addition, new exciting USA Tennis 1-2-3 instructional and league programs for youth ages 4-16 and adults emphasize fun, fitness, and friendship. All programs offer professional instruction at a fraction of the rates charged by private clubs and resorts. Frank Sacks is a certified USPTA and USPTR tennis professional and former Head Men's and Women's Tennis Coach at Northeastern Illinois University.

For more details contact: Sandy Harris, Skokie Park District. Athletic Supervisor, at (847) 933-4966 or Frank Sacks at (847) 933-0002.



7:30 P.M. & **Every Saturday Thereafter** 



Assigned Lanes 21-30 51 & Over



3 Games of Bowling In A Candlelight Atmosphere

Rental Shoes Hors d'oeuvres Soda & Coffee All for \$15°° P/P

CALL FOR RESERVATIONS

Ample Parking/Lounge Newly Remodeled Friendly Atmosphere

> 8530 Waukegan Rd. Morton Grove

(847) 965-5300

# School News

# ISU alumni to bid farewell to President Strand

Illinois State University will host events June 16 and 17 for Chicago-area alumni and friends to honor and thank retiring president David A. Strand for his 22 years of service to the University. On Wednesday, June 16, a reception will be held at the Wyndham Garden Hotel at 17 West 350 22nd Street in Oakbrook Terrace day, June 17, reception will run from 5:30 to 7 p.m. at the Illinois State University Foundation Chicago Office, 150 North Michigan Avenue, in downtown Chicago.

President Strand became the 15th president of Illinois State University in August 1995 after serving as vice president and provost, as vice president for business and finance on two occasions, and as executive officer. After his retirement from the presidency, Strand will return to teaching in the department of educational administration and foundations in 2000. Under his administration, the University completed the \$32 million Science Laboratory Building and received a record \$9 million gift from the State Farm Companies Foundation for a College of Business building. Strand is a strong Wilmette. For information and a

established the David A. Strand Diversity Achievement Award for the University in 1995.

Each event will be similar and costs #\$5 per person.

Advance reservations are required for both events. Please contact the Illinois State University Foundation Chicago Office from 7 to 8:30 p.m. The Thurs- at (312) 251-3500 to register or receive more information.

## Columbia College

Start a Web Business How to Set Up a Web Busi-

ness, Careers in Professional Sports, Freelance Travel Writing, and Vocal Expression for Profesmore than 50 courses offered this summer by Columbia 2, the continuing education division of Columbia College Chicago.

Courses begin the week of June 14 and range from a single half-hour session to eight weeks in length. Tuition ranges from \$40 to \$600. Registration can be in person or by mail, fax or phone. Classes meet at Columbia's downtown campus and in proponent of diversity on cam-catalogue, call (312) 344-7259.



# Cosmetology

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· In ten short months you can become a professional stylist.

• Full and part-time & evening classes. • Financial Aid for those who qualify

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# **Niles School of Cosmetology**

Also Now Offers Nail Technology Courses

Hurry classes start soon! For more information call Mr. Phil (847) 965-8061

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with the special state of the

# Earth Day at St. John Brebeuf School



The Student Council of St. John Brebeuf School worked very hard to make Earth Day a meaningful experience for the entire school community. Students were urged to recognize their environmental re-

A prayer service was held on the afternoon of April 22. Members gave readings from Scripture and Chief Seattle's letter to Washington. A giant Earth was created from a beach ball and used as part of a ritual to remind the community of their roles as stewards of the Earth. Music was provided by the SJB

Each classroom received packet of seeds to plant as a sign of their commitment to respect the earth. Student Council also sponsored environmental prizes for several student winners, including dinner at the Rainforest Cafe.

# St. Paul Lutheran Church and School

Seventy-three St. Paul students recently participated in the "Jump Rope for Heart" program sponsored by the American Heart Association. The \$2,374 that they raised will be used by the association to support biomedical research aimed at discovering the causes of cardiovascular disease

and aiding in prevention. A combination of great fielding, impressive hitting, and aggressive base running led the girls softball team of St. Paul Lutheran School to a recent win over the St. Paul Comets of Mt. Prospect by a final score of 17 to 9. Team members include 8th graders Joanna Lekkas, Beth Tarasievich, Amanda Gucwa, Jenny McKinney, Marta Anderson, Kristy Hall, Emily Newton, Frieda Kolas, and Allison Bauer; 7th graders Stacy Niemic, Julie Young, Kim Grmusich, Cejey Roman, Kristen Elmer, Becky Burright, Sheila Bolbolan, and Maggie Jones; and 6th graders Dana Raabe and Lauren Elmer. The team is coached by Mrs. Robin Rocans, Mrs. Paula

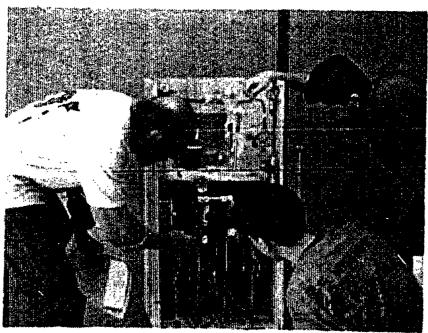
Hebble, and Mr. Rusty Elmer. St. Paul Lutheran School students recently took part in a Math-A-Thon to raise money for St. Jude Children's Research Hospital. The students raised just over \$1,200 by working math problems in special math books provided by St. Jude's. The books

are designed to provide an enjoyable way for students to review standard math skills, exercise problem-solving techniques and develop critical thinking process-

St. Paul students recently par-ticipated in a 5th- through 8thgrade Spelling Bee. Earning the Canfield.

ship Spelling Bee were Amanda Gucwa, Sandra Na, Jill Raabe, and Robert Fabry. Team alternates were Mike Croon and Stacy Niemicc. The St. Paul Spelling Team took second place at the annual spelling contest at St. Paul

# **Mission Possible** at Niles West



Science Olympiad judge, Matthew Cole, scores "Mission Possible." The project was created by Niles West students Ricky Jakob (right) and Eric Hslao (center).

# School News

# Oakton students take 'STEPS' to Washington, D.C.



Students from Oakton Community College's STEPS program traveled to Washington, D.C., recently to attend the 12th Annual Leadership Seminar. STEPS helps first-generation and income-eligible students to remain in school, graduate and transfer to four-year institutions.

Pictured (I to r): (Front row, kneeling): Maria Medina, Evanston; Mazin Polis, Skokle. (Front row, standing): Natayla Aronina, Des Plaines; Shahneela Merchant, Skokie; Nanette France, Des Plaines. (Back row): Arnullo Gomez, Evanston; Zhan Gu, Wheeling; Gabriela Mancera, Evanston; Allison Poore, STEPS Advisor, Zahra Ekhterae, Wilmette; Marlin Kartom, Skokle. (Top at center): Phil Clesi, ML Prospect.

### **Notre Dame**

**New Student Council** The Administration, Faculty, and Staff of Notre Dame High School for Boys, Niles are pleased to announce the student leaders for the 1999-00 school year as selected by their peers.

Executive Board: Mark Jarotkiewicz President, Mario DeLuca Vice President, Joseph Lococo Secretary, Neal Michalik Treasurer, Mark Stafford Historian, Mark Ziberna Parliamentarian, and Moderator, Mrs. Mary O'Connor.

Senior Class - Class of 2000, Paul Tokarz President, Christopher Enger Vice President, Jonathan Prendregast Secretary, John Newman Treasurer, and Moderator, Mrs. Cheryl DeBoard.

Junior Class · Class of 2001; Chris Sheehan President, Daniel Hoban Vice President, Michael Tennant Secretary, Alan Montera Treasurer, and Moderator, Mr. Robert Beckman.

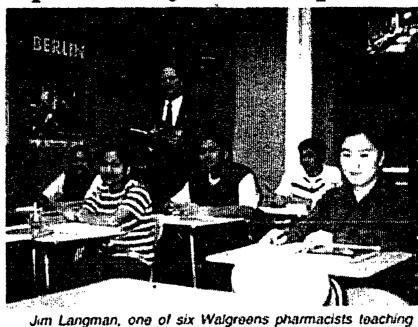
Sophomore Class - Class of 2002: Matthew Jarotkiewicz President, Brian Depa Vice President, Anthony Bontempo Secretary, Michael Cappiello Treasurer, and Moderator, Mrs. Marilyn Mallek.

Art Award Notre Dame High School for Boys. Niles, is pleased to an-

nounce that junior Kevin Boren cago on Sunday, April 25. was awarded an honorable mention ribbon for his colored pencil ious art classes at the Fedelle Art sketch by the Regent Art League. Studio for the past six years and

Kevin entered his drawing in hopes to pursue a career in comtheir spring art show held in Chi- puter graphics.

# ME students study pharmacy via computer



pharmacy technician internship classes for Maine East students. Maine West students participate via the Distance Learning Labs (see TV monitor). Interested Maine East students -- (from left) Archna Patel of Des Plaines, Josephina Krumanchery of Des Plaines, Shone Joseph of Des Plaines, Huy Nguyen of Des Plaines, and Won Suk Yoo of Park Ridge -- who have signed-up for the Walgreens Pharmacy Technician Internship work at Walgreens pharmacies as licensed technicians and study in the above classes to prepare for the National Pharmacy Technician Certification Examination.

### **Bradley**

#### Summer Forensics Institute

Bradley University will host a

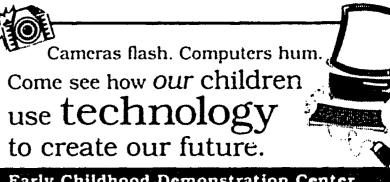
Summer Forensics Institute for high school students from July 18 through July 31. Students must have completed at least one year and no more than

three and a half years of high school to be eligible to partici-

The cost of the two-week pro-

gram is \$600 for tuition and meals or \$750 for tuition, room and meals for students staying on campus. For more information about program registration and payment of fees call (309) 677-

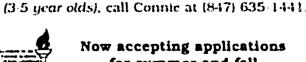
Institute participants will receive customized coaching by high school and college speech coaches and members of the nationally renowned Bradley Speech Team. Dan Smith, director of forensics at Bradley and Indiana University, will direct the



Early Childhood Demonstration Center at Oakton Community College

Full-day and part-day programs Subsidized slots are available for income eligible families.

For the Ray Hartstein Campus Center in Skokie



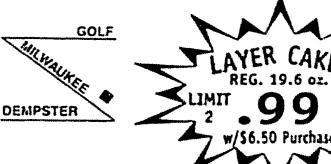
for summer and fall



We'd rather sell it than count it! Save up to 70% Off\* on a great selection of cookies & crackers thru June 30, 1999.

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\*UP TO TOP ON F MENUFACTURERS SUCCEENTED RETAIL PRICES

# Jim Gibbons Memorial 5K Run and Walk

The Leukemia Research Foundations's Fifth Annual Jim Gibbons Memorial 5K Run and Walk will take place along Chicago's lakefront near the Columbia Yacht Club on Thursday evening, June 17.

