



HICKSVILLE ILLUSTRATED NEWS

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Thursday, February 6, 1992

35 Cents

Yevoli To Meet With Community

As part of the Hicksville Community Council's meeting on Feb. 6, Oyster Bay Town Supervisor Lewis Yevoli will be holding his first community meeting at the Hicksville Public Library's Kenneth S. Barnes Community Room at 7:30 p.m.

It will give residents a chance to ask the new supervisor about things that they may be concerned about.

He will answer questions residents may have about programs that are offered in the town.

Town Councilman Thomas Clark will be giving a T.O.B report on specific Hicksville issues.

Postal Inspector Martin Bielman will also give a lecture on mail fraud and mail theft.

All residents are invited to attend this meeting to meet with the supervisor and find out about vital issues and community concerns.

The Hicksville Community Council will be holding meetings in March, April, May and June at 7:30 p.m. in the Hicksville Public Library Community Room.

—V.C.—

Fire Blazes Thru Plaza Diner

By Victor Caputo and Cathy Greenfield

A fire tore through the Plaza Diner, 406 South Oyster Bay Rd., on Feb. 1 at approximately 2:40 p.m., sending a thick black smoke into the sky that attracted many spectators.

The Hicksville Fire Department, with 120 Hicksville firefighters and 12 pieces of apparatus, was quick to arrive on the scene under the direction of Chief Patrick Scanlon. The Syosset, Jericho and Plainview Fire Departments were also on hand to help fight the blaze.

Upon arrival, fire fighters reported heavy fire conditions in the spaces above the ceiling, said Owen Magee, a spokesperson for the Hicksville Fire Department. He also pointed out that the building was at one time a Howard Johnson Restaurant and a new shell was built over the top of the original construction. The building had 2 ceilings and two roofs which made it tough for the fire fighters to get at the fire.

Attempts were made to cut holes in the ceiling to allow the fire to go up, giving fire fighters a chance to fight the blaze from the inside. Conditions on the roof, however, were too dangerous and fire fighters had to evacuate. High winds and cold weather hampered fire fighters from putting out the blaze. It took approximately two hours to extinguish the fire.



FIRE FIGHTERS responded to a call at the Plaza Diner as a fire ripped through the establishment causing heavy damage.

(Photo By Cathy Greenfield)

At the time of the fire, there were approximately 130-140 patrons in the establishment. Two firemen sustained injuries and were taken to the Nassau County Medical Center.

At this time, the fire is believed to have started from an electrical short in the fixture wiring. The Nassau County Fire Marshals Office will conduct an investigation.

Debate Continues On School Closing Issue

By: Victor Caputo

The Jan. 29 Board of Education meeting was full of surprises, starting with School Board Trustee William Collins making a motion for the board not to vote on the school closing issue this year.

"In my heart of hearts I am convinced that this current board is on a collision course from which the Hicksville community may never recover. We are moving too fast, applying the emergency brakes and move with a great deal of trepidation."

"It is imperative that the board wait and see the impact of the sixth grade move to the middle school, both on the middle school and the elementary levels," said Collins.

The board placed his motion in the action section and then decided to postpone a vote of that nature until Feb. 26 to give the board a chance to review all information before making the decision.

When the meeting opened to the public, many residents asked the board to remember safety and not to rush a decision and to make sure they look at all the factors involved with

school closings.

One resident polled the board asking if the students now in Woodland would be moved again and if school closings were necessary.

All the board members said that they do not want to see those children moved again. Board members then gave financial and educational reasons for the closing of a school.

Several residents agreed with Collins and stressed their concern that the board was moving too fast. "Mr. Mugavero may not have to worry about this in three years, but we will," said one resident.

There were questions concerning the middle school, how safe is it, and how the sixth grade will adjust to the environment.

"Our middle school is one of the finest schools in the country," said Mugavero, trying to ease concern residents may have about the middle school.

One resident wanted to know what the impact on the cost of transportation would be if a school is closed and with the fifth grade

moving to the middle school.

Board President Carole Wolf said that the board will discuss the transportation issue in February.

Another resident brought up photos of New South Rd., telling the board that children may have to walk through that industrial area to get to school and left the photos with the board.

Yet another resident compared what is going on now to the Wizard of Oz.

Linda Mirro, of the Parents To Save Lee Avenue, replayed excerpts of a tape from the Nov. 28, 1990, Board of Education meeting, in which board members gave their reasons for closing Willet. They said that safety was a factor, children crossing major roads was another factor and breaking up students to send them to two or three different schools was also a factor. Mirro said that what the board is going to do this time is everything they said they did not want to do last time.

Another Lee Ave. parent was angry because she said she called the transportation department about a possible dangerous

bus stop and the woman on the other end of the phone told her not worry because Lee will be closed next year.

Other residents posed questions to Board Vice-President James Martillo, saying that they supported his family and school march when East Street School was closing and he has not done the same for them now that Lee was named by the consultants.

Trustee Helen Lafferty asked the board to hold one work session per month so that the board can better communicate with each other.

Mugavero spoke about rumors that he was hired just to close schools. He said that he was asked how he would go about closing a school, but that was not the only reason he was hired.

The board will meet again on Feb. 26 and will decide then if they will close a school. Mugavero said that to decide to close a school after March 1 would not give the district enough time to adjust before the new school year.

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NEWSBRIEFS

Parents Invited To Discussion With The Superintendent Of Schools

Superintendent of Schools Salvatore Mugavero of the Hicksville Public Schools invites all parents to join him for an informal meeting in the Board Room of the Administration Building on Feb. 10 at 8 p.m.

At this meeting, Mugavero is looking forward to discussing any concerns or suggestions parents may have about the Hicksville schools. Discussions will focus on matters of a general nature.

All matters regarding individual students should be discussed at the appropriate level.

Transportation Services For Sick And Elderly

Did you know that Red Cross Transportation Services provide vehicles and a team of volunteer drivers to transport the sick and elderly residents who would otherwise have no other safe or convenient means of travel.

Transportation is provided to these people for life supportive kidney dialysis, cancer treatments and regular medical check-ups. Weekly food shopping trips are scheduled, as well as transportation for spouses who wish to visit a loved one in hospitals and nursing homes.

The Red Cross receives no federal, state or local government funding, it relies on donations from residents. Anyone who wishes to donate to the Red Cross can send to the American Red Cross, 264 Old Country Rd., Mineola, NY 11501 or call 747-3500.

Senior Aerobics Now At The Hicksville Library

The Hicksville Public Library will offer "Senior Aerobics" with Ellen Coven, an exercise program designed specifically for the needs of men and women over 55.

Registration for the program is currently underway. Classes will take place on Thursdays, March 5, 12, 19 and 26.

"Senior Aerobics" incorporates lively music to increase flexibility, strength, and cardiovascular endurance.

Registrants must have had a physical examination within the last six months. Participants must wear sneakers and are advised to wear loose clothing.

Admission is free.

Post Office Asks Residents To Clear Ice And Snow

The Post Office is asking residents to remember to shovel their walkways after a snow storm to prevent accidents by letter carriers and delivery personnel.

"Prevention is simply a matter of clearing, salting or sanding the stairway or pathway to provide safe access to the mailbox or front door," said Jeff Martin, General Manager/Postmaster of the Long Island Division.

Letter carriers cannot make door or curb deliveries when the approach to the mailbox is hazardous because of snow or ice. Carriers are not allowed to attempt door delivery when there is a heavy build-up of snow and ice on sidewalks, steps or porches. They are not allowed to dismount for curbside boxes blocked by snow and ice build-up. Snow must be cleared to the curbside for at least six feet on both sides of the mailbox so the carrier may approach and leave without backing up.

With the walkway clear, the letter carrier will be able to get the mail to the different households quicker and safer. They ask for all residents participation.

Special Children Learn To Skate

By Mary Ellen Walsh

Loretta Clark pulled her hat on tight and stepped onto the ice at the Syosset/Woodbury Community Park ice skating rink last Friday night.

Being out in the cold didn't bother Loretta, or the other five handicapped individuals from the Teen/Young Adult group that enjoyed the ice that night. They were having fun thanks to the Group Activities Program (GAP), run by the Department of Community and Youth Services of the Town of Oyster Bay.

GAP is a social and therapeutic recreation program that meets the needs of residents who are mentally retarded, developmentally disabled or learning disabled. The program offers sports, plays, restaurants, museums, farms, summer barbeques and special children's shows on both the north and south shores.

"GAP is a flagship program that fills a need within the community," said Peter Schmitt, Commissioner of Community Services for the Town of Oyster Bay. Schmitt added, "I am proud of the dedicated professionals who have given their time and effort to this program."

"I love it," said Loretta. Her dance card was full. For an entire weekend GAP had her busy with everything from bowling to ice skating.

"Loretta really enjoys GAP activities," said her father Tom Clark, a Town of Oyster Bay councilman. Clark added, "She's one of ten children and she likes to be involved in everything."

Many of GAP's events are held in the new



A PARTICIPANT in the Town of Oyster Bay's ice skating program.

Community Services building at the Syosset/Woodbury Park, and at North Massapequa Community Center. Programs are also held in schools throughout Syosset, Plainview and Massapequa. During the summer, activities are held at the Marjorie Post Park in Massapequa and the Syosset/Woodbury Community Park.

Carl Heidle, who has been with the program since 1967, said "GAP is a great opportunity for people with handicaps to get out and really have a good time."

According to Schmitt, GAP began in the fall of 1967 in answer to the requests of

parents with disabled children. GAP was a pioneer, breaking new ground with a program to address the growing needs of the handicapped community.

The first activities were held after school and then the summer events were added. During the 1970's, the adult program began and has grown to now include day trip opportunities for qualified individuals.

"The goal of GAP is to encourage peer interaction and socialization which develops friendships," said Christine Gill, Director of GAP since 1987.

The ratio of staff to participants is approximately 1 to 4. Members of the staff are trained professionals. There is a social worker who conducts group sessions and one-on-one meetings. Many of the staff members are special education teachers.

GAP participants are from five-years-old and up. Groupings are based on age, type of disability and interests in order to group those with similar capabilities. Other programs include: the teen/young adult and over 21 club.

GAP operates on two separate schedules. During the school year activities are held after school and in the summer session (July 1-August 14) from 10 a.m. to 3 p.m.

To be considered eligible for GAP applicants must provide a completed application signed by a parent or guardian, and a medical form from the participant's physician. All participants must be Town of Oyster Bay residents. There is no cost other than some fees for trips. For information call 795-5943 ext. 7736.

Plans To Utilize Closed School

By Victor Caputo

"This community has heard many rumors, stories and half-truths," began Superintendent of Schools Salvatore Mugavero as he presented his recommendation on utilization of a closed school to the board.

"It is important to note that the disposal of any building not be considered due to the fact that land purchases in the future would be totally out of the question because of the non-availability of the appropriate acres needed. It is also my hope that rather than renting a building or leasing a building to any outside group, that we first consider the

needs of its population in addressing the utilization factor," he said.

The building, according to Mugavero's recommendation, would be utilized for the relocation and expansion of the pre-kindergarten special education program.

The building would also be implemented for use as a pre-school program, which would include kindergarten. This program would be on a self-sustaining basis for all residents in the district.

He gave the board a report by Dr. Kremin which dealt with the expansion of the pre-k program. The district is estimating that they could see a net profit of over \$460,000 by expanding the program. It would be housed in

the same building with the pre-school program and he says it would "have a mainstreaming effect for these pre-school age children."

The pre-school program would allow working or single parents an opportunity to send their children to a district school. It would be a safe educational location for the children and would also include half-day kindergarten. "It is my hope that this program would operate on a self-sustaining basis in order to best serve this population," he said.

Mugavero spoke at earlier board meetings

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Founders Day Dinner To Be Held

By Victor Caputo

This Year's Honoree Is Principal Hogan

The Hicksville Council of PTAs will be holding its 39th Annual Founders Day Dinner on Thursday, Feb. 27.

This year's Distinguished Guest at the dinner will be Hicksville High School Principal Richard Hogan.

Hogan is a lifelong Hicksville native, and lives in the community with his wife, Florence. All of his children, Richard, Catherine, Michael, Florence and Cheryl, are products of the Hicksville School system.

He began working in the district in 1959, in the Dutch Lane Elementary School. After many years of teaching in the district, he became districtwide Director of Athletics in 1977.

He then advanced and began serving as Acting High School Principal and he was appointed High School Principal by the Board of Education in 1983.

Hogan enjoys his job very much and feels that the caliber and nature of students in the Hicksville School District is exceptional.

He measures his accomplishments at the high school by how much recognition is given to the students. He is very happy with the community's response in the way of increased aid to graduates.

Superintendent of Schools Salvatore Mugavero said that Hogan works very hard on behalf of the children.

Many challenges face the students currently enrolled in the district. Hogan is well aware of that and would like to see an adaptation to the increase in multi-cultural student enrollment and a greater sense of pride in the fine achievements and successes in the high school and in the community as well.

"I would also like to get parents more and more involved in the school and the education of the children," he said. He wants to see a stronger partnership between parents and teachers on behalf of the children.

In addition to Richard Hogan, 33 unit

dealing with other matters besides education, such as many social issues. He feels the schools should spend more time on the social issues that the students of today must address.

He still attends many local activities, both school and community related, and is an active member on the Board of Directors of the Hicksville Alumni Association.

For his long association with the public school system and his presence as a resident that helps him build relationships with students and parents and also gives him a greater opportunity to understand the situations that exist in the community, the Council of PTAs is pleased to be honoring Hogan at the Founders Day Dinner.

The dinner will be held at the Renaissance Galaxie, 1600 Round Swamp Rd.

Tickets may be purchased for \$28 per person from any local PTA unit. The deadline for ticket purchase is Feb. 10.

In addition to Richard Hogan, 33 unit guests will also be honored at the dinner.

TO YOUR HEALTH

By RICHARD H. BLAU, M.D.

Psoriasis and Arthritis

My patients are surprised to learn that psoriasis may be associated with arthritis. Psoriasis is a skin condition well known to most people. Red, scaling patches are visible around the elbows and knees. Often, the fingernails and scalp are also involved.

It is estimated that as many as 10% of patients with psoriasis also suffer from a very special type of arthritis. This form, called Psoriatic arthritis, is very different from other types of arthritis discussed in previous articles.

Psoriatic arthritis often attacks the end joints of the fingers. In addition to joint involvement, swelling of an entire finger or toe may occur. A recent study at the University of Southern California found that psoriatic arthritic patients can suffer from significant arthritis of the neck.

Dr. Richard H. Blau is a board-certified Rheumatologist practicing in Westbury, 516-997-6823.

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The overall prognosis of untreated psoriatic arthritis is variable. Some patients have very little discomfort while others have significant disability. Obviously a correct diagnosis is very important. These patients often come to the attention of the rheumatologists (arthritis experts) for diagnosis and treatment.

Treatment for psoriatic arthritis may be complex. The rheumatologist will often work with the dermatologist to control the disorder. Anti-inflammatory medications, exercise, and joint protection are very effective treatments.

Arthritis strikes one out of seven people. Learn the facts. Call for your complimentary copy of "The Joint Approach - An Arthritis Overview."



CUB PACK 382 at the Lee Ave. School generously gave during the holiday season. Pictured: (rear, l-r) Webelo Leader Joyce Amoroso, Thomas Myron, Cubmaster Linda Watterson, Joe Restivo, Ryan Kluit, Bear Leader Wendy Myron, (l-r, second row) Christopher Amoroso, Ryan Kuck, Matt Restivo, Christopher Myron, (l-r, front row) Little Sisters Kate Myron and Lauren Restivo.

Lee Ave. Cub Scouts Show Giving Spirit

Lee Ave. students, PTA and Cub Pack 382 shared the holiday spirit with St. Christopher's Home for Children.

Each Cub Scout earned \$5 for doing chores.

The PTA matched their hard work and

together were proud to donate a new VCR and a 20 inch color TV. Families of Lee Ave. students generously filled three large boxes with beautiful gifts for the children of St. Christopher's Home. The boxes contained toys, games, socks, hats, scarfs, etc.

What Hicksville Residents Are Reading

Every week the Hicksville Public Library takes a poll of what books and movies are the most requested by community members.

This week, the top books in the fiction department are *Remember* by Barbara Taylor Bradford, *No Greater Love* by Danielle Steel, *Doomsday Conspiracy* by Sidney Sheldon, *Scarlett* by Alexandra Ripley and *Loves Music, Loves To Dance* by Mary Higgins Clark.

Top books in the non-fiction department

this week are *Is This Your Child?* by Doris Rapp, *Chutzpah* by Alan Dershowitz, *The Carbohydrate Addict's Diet* by Rachael Hiller, *The Best Treatment* by Isador Rosenfeld and *How To Protect Your Life Savings From Catastrophic Illness* by Harley Gordon.

Top videos this week are *Silence Of The Lambs*, *The Field*, *Home Alone*, *Marrying Man* and *Hudson Hawk*.

FIRE REPORT

Safety Tips

It should be noted that although the Hicksville community was spared any deaths in 1991, there were some very close calls, all resulting from those people not having smoke detectors, said a spokesperson for the Fire Department.

The Fire Department can not stress enough the importance of not having a smoke detector. People can be killed if a house catches fire and people are not warned. Smoke detectors should be maintained and tested after they are installed.

If senior citizens can't afford a smoke detector or need someone to install or check one, they can call 933-6444 and a representative of the Fire Department Public Education Unit will assist you.

Remember, yield the right of way to emergency vehicles. When possible, pull over to the right to yield.

A flashing blue light signals a volunteer responding to help a community member. Please give him the courtesy of the road so that the equipment can be staffed and respond quickly.

Fire Truck In Collision

A Hicksville Fire Department Pumper, responding to a car fire on Hunter Lane was involved in a collision with a motor vehicle at the intersection of Elm St. and Plainview Rd.

The accident on Jan. 23 at 7:50 a.m. was considered minor with some damage to both vehicles. No injuries were reported.

The fire truck, attempting to pass on the right side of a left turning vehicle when that vehicle suddenly turned right and side swiped the fire truck said a fire department spokesperson. The car was handled by another unit.

Year End Report

For the year 1991, the Hicksville Volunteer Fire Department responded to 573 fire calls, 61 HAZ-MAT calls and 646 rescue calls for a total of 1,280 alarms.

It breaks down to these categories: Malicious False Alarms-55, Fires Resulting in Damage-75, Mutual Aid Assistance-27, Firefighter Injuries-5, Civilian Injuries-4, Apparatus Accidents-4, Fatal Injuries-0 and Total Loss From All Fires 1991-\$2,349,300.

Group Sponsors Trip To New Hampshire

Come join the "Friends Only" Travelers on April 27-30 for a four day New Hampshire White Mountain tour by motorcoach.

Included are three nights' accommodations at the Mill House Inn in Lincoln, three breakfasts, three dinners, two wine and cheese receptions, two nights' entertain-

ment, local guided sightseeing, ride on Hobo Railroad, tax-free outlet shopping and tour of Hilliard's Candyland.

The trip will leave from Sears in Hicksville. Any resident interested in taking this trip in April can call Kathy 731-3588.

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Get Heart Smart

Lighten up on your diet.
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heart attack.

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COMMUNITY CALENDAR

Friday, February 7

The VFW Post 3211 is having an Awards Night Ceremony at 7:30 p.m. to honor the students who participated in the 45th Annual Voice of Democracy Contest. Special guest will be Hicksville Superintendent of Schools Salvatore Mugavero.

Saturday, February 8

The Hicksville Gregory Museum will be sponsoring a workshop "Hearts That Glitter" by Debbi Weintraub. For Valentine's Day, decorate a heart-shaped box using gemstones and other materials of your choice. It is for ages seven and up, from 1:30 p.m.-3 p.m. To reserve a seat, please call 822-7505. The fee is \$8 for non-members and \$6 for members.

Monday, February 10

Salvatore Mugavero, Superintendent of the Hicksville Public Schools, invites all parents to join him for an informal meeting in the Board Room of the Administration Building at 8 p.m. At this meeting Mugavero is looking forward to discussing any concerns or suggestions parents may have about the Hicksville schools. Discussions will focus on matters of a general nature (all matters regarding individual students should be discussed at the appropriate level.)

"Planning for Today's Concerns, Questions You Need To Ask," which is part two of a seminar will be held at the Hicksville Public Library at 1:30 p.m. for all residents 55 and older. Topics that will be discussed are Financial Decisions, Health Care Decisions, Living Wills and Long Term Health Care. Residents can reserve a seat by calling 938-7184. The program is sponsored by Maryann Caputo and Marge O'Connell.

Wednesday, February 12

The Mid-Island Arthritis Support Group will meet at 10:30 a.m. at the Hicksville Public Library. The monthly meeting is free of charge and is open to the public. For more information or to reserve a place at the meeting, contact Susan Charney at 873-6126 or the Arthritis Foundation Long Island Chapter at 427-8272.

Thursday, February 13

The Holy Spirit Church, 17 Herzog Place, Hicksville will hold their first blood drive from 3:30 p.m.-8:45 p.m. All eligible donors are asked to donate. To donate blood, residents must be age 17-76, in good health and weigh at least 110 pounds. Donors receive a mini health exam prior to donating, including blood pressure, pulse, temperature and iron count. The entire process, from registration to refreshments, takes about one hour. Further information can be obtained by calling the church at 822-6330.

Saturday, February 15

Come join in on the celebration of those Oldies But Goldies, hits of the 50s, 60s and 70s, featuring the music and entertainment of Greg Legakis at 8 p.m. in the Holy Family School auditorium. Admission is \$15 per person and \$12.50 for senior citizens. Included will be platters of roast beef, turkey, ham, cheese, bread, salads, pickles, beer and soda, coffee and tea, cakes and desserts. Reserve your table early, no walk ins will be permitted. For further information, residents can call Rosemary Petrie at 938-0956 or Betty Rodgers at 735-0747. Reserve seats by Feb. 8.

The Long Island Heart Council is offering a First Aid Course in which par-

SCHOOL NOTEBOOK

Our Lady Of Mercy School Play

The Our Lady of Mercy annual play brought the audience across the Atlantic Ocean to Denmark where they met the famed storyteller, Hans Christian Anderson. He presented them with many gifts as we listened to some of his most famous tales.

Firstly, the audience experienced the true love of the Steadfast Tin Soldier for his lovely dancing doll. Next, the sheep herder's generosity was contrasted with the greed of the princess who was never satisfied with any of her gifts. The ugly duckling asked the audience to recognize the importance of acceptance in people's daily encounters with others and reminded them that it's the difference in all people that make life full and interesting.

Lastly, Ariel, the little mermaid, recreated for the audience how she gained an immortal soul by bringing happiness to her beloved prince and how we should strive to help others realize just what true happiness means. Hans then offered us the gift of unselfishness, telling people that that gift should be given all year long.

The children worked very hard to put on the production.



THE TOYS entertained the Princess in the castle. They are Karen Dgurills, Diana Asuncion, Catherine Trimarco, Stephanie Carrera and Amanda Wygand.

SCHOOL SHORTS

St. Ignatius Graduates Shine

Through letters from high school principals and newsletters, the administration and faculty at St. Ignatius Loyola School occasionally receive word of the accomplishments of their graduates. During the fall, the school has been notified of the achievements of several graduates.

At Chaminade High School in Mineola, Brother John Geitner, a 1982 graduate of Saint Ignatius, professed his perpetual vows as a Marianist Brother. He received a gold ring to symbolize his lifetime commitment. Brother John teaches Earth Science at Chaminade.

Andrew Rutherford, a junior at Chaminade and a 1989 graduate of St. Ignatius, was inducted into the National Honor Society. Andrew also received a Silver Honor Pin for maintaining an average of 89.5 or above during his first two years.

At Kellenberg Memorial High, senior Kathleen O'Connell, a 1988 graduate, received a Gold Pin for being on the honor roll for her first three years. Kathleen is a member of the National Honor Society.

Elizabeth Collins and Amy Dalton, both 1989 graduates and presently juniors at Kellenberg Memorial High School, each received a Silver Pin for being on the honor

roll for two years. Elizabeth and Amy were both inducted into the National Honor Society.

Joseph Mais, a 1988 graduate of St. Ignatius, and Candice Competelli, a 1991 graduate, are on the honor roll for the first semester at St. Dominic's High School.

Susan Doucette, a 1989 graduate, is on the Principal's List at Hicksville High School.

The administration and faculty of St. Ignatius Loyola School are very proud of each of these graduates for their noteworthy achievements.

Geography Bee Winners

The middle school social studies department has completed the classroom competitions for the 1992 National Geography Bee.

The following students represented their respective teams in the school finals: 7-Red representatives were Nick Taskov, Andy Costello, Paul Lee, Shaun Rajan, 7-White representatives were Robin Goldberg, Danny Kraemer, Jon Spielman, Paul Tanck, 7-Blue representatives were Ryan Donovan, Jan Rasmussen, Mark Gaylord, 8-Red representatives were Kevin Beiner, Roy Truelove, 8-White representatives were Colleen O'Donnell, Dan McGovern, 8-Blue representatives were Jason Benowitz, William Murphy and Melinda LeCren.

On Jan. 7, the school finals were held and Roy Truelove won the "Bee" with Ian Rasmussen as strong runner-up.

Roy will now take a written test which will be sent to the regional director of the Geography Bee. Based upon his score, a determination of his continuation in the contest will be made.

All of these contestants will receive certificates for their success at the team level. Truelove and Rasmussen will also receive a globe and a map capturing first and second place.

Congratulations to all and the school wants to thank the social studies teachers for making the competition an enjoyable learning experience.

Lee Ave. Shining Stars

Congratulations to the Lee Ave. School Shining Stars, who have won the 50 point contest for three consecutive months.

The winning classes are as follows: Mrs. Radziejewski's first grade class, Miss Flanagan's second grade class and Miss Mead's fifth grade class.

A carvel ice cream party was held on Friday, Jan. 17 for the three classes. Gift certificates to Waldenbooks and Mike's Pizza were raffled off as an extra special treat.

Trinity Lutheran Students Learn To Be Creative

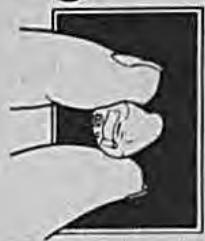
Mrs. Leone's first graders at Trinity Lutheran School have begun a unit on creative activities in language arts. One of the activities included is the drawing of how certain colors make you feel.

Pictured are Kara Schwenkel and Kristin Hahn holding "roaring yellow ribbons."



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Lions Club Annual Pancake Breakfast



THE HICKSVILLE LIONS CLUB held its annual pancake breakfast recently at the Holy Trinity Church at Jerusalem Ave. and Old Country Rd. This fund-raising event raised more than \$2,000 which will be distributed among the many local charities which the club supports. Pictured are Lions Rob Weber, George Maida, Joe Gentile, Larry McCaffrey and Paul Weber.

