# Microbial Biofilms Omics Biology, Antimicrobials and Clinical Implications



# Edited by Chaminda Jayampath Seneviratne



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To my loving mother and father ආදරණිය අම්මා සහ තාත්තා වෙත බැතින්



# Contents

Foreword	ix
Preface	xi
Contributor	s xiii
Chapter 1	Microbial Biofilms: An Introduction to Their Development, Properties and Clinical Implications1
	Chaminda Jayampath Seneviratne, Neha Srivastava, Intekhab Islam, Kelvin Foong and Finbarr Allen
Chapter 2	Clinical Implications of Interkingdom Fungal and Bacterial Biofilms
	Gordon Ramage, Lindsay E. O'Donnell, Ryan Kean, Eleanor Townsend and Ranjith Rajendran
Chapter 3	Oral Biofilms and Their Implication in Oral Diseases
	Georgios N. Belibasakis and Nagihan Bostanci
Chapter 4	Composition and Diversity of Human Oral Microbiome
	Preethi Balan, Chaminda Jayampath Seneviratne and Wim Crielaard
Chapter 5	<i>Candida</i> Biofilms: Properties, Antifungal Resistance and Novel Therapeutic Options
	Chaminda Jayampath Seneviratne, Thuyen Truong and Yue Wang
Chapter 6	Proteomics Approaches to Uncover the Drug Resistance Mechanisms of Microbial Biofilms
	Chaminda Jayampath Seneviratne, Tanujaa Suriyanarayanan, Lin Qingsong and Juan Antonio Vizcaíno
Chapter 7	Metabolomics of Microbial Biofilms: Current Status and Future Directions
	Tanujaa Suriyanarayanan, Chaminda Jayampath Seneviratne, Wei Ling Ng, Shruti Pavagadhi and Sanjay Swarup

Chapter 8	Biofilm Persisters: Formation, Molecular Mechanisms and Strategies for Tackling	. 193
	Peng Li, Chaminda Jayampath Seneviratne and Lijian Jin	
Chapter 9	Host–Biofilm Interactions at Mucosal Surfaces and Implications in Human Health	.203
	Nityasri Venkiteswaran, Kassapa Ellepola,	
	Chaminda Jayampath Seneviratne, Yuan Kun Lee, Kia Joo Puan and Siew Cheng Wong	
Chapter 10	Synbiotics, a Fusion of Probiotics and Prebiotics, and Biogenics against Oral Biofilm-Associated Diseases	.237
	Tomoko Ohshima, Tomomi Kawai, Yukako Kojima, Nobuko Maeda and Chaminda Jayampath Seneviratne	
Index		. 261

# Foreword

The new textbook *Microbial Biofilms: Omics Biology Antimicrobials and Clinical Implications* authored by renowned world experts and edited by Dr. Chaminda Jayampath Seneviratne is most welcome and relevant. Concepts of microbiome and 'omics' in general have changed the paradigm in infectious diseases and microbial ecology in many areas, including the mouth. The earlier concept where one infectious agent was thought to cause a certain disease seems outdated in many cases, being now replaced by the better understanding of complex microbial communities. There, individual microbes work together and also communicate with each other. Modern research techniques have enabled scrutinising the mysteries of the microbial communities, and we have learnt a lot about their genetics, metabolism and behaviour. These aspects are thoroughly covered in this new textbook.

In many regards, research on oral microbiota has been pioneering in investigating 'dental plaque' and understanding indeed that only seldom can one micro-organism be pointed out as the culprit of a certain condition. Similarly it has been important to realise that most micro-organisms harbouring the human being are not pathogens but, on the contrary, needed and beneficial to health. The homeostasis between the microbiome and the host is prerequisite for healthy life as we understand it. Taken into consideration the fact that micro-organisms have been there millions of years before man, research in this co-existence cannot be over-emphasised. The new textbook elegantly summarises current knowledge of microbial biofilms in the perspective of oral health and clinical implications. The book is going to be an invaluable tool in the hands of students and researchers interested in this highly relevant topic.

#### Jukka H. Meurman

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# Preface

The field of microbiology has indeed come a long way from the very first observation of microbes by Antonie van Leeuwenhoek in 1663 to the science of the twenty-first century. The study of 'microbial biofilms' is, however, a relatively new discipline in the field of microbiology, consolidated in the 1980s. Consequently, there are only a handful of books on the topic. Moreover, as the field of microbial biofilms encompasses both clinical and environmental microbiology, the spectrum of topics that can be covered in this area is very diverse. A closer look at the available resources shows that books on clinical implications of microbial biofilms, keeping in mind a target audience of medical, dental and pharmacology students and researchers, are relatively sparse. This book attempts to fill this resource gap for the educators, researchers and clinicians working on biofilms.

One of the most promising vistas of our book is the ready information available on exploratory omics of microbial biofilms. The chapters dedicated to metagenomics, proteomics and metabolomics analysis of microbial biofilms are intended to provide a simple and holistic view of current knowledge, examples and applications of these cutting-edge technologies in the field of microbial biofilms. The next-generation and futuristic omics approaches that could be applied in biofilm research are also briefly discussed at the conclusion of these chapters. The book starts with two introductory chapters on microbial biofilms and their clinical implications, subsequently expanding into the topics of oral biofilms and their compositional and diversity mapping using metagenomics, drug resistance mechanisms observed in microbial biofilms and their characterisation using proteomics approaches, metabolomics characterisation of microbial biofilms, molecular mechanisms and strategies for tackling persister cells, host-microbial interactions at mucosal surfaces and finally concluding with a chapter on the application of novel therapeutic approaches such as synbiotics and biogenics against biofilms. Both bacterial and fungal biofilms have been discussed in this book along with their clinical implications. An overview of the cutting-edge technologies in metagenomics, proteomics and metabolomics characterisation of biofilms has been provided for readers to appreciate the value of these approaches in future research. An insight into the higher drug resistance of microbial biofilms as well as a discussion of 'persisters', which are highly drug-resistant populations found in microbial biofilms, will shed light on the clinical problems associated with biofilm infections. The diversity of microbial communities associated with different mucosal surfaces and their interplay with the host can provide an idea of the multitude of possibilities that can arise from host-microbial interactions. Finally, some very interesting therapeutic options including prebiotics, probiotics and synbiotics are described to give an idea of the direction towards which the future treatment of biofilms is heading. Overall, the book has been tailored in a way such as to have an equal appeal to both researchers and clinicians.

Publishing a tome of this proportion involves teamwork that encompasses editor, contributors and publisher. I was fortunate to have thoughtful and enthusiastic contributors for the chapters, to whom I am earnestly grateful. I would like to convey

my sincere thanks to the team at CRC Press/Taylor & Francis Group, particularly Chuck Crumly and Jennifer Blaise, for providing me with excellent support during this entire process. I am thankful to my research team at the Faculty of Dentistry, National University of Singapore and to Tanujaa, Thuyen, Kassapa, Preethi, Nitya and Neha for their wonderful suggestions and support throughout this period. Academic and research work always comes with the certain price of losing good family time. I am indebted to my wonderful family, Thanuja, Desadu and Thalya, for their love and kindness in patiently allowing me to complete this work.

The book promises to provide a foundational knowledge on microbial biofilms to its readers. However, researchers and clinicians should keep abreast of this evolving, dynamic field of microbial biofilms. We hope that readers will find the chapters informative and that the information presented in the book may provide a stimulus to them to venture into devising new solutions for the clinical problems associated with microbial biofilms, ultimately benefitting patients' health.

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#### xiv

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# 1 Microbial Biofilms An Introduction to Their Development, Properties and Clinical Implications

Chaminda Jayampath Seneviratne, Neha Srivastava, Intekhab Islam, Kelvin Foong and Finbarr Allen

# CONTENTS

Historical Perspectives	2
Stages of Biofilm Development	4
Early Adhesion Phase	5
Irreversible Adhesion to the Surface	6
Microcolony Formation and Early Development Stages of Biofilms	6
Biofilm Maturation	7
Biofilm Dispersal	8
Mixed-Species Biofilms	9
Properties of Microbial Biofilms	
Clinical Implications of Microbial Biofilms	11
Medical Device-Associated Biofilm Infections	11
Catheter-Associated Biofilm Infections	12
Surgical Implant-Associated Biofilm Infections	13
Other Medical Device-Associated Biofilm Infection	15
Biofilms in Hospital Water Systems	19
Tissue-Associated Biofilm Infections	19
Biofilms Associated with CF Lung Infections	20
Wound Infections	20
Oral Biofilm Infections	21
Biofilm Infections of the Gastrointestinal Tract	
Biofilm Infections in the Vagina	23
Prostate Infections	24
Nail Infections	24
Conclusions and Perspectives	24
Corresponding Author	25
References	25

My work, which I've done for a long time, was not pursued in order to gain the praise I now enjoy, but chiefly from a craving after knowledge, which I notice resides in me more than in most other men.

And therewithal, whenever I found out anything remarkable, I have thought it my duty to put down my discovery on paper, so that all ingenious people might be informed thereof.

#### Antonie van Leeuwenhoek (1632–1723), Letter of 12th June 1716

#### HISTORICAL PERSPECTIVES

The existence of microorganisms – living beings invisible to the naked eye – had always been an intriguing concept in the history of mankind, popular among both religious and scientific communities. Jain scriptures described submicroscopic creatures living in clusters which are present universally. Similarly, certain factions of the scientific community held the view that epidemic diseases such as tuberculosis are caused by the transfer of seed-like materials. However, most of these reports were insubstantial as they were based either on suppositions or indirect observations. The first solid proof for the existence of microorganisms came in 1663 from the work of the Dutch scientist Antonie van Leeuwenhoek, who is regarded as the father of microbiology. Van Leeuwenhoek developed a series of lenses through which he was able to observe the presence of microorganisms [1]. Dental plaque was one of the first specimens he observed under the microscope, where he found the presence of 'animalcules' [i.e. bacteria] in the 'white little matter' between his teeth, which he described as 'a living of animalcules swimming nimbly than any I have ever seen... the biggest short bending their body into curves in going forward' in his correspondence to the Royal Society of London.

Van Leeuwenhoek's microscopic observations paved the foundation for modern microbiology. He performed a number of studies on dental plaque and was the first to observe the resistance phenomena of microorganisms in biofilms. On the basis of these experiments, he reported that the treatment of dental plaque by gargling with vinegar was able to kill only those 'little animals' present on the outside of the plaque and could not penetrate the inside of the plaque. These and several other of van Leeuwenhoek's studies raised the possibility that 'there are more little animals living on the teeth than men in a whole kingdom' as well as the community existence of microorganisms referred to in modern terms as biofilms. A number of micro-scopic observations of bacteria were also made by Leeuwenhoek's contemporary Robert Hooke, who first coined the term 'cell' to describe these microorganisms.

Van Leeuwenhoek's reports, although establishing the ubiquitous occurrence of microorganisms, did not focus on the causal relationship between microorganisms and disease. The work of Robert Koch was instrumental in developing the aetiological basis of the 'germ theory of disease'. In 1876 Koch described *Bacillus anthracis*, a rod-shaped bacterium, as the causative agent of anthrax. In 1878, he developed several methods to obtain pathogenic microorganisms in pure culture, with his work providing the first clue that specific microorganisms could be causative agents of specific diseases in animals and humans. Later studies based on Koch's postulates

successfully established the causal relationship between an infectious agent and a disease [2].

Some of the most significant breakthroughs in the field of microbiology were made in the eighteenth, nineteenth and early twentieth centuries, with the pioneering development of vaccines by Edward Jenner in 1796, pasteurisation by Louis Pasteur in 1864, disinfection by Joseph Lister in 1883, and antibiotics by Paul Ehrlich in 1912. The discovery of penicillin by Alexander Fleming in 1929 ushered in the 'antibiotics era'. While working with *Staphylococcus* cultures, Fleming observed that the plates contaminated with a large mould exhibited lysis of the bacterial colonies. Subsequently, the mould was identified as *Penicillium* and the antibacterial component in the broth of the mould was named *penicillin*. The discovery of viruses and prions led to further understanding of the pathogenicity of microorganisms. Development of DNA sequencing methods by Walter Gilbert and Fred Sanger in 1977 and the polymerase chain reaction (PCR) by Kary Mullis in 1986 provided methodological tools to identify uncultivable microorganisms using PCR-based technology.

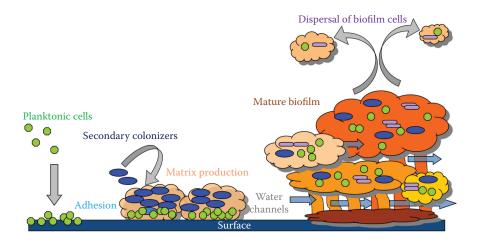
The community-style existence of microorganisms was reported by several groups following the initial observations of van Leeuwenhoek. In the 1930s, marine biologists found that fouling of submerged surfaces in ships is caused by clumps consisting of marine bacteria. In 1970s Niels Høiby observed cystic fibrosis (CF) was associated with heaps of a mucoid variant of Pseudomonas aeruginosa present in the sputum and lung tissues of the patients. However, the concept of 'biofilms' or a community of microorganisms as a major bacterial lifestyle was popularised largely owing to the work of William Costerton. Until the 1970s, most microbiological studies were based on the notion that bacteria live predominantly in a suspension as free-swimming organisms called the 'planktonic mode' of growth. As a result of the pioneering work of William 'Bill' Costerton, it became increasingly evident that biofilm or 'surface-associated community lifestyle' is the preferred growth mode of microorganisms in nature. One of the first reports on 'biofilms' from Costeron's group was on the natural population of bacteria associated with slime on submerged surfaces in a mountain stream [3]. They observed that the slime contained large numbers of bacteria enmeshed within an extensive fibrous matrix promoting microcolony development and anchoring to surface. They proposed that these slime-enmeshed microcolonies constitute functional communities within which most sessile bacteria live [4,5]. The term *biofilm* used to describe these surface-attached bacterial communities was coined by Costerton, who later started the Centre for Biofilm Engineering at Montana State University, Bozeman. Subsequently, extensive studies were performed on microbial biofilms by various research groups to understand their development, properties and implications in human health and disease [6].

Biofilms can be formed on both biotic and abiotic surfaces including animals, plants, the human body, river valleys, volcanoes, pipelines, and rivers. In fact, there are reports suggesting that biofilm communities existed nearly 3.5 billion years ago [7]. It is noteworthy to recall that Earth was formed about 4.5 billion years ago. Therefore, biofilms could possibly be one of the earliest communities that existed on Earth. The concept of 'biofilm' is an important landmark in the field of microbiology that influenced many other associated scientific areas. According to the Centers

for Disease Control and Prevention (CDC) in the United States, at least 65–80% of infectious diseases are related to the biofilm mode of growth [8]. In addition, microorganisms undergoing the biofilm mode of growth exhibit a higher level of drug resistance which is associated with therapeutic failure. An understanding of microbial biofilms and their formation mechanisms therefore goes a long way towards the advancement of the field of medicine and drug development.

# STAGES OF BIOFILM DEVELOPMENT

Over the past few decades, much research has been expended on exploring the various properties of biofilms to understand microbial behavior better [9,10]. Biofilms are formed only under specific environmental and flow conditions. Mere surface contact of microorganisms or sedimentation does not necessarily lead to biofilm formation, as biofilms are more than just a continuous collection of microbial cells [11,12]. The development of biofilm on any surface involves a well-organised series of five sequential events: (1) initial reversible attachment of the planktonic microorganisms to the surface, (2) irreversible attachment of the organisms to the surface, (3) development of microcolonies by the adhered microorganisms, (4) secretion of extracellular polymeric substances (EPS) and development of a three-dimensional mature biofilm community and (5) dispersal of microorganisms from the biofilm community to seek new surfaces (Figure 1.1) [10,11]. These developmental stages are common to both bacterial and fungal biofilms. The production of EPS is a salient and unique feature of microbial biofilms [13,14]. Microbial cells become embedded in the EPS, which not only acts as a scaffold for the biofilm community but also contributes to antimicrobial resistance. Therefore, microbial biofilms could be defined as surface-attached structured microbial communities that are encased in a matrix of exopolymeric substances displaying features that are different from those



**FIGURE 1.1** Sequence of biofilm formation on surfaces. (Reproduced from Seneviratne CJ et al. *Oral Diseases*, 2008. With permission.)

of their free-floating or planktonic counterparts [15]. The critical steps involved in the attachment and maturation of biofilms are described in more detail in the subsections that follow.

#### **EARLY ADHESION PHASE**

The successful initiation of biofilm formation on surfaces depends on the firm attachment of the microorganisms to the surfaces. The adhesion of bacteria to surfaces is both an important stage in biofilm development as well as a survival strategy adapted by bacteria over millions of years of evolution on Earth [16]. This trait allows the microorganisms to select a suitable environment to build a biofilm community. Bacterial adhesion occurs in two phases: reversible attachment followed by irreversible attachment. This process is also governed by various environmental factors. A number of theories have been proposed to describe the interactions between the microbe and the surface. However, adhesion is a complex process determined by the properties of the microorganism, attachment surface, and the immediate environment. Therefore, a complete understanding of this process has not yet been achieved.

The critical question that needs to be addressed is the trigger that makes a bacterium adhere to a particular surface, abandoning its free-floating or 'planktonic' mode of growth. Although contact with a surface is a primary requisite, not all bacteria in close proximity to a surface adhere to it. The properties of the surfaces and their interactions with the bacteria play a major role in the initial attachment phase. Microorganisms can come into contact with a given surface by means of Brownian motion, sedimentation, movement with liquid flow, bacterial motility conferred by cell surface appendages or by travelling with other cells as aggregates [17]. A bacterium in liquid without any means of active locomotion will move as a result of random collisions with its surrounding molecules. Random walks describe the trajectory of a particle that steps in any direction in space with equal probability per unit time [18]. These random movements are called diffusion or Brownian motion. Bacterial surface appendages such as type IV pili (TFP) facilitate surface sensing by the bacterium, allowing it to transit from vertical into horizontal cell orientation such as seen in *Pseudomonas aeruginosa* [18]. The net interactions occurring as a result of these motions or surface appendages determine the course of attachment of the microbe to the surface. For example, it is suggested that a low level of TFP production primes planktonic microorganisms to use their pili to 'feel' the surface [19]. Once attached to the surface, TFP helps microbes to 'crawl' when the surface is oriented parallel to the cell and 'walk' when the cell is in upright position [20]. However, adhesion mediated by TFP seems to be unspecific, as it allows the bacterium to adhere to almost all known abiotic and biotic surfaces [18]. The critical proximity distance determining microbial attachment to a surface is less than 1 nm. At this proximity, the net sum of attractive and repulsive forces determines the adhesion process. These include electrostatic and hydrophobic interactions, steric hindrance, van der Waals forces, temperature and hydrodynamic forces. Though bacterial surfaces are negatively charged in general [21], surface charges may become irrelevant in the case of dead cells among floating bacterial communities, as they may change their coadhesion properties. For example, bacteria swimming in close proximity to

surfaces experience hydrodynamic forces that both attract them towards the surface and cause them to move in circular trajectories [22].

#### IRREVERSIBLE ADHESION TO THE SURFACE

The second stage of bacterial adhesion is the irreversible attachment stage or 'locking'. Bacterial surface protein called 'adhesins' and appendages such as pili are important players in this adhesion stage. In addition, receptor-specific ligands located on pili and fimbriae may lock the microorganism to the surface, especially in the case of biotic surfaces. Interactions between microbial adhesins and host cell receptors are discussed in detail in Chapter 9. In general, the microorganisms attached to a particular surface exist as a mixture of multiple species rather than belonging to any single species. In such cases, competition or synergism among the multispecific community may occur. For instance, some bacteria tend to stick to each other, forming bacterial aggregates on the surface. *Fusobacterium nucleatum*, a bacterium found in dental plaque biofilm, is known to carry multiple binding sites for various other bacteria such as *Streptococcus* and is known as a 'bridging' organism [23].

Apart from the properties of the microbe and its proximity to the attachment surface, the nature of the attachment surface also has an important role in the process of adhesion. Some of the important surface properties that determine microbial attachment include surface charge, surface free energy, roughness, hydrophobicity, configuration topography and stiffness [17,24]. For example, surface hydrophobicity can either promote or inhibit bacterial adhesion. In oral environments, especially in supragingival regions (above the gum margin), less biofilm is formed on hydrophobic surfaces than on hydrophilic ones, whereas no such difference is observed for sub-gingival biofilms [17].

#### MICROCOLONY FORMATION AND EARLY DEVELOPMENT STAGES OF BIOFILMS

Once microorganisms irreversibly adhere to a surface, the next step in biofilm development is community growth, intercellular communication and networking of microorganisms which ultimately leads to a well-organised, three-dimensional biofilm structure. This stage is characterised by the development of microcolonies that are enmeshed in the extracellular matrix. At this stage, coadhesion and coaggregation occur, resulting in localised microcolonies. Generally, the motility appendages of microorganisms are suppressed on attachment. For example, the synthesis of the flagella is repressed in motile bacteria after attachment. However, it is unclear whether the flagellum is functional, or lost and degraded, or if it is a structural component in the biofilm on surface attachment [22]. Mutations in the flagellar structural gene, flagellin A (flaA), resulted in increased exopolysaccharide production which suggested that the lack of flagellum may serve as a signal for biofilm formation. Moreover, studies on *Bacillus subtilis* have shown motility and matrix formation are linked by SinR, a protein that up-regulates expression of flagellar genes and down-regulates expression of matrix-forming genes [25]. B. subtilis developed enhanced biofilm formation ability when the *sinR* gene is deleted.

Once the microbes are attached to a surface, other cell wall components or adhesions of the microbial surface may also undergo expression changes or be instrumental in subsequent development steps. Bacteria such as Staphylococcus have a cell wall exopolysaccharide named polysaccharide intercellular adhesin (PIA) [26]. The importance of PIA for biofilm formation has been demonstrated in numerous in vitro and in vivo studies. Lipoteichoic acid (LTA), a cell wall component of Gram-positive bacteria, has also been shown to be important for biofilm formation, possibly because of its interaction with other surface polymers via electrostatic forces. However, there are also reports showing that the impact of LTA in bacteria such as *Staphylococcus* aureus and Staphylococcus epidermidis is not directly related to the attachment, but indirect via alteration of surface hydrophobicity [27]. In several Gram-negative bacteria, attachment is reinforced by specific adhesins located on the bacterial cell surface or on cellular appendages such as pili and flagella [28]. Extracellular DNA (eDNA) secreted by the bacteria is also important as it provides a negative charge to interact with positively charged surface molecules [29,30]. However, it must be noted that the adhesion to a biotic surface such as human skin or gut mucosa may be considerably different from the adhesion to an abiotic surface [26]. In vivo attachment is governed by the interaction of microorganisms with human matrix proteins [27]. For instance, bacteria such as *Staphylococcus* express a large variety of surfaceanchored proteins, collectively called MSCRAMMs (microbial surface components recognising adhesive matrix molecules), that bind to host matrix proteins such as fibronectin. The mechanism of host-microbial interaction is discussed in detail in Chapter 9.

