

International Journal of Current Research in Biosciences and Plant Biology





Review Article

Biological and Pharmacological Activities of *Andrographis* spp. (Acanthaceae) Distributed in Southern Eastern Ghats, India

N. Karmegam¹*, R. Nagaraj¹, S. Karuppusamy² and M. Prakash³

Abstract Keywords Andrographis is an important genus of the family Acanthaceae known for its ethnomedicinal claims and for a variety of medicinal properties. The current review briefly summarizes the distribution, phytochemical components, biological and pharmacological activities of Andrographis spp. distributed in Southern Eastern Ghats, South India along with colour photographs of important species. More than 10 species of Andrographis are distributed in Southern Andrographis species Eastern Ghats, South India which includes A. affinis, A. alata, A. beddomei, Andrographolide A. elongata, A. echioides, A. glandulosa, A. lineata, A. ovata, A. paniculata and A. serpyllifolia. Among the different species of Andrographis, only some are Medicinal plants studied for their biological and pharmacological activities. The phytochemical Pharmacological activities components in Andrographis spp. responsible for the biological and pharmacological activities reported in various studies are andrographolide, Southern Eastern Ghats neoandrographolide, 14-deoxy- 11,12-didehydroandrographolide, 14-deoxyandrographolide, andrographiside and serpyllin. The important pharmacological effects of Andrographis spp. and their derivatives include the activities like antidiabetic, anticancer, antifertility, anti-inflammatory, antioxidant, antivenom, hepatoprotective, immunomodulatory, antimicrobial, antipyretic, anthelmintic and antiviral (against chikungunya) activity.

Introduction

Genus Andrographis (Acanthaceae) is medicinally important taxa of 26 species native to India, with extreme species diversity occurring in southern Peninsular India. Southern part of the Eastern Ghats is

comparatively possessing important endemic medicinal plant species and requires attention of conservation. Among the diverse plant species, *Andrographis* contributes more than ten species, such as *A. affinis*, *A. alata*, *A. beddomei*, *A. elongata*, *A. echioides*, *A. glandulosa*, *A. lineata*, *A. ovata*, *A. paniculata* and

¹Department of Botany, Government Arts College, Salem-636 007, Tamil Nadu, India

²Department of Botany, The Madura College, Madurai-625 011, Tamil Nadu, India

³Department of Microbiology, Kanchi Shri Krishna College of Arts and Science, Kanchipuram-631 551, Tamil Nadu, India

^{*}Corresponding author.

A. serpyllifolia (Pulliah et al., 2010). Only a few species are having potential medicinal values namely Andrographis paniculata Nees. (Nilavaembu) and it is extensively used in several medicinal systems such as Ayurvedha, Homeopathy, Naturopathy, Amchi, Modern, Unani and Siddha medicine. A. paniculata, commonly known as an annual herb and usually called as king of bitters. It is found in wild throughout the plains of India especially in Tamil Nadu, Karnataka, Maharashtra, Orissa and Uttar Pradesh. It is the only species extensively studied for various biological activities.

A. paniculata is known to possess medicinal properties like antidiarrhoeal, anti-inflammatory, choleretic, antimalarial, antidote, antihypertensive, antipyretic, antithrombotic, hepatoprotective, and so on that can be found in exclusive review articles concerned with A. paniculata (Jarukamjorn and Nemoto, 2008; Akbar, 2011; Anju et al., 2012; Deora, 2014). Since extensive studies and reviews are available for A. paniculata, only important activities are highlighted in the present review along with the other species distributed in Southern Eastern Ghats.

Taxonomic position

Kingdom : Plantae

Division : Angiospermae
Class : Dicotyledonae
Order : Lamiales
Family : Acanthaceae

Genus : Andrographis Wall. ex Nees.

Morphological description of the genus Andrographis

Erect or prostate herb or sub-shrub; leaf blade margin entire, rounded to acute at base, obtuse to acuminate at apex. Inflorescences terminal or axillary, panicles, racemes, or rarely solitary sometimes spikes or dense clusters; bracts present; bracteoles small or sometime absent. Calyx deeply 5-lobed; lobes narrow, equal or sub-equal. Corolla tubular to funnel form at base; lower lip 3-lobed; upper lip entire or 2-lobed. Stamens 2, exerted from or included in corolla tube; filaments sometimes pubescent; anthers 2, equal or sub-equal. Capsule linear-oblong or ellipsoid, compressed. Seeds sub-globose or compressed, black or grey. Some of the important species of *Andrographis* distributed in Southern Eastern Ghats, South India are depicted in Fig. 1 and their details are provided in Table 1.

Phytochemical components in Andrographis species

The chemical composition of Andrographis shows a number of diterpenoids and diterpenoid glycosides of similar carbon skeleton. The bitterest compounds among them are andrographolide, neoandrographolide and deoxyandrographolide. Andrographolide is a labdane diterpenoid-the main bioactive component A. paniculata (Jarukamjorn and Nemoto, 2008). Andrographolide is an extremely bitter substance extracted from the stem and leaves of A. paniculata. Basically phytochemicals are divided into two groups that are primary and secondary metabolites based on the function in plant metabolism. Primary metabolites are comprise common carbohydrates, amino acids, proteins and chlorophylls while secondary metabolites consist of alkaloids, saponins, steroids, flavonoids and tannins in Andrographis spp., all of which are responsible for various biological activities (Chakravarti Chakravarti 1951; Kirtikar and Basu, 1975; Amroyan et al., 1999; Niranjan et al., 2010; Rajalakshmi et al., 2012; Savithramma et al., 2012; Neeraja et al., 2014). The phytochemical principles and their associated biological and pharmacological activities of important Andrographis spp. distributed in Southern Eastern Ghats are summarised in Table 2.

Kishore et al. (2003) reported three different chemical components flavonoids 3. of (5, 7, 2, 2-hydroxyl pentamethoxyflavone, -2, 4, 6-tri methoxychalcone and dihydroskullcapflavone I) from the whole plant of A. lineata. Bhaskar Reddy et al. (2003) reported new 2'-oxygenated flavonoids from A. affinis. Andrographolide $(C_{20}H_{30}O_5)$ is the major diterpenoid. Diterpenic constituents present A. paniculata are andrographolide, 14-deoxy-11, 12 didehydro-andrographolide, 14-deoxyandrographolide, 3, 14-dideoxyandrographolide, 14-deoxy-12-hydroxyandrographolide, neoandrograholide, 14-deoxyandrographolide. The roots give flavones apigenin-7, 4-2', dio-O-methyl ether, 5-hydroxy-7, 8, tetramethoxyflavone, andrographin and panicolin and αsitosterol (Ali et al., 1972). Leaves contain homoandrographolide, andrographosterol and andrographone and also it contain two bitter substances lactone "andrographolide" and "kalmeghin". Kalmeghin is the active principle that contains 0.6% alkaloid of the crude plant. Andrographolide is abundant in leaves and can be easily isolated from the crude plant extracts as crystalline solid (Govindachari et al., 1969; Patra and Mitra, 1981; Fujita et al., 1984).