Rosary Altar Society Holds Oldies Dance

"Do you remember when 50's, 60's and 70's" Dance will be held on Feb. 15, 8 p.m., at the Holy Family School auditorium.

Admission price is \$15 for adults and \$12.50 for senior citizens. In last week's issue of this paper, it was incorrectly stated that the \$12.50 admission price was for children, instead of senior citizens. The paper regrets the error.

Platters of roast beef, turkey, ham, cheese,

bread and rolls, potato salad, pasta salad, pickles, dessert, coffee and tea, soda and beer will be available at every table, BYOB.

Residents are encouraged to reserve their tables early; there will be no walk-ins.

Further information about the dance can be obtained by calling Rosemary Petrie at 938-0966 or Betty Rodgers at 735-0747. R.S.V.P. by Feb. 8.

GET A LOT OF LOVE
ADOPT A VALENTINE.



"Benji"

"Sunshine"

"Jack"

"Luca B"

If you adopt you will experience firsthand the joy and comfort that only a companion animal can bring into your life. You will receive:

- a. Free Obedience Seminar
- b. Free Two-week Medical Care
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East Street School Science Education



SIXTH GRADERS Christine Povilauskas and Melissa Piarcham are building a small electric motor. This project is part of science unit Electro Magnetism.

Calendar (continued from page 5)

Participants will learn to make decisions and take the appropriate action while waiting for medical assistance to arrive. The eight hour course will be given from 9 a.m.-5 p.m. at the Heart Council Office in Hicksville, 362-B Broadway Mall. Class size is limited so registration is on a first come, first serve basis. The cost is \$40 per person. Contact the Heart Council for registration forms at 932-9360.

Sunday, February 16

• St. Ignatius Church is holding its semi-annual blood drive from 9 a.m.-1:45 p.m. To donate the same rules apply that

did for the blood drive at the Holy Spirit Church on Feb. 13. Further information about the blood drive can be obtained by calling 1-800-933-BLOOD.

Tuesday, February 18

• The Hicksville Chamber of Commerce will hold its next luncheon at Peppercorn's at 12:30 p.m. The guest speaker will be Oyster Bay Town Supervisor Lewis Yevoli. It will be a wonderful opportunity for the business community to meet Yevoli and the Chamber is looking forward to his presentation.

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- Grace Kivana, RN, Nurse Clinical Coordinator of Pulmonary Rehabilitation and member of the Nurse Specialist Group, will moderate.

DATE: Tuesday, February 18th

TIME: 6:30 p.m. - Registration and Refreshments
7 to 9 p.m. - Program

PLACE: Winthrop Conference Center
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Opinion

No Second Chances

Last weekend, a young woman was killed by a drunk driver. While unfortunately not an uncommon story, this tragedy prompted even greater outrage as the man who caused the accident which claimed the future bride's life had been arrested on driving while intoxicated charges less than 24 hours before.

The suspect had been released after the first arrest on his own recognizance, as people suspected of drunk driving frequently are. He had no prior record and was ordered to appear in court at a later date.

For years, organizations such as MADD and SADD have been lobbying legislators for tougher DWI penalties and their success has been admirable. Once treated with a slap on the wrist, drunk driving now immediately results in an arrest, restrictions are placed on the offender's license and great costs are often involved. A second arrest in a period of 10 years warrants cancellation of driving privileges.

Now, in light of the recent tragedy, these groups will be pressing for other changes in the law to keep individuals arrested for DWI in jail for a minimum of 24 hours and allow for the immediate revocation of the offender's license.

Both ideas are good ones. Drunk driving, as is evidenced by this latest tragedy, is a serious crime with the potential to destroy many lives in an instant. A mandatory period of time in jail will give the offenders time to contemplate the consequence of their actions, to consider what may have happened. Leaving jail without a license might also force the offenders into a different way of thinking about transportation and more respect for their right to drive.

For Judy Ann Lynaugh, these changes in the laws will be too late. For others, they may come just in time.

A Letter from Lulubelle...

The bitterness of low quality material remains after the sweetness of low price is forgotten... I was in a paint store the other day and saw this sign pinned on the cash register and it set me to thinking about how true that is.... How often do we settle for something just because it has a lower price and then, after using it or tasting it once, decide we don't like it and put it back on the shelf or refrigerator until it molds or deteriorates, and then we throw it out... I ask you, is that economy?... We are not criticizing shopping for the best price—we all do that—but watch out for the quality of the product... For example, in the paint store, the owner said that one brand of paint would cover in one coat and another required two—but the one requiring two was cheaper—but, in the long run, I ask you, which was really cheaper!!!... If you buy a cheap dishwasher detergent instead of your regular one and find it takes twice as much to clean a load of dishes, and, even then, the dishes have a funny feel—is that a bargain?... This is not to say we don't all go to the bread thrift shop to buy "high quality" day old bread and cookies—they're great and the store often has products not carried in our usual supermarket... I'm just glad that there's one in my hometown... And so many people go to poor quality clothing stores—unfortunately, those who can least afford it are so often victimized by dresses that split at the seams—even some that run in the wash—and often those with zippers which go up and down only a few times. I've told you before that I grew up in the days of the depression when all I could afford was a \$1.08 dress—I never even considered the \$2.98 ones—but even though this was long before new fabrics were invented and everything wrinkled—the iron was always out—but the quality did seem better than some of the garments I see today... All I can say is look for good bargains, but, remember, bargains mean good quality.

Yours, Lulubelle

Anton Community Newspapers Inc.

Letters to the editor are welcomed by Anton Community Newspapers. We reserve the right to edit in the interest of space and clarity. All letters must be handwritten and they must include an address and daytime telephone number for verification. Personal attacks and letters considered in poor taste will not be printed. We cannot publish every letter we receive due to space limitations.

Letters

Look At All Aspects

I wish all the people in the Hicksville community could feel what the Lee Avenue parents are going through. Perhaps then they would be as outraged as we are, and stand by us, demanding that the school board look into all aspects of closing a school.

The school board it seems is relying solely on the demographic report. Granted they just voted to get an engineer report but why did they wait until the last minute to do so? Doesn't it make sense to the public to gather all your information at once? Why weren't all the reports done in conjunction? What about the children who will have to cross Newbridge Road, Division Avenue, Jerusalem Avenue, Broadway, and Old Country Road? What about their safety? Do no other parents care other than the Lee Avenue parents? Why aren't all community members as outraged as the Lee Avenue residents? Perhaps it's because your school isn't being targeted for closing. But do you understand your children will be affected? There will be children who will be bumped out of their school and sent to another to make room for the children of the closed school. Down the road, class sizes could be in question. Boundary lines will be moved, your child could conceivably be sent to a school farther away from your home, rather than go to the closer school. All children will be affected by a school closing—ALL parents should be as outraged as the Lee Avenue parents.

It seems as if the school board has decided to close a school based on the demographic report alone. As I stated the board did vote finally to get an engineer report. But why did it take so long? This is a very important factor. What if one building (or more) needs any renovation, be it major or minor. Shouldn't the board look into this? Any renovation or structural damage could be a very costly expenditure, why has it taken the board so long to realize this?

Some people have stated "you got the demographic report. Got their recommendation if you don't follow the recommendations it's a waste of money." I can only say too bad the shoe isn't on the other foot. Then they could see what an injustice is being done to our community. How can you base such an important decision on just part of what needs to be looked at? I don't think the school board has been honest in checking all the avenues, and we as a community need to make sure they don't sell us short.

I urge all community members to come to the school board meetings. Make sure the safety of all our children is being taken into consideration. Make sure the school board looks into all the aspects, not just what they feel like looking at.

Norma Herbst

To Supervisor Yevoli

It's no wonder so many TOB residents oppose a town incinerator. An incinerator would be superfluous since the town already has sprawling and ever-growing garbage dumps—Hicksville!—already home to such attractions as toxic waste sites, asphalt plants, DMV, LIRR, etc., now Cablevision plans to erect a repulsive replication of the Eiffel Tower in the form of a 246' high communications structure. Doesn't Hicksville already have more than its fair share of eyesores?

Perhaps TOB officials can convince Syosset residents to accept this construction project in lieu of K Mart, since it would not attract "crime, traffic and even people from Hicksville."

Better yet, let's continue to plant trees to enhance the environment rather than building towers to destroy it.

Ed Hebron

Opposed To Cablevision's Tower

The Coalition of Hicksville Civic Associations is an umbrella organization comprised of representatives from all of our community's civic groups. The Coalition exists for the purpose of uniting the civics whenever an issue affecting all of Hicksville arises.

The construction of a 246 foot high antenna tower on New South Road is just such an issue. Cablevision wants to build this tower on the Servo property as a backup to their fiber optic transmission network that serves Long Island. They have established a major communication facility in leased space in the Servo building and now wish to augment this facility with a tower that will be 24 stories tall and could be equipped with up to 14 satellite dishes of varying sizes.

The Coalition is opposed to Cablevision's construction of this tower. At a recent hearing at Oyster Bay Town Hall, which was not advertised until four days before the date, Cablevision representatives were not able to provide adequate assurances as to the safety of the tower. Its ability to withstand high winds was not proven and no experts were on hand to address the potential dangers of microwave or other signal transmission methods.

In addition to safety concerns, we believe Hicksville does not need another "landmark". Two asphalt plants, the destruction of our downtown, seven Superfund sites enough is enough! We have worked hard in recent years to stop the "put it in Hicksville" mentality and this tower is one more example.

We need your help. Please plan to attend the new hearing that has been scheduled for Thursday, Feb. 20 at 7 p.m. at Town Hall.

(continued on page 3b)

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Valentine's Vigil For The Homeless

The Nassau Suffolk Coalition for the Homeless will hold its third annual "Have a Heart for the Homeless" candlelight vigil on Friday, Feb. 14 at Christ's First Presbyterian Church in the Village of Hempstead and, as in the past, more than 800 people are expected to participate.

The vigil is being held to demonstrate support for housing initiatives, such as low-income affordable housing, which are needed by the evergrowing homeless population in both counties. It is estimated that there are more than 30,000 homeless people on Long Island. Although previous vigils have been held in Huntington, this year, the vigil will be held in the Village of Hempstead in recognition of the reality that homelessness affects all parts of the Island. Elected officials from all levels of government are expected to speak at the vigil.

Everyone is asked to wear a blanket to the vigil to disguise who is homeless and who is not. At the closing of the vigil, everyone will leave their blanket to be distributed to homeless people.

The vigil will take place from 6-8 p.m. The church is located at the corner of Fulton Street (Route 24) and Washington Street in downtown Hempstead. For more information, call the coalition at 742-7770.

Love A Quitter

Don't let another Valentine's Day go by without helping the smoker you love kick the habit. Give someone special the "Quitter's Survival Kit" from the American Lung Association of Nassau-Suffolk.

The survival kit contains the Freedom From Smoking audiotape, a bumper sticker, a lighter plug for the car and other essentials, all packed in a convenient, zippered, nylon pouch. The association will also include a unique Valentine's Day card so you can send a no-smoking message of love to that quitter-to-be. The kit is \$10.

Send a check for \$10 to ALA of Nassau-Suffolk, 214 Marcus Boulevard, Hauppauge, NY 11788.

Aerobithon

Cystic Fibrosis is a debilitating disease which affects a child's breathing and life expectancy. Every year, the Cystic Fibrosis Clinical Care Center of Good Samaritan Hospital depends on charitable donations to fund its Cystic Fibrosis Recreational Program.

For the first time, the Amritraj Racquet and Health Spa will be the site of "From Our Hearts To Theirs... Aerobithon" from which all funds raised will directly benefit the children with cystic fibrosis at Good Samaritan.

The Aerobithon will be held Feb. 10 through Feb. 16. Members of Amritraj will take pledges from their families and friends for each 15 minute block of exercise they log throughout the week. Non-members are welcome to log-in some time, free of charge, on both Feb. 15 and Feb. 16.

Amritraj Club is located at 225 Howel's Road, Bay Shore. Pledge sheets can be picked up at Amritraj.

LVA's Tutors Make Inroads On Illiteracy

"Johnny" isn't the only American who can't read. According to the U.S. Department of Education, 1 in 5 adult Americans are functionally illiterate (nearly 15 million individuals, 20 percent of our adult population!). Another 34 percent are only marginally literate. In fact, a 1985 assessment of 21-25 year olds showed that 80 percent couldn't read a bus schedule. Seventy-three percent couldn't interpret a newspaper story and 63 percent couldn't follow written map directions. The USDE adds another somber note to these grim statistics—the high school dropout rate in the U.S. is 27 percent.

Literacy Volunteers of America-Nassau County reports that approximately 200,000 County residents under 25 have less than three years of high school education.

It's time to change the numbers, and Literacy Volunteers of America, with more than 350 affiliates nationwide, is doing just that. According to Julia Drake Berkowitz of LVA-Nassau County, Inc., 1,500 adult learners participated in LVA-NC instruction programs last year, tutored by volunteers trained in LVA's specialized teaching methods.

Committed to serving the entire community, LVA-NC, Inc. offers free volunteer literacy instruction in Basic Reading and English as a Second Language. A grant from the Nassau County Executive's Office has helped the volunteer organization to expand its link with various health and human services agencies, enabling it to reach Nassau's neediest potential student populations. Through its small group tutoring program at the Nassau County Correctional Center, LVA volunteer tutors work with inmates, directly impacting their ability to function in today's complex society.

Each year, through intensive tutor training workshops, hundreds of volunteers master the techniques and materials developed by LVA to assist adults in learning to read. Under the guidance of an experienced trainer (again, a volunteer), tutors-in-training develop a deep sensitivity to the needs of "learners," an understanding of the tutor's responsibilities and the commitment of time and effort each (tutor and non-reader) must make.

Through discussion, demonstration, video presentations, one-on-one and home practice, tutor trainees familiarize themselves with LVA's many teaching techniques, resources and materials, gaining the confidence and skill necessary to tutor their own literacy students (learners).

On successful completion of all training sessions, each tutor is matched with a learner. Together, tutor and learner decide where and when to meet, develop a set of goals and begin a process that will, ultimately, change the learner's life.

In 1991, 1500 Nassau County learners began their journey into improved literacy. 1500 people who will stand taller, take a prouder place in this world, face their future with more hope. Side-by-side were more than a thousand caring, dedicated, persevering volunteer tutors who gave their time, energy and support to make their students' dreams a reality.

Let's do some simple multiplication: suppose there were 1500 students being taught to read by LVA volunteers in each of its 350 affiliates across the country... in one year, 525,000 more people would be able to read. It would only take 3.2 years to eliminate functional illiteracy for 16 million people... so many people... Imagine the possibilities if there were more volunteers.

February 2-8 is Literacy Volunteers of America Week. If you are a Nassau County resident with a high school diploma you can help by volunteering. And, if you know someone who wants to improve their reading, LVA can help them. Call LVA-NC at 486-2789 weekdays, from 9:30 a.m. to 5 p.m.

—Ken Woodruff

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Closed School continued from page 3

about further addressing the needs of the senior citizens in the district. The closed building would also be used as a senior center for the various senior citizen groups in the district. "Presently, we have various senior citizen clubs meeting at various places around the district. As we are facing an aging population, it is time to repay our senior citizens and find a center for them to conduct their activities," he said. There would be arts and crafts classes, senior aerobics at the center and it would provide a meeting place for the senior citizens clubs.

The Continuing Education Program could use the center as a place to sponsor trips and activities. These trips would depart from the center.

"As our population ages, it is important that we not forget the contributions of our senior citizens to community and school life," he said.

To combat the problem of vandalism and students hanging out on street corners, Mugavero recommended that the building be used as a recreational facility for Hicksville youths on Friday and Saturday

evenings and also when school is closed for extended periods of time.

"It is my hope that various events could take place such as dances, basketball, etc. The district's contribution to support this program would be estimated at \$25,000 and we could expect a decrease in terms of vandalism throughout our community by the institution of such a program," he said.

The district currently spends about \$150,000 correcting vandalism. "I could easily see that this program would deter and subtract from that expenditure by having a controlled atmosphere and location for the youth of our community," he said.

By having the district utilize the building, if a school is closed and later on one must be reopened, the building would be in working order and would be ready to take students.

Mugavero said that by utilizing the building in this way, the district would be meeting the needs of the community members across the board.

The School Board will vote on whether or not to close a school on Feb. 26.

School Closings (continued from page 1)

In his report, Superintendent of Schools Salvatore Mugavero said that the budget committees have been meeting. "The budget process has been taking place and will continue until some time in April," he said.

He invited parents to attend an Open Discussion with the Superintendent of Schools on Monday, Feb. 10 at 8 p.m. in the Board Room of the Administration Building. It will give parents a chance to voice their concerns about things in the district with the Superintendent and give input on how the education process improv-

ed. Such meetings will be held quarterly, said Mugavero.

He congratulated the Girls Varsity Volleyball Team for receiving the Sportsman Award.

"I am constantly amazed at the high quality of the fine arts program the district has," he said, commenting on the fine job students did at the Nassau County Music Festival.

He and the board spoke about the Board of Education Building Tour and how it was an informative day for all.

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Island Bridal Gown Rentals, An Idea Whose Time Has Come

If ever there was an idea whose time has come, it's renting the wedding gown.

Sound surprising? Not to Judith Stone, founder of Island Bridal Gown Rentals, who has helped hundreds of brides walk down the aisle in the gowns of their dreams...gowns unattainable without her extraordinary rental service.

Located at 148 Broadway (Rte. 107), Hicksville, the shop is convenient to Long Islanders and value shoppers throughout the metropolitan area.

Nearly 25 years of hands-on experience in the restoration, cleaning and preservation of bridal gowns, an innate sense of perfectionism, and a lifelong romance with weddings have made Judith Stone a bridal service expert.

Island Bridal Gown Rentals was born while Judith and Richard Stone were on vacation. She found five beautiful antique wedding gowns in a vintage clothing store... "I bought them all and restored them. I was working with one of the top bridal cleaners on Long Island where I put the gowns on display. Before I knew it, people were begging to rent them for their

own wedding."

In late summer of 1991, seven years and hundreds of bridal gowns later, Judith Stone put the finishing touches on her own, brand new showroom, a warm, brightly lighted shop where friendliness and personal service are all important. Here, prospective brides can choose from more than 500 gowns in sizes 4 to 22, and from hundreds of headpieces, veils, slips and gloves. The bride-to-be can try on the actual gown, not a shop-worn sample in the wrong size. Most are brand new, others gently worn; some are antiques, many are designer creations—all are in immaculate condition.

Rental cost, which starts at \$100, includes all alterations except length changes on gowns, slips and headpiece veils. "Budget is an important consideration for today's bride," Judith noted. "Even if a bride can afford a designer gown, she often questions the expense. Here, she can be exquisitely gowned and perfectly fitted for less than the retail cost."

"We're particularly sensitive to the needs of larger women," Judith commented.

"We have a beautiful selection of bridal creations in sizes 16 to 22. These brides-to-be really appreciate the selection, the privacy of our fitting rooms and the one-on-one attention I give them."

Renting a wedding dress doesn't compromise a bride's standards. In fact, it has become a smart alternative to buying. There is no need for exhausting shopping trips, no bother about finding matching accessories, no endless wait for the dress to arrive. Most important, there are no disappointments and no huge expense.

At Island Bridal Gown Rentals, every bride receives Judith Stone's personal, caring attention and expertise. Alterations are done by her skilled, on-site seamstresses, then each gown is meticulously cleaned and hand pressed. Once selected, the gown is placed in an unbleached muslin bag and set aside for that bride. It is unavailable to anyone else until after her very special day.

Smart brides agree: renting one's bridal gown is certainly an idea that's here to stay. For additional information, or to make an appointment, call Judith Stone at 516/681-5816.

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The latest fashions from the leading designers are now being previewed at Victor Talbots Formals of New York in Greenvale.

Grooms, groomsmen and fathers of the bridal couple can select the finest formals from Christian Dior, Henry Gretel, Pierre Cardin, Lord West Crown, Raffinati, After Six, Missoni Uomo, Giorgio Armani, Nicole Miller, Bally of Italy and Ungaro Paris.

Victor Talbots also offers periodic specials that make buying and renting fine formal wear and furnishings the easiest—and most reasonable—part of wedding planning.

Victor Talbots is located at 82-16 Glen Cove Road, Greenvale in the Greenvale Plaza. Open Monday and 10 a.m. to 6 p.m., Tuesday through Thursday, 10 a.m. to 9 p.m., and Saturday, 9 a.m. to 6 p.m. Call 626-2673 for more information.



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by Phyllis

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Wedding Photography's Different Faces

Love and romance beautifully portrayed... photography as an art... fashionable bridal photography... all of these phrases are thrown at brides-to-be by photographers extolling the virtues of their different styles. But what are the styles behind these phrases? What does it mean when it comes to your wedding photos? And what is the difference between these styles?

Basically, there are three different styles to wedding photography, outlined as follows:

The Posed Highlight Coverage Approach: The poses the photographer creates in this style are typically favorite poses that we've all grown accustomed to seeing in wedding albums, such as the bride pinning a boutonniere on Dad's lapel or the bride getting ready in front of the mirror. The ceremony and reception shots consist of usually only the main activities (exchange of rings, the first kiss, the first dance, bouquet toss, dance with parents, etc.)

Regarded as standard for wedding photography, it's photography with no frills, so it's usually inexpensive.

The Bridal Fashion Magazine Approach: When it comes to your portraits, the studio with this style seeks a more dramatic interpretation of your wedding portraits by emulating the stylistic flair of poses seen in the gown ads of bridal magazines. Striking poses of the bride dramatically holding her bouquet aloft with outspread veil are typical of this high fashion approach. Coverage of the ceremony and reception remains the same as the highlight version.

This style is good for brides who would like their wedding portraits to resemble the cover of *Modern Bride*. This style also involves more time with the posing and it helps to have a model's ability to stay in a difficult pose.

The Informal Candid Approach: This style is pretty much a hands-off approach, as nothing is staged or recreated for the camera. The photographer follows the action, capturing minute-by-minute reality as the wedding day unfolds—rather than orchestrating the event. These slices of real life then combine to tell the actual story of your wedding day. The percentage of candids is higher than in the other styles, and the portraits taken are usually of a more informal, less posed variety. The ceremony and reception shots capture all the excitement and spontaneity rather than only the highlights.

For the wedding couple looking for unobtrusive photography, this photographic art form is ideal.

Having in mind the style you're looking for can be a real timesaver when shopping for your photographer. When calling for appointments, ask the photographers about their styles to see which interests you the most. By doing so, you'll be able to zero in on exactly those styles that you feel will capture your wedding day perfectly.

*Wedding photographer and author of this article G.E. Masana has been published in *Lens and Studio Photography*, both national magazines for portrait and wedding photographers. Which photographic style does he prefer? To find out, call 546-6378.*



Catching The Feeling!

Parashoot Photography Studio, nestled among the Victorian buildings and overlooking the harbor in Northport Village, offers brides and grooms an alternative to standard wedding photography fare. What sets this particular studio apart from its competitors is what they call a "Candidly/Formal" approach to documenting a wedding day. The majority

of the images are captured on the fly. Instead of posing throughout the wedding day, wonderful moments are artistically captured. Their ratio of candid to formal is around 70-30. It's an alternative which allows for fewer disturbances and storytelling photographs.

Call Parashoot Photography Studio at 754-8404.

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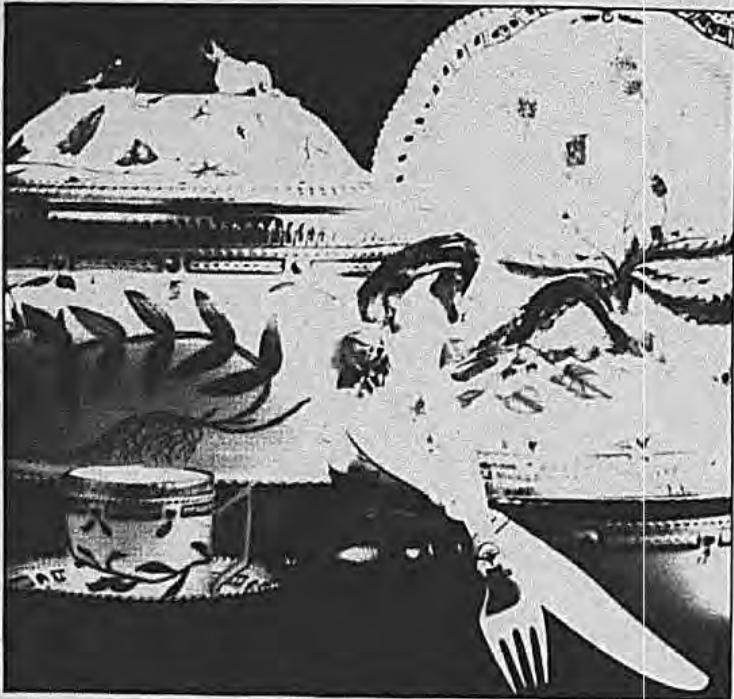
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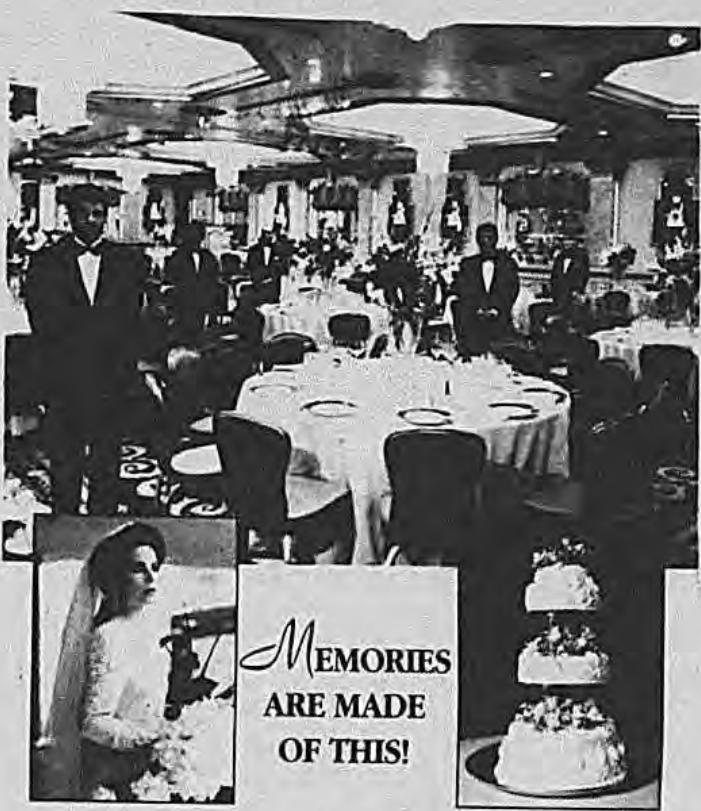
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Visit Quintessence at 1358 Old Northern Boulevard, Roslyn, from 9:30 a.m. to 5:30 p.m. Monday through Saturday or call 484-0915 for more information.