#### **BIOFILM MATURATION**

The development of microcolonies is followed by the maturation of the biofilm into a spatially organised three-dimensional community. Though the demarcations between young and mature biofilms are not always clear, certain hallmark features such as the formation of extracellular matrix encasing the microbial community help in distinguishing the mature from the young biofilms [27]. The exopolymeric matrix surrounding the biofilms has also been termed a 'slime layer' in the past [16]. This layer of extracellular polymeric substances (EPS) provides various advantages to the biofilm community such as facilitating adhesion to surfaces, enabling the development of multilayered biofilm and serving as a barrier to influx of drugs and other toxic substances. The EPS layer comprises various components with different chemical natures such as exopolysaccharides, proteins, eDNA and other polymers [30]. While the EPS confer the mature architecture of the biofilms, the shape of mature biofilms is determined by various environmental factors, particularly the flow conditions in the immediate environment. Depending on the fluid flow rates, bacteria such as P. aeruginosa and V. cholerae have been shown to develop mushroom stalk architecture biofilms indicating the onset of maturation [31,32]. Development of EPS observed in vivo using labeling strategies in V. cholerae biofilms has shown distinct levels of spatial organisation [33]. In general, the EPS may act as a physical barrier that prevents the access of antimicrobials to cells embedded in the biofilm community, in turn contributing to enhanced drug resistance. This hindrance is thought to

depend largely on the amount and nature of the EPS, as well as the physicochemical properties of the drug.

Mature biofilms have several layers of cells embedded within the matrix and are therefore composed of heterogeneous cell populations with differing levels of metabolic activities depending on their spatio-temporal location. This gradation of metabolic activities has been observed in *Candida* biofilms and *P. aeruginosa* by several groups [34–36]. According to these studies, within a multilayered biofilm structure, the bottom layers are usually in a state of quiescence, while the middle and top layers exhibit higher levels of metabolic activities. Furthermore, as maturation of the biofilm progresses, quiescence of certain cell populations seems to occur along with a concomitant reduction in metabolic activity and cellular viability. These subpopulations of cells are termed 'persisters', and have been observed in bacterial biofilms such as *P. aeruginosa*, *E. coli* and *S. aureus* and in fungal biofilms such as *C. albicans* [35,37]. Persister cells demonstrate exceeding levels of higher resistance to antimicrobial agents [36,38]. The properties of persister cells and their implications in biofilm biology are discussed later in Chapter 8.

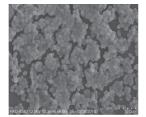
#### **BIOFILM DISPERSAL**

The final stage in a biofilm life cycle is called the dispersal stage and involves the detachment of cells from mature biofilms followed by colonisation of a different surface. Detachment is considered a passive process caused by shear stress [39]. Some suggest that the detachment occurs only in biofilms grown under laminar shear forces and biofilm cells are more likely to detach when shear forces become more turbulent [40]. Dispersal, on the other hand, is considered an active process, which is usually triggered by several environmental factors and quorum sensing mechanisms [26]. It is important for the expansion of biofilm infections [39]. Detached cells from biofilms usually establish secondary biofilm infections elsewhere, possibly with increased severity, such as in the case of endocarditis. In addition, the detached cells may also cause acute infections which are not associated with biofilms per se [30].

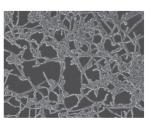
Dispersal is the least understood and perhaps the most complicated process in both fungal and bacterial biofilm development. The trigger for the dispersal process to occur and the biological pathways modulating dispersal may vary considerably among different microorganisms [41]. Cells from the biofilm may detach singly or as a group and move through a fluid phase to seed new sites. Numerous research groups have put forth efforts to understand this mechanism in pathogenic organisms such as *P. aeruginosa* and *C. albicans*. Bacterial secondary messengers such as cyclic di-GMP have been shown to provide critical signals for biofilm formation as well as dispersal [42]. The factors which signal dispersion can vary, ranging from environmental stimuli, nutrients, certain chemicals such as *cis*-2-decenoic acid or nitric oxide or proteins such as BdIA, a chemotaxis regulator [43–45]. It has also been shown recently that phosphorylation status of diguanylate cyclase NIcD can affect the dispersal of biofilms in *P. aeruginosa* [46]. The aforementioned study demonstrated dispersal inducing environmental cues are sensed by the diguanylate cyclase NicD belonging to a seven transmembrane receptor family. The sensing of dispersal cues by NicD results in NicD dephosphorylation, followed by activation of a chemotaxis regulator BdlA, which in turn activates DipA, a phosphodiesterase molecule. This leads to altered levels of second messenger cyclic-di-GMP molecules signalling dispersion. Studies on *C. albicans* biofilms have found Set3–NRG1 complex as possible regulators of biofilm dispersal. Set3, an NAD-dependent histone deacetylation complex, modulates NRG, a transcriptional regulator of biofilm dispersal and a repressor of filamentation [47]. The typical dispersal of *C. albicans* from biofilms is in the yeast form [48]. Moreover, it was shown that deletion of *Nrg1* gene in *C. albicans* attenuates *in vivo* virulence of the fungus in systemic candidiasis [49]. Therefore, with proper understanding of the dispersal process, alternative therapeutic strategies may be devised for controlling the spread of these pathogenic organisms.

#### MIXED-SPECIES BIOFILMS

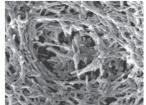
Most of the research on microbial biofilms has focused entirely on understanding the nature of monospecific biofilms. However, in the natural environment and in most infections, biofilms exist as part of a multispecific community (Figure 1.2) [50,51]. The various interactions among the different microbial species in the biofilm community such as quorum sensing, metabolic relationships and competitions can influence each other's properties and virulence [52,53]. Whereas some species exhibit synergism, some may exhibit antagonistic effects. Some examples of synergism between microorganisms include the promotion of biofilm formation by coaggregation; metabolic cooperation, where one species utilises a metabolite produced by a neighbouring species; and increased resistance to antibiotics and clinical implications. A synergistic effect has been observed in mixed-species biofilms of *C. albicans* and *P. aeruginosa*, which are more virulent in CF patients than their respective monospecific biofilms [54]. Interspecific interactions of bacterial–bacterial as well as bacterial–fungal mixed-species biofilms and their implications in polymicrobial diseases are discussed in subsequent chapters.



Enterococcus faecalis Candida albic monospecies bacterial biofilm fungal biofilm



*Candida albicans* monospecies fungal biofilm



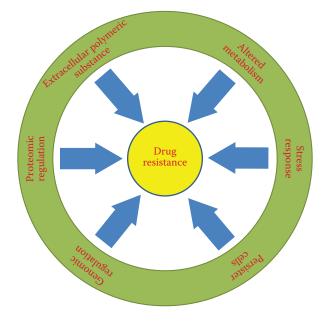
Mixed-species bacterial biofilms Actinomyces naelundii, Lactobacillus acidophilus, Lactobacillus rhamnosus, Streptococcus mutans and Streptococcus sobrinus species

**FIGURE 1.2** Scanning electron microscopic images of microbial biofilms. (Reproduced from Seneviratne CJ et al. *Proteomics*, 2012. With permission.)

#### **PROPERTIES OF MICROBIAL BIOFILMS**

The properties and behavior of microbial biofilms differ considerably from those of their planktonic counterparts. The existence of microorganisms in the biofilm mode confers numerous survival advantages, mainly owing to the nature and composition of biofilms. One of the most important distinguishing traits of biofilms is their exceedingly high level of drug resistance, which is a major concern in clinical settings [55,56]. The clinical relevance of the biofilm-associated drug resistance is discussed comprehensively in subsequent chapters. Only a brief overview of the biofilm properties is given in the text that follows.

Antimicrobial resistance in the biofilm mode of growth could be as high as a thousand-fold over the planktonic mode, rendering the use of antimicrobial therapy ineffective under such conditions. For instance, common antimicrobials such as penicillin and metronidazole, which are used for Gram-positive and Gram-negative bacterial infections, respectively, may not be active against the biofilm infections of these pathogens [57]. Similarly, chlorhexidine, a widely used chemical antibacterial agent in mouth rinses, is reported to be ineffective at a 0.2% concentration for some oral biofilms [58,59]. Therefore, considerable efforts have been made by various research groups worldwide to understand the reasons for the high drug resistance observed in the biofilm mode of growth. Based on these studies, researchers have proposed several hypotheses to explain this phenomenon: (1) altered metabolic activity, (2) presence of extracellular polymeric substance, (3) presence of highly drug-resistant populations called persisters, (4) higher antioxidative capacities and (5) differential gene/protein expression (Figure 1.3) [56]. These concepts and their implications are comprehensively discussed in other chapters.



**FIGURE 1.3** Factors that may contribute to the higher drug resistance in microbial biofilms. (Reproduced from Seneviratne CJ et al. *Proteomics*, 2012. With permission.)

#### CLINICAL IMPLICATIONS OF MICROBIAL BIOFILMS

At this juncture of this chapter, we have established that biofilms are the predominant mode of microbial existence. We have discussed the formation of microbial biofilms on both abiotic and biotic surfaces and their life cycle stages in the previous sections of this chapter. The rest of the chapter focuses on the clinical implication of microbial biofilms, in particular, biofilm-associated infections (BAIs). The pathogenic role of microbial biofilms formed on medical devices and human tissues is well established [60]. Even under healthy conditions, human body surfaces such as skin, teeth, oral mucosa and gut harbour millions of commensal microorganisms, which reside predominantly in the biofilm mode of growth. However, under certain circumstances, breakdown of the harmonious host–microbial relationship, may lead to serious consequences to the host. As mentioned previously, according to the CDC at least 65–80% of human infections are associated with the biofilm mode of growth of microorganisms [8]. Hence, approximately two-thirds of nosocomial infections are BAIs [60].

BAIs are broadly categorised as medical device-associated infections and tissueassociated infections [61]. In some cases, hosts may suffer from both types of infections, as a consequence of the other. The primary difference between two types is that tissue biofilm-associated infections do not involve a foreign body surface. Common examples include biofilm infections associated with teeth, gastrointestinal tract, vagina and skin. Moreover, biofilm in wound infections and infected lungs of CF patients are also considered as tissue biofilms. BAIs in medical devices such as catheters, various surgical implants, prosthetic heart valves, contact lenses and others are discussed in the text that follows. Although the main pathogenic agents responsible for biofilm infections are well characterised, it should be noted that with advanced technology such as next-generation sequencing, the list continues to grow. The new information on biofilm microbiome derived from novel gene sequencing technologies is discussed in Chapter 4. A brief overview of the clinical implications of BAIs is given in the text that follows. It should be noted that the following discussion is not an exhaustive list of BAIs, as there are too many to cover under this topic. The clinical implications of microbial biofilms are also comprehensively discussed in subsequent chapters.

#### MEDICAL DEVICE-ASSOCIATED BIOFILM INFECTIONS

Medical device–associated biofilm infections occur when microorganisms adhere to the indwelling or implanted medical prosthesis. If favorable conditions prevail, microbial adherence leads to biofilm formation on these surfaces. These biofilms, if not eradicated, can be a prelude to both infection and malfunction of the device, giving dire consequences to the host [62]. Biofilm formation has been reported on virtually all medical devices which are being used currently – central venous, urinary and peritoneal dialysis catheters and prosthetic heart valves, cardiac pacemakers, artificial voice prostheses, replacement joints, cerebrospinal fluid shunts, endotracheal tubes, contact lenses and implanted prosthetic devices for erectile dysfunction [61,63]. Hence, medical devices are responsible for a large portion of nosocomial infections, particularly in critically ill patients [64]. Although the predominant species on medical device biofilms may vary depending on the properties of the medical device, they are colonised primarily by a single bacterial species. It is reconstituted as a multispecific community as the biofilm development progresses [40].

The formation of biofilms on indwelling medical devices is influenced by factors related to the microorganisms, device properties and host microenvironment. These include irreversible attachment of microorganisms to the exposed surfaces of the device, the number and types of cells in the liquid to which the device is exposed, the flow rate of liquid through the device and the physicochemical characteristics of the surface [63,65]. For instance, it has been shown that adhesion of S. epidermidis and P. aeruginosa are dependent on pyrolytic carbon surface, free energy and roughness. On the contrary, adhesion of S. aureus is independent of the foregoing factors [66]. When the indwelling medical devices are inserted, a conditioning film from the organic matter present in the surrounding fluid is deposited on it. The source of this film could be host-derived proteins such as fibrinogen, fibronectin and collagen which influence the subsequent adherence of microorganisms. Thus, an in vitro model cannot mimic the composition and structure of biofilms formed in vivo. For this reason, the results derived from *in vitro* biofilm models should be interpreted with caution and *in vitro* studies should be complemented with *ex vivo* or *in* vivo models for more clinically relevant results. Some common medical deviceassociated biofilm infections are discussed in the following subsections.

#### **CATHETER-ASSOCIATED BIOFILM INFECTIONS**

Catheters are medical devices which are inserted into the body to deliver or drain medications, fluids or gasses. These catheters provide a binding surface for microorganisms to adhere. Under favourable conditions, adhered microorganisms may develop biofilms on catheters, leading to chronic BAI. The catheter invades through the skin insertion site and invariably comes in contact with the patient's endogenous skin microflora. However, the first contact of microorganisms with the catheter surface does not lead to biofilm formation. The chances of biofilm formation become higher when the catheter is placed for an extended period of time. Biofilms can be formed on the extraluminal as well as the interluminal surfaces of the catheter, which have considerable differences in terms of source and composition. Some common examples of catheter-associated biofilm infections are discussed in the paragraphs that follow.

Central venous catheters (CVCs) and urinary catheters associated biofilm infections are a common occurrence in hospital settings. A CVC is a special type of catheter that is placed into a large vein such as internal jugular, subclavian, axillary or femoral veins. A CVC provides an alternative route of administration of medications or nutrients to patients who are unable to take them orally. As CVCs are commonly used for critically ill patients, they might require placement for a considerable period of time. Hence, they become prone to develop biofilms, which eventually leads to catheter-related bloodstream infections [67,68]. An alarming number of catheter-related bloodstream infections (250,000–400,000) occur every year in the United States at a rate of 1.5 per 1,000 CVC days and with an associated mortality rate of 12–25% [67]. Biofilm formed on catheters often necessitates its removal, although the procedure itself carries a relatively high risk of mechanical complications. Moreover, infections in CVCs result in significant healthcare cost, prolonged hospitalisation and patient morbidity [69,70]. The major organisms implicated in CVC biofilms are *S. epidermidis*, *S. aureus*, *C. albicans*, *P. aeruginosa*, *Klebsiella pneumoniae* and *Enterococcus faecalis* [60,63]. These microorganisms may gain access either exogenously through the patient, healthcare workers or hospital environment or endogenously via hematogenous spread from a distant site of infection [69]. In addition to the microorganisms, the CVC biofilm matrix may integrate the host products such as fibrin, fibronectin, fibrinogen, collagen and elastin. This forms a protective barrier for the biofilm community from antimicrobials and host immune defenses [70]. Subsequently, embolization of cells or cell aggregates from the mature biofilm can occur, causing distant infections in the body. CVC biofilms colonised with *S. aureus* have been implicated as a source of infection, with 25% of patients developing endocarditis and 31% developing metastatic infections [71].

Biofilms are also known to develop readily on the inner and outer surfaces of urinary catheters [72]. The pathogenic microorganisms may originate exogenously from personnel and the environment or endogenously through the gastrointestinal tract. The pathogens common in catheter-related infections are bacteria such as *E. faecalis, P. aeruginosa, E. coli, P. mirabilis* and *S. aureus* and fungi such as *Candida* species. Once the biofilm develops on the urinary catheters, it becomes a cause of persistent urinary tract infections [73]. The situation becomes critical particularly when biofilms involve urease-producing bacteria such as *P. mirabilis* [72]. The urease produced by *P. mirabilis* generates ammonia by hydrolyzing urea, which raises the pH of the urine. As the urine becomes alkaline, biofilms become crystalline by precipitation of calcium phosphate and magnesium phosphate crystals obstructing the catheter lumen. This can lead to serious complications such as pyelonephritis and septicemia. *Candida* biofilms have also been implicated in urinary catheter infections [69].

#### SURGICAL IMPLANT-ASSOCIATED BIOFILM INFECTIONS

Surgical implants are medical devices that help to restore a missing body structure or enhance a compromised part of the body. Over the years, various types of surgical implants have developed depending on the area of the human body in which they are used. To name a few, they include artificial heart valves, cardiac pacemakers, orthopedic implants, intraocular lenses, breast implants and dental implants. Unlike catheters, implants are permanent or semi-permanent medical devices which remain in the body for a considerable period of time. Therefore, infections associated with surgical implants are generally more difficult to manage because they require a longer period of antibiotic therapy and repeated surgical procedures [74]. Biofilm infection is a major risk factor leading to implant failure and creating a life-threatening condition in the host. Some of the common BAIs in surgical implants are discussed in brief.

Cardiac surgical implants such as prosthetic heart valves, pacemakers and cardiac defibrillators are prone to biofilm formation which may subsequently lead to endocarditis [75–77]. Following surgical implantation, circulating platelets and plasma proteins form a 'conditioning' film on the mechanical heart valves, which provides bindings sites for the circulating microorganisms. The most common pathogens associated with heart valve endocarditis are S. aureus and coagulasenegative staphylococcus (ConS) such as S. epidermidis derived from the normal microflora of the patient [75,78]. In addition, studies have suggested the implication of other bacterial pathogens such as streptococci, enterococci and HACEK bacteria (Haemophilus, Aggregatibacter, Cardiobacterium, Eikenella, Kingella) [75,79]. Candida species may also be accountable for the biofilm infections in prosthetic heart valves. Propionibacterium, a bacterium with a good biofilm-forming ability, has also been involved in infective endocarditis [80]. Because endocarditis is associated with continuous bacteraemia arising from daily life activities, it may be possible to isolate the causative organism by routine culture of blood of patients. However, the results of blood cultures may be negative if the patient has recently received antibiotics or if the organism is fastidious. Clinical practice dictates surgical replacement of almost all prosthetic valves infected by S. aureus or Candida species [81]. Surgical intervention may not be required in patients infected by ConS who have already responded to antibiotic therapy. Regardless of the causative pathogen, cardiac complications [e.g. congestive heart failure, conduction abnormalities, paravalvular abscesses, valve dehiscence, and serious peripheral embolisation] necessitate the surgical replacement of the infected prosthesis. Although relatively uncommon, prosthetic-valve endocarditis is life threatening, with mortality exceeding 30% [78].

Orthopaedic implants are designed to restore the functionality of hip, knee, ankle, shoulder and elbow joints. However, biofilm-associated infection is a devastating complication in orthopaedic joint replacement surgeries [82]. Hence, biofilm infections may result in implant failure and in extreme cases may lead to amputation or mortality [83]. A patient can develop infections from the immediate environment of the surgery room, surgical equipment and medical staff, or from bacteria from the patient's body itself. Similar to prosthetic heart values, orthopaedic implants are also covered with a conditioning film of extracellular matrix proteins such as fibronectin, fibrinogen, albumin, vitronectin and collagen after insertion [84]. Bacteria reaching the orthopaedic implants by a haematogenous route bind to these extracellular matrix surfaces on the surface of the material. Subsequently a multilayered biofilm develops which protects the bacteria from phagocytosis and antibiotics, resulting in chronic osteomyelitis [85]. Most of the orthopaedic implant-associated infections are caused by Gram-positive staphylococci, particularly S. aureus and S. epidermidis. The treatment of orthopaedic implants often becomes complex when methicillinresistant Staphylococcus aureus [MRSA] is involved in the biofilm formation [86,87]. Therefore, therapeutic strategies that target anti-adhesion, anti-bacterial, anti-biofilm properties and modification of orthopaedic implants are being developed to minimise the risk of BAI after orthopaedic surgeries [88].

Bacterial biofilms have been demonstrated on materials relevant to the eye such as contact lenses, scleral buckles, suture material and intraocular lenses. Many ocular infections often occur when such prosthetic devices come in contact with or are implanted in the eye. Approximately 56% of corneal ulcers in the United States are associated with contact lens wear [89]. Because of their proximity to the

cornea, contact lenses may modify and compromise the corneal epithelium and make it easier for microorganisms in the vicinity to adhere to the ocular surfaces [90]. Continuous contact of the eye with the biofilm-infested lens may lead to serious ocular conditions such as endophthalmitis and keratitis [91,92]. The physical properties and surface chemistry of contact lenses can influence the variation in adherence of organism onto it. For instance, *in vitro* studies have shown that silicone hydrogel lenses have a greater propensity to biofilm formation than hydroxyethyl methacrylate–based soft lenses [93]. In particular, more hydrophobic surfaces of silicone hydrogel facilitate *P. aeruginosa* biofilm formation. In addition, during contact lens wear, a protein-rich coating or conditioning film derived from host products forms on the contact lens surface. Such conditioning films have been found to influence the microbial adherence [93].

Culture-dependent methodologies have identified *P. aeruginosa* as the most common pathogen in contact lens-related infections, followed by *Serratia marcescens*, *S. aureus*, *Acanthamoeba*, and *Fusarium* [90]. Bacterial composition based on 16S ribosomal RNA gene sequencing has revealed that *Achromobacter*, *Stenotrophomonas*, and *Delftia* as the predominant bacteria, showing their role in contact lens-related disease [90]. Moreover, bacterial biofilms may provide binding sites for protozoa such as *Acanthamoeba*, predisposing lens wearers at increased risk for *Acanthamoeba* infection if lenses had been previously contaminated with bacterial biofilm [94]. Fungal keratitis is commonly caused by filamentous fungi *Fusarium* and *Aspergillus* species and less commonly by yeast-like fungi *Candida* species [95]. *Fusarium* adhere to contact lenses and form penetration pegs, which are hyphae of the fungi that traverse into the matrix of lenses. Biofilm on contact lenses can also be mixed species in nature.

Microbial biofilm established on lenses or within the lens case becomes much more resistant to the biocide properties of lens care products [96]. Multidrugresistant, biofilm-forming *P. aeruginosa* isolates have been identified in contact lens–associated infections [97]. *Serratia marcescens* biofilm on the surface of etafilcon A lenses become resistant to phagocytosis by polymorphonuclear leukocytes [98]. Fungal biofilms can be less susceptible to the disinfectant agents. Therefore, proper postoperative eye care and sanitisation procedures are required to reduce the BAI in contact lenses.

#### OTHER MEDICAL DEVICE-ASSOCIATED BIOFILM INFECTION

Medical devices which temporarily come into contact with human body surfaces may also develop microbial biofilms on their surfaces. Some common examples are discussed in the text that follows. Endotracheal tubes are placed in the lower airways to assist breathing in critically ill patients who are unable to breathe normally [99]. However, this provides an opportunity for microorganisms to adhere and form biofilms on endotracheal tubes, leading to ventilator-associated pneumonia (VAP) [100]. VAP is a major nosocomial infection associated with significant morbidity and mortality in critically ill patients. Bacterial colonisation occurs within hours of endotracheal intubation [60]. Subsequently, biofilm microorganisms may gain access to the sterile lung tissues leading to pneumonia [99]. To support this association, studies have observed identical bacterial populations between endotracheal biofilms and the infected lungs of 70% of VAP patients [101]. These bacteria may come from oropharyngeal and enteric flora and are usually mixed-species in nature. Various bacterial groups of oral origin have been associated with VAP [99]. In addition, the ESKAPE group of bacteria – *Enterococcus faecium, Staphylococcus aureus, Klebsiella pneumoniae, Acinetobacter baumannii, Pseudomonas aeruginosa* and *Enterobacter* spp.–has also been frequently recovered from endotracheal tube biofilms [60,99]. In addition, fungal species such as *Candida* can also be accountable for VAP [102].