Table 1. List of Andrographis spp. distributed in Southern Eastern Ghats, India.

Sl. No.	Botanical name [Synonyms]	Vernacular name (Tamil)	Habit	Distribution
1.	Andrographis paniculata (Burm.f) Wall. ex Nees. [Justicia paniculata Burm.f Andrographis subspathulata C.B. Clarke]	Nilavaembu	Erect branched herb, 30 to 90 cm tall	Common in deciduous forest and also open waste land on rocky soil.
2.	Andrographis echioides (L.) Nees. [Indoneesiella echioides (L.) Sreemadh. Justicia echioides L.]	Gopuranthaangi	Annual erect herb, to 50 cm tall.	Common, spread all over Eastern Ghats up to 500m altitude in hill areas and plains
3.	Andrographis lineata Wall. ex Nees.	Periyanangai	Erect branched herb up to 1 m tall	Occasional in the hills of Cuddaph and Visakhapattnam districts and endemic Eastern Peninsular India.
4.	Andrographis elongata (Vahl.) T. And. [Justicia elongata Vahl.]	-	Divaricately branched annual herb up to 65 cm tall.	Frequent in forests in the hills of Ganjam and Similipahar; occasional in the hills of Visakhapattam and Chittoor districts (A.P); Simhachalam hills; Kolli hills; Endemic to Andhra Pradesh, Tamilnadu and Orissa.
5.	Andrographis serpyllifolia (Rottl. ex Vahl.) Wight. [Justicia serpyllifolia Rottl. ex Vahl.]	Kaattupooran kodi, Siyankodi	Prostrate, trailing herb	Occasional in hilly dry deciduous forests up to 600m altitude in middle and Southern Eastern Ghats. Endemic to Peninsular India
6.	Andrographis alata (Vahl) Nees. (Gnanasekaran and Murthy, 2015) [Justicia alata (Vahl.)]	Periyanangai	A branched subshrub	Common in grasslands of high elevation in Southern Eastern Ghats
7.	Andrographis affinis Nees.	Kodikkurundhu	Subshrub up to 2m tall	Rare in grasslands of high elevation in Southern Eastern Ghats; Sirumalai hills; Endemic to Peninsular India.
8.	Andrographis ovata (T. And. ex Bedd.) [Gymnostachyum ovatum T. And. ex Bedd.]	-	Erect branched herb, 10-70 cm tall.	Occasional forests of Andhra Pradesh.
9.	Andrographis nallamalayana J.L Ellis	-	Procumbent herb up to 25 to 50 cm tall	Occasional in Nallamalais; Endemic to Andhra Pradesh
10.	Andrographis glandulosa Nees.	-	A straggling under- shrub	Occasional in hills of Nellore and Cuddapah districts; Udayagiri hills; Endemic to Peninsular India.
11.	Andrographis beddomei C.B. Clarke	-	A much branched nearly glabrous under shrub	Occasional in Dry deciduous forests; Endemic to Andhra Pradesh, India.

Table 2. Phytochemical components of Andrographis spp. and their pharmacological activities.

Phytochemical Ph					
components	Pharmacological activity	References			
	Anti-inflammatory	Sheeja et al. (2006)			
	Hepatoprotective	Jarukamjorn and Nemoto (2008)			
	Anti-oxidant	Ojha et al. (2009)			
	Antipyretic	Rammohan (2009); Saraswat et al.(1995)			
Andrographolide	Anticancer	Kumar et al. (2004)			
	Anthelmintic	Padma et al. (2011)			
	Antiviral (against chikungunya)	Wintachai et al. (2015)			
	Anti-hepatitis C virus activity	Lee et al. (2014)			
	Antihyperglycaemic	Rammohan (2009)			
	Antipyretic activity	Deng (1978); Deng et al. (1982)			
Neoandrographolide	Anti-inflammatory and antioxidant activities	Batkhuu et al. (2002); Liu et al. (2007)			
	Hepatoprotective	Mohamed Saleem (2010)			
	Antipyretic	Deng et al. (1982)			
14-deoxy- 11,12-	Anti-inflammatory and anti-oxidant activities	Parichatikanond et al. (2010); Yin and Guo (1993); Kumar et al. (2004); Deng et al. (1982)			
didehydroandrographolide	Anticancer activity	Geethangili et al. (2008); Kumar et al. (2004)			
	Cardiovascular activity	Sheeja et al. (2007); Woo et al. (2008); Thisoda et al. (2006); Reyes et al. (2006)			
	Antipyretic	Deng (1978); Deng et al. (1982)			
14-deoxyandrographolide	Anti-inflammatory effect				
	Anticancer activity	Kumar et al. (2004)			
Andrographiside	Hepatoprotective effect	Kapil et al. (1993)			

The chemical constituents present in *A. serpyllifolia* exert biological activity of the flavones like apigenin 7, 4'-dimethyl ether, tectochrysin, acylated flavone and glucosides components with their specific activity. Serpyllin, which comes under the category of flavone, has been isolated from *A. serpyllifolia* and its structure has been determined as 5-hydroxy-7, 8, 2', 3', 4'-pentamethoxyflavone.

Skullcapflavone I 2'-O-β-D-glucopyranoside and Andrographidine C are the two new acylated flavone glycoside, determined as skullcapflavone I 2'-O-β-D-(3"-E-cinnamoyl) glucopyranoside and skullcapflavone I 2'-O-β-D-(2"-E-cinnamoyl) glucopyranoside and both were isolated from the whole plant of *A. serpyllifolia*. Structural elucidation of the glycosides was achieved by various NMR techniques including 2 d NMR (1H-1H COSY, HMQC, HMBC and ROESY experiments, FAB-mass spectrometry, saponification and acid hydrolysis (Govindachari et al., 1968; Damu et al., 1999). Different categories of chemical compounds in *Andrographis* spp. and their molecular structure are given in Fig. 2.