The Wedding Invitation, Your First Impression

The invitation is usually the first impression that a guest will receive about the wedding ceremony, and, as such, it usually sets the tone of the wedding. The last decade has witnessed larger and more elegant weddings and consequently, invitations have gotten bigger and more flamboyant. However, like everything else, the somber economic climate has had its effect, and no where is the change more dramatic than in the choice of wedding invitations.

The spring will see a return to a more traditional and classic invitation. This means a less dramatic invitation with an emphasis on a cleaner, whiter look. The accent will be on ecru, ivory and white vellum and cotton fiber papers. The classic formats with panel and without panel layouts featured on folded and flat stock will once again be most popular. Black, for the most part, will be the choice ink color while the raised lettering processes (engraving or thermography) will continue to be widely accepted. Cranes, by far, offers the most extensive and quality collection of traditional invitations.

For those brides who are not ready to leap on the traditional bandwagon, many contemporary styles will still be available. The main themes will continue to emphasize multi-layers on squared, 7x7 or larger size stocks. The trend will be toward cotton, rice and silk fiber papers featuring a variety of blends such as linen, weave, moire, brocade, lace and damask. Metallic,



mylar and glitter papers are not expected to be as popular as they have in the past.

Black and white will continue to be featured in the spring, but standard soft pastels such as pink will also be in vogue. Colored or textured matching custom envelope linings will be seen more frequently. Motifs of embossed pastel flowers, very much in fashion in the past, will continue to be seen. Flat, printed calligraphed invitations will still be in. The principal vendors for contemporary styles as well as some traditional styles are Jansson, C'est Papier, Pioneer, Embossed Graphics, Arlen Segal, Elite and Encore.

Lastly, a new increasingly popular alternative to ordering from custom books is

to have invitations computer or hand calligraphed. This process entails choosing preprinted stock at an invitation boutique such as Creative Expressions on Plandome Road in Manhasset and having the wedding stationery calligraphed in a matching ink. Each invitation is an original and slightly different due to the imperfection of drawing ink on paper. Very much in vogue is to have envelopes and place cards calligraphed in matching ink and lettering styles.

The professional staff at Creative Expressions will help you select the perfect invitation. They are located at 467 Plandome Road, Manhasset. Phone: 365-8270.

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Charm, tradition, romance, intimacy, elegance; all of these descriptions fit the George Washington Manor in Roslyn.

The manor, which features a Colonial America motif, has been carefully preserved and retains the gracious atmosphere that has made it a longtime favorite for traditional wedding receptions.

The George Washington Manor sets the scene for a warm, welcoming party, dinner, luncheon or brunch and ensures that every wedding celebrated there will be memorable. The party and menu are carefully planned by the manor's talented banquet staff and receptions are customized, from the hors d'oeuvres to the wedding cake.

There are private accommodations for small, intimate parties of eight or large affairs that cater to 175 people. The manor's staff is happy to assist with every detail including the DJ or band, photographer, limousines, flowers and even hairdressers.

Perfect wedding settings include the glass-enclosed Mt. Vernon Room which overlooks the lake and historic Roslyn Village, and the Presidential Room, charmingly decorated in 18th Century antiques, planked hardwood floors and three working fireplaces. For spring, summer and fall, the George Washington Manor offers a delightful pondsides setting for outdoor ceremonies and cocktail hours.

The George Washington Manor is also pleased to announce that its private wed-



ding chapel has recently been refurbished and is now available. The warmth and charm of the chapel, complete with curved staircase, is the perfect setting for the exchange of vows.

Call the banquet manager at 621-1200 to reserve your wedding date and make an appointment for your personal party planning consultation.

The George Washington Manor is located at 1305 Old Northern Boulevard in Roslyn.



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Are you looking for a unique place for your wedding ceremony and reception? Why not consider the Sidewheel Paddle Steamer, Thomas Jefferson?

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Guests aboard this elegant 1850s replica can enjoy cocktails and dine in an atmosphere of by-gone elegance in view of the Manhattan skyline as they cruise the Long Island Sound.

Captain and crew, attired in period costumes, welcome guests. Once aboard,

passengers can enjoy the open air top deck or the air conditioned/heated main salon.

Once underway, conversation usually turns to the sights... Falaise, the Guggenheim Estate, Hempstead House and Castle Gould on Sands Point.

Surprised to see a steamboat navigating the brine, voyagers aboard sailboats, tugs and yachts wave and toot their horns.

Of course, your wedding day is memorable for you and your family. Having a wedding ceremony and reception aboard the Thomas Jefferson is a unique and unforgettable experience for everyone involved.

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A Restaurant For All Your Party Needs

A good choice for all your party needs is Vizietto, a new Italian restaurant in Glen Cove which offers fine cuisine at moderate prices.

Vizietto features a comfortable, casual atmosphere with a private room for special affairs. The restaurant's specialties include a variety of pastas and a delicious array of chicken, veal and seafood dishes.

The restaurant is owned and operated by Angelo Stano and Joe Da Silva, experienced restaurateurs who can help you put together any type of party, including one in your own home with their fine food.

Visit Vizietto at 48 Cedar Swamp Road in Glen Cove or call 676-8300 for more information.

Dine With The Stars At Westbury Manor

From the new glass-enclosed conservatory room at Westbury Manor, you can see countless stars every evening while you dine from an expanded menu which features freshly-made pastas and grilled fresh fish nightly.

Anthony Scotti has turned this 100-year-old mansion on six acres of formal gardens into a perfect setting for a special evening out or weddings of the grandest scale, thanks to the most modern catering facilities, personalized service, fine cuisine and the skills of an experienced staff.

Weddings are especially memorable at Westbury Manor. Exquisitely landscaped granite pools, sparkling fountains, charming ponds, lacy gazebos, colorful peacocks and tropical birds give the setting a

fairy-tale quality reminiscent of other times.

From April through October, cocktails are served outdoors, where flowering shrubs, trees and plantings add ever-changing beauty to the grounds, affording dozens of delightful photo opportunities. Fall and winter weddings are beautiful occasions as well, with Westbury Manor's graciously traditional decor offering the perfect backdrop for the perfect day.

Located on Jericho Turnpike, about one-half mile east of Glen Cove Road in Westbury, the Westbury Manor offers complete catering services for receptions of all sizes. It is also open for lunch Monday through Friday and offers music with dinner nightly. Call 333-7117 for complete information.

Femininity, Style And Intimacy

At C'Est Lingerie in Locust Valley, it is understood that intimate apparel is as important a part of a woman's wardrobe as a finely tailored suit or designer gown.

Located at 39 The Plaza, the shop has a feminine feel and its owner, Helen, devotes endless time to ensure comfort, fit and privacy.

Each of Helen's customers is treated with care and concern, from the young adolescent to her mom and grandmother. "Women love to wear pretty lingerie," said Helen. "It gives them a special glow and

makes everything they wear look better."

C'Est Lingerie carries a full selection of bras, from Warner's to the most delicate French imports. There are all price ranges and collections for women of all sizes.

The store is open from 9:30 a.m. to 5:30 p.m. Monday through Saturday, with daytime and evening appointments available for post-mastectomy fittings. The atmosphere is intimate, personal, professional and gentle. Call 671-5749 for additional information or a special appointment.

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Imagine the gown of your dreams. Flowing satin, sparkling handsewn beads, elegant lace. You can't find it anywhere, but you're afraid that custom design doesn't fit your off-the-rack pocketbook.

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Gallery Couture in Manhasset (formerly Stephan's Fashions) recently opened to give Long Island brides the designer styles they crave.

With a designer on premises, the gown of your dreams is only moments away.

Your dress will be designed any way you wish. French and Italian couture can be copied for only fractions of the price using in-stock fabric or fabric of your choosing.

Gallery Couture also offers a restyling service which can update your wardrobe with sensible ease.

For every special occasion—weddings, Bar and Bat Mitzvahs, Sweet Sixteens—visit Gallery Couture at 477 Plandome Road, Manhasset.



EMPLOYEES stand in front of Kimera for their grand opening celebration. They are located in the Waldbaum's shopping center on Hicksville Rd.

Kimera Salon Opens In Community

Tony Vozzolo is the owner and manager of the Kimera salon and he has recently opened his new shop in the brand new Waldbaum's shopping center on Hicksville Rd.

Vozzolo is a Hicksville resident and is very happy to be opening a salon in his hometown.

The shop has been doing well since it opened its doors for business on Dec. 11.

"It has been very encouraging. I have been pleasantly surprised with the business we have done so far!" Vozzolo said.

The salon prides itself on the expert service customers can expect to receive when they make their appointment to come in.

Vozzolo said that the clients they have had since they opened have said that they are happy to have found a place where stylists listen to what they are saying and do their best to give them what they want.

"We are here to service people and that is what we pride ourselves on," said Vozzolo.

"The staff is the very best we could find," he added, talking about the extensive interview process they went through to come up with the best available personnel.

They use only top of the line products and promise an expert job. "We hope to raise a high level of service in the industry," he said.

He plans on staying for a long time and he has received a good response from people in the area.

The salon caters evenly to men and women. They offer haircuts, hair coloring, manicures, pedicures, facials, beard grooming, facial waxing, leg waxing, frosting and other things.

He encourages people to stop in for free consultations, samples and giveaways.

Further information can be obtained by calling the salon at 932-MERA.

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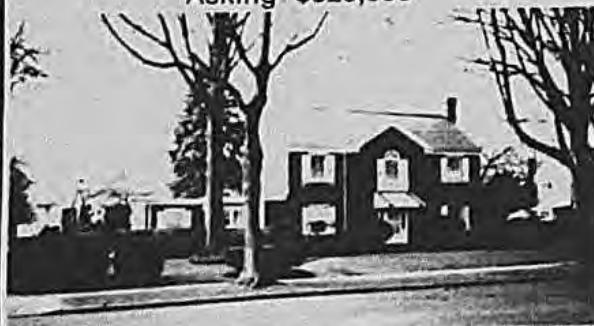
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ATTRACTIOnS

Saturday, Feb. 8

African-American Arts Night will be held at Adelphi University Center at 7:30 and will showcase ethnic dance and drama. Tickets are \$5. For more information, call 877-4980.

Saturday, Feb. 8

The Sea Cliff Chamber Players will give a concert at the Sea Cliff Theatre at 8. Tickets are \$15. For more information, call 671-6263.

Sunday, Feb. 9

A traditional Valentine making program will be held at the Old Bethpage Village Restoration Schoolhouse at 12:30. Admission is \$5. For more information, call 420-5280.

Sunday, Feb. 9

Leonard Jaffries, Ph.D., will present a lecture, "The Odyssey of African Americans in the New World" at the African American Museum in Hempstead at 2. Admission is free. For more information, call 485-0470.

Sunday, Feb. 9

The New World String Quartet will perform at Hillwood Recital Hall, CW Post at 3. Tickets are \$20. For more information, call 626-3100.

Sunday, Feb. 9

A sport fishing show will be held at the Freeport Recreation Center beginning at 8:30. Admission is \$15. For more information, call 957-3221.

Monday, Feb. 10

An African-American Bazaar will be held at Hillwood Commons Lobby, CW Post, from 10-5.

Monday, Feb. 10

The Shakespearean film *Julius Caesar* will be shown at 7:30 at C.W. Post. The film is free. For more information, call 299-2356.

Thursday, Feb. 13

The Stencil Artisan League will meet at 7:30 at the Syosset/Woodbury Community Center. For more information, call 421-1305.

Through Feb. 10

The Open Juried Show of the Seymour A. Berger Center for the Arts of the Sid Jacobson-North Shore YM & YWHA, East Hills, is now under way. Admission is free. For more information, call 484-1545.



THE 1989 FANTASY PLAYHOUSE CAST of *Pippin*. This month, an enchanting version of the Broadway hit returns to the Lynbrook theater.

Fantasy Playhouse: Not Just For Kids

By George Wallace

Okay, so there's something colorful, original, enchanting and fanciful going on in Lynbrook. The Fantasy Playhouse has been putting on original theater for kids for umpteen years, as well as birthday parties, theater workshops and other kid-friendly activities.

But when it comes to Broadway Revivals, ladies and gentlemen...it's no understatement to say that Fantasy Playhouse is also unequivocally happening!

That's Fantasy Playhouse—317 Merrick Road, Lynbrook, dial 599-1982 (in case you haven't been there). Not only has this got to be one of the more impressive cases of "Family Entertainment" around—the operation is family run from top to bottom. "I write the children's shows," says Barbara Schaap. Husband Phil manages the operations of the theater. Son Adam directs. Daughter Julie plays in some of the performances.

"And my grandmother used to make the costumes," adds Adam proudly. Made them, that is, through the age of 80. Now, she's eighty-two, and has had to slow down a bit, notes Barbara.

Slow down? It seems hard to believe that

such a term is in the vocabulary at Fantasy Playhouse. Visiting their second floor establishment over the UA theater last week, the place was a beehive of activity. In two separate rooms, acting classes were going on. In the theater itself, costumes were being sorted out and sets were being rehearsed for a pair of upcoming shows. As for Barbara Schaap, she was keeping one eye on son Adam's direction for the upcoming "Pippin," eating a piece of pizza, shooing away the family pet, and giving an interview.

This year's agenda? Fantasy Playhouse expects to put on no less than 9 children's productions, and 6-7 Broadway Revivals.

"This is family theater," said Barbara between bites of pizza. And that, she adds, is where she thinks the country is going. "The pendulum is swinging," she noted. "People go much more for traditional things."

Tradition, notes Barbara Schaap, is right down her alley. "I feel you have to give people a chance to learn something," she said. "It's a big responsibility—but when I see parents and children walk out at the end of a show like they've been to Disney World..."

The children's shows? Some are revised

versions of classics, such as *Alice in Wonderland*, *Little Red Riding Hood*, or *Peter Pan*. But there's always a twist. In *Cinderella*, for instance, the poor mistreated heroine doesn't have the standard magical fairy godmother who solves all of her problems with a flick of the wand. No, this fairy godmother is a loveable, if zany, lady who has a passion for shopping and an almost magical knack for picking out just what her goddaughter needs most.

"Right now I have—in my head—three new shows for next year," notes Barbara.

Then there's the theater workshop. Designed for kids from 5-18, it has been producing budding young actors and actresses for years. As for the Revival series, it was initiated a couple of years ago by Adam, starting with "*Pippin*," and has been going strong ever since. This year, the show will be revisited by the troupe.

Right now at Fantasy Playhouse? Aside from *Pippin*, which runs Feb. 8-Mar. 21, "*The Shoemaker*," a new original musical fantasy set in NYC at the turn of the century, runs throughout February and into March as well.

RECOMMENDED...

The Long Island Philharmonic will present its first Young People's Concert Feb. 11 at Southampton High School. For information, call 293-2223. Barry Tuckwell's only New York appearance is scheduled for Feb. 8 at 8:30 p.m. at the Tilles Center in Greenlawn. The concert is part of Friends of the Arts Great Performances. For info, call 922-0061. For tickets, call 888-9000. *Taken in Marriage* by Thomas Babe at Studio Theater in Lindenhurst, Feb. 27 through March 2. Call 226-1833 for tickets. The Art League of Nassau County will feature

an art demonstration by Jacqueline Penny on Acrylic Floral at the Unitarian Universalist Church, Stewart Avenue and Nassau Boulevard, Garden City, at 7:45 p.m. Feb. 21. Non-members, \$1 donation. Refreshments served. *Neil Simon's Rumors* opens at the Airport Playhouse, 218 Knickerbocker Avenue, Bohemia, Feb. 7. For reservations, call 589-7588. The closing night of the New York City Ballet's winter season at Lincoln Center will feature selections from the company's classic repertory. It will be held Feb. 23 at 7 p.m. Ticket info, call 212-870-5570.



Lecture On Russian Art At Post

In the late 1930s, Marjorie Merriweather Post visited the Soviet Union and purchased Soviet treasures including jewelry, chalices and other valuables. A slide-illustrated lecture on the collection will be held at CW Post in Brookville on March 19. Registration required. Call Joan Kelly at 299-2580 for more information.

America Takes A Second Look At Chess

One of the world's most ancient games has just made an evolutionary leap! While scholars have long debated the origins of chess - some claim it dates back to the times before Christ, while others insist it originated in India during the 6th century A.D. - they all are in agreement on one thing: *change!*

Since its inception, chess has evolved along with civilization to arrive at its present form today, where it has remained for the last century. What Charles Darwin failed to find on the Galapagos Islands, might be found at the upcoming 1992 New York City Toy Fair where *Centre Chess* is making its debut. An ingenious, geometrical reconfiguration

of the classic board, which miraculously leaves the pieces, moves, rules, basic strategies and number of spaces intact.

"It's beautiful," remarked some members of a high school chess club who tested the new board recently. "It looks like a work of art!" The colorful web-shaped board enables chess moves that were impossible on the traditional square game board. "It certainly broadens the player's abilities," says Rocca Nofi, an avid chess fan and high school advisor to the Schreiber High School Chess Club.

The new board's design is the brainstorm of Glen Cove resident and professional

Firefighter Joseph Miccio who has patented the game under the name "Amerigames International." The game includes *Centre Checkers*, also played on the new board, ordinary chess and ordinary checkers, both played on the reverse side. The complete game will retail for approximately \$25. The chess pieces have been designed to complement the new board with a sleek, geometric, futuristic look.

The Toy Fair is planned for February 14-16 at the Jacob Javits Center. For more information on the new board, write to Amerigames International, 15 Barlow Ave., Glen Cove, N.Y. 11542.

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Letters

(continued from page 10)

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Eleanor Draycott
Thomas McGovern
Coalition of Hicksville
Civic Associations

To The Board of Education

I would like to remind the Board of Education, that reorganization and consolidation are not new to this district. While most of the community is embroiled in the current reorganization, please don't lose sight that a school was closed and children affected last year. By the actions of the Board of Education's majority of last year, Willet Ave. school was closed and the Willet attendance zone was merged into the Woodland attendance zone. While the rest of this community last year had not been affected, the children of Willet and Woodland did their part for reorganization. The parents, children, and staff of both elementary schools did an exemplary job in making the merger successful. Friendships and bonds have been established. Children have finally settled down and readjusted themselves. Now rumor has it that these very same children might be affected once again. I ask you why? What criteria does anyone have for moving any of these children in the current Woodland attendance zone. Woodland is now fully utilized, singleton classes eliminated and with the displacement of the 6th graders can accommodate even more. Perhaps you would move them for safety reasons, but most of our children cross no major roads, as a matter of fact, that was one of the main points the board used last year. That the merger of the two schools would not force children to cross any unsafe roads. Perhaps your reasoning might be to put Woodland children into a neighboring school because that school is not fully utilized. One of the neighboring schools is Burns Ave. No one in their right mind would do that, since it would mean children crossing the only eight lane highway in Hicksville, Upper Broadway. Surely I hope the Board of Education and Superintendent, as does the rest of the community, know that because of the geographic location of Burns Ave. School, no children should leave that zone as well as enter it. To explain this, two borders of Burns Ave. attendance zones are Westbury and Jericho. The southern border is dangerous because of the Duffy Park Industrial Complex, the ground level railroad, Duffy Ave., and the downtown West John St. area. The eastern border is Upper Broadway. It would be an injustice for anyone to force children to cross either the eastern or southern boundaries. As said at the Jan. 8

board meeting "you can't put a price on safety". Now some of you might argue that no one would cross these roads because they would be bused. But last year transportation was on a separate referendum and nearly defeated and the probability of a district eliminating transportation during bad fiscal times becomes more and more realistic. What happens to these children if we go on austerity, they would lose their bus so I ask, how it would affect these children again? Mr. Mugavero at the Jan. 8 meeting stated that children should be moved as little as possible if memory serves me right when the closing of Willet was petitioned to the Comm. of Ed last year, he ruled in favor of the boards' actions. I wonder what the Commissioner's ruling would be if the same board majority moved these children again a year later. So once again I ask this board why would they be willing to risk the lives of our children for this ridiculous thing called parity.

The following comments I make do not come lightly. I would like to remind the Board that among the population of children at the Woodland School there are a group of children who were raped and sodomized in their kindergarten year. Went through extensive therapies and counseling in the 1st grade year. Were brought in and out of courtrooms and District Attorney's office in their 2nd grade year. Were told that their neighborhood school was closing and have finally begun to readjust in their 3rd grade year. Please don't force them to give again.

Joseph Visconti

Letter of Gratitude: Molester's Parole Denied

We would like to request that you print this letter as a thank you to the readers of your paper.

We would like to thank the people of Hicksville, their friends, neighbors and relatives who signed a petition just before Thanksgiving to have parole denied to Anders Quintano, the school bus driver and Boy Scout leader who confessed to molesting a friend's daughter, and for driving the bus while Robert Izzo molested children on his route in Hicksville.

You will all be happy to know that Quintano's parole was DENIED on January 28, 1992. We feel it was largely due to the hundreds of people who cared enough to sign the petition, and all those who passed petitions around getting signatures from Queens and all over Long Island, and the politicians who wrote letters to the parole board asking that parole be denied, such as Thomas Giulotta and Denis Dillon.

We don't know when his next parole hearing is but we will do this again, and we are hoping for the same support should it be needed.

Again, thank you. Our children have one less molester on the streets to worry about.

Joan Kani & Joe Visconti

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SANDS POINT - OPEN HOUSE

Sunday Feb. 8th, 1-4 PM
83 Community Beach Rd. (Sea Watch) Waterfront. 4 - acres. Brick colonial 3 ½ BR, 4 ½ bath. 4 car garage/pool. Ig pool. 12' 20'.

Directions: Exit 36 Ls. N. N. 7 mi to Coop Neck. First right on Barkers Pt. to Coop Neck.

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SOUTHOLD EXCLUSIVE
Walk to Bay Beach. Unconfining contemporary ranch on Cut Cid. Cathedral ceilings. 3BR, 2Bath. 3Zone OHW heat. 2 car garage & much more! \$195,500

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With private dock. 2 2 acres. Spectacular waterfront views with view of Peconic Islands. 5BR, 5.5 baths. study, den, sun room. Master Suite has fireplace, dressing room & spacious kitchen. Separate 2 car garage with studio above with bath. All with A/C, heated pool with large deck. 500 ft beach.

\$750,000

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Lowery round Cedar Shake land scaped 2 stories LR/Fpl. DR, den, EIK, 3BA, 2car garage, oak floors, many updates. Large deck. Owner occupies. REDUCED TO \$175,000

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Professional Offices for sale
Walk-to-Courts, Offices, Conference/Library, Telephone Systems, 1 acre. On-site parking.
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426,000 sq. ft. Main Highway, Glen Cove, off St. Plaza for Comm/Pvt vehicles. Reasonable Monthly Rates.

758-5238

91 Store For Rent

GLEN COVE - FOREST AVE. Fabulous prime retail on Forest Ave. Stores from 600-5000 SF Avail. Call Mr. Azoff 212-661-9500.

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BUSY HARBOR AREA,
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Glen Cove - 1000 sq. ft. Office space avail. & large Commercial Building. Call Owner 671-0481

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Commercial & Residential Zone Business "B" OK for Medical Offices. Approx. 3000 usable sq. footage on 4 levels.

Manhasset Realty
Frank Osterler, Broker 627-0191

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Off-center space. Main road 1st floor. Good exposure. Parking \$950 monthly.
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MANHASSET PLANDOME-R
Desirable Space Available.
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Answer to Crossword Puzzle No. 507

ASOR	SLUMP	MELIC	EMIM
ROMA	PAROL	ATOLL	LURE
THEBRIDGE	OF SAN LUIS REY		
SON	ERLE	ESNE	VERNE
AMIE	PALEA	RAE	EAR
BALLOT	PELTS	PASSE	
AGIO	KEPI	BALI	STEM
THEHOUND	OF HEAVEN	CAVE	
ADAPTOR	ACRES	LAKES	
TITO	ORLES	PAPERS	
TRAILS	ALIAS	BEHEST	
CRUSOE	PLEAT	RENO	
EOSIN	GROIN	HEARSAY	
TIED	THE SCARLET LETTER		
ESSE	HOST	AITS	RENE
SWISS	STINT	CHASSE	
LOG	ANT	SPEND	TOAD
ATLAS	TWIN	SAWS	PSI
THE SHEPHERD	OF THE HILLS		
HEAP	DIODE	FLOOR	ROOM
ERNS	DARES	TYPES	ADES

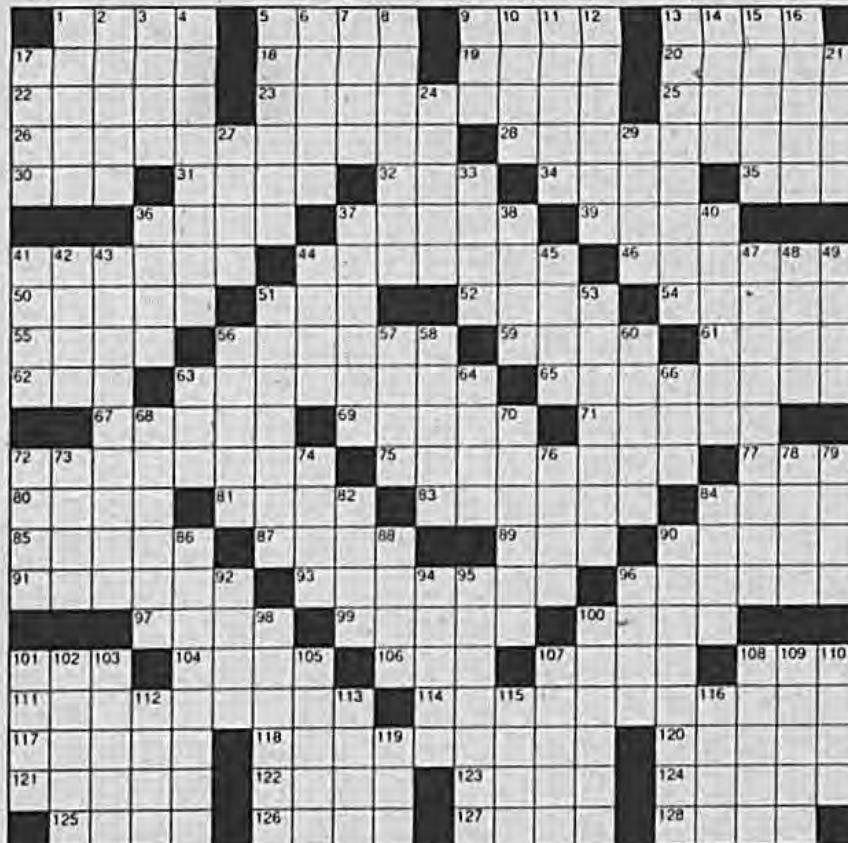
Answer to Cryptoquip:

POPULAR CLUB PRESIDENT CAN'T CHAIR OUR MEETINGS BECAUSE SHE HAD MOTION SICKNESS.