Voice prostheses are widely used as a part of voice rehabilitation after laryngectomy, particularly in management of laryngeal cancer [103]. Voice prostheses are prone to microbial adhesion and biofilm formation, commonly by organisms that are part of oropharyngeal microflora. These are usually mixed-species biofilms composed of bacterial and fungal species such as *Staphylococcus*, *Streptococcus*, *Escherichia*, Enterobacter, Proteus, Pseudomonas and Candida. Voice prostheses are highly subjected to Candida biofilms, as the fungus can easily gain access to the surface of the prosthesis, from the oral microbiota, where it resides in most human oral cavities [104]. Intrauterine devices (IUDs) are a common contraceptive procedure used by women throughout the world. However, in certain cases their use becomes limited because of increased risk of pelvic inflammatory diseases (PIDs) and subsequent complications, such as infertility and ectopic pregnancy. Bacteriological investigations have revealed that an IUD may become contaminated by the indigenous vaginal microbiome and predisposes a woman to BAI [105]. The commonly involved microorganisms in IUD biofilms are S. aureus, S. epidermidis, P. aeruginosa, E. coli, Neisseria gonorrhoeae and Candida species [106]. Candida biofilms in IUDs are a common cause of recurrent vulvovaginal candidiasis (Figure 1.4) [107,108].

Microorganisms adhere to the surfaces of reusable medical devices when they are in use [109]. If the medical device is not properly cleaned after usage, these adhered

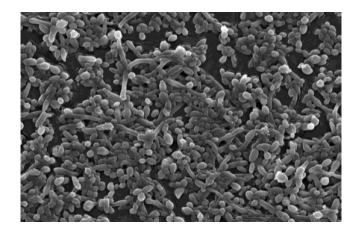


FIGURE 1.4 Candida biofilms formed on vaginal ring pessary.

organisms may progress to form biofilms, which can be a potential problem in clinical settings. For example, endoscopes that examine the interior of body organs are reusable medical devices on which biofilm formation will readily occur if reprocessing protocols are not strictly followed [40,109]. The moist, nutrient-rich conditions inside the lumens of an endoscope provide an ideal biofilm-forming environment for common pathogens such as *Legionella* and *Mycobacteria* species. However, some studies have reported that viable microorganisms could still be detected even after a complete disinfection procedure, highlighting the significant clinical problem in BAIs [110].

Biomaterials widely used to restore oral functions are invariably associated with microbial adhesion and biofilm formation [111]. These include restorative materials - composite resins, dental primers and dental adhesives; endodontic materials; and orthodontic and implanted materials such as ceramics, resin composites and metallic alloys [17]. Oral biomaterials readily come in contact with saliva, which helps formation of a conditioning film composed of salivary proteins. Acrylic dentures are particularly prone to biofilm formation by the fungal pathogen, Candida spp. If not properly controlled, these biofilms can lead to denture stomatitis, which is the most common form of oral candidiasis (Figure 1.5a). In addition, tooth restorative materials such as amalgam, ceramic, resin composites and glass-ionomer cements can become colonised with oral bacterial biofilms, predominantly of streptococcal origin, leading to secondary caries [111]. In particular, this can occur at the interface between tooth tissue and the restorative material because of microleakage. Periodontitis or biofilm-associated inflammatory disease of the tooth supporting tissues is a major cause of tooth loss worldwide [112]. It is caused by the pathological dental plaque biofilm that accumulates on teeth adjacent to the gingiva which is colonised predominantly by the 'red-complex bacteria' viz., P. gingivalis, Tannerella forsythia and Treponema denticola [113]. Similarly to natural dentition, biofilms can form on dental implants. This may subsequently trigger infection and cause inflammatory destruction of the peri-implant tissue or peri-implantitis (Figure 1.5b) [114]. Studies have shown that microbiota colonising clinically healthy implants consists mainly of Gram-positive cocci and non-motile bacilli and a limited number of Gram-negative anaerobic species, that resembles healthy periodontal sites of healthy subjects [114,115]. The transition to periimplantitis is accompanied by emergence of Gram-negative, anaerobic species such Porphyromonas gingivalis, Tannerella forsythia and Treponema denticola that are commonly found in periodontitis. Significantly higher counts of S. aureus and Staphylococcus anaerobius have been detected in implants with peri-implantitis compared to those of healthy peri-implant pockets. Newer gene sequencing studies have revealed biofilms associated with peri-implantitis are different from biofilms in periodontitis [115]. Biofilm-associated peri-implantitis is discussed further in Chapters 3 and 4. In addition, orthodontic patients with fixed appliances often show increased dental plaque biofilm formation and elevated levels of cariogenic pathogens such as Streptococcus mutans (Figure 1.5b) [116]. Biofilms formed on fixed appliances may lead to decalcification of the enamel surfaces, resulting in white spot lesions [117].



(a)





(c)

**FIGURE 1.5** (a) Denture biofilm–associated denture stomatitis. (b) Biofilms formed on dental implants. (Courtesy of Prof. Finbarr Allen, Faculty of Dentistry, National University of Singapore.) (c) Biofilms on orthodontic biomaterials. (Courtesy of Prof. Kelvin Foong, Faculty of Dentistry, National University of Singapore.)

#### **BIOFILMS IN HOSPITAL WATER SYSTEMS**

Biofilms formed in hospital water systems can be a major source of nosocomial infections, as the biofilm cells can disperse to healthcare personnel and to medical devices. Hence, biofilm organisms have been reported in common water sources in the hospital setting including water used in taps, showers and storage tanks; humidifiers and air-conditioning water systems; water used for washing medical devices; water for dialysis; and waterlines in dental clinics [40,118]. Drinking water used in hospitals is commonly disinfected. However, biofilms formed on water systems may resist disinfection strategies and survive [119]. The common microorganisms associated with such biofilms include Legionella spp., P. aeruginosa, Mycobacteria spp., Acinetobacter spp., Aeromonas spp. and Aspergillus spp. [40,120]. Species belonging to the non-tuberculous mycobacteria (NTM) are common microorganisms found in the biofilms in hospital water systems [121]. The environmental nature of NTM and their ability to form biofilms on different surfaces are key in their pathogenesis in pulmonary infections, which are becoming increasingly common in immunocompromised individuals and elderly patients [122]. Biofilms of NTM are highly tolerant to disinfectant chlorine, thus posing a significant public health challenge [123]. A recent study which used next-generation sequencing technology identified novel 'Mycobacterium-like' species closely related to Mycobacterium rhodesiae and Mycobacterium tusciae as responsible for the biofilms on hospital shower hoses [119]. The biofilm communities harboured genes related to disinfectant tolerance.

Dental chair units have a complex network of interconnected waterline systems to cool and irrigate instruments and tooth surfaces and provide rinse water during various dental treatment procedures [124]. Dental units, particularly the waterline tubes that supply water to the dental instruments, inevitably harbour a wide variety of microorganisms including bacteria, fungi and protozoans. The microorganisms adhering to the waterlines inevitably lead to biofilm formation on these surfaces. However, dental water unit biofilms are not harmful unless colonised with pathogenic bacteria or exceeding certain microbiological levels [40]. Current CDC guidelines for infection control in dental healthcare settings recommend that output water from dental units should not exceed 500 colony-forming units (CFU)/mL of aerobic heterotrophic bacteria [124]. Hence, mostly saprophites, such as Moraxella spp., Flavobacterium spp., Micrococcus spp. and Actinomyces spp. and yeast species can be present in the dental waterline output in harmless concentrations. Under certain circumstances, pathogenic species such as *P. aeruginosa*, *Legionella* spp. and *Mycobacteria* spp. have also been isolated from these biofilms [125]. A further concern of colonised dental unit waterlines is the potential for cross-contamination of patients with infectious microorganisms Therefore, if proper infection control of dental units is not followed, it can be a serious source of cross-contamination.

#### **TISSUE-ASSOCIATED BIOFILM INFECTIONS**

The human body carries approximately 10 times more microbial than human cells [126,127]. In brief, microorganisms reside on all body surfaces and cavities open to the exterior environment. The oral cavity, gastrointestinal tract, respiratory tract, genital

organs and conjunctiva are colonised by niche-specific microbiota which fluctuates between planktonic and biofilm modes. Biofilms on these surfaces under healthy conditions are discussed in detail in Chapters 4 and 9. Tissue-associated biofilm infections can occur as a result of either opportunistic infections such as oral candidiasis or of invasion of pathogenic organisms, as in the case of CF. These infections pervade the hospitals and are a major burden to healthcare systems. Treatment of tissue-associated biofilm infections can be challenging and varies depending on the type of tissue colonised and the severity of infection. Some of the classical examples of tissue-associated biofilm infections are discussed in brief in the text that follows.

#### **BIOFILMS ASSOCIATED WITH CF LUNG INFECTIONS**

Persistent lung infection in CF patients is a classic example of tissue-related biofilm infections. CF is an autosomal recessive disease occurring as a result of the mutation of the gene for CF transmembrane conductance regulator (CFTR) protein. This defect in the gene alters the consistency of mucosal secretions, which may result in impaired resistance to pathogenic infections [128,129]. Bacterial biofilms have been recognised as contributing factors in the pathogenesis of CF. P. aeruginosa and Burkholderia cepacia are the two major Gram-negative rods that infect the lungs of patients with CF [130]. The major organism responsible for patient morbidity and mortality in CF is *P. aeruginosa*. The presence of *P. aeruginosa* biofilms in the lower respiratory tract results in refractory treatment and chronic inflammation, subsequently leading to pulmonary damage and decreased lung function [131]. P. aeruginosa biofilms can be prevented by early aggressive antibiotic prophylaxis or therapy [132]. In infants and children with CF, the most commonly implicated bacterial pathogens are S. aureus and H. influenzae while B. cepacia, Achromobacter xylosoxidans, Stenotrophomonas maltophilia and NTM are commonly isolated in adult cases [133]. In certain extreme cases, anaerobic bacteria such as Prevotella intermedia may be found in patients [134,135]. Gene sequencing techniques have revealed a 'cystic fibrosis microbiome' which is implicated in the pathogenesis of this disease [136]. Taken together, these pulmonary infections are a major cause of mortality in CF patients.

#### WOUND INFECTIONS

Wound-related infections occur because of colonizing bacteria that exist as biofilm communities (Figure 1.6) [137]. Hence, studies have shown that bacteria colonising chronic human wounds exist as biofilm communities [138]. Wound-associated biofilms are often initiated by Gram-positive bacteria such as coagulase-negative staphylococci, as their optimum pH for growth is around 7 [139]. Subsequently, microbes such as *P. aeruginosa* and *E. faecalis* that are able to grow in a wider range of pH begin to colonise the wound biofilm, resulting in further complications. As the wound becomes chronic and more alkaline, anaerobic infections due to organisms such as *Peptostreptococci* may follow. In addition, methicillin-resistant *S. aureus, Klebsiella* spp., *E. coli* and *Acinetobacter* spp. are particularly linked as a causative



**FIGURE 1.6** Biofilm on wound infections. (Courtesy of Dr. Intekhab Islam, Faculty of Dentistry, National University of Singapore.)

factor in the burn wound infections [40]. Anaerobic bacteria may grow as a biofilm in the deep layers of the wounds, which may not be present in the swab samples. Therefore, where possible, it is advisable to take biopsy samples for the determination of appropriate antibiotics [61].

## **ORAL BIOFILM INFECTIONS**

Oral microbiota exists both on the hard surfaces of the oral cavity such as teeth and soft tissue surfaces such as mucosa [23]. In addition, saliva contains millions of planktonic microbiota. Transient colonisers may also appear in the oral cavity during daily activities. Hence, dental plaque is a fine example of complex biofilm lifestyle of microorganisms [140]. All common oral infectious diseases such as dental caries, periodontal diseases, oral candidiasis and peri-implantitis are associated with biofilm mode of growth (Figures 1.7 and 1.8). The microbial composition and pathogenesis of oral biofilm infections will be elaborated by Chapters 3 and 4, which will provide a comprehensive understanding of this topic to readers.

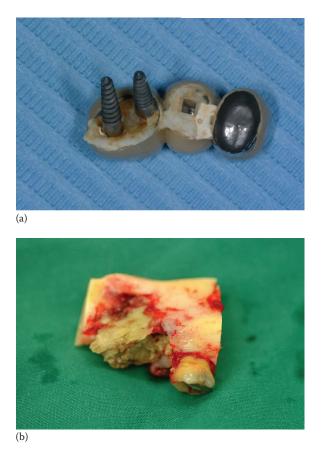
## BIOFILM INFECTIONS OF THE GASTROINTESTINAL TRACT

Cholera is an acute waterborne diarrhoeal disease caused by the Gram-negative bacterium *Vibrio cholerae*. *V. cholerae* can effectively colonise ecological niches such as the nutrient-rich human small intestine or aquatic environments. There is plentiful evidence suggesting that the capacity of *V. cholerae* to develop biofilms is critical to intestinal colonisation [141]. It is likely that all these factors, at least indirectly, influence virulence and biofilm formation. *Helicobacter pylori* is another bacterial pathogen that has biofilm-forming ability on human gastric mucosal epithelium. *H. pylori* infection often persists throughout life and the biofilms make them less susceptible to antibiotics [142]. *H. pylori* infection can lead to chronic active gastritis,



(c)

**FIGURE 1.7** Dental plaque biofilm-associated dental caries (a, b) and periodontal disease (c). (Courtesy of Prof. Finbarr Allen, Faculty of Dentistry, National University of Singapore.)



**FIGURE 1.8** (a) Explanted failed mini-implants from the mandible due to biofilm infection associated with dental implants. (b) Resection of necrotic bone and tooth with infected oral biofilms in a patient with osteoradionecrosis.

peptic ulcer disease, gastric adenocarcinoma and mucosa-associated lymphoid tissue lymphoma.

## **BIOFILM INFECTIONS IN THE VAGINA**

Biofilms are implicated in vaginal infections such as bacterial vaginosis and vulvovaginal candidiasis [143]. Bacterial vaginosis is the most common genital tract infection in women during their reproductive years. It is associated with serious health complications such as preterm delivery and sexually transmitted diseases [144]. Bacterial vaginosis is characterised by a reduction of beneficial lactobacilli and a significant increase in the number of anaerobic bacteria, including *Gardnerella vaginalis*, *Atopobium vaginae*, *Mobiluncus* spp., *Bacteroides* spp. and *Prevotella* spp., resulting in a thick multispecific vaginal biofilm, with *G. vaginalis* as the dominant player. *Candida* species are common inhabitants of the vagina, which can form biofilms leading to vulvovaginal candidiasis. *C. albicans* is the most commonly isolated species of *Candida*, followed by *C. glabrata*, from cervicovaginal swabs in vulvovaginal candidiasis [145].

## **PROSTATE INFECTIONS**

Bacterial infection of the prostate gland is the most frequent cause of recurrent urinary tract infections in young and middle-aged men. Chronic bacterial prostatitis is also associated with bacterial species that are able to form biofilms and infect prostate cells [146]. *E. coli* is the most commonly isolated organism from these infections, but other Gram-negative organisms belonging to the genera *Klebsiella*, *Proteus* and *Pseudomonas* are also common. Studies suggest that the *E. coli* strains often seen in chronic bacterial prostatitis have a high virulence factor and great degree of biofilm formation. The pathogenesis of chronic bacterial prostatitis has not yet been scientifically proven, but it is assumed that the infection moves from the distal urethra to the prostate. Although haemolysin is the main virulence factor by which *E. coli* causes acute prostatitis, the association between haemolysin and biofilm formation may result in increased ability of *E. coli* strains to persist in the prostate [147].

## NAIL INFECTIONS

Fungi form complex sessile biofilm communities which can irreversibly attach to epithelial surfaces such as nails. These fungal biofilms can lead to onychomycosis, or fungal infection of the nails. *Trichophyton rubrum* and *T. mentagrophytes* are the most commonly involved fungal species in onychomycosis [148]. Fungal biofilms in the nails may act as a persistent source of infection and account for antifungal resistance. Severe or persistent fungal nail infections demand surgical removal of the nail.

## CONCLUSIONS AND PERSPECTIVES

The path from the discovery of microorganisms to the understanding of their prevalence and significance in modern settings has been a long and interesting one marked by several landmark discoveries. However, with every new breakthrough, there arises a potential landscape of information yet to be uncovered, complicating our understanding of microbes and microbial biofilms. The aim of this introductory chapter was to provide a brief overview of the historical perspectives about microorganisms, biofilm lifestyle of microbes, nature of biofilm formation and development, properties of microbial biofilms and their implications in clinical settings. An insight into the inherent complexity of biofilms, their multispecific existence in nature and interactions with their hosts are some of the aspects that will be covered in the next few chapters of this book. A detailed discussion on the multidrug-resistant properties of microbial biofilms and their characterisation by different omics approaches such as genomics, transcriptomics, proteomics and metabolomics will be the focus of the latter half of the book.

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# 2 Clinical Implications of Interkingdom Fungal and Bacterial Biofilms

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## CONTENTS

Introduction	
Polymicrobiality on the Mucosa and Beyond: Clinical Considerations	
Oral Cavity and Sinuses	
Respiratory Tract	
Gastrointestinal Tract	
Urinary Tract	
Wounds	
Medical Devices	
Cross-Kingdom Interactions	
Staphylococcal Interactions	
Streptococcal Interactions	
Porphyromonas Interactions	47
Pseudomonas Interactions	
Escherichia Interactions	49
Enterococcus Interactions	49
Lactobacillus Interactions	
Candidal Interactions	51
Conclusions	
Corresponding Author	53
References	

## INTRODUCTION

Fungal biofilms, in particular *Candida albicans*, remain an important healthcare issue as a consequence of ineffectual clinical management strategies [1]. Over the past several decades, we have learned a great deal about their mechanistic and clinical importance, particularly in relation to resisting the challenge of host and antimicrobial molecules [2,3]. However, it is generally acknowledged that *Candida* rarely exist within a monospecies environment, and that mixed-species biofilm populations consisting of aggregates of other fungi and bacteria are ubiquitous, and as such are

a clinically important entity exemplified by an increasing volume of literature [4–7]. Traditional microbiology approaches invested time and effort in unravelling the importance of specific bacterial–bacterial interactions, which has been to the relative detriment of the study of polymicrobial interactions. This has led to a knowledge gap on the significance of fungal–bacterial interactions, which is pertinent given the growing evidence from the literature that polymicrobial interactions may synergise the pathogenic potential of one or other microorganism [8,9]. Moreover, these coinfections may resist antimicrobial treatment strategies, which collectively serve to highlight the importance of a dual approach to microbial analysis [10]. This chapter aims to critically evaluate the available evidence as a means of appraising the clinical importance of fungi in polymicrobial environments, using key biofilm diseases and groups of microorganisms to illustrate these points.

## POLYMICROBIALITY ON THE MUCOSA AND BEYOND: CLINICAL CONSIDERATIONS

Within the human host, mucosal surfaces including the oral cavity, nasopharynx, respiratory tract, gastrointestinal tract and genitourinary tract support the growth and colonisation of a diverse microbiome, a microbial consortia of both bacterial and fungal species [4]. Moreover, breaches of the skin and development of wounds resultant from systemic disease (e.g. diabetic ulcers), or insertion of biomaterials, can create environments for the development of polymicrobial biofilm infections from endogenous and exogenous microbes. The potential for this is explained by the human mycobiome, which includes almost 400 fungal species detected in the oral cavity, skin, vagina and digestive tract [11].

## **ORAL CAVITY AND SINUSES**

The oral cavity is a primary route of entry for pathogens, and is home to this rich and diverse microbial flora. Data suggest that up to 10<sup>8</sup> microbes per millilitre of saliva are present, but these data are based on bacterial estimates [12]. Regardless of this diverse bacterial microbiome, the oral cavity represents an optimal environment for biofilm growth of a variety of fungal species. The first fungal mycobiome analysis of the oral cavity identified 74 culturable and 11 non-culturable fungal genera from a basal healthy population of 20 individuals using a pyrosequencing approach [13]. In fact, 101 genera in total were identified, which individually ranged from 9 to 23 different species. Candida spp. were shown to be the most prominent genera from patients (75%), followed by Cladosporium (65%), Aureobasidium (50%), Saccharomycetales (50%), Aspergillus (35%), Fusarium (30%) and Cryptococcus (20%). Although several of these genera are known to be pathogenic to humans, these data must be reviewed with caution, as these organisms were not cultured and their ecological role in the oral cavity is unknown. Candida spp. are the best characterised in the context of the oral cavity. Next-generation sequencing (NGS) technology is beginning to reveal the importance of *Candida* spp. within these complex communities [14]. For example, NGS analysis of elderly Dutch patients demonstrated that an increased candidal load was associated with an altered bacterial flora, which favoured coexistence

with oral streptococci [15]. Fungi such as *Candida* spp. are involved in a number of oral diseases and have been identified in numerous sites within the oral cavity. The sites from which *C. albicans* has been isolated include periodontal pockets, root canals, orthodontic appliances, enamel, dentures and mucosal surfaces [16–21]. Such polymicrobial biofilms are able to flourish in these environments because of the moisture, nutrients, hyphal growth and presence of commensal bacteria, all of which are required to form strong, virulent biofilms [22].

There is a growing appreciation that chronic rhinosinusitis, an inflammation of the mucous membrane that lines the paranasal sinuses, is typified by biofilm growth [23-25]. NGS revealed that 244 strains of microorganisms representing more than 50 families were identified in the maxillary sinus and middle nasal meatus (164 and 80, respectively). Streptococcus and Prevotella species, two key oral bacteria, were shown to predominate [26]. Though there is substantial evidence for the role of bacterial biofilms in sinus infection, the role of fungi is less well defined [27]. Given the anatomical location of the sinuses it is difficult to ascertain whether they form defined biofilms per se, though paranasal sinus fungus balls have been described [28,29], and these have been likened to fungal biofilms [30,31]. Of 118 patients studied over a 14-year period, 23.7% had a sphenoid fungus ball, of which Aspergillus fumigatus and Aspergillus nidulans hyphae were observed microscopically [29]. Other fungi are associated with these infections, including Schizophyllum commune [32,33], Trichosporon inkin [34], Mucorales [35], and Fusarium [36]. Infection with A. fumigatus within the maxillary sinus associated with a zygomatic implant has also been reported [37]. Therefore, the sinus is clearly a host environment for polymicrobial interactions [38].

#### **Respiratory Tract**

The close proximity of the trachea and bronchioles to the oral cavity and its warm moist environment makes for an attractive biofilm niche. The lung mycobiome has been suggested to have a significant impact on clinical outcome of chronic respiratory diseases (CRD) such as asthma, chronic obstructive pulmonary disease, cystic fibrosis (CF), and bronchiectasis [39]. Ventilator-associated pneumonia (VAP) is of particular interest, as the oral microbiota are known to form biofilms. Studies have shown that *Candida* spp. isolated alone or in combination from respiratory secretions in individuals with suspected VAP were shown to be associated with increased mortality compared to those in whom bacteria were isolated, with an unadjusted odds ratio of 2.9 [40]. Moreover, Candida colonisation has been associated with an increased risk of isolation of multidrug-resistant bacteria [41]. It is unknown whether Candida spp. represent a cause of disease or are a marker of disease. A study of VAP following cardiac surgery revealed that 30.19% of patients were culture positive for fungi, including C. albicans (16.97%); Pneumocystis jirovecii (3.77%); and C. glabrata, C. sake, C. krusei, Geotrichum capitatum and Cryptococcus humicola (1.89%) each] [42]. It is possible that the incidence of fungi within these VAP samples may be due to broad-spectrum antibiotics. Methods to prevent these biofilm infections include care bundles that include infection control measures, such as oral decontamination with chlorhexidine, which have dramatically cut the rates of VAP in the intensive care setting [43,44].

