



Community sports digest

.....Page 6



The Commerce File

.....Page 3

UKIAH SKATE PARK

Alternate site idea abandoned

.....Page 1

INSIDE

World brieflyPage 2



7 58551 69301 0
50 cents tax included

The Ukiah

DAILY JOURNAL

Mendocino County's local newspaper



Tomorrow: Clouds and fog, then sun

WEDNESDAY
June 20, 2007

ukiahdailyjournal.com

14 pages, Volume 149 Number 72

email: udj@pacific.net



Pursuit ends in head-on

By BEN BROWN
The Daily Journal

A chase involving officers of the California Highway Patrol ended in a minor injury accident on East Gobbi Street about 3 p.m. Tuesday.

The chase started on northbound Highway 101 when the female driver of a brown Pontiac Grand Am was clocked driving approximately 90 mph, said CHP officer Chris Paredes.

The officer attempted to pull over the

Grand Am, but the driver fled north and exited the highway at the Talmage Road exit.

The driver then turned east on Talmage Road and continued to avoid officers, at one point pulling onto the shoulder, passing six parked cars on the right, Paredes said.

The driver then turned left onto Babcock Lane, and CHP officers contin-

MacLeod Pappidas/The Daily Journal

The victim of a head-on collision is transported to an ambulance past her damaged vehicle on East Gobbi Street. The driver of the other vehicle was arrested for failure to yield to an officer.

See CRASH, Page 14

Endorsements nixed by area Chamber of Commerce

By K.C. MEADOWS
The Daily Journal

The Greater Ukiah Chamber of Commerce has decided to get out of politics.

At a planning session May 23, the chamber's board agreed to discontinue the chamber's political endorsements, a move announced Tuesday.

"The chamber will focus on providing information to its members and the community on business-related issues," said chamber CEO Bert Mosier.

The chamber began endorsing candidates in the November 2002 Ukiah City Council race, and the new policy was immediately controversial.

While he was not heading the chamber at the time, board member and later chamber president Jim Mulheren is widely thought to have pushed the endorsements.

"I did have a lot to do with it. I still think it's a good idea," Mulheren said Tuesday. He said endorsements allowed the chamber to urge votes for candidates the chamber felt would be best for the business community and

See CHAMBER, Page 14

Skate Park plans refocus on first site

By KATIE MINTZ
The Daily Journal

Plans for the Ukiah Skate Park are back on track.

On Monday, J.T. Wick, a representative from North Coast Rail Authority operator Northwestern Pacific Railroad Company, informed the city that his company was no longer pursuing analysis of an alternate site.

After meeting with members of the Ukiah Skate Park Committee last week at the site, located across East Perkins Street along the railroad tracks, Wick said he recommended to his colleagues to discontinue what could have been a \$6,000 comparative analysis.

"I got their rank, looked at the constraints that we identified, and we realized it would be a difficult fit," Wick said.

According to Carole Aleshire, secretary and 10-year member of Ukiah Skate Park Committee, based on the same criteria used to rank 18 locations over the seven-year site-selection process, the property came in fourth to last.

Aleshire said the biggest concern about the site was its narrow dimensions. Pinched

See SKATE, Page 14

BIRDHOUSES UP FOR BID TO HELP HUMANE SOCIETY



MacLeod Pappidas/The Daily Journal

Sheryl Mitcham, left, director of the Humane Society, displays some of the birdhouses with artists (from left to right) Rosalind O'Neal, Pat Vetzmadian and Rosemary Burkitt.

Money will combat kitten crisis

By RICHARD ROSIER
The Daily Journal

The Humane Society for Inland Mendocino County is having a kitten crisis. With nearly 70 kittens abandoned recently, the Humane Society is looking for new ways to raise money.

Sheryl Mitcham, director of the Humane Society, gaining inspiration from the Fort Bragg Botanical Gardens, is holding an auction of hand-painted birdhouses. The birdhouses were donated by Mitcham's friend, Tom Prine,

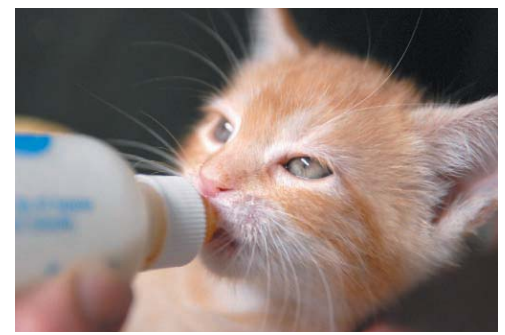
and painted and decorated by members of the Mendocino County Arts Association. They are currently on display at Redwood Valley Cellars through July 9.

Approximately 26 birdhouses are up for auction, with prices starting at \$25. Some of these bird houses already have bids of up to \$130.

"All the proceeds for this go directly to our animals, of which we have a lot," Mitcham said. "It is a huge, huge season this year. Our dog kennels are full. It's

See BIRDHOUSES, Page 14

One of the birdhouses now on display at Redwood Valley Cellars depicts a Mountain Chickadee. There are birdhouses of many shapes and sizes available for bid at the tasting room. Bids start at \$25, and some of the birdhouses already have bids of up to \$130.



One of many kittens approaching adoption age gets a meal at the Humane Society.

"Start with one female cat that's not spayed, having four litters of four, half of which are females. In the first year she will be responsible for 16 cats, half of which are female. In the second year, she will be responsible for 154 cats, half of which are female. In the third year, she will be responsible for 1,376 cats, half of which are female. In the fourth year, she will be responsible for more than 13,000 cats. Only one in 10 will find a home. The other nine will die as they are surplus, unwanted. There will never be homes for all, so take that into consideration when you get or find an unspayed female cat."

Information provided by the Humane Society for Inland Mendocino County.

Local children's health, resources, achievements ranked

The Daily Journal

A new report from Children Now, which provides a look at how children are faring county to county has both good and bad news for California and Mendocino County.

Mendocino County has 20,615 children 17 years old and younger. The average per-capita family income in

Mendocino County is \$22,487, compared to a state average of \$26,800. Ninety-one percent of households in Mendocino County have at least one working parent; the state average is also 91 percent. Sixteen percent of households in Mendocino County are receiving food stamps, as compared to 10 percent statewide.

In terms of health, Mendocino County is ranked 52 out of 58 counties in the number of children with health insurance, however, 88 percent of children in Mendocino County do have health insurance, according to the report.

Additionally, the report found that Mendocino County did better than the

statewide average in terms of nutrition, with 29 percent of children physically fit as opposed to a statewide average of 28 percent. The report also found that 30 percent of children in Mendocino County were overweight, as opposed to a statewide average of 33 percent, and 25 percent of children had eaten fast food in the last day as opposed to

34 percent statewide.

According to the report, 68 percent of mothers received prenatal care in Mendocino County, compared to 86 percent statewide. Low birth weight infants were the same as the state average at 7 percent. The teen birth rate per

See CHILDREN, Page 14

SF seeks energy from tides beneath Golden Gate

By **TERENCE CHEA**

Associated Press Writer

SAN FRANCISCO — City officials announced plans Tuesday to explore the potential the powerful tides beneath the Golden Gate Bridge hold for generating electricity, a project they hope would make San Francisco a showcase for the experimental field of tidal energy.

Officials from San Francisco, Pacific Gas & Electric Co. and Golden Gate Energy Co. signed an agreement to conduct the largest study to date on producing emission-free power in the busy waterway that connects San Francisco Bay to the Pacific Ocean.

"This is not science fiction," Mayor Gavin Newsom said at a signing ceremony next to the world-famous span. "The future is today. The technology exists."

The \$1.8 million study would seek to determine how much electricity could be generated, what kind of technology would work best and whether the project makes sense economically. It would also examine the project's possible impacts on marine life and the environment.

The year-long study, which is expected to begin this summer, could lead to a pilot project in which an underwater turbine resembling a windmill would be installed and tested. If studies are successful, it

would be at least three to five years before a large-scale project begins operation, officials said.

As worries over climate change rise, many see the powerful underwater currents in rivers, seas and oceans as a potential source of renewable energy that does not emit greenhouse gases blamed for warming the planet.

"I think it will play a role in diversifying our nation's energy resources and reducing greenhouse gas emissions," said Carolyn Elefant of the Ocean Renewable Energy Coalition in Washington.

Several pilot projects have begun generating electricity in Europe and Asia, but tidal energy still isn't being generated commercially. The most advanced project in the United States is in New York City's East River, where underwater turbines are supplying power to a supermarket on Roosevelt Island.

Backers say tidal energy is still in its early stages of development, comparing it to where wind power stood two decades ago. The cost of generating electricity from tides will improve as the technology advances and more underwater turbines are installed, they say.

"This is a technology in its infancy," said Jared Blumenfeld, who directs San Francisco's Department of the

Environment. "This is an amazing resource. If we didn't explore it, we would be crazy."

A study last year by the Electric Power Research Institute identified San Francisco Bay as one of the most promising sites for tidal energy production because of its strong underwater flows.

The project faces many possible obstacles, however. The bay is heavily traveled by boats and container ships. It's also heavily regulated, so a pilot project would require permits from more than two dozen state and federal agencies.

Environmentalists are concerned about what underwater turbines might do to fish, whales and marine mammals that pass through the Golden Gate.

"We're going to be looking very closely to make sure there's no impact on marine life," said Sejal Choksi of San Francisco Baykeeper.

PG&E, which supplies electricity to much of Northern California, provided \$1.5 million to fund the study because the utility is searching for new sources of renewable energy, said Chief Executive Tom King.

"It's a great source of energy that we're going to explore and try to understand," King said.

POLICE REPORTS

The following were compiled from reports prepared by the Ukiah Police Department. To anonymously report crime information, call 463-6205.

ARREST -- Cheri Michelle Gaylord, 40, of Ukiah, was arrested on suspicion of inflicting injury on a spouse and a probation violation in the 900 block of South State Street at 10:04 p.m. Monday.

SHERIFF'S REPORTS

The following were compiled from reports prepared by the Mendocino County Sheriff's Office:

BOOKED -- Santiago Saloman Ramirez, 31, of Gualala, was booked into jail on suspicion of driving under the influence and driving without a license at 12:19 a.m. Monday.

BOOKED -- Karol Alvarado Valencia, 28, of Seattle, was booked into jail on suspicion of causing corporal injury to a spouse and first-degree burglary at 4:08 p.m. Monday.

BOOKED -- Sean Paul Ambrose, 22, of Ukiah, was booked into jail on suspicion of annoying or molesting a child, disorderly conduct and stalking at 9:38 p.m. Monday.

BOOKED -- John Robert Teske, 58, of Ukiah, was booked into jail on suspicion of driving under the influence and driving with a suspended license at 11:49 p.m. Monday.

CHP REPORTS

The following were compiled from reports prepared by the California Highway Patrol:

COLLISION -- Minor injuries were reported in a two-car collision Monday evening on State Route 20 near Old Lake County Road.

According to reports from the California Highway Patrol, Celia Chavez-Muniz, 28, of Ukiah, was eastbound on State Route 20 in a 1990

Toyota Corolla at approximately 30 mph. She activated her left turn signal to turn onto a private drive.

Behind her, Gabriel Schoonmaker, 31, of Willits, was also eastbound on State Route 20, in a 1993 Subaru Impreza, and did not see Muniz' turn-signal, according to CHP reports.

Schoonmaker moved over a solid-yellow line and into the westbound lane of State Route 20 to pass Muniz as she began to turn into the driveway, according to CHP reports.

Schoonmaker's vehicle collided with the left side of Muniz car, causing it to veer out of control into the south embankment of State Route 20. Schoonmaker's vehicle veered to the north side of the embankment and into a ditch.

Muniz suffered minor injuries in the accident and was transferred to Ukiah Valley Medical Center for treatment. Schoonmaker also suffered minor injuries but refused treatment at the scene.

Those arrested by law enforcement officers are innocent until proven guilty. People reported as having been arrested may contact the Daily Journal once their case has been concluded so the results can be reported. Those who feel the information is in error should contact the appropriate agency. In the case of those arrested on suspicion of driving under the influence of an intoxicant: all DUI cases reported by law enforcement agencies are reported by the newspaper. The Daily Journal makes no exceptions.

CORRECTIONS

The Ukiah Daily Journal reserves this space to correct errors or make clarifications to news articles. Significant errors in obituary notices or birth announcements will result in reprinting the entire article. Errors may be reported to the editor, 468-3526.

LOTTERY NUMBERS

DAILY 3: night: 2, 7, 0. afternoon: 9, 2, 4.
FANTASY 5: 03, 09, 12, 17, 34.
DAILY DERBY: 1st Place: 03, Hot Shot. 2nd Place: 01, Gold Rush. 3rd Place: 10, Solid Gold.
 Race time: 1:44.21.
MEGA MILLIONS: 05-16-31-49-54. Meganumber: 19. Jackpot: \$55 million.

U.S. Mint issues 'godless' dollar coins

Associated Press

PHILADELPHIA — It looks like the U.S. Mint has struck again — or actually, not struck again.

Some of the new dollar coins featuring John Adams are missing edge inscriptions including "In God We Trust," according to the Professional Coin Grading Service, a Newport Beach-based rare coin authentication company.

The company said hundreds of Adams dollar coins have been found without the edge lettering, repeating a mistake the U.S. Mint had aimed to fix after it marred an earlier batch of presidential dollars.

The Mint "has heard about these reports and is looking into them," Jana Prewitt, a spokeswoman for the agency, said Tuesday.

The world briefly

Army considers need for longer combat tours if troop buildup lasts into next year

WASHINGTON (AP) — The Army is considering whether it will have to extend the combat tours of troops in Iraq if President Bush opts to maintain the recent buildup of forces through spring 2008.

Acting Army Secretary Pete Geren testified Tuesday that the service is reviewing other options, including relying more heavily on Army reservists or Navy and Air Force personnel, so as not to put more pressure on a stretched active-duty force.

Most soldiers spend 15 months in combat with a guaranteed 12 months home, a rotation plan that has infuriated Democrats because it exceeds the service's goal of giving troops equal time home as in combat. In coming weeks, the Senate will vote on a proposal by Sen. Jim Webb, D-Va., that would restrict deployments.

"It's too early to look into the next year, but for the Army we have to begin to plan," Geren told the Senate Armed Services Committee. "We have to look into our options."

Gen. David Petraeus, Iraq war commander, suggested Sunday that conditions on the ground might not be stable enough by September to justify a drop in force levels, and he predicted that stabilizing Iraq could take a decade. Earlier this year, Bush ordered the deployment of some 30,000 additional troops as part of a massive U.S.-led security push around Baghdad and the western Anbar province.

78 killed by bombing at Baghdad mosque; U.S., Iraqi forces begin drives against militants

BAGHDAD (AP) — A truck bomb struck a Shiite mosque Tuesday in central Baghdad, killing 78 people and wounding more than 200, even as about 10,000 U.S. soldiers northeast of the capital used heavily armored Stryker and Bradley fighting vehicles to battle their way into an al-Qaida sanctuary.

The troops, under cover of attack helicopters, killed at least 22 insurgents in the offensive, the U.S. military said.