The event is held in memory of Jim Gibbons, an Investigative Reporter at WLS TV, Channel 7 ABC in Chicago who died of leukemia in 1994

Entry fee is \$15 per person.

Proceeds from the event will be used to fund worldwide research. life-saving bone marrow drives; patient financial aid and and educational support.

For further information and to signup, call (847) 424-0780.

# District 63 notice of **Special Meeting**

A Special Meeting of the Board of Education of East Maine School District No. 63, Cook County, will be held on Thursday, June 10, at 7 p.m. at the Dr. Donald C. Stetina Educational Service Center, located at 10150 Dec Road, Des Plaines.

This Special Meeting of the Board of Education is for purposes of interviewing candidates for the unexpired term of the Board of Education.

# Dudycz appointed chairman

Assistant Senate Majority Leader Walter Dudycz (R-7th,

# **Annual Salvation Army** 'Donut Day' set

Army roof.

raise \$350,000 to help support

mander for The Salvation Army

in this area, "Disaster emergen-

cies can happen at any time and

without warning. People receive

assistance from The Salvation

"The Salvation Army is al-

ways on hand whenever there is a

need. We ask donors to give their

dollars to donuts because, believe

For the seventeenth consecu-

tive year, Chicago-area Dunkin'

Donut Shops will again join The

Salvation Army in promoting

For a limited time, a customer

can receive six free donuts at

Dunkin' Donuts when they pur-

chase one dozen at regular price

me, every dollar counts!"

Army who never expect that they

will need such help.

Thank The Salvation Army the Nearly 800 people locally will next time you dunk your favorite spend tonight under a Salvation donut! While The Army may not have invented the first donut that distinction is lost in history it can certainly take credit for the popularity of donuts today.

The tag day was established in 1938 to honor the work of World War I Salvation Army "lassies" that prepared donuts for thousands of heroic soldiers in World

The Salvation Army's 61st annual Donut Day is Friday and Saturday, June 4-5. The tag day is held throughout northern Illinois and northern Indiana. More than five thousand Salvation Army workers will provide donors with those familiar paper donuts.

The organization has been serving needs of people in this area since 1885. It helped 110,516 victims and

workers at hundreds of fires and disasters throughout the Chicago One and a half million persons receive meals from the Army just by turning in their paper do-

# Oakton offers real estate licensing classes

This summer, the Real Estate Institute of Oakton Community College is sponsoring approved courses necessary for the Illinois salesperson's license.

A seven-week course, Real 701, Touch Tone 9617) will be offered on Monday and Wednes-Leader Walter Dudycz (R-7th, Chicago) has been appointed chairman of the state commission

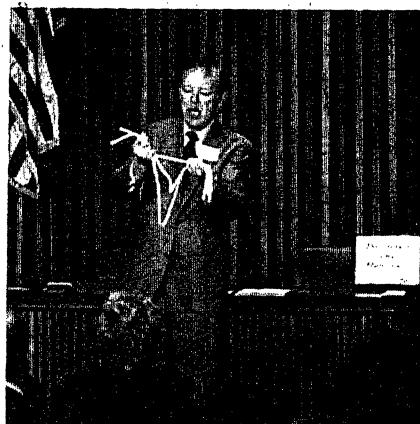
day mornings from 11:30 a.m. 
1:30 p.m. at the Des Plaines campus. 1600 East Golf Road, that oversees the allocation of of- starting the week of June 14. fice space and the maintenance of Another section of this course,

en for college credit or noncredit, for licensing or for basic

A second seven-week course. Commercial & Industrial Real Estate (RES 205-750, Touch p.m. at the Des Plaines campus, starting June 17. The class can be used towards obtaining a bro- person. Reservations must be Hillinger Assembly Election of

Oakton also offers additional

# Township 'Agency Day'



ered at the annual Maine Township Agency Day to network, exchange ideas, and hear speakers on agency related subjects. Above, Jack Jones, Ph.D., utilizes a simple rope trick to accent a point in his presentation entitled "The Power to be Persuasive" at the meeting held at Maine Township Town Hall on May 11.

# Knightly News & Views

invites everyone to attend the 965-0920, council's Installation of Officers, Please pray for our sick and scheduled for Saturday, June 12, distressed. May God bless us all. Tone 9596), will be offered on in Flanagan Hall. Social hour - 6 Thursday evenings from 7-8:50 p.m., dinner will be served approximately 7 p.m. Full dinner, you need us. with beverage, for only \$7.50 per

made in advance. Contact Rich at (847) 966-5953. Join the Knights of Columbus

with a 50 percent turnover rate

Your mutual fund's turnover

Grand Knight Rich Zaprzalka zation - call Bob Galassi at (847)

Dates to remember: June 7 -Officers, Notre Dame H.S., 8 p.m.; June 12 - Council Installa-Another section of this course, buildings in the State Capitol Complex in Springfield.

Illinois Senate President James "Pate" Philip asked Dudycz to serve as Chairman of the Legislative Space Needs Commission.

Another section of this course, Tanagan Hall, Dinner, 7 p.m.; June 14 - Hilling-courses required for residential licensing. For more information on these and other Real Estate Institute classes, call John Mithage Centennial.

Join the Knights of Columbus and help when and where you can. We can use your help as we continue to help our fellow man. For information on the Knights and July 4 - Independence Day Parade-Village Centennial.

PUBLIC SERVICE ADVERTISEMENT

BY JEFFREY CARDELLA Special to The Bugle

# **Edward Jones:** Good News About Capital Gains

Congress recently gave investigate gains rate will drop further. Betors an attractive gift by simplifyginning in 2001, investments stock, or if the outlook of a stock
stock, or if the outlook of a stock
stock, or if the outlook of a stock ing the capital gains provisions passed in 1997. In a nutshell, five years will be taxed at a maximal want to take advantage of of one year before selling. A fund Congress replaced the former mum rate of 18 percent. maximum capital gains rate of 28 Gains on investments held less percent with a maximum rate of than a year, on the other hand, 20 percent and made the lower will continue to be taxed as ordi- how do you control buying and rate retroactive to Jan. 1, 1998.

a maximum rate of 20 percent. percent.) Better yet, in a yearand-a-half, the long-term capital folio. If your portfolio has befund. The lower the turnover term, buy-and-hold strategy. Af
N. Milwaukee, Niles, 470-8953. 

the lower capital gains tax. It's easy to control how long holds its positions an average of

you hold individual stocks, but two years before selling. That means nearly all gains rates up to 39.6 percent. That funds? Unfortunately, you can't, or its annual or semiannual reearned on investments held more makes a powerful case for investthan one year will now be taxed at ing for the long term.

However, you can choose mutual funds that practice buy-andsional also can provide this infora maximum rate of 20 percent.

(For investors in the 15 percent be sold simply because of chang- how often your mutual fund buys If your mutual fund has a high tax bracket, long-term capital es in tax laws, lower capital gains and sells stock, check its turno- turnover rate, consider moving gains will be taxed at a rate of 10 tax rates provide an excellent op-

purchased and held more than you own has deteriorated, you rate holds its positions an average short-term decisions to buy and much as 39.6 percent in taxes, depending on which tax bracket

It's been said that the best gifts are those that keep giving. Congress has given investors a gift that will allow them to keep more of what they earn and pay less in taxes. Make the most of this gift, and hold your investments for the long term whenever possible.

Jeffrey Cardella can be

# Over 100 attend Maine



Representatives from over 100 area service agencies gath-

# NEW LISTINGS

The Bugle Newspapers

HOME STYLE

• Real Estate • Home Improvement

by adding berming along the

The \$200,000 savings are

passed along to buyers in the

form of lower prices and features

that do add value, such as cast-

stone balconies and Carrera mar-

ble foyers. The end result is that

2000 Green Bay Road offers the

same amenities at a lower cost-

per-square-foot than competing

developments in Highland Park.

Another component of value-

engineering is the fact that most

of Focus' project managers and

field managers are architects.

They apply their knowledge of

design and costs in order to antici-

pate problems and offer quick so-

Customer Service:

A People Business

Responding to a problem in the

field is one thing. Responding to

the needs of a customer is quite

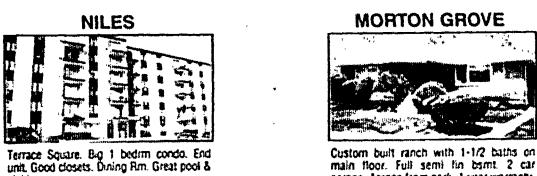
another. Most developers are

good at one. Focus pays close at-

tention to both, a practice Ander-

principle of ownership.

sides of the structure.



tate company," says Anderson.

"We integrate every aspect of de-

velopment, including design,

construction, sales and customer

service. A lot of developers either

don't have that capability or don't

By taking ownership of all

functions, Anderson believes Fo-

cus can build better homes. In de-

sign and construction this occurs

"We climinate elements that

don't add value, things that might

not always be apparent to the av-

erage homeowner," says Ander-

son. There is definitely a process

by which a developer can maxi-

mize the value of a building, and

One example of that process is

the parking garage at 2000 Green

Bay Road. It will be positioned

halfway above ground and half-

way below, saving about

\$200,000 in excavation costs.

Any aesthetic issues stemming

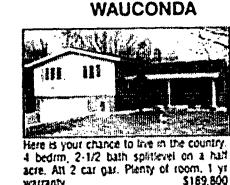
from a portion of the garage being

above ground will be remedied

we're in tune with it."

through value-engineering.

want that responsibility. We do."



YOUR HOME SHOULD BE PICTURED HERE

NOW IS THE TIME to sell your home for top coltar. We have more buyers than sellers. Call us to see our 17 step

garage. Across from park. 1 year warranty. \$235,000



Neur Milwau'kee & Deven 2 bedam, 2 bath condo in elevator blog. End unit, heated parking Nice view. Lyr warranty

WATCH THIS SPACE

We are continuing to grow and will be moving to a new larger office this summer.

NEW AND EXPERIENCED AGENTS Call Bill Alston to see how you can become part of one of the most successful real estate offices in this area.

In 1998, fewer than 50 Chica-

go-area home builders had reve-

nues higher than Northsteld-

based Focus Development. How-

ever, Tim Anderson still refers to

the company he started in 1993 as

One is tempted to believe him.

His laid-back demeanor and boy-

ish looks disguise the fact that he

has been involved in design and

construction for more than 20

years: the first as an architect,

then as executive vice president

at Optima, Inc., and, eventually,

as president of his own company.