The lower respiratory tract is also associated with biofilm infection, of which *Pseudomonas aeruginosa* is a primary causative agent [45], though it is increasingly recognised that the fungal biofilms can persist in the lung and contribute towards infection. Filamentous moulds such as *A. fumigatus* can cause a spectrum of respiratory disease, including allergic bronchopulmonary aspergillosis (ABPA), an aspergilloma and invasive aspergillosis (IA) [46]. Bronchopulmonary lavage (BAL) of these individuals often reveals the presence of numerous intertwined hyphae forming complex multicellular structures indicative of a biofilm phenotype when examined histologically [47]. Aspergillary bronchitis is also a problematic biofilm-associated disease, characterised by bronchial casts containing mycelia forming compact masses [48]. Collectively, this evidence shows that *Aspergillus* species form medically important biofilms [49,50], so understanding their clinical role in the respiratory tract and how they interact with bacterial species is crucial, as these structures are highly resistant to antifungal therapy [51,52].

CF is an autosomal recessive disease caused by a mutation in the CF transmembrane conductance regulator [CFTR] protein, which is responsible for maintaining airway homeostasis and mucociliary clearance [53]. The morbidity and mortality associated with CF are linked to the irreversible decline in lung function caused by microbial colonisation of the airways and the resulting overactive neutrophilic immunological response [15]. The most commonly isolated pathogen is *P. aerugi*nosa, which has been reported to colonise the airways of up to 75% of adult patients with CF [6]. This is the most prevalent and persistent microbe found in the CF lung [54], and is associated with a more rapid decline in lung function, increased hospitalisation and a decreased life expectancy [55,56]. Infection in CF patients is also commonly associated with Staphylococcus aureus and Haemophilus influenzae, and recent advances in culture-independent, NGS technologies have revealed that the microbiome of the CF lung is much richer than previously appreciated, comprising a diverse range of bacterial and fungal pathogens, of which Aspergillus fumigatus is the most prevalent filamentous fungus [50]. A. fumigatus has a prevalence rate of between 10% and 57% [57,58], though other fungi have been isolated from the lungs including Scedosporium species, A. niger, A. flavus, A. nidulans and A. terrus [59,60], as well as several yeasts such as C. albicans, C. glabrata, C. krusei and C. parapsilosis. Lungs of persons with CF are lined with a thick viscous mucus layer susceptible to polymicrobial infections, leading to recurrent infections and continuous inflammation [53]. The interplay between the pathogens residing in the lung may be responsible for the acute exacerbations associated with CF, where the balance is tipped towards an environment with excess inflammatory, oxidative and proteolytic activity [22]. Several studies have identified an association between A. fumigatus and P. aeruginosa, where decreased pulmonary function was seen in coinfection in comparison to a mono-infection [61], a phenomenon also reported with Candida spp. and P. aeruginosa [62]. Evidence is therefore increasing for the improved clinical management of these patients [63]. Indeed, interkingdom interactions of the CF lung, and elsewhere, may lead to adverse clinical outcomes [64]. The ability of these microbes to form strong mixed-species biofilms likely contributes towards their persistence, making it extremely difficult to eradicate the infection [52,65].

#### **GASTROINTESTINAL TRACT**

The mucosa of the gastrointestinal (GI) tract is heavily laden with bacterial microbiota, growing as healthy biofilm communities [66]. The GI tract is composed predominately of bacterial microflora, with estimates suggesting that its total metagenome comprises some 150 times more genetic material than the human genome. Review of 36 mycology-focussed studies found that at least 267 distinct fungal taxa have been reported from the human gut, a list that is ever expanding [67]. If we examine this more closely, however, there is a small number of commonly detected yeast species and a long tail of taxa that have been reported only once, suggesting transient colonisation. Other studies suggest that the GI mycobiome includes 335 species and 158 genera. Use of 454 pyrosequencing, targeting the internal transcribed spacer (ITS) region of the rRNA genes in faecal samples, demonstrated that fungi were detected in at least 46 distinct fungal operational taxonomic units (OTUs) from two phyla (Ascomycota and Basidiomycota). Fusarium was the most abundant genus, followed by Malassezia, Penicillium, Aspergillus and *Candida*, although these are presumed to be transient owing to their abundance in the environment or dietary associations [68].

Clinically polymicrobial biofilms present a problem, for example, when they are located in the stomach of those with percutaneous endoscopy gastronomy (PEG) feeding tubes for enteral nutrition, or in the large intestines in diseases such as ulcerative colitis [69]. *C. albicans* and *C. tropicalis* have been shown to colonise these PEG tubes and contribute to degradation of the polyurethane [70,71]. Clinically this may lead to diarrhoea, or possibly cause translocation of microbes across the epithelial barrier, leading to sepsis. *Candida* spp. colonisation of the GI tract is common, accounting for 30% to 80% in normal healthy adults [72]. Chronic colonisation may lead to GI candidiasis, which in immunocompromised individuals may lead to systemic candidiasis. Although little direct work has focussed on fungal biofilm in the GI tract per se, this environment is largely a polymicrobial biofilm, and interactions between yeasts and bacteria are likely to exist and play a role in health and disease, particularly *Escherichia coli* and various anaerobic Gram-negative microorganisms. In fact, it has been suggested that *Candida* colonisation may enhance inflammation in the GI tract [73].

#### URINARY TRACT

The urinary tract is also a polymicrobial environment, with a diverse metagenome present that is capable of preventing bacterial vaginosis, yeast infections, sexually transmitted disease and urinary tract infections (UTIs) [74]. It has been estimated that up to a third of UTIs in the elderly are polymicrobial and that with both increasing age and recurrent use of antimicrobials, fungal UTIs become more frequent [75]. Several studies have shown that *E. coli* and *C. albicans* are the most prevalent bacterial and fungal urinary pathogens, respectively [76–78]. It is therefore increasingly realised that polymicrobial infections are important in the urinary tract. High acidity from lactic acid bacterial metabolism is a key mediator of selective inhibition of other species [79]. Therefore, control of candidal biofilms may be best achieved

through competitive inhibition by bacterial flora, such as lactobacilli, though no definitive studies have focussed in this area yet [80]. Nonetheless, it is suggested that 75% of woman experience vulvovaginal candidiasis at some point in their lives, suggesting that *Candida* spp. are important at this body site. *Candida* spp. have been associated with pyelonephritis, cystitis and prostatitis [81,82]. *Candida* biofilms have been detected on ureteral stents and have been shown to grow in this lifestyle experimentally on vaginal mucosa [83,84]. Urinary catheters are also a significant risk factor in intensive care units for healthcare-associated fungal infections [85]. Moreover, they are commonly detected on intrauterine contraceptive devices [86]. Although relatively rare, reports of an aspergilloma within the urinary tract are also possible [87,88].

#### WOUNDS

The skin microbiome is composed primarily of *Staphylococcus epidermidis* and other coagulase-negative staphylococci (CoNS), alongside *Corynebacterium*, *Propionibacterium*, *Brevibacterium* and *Micrococcus*, from the phylum Actinobacteria [89]. The most common fungi in the skin microbiome are *Malassezia* spp.; they are more prevalent in sebaceous areas and are thought to contribute to as much as 80% of the total fungal skin population [89,90]. Studies show that *Candida* spp. rarely colonise healthy intact skin, but are commonly implicated in infections in patients with immunodeficiency, diabetes and post-antibiotic use [5]. The skin is also thought to be colonised by *Debaryomyces* and *Cryptococcus* spp., although this has not been confirmed by molecular analysis [89].

Chronic wounds, associated with diabetic patients, vascular disease and immobility, are increasing as obesity, cardiovascular disease and urbanised sedentary lifestyles are becoming more common. Chronic wounds are an example of commensal skin organisms, including bacteria and fungi, invading and becoming pathogens on breach of the skin barrier when they form a diverse polymicrobial biofilm [89,91–93]. Biofilms have been observed in soft tissue samples from diabetic foot ulcers, pressure ulcers and venous leg ulcers by means of confocal microscopy, and at higher rates than acute wounds, using scanning electron microscopy and molecular techniques [94,95], and these represent a significant clinical burden to patients [96]. S. aureus and P. aeruginosa are the most significant pathogenic determinants of this process, which are often isolated together and have been shown to have a non-random association within the wound site [97]. A number of recent studies have investigated the diversity of chronic wounds, focussing on bacterial 16S ribosomal sequencing [98–101]. Evidence is emerging that pathogenic fungal species also play a role in these infections [102], and although generally uncommon various factors have led to an increased awareness, and even the development of novel diagnostics [103]. In a survey of 915 chronic wounds, 23% were identified as containing fungi as determined by quantitative real-time polymerase chain reaction (qPCR). There was a large diversity, with 34 genera, including 48 unique species, represented in at least five wounds. The most abundant fungi identified were from the genus Candida. Quantification of the relative abundance of bacteria versus fungus revealed that 67% wounds positive for fungi had fungal ratios accounting for more than half the

microbial component. In this subset, 24 wounds were composed of more than 90% fungal component [104]. These data suggest that ignoring the fungal component of chronic wounds will result in 23% of wounds not being adequately treated. This estimate of the prevalence of fungi is reinforced by a culture study in which 25% of the diabetic foot wounds surveyed contained fungi, either alone or in conjunction with bacteria [105]. The presence of fungi was also found to be associated with poor glycaemic control [105]. In a study of US military personnel injured during combat who had persistent evidence of wound necrosis and evidence of fungal infection by microbiology and/or histopathology, mould isolates were recovered in 83% of cases (*Mucorales*, n = 16; Aspergillus spp., n = 16; Fusarium spp., n = 9), commonly with multiple mould species among infected wounds (28%). Clinical outcomes included three related deaths (8.1%), frequent debridements (median, 11 cases), and amputation revisions (58%) [106], thus highlighting the clinical importance of these infections. Sophisticated NGS approaches of samples from venous leg ulcers have shown that C. albicans, C. glabrata and Aspergillus species are present, but most intriguingly the authors report that individuals have unique microbial profiles, suggesting that a personalised approach to treating these infections is required alongside current biofilm-based wound care therapeutics [107]. This becomes apparent when a recent retrospective molecular analysis of 915 chronic wound infections is considered; in 208 (23%) of these, pathogenic fungi were isolated from pressure ulcers, diabetic foot ulcers, non-healing surgical wounds and venous leg ulcers [108]. Yeasts were the most abundant fungi (Candida spp.), but Aureobasidium, Cladosporium, Curvularia, Engodontium, Malessezia, Trichtophyton and Ulocladium were also found to be prevalent amongst polymicrobial infections. Overall, fungal species represented more than 50% of the microbial burden in the majority of specimens examined, prompting empiric antifungal treatment.

#### MEDICAL DEVICES

The hospital represents a significant burden of fungal and bacterial biofilm infection to the patient population with temporary and permanent biomaterials (Table 2.1). Moreover, broad-spectrum antibiotics, parenteral nutrition and immunosuppression due to chemotherapy and radiotherapy, and disruption of mucosal barriers due to surgery, are among the most important predisposing factors for invasive fungal infection [109]. Prominent pathogens associated with indwelling medical devices are either commensal flora that have migrated from around the skin onto the device, or of nosocomial origin [110,111]. Prevalent Gram-positive organisms include CoNS, partially because of their widespread presence on the skin [89], but also because of their ability to adhere to surfaces including host tissue, fibronectin and the indwelling medical device itself [110]. S. aureus is also commonly implicated; it is commonly carried in the nares and is a well-documented nosocomial pathogen [112]. S. aureus is a highly virulent organism, with the ability to produce multiple toxins, leading to tissue damage that incites a vigorous immune response, leading to an acute infection [113]. S. aureus device-related infections often lead to the patient developing a bacteraemia, which itself leads to further complications such as endocarditis and increased mortality [114]. Estimates suggest that around 27% of candidaemias are

## TABLE 2.1Medical Devices Commonly Associated with Biofilm Infections

Devices	Fungi	Bacteria	References
Pacemakers	C. albicans	S. epidermidis	[115,116]
Artificial heart	Candida spp.	Staphylococcus aureus	[117–119]
valves	Aspergillus spp.	Coagulase-negative	
		Staphylococcus	
		Viridans Streptococci	
		Enterococcus spp.	
Ventilators	Candida spp.	Staphylococcus spp.	[5,120]
	Aspergillus spp.	Pseudomonas spp.	
		Acinetobacter spp.	
		Enterobacteriaceae	
Vascular catheters	Candida spp.	Staphylococcus spp.	[5,121–124]
		Viridans Streptococci	
		Escherichia coli	
		Klebsiella spp.	
Urinary catheters	C. albicans	E. coli	[5,125–127]
Dentures	Candida spp.	Lactobacillus spp.	[128]
Breast implants	C. albicans	Staphylococcus spp.	[129,130]
	Aspergillus niger	Streptococcus spp.	
	Curvularia spp.	Klebsiella spp.	
		Bacillus spp.	
		Propionibacterium spp.	
Prosthetic joints	Candida spp.	Staphylococcus spp.	[131,132]
		Streptococcus spp.	
		Propionibacterium spp.	
Intragastric balloons	Candida spp.	Enterobacter cloacae	[133]
Neurosurgical shunts	Candida spp.	Staphylococcus spp.	[134,135]
		Streptococcus spp.	
		Enterococcus faecium	
		Corynebacteria sp.	
		Gram-negative rods	
Voice prosthesis	Candida spp.	Rothia dentocariosa	[136,137]
		Staphylococcus spp.	
		Streptococcus spp.	
		Lactobacillus spp.	

polymicrobial, with a large proportion of this mixed with *S. aureus*, which is the third most commonly isolated pathogen [138].

*Candida* spp. are important nosocomial bloodstream infections, and are the fourth most common infectious agent in the intensive care unit, and are the most common aetiologic agent of fungal-related biofilm infection. Alongside these infections are the more common CoNS, which are the most common biomaterial-related bacteria. CoNS follow a more low-grade chronic disease progression [139]. Although bacteria are commonly implicated as the source of device-related infection, as alluded to

earlier, fungi such as *Candida* are important and their involvement often leads to lower patient survival rates [140,141]. S. epidermidis, a CoNS, has been found in coinfections with Candida in pacemaker infective endocarditis [115] and on central venous catheters (CVCs) [142]. Scanning electron microscopy of S. epidermidis and *Candida* biofilm growing within vascular catheter material shows that the bacteria attach to both morphological forms of the fungus [116]. These types of infection are inherently difficult to resolve and may require both long-term antimicrobial therapy and/or physical removal of the implant to control the infection. Indwelling medical devices, such as intravascular catheters, can become colonised with *Candida* spp., allowing the development of adherent biofilm structures from which cells can then detach and cause an acute fungaemia and/or disseminated infection. It was shown that Candida bloodstream infections caused by biofilm forming isolates could be independently predicted by the presence of central venous catheters, urinary catheters, total parenteral nutrition and diabetes mellitus [143], and that high levels of biofilm formation significantly impacted mortality [144]. Studies of this nature highlight the clinical importance of biofilm forming isolates of C. albicans, particularly those associated with indwelling catheters, and the likelihood of these being of a polymicrobial interkingdom nature.

Other biofilm-related yeast and filamentous fungi infections have also been increasingly described, including *Aspergillus*, *Cryptococcus*, *Coccidioides*, *Zygomycetes*, *Blastoschizomyces* and *Malassezia*. *Aspergillus* species have been reported to cause serious biomaterial-related biofilm infections, involving catheters, joint replacements, cardiac pacemakers, heart valves and breast augmentation implants. *C. neoformans* has been shown to colonise and subsequently form biofilms on cardiac valves, peritoneal dialysis fistulas, ventricular shunts, and prosthetic hip joints [1]. This list of biomaterial-associated fungal species is by no means exhaustive, but does provide a vivid picture of the true extent of clinically important fungal biofilms associated directly with the human host [145]. Given our knowledge of how bacterial pathogens interact with these same materials, it highlights how important polymicrobial interkingdom biofilm infections can be in this arena.

## **CROSS-KINGDOM INTERACTIONS**

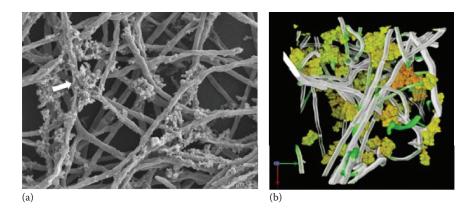
#### **STAPHYLOCOCCAL INTERACTIONS**

Angular cheilitis is an inflammation of one, or more commonly both, corners of the mouth. Although not particularly common per se, this condition is of interest as it is often associated with the co-isolation of *Candida* spp. with *Staphylococcus aureus*, microorganisms not unaccustomed to one another within the human host [146–148]. Both species are leading pathogens in blood-borne and systemic infections, a major cause of morbidity and mortality in hospitalised patients. These species are of significant interest because of the escalating development of antimicrobial resistance and their increasing involvement in chronic and systemic polymicrobial biofilm infections [149], and have been shown to coaggregate together and exist within a dynamic and interactive state [6,150,151]. The relationship between these two has been described as mutualistic, synergistic and antagonistic, yet most of the evidence

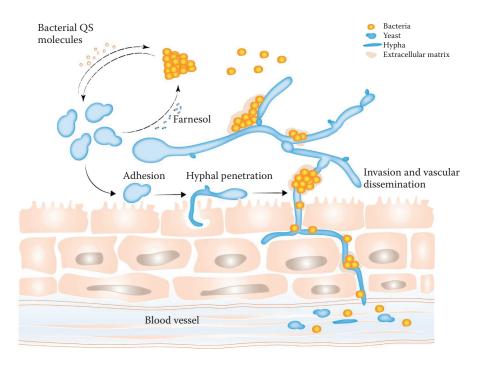
indicates synergy, as the majority of their interactions are associated with enhanced pathogenicity and disease severity [152,153].

The interaction between *C. albicans* and *S. aureus* has been associated with enhanced pathogenic behaviour, disease severity and morbidity [154]. They form mixed polymicrobial biofilms in which *S. aureus* cells are found attached to *C. albicans* hyphal filaments [155,156]. Their colocalisation within biofilms is still unclear, as some describe them interspersed throughout the biofilm three-dimensional structure [155], whereas others describe them as only found attached within the upper layers of the biofilm [157]. This disparity could be explained by different experimental conditions (e.g. growth medium). The initial colonising species plays a key role in dictating their interaction, as it has been shown that *C. albicans* biofilm formation was delayed when *S. aureus* colonised first, yet when added simultaneously biofilms formed rapidly [156]. The reason for this inhibition is unknown; perhaps *S. aureus* secretes an inhibitory molecule preventing *Candida* adhesion.

It has also been shown that *S. aureus* preferentially adhere to hyphal filaments (Figure 2.1) by relying on the adhesion to the *C. albicans* agglutinin-like sequence 3 protein (Als3p) [151,155], though it is likely that other proteins are involved. *S. epidermidis* have also been shown to adhere preferentially to hyphae (Figure 2.1), with large adhesion forces (~5 nN) evident between single bacterial and fungal germ tubes [158]. Studies have shown that *S. aureus* binding to *C. albicans* hyphae was significantly stronger than that of all other bacteria tested, including *P. aeruginosa* [155]. Interestingly, it was reported that none of the members of the ALS family of adhesins, (*ALS*1–7 and *ALS*9), including *ALS*3, are involved in interspecies adhesion [159]. Thus further insight is required before we can fully understand the mechanisms responsible for adherence, yet it is likely that this is a complex process in which a multitude of proteins are involved. Nevertheless, it is thought that adhesion to hyphae may assist *S. aureus* in penetrating into the host [153], in a manner analogous to injection from a needle-stick injury (Figure 2.2). This has been demonstrated



**FIGURE 2.1** Mixed polymicrobial biofilm. (a) Scanning electron micrograph and (b) confocal micrograph illustrate the adhesion of *S. aureus* (denoted by arrow or yellow colour) to *Candida* hyphal filaments forming a complex polymicrobial biofilm.



**FIGURE 2.2** Cross-kingdom interactions. Bacteria and fungi interact with each other in a variety of forms including physical associations and molecular exchanges (e.g. farnesol and QS molecules). The hyphal growth of fungi acts as a niche for bacterial biofilm formation and potentially assists them in penetrating into the host.

in mice studies, in which mixed infections with *C. albicans als3* $\Delta$  strains together with *S. aureus* were unable to invade the tongue, whereas the wild-type infections demonstrated coinfection [151]. The ramifications of this enhanced invasive capacity have been shown historically to impact mortality, where synergism between the coinfected species administered intraperitoneally in a mouse model led to 100% mortality, whereas monospecies infections caused no mortality whatsoever [160]. Whether or not the relationship between the two organisms is physical or chemical remains to be determined, although there is evidence that growth-related synergy is an important factor in their cohabitation of micro-niches [161]. Indeed, the physical relationship between the organisms is important, but not fundamental. Recent studies indicated that morphogenesis, that is, the presence of hyphae, is not critical for their pathogenic potential, as demonstrated in some intricate murine studies using *C. albicans* genetically locked into the yeast state [162]. This suggests that physical cellular interactions are not solely responsible.

Metabolic signalling between *C. albicans* and *S. aureus* may play an important role in orchestrating this relationship. Chemically mediated signalling in the form of quorum sensing (QS) could potentiate both positive and negative interactions between these two microorganisms, which may inadvertently impact clinical outcomes. *C. albicans* secretion of farnesol, a QS molecule, decreases *S. aureus* biofilm

formation, as well as increasing its susceptibility to antibiotics [163–165]. Moreover, it was shown to competitively inhibit *S. aureus* lipase activity [166]. However, it was found that *S. aureus* conditioned media had a striking impact on *C. albicans* biofilm growth rate, indicating that *S. aureus* secretes a reciprocal QS molecule that stimulates *C. albicans* growth [167]. Nonetheless, whether *C. albicans* secretes sufficient farnesol *in vivo* to have an effect on *S. aureus* remains unknown. Yet despite these conflicting results, the majority of studies support the idea of a synergistic relationship between the two.

Indeed, affinity panning of an S. aureus phage display library against C. albicans biofilms demonstrated that S. aureus released extracellular fibrinogen binding protein (Efb) during the interaction. This was shown to coat C. albicans yeast cells and reduce phagocytosis by granulocytes [168]. To gain a better understanding of the molecular interaction between C. albicans and S. aureus, Peters and colleagues undertook a proteomics approach to identify proteins up-regulated during their interaction [155]. The majority of the 27 proteins that were up-regulated were involved in processes including stress and growth responses and metabolism. S. aureus upregulated stress-related genes in response to both yeast and hyphae, yet, interestingly most of these genes were up-regulated in response to yeast rather than hyphal biofilms. As for C. albicans, yeast cells increased a number of stress-related proteins such as Tsalp and aconitate hydratase, yet C. albicans in hyphal formation showed minimal changes in gene expression in response to S. aureus. These results suggest that both organisms induce a stress response on their initial encounter with one another, particularly while *Candida* exists in yeast form. However, as they mature and develop into a hyphal biofilm, they may down-regulate these genes as a survival strategy, facilitating survival within the host.