The thunderous explosion at the Khulani mosque in the capital's busy commercial area of Sinak sent smoke billowing over concrete buildings, nearly a week after a bombing brought down the twin minarets of a revered Shiite shrine in the northern city of Samarra and two days after officials lifted a curfew aimed at preventing retaliatory violence from that attack.

Gunfire erupted after the blast, which police said occurred in a parking lot near the mosque, causing the outer wall and a building just inside it to crumble.

Police and hospital officials, speaking on condition of anonymity because they feared retribution, said at least 78 people were killed and 218 were wounded, adding that the toll could rise as bodies were pulled from the debris.

Bush and Olmert seek to bolster Abbas after Palestinian split

WASHINGTON (AP) — President Bush and Israeli Prime Minister Ehud Olmert sided emphatically Tuesday with a weakened Mahmoud Abbas, hoping extra money and warm words would give the moderate leader primacy over the Islamic militant Hamas in the newly divided Palestinian territories.

"He has spoken out for moderation," Bush said at an Oval Office strategy session with Olmert. "He is a voice that is a reasonable voice amongst the extremists in your neighborhood."

"Like you, I want to strengthen the moderates," echoed Olmert, who promised "to make every possible effort to cooperate" with Abbas.

It was not the first time Bush has felt the need to prop up Abbas, but this is a period of particular upheaval and uncertainty.

Bloody street battles in the Gaza Strip ended with Hamas seizing control last week of the tiny coastal territory from Abbas' Fatah security forces. The rout prompted Abbas to evict Hamas from the Hamas-Fatah coalition government, a move Hamas decries as illegal.

No Bada Bing for Clinton as she spoofs 'The Sopranos' and unveils new song

WASHINGTON (AP) — The scene: A diner and a jukebox. A nostalgic song. A cut to black. It worked as a finale for "The Sopranos." It now marks a new beginning for "The Clintons." Hillary Rodham Clinton's presidential campaign on Tuesday unveiled its new campaign song with a Web video that spoofs the final scene of the popular HBO mobster series.

The video and the announcement of Celine Dion's "You and I" as the official Clinton tune cap a monthlong, interactive Internet campaign that drew more than a million viewers to the Clinton campaign Web site and to YouTube, the popular online video display room.

The selection of Dion, who was born in Canada, resulted in some smirking accusations from Republicans that Clinton had "outsourced" her music. In fact, Dion's "You and I" has done a turn as a theme song already — for Air Canada in 2004.

But the song campaign and the video also illustrates the growing effort by some of the more technologically savvy campaigns to connect with voters and potential donors in clever, relatively inexpensive formats that are infused with pop culture references, contemporary themes or intimate moments.

Just this week, the campaign of former Massachusetts Gov. Mitt Romney, a Republican, posted a video featuring Romney's wife, Ann, narrating scenes of Christmas vacation last year when the family reached the decision to pursue the White House.

Thou shalt not drink and drive, but pray before getting behind wheel, Vatican says

VATICAN CITY (AP) — The Vatican on Tuesday issued a "Ten Commandments" for motorists to keep them on the road to salvation, warning drivers against the sins of road rage, abuse of alcohol or even simple rudeness.

The unusual document from the Vatican's office for migrants and itinerant people also warned that automobiles can be "an occasion of sin" — particularly when used to make a dangerous passing maneuver or when used by prostitutes and their clients.

And it suggested prayer might come in handy — performing the sign of the cross before starting off and saying the rosary along the way. The rosary was particularly well-suited to recitation by all in the car, it said, since its "rhythm and gentle repetition does not distract the driver's attention."

Cardinal Renato Martino, who heads the office, told a news conference the Vatican felt it necessary to address the pastoral needs of motorists because driving has become such a big part of contemporary life.

He cited World Health Organization statistics that said an estimated 1.2 million people are killed in road crashes each year and as many as 50 million are injured.

COUPON

10% OFF
Monday & Tuesday
(with this coupon)

The Maple Restaurant

Great Food - Great Service
462-5221 295 So. State St.

Since 1893

Eversole Mortuary

Crematory & Evergreen Memorial Gardens

Outdoor crypts at reasonable rates.
Ukiah's only Mortuary & Crematory
at one site

Personal Service 24 hours a day
462-2206

FD-24

THE • PERFECT • ANSWER

Gossett Communications
The Affordable

24-Hour Voice Mail &
Answering Service

Call now for our
Summer Special Rates!

847 11th Street, Lakeport
(707) 263-4709

How to reach us

<p>Business Hours468-3500 Mon-Fri9 a.m.- 5 p.m. Sat-SunClosed</p>	<p>Business Hours.....468-3534 Mon-Fri9 a.m.- 6:30 p.m. Sun.....7 a.m.- 9 a.m.</p>
---	--

<p>Switchboard.....468-3500 Circulation.....468-3533 Classified.....468-3535, 468-3536 Legal/Classified Advertising.....468-3529 Kevin McConnell - Publisher.....468-3500 K.C. Meadows - Editor.....468-3526 Sue Whitman - Group Systems Director 468-3548 James Arens - Sports Editor.....468-3518 Richard Rosier - Features Editor.....468-3520</p>	<p>Katie Mintz - City & County468-3523 Laura McCutcheon - Schools 468-3522 Ben Brown - Police & Courts.....468-3521 Isaak Eckel - Chief Photographer.....468-3538 John Graff - Advertising.....468-3512 Joe Chavez - Advertising.....468-3513 Victoria Hamblet - Advertising.....468-3514 Emily Fragoso - Advertising Asst.....468-3528 Yvonne Bell - Office Manager.....468-3506</p>
--	---

Circulation Director.....468-3534
 Newspaper In Education Services.....468-3534
 UDJ Web site.....ukiahdailyjournal.com
 E-mail.....udj@pacific.net

LOCALLY OPERATED MEMBER
MediaNews Group

The Ukiah DAILY JOURNAL

©2006, MediaNews Group.
 Published Daily by The Ukiah Daily Journal at 590 S. School St., Ukiah, Mendocino County, CA.
 Phone: (707) 468-3500. Court Decree No. 9267 Periodicals Postage Paid at Ukiah, CA. To report a
 missed newspaper, call the Circulation Department between 5 and 6:30 p.m. Monday through
 Friday, or between 7 and 9 a.m. weekends. POSTMASTER: Send address changes to: The Ukiah
 Daily Journal, Post Office Box 749, Ukiah, CA 95482. Subscription rates for home delivery as of
 January 22, 2007 are 13 weeks for \$33.65, and 52 weeks for \$123.59.
 All prices do not include sales tax.
 Publication # (USPS-646-920).

RWT
Service CENTER

859 N. State Street
(707) 462-4472

**15 minute
oil change**

Watch Repair

**Need a watch battery
or watch band?
Stop By today...**

D. William Jewelers
Pear Tree Center
462-4636

State economy sluggish through 2008 due to housing slump

By ALEX VEIGA
AP Business Writer

LOS ANGELES -- California home sales will remain weak and prices flat or slightly down overall through late 2008, translating into a sluggish economy, weaker job growth and a rise in unemployment, according to a new economic report.

"We think it will be some time before the economy is able to work through the real estate doldrums, and even longer before we see a normal housing market again," economist Ryan Ratcliff wrote in the quarterly Anderson Report to be released Tuesday by the University of California, Los Angeles.

While construction and other employment sectors related to the real estate market have shed jobs as a result of the housing downturn, the impact on the rest of California's economy has been minor.

Job growth has slowed marginally and unemployment has gone up slightly.

Among the biggest real estate-related job losses this year have occurred in the mortgage business, which has been rocked in recent months by a dozens of lenders going out of business or seeking bankruptcy protection amid a spike in subprime mortgage defaults.

Annual construction employment peaked last year. So far this year, construction growth has been flat, according to the report.

Ratcliff expects that the state's economy will see a wider impact from the weak housing market this year and in the beginning of 2008.

As a result, the forecast calls for overall payroll growth to slow to less than 1 percent through late



Courtesy of ARA Content

2008. Ratcliff also expects unemployment to jump to 5.5 percent and personal income growth to slow to less than 3 percent.

By mid-2008, however, the state's economic picture should improve, with normal growth lev-

els returning by the end of the year, Ratcliff wrote.

The report also calls for housing prices to remain flat or slightly down.

The growth of median home prices has been mixed across the

state, with some once high-flying counties seeing year-over-year declines, while others have been flat or posted single-digit percentage increases.

The median price of a home sold in California last month was \$484,000, according to real estate research firm DataQuick Information Systems.

In recent months, sales of pricier homes have outpaced purchases of lower-priced dwellings, helping to skew the median price figure higher.

Foreclosures have been climbing, but haven't resulted into a major pullback in prices.

Still, the number of mortgage defaults and foreclosures is expected to increase over the next couple of years as the volume of adjustable rate mortgages due to reset peaks.

"While we don't see any calamitous implosion of home prices in the near future, this pattern of flat to slight falling prices and weak sales volumes will be the norm for some time to come," Ratcliff concluded.

Nationally, the housing slowdown will continue to be a drag on the U.S. economy through early 2008.

David Shulman, a co-author of the Anderson Forecast, expects gross domestic product -- a measure of the economy's output -- will be less than 2 percent for 2007.

Shulman expects the Federal Reserve won't cut interest rates before the fourth quarter. That will delay a housing market recovery until mid-2008, the economist concluded.

He forecasts the U.S. economy will then see growth above 3 percent.

the
commerce
file
By K.C. Meadows



I got several smiles and comments from folks who read last week's item on Rick LeBurkien, who left the Promotional Alliance after a short few months. After the column was published we got the official press release from the alliance about Rick's departure which also noted that there would be no rush to replace the executive director position and that the Alliance board members would be going into their annual retreat soon to discuss staffing.

Someone said to me that perhaps that Alliance ought not to think about hiring someone who is primarily an administrator, but someone who is more project oriented. After all, the Alliance has few staff to administer but needs someone who can simply get events and other things accomplished.

The Alliance is currently in negotiations with the County of Mendocino for the 2007-08 fiscal year contract. The MCPA manages the GoMendo.com website (which will undergo a major redesign in July) and now collaborates promotional efforts with the newly formed Mendocino Winegrape and Wine Commission as well as the Mendocino County Lodging Association BID.

Public employee groups sent out a press release last week about a study by Sacramento State University which concludes that retired state employees and retired teachers pump nearly \$1.4 billion per year into counties of Northern California through Retirees of the California Public Employees' Retirement System (CalPERS) and the California State Teachers' Retirement System (CalSTRS).

The study by the Applied Research Center of Sacramento State University found that 47,000 retirees living in Northern California counties get \$1.1 billion per year in CalPERS and CalSTRS pension benefits. The counties include Butte, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mendocino, Modoc, Nevada, Plumas, Shasta, Sierra, Siskiyou, Sutter, Tehama, Trinity, Yuba.

When those retirees spend their retirement income, they produce an additional \$265 million of economic activity, commonly called a "ripple effect," for a total impact of \$1.4 billion on the regional economy, says the release.

"This is powerful evidence of the positive economic impact of CalPERS pension benefits," said CalPERS Chief Executive Officer Fred Buehroster.

Is this study intended to assuage the fears of all of us out here in the private sector who worry about the crashing financial crisis that is coming with the enormous cost of retirement for public employees?

Who do they think pays that \$1.1 billion a year to those retired employees -- and that's just the ones living in Northern California?

Redwood Credit Union recently re-elected incumbents Martin Grove and Steve Sharpe to the Supervisory Committee for a three-year term, 2007 to 2010. The Credit Union's Supervisory Committee has also announced their officers for the year as follows: Lou Funk will serve as Committee Chair, and Steve Sharpe as Secretary. RCU's Supervisory Committee oversees the audit function for the Credit Union. Grove has been a volunteer Official with RCU since 2003, and is retired from State Compensation Insurance Fund. Grove currently serves as Board President of the Volunteer Center of Sonoma County, and also serves on the Board of Directors for the Blood Bank of the Redwoods.

Sharpe has served on the RCU Supervisory Committee since 1992. He recently retired from the Sonoma County Administrator's Office, where he served as an Administrative Analyst. Sharpe serves on the Board of Trustees for Bennett Valley Union School District, and is active in the Bennett Valley Vision community program.

Funk has served on the Redwood Credit Union Supervisory Committee since 1978. Until retiring, Mr. Funk served as a hospital administrator for 25 years, including SIX years at Community Hospital in Santa Rosa. He serves on the Board of Directors of several local organizations including the Salvation Army, the Area Agency on Aging, and the Elder Abuse Prevention Council.

Here are the latest products that have been recalled, according to Recalls.org which collates the material from state and federal sources. For more information about any of them, go to the Web site at www.recalls.org.

FIRE SPRINKLERS CAN FAIL TO OPERATE: Globe Fire Sprinkler Corp. is recalling Globe Model J Series Dry Fire Sprinklers sold nationwide from January 1990 to December 1999. The sprinkler heads can deteriorate over time and fail to operate in a fire.

EARRINGS SOLD AT KMART CONTAIN LEAD: Kmart is recalling

See COMMERCE, Page 5

Democrats court unions for their money, organization and endorsements

By JESSE J. HOLLAND
AP Labor Writer

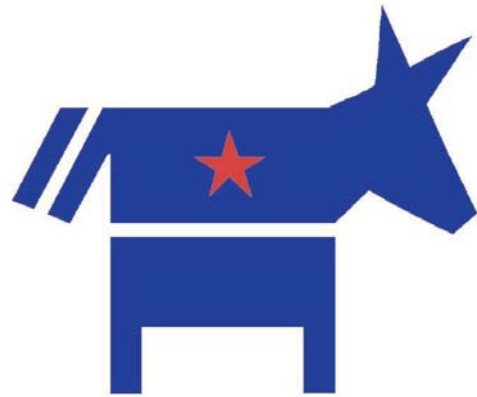
WASHINGTON -- They can be found rallying union workers, walking picket lines or helping sign up new members. Democrats running for president are after something else this time of year: the endorsements of the oh-so-important labor unions.

When organized labor calls, the Democratic candidates are there.

"You take politics seriously," Democratic front-runner Hillary Rodham Clinton told the green-shirted American Federation of State, County and Municipal Employees union at a candidates forum Tuesday morning. "You understand that we have to organize in order to change the direction of this country."

Clinton isn't alone in courting labor to get a push in the early primary states.

Rep. Dennis Kucinich, D-Ohio, begins union speeches with "Solidarity Forever!" Sen. Barack Obama, D-Ill., relocated an



important Chicago fundraiser because it had been booked in a nonunion locale. Former Sen. John Edwards, D-N.C., wrote letters urging R.J. Reynolds Co. employees in his state to unionize.

"We think that it's really important for can-

didates not only to talk the right talk but actually walk the right talk," said Anna Burger, secretary-treasurer of the Service Employees International Union, which has nearly 2 million members nationwide and a large membership in the early voting states of Iowa and Nevada.

More than for any other interest groups, Democratic candidates line up to participate in union presidential forums, like the AFSCME one on Tuesday, or the 10-million member AFL-CIO's candidate forums, in which candidates speak in town-hall-style formats in different cities, to curry favor.