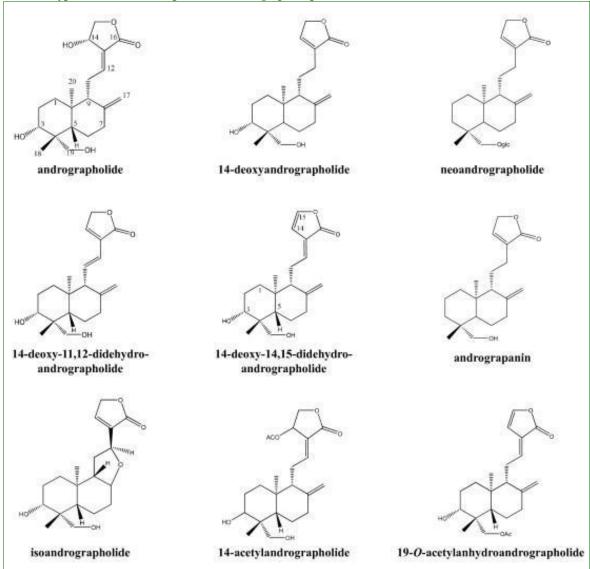


a-c: *Andrographis alata* – a) habit; b) inflorescence; c) flower; d: *Andrographis echioides*-habit; e-f: *Andrographis elongata* – e) habit; f) flowers with young fruit.



g-h: *Andrographis lineata* – g) habit; h) flowering branch with fruits; i) *Andrographis ovata* – habit; j) *Andrographis paniculata* – a flowering twig; k-l: *Andrographis serpyllifolia* – k) habit; l) a flower.

Fig. 2: Different types of chemical compounds in Andrographis species and their molecular structure (Source: Deora, 2014).



Biological and pharmacological activities of Andrographis species

Andrographis spp. show a variety of biological and pharmacological activities, and A. paniculata is the most studied species. Antidiabetic, anticancer, antifertility, anti-inflammatory, antioxidant, antivenom, hepatoprotective, immunomodulatory, antimicrobial, antipyretic, anthelmintic and antiviral (against chikungunya) activities are the major biopharmacological activities reported from different species of *Andrographis*. Some of the important pharmacological activities of Andrographis distributed in Southern Eastern Ghats are given in detail under specific activities and a brief summary of the biopharmacological activities are given in Table 3.

Antidiabetic activity

Umashankar and Shruti (2011) and Zoha et al. (1989) reported that A. paniculata has antidiabetic properties. Plant materials which are being used as traditional medicine for the treatment of diabetes are considered one of the good sources for a new drug. Plant extract or different folk plant preparations are being prescribed by traditional practitioners in treating diabetic conditions. The hypoglycemic and hypolipidemic effects high-fat-fructose-fed rat administered A. paniculata or its active compound andrographolide has been reported by Nugroho et al. (2012). Andrographolide has potential as a leading compound in the prevention or treatment of obesity and insulin resistance (Ding et al., 2014). Andrographolide prevents

type 1 diabetes by maintaining Th1/Th2/Th17 homeostasis in autoimmune diabetic NOD mice by inducing immune tolerance (Zhang et al., 2014). The anti-diabetic effect of andrographolide-enriched extract of *A. paniculata* in combination with asiaticoside-enriched extract of *Centella asiatica* also showed blood glucose lowering activity (Nugroho et al., 2013).

Anticancer activity

A good number of studies on anticancer activities of Andrographis, ranging from cell line studies to nanoparticle development, available. are Three compounds were isolated from chloroform and methanolic extract of A. paniculata which were coded as AND-6, AND-4, AND-11. The compound AND-4 has an anti-proliferative activity in Hep G2 and HCT-116 cell lines (Sirisha Mulukuri et al., 2011). Hazra et al. (2015) studied the development of anticancer drugs from andrographolide and their semisynthesis, bioevaluation, QSAR analysis and pharmacokinetic studies. Also Elangovan et al. (2015) studied the phyto-mediated biogenic synthesis of silver nanoparticles using leaf extract of A. echioides and its bio-efficacy on anticancer activity and antimicrobial activity. The study by Puntawee et al. (2015) reported that the encapsulated 19triphenylmethyl ether andrographolide (AG 050-P) exhibited sustained release pattern and excellent cytotoxicity activity against cholangiocarcinoma (KKU-M213) and nanoencapsulation of AG 050-P implicated development for clinical use potential cholangiocarcinoma treatment. The pharmacological principle from Andrographis, andrographolide and its analogues in cancer prevention has been well documented by Mishra et al. (2015).

Antifertility activity

Antifertility effect of *A. paniculata* leaves at a dose of 20 mg per day for 60 days had an in male rats have been reported by Zoha et al. (1989) and Akbarsha et al. (1990 and 2000).

Anti-inflammatory activity

Radhika et al. (2009) determined carrageenan induced rat hind paw oedema model for acute inflammation by administering *A. paniculata* stem, and the chloroform extract was observed to possess statistically significant effect and the results were comparable with the standard anti-inflammatory drug ibuprofen. Low et al. (2015)

conducted an *in vitro* study to find out the antiinflammatory activity of standardised *A. paniculata* extracts and pure form of andrographolide. Aqueous extract of *A. paniculata* was more potent than ethanolic extract in antioxidant activities; compared with andrographolide, aqueous extract also possessed potent antioedema and analgesic activities (Lin et al., 2009). Shen et al. (2013) studied the anti-inflammatory effects of *A. echioides*.

Antioxidant activity

The antioxidant significance was observed in activityguided isolation of antioxidant compounds from A. stenophylla leaf in various extracts of using in vitro ferric thiocyanate method. Some of the chemical compounds (andrographolide, acacetine and isosakuranetine) were isolated from leaf of A. stenophylla (Neelaveni and Jayanta, 2010). Kurzawa et al. (2015) reported the antioxidant activities of A. paniculata using FRAP, CUPRAC and DPPH procedures. Whereas, Zhao et al. (2014) reported that six compounds are positively correlated to DPPH free radical scavenging and ferric reducing capacities, and four compounds are negatively correlated to DPPH free radical scavenging and ferric reducing capacities in 'Andrographis Herba'.

Antimicrobial activity

Antimicrobial activity has been reported in *A. echioides*, *A. elongata*, *A. affinis*, *A. paniculata* and *A. serpyllifolia*. Several extracts like ethanol, methanol, acetone, chloroform and petroleum ether were used for to measure their activity against different microorganisms as shown in Table 3 (Savithramma et al., 2012; Kanchana et al., 2014; Alagesaboopathi, 2011a; Alagesaboopathi, 2013; Alagesaboopathi and Sivakumar, 2011; Suparna et al., 2014; Rao et al., 2014).