Development has carved out a

niche as one of the premier build-

ers of new-construction, mid-rise

condominiums in the northern

suburbs. Past projects include

sold-out developments in Lake

Forest, Evanston and Winnetka,

and current projects include De-

lacourte Condominiums in Buf-

falo Grove and 2000 Green Bay

Road, a joint venture with High-

Highland Park.

land Property Development, in

Over the past six years, Focus

ERA CALLERO & CATINO REALTY 7788 MILWAUKEE AVE., NILES

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Thinking small has Focus Development in the big leagues Focus Development has cus- the individual unit and the buildtomer service down to a science -- ing as a whole, because what is specifically, computer science, outside the unit affects the value Using a custom-designed pro- of the property as much as what is gram, it tracks each unit from the inside. start of construction through the To achieve design that appeals to a buyer's sense of style, as well as their sense of value, Focus

Focus knows exactly what requests are outstanding and when works with architects who underthey originated. This ensures that stand the company's objectives requests are handled promptly. Most work orders are completed within 30 days, and at one point last month, the company had only one outstanding item.

Focus also uses technology to monitor quality. The computer can sort by category, so that Focus can analyze specific types of units, or elements within those units, such as cabinets, paint or tile. If they see an unusual number of warranty requests in a particular area, they will look for

Form Follows Function: Homes That Make Sense There are two considerations a son attributes, once again, to the developer must take into account

for a given development. The fact that Anderson is an architect makes communication of these objectives much easier. With Delacourte, Focus wanted to incorporate many of the

characteristics of the singlefamily homes its move-down buyers are coming from. Thus, the architect. Antunovich Associates, Inc., designed floor plans that feature separate living and dining rooms, dens, Great Rooms and dine in kitchens.

Addressing the needs of an upscale, move-down market is also a priority at 2000 Green Bay Road. So the choice of James March Goldberg, of Goldberg Continued on Page 26

when designing condominiums -

We're selling houses

# Home Style

# Create Your Own Painted Lady

For those who spend countless hours repainting the exterior of their home or place of business, good news comes from the Chicago Paint & Coatings Association. The search begins Memorial Day for "Chicago's Finest Painted Ladies." If you beautify your home or business this summer with a new coat of paint, your work will not go unnoticed. A commemorative plaque and spethe winners of our competition. of the paint.

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The Chicago area will be divided into sectors: North, North-"non-professionally painted & building style is not a factor in the judges' decision.

Single, family, multi-family, commercial, Victorians and other styles may be entered. The only measurement will be the craftscial ceremony is planned to honor manship and the creative beauty

"Chicago's Finest Painted Lawest, West, Southwest, and dies" will be judged by a panel of South. There are two categories: experts. To assist our judging we ask that before and after color professionally painted." Size or photographs as well as paint chip samples be submitted with the application. Winners will be notified by mail.

> For more information on the "Chicago's Finest Painted Ladies" contest please phone (847)

lawns in our area? What kind of fertilizer is best and when should it be put on the lawn? What can be done about crabgrass, dandelions and moss? These are among the topics homeowners in Cook County area often ask about lawns. The answers to these and many more lawn care questions

along with it. The lessons will be to: Lawn Challenge, University mailed at weekly intervals.

to: Lawn Challenge, University of Illinois Extension: 3807 West Lessons include selecting and 111th Street; Chicago, IL, 60655. establishing lawns in northern Il- After completing the program, linois, lawn maintenance practic- you'll be all set to have a great

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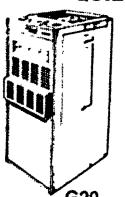
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MIKE NITTI

Niles, Illinois (847) 965-6606

# Learn Lawn Care at home

What grasses are best to use for and problems common to northcan be found in a University of IIlinois Extension Program called the Lawn Challenge. This home lawn self-study program includes 3 lessons, each with a quiz to go

Subscription for the program is \$10. Send your name and mailing address, along with a check made payable to University of Illinois

ern Illinois. Among the specific

topics discussed include the best

grasses for our area, dealing with

shady sites, how to avoid planting

mistakes, all about lawn fertiliz-

ing, lawn repair, managing weeds

(including crabgrass) and moss,

grub control and disease manage-

well. However, maintaining its

hands-on approach is paramount.

velopment became a household

name, but we'd like to stick with

what got us here," says Anderson,

cated at Dundee and Weidner

Roads in Buffalo Grove, offers 136 two- and three-bedroom resi-

dences priced from \$155,600 to

\$289,000. A model is open, and a

few residences are available for

immediate or near-immediate oc

cupancy. For more information.

Delacourte Condominiums, lo-

"I wouldn't mind if Focus De-

# **Focus Development**

es and managing home lawn pests looking lawn in 1999!

Continued from Page 25

Downey Architects, Inc., was a field? How about growth? Focus natural. Goldberg, known for his has an option on a new site in andesigns of high-end custom other North Shore suburb, and is homes on the North Shore, was looking to build in the city, as asked to include some of those designs on a smaller scale.

However, value features in design are not always as obvious as lavish floor plans or luxurious finishes. Focus takes a "big picture" approach, considering how the decisions it makes during planning and construction will affeet the condominium association after the developer has

"Some developers fail to conjected assessments. We have a solid understanding of the costs a condominium association incurs. and we take that into consideration in our design," says Ander-

He cites the decision to use attractive fluorescent light fixtures in common hallways, because they last five times longer than incandescent lighting. It's one The sales center is located at 1848 small example of how the associ-First Street, in Highland Park, For ation will save on maintenance more information, call (847) 681costs. But thinking small is how 8700. Focus made it to where it is today. So what does the future hold

call (847) 419-8100. 2000 Green Bay Road is located at Green Bay Road and West Park Avenue, one block from downtown Highland Park, Twoand three-bedroom condominiums are priced from \$279,900 to \$429,900. First occupancies are scheduled for Winter of 1999.

Visit Focus on-line at: www.newhomenetwork.com/ for the small builder from North- chicago/focusdevelopment.



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# Home Style

# Lincoln Ridge's largest condo just got bigger

As part of the purchase price

every owner will have one heat-

ed indoor parking space and an

individual storage locker adja-

Carriage Homes feature four

units in each building; two on

the first floor and two on the

second floor. They have similar

interior appointments, notably

spacious kitchens with large

breakfast areas opening to a

deck or patio through glass slid-

ing doors that flood the area

with natural daylight. Elegant

bathrooms feature European-

style vanity cabinets, cultured

marble vanity tops with two in-

tegral bowls, full-width vanity

mirrors, theatrical lighting and

ceramic tile floors. Master baths

have steeping tubs with separate

Two bedroom, two bath car-

riage homes have approximately

1.6-17 square feet, including the

patio, while the three bedroom,

two bath plans have 1.885

square feet, including a deck. An

shower enclosures.

cent to the parking space.

The largest condominium at Lincoln Ridge, Robin Construction Corp.'s master-planned community in north suburban Skokie, just got bigger.

"The largest unit in our first mid-rise condominium building was 1.724 square feet with its 6-1/2 by 14-foot balcony. The largest unit in our final condo building, including a slightly larger balcony, will have 1,794 square feet of living area," explained Cynthia Lee. director of

Another design change in the reconfiguartion of the six-story luxury condominium building is moving the three-bedroom, twobath plan 04-10 into corner units. The three-bedroom plans in the first building are in the interior with two-bedroom units occupying the corners.

"Moving the three-beds to corner positions lets us stretch the rooms a bit and to create a separated area for the dining room. The living room alone in the new plan is approximately 360 square feet, while the combined living/dining room in the original plan measures about 328 square fee," explained Lee. "It also lets us add windows in

While the kitchen/dinette area adding wall space and heightenroom is more squared off in the

tor, cooktop/oven and sink closer together," said Lee.

While the pair of three bedroom units replace two of the four corner units, all of which are two-bedroom designs in Condo I, the remaining two-bedroom units in the other corners also are a bit larger at 1,419 square feet in the new building. The three-bedroom units are pre-construction priced from

a nine-acre approximately two blocks north of Touly Avenue and just east of the intersection of Skokie Boulevard and Lincoln Avenue.

The \$40 million complex will have a total of 188 residences. including 60 one, two and three bedroom residences in each of two six-story masonry condominium buildings and 68 carriage homes. The carriage homes are being built in clusters of 17 buildings, designed in the style of single-family homes. each of which has four two- and three-bedroom, single level test-

Pre-construction prices run from \$139,500 to \$274,500 for Phase II condominiums and from \$246,900 to \$294,900 for carriage homes. Prices and availability are subject to change without notice.

The new lineup of homes now being offered in the final condo-

minium building includes one ing the experience for volume. bedroom, one bath units with Each residence is sprinkled, 979 square feet, one bedroom as are all public areas, and each the home. Optional enhanceplus den, 1-1/2 bath plans at building has an intercom system 1,222 square feet and two bed- with a TV camera in the lobby. room homes with one, 1-1/2 or two baths that range from approximately 1,169 to 1,456 square feet as well as the threebedroom plan. Many layouts have master baths with both a separate shower enclosure and tub and a double vanity top.

Each residence has a balcony with sliding doors and screens. Kitchens include a cozy breakfast area, a full-size pantry

in most residences, a choice of designer cabinetry and no-wax vinyl flooring. White-on-white General Electric appliances include frost-free refrigerators with icemakers, built-in dishwashers, continous-clean gas ranges and waste disposers. Corner units have a window above the sink for natural light.

Each condominium residence has a spacious laundry. Standards also include plush carpeteting in living areas, individually controlled heating and air conditioning, lever handle door hardware and a large walk-in closet. Ceiling heights in all livthe dining room for more natural ing areas of the condominiums

optional family room expands the three bedroom plan to apare approximately 8-1/2 feet, proximately 2,100 square feet. Each carriage home has a priis identical in both designs, the

This arrangement is a step-saver by bringing the refrigera. **GLASS BLOCK** 



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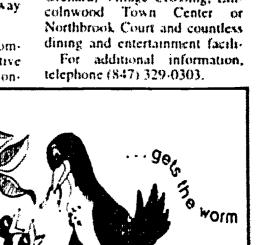
847-965-3596 847-319-8555 (Independently Owned & Operated)

vate garage with direct access to ments include family rooms, fireplaces and vaulted ceilings.

Lincoln Ridge boasts a location on the border of Skokie and Lincolnwood that is just blocks away from the Touhy Avenue entry to the Edens Expressway (U.S. Highway 94).