Unions place a high value on that face time. "If someone says, 'I don't care enough about your organization to come and talk to you,' that might knock them out," said Edward J. McElroy, president of the American Federation of Teachers, whose executive

See DEMOCRATS, Page 5

Indians hope to use Google Earth to combat illegal logging

By ALAN CLENDENNING
AP Business Writer

SAO PAULO, Brazil -- A Brazilian Indian tribe is linking up with Google Earth to try to capture vivid images that could help stop loggers and miners from deforesting the jungle and digging for gold on its vast Amazon reservation.

Though the project is still in the planning stages for a remote area that doesn't even have Internet access yet, the tribe's chief and Google Inc. hope their unusual alliance will reduce illegal rainforest destruction where government enforcement is spotty at best.

Google Earth, which enables anyone who downloads its free software to see satellite images and maps of most of the world, is increasingly being called upon for humanitarian purposes by groups who see the technology's potential.

In another initiative unveiled this year, Google and the United States Holocaust Memorial Museum are calling attention to atrocities in the Darfur region of Sudan. And last year, Google Earth joined forces with the United Nations Environmental Program to show users areas of environmental destruction, and with the Jane Goodall Institute to

highlight its research on chimpanzees and African deforestation.

"At Google, we feel an obligation to help groups like this when it is so clear that our tools can make an important positive impact," spokeswoman Megan Quinn said.

Eventually, Chief Almir Narayamoga Surui envisions many of the 1,200 members of his Surui tribe using computers with satellite Internet connections and high-resolution images from Google Earth to police all corners of their 618,000-acre reservation.

They could then offer proof to authorities that the destruction is occurring and demand action, or possibly spook the loggers and miners away because they would know they are being monitored, said Surui, who uses his tribes' name as his last, like many Brazilian Indians.

The loggers and miners "will certainly be scared, because we'll be watching all the time and denouncing the invasions," the chief said in an e-mail interview from Switzerland, where he was meeting with environmentalists and United Nations officials.

Surui came up with the idea some time ago when he was tooling around Google Earth and saw thin whitish lines suggesting deforestation in the vast verdant

swath that popped up when he zoomed in on his reservation.

With help from the U.S.-based Amazon Conservation Team non-profit group, Surui met last month with Google Earth executives in California, wowing them with a vision of how Google technology could help stop the devastation, said Quinn.

"If you look at the Surui land today in Google Earth, you'll see their 'island' of healthy green rainforest is surrounded almost completely by clear-cut, barren land," she said. "The stark contrast at their boundary is dramatic, and conveys vividly what is at stake."

Google Earth will now try to buy better satellite images of the Surui reservation from vendors to ramp up the quality of shots that turn extremely blurry when users try to focus in closer on the reservation, Quinn said.

The division of Google also committed to providing "layering" to accompany images of the Indians' land, including photos and other information about "the Surui's struggle to preserve their land and culture," she said.

Quinn declined comment on Google Earth's financial commitment, and did not know how often the images of the reservation might be updated once the project gets under way.

Letters from our readers

Health care reform
- just do it

To the Editor:

Isn't it way about time we did this... aren't we all tired of the ever-rising health care costs that have crippled our nation? We must put our health care in the same stature as our worldly neighbors who have successfully covered every citizen without bankrupting them -- France, Canada and even Great Britain have exemplary coverage and it is top-notch care as well. Do it!

Joe Corley
Ukiah

Can't hear in court

To the Editor:

Open letter to Yolanda Nunez Judicial Calendar Coordinator:

On Monday, May 17, I stopped into your office to tell you that it is impossible to hear what is being said in any of the courtrooms. Because of my age, my hearing is not as good as it was, but it is not that bad, and my son, whose hearing is just fine also cannot hear what's being said in the courtrooms. You said that if I let you know ahead of time you would supply me with the one hearing aid you have. The people who wrote the U.S. Constitution made it very clear that they wanted this country to be an open society, because secrecy leads to bad government. This gadget you can supply does not answer the problem of most people, many with worse hearing than mine, going in and knowing what is being said. That's like watching TV without sound. The only way lawyers, judges, and anybody is held accountable is by the openness of what's happening in our courtrooms, and everywhere. Unfortunately, we are not full of saints in our legal system.

Emil Rossi
Boonville

Thoughts on current topics

To the Editor:

Last year, while being interrogated here in county jail by a detective with only six months on our force about my graffiti in the Philo and Boonville Post Offices, which were respectively "Impeach Bush" and "Impeach Bush, Rainbow of Ft. Bragg for pres.", we were interrupted by Detective Lieutenant Smallcomb, who after greeting me turned to the detective and said "just remember, when talking to Peter, he's a genius."

I now hope to illustrate the point by addressing each subject on your editorial page of Tuesday June 5.

Hemp is hemp is hemp, and is a documented medicine for so many illnesses. Its efficiency is not in question scientifically. It was included in the American books of pharmaceuticals up until 1936, when Randolph Hearst and criminal corporations succeeded in having it made illegal and classed a drug or narcotic.

There are three species of cannabis: Indica, Sativa, and Ruderalis. I have grown and profited from all three in the 1980s. I did not get rich as that was never my goal.

It is true, Jimmy Rickel and Carrie Jungworth, that legal medical hemp has and is being taken advantage of by unscrupulous greedy people. However, it is also true that millions of people benefit from its daily or occasional use. Period. Young people are smart, and know full well the dangers of truly dangerous drugs like meth, heroin, cocaine, alcohol and nicotine. Also caffeine, for that matter.

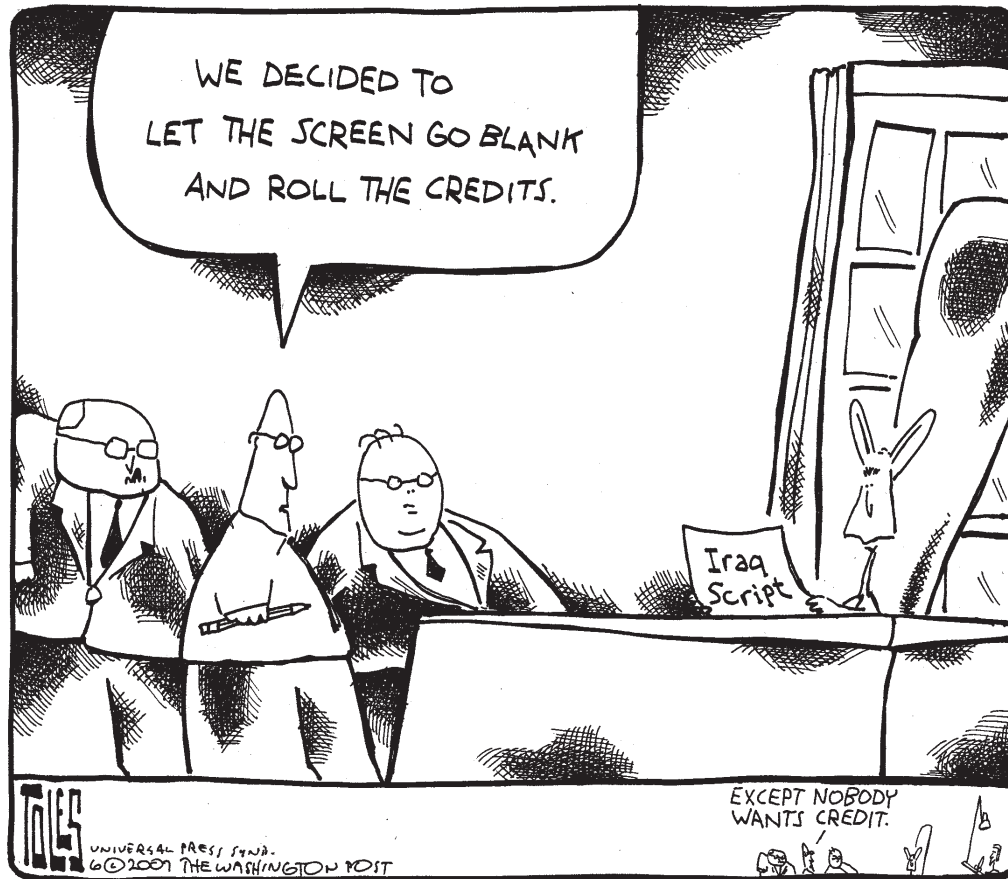
In 2005 I worked as an outreach worker on the coast for the Mental Health Department and my 40.5 cents mileage was more than enough. This year I get mileage from A Healing Cooperative for a training I'm taking in Willits, and the \$34 for a 77-mile round trip is more than sufficient. I say no raise for the supervisors, who in my opinion are lazy on the job, and absolutely no increase in mileage reimbursement.

My first job at 11 for babysitting paid 35 cents an hour; my first neighborhood gardening job paid 50 cents an hour. My first part-time job as an usher/doorman/candy counterperson for Fox West Coast Theaters paid minimum wage, 75 cents an hour, and so on and so on.

As a Private First Class in the 504th Airborne in Germany, where I was victim of an extension to my three-year Army enlistment, my pay was less than \$300 a month, including jump pay.

LETTER POLICY

The Daily Journal welcomes letters to the editor. All letters must include a clear name, signature, return address and phone number. Letters chosen for publication are generally published in the order they are received, but shorter, concise letters are given preference. We publish most of the letters we receive, but we cannot guarantee publication. Names will not be withheld for any reason. If we are aware that you are connected to a local organization or are an elected official writing about the organization or body on which you serve, that will be included in your signature. All letters are subject to editing without notice. You may drop letters off at our office at 590 S. School St., or fax letters to 468-3544, mail to Letters to the Editor, P.O. Box 749, Ukiah, 95482 or e-mail them to udj@pacific.net. E-mail letters should also include hometown and a phone number.



My family business (foreverwater.com) can make ethanol fuel grade for pennies a gallon using any biomass with enough starch. Corn, sugar beets, industrial hemp, emerald triangle throw away leaves, etc etc. No need for LNG or gasoline.

Our water processors can make pure water at the rate of six gallons per day (home unit) 50 gallons per hour, 200 gallons per hour, or more. Info online, prices available from me at 964-6288 (message) or 813-6825 (after June 12). Free or low cost medicine, clean water in any amount, and biofuel for under a dollar a gallon!

The water processors are available now, the alcohol fuel awaits local investors. Think G.P. Mill site, remco site, etc and etc.

Love to my relations.

Peter Evan Sears
Mendocino County Jail

Supes raise just wrong

To the Editor:

I would like to go on the record as opposed to the raise for the Mendocino County Board of Supervisors. It is morally wrong to vote yourself a raise! Wouldn't we all love to do that! And tie it to judges salaries? While I understand that the role of a Supervisor has changed, they do not have to have college educations or law degrees. They are Joe Blow citizens! How dare they and how can they show their face in public? I have paid taxes in this county for 45 years and think it appropriate to have some say in how our dollars are spent. How can you even think about a raise like this when the county employees in the trenches are always having to deal with cutbacks and layoffs due to lack of revenue? If there is that kind of money in the county budget, why not share it with the employees who work for \$30,000 a year and try to make ends meet? This is exactly why Mendocino loses so many competent employees to Sonoma and other counties. (I left Mendocino County employment for state employment to avoid the commute to Sonoma County. My husband, left Mendocino County employment and had to bite the bullet and make the drive to Sonoma.) If Mendocino County paid their rank and file employees equal salaries to other counties or maybe just slightly less, they would have their pick of employees because who wouldn't love to live in beautiful Mendocino County if we could survive. Get over yourself! Thank you for letting me voice my opinion.

Sue Hawley
Ukiah

New school schedule hard on kids, parents

To the Editor:

I am writing in hopes of reaching parents of school-aged children in Ukiah who may not know about the changes for the upcoming school year 07-08 for the Ukiah Unified School District. In a recent newsletter sent home from my children's school, it states that all times for UUSD schools will change next year. The reason behind the move is to save money in transportation costs.

While I applaud the initiative to save money, I have to question the schedule, which is as follows. The High School will start at 7:30 a.m. and end at 2:40 p.m. (zero period is eliminated). All middle schools will start at 9 a.m. and end at 3:25 p.m. All Elementary schools will start at 8:45 a.m. and end at 2:55 p.m.

I have a hard time believing that this schedule (with all levels starting at the same time) can save money. I would like to see how they came up with the figures on how this will work. It would seem to me that if schools don't stagger schedules you would need that many more buses out on the roads at a given time.

However, that is not my real concern. My main concern is the late starting time for the younger kids. How do they expect those of us who work from 8 to 5 to make sure our kids get to school if we are not home to enforce it? Do the expect those parents who have children in kindergarten (or any elementary grade) to leave the children at home for an hour and get on the bus by themselves? Do they expect working parents to bring our children into work, and then drive them to school at 9 a.m.? Has the UUSD thought through this issue? Are they (UUSD) going to have a before school program as well as an after school program?

As parents, we want to and have a right to know how they plan on making this schedule work and why it would save them money. And why has there not been a letter from the Ukiah Unified School District to all parents informing them of this change? Why are we hearing this through rumors or a small blot on a school newsletter, or as in the case of some schools, not heard about it at all yet?

If as a parent you are wondering how this is going to work for you come next September, I urge you to call UUSD district office today, to voice your concerns.

Stacey Waller
Ukiah

WHERE TO WRITE

www.house.gov/write rep

President George Bush: The White House, 1600 Pennsylvania Ave., Washington, D.C. 20500; (202) 456-1111, FAX (202)456-2461.

Governor Arnold Schwarzenegger: State Capitol, Sacramento, 95814. (916) 445-2841; FAX (916)445-4633

Sen. Barbara Boxer: 112 Hart Senate Office Bldg., Washington, D.C. 20510; (202)224-3553; San Francisco, (415) 403-0100 FAX (415) 956-6701

Sen. Dianne Feinstein: 331 Hart Senate Office Bldg., Washington, D.C. 20510. (202)224-3841 FAX (202) 228-3954; San Francisco (415) 393-0707; senator@feinstein.senate.gov

Congressman Mike Thompson: 1st District, 231 Cannon Office Bldg, Washington, D.C. 20515. (202) 225-3311; FAX (202)225-4335. Fort Bragg district office, 430 N. Franklin St., PO Box 2208, Fort Bragg 95437; 962-0933.FAX 962-0934;

Assemblywoman Patty Berg: State Assembly District 1, Capitol, Rm. 2137, Sacramento, 95814. (916) 319-2001; Santa Rosa, 576-2526; FAX, Santa Rosa, 576-2297. Berg's field representative in Ukiah office located at 311 N State St, Ukiah, 95482, 463-5770. The office's fax number is 463-5773. E-mail to: assemblymember.berg@assembly.ca.gov

Senator Pat Wiggins: State Senate District 2, Capitol Building, Room 5100, Sacramento, 95814. (916) 445-3375Email: senator.wiggins@sen.ca.gov.