Antibacterial activity of leaf extracts *A. paniculata* revealed that petroleum ether extract inhibited *Shigella* sp., *Proteus vulgaris*, *Klebsiella pneumoniae* with maximum inhibition zones being 5mm at 1mg/ml. antibacterial activity exhibited by the presence of andrographolide was conformed through HPLC analysis. Standard andrographolide inhibited all the bacterium except *E. coli*. Although andrographolide was effective against diverse gasterointestinal pathogens it does not have any harmful effect on the other microorganisms (Anitha and Rayunukaa, 2013).

Table 3. Bio-pharmacological activity of Andrographis spp. distributed in Southern Eastern Ghats, India.

Sl.	Pie who was a sharing a strict of the state					
No.	Botanical name	Bio-pharmacological activity studied	References			
	Andrographis paniculata	Antimicrobial activity (endophytes)	Arunachalam and Gayathri (2010) Radha et al. (2011)			
		Antifertility effect	Zoha et al. (1989)			
		Anti-plasmodial activity	Panneerselvam et al. (2011)			
		Anticancer activity	Sirisha Mulukuri et al. (2011) Umashanker and Shruti (2011)			
		Antidiabetic activity	Prem Kumar et al. (2012) Zhang and Tan (2000) Umashanker and Shruti (2011)			
		Hepatoprotective activity	Neha and Rawal (2000)			
1		Cerebroprotective and nootropic	Radhika et al. (2012)			
1.		Antioxidant activity	Suparna et al. (2014)			
		Antioxidant and gasteroprotective	Wasman et al. (2011)			
		Prophylactic activity	Rattanachaikunsopon and Phumkhachorn (2009)			
		1 3	Rajalakshmi et al. (2012)			
		Antibacterial activity	Mishra et al. (2009)			
		•	Sukesh et al. (2011)			
		Anthelmintic activity	Venkata Raju et al. (2011)			
		Antivenom activities	Balu and Alagesaboopathi (1995)			
		Anti-malarial	Mishra et al. (2009) Dua et al. (2004)			
	Andrographis echioides	Anti-inflammatory	Shen et al. (2013)			
2.		Antimicrobial activity	Kanchana et al. (2014)			
		Mosquito larvicidal activity	Rajkumar et al. (2012)			
	Andrographis lineata	Hepatoprotective activity	Sangameswaran et al. (2010) Nikhil Chakravarthy et al. (2014)			
3.		Antivenom activities	Balu and Alagesaboopathi (1995)			
		Antimicrobial	Alagesaboopathi (2011a)			
4.	Andrographis elongata	Antibacterial	Alagesaboopathi (2013)			
5.	Andrographis serpyllifolia	Hypolipidemic activity	Chelluboina and Manga (2010)			
	Andrographis alata	Antimicrobial activity	Alagesaboopathi (2011b)			
6.		Antivenom activities	Balu and Alagesaboopathi (1995)			
7.	Andrographis affinis	Antimicrobial activity	Alagesaboopathi (2011c)			
8.	Andrographis ovata	Antimicrobial activity	Alagesaboopathi (2011d)			
9.	Andrographis nallamalayana	Anti-psoriatic activity	Parlapally et al. (2015)			

Antivenom activity

The ethnomedicinal reports, antivenom activities were noticed in three different *Andrographis* species like *A. paniculata*, *A. alata* and *A. lineata*. In an *in-vitro* HRBC membrane lysis assay, *Andrographis paniculata* showed a maximum antivenom activity when compared with other two species studied (Balu and Alagesaboopathi, 1995). The ethanolic extract of *A. paniculata* when given along with anti-snake venom, the antivenom effect is potentiated (Premendran et al.,

2011). Uawonggul et al. (2006) reported that *A. paniculata* is possessing antidote activity against scorpion venom with low cytotoxicity.

Activity against Protozoans

The antiplasmodial activity of these nanoparticles was studied against *Plasmodium falciparum* (Panneerselvam et al., 2011). Herbal extracts of *A. paniculata* is known as hepato-protective and fever-reducing drugs since ancient time and they have been used regularly by the

people in the south Asian sub-continent. Anti-malarial (against *P. falciparum*) activity of methanolic extracts of *A. paniculata* has been reported by Mishra et al. (2009). Nanoparticles derived using andrographolide has considerable activity against a protozoan parasite, *Leishmania*—causative agent of leishmaniasis (Roy et al., 2010).

Hepatoprotective activity

A. paniculata is used extensively in the Indian traditional system of medicine as a hepatoprotective and hepatostimulative agent. The aqueous extract of the leaves of A. paniculata has traditionally been used for treatment of various liver disorders and jaundice. The inhibition of liver toxicity by aqueous extract, antihepatotoxic activity of methanolic extract of the plant, biochemical parameters like serum transaminases, SGOT and SGPT, serum alkaline phosphatase, serum bilirubin and hepatic triglycerides as a measure of liver functionality have been well reported for A. paniculata (Handa and Sharma, 1990; Bhardwaj et al., 2011; Neha and Rawal, 2000). Sutha et al. (2010) reported hepatoprotective effect of methanolic extract of A. paniculata leaves in mice model.

Immunomodulatory activity

The immunomodulatory activity of *A. paniculata* is well-studied by many researchers. The extract of *A. paniculata* and purified andrographolide was reported to stimulate an innate immune response in mice and proliferation of splenic lymphocytes (Puri et al., 1993). Andrographolide not only stimulates immune system, but also exhibits immunosuppressant activities. The proliferation of lymphocytes of various kinds by andrographolide has been reported by Panossian et al. (2002), Rajagopal et al. (2003) and Kumar et al. (2004). *In vitro* and *in vivo* studies reveal that andrographolide could interrupt T-cell activation (Iruretagoyena et al., 2005).

Conclusion

More than 10 species of *Andrographis* are distributed in Southern Eastern Ghats, South India *viz.*, *A. affinis*, *A. alata*, *A. beddomei*, *A. elongata*, *A. echioides*, *A. glandulosa*, *A. lineata*, *A. ovata*, *A. paniculata* and *A. serpyllifolia*. The major phytochemical principle responsible for the medicinal activity is found to be andrographolides. The most studied species among

Andrographis is A. paniculata. The important pharmacological effects of Andrographis spp. and their derivatives include the activities like antidiabetic, anticancer, antifertility, anti-inflammatory, antioxidant, antivenom, hepatoprotective, immunomodulatory, antimicrobial, antipyretic, anthelmintic and antiviral (against chikungunya) activity.

Acknowledgement

The author, NK gratefully acknowledges the financial support given by SERB, New Delhi (No.: SB/YS/LS-24/2013) for this research work.