PREMIER CROSSWORD / By Jo Paquin**Brainstorms**

ACROSS	54 Bring disgrace on	96 Pilotless airplanes	group	40 Breathe in	comfortable
1	Lovers' quarrel	55 Eat into	128 Mardi —	41 Singer	Computer-screen image
5	Nipa palm	56 Darkens	DOWN	McEntire	86 More untidy
9	Jose's house	59 Brings forth	1 Play the guitar	42 Moslem ruler	88 Wood sorrels
13	Title for 57 Down	61 Southwest	2 Couples	43 Eli Whitney's	90 Drinker/Slaw invention of
17	Barrel part	62 Museum	3 Declare to be true	44 Portuguese folk tune	1928 Tunisian measure
18	Lyon heroine	63 Lanston's	4 Communications invention of	45 Of a time period	94 Small jazz ensemble
19	TV comedy	1887	1928	47 Hunt's 1849 invention	95 Stretch and May
20	Iliad and Odyssey	invention	5 Bridal paths	48 Flightless bird	96 David Copperfield's bride
22	The Little Mermaid	65 Walton's	6 Aggregate	49 Suffix meaning skin	98 Urge into action
23	Fulton's pride	1860 floor covering	7 Dill weed	51 Elected official	100 Tour guide and lecturer
25	Papal vestment	67 Lincoln Center offering	8 Female peacocks	53 Brutes	101 RBI or ERA
26	Fitch's invention	69 One of the Muses	108 Slate-trimming tool	55 Pianist Hess	102 French painter
28	Oughtred's 1620 invention	71 French painter	111 Bell's 1876 invention	58 Iberian country	103 Point of view
30	German river	72 Nobel's 1866	114 Ben Franklin's 1780 invention	60 Plumber's tool	105 January, to Juan
31	Sesame	75 Westinghouse's 1868 contribution	117 The pea tree 1816 contribution	63 Hebrew letter	107 Alan King, for one
32	Stammering sounds	118 Maezel's 1816 contribution	118 Maelzel's 1816 contribution	64 French verb	108 The Prisoner of —
34	Look at closely	77 Thus far	120 Mountains; a range of the Rockies	66 Lonely number?	109 Feeds the kitty
35	I'll — You in My Dreams	80 Chinese and Persian	121 Pierre's aunt	68 Library adhesives	110 Peter or Ivan
36	Stains	81 Intimidates	122 Malayan outrigger	70 Preoccupy	112 Miss Kett
37	Marsh bird	83 Cuddle snugly	123 Emerald Isle	72 Mail slot	113 Harrow's rival
39	In Spain they say —	84 — facto	124 Consumer advocate	73 Arizona Indian	115 Golfer's cry
41	Summarizes	85 Fails to include	125 Play the lead	74 Female sheep	116 Ananias, for one
44	Joyous	87 Western city	126 Chinese association	78 Serf	119 Scott Joplin opus
46	Felt intuitively	89 Some M.I.T. grads	127 Splinter	79 Clothes	
50	Ham it up	90 Cake topper		82 Warm and	
51	Jaffe or Wanamaker	91 Soft saddles			
52	Ibsen heroine	93 Much-sought outcome			

Average time of solution: 58 minutes.



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Hicksville Loses In Overtime

(continued from page 32)

jury. He returned in the same quarter. Plainview possessed the ball with a minute left in the half. They set up for the final shot but lost the ball on a move to the basket. The Comets pushed the ball down the court and got it to Hart for a three-pointer at the buzzer. The Comets trailed by four.

In the third, both teams turned on the offense. James with six and Papagiannis with nine led Hicksville. Hart added two and Ken Cardone came off the bench to hit a three-

pointer with nine seconds left. Mike Delpicio and Hart put pressure on the Eagles and had two steals.

In the fourth quarter, the Comets were helped by two free throws by James, a basket by Lewis and another three-pointer by Cardone. After a couple of turnovers by each team, Plainview's Tim Flynn hit a three-pointer at the two-minute mark to tie the game.

Youth Council Seeks Teens To Tutor

The Hicksville Youth Council is looking for teens to volunteer to tutor in their Peer Tutoring Program.

Tutors are asked to volunteer at least one hour per week and all tutoring takes place at the Youth Council. Pat Schussler coordinates the Peer Tutoring Program and she matches tutors according to the subjects they feel comfortable tutoring in. The philosophy of the tutoring program is that teens feel more comfortable with other teens and therefore may be more motivated to learn from their peers.

Tutors will receive a letter from the Youth Council stating that they have performed community service work. This letter is important as colleges and prospective employers look for this type of reference from applicants. Also, some high school courses require students to get involved in a community service project.

The Peer Tutoring Program has been running since the beginning of school, however, there is now a waiting list of students who need tutoring. Teen tutors are desperately needed to continue the success of the Peer Tutoring Program.

To volunteer to become a tutor, or for more information about the program, call Pat Schussler, A.C.S.W. at 822-KIDS.

Shorts

(continued from page 32)

Brent Rodgers had 14 points and six assists. James O'Donnell had 12 points and Jonathan Young added a free throw. Scott Bryan led the Lakers with nine points. Brian Horvath had six points and seven rebounds. Steve Verde had two points and BJ Carney collected eight rebounds.

The Comets called a time out with 1:40 left, after which they killed the clock until a foul was called against the Eagles with 20 seconds left. Hicksville missed the free throw and Plainview recovered the ball. Hart knocked the ball away from a Plainview player at seven seconds. After a time out, the Eagles committed another turnover with five seconds left. Mike Delpicio received the ball and attempted a three-quarter court shot, hitting the rim.

In overtime, the Comets played good defense but did not manage many shots on net. After a time out with nine seconds remaining, the Comets inbounded the ball but could not get an open shot. As the clock ran out, Delpicio tried a desperate shot but the ball hit the rim again.



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NORTH

♦ A K 2
♥ K 9 4
♦ 9 6 3
♦ Q J 10 7

WEST

♦ Q J 10 8 3
♥ Q J 8 6 5
♦ A 10 2
♦ —

EAST

♦ 9 6 5 4
♥ 10 7
♦ Q J 7 6 4
♦ 6 3

SOUTH

♦ 7
♥ A 3 2
♦ K 8
♦ A K 9 8 5 4 2

The bidding:

South	West	North	East
1 ♦	1 ♠	3 ♦	Pass
3 ♠	Pass	3 ♦	Pass
6 ♦			

Opening lead — queen of spades.

However, South can make the slam, despite the dim outlook, if he plays his cards correctly. He should assume that West, for his overcall, has the ace of diamonds and gear his play to that assumption.

Accordingly, he wins the opening lead with the king of spades, plays the Q-J of trumps, cashes the ace of spades, discarding a heart, and plays four more rounds of trumps to produce this position:

North

♦ 2
♥ K 9 4
♦ 9

West	East
♦ Q J 8	♦ 9
♦ A 10	♦ 10 7
	♦ Q J

South

♦ A 3
♦ K 8
♦ 8

Now South plays his last trump and West, who cannot spare a heart, discards a diamond as dummy discards a spade. Declarer then leads the eight of diamonds to West's ace and in that way brings home the slam.

For this method of play to succeed, declarer must find West with five or more hearts. Since it is South's only chance, he should assume West has that holding.

When declarer has a long suit to run, it is sometimes possible for him to accomplish the nearly impossible. Here is a case in point.

South is in six clubs, and if you look at all four hands, it seems he must go down one. Apparently the best he can do is to discard a heart on one of dummy's high spades and later lose two diamonds, or discard a diamond and later lose a heart and a diamond.

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SPORTS SHORTS

St. Ignatius CYO Results For Fifth And Sixth Grades

Lakers 35 Celtics 20

Bobby Schmidt had 13 points and 11 rebounds to lead the Lakers. Pat Walker scored 10 points and Joe Herabedian four points. John Gooch had two points and handed out eight assists. The Celtics had a balanced scoring attack with Andrew Colton with six points, Jimmy Madden with four points and Danny Ciaccio with four points.

Pistons 22 Lakers 15

Michael Verde led the way with 13 points. JT Quinn had five points and three blocked shots. Matt Connolly had two points and put on a dazzling dribbling performance. Danny Cocchi had high scoring honors for the Lakers with eight points. Kris Binick and John Gooch played excellent defense. Bobby Schmidt grabbed nine rebounds.

Pistons 21 Lakers 11

Jason Grassick, Frank Seier and JT Quinn combined to score 16 points for the Pistons. Joel Shurley was named "Star of the Game" for his defensive efforts. The Lakers were once again led by Danny Coeche with seven points. John Gooch and Bobby Schmidt chipped in two points apiece. Sean Conk had four steals and three assists.

Lakers 20 Celtics 14

Defense was the name of the game as this one was decided in the final two minutes. Sean Conk came out of a slump and exploded for 12 points. Danny Coeche, Kris Binick and John Gooch combined for six points. Bobby Schmidt collected 12 rebounds. Rob Delbagno and Andrew Colton combined for 12 points for the Celtics. Mike Guerrero grabbed eight rebounds. Defensive efforts were turned in by David Barnard, Jimmy Madden and Jimmy Williams.

Pistons 26 Celtics 10

The Pistons played their best game of the season. Michael Verde led the way with 14 points. Frank Seier had six points and JT Quinn added four points. Andrew Colton and Mike Guerrero were the big guns for the Celtics with four points a piece.

Pistons 32 Knicks 29

A real barnburner that was decided in the closing seconds. Michael Verde poured in 17 points to lead the Pistons. JT Quinn added eight points and turned in an excellent defensive game. Chris McKay and Jason Grassick combined for seven points and seven assists. Joe Panarelli had high scoring honors for the Knicks with 15 points. Kevin Russell had six points and eight rebounds. Alex Jiminer and Paolo Fumagalli each scored four points.

Third And Fourth Grade

49ers 43 Lakers 19

The 49ers turned in their finest offensive effort of the year. Gus Mitsopoulos had 16 points and collected 12 rebounds.

(continued on page 31)

Hicksville Loses In Overtime

By J.W. Garger

In a game of last-minute shots, the Hicksville boys varsity basketball team, the Comets, were narrowly defeated in overtime by the Plainview Eagles, 51-49.

At the end of the first quarter, in which the Comets played tough defense and showed fine passing, Chris James grabbed a defensive rebound with three seconds left and threw the ball the length of the court hitting the backboard.

The Comets did manage 11 points in the quarter. John Papagiannis led with six points, Pat Hart had a three-pointer and James added two.

Hicksville continued to play tough in the second quarter. Dominating the boards were Matt Lewis, James and Papagiannis. However, Plainview, relying on two three-pointers, kept the lead.

The Comets faltered at the 2:15 mark when Papagiannis was taken out with an injury.

(continued on page 31)



HICKSVILLE almost won a close one against Plainview, but came up short at the end after a very good effort.

Sportsmanship Award Winners

Congratulations to the Hicksville High School Varsity Volleyball Team in being the recipient of the "Sportsmanship Award" for the 1991 season.

The award is given out by the Nassau County Volleyball Officials to the team they feel has displayed the best sportsmanship and teamwork by both the coaches and the players of the 56 schools that play volleyball in Nassau County.

Members of the award-winning team are seniors Nicole Jimrogliou, Dawn Mullen, Kathleen Murray (captain), Kristin Sneyd; juniors Renee Fabrizio, Dawn Hoosack; sophomores Laura DeAngelis, Christina Kilmetis, Jennifer Schwarz; freshmen Deborah Drew, Erin Mitchell and Michelle Zaffuto. The girls were coached by Barbara Feuerstein and Russi Villalta.

Award winners of the team were Deborah Drew with Rookie Award, Dawn Mullen with Unsung Hero Award, Laura DeAngelis with Player of the Week Award, All Conference Player and Top 50 Player, Kristin Sneyd with Ace Server Award and MVP, Nicole Jimrogliou with the In Your Face Award, Christina Kilmetis with the Most Improved Award.



Pictured in top row, l-r: Barbara Feuerstein, Erin Mitchell, Laura DeAngelis, Jennifer Schwarz, Dawn Hoosack, Renee Fabrizio; bottom row, l-r: Christina Kilmetis, Russi Villalta, Deborah Drew, Michelle Zaffuto, Kristen Sneyd, Kathleen Murray, Dawn Mullen and Nicole Jimrogliou.

Comets Lose Close One To VS

By Larry Pagliaro

Girls Varsity Team Loses Close One

The Hicksville Girls Varsity Basketball Team, the Comets, were coming off an impressive victory over Hempstead and were on a high but they lost to Valley Stream Central High School by a close score of 43-38.

The Comets chipped away at Valley Stream's lead in the fourth quarter, but it was a little too late. The loss dropped the team to 1-4.

"The Comets got off to a very slow start, shooting only two of 13 from the field in the

first quarter and trailed 11-4.

Hicksville showed that "never say die attitude" however, as they received inspired play and hustle from point guard Lorraine Simonello. She scored eight points and made several steals.

Center Karen Conboy scored nine points and Marybeth Kessler scored 10 points and proved to be very valuable sparks for the Comets as they attempted their comeback.

The major question before the game was how was Comets Coach Vicki Vrana going to put the clamps on Valley Stream's Michele Riservato, who paced the team in scores and steals.

"The plan was to put one player in front of her and one player in back of her using Karen Conboy and Sheryl Wagner," she said.

"Both girls played extremely well, but she was just too tall," she concluded.

The coach liked what she saw on the playing court as the Comets came very close to earning their second win of the season.

"The girls played very aggressive defense to force Valley Stream into turnovers. If we converted on most of our fast break layups, we would have won the game. It's as easy as that," she said.

The team is constantly improving with every game that is played. They played a tough game against a very tough Valley Stream team and almost came out on top.

They are looking forward to their next few games that will be played on the road before they return home.

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SEE PAGE 3



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Input Callers Mixed On Candidate Lives

Input callers had mixed ideas on whether private lives of candidates should be important to making decisions in elections in answer to this question: "Do you think the private lives of candidates should be considered by voters?" Here are some of the answers:

NOT TRUSTWORTHY

It can be argued that some of the best leaders in industry and government do have problems in their private lives. And for this reason what Governor Clinton did or did not do is not of any importance. The problem, though, is that he probably lied in denying much that came to light about his past and probably he would not be a trustworthy leader. Unfortunately I cannot tell exactly whether it would affect my vote because I would not have voted for him anyway because I will vote for another term for Bush. K.D.

JUST POLITICS

It is too bad that the private life issue gets in the way of deciding whether someone is qualified to be President. The private life of Roosevelt and John F. Kennedy have been exposed after they were Presidents and if we used the same standards we are applying to Clinton neither probably would have been President. I believe that two factors are responsible for what is happening. 1. The scandal-harping press. 2. Just plain politics. We are not really so interested in the terrible deeds as we are in other things. H.F.

WOULD VOTE FOR HIM

I see a connection between the character of a person and what he does privately. But I think it is possible to be a top administrative leader and have a poor personal life. What is going on here is judging a man like Gov. Clinton without knowing much of the background of the situation except as published and related in the National Star. I would vote for Clinton if he ran. J.B.

TWO STANDARDS

Most people are fakes. They deplore what others do but would do the same thing under the same circumstances. We condemn those in power and those who are rich for misusing their power without ever having to be tested ourselves. Gov. Clinton sounded to me like a good contender for the Presidency. He is not outlandishly liberal and not overly conservative. I think he would be a good leader and do better than Bush. Bush has been lucky in the foreign arena but he seems lost in the domestic scene. F.S.

NEED THE BEST

When a candidate seeks to enter public life he forfeits many aspects of private life. We want to know as much as possible about that person who seeks to represent us. If he or she leads a strong, moral, ethical private life that will be reflected in decisions made in the public sector on our behalf.

If that life is otherwise the weakness will be manifested through poor decisions, weaseling and waffling. If lies are a part of the candidates personal life they will quickly reappear in political life.

We are talking about character and is there one among us who would say character does not count? Character is what makes the man or woman. It is what you are when no one is looking.

Knowing what you now know about John Kennedy would you have voted for him for President? At that time the press covered up the stories coming out of the White House. Is that what you would prefer in today's dangerous world?

There is another approach which seems to say all politicians are like that. They simply reflect life as it is and we too are like that. Could my private life withstand public scrutiny? Ask yourself that question but remember you have not put yourself forward for public office and public service. You have not said to the world "trust me."

As to the press, they bear enormous responsibility to research and report the truth. Some segments of the media will go beyond the bounds of a free press. There will be half truths and people will be hurt. That is the price we pay for a free press but in time the truth will come out.

Believe what you wish but for all the qualifications we look for in a candidate, character is the most important. Perhaps it is the lack of character that is most obvious and in the final analysis what are we without character. E.J.H.

NEED TO RESPECT CANDIDATES

As I watch some of the programs appearing on TV these days, I can't help but feel that our moral turpitude has slipped to new lows. This applies to a broad swath of people of all types - not only entertainers but people at all levels, many of whom we rely upon in the conduct of our everyday lives. When I see individuals of the stature of Magic Johnson, Mike Tyson and now, Governor Bill Clinton in the paper, on the air and on the screen, I find it hard to believe. These are supposed to be shining examples that we should admire, envy, trust and emulate! Come on now, I may be 82 but my standards haven't decayed to that extent. And what about our young people! Isn't it abundantly clear that the things they do which make the negative front page headlines are, in many cases, derived from the mounting examples of greed and sin! As the "Question" is really aimed at politicians currently in the news, I feel very strongly that their private lives should very definitely be considered by the voters. When I go to the polls, I want to be able to admire and respect the candidate I vote for. Hopefully, there will be many other voters who feel the same. P.G.S.

Discovery!

America's Earliest Black Saint

By William Wrigg

Observers of Black History Month in February will undoubtedly look back to the wide news coverage in the spring that was given to the exhumation of Pierre Toussaint's body from old St. Patrick's graveyard in lower Manhattan. At the time, Catholic and non-Catholic alike became caught up in the real possibility that Toussaint, who lived in New York during the 18th Century, might well become United States' first black saint. But none of the news stories indicated just how long the process of canonization can take, nor that there was a black saint of the Americas who preceded Toussaint by almost two centuries. This is how far back the black experience goes in the Catholic tradition in the Western Hemisphere.

In 1579, not quite a decade after Spain had consolidated its rule in Peru, a son was born to an enchanting black dancer, known only as Anna, and a nobleman, Don Juan de Porres. Anna had been brought to Lima about 1577 from Panama where her status had been that of a slave. Her exotic beauty and graceful movement stirred great passion within Don Juan de Porres, and from their union came two children. Martin, who was the eldest, was given his father's name, but in complexion and features he most resembled his mother. For a time, Martin, his sister and his mother were acknowledged by de Porres, but all were later abandoned.

At the age of 13, Martin was apprenticed to a barber-surgeon where his agile mind soon brought him to the attention of the Dominican Friars whose priory was nearby. The Dominicans, planning to establish an infirmary, purchased Martin's apprenticeship so that he might employ his newly learned skills for the glory of God and the Order.

So fascinated did Martin become with the religious life of the Order that at the age of fifteen he took the vows of a Dominican Brother and was placed in complete charge of the infirmary. The poor and destitute soon found their way to Brother Martin whose healing skills became legendary not only in Lima, but throughout the entire colony of Peru. In addition to administering to the infirm, an orphanage was founded for abandoned children, including those of black slaves, and he established food and clothing commissaries for the poor. There were some who disparaged the black Dominican, whose heritage went back to slavery, but his saintly works and tranquil forbearance was not lost on most, including those of the ruling classes. More and more the word saint began to be associated with his name. Don Balthasar Carasco, Peru's top jurist, became convinced that Brother Martin's mystical rapport with all living things was nothing less than miraculous. Openly, he too began to use the term saint among his influential friends in government, the military, and the Church. However, reservations still persisted about sainthood for a Negro (using the Spanish word).

This kind of blind prejudice infuriated Don Balthasar who now went out of his way to be seen, more frequently than ever, in the company of the black Dominican. When Martin de Porres died in 1639, Don Balthasar declared in his funeral oration that Brother Martin was his Father-in-God, and the most spiritual person he had ever known. Following the lead of Don Balthasar, nobleman and high prelates of the Church vied for pall bearer position in the burial procession.

As Spanish settlements spread northward to Mexico and into what is now the American Southwest, devotion to the memory of Brother Martin de Porres followed. Early in the 18th Century, the Spanish hierarchy in America appealed to the Vatican to begin initial steps (Fame of Sanctity) in preparation for canonization. The journey to sainthood is seldom a swift one and there were those who believed the pigmentation of Martin de Porres' skin would make it even slower. But in 1839, he was beatified, and thirty years later, when Archbishop Lamy was drawing up plans for a cathedral at Santa Fe, the Spanish and Mexican clergy of his diocese petitioned that a place of honor be found in one of the side chapels for Brother Martin de Porres. A non-committal reply by the Archbishop did little to bridge the rift that had developed over the



Likeness of St. Martin de Porres as it appears at the high altar in St. Francis Cathedral in Santa Fe.

years between himself and the Spanish-Mexican clergy, a rift, incidentally, that became the main theme of Willa Cather's Death Comes For The Archbishop. Eventually, a likeness of St. Martin de Porres, clothed in the habit of a Dominican and carrying loaves of bread to the poor, graced the Cathedral of St. Francis in Santa Fe, but not in a side chapel, rather at the high altar itself.

Strong parallels certainly exist between St. Martin de Porres and Pierre Toussaint other than that both were black. The good works with which both men have been credited were very similar. Both were responsible for alleviating the hunger and suffering of countless poor; both administered to the sick, often at great risk to themselves as with Toussaint during the yellow fever plague in New York City and de Porres during outbreaks of cholera in Lima. And both have been described in terms of possessing a beatific tranquillity associated with a state of sainthood.

For those championing the elevation of Pierre Toussaint, the story of Martin de Porres provides more than minor relevance with regard to the virtues of both patience and faith. While the saintly acts of Brother Martin de Porres took place back in the late 16th and early 17th Centuries, yet full confirmation of his sainthood did not occur until the year 1962, during the Pontificate of John XXIII.

About the Author

William Wrigg lives in Great Neck. Before and since retirement as a school administrator and Field Associate at St. John's University, he has been widely published in educational and general circulation publications including the N.Y. Times, Daily News, Newsday and several times in Discovery.

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Vegetarian View

By Margaret Wina-Peterson

If your youngsters are typical, fat provides nearly 40 percent of their calories while pounds of sugar and salt cross their lips each year. French fries are a favorite "vegetable," and fast foods are preferred. Too little exercise and too many low-nutrient choices punctuate their unhealthy lifestyle.

What can you do? Encourage change by gradually replacing less sound food choices with more heart-healthy items. And teach your children to care about their health for now and for the future by eating the same way yourself.

The American Academy of Pediatrics suggests a heart-wise eating pattern for all youngsters at least 2 years old. That is, toddlers on up can eat the same foods as adults who consume a low-fat, low-cholesterol diet.

Foods selected also should be fresh or minimally processed because these generally will have less sodium and more fiber. For example, use one-minute or five-minute oatmeal rather than instant "add-hot-water-and-eat" oats and fresh potatoes in lieu of the dehydrated or frozen-fried kinds.

Additionally, the academy now recommends routine cholesterol screening for all children whose families have a history of heart disease or high blood cholesterol. Prevention is the key.

Years of habit and peer pressure take their toll, and the older the child, the greater the challenge in changing to a healthier eating regimen. So, start early but not too early: The American Heart Association and the American Academy of Pediatrics urge caretakers to wait until the child is at least age 2 before using their modified-fat guidelines. This assures enough calories for best growth and development.

Remember, slow change is better than none at all. Here are some recommendations:

- Milk and yogurt — Fat provides more than half the calories in whole milk. Children at least 2 years old can consume low-fat (1 percent to 2 percent fat) or non-fat milk and yogurt to get the full nourishment of milk with less fat.

- Protein foods — Choose well-trimmed, skinless poultry, "Select" graded beef, frozen unbreaded or fresh seafood, eggs (maximum of four yolks a week), cooked dried beans and peas, and lower-fat cheeses such as part-skim mozzarella or string cheese. Ground turkey can be used in recipes that call for hamburger. Kids are kids and an occasional hot dog won't hurt.

Typical luncheon meats such as bologna are mostly fat and the turkey or chicken varieties are only somewhat better than the beef-and-pork items. Better are water-packed tuna and sliced fresh roasted poultry or lean beef. "Dilute" fatty peanut butter by blending in a little applesauce or mashed banana before using.

- Vegetables — Look for ways to slip into your children's diet dark green and deep yellow/orange selections such as peas, romaine lettuce,

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Continued On PAGE 8A

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Q. I've seen people holding the wineglasses to the light, twirling the wine around inside, and performing what looks like mysterious ceremonies with wine. What's it all about? M.L.

A. Wine lovers will gaze with intense concentration at the color of the wine, holding the glass to the light. They hold white-wine glasses by their stems (so as not to remove the chill from the wine). They will often cup their red-wine glasses in the palm of their hand, to warm its contents, and they will swirl the wine around a bit to sniff its bouquet to the fullest. They will take a tiny sip, to test its taste on their taste buds.

Q. Is it proper to tip soup or dessert dishes? And when is soup eaten with a spoon? I sometimes see people drinking bouillon, etc., directly from a cup. Is this correct? C.T.

A. The tipping of soup or dessert dishes is acceptable if the plate is tipped away from the spoon, not toward the eater. Soup or bouillon served in a handled cup (or Oriental fashion) small, cup-sized bowl may be drunk. If there are vegetables or other garnish floating on top, these may be lifted off with the spoon before the soup is drunk. Noodles or other things which may be in the bottom of the cup are spooned up after the liquid has been drunk.

Q. While visiting France last year my friend and I ate in an elegant restaurant. We noticed that forks and spoons were facing downward on the tablecloth. Do you know why this was done?

A. This is an old French custom which is gradually giving way to the English and American way of facing forks and spoons upward.

Q. Recently I came across a menu expression that was new to me. Can you explain what "A la burgignonne" means?

A. Translated from the French it would mean "in the Burgundy style" and it refers to any dish served with small onions, spices, bacon, mushrooms and, of course, Burgundy wine.

YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

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READER RATINGS

Q. I often eat with friends at a local restaurant known for its beautiful decor and excellent food. However, for some reason the waiters and waitresses seem to wear glum expressions on their faces. They are not actually rude, but their manner is somewhat curt. Would it be a good idea to say something to the owner?