Mendocino County Supervisors: Michael Delbar, 1st District; Jim Wattenburger, 2nd District; John Pinches, 3rd District; Kendall Smith, 4th District; David Colfax, 5th District. All can be reached by writing to 501 Low Gap Road, Room 1090, Ukiah, 95482, 463-4221, FAX 463-4245. bos@co.mendocino.ca.us

Visit our web site at ukiahdailyjournal.com

email us at udj@pacific.net

Sweet land of liberty



NAT HENTOFF

Demonizing Israel

I dearly wish I were a member of this British journalists' union, so that I could immediately resign. England's National Union of Journalists is proposing a boycott of Israeli goods to protest Israel's "occupation" of the Palestinians. Anywhere in the world, journalists become untrustworthy advocates if they lose their credibility. The British reporters have done exactly that.

These British journalists also forget that throughout the world, their peers continually fight -- often against dangerous odds -- for a free press. The National Union of Journalists fails to mention that nowhere in the Middle East or many other places is there a freer press than in Israel, which continually criticizes the government and exposes its deceptions and incompetence while also giving voice to supporters of Palestinian rights.

This righteous rush to boycott Israel has infected hordes of previously independent minds not only among British journalists, but also among those at the University and College Union, the largest academic union in the United Kingdom. Sue Blackwell, an activist UCU member, is quoted in the June 2 Financial Times responding to critics of the boycott:

"This is the typical response of the Israeli lobby, which will do anything to avoid debating the real issue -- the 40-year occupation of Palestine."

A boycott is a debate? How do you debate those with whom you cut off relations?

There are British students of these politically correct academics who are not impressed by the posturing of their teachers who rail against "the complicity of Israeli academia in the occupation of (Palestinian land.)" Declares the national Union of Students, in reaction:

"(A) boycott undermines the Israeli academics who support Palestinian rights -- and hinders the building of bridges between Israelis and Palestinians." If any of the members of this clear-eyed students' union are in the classes conducted by the boycotting professors and lecturers, I hope their grades will not be affected by their libertarian heresy.

The University and College Union, meanwhile, is encouraging all its members to "consider the moral implications of existing and proposed links with Israeli academic institutions."

I find it peculiar -- not necessarily anti-Semitic -- that these acutely sensitive moralists are boycotting only Israel. Their indignation does not include academics in Gen. Omar al-Bashir's Sudan, Russia, or those still loyal to Zimbabwe's "liberator," Robert Mugabe.

And consider the perils of bravely independent academics in Egypt, Syria, Saudi Arabia and Burma, among other governments intent on controlling their citizens' minds. Iran is another country where academics who speak too freely may no longer be literally free, as well as tortured.

Also with regard to Iran, I assume that members of the British University and College Union are concerned with students' academic freedom. And as the May 31 Jerusalem Post suggests, these eager purifiers of Israeli universities might reach out to the "the brave Iranian students who just three weeks ago were brutally attacked as they sought to hold elections for their pro-democratic organizations."

Israeli students, including the Palestinians among them, are not muzzled, let alone clubbed, when they express differences with the Israel government's policies.

But in England, the boycott fever mounts. There are British doctors and architects mulling boycotts of their counterparts in Israel; and The New York Sun's exemplary journalist, Benny Avni, reports (June 1-3) that "the largest British labor union, the 1.5 million member UNISON, has threatened to launch a drive to boycott Israel. ... None of the unions has called for similar boycotts against Sudan, Burma, Russia, China or other human rights violators."

If this mighty union enacts a boycott, none of its pension funds could be invested in Israel -- and its members would be prohibited from buying Israeli goods. Possibly if UNISON has members in British stores who recognize erring fellow workers buying anything Israeli, maybe they'll dutifully report and blacklist these betrayers of lockstep labor solidarity.

During this rising zeal of British boycotters to demonstrate their moral superiority to Israeli academics, labor union members, doctors and architects, I expect the democratically elected Palestinian leaders of Hamas will applaud their support but will continue to absolutely oppose the very existence of the state of Israel. So what effect are these boycotts supposed to have -- except to make these compassionate human-rights inspectors feel good about themselves?

Nat Hentoff is a nationally renowned authority on the First Amendment and the Bill of Rights and author of many books, including "The War on the Bill of Rights and the Gathering Resistance" (Seven Stories Press, 2004).

The Ukiah
DAILY JOURNAL

Publisher: Kevin McConnell Editor: K.C. Meadows
Office manager: Yvonne Bell
Group systems director: Sue Whitman

Member
Audit Bureau
Of Circulations

Member California
Newspaper Publishers
Association

CNPJ

Yahoo replaces CEO Terry Semel; co-founder takes over

By MICHAEL LIEDTKE
AP Business Writer

SAN FRANCISCO -- Yahoo Inc. Chairman Terry Semel stepped down as chief executive in a surprise move Monday, ending his increasingly ineffectual pursuit of online search leader Google Inc. -- a losing battle that had demoralized Yahoo's shareholders and employees.

The Sunnyvale-based company appointed co-founder Jerry Yang as its new CEO and named Susan Decker as its president. Decker, who had been touted as Semel's heir apparent, was recently promoted from Yahoo's chief financial officer to oversee the company's advertising operations.

Semel, 64, will remain chairman in a non-executive role after spending the past six years running the company.

"I saw myself as more of a coach than a player going forward," Semel told analysts and media during a Monday conference call.

Signaling Semel's decision was voluntary, Yahoo said he will not receive a severance package. The former movie studio executive already has made a fortune since joining Yahoo in May 2001, having realized nearly \$450 million in gains by exercising some of the stock options that he received during his tenure.

Despite Yahoo's recent struggles, Semel received another big bundle of stock options last year that boosted the value of his 2006 compensation package to \$71.7 million. That was more than any other CEO among 386 publicly held companies covered in an Associated Press analysis of executive compensation using new rules

dictated by the Securities and Exchange Commission.

In Monday's conference call, an emotional Yang hailed Semel as "a role model and mentor" and then sought to defuse recent speculation that Yahoo might be sold to Microsoft Corp. or another suitor hoping to exploit the recent turmoil at the company.

"I am totally excited and energized about assuming the leadership of this great company," Yang said. "We have a long and prosperous future if we execute correctly."

Yang, 38, still owns a 4 percent stake in the company. Fellow co-founder David Filo, who is helping to run Yahoo's technology group after the sudden retirement of the department's leader earlier this month, owns a 6 percent stake.

Monday's shake-up unfolded less than a week after Semel faced off with shareholders disillusioned with a nearly 30 percent drop in Yahoo's stock price during the past 18 months as its financial growth fell further behind Google's torrid pace. Mountain View-based Google now makes more money in a single quarter than Yahoo does in an entire year. The contrast represents a startling comedown for Yahoo, which was the larger of the two companies when Google went public in August 2004.

Since then, Google has steadily expanded upon the Internet's largest advertising network to create nearly \$140 billion in shareholder wealth as its stock price increased by more than six-fold. Yahoo's stock, meanwhile, is worth a little bit less than when Google went public.

Vitamin D's for Dad

Q: My 78-year-old father, who lives with me, has been diagnosed with osteopenia, described by his doctor as a mild thinning of the bones -- not as severe as osteoporosis but perhaps the first step toward it. The doctor told me to try to increase his calcium intake, but then a friend told me that Dad may need more vitamin D. The doctor didn't mention this to me and has not returned my call. Do you know where I could find good information on this?



Next steps

By Jan Warner and Jan Collins

How much Vitamin D is enough? At the moment, most medical authorities say that average adults need 200 IU (International Units) of Vitamin D daily, while adults over age 50 need 400 IU and people over 70 years of age need 600 IU daily. (The upper safe level of vitamin D, according to Dr. Mark Andon, director of nutrition for Tropicana, is 2,000 IU daily.)

A: Based on the information we have found, it appears that your friend is correct. Because Vitamin D promotes the absorption of calcium, a Vitamin D deficiency contributes to osteoporosis.

According to the National Institutes of Health (NIH), people with vitamin D insufficiency absorb less than 10 percent of available calcium. In other words, even if you have an adequate intake of calcium (which for men and women over 50 is 1,200 mg daily), you might not absorb it effectively if you have low levels of vitamin D. Vitamin D deficiency is most often seen in post-menopausal women and older adults. (It's estimated that as many as 30 to 40 percent of older adults with hip fractures are vitamin D insufficient. The insufficiency rate is especially high among the elderly living in nursing homes.)

While most people know that women are at risk for osteoporosis, only 39 percent of Americans believe the same to be true for men, according to a recent study brought to our attention by Tropicana, the orange juice maker. But 20 percent of those affected by osteoporosis are men. So while your Dad doesn't yet have osteoporosis, he could be at risk for the disease, defined as having low bone density and therefore having bones that are prone to shatter.

How does one get an adequate amount of vitamin D? Sunshine is a significant source, and 10-15 minutes of sun exposure at least twice a week to the face, arms, hands or back is usually sufficient to provide adequate vitamin D, says the NIH. But if you slather on sunscreen with a sun protection factor (SPF) of 8 or greater to block the sun's UV rays -- and this is very important to protect against skin cancer -- the ability of the body to synthesize the rays into vitamin D is blocked. So, if you choose the sun route to get enough vitamin D, follow the 10-15 minutes of sun exposure with a sunscreen of at least 15 SPF to protect yourself from the sun's negative effects.

Something else to know about the sun and vitamin D: as we age and our skin thins, our body's ability to make vitamin D from sunlight decreases, says Dr. Andon. He adds that people living in northern climes will not be able to get as much vitamin D from exposure to the sun as, say, people living near the Equator.

So, how else to obtain vitamin D? There are food sources, such as fortified orange juice, cod liver oil, fatty fish (salmon, tuna, mackerel and sardines), fortified milk and fortified breakfast food products such as yogurt and cereal. But it's often difficult to obtain enough vitamin D from natural food sources. So vitamin D supplements, which you can buy over the counter at pharmacies, health food stores, and supermarkets, are often recommended.

One final note: NIH warns that high caffeine intake (defined as more than 300 mg per day of caffeine, equivalent to approximately 18 ounces of caffeinated coffee) may accelerate bone loss, because caffeine is thought to inhibit vitamin D receptors.

A new study released earlier this month out of Creighton University in Omaha indicates that high amounts of Vitamin D may well reduce the risk of several types of cancer for older women by 60 percent. The amount of Vitamin D used in the study was 1,000 IU daily, and more studies are needed to determine whether the study holds true for large groups of men as well as women, researchers say. Still, the study results are considered significant.

Taking the NextStep: For additional information, check out the National Institutes of Health Web site at <http://www.nihseniorhealth.gov>

Jan Warner is a member of the National Academy of Elder Law Attorneys and has been practicing law for more than 30 years. Jan Collins is editor of the Business and Economic Review published by the University of South Carolina and a special correspondent for The Economist. You can learn more information about elder care law and write to the authors on <http://www.nextsteps.net>.

Democrats

Continued from Page 3

council held private interviews with five of the Democratic candidates in May and plans to do more in July.

National Education Association President Reg Weaver points out even today that Democratic presidential candidate John Kerry didn't come to their representative assembly. Kerry had a good reason, though. It was the same day he announced that Edwards would be his running mate, Weaver said.

Still, it "really, really did not sit well with people," said Weaver, who expects six or seven candidates to show up at the meeting in Philadelphia the first week in July.

Despite their shrinking numbers, union support is still vital for Democrats.

Last year, there were 15.4 million union members, making up 12 percent of the work force. That's down from a high of 21 million union workers in 1978.

But organized labor is still a key fundraising target for Democrats. In the 2004 elections, organized labor gave \$53.6 million to Democratic candidates and party committees in a losing effort to cap-

ture both the White House and Congress, according to the Center for Responsive Politics.

Unions expect to surpass both numbers for the 2008 elections, an amount any of the Democratic candidates would covet. Yet the money is only one aspect, said Richard Hurd, professor of labor studies at Cornell University.

"More important is the people to work on the ground campaigns. That's where the labor movement excels," Hurd said. "And even though the numbers have declined in terms of labor's membership, the effectiveness of unions at getting their members to volunteer and work on campaigns and turning out members and actually influencing the votes of nonmembers, all of that has improved."

Despite all the candidates' wooing, there's no guarantee that the major unions will endorse anyone, at least before the Democratic primary is over.

They don't have a great track record of picking a winner recently: The only union endorsing Kerry early in his 2004 run for president was the International Association of Fire Fighters. Most instead endorsed former Missouri Rep. Dick Gephardt or former Vermont Gov. Howard Dean,

neither of whom made it out of the early primaries.

"The risk with an early endorsement is that the early endorsement flames out, and you're left with no one owing you anything," said Gary Chaison, professor of industrial relations at Clark University.

The AFL-CIO, the nation's largest federation of labor unions, didn't endorse anyone in the primary last time. Its rules say two-thirds of the individual unions that make up the AFL-CIO must agree on a candidate before an endorsement, and that didn't happen.

Other unions seem to be considering that route.

"With so many friends of labor on the Democratic side, we have not determined whether or not we will move forward with an endorsement process at this time," said Bret Caldwell, spokesman for the International Brotherhood of Teamsters.

Added McElroy: "Part of this is electability. Everybody wants to be in on the right horse. But I'm not as worried about that as I am worried about making sure that whoever we end up behind is basically in support of the values we hold near and dear, and also is somebody who can win."

Commerce

Continued from Page 3

"Accessories" Silver Stud Earring Sets sold exclusively at Kmart stores from October 2004 to March 2007. The recalled earrings contain high levels of lead.

BICYCLE FORKS CAN BREAK: Cannondale Bicycle Corp. is recalling Mountain Bicycles with Lefty Speed SL and Lefty Speed DLR Forks sold nationwide from June 2006 to May 2007. The forks can break during use causing the rider to lose control of

the bicycle, fall and suffer serious injuries.

THOMAS & FRIENDS TOYS CONTAIN LEAD: RC2 Corp. is recalling various Thomas & Friends' Wooden Railway Toys sold nationwide from January 2005 to June 2007. Surface paints on the recalled products contain lead.

DISWASHERS CAN OVERHEAT: Asko Cylinda is recalling DW95 Series Dishwashers sold nationwide from January 1995 to April 2000. An electrical component in the dishwasher can overheat, posing a fire hazard.

CHILDREN'S SAN-

DALS POSE CHOKING HAZARD: Nordstrom Inc. is recalling Children's Calypso Sandals sold nationwide during February 2007. The jewel decorations on the shoes can detach, posing a choking hazard.

Cradle Springs Pet Resort
Comforting options for pet owners
Daily Walks
Private Rooms
Massage
Parties
744-1621 • Hopland
www.CradleSpringsPetResort.com

FOSAMAX ALERT
If you or a loved one has taken Fosamax and now suffer from **Osteonecrosis** or **Jaw Decay**, please call us today toll free at 1-866-369-3476 to discuss your legal rights.
THE FOX LAW FIRM, P.C. 1-866-FOX-FIRM
Principal Office-- Dallas, Texas WWW.FOXFIRM.COM

CONTACT SOLUTION LINKED TO INFECTIONS, BLINDNESS
If you or a loved one has suffered a fungal eye infection such as *acanthamoeba keratitis*, **YOU MAY BE ENTITLED TO A CASH SETTLEMENT.**
The FDA is investigating increasing numbers of fungal eye infections related to disposable soft contact lens solution such as ReNu solution with MoistureLoc and Complete MoisturePlus Multi Purpose Solution. Call Rolshouse & Associates toll free at 1-800-960-6327.
Rolshouse & Associates 1-800-960-6327
Personal Injury Attorneys
Lawyers at Rolshouse & Associates practice law in Minnesota with principal offices in Burnsville, MN.