References

- Akbar, S., 2011. *Andrographis paniculata*: A review of pharmacological activities and clinical effects. Alt. Med. Rev. 16(1), 66-77.
- Akbarsha, M. A., Manivannan, B., Hamid, K. S., Vijayan, B., 1990. Antifertility effect of *Andrographis paniculata* (Nees) in male albino rat. Indian J. Exp. Biol. 28, 421-426.
- Akbarsha, M. A., Murugaian, P., 2000. Aspects of the male reproductive toxicity/ male antifertility property of andrographolide in albino rats: effect on the testis and the cauda epididymidal spermatozoa. Phytother. Res. 14(6), 432-435.
- Alagesaboopathi, C., 2011a. Phytochemical analysis and antimicrobial evaluation of *Andrographis lineata* Nees leaves and stem extracts. Afr. J. Pharm. Pharmacol. 5 (9), 1190-1195.
- Alagesaboopathi, C., 2011b. Antimicrobial activity and phytochemical analysis of *Andrographis alata* Nees from Southern India. Int. J. PharmTech Res. 3(3), 1322-1328.
- Alagesaboopathi, C., 2011c. Antimicrobial potential and phytochemical screening of *Andrographis affinis* Nees. an endemic medicinal plant from India. Int. J. Pharm. Pharmaceut. Sci. 3(2), 157-159.
- Alagesaboopathi, C., 2011d. Phytochemical screening and antimicrobial potential of *Andrographis ovata* Clarke. Afr. J. Biotech. 10 (25), 5033-5036.
- Alagesaboopathi, C., 2013. Evaluation of antibacterial properties of leaf and stem extracts of *Andrographis elongata* T. And. An endemic medicinal plant of India. Int. J. Pharm. Bio. Sci. 4(2), 503-510.
- Alagesaboopathi, C., Sivakumar, R., 2011. Antimicrobial properties of various extracts of *Andrographis neesiana* Wight An endemic medicinal species from India. Int. J. Pharm. Tech Res. 3(1), 27-31.

- Ali, M.E., Biswas, K.M., Chowdhury, S.A., 1972. *Andrographis paniculata* VI. Root flavones and their structure. Pak. J. Sci. Indust. Res. 15, 33-36.
- Amroyan, E., Cabrielian, E., Panossiarr, A., Wikman, G., Wagner, H., 1999. Inhibitory effect of andrographolide from *Andrographis paniculata* on PAF-induced platelet aggregation. Phytomed. 6(1), 27-31.
- Anitha, R., Rayunukaa, D., 2013. Evaluation of *Andrographis paniculata* (Burm.f) Wall ex Nees leaf extracts and andrographolide on gasterointestinal pathogens. Int. Res. J. Pharm. 4(5), 222-225.
- Anju, D., Jugnu, G., Kavita, S., Arun, N., Sandeep, D., 2012. A review on medicinal prospective of Andrographis paniculata Nees. J. Pharma. Scientific Innov. 1(1), 1-4.
- Arunachalam, C., Gayathri, P., 2010. Studies on bioprospecting of endophytic bacteria from the medicinal plant of *Andrographis paniculata* for their antimicrobial activity and antibiotic susceptibility pattern. Int. J. Curr. Pharm. Res. 2(4), 6368.
- Balu, S., Alagesaboopathi, C., 1995. Antivenom activities of some species of *Andrographis* Wall. Anci. Sci. Life. 14(3), 187-190.
- Batkhuu, J., Hattori, K., Takano, F., Fushiya, S., Oshiman, K.I., Fujimiya, Y., 2002. Suppression of NO production in activated macrophages *in vitro* and *ex vivo* by neoandrographolide isolated from *Andrographis paniculata*. Biol. Pharm. Bull. 25, 1169-1174.
- Bhardwaj, A., Khatri, P., Soni, M.L., Ali, D.J., 2011. Potent herbal hepatoprotective drugs- A review. J. Adv. Sci. Res. 2(2), 15-20.
- Bhaskar Reddy, M.V., Kishore, P.H., Rao, C.V., 2003. New 2'-oxygenated flavonoids from *Andrographis affinis*. J. Nat. Prod. 66(2), 295-297.
- Chakravarti, R.N., Chakravarti, D., 1951. Andrographolide, the active constituent of *Andrographis paniculata* Nees: A preliminary communication. Ind. Med. Gaz. 86(3), 96-97.
- Chelluboina, B., Manga, K., 2010. Hypolipidemic activity of *Andrographis serpyllifolia* Wt. Ic. J. Pharm. Res. 3(4), 769-770.
- Damu, A.G., Jayaprakasam, B., Gunasekar, D., Blond, A., Bodo, B., 1999. Two acylated flavone glucosides from Andrographis serpyllifolia. Phytochem. 52(1), 147-151.
- Deng, W.L., 1978. Outline of current clinical and pharmacological research on *Andrographis paniculata* in China. Newslett. Chin. Herb. Med. 10, 27-31.