The maintenance free community is particulary attractive to buyers who want to stay con-

vate front door entry and a pri- nected to the Skokie/ sizing," points out Richard Robin, president of Robin Construction Corp. "It's an ideal location in terms of access to work centers in both downtown Chicago and the suburbs, as well as such major shopping centers as Old Orchard, Village Crossing, Lin-

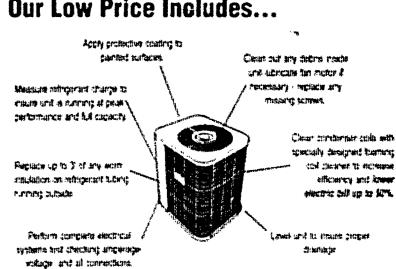




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which arouse his audience dity, the uncle said, "This is and kept them listening to the nice." Perhaps not any provery end of his speech. found thought. But just a simple, "This is nice." He claims to be a non-

religious humanist yet ap-What Vonnegut was sayproved and quoted Jesus' ing was to stop and enjoy the words extensively. He's a semoment.....and smell the rosrious internationalist who was a P.O.W. imprisoned near Cologne Germany, and decried the fire bombing of How often when we get to-

Cologne by the American Air ment? We may joke or gripe Force near the end of World or gossip but how often do War II, needlessly killing we appreciate the moment of thousands and destroying a simple pleasures? At my high school gradua-Since I haven't the slighttion the very crudite Robert est remembrance of any past graduations' words of wis-Maynard Hutchins spoke to our class. He was the 30 year dom, and I doubt you do eiold president of the Universither, I was pleased to hear ty of Chicago and was a prize Vonnegut simply quote a few words the graduates may well

catch for a local high school graduation. While I'm sure his thoughtful presentation was well received, it was soon forgotten. But this past week's speaker at Agnes Scott College said three simple words which will be longworld was momentarily at remembered by the 1999 peace, and with little profungraduates, "This is nice,"

ways of doing things.

Niles North, the latter to accom-

modate an influx of new students

About 100 new students per

mentary schools in Lincolnwood,

Niles, Skokie and Morton Grove.

As new residential developments

are completed in the area, howev-

er, even more new students may

be added to the district's enroll-

A referendum to increase taxes

to support the district may be in-

troduced next spring or the year

actly how the money will be used.

Colin Keevers

Manne Pyt Colin Keevery,

son of Thomas J. and Rac Kees-

ers of Park Ridge, recently com-

pleted basic training at Marine

Corps Recruit Depot, San Diego.

Reevers successfully completed

12 weeks of training designed to

challenge new Marine recruits

both physically and mentally. He

is a 1998 graduate of Notre Dame

High School in Niles.

District 219 ...

remember through the com-

ing years. He noted an uncle

of his was sitting under an

apple tree with members of

the family drinking a cool

glass of lemonade. Their

Continued from Page 1

non-military target.

stable financial position? Officials concede that some of school improvement projects have had to be postponed or re- the bond sale made funds availaconfigured. Capital improvement ble that the previous administraspending, for example, has been tion did not have access to. d, saving the district \$9 million in the 1997-98 school will be undertaken this summer,

year, when some proposed re- including a \$5 million improvemodeling projects were put off. The district also realized a cash stem at Niles West and a \$5 milinfusion when \$22 million in new bonds were issued to replace bonds that were being retired.

In addition, the new administration at the district has led to a new approach and clearly less alarmist philosophy in interpreting budget data.

A state analyst brought in by the district's new administration went over the books and determined that the district is in sound financial condition at least for now. Nonetheless, officials admit that the growing enrollment, aging facilities and technology needs, the same considerations that worried the former administration, will likely result in a referendum proposal at some time in

the not too distant future Supt. Griff Powell said that the district schools can continue to function and operate at the present levels. However, money for expansion is lacking.

As part of the belt-tightening program now underway in the district, officials are rethinking some of the proposed capital improvements, including remodeling and reconfiguring classroom space and renovating the heating and cooling systems.

According to school board president Robert Silverman, the district has reprioritized expendiPolice . . . Continued from Page 1

tional evidence made the actual arrest possible, according to a statement by the Oregon State Police, which assisted in the ar-

Thivel had been living in Medford since the slayings. He was charged with two counts of firstdegree murder. An extradition hearing was scheduled.

Andrews, serving a life term at Stateville Correctional Center for the 1991 murder and rape of Virgether do we savor the moginia Griffin, 43, of Rogers Park, began bragging to a fellow inmate about six months ago that he had gotten away with the murder.

The inmate informed prison authorities, who obtained a court order to conceal a recording device on a person who would have so. Lottery winners will receive contact with Andrews. In Februnew power supplier options on ary, a conversation occurred dur- Oct. 1, and all other noning which Andrews described in detail how he abducted and murdered Clarke.

Police then executed a search warrant in Andrew's cell where they found notes Andrews had written with Clarke's name on them, newspaper clippings about the murder and notes Andrews had written about the murder.

Despite the fact that police questioned him at the time of the crime, Andrews escaped indictment because police lacked evi-

Andrews, who once lived in tures and found more economical Chicago, was charged May 25 with the kidnapping, rape and The \$22 million obtained by murder of Clarke, a junior at St. Scholastica High School, who lived on Chicago's North Side. cussed. Clarke disappeared after leaving Some of the deferred projects

wood Aug. 25, 1977. If he is convicted of Clarke's ment to the air conditioning sysmurder, Andrews would be eligible for the death penalty, accordlion science lab expansion at ing to Cook County State's Atty. Richard Devine, whose family

had also employed Clarke as a ba-Andrews is now a suspect in year are expected to arrive in the two other local cases. Amy Aldistrict from the 19 feeder eleden. 15, of Evanston disappeared in 1972. Her remains were found in 1977 in the Memorial Park Cemetery in Skokie.

Arvella Louise Thomas, 14, who lived on the North Side of Chicago, disappeared in 1978. Her body was found in an alley in

Because of the murders bear some resemblances to serial murafter that. However, officials said ders, authorities in Michigan, Inthey will not push for a referen- diana and Wisconsin are attemptdum until they are sure they can ing to link Andrews to between explain clearly to the public ex- 20 and 40 unsolved murders in

those states. Devine said his office along with the Illinois Department of Corrections, the Illinois State Police and the Skokie Police Department had conducted the investigation. He pledged that all leads and information regarding other cases would be investigated. until all incriminating information linked to Andrews has been

READ THE BUGUE

**Acting Dean** appointed at NEIU

Estela R. Lopez, Provost and Vice President of Academic Affairs at Northeastern Illinois University (NEIU), is plesed to announce the appointment of Nan J. Giblin, Ph.D. of Park Ridge, as Acting Dean of the College of Education effective

Associate Dean since 1994, Giblin has held a number of positions since becoming a faculty

residential customers will receive

lottery is June 15.

Shell Station . . .

Continued from Page ! quired to select a new provider. feat of a proposal to allow the company, which specialized in stall radio transceivers onto Commonwealth Edison light poles in

the option to choose a new pro-The transceivers, about the vider on Dec. 31, 2000. size of a shoe box, would be The deadline for entering the spaced at a ratio of six-to-nine radios per square mile throughout Zoning for a new gas and food the village, providing transmisservice center at 7235 Caldwell sion of digital data for Internet us-Avenue was approved by the ers. In layman's terms, computer Niles trustees. Owned by Nationthat are equipped for wireless al Energy Properties, the site will communication (i.e. no telephone house a 24-hour Shell Oil gas stalines, cords, or jacks), can send tion/convenience store and a Suband receive information through way fast food restaurant.

these radio transceivers. Board president Nicholas Metricom zoning analyst Ter-Blase and trustee James Mahonry O'Donnell told the board that cy expressed concern that, acthe nine-year contract proposed is cording to notes from a previous "nearly identical" to smilar zoning board meeting, the sale of agreements reached with Park packaged liquor from the Shell Ridge, DesPlaines, and Skokie convenience store had been dis-

Counselor Education in 1985.

She is co-leader of the Learning

Leadership Team for the Col-

lege of Education, and recently

acted as coordinator of the Na-

tional Council for the Accredita-

tion of Teacher Education

(NCATE) Accrediting Process,

resulting in the university's re-

ceiving NCATE's coveted ac-

creditation at the initial teacher

preparation and advanced levels.

for installing the radios. However, several trustees expressed concern that signing the nine-year contract with Metricom would prevent the village from taking advantage of a competing providers' rates as wireless technology becomes more wide-spread.

Mayor Nicholas Blase cast the deciding vote denying the proposal after Metricom representatives refused his suggestion to negotiate a shorter five-year contract with the village.

The length of a contract with Metricom, Inc. resulted in the de-

"I'll assure you, that you will

not be selling liquor because we

don't issue packaged licenses for

The developer's representa-

tive, Frank Vibock of Caldwell

Banker told the board that "after

leaving that meeting, we decided

no beer, no wine, no liquor at all."

those kind of operations," said

TIF...

homes as well as some industrial for any costs incurred in acquirware Products building on Lincoin Avenue,

Morton Grove's first TIF development is well underway along Waukegan Road where a new Walgreen's store and other generally commercial buildings will be built on the site formerly occupied by the Admiral Oasis

In the second TIF project, the village will try to avoid including any new existing buildings in the project, according to Village Administrator Larry Aift.

A TIF district in effect freezes property taxes for the targeted area which taxing bodies like schools and parks annually impose. The increased revenues in well as reimbursing the village officials said.

Continued from Page 1

properity, including the Lawn- ing the property, preparing it for development and providing general improvements such as lighting and streets. Redevelopment of the area

near the train station is part of the village's comprehensive plan. A draft of the plan is expected to be completed by the end of the sum-

Improvements in that area will improve the quality of life for the entire community, Trustee Joe

Arft said the feasibility study should be completed in about three months. A public hearing will be held on the proposed TIF

A joint review board comproperty and sales tax that the de- posed of representatives of all the velopment is expected to gener-taxing bodies affected by the TIF are offset the loss of revenue as district would also have to meet.

Lincolnwood **Public Library** 

Face to Face Productions launches the Summer reading club for kids at the Lincolnwood Public Library with Cover to Cover, a special program at 7 p.m. on Wednesday, June 9.

When the great detective Sherlock Holmes is mysteriously drawn into the world of writing, with his colleague Dr. Watson, they journey through a book from cover to cover trying to discover the mysterious elements of fic-

Holmes pursues such zany suspects as the legendary Duke of Description, the personable King of Characters, and the always verbose Duchess of Dialogue. Using his investigative skills, assistance from the audience and the powers of imagination, he uncovers what makes fiction so fascinating.

Tickets are required and are available free at the circulation desk three weeks before the program to Lincolnwood residents and one week before to nonresidents. The program lasts about an hour. The library is lo-

Landscapes and portraits in oils by Rachel Stotik are on display at the Lincolnwood Public Library through June 26. The library is located at 4000 Pratt Ave., phone (847) 677-5277.

cated at 4000 W. Pratt Ave.,

Trek the Web

Kids are invited to Trek the

World Wide Web visiting select-

ed children's sites to find the an-

swers to a series of Trek ques-

tions at the Youth Services desk

of the Lincolnwood Public Li-

brary. Players can pick up a dif-

ferent set of questions on the first

Monday of June, July and Au-

gust. They can use the library's

Internet link or their own at

home. Successful trekkers will

receive a prize each month. The

library is located at 4000 W. Pratt

Library art exhibit

by Rachel Stotik

Ave., phone (847) 677-5277.

phone (847) 677-5277.