Clearly, these two pathogens have the ability to influence one another's behaviour, so care must be taken in their clinical management. Broad-spectrum antimicrobial activity is crucial, accounting for both prokaryotes and eukaryotes. The use of ethanol has been shown to be effective at preventing both mono- and polymicrobial biofilms [169]. However, the successful use of miconazole in angular cheilitis is interesting given no precise mechanism of action for this azole to S. aureus [170]. It could therefore be hypothesised that given the polymicrobiality of the disease miconazole acts by inhibiting C. albicans activity, thereby destabilising S. aureus colonisation, which is physically supported by the hyphal biofilm meshwork. Studies in S. epidermidis have shown that extracellular DNA (eDNA) release through autolysis is an important entity in supporting mixed biofilm growth [171], and is a feature also critical for C. albicans biofilm extracellular matrix (ECM) integrity [172,173]. Therefore, it is not surprising that eDNA and the ECM from both C. albicans and S. aureus biofilms are both involved in affecting the action of antibacterial agents. In fact, it has been shown that S. aureus is protected against vancomycin treatment using concentrations as high as 1600 mg/mL within the mixed biofilm environment, through C. albicans ECM preventing diffusion and access to S. aureus [157]. There are, however, other adaptive resistance mechanisms that play a role in this resistance phenotype [159]. In a study on the effects of fluconazole and vancomycin on coculture biofilms, increased drug resistance was shown in the coculture compared to the single species [116]. This supports the hypothesis that slime production by S. epidermidis contributes to drug

resistance. It also suggests that resistance can be enhanced by the presence of *Candida* [116]. Mixed biofilms have also been shown to cause increased catheter infection with increased dissemination of the *S. epidermidis* in a mouse model, which could provide an explanation for adverse clinical outcomes [174].

#### STREPTOCOCCAL INTERACTIONS

Dental caries is one of the most common conditions worldwide, impacting 36% of the entire global population [approx. 2.43 billion] [175]. Dental plaque biofilms play a key role in the development of dental caries, through carbohydrate metabolism (predominantly sucrose) that leads to the production of large quantities of lactic acid and ultimately the dissolution of tooth surfaces. Streptococcus mutans and Lactobacillus species are most commonly associated with caries [176,177], however, recent oral microbiome studies have highlighted the polymicrobial aetiology of carious lesions [178,179]. Candidal yeasts have been isolated in patients with caries [180,181], though the evidence for their direct role has not yet been shown directly. There is now growing evidence that C. albicans actively participates in cariogenic biofilms, through synergistic interaction with S. mutans [181,182]. Evidence of enhanced exopolymeric matrix production, facilitated by the increased surface area associated with hyphal networks, supports mixed biofilm growth of dense communities cemented to tooth enamel. There are a range of streptococci amongst the primary colonisers of the oral cavity that comprise a large proportion of the overall flora [183,184]. Oral streptococcal species are often termed the mitis group streptococci (MGS), which include S. gordonii, S. oralis, S. mitis, S. sanguinis and S. parasanguinis species [185]. MGS are thought to comprise approximately 60-80% of the flora [186], although use of NGS technology has revealed them to also be predominant colonisers of oral mucosal surfaces [186].

The relationship between *Candida* and streptococci is generally considered to be synergistic, with advanced microscopy showing streptococcal interactions with the hyphal filaments of Candida [187]. Streptococci provide Candida with nutrients from the salivary pellicle, such as lactate and glucose, which *Candida* utilises as a source of carbon [188]. Furthermore, streptococci are aciduric and thus create an acidic environment through the fermentation of carbohydrates [189]. At low pH Candida grows in its yeast form, though when cocolonised with streptococci it can grow and survive at a lower pH (<4.5), and the H<sub>2</sub>O<sub>2</sub> produced by streptococci can induce hyphal growth by inducing oxidative stress [190,191]. This interaction is bidirectional, as C. albicans can promote the survival of streptococci by lowering oxygen tension levels to those more acceptable for streptococcal growth, as well as providing nutrients to stimulate bacterial growth [192]. This synergistic relationship can prove detrimental for the host. Studies have shown that streptococci augment the persistence of *Candida* spp. It was demonstrated that coinfection with *C. albicans* and S. oralis resulted in a more pathogenic inflammatory response compared with infection with either microorganism alone, as illustrated through an exaggerated upregulation of TLR2-dependent inflammatory genes [187,193].

Adherence to mucosal surfaces occurs through binding interactions with components of the salivary pellicle, but there are a limited number of niches for *C. albicans* 

to inhabit, and C. albicans has to compete [194]. To overcome this, it has evolved a mechanism allowing it to bind directly to MGS species [190]. This interaction is mutually beneficial, as C. albicans can support the outgrowth of streptococci by enabling them to form robust biofilms [193]. Adherence between these two species occurs via interactions of the C. albicans hyphal cell wall protein Als3 and the streptococcal cell surface adhesins SspA and SspB [195], proteins that belong to the antigen I/II polypeptide family [196]. Als3p is one of eight Als protein family members, and direct binding of SspB to Als3p is required for bacterial-fungal attachment. Interaction between these molecules is associated with the N-terminal domain of Als3 [197], as deletions at the N-terminus abrogate binding to S. gordonii. This interaction may be more complex than originally thought, as the peptide-binding domain (PBD) of C. albicans is essential for C. albicans-S. gordonii adherence. The PBD functions by binding to the free C-terminus; however, in S. gordonii the SspB C-terminus is covalently linked to peptidoglycan and is thus unavailable to bind. Recent studies suggest that the early stage of cell wall O-mannosylation may be important in the development of these polymicrobial communities [187].

An important component of biofilms is the ECM [193]. Streptococcal biofilm ECM is composed of  $\alpha$ -glucans [198], whereas *Candida* biofilm ECM is composed primarily of  $\beta$ -glucans [199,200]. *S. mutans* utilises its ECM components to enhance adhesion to fungal cells by depositing  $\alpha$ -glucans on the surface of hyphae [198]. The interaction between *S. mutans* and *C. albicans* is promoted by glucosyltransferase-derived ECM and expression of the *S. mutans* virulence gene *gtfB* [201]. It was also shown that Candida-derived  $\beta$ 1,3-glucans contribute to ECM matrix structure, while fungal  $\beta$ -glucan and mannan provide sites for GtfB binding and activity. Furthermore,  $\beta$ -glucans are found on the surface of hyphae as well as in the matrix [18], suggesting that streptococci utilise these proteins to adhere to candidal hyphae. Collectively, this suggests the biofilm ECM contributes to this mutualistic behavior, favouring their coexistence in the oral environment to the detriment of the host.

QS is an important factor in the relationship between *Candida* and streptococci. Farnesol, a tetraprenoid alcohol and a key intermediate in the sterol biosynthetic pathway in eukaryotic cells, represents the primary QS molecule associated with C. albicans, its main role being repression of hyphal growth and biofilm formation [202]. It has been suggested that S. gordonii is able to suppress farnesol induced inhibition of biofilm formation via autoinducer 2 (AI-2), as luxS mutants were less effective at permitting hyphal formation [196]. Farnesol has also been shown to inhibit S. mutans biofilm accumulation and ECM production [203], leading to suggestions that it could be used as a chemotherapeutic strategy [204]. AI-2 is the primary QS molecule secreted by bacteria that allows interspecies communication [205]. The luxS gene is associated with AI-2 production. Streptococcal luxS mutants can form monospecies biofilms, yet, when cocolonised with C. albicans, biofilm formation becomes abrogated, suggesting this molecule is involved in cellular communication between both organisms [196,206]. Another important signalling mechanism in streptococci, including S. gordonii, is through the comCDE operon, which encodes a sensor-regulator system (ComDE). The latter is activated by the *comC* gene encoded competence stimulating peptide (CSP). In a coculture model, S. gordonii  $\Delta comCDE$ or  $\Delta comC$  mutants with C. albicans showed increased biofilm biomass compared to

wild-type biofilms. Interestingly, more eDNA was observed in the mixed  $\Delta comCDE$  mutant biofilms. Although purified CSP did not affect *C. albicans* hyphal formation, contrary to earlier findings [207], it did inhibit monospecies biofilm formation, suggesting that the *S. gordonii* comCDE QS-system modulates the production of eDNA [208], an important component of candidal ECM [172].

#### **PORPHYROMONAS** INTERACTIONS

Periodontal disease (PD) is a complex polymicrobial disease caused by hostpathogen interactions, affecting around half of the US population younger than 30 years old. It exists in mild (gingivitis) and severe (periodontitis) forms. Both forms of disease can be categorised by the development of polymicrobial biofilms, which form initially above the gum line (supragingival plaque), and can subsequently lead to subgingival plaque biofilms. The composition of these biofilms and their clinical outcomes has been well characterised using Socransky's traffic light analogy [209,210]. However, surprisingly, there has been a distinct lack of research into the role of Candida spp. in this disease, especially as Candida spp. has been found within the subgingival plaque of patients with severe chronic periodontitis, where quantitatively high levels of C. albicans were shown to correlate with moderate and severe chronic periodontitis [211]. Evidence for direct causality is lacking, yet studies involving diabetic patients identified a relationship between subgingival candidal colonisation and periodontitis [212,213], though this could purely be a result of elevated blood sugar levels supporting the growth of Candida spp. Furthermore, the use of oral contraceptives (OCs) have implicated Candida spp. in PD, as evidence shows an increased carriage rate, as well as higher incidences of oral and vaginal candidiasis among OC users [214-216]. Severe periodontitis is also more common among OC users, suggesting that the hormones lead to the development of a dysbiotic biofilm, enabling Candida yeast to colonise [217]. Nonetheless, whether or not Candida plays a significant role in periodontal biofilms, and the specific interactions involved, remain to be elucidated.

Life in subgingival plaque is highly anaerobic, favouring many obligate PD pathogens such as Porphyromonas gingivalis, Fusobacterium nucleatum and P. intermedia. However, given the undefined relationship between Candida spp. and PD, this remains a relatively neglected area of research. Studies regarding C. albicans and P. gingivalis have produced conflicting results. It was shown that P. gingivalis suppressed Candida biofilm formation through a reduction in the number of viable yeast cells coincidental with an increasing P. gingivalis concentration [218]. Conversely, it was also shown that *P. gingivalis* induces germ-tube formation in *C.* albicans, producing a more invasive phenotype, thus increasing the risk of infection [219]. Furthermore, both microbes appear to have an antagonistic effect on one another in relation to host cell adhesion, as P. gingivalis inhibited adhesion of C. albicans to buccal epithelial cells [220], whereas the presence of C. albicans did not enhance adhesion to gingival epithelial cells or gingival fibroblasts by P. gingivalis [221]. Yet, in the same study preexposure of gingival epithelial cells and fibroblasts to C. albicans enhanced cell invasion by P. gingivalis. Clearly, further studies are required to decipher how these microorganisms interact with one another. As for *F. nucleatum*, coaggregation studies have revealed its ability to adhere to *C. albicans* species [222], as well as *C. dubliniensis* [223]. However, the interaction with *C. albicans* may be temperature dependent as *C. albicans* grown at 37°C did not coaggregate with *F. nucleatum*, yet the two species did coaggregate when grown at 25°C and 45°C [223]. The exact mechanistic behind these interactions remain unknown; however, these observations indicate *C. albicans–F. nucleatum* interactions may be an important factor in oral colonisation by yeasts.

#### **PSEUDOMONAS** INTERACTIONS

The CF lung is a site of intense interkingdom interaction, where *P. aeruginosa* is a primary participant. It has been shown that *P. aeruginosa* is able to selectively form biofilms on hyphae and kill C. albicans, but not the yeast form [224]. Presumably this occurs through the release of a phenazine toxin [225,226]. It has also been shown to inhibit the morphological transition through a 3-oxo-Cl2 homoserine lactone [227], a phenomenon replicated in studies of A. fumigatus biofilm [228]. Recent evidence from a murine model demonstrated that lung tissue injury caused by P. aeruginosa infection is alleviated if preceded by a short-term C. albicans colonisation [229]. This was a result of C. albicans activating interleukin-22 (IL-22) producing innate lymphoid cells, which provided protection from *P. aeruginosa*-induced injury [230]. Given the dynamic relationship between these organisms, it is not surprising that release of the QS molecule farnesol by C. albicans impacts P. aeurginosa by inhibiting its quinolone signalling, which controls pyocyanin production [231]. These studies highlight the ongoing and dynamic battle within a polymicrobial environment such as the CF lung, which clearly plays a crucial role in the overall pathogenesis of disease [150]. Elegant studies in a Drosophila infection model of polymicrobial infection demonstrate this point; they showed that microorganisms of the CF airways were able to influence the outcome of an infection depending on the presence or absence of *P. aeruginosa* [232,233].

P. aeruginosa has also been shown to inhibit A. fumigatus filamentation via the release of molecules involved in intracellular communication [228]. Investigations into the interactions between these two are limited; however, the release of small molecules designed to inhibit fungal growth appear to be the primary form of interaction. One particular group of metabolites known as phenazines have been reported to inhibit A. fumigatus biofilm formation; however, it was also found that A. fumigatus was able to convert these metabolites released by P. aeruginosa to produce fungal siderophores, which may in turn influence CF progression [234]. Furthermore, P. aeruginosa releases the metalloprotease elastase, which has been shown to be toxic to host cells [9]. It was found that elastase production was constitutive, but became significantly increased in the presence of A. fumigatus during biofilm coculture. Furthermore, elastase was cytotoxic to human lung cells, therefore indicating that the presence of both of these pathogens could synergistically contribute towards enhanced pathogenicity [9]. Thus, in general, evidence suggests that the co-isolation of both of these organisms indicates a poorer prognosis; however, the relationship between the two remains poorly understood and requires further investigation into their polymicrobial interactions.

#### **ESCHERICHIA** INTERACTIONS

C. albicans can exhibit both a mutual and antagonistic relationship with E. coli. Studies using lipopolysaccharide (LPS) from a variety of Gram-negative strains have shown that hyphal formation is inhibited, as is biofilm formation in a number of *Candida* spp. [235], indicating that physical interaction may be an important factor in defining their subgingival niches. Subsequent work in E. coli demonstrated that secreted elements also play an important role in affecting hyphal formation [236]. It has been shown that the non-pathogenic E. coli strain 83972 is able to inhibit the attachment of a range of urinary pathogens, including C. albicans, to Foley catheters [237]. The precoating of the catheter surface with the bacteria was able to reduce fungal attachment significantly. Although the underlying mechanisms are unknown, it is likely that an amalgamation of the secretion of antifungal molecules and a competition for both surface area and nutrients are the reasons for this inhibition. The ability of E. coli, as well as another Gram-negative bacilli, Pseudomonas aeruginosa, to inhibit C. albicans biofilm formation on Foley catheters has also been shown [238]. They reported that dual species biofilms containing C. albicans and either of the Gram-negative organisms or bacterial lipopolysaccharide alone were able to reduce candidal adhesion to the catheter disc significantly. It should be noted that these observed antagonist relationships appear to be very much strain dependent, yet nonetheless might provide a useful insight into possible probiotic therapeutic approaches.

Contrary to this, multiple studies have shown a synergistic *in vivo* relationship between E. coli and C. albicans [239,240]. Moreover, it has been shown in a murine model that a concomitant infection with both C. albicans and E. coli demonstrates a synergistic co-operation in which the bacteria strengthens the colonisation of C. albicans to the host bladder mucosa. The reason for this disparity observed between in vitro and in vivo studies remains unclear, though additional factors associated with the animal hosts are likely to change the dynamic relationship between these organisms. This increased attachment then enhances the probability of a fungal UTI [241]. These same organisms are also found as the principal biofilm forming pathogens that colonise urinary catheters. Recent studies showed that in a C. albicans-E. coli polymicrobial biofilm model, ofloxacin tolerance of E. coli is significantly increased in comparison to that of its own monospecies biofilm [242]. Furthermore, using a *C. albicans*  $zap1\Delta/zap1\Delta$  mutant which overexpresses  $\beta$ -1,3-glucan, these biofilms showed a further increase in ofloxacin resistance than the wild-type polymicrobial biofilm, highlighting the role which integral cell wall protein  $\beta$ -1,3-glucan contributes to this resistance. Recently, experimental murine studies have reported that C. albicans is able to modulate the bacterial microbiota composition of nonpathogenic species after antibiotic exposure [243], suggesting that in health there is a bidirectional relationship between bacteria and C. albicans, rather than simply competitive inhibition by bacteria.

#### **ENTEROCOCCUS** INTERACTIONS

Endodontitis is characterised by an infection of the pulp within the dental root canal system, and is classically of biofilm aetiology. Endodontic infections are associated

with four key phyla (Firmicutes, Bacteroidetes, Actinobacteria and Proteobacteria), yet bacterial pathogens from more than 100 different genera have been implicated, although Enterococcus faecalis is considered the primary aetiological agent [244]. The composition of endodontic biofilms is often reflected in their site of origin, that is, those in periapical infections are composed primarily of anaerobic bacteria, whereas those from cariogenic lesions can be compared to supragingival plaque. Evidence for interkingdom interactions within endodontic infection is scarce; however, Candida spp. are becoming increasingly isolated [245]. In vitro studies have demonstrated that C. albicans is able to penetrate dentine tubules [246]. C. albicans has been identified within root canal samples, and an association between C. albicans and E. faecalis has been identified [247,248]. Yet, despite this, there still remains a distinct lack of evidence regarding polymicrobial interactions in the root canal environment. Candida spp. and E. faecalis have become increasingly noted for their co-isolation within endodontic infections, both of which play an important role in nosocomial infection. Interestingly, data from a longitudinal study conducted over two years at a German teaching hospital found that Candida-positive patients (blood, cerebrospinal fluid, skin, faeces or sputum) were twice as likely to be cocolonised by E. faecalis [249]. E. faecalis has been found to incorporate itself into Candida biofilms, and is the third most predominant bacterial species found in mucosal fungal biofilms [18,250]. It was shown to adhere to *Candida* in both hyphal and yeast forms, yet caused a reduction in the overall biofilm biomass [250]. However, Cruz and colleagues demonstrated that E. faecalis inhibited hyphal morphogenesis, which was partially dependent on the Fsr QS system, a major regulator of *E. faecalis* virulence [251]. Collectively, this effect impacted virulence during coinfection when compared to monospecies infection, suggesting that they both negatively influence one another's virulence and help maintain a commensal relationship [252]. Further work has revealed that C. albicans releases a surface protein Msb2, which binds to host antimicrobial peptides as well as antibiotics, thus conferring protection to both organisms [253]. Furthermore, evaluating the influence of C. albicans on the dynamics of the bacterial microbiome following antibiotic treatment found that bacterial recolonisation was enhanced in the presence of C. albicans [243]. Moreover, C. albicans reduced Lactobacillus spp. while enhancing the level of *E. faecalis*, which led to the persistence of *E. faecalis* long term. This effect was not apparent in subjects when C. albicans was absent. Whether this effect was due to a synergistic relationship with E. faecalis or an antagonistic interaction with lactobacilli remains to be elucidated.

#### **LACTOBACILLUS** INTERACTIONS

There is a conceived dogma that lactobacilli antagonise candidal colonisation [254], which forms the basis of why they play a key role in probiotics. It is well documented that probiotics reduces candidal levels at several sites, including oral cavity, bloodstream and urinary tract [255,256]. Early observations indicate that levels of *C. albicans* decreased in the presence of lactobacilli through provision of nutrients for lactobacilli that leads to lactic acid production, thus hindering candidal growth through pH-dependent inhibition. This dynamic relationship suggests that there is a close association between the two, but to date this has been observed mainly in

vaginal infection. Our own microbiome studies of denture plaque have shown that C. albicans and lactobacilli are positively associated in disease (unpublished work). The role of lactobacilli in maintaining homeostasis at the vaginal mucosa initially came to light as a result of the occurrence of vaginal candidiasis during treatment with systemic antibiotics. The mechanisms by which Lactobacillus spp. inhibits growth and virulence of Candida spp. are not yet fully understood, but perhaps they involve the production of hydrogen peroxide, as it has been shown to cause anticandidal activity, albeit in some strains of lactobacilli [257]. This suggests that other interactive mechanisms are involved in disease, including the modulation of the host response whereby lactobacilli cells have been shown to up-regulate inflammatory cytokines when cocultured with C. albicans [258], potentially assisting in the clearance of candidal infection. Despite the overwhelming evidence of an antagonistic interaction, certain species of oral Lactobacillus, namely L. casei, have demonstrated a stimulatory effect on hyphal growth of C. albicans [259], and in fact it has been demonstrated that candidal hyphae have the capacity to coaggregate and support lactobacilli levels in patients with higher levels of oral disease [260]. Nevertheless, further studies are required to investigate these interactions in detail to determine the true extent of the dynamic relationship; particularly as the conceived antagonism may exist only for C. albicans. For example, recent studies have shown that only one of six probiotic Lactobacillus spp. had an inhibitory effect on growth of C. glabrata [261]. This suggests that the interaction between *Candida* and lactobacilli may be dependent on the particular environment they cohabit.

#### **CANDIDAL INTERACTIONS**

Denture stomatitis (DS) refers to inflammation of the oral mucosa and pathological changes associated with the tissue surfaces in direct contact with the prosthesis [262]. Approximately two thirds of denture wearers will experience DS at some point [263]. Dentures support the growth of polymicrobial biofilm communities which contain up to  $10^{11}$  microbes per milligram of denture plaque [264,265]. In general DS is considered to be of yeast aetiology, as the literature is excessively focussed on *Candida* spp. [266–269]. C. albicans is the yeast most commonly isolated from dentures and is responsible for most of the DS-associated pathology; however, C. glabrata, C. dubliniensis, C. tropicalis, C. krusei and a range of other Candida spp. have been commonly isolated [270,271]. Candida colonises the oral cavity of 25–50% of the healthy population, but can become pathogenic under optimal conditions or when the immune response is compromised [272]. It is a dimorphic yeast, with the ability to switch to a hyphal phenotype, a prerequisite for biofilm formation [273]. The hyphal form is associated with a more invasive phenotype and with an enhanced capacity to adhere to the denture surface and is commonly found in individuals affected with DS [263,274]. Nonetheless, it is unlikely that *Candida* is solely responsible for the infection given that recent first NGS microbiome analysis of denture plaque identified hundreds of species of bacteria colonising the denture surface. The predominant bacteria included Actinomyces, Streptococcus, Rothia, Veillonella and Lactobacillus [275]. This particular composition is likely due to the ability of many of these bacteria to coaggregate with C. albicans hyphae [260,276]. The specific interactions in a

polymicrobial denture biofilm remain to be elucidated; however, what we do understand is that these biofilms actively release proteolytic and lipolytic enzymes leading to inflammation of the palatal surface [277,278], ultimately causing DS.

Hyphae provide C. albicans with an advantage over many of its competitors in terms of size and surface area, enabling them to take advantage of more sites for adhesion and occupation of a variety of niches. This is why it is a more successful pathogen than other members of the genus. Nonetheless, there is hypothesis that *Candida* spp., in particular C. glabrata, benefit from C. albicans. There have been suggestions that DS pathology may be promoted by the synergistic interaction between these species within denture biofilms. Coco and colleagues [270] first reported that C. glabrata and C. albicans were often co-isolated from patients, particularly those with severe inflammation. The authors hypothesised that pathogenic synergy existed between the two Candida spp. C. glabrata, devoid of hyphae, forms relatively structurally poor and unstable biofilms, yet is associated with disease. Therefore, it was hypothesised to use C. albicans as a structural scaffold to gain entry into the host. Further studies have confirmed this, where C. albicans appeared to assist the invasive capacity of C. glabrata within an in vitro reconstituted epithelial biofilm model [279]. The mechanistics of this interaction are at present unknown; however, we can speculate that tissue destruction through proteolytic and lipolytic enzymes augments the invasive capacity of the hyphae and allows coaggregative C. glabrata to enter and contribute to pathogenesis. Further work by this group has shown similar data with work in a reconstituted human vaginal epithelial model, where C. glabrata individually caused minimal tissue damage, though there was a significant increase in C. glabrata colonisation and invasiveness in combination with C. albicans [280]. Damage was dependent primarily on the process of invasion, with key virulence genes upregulated (HWP1, PLD1 and ALS3). Further studies using in vivo models to investigate the pathogenesis of denture stomatitis would be useful in this context [281], although as described earlier there is mounting evidence that hitchhiking through adhesion to hyphae is not a limited phenomenon and may also be important with respect to C. glabrata using C. albicans to gain entry to the host [153].