- Deng, W.L., Nie, R.J., Liu, J.Y., 1982. Comparison of pharmacological effect of four andrographolides. Chin. Pharmaceut. Bull. 17, 195-198
- Deora, G., 2014. *Andrographis paniculata* A review on the biological activities of the plant. Int. J. Pharma. Res. Bio-Sci. 3(4), 263-283.
- Ding, L., Li, J., Song, B., Xiao, X., Huang, W., Zhang, B., Tang, X., Qi, M., Yang, Q., Yang, Q., Yang, L., Wang, Z., 2014. Andrographolide prevents high-fat dietinduced obesity in C57BL/6 mice by suppressing the sterol regulatory element-binding protein pathway. J. Pharmacol. Exp. Ther. 351(2), 474-483.
- Dua, V.K., Ojha, V.P., Roy, R., Joshi, B.C., Valecha, N., Usha Devi, C., Bhatnagar, M.C., Sharma, V.P., Subbarao, S.K., 2004. Anti-malarial activity of some xanthones isolated from the roots of *Andrographis paniculata*. J. Ethnopharmacol. 95(2-3), 247-251.
- Elangovan, K., Elumalai, D., Anupriya, S., Shenbhagaraman, R., Kaleena, P.K., Murugesan, K., 2015. Phyto mediated biogenic synthesis of silver nanoparticles using leaf extract of *Andrographis echioides* and its bio-efficacy on anticancer and antibacterial activities. J. Photochem. Photobiol. B. 151, 118-124 [Epub ahead of print].
- Fujita, T., Fujita, R., Takeda, Y., Takaishi, Y., Yamada, T., Kido, M., Miura, I., 1984. On the diterpenoids of Andrographis paniculata: X-ray crystallographic analysis of andrographolide and structure determination of new minor diterpenoids. Chem. Pharma. Bull. 32, 2117-2125.
- Geethangili, M., Rao, Y.K., Fang, S.H., Tzeng, Y.M., 2008. Cytotoxic constituents from *Andrographis paniculata* induce cell cycle arrest in Jurkat cells. Phytother. Res. 22, 1336-1341.
- Gnanasekaran, G., Murthy, G.V.S., 2015. Epitypification of *Andrographis alata* (Acanthaceae). Telopea 18, 165-166.
- Govindachari, T.R., Pal, B.R., Srinivasa, M., Kalyanaram, P.S., 1969. Chemical examination of *Andrographis paniculata*. Indian J. Chem.7, 306.
- Govindachari, T.R., Parthasarathy, P.C., Pai, B.R., Kalyanaraman, P.S., 1968. Chemical investigation of *Andrographis serpyllifolia*, isolation and structure of serpyllin, a new flavone. Tetrahed. 24, 7027-7031.
- Handa, S.S., Sharma, A., 1990. Hepatoprotective activity of andrographolide from *Andrographis paniculata* against carbon tetrachloride. Indian J. Med. Res. 92, 276-283.
- Hazra, A., Mondal, C., Chakraborty, D., Halder, A.K., Bharitkar, Y.P., Mondal, S.K., Banerjee, S., Jha, T., Mondal, N.B., 2015. Towards the development of

- anticancer drugs from andrographolide: semisynthesis, bioevaluation, QSAR analysis and pharmacokinetic studies. Curr. Top. Med. Chem. 15(11), 1013-1026.
- Iruretagoyena, M.I., Tobar, J.A., González, P.A., Sepúlveda, S.E., Figueroa, C.A., Burgos, R.A., Hancke, J.L., Kalergis, A.M., 2005. Andrographolide interferes with T cell activation and reduces experimental autoimmune encephalomyelitis in the mouse. J. Pharmacol. Exp. Ther. 312, 366-372.
- Jarukamjorn, K., Nemoto, N., 2008. Pharmacological aspects of *Andrographis paniculata* on health and its major diterpenoid constituent andrographolide. J. Health Sci. 54(4), 370-381.
- Kanchana, G., Nirubama, K., Rubalakshmi, G., 2014. Phytochemical screening and antimicrobial activity of Andrographis echioides (L.) Nees – An indigenous medicinal plant. World J. Pharm. Pharmaceut. Sci. 3(5), 702-710.
- Kapil, A., Koul, I.B., Banerjee, S.K., Gupta, B.D., 1993. Antihepatotoxic effects of major diterpenoid constituents of *Andrographis paniculata*. Biochem. Pharmacol. 46(1), 182-185.
- Kirtikar, K.R., Basu, B.D., 1975. Indian Medicinal Plants. Bishen Singh Mahendrapal Singh, New Delhi. pp.1884-1886.
- Kishore, P.H., Reddy, M.V., Reddy, M.K., Gunasekar, D., Caux, C., Bodo, B., 2003. Flavonoids from *Andrographis lineata*. Phytochem. 63, 457-461.
- Kumar, R.A., Sridevi, K., Kumar, N.V., Nanduri, S., Rajagopal, S., 2004. Anticancer and immune stimulatory compounds from *Andrographis paniculata*. J. Ethnopharmacol. 92, 291-295.
- Kurzawa, M., Filipiak-Szok, A., Kłodzińska, E., Szłyk, E., 2015. Determination of phytochemicals, antioxidant activity and total phenolic content in *Andrographis* paniculata using chromatographic methods. J. Chromatogr. B Analyt. Technol. Biomed. Life Sci. 995-996, 101-106.
- Lee, J.C., Tseng, C.K., Young, K.C., Sun, H.Y., Wang, S.W., Chen, W.C., Lin, C.K., Wu, Y.H., 2014. Andrographolide exerts anti-hepatitis C virus activity by up-regulating haeme oxygenase-1 via the p38 MAPK/Nrf2 pathway in human hepatoma cells. Br. J. Pharmacol. 171, 237-252.
- Lin, F.L., Wu, S.J., Lee, S.C., Ng, L.T., 2009. Antioxidant, antioedema and analgesic activities of *Andrographis paniculata* extracts and their active constituent andrographolide. Phytother. Res. 23(7), 958-964.
- Liu, J, Wang, Z.T., Ji, L.L., Ge, B.X., 2007. Inhibitory effects of neoandrographolide on nitric oxide and

- prostaglandin E₂ production in LPS-stimulated murine macrophage. Mol. Cell Biochem. 298, 49-57.
- Low, M., Khoo, C.S., Münch, G., Govindaraghavan, S., Sucher, N.J., 2015. An *in vitro* study of anti-inflammatory activity of standardised *Andrographis paniculata* extracts and pure andrographolide. BMC Complement. Altern. Med. 15, 18.
- Mishra, S.K., Tripathi, S., Shukla, A., Oh, S.H., Kim, H.M., 2015. Andrographolide and analogues in cancer prevention. Front Biosci. (Elite Ed). 7, 255-266.
- Mishra, U.S., Mishra, A., Kumari, R., Murthy, P.N., Naik, B.S., 2009. Antibacterial activity of ethanol extract of *Andrographis paniculata*. Indian J. Pharmaceut. Sci. 71, 436-438.
- Mohamed Saleem, T.S., 2010. Hepatoprotective herbs A review. Int. J. Res. Pharm. Sci. 1(1), 1-5.
- Neelaveni, T., Jayanta, K. G., 2010. Activity-guided isolation of antioxidant compounds from *Andrographis stenophylla* leaf. J. Chem. 7(2), 363-368.
- Neeraja, C., Hari Krishna, P., Sudhakar Reddy, C., Giri, C. C., Rao, K.V., Reddy, V.D., 2014. Distribution of *Andrographis* species in different districts of Andhra Pradesh. Proc. Natl. Acad. Sci. India, Sect. B: Biol. Sci. DOI 10.1007/s40011-014-0364-1.
- Neha, T., Rawal, U.M., 2000. Hepatoprotective and toxicological evaluation of *Andrographis paniculata* on severe liver damage. Indian J. Pharmacol. 32, 288-293.
- Nikhil Chakravarthy, E., Sudharshan Reddy, D., Venkataiah, G., 2014. Pharmacological evaluation of hepatoprotective activity of ethanolic extract of *Andrographis lineata* Nees in hepatotoxicity induced rats. Int. J. Allied Med. Sci. Clin. Res. 2(1), 1-6.
- Niranjan, A., Tewari, S.K., Lekri, A., 2010. Biological activities of Kalmegh (*Andrographis paniculata* Nees) and its active principles. Indian J. Nat. Prod. Resour. 1(2), 125-135.
- Nugroho, A.E., Andrie, M., Warditiani, N.K., Siswanto, E., Pramono, S., Lukitaningsih, E., 2012. Antidiabetic and antihiperlipidemic effect of *Andrographis paniculata* (Burm. f.) Nees and andrographolide in high-fructosefat-fed rats. Indian J. Pharmacol. 44(3), 377-381.
- Nugroho, A.E., Lindawati, N.Y., Herlyanti, K., Widyastuti, L., Pramono, S., 2013. Anti-diabetic effect of a combination of andrographolide-enriched extract of *Andrographis paniculata* (Burm. f.) Nees and asiaticoside-enriched extract of *Centella asiatica* L. in high fructose-fat fed rats. Indian J. Exp. Biol. 51(12), 1101-1108.
- Ojha, S.K., Nandave, M., Kumari, S., Arya, D.S., 2009. Antioxidant activity of *Andrographis paniculata* in