MYERS Apothecary Shop
Fast Professional Service
238A Hospital Drive Ukiah • 468-8991



Your signature is worth a higher interest rate CD.
5.00% APY*
5-month term, \$10,000 minimum balance
Open your 5-month CD with a linked personal checking account, and you not only enjoy a higher return, you also qualify for the special benefits of Signature Banking.
Learn more about **Signature Banking** at unionbank.com/signature.
Invest in you
UNION BANK OF CALIFORNIA
To open your CD today, visit your local branch, or call 1.800.796.5656 and select option 2.
*Annual Percentage Yield (APY) is accurate as of May 11, 2007. Interest rates may change as often as daily without notice. APY assumes all interest will remain on deposit for the entire CD term. Fees may reduce earnings. A penalty is imposed for early withdrawal. Minimum opening deposit is \$10,000. This promotional rate is for our 151-day CD only. When the CD matures and renews, it will renew at the existing Union Bank standard rate. A linked personal checking account is required to qualify for the promotional rate. If you close your checking account during the term of your CD, your rate will revert to the current standard interest rate which is 3.46% APY as of May 11, 2007. Refer to the All About Personal Accounts & Services Disclosure and Agreement for complete details.
Visit us at unionbank.com ©2007 Union Bank of California, N.A. Member FDIC

LOCAL
CALENDAR

SATURDAY JUNE 23

Ukiah Women's Athletic Association Softball Tournament at Women's Fields, All Day

SATURDAY JUNE 30

Relay for life Hoops Tournament at Eagle Peak Middle School, All Day

Calendar listings are culled from the most recent schedules provided by the schools and organizations in our coverage area. Please report schedule changes or incorrect listings to The Daily Journal Sports Department at 468-3518.

TODAY'S
GAMES

No Games/Events Scheduled

COMMUNITY
DIGESTMendocino College
Football Camp

Mendocino College is playing host to a wonderful football camp in mid-July. The camp will run from July 16-Thursday July 19. The camp will meet from 1-3 p.m. each day. The cost per camper is \$100. Camp Flyers Available online at <http://www.mendocino.edu>.

Ukiah Women's
Softball Tournament

The Ukiah Women's Athletic Association will be holding its annual MV softball tournament on Saturday and Sunday June 23 and 24 at the Women's Fields in Ukiah. The tournament is a double-elimination event with a \$200 entry fee. All proceeds go to local young girl's school athletic programs. Questions? Call Korky at 462-2137 or Pokie at 972-1719.

Relay for Life 3-on-3
HOOPS Tourney

The 6th Annual 2007 3 on 3 basketball tourney will be held on June 30th at Eagle Peak Middle School. Current 6th - 9th grade boys and girls are welcome to get a team together. Each player will be required to raise \$30 in donations, and the top fundraisers will receive special autographed prizes. Each participant will get a tourney T-shirt and a BBQ dinner, as well as 4-6 games. Registration forms due June 25th. All money raised will be donated to the American Cancer Society. Call Matt Ferrick at 972-8862 for info.

Redwood Empire
Basketball Camps

This basketball camp is open to boys and girls ages 7-17. The week-long camp offers players an opportunity to build a solid sports foundation, each day is filled with fundamental skill progression drills, easy-to-understand instruction and games and fun competition. Campers learn in a safe, supervised environment from knowledgeable and enthusiastic coaches with experience. All campers receive great instruction, a basketball and a free t-shirt.

The High School level will be held June 18-22 from 8:30 a.m. - 1:30 p.m. each day. The cost is \$150 in advance, \$160 at the door (\$100 half day) Low Income discounts are also available. The camp will be held at Pomolita Middle School gym.

For students in grades 2-8 the camp will meet from June 25-29 from 8:30 a.m. - 1:30 p.m. each day. The cost is \$150 in advance, \$160 at the door (\$100 half day) Low Income discounts are also available. The camp will be held at Pomolita Middle School gym. Pre-register at the City of Ukiah Service Dept. Questions? Please call 463-6714 or visit 411 W. Clay St. Mon - Fri 8a-5p.

USSSA Baseball
Tournament

When it's hot, come play where it's cool. The North Coast showdown between Fort Bragg and Mendocino high schools will be taking place July 7-8. The tournament is open to anyone 16 & Under. There will be trophies and all-tourney nominations, as well. The cost is \$500. Questions? Call Director Chris Lander at 962-9046 or 357-3739.

Free Bowling

School-age children are encouraged to pick up their free summer bowling passes at the Yokayo Bowl.

Continued on
page 7

Beckham still set to join Galaxy in mid-July

By BETH HARRIS

AP Sports Writer

LOS ANGELES — David Beckham is still expected to join the Los Angeles Galaxy in mid-July despite an ankle injury sustained in his final game with Real Madrid.

Beckham ended a four-year stint with the Spanish club Sunday, leaving in the second half of its 3-1 victory over Mallorca that clinched the Spanish League title on the final day of the season.

He originally injured his

left ankle playing for England in a European Championship qualifier on June 6 and it flared up again Sunday.

"I felt it snap again," Beckham said. "There was a lot of pain."

Galaxy general manager Alexi Lalas said the team has been in contact with Beckham's camp.

"We are confident he's getting the treatment necessary for an injury that we believe is going to require some time off," Lalas said. "Everything

we've heard is he just needs some time, and luckily he has time."

Because Beckham's contract with Real Madrid runs through June 30, Lalas declined to comment in detail on Beckham's treatment or give a timetable for his recovery. But Lalas said it won't delay his mid-July arrival in Los Angeles.

The Galaxy is waiting for the expiration of Beckham's Real Madrid contract to announce the date of his first

game with the MLS team.

Lalas also clarified comments published Tuesday in London's The Guardian and The Mirror newspapers in which he called England's Premier League "an interior product."

"I have a tremendous amount of respect for English football, but I stand by my comments and my belief that Major League Soccer is as good, and in many cases, better than some of the perceived star leagues around the

world," Lalas said.

He finds overseas suggestions that Beckham is going into semiretirement by joining MLS to be annoying.

"This is something, as American soccer players, we've had to deal with for years. It's an ignorance fueled by an arrogance," said Lalas, a former star on the U.S. national team. "We understand it. We still have a long way to go. I make no apologies for supporting a league and a sport that I completely believe in."

Little Caesars wins big



Garrett Johnson steals third base narrowing escaping being called out during Little Caesars' Tournament on Champions game versus the Cloverdale A's on Monday June 18.

Photos submitted by Tracy Johnson

LITTLE CAESARS 13 | CLOVERDALE A'S 0
Caesars advances in TOC

By SONNY GARZA

Little Caesars started play Monday in the Tournament of Champions with a 13-0 win over the Cloverdale A's.

In the top of the first inning Little Caesars scored five times. The big blow was a three-run home run off the bat of Justin Giuntini over the right-centerfield fence. The North Ukiah Little League champions never looked back.

Tano Garza took the

mount for Little Caesars and pitched the way he did during the regular season.

Garza was in total control allowing just two hits while striking out six in three innings of work. The offense was led by Dylan Lancaster who had two hits and scored three runs. Corey Bush, Tano Garza and Garrett Johnson also had hits for the winners.

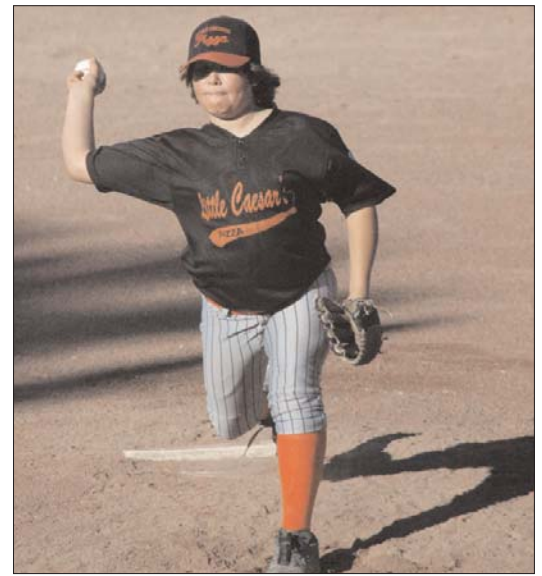
It was a total team effort, our kids were ready to play. It's hard to tell

how your team is going to react after a lay-off. Once they arrived at the field it could be seen that the kids were ready to play.

Coaches David Lancaster and John Johnson did a great job keeping the kids sharp during the lay-off.

"It's nice to get a win and we hope to continue in the tournament," stated manager Sonny Garza.

Little Caesars will be taking on Southshore Little League in their next game.



Tano Garza pitched three out of four innings against the A's.

Owls and Beavers rest without elimination stresses

By OSKAR GARCIA

Associated Press Writer

OMAHA, Neb. — Oregon State and Rice both had a chance to relax Tuesday, knowing they were one win away from the championship game of the College World Series.

And as long as his team plays well, OSU coach Pat Casey doesn't care how his players spend their free time.

"I'm not worried about what our guys are doing before the game, I'm really not worried," Casey said. "If Darwin (Barney) likes to text message somebody and somebody else likes to sleep — somebody else likes to play ping pong and I like to watch video of the other team — I ask them when they cross the line that we're going to do it together."

Both teams practiced Tuesday. Rice, which last played Sunday in a 14-4 win against North Carolina, visited an orphanage Monday and

planned to take it easy before Wednesday's game, freshman third baseman Diego Seastrunk said.

"We're not getting into too much," he said. "I think we're going to have an autograph session for most of the guys. Nothing too stressful, just trying to keep everybody relaxed."

But the Owls still paid attention to the game, listening on the radio and watching on TV to learn they would play North Carolina again.

"We went and ate at some steak place and watched some of it there, then watched the rest of it at the hotel," Seastrunk said.

Tuesday's day off was a welcome change for Oregon State, a team that spent most of the series last year trying to stave off elimination.

"Having this day off is just going to be relaxing," Barney said. "It's nice to be able to watch the club that you're going to play, just get mental

images of the people you're going to play against."

Barney said his team didn't consider Tuesday a day off. He used it to prepare for the next game.

"That's really what our sights are set on right now," he said.

A top NCAA umpiring official had to explain the NCAA rules for hit batsmen as the plunks have been plentiful this CWS — most notably Monday when Cal State-Fullerton tied the CWS single-team record for hitting five batters.

"If the batter intentionally gets hit by moving or rolling any part of the body into the pitch, the batter shall not be awarded first base," said Dave Yeast, NCAA national coordinator for baseball umpires.

Five more players were hit by pitches Tuesday in the North Carolina-Louisville game, bringing the nine-game CWS total to 33 hit batsmen before Arizona State and UC

Irvine played in the nightcap.

The inside throws became especially important when Irvine's Taylor Holiday was hit for the third time Monday to lead off the 13th inning. Fullerton coach George Horton was kicked out of the game for arguing that Holiday leaned into the pitch.

Holiday was thrown out at the plate, but the Anteaters won the game on the next play.

"The application of this rule requires the umpire to make a split-second determination of the intent of the batter," Yeast said, adding that the Division I baseball committee would review the ruling.

One team has won with fewer hits than North Carolina had Tuesday, and that club scored more runs.

In an opening-round game in 1968, Brigham Young pitchers Ken Crosby and Fred Caviglia combined for a two-hitter against Southern

California. But three errors cost the Cougars as the Trojans won 5-3.

Louisville struck out once in every inning against North Carolina except in the eighth and ninth innings, when it struck out twice in each.

Oregon State is the first defending champion to win its first two CWS games since LSU in 1997. The Tigers won the CWS again that year to become the most recent back-to-back title winner.

Rice has the nation's most wins with 56. ... The Owls are hitting .377 in Omaha. ... A CWS-record 96 baseballs were used in Monday's 13-inning UC Irvine-Cal State-Fullerton game.

Irvine coach Dave Serrano spent a few minutes before Tuesday night's game playing catch with 13-year-old son, Kyle, who stood in center field as his dad threw fly balls from the left field line.

Willis has bright future with 49ers

By GREG BEACHAM
AP Sports Writer

SANTA CLARA — Mike Singletary didn't say a word to Patrick Willis during the first week they knew each other.

These days, the Hall of Fame linebacker can't stop talking to his new protegee with the San Francisco 49ers.

"The 49ers' coaching staff was coaching us at the Senior Bowl (in January), and Coach Singletary was always working with somebody else," Willis said with a shrug. "I didn't know what to think about it."

There's no ambiguity now: Willis, the former Mississippi standout chosen to be a cornerstone of San Francisco's defense, is a masterwork in progress for Singletary and coach Mike Nolan, a longtime defensive coordinator. Nolan coached Baltimore's Ray Lewis — whose No. 52 is conspicuously on Willis' red jerseys.

During almost every recent practice at the 49ers' training complex, Singletary provided several daily earfuls of private instruction for the highest-profile pupil of his three years in San Francisco.

"He's going to coach you to perfection," Willis said. "He never throws it in your face, saying, 'I did this when I played. I won the Super Bowl.' He's just here to help you be the best."

And if Willis is to become the leader and signal-caller of the 49ers' defense, he believes he'll need all the help he can get. Singletary still is an NFL

icon, epitomizing defensive intensity — but his new goal is to calmly transform an eager 22-year-old with stunning athleticism into a complete player.

"He's a good student," said Singletary, who learned plenty about Willis at the Senior Bowl without any real conversation. "He wants to improve, and he wants to be a great player in this league. He's a young player who can do some great things for us."

Though the 49ers expect their draft prize to begin his NFL career as a backup, Willis is in competition for playing time at inside linebacker with Derek Smith, the 49ers' longtime leading tackler and defensive signal-caller who struggled with a now-healed eye injury last season.

When Willis first realized the 49ers might be interested in choosing him, he didn't know the names of any of San Francisco's linebackers except Manny Lawson, a converted defensive end chosen in the first round in 2006.

Though largely unknown outside the San Francisco Bay area, Smith has been a tremendously productive linebacker throughout his lengthy career with the Redskins and the 49ers — just the kind of player Willis hopes to emulate.

"I looked at his numbers, and I was like, this guy is for real," said Willis, who won the Butkus Award last season as the nation's top linebacker. "Derek is a great guy. I didn't know he's been in the league for as long as he has. My head

was spinning for a while, but Derek and Manny and the other guys here make sure I'm doing it right."

Willis' teammates also are watching over him off the field, where the native Southerner is getting used to Northern California's chilly nights. When the 49ers wrap up workouts on Thursday, Willis plans to make a quick trip back East before returning in early July to get back to work in Santa Clara.

While his agents work on a contract, Willis hopes to finish the offseason strong.