Organizations benefit from Ameritech

Illinois area non-profit organizations-- recipients of more than \$10 million in Ameritech grants in 1998 are among those highlighted in Ameritech's new booklet titled, "Giving Back: Ameritech's Report to the Community." The 24-page booklet cites various examples of Ameritech's corporate citizenship and offers a glimpse into the company's continuing community com-

Ameritech actively searches for opportunities to lend a hand to the communities it serves. The company aims to instill a love of learning in our children by supporting programs in ele-mentary and secondary education, open doors for career development and success by supporting innovative technology programs in higher educa- call 312-750-5037.

tion, and enrich communities by supporting arts and cultural

In Northern Cook County. Ameritech grants benefited the following non-profit organizations: Boy Scouts of America Troop 175, Niles; City of Hope, Skokie: Evans Scholars Program, Golf; Fairview Elementary School, Skokie; Immanual Lutheran School, Glenview; Jerusalem Evangelical Lutheran School, Morton Grovel St. Catherine Laboure School, Glenview; St. John Brebeuf Parish- GLADD Tidings, Niles; St. .ambert School, Skokie.

Non-profit organziations and others who would like a copy of "Giving Back: Ameritech's Report to the Community" should

**Branch Pickup...** 

Continued from Page 1 first Monday of each month for pickup during the week. Branch

pickup begins on the following July 6<sup>th</sup> (Monday Holiday)

 August 2<sup>nd</sup> · September 7th (Monday Holiday) For residents living West of

Milwaukee Avenue, pickup begins on the last Monday of each month and continues through that week. Residents should place their branches at the curb on the last Monday of each month for pickup during the week. Branch pickup begins on the following

· June 28th

July 26th

· August 30th

. All the state of the control of th

 September 27<sup>th</sup> Branches must be less than 10 inches in diameter and tied in bundles no more than 18 inches in diameter and 4 feet in length (one person must be able to list bundle). No stumps, roots or attached dirt will be accepted. Yard waste bags or stickers are not needed to use this service. Larger smed logs and branches should be disposed of by a tree service or landscaper fured by the homeowner

Remember, branches placed at the curb on the appropriate Monday morning will be picked up during that week, not necessarily that Monday. Please contact the Public Services Department at 588-7980 should you have any questions regarding this service

Enjoy a concert at Ravinia with **Emeritus tours** 

Enjoy the musical artistry of Yo-Yo Ma, one of the world's most sublime cellists, and the Chicago Symphony Orchestra, when Oakton's Emeritus program takes music fans to Ravinia n Saturday, June 26.

The tour costs \$52 and includes a box dinner and pavilion seating. Participants will leave by bus from the Ray Hartstein Camnus. 7701 North Lincoln Avenue. Skokie, at 4:30 p.m. and return there by 10:30 p.m.

Reservations close on June 12. For information on the tour and to register, call (847) 635-1414.

Vendors needed for Flea Market The Maine Township Regular

toys, audio/video, kitchen ware.

furniture and miscellaneous.

Space rental is only \$20 and ta-

For more information call Gail at

bles are available for rent.

Democratic Organization, will sponsor a Flea Market Fundraiser of Bernie & Debie Frank. on Sunday, July 18, from 9 a.m. to 3 p.m., rain or shine, in the south parking lot (fronting on ta & Bernard Wineberg. Milwaukee Ave.) of the White Wednesday, June 16, Noon Eagle Restaurant and Banquets. Sisterhood Book Discussion. 6767 N. Milwaukee Ave., Niles. Vendors are wanted to sell a variety of items, new and used, including; crafts, beanie babies, Shabbat Dinner. collectibles, jewelry antiques.

> Services 10 a.m. Friday, June 25, 8 p.m. Hazzan Shlomo Shuster presents a Friday evening Sephardic Service. Sephardic Service with expanded choir, flute & keyboard in

# NTJC Calendar of Events

THE BUGLE, THURSDAY, JUNE 3, 1999

Join us and participate in our Daily Minyan Monday-Thursday 7 p.m. 6 p.m. Sat-Sun. Friday, June 4, 7 p.m. Hassidie

Services. Saturday, June 5, 10 a.m. Adult B'Nei Mitzvah join in the

celebration. Sunday, June 6, 9:30 a.m. Our Sofer At Work! Come See!! Rabbi Yochanan Nathan demonstrate the art of the sofer (writing the Torah) plus see him repairing the Torah. Other activities will take place for children and adults. All are invited to attend.

Sunday, June 6, 7 p.m. Free Concert by The Skokie Park District Youth Chorus. Friday, June 11, 8 p.m. Erev Shabbat Services.

Saturday, June 12, 10 a.m. Bar-Mitzvah of Larry Frank, son Sunday, June 13, 5:45 p.m. Israel Bond Dinner honoring Loret-

6-16, 7 p m Men's Club Meet-Friday, June 18, 6 p.m. Family Saturday, June 19, Shabbat honor of our Sephardic Tradition. Entire community is invited to attend a Shabbat of song & poetry. Saturday, June 26, 10 a.m. Shabbat Services.

Sunday, June 27, 9:30 a.m. JUF Breakfast, Guest speaker Award-Winning Journalist and author J.J. Goldberg.

His latest book Jewish Power: Inside the American Establishment tells the story of how our remarkable minority leaves its mark on America & its politics. There will also be a presentation on the Pilgrimage to Israel that Rabbi Brief will lead in conjunction with the Jewish United Fed-

eration of Chicago, Hear all the

details & different options for this

Andres Swierk

Andres Swierk has joined the United States Army under the Delayed Entry Program at the U.S. Army Recruiting Station, Mount Prospect. The program gives young men and women the opportunity to delay entering active duty for up to one year Swierk, a 1998 graduate of Maine Hast High School, Park Ridge, will report to Fort Benning, Columbus, GA, for basic training on August 4. He is the son of Anna and Ledan Swierk of Niles



ty to total at least an hour.

sedentary couch potatoes.

Men, wrinkles and vanity

# Do I Really Have to Sweat?

Karen Collins M.S., R.D., C.D.N. for Cancer Research

"Do I have to sweat or don't 1?" First we heard the "no pain, no gain" philosophy of exercise. Then the American College of Sports Medicine and the National Institutes of Health came out recommending 30 minutes a day of activity equivalent to brisk walking -- broken up into shorter sets if desired. Yet the most recent report from the American Institute for Cancer Research recommends that for optimum health we increase our goal to an hour of moderate activity each day, and through the week tack on one or more sessions of vigorous activi- sweating required!

If the differences in these mes- of activity, if done five to seven sages is confusing, the key is to days a week, reduces the incifocus on what each is trying to achieve. Remember, at least 25 percent of adult Americans are the pain of arthritis; and aids in weight control. Many find that it The recommendations that we even improves sleep and mood work in at least 30 minutes of

moderate activity are giving us a Research is strong and consisfirst level, achievable target to tent that regular exercise protects hit. We can reach this goal through walking, gardening, bicycling, and even lifestyle adjustments like taking the stairs and and compare, activity levels and compare, activity levels and compare, activity levels and compare that the formula that a single longer exercise session strengthens the heart in ways that can't be achieved when it must beat a little harder for only short parking farther from our destina- equal to slightly beyond mini- blocks of time scattered through tions. This is exercise at a pace mum recommendations -- total- the day. leave us short of breath. No week -- reduce risk of colon can- dividual one. None of today's

cer by about 40 percent compared What's the pay-off? This level to sedentary men and women. So why bother with anything vigorous? Studies show that more intense exercise pays off with a greater drop in heart discase. By pushing heart rate a bit farther (but not beyond limits appropriate for an individual's age and medical condition) greater heart conditioning occurs. Some researchers recommend that a

that's invigorating but does not ing about 500 to 700 calories per The final message then is an in-

published exercise recommendations discourages vigorous exercise. But if you don't have the interest or time, or if you're starting at the sedentary end of the scale, don't get caught in all-or-nothing minutes, then 20 to 30 minutes of

For a free brochure, Get Fit,

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# Previously banned drug-Thalidomide-found effective for treatment of brain tumors

The previously banned drug - States because it was found to Thalidomide - is being studied for cause severe birth defects when be most effective in patients with zation of 150 cancer centers and Multiforme (a cancer of the brain that is difficult to treat with stan-

Thalidomide was first developed as a sleeping pill and was also used to treat morning sick- Promising results were seen in a ness in pregnancy. It was never study of 40 patients treated with

its effective treatment of brain tumors. Researchers at Lutheran
General Hospital are participating in a national clinical study

cause severe of all defects when newly diagnosed glioblastoma," said William Hartsell, M.D., director of radiation oncology at the venting new blood vessel formawith the Radiation Therapy On-cology Group, a national organigrowing. It works best when the tumor is small and is usually giv-

> tients with brain cancers that have and promising treatment because relapsed after surgery, radiation it virtually cuts off the blood suptherapy and chemotherapy. ply to these aggressive tumors." thalidomide in this setting,

creates many new blood vessels to feed the tumor, and thalidouniversity hospitals studying en shortly after surgery and con-ways to combat Glioblastoma en shortly after surgery and con-tinued indefinitely. mide effectively prevents those new blood vessels from forming. thus choking off the blood supply The drug has been used in pa- to the tumor. This is an exciting

> The study will continue through the summer of 1999.

- A growing number proteins and carbohydrates along of men are paying more attention with a comprehensive group of

In addition to the health benefits, some experts say good nutrition may help improve your ap-

A recent study, "Men & Appearance: Getting an Edge," and 50 found "male vanity driven some claim to be an anti-wrinkle cent ready to take steps to improve their appearance. This can range from purchasing tailored

suits to using skin treatments.

For example, one company offor men which contains marine www.scandinaviannaturals.com

vitamins, antioxidants, minerals

If the experts are correct who say it may help prevent wrinkles, that's even more a good reason for good nutrition.