- ischemic myocardium of rats. Global J. Pharmacol. 3(3), 154-157.
- Padma, Y., Narasimhudu, C.L., Devi, S., Natha, N.M.B., Naga, R.B., Phillip, G.H., 2011. *In vitro* anthelmintic activity of *Andrographis paniculata* (Burm. f) Nees. Int. J. Pharm. Res. Devlop. 3(3), 202-205.
- Panneerselvam, C., Ponarulselvam, S., Murugan, K., 2011. Potential anti-plasmodial activity of synthesized silver nanoparticle using *Andrographis paniculata* Nees (Acanthaceae). Brno, Czech Republic, EU. 9, 21-23.
- Panossian, A., Davtyan, T., Gukassyan, N., Gukasova, G., Mamikonyan, G., Gabrielian, E., Wikman, G., 2002. Effect of andrographolide and Kan Jang-fixed combination of extract SHA-10 and extract SHE-3- on proliferation of human lymphocytes, production of cytokines and immune activation markers in the whole blood cells culture. Phytomed. 9, 598-605.
- Parichatikanond, W., Suthisisang, C., Dhepakson, P., Herunsalee, A., 2010. Study of anti-inflammatory activities of the pure compounds from *Andrographis paniculata* (Burm. f.) Nees and their effects on gene expression. Int. Immunopharmacol. 10, 1361-73.
- Parlapally, S., Cherukupalli, N., Bhumireddy, S.R., Sripadi, P., Anisetti, R., Giri, C.C., Khareedu, V.R., Reddy Vudem, D., 2015. Chemical profiling and antipsoriatic activity of methanolic extract of *Andrographis nallamalayana* J.L.Ellis. Nat. Prod. Res. 2015 Jul 8: 1-6 [Epub ahead of print].
- Patra, A., Mitra, A.K., 1981. Carbon-13 NMR spectra of some labdane diterpenoids. Org. Magnetic Reson. 17, 301-302.
- Prem Kumar, N., Soumya, K.V., Dharsana, J.N., Seena, K.X.C., Anjana, A.K., 2012. Comparing the effect of antidiabetic activity of *Andrographis paniculata*, *Salacia reticulata* and *Ocimum sanctum* by *in vitro* screening. Asian J. Pharma. Clin. Res. 5(4), 146-149.
- Premendran, S. J., Salwe, K.J., Pathak, S., Brahmane, R., Manimekalai, K., 2011. Anti-cobra venom activity of plant *Andrographis paniculata* and its comparison with polyvalent anti-snake venom. J. Nat. Sci. Biol. Med. 2, 198-204.
- Pulliah, T., Sandhya Rani, S., Karuppusamy, S., 2010.
 Flora of Eastern Ghats: Hill Ranges of Southeast India.
 Vol. 4. Stylidaceae to Plantaginaceae. Regency Publications, New Delhi.
- Puri, A., Saxena, R., Saxena, R. P., Saxena, K. C., 1993. Immunostimulant agents from *Andrographis paniculata*. J. Nat. Prod. 56, 995-999.
- Radha, R., Sermakkani, M., Thangapandian, V., 2011. Evaluation of phytochemical and antimicrobial activity

- of *Andrographis paniculata* Nees (Acanthaceae) aerial parts. Int. J. of Pharm. Life Sci. 2(2), 562-567.
- Radhika, P., Annapurna, A., Nageswara Rao, S., 2012. Immunostimulant, cerebroprotective and nootropic activities of *Andrographis paniculata* leaves extract in normal and type 2 diabetic rats. Indian J. Med. Res. 135, 636-641.
- Radhika, P., Prasad Rajendra, Y., Sastry, B.S., Rajya Lakshmi, K., 2009. Anti-inflammatory activity of chloroform extract of *Andrographis paniculata* Nees stem. Res. J. Biotech. 4(2), 35-38.
- Rajagopal, S., Kumar, R. A., Deevi, D. S., Satyanarayana, C., Rajagopalan, R., 2003. Andrographolide, a potential cancer therapeutic agent isolated from *Andrographis paniculata*. J. Exp. Therapeut. Oncol. 3, 147-158.
- Rajalakshmi, G., Aruna, D., Bhuvaneswari, B., Venkatesan, R.S., Natarajan, A., Jegatheesan, K., 2012. Prophylactic effect of *Andrographis paniculata* extracts against fungal species. J. Appl. Pharmaceut. Sci. 2(9), 58-60.
- Rajkumar, S., Jebanesan, A., Nagarajan, R., 2012. Synergistic effect of *Andrographis echioides* and *Cadaba trifoliata* leaf extracts against larvae of dengue mosquito *Aedes aegypti* L. Asian Pac. J. Trop. Biomed. S1588-S1591.
- Rammohan, M., 2009. Effect of ethanolic extracts of *Andrographis paniculata* on type 2 diabetes mellitus and insulin resistant rats. Ph.D., thesis, University Sains, Malaysia.
- Rao, C.H.V., Azmi, L., Gupta, S.S., 2014. Phytochemical and pharmacological review on *Andrographis serpyllifolia*: Potential herbal cure-all. Mintage J. Pharma. Med. Sci. 3(3), 1-3.
- Rattanachaikunsopon, P., Phumkhachorn, P., 2009. Prophylactic effect of *Andrographis paniculata* extracts against *Streptococcus agalactiae* infection in Nile tilapia (*Oreochromis niloticus*). J. Biosci. Bioeng. 107(5), 579-582.
- Reyes, B.A., Bautista, N.D., Tanquilut, N.C., Anunciado, R.V., Leung, A.B., Sanchez, G.C., Magtoto, R.L., Castronuevo, P., Tsukamura, H., Maeda, K.I., 2006. Anti-diabetic potentials of *Momordica charantia* and *Andrographis paniculata* and their effects on estrous cyclicity of alloxan-induced diabetic rats. J. Ethnopharmacol. 105(1-2), 196–200.
- Roy, P., Das, S., Bera, T., Mondol, S., Mukherjee, A., 2010. Andrographolide nanoparticles in leishmaniasis: characterization and *in vitro* evaluations. Int. J. Nanomed. 5, 1113–1121.

