

## Maintain the Club

Follow these simple guidelines
$\square$ Obtain project informationConduct regular organizational and project meetingsAllow youth to make decisionsProvide learning-by-doing activitiesShare information about current 4-H opportunitiesInvolve club members in district, state, national and international
4-H activitiesRecognize achievementBuild community relationsReceive support as needed from
Extension educator and other 4-H leaders


4-H is the Youth Development Program of your Land-Grant university, the University of the District of Columbia/UDC. There are no membership fees to belong to $4-\mathrm{H}$. $4-\mathrm{H}$ is conducted locally by the City Extension Office and caring Volunteers. If you would like more information about $4-\mathrm{H}$, contact the District of Columbia 4-H office:

## Dr. Rovenia Brock 4-H Youth Development

## Mailing address:

COOPERATIVE EXTENSION SERVICE
University of the District of Columbia
4200 Connecticut Avenue, NW
Washington, DC 20008

## Office location:

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Washington, DC 20008
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In cooperation with the US Department of Agriculture, District of Columbia Government Cooperative Extension Service, Agricultural Experiment Station, programs and employment opportunities are available to all people regardless of race, color, national origin, gender, religion, age, disability, political belief, sexual orientation, marital status or family status.


University of the District of Columbia COOPERATIVE EXTENSION SERVICE


## Get Started

Contact the 4-H officeDiscuss your needs
Decide what you want to accomplishParticipate in the selection process
$\square$ Attend 4-H leader training


## Increase Community Awareness About \& Interest In <br> The 4-H Program

(ask representatives for assistance)Excite youth and their families about 4-HExplain opportunities available
through 4-H
■ Ask youth and adults to share
4-H experiencesExplain how a $4-\mathrm{H}$ club operates
Build interest and commitment


Establish
A Support Base
For The Club
$\square$ Ask adults and older teens to helpPersonally ask people to take active rolesRecruit parents, other adults and older teens in the community as

- Organizational leaders
- Assistant leaders
- Project leaders
- Activity leaders


## 4-H pledge

## I Pledge

My HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service, and My HEALTH to better living, for my club, my community, my country and my world!