The company, Scandinavian based on a series of surveys of Naturals, recently introduced 500 men between the ages of 18 Samson Protein Plus - which by societal shifts," with 47 per- pill for men -- that complements

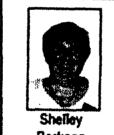
call Scandinavian Naturals tollfree at 1-800-288-2844. You can fers a skin product specifically visit the company's Website at:

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Odds are, if you work for a do not require employee contrismall company you aren't cov- bution matches. Work for employers

with plans If you're weighing two simiment plans to their employees. lar job positions, and one has a doesn't, you may want to give fers the retirement plan. Your chances for a retirement plan are greater with larger employers. Eight out of ten workers in firms with more than 100 employees percent who aren't in a plan.

retirement plan options are limited if your employer doesn't offer a plan. For example, you can't start your own SEP plan or Keogh plan, which are taxdeferred retirement plans available to the self-employed. Bast-

cally, your options are: · Individual retirement account. A worker not covered by an employer-based retirement plan generally can contribute up to \$2,000 to an IRA each year, This is regardless of how high the worker's income funless it's certainly pay to join Your con- less than \$2,000). However, tributions are tax-deductible and workers whose spouses are coxearnings grow tax-deferred, so cred by a retirement plan may you can build a comfortable pest not be able to contribute to an IRA if their combined adjusted gross income is too high. You can contribute pre-tax dollars to Small employers cited the a traditional IRA (all contributions and earnings are taxed upon withdrawal) or after-tax they didn't offer retirement dollars to the new Roth IRA plans, according to the survey. (contributions aren't taxed and carnings generally are not taxed

 Annuity. An annuity is a plans. They were more con-contract with an insurance comcerned about wages, health care pany in which you pay a premiand even vacation time. You and - um or series of premiums in reyour fellow employees may turn for the company's Grove, Illinois, is bereby canwant to encourage your employ- agreement to pay you a fixed reer to set up a plan. For one turn or a return based on your in- to be conducted before the thing, the survey found that vestment carnings (variable an- Board many employers don't realize nuity). While your contributions that they can set up retirement are not tax deductible, the carn. Steven L. Blonz plans that are inexpensive and lings grow tax-deferred until. Chairman

The control of the co

suming you've held it at least a year, the gains will be taxed at

only 10 to 20 percent. Saving for retirement is critical. Even if you don't have a retirement plan at work, alternatives are available that are certainly better than not saving at all for retirement.

USE THE LEGAL NOTICE PLEASE TAKE NOTICE

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ered by a retirement plan. Only

three in ten businesses with 100

or fewer employees offer retire-

according to an extensive survey

of small employers released this

past summer by the Employee Benefit Research Institute. Fur-

thermore, only two in ten em-

ployees in small businesses actu-

ally participate in a plan. That's

bad news if you're one of the 80

since you may face a bleak re-

your main source of income.

you can take to change your sit-

Join your employer's

retirement plan

Few small employers, offer

employer-paid pension plans.

Most offer plans in which the

employee contributes, such as a

401(k) or simplified employee

pension plan (SEP). Some em-

players will match your contri-

butions. Even if only you con-

tribute to the plan, it will almost

Ask your employer

to start a plan

egg, given enough time.

Fortunately, there are some steps

withdrawals. One benefit of annuities is that there are no contribution limitations as there are with IRAs. Growth assets. Another

man and the state of the state

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option is to invest in assets that retirement plan and the other produce little or no current income, but are expected to grow more weight to the job that of- in value over the long term, such as growth stock mutual funds or real estate. You won't receive an upfront tax deduction on your purchase, but you are delaying tax on the appreciation in value until you sell the stock. This acts much like the tax-on-carnings deferral in an annuity or traditional IRA. Furthermore, when you eventually sell the stock, as-

your top capital gains rate of

# BUGLE

MENT - THE MORTON public hearing scheduled for Monday, IUNE 21, 1999 at 7 30 6101 Capulina Avenue, Morton celled due to a lack of business

# **Math Word Problems**

The sixth graders at Saint John Berbeuf School are learning problem solving techniques by playing a game called Witness/ Detective. Many students have trouble with word problems because they get overwhelmed by all the information and fail to sort

out the important facts and necessary operations. Students work in partners and are assigned roles. The witness is given a problem and time to read it about twice. The witness is not allowed to take any notes about the problem or write at any time during the solution. Next, the detective arrives at the scene. The student can solve the problem detective can take notes and ask the witness anything they want to Fraher

about the "erime" that they need to solve. The witness can only answee the questions posed by the detective and cannot volunteer

This game helps both students focus on the important aspects of the problem. Witnesses have to look for key information as they will not have time to memorize everything. Detectives have to use problem solving steps to elfectively question their witnesses. without overwhelming them "Most importantly, I see real teamwork develop since neither alone," remote tracher Carrie

# **Boerner** awarded prestigious Goldwater Scholarship

Lawrence University, has been awarded for the 1989 2003 and named a recipient of a \$7.500 democycae Barry M. Goldwater Scholarship for outstanding academic ment A 1996 graduate of Glenbrook . In the program's fustory to be se-

engineering students nominated. Northbesonk by faculty members from college es and universities in all 50 states

# **LEGAL NOTICE**

to "An Act in relation to the use of an Assumed Business Name in the combot or transaction of was filed by the undersigned with the County Clerk of Cook the MAY 07, 1999 Under the #1A, CHICAGO, ILLINOIS 60640. The true curners and tenulance address of contacts) is: AMY DECEDE 1446 W WIN-NEMAC, MIA, CHECAGA, BLLS NOIS 60610

Joanna Boerner, a junior at A total of libit achiefarthers were

 A brokegy major, Bostocr is only the third Laurence student North High School, Boerner was beeted as a Goldwater Scholar selected from a national field of She is the daughter of Wolfgang-1,181 mathematics, science and Martin and Pileen Borner,

# LEGAL NOTICE

Philipping is incredity givers, persuitant Notice is bereby given, pursuant to "An Aut in relation to the use and an Assument Business Name in the circlication transaction of Hummen in the State," as Historicas in the State," as amended, that a certification amended, that a certification was filed by the underorgand write the County Clerk of Cook County File No. D056923 on County File No 10056853 on the MAY II, 1999 Under the Amusingd Name of PLAYTIME Assumed Name, of GEN PRODUCTIONS with the busin-DESIGN AND CONSULTING - new located at 311 S. HALSTwith the business located at ED #5, CHRCAGO, ILLINOIS 1446 W WINNEMAC AVE. 60661 The true marriers and to fortunate the entirely property is ANDREW WAINTRACE, HIS ALB CENCERCY OF CHIRLIAN NOIS COCCI, GENNADY GERTSMAN, 7122 GREEN. LEAF, NILES, BLUNOIS 60714

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needed as FT assistant to Executive
Director for non-profit arganization in
Skakie. Diverse responsibilities include
word processing, reception,
meeting coordination, confidential
correspondence, and other derical/

correspondence and other derical/ administrative tools. Excellent computer

Mail Resume To HR Departmen 7670 Marmora Skakie, IL 60077

**AUTO SERVICE** 

We will supply great atmosphere, room to develop. Good salary and benefits to one who qualifies.

Call Steve

847-729-3803

**OPPORTUNITIES** 

BANKING

**CLERICAL / OFFICE OPPORTUNITIES** 

EXPERIENCED TELLERS WE PAY TOP DOLLAR! happen every day. Oak Brook Bank is looking for Experienced Tellers for our Glenview Branch! Responsibilities Include providing superior service to our customers and anhancing customer frelations by cross-solling beak

We offer excellent salary and benefit as well as training programs t centrace your banking knowledge. Places send/FAX resume and salary

**Human Resources Department** OAK BROOK BANK 1400 Sixteenth Street Oak Brook, IL 60523 FAX: 630-571-0519 EOE m/i

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Seeking Responsible Person With Good Math And Communication Skills WILL TRAIN Solary Commensurate With Education And Experience Excellent Benefits For Appointment Call:

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**CHILDCARE WORKER** For Glenview Preschool **Full-Time Or Port-Time** Excellent Wages (847) 729-4433

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GENERAL OFFICE Must Have Real Estate License. Customer Service & Phones. Fall Time. Lincolamood Location. RE Institute

(847) 329-1650

1-800-445-4563

GENERAL ACCOUNTING CLERK Leading Electronics Company has an excellent opportunity for a team player with strong communication and organizational skills. Duties include billing, general ledger reconciliation, daily cash reconciliation, and filing. Additional responsibilities include cross training in accounts receivable functions and special projects. Computer experience in Excel, Word or Lotus required. Mapics or similar computer software environment preferred. Position reports directly to General Accounting

We provide an excellent benefit program. Please send or fax resume with salary history. Resumes without salary history will not be

**Rauland-Borg Corporation** Attn: General Accounting Department 3450 W. Oakton St., Skokie, IL 60076 Fax: (847) 679-0950

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Loading electronics company is seeking a dependable and energetic person. Duties include collection and distribution of mail, filing, plus other derical duties, It's an entry level position in our accounting department. Qualified condidate must have car for daily transportation of mail. Some computer experience preferred. We provide an excellent benefit program. Send Resume to:

**RAULAND-BORG CORPORATION** ATTN: GENERAL ACCOUNTING DEPARTMENT 3450 W. OAKTON ST. SKOKIE, IL 60076

FAX: (847) 679-0950

**RECEPTIONIST** Apply in person Rosewood **Care Center** 

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SECRETARY All-time Positions Available At Highland Park Law Firm. Near Train Station.

Fax Resume 847-432-8950 Or Call 847-432-6900

id-Level Manager Or Call 847-297-3120 Indicing schoy listery to: AFT: Hanne Resources, Genther Internation One Winnesdon Rend, Herwick, CT 04344 or less to 840-885-2849 Outstanding Benefits Will Train Top Candidates

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Buffolo Grave, IL 60089

Interviewers Needed tasearch Company seeks assentive and outgoing individuals to do In-house Agency. Catalog, Shows, Writing, Manuals, Photography, Ex. Printing Equipment Manufacturer intercepting at high traffic locations interviewing customers Fax Resume:773-777-0909 Call Victio Mike: 773-777-7100

INSURANCE Arlington Heights Insurance Agency. General Office, Computer Experience Required.Coullest Benefits Package and Growth Opportunity. Joseph M Wiedemann & Sons (847) 228-8400 - Mary Ann CUSTOMER SERVICE

FULL/PART TIME

**CLERICAL/OFFICE** 

**OPPORTUNITIES** 

Call

(773) 631-2525

Computer experience a plus.

Polish Speaking a must.

Mease FAX resume to:

847-297-2190

RECEPTIONIST

**Part-Time** 

Mary Kay At:

**FOREST VILLA** 

6840 W. Touhy-Niles

(847) 647-8994

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GOOD BENEFITS!

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ADVERTISING

FULL/PART TIME

**MEDICAL / HEALTHCARE** 

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**North Shore Needs** 

"Wait Staff"

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Love People? Part-Time lf you have experience in Tired Of The Usual Entry Positions?
Put Your 10 Key Skills To Work With RGIS Inventory Specialists. customer service and you Earn \$9.00 Per Hour Counting Inventory In Retail Stores.
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Must Have Access To Reliable Transportation. would enjoy serving clients in a law firm.

CLASSIFIED

**FULL/PART TIME** 

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Park Ridge accounting firm seeking full-time person. The ideal candidate must have good phone skills, accurate data entry skills and be proficient in Microsoft Word. This person must be a self-starter with JUSTOMER SERVICE TECHNICIAN Projection Provided
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Our company to a leading provider of contemberd, leight-speed extended leatherst systems (mailing addressing serting stc.) and have an opening at our ensteasor's the in Wheeling, IL, he a Contenuer Service Sechelden year will be responsible for proventive and ensergency ensistences of exetencer equipment, physical leastern, operator truthing and properties of wellton reports. Strong machineless and treathful ending experience a plot. Opening or maintending experience a plot. Openings or leastern and plot. Openings or leastern and plot. Openings or leastern and plot. Openings or leastern describing work lettery) leadeding solary listery to: the ability to communicate with our clients in a friendly and professional manner. Hours include half-days Wednesday and half-days Saturday.