A. I don't know how the owner will take your comments, but you would actually be doing him or her a favor. It would cost nothing to have the employees a little more gracious and it would most likely increase the restaurant's business. Food and decor are important, but so is pleasant service.

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Richard Schele, N.Y. Times 6-2-81

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DINING GUIDE

Vegetarian View

Continued From PAGE 5A

tuce and spinach, winter squashes, carrots and vitamin C-rich potatoes, broccoli, tomatoes and bell peppers. Many children accept vegetables cooked just until tender rather than mushy, overdone items and often prefer raw or cooked.

- Fruits and fruit juices — Whole fruit provides more fiber than fruit juices. Fruit "juice" will contain up to 10 times more real juice than "ades," "drinks" and "juice cocktails," so read packages carefully. Many frozen fruit "pops" are often only sugar water and a smidgen of real juice. Yoghurt- or carob-covered raisins aren't fruit — they are mostly fat.

- Cereals — Children don't need a sugar bowl for a cereal bowl. Steer toward whole-grain items with a minimum of honey, brown sugar, fruit juice concentrate and any other sweetener. Even if your children add sugar at the table, it likely would be less than what the manufacturer uses.

The "Carbohydrate Information Label" on the side panels of many cereal boxes can help you determine the quantity of sugar in a serving of the product. Every four grams of "sucrose" or "simple carbohydrates" is equal to a teaspoon of table sugar.

Don't be fooled by granolas; they commonly are loaded with fat, especially the undesirable coconut and palm oils.

- Bread and rolls — Check that whole-grain flour is listed first on the ingredient label to be assured of getting more whole grain and not just caramel-colored white bread. Graham flour is whole-wheat flour.

- Salty snacks — Generally, popcorn, pretzels or crackers have more nutritional value than deep-fried chips. Popcorn is best homemade because you can minimize the added fat and salt. More healthful crackers will list whole grains at the top of the ingredient list and vegetable fats (but not coconut, palm or palm kernel oils) near the bottom. Look for lower-sodium versions of pretzels.

BREAKFAST RICE PUDDING

3 cups leftover cooked rice
2 cups low-fat milk
1 whole egg plus 1 egg white, beaten
1 to 2 tablespoons sugar
1/4 cup raisins
Cinnamon and nutmeg to taste

Yields 4 servings.

Per serving: 266 calories, 53 grams carbohydrate, 8 grams protein, 2 grams fat, 8 percent calories from fat, 57 milligrams cholesterol, 63 milligrams sodium.

Combine rice, milk, egg and egg white, sugar, raisins and spices in a large saucepan. Mix well and cook over medium heat, stirring often, until pudding thickens, about 5 minutes after milk comes to a boil. Cool and serve.

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Desiree Vives



Cutting down on cholesterol

Many of us are more careful about cholesterol these days, and that's smart. Yet your body does need some cholesterol to function properly, so it's not a total villain.

Cholesterol is a waxy substance that your body produces in small amounts to aid in digestion and other functions. A healthy body produces enough cholesterol on its own, but you can end up with excess cholesterol from the foods you eat — animal products like whole eggs, poultry, meat, butter.

As excess cholesterol is carried through the bloodstream, it can form deposits (plaque) along the interiors of artery walls, increasing your chances of heart disease.

Americans tend to eat lots of saturated animal fats high in cholesterol — it's estimated that the average American diet consists of 40 percent fat. Many of us begin building up excess cholesterol even in childhood, and after we reach age 30, most of us have well-developed plaque deposits inside our artery walls.

Heart disease is the No. 1 cause of death in this country — more than half of all deaths are related to heart disease. But this is one of the most preventable of health problems, and you can reduce your risk by getting regular exercise, maintaining your ideal weight, not smoking and controlling your diet.

Cholesterol travels through the bloodstream by attaching to lipoproteins LDL and HDL. LDL helps circulate and deposit cholesterol where you don't want it: along artery walls.

Some foods tend to raise LDL levels and increase deposits of "bad" cholesterol: organ meats (like liver and kidney); lobster, shrimp and sardines; bacon and sausage; luncheon meats; "prime" and other heavily marbled and fatty cuts.

Instead of these, choose fish, lean meats and lean poultry (skin removed). Substitute ground turkey for ground beef. Or use tofu and textured soy products in place of meat.

While LDL contributes to plaque buildup in the arteries, HDL works to carry cholesterol from artery walls to the liver, where it can be processed and removed from the body.

"Good" cholesterol, the kind that promotes a high HDL level, is found in many foods including fatty fish like salmon, trout and herring — foods you'll want to eat more of.

And here's good news for garlic lovers: Garlic has been found to raise levels of HDL and thus reduce levels of blood cholesterol.

Cut down on foods prepared with butter, whole eggs, refined sugar. Avoid hydrogenated fats and oils like palm and coconut.

oils, which can raise blood cholesterol levels. Instead, use monounsaturated oils like olive and canola, or polyunsaturated oils like corn, sunflower, safflower.

Use low-fat (1 percent) milk products, and especially fermented ones like yogurt — and substitute egg whites for whole eggs or egg yolks. Eat plenty of fresh fruits and vegetables, raw or lightly cooked — microwave steaming is a particularly easy and healthy method. And remember to roast, stir-fry or microwave instead of frying.

Your microwave can help steer you on the road to a healthy heart. Microwaving brings out the natural flavor in foods, retains vital nutrients, is ideal for cooking vegetables (which you want to eat more of).

Microwaving actually draws out more fat from meats than do other methods of cooking. Moreover, many foods that conventionally require fat for cooking can be microwaved with no additional fat at all.

The following recipes are "heart-smart" — easy to prepare and guaranteed to please your palate, too.

Recipes in this column are tested in 625- to 700-watt microwave ovens.

GARLIC AND PASTA FRESCA

2 whole heads of garlic (about 30 cloves), peeled and coarsely chopped
 ½ pound fresh mushrooms, chopped
 1 cup chopped fresh parsley
 ¼ cup olive oil
 ¼ cup red wine
 ½ teaspoon dried basil leaves or 1 tablespoon chopped fresh
 Dash freshly ground black pepper
 1 pound hot cooked vermicelli
 1 tablespoon grated Parmesan or Romano cheese

Yields 4 servings

Preparation time 20 to 25 minutes

Cooking time 7 to 10 minutes (plus time to cook pasta).

Oven setting HIGH (100 percent power).

In 2-quart microwave-safe casserole combine garlic, mushrooms, parsley and olive oil. Cover and microwave 4 to 5 minutes, stirring once, until vegetables are just tender.

Stir in wine, basil and pepper. Cover and microwave 3 to 5 minutes longer, until vegetables are tender, stirring once. Toss with hot cooked pasta and garnish with grated cheese. Serve immediately.

FOR TEENS

By Willard Abraham,
Ph.D.

Dr. Abraham: I never thought it was bad to be polite to people, especially when they are older than I am. I guess it all began because my mother came from the South and she started me out with the "Yes, ma'am" and "No, ma'am" way of talking. It's not just with women, either.

Although I never thought I was a wimp, this girl I know says I am because I talk like that. I don't even like her, and now I like her less because she laughs and jokes about the way I talk.

Should I try to stop being the way I am, or what? It sure wouldn't be easy. — Polite Boy

Polite Boy: For every girl like that you will find a number of others who feel exactly the opposite. If you asked them, most would probably say they wished more boys would be the way you are.

Besides, you said that you don't like her, so what do you care about her attitude on this subject? I imagine if you talked to your mother about what this girl said to you, she'd agree that you would be better off to seek company in other directions.

Dr. Abraham: My family lives in an apartment in an old building. We have what is called a six-roomer, with a kitchen, dining room, living room and three bedrooms.

So it is pretty big, but not for our family. We have six kids, two in each bedroom. I'm the oldest (16 years old), and I want to have a room of my own. I think I should have it so that I can have some privacy.

We have an enclosed sleeping porch, but it has no heat and winters can be darned cold where we live. It already is cold this winter. Just a little warmth sometimes drifts in from the rest of our place.

I told my parents that I'd like to sleep out there, and maybe with warm covers it wouldn't be so bad. They don't like the idea, though, but felt that I should get your opinion.

Please tell us what you think. — Privacy Guy

Privacy Guy: It sounds like it may be worth trying, and I know from experience. As a teen-ager I, too, wanted to get away from sharing a bedroom. I'd been sharing one with my older brother. Sure, it was cold, sometimes bitter cold (Chicago), but worth every minute of it to have a spot of my own.

It was a happy experience for me, and I hope it also will be for you.

Dr. Abraham: I wish I could crawl under the carpet whenever my mother starts bragging about me. I'll admit that she may have something to brag about that other parents might not have, but even a little is too much. And she doesn't know what "little" means.

Here are a few facts, though. I'm captain of our school's football team, won a swimming meet recently and am always on the honor roll. So my record is far from shabby.

But bragging to her friends and even other people is a pain, and I wish she would stop it. Any suggestions you have will be so welcome. — Good Kid

Good Kid: I can understand her being proud of you, and apparently you can, too. Your record sounds terrific.

If she would try to limit her comments about you to times when you aren't within hearing distance and gradually make an effort to phase them out (by sharing them only with a friend or two, and in time to no one), that may be a schedule you can discuss with her.

Try that, and please let me know whether it works. It might if she at least understands how uncomfortable you are about what she does.

Dr. Abraham: My dad gives me a small allowance every week, and I've asked him to pay me for some of the work I do around the house. I think that's only fair.

I wash his car, cut the grass and do other things that seem kind of extra. I also vacuum once in a while, help my mom with the dishes, laundry and windows.

I know this isn't all "boy stuff," but I really don't mind helping out. Still, I would like to get a little dough, especially for the car and grass chores.

He seems reluctant, though. — Worker

Worker: Either a modest increase in your allowance or a limited payment each time you handle an "extra" job might not be out of order. It depends partly on his ability to pay, of course.

You seem like a great kid to have around the house. I wish you lived closer to me and had some free time on your hands.

FOR TEENS

Cooking Corner



Dressing up the common carrot

By Charles Britton

So here it is, the latest sensation among ingredients, the veggie that has food mavens clustering around exhibition kitchens in trendy restaurants and rummaging through the produce in upscale supermarkets.

It's the carrot

Only kidding, of course. No vegetable has less chance of making it into the upper echelons of culinary fashion to join arugula and bell peppers in various improbable colors. And the reason isn't hard to figure out:

The carrot is "too common," said Hans Rockenwager, whose Los Angeles restaurant goes by his surname.

"It's not trendy in this trendiest of cities," said chef John Sedlar of St. Estephe and of Bikini about Los Angeles' regard of the carrot.

"It doesn't require finesse in cooking," said Robert Bell, chef of Chez Melange and Fino, Misto and the Depot. That's the downside of the carrot.

Yet every chef spoke up in its favor. It's inexpensive, it's nutritious, it's available all year round and, most important from a culinary perspective, it gets into more dishes than any other vegetable except for the onion, with which it is often partnered.

Chopped carrots and onions, often with the addition of celery, make up mirepoix, the sautéed mixture of aromatic vegetables that form the start of countless dishes in classic cuisine. Carrots with onions and, often again, celery flavors soups and cooking liquids that in turn become sauces.

The carrot rates a nod over the onion in one respect: Alone among vegetables, it goes into a popular dessert, the omnipresent Carrot Cake.

Along with its other remarkable qualities, the carrot has a higher sugar content than any other vegetable but the beet. As a consequence, it makes an easy transition into sweet dishes. A traditional recipe, now largely forgotten, is Carrot Flan or Pie, a crust filled with a sweetened puree, sometimes covered with thin slices of glazed carrot. This can be served as a side dish or, in more sugary versions, as dessert.

The carrot has been cast in supporting roles for so long that no one believes it has star potential. But it may have dramatic possibilities. Carotene, the substance that gives the carrot its bright orange color, is getting a lot of attention from researchers and food faddists.

The theory is that the antioxidant qualities of carotene are

valuable in preventing a number of serious diseases. The contention is less than proven, but adding a few more carrots to the diet certainly can't hurt.

The carrot offers probably the most inexpensive ways of bringing color to the plate — another bonus of all that carotene. Overcooked and underseasoned, it often does little more than add a visual accent.

Properly made, though, the carrot becomes a sensation. With the following general procedure, you won't be able to make enough carrots to satisfy family and guests. That's a promise.

Glazed Carrots: With a vegetable peeler, shave off the skin of as many carrots as you wish to cook. Be generous. Slice them into fairly thin rounds. Place in a large frying pan with enough water barely to cover them. Add salt to taste. Add 2 or 3 tablespoons of butter and about 1 tablespoon of sugar for a large pan.

Proportions don't matter greatly, but you don't want so much sugar as to make the dish cloying. Bring to a boil and cook over medium heat until the water evaporates and the carrots are tender. The sugar and the butter will form a caramel in the pan.

Continue to cook, tossing, until the carrots are lightly browned and well glazed. Add salt and white pepper to taste. Serve as a side-dish with practically anything.

Peas and Carrots: This is probably the most boring of vegetable side dishes, but it can be worth eating. Prepare the carrots as directed in Glazed Carrots.

I use small frozen peas in loose packages; place the peas, thawed, in a large frying pan about 1 layer deep. Add salt and pepper to taste. Toss over brisk heat until the liquid evaporates and the peas are heated through. Serve mixed with or along with the Glazed Carrots.

Carrots Vichy: This is an entry from the classic French kitchen. The carrots are cooked as in Glazed Carrots but, in principle, with the highly alkaline mineral water from Vichy. (It was imported in the days before mineral water became fashionable, but I can't recall seeing it lately.)

Other cooks simulate the effect by adding a pinch of baking soda to the cooking water or even forgetting about it altogether.

Another way to put carrots in the spotlight is with a puree, which provides an interesting

taste and texture contrast to a vegetable garniture.

CARROT PUREE

- 4 large or 6 regular carrots
- ½ large sweet yellow onion, sliced thin
- 2 tablespoons butter
- Grated zest of ¼ orange
- 1 or 2 tablespoons orange juice
- ¼ cup heavy cream
- 1 tablespoon brown sugar
- Salt, white pepper to taste

Yields 6 servings.

With vegetable peeler, shave off skin of carrots. Slice carrots thinly. Place vegetables in saucepan with a little water; cook slowly, covered, until very soft. Drain vegetables well. Place vegetables in food processor or blender. Add remaining ingredients and puree until smooth. Serve at once, or pack in a casserole and allow to cool. To reheat, bake at 325°F for about 20 minutes.

Variations: This recipe may be infinitely varied. Other possible flavorings include vanilla, nutmeg and herbs.

Puree may be spread into an 8-inch unbaked pie shell and baked for about 30 minutes at 350°F, until lightly browned.

Those willing to experiment could try a sweet version by omitting onion and adding 2 more medium carrots. Increase sugar to taste. Omit pepper and all but a pinch of salt. This, too, may be baked in a pie shell, and, if you like, top may be covered with overlapping layers of thin slices of carrots, cooked according to directions for Glazed Carrots.

Two Los Angeles chefs — Patrick Healy of Champagne and Gerri Gilliland of Gilliland's and Lula — spoke highly of pickled carrots. Healy serves baby carrots, preserved in sweet vinegar, with pate instead of traditional cornichons (tiny gherkins). At Lula's, guests immediately are served plates of carrots in the Mexican style with hot peppers.

MARINATED CARROTS

- 2 pounds carrots, peeled and sliced on diagonal
- ½ cup cider vinegar
- ½ cup oil
- ½ cup sugar
- ½ cup chopped onion
- 1 package Italian seasoned salad dressing mix
- ¼ cup chopped parsley

Yields 6 to 8 servings.

Boil carrots in water to cover for about 5 minutes, until tender but still crisp. Drain and rinse thoroughly with cold water. Drain. Mix together vinegar, oil, sugar, onion, dressing mix. Pour over carrots and toss. Cover and let marinate overnight in refrigerator. Sprinkle with parsley before serving.

One of the dishes that gave the carrot a bad name is the dreadful shredded salad, often made with raisins and even marshmallows. Here is quite a different idea adapted from "The Essential Root Vegetable Cookbook" by Sally and Martin Stone (Potter).

MOROCCAN CARROT SALAD

- 1 pound carrots (about 5 or 6), peeled
- ¾ cup olive oil
- 3 tablespoons lemon juice
- 1 tablespoon minced garlic
- ¼ teaspoon ground cumin (or more, to taste)
- ¼ teaspoon cinnamon
- 1 tablespoon fresh mint leaves (or ½ teaspoon dried)
- Salt, pepper to taste
- ½ teaspoon powdered sugar (or to taste)
- ¼ teaspoon red pepper
- 1 2-inch strip of orange zest, cut into finest possible shreds
- Mint leaves for garnish

Yields 4 to 6 servings.

Using shredder attachment of a food processor, or by hand, cut carrots into shreds. Combine remaining ingredients, pour mixture over carrots. Chill salad. Serve garnished with a few mint leaves.

Carrot Cake has achieved immense popularity here in the last three decades or so, and recipes for it abound. For a change, here is a probable ancestor, still encountered in Vienna. In this recipe, too, you really don't taste carrots. They are there to contribute color and moisture.

KAROTTENTORTE

- 4 eggs, separated
- ½ cup sugar
- 1 ½ cups ground walnuts or filberts
- 1 cup grated carrots (about 2 medium carrots)
- 1 teaspoon vanilla
- ¼ cup twice-sifted cornstarch (sift, then measure)
- Chocolate Frosting of your choice

Yields 1 8-inch cake.

Preheat oven to 300°F. Heavily butter and lightly flour an 8-inch springform pan.

Beat egg yolks and half the sugar until very fluffy and pale. Beat in nuts, carrots and vanilla. Separately beat egg whites until soft peaks form. Gradually beat in remaining sugar until firm peaks form. Fold into batter, lightly but thoroughly. Fold in cornstarch, lightly but thoroughly.

Turn batter into prepared pan. Bake 1 ½ hours or until cake tests done. Let rest in pan for 10 minutes. Then run a thin knife around edge and release rim. Turn cake onto a rack. Let cake rest overnight before frosting.

Note: This type of flourless cake can be quite fragile. The cake may sink, leaving a raised rim, which is simply sliced off before frosting.

Schokolade-Karotten-torte: Follow recipe for Karottentorte with the following changes: Use 5 eggs and ¾ cup sugar. Before adding nuts and carrots to egg yolk mixture, beat in 4 ounces (4 squares) semisweet chocolate, melted and cooled. A mocha frosting would be a good choice with this cake.

Backyard Gardener

By Patrick Denton

Basil can flower on the kitchen counter

For the sake of a change and to try something that looked interesting, I grew a different basil this year, one I found in the Johnny's Selected Seeds catalog listed as Genovese or Sweet Italian basil.

I started the seeds indoors and set out about 10 plants next to the staked tomatoes in May. With the summer's heat they bushed out into attractive plants about 18 inches high clothed in large, bright-green leaves bearing a deliciously strong, sweet fragrance.

One day, as I was gathering some shoots for chopping into a tomato sauce, I gathered extra and set the stems in water in a glass bud vase at the window above the kitchen sink. To my surprise the stems flowered in the vase and developed long roots.

My cut basil stems stayed in beautiful condition in the water until the end of October, when they began to flag somewhat. The nicest thing about this longstanding cut basil bouquet was the warm, pungent scent the foliage released into the kitchen in the presence of heat from the sun.

I never did pot those water-rooted stems, but cuttings taken in summer rooted nicely in a light soil mix and these new plants have now taken up residence at the kitchen window, the pot set inside a little basket.

OLD AND NEW SEEDS

Before purchasing new seeds or ordering seeds from the 1992 catalogs, check your store of seeds left from last year, to avoid duplication. Most kinds of seeds, if stored in a dark, dry place at evenly cool temperatures, will remain in good viable condition for three years or more.

Some of the more short-lived seeds include onion, leek, parsley, parsnip, corn and salsify, verbena, salvia, geranium and delphinium. These should not be kept for more than one year.

That is, if you purchase a packet of onion seed one year and use only a portion of the packet, those seeds should germinate again the next year. But don't save any of that same packet for planting a third year.

To start off each new gardening season with as much fresh seed as possible, order or purchase only what you plan to grow in the approaching gardening year. Some people find it convenient to share orders and purchases with friends or neighbors so that each year's supply is entirely used and it's always fresh seed that is planted.



Our Children

By Willard Abraham, Ph.D.



Siblings can be very different

Q. We have two daughters who are very different from each other in many ways, including their interests, personalities and especially their looks.

ONION GIANTS

One day late in September I prepared a couple of surprises for a gardening friend and drove them to her house. There was my largest potted China Doll (*Radermachera sinica*) foliage plant grown from seed and a giant onion with a pink bow tied around its well-closed neck.

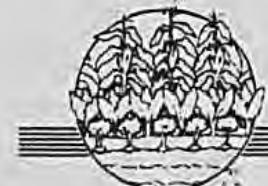
Onions, I realize, cannot be considered a glamorous gift. But it seemed suitable at the time since my friend and I keep current with each other's gardening successes and failures and I knew her bulb onion crop had succumbed to white rot.

My gift onion was a Kelsae Sweet Giant, a variety that, according to the Stokes catalog, produced the world record onion at 7 pounds, 7 ounces. My onion was not nearly that size, but still it was not too shabby at 1½ pounds. Most of the Kelsae bulbs, which are top-shaped, measured between 4 and 5 inches long and wide.

But size is not the only commendable attribute of this onion. The flesh of Kelsae onions is unusually mild and sweet, a trait I appreciate, especially in dishes such as sweet-and-sour chicken and a mixed-vegetable spaghetti sauce. Both dishes, to my taste, demand copious amounts of onion.

I did nothing different with Kelsae from my usual routine when growing onions. I sowed the seeds indoors in February, thinned the seedlings well in the flats and set the plants out at the beginning of April.

I use raised beds for onions even though my soil is sandy and already well-drained. And I ensure a nourishing soil by digging compost, mushroom manure and a blended, balanced fertilizer made from natural materials into the soil before transplanting.



First, don't expect more than they are capable of handling. Some friends of mine push too hard and too early, expecting order, cleanliness and adult common sense. That just doesn't happen with 2-, 3-, and 4-year-olds.

When they are able to read, find the simplest recipes you can and share them with your children.

Be sure to get out all the utensils that are needed. Because young children can be frustrated so easily, any way you can make the experience successful and happy will help them get involved.

A few simple rules will pay off: turn pot handles away from the front of the stove, use of oven mitts for hot items, put tops back on items used (like pepper, cloves and other seasonings) and wear aprons or old clothes to protect from heat and spills.

Both of them have plenty of friends, but their physical looks match their total appearance. The 16-year-old is fully attractive, but the 14-year-old seems like she couldn't care less.

A few hints from you on how to handle them might be very helpful to us.

A. Not comparing them, praising each of them for what they do well, approving (whenever possible) of their friends and helping the younger one with her appearance without placing any special emphasis on your involvement in that matter — these may all be points to consider.

You haven't given any clear indication that either of them is unable to handle herself or their sibling relationship. However, if that is a concern, please write again and we'll discuss it.

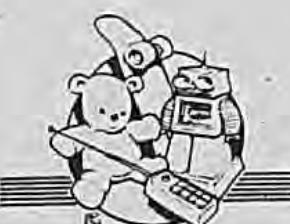
Q. Our little 2-year-old acts kind of shy whenever anyone (including her affectionate grandparents) comes into our house. It doesn't last long, but I wish she wouldn't cling to us for even that short time.

What can we do to help her discontinue this practice of hers?

A. What you've presented may be a non-problem, which time will handle.

It might be helpful if visitors (including grandparents) aren't overpowering in actions or voice when they come in. A gentle, friendly, smiling, quiet entry will generally help loosen a young child's grasp on his or her parents.

Q. I have always wanted my children to learn how to fit into kitchen activities. So I set up some rules I'd like to share with you for your reaction. They might be useful for other parents.





Fitness Forum

Dissolving the vitamin debate

By Jack Williams

The next time you plunk down part of your hard-earned, go-to-health budget for a food supplement, consider the consequences:

That health-food industry you're supporting may suffer from a vitamin deficiency.

That's not to say that the supplements don't often generously exceed those modest U.S. RDA standards. Or that most manufacturers don't fill the pill.

But because the Food and Drug Administration exercises little control over the industry, there has been no guarantee that the tablet or capsule you gulp down in the name of nutritional insurance winds up where it's needed: in your bloodstream.

All that could change, though, if the United States Pharmacopoeia — a scientific consortium that recommends national standards for drugs to the FDA — has its way.

The USP has established industrywide standards that it hopes to make mandatory within the next five years requiring the manufacturers of food supplements to prove that their products dissolve within an hour.

And efficient dissolution presumably means better absorption; ergo, you're more apt to get what you pay for.

The USP's action came in response to a series of tests undertaken at the University of Maryland School of Pharmacy that suggest some supplements dissolve so slowly as to be of little use. Others simply pass through the system without breaking down and furnishing the bloodstream with the all-important nutrients.

Already, one food supplement firm — P. Leiner of Torrance, Calif. — has established standards for dissolution that exceed those of the USP in its popularly priced YourLife line of vitamins and minerals.

YourLife reportedly spent more than \$1 million to laboratory test each of its products and, in some cases, to reformulate vitamin recipes to conform to desired standards.

But it has not passed the added costs along to the consumer, hoping that its new "Proven Release" logo and jump on the rest of the industry will assure a high profile at the marketplace.

"The tests (at the University of Maryland) showed that some supplements were taking three to six hours to dissolve," said David Roll, Ph.D., a professor of medicinal chemistry at the University of

Utah College of Pharmacy and member of the Vitamins, Minerals and Enteral Products subcommittee of the USP.

"One thing is certain," he said. "You can't absorb the nutrients unless the tablet dissolves."

Mark McCarty, president and science director of NutriGuard Research Nutritional Supplements, a mail-order firm, welcomes the USP standards. He already conducts his own informal tests to determine his products' disintegration time, he said.

Disintegration is the physical breakdown of the nutritional supplement into pieces. It is followed by dissolution, the process whereby the pieces of the supplement go into a solution that is available to the body.

"I became concerned about disintegration back in about '86," said McCarty, "because our Broad Spectrum supplements seemed to take an inordinately long time to break down compared with the manufacturer's claims."

"We now have a specially activated form of cellulose in our tablets that swells on exposure to water. Most of our tablets dissolve within 30 minutes."

"The gelatin capsules go very quickly — in about 10 minutes."

The addition of disintegrants in the tablets to expedite their breakdown is not overly costly, said McCarty.

"It's just a matter of adding the right compounds. But it may be a little difficult for the shoddy, incompetent manufacturer who doesn't know how to do it."