## CONCLUSIONS

Interkingdom interactions within biofilms are an important clinical entity. These interactions may be chemical, physical or both, and are dictated by the particular environment they cohabit. The physical presence of hyphae creates scaffolds for coadhesion, and secretion of signalling molecules from the myriad of microorganisms on mucosal surfaces highlight how the interactome, comprising the micro- and myco-biomes, metagenomes, transcriptomes and metabolomes, makes for a complex clinical scenario. If one brings in the host innate and adaptive immune system this paints a picture of limitless interactions to investigate and unravel. Understanding how each of these specific interactions influences pathogenicity will enable us to target these medically important interkingdom infections. Though, we must be cognisant of the negative influences of changing its role within complex oral biofilm communities and the consequences of dysbiosis [282], as this may support unnecessary proliferation and overgrowth, ultimately leading to poor disease outcomes.

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# 3 Oral Biofilms and Their Implication in Oral Diseases

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# CONTENTS

9
9
0
2
2
'3
4
'5
6
7
7
7

# INTRODUCTION

Microorganisms and the host live together in a symbiotic and inseparable relationship, when colonising the human host. Endogenous oral microorganisms tend to form complex biofilm communities on the surface of teeth and the oral mucosa, which are their natural habitats. Normally, this intimate interaction is commensurate with health. However, should microecological changes occur in these specific niches of the oral cavity, some of the microorganisms in the biofilm will become more prolific and may act as opportunistic pathogens, therefore inflicting disease. In fact the most common oral diseases, including dental caries, endodontic infections, periodontal diseases and peri-implant diseases, are almost exclusively of microbial biofilm etiology. Hence, it is the aim of this chapter to review the current knowledge on the ecological considerations and microbial composition of various oral biofilm communities, and to elaborate their implication in the associated oral diseases.

# ORAL MICROBIAL ECOLOGY AND THE ORAL MICROBIOTA

The oral cavity is the beginning of the digestive system and forms an intersection with the respiratory system. It is inhabited by a plethora of microorganisms that are collectively referred to as the 'oral microbiota' or the 'oral microbiome'. Most bacteria are transiting through the oral cavity rather than successfully residing in it. Physiological factors, such as salivary flow and shearing forces, or microecological factors, such as redox potential, partial oxygen pressure, pH and nutrient availability, define whether a microorganism is suitable for surviving in the environment of the oral cavity. Host-related factors, such as the local immune response, hormonal changes, aging, smoking and drug consumption may also influence the composition of the oral microbiota. The capacity of a microorganism to adhere onto, for instance, a tooth surface is an important initial step, but its ability to grow onto that surface is instrumental for its survival and adaptation into the oral cavity. Hence, despite their large diversity, oral microbes in fact exhibit a high tropism for their particular ecological niche.

The various microanatomical niches of the oral cavity are defined by its structural tissues: the soft oral mucosal surfaces (including gingiva, cheeks, lips, palate, tongue and tonsils) and the teeth. Saliva is the fluidic milieu of the oral cavity that lubricates the mucosa and teeth, provides buffering capacity and food clearance, and contains various mineral elements, serum components, antimicrobials and nutrients. The salivary pellicle that coats the tooth surfaces is mediating the attachment of oral bacteria onto these surfaces. In addition, oral bacteria can metabolise nutrients contained in saliva, for the benefit of their growth.

Despite the unbarred interaction of the oral cavity with the aerobic environment, several of the microorganisms that reside in it are strictly anaerobic or aerotolerant. More than 1,000 different taxa have been identified by metagenomic sequencing at various anatomical niches of the oral cavity (approximately only half of them cultivable) [1,2]. This microbial affluence and combinatory possibilities result in a very complex microbial flora that can vary between individuals, or even between different oral niches of the same individual.

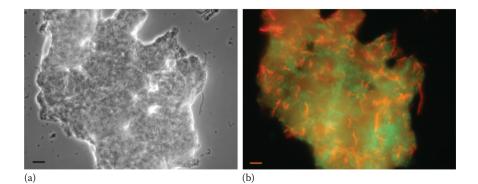
#### **BIOFILMS AND ORAL PHYSIOLOGY**

Microorganisms in nature tend to grow on surfaces, and only transiently exist in planktonic single cell form. Hence, they form 'biofilms', which are microorganism communities embedded into a polymeric matrix consisting of their own released metabolic products and components of the environment in which they grow. In principle, the phenotypic properties of microbes in a biofilm are fundamentally different from their planktonic counterparts. Their growth slows down but they coaggregate, benefitting from each other's metabolic products and exchanging communication (molecular) signals. This enables them to sense their microcommunity more efficiently. In fact, 'microgradients' are established within the mass of a biofilm, selectively favouring the growth and survival of the most well-adapted species. These microgradients can be physicochemical (e.g. temperature, redox potential, oxygen partial pressure and pH), or molecular (e.g. penetration of nutrients, diffusion of secreted communication molecules, etc.). In terms of medical importance, a striking behavioural difference of biofilms compared to planktonic microbial cells is that the former are extremely tolerant to antimicrobial agents (even at a magnitude of 1,000-fold), and to components of the immune system.

The dental plaque forming on the tooth surfaces is most often used synonymously with the terms 'dental biofilm' or 'oral biofilm'. In fact, dental plaque possesses all the required traits to be considered a polymicrobial biofilm [3]. Indeed, it can form on biological or artificial surfaces, such as natural teeth, or dental prosthetic and implant restorations, respectively. Hundreds of different microbial species can contribute to the formation of an oral biofilm. When considering the localisation on tooth surfaces, oral biofilms that grow above the gingival margin are defined as 'supragingival', whereas ones that form below the gingival margin are termed subgingival.

It is beyond question that the oral microbiota is imperative for a healthy oral cavity. Despite their great diversity, they are marked by a very high stability among the constituent species and their interaction with the host [4], establishing a homeostatic relationship. A functional and metabolic redundancy also exists between the microorganisms of a biofilm. This ensures the coverage of the same metabolic role by several microorganisms within that unique community. Hence, when one of the constituent microbes undergoes elimination in a biofilm, its role is likely to be covered by other members of that same community. In principle, the greater the species' diversity in a microbial biofilm, the higher its functional stability, owing to their overlapping metabolic capacities. This stability may be an important factor to ensure a healthy state status of the host.

One may say that controlled colonisation of the mucosal and tooth surfaces by commensal microbiota is commensurate to health. They act to (a) prime, without overstimulating the immune system, (b) out-compete the colonisation and invasion of the oral tissues by exogenous pathogens and (c) ensure health-compatible microenvironmental conditions that prevent endogenous opportunistic pathogens from outgrowing and prevailing. Characteristic microorganisms of supragingival biofilms associated with oral health rather than disease are streptococci, particularly of the mitis group, and *Leptotrichia buccalis* (Figure 3.1), as well as various *Actinomyces* spp., *Veillonella* spp. and *Neisseria* spp.



fluorescence microscopy (b). Notice the presence of the small streptococci (green) within the biofilm mass and the long filamentous *Leptotrichia buccallis* (red). Scale bars =  $10 \mu m$ .

**FIGURE 3.1** Image of a supragingival biofilm sample obtained from a disease-free tooth site, as viewed under direct light microscopy (a). The sample was processed by fluorescence *in situ* hybridisation (FISH), using 16S rRNA-targeting oligonucleotide probes for the genus *Streptococcus* (green) and the species *Leptotrichia buccalis* (red), and was viewed by epi-

#### **BIOFILMS AND ORAL PATHOLOGY**

The most contemporary hypothesis proposed on the relationship between oral biofilms and oral diseases is the 'ecological plaque hypothesis', according to which there is a tight equilibrium between the local oral microbiota and the host response. Microbes typically associated with the disease may still be present at a healthy site, albeit at too low numbers and proportions to be deleterious. Changes in the local microenvironmental conditions may cause breakage in this homeostatic equilibrium and result in a shift of the biofilm's microbial composition. Under the newly established conditions, quiescent opportunistic pathogens can now become prolific and more virulent, leading to oral disease. Oral diseases of biofilm etiology include dental caries, endodontic infections, periodontal diseases and peri-implant infections. These are the most exclusive and common oral diseases, and recent epidemiological surveys indicate that their treatment has a severe global economic impact, amounting to almost half a trillion US dollars annually [5].

#### **DENTAL CARIES**

Dental caries is a very common oral disease of biofilm etiology. It is characterised by the localised destruction of the mineral tissue of the teeth, starting as white lesions and progressing as excessive cavitations. The different anatomical sites of the tooth (e.g. fissures, cervical region and proximal surfaces) have different susceptibilities in cariogenic biofilm formation. The fissures of the occlusal surfaces of posterior teeth are the sites most prone to foster cariogenic biofilms and hence more likely to develop dental caries.

The demineralisation of the enamel and dentin occurring in dental caries is a consequence of a local drop in pH, caused by bacteria of the biofilm. Evidently, supragingival biofilms are directly exposed to the openness of the oral cavity and the affluent sugar availability in our nutrition. Given the appropriate fermentable carbohydrates, overgrowth and maturation of a supragingival biofilm will result in the domination of aerobic, or aerotolarant, and saccharolytic lactic acid-producing bacteria. As such, acidogenic and aciduric members of the mutans streptococci and lactobacilli are most well adapted to grow under these conditions, and their presence correlates well with caries. These bacteria adhere by means of cell surface adhesins to the receptors which are present on the saliva-coated tooth [6]. They degrade the carbohydrates derived from foods and form organic acids such as lactic, formic, acetic and/or succinic acid. Subsequently, the supragingival plaque pH falls to around 4 in several minutes. In particular, Streptococcus mutans is the dominating cariogenic species, followed by Streptococcus sobrinus and various members of the Lactobacillus spp. [7]. On the other hand, an inverse relationship between dental caries and other members of the *Streptococcus* spp. has also been reported, in particular Streptococcus sanguinis. S. sanguinis is capable of oxidising thiocyanate (SCN-) in saliva to hypothiocyanite (OSCN-), thereby repressing the glycolytic activity of mutans [8]. A number of Actinomyces spp. have been associated with the root cementum caries. This is a form of the disease that occurs in periodontitisaffected teeth, in which the root surface is exposed due to gingival recession. It is

also proposed that the hard-tissue specificity (e.g. enamel, dentin or cementum) may influence the establishment of a caries-specific biofilm microflora [9,10].

By the use of high-throughput metagenomic sequencing methods, additional microbial genera have been identified in biofilms obtained from dental carious lesions, including *Bifidobacterium*, *Propionibacterium*, *Scardovia*, *Atopobium*, *Prevotella* and *Veillonella* [10,11]. Such studies not only show large variations in the microbial genera detected in biofilms from carious lesions, but also denote that an overlapping degree of metabolic activities must exist between them, despite their phylogenetic distance.

#### **ENDODONTIC INFECTIONS**

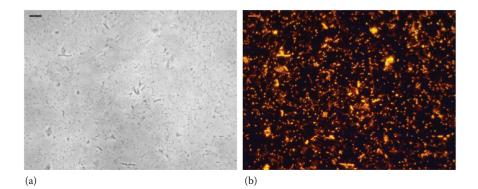
Progression of dental caries results in microbial invasion into the pulp chamber and root canal space. Eventually, the contained pulp tissue becomes infected, and within that confined space it is not immunologically efficient to tackle the evolving infection. If the infection is not handled clinically by removal of the affected pulp tissue, the subsequent necrosis will lead to infection of the entire root canal space, forcing the host defence front to establish at the periapical tissue region (i.e. surrounding apex of the root of the tooth). This is frequently accompanied by the formation of a periapical bone lesion, which is visible radiographically and is defined clinically as apical periodontitis.

Endodontic infections are clearly of polymicrobial nature, and the magnitude of the microbial load may be proportional to the extent of the periapical host response. Although not completely established, there is circumstantial, yet convincing, evidence that the microbial challenge that causes the immunological response in the periapical region is organised in the form of biofilms [12,13].

The microbial composition of endodontic infections is largely characterised by Gram-negative anaerobic species belonging to the *Bacteroidetes* phylum [14,15], or Gram-positive facultative anaerobic enterococci, particularly Enterococcus faecalis. E. faecalis has been implicated in about 24-77% of endodontic lesions. E. faecalis possesses various survival and virulence factors such as its ability to compete with other microorganisms, invade dentinal tubules and resist nutritional deprivation [16]. However, high-throughput molecular studies have revealed an even greater diversity of the microbiota in the infected root canals. This mosaic includes uncultivable members of the phyla Spirochaetes, Deferribacteres, Synergistetes, Firmicutes, Bacteroidetes, Actinobacteria and Proteobacteria [17–20]. There are interindividual variations in the microbial spectrum of infected root canals, that is, the microbial communities in infected root canals of different individuals are not exactly the same [17,19,21-24], and may also differ according to the location of the affected tooth [25,26]. Even within a single infected root canal, the microbial composition in the apical and coronal regions differs: the former typically has a higher level of microbial diversity than the latter, and the dominant microbes are different (the apical area mainly contains obligate anaerobes) [17,27]. Shifts in the microbial composition occur at different phases of endodontic infections (i.e. chronic versus acute), which also indicates underlying differences in the immunological responses at the affected regions [28].

#### **PERIODONTAL DISEASES**

Periodontal diseases, along with dental caries, are the most common oral diseases in humans. Gingivitis is the initial inflammatory reaction of the gingiva to a developing supragingival biofilm on the tooth surface. Periodontitis is a progressed stage of periodontal disease, and the primary cause of tooth loss in adults. The pathogenesis of periodontitis entails the process of inflammatory destruction of the tooth-supporting (periodontal) tissues, in response to a subgingival biofilm developing on the juxtaposed tooth surface. The development of a subgingival biofilm within a periodontal pocket is an unwanted clinical/histopathological outcome, and a sign of progressing periodontal disease. The environment of a periodontal pocket is an oxygen-restricted one, which is continuously enriched by the protein-rich exudate of the inflamed gingival tissue, the gingival crevicular fluid (GCF). The proteineous nutrional source and the low oxygen microenvironmental conditions favour the proliferation of anaerobic and proteolytic microorganisms such as Porphyromonas, Tannerella, Treponema, Prevotella, Fusobacterium, Campylobacter and Eubacterium spp. in the subgingival biofilms. Indeed, it has long been known that conversion from health to periodontitis is associated with Gram-negative, anaerobic and motile microbial flora [29–32]. Representative images demonstrating the morphological diversity of the microorganisms present within a periodontitis-associated subgingival biofilm are shown in Figure 3.2. The most well-established and characterised periodontal pathogens, according to their prevalence and association with disease severity, are the 'red complex' species, namely Porphyromonas gingivalis, Tannerella forsythia and Treponema denticola [30], all of which are strict anaerobes and proteolytic. Other biofilm species closely associated with periodontitis are Prevotella intermedia, Eikenella corrodens, Campylobacter rectus, Fusobacterium nucleatum and Aggregatibacter actinomycetemcomitans, the latter one particularly in aggressive



**FIGURE 3.2** Image of a subgingival biofilm sample obtained from a periodontal pocket, as viewed under direct light microscopy (a). The sample was processed by fluorescence *in situ* hybridisation (FISH), using a 16S rRNA-targeting oligonucleotide probe for all eubacteria (red), and was then viewed by epifluorescence microscopy (b). Notice the great morphological diversity among the biofilm species, including cocci, rods of various sizes, fusiforms and spirochetes (all red). Scale bars = 10  $\mu$ m.

forms of the disease [11,30]. Biofilm species associated with periodontal health rather than disease are *S. sanguinis*, *S. mitis* and various *Actinomyces* spp. [33,34].

Contemporary culture-independent metagenomic approaches based on 16S rRNA cloning and sequencing have revealed a further complex mosaic of the biofilm microbiota associated with periodontitis. Newly identified periodontitis-associated bacteria include the species *Peptostreptococcus stomatis*, *Filifactor alocis* and members of the genera *Desulfolobulus*, *Dialister*, *Megasphaera* or the phyla *Synergistetes*, *Deferribacteres* and TM7 [35–38]. A recent systematic review of the available metagenomics literature has identified that at least 17 novel individual species or phylotypes, beyond the well-characterised ones, may be associated with periodontitis [39]. As changes in the clinical periodontal status are associated with shifts in the microbial composition of the subgingival biofilm community, it is postulated that more species are 'lost' or 'gained' in subjects whose clinical status has changed over time. Therefore, there is an evolving concept that measuring 'microbial stability', rather than screening for individual species, may be useful in the clinical diagnosis of periodontitis and prognosis of its treatment [38].

#### **PERI-IMPLANT DISEASES**

Peri-implant diseases are a new form of oral infections that have arisen with the emergence of dental implants as a routine treatment option in restorative dentistry. Failure of functional dental implants is primarily associated with chronic infection of their peri-implant tissues, as a result of biofilm colonisation. The associated biofilm forms on the implant surface, within a peri-implant pocket (a pathological structure analogous to the periodontal pocket). These biofilms are best defined as 'submucosal'.

The periodontal and the peri-implant pocket potentially share similar microenvironmental conditions (e.g. anaerobic). The initial form of peri-implant infection is peri-implant mucositis, characterised by inflammation of the soft peri-implant mucosa, but with no evidence of destruction of the supporting bone. Progression of inflammation deeper into the implant-supporting bone manifests as peri-implantitis. Peri-implant mucositis and peri-implantitis are considered as the peri-implantitis are ants of gingivitis and periodontitis. Yet, the clinical features of peri-implantitis are much more aggressive, rapidly progressing and difficult to treat, compared to periodontitis. In this sense, the patho-mechanisms of peri-implantitis may be distinct to those of periodontitis, even though they display qualitative similarities [40]. A good description of the relationship between peri-implantitis and periodontitis is that they are 'fraternal' infections [41].

The biofilm microbiota of healthy peri-implant sites resemble that of healthy periodontal sites. The switch to peri-implant mucositis is associated with increased presence of cocci, motile bacilli and spirochetes, comparable to that in gingivitis, whereas progression to peri-implantitis is associated with a switch to Gram-negative, motile and anaerobic species highly resembling periodontitis [42,43]. In essence, the qualitative microbial composition of peri-implantitis-associated biofilms resembles that of periodontitis. Nevertheless, some microorganisms identified in submucosal biofilms are not common in subgingival ones, including staphylococci, aerobic Gramnegative bacilli (e.g. Enterobacteriaceae, *Pseudomonas* spp., etc.), *Helicobacter*  *pylori*, as well as *Candida* spp. fungi [44–48]. Current molecular methods, such as broad-range polymerase chain reaction (PCR) and pyrosequencing, have helped us increase our knowledge on the composition of submucosal biofilms [49–52]. We now start to understand that the peri-implant and periodontal biofilm microbiomes may have similarities, but also distinctive differences [53].

# CONCLUDING REMARKS

Oral biofilms form naturally on tooth and mucosal surfaces. The interaction between their component organisms and the host is a crucial homeostatic mechanism for the maintenance of health. Yet, changes in the microenvironmental conditions may cause shifts in the endogenous microbial flora of the biofilm into an opportunistic one, thereby causing disease. The most common oral diseases, including dental caries, endodontic, periodontal and peri-implant infections, are of biofilm aetiology. Importantly, these are polymicrobial infections and therefore no one biofilm microorganism alone can be singled out as their principal causative factor. A summary of the major microbial taxa found to be associated with these infections is provided in Table 3.1. Rather, the disease process is perceived as the deregulated crosstalk between a more virulent biofilm community and an insufficient host immune response. Therefore, future preventive and therapeutic strategies for oral diseases

#### TABLE 3.1

# Summary of Major Microbial Taxa Involved in Biofilm-Associated Oral Infections

	Endodontic		
Dental Caries	Infections	Periodontal Infections	Peri-Implant Infections
Streptococcus mutans	Enterococcus	Porphyromonas	Various periodontal
	faecalis	gingivalis	pathogens
Streptococcus sobrinus	Actinomyces spp.	Tannerella forsythia	Staphylococcus spp.
Actinomyces spp.	Fusobacterium spp.	Treponema spp.	Enterobacter spp.
Lactobacillus spp.	Treponema spp	Prevotella spp.	Escherichia spp.
Bifidobacterium spp.	<i>Synergistetes</i> phylum	Fusobacterium spp.	Klebsiella spp.
Propionibacterium spp.	<i>Deferribacteres</i> phylum	Campylobacter spp.	Pseudomonas spp.
Scardovia spp.	Firmicutes phylum	Eubacterium spp.	Helicobacter spp.
Atopobium spp.	Bacteroidetes	Aggregatibacter	Candida spp.
	phylum	actinomycetemcomitans	
Prevotella spp.		Desulfolobulus spp.	
Veillonella spp.		Dialister spp.	
		Synergistetes spp.	
		Megasphaera spp.	
		Deferribacteres phylum	
		TM7 phylum	

should aim at controlling the ecological parameters that drive biofilm formation, rather than eliminating completely the associated oral microbial flora.

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# 4 Composition and Diversity of Human Oral Microbiome

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# CONTENTS

Introduction	81
Human Oral Microbiome	82
Oral Bacteriome	85
Human Oral Microbiome Project	87
Composition and Diversity of the Oral Bacteriome	87
Oral Mycobiome	90
Composition and Diversity of the Oral Mycobiome	
Oral Virome	94
Composition and Diversity of the Oral Virome	94
Interaction of the Human Oral Microbiome and Host in Health and Disease	
Corresponding Author	97
References	

# INTRODUCTION

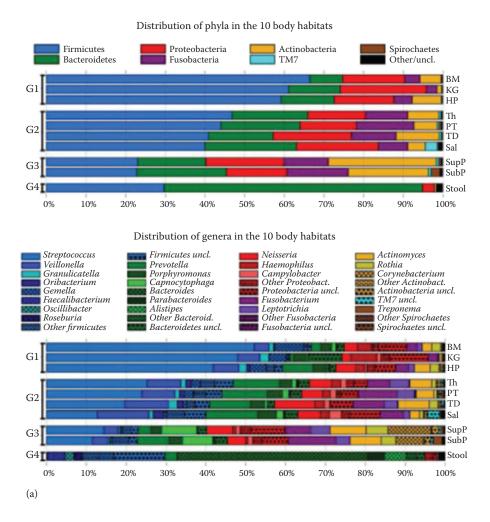
Our understanding of the human microbiota has evolved over a period of nearly five centuries, since the observation of microorganisms in human dental plaque by Antonie van Leeuwenhoek [1]. Today, it is known that the human body surfaces and cavities are inhabited by a complex and dynamic consortium of microorganisms which reside harmoniously with the host in health. Yet they are capable of eliciting disease under certain circumstances [2]. These microbial communities were thought to be approximately 10 times more abundant than human cells, together making us a 'superorganism' [3]. However, recently some have suggested the ratio of microbial to human cells is less than what was previously thought [4].