- Sangameswaran, B., Ilango K., 2010. Evaluation Antihyperglycemic and antihyperlipidaemic activities of *Andrographis lineata* Nees on streptozotocin induced diabetic rats. Jordan J. Biol. Sci. 3(3), 83-86.
- Saraswat, B., Visen, P.K.S., Patnaik, G.K., Dhawan, B.N., 1995. Effect of andrographolide against galactosamine-induced hepatotoxicity. Fitoter. 66, 415-420.
- Savithramma, N., Ling Rao, M., Ankanna, S., 2012. Preliminary phytochemical screening of some important medicinal plants. Int. J. Ayurved. Herbal Med. 2(1), 139-145.
- Sheeja, K., Shihab, P.K., Kuttan, G., 2006. Antioxidant and anti-inflammatory activities of the plant *Andrographis paniculata* Nees. Immunopharmacol. Immunotoxicol. 28(1), 129-140.
- Sheeja, K., Guruvayoorappan, C., Kuttan, G., 2007. Antiangiogenic activity of *Andrographis paniculata* extract and andrographolide. Int. Immunopharmacol. 7, 211-221.
- Shen, D.Y., Juang, S.H., Kuo, P.C., Huang, G.J., Chan, Y.Y., Damu, A.G., Wu, T.S., 2013. Chemical constituents from *Andrographis echioides* and their anti-inflammatory activity. Int. J. Mol. Sci. 14, 496-514.
- Sirisha Mulukuri, N.V.L., Mondal, N.B., Raghu Prasad, M., Renuka, S., Ramakrishna, K., 2011. Isolation of diterpenoid lactones from the leaves of *Andrographis paniculata* and its anticancer activity. Int. J. Pharmacog. Phytochem. Res. 3(3), 39-42.
- Sukesh, K., Shafi Thompson, T., Densingh, J., 2011. Phytochemical investigation and antibacterial activity of *Gymnema sylvestre* and *Andrographis paniculata* from Western Ghats. Int. J. Phytomed. 3, 254-260.
- Suparna, D., Asmita, P., Punam, S., 2014. Study of antioxidant and antimicrobial activities of *Andrographis paniculata*. Asian J. Plant Sci. Res. 4(2), 31-41
- Sutha, D., Jegathambigai, R., Kumar, P., Sudhakaran, S., 2010. A study on the hepatoprotective effect of *Andrographis paniculata* (Burm. f) Nees on mice. J. Phytol. 2(11), 25-30.
- Thisoda, P., Rangkadilok, N., Pholphana, N., Worasuttayangkurn, L., Ruchirawat, S., Satayavivad, J., 2006. Inhibitory effect *of Andrographis paniculata* extract and its active diterpenoids on platelet aggregation. Eur. J. Pharmacol. 553, 39-45.
- Uawonggul, N., Chaveerach, A., Thammasirirak, S., Arkaravichien, T., Chuachan, C., Daduang, S., 2006.

- Screening of plants acting against *Heterometrus laoticus* scorpion venom activity on fibroblast cell lysis. J. Ethnopharmacol. 103(2), 201-207.
- Umashanker, M., Shruti, S., 2011. Traditional Indian herbal medicine used as antipyretic, antiulcer, antidiabetic and anticancer: A review. Int. J. Res. Pharm. Chem. 1(4), 1152-1159.
- Venkata Raju, R.R., Padma, Y., Lakshmi, N. C., Sarojini Devi, N., Manju Natha, B., Naga Raju, B., Philip, G. H., 2011. *In vitro* antihelmintic activity of *Andrographis paniculata* (Burm. f.) Nees. Int. J. Pharma. Res. Dev. 3(3), 202-205.
- Wasman, S.Q., Mahmood, A.A., Chua, L.S., Alshawsh, M.A., Hamdan, S., 2011. Antioxidant and gastroprotective activities of *Andrographis paniculata* (Hempedu Bumi) in Sprague Dawley rats. Indian J. Exp. Biol. 49(10), 767-772.
- Wintachai, P., Kaur, P., Lee, R.C., Ramphan, S., Kuadkitkan, A., Wikan, N., Ubol, S., Roytrakul, S., Chu, J.J., Smith, D.R., 2015. Activity of andrographolide against chikungunya virus infection. Sci. Rep. 18(5), 14179.
- Woo, A.Y., Waye, M.M., Tsui, S.K., Yeung, S.T., Cheng, C.H., 2008. Andrographolide up-regulates cellular-reduced glutathione level and protects cardiomyocytes against hypoxia/reoxygenation injury. J. Pharmacol. Exp. Ther. 325, 226-235.
- Yin, J., Guo, L., 1993. Contemporary Traditional Chinese Medicine. Xie Yuan, Bejing. pp.517-524.
- Zhang, X. F., Tan, B.K., 2000. Anti diabetic property of ethanolic extract of *Andrographis paniculata* in streptozotocin-diabetic rats. Acta Pharmacol. 21(12), 1157-1164.
- Zhang, C.1., Gui, L., Xu, Y., Wu, T., Liu, D., 2013. Preventive effects of andrographolide on the development of diabetes in autoimmune diabetic NOD mice by inducing immune tolerance. Int. Immunopharmacol. 16(4), 451-456.
- Zhao, Y., Kao, C.P., Wu, K.C., Liao, C.R., Ho, Y.L., Chang, Y.S., 2014. Chemical compositions, chromatographic fingerprints and antioxidant activities of Andrographis Herba. Molecul. 19(11), 18332-18350.
- Zoha, M. S., Hussain, A. H., Choudhury, S. A., 1989. Antifertility effect of *Andrographis paniculata* in mice. Bangladesh Med. Res. Council Bull. 15(1), 34-37.