McCarty tests his products by adding a "mock gastric juice" to a container of water, then putting in the tablet. "After a while, I'll pull it out and weigh it."

"If there's a lot left, I'll call the manufacturer. I figure if it passes my inspection, it certainly will pass any USP tests."

Calcium, iron and magnesium — minerals usually packaged in tablets — tend to be the most poorly absorbed food supplements, noted McCarty.

"For those," he said, "the shorter dissolution time, the better. They have poor availability unless exposed to stomach acid."

As for time-released supplements, conventional wisdom within the industry is that it's better to space out individual doses throughout the day rather than rely on one pill to provide sustained nutrition.

"Time release is iffy," said McCarty, "because if it's too slow, you're going to lose some of the nutritional value. Some claims regarding time-release products aren't documented."

Powdered and chewable products are subject to no dissolution tests because they are delivered to the bloodstream through the digestive process.

YourLife's self-imposed dissolution standards are four to six hours in their time-release products, 30 minutes for calcium tablets, soft gels (such as the fat-soluble vitamin E) and supplements such as fiber tablets and 45 minutes for multivitamins and vita-

min C.

The issue of vitamin dissolution, however, has yet to arrest the FDA's attention, and some people within the industry debate the USP's conclusions.

Results of a Hoffman-La Roche Inc. bioavailability test of vitamin C products showed that supplements that disintegrate within 10 minutes are less readily available than those that disintegrate within 30 to 60 minutes.

A position paper by the Council for Responsible Nutrition — a trade association representing manufacturers of nutritional supplements — also questions the advisability of the USP position.

In any case, more than a third of the population said to regularly take food supplements has a stake in the reliability of the products they take.

"The industry should have self-policed itself a long time ago," said McCarty.



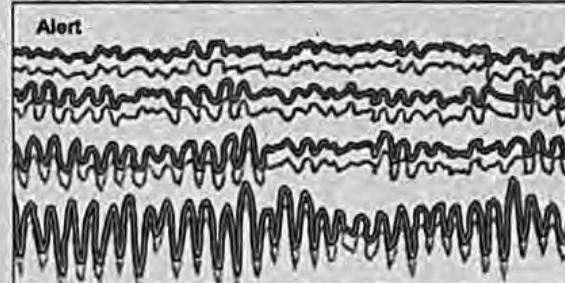
DISCOVERY

Of two minds

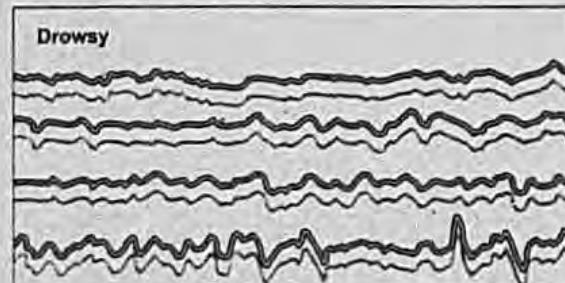
The division between the conscious and unconscious minds is elusive, but evidence exists to indicate that there are significant differences, each with variations in information processing.

Mindwaves

Electroencephalogram (EEG) readings of the brain at waking and drowsing stages are shown.



Alert



Drowsy

SOURCE: How Things Work: The Brain

THE HEALTHY GOURMET



By Kit Snedaker

Sometimes the best part of a turkey dinner is the leftovers.

I know. Most of us like to swing open the refrigerator door and pick at the carcass. But when there's a lot of turkey left or if the turkey has to stretch into a couple of meals, cooks with imagination at *Sunset Magazine* have come up with great alternatives.

Recipes in the new "Sunset Poultry Cook Book" (Sunset) cover everything from the big feast itself to interesting variations on the theme. I like their ingenuity, and even though some of these recipes were originally developed for chicken, they work equally well with the holiday bird.

In fact, if there's any such thing as leftover duck, I'm sure it would work in these recipes. I can't vouch for partridge, pheasant or quail. At my table these birds don't dwindle to leftovers. They go at the gallop.

So instead of turkey sandwiches (well, OK, one turkey sandwich), try any of the following three dishes. Each makes turkey seem like a new dish.

CHINESE TURKEY SALAD

8 ounces linguine
3 tablespoons salad oil
1/4 teaspoon crushed red chiles
1 tablespoon Sichuan peppercorns (available at Oriental food stores) or 1 tablespoon freshly ground pepper
1/2 cup cider or rice vinegar
2 tablespoons low-sodium soy sauce
1/4 cup chopped fresh cilantro (1 tablespoon dried)
1 small cucumber thinly sliced
1 1/2 cups shredded cooked turkey meat

Yields 4 to 6 servings.

Each serving has about 400 calories, 13 grams fat, 45 milligrams cholesterol and 300 milligrams sodium.

Cook linguine according to package directions in large amount of water, just until tender to the bite. Drain, plunge into cold water to stop cooking, drain again and set aside.

Heat oil in large skillet for the dressing. Add chiles and cook until chiles begin to brown (about 3 minutes). Let cool. Add Sichuan peppercorns or freshly ground pepper, vinegar, soy and cilantro.

In shallow dish, arrange bed of linguine, cover with cucumber and turkey. Pour dressing of chiles, vinegar, soy and cilantro over and mix to blend.

TURKEY ENCHILADAS

12 corn tortillas (each 6 to 7 inches in diameter)
5 medium-size tomatoes, peeled and sliced
2 cups shredded cooked turkey
1 cup thinly sliced green onions, including tops
1 tablespoon butter or low-sodium margarine
2 tablespoons all-purpose flour

2 cups low-sodium chicken broth
1 cup non-fat yogurt
1 can (4 ounces) diced green chiles
1/2 cup finely shredded cheddar cheese

Yields 6 to 8 servings.

Each serving has about 250 calories, 8 grams fat, 43 milligrams cholesterol and 290 milligrams sodium.

Dip tortillas, one at a time, in water. Drain. Stack tortillas and cut the stack into 8 wedges. Spread a third of the tortilla wedges in a 9x13-inch baking pan. Top with half the tomatoes; cover with half each of the turkey and onions. Repeat layers, ending with tortillas. Set aside.

Melt butter or low-sodium margarine in large saucepan. Add flour and cook, stirring, until bubbly. Whisk in broth and bring to a boil. Remove from heat. Add yogurt and chiles and whisk until smooth. Pour over tortillas in baking pan. Cover and bake in an oven preheated to 375 F for 20 minutes. Uncover, sprinkle with cheese and continue to bake uncovered, until cheese melts (about 10 minutes).

TURKEY TORTELLINI AND ORANGES

3 large oranges (about 1 1/2 pounds total)
7 cups low-sodium chicken broth
1 1/2 pounds fresh cheese or spinach tortellini (available in supermarkets and specialty stores)
3 cups diced or shredded cooked turkey
2 teaspoons celery seeds
2 cups sour cream
4 tablespoons snipped chives

Yields 4 to 6 servings.

Each serving has about 690 calories, 27 grams fat, 150 milligrams cholesterol and 700 milligrams sodium.

Cut 6-inch-long, 1-inch wide strips of peel (colored part only) from one of the oranges. Cut strip into long, thin shreds and set aside. With sharp knife, cut peel and all white membrane from all 3 oranges. Cut each orange crosswise into 6 slices and set aside.

In large saucepan bring broth to a boil over high heat. Add tortellini and cook just until tender to the bite (about 4 minutes). With slotted spoon, lift out tortellini and transfer to platter. Keep warm.

To broth in pan now add turkey, celery seeds and shredded orange peel. Cook just until turkey is heated through. Lift out turkey with slotted spoon and arrange on top of tortellini. Place sour cream in small pan and stir in 3 tablespoons of chives and 1/2 cup of hot broth. Save the rest of the broth for other uses.

Stir broth/sour cream mixture until hot. Spoon over turkey. Sprinkle with remaining 1 tablespoon chives; arrange orange slices around turkey and pasta and serve.

HEALTH WATCH

Basketball players suffer the most sport-related eye injuries

Those NBA players who wear protective eye goggles have the right idea, because basketball causes the most eye injuries to participants.

Emergency room treatments for sports-related eye injuries last year

Basketball	7,700
Baseball	6,400
Racket sports	3,600
Water sports	2,700
Football	1,700
Soccer	1,500

SOURCES: National Society to Prevent Blindness, U.S. Consumer Product Safety Commission



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Here's How

By Gene Gary



Q. A large area of the kitchen counter in our new house is butcher block for a cutting board. Evidently, the previous owner did not use this surface often for cutting; there are very few marks on the surface.

A. But there are numerous other stains, such as several dark rings and an area that looks like it might have been scorched. I am uncertain of how to clean this surface, since water and soap on wood are not usually recommended.

A. Your best bet will be to refinish the entire surface, using wood bleaches to remove major staining. Start with general cleaning, followed by treatment of the major stains. Use a fine grade of steel wool with mineral spirits to

clean general dirt and grime, going over each dark stain thoroughly.

Use a bleach solution of one ounce oxalic acid mixed with one quart of water. Pour acid into water, not water into acid. Wear rubber gloves and old clothes and be careful not to get the solution on the floor or the surrounding counter top.

Apply this solution to the stained areas and allow to set for one hour, then rinse with clear water. For deep stains you will want to repeat this process. Since oxalic acid is a bleaching agent, the treated areas will be lighter than the surrounding wood. I suggest that on the second treatment you treat the entire area so the bleaching of the wood will be

more uniform.

There are commercial wood bleaching products on the market, usually in two-part treatment processes, which will also work well.

After the bleaching process, sand the entire chopping block with an electric sander, using a fine-grade sandpaper. Then treat the surface with tung oil, applying the oil and letting it set for an hour before wiping off the excess. You may want to repeat this process.

After the tung oil treatment, apply lemon oil (oil, not a lemon oil wax). Some people hesitate in using tung oil in a food preparation area (it has some toxic ingredients), although it is an excellent sealer for your chopping block. I find that once the tung oil has cured the wood and lemon oil is applied, there is little chance of harming food prepared on this surface.

However, if you are in doubt use either mineral oil or the pure lemon oil periodically to maintain the surface.

Q. We were given a set of black wrought-iron patio furniture that could be attractive if we can restore the original black lustre to the iron. The pieces have been neglected and are rusting in areas. How would you suggest that we go about restoring these pieces and maintaining them in the future?

A. For cleaning rust off wrought iron, rub with kerosene on a fine, soapless steel wool pad. Work outside or in a well-ventilated area,

as kerosene is highly flammable. A good commercial rust remover also will work. Follow the manufacturer's directions carefully.

If rust is scaling, be sure to scrape off any loose particles first. Once your furniture is clean and rust free, you can apply a coat of black paint to restore the original look.

Use a primer and paint specifically recommended for metal. Rust-Oleum is one manufacturer.

For routine care, wash with a damp sudsy cloth, rinse, then dry thoroughly. To keep wrought iron rust-free longer, rub on a thin coat of paste or liquid wax. Caution: Don't use wax on your wrought-iron fireplace accessories; solvent-based waxes are flammable.



Decor Score

By Rose Bennett Gilbert



Q. Our house is kind of hybrid: It starts off like a Colonial with a center hall and fanlight doorway, but inside I guess the builder got tired or ran out of money — there's so little detailing. No moldings, not even around the windows. How do you feel about faking moldings? And how do we go about it? D.M.

A. I'm tempted to quote the hairdresser's line from "Steel Magnolias" that there's "no such thing as natural beauty." At least, when it doesn't come naturally, as in your case, enhancements are very much in order.

Check out the stock moldings available at your local lumberyard. There's a great variety, thanks to the millwork industry's response to homeowners' enthusiasm for architectural detailing today.

During the Almighty International School of Architectural "Purity," too many straight lines and uncluttered angles created a hunger for visual interest that can be satisfied by applying moldings to bland surfaces.

The photograph we show here should provide inspiration. New York designer John M. Davis created a fireplace wall with classic symmetry and traditional calm. Featured in the "Showcase of Inter-

ior Design" (Vitae Publishing, Eastern Edition), the room is composed around a fireplace, which is in turn framed by pilasters and panels of raised molding, left and right.

The ceiling — also painted a warm camel color in deliberate contrast to the forest-green walls — offers horizontal counterbalance to the vertical thrust of the moldings and pilasters.

If you still have doubts about the value of added-on architecture, take a felt pen and black out the moldings in the photo so the wall looks plain again. Plain and boring.

Adding moldings can be a do-it-yourself project, by the way. You'll need a miter box and saw to make neat angles, plus nails and glue. The lumberyard should also have you-do-it details.



SIDE CHAIR — This early Victorian side chair would probably sell for \$265 to \$285.



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Help Wanted

TYPIST NEEDED FOR DAYS Mon., Tues., Wed., regular 9-5 hours. Can start immediately. Should be able to type at least 60 w.p.m. Work in Hicksville. 931-0012.

BABYSITTER NEEDED Mon., Wed., or Friday, 8 a.m.-1 p.m., Feb. 12-March 13. 2 children, my home, own transportation, 294-0117. gcf3

RESPONSIBLE, CARING Babysitter for 6 month old P/T, 2 afternoons a week, non-smoker. References required. Salary negotiable. Please call 328-1394. gcf3

PART TIME SECRETARY, flexible evening hours. Computer skills a plus. Phones, filing, xeroxing, proofing, etc. Garden City area. Call evenings, 488-2310. wf2

P/T ASSISTANT FOR professional office, Mon., Tues., Wed. afternoons, plus Sat. Training provided. Salary plus benefits. Ask for Bea. 775-3940. wf1

PART TIME: VILLAGE Court Messenger. 2 over months; guaranteed four (4) hrs./night. Call 354-0022, Ms. Szabo. wf1

MEDICAL SECRETARY, 10 hours a week. Billing, collection, flexible hrs. Garden City 248-4400. gcf1

YOU ARE "WANTED" to work at home for over \$100 a day. Be a homeworker free of the rat race! You are needed now! Easy work - mail self-addressed, stamped envelope to World Program Opportunities, Box 142, Central & Park Aves., Bethpage, NY 11714. gcf1

REAL ESTATE FIRM seeks experienced sales manager for active Garden City office. Call Ed Keussey, 747-1300. gcf3

Help Wanted

\$40,000/YR HEAD BOOKS and TV scripts. Fill out simple "like/don't like" form. Easy! Fun, relaxing at home, beach, vacations. Guaranteed paycheck. Free 24 hour recording 801-379-2925 Copyright #NY49HEB. hf4

SCHOOL SECURITY MONITOR Garden City Senior HS. Work on all school days. 7:15 a.m. to 3:45 p.m. Responsible for supervision of students in various areas of bldg. & grounds. \$9.60/hr. 516-294-3031 for application. hf3

ACTIVE & BUSY REAL Estate Office needs experienced & licensed sales persons, full time. Garden City & Vicinity. Elsie J. Nolan, 485-7054-292-9749. wf1

CHILD CARE NEEDED my home, 2-3 days per week. 3 year old girl, 2 school age boys, flexible day hours. English speaking, non-smoker. Own transportation. Please call 483-4190. gcf1

POSTAL JOBS. YOUR area \$22,700 per year plus benefits. Postal carriers, sorters, clerks. For an application & exam information, call 1-219-736-9807 ext. P-5791 9 a.m. - 9 p.m. 7 days. gcf1

YOU ARE "WANTED" for TV commercials, movie extras, modeling, all ages, no experience. Job casting - make money in TV, movies and radio. Mail self-addressed, stamped envelope to Be A Star Productions, Box 142, Central & Park Aves., Bethpage, NY 11714. gcf1

LOOKING FOR RIDE from Williston Park to Work - Exit 57 LIE (Hauppauge) and back again. Willing to pay \$125 per month. Days 348-5933, Evening 746-6029. wf2, gcf3

Help Wanted

GOVERNESS WANTED: RELIABLE mature woman needed as live in housekeeper/Nanny for 3 yr. old boy. Must speak English. Driver's license A-Plus. Flushing area. References required. 718-229-3607. Leave message. wf1

REAL ESTATE SALES Associate position available. We are busy, busy. Please call 747-2010. Ask for Bernice. gcf2

LIVE-IN HOUSEKEEPER/ Nanny with experience for one 4 year old. FT with Sunday and Monday off. Must drive. Duties include, picking up child from school, shopping, cleaning, light cooking, etc. Must be caring and responsible and able to supply good references. Call eve. 488-2310. gcf2

Situation Wanted

GARDEN CITY HOUSE & Office Cleaning Corp. Bonded and insured, serving all Nassau County. We will sparkle clean your house or office with a team of experienced, honest and reliable persons who will be in and out in no time until your heart is contented. Cleaning process is supervised by owners, who are Garden City residents. We use our own cleaning tools and detergents. Call for a free estimate 248-8890, leave message and we will promptly call you. gcf2

STATE CERTIFIED NURSING Assistant seeks position in Geriatrics or convalescent care. Will work day or night or private duty. Good references. Call Marge 378-8771. gcf1

MATURE GARDEN CITY resident will care for your child vicinity Hemlock Park. 248-5404. gcf4

EXPERIENCED NURSE'S AIDE with good references wishes work P/T, 4 to 6 hrs. per day. Good cook. Will do chores. Have car. 742-9498. wf4

FULL TIME LOVING CARE available for your infant or child in my Williston Park home. Mom with many years experience. 747-2183. wf4

CHILD CARE SERVICES available. I will care for your child in my home. References upon request. 3 yrs. experience, all ages, FT, PT, activities, toys, fenced-in yard. 775-0399. gcf4

HOUSECLEANING AVAILABLE - References, experience and own transportation. wf2, gcf3

Situations Wanted

QUALIFIED NURSING ASSISTANT with experience seeks position to take care of the elderly or handicapped at night. FT or PT. Call 483-5488, weekends, weekdays. Leave message. gcf4

BABYSITTER ON CALL (Pediatric nurse) If your regular sitter can't make it, her kids are sick, she has an appointment, or things just aren't working out, let me watch your kids as your back up babysitter. Call me so we can meet before you may need me. Reliable, responsible mom with references. Please call 489-1621. gcf1

ATTENTION VACATIONERS - WOULD you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcf4

HONEST, RELIABLE woman with years of experience will clean your home. Reasonable, own transportation. Mrs. K. 822-3587. htfn

GARDEN CITY COLLEGE student available for child care Mon., Tues., Wed., Fri. afternoons. Two years early ed. training, excellent references, experience, own transportation, non-smoker, 248-8106. gcf4

POLISH WOMAN LOOKING for job cleaning houses, housekeeping 4-6 hours per day in Garden City, Stewart Manor, Franklin Square or nearby vicinity. Call 327-0259, 7-11 p.m. gcf3

EXPERIENCED, MATURE WOMAN seeking position to take care of elderly person or child care, housekeeping. Live in, good references. (718) 773-1474. gcf3

CERTIFIED NURSE'S AIDE will care for your elderly loved one, weekends in your home, hospital or nursing home. Professional, compassionate and pleasant. Call Julietta (718) 345-6579. gcf3

PERSON AVAILABLE FOR HAA & PCA night cases or babysitting/housecleaning. 292-6130. gcf3

HOUSEKEEPING COUPLE Seeking live-in position for general house maintenance. Houseman-Experience and knowledge of landscaping and repairs. Housekeeper - Housecleaning and laundry. English speaking, references. 789-9134. gcf1

Situations Wanted

I AM AN EXPERIENCED Nurse's Aide. I am seeking a job to work in the home taking care of a sick or elderly person. I have excellent checkable references. I drive. I'll work long hours or P/T. Please call me at (718) 658-3739. gcf3

HOUSEKEEPER WITH EXPERIENCE, own transportation and references available. Days available Wed. and Thurs. 746-4636. gcf3

CHILD CARE AVAILABLE NYS certified early childhood teacher with master's degree will care for your child in my Mineola Home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wf1

NURSE'S AIDE FULLY experienced in hospital, nursing home and private duty. We will work day shift or overnight shift. References. 475-7966. \$10 per hour. gcf1

RESPONSIBLE, GRANDMOTHER WILL babysit your infant or small child in my Williston Park home, FT. References available. 747-6726. wf1

IRONING LADY AVAILABLE - Will do cleaning, laundry. Experienced, references available. Call after 6 p.m. Ask for Maria. 248-3035. gcf1

EXPERIENCED, RELIABLE Scottish woman available for housecleaning. References supplied upon request. Please call 378-6897. gcf1

FOR A BEAUTIFULLY Clean house call Barbara and leave message at (718) 327-0376. Excellent work, free estimates, references available. gcf1

E LD E R LY C A R E , HOUSEKEEPER, babysitter, party help, live-in or out. Available shopping, cooking, all your needs. A true professional. Dependable and trustworthy. Own car. References. 285-6716. gcf1

REASONABLE, HONEST reliable home repairs. Carpentry, painting, interior/exterior, roofing, replacement windows, storm doors, siding. Call 437-7829. gcf1

HOUSECLEANING AVAILABLE Mon.-Sat. Own transportation. Good references. Call 486-1305. gcf1

NURSES AIDE. **QUALIFIED**. Own transportation. 564-9819. Good references. gcf1

Situations Wanted

BABYSITTING JOB THREE days a week. Will work nights. Experienced, young, Mineola grandmother enjoys children. No transportation but love to walk. Call (516) 248-9325. Good references. hfl

FT OR PT LIC. Nurse's Aide or housekeeping, experienced with good references. Own transportation. Call Lorraine at 377-3601. hfl

CHILD CARE NEEDED for your little one? Call me! I'm a loving mother with an Elementary Ed degree, who has years of experience taking care of children in my home. Non-smoker. Excellent references available. P/T or F/T. 747-1507. Wfl

CERTIFIED NURSE'S AIDE seeks position to care for elderly. Live out preferably. Will drive. Call 718-848-7885. gcf1

EXPERIENCED PERSON SEEKS position for taking care of kids, light housekeeping or aid to elderly person. References are available. Can be contacted at 489-9274. Live out. gcf1

HONEST, RELIABLE, METICULOUS housecleaning female. I will clean your house or apartment. Own transportation & English speaking. Reference available. Please call Elsa 741-8248. gcf1

J.T. PAINTING & fine carpentry (interior & exterior), 8 yrs. experience. Clean & neat. Reasonable. Quality custom work 742-4158. Ask for Joe. gcf1

FEMALE PERSONAL SHOPPING companion to aid your mobility (car available), your selection & fitting needs. Lifelong resident of Garden City. Ref. upon request. Available 10 a.m. - 3 p.m. Please call 746-0818. gcf1

HOUSECLEANING & BABYSITTING after school. Experienced with references. Own transportation. 481-3930. 481-0107. gcf5

POLISH WOMEN LOOKING for housework. Own transportation. Please call evenings 486-2839. gcf1

HOUSECLEANER AVAILABLE. Experienced, own transportation, references. 623-6571. gcf3

RESPONSIBLE MOTHER of one looking to babysit your child in my Mineola home, P/T. Call Jean - 742-6614. wfl

CHILD CARE AVAILABLE - Caring, dependable woman. References. 775-2729. wfl

HOUSECLEANER AVAILABLE. Monday afternoons to clean or iron. Excellent references, non-smoker, own transportation. \$50. 742-1615. gcf2

EXPERIENCED CLEANER, speaks English, own transportation, good references. 678-0644. gcf2

Situations Wanted

HOME HEALTH AIDE with experience, will take care of your loved ones. Affordable, reliable, excellent reference. Ask for Rose, 326-2917. gcf2

AVAILABLE TO CLEAN houses and offices, 8 years experience. Many references, own transportation. Call Connie at 746-3781. gcf2

BABYSITTER, GARDEN CITY mother with older children wanting to babysit occasionally in your home, daytime. 248-5896. gcf2

BABYSITTING, LIGHT HOUSEKEEPING available. 1 year reference, \$200-225. Please call Brenda (718) 774-8469, Monday to Friday. gcf2

COURTEOUS, MATURE, Dependable State Certified N/A desires day or night position. Bedridden, elderly, etc., welcomed. Call 378-8771. gcf2

I CLEAN YOUR HOUSE, can speak English and have driver's license. Call Miriam at 538-8214. gcf2

I AM LOOKING for a babysitting job 3 days a week. Also will sit at night. I am a young grandmother experienced with children. Retired with a Mineola Doctor for 10 years. Also 2 years experience with a family in Garden City. Have no transportation but love to walk and enjoy children. Please call me at this phone number, 248-9325. I live in Mineola. gcf2

RESPONSIBLE PERSON TO Clean your house or office, seven days a week. Elba Reyes, 931-1843. Excellent references and own transportation. gcf2

POLISH WOMAN IS Available for housecleaning. Please call 432-8722. Jf3

LOOKING FOR HOUSE cleaner not housekeeper. Clean-house per day. Call (516) 868-3196 ask for Maria Lazo. hfl

WILL BABYSIT YOUR child in my New Hyde Park home, Monday to Friday. References. 516-746-7773. WF3

COMPETENT & RELIABLE Nurse's Aide & home health care with excellent references to work as companion or home health care for the convalescent or aged. Call Lucille Hines - (718) 481-7635. WF3

EXPERIENCED POLISH WOMAN with reference & own transportation is looking for housekeeping job. 794-6202 or 328-3033. gcf3

POLISH WOMAN LOOKING for room with board exchange for work or taking care of older person after 4 pm. Mon-Fri. and Sat-Sun. all day. Please call Mon-Fri. 516-579-4227 from 9-5. hfl

VEGETARIAN COOK / HOUSEKEEPER to purchase and prepare dishes. Will do house cleaning and other misc. duties. Please call Winston (718) 712-5363. gcf3

Situations Wanted

HOUSECLEANER WANTS DAY Work. Mon.-Fri. I have experience & reference 489-5890. gcf3

MATURE, EXPERIENCED NURSE'S AIDE seeks position as day worker or live in. Reference available. 486-4917. gcf3

HONEST & RELIABLE L.P.N. seeks part time or full time position. Own transportation. 546-2264. gcf3

HOUSECLEANER AVAILABLE - Experienced, references, own transportation. Available Monday to Friday. Garden City area preferred. gcf4

HOUSECLEANER AVAILABLE - Experienced with reference & own transportation. Call any time. 485-3825. gcf4

RESPONSIBLE YOUNG WOMAN seeking FT/PT babysitting position in your home 7:30-4:30, Mon.-Fri. Own transportation. Call Deanna at 775-6871. gcf4

HOUSECLEANER AVAILABLE - Two Responsible women will clean your house for a reasonable price. Call for more information at 868-4790. gcf4

CERTIFIED HOME HEALTH AIDE can provide live in care for the elderly. Available days, week, has certification. I am experienced in many phases of health care equipment (wheelchair, hospital bed, hover lifter). 753-2094. gcf4

HONEST, RELIABLE MATURE woman seeks live in or out job to take care of elderly person or child care with light housework. Have references. Call Elaine (718) 525-3320. gcf4