His goal at Ole Miss was to make at least one spectacular play per practice — an interception, a forced fumble or a display of the athleticism that made him the 11th overall pick in April's draft. Big plays aren't as easy while wearing the 49ers' helmet and shorts.

"You've got so much to learn," Willis said. "You've got to have everything down, especially at the position I play. I always thought I had the athletic ability to play at this level, but now I'm seeing that the mental part of the game is so crucial."

Notes: DT Ronald Fields bruised his elbow during Tuesday's workouts. He's expected to be fine. Nolan said OL Justin Smiley went home to Georgia to deal with an issue in his family.

Schmidt to have shoulder surgery

Associated Press

TORONTO — Los Angeles Dodgers right-hander Jason Schmidt will have shoulder surgery in Los Angeles on Wednesday and his return date is uncertain.

"It's very discouraging," Dodgers general manager Ned Colletti said before Tuesday's game in Toronto.

Schmidt, who signed a \$47 million, three-year contract as a free agent during the offseason, was placed on the disabled list in April with bursitis in his shoulder after going 1-2 with a 7.36 ERA in three starts.

Following a 45-game absence, Schmidt returned June 5 and threw six shutout innings in San Diego, consistently reaching 89 mph and topping out at 91 mph.

But the 34-year-old right-hander didn't perform nearly as well in his last two starts, and his velocity was down.

Schmidt admitted after Saturday's game that he was still not at full strength.

"I just haven't felt like myself," he said.

Schmidt was placed on the disabled list Monday and utilityman Marlon Anderson was activated from the disabled list to take his place.

Also Tuesday, the Dodgers announced that right-hander Yhency Brazoban will have surgery Friday to repair a tear

in his labrum and will be out indefinitely.

"The timing on him coming back doesn't look that good," manager Grady Little said.

Brazoban, who missed 29

games earlier this year because of a sore elbow, has appeared in just four games for Los Angeles this season, allowing three runs in 1 2-3 innings.

Despite the rash of injuries to its pitching staff, Los Angeles is ranked second in the National League with a team ERA of 3.67.

"The pitching has been solid, whether it's the starters or the relievers," Colletti said. "We asked the starters in the winter to give us more innings, to give the bullpen a chance to catch its breath once in a while, and they have."

Of greater concern to Colletti is the offense. Los Angeles has a team batting average of .259 and has scored just 294 runs, the fifth-lowest total in the NL.

"Our primary objective is a way to jump-start the offense, whether it's internally with the younger players or going outside (through a trade)," Colletti said.

Colletti said a trade would not be his first choice.

"I still find the outside a precarious endeavor," he said. "Those players you think you might be able to acquire are struggling through really down years, really uncharacteristic type years, but the asking-price is still as if they were on their way to the All-Star game."



(SGVN Staff Photo Keith Birmingham/SXSports)

Jason Schmidt had another tough day on June 10, as the Blue Jays had a five run fifth inning and beat the Dodgers 11-5.

Rhino Linings
The Original Sprayed On Polyurethane Bed Liner
Pick-Up Truck Store
462-5086
1070 A.N. State St., Ukiah

TIERRA
art garden wine
New sun hats,
Market bags,
& Unusual perennials!
Tasting from five of Mendocino County's finest wineries
Weds - Sat 12 to 6
Thursday 'til 8
312 N School St 468-7936

SHOEFLY AND SOX
gifts and fine footwear for men and women
Caribbean? Europe? Alaska? Yosemite?
Destination doesn't matter; what's on your feet does...
Come see us.
120 B West Standley St., Ukiah 463-6933
Open 'til 7 pm on Thursdays

CALIFORNIA DEPARTMENT OF CORRECTIONS AND REHABILITATION
Begin Your Future Today
It has been called "the greatest entry level job in California" — and for good reason. Our officers earn a great salary, and a retirement package you just can't find in private industry. We even pay you to attend our state-of-the-art academy. There has never been a better time to join. We're the largest law enforcement agency in California, and we're growing. So apply today, and discover why thousands of men and women are proud to wear our uniform.
cdcr.ca.gov/jobs
1-866-232-JOBS

STIHL KombiSystem — One Tool. Many Tasks.

STIHL KombiSystem
One powerhead. Multiple attachments.

MS 170 Chain Saw
\$179.95
Designed for occasional wood-cutting tasks around the home.
Number 1 Worldwide **STIHL**

BR 550 Backpack Blower
\$399.95
Good value, excellent blowing power
Professional low emissions, fuel-efficient engine
Reduced vibration levels

UPGRADE TO: NOW JUST \$209.95
STIHL Easy 2 Start

Change the easy-to-switch attachments with a turn of the knob.
Easily converts to other useful tools with these optional attachments (sold separately):
Edger, Hedge Trimmer, Pole Pruner, Cultivator, Trimmer, STIHL PowerSweep™

Edger Attachment \$179.95*
Cultivator Attachment \$164.50*
Grass Trimmer Attachment \$89.95*
*Pricing for attachment only.

GREAT FOR HOMEOWNERS!

All prices are PS-SRP. Available at participating dealers.

STIHL - 8,000 Servicing Dealers Nationwide!

Always wear protective apparel as recommended in your instruction manual.

THE VALUE OF A SERVICING STIHL DEALER

- Our service department is staffed with Trained Technicians.
- Our products are not sold "in a box" and are assembled and serviced.

Santa Rosa Action Sport & Power Equip.
1720 Piner Road
707-528-8875

Santa Rosa Rincon Valley Yard & Garden
4972 Sonoma Hwy.
707-539-4124

Ukiah Rainbow - America's Country Store
235 East Perkins St.
707-462-2404

stihlusa.com

Are you ready for a STIHL®?

copyright © 2007 STIHL PA57-921-92175-5

PEANUTS

by Charles M. Schulz

THE BORN LOSER

by Art and Chip Sansom

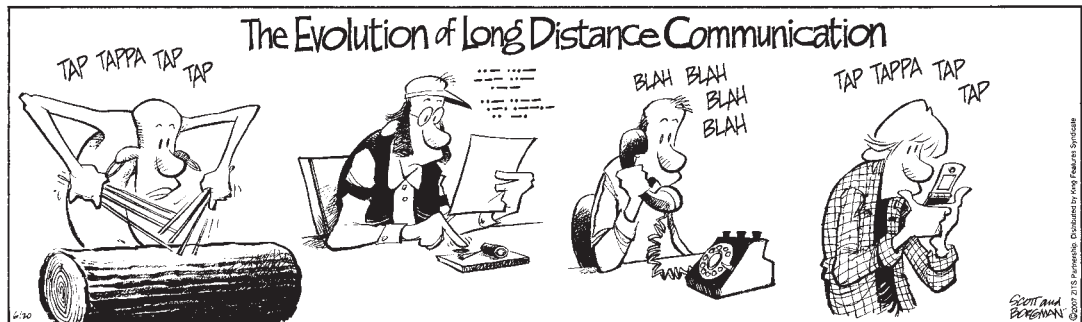


ZITS

by Jerry Scott and Jim Borgman

BLONDIE

by Dean Young and Jim Raymond

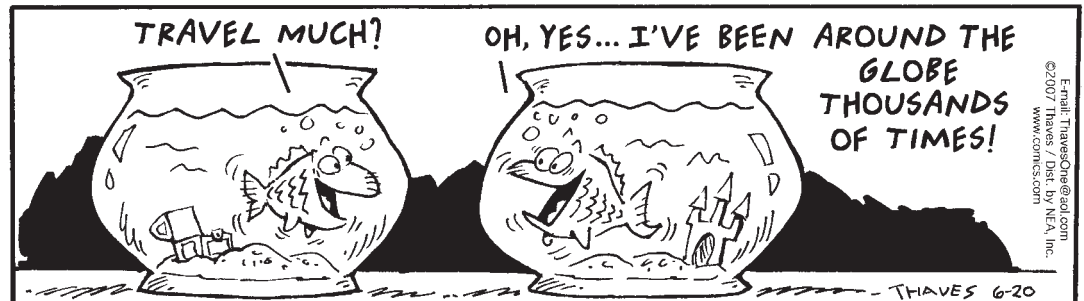
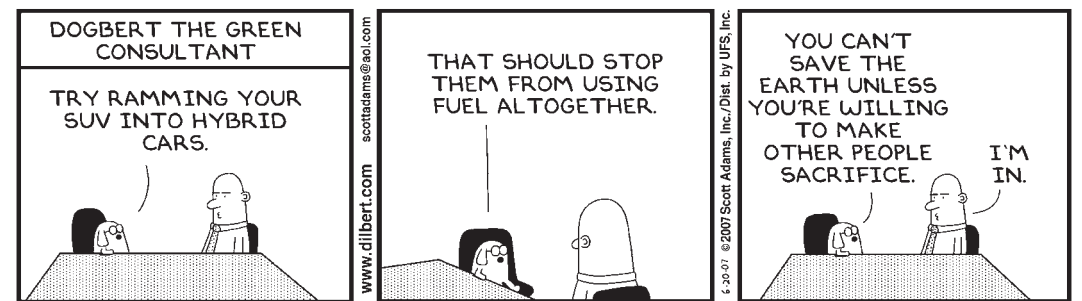


DILBERT

by Scott Adams

FRANK AND ERNEST

by Bob Thaves

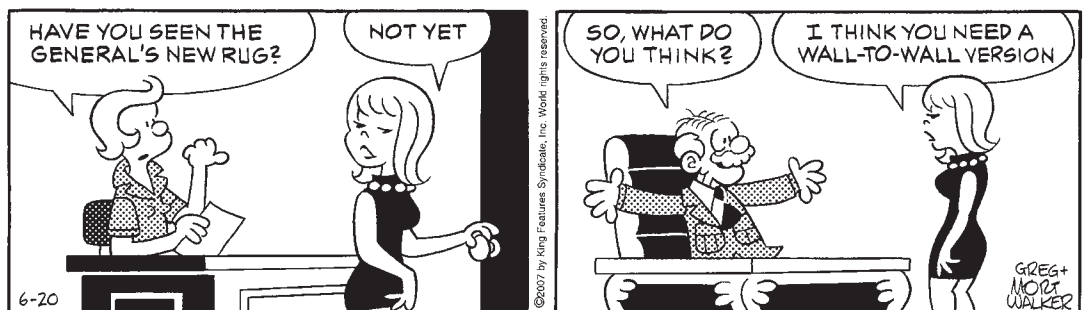
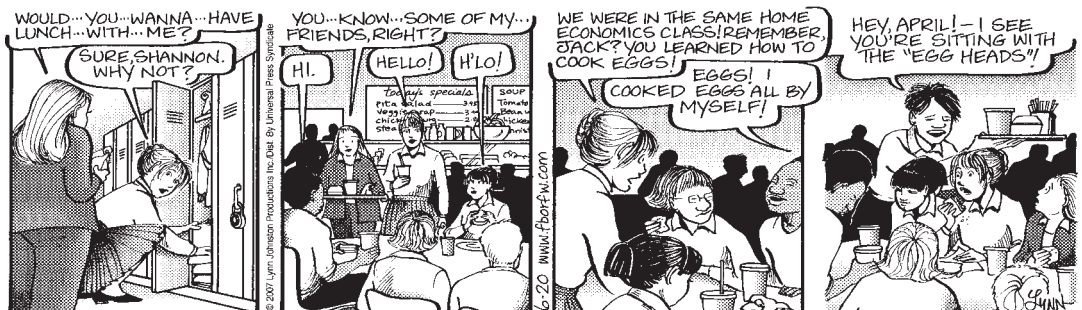


FOR BETTER OR FOR WORSE

by Lynn Johnson

BEETLE BAILEY

by Mort Walker

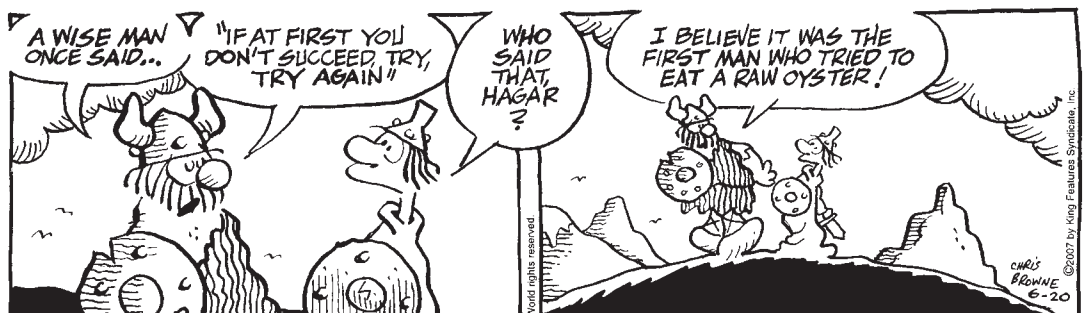
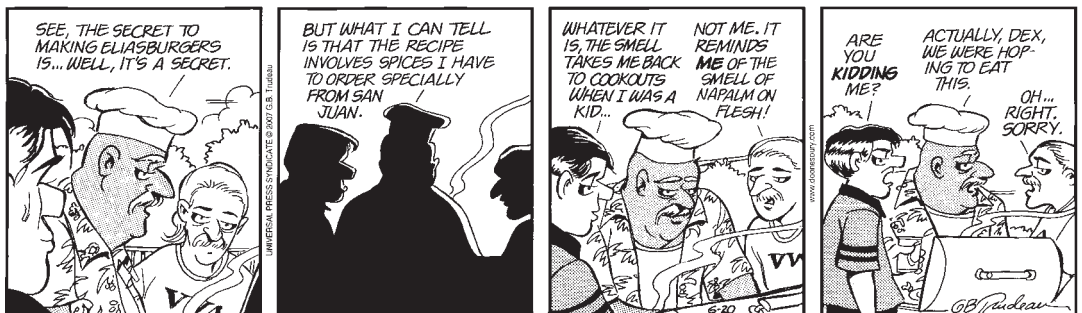


DOONESBURY

by Gary Trudeau

HAGAR THE HORRIBLE

by Dik Browne



Datebook: Wednesday, June 20, 2007

Today is the 171st day of 2007 and the 93rd day of spring. TODAY'S HISTORY: In 1893, Lizzie Borden was acquitted of her parents' murder in an infamous trial. In 1973, Juan Peron returned to Argentina after 18 years of exile.

In 1999, NATO formally ended its bombing campaign against Yugoslavia. TODAY'S BIRTHDAYS: Jacques Offenbach (1819-1880), composer; Lillian Hellman (1905-1984), playwright; Errol Flynn (1909-1959), actor; Audie Murphy (1924-1971), war hero/actor; Olympia Dukakis

(1931-), actress, is 76; Brian Wilson (1942-), musician/songwriter, is 65; Bob Vila (1946-), handyman/TV personality, is 61; Lionel Richie (1949-), musician, is 58; John Goodman (1952-), actor, is 55; Nicole Kidman (1967-), actress, is 40. TODAY'S SPORTS: In 1968, Jim Hines became the first 100-meter sprinter to break the 10-second barrier, timing in at 9.95 at an AAU meet.