CUSTOMER SERVICE

**North Shore** \*Catalog Order Takers
Pry Storts At \$8.35/bear. Per-Time, days or
evenings. Fleshin hours, an experience assessmy.
Publiculate, merdenalise discount, Next training
does storts housing, June 17a4.
Apply in Forses
JCPenromy Catalog
Customer Service Conter
1120 Laikes Cook Rd
by met of Algorithm May to take from hours hour. **Country Club** 1340 Glenview Road Glenview

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\$55 EARN \$55 EXTRA MONEY **Market Research** Company Needs NALES & FEMALES of all ages To Participate in

TASTE TEST on on tas is needed basis. PERYAM & KROLL 6323 N. Avondale (6300 North - 7300 West) (773) 774-3155

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Ask For Jock

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Earn \$14 to \$19 Per Hour Apply In Person

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FULL-TIME

For Large Physician Billing Group Located In Lincolnwood Affiliated With Rush Presbyterian St. Lukes Medical Center. Person Must Have Strong Ten Key Touch And Minimum 50 WPM Typing Skills. Required Background And Drug Screening For Position. Full Benefits Package Call Pam At: (847) 679-6363

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Knowledge Of ICD-9 Codes, Medical Terminology, **Nursing Supplies And Basic Computer Skills** Apply In Person

Rosewood Care Center

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positions available for Oskogo and surrounding suburbs. Emplish speaking Interviewing in Highland Port

Cell for an appointment Manday Friday Ask for Mary or Lendo Gentle Home Services, Inc. 847-432-9100

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In Modern Predictric Dentel Offices in Horth Suburban Arran No Evenings Solary Based On Skill & Ability (847) 299-1095

**BUGLE CLASSIFIED** ADS GET RESULTS

PAGE 36 THE BUGLE, T	HURSDAY, JUNE 3, 1999						
CLASSIFIED ADVERTISING							
FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME			
MEDICAL/ HEALTHCARE	PROFESSIONAL OPPORTUNITIES	RESTAURANTS/ FOOD SERVICE	SOCIAL SERVICE				
ACTIVITY ASSISTANT  For Long Term Care Facility. 1 Full Time, 1 Part Time. Must Enjoy Working With Geriatric Population. Must Have Good Writing Skills. Related Experience/	recommend product changes and advancements, their demonstrate prolicioncy in Auto(AD, Prolingiouse a definite place. Must have knowledge of heat transfer theory, of announced studying, referring and structured modyls. Bills or equivalent industry experience required. Competitive solary and comprehensive benefit packages four resume in cardidance to:  Phill Gold, HR Manager IEA Inc. 9037 Sheridan Road Kanosha, WI 53143	Bartenders Scrvers		ases Of Resident Services and Discharge Planning. erience A Must. a Person Care Center			
Education Preferred But Not Necessary. For Interview Call:	RESTAURANTS/ FOOD SERVICE	Bus Staff for Ear Van Ed Elib	SALES	TRADES/ DRIVERS			
DIRECTOR OF ACTIVITIES  Monday thru Friday  (847) 647-7444  HEATH CARE	Restourent/Food Service HOST MARRIOTT SERVICES, INC., the leading food concession at O'Hore Int'l Airport currently has the following positions available: • STORE MANAGERS • ASSISTANT MANAGERS	Full Time Part Time Top \$ for Top People  Cull (847) 729-6500 Ask for Uz	AVON PRODUCTS Start A Home-Based Business Work Flexible Hours Enjoy Unlimited Earnings Call Toll Free: (888) 561-2866	• DRIVER Part-Time Mature Dependable Person Needed for Delivery, Order Filing & Stad Room Work. Must Have Good Driving Record Call: (847) 965-9300			
APPOINTMENT SECRETARY Busy Glenview ENT group. Must	SHIFT SUPERVISORS     WAITSTAFF    BARTENDERS     CASHIERS    COOKS     BUSSERS	RESTAURANTS/ FOOD SERVICE	SEASONAL	TRADES			
have good phone skills. Experience helpful. Benefits. Call Lorraine 847-729-9122 Or 847-729-9143  MEDICAL RECEPTIONIST Part Time, Permanent Pasition Manday-friday 9:30-2:30 PM In Busy Surgeons Office. Medical Terminology Necessary Patient	Our concepts include: CHILI'S & WOLFGANG PUCK RESTAURANTS, STARBUCKS CINABON, TCBY.  Management positions must have at least 2 years supervisory experience. We after a full range of benefits including 401K, Medical/Dental and Hotel Discount Rotes.  Please fax resume for latter of interest describing work history) and solory requirements to  (773) 686-8488  Or for Further Information Call (773) 686-6103	• WAITRESSES • HOSTESSES Full-Time/Part-Time Call Vince At: (708) 867-7770 VINCE'S RESTAURANT Harlem & Lawrence	Comp Positions GOOD TIMES DAY CAMP Camp Counselors, Dance Instructor, Toe Kwan Do, other instructors. College experience. Dates: 6/14 to 8/20. TOP PAY 847-729-4884	3 Permanent Positions Three openings now exist in a local branch of An International Company. This is an impressive opportunity for ambitious people who want to get ahead.  To Qualify: Must have a Positive Mental Attitude, Self-confidence, and a pleasant personality.			
Contact, Scheduling Appointments, Typing. Computer Skills A Plus. Call Diane: (847) 299-8844 Or Fax Resume: (847) 299-6420	BAKERY Cake Decorator & Finisher, Retail Shop in Evanston, Hospitalization Insurance And 401K, Daytime Hours. Tag's Bakery 847-328-1200	J.C. LICHT COMPANY One Of the Mid-west Leading Home Decorating Retailers Has Full And Part Time Sales Professional Positions Available in Our Park Ridge Location. If	PERMANENT PART-TIME Work Days, Evenings And/Or Weekends from Home To Earn Extra Income. Weekly Poychecks To	We Provide: Complete company benefits - major medical, dental and 401 (k) plans.  Also: Previous experience not necessary, income \$35,000 - \$50,000 depending on qualifications.  Please Call Frank (**)			
MEDICAL RECEPTION full-time, experienced receptionist. Good phone and computer skills. Old Orchard, Des Plaines and Buffalo Grove locations. Spanish a plus. Fahey Medical Center 847-297-2240 ask for Eve or Fax 847-297-7270	Notice  Bugie Newspapers reserves the right at any time to classify all advertisements and to reject any advertising deemed objectionable. We cannot be responsible for verbal statements in conflict with our policies. All Help Wanted ada must specify the nature of the work offered. Bugie Newspapers does not knowingly accept Help Wanted advertising that in any	You Have Experience In The Paint And Walkovering Industry Or Are Willing To Learn, Then This Is The Position For You.  Apply at  J.C. Licht Company 320 llusse Highway Park Ridge Or Call 847-696-0440	Schedule Pick-ups Of Donations For A Well Known Charitable Organization. Minimum 4-6 Hours A Week, For More Information Please Call: (630) 515-5766	(847) 205-2055 Nes. & Wed. Only 10 cm - 5 pm  • HAIR STYLIST Part-Time With Some Following (847) 647-8072 Ask For Bonnie			
Our classified ads reach more people per week for the least amount of dollars. We cover the near northern suburbs and the northside of Chicago with 2 insertions per week.	way violates the Human Rights Act. For further Information contact the Department of Human Rights, 32 W. Randolph St., Chicago, 8L 312-783-6480.  DON'T GET STUCK! GET HELPLOOK	NOTICE The Bugle Newspapers does its best to acreen advertisements for their authenticity and legitimacy, However, we cannot be responsible for all cisims, products and services of advertisers.	TELEMARKETING  Elk Grove Wine Distributor Seeks  Motivated, Aggressive Individual With Excellent Communication Skills.  Base, Commissions And Bonuses.  \$500-\$1000 Per Week.  Training Provided With Owner.  Call 847-427-1680	MECHANICS NEEDED Des Plaines 847-298-8717 Your credit is good with us.			
	IN THE CLASSIFIEDS!	a		We eccept Visa and Master			