The term *microbiome* was proposed by Nobel laureate Joshua Lederberg to signify the ecological community of commensal, symbiotic and pathogenic microorganisms that literally share our body space [5]. Hence, the microbiome is the totality of microbes, their genetic elements (genomes) and environmental interactions in a particular environment [5]. However, the term microbiome may be confused or even used interchangeably with the term *microbiota*, which is the microbial taxa associated with humans [6]. The microbiome has evolved through thousands of years of coinhabiting in a microbial-human symbiosis with mutual benefits [7]. The overall human microbiome is contributed by the various microhabitats throughout the body. Each microhabitat forms a unique ecosystem with its distinct atmospheric and nutritional compositions [8,9]. The oral cavity harbours one such extremely diverse and complex microbial community, with more than 700 bacterial species [10,11]. The oral microbiota mostly lies within the protective consortium of biofilm which can be formed on the hard surfaces of teeth as well as the soft tissue of the oral mucosa. However, oral microbiota can also exist in the 'free-floating' or the 'planktonic' mode in the oral fluidic environment such as saliva and gingival crevicular fluid. In health, the microbial composition and activity in the oral microbiome remain stable and maintain oral homeostasis. However, a dysbiosis, or disruption to the microbial homeostasis, can turn the once harmonious microbiota into a potential source of infection in the oral cavity [12]. Moreover, biofilm cells may also disperse and gain access to the circulation, causing systemic effects at distant body sites.

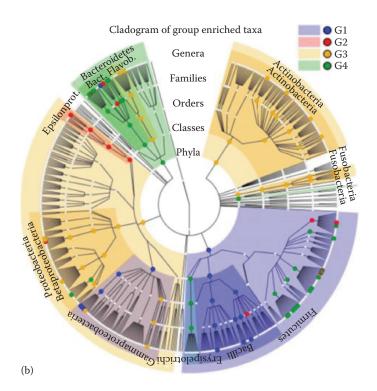
In the past, research on microbial pathogenesis was largely focussed on single pathogenic organisms. However, with the advent of high-throughput omics biology techniques, it has become feasible to study the whole microbial community, that is, microbiota or microbiome in health and disease [13]. For example, oral microbiota have been shown to be associated with a number of systemic diseases, including cardiovascular disease, respiratory tract infections, gastrointestinal diseases and adverse gestational outcomes [14]. In this context, it becomes a prerequisite to enhance our current knowledge on the oral microbiome in health and disease states. In this chapter, we attempt to briefly discuss the composition and diversity of human oral microbiome. The novel gene sequencing tools which have been used for the microbial profiling are also elaborated. Knowledge of the oral microbiome will also help readers to understand the framework and diversity of the microbiome of other body sites such as gut and vagina.

#### HUMAN ORAL MICROBIOME

As the oral cavity is at the junction of entrance into the enteric and respiratory systems, the acquisition of oral microbiome is unique. The oral cavity is in constant contact with the environmental microbes via food intake or mouth breathing, which contribute to the diverse oral microbial community. The oral microbiome is one of the most diverse and complex microbiomes in the human body [15,16] (Figure 4.1). The oral microbial community is formed mainly by a diverse range of bacteria and much less characterised members which include fungi, viruses and archaea. The microbiome can survive in a planktonic state as in saliva or remain adhered to hard and soft tissues forming biofilms. The two types of microbiome that exist across body habitats are variable microbiome and core microbiome [17]. The variable microbiome is subject specific, and is acquired in response to lifestyle, genotypic and phenotypic factors. The core microbiome is the predominant overlapping microbiome profile shared among different healthy individuals [10,18]. The identification of key members of variable and core microbiome will allow us to understand the metabolic network existing among host and microbial interactions [19]. Although individuals share microbiota at similar sites of the body, there are varying differences at the species and strain levels of the microbiome. This can be as inimitable to the individual as is the fingerprint [20]. The core microbiome of the oral cavity is summarised in Figure 4.2.



**FIGURE 4.1** Taxonomic composition of the microbiota from 10 digestive tract body habitats. (a) Microbiota from the 10 habitats are grouped based on the ratio of Firmicutes to Bacteroidetes as follows: Group 1 (G1), buccal mucosa (BM), keratinized gingiva (KG) and hard palate (HP); Group 2 (G2), throat (Th), palatine tonsils (PT), tongue dorsum (TD) and saliva (Sal); Group 3 (G3), supragingival (SupP) and subgingival plaques (SubP); and Group 4 (G4), stool (Stool). (Continued)



**FIGURE 4.1 (CONTINUED)** Taxonomic composition of the microbiota from 10 digestive tract body habitats. (b) Circular cladogram reporting taxa consistently differential among the body habitats in at least one group detected using Linear discriminant analysis Effect Size (LEfSe). (From Segata, N. et al., Composition of the adult digestive tract bacterial microbiome based on seven mouth surfaces, tonsils, throat and stool samples. *Genome Biol.* 2012;13(6):R42.)

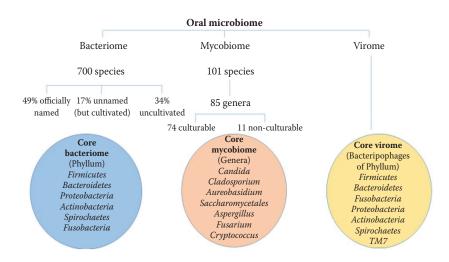


FIGURE 4.2 Summary of oral microbiome.

#### **ORAL BACTERIOME**

Of the different members constituting the oral microbiome, the oral bacteriome is the most extensively studied group of the microbial community. Rapid advances in molecular identification techniques in the past few decades have given us an insight into the phylogenetic evolution of the oral bacteriome, their diversity at different niches and their role in health and disease states.

Traditional culture-dependent techniques have identified approximately 280 oral bacterial species [21]. However, culture-dependent techniques limit the isolation and characterisation of cultivable bacteria, which are less than half of the species present in the oral cavity [22]. The fastidious growth, morphological variations and unusual biochemical reactions may account for limited capacity of the culture-dependent identification methods. Subsequent development of microbial DNA-based identification technologies such as checkerboard assays and microarrays have aided the identification of more oral bacterial species, which were not possible with culture-dependent methods.

Using whole genomic DNA probes and checkerboard DNA–DNA hybridisation, Socransky et al. characterised the periodontal microbial communities into color-coded complexes. Accordingly, the group of 'red complex' bacteria (*Porphyromonas gingivalis, Treponema denticola* and *Tannerella forsythia*) were found to be strongly associated with periodontitis [23]. However, microbial identification based on the aforementioned DNA techniques requires prior knowledge of the organism to construct species-specific primers and probes [24].

The development of 16S ribosomal RNA (16S rRNA) gene sequencing techniques has completely revolutionised our capacity to understand the composition and diversity of oral microbiome. The 16S rRNA is a component of 30S ribosomal subunit of prokaryotes. The nucleotide sequence (gene) that encodes 16S rRNA is called 16S rDNA. 16S rDNA is highly conserved within the same genus and species of bacteria and archaea because of the slow rate of evolution [25]. On the contrary, 16S rDNA has hypervariable regions that vary among different species. Therefore, 16S rRNA gene sequencing has been a useful strategy to construct bacterial phylogenies [26]. Based on rRNA sequence characterisation, Woese and collegaues proposed a classification of the three domains of life – Bacteria, Archaea, and Eukarya – as opposed to the traditional classification of prokaryotes and eukaryotes [27]. The relatively shorter length of 16S rRNA gene (1.5 kb) has made sequencing faster and less costly as compared to many other unique bacterial genes. Most of the sequencing work based on 16S rDNA has been carried out in bacteria. In addition to determining the phylogenetic relationships, 16S rDNA sequencing has also helped discovery and classification of novel uncultivable bacteria. Moreover, it has aided the reclassification and renaming of numerous known bacterial genera and species.

The first DNA sequencing method was developed by Gilbert in 1973 and Sanger in 1975 [28,29]. Aas and colleagues used the Sanger sequencing method to identify more than 700 16S rDNA sequences of oral bacteria in health and disease [10]. These sequences were later deposited in GenBank, a comprehensive database that contains publicly available nucleotide sequences. Only fewer than half of this number are from species that have been cultivated and characterised [30]. Several new methods

for DNA sequencing were developed in 1990s and were implemented in commercial DNA sequencers (Table 4.1).

Next-generation sequencing (NGS) is the latest advancement in sequencing technologies, allowing massive sequencing with much higher throughput than Sanger sequencing. Pyrosequencing is the first alternative to the conventional Sanger method for de novo DNA sequencing. The pyrosequencing technique eliminates the need for cloning and sequencing by amplifying a single DNA molecule [31,32]. Roche 454 pyrosequencing generates up to one million copies in a run with a read lengths of 500–600 bases [24]. This results in very large sampling depth and allows detection of even the rare bacterial taxa present in low abundance [33]. Several studies have employed pyrosequencing platforms to analyse the diversity of the oral microbiome [34,35]. A study utilising the pyrosequencing technique revealed an estimated number of approximately 19,000 phylotypes, which is considerably higher than what was previously reported [34]. The most outstanding advantage of Roche 454 is its speed but the high cost of reagents remains a challenge [36]. Recently, the first gene catalogue of the dental plaque microbiota was assembled via shotgun metagenomics using a combination of 454 and Illumina sequencing platforms [37]. Illumina GAIIx and HiSeq 2000 instrument have also helped unveil more than 175 bacterial species at >90% accuracy in human saliva, which included bacteria Haemophilus influenzae, Neisseria meningitidis, Streptococcus pneumoniae, and Gammaproteobacteria [38]. The SOLiD system, which is based on sequencing by ligation of dye-labeled oligonucleotides, can generate 4 Gb of sequence but the reads are only 35 nucleotides [31]. In contrast, the Pacific Biosystem system allows very long reads (>1,000 nucleotides) but it has the highest error rate (approx. 17%) of all NGS systems [39]. However, 16S rDNA sequencing only provides the taxonomic details of the sample under investigation, but does not provide functional characterisation [40].

# TABLE 4.1 Generations of Gene Sequencing Technologies

Generation	Sequencer	Sequencing Principle
I Generation	AB70	Sanger method: chain termination
II Generation/next-generation sequencing (NGS)	454 GS	Pyrosequencing: chemiluminescent enzymatic reactions
	Illumina	Polymerase-based sequence by synthesis
	Sequencing by oligonucleotide ligation and detection (SOLiD)	Sequencing by ligation
	Ion torrent	Ion semiconductor sequencing
III Generation sequencing	PacBio RS	Single molecule real-time sequencing (SMRT) sequencing
	MinION	DNA nanopore sequencing

#### HUMAN ORAL MICROBIOME PROJECT

The National Institutes of Health (NIH)-funded Human Microbiome Project (HMP) employed pyrosequencing technique and shotgun sequencing using the Illumina GAIIx platform to characterise the human microbiome at different body sites. The HMP included a population of 242 healthy subjects who were sampled at 15–18 body sites [41]. Of these, nine samples were collected from the oral cavity which included saliva, keratinised gingiva, tongue, buccal mucosa, palate, throat, tonsils and supragingival and subgingival dental plaque [42]. About 5,177 microbial taxonomic profiles and more than 3.5 Tb of metagenomic sequences have been generated from these resources. In parallel, approximately 800 reference strains isolated from the human body have been sequenced [41]. Moreover, HMP elucidated that each body habitat harbours unique microbiome. Interestingly, each body habitat shows significant diversity among individuals.

The efforts of HMP together with other metagenomics studies collectively made available thousands of oral 16S rDNA sequences which were deposited into GenBank without any taxonomic anchor [43]. Thus, a need to establish a provisional taxonomic scheme for the unnamed human oral bacterial isolates and phylotypes which could be made publicly available to the scientific community was recognised and the Human Oral Microbiome Database (HOMD) (www.homd.org) was developed. Dewhirst and colleagues established the HOMD based on the analysis of 16S rRNA gene sequences [11]. When a 16S rDNA sequence did not match the named species, a novel 16S rDNA gene-based phylotype was created. A phylotype was defined as a cluster of full-length 16S rDNA sequences having greater than 98.5% similarity to one another and less than 98.5% similarity to neighbouring species or phylotypes [11]. Each species and phylotype was assigned a human oral taxon (HOT) number, starting at 001. In the first version of HOMD, there were 619 taxa which belong to 293 (47.3%) named species, 113 (18.3%) unnamed cultivable taxa and 213 (34.4%) unnamed uncultivable taxa. Currently, HOMD contains comprehensive information on approximately 700 bacterial species that reside in human oral cavity. To date, from this curated database, approximately 49% are officially named, 17% are unnamed but cultivated and 34% are known only as uncultivated phylotypes (as accessed www.homd.org on 1 August 2016). An increasing number of genome sequences for oral bacteria are being resolved progressively, primarily through the efforts of HMP and other sequencing projects. They are being deposited to HOMD, thereby competently moulding the data set.

#### COMPOSITION AND DIVERSITY OF THE ORAL BACTERIOME

The compilation of HOMD has revealed that the human oral microbiome comprises approximately 700 bacterial species, including officially named and unnamed as well as culturable and non-culturable phylotypes. The oral microbiome is composed mainly of bacteria which belong to well-known phyla – Firmicutes, Proteobacteria, Bacteroidetes, Actinobacteria, Spirochaetes, Fusobacteria, Tenericutes and Chylamydiae – as well as the lesser-known phyla or candidate divisions, including Synergistetes, TM7, Chlorobi, Chloroflexi, GN02, SR1 and WPS-2 [44]. The majority of oral representatives

(about 96%) permeated into the phyla Firmicutes, Proteobacteria, Actinobacteria, Bacteroidetes, Spirochaetes and Fusobacteria (as accessed www.homd.org on 15 June 2016) (Figure 4.3).

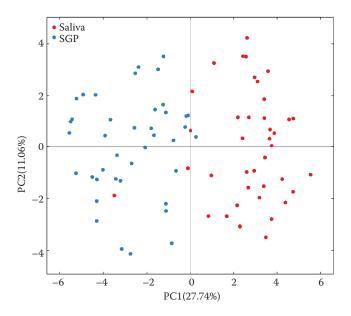
Comprehensive reports from several sequencing studies have shown that each body habitat has a unique microbial community because every human body surface has a unique environment that shapes niche-specific microbiota. According to Whittaker, the total species diversity in an environment (gamma diversity) is reliant on two factors, namely, the mean species diversity in a particular site or habitat, known as alpha diversity, and the species differentiation between those habitats or sites, known as beta diversity. As compared to all other human microbial habitats, the oral cavity is unique owing to the presence of two types of microbial colonisation sites: shedding surfaces (mucosa) and non-shedding surfaces (teeth or dentures) [18,45]. The oral microbiota preferentially colonises the different habitats in the oral cavity depending on the optimal conditions each niche offers to the populating microbes [46].

In one of the earliest studies on the human oral microbiome, Aas and colleagues analysed nine oral sites from five clinically healthy subjects to determine the site and subject specificity of bacterial colonisation using ABI 3100 DNA sequencer [10]. The species that were found to be common to all oral sites belonged to the genera Streptococcus, Veillonella, Gemella, and Granulicatella. However, some species were site specific. The predominant species on the tooth surface were Streptococcus sp. clone EK048, S. sanguinis, and S. gordonii, and Rothia dentocariosa, G. hemolysans, G. adiacens, Actinomyces sp. clone BL008 and Abiotrophia defectiva. In subgingival plaque, several species of Streptococcus and Gemella were often detected. S. mitis biovar 2 was present at the lateral side of the tongue while being absent on the tongue dorsum. On the hard palate, the predominant bacterial species included S. mitis, S. mitis biovar 2, Streptococcus sp. clone FN051, Streptococcus infantis, Granulicatella elegans, G. hemolysans, and Neisseria subflava. On the soft palate, S. mitis, other cultivable and not-vetcultivable species of Streptococcus, G. adiacens and G. hemolysans were predominant. Following this study, Egija Zaura and colleagues examined the diversity and uniqueness of individual oral microbiomes using pyrosequencing for the first time [18]. In this study it was observed that the cheek samples were the least diverse while the dental samples showed the highest diversity. Principal component analysis discriminated the profiles of the samples originating from shedding mucosal surfaces from the samples that were obtained from the non-shedding surfaces [18].

The oral microbiota continuously slough into the saliva, rendering salivary microbiome as a blueprint of the oral microbiome [45]. Saliva has the highest median alpha diversities of operational taxonomic units (OTUs) but one of the lowest beta diversities. In other words, each individual's saliva is observed to be ecologically rich, but members of the population share similar salivary organisms [42]. Saliva and other oral samples, for instance dental plaque, clustered distinctly in the principal coordinates analysis based on OTU abundance, indicating that the bacterial community of subgingival plaque is distinct from those present in saliva [47]. (Figure 4.4 depicts unpublished data from Dr. Seneviratne's laboratory.) The microbiomes associated with health and diseased states are shown to be very distinctive. For example, the species involved in dental caries or periodontal disease are not detected in

<ul> <li>Fusobacterium</li> <li>Leptotrichiaceae [G-1]</li> <li>Sneathia</li> <li>Fusobacteria</li> <li>Treponema</li> <li>Spirochaetes</li> </ul>	Clostridiales [F-1][G-1] Clostridiales [F-1][G-2] Clostridiales [F-1][G-2] Clostridiales [F-1][G-2] Peptostreptococcacae [X1][G-1] to [G-3] Remmocroccacae [G-1] to [G-3] Lachmospiraceae [G-2] Lachmospiraceae [G-2] Lachmospiraceae [G-2] Lachmospiraceae [G-2] Syntrophominadaceae [G-1] Viellonellaceae [G-1] Mollicutes [G-2] Mollicutes [G-2]
- Kluyvera Proteus Versinia - Aggregatibacter - Aggregatibacter - Aggregatibacter - Aggregatibacs - Adoravella - Stevidononas - Stevidononas - Stevidononas - Stevidononas - Kingella - Kingella	<ul> <li>Clostridiales [F-1][G-1]</li> <li>Clostridiales [F-1][G-2]</li> <li>Clostridiales [F-1][G-2]</li> <li>Clostridiales [F-1][G-1] to</li> <li>Peptospiaceacae [G-1] to [G-3]</li> <li>Ruminococcaceae [G-1] to [G-3]</li> <li>Lachnospinceae [G-2]</li> <li>Lachnospinceae [G-3]</li> <li>Lachnospinceae [G-3]</li> <li>Lachnospinceae [G-1]</li> <li>Veillonellaceae [G-1]</li> <li>Mollicates [G-1]</li> <li>Mollicates [G-2]</li> </ul>
x x Ita a nas nas	iome Bulletdia • Eggerhia • Erysipelothrix • Solobacterium • Anaeroglous • Anaeroglous
<ul> <li>Bdellovibrio</li> <li>Bdellovibrio</li> <li>Klebsiella</li> <li>Desulfobulbus</li> <li>Delfia</li> <li>Desulfobulbus</li> <li>Delfia</li> <li>Desulfobulbus</li> <li>Delfia</li> <li>Heicobacter</li> <li>Cromobacter</li> <li>Schlegela</li> <li>Afipia</li> <li>Afipia</li> <li>Schlegela</li> <li>Bartorella</li> <li>Bartorella</li> <li>Escherichia</li> <li>Bartonella</li> <li>Common</li> <li>Caudobacter</li> <li>Raistonia</li> <li>Common</li> <li>Caudobacter</li> <li>Raistonella</li> <li>Bartorella</li> <li>Bartorella</li> <li>Bartorella</li> <li>Common</li> <li>Caudobacter</li> <li>Roteobacteria</li> </ul>	Oral bacteriome Oribacterium B Stomatobacculum E Stomatobacculum E Peptooccus N Paytoniphilus O Magibacterium N Fastidiosipila Fastidiosipila Pseudoramibacter 0
<ul> <li>Desulfonticrobitum</li> <li>Erythronticrobitum</li> <li>Brevundimonas</li> <li>Brevundimonas</li> <li>Brevundimonas</li> <li>Brevundimonas</li> <li>Agrobacterium</li> <li>Ochrobacterium</li> <li>Defluvibacter</li> <li>Rhodobacter</li> <li>Porphyrobacter</li> <li>Achromobacter</li> </ul>	<ul> <li>Bacillus</li> <li>Lynsinibacillus</li> <li>Lynsinibacillus</li> <li>Gemella</li> <li>Gemella</li> <li>Listeria</li> <li>Patenbacillus</li> <li>Staphylococcus</li> <li>Altoicrophia</li> <li>Altoicrophia</li> <li>Altoicrophia</li> <li>Altoicrocus</li> <li>Altoicrocus</li> <li>Enterococcus</li> <li>Enterococcus</li> <li>Streptococcus</li> <li>Butyrivibrio</li> </ul>
	<ul> <li>Atopobium</li> <li>Atopobium</li> <li>Olsenella</li> <li>Slackia</li> <li>Actinomyces</li> <li>Mobiluncus</li> <li>Mobiluncus</li> <li>Kytococcus</li> <li>Gardnerella</li> <li>Turicella</li> <li>Turicella</li> <li>Scardovia</li> <li>Rothia</li> <li>Rothia</li> <li>Rothia</li> <li>Segerthella</li> <li>zteria</li> </ul>
<ul> <li>Bacteroidetes [G-3] to [G-</li> <li>Bacteroidaceae [G-1]</li> <li>Bacteroidales [G-2]</li> <li>Porphyromonas</li> <li>Taimerella</li> <li>Alloprevotella</li> <li>Prevotella</li> <li>Prevotella</li> <li>Capnocytophaga</li> <li>Flavitalea</li> <li>Pedobacter</li> </ul> Bacteroidetes	<ul> <li>Arcanobacterium</li> <li>Actinobaculum</li> <li>Actinobaculum</li> <li>Actinobaculum</li> <li>SI(a obacterium</li> <li>SI anasardovia</li> <li>Alloscardovia</li> <li>Alloscardovia</li> <li>Alloscardovia</li> <li>Actinobacterium</li> <li>Corynebacterium</li> <li>Corynebacterium</li> <li>Corynebacterium</li> <li>Corynebacterium</li> <li>Arsenicioccus</li> <li>Kanuibacterium</li> <li>Egifidobacterium</li> <li>Egifidobacterium</li> <li>Egifidobacterium</li> <li>Egifidobacterium</li> <li>Egifidobacterium</li> <li>Egifidobacterium</li> <li>Egifidobacteria</li> <li>Egifidobacteria</li> </ul>

FIGURE 4.3 Composition of the oral bacterione (as accessed www.homd.org on 16 June 2016).



**FIGURE 4.4** Principal coordinates analysis based on OTU abundance shows distinct clustering of saliva and subgingival plaque (SGP) samples.

supragingival and subgingival plaques from clinically healthy teeth [10]. Therefore, it is vital to have an insight into the oral microbiome at a resolution of NGS to obtain a deeper understanding of the microbial role in health and disease.

# **ORAL MYCOBIOME**

The term *mycobiome* represents the fungal component of the microbiome community [48]. Being as low as 0.1% of the total microbiome, the mycobiome is often ignored as a constituent of the microbial community [49]. The term microbiome is often used synonymously to represent exclusively the bacterial component of the community. The pioneering HMP and related research consortium have also entirely focussed on the bacteriome in their publications on human microbiome [50]. However, with the commencement of increased recent studies on the human mycobiome, the recovery of information on fungal species populating the microbiome has become increasing available. High-throughput sequencing technologies have begun to untangle the diversity and dynamics of fungal community and are elucidating their role as commensals and pathogens, similar to their bacterial counterparts. The mycobiome is now regarded to play a vital role in maintaining the structure, metabolism and interactions of the microbiome [51].