TODAY'S QUOTE: "Our life is frittered away by detail. Simplify, simplify." -- Henry David Thoreau TODAY'S FACT: Argentina is home to a number of mountains: Mount Aconcagua is the highest peak in the Western Hemisphere, with an altitude of 22,834 feet. TODAY'S MOON: Between new moon (June 14) and first quarter (June 22).



ASTROGRAPH

By Bernice Bede Osol



Thursday, June 21, 2007 Conditions that have a direct bearing upon your work or career will be quite promising for you in the year ahead. Your chances for bettering yourself in work-related situations will be heightened and rewarded accordingly.

CANCER (June 21-July 22) -- Don't waste your time on petty activities because you tend to operate better in areas where your targets are meaningful. Pursue objectives that assure large returns for effort expended. LEO (July 23-Aug. 22) -- Trust your thinking and have faith in your assessments of the conditions at hand. If you keep a positive mind-set, you will see windows of opportu-

nities where others only see problems. VIRGO (Aug. 23-Sept. 22) -- You should be able to comfortably alter a ticklish situation with one who shares a joint interest with you. Do it now while the conditions support what you're attempting to change. LIBRA (Sept. 23-Oct. 23) -- Deal with others in a thoughtful, diplomatic manner, which will instill a desire in them to treat you similarly. With each party willing to cooperate, your joint affairs will turn out well. SCORPIO (Oct. 24-Nov. 22) -- Those ugly tasks that, up until now, you've been reluctant to tackle because

you felt they were just too challenging or demanding will not be that threatening for you. Move on them now. SAGITTARIUS (Nov. 23-Dec. 21) - Others will revere any compliments you extend because they'll recognize that what you say is what you truly mean, and you're not simply voicing niceties for the effects. CAPRICORN (Dec. 22-Jan. 19) -- Events will play a hand in how your affairs turn out, but it'll all be good. Things should work out to your complete satisfaction, especially if there is something personal at stake. AQUARIUS (Jan. 20-Feb. 19) -- Thinking big is

something that usually comes natural to you. What looks like a grandiose scheme to others will be well within your capabilities to carry out and find success. PISCES (Feb. 20-March 20) -- Again, your material prospects will be favorably trending to your liking. Something that doesn't look possible to others will develop for you through a rather circuitous route. ARIES (March 21-April 19) -- Something new and different might attract your fancy. It will be worth exploring to see if it could possibly be the purveyor of an opportunity that can be developed and nurtured.

TAURUS (April 20-May 20) -- The good that befalls you might not come through your own efforts but from events or happenings over which you have little or no control. Make the most of what's handed to you. GEMINI (May 21-June 20) -- A friend with whom you are presently involved may be destined to play an active role in your personal affairs. Your pal will put himself out for you, as you once did for him. Trying to patch up a broken romance? The Astro-Graph Matchmaker wheel can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, P.O. Box 167, Wickliffe, OH 44092-0167.

Cruise On In TO THE CLASSIFIEDS

Puzzlers

ACROSS

- Not look forward to
- Smoked herring
- Father of geometry
- Natural gas component
- Stuck-up
- Towheads
- Capitalize on
- Tavern fare
- Sum up
- Elbow
- choy
- Very little
- Trendy
- Refuse to go along
- A Gershwin
- "Big Blue"
- Texas ballplayer
- Round buildings
- Variety
- And, to Fritz
- Flakes off
- Beluga product

DOWN

- Plaines, Ill.
- Do a marathon
- Coll. course
- Spoken
- Dah partners
- Meat on a stick
- "— never fly"
- Brownish songbirds
- Prospect for gold

Answer to Previous Puzzle

```

T E D R D A S B U M
B R A E R N E N I K E
O R N A M E N T A T E N
N O T N O W H I D
E R E C T S A A B
H E R M I T M O A
D A Y O E O N T A L C
O V E R L O C W H E E
T I A D Y N A M O
S H O E A F I R E
R A M P O B I A R E N A S
E R O S K A T E N E E
D I P S N I T E D S
    
```

GET MORE in the new "Just Right Crossword Puzzles" series from Quill Driver. Call 800-605-7176.

6-20 © 2007 by NEA, Inc.

THE LEARNING CHALLENGER
by Robert Barnett

CHAOS GRID

46	6	-2	-1
11	A	D	D
51	10	9	
7	T	O	E
50	39	49	
E	T	P	I
50	38	10	47
E	E	M	T

CLUE: COGITATE

ORDER GRID

				105
				105
	49			105
	I			
50		-2		105
T		D		
			11	105
			Y	
105	105	105	105	105

6/20/2007

ANSWERS IN NEXT EDITION
© 2007 Robert Barnett

Answers to Previous Learning Challenger
NEWSOME AND ELLARD

-5	28	24	-10
N	E	W	S
25	-11	-12	35
O	M	E	A
-10	32	28	-13
N	D	E	L
27	-12	-3	25
L	A	R	D

6/19/2007

Run in papers of Wednesday, June 20, 2007

CELEBRITY CIPHER
by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: P equals F

" ZYLXL VXL MLVXT UYLR RDZYWRB
YVAALRT VRS MLVXT WR UYWJY
JLRZGXWLT YVAALR." - J V X K D T
P G L R Z L T

PREVIOUS SOLUTION — "Character is what you are in the dark."
- Dwight Moody
"A man's character is his fate." - Heraclitus

(c) 2007 by NEA, Inc. 6-20

JUMBLE THAT SCRAMBLED WORD GAME
by Henri Arnold and Mike Argirion

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

EGGOR

INHEW

BOIFLE

BARTIL

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

A: ○○○○○○ "○○○○○○○○"

(Answers tomorrow)

Yesterday's Jumbles: ABHOR VAPOR BEACON EMERGE
Answer: What the hosts wished their guests would do — GO HOME

Daughter's tears over friends are breaking her mom's heart

Dear Annie: I am the mother of a 9-year-old girl, "Tandy." She has been friends with a group of girls almost since birth, but this year (third grade) has been terrible.

Tandy attends private school as well as church with these girls. One of them is very mean-spirited and constantly telling the others not to play with my daughter. I have tried talking to the mother of this girl but have gotten nowhere. Her attitude is "kids will be kids."

I know it's normal for friendships to change through childhood, but how do I explain this to my sobbing daughter? It breaks my heart to see her get off the bus crying because someone wouldn't play with her or sit next to her on the bus. How do I handle this? -- Kellie

Dear Kellie: It's a shame that these girls are so nasty and have parents who refuse to teach them that such behavior is wrong. You cannot turn these girls into better human beings, so you need to work on your daughter's response.

ANNIE'S MAILBOX

By Kathy Mitchell and Marcy Sugar

Don't sympathize too much, or Tandy will see herself only as a victim. Be as positive and as empowering as you can. Tandy is not too young to understand that those who demean others are on a power trip, and can only build themselves up by dragging someone else down. And worse, they feed off her reaction. Help her see that these immature girls are not worth her time, energy or emotional investment. Teach her to ignore them and to find other, more decent, classmates to befriend. It's a hard road, but in the long run, she will be better off and can hold her head up with pride.

Dear Annie: I just finished reading the letter about the young girl who needed to use

deodorant. What do you do when the problem is your 60-year-old supervisor who thinks deodorant causes cancer? Some days, the odor is so strong, you can smell her from another room.

We have given "Meg" gift baskets with scented deodorants and lotions, but she doesn't use them. We once spoke to her supervisor, thinking there might be a physical or mental problem that should be addressed. Things got marginally better for a while, but now they are worse than ever. I hate to go running back to her boss, as Meg is already under a lot of pressure. Any suggestions? -- Asphyxiated at Work

Dear Asphyxiated: There were some studies done a few years ago that looked for links between cancer and aluminum chlorohydrate in antiperspirants and deodorants. According to the National Cancer Institute, the results were inconclusive and no concrete evidence was found. We hope you have the courage to take Meg aside, privately, and say she is likely unaware that she has a noticeable body odor.

To ease her concerns, inform her that there are natural deodorants (available at health-food stores and other places) that do not contain either of these suspect chemicals.

Dear Annie: I read the letter from "Disappointed in Louisville, Ky.," whose husband doesn't want a vasectomy. I am 78 and had a vasectomy when I was 31. My late wife, who was an RN, asked me to have one. It greatly increased and improved our sex life, and we were active and intimate until she passed away.

I am getting married again very soon, and I can assure you that our sex life will be wonderful. My vasectomy had no effect on my ability to perform.

So, Kentuckians, heed the info, and have the man get off his duff and get to the doctor pronto. He will only regret that he didn't get the procedure sooner. -- Florida

Dear Florida: Thanks for the testimonial -- and congratulations on your upcoming marriage. It sounds like you will make your new wife very happy.

WEDNESDAY EVENING											
6/20/07	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
BROADCAST CHANNELS											
(2)	News	Friends	Friends	Seinfeld	So You Think You Can Dance	Ten O'clock News	Seinfeld				
(4)	News (N)	Extra (N)	Hollywood	Moments	Moments	Last Comic Standing	Dateline NBC	News (N)			
(5)	News (N)	Eye-Bay	Judge J.	AFI's 100 Years ... 100 Movies: 10th Anniversary Edition (N)			News (N)				
(6)	News (N)	Jeopardy!	Fortune	Next Best Thing	American Inventor (N)	Traveler "The Tells" (N)	News (N)				
(6)	News-Lehrer	America	Viewfinder	Secrets of the Dead		Great Performances (N)	Performance	Secrets			
(8)	Infarto	Noticias	Ventaneando	América	Montecristo (N)	Se Busca un Hombre	Xica (N)	Ya Cayó			
(9)	News-Lehrer	Business	Spark	Pets-History	Alaska's Gold	No Secret Anymore	Truly Ca.				
(20)	Fresh Pr.	My Wife	Jim	Cold Squad	News	Jim	Comics Un.	Cheaters			
(35)	Still Stnd	Still Stnd	70s Show	70s Show	Cops	Cops	The Tyra Banks Show	Frasier	Frasier	King of Hill	
(40)	King of Hill	Malcolm	Raymond	Raymond	So You Think You Can Dance		News (N)			Will-Grace	
(44)	King	King	Simpsons	Simpsons	Hidden Palms (N)	One Tree Hill	Simpsons	South Park		Will-Grace	
(50)	The Insider	Entertain	Becker	Still Stnd	Raymond	Raymond	Frasier	Frasier	Still Stnd	Becker	Blind Date
CABLE CHANNELS											
A&E	Cold Case Files	CSI: Miami "Deviant"	CSI: Miami "Collision"	The Sopranos						(19) The Sopranos	
AMC	(5:00) Movie: "Dances With Wolves" (1990) Kevin Costner.	(15) Movie: "The Big Red One" (1980) Lee Marvin.									
COM	(5:00) Movie: "UHF"	Scrubs	Scrubs	Daily Show	Colbert	Reno 911!	South Park	South Park	Lil' Bush	Daily Show	
DISC	How-Made	How-Made	How-Made	MythBusters		MythBusters (N)	Cash Cab	Cash Cab	Dirty Jobs		
DISN	Cory	Cory	Montana	Suite Life	Movie: "Cow Belles" (2006) NR	Emperor	So Raven	Life Derek	Suite Life		
ESPN	MLB Baseball: Red Sox at Braves	Baseball	SportsCenter (Live)	Baseball	NFL Live	SportsCenter (Live)					
FAM	8 Rules	8 Rules	Grounded	Grounded	Movie: "Raise Your Voice" (2004) Hilary Duff.		Whose?	700 Club			
FBS	Knockouts	Sports List	Knockouts	Poker Superstars	Best-Sports		Final Score	Final Score	Sports		
LIFE	Reba	Reba	Still Stnd	Still Stnd	Reba	Reba	Movie: "The Secret of Hidden Lake" (2006)			Will-Grace	
NICK	School	OddParent	OddParent	Neutron	SpongeBob	Drake	Videos	Full House	Roseanne	Roseanne	Fresh Pr.
SCI FI	Ghost Hunters (N)	Destination Truth (N)		Ghost Hunters		Destination Truth	Twilight Z.	Twilight Z.	The X-Files		
TBS	Seinfeld	Seinfeld	Raymond	Raymond	Raymond	Raymond	Payne	Payne	Raymond	Raymond	King
TNN	CSI: Crime Scn	CSI: Crime Scn	CSI: Crime Scn	CSI: Crime Scn	CSI: Crime Scn	CSI: Crime Scn	CSI: Crime Scn	CSI: Crime Scn	CSI: NY (N)		
TNT	Law & Order (DVS)	Law & Order (DVS)	Law & Order "City Hall"	Law & Order (DVS)	Law & Order (DVS)	Without a Trace					
USA	Law Order: CI	Law Order: CI	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU					
WGN	(5:30) MLB Baseball Chicago Cubs at Texas Rangers.						WGN News	Scrubs	Becker	Funnist Home Videos	Da Vinci
PREMIUM CHANNELS											
HBO	(15) Movie: "Something New" (2006)		Barbaro		Conchords	Entourage	REAL Sports			Cincinnati	
MAX	"Super" (20) Movie: "Final Destination 3"		Movie: "American Gigolo" (1980)		Movie: "Superman Returns" (2006)						
SHOW	Movie: "Last Holiday" (2006) PG-13		Meadowlands		Movie: "The Weather Man" (2005)		Shamrock			"Lie With"	

You are what you eat.

So EatSmart.

Find remedies, recipes and nutrition information from Jean Carper's EatSmart column in USA WEEKEND.

USA WEEKEND MAGAZINE

Every Sunday in...

The Ukiah DAILY JOURNAL

3-DAY FORECAST

TODAY 88° Areas of low clouds and fog, then sunshine

TONIGHT 53° Clear

THURSDAY 90°/52° Areas of low clouds and fog, then sun; breezy

FRIDAY 85°/50° Areas of low clouds and fog, then sunshine

SUN AND MOON

Sunrise today 5:47 a.m. Sunset tonight 8:42 p.m. Moonrise today 11:36 a.m. Moonset today 12:18 a.m.