MATURE WOMAN SEEKS position as nurse's aide, companion. Will live in. Call Naida (718) 493-6244. gcf4

POLISH WOMAN AVAILABLE for housekeeping. Syosset/Huntington area. References available. Mon.-Sat. Call 549-7513 or 741-6347. gcf4

CATHY'S CLEANING SERVICE - Honest, reliable, Irish couple. Excellent references available. Call 868-0176. Leave message. gcf1

HOUSECLEANING LADY available with reference & experience. Please call from 3:30 on. 489-2666. Ask for Jeannette. gcf4

CERTIFIED N.A., H.H.A., P.C.A. seeking to work with the elderly. Recent references. Barbara Crawford Williams. 378-4695, 6 p.m.-10 p.m. gcf4

Real Estate for Sale

GARDEN CITY PRINCETON St. Lovely 4 BR, 2½ bath brick Cape. LR/pl. FDR, new EIK, fin. bsmt, new windows, landscaped yard with deck. Walk to all. \$339,000. Owner. 488-5847. gcf4

Real Estate for Sale

ALBERTSON/ROSLYN HTS. Adult Condo - 1 B R, living/dining area, 1½ baths, 4 closets, own laundry & storage rm. Indoor parking, terrace, walk to all. 6 yrs. old. Asking \$169,000. Owner. 747-4221. gcf2

FLORAL PARK SACRIFICE

- Legal two family, excellent location, extra large yard, income producing, 2 car garage. Aluminum siding, newly painted inside. Three meters, walk all, oil heat, 3½ over 4½. Income over \$19,000. Taxes \$3415. Currently vacant. By owner. Priced \$195,000. 741-4198. No brokers. wf3

GARDEN CITY PRIME ESTATES

Section. Immaculate English Tudor, large living room with stone fireplace, formal dining room, large kitchen/family room, 3 bedrooms, 2½ baths, 4th bedroom on 3rd floor - huge room, finished basement, terrace, gas heat, sprinkler system. Offered by owner at \$470,000. Principals only. \$390,000. Call 854-5186. gcf4

GARDEN CITY BEAUTIFUL spacious home, 80x100, 5 BRs, 3 baths, scr. porch, fln. rec. rm., walk RR. Asking \$315K. By appt. Princ only. 775-5974. gcf2

HICKSVILLE - OLD Country Rd., Professional home/office. Easy access, parking. Choice location. Lease/sale. By owner. Call 935-0856. hfn

HICKSVILLE: 4 BR Levitt Ranch. New Euro kit and bath. 60 x 100. Taxes \$2600. 2 zone heating and ceiling fans throughout the house. Asking 165K. Principals only. 735-0793. hfn

GARDEN CITY ESTATES 4 BR CH brick colonial, large country kit with breakfast rm., beamed fam. rm. LR/pl. FDR, maid's rm., huge fenced-in back yard, 1 block to RR. By owner \$400's 248-7292. gcf4

GARDEN CITY WEST Mint Tudor. Slate roof, 4 BRs, 2½ baths, brand new, LR/pl. DR, EIK, den, full bsmt. Taxes \$3932. Gas heat. Principals. \$352,000. 854-5417. wf3

GARDEN CITY CAPE 4 BRs, 2 full baths, large EIK, fin. bsmt, private backyard, property 60 x 100. By owner. Asking low \$200's. Low taxes. 747-3687. gcf1

MONTAUK - 2 RM CO-OP One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$42,500. Great Rental History. 724-5572. gcf1

GARDEN CITY SOUTHERN Mint maintenance free brick Split-level. Near golf course. Mod. EIK, 3 BRs, FDR, 2½ baths, fam. rm., plus 2 rm. prof. suite with private entrance, skylights, new windows, sprinklers. \$269,000. Owner 488-7880. gcf1

SOUTHOLD. WATERFRONT YEAR round home on secluded Arshamomaque Bay for sale by owner. 3 BR Ranch with wood floors, 1½ baths, garage & full bsmt. 100 ft. of waterfront. Adjoining buildable lot also available. \$295,000. Call 746-0551. gcf1

GARDEN CITY EXPANDED ranch on John St. 5 BRs, 3 baths, den, CAC, Anderson windows, sprinkler. ½ acre, mint. Owner \$550,000. 741-0451. gcf3

LOUDOUN COUNTY, VIRGINIA: Foothills of Blue Ridge, pretty 3 BR, 2 bath home on ½ acre in quaint town. Golf course surrounds this property with tennis, bike trails & lakes for fishing close by. Master BR & bath are on main floor. All decorating is with designer wall coverings & fabrics. Property also includes charming lattice-enclosed brick patio. Principals only \$275,000. 703-338-7592. gcf2

Real Estate for Sale

SINGER ISLAND, FLORIDA. Luxurious ocean front Condo. 2 BRs, 2 baths, 1,500 sq. ft. plus 200 sq. ft. wrap around balcony. \$149,900. 488-3250. gcf1

MINEOLA, BRICK CAPE. 4 BRs, 2 baths. Move-in condition. Many extras. Near all. Owner asking \$219,900. 747-4061. wf4

MARYLAND HOUSE LOT in Bel Air, 20 miles north of Baltimore. Beautifully landscaped $\frac{1}{2}$ acre lot in established neighborhood of exclusive stone homes. Only 4 miles to I-95, \$85,000. Call owner in Florida 407-283-9673. gcm2

GARDEN CITY - THREE BRs, 1½ baths, new EIK, new windows, vinyl siding. Convenient location. 40' x 100'. Very low taxes. Principals only. \$269K. 741-7826. wf2

GARDEN CITY ESTATES Large CH Colonial, 100x150, quality home, extended back, oversized rms., 4 BRs, 3 tiled baths, 2 fpls., den, patio, hardwood floors, circular drive. Walk to RR, etc. \$555,000. Principals 248-4963. gcf2

SOUTHOLD WATER FRONT. 5 acres with dock overlooks wetlands, bay & South shore. Financing. Priced to sell \$225,000. 365-8909. gcf1

GARDEN CITY - COUNTRY LIFE area. Barnes built CH Colonial. Brick/cedar. Mint, 3 BRs, 1½ baths, LR, FDR, cedar & brick family room/FPL, cathedral ceiling, skylight. Cedar wrap around deck, new kitchen, oak floors throughout. \$339,000. Principals only. 873-0936. gcf3

FLORAL PARK VILLAGE 3 BR brick Colonial. LR/FPL, FDR, modern kitchen, large family room, 1½ baths, 60x100. Asking \$205K. Stewart Manor 3 BR duplex, newly renovated. LR/FPL, FDR/EIK, 2 full baths, finished basement, lovely patio, yard, detached garage. Must see. Asking \$219K. Exclusively with Norman Realty (516) 352-4774. gcf1

CUTCHOGUE/NASSAU POINT First show, Hi Ranch, LRFPL, 3 BRs, sunny den with wood burning stove, 2 baths, CAC, beach & mooring rights, outdoor shower, garage, $\frac{1}{4}$ of an acre. High \$100's. Owner 734-7762. gcf3

GARDEN CITY ESTATES Delightfully charming English Cottage 4 BRs, 2 baths second floor, LRFPL, den, formal DR, large EIK, ½ bath & screened porch first floor. Asking \$300's principals (516) 378-3802. gcm3

SOUTHOLD ELEGANT CUSTOM Farm Ranch. Maintenance free. 2 large BRs, 2½ baths, LRFPL, 16x20 family room, FDR, kitchen, breakfast room, deck, recently finished basement, CAC. Move in condition. \$275,000. Owner 765-4180 gcf3

Real Estate for Sale

SANFORD, SOUTHERN MAINE lakefront Cape. 3 yrs. old, 3 BRs, 2 full baths, laundry rm, screened porch, skylights, Anderson windows, winterized & furnished. 120 ft. frontage on sandy spring fed lake. Close to shopping. Located only 20 min. from coastal area of Ogunquit & Kennebunkport. \$139,000. Call owner in Florida (407) 283-9673. gem2

GARDEN CITY BY OWNER \$850,000. 4½ brs, 5½ baths, magnificent Tudor on shy acre. Detached 2 car garage with 2 BR, 1½ bath apartment. 742-5149. gcf3

DEL RAY BEACH, Ft Barr Terrace - Furnished 1 BR, 1½ bath Condo, 10th floor, EIK, enclosed porch, undercover parking, inter coastal & ocean views. Many extras. \$85,500 by owner 742-5149. gcf3

GARDEN CITY WESTERN all brick Cape on quiet street. Modern EIK, 2½ baths, CAC, central vac, new heating, finished basement, LR/FPL, FDR, walk to LIRR. Owner 326-8154 \$288,000. gcf3

VACATION OR STARTER HOME: Rocky Point cape. 2 bedroom, 1 bath, country kitchen, skylight, low taxes, 80x100 lot. Walk to beach. By owner \$110,000. (516) 744-4241. gcf3

GARDEN CITY WESTERN Section, bright, cheery. Split. Walk to RR, close to shopping & churches. 4 BRs, 3 full baths, LR/cathedral ceiling. FDR, EIK, finished paneled bsmt., CAC, thermal windows, alarm system, low \$300's. Principals only. Call 352-0208. gcf3

FLORAL PARK SACRIFICE Legal two family, excellent location, extra large yard. Income producing, 2 car garage. Aluminum siding, newly painted inside. Three meters, walk all, oil heat, 3½ over 4½ income over \$19,000. Taxes \$3415. Currently vacant. By owner. Priced \$195,000. 741-4198. No brokers. wF3

SOUTHOLD, NEWLY LISTED Cedar Cape featuring LR/fpl, DR, EIK, 3 BRs, 2 baths, oil heat, full bsmt., pastoral views. Possible rental with option to buy. Our exclusive. Asking \$180,000. Mattituck Bayfront. Sugar sandy beach Country home with great rm/fpl, 3 BRs, 2 baths, covered porch. A very special place, forever views. \$399,000. Southold. Spacious Colonial featuring LR/fpl, beamed ceiling, FDR, EIK, laundry rm, 4 BRs, 2½ baths. Owner relocating. \$180,000. Southold Waterfront Custom Colonial Ranch on 1.2 acres, large LR/fpl, FDR, EIK, sunroom, Master BR & bath plus 2 BRs & bath, CAC, professionally landscaped. Peconic Bay views. \$550,000. East Marion Bayfront Country Cape in private community features 4 BRs, 2 baths, LR, DR, den, sandy beach, spectacular views. \$480,000. 298-4600, 765-5810, 734-5533. gcf1

Real Estate for Sale

GARDEN CITY 3 BR MOTT Colonial. New windows, siding, roof, appliances, underground sprinklers, gas heat. Mid \$300's. Owner, 746-3241. gcf4

MINEOLA EXPANDED CAPE 4 bedrooms, 2 bath, new eat-in kitchen, good location, move-in condition, low taxes, many extras. \$199,900. Call 747-4045. hF3

NEW HYDE PARK, 4 BR Cape. Possible mother / daughter. 3 baths, 3 kitchens, fin. bsmt., garage, gas heat. Move-in condition. Near all. \$239,000 neg. 488-5497. wf4

SACRIFICE, LEGAL TWO family, Mineola Park section. 3 BR & 2 BR apt. New kit, fpl, fin. bsmt., detached garage. 50x100. Excellent condition. Asking \$230's. Call owner. 746-3141. wf4

ROSLYN HARBOR, HI-Ranch, 1 acre, 6 BRs, 4 baths, CAC, fam. rm/fpl, playroom, in-ground pool with cabana. North Shore School District. Reduced \$575,000. Owner 621-8959. wf4

SOUTHOLD, DELIGHTFUL NEW Cape in the woods. Walk to beach & boating. 2 BRs, 1 bath. \$180,000. Jamesport.

New spacious 4 BRs, 2½ baths. Cape Cod on 1 acre. Country kit, LR/fpl, oak floors, 2 car garage. \$225,000. Cutchogue. Gracious custom built 3 BR, 2½ bath Ranch. LR, DR, fam. rm/fpl, laundry rm., 2 car garage, sprinkler & security system, vacuum system. Waterview with boating rights. \$335,000. Orient Bayfront. Moor a boat behind this renovated home which overlooks Orient Harbor. 4 BRs, 2 baths, walk to village. \$380,000. Marilyn Lang Realty. 734-6472, 734-6690. gcf1

GARDEN CITY EXCLUSIVELY Ours! Just listed spacious Split, LR/fpl, FDR, large EIK, 3 BRs, 2½ baths, fam. rm., 2 car \$300's. Western Ranch. Mint 3 BRs, 3 baths, EIK \$300's. Central Section Contemp. 4 BRs, 3 baths, huge EIK, fam. rm., CAC, 2 car, 1/4 acre. \$400's. Solid Brick CH Estates Colonial 4 BRs, 3 baths, mod. EIK, 2 car, 1/4 acre \$500's. Super Tudor 5 BRs, 3 baths, fam. rm., den, mod. EIK, 2 car - assumable mortgage. \$700's. Vera Atamian 354-1994. gcf1

NEW HYDE PARK Legal two family - 3 over 8. Three full baths, 2 car garage, close to all. \$325-0799. \$239,000. wF3

GARDEN CITY FIRST offering. Western Colonial. 3-4 BRs, 1½ baths, LR/fpl, FDR, EIK, with sliders to deck, rec. rm, low taxes. Walk shops, church, LIRR. Principals only. \$279,000. 354-0544. gcf4

SOUTHOLD 5 YR OLD Contemp. Master BR & bath downstairs. Walk to bay beach, extras. Beautiful neighborhood, sprinkler system, water purification system, large deck. \$259,000. 765-2720. gcf4

Real Estate for Sale

SOUTHOLD BAYFRONT, 1 plus acre cul de sac, permits, prestigious neighborhood. Drastically reduced \$360,000. 765-2720. gcf4

SOUTHOLD EXCLUSIVE ATTRACTIVE Cape nestled on treed $\frac{1}{2}$ acre in private community. 4 BRs, plus loft, 2½ baths, great rm/fpl. Unique \$225,000. Cutchogue. Large & handsome 1920's Colonial, 4 BRs, LR/fpl, FDR, sunporch, OHW heat & basement. Convenient location. Reduced to settle estate. \$165,000. Southold Waterview & walk to Sound Beach. Like new Contemp, 3 BRs, 2 baths, great rm, wrap deck, 2 zone OHW heat, tasteful furnishings included. \$249,000. Southold Waterfront. Handsome 4 BR, 2½ bath Colonial with deep water dock & IGP, fam. rm/fpl, cathedral Florida rm/skylight OHA heat. Just reduced to \$390,000. Nassau Point. Meticulously maintained & beautifully decorated Colonial on 3/4 wooded acre. Amenities include 3 fpls, CAC & central vac. Water rights, owner financing possible. For the discriminating buyer. \$495,000. Marion King Realty. 734-5657. gcf1

WEST HEMPSTEAD CAPE. 7 rms, 4 BRs, 3 baths, 1 car garage, fin. bsmt. \$190's. Bambury RE 742-0933. gcf1

GARDEN CITY MINT Mott, 3 BRs, 1½ baths, new kit, LR/fpl, DR, rec. rm. \$350K by owner. 746-6498. gcf4

NORTH FORK "GRANDMA'S Home". The warmth and charm of this classic "oldie" (circa 1700) will captivate you. Ideal summer or year-round home. Waterview, near beach & boating. 6 rms, 1½ baths, bsmt., updated electric & plumbing. Just reduced to \$160,000. Bookmiller Real Estate 722-4423. gcf1

WEST HEMPSTEAD NO. of Hempstead Tpke. Fieldstone / alum. Cape. Ideal M/D. 2 BRs on first, full Studio on second with separate entrance, detached 1½ car garage, 2 zone gas heat. Large EIK, 1/4 mile Garden City border. Excellent starter home. Owner. \$165,000. 481-7476. gcf4

QUEENS VILLAGE N/SELLEROSE vicinity. Detached legal 2 family dwelling on 40x100, landscaped plot. Move-in condition, 5 rms first floor, 5½ rms second floor, 3 rms third floor. Fin. bsmt., 2 decks & patio. \$280's. Owner's agent. 718-776-7474. gcf4

E D G E M E R E P A R K WESTERN Section Ranch, newly decorated 3 BRs, 2½ baths, large LR/fpl, with cathedral ceiling, new den with skylight, DR, new ultra-mod. EIK with skylight, fin. bsmt., fam. rm/fpl & wet bar, playroom/laundry, 1 car attached, A/C, alarm, in-ground sprinklers, patio & fenced yard, 80x100. Walk to RR. Taxes \$5,600. Principals only. \$389,500. 437-2517. gcf4

Real Estate for Sale

PROFESSIONALLY ZONED! WILLISTON Park. 6 BRs, 3½ bath, mod. brick Contemp, 6 skylights, must see. Just \$439,000. Baldwin 3 BR EZ maintenance. Only \$179,900. Call Kristie, Listing agent for viewing. Days 352-6400; evenings 747-4613. gcf1

GARDEN CITY 1 BR Condo, Tudor Gardens. Mod. EIK & bath, A/C. Walk to all. Low, low maintenance \$160's by owner. 742-8342. gcf4

STEWART MANOR BRICK & aluminum 3 BR Colonial, skylight den with cathedral ceiling, beautifully tiled new kit & baths, vinyl windows/alarms, quiet, dead end \$259,000. 437-2055 after 4 or leave message. gcf4

GARDEN CITY, 3 BR Mott Colonial. New windows, siding, roof, appliances, underground sprinklers, gas heat. Mid \$300's. Owner. 746-3241. gcf4

WEST HEMPSTEAD, WIDE-LINE Cape. 4 BRs, LR, FDR, EIK, 2 baths, Florida rm, fenced yard, alarm. Walk to worship. Move-in condition. \$185,000. Owner 486-6336. gcf4

GARDEN CITY ESTATES 234 Kensington Rd., Split, 60x100, 3 BRs, 2½ baths, EIK, DR, LR, den, gas, 2 car garage, bsmt. Reduced \$379,000, neg. Owner. 12-4, Sun., Feb. 9, 747-0774. gcf1

WILLISTON PARK OPEN House Sat., Feb. 8, 11-1, 576 Marcellus Rd. All deals off! Don't miss this 4 BR, 2 baths, brick & fieldstone wide-line Cape. Herricks School District. \$189,000. Nikki Stamatias Remax West 481-6089. gcf1

MALVERNE, SAT., FEB. 8, 2-4 p.m. Immaculate, School District 13 (Valley Stream North) Colonial, LR/fpl, FDR, new EIK, new bath, large lot, double tiered deck, new gas heat system. \$204,000. 601 Cornwell Ave. Nikki Stamatias Remax West 481-6089. gcf1



GARDEN CITY CO-OP, 2 BR second floor unit. Center of Village. One block to LIRR and all shopping. Refinished floors, new windows. owner \$139,900. 873-9469, leave message. gcf1

STEWART AVENUE - BEST Apartment in town. 3 BR, 2 bath, FDR, LR/FPL, view of Christmas tree. Maintenance \$990/mo. 70% tax deductible. Asking \$235,000. weekdays. 212-841-7887; evens. and weekends 516-746-4165. gcf3

Real Estate for Sale

GARDEN CITY CHERRY Valley Co-op. 2 BRs, second floor, new EIK, CAC. Walk to RR. \$115,000. 747-8850, 747-1771. gcf4

G.C. HAMILTON GARDENS Gorgeous, oversized 1 BR Co-op. Renovated, new Euro style EIK, separate DR, new bath, refinished hardwood floors. California closets. Extra large rms, heated garage. Close to all. Reduced to \$115,000. 747-3607. gcf3

MINEOLA - HORTON House, 1 BR, large LR, secure building, convenient to RR, hospital, stores. Must sell \$79,000. By owner. 747-8711. gcf3

OWNER TRANSFERRED. For sale - sunny 1 BR, neutral decor, wall to wall, new kitchen & bath. Must see. Heated garage available. Leave message. (516) 565-9667. gcf3

MINEOLA CLINTON ARMS Incredibly spacious 1 BR, 1½ bath, terrace, EIK, separate living/dining area. Closets galore, heated garage. Walk to all \$99,000. 747-8919. Owner gcf3

MINEOLA CO-OP 1 BEDROOM 1 bath, ultra modern kitchen, low maintenance, walk to RR and shopping. \$89,000. Also, Garden City co-op. 2 bedroom, 2 bath, duplex, ultra modern kitchen plus terrace. \$149,000. Call 747-4045. h3

HAMILTON GARDENS. EXCITING 1 BR Co-op with new custom EIK, plenty of closet space. Available for immediate occupancy. \$100,000. Call now 742-4387. gcf1

HAMILTON GARDENS CO-OP in Garden City. Charming 1 BR, new Country kit. Best offer over \$79,500 takes it. Call Patrick for appointment after 7 p.m. 741-2646. gcf1

PERFECT N.Y.C. LOCATION. Unique, sunny Studio on tree-lined East 93 St bet 3rd & Lex. High ceilings, EIK, \$88,000. Call for appointment bet. 7-9 p.m. 212-348-6730. gcf2

GARDEN CITY / HEMPSTEAD. Cathedral Gardens. 1 BR, top floor, renovated, wall to wall, EIK. Anxious by owner. 292-1516. \$53K or rental. gcf2

SUNNY MANHATTAN STUDIO located in Murray Hill section at Lexington & 36 St. Doorman building, new kit, laundry facility. Near all subways. Asking \$85,000. Owner 212-213-1473. gcf4

GARDEN PLAZA. MUST sell. Large Studio, sleeping alcove, new carpet, A/C, new tiles. Walk to RR, security. \$59,900 or best offer 294-5063. gcf4

HORTON HOUSE, MINEOLA. Large 1 BR, sunny corner apt. Walk to RR, hospital, courts & shopping. Principals only. Eves 248-4171. gcf4

Real Estate for Sale

FLORAL PARK. IMMACULATE, renovated, one BR Co-op. Wall to wall carpet, Euro-style kit/bath. Walk to RR, bus, stores. \$92,000 negotiable, low maintenance. Must see! 775-7820. h1f1

GLAMOROUS, GRAMERCY Park, gorgeous views of NYC. Large one BR, new gourmet kit, 24 hr. doorman. Garden City owner. 742-1617. hja4

LARGE 1 BR, EIK, new bath. Walk to all. Asking \$99,000. 775-1363. gcf1

GARDEN CITY 3 BR Co-op on 7th St. oversized LR & DR, Fpl, Country EIK, 2 full baths, foyer, A/C, new windows. Walk to RR, shops, schools. Mint condition. Must sell. Also available for rent. \$189,000. Call 742-1268. gcf2

GARDEN CITY LOVELY 1 BR Co-op. Excellent location. Walk to all. A must see with lots of extras. \$85,000. Days (718) 641-4945, eves. 741-8894. gcf2

MINEOLA HORTON HOUSE CO-OP. Front apartment, 1 BR, new kitchen, updated bath, loads of closet space, air conditioning. Parking available on and off premises. Maintenance \$491. Principals only. \$99,000. 741-5210. gcf4

MINEOLA, HORTON HOUSE, sunny 1 bedroom, new wall-to-wall. A/C, lots of closets, live-in superintendent. Walk LIRR/hospital/courts. Must sell \$89,500. Owner (516) 294-0924. gcf4

Real Estate For Rent

ROOMATE WANTED TO share house in Williston Park. Walk to everything. \$450 per month, includes utilities. Call days. 248-5278. wf3

GREAT NECK - LARGE house to share. Separate bedroom, close to RR station, market. Call eves 482-5203. Rent \$550 plus utilities. hja4

HICKSVILLE 2 BR APT 2nd Fl LR w/Skylite DR, KIT, Full Bath, \$900. Call 935-0856. h1f1

LEVITTOWN COZY FURNISHED studio. Private entrance, private bath, wall to wall, mirrored closet, own thermostat. Murphy kitchen, carpeted in fairly quiet house. Looking for quiet mature person, non-smoker. \$475/mo, utilities included. 579-4186. gcf1

GARDEN CITY ROOM for rent. Non-smoker, private entrance, appliances available, walk to station, share bath. \$500. 742-7706. gcf4

MINEOLA/WESTBURY APTS. Beautiful Studios - \$575 to \$600 month. Large 1 BR Apts. \$600 & \$725 a month. One BR. Co-Op \$850 per month. Beautiful 2 BR Apts. \$700 & \$800 a month. Available now. - Royal Int'l Realty 743-3555, 795-7707. wfl

Real Estate For Rent

GARDEN CITY VICINITY Co-op for rent by owner. Security building, large sunny L-shaped Studio, EIK, full bath, parking on premises. \$700 a month plus utilities. Heat included, close to RR 742-3278. gcf3

FLORAL PARK CREST Bright 2nd floor of 2 family home includes 2 BRs, large LR, kit, bath & garage. \$900 includes gas & heat. By owner. 437-7572. gcf1

SUNNY, LARGE ROOM, big closet, private entrance and bath. 5 blocks from RR. Mineola. 746-4065. gcf3

HICKSVILLE 2 BR APT 2nd Fl LR w/ Skylite DR, KIT, Full Bath, \$900. Call 935-0856. h1f1

NEW HYDE PARK - 1 BR. Apt. for single non-smoking business person. No pets. Private entrance. Kitchen, full bath & separate heating. Walk to stores & public transportation. Call 354-0114. wf4

FLORAL PARK - 3 RMS Garden Apartment, prime area. Modern newly painted, garage plus parking space. Storage, use of yard, near LIRR and all shopping. \$785. Eves. 354-2926. gcf3

WEST HEMPSTEAD - 1 BR, LR/Kitchen combo, full bath, upstairs, private entrance, wall to wall carpeting \$600 month. 248-7508, 481-1496. gcf4

STEWART AVE. - HUGE unfurnished room. Private bath. Private entrance. Very private and spacious. Walk RR/Bus. Prefer quiet mature non-smoker. Gorgeous! \$525 including utilities. Call 328-1212. gcf4

GARDEN CITY EAST, lovely 1 BR apartment. Walk to all. Excellent location. Professional couple, no children, no dogs. Call 741-6347. gcf4

GARDEN CITY UNFURNISHED room. Share kitchen, laundry, living/dining areas. Near all transportation. Professional or business person. References 437-8001 or 747-6420. gcf4

EAST WILLISTON GARAGE for rent for storage. Antique car, not for frequent in or out. \$60.00 per month. 741-3057. wf4

GARDEN CITY FURNISHED room to rent. Convenient to stores & transportation. Ideal for business adults, kit, privileges available. Immediate occupancy. 747-6589. gcf4

WEST HEMPSTEAD. LARGE Studio Garden Apartment. \$650 a month. Bamberg RE 742-0933. gcf1