		•	THE BUGLE, THURSDAY, I	TUNE 3, 1999 PAGE 3		
CLASSIFIED ADVERTISING						
JLL/PART TIME	FULL/PART TIME	MISCELLANEOUS	MISCELLANEOUS	MISCELLANEOUS		
TELEMARKETING		REAL ESTATE	AUTOS FOR SALE	PERSONALS		
• TELEMARKETING To Sell Advertising - For Niles Newspaper art-Time -3-4 Days A Week - 9 AM - 5 PM Must Have Experience Selling		IN THE UNITED STATES District Court for the Northern District of Millians. Eastern Dun- sion. Bankers Frust Company of California. N.A., as Trustee of Amirisco Residential Securities Corporation, Mortgage Loan Trust 1996-1 under the Pooling	LOREN BUICK/HYUNDAI 1620 Waukegan Road, Glenview (708) 729-8900	Never Fail Novena May the Socred Heart of Jesus be proised.		
Some Computer Knowledge \$80/Day Plus Commission (847) 588-1900		4 Servicing Agreement dated as of January 1, 1995 "without recourse", Plaintiff, is Tom 5 Jacabs, et al., Defendants, Case No 98C 7221 NOTICE OF SPECIAL COMMISSIONER'S SALE OUR FILE NO 36777 Iff is advised that interested	FURNITURE FOR SALE DESIGNER MODEL HOME	adored & glorified throughout the whole world now & forever. Most Socred Heart of Jesus, I put my trust in You. Holy Mary, Mather of Jesus, pray for me. St. Thereso,		
Ask For Beverly  TRADES		Parties Comsult their Own Attor news before bodding at Foresto- sure Salest bodding at Foresto- sure Salest in hereby given business to a Automant entered on the eleme embled cause on February 25, 1979 1. Certail Standgren, Special Commissioner for this court will	FURNITURE CLEARANCE Sofa/LS Sets Hunter Green \$495: Earthtones \$595- Sect1/Recliner 3- piece \$1195- Sofa White \$350- Also: Ploids, Florols, Leathers, Ex. Dining Room Sets 10-Piece- From	Child of Jesus, pray for me. St. Jude, Helper of Hopeless Cases, pray for me & grant this favor I ask. Say this prayer nine times a day for nine days & publish. 8.D.		
ear Round Part-Time Employment Available Experienced Bus Drivers Can Start  •AI \$13/Hour And Up  •Plus 10% Performance Bonus Monthly!! Part Time • No Experience Necessary Mini Bus \$8.65 • Big Bus \$12.00  PTRAN needs responsible drivers who enjoy children for routes in the relivest Suburbon area. Will train on easy-to-drive, fully automatic tool buses, vans & 9 passenger suburbans.  •3 HOURS/DAY •PAID TRAINING  • 10% PERFORMANCE BONUS MONTHLY		on June 23: 1999 at the house of a GD p.m., at 23rd floor hallway. Dainy Center, Plandstoff & Chear born, Chicago. It., sell to the highest bidder for zoon, the following described premises.  G. A. 8311 West Park Avenue, the role, there, it don't a property on the products comments on the products comment of a two story.	\$1395-Cherry, Mahogany, Oak, White, Etc. Bedroom Sets From \$995.  (847) 329-4119 Or (630) 778-3433  wwwmodelhomefurniture.com	St. Jude's Novena May the Socred Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Socred Heart of Jesus, pray for us. St. Jude, worker		
		Service commitmation samples formuly investing with a destactment grandge final persons. Sink disputs the central function to the same services of the first control of the same shall be explicit. The same shall be explicit to general favors and to explicit to general favors and to explicit to general favors and to explicit to general favors.	GARAGE SALES	of mirodes, pray for us. St. Jude, helper of the helpless, pray for us. Say this prayer nine times a day for nine days. On the eighth day your prayers will be answered. It has never been known to fail.		
nsportation to & from work for over 21, with a good drivin lay! Seniors Welcome SEPTRAN (8	r minivon & suburban drivers. If you ge record & valid DL for 3 years call of Drug Screen Required 47) 392-1464	The property will RROT ge open for indeption. The indeption of amount was \$255.546.50 count the sale being made the authorities will receive a Centification of the process will receive a the process of	Chicago/Niles - 7435 W. Howard Fri- Sat-Sun - 6/4-6/5-6/6- 9A-3P. Hswr, clothing, bikes, jewelry & much more	Publication must be promised. Thank you St Jude.		
<b>₽</b> ®®®®	or - Wheeling	had data unless the droperty is redeemed according to line. For information call the Sales. Of dan at Phantitis Attorney Finner and Fisher 120 % Galas Sales Street, 5uth 125%, Chidagar 1, 50502, (312) 372,4784 from 107 p.m. 15,300 p.m.	Niles, 7056 W. Cleveland Sat. June 5, 9-3. Adult and children's clothing. Tools and misc items. NILES-8224 W. Lyans	POWERSUR PRATER TO THE BOLY SPIRST You who subso of problems, who below of reach so that I can obtain my sants. Two, who give on the distin gift to furgies and to furget all out equitors me and that is all invitations of my life, you are write- me, I want in this about proper to those I so her all		
EXPERIENCED MECHANIC on School Bus Company has an opening for an EXPERIENCED HANIC to work at our Wheeling location. Applicant must have tools and have 3 to 5 years experience.		unctur illerates taue time Salam film, cam is figgl verbunkat its genoveda authitismus enformation attems than that and hinto in this Plantica 4 3 3 4 8 to	Sot.6/5 & Sun. 6/6-9AM-3PM Moving-Mony Misc Household Berns Niles - 8143 W. Ook Lane	things and he confirm that I server areast he be- separated from You, even and in syste of all material discious. I while he with You is extensely glory. Death You have your morey howerin one and when. Say that prayer has 3 summarishes dayed without sometiming the favour and publish. A hower will be granted.  Thank Tax		
BENEFITS INCLUDE:  * 3 Weeks Paid Vacation after 1 year!  * Insurance Benefits  Applicants can send resume or call:  Don McCarthy 847-392-1464  SEPTRAN, INC.		Department Charley Divinist Casphaet and Mainter of Sone her Dissimple of a Charley canta. Code his. 1980-1889-8 phouse his. 1980-188-8 phouse his. 1980-188-8 phouse his of suffernment mode and efformat by said Cases in the addive estitied cases. Mathewish 3 mainters for and Cases of Cases 15. 100-189-189-189-189-189-189-189-189-189-189	Fri., Jun 4th, 9-4, Sat., June 5th, 9-2. Hauschald items/dathes in great condition  MOVING SALE  Niles, 8212 N. Okott Ave. Friday	SITUATIONS WANTED		
				OCA - Looking For Work With Elderly/ In Home Care 15 Years Experience (847) 673-2239		
2761 South Foster Avenue Wheeling, IL 60090		chechel auditeht the finluming die eerdent premisere and fedhentlete meertelmid in epile, phymers Actives 1825 Lither Aire Seles, in 627 Lither Aire High-twemants a sergle femily septembers.	Saturday, June 4th-5th, 9-4. Lots of tools, furniture, collectables, exercise equipment, bikes, to much to mention.	TANNING		
FREE LANCE WRITER Work For Bugle Newspapers		विश्वं क्षांत्वा देव प्राप्तका स्थ्यं विश्वायक प्राप्त देवाण्यः दिवाषः देवाण शास्त्रा देश स्थापकार्तः येत्र बुक्तका का देवतकः, प्रदास्त्राकां अध्यक्तकार्ताकार्तः, अपने वाष्ट्र प्राप्ता विषये कार्यकार्त्ताकारः में भागानास्त्रकारः कार्यकार्त्तिकः रावपुन्तविद्याः	PERSONALS	WOLFF TANNING BEDS TAN AT HOME Buy DIRECT and SAVEI Commercial/Home units from 1199* Law Manthly Payments		
Part-Time-Flexible Hours Work From Home And/Or Office		And influentialist Access, Follogia, Comments of Accessing Property, Considering and Consideri	POWERFUL PILITER TO THE BOLY SPRINT The who when of problem, who being of reach to that I am whom my goods. The, who give no the distra gift to bergion and to know of and against an and that is all instrument of an him, we are partition.	FREE Color Catalog Call TODAY 1-800-711-0158		
Call: (847) 588-1900 Ask For Marti		corress crass than entities with the gree rectain the continue with the gree rectain the continue with the gree rectain the continue the continue that continue the continue that the continue t	Event to this short proper to thesis yee her all things foul to confirm that I serve would be be requested from year, were and to upth of all expressed Mexicon. I with to be with you to overtail glong. Thinks you he your every terrords are and after, key this grague he	WANTED TO BUY WANTED WANTED WORLTHAN		
TING PRESS OPERATOR ting Company Experience h A.B. Dick 360 Or 9800. Full Benefits. Glenview	AIR CONDITIONER FOR SALE	APTS. FOR RENT	NOTICE The Bugle Newspapers does its best to screen advertisements for	Shot Machines 1-430-969-3742 [48: 1-430-969-6181		
			「 ***			

2 Bedroom, Second Floor-Non Smaking, Rant 5650 Mus will, (847) 967-6422

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Full Semetion. Glesview Call Todd

847-729-6688

Or Fax Resume

847-729-7999

Window Air Conditioners-5000 8TU 595 10000 8TU 5195-18000 8TU 5225 Excellent Condition-(773) 582-5846

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Grade 5: \* Joe Boruch, Stacy Delvo, Hee Woo Lim, Nick Marcucci, Alex Nellessen, Elizabeth Ryznar. Grade 6:

Justin Capdocia, Chris Cichon, - Konrad Dziamski, Stanley Miga-

# Our Lady of Ransom Honor Roll

zynski, Kethy Zalewski.

Michael Ernst, Meghan Garstka, Keith Hosokawa, Jenny Jaacks, Amish Kuvadia, Anthony Mulé, Joanne Narrido, Dan O'Keefe, Vincar Patel, Christine Richardson, Dan Zipp.

Jeff Albert, Cassandra Bilson, Jamee Castillo, Adil Chandiwala, Genny Charet, Steve Ciclinski, Adan Cien, Vinne Goy, Nicole

SECOND HONORS Grade 4:

Chrissy Fernandez, Michael zo, Adam Tandez. Halperin, Wes Honeman, Tina Korcz, Jeff Leya, Shelly Puszynski, Luigi Randazzo, Philip Schniedermeier, Ann Marie Swing, Danielle Tan. Grade 5:

ski, Adrienne Carmona, Kathy Cien, Kevin Florentino, Casey Guzman, Colleen Jaacks, Corinne Keane, Suzie Kim, Kathy guez, Robert Dulski, Nick Jo-Magdongon, Mike Maliwanag, chim, Jocelyn Joseph, Pritul Pat-

er, Mary Beth Naples, Lisa Nan-nini, Vicool Patel, Joey Randaz-

Andrew Biel, Jim DiSandro, Katie Eichstaedt, Dan Halperin, Rich Kloser, Jonathan Komperda, Jessica Lapinski, Lauren Mis-iewicz, Ken Orth, Monica Ostre-Joseph Ambat, David Budzin- ga, Michelle Papciak, Stephanie Perca, Kim Ranieri.

> Grade 7: Jenny Bendyk, Lester Domin

Wood, Ashley Zimmermann. Grade8:

Lana Avakian, Emanuel Ban, Eric Bendyk, Mary Chaharbakhski, Kevin Keane, Anna Lapinski, Robbie Manauis, Brian Murphy, Jayneelee Narrido, Filomena Pepe, Jessica Romaniuk, Michael Scipione, Mark Sutor.

# **Morton Grove** tennis programs

The Morton Grove Park District announces that the first session of summer adult tennis programs begin June 9 at Harrer Park. Youth tennis programs begin on June 14 at Harrer Park and at Niles West High School. All programs are under the direction of the Frank Sacks Tennis Camps, Inc. and follow the guidelines of the United States Tennis Association instructional and

grow-the-game initiatives. Special programs include the morning Junior Tennis Camp and their 19th year. In addition, new grams for youth ages 4-16 and adults emphasize fun, fitness, and friendship. All programs offer professional instruction at a fraction of the rates charged by private clubs and resorts. Frank Sacks is a certified USPTA and USPTR tennis professional and former Head Men's and Women's Tennis Coach at Northeast-West and Niles North High

# Nellessen, Jennie Parangao, Lila, Daniela Palafox, Nicole Pus- zette Penalber, Jason Rose, Christopher Mezyk, Tim Muell- el, Joann Van Witzenberg, Ben

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# Lincolnwood **Public Library**

Two chances to enter the craft zone

Preschool and school age children can enter the craft zone at the Lincolnwood Public Library on Monday, June 14, from 10 a.m. noon, and Tuesday, June 15, from 1-3 p.m. Help decorate the Round Room and make something to take home. The library is located at 4000 Pratt Ave., phone (847)

Stump the librarian contest

Librarians think they know every book in the library, but do they? Kids are invited to pick up a contest form at the Youth Services desk at the Lincolnwood Publie Library, read a book, and write down three clues about it. Bring your clues to the desk and see if you can stump the librarian. If you do, you win a prize. The library is located at 4000 Pratt Ave., phone (847) 677-5277.





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