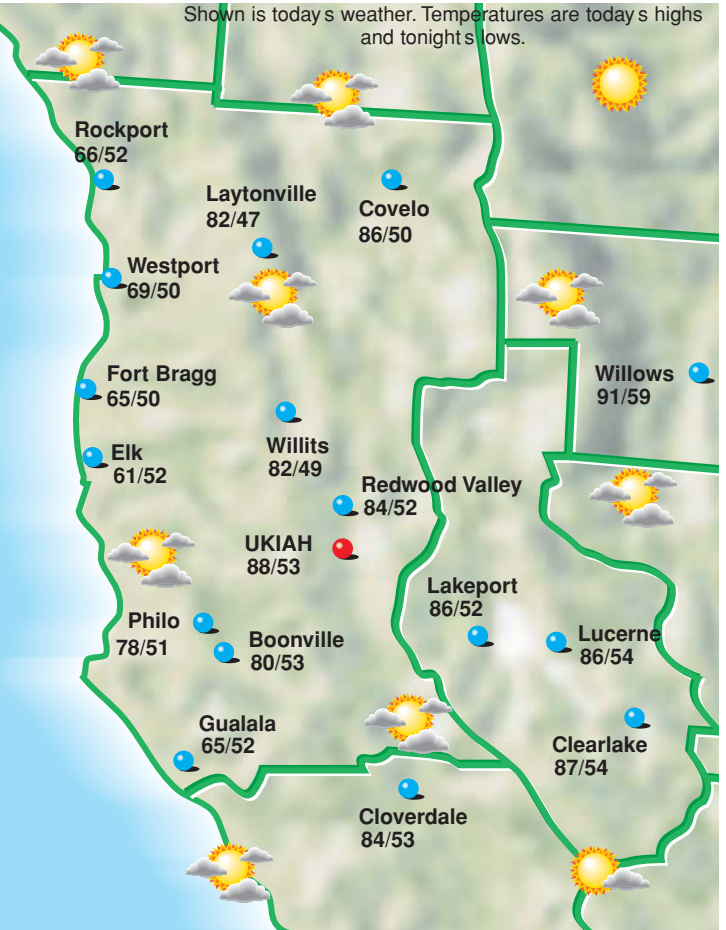
MOON PHASES First Full Last New June 22 June 30 July 7 July 14

ALMANAC

Ukiah through 2 p.m. Tuesday. Temperature: High 82, Low 51, Normal high 84, Normal low 52, Record high 107 in 1945, Record low 41 in 1924. Precipitation: 24 hrs to 2 p.m. Tue. 0.00"

Forecasts and graphics provided by AccuWeather, Inc. 2007

REGIONAL WEATHER



CALIFORNIA CITIES

Table with columns for City, Today Hi/Lo/W, Thu. Hi/Lo/W. Lists cities like Anaheim, San Francisco, Los Angeles, etc.

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

Lake Mendocino - Lake level: 735.62 feet; Storage: 65,299 acre-feet (Maximum storage 122,500 acre-feet) Inflow: 121 cfs Outflow: 138 cfs Air quality - Ozone: .051 ppm (State standard .090 ppm) Carbon monoxide: .33 ppm (20.0 ppm) Nitrogen dioxide: .013 ppm (.25 ppm)

Great Toys Superior Clothes 463-0628 Party Area Locally Owned RAGAMUFFIN children's shop 211 S. State St., Ukiah

Birdhouses

Continued from Page 1. been a trying year." Volunteer Terry Montgomery runs the "cattery" and the kitten infirmary at the shelter.

up for adoption. The costs of this treatment will be covered by the Humane Society, and its only source of income is the kindness of others. "We have no government funding, no county funding, no state funding," said Mitcham.

come in, they still have their eyes closed, some of them still have their umbilical cords attached. They're absolute newborns. The biggest tragedy is that they were born in the first place because people don't spay and neuter their pets.

Image of a birdhouse. This multi-level birdhouse is one of more than 20 up for bid to raise money for the Humane Society.

Skate

Continued from Page 1. between the railroad tracks and businesses on Mason Street, the widest part of the park would be located behind a building, impeding visibility and safety.

go-ahead to pursue a feasibility study. With the study -- estimated to take six weeks -- nixed, the design process can now move forward. Community Services Supervisor Maya Simerson said design firm Wormhoudt, Inc. will hold the first community meeting mid-July to begin the design process.

Chamber

Continued from Page 1. the community at large. That first year, however, some sitting City Council candidates questioned the chamber's right to involve itself in a council election while at the same time accepting funding from the city of Ukiah.

City Council and Roy Smith for mayor -- all were defeated. (Phil Baldwin and Paul Andersen were elected to the council, and Eric Larson was voted in as mayor.) Since then the controversy over the chamber's political activities seems to have died down, but many local businesses still opposed the endorsements.

Children

Continued from Page 1. 1,000 members of population was 34, compared to 37 per 1,000 members of population statewide. In terms of education, the report is mixed. It found 82 percent of children are in school in Mendocino County, compared to a state average of 90 percent.

percentage of elementary school students meeting state targets in language arts, and 58 out of 58 counties in the percentage of elementary school students meeting state targets in math. Mendocino County was also found to have a lower percentage of English learner students, 18 percent as compared to a state average of 25 percent.

Crash

Continued from Page 1. used to pursue the vehicle and attempted to pull over the driver. The driver continued on Babcock Lane and around the left curve onto East Gobbi Street, where another female driver in a tan Toyota Camry was eastbound on East Gobbi Street.

was transported to Ukiah Valley Medical Center on complaints of pain. The driver of the Grand Am was arrested by CHP officers on suspicion of failure to yield, being in an accident causing injury and other charges. Paredes said the driver of the Grand Am would be taken to UVMC to be checked out before being booked into jail.

The Blue Goose Rocking Chairs Gifts Jewelry Torrone Italian Candy See's Candy Your Fun Store

REGAL CINEMAS UKIAH STADIUM 6 *1/2 OFF SATURDAY ONLY Watch Batteries! Reg \$6.00 Lustre Jewelry & Gem Company 37 years experience

ELECTRONIC PROTECTION BY DEEP VALLEY SECURITY (707) 462-5200 Fire & Security Systems Camera C.C.T.V Medical Alerts Authorized Security Pro Dealer

Mendocino Book Company ROCKS IN MY POCKETS Thursday, June 21, 2007 • 6:30 PM Join Claudia and her father, Victor, as they navigate Italy on foot and by rail.

590 GARAGE SALES
Multi family- Kids stuff, furn., tools, something for all! Fri. & Sat. 8-4 9757 West Rd. Rwd Vly.

Multi-Family Yard Sale. Fri & Sat 8-3 1713 Mill St. No Early Birds

Yard Sale Fri & Sat 8-3 P.M. 1001 Bellarbes Rd.

610 RECVH CAMPING
Lance 8'6"overhead camper. 1993. Good cond. AC. New refer. unit. \$4800. 485-5218

620 MOTOR-CYCLES

1985 CUSTOM HARLEY
Low Rider. Engine & tranny rebuilt, new paint job, tires & everything. EXCELLENT SHAPE. Asking \$12,000. 972-1669 ask for Tom.

1992 Honda GL 1500. Aspencaide. Loaded. \$4000. 462-0932 after 5:30

2006 Kawasaki KLR 650. 1800 mi. \$4000. 462-0932 after 5:30

2003 TRIUMPH SPRINT RS.
Low miles. 955 C.i. 2 Bros. Pipes 120 HP. Stored inside. Very Clean. \$5500/obo. 707-468-3513

650 4X4S FOR SALE
Chevy Trail Blazer, '03, V6, 4x4, 125k mi., tow pkg., \$12,500 621-2387

GRND Cherokee, '93, 1 owner, 80k mi., 4x4, V8. \$5000 obo Craig 462-4534

660 VANS FOR SALE
Moving- Must sell Dodge Caravan '99 7 Seater \$5500 OBO. 66,000 mi. 489-3222

670 TRUCKS FOR SALE
Chev. Silverado LX '03 1500 4x4. Ext. cab. S.B. tow. at. pwr. etc. 91,500K. \$12K 459-4699 aft. 6.

680 CARS FOR SALE
Dodge Grnd Caravan '93, 92k, all maint rcrds, smg cert, 6cyl AT AC CD, runs great. paint probs. \$1950. 462-5412

VW Jetta, '03, GLI, 47k, pristine cond., 1thr pkg., \$16,500 obo. 391-8110

710 REAL ESTATE WANTED
We Buy Real Estate All Offers Considered. Buyer Has Cash 707-998-3817

770 REAL ESTATE
\$229K newer stick built custom 3bd2ba. in Lucerne Riviera, Lake Co. Great neighborhood, walk to lake. Will consider all offers. 274-8074

18051-18061 Blattner Rd. Philo. 2 houses, 3 wells, RV parking. In Town. \$875K. Diversified Lending & R.E. Shelly Basye 707-354-0542

Have equity in your property? Income or credit problems? Unusual property Fixed rates in the 5's Need cash out? Can do! **RATES STILL LOW!** Call Larry Wright **GOLDEN BEAR MORTGAGE** 707-239-8080

For Sale By Owner. Private Rwd Vly location. 3BD 2 Bth 1.5 acres. Immaculate. Fully remodeled Home w/ grg-wrkshp. Bonus Granny Unit. Seasonal Creek. Own private nature preserve between house and road. Personal Vineyard. Herb Garden. 1100 sq ft wrap-around deck. \$535,000 485-5667

770 REAL ESTATE

770 REAL ESTATE

770 REAL ESTATE

770 REAL ESTATE

770 REAL ESTATE

770 REAL ESTATE

770 REAL ESTATE

770 REAL ESTATE

770 REAL ESTATE

SERVICE DIRECTORY

HOME REPAIRS
ALVAREZ HOME REPAIRS
Carpentry - Painting - Plumbing
Electric Work - Tile Work
Pavers & Cement Work
NOW OFFERING
• Landscaping/Yard Work
• Lawn Maintenance
• Sprinkler Valve
Residential Commercial
Lic # 6178 • Insured
(707) 972-8633

CONSTRUCTION
CHARLES GUNNINGHAM CONSTRUCTION
Foundation to finish
Homes • Additions
• Kitchens • Decks
Lic. #580504
707.485.8954
707.367.4040 cell

LANDSCAPING
Sangiacomo Landscape
Lic. #367676
• Consult • Design • Install
Exclusive Line of Bobcat track loaders
Established in 1970
Office (707) 468-0747
Cell (707) 391-7676

LANDSCAPING
CREEKSIDE LANDSCAPE
License #624806 C27
RESIDENTIAL COMMERCIAL
Complete Landscape Installation
• Concrete & Masonry • Retaining Walls
• Irrigation & Drip Sprinklers
• Drainage Systems • Consulting & Design
• Bobcat Grading • Tractor Service
Joe Morales
(707) 744-1912
(707) 318-4480 cell

HANDYMAN
Escobar Services
All types of home repair, remodeling, construction, window & door repair, carpentry & tile
Can fix almost anything.
Serving Ukiah, Redwood Valley, Calpella & Willits.
Work Guaranteed
(707) 485-0810
Non-licensed contractor

CLEANING
All Star Cleaning Service
COMMERCIAL AND RESIDENTIAL CLEANING
Specializing in
• Move in/out
• Post Construction
• Extensive cleaning projects
• Windows
707-463-1657
707-391-9618

MASSAGE THERAPY
Redwood Valley Massage
Oolah Boudreau-Taylor
Thorough & Sensitive Deep Tissue & Sports Massage
My work is to reduce your pain, improve your ability to do your work, and allow you to play harder.
1st Visit Special 2 Hrs/\$65
By appointment 8am to 6:30pm, M-F
485-1881

GUTTERS
Redwood HEATING - COOLING
Prepainted Seamless Gutters
27 Colors to Choose From
Fascia Gutter 5/8" Ogee Gutter 4" Curved Face Gutter 5/8"
Aluminum • Copper • Steel
Limited Lifetime Warranty**
FREE ESTIMATES
Family Owned for 41 Years
462-2468

AUTOMOTIVE MECHANIC
Arreguin's Performance
20 years experience
Foreign & Domestic
"There's no job too big or too small!"
425 Kunzler Ranch Road #J Ukiah, CA
Tel: 707-463-2876
Fax: 707-463-2803
E-mail: arreguinperform@pacific.net

HOME REPAIR
CalMend Home Repair
• Electrical
Ceiling fans, wall outlets, wall heaters (gas & electric), Dryer hookups
• Carpentry
Doors, windows, fine finish trim & more
• Satisfaction Guaranteed
Irv Manasse
All Local Numbers
707-313-5811 office
707-456-9055 home
707-337-8622 cell
Lic # 884022

TERMITE BUSINESS
Mendo-Lake TERMITE
From Covelo to Gualala the most trusted name in the Termite Business!
Call for appointment
485-7829
License #OPR9138

MASSAGE
Medicine Energy Massage
Mr. Terry Kulbeck
564 S. Dora St., Ukiah
Occupational Science Degree
Holistic Health Practitioner
National Certified (ABMP)
Massage Therapist
1 hr. - \$40
1 and a half hour - \$60
Swedish & Lymphatic Oil Massage, Tui-Na & Shiatsu Acupressure, Cranial Sacral & Polarity, Neuromuscular Assisted Stretching
Naturopathic Medical Massage
Treat yourself Today
(707) 391-8440

ELECTRICIAN
SHANAHAN ELECTRIC
⚡ Electrical ⚡ Auger
⚡ Trenching ⚡ Dump Truck
⚡ 420 O.K.
Free Estimate
Serving Lake, Mendocino, Sonoma Counties & beyond
707-621-0422
C-10 #825758

DUMP RUNS
• Tractor work
• Hauling
• Clean up
• Painting
• Fences
• Decks
468-0853
391-5052 cell

REFINISHING
Furniture and Antique Repair & Refinishing
30+ years experience
Laquer, Varnish, Oil, Wax, Water-based finish
Workshop in Redwood Valley
free estimates
Allen Strong
707-485-0802

LANDSCAPING
Affordable Landscaping
Great quality landscaping maintenance at prices that will suit your budget
• Dump Runs •
• Yard Maintenance •
Get the best4less!
(707) 391-3566

TREE TRIMMING
FRANCISCO'S Tree & Garden Service
Yard Work
Dump Runs
Tree Trimming
Insured
467-3901

EXCAVATION & POWER
TERRA FIRMA EXCAVATION
Terra Firma Exc. & Power
Residential & Commercial
Specializing in Small Area Excavation
• Private Power line Const. & Maint. 12KV
• Underground Utilities /PG&E Consulting
• Storm & Water Systems
• Septic Systems
• Road Construction
• Demolition
• Lot Prep. & Cleaning
• No Cost Estimate
Office: 485-7536 • Cell: 477-6221
General Engineer • Lic.#878612

HOME REPAIRS
Felipe's Home Repairs
• Fences • Drive Ways
• Painting • Decks
• Pavers • And
• Tile More...
(707) 472-0934
(707) 621-1400

CONSTRUCTION
B&B Backhoe Service
SPECIALIZING IN:
• Culverts
• Foundations
• Septics
And More
10 Years Experience
Free Estimates • Insured
707.972.3747

PAINTING
Residential Commercial
40 years experience
Fast, friendly service
Free estimates
Senior discounts
JOHNSON CONSTRUCTION
#4600812
Days 489-8441
Eves. 485-0731

NOTICE TO READERS
The Ukiah Daily Journal publishes home improvement and construction advertisements from companies and individuals who have been licensed by the State of California. We also publish advertisements from unlicensed companies and individuals.
All licensed contractors are required by State Law to list their license number in advertisements offering their services. The law also states contractors performing work of improvements totaling \$500 or more must be licensed by the State of California.
Advertisements appearing in these columns without a licensed number indicate that the contractor or individuals are not licensed by the State of California. Further information can be obtained by contacting the Contractors State License Board.

Looking for the best coverage of the local arts & entertainment scene? People? Lifestyles? Sports? Business? You'll find it in the The Ukiah **DAILY JOURNAL**
Your **ONLY** Local News Source.
Call 468-3533 to subscribe