GARDEN CITY ESTATES Furnished Basement Studio. Separate entrance, suitable for one person, non-smoker. Near RR, shopping. Fullbath, kitchen and parking. \$595. Call owner 741-6416. Leave message. gcf1

Real Estate For Rent

BELLEROSE, 2,000 SQ. feet of subdivided office space, 1,600 sq. feet of yard space, fully carpeted, CAC & heating. First month rent free. \$1,100. 292-0484, 486-3433. gcf1

GARDEN CITY TEMPORARY room for working male, non-smoking, 4-6 months. \$400 a month. 741-1098. gcf2

FOR RENT by owner. Western section, 4 BR, 2 bath Cape. \$2000 per month. No dogs. 747-6247. gcf4

FRANKLIN SQUARE (2) one bedroom apartments. First floor includes entire property, large backyard, full use of basement with washer/dryer. Both apartments are newly carpeted and painted. New appliances, walk to shopping and bus. Includes heat. \$790 and \$850. Call 775-4256. h1f5

WEST HEMPSTEAD 3 room apartment, \$575, includes all. Separate entry, walk to RR, working female preferred. Please leave message, 538-1512, will call back after 3 p.m. gcf4

GC / HEMPSTEAD, Cathedral Gardens, 2 bedroom co-op, fully renovated, dishwasher, sunny, airy, carpeted, best in complex, by owner. 565-3159. \$1,000. h1f5

CHERRY VALLEY 2BR APT on first floor. EIK, c/a/c, garage available. Convenient to all. \$1150 per month. Call 294-0229. gcf1

FLORAL PARK NO FEE - deluxe 3 room apartment. EIK, queen BR, wall-to-wall, a/c, patio, LIRR, convenient to all. \$800. Deluxe 5 room apartment, EIK, queen BR, wall-to-wall, a/c, patio, LIRR, convenient to all. \$860. Call owner, 488-2314. gcf1

MINEOLA OFFICE SPACE for rent, Willis Ave. 825 ft. (6 rooms plus waiting). 2nd floor. Ideal for law, insurance or school. Parking. Call owner, 746-8023. wf1

NEW HYDE PARK Immaculate apartment. Furnished, private entrance. Walk in closet. Safe neighborhood, close to bus. Heat & electricity included. Non-smoker. \$650 monthly. 354-5033. wf1

GARDEN CITY SOUTH. Nassau Blvd. Large 6 rm. apt., second floor, 3 BRs, LR, FDR, EIK, bath, patio. Walk to stores, LIRR, Adelphi. Business couple, students. \$1,000 per month plus utilities. Avail. Feb. 1. 486-1868, 248-0753. gcf1

WILLISTON PARK 3½ rms. Must see! It includes new kit, w/w, parking spot. Private entry. \$785 includes gas & heat. Available Feb. 1. Owner (516) 746-2392. wf2

TWO BEAUTIFUL APARTMENTS in Floral Park. Both have large rms., EIK, wall to wall carpet, A/C, patio, LIRR, excellent location. 3 rms \$800, 5 rms. \$860. Call owner 488-2314. gcf2

Real Estate for Rent

MINEOLA, 3 BRs., DR, LR, EIK. No garage. Large yard. Parking. No pets. \$1250 per month plus utilities. Security. Call evenings. 248-6039. wfl

GARDEN CITY/HEMPSTEAD 2 BR Apt. LR, EIK, Dining area. Convenient location. \$850 plus utilities. Option to buy available. 485-1513. gcf2

WILLISTON PARK ONE BR apartment in quiet, AAA neighborhood. \$625 includes heat, storage attic & garage. Walk rr. Owner 741-0415. h1f4

WILLISTON 3 BR house. All new interior, appliances, w/d, new heat, w-w, new kit, new bath. Near shops, LIRR. 628-3845. h1f2

GREAT NECK GARAGE for rent. 3 blocks north of RR station. Electric door, private house. \$95 monthly. 487-8215. gcf2

GARDEN CITY COLONIAL 4 BRs, 2½ baths, fam. rm/fpl, full bsmt, A/C, lawn sprinkler, attached garage, gas heat. \$1,800 a month. 742-0073. gcf2

Vacation Rental

MT. SNOW/HAYSTACK Large fully equipped 4 BRs plus loft, 2½ baths with color TV, VCR, microwave. Available by the week or weekend. Beautiful views, lots of privacy, heated garage. Call 466-6120. gcp3

STRATTON MT. VERMONT Beautiful resort trailside Condo. Convenient walk to all facilities including sports center, mountain village, etc. Short/long term rental or sale. 718-338-9691 evenings; 718-258-3434 weekdays. gcf4

MONTAUK-SPRING GETAWAY Special. 3 days \$150 couple. 2 RM suite, heat, full kit. Sleeps four. Walks, dining, shopping. Hundred feet to beach. Immaculate. Call 724-5572. gcf1

JUPITER, FLORIDA. GARDEN City resident offers 2 BRs, 2 baths Townhouse at Jupiter Ocean & Racquet Club. Available March & April. 747-6179. gcf1

POCONO SKI LODGES 7 BR & 3 BR, Shawnee. Fully equipped, attractively furnished. Beautiful settings, near DWG bridge. Ski discounts, reasonable prices by weekend, week or month. 248-4963 or Pa. 717-421-2138. gcf3

SHELTER ISLAND MODERN Ranch set on 1 acre with waterview. 3 BR, 2 Bath, full kitchen with dishwasher, washer/dryer, Fpl, full deck, 100 yards to life guard attended beach. Bright, sunny, breezy. Perfect for family with children. Memorial Day - Labor Day \$8,000. 746-3358. gcf4

CLEARWATER BEACH, FL Luxury 2 room apartment fully equipped, heated pool, Jacuzzi, tennis court. March 7-14, \$800, 747-2422. gcf1

Vacation Rental

FLORIDA - PALM BEACH
Studio & 1 BR apt. The Palm Beach Hotel. Pool, spa, one block to beach, near restaurants, shops, maid service, day/week/month. Affordable 407-736-3942. gcf4

VACATION HOME WITH POOL, Westhampton, walk to Main Street, 3 BRS, 2 Baths, LR/pl, DR, EIK, 20 x 40 in-ground swimming pool. All appliances, stereo, TV with VCR, 741-1443. gcf1

SOUTHOLD COUNTRY HOME, 3BR, fully equipped, large, screened porch. Walk private beach. Washer/dryer, cable, immaculate. By season or \$1300 monthly, May, June, Sept. \$1800 for July or Aug. 334-0196. gcf1

MT. SNOW VERMONT
Beautiful luxury condo, sleeps 8. Hot tub & sauna in condo. Club house on premises with swimming, racquet ball & gym. Free shuttle bus to mountain. Cross country & downhill skiing. Less than 1 mile from slopes & beautiful view of mountain from condo. Short & long term rentals. Call 741-1824. GCF4

SANIBEL ISLAND FLORIDA - Tropical paradise, lush unspoiled setting, southern Florida Gulf coast. Sundial Beach & Tennis Resort, 2,000 foot beach, 5 pools, jacuzzi, 13 soft/tennis courts, golf, fishing, boat/bike rentals, miles of bike/jogging paths, supervised children's activities available, gourmet restaurants at resort and throughout island, superb shopping, world famous shelling, 35 minutes to Ft. Myers jetport. Complete gulffront, posh resort. Just right for various activities or just plain relaxation. One, two and 2 BR plus den condos with full kitchens. Rent daily, weekly, etc. Reasonable. 746-2211, 328-7711. gcp2

Real Estate Wanted

QUALIFIED MATURE COUPLE seeks Garden City Cape or Ranch, St. Anne's Parish, south of Stewart Ave., no main streets or corners. 2 BRs, first floor, 2 car garage or space for 2. \$300,000. 358-9768. gcf3

GARDEN CITY COUPLE wants to rent furnished one or two bedroom condo or town house in Boca Raton, Fla., on a monthly basis on or about May 1. Call 747-5882. gcf2

FAMILY WISHES TO move to Garden City. Seeks 5 or 6 BR home to purchase. Would like owner to become the bank. Can make very large monthly payments. Call 269-5404 evenings please. wtf2

GARDEN CITY PROFESSIONAL couple seeks a four bedroom, 3 bath, 2 car garage, full basement, ranch or colonial. Have pre-approved mortgage; ready to move immediately. Principals only. Leave message. 751-5123. gem1

Real Estate Wanted

FAMILY OF 4 SEEKING Colonial, preferably a fixer upper. High \$200's - \$300,000. 483-4015. gcf1

YOUNG COUPLE SEEKS 3 BR, 2 bath Colonial or Cape in Western Section of Garden City. We've sold our house & offer a sizable down payment, excellent credit rating & job stability. Mid to high \$200's. Principals only please. 223-2131. gcf1

GARDEN CITY HOUSE rentals & sales needed for qualified prospects. Call Fennessy Realty 746-6245. gcf4

Car For Sale

1986 CHEVY CAMARO V6, 26,000 miles, loaded, white, black interior, T-tops, tint, mint condition. Must see! \$6500, neg. Evenings 741-9545, ask for Connie. hcf4

1989 RED MONTERO MITSUBISHI, 2 door, AM/FM cassette, a/c, V-6 engine, automatic, excellent condition. Must see. 742-1874. gcf1

1988 EAGLE PREMIER LX, 6 cyl, automatic, 4 door, A/C, PS, PB, PL. Cherry red 30,000 miles. Excellent cond. Asking \$7,500. 747-1883. gcf1

1988 CHEVROLET SPRINT 4 door, hatch back, A/C, auto, AM/FM, 36K miles. Excellent condition. \$2,900. Must sell. 741-6254. gcf4

1985 FORD TEMPO 4 door, automatic transmission, air conditioning, power brakes, power steering, radio with cassette, 65K miles. Mint condition inside and out. Must see. \$3,300. 747-3882. gcf4

1985 ISUZU IMPULSE A/T, A/C, ps, pw, excellent running condition. Must sell. \$2,850. 437-1630. gcf4

1988 JEEP WRANGLER Laredo, 5 speed, 22,000 miles. Black/tan, custom interior, immaculate in and out. Must sell, moving. Floral Park, 718-347-3705. wtf4

1978 BUICK ELECTRA, all options, excellent running condition. No rust. Best offer. 248-4328. gcf4

1981 DATSUN 210 mechanically excellent, A/C, radio, P/S, P/B, 87K miles. Body needs some work. \$650 firm. 742-8037. gcf4

1978 TOYOTA COROLLA, lift back, automatic, 89 K miles, runs well, reliable, AC, heat. \$500. 742-5675. wtf2

1981 ESCORT GT ultra blue with sporty graphics. AM/FM cassette, A/C, cruise control, power steering, custom wheels, auto. \$9,800. 248-4328. gcf3

1991 MAZDA MIATA convertible, MX5, 9200 miles, not even 1 year old. A/C, pull out stereo CD, asking \$14,500 or best offer. (516) 487-8406. hcf5

Car For Sale

1986 CADILLAC SEVILLE, white car, blue leather seats, one owner, fully garaged, wire wheels, cellular phone, brand new factory engine (not rebuilt) top condition. Loaded \$5,900. Call evenings 484-9753. hcf3

1982 OLDSMOBILE DELTA 88 Brougham, 4 door, V-8 engine, automatic with overdrive, A/C, power steering & brakes, garage kept, excellent condition. Asking \$2,200 neg. 938-6439. hcf3

BMW 320 I '81, 5 speed, silver/blue interior, sunroof, Benz box, high mileage & garaged. \$2,700. 741-5824. gcf3

1988 MERCEDES BENZ 250S. Excellent condition, must see. Asking \$5,000. 326-4933

1986 CHRYSLER LE BARON Convertible. Mark Cross edition. Turbo, full power, white over white, 49,000 miles. Good condition. Original owner. \$4700 741-4198. wtf3

1980 CHEVY MALIBU, 4 door, V6, 90,000 miles, reliable station car. \$750. 746-4680. gcf3

DODGE COLT DL 1988, 4 door, 5 speed, a/c, AM/FM, very good condition with 21,000 miles. Must see \$4,795. 294-5696. gcf3

CHEAPI FBI/U.S. seized, 89 Mercedes \$200, 86 VW \$50, 87 Mercedes \$100, 85 Mustang \$50. Choose from thousands starting \$25. Free 24 hour recording reveals details 801-379-2929 Copyright NYN49HJC. hcf4

Car Wanted

WANTED: INEXPENSIVE STATION car. Excellent running condition a must. Late 1970, early 1980 model Honda preferred. Call 746-4154 between 10 a.m. - 9 p.m. gcf3

For Sale

GRAND PIANO - BALDWIN Howard, excellent condition. Beautiful walnut finish. \$5000. 742-8043. gcf1

OFFICE FURNITURE, Contemporary desk, console and chairs. Excellent quality and condition. Best offer. 741-9024. gcf2

WEDDING DRESS \$500, cleaned and boxed. Size 7-8, Mon. & Tues., 352-5106, or after 7 p.m. gcf2

WORD PROCESSOR, LIKE NEW, Amstrad PCW 8256/8512 \$150, 747-2560. gcf2

GOLDEN OAK ENCLOSED BAR, Excellent condition. 5 ft. x 3 ft. Must see! Oak kitchen set with formica top, 4½ ft. x 3 ft., six chairs - 2 captain & 4 Hi-back. \$400. 437-8123. wtf3

DINETTE SET - DK BROWN formica table, 39½ x 57 with two 9" leaves & 4 captain chairs. Asking \$200. Call after 6 p.m. 921-3438 - 921-8812. wtf4

For Sale

MEDITERRANEAN DINING Room Set, six chairs and a breakfast. Other furniture. 487-1510. hcf5

SIDEBOARD, QUEEN ANNE style, cherry mahogany, excellent condition. Originally \$1100 Ethan Allen. Now \$500. Call 248-8227 or 747-2673. gcf4

CONSOLE PIANO - SAMICK 3 years old fruitwood, excellent new condition. Asking \$3,000. 437-3852. gcf4

ETHAN ALLEN - PERFECT condition, 1 pc. pine china closet/buffet, pine etagere and Queen Anne salmon velour chair. Moving south. Best offer. After 7:30 p.m. (718) 426-1337. gcf4

EXECUTIVE DESK CHAIRS fine condition with matching arms and swivel: chrome and blue fabric \$89; High back light green leather \$129. High back brown leather \$189. Call days/evenings 747-8265. gcf4

FIRE PLACE EQUIPMENT - Antique brass andirons, tools, folding screen, crystal and Tiffany type chandeliers, Singer sewing machine, custom area rugs. 746-7507. gcf3

STEREO EQUIPMENT INCLUDING Dynakit PAS - 2 preamp & stereo 70 amp. Fischer 100A tuner, TEAC-A 170 cassette deck & Technics ST-CO3 micro tuner. Call 741-0121 after 7 p.m. gcf4

BALDWIN ORGAN MODEL Bravo double keyboard, full pedals, automatic rhythms, different sounds. Excellent condition. Asking \$1,000. 742-1985. gcf4

TANDY 3000HL (XT-286) 640K - 20MBHD - Intel above board with one MEG-expanded MEM - CM1 - High Res., CGA Color Monitor - Mouse - scanner. \$650. 873-8741. wtf1

ORGAN HAMMOND ELECTRIC. Automatic rhythm & bench complete with 80 song sheets & courses. Carlo Robelli guitar & case. 40 inch round white formica table. 742-2685. gcf1

CARVED ENGLISH OAK furniture: Bookcase cabinet, library table, 4 chairs. Slat back settee, small hi-boy (walnut), RCA victrola. Oak kitchen drop leaf table with 4 leather seat chairs. Reasonable. 437-5093. gcf1

KIRMAN RUG 9 FEET 9 inches x 19 feet 9 inches, blue, rust with beige center. Excellent condition \$6,000. George Stein Baby Grand piano \$1,000 or best offer. Queen size BR set, Contemp blond oak \$750. 742-5149. gcf3

ANTIQUE OAK ICEBOX, porcelain lined, fully functional, original hardware, excellent for bar or stereo system, asking \$495. Also, Scandinavian style dining room set, teak table with a double self-storing leaf, 6 chairs and a glass top, \$575. 437-2517. gcf3

For Sale

TREADMILL \$25, wicker fan chair \$25, 2 wicker round tables with plexiglass \$25 each. White wicker-like long dresser and desk with bookshelf \$100 for set. All excellent condition. 747-6226 evenings. gcf3

CARIBOU MOUNT, 3 yrs. old. Must be seen to be appreciated. Call evenings. 328-3977. wtf4

Wanted

OLD GUNS, SWORDS, Binoculars, old knives, bamboo fly rods. Call 825-0979 or 354-1948. hja5

DOLLS WANTED I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. hja5

WOOD TEA CART in good condition. 747-1027. gcf1

MAHOGANY CHINA CLOSET, Traditional leather furniture for den. Oak end tables etc. for den. (Preferably Ethan Allen Royal Charter Oak). Call 742-1555 or 746-6665. hcf3

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LADIES, RELAX & ENJOY your next party! Catering & experienced professional services for assisting with preparation, serving & cleaning up before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. wfm4

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CHILDREN'S BIRTHDAY PARTIES. Make your party easy, affordable & fun. I'll do all the creative entertaining, planning for you. I'm a N.Y.S. certified art teacher, grades K-12 & a Gafden City resident. Let me plan your arts & crafts party. All materials provided. Ceramics my specialty! Call Arleen 489-5348. gcf1

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INCOME TAX PREPARED. Preparation by 2 former IRS agents with 45 yrs. combined experience. Reasonable rates. Call Anne or Roger M. Gedgard 746-0425. gca2

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Boats For Sale

KAWASAKI 650 TS, mint running condition. Must sell, extras \$3,500. 741-0284. gcf1

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TENNIS LESSONS. Keith Morris, Head Pro-North Shore Towers Country Club, Men's Varsity Tennis Coach, Great Neck South H.S. Currently residing at Great Neck Estates Tennis Courts. Group-Private-Semi-Private. Great rate: \$45 HR/\$300 HR. Call (516) 487-8025, (718) 352-3394. hf4

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Boost your scores with personal instruction and preparation in your own home. Certified career high school English teacher with years of SAT experience. 423-1967 day or evening. hfsn

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EXCELLENT TUTOR JR. High/High School. Chemistry, Spanish, Latin & Math. \$20 per hour. Great results! Call 248-2476. gcf2

PIANO, ACCORDIAN & GUITAR lessons. All levels, all ages. 23 years of experience. N.Y.S.S.M.A. & L.I.M.T.A. member. Call 354-1721. gcf3

A CTING LESSONS TAUGHT by professional actor/director. Learn acting skills, build confidence. Ten week course begins Feb. 22. Haven't you always wanted to do this? Call 352-8375 for info/registration. wfl

PIANO LESSONS, ENJOY learning from progressive teacher of children & adults at your home. Juilliard graduate. 354-3732. gcf1

CHEMISTRY TUTORING - REGENTS, AP, College level. Experienced professional teacher. Your home or mine. 248-7490. gcf1

PIANO LESSONS ONLY \$30 a month. One hour weekly for beginners, small groups, four year olds and up. Creative and individual, all keyboards accepted. Every student excels. Thirty years Garden City. Call for special offer. Rita Lucy, 248-7379. gca1

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Noyenas

NOVENA TO ST. JUDE

Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Mary's, 3 Glorias, Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. M.V.B. wfl

MAY THE SCARED HEART OF Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, helper of the hopeless, pray for us. Say this prayer 9 times daily; by the 8th day your prayers will be answered. My prayer has been answered. Say it 9 days. It has never failed. Publication must be promised. A.F. gcf1

MAY THE SACRED HEART OF Jesus be adored, glorified, honored, loved and preserved through the world now and forever. Sacred Heart of Jesus pray for us. St. Jude worker of miracles, pray for us. St. Jude helper of the hopeless pray for us. Say this prayer nine times a day for nine days. It has never been known to fail. Publication must be promised. I have had my request granted. J.W. gcf1

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Kids Home Newspaper

Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose ..



DRAW IT!

DRAW
WHEELS
ON THIS
SCHOOL
BUS !



LIST 5 WORDS THAT RHYME
WITH SCHOOL !

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

HOW ABOUT
COOL? ASK



THIS YELLOW BUS DRIVES US TO SCHOOL,
THE LEARNING PLACE WHERE TEACHERS RULE!
BUT WE CAN'T GO TO SCHOOL, YOU SEE,
UNLESS YOU HELP HIM FIND HIS KEY!



UNSCRAMBLE THESE LETTERS
TO SEE TO WHICH SCHOOL THIS
BUS IS TAKING ITS STUDENTS!



WRITE US!

IF YOU HAVE ANY FUN
GAMES OR JOKES SEND
THEM TO : PUP

81 EAST BARCLAY STREET
HICKSVILLE, NEW YORK 11801

WHY DOES A TEACHER WEAR
SUNGGLASSES?

BECAUSE HER
CLASS IS SO
BRIGHT!



PUP THANKS DAVID MUTHLER OF
BEAVER, IOWA FOR THIS FUNNY JOKE!

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\$1.00 OFF ANY PURCHASE \$8.00 Min.

FREE DELIVERY

ANTIQUE OR JUNQUE

By James G. McCollam

Museum has furniture of all periods

Q. Enclosed is a picture of one of a pair of chairs. I bought them in a used-furniture store for \$150 for the pair. I spent another \$100 to have them upholstered and refinished. I have been told that the Metropolitan Museum of Art has a chair just like these. Their chair was described as having been made in New York City sometime between 1840 and 1860. Can you give me any information about these chairs and what the value might be?



A. These are early-Victorian side chairs made in the third quarter of the 19th century. It is quite possible that a chair like this is in the Metropolitan. They have furniture representative of all periods. It does not confer special status or exceptional value.

Your chairs would probably sell for \$265 to \$285 each.

Q. This mark is on the bottom of an elaborate compote. It is supported by three cherubs and has lattice work in the cover. It is decorated with garlands of flowers. I would appreciate anything you can tell me about it.



A. The mark you provided was used by Meissen (Germany) from

1723 to 1736 when it was the personal property of Augustus Rex, King of Saxony. It was also used by Helena Wolfsohn in Dresden, Germany, from 1850 to 1881. Logic dictates that this was the work of Helena Wolfsohn. Compotes such as you describe have sold for as much as \$500.

Q. I have a 10-inch cut-glass vase marked with an "S" in a wreath. Can you tell me who made it, when and its value?

A. Your vase was made by the H.P. Sinclair Co. in Corning, N.Y., in the early 1900s. It should be worth about \$300.

Q. I have an old blue-and-white platter with an oriental scene. It measures 11 inches by 18 inches and is marked "Mason's Patent Ironstone China — England."

Can you tell me anything about the vintage and value?

A. Your platter was made by the G.M. & C.J. Mason Co. in Lane Delph, England.

It was made about 1900 and would probably sell for at least \$100.

BOOK REVIEW

"Victorian Furniture Styles and Prices, Book III" by Robert and Harriett Swedberg (Wallace-Homestead, an imprint of Chilton Book Co.) is without question the most extensive price guide of Victorian furniture available. Each piece is illustrated and described in detail.

McCollam is a member of the Antique Appraisers Association of America.



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Points on Pets

By R.G. Elmore, D.V.M.

Dogs often sleep with their owners

Q. We have a 5-year-old Welsh corgi that likes to sleep on the end of our bed. Do other people allow their dogs to sleep with them? Our dog would be very sad if we insisted that she sleep by herself. Are we abnormal?

A. Many people allow their dogs to sleep in their beds. A recent poll of dog owners indicates that two-thirds of dog owners allow their dogs to sleep in their bedrooms and at least half allow their dogs to sleep in their beds with them.

Apparently many dog owners feel very comfortable allowing

their dogs to share their beds. Owners doing this should always be sure that their dogs are clean, do not have skin lesions, such as ringworm, and are parasite-free.



The World's Most Beautiful Grandchildren



"My two beautiful granddaughters Stephanie, 2½ years old, and Kristina, 1 year old, are a double delight. They 'light up our lives' with their smiles and personalities. Their parents are Angelo and Laura DelMistro of New Hyde Park. The proud grandparents are Leo and Juliana DelMistro of Woodside, and Frank and Laura Tinelli of Floral Park."

WIN

A BIG PRIZE!

ADD ALL THE SINGLE NUMBERS ON THE RHINOCEROS AND COLOR THIS CONTEST ENTRY.



WRITE THE TOTAL HERE

Aunt Tilly's Corner

This weekend I traveled up to Boston and visited the Children's Museum while I was there. All of the exhibits there are things that children can touch and learn from. There are science experiments that are made for children like making enormous bubbles and learning about computers. There is also a life size exhibit "Grandma's House" which is three stories tall and has furniture that looks like it was made when your grandparents were young. Up in the attic of "Grandma's House" is even a trunk full of clothes that young visitors can try on!

The Children's Museum is a great place for both grownups and children to enjoy. It is next door to a museum full of computers, which many older children would like.

Your friend,
Aunt Tilly

P.S. This week's coloring contest winners are Janna Marie Jachniewicz and Travis Rolland.

RULES BOYS AND GIRLS

Here is your chance to win One Dollar. (\$1.00) - to spend or to save.

- Contest is open to children 4 to 12 years of age.
- Entries must be received by Friday, February 14, 1992
- Paint, watercolors and crayons must be used on the above.
- Decision of the judges will be final.

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YOUR SOCIAL SECURITY

Ex-wives can receive benefits

By William M. Acosta

Q. My husband was married before, and I know that his ex-wife is getting Social Security benefits on his record. I am nearing age 62 and will also be applying on his record. Will I get less because of his ex-wife? — M.P.

A. No. A divorced spouse's benefit is not included in the maximum amount paid to the family unit and has no effect on the amount of benefit you will be paid. Nor will your entitlement have any effect on your husband's ex-wife's benefit.

Q. Can a wife who is not a U.S. citizen get Social Security benefits outside the United States? — G.Y.

A. There is a residency requirement. If she is not a U.S. citizen, she must have lived in the United States for at least five years, during which the family relationship on which benefits are based must have existed.

For example, if you are receiving benefits as spouse, you must have been married to the worker and living in the United States for at least five years. Contact Social Security for more information.

Q. I know that you are allowed to earn a certain amount and still be entitled to all of your Social

Security retirement benefits. When you count earnings, is it gross wages or take-home pay? — R.T.

A. We count gross wages, not just take-home pay. All wages are counted, even wages from a job where you do not pay Social Security taxes. Wages may include bonuses, commissions, fees, vacation pay in lieu of vacation and severance pay.

Q. Please explain the "presumptive disability" provision. — W.A.

A. This provision of the Supplemental Security Income law allows a claimant, who is otherwise eligible and whose impairment is obviously disabling and who would seem to meet the definition of disability, to receive SSI payments while awaiting a medical determination.

These payments are not considered an overpayment if the claimant is finally determined not to be disabled.

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