# COMPOSITION AND DIVERSITY OF THE ORAL MYCOBIOME

Sample collection is the first step in the identification and characterisation of fungal isolates.

However, during mycobiome analysis, sample collection poses several challenges. First, fungi are in lesser abundance as compared to bacteria in human niches. Second, there are chances of contamination of samples by human or animal cells. Moreover, the isolation of quality genetic material from fungi could be more challenging than isolating it from the bacterial or animal cells [51]. The sampling of the oral mycobiome is usually carried out using oral rinses, as this enables the collection of organisms from the entire oral mucosal environment [52,53]. Whole saliva collection and swabbing of gingival or buccal tissue are other techniques that may be used for the collection of oral fungal samples [54,55]. Each method has its own merits and disadvantages, and the choice of sampling technique depends primarily on the type of analysis and accessibility of the lesion.

Fungi can be identified based on the traditional culture techniques using the growth media. However, slower growth characteristics of fungi may result in slower recovery of the organisms, especially from the clinical specimens [56]. The development of chromogenic media along with rapid screening tests has enabled the identification of the multiple fungal species in mixed-species infections [57]. However, these techniques may not be sufficient to identify emerging fungal pathogens [58]. These commercial products are organised micro-well format and are based on the principle of substrate utilisation. Substrate utilisation is discerned by increased turbidity and generation of coloured or fluorescent products. Some kits are read manually while others are read automatically. The test results are provided in the form of numerical codes which can be compared against the database to identify the test organism [58,59]. Analysing genetic variability using methods such as restriction fragment length polymorphism (RFLP), denaturing gradient gel electrophoresis (DGGE) and oligonucleotide fingerprinting of rRNA genes (OFRG) has revealed greater complexity in fungal community compared to the results obtained from culture-dependent methods. However, these techniques underachieve when it comes to identifying specific fungal species [60].

The latest tools in mycobiome research are the molecular identification techniques based on high-throughput sequencing of rRNA gene. Polymerase chain reaction (PCR) amplification and sequencing of target genes have provided more accurate and rapid identification of sizeable number of culturable and unculturable fungal species. The fungal ribosome is composed of a small subunit (SSU: 16S/18S) and a large subunit (LSU: 23S/25S/28S) [61]. The genes encoding for these subunits are separated by the internal transcribed spacer regions (ITS), namely ITS1 and ITS2 [62,63]. Of these, 18S rRNA FFgene and ITS regions are the most frequently used for fungal sequencing studies.

The highly conserved rDNA is present in multiple copies in fungal genomes. This enhances the sensitivity of PCR assays as compared to the single-copy targets to amplify the wide range of taxa [64]. rDNAs are also the most frequent fungal DNA sequences available in the public databases, making it easier for sequence homology searches [58]. To obtain information at the phylogenetic level, the internal transcribed spacer (ITS) region has been particularly attractive because it does not code for ribosome components, making it highly variable; with a few exceptions [29]. The evaluation of ITS polymorphism has shown to be reliable in the identification of 40 species of clinically significant yeasts [65]. The sequencing data acquired from

these platforms can be compared with the numerous public databases for identifying sequence homology. The most prevailing database is GenBank (http://www.ncbi .nlm.nih.gov/entrez/), which extensively covers a large number of sequences including fungal rDNA sequences. However, the sequences available in GenBank represent only a fraction of the fungal speices, which may be as little as 1% considering the enmormous diversity of fungal species [60].

The fungal species of the oral cavity were previously considered to be relatively less in terms of number and biodiversity. The oral fungal population was reported to be composed primarily of *Candida*, *Saccharomyces*, *Penicillium*, *Aspergillus*, *Scopulariopsis*, *Hormodendrum Geotrichum* and *Hemispora* [66–68]. However, this representation is an underestimated number of fungal inhabitants of the oral cavity, as these studies relied on culture-dependent or genus/species-focused culture-independent methods to confirm the identity of the species.

The first insight into the basal mycobiome of the oral cavity in health came from study by Ghannoum et al. in 2010 [52]. In this study, the oral mycobiome was characterised in 20 healthy individuals using pan-fungal ITS primers and multitag pyrosequencing (Roche 454) methodologies. The identification of 85 fungal genera, including 74 culturable and 11 non-culturable genera, unveiled the diversity of mycobiome in the oral cavity. Of the 74 culturable genera identified, 61 represented one species each, while 13 genera comprised between 2 and 6 different species. The total number of culturable species identified were 101 and each individual harboured species in the range of 9-23. The seven genera which shaped the core mycobiome of oral cavity included *Candida* species (isolated from 75% of participants), followed by Cladosporium (65%), Aureobasidium, Saccharomycetales (50% for both), Aspergillus (35%), Fusarium (30%) and Cryptococcus (20%). Although Candida is a known commensal organism in human oral cavities, the actual percentage is much higher than previously reported from culture-based studies. *Candida albicans* was in abundance in 40% of the subjects, followed by *C. parap*silosis (15%), C. tropicalis (15%), C. khmerensis (5%) and C. metapsilosis (5%). Another important finding was the discovery that nearly one third of the detected fungi were not culturable (Figure 4.5). More recently, Dupuy et al. (2014) reconfirmed presence of the seven consensus members of the core mycobiome despite the differences in the methodologies employed [69]. The shared genera from the studies by Ghannoum et al. and Dupuy et al. included Candida, Pichia Cladosporium, Davidiella, Alternaria, Lewia, Aspergillus, Emericella, Eurotium, Fusarium, Gibberella, Cryptococcus, Filobasidiella and Aureobasidium. However, some components of the core mycobiome (Saccharomycetales, Dothioraceae, Glomus and Teratosphaeria) identified by Ghannoum et al. were absent in the study by Dupuy et al. The most noticeable feature of the latter study was the discovery of the skin commensal and pathogen Malassezia spp. as a prominent commensal in saliva.

Similar to the bacterial microbiota, the fungal mycobiota also varies among different body sites and diversifies over time and with disease state. The oral cavity holds a significantly larger and more diverse fungal population when compared to the mycobiome of skin or other mucosal sites [60]. These two pioneering studies [52,69] have exemplified the diversity of the oral mycobiome with the discovery of

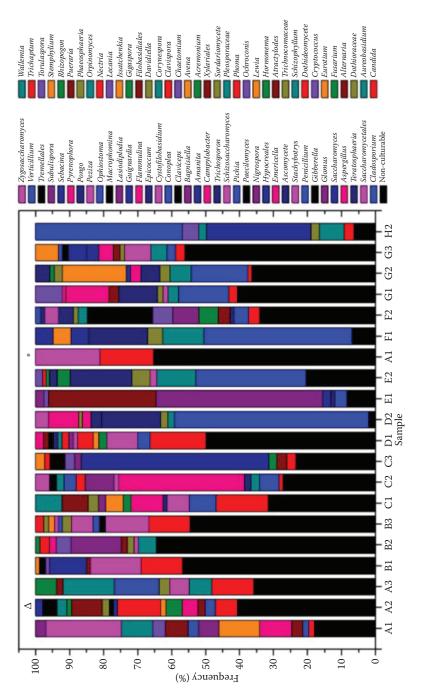


FIGURE 4.5 Overall distribution of fungi in oral rinse samples obtained from 20 healthy individuals. The symbols  $\Delta$  and \* indicate samples containing 16 and 3 fungal genera, respectively. (From Ghannoum MA, Jurevic RJ, Mukherjee PK, Cui F, Sikaroodi M, Naqvi A et al. Characterization of the oral fungal microbiome (mycobiome) in healthy individuals. *PLoS Pathog.* 2010;6:e1000713.)

#### Composition and Diversity of Human Oral Microbiome

101 fungal species across various micro niches in the oral cavity. As these studies were based on the oral rinse samples, they represented the washed out microbes from the oral mucosal environment. The ecological niches of periodontal pockets were forfeited in these oral rinse samples. The fact that fungi may form biofilms with bacteria within the anaerobic environment of gingival sulci and periodontal pocket suggests that the diversity of oral mycobiome still remains underestimated [70].

The distribution of fungal community has been shown to vary greatly among different individuals. Monteiro-da-Silva et al. demonstrated a high interindividual variability of the oral fungal population [71]. However, the frequency and quantification of each fungal taxon over the 30-week observation period was observed to be stable, suggesting that the fungal mycobiome maintains an intraindividual stability over time.

Some of the earlier studies have suggested the possibility of global differences in oral yeast colonisation. For instance, the Chinese population demonstrated a greater number and diversity of yeast species in the oral cavity as compared to the population from eastern North America [72]. In addition, *Candida albicans*, which is the predominant commensal and etiologic species of candidiasis in Europe and the Western Hemisphere, was relatively rare in China. Moreover, oral fungal diversity can vary among different races and ethnic populations as well as between genders [52]. Hence, the fungal microbiome was found to differ significantly between Caucasian and Asian men, whereas women showed a tendency to co-cluster irrespective of race or ethnicity. However, this trend needs to be confirmed with a larger population size to draw definite conclusions.

#### **ORAL VIROME**

Viruses are integral members of the human oral microbiome [73]. They are dependent biologic entities that can replicate only within a living host cell. The viruses that replicate inside bacteria, known as bacteriophages, attack the bacteria in order to integrate into their genetic material for reproduction. In the oral microbiome, bacteriophages constitute a significant population as compared to the eukaryotic viruses which are also members of the microbiome [74,75]. The predominance of bacteriophages could possibly be secondary to the abundant bacterial cells, which is known to exist in 35 times higher numbers than viruses [76,77]. Relatively very little is known about the role of these viral communities. But the intimate association of bacteriophage and bacteria suggests their active role in shaping and determining the structure of oral microbiome. The bacterial–viral interaction impacts the microbial ecosystem by implementing selection pressures [78], 'kill-the-winner' dynamics [79], stimulating evolutionary change in bacterial hosts [80] and thus maintaining and accelerating bacterial diversity.

#### COMPOSITION AND DIVERSITY OF THE ORAL VIROME

The classical method of isolating viruses is by culturing. Similar to work with bacteria and fungi, appropriate culture conditions for the virus and the host is a requisite for obtaining a successful cultivation [81]. Electron microscopy has been used in some of the earlier studies to detect the presence of bacteriophage in the dental plaque, based on the detection of virus-like particles (VLPs) [82]. However, these methods were not able to characterise the phage taxonomically.

PCR and culture-based approaches require prior knowledge about the virus to be investigated, thereby narrowing the scope of analysis and effective information obtained [83]. Viral nucleic acids can be enriched using techniques such as microarray and subsequently sequenced to obtain information about the viral genomes. However, enrichment techniques can be biased against certain viruses [84]. Lowabundance viruses may be lost during the enrichment process also. High-throughput, deep sequencing technology is revolutionary, because it provides an unbiased approach that can detect even rare components of a microbial community.

The discovery of clustered regularly interspaced short palindromic repeats (CRISPR) has provided an alternative approach to detect unidentified viruses in a given environment. Broadly, CRISPR are DNA segments containing short repetitions of base sequences with each repetition followed by short segments of spacer DNA [85]. When a bacterium is invaded by a bacteriophage for the first time, the bacterium acquires short sequences of exogenous DNA from the invading virus and integrates the segment into its CRISPR loci as a novel spacer. These sequences are used to resist subsequent exposures to those viruses through nucleic acid interference. To be more precise, CRISPR sequences constitute a 'genetic memory' of previous infections and exposure to bacteriophage [86]. Metagenomic analysis based on CRISPR has been suggested to be a valuable approach to detect phage-bacteria interaction in complex communities [87]. Taking advantage of this phenomenon, various studies have tracked viral exposure in the oral cavity to understand the evolution of microbiota [88,89]. One approach to estimate the biodiversity of the virome from the contig spectrum of shotgun sequence data is by means of an online computational tool known as PHACCS (PHAge Communities from Contig Spectrum). PHACCS can mathematically analyse the viral shotgun libraries and gain insights about viral ecology and population dynamics [90]. PHACCS analysis has shown the critical role that assemblers play in estimating phage community diversity, by demonstrating that certain assemblers may provide significantly different estimations of community diversity. Despite the limitations imposed in the assembly process, estimates of phage diversity in human saliva suggest that there are hundreds to thousands of different phage genotypes that are relatively evenly distributed in the oral environment [74].

As mentioned earlier, the viral population of the oral microbiome is made up predominantly of bacteriophages of the oral bacteria. In general, bacteriophages may have a lytic or a lysogenic life cycle [91]. In the lytic phage, the bacteriophase replicates and lyse the bacterial cell while in the lysogenic phage, the viral genome integrates with bacterial DNA. As many of the oral bacteriophages have been identified to have lysogenic lifestyles, they have the capability to alter the oral bacteriome substantially. In addition, oral viruses tend to live in a dynamic equilibrium with the bacterial host because the virions of lysogenic viruses are stable components of the oral ecosystem [92,93]. Thus, bacteriophage may have roles both as 'commensals' [94] and as 'pathogens' [95]. Although the gut bacteriome is considered to be more populous than the mouth, the oral microbiome has a higher degree of mobile

genetic elements (including viruses, plasmids and transposons) as compared to that of stool [96]. Healthy humans harbour a persistent community of double-stranded DNA viruses in their saliva, with the exclusive identification of bacteriophage as the most abundant virus types [74]. Studies based on epifluorescence microscopy have visualised VLPs to an approximate concentration of 10<sup>8</sup> VLPs/mL of fluid from oropharyngeal swabs [81], 10<sup>8</sup> VLPs/mL of saliva [74] and 10<sup>7</sup> VLPs/mg of dental plaque [97].

Using the patterns of homologous sequences, a study attempted to envisage the putative hosts of bacteriophages [74]. It revealed members of Firmicutes (includes *Streptococcus*, *Granulicatella* and *Veillonella*), Bacteroidetes (includes *Prevotella*), Fusobacteria (includes *Leptotrichia*), Proteobacteria (includes *Neisseria*), Actinobacteria, Spirochaetes and members of the TM7 phylum as putative hosts [74,77]. The genetic makeup of the bacteriophages suggests their existence as prophages within their respective hosts. This further corroborates the presence of lysogenic viruses in the oral microbial community [74]. Although in relative minority, metagenomics studies have also identified some eukaryotic viruses which includes torque teno viruses, circoviruses, herpesviruses (HSV) and Epstein–Barr virus (EBV) among a few others in the oral cavity [74,76,89,97].

Human oral viruses have also been found to be highly specific to an individual, and to co-evolve with the bacterial host. They also tend to form a persistent community of the oral microbiome [76]. The existence of the same virus in an individual over time could be due to the shared characteristics, for instance virulence factors, among the different viruses. On the contrary, the disparity in the profile among the individuals suggests the role of environmental factors in determining the viral community [74,76]. Unrelated subjects belonging to the same household share a similar living environment and have been shown to have significantly higher proportions of shared viromes than those subjects belonging to different households. The sharing of viruses could be either by via direct personal contact or through environmental reservoirs for viruses [89]. Other factors which may contribute in shaping the oral virome include oral health and/or medical conditions, diet and age [76]. In addition to the personalised and persistent behaviour of oral virome, they also tend to be strongly associated with the sex of the individual. Abeles et al. put forth the first evidence of sex-specific differences in the oral virome community [76]. The hormone driven factors influencing the bacterial microbiota are also known to govern the gender specificities in the viral communities [92].

## INTERACTION OF THE HUMAN ORAL MICROBIOME AND HOST IN HEALTH AND DISEASE

The human microbiome, in general, exhibits a phenomenon known as commensalism in which microbes coexist based on a mutually beneficial relationship. The commensal organisms reside at various anatomical locations in the body according to the conditions which favour their growth and proliferation. Although there are ample opportunities for the exchange of bacteria, each site maintains its own microbial profile. Despite their ubiquitous presence in the body, they remain confined to their inherent location because of the presence of physical and immunomodulatory barriers, thereby maintaining the sterility of underlying tissues and human health [98]. Thus a state of equilibrium exists among microorganisms by means of mutualism, commensalism and parasitism for their coexistence. These interactions maintain the balance and stability of the microbial community. However, perturbations in this balance results in microbial shifts leading to disease states.

Microbiome profiles generated by 'omics' approaches are being used extensively to explore the co-occurrence and co-exclusion patterns in oral communities. A study on fungal-bacterial ecological interactions has revealed that the diversity of salivary microbiome decreases with increasing load of *Candida*. The composition of saliva changes towards dominance by Bacilli (streptococci and lactobacilli) and disappearance of genera within class Fusobacteria and Bacteroidia [99]. Similarly, several researchers have studied the viral bacterial interaction in context of oral diseases. The viral activity in periodontal tissues may impact the local immune response in a way that benefits opportunistic bacteria and thus leads to aggravated symptoms [100]. Bacteriophages also play a role in driving bacterial diversity in dental plaque biofilms. A study by Ly et al. demonstrated that subgingival crevices of periodontitis patients have significantly more myoviruses than healthy individuals [101]. They proposed the myoviruses may have an impact on the bacterial diversity in the subgingival pocket in the disease state.

The associations inferred from these analyses sheds light on the synergistic or antagonistic interactions among the different branches of the microbial tree inhabiting the oral cavity. The clinical implications of these polymicrobial biofilm interactions primarily relate to recalcitrance to antimicrobial treatment strategies. Elucidation of these interactions among microbial communities at a molecular level will explain the influence of the constituent microbiome on the health and disease state which eventually impacts the clinical outcome. This would in turn determine how we can translate this knowledge to improve patient management.

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# 5 Candida Biofilms Properties, Antifungal Resistance and Novel Therapeutic Options

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# CONTENTS

Introduction
Candida Biofilms
Candida Biofilm Structure
Biofilm Formation of Different Candida Species 107
Protocol for Candida Biofilm Formation107
Quantification of Candida Biofilms
Diffusion of Molecules across Candida Biofilms 110
Ex Vivo Model of Oral Candida Biofilms 111
In Vivo Model of Oral Candida Biofilms 112
Novel C. albicans 'Haploid Biofilm Model' and Its Implications 112
Antifungal Activity against Candida Biofilms 115
Antifungal Susceptibility Testing for Candida Biofilms 116
Factors Contributing to the Antifungal Resistance of Candida Biofilms 116
Novel Anti-Biofilm Antifungal Strategies against Candida Biofilms 118
Conclusions
Acknowledgements
Corresponding Author
References

# INTRODUCTION

*Candida* is a group of commensal fungi that inhabit various niches of the human body, including the oral cavity, gastrointestinal tract, vagina, and skin of healthy individuals [1,2]. *Candida* is a eukaryotic organism which has been included in the kingdom Fungi. *Candida* is classified in the order Saccharromycetaeceae and the class Hemiascomycetes. Although more than 200 *Candida* spp. have been identified, only a few of them are associated with human or animal infections [3,4]. These include *C. albicans, C. glabrata, C. tropicalis, C. krusei, C. parapsilosis,* among others. Under certain circumstances, transition of innocuous commensal *Candida* 

to the disease-causing 'parasitic' form causes infection, or candidiasis, which can range from superficial mucous membrane infection to life-threatening systemic disease [1].

*C. albicans* is a major cause of nosocomial infections, causing severe mucosal infections such as oral candidiasis, onychomycoses and vulvovaginal candidiasis, as well as systemic mycoses with high mortality rates (Figure 5.1) [5–7]. Candidiasis is reported to be the third or fourth leading cause of nosocomial infection in the United States, which ranks higher than some common bacterial infections [8,9]. Certain compromised population groups such as patients with HIV/ AIDS, transplant recipients, and patients receiving chemotherapy are especially vulnerable to *Candida* infections [10]. Candidiasis is, in fact, the most common fungal infection in both child and adult HIV/AIDS patients [11]. *Candida* is a major pathogen in solid organ transplant recipients with a mortality that can be as high as 50% [12,13]. Moreover, *Candida* infections are associated with the highest crude mortality rate among vascular catheter-related infections [14]. Therefore, understanding of the pathogenic mechanisms of *Candida* infections is a priority in the healthcare field.

Most epidemiological studies have reported *C. albicans* as the most commonly identified pathogenic *Candida* spp. [3,15,16]. *C. albicans* is also the most prevalent fungal pathogen in lethal bloodstream infections in humans [17]. *C. albicans* is also the most frequently isolated species in various host populations, including adults and children [18,19]. However, recent studies have also shown the escalation of the incidence of non-*albicans Candida* species such as *C. glabrata*, *C. parapsilosis* and *C. tropicalis* [20–23]. Of these, *C. glabrata* accounts for 5–20% of all *Candida* infections and often ranks as the second most prevalent *Candida* pathogen [24–28]. *C. glabrata* has a lower susceptibility to azole antifungals and may also be resistant to antifungals including echinocandins [29,30]. Moreover, some studies have reported more than a single *Candida* species coinfecting the host [31].



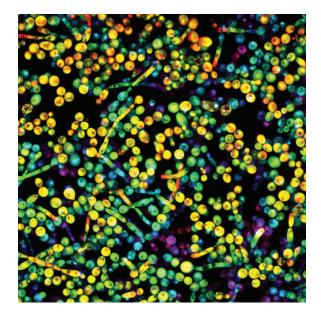
**FIGURE 5.1** Clinical appearance of oral candidiasis. (Courtesy of Dr. Intekhab Islam, Faculty of Dentistry, National University of Singapore.)

# CANDIDA BIOFILMS

One of the major factors contributing to the virulence of *Candida* is its versatility in adapting to a variety of different habitats for growth and formation of surfaceattached microbial communities known as 'biofilms' [32]. Biofilms are defined as surface-attached microbial communities encased in a matrix of extracellular polymeric substances (EPS) and display phenotypic features that differ from those of their planktonic or free-floating counterparts [33]. *Candida* forms biofilms on abiotic surfaces such as implanted medical devices as well as biotic surfaces such as mucosa and skin [34]. *Candida* biofilms are known to be highly resistant to existing antifungal agents. Therefore, indwelling medical devices infected with *Candida* biofilms often have to be removed [35]. Therefore, greater understanding of *Candida* biofilm formation is necessary to develop novel therapeutic options.

# CANDIDA BIOFILM STRUCTURE

Our understanding of *Candida* biofilm structure is based mainly on the observations made using various techniques such as scanning electron microcopy, fluorescence microscopy and confocal scanning laser microscopy as well as growth kinetics assays. In general, biofilm formation of *Candida* spp. is similar to the sequence of events taking place in bacterial biofilms [32]. In brief, planktonic yeast forms of *Candida* come into contact with the surface and adhere. This is followed by micro-colony formation. *C. albicans* biofilm has a unique feature as it contains different morphological forms such as yeast and pseudohyphal and hyphal cells [32] (Figure 5.2). Next, biofilm cells



**FIGURE 5.2** Biofilm of *Candida albicans* which contains different morphological forms such as yeast, pseudohyphae and hyphae.

**Microbial Biofilms** 

secrete EPS which encase the cells. Finally, maturation of biofilm results in threedimensional, spatially arranged biofilm structure. Some biofilm cells may disperse from the mature biofilms as described in the introduction chapter.

Candida biofilms grown in in vitro models usually consist of several layers. Candida biofilms can be either thicker or thinner than bacterial biofilms depending on the species and the environmental conditions. Hence, biofilm thickness may range from a few to several hundred micrometers. A summary of the events taking place during the formation of a typical Candida biofilm is given in the text that follows. In laboratory protocols, *Candida* in the planktonic mode is capable of adhering to a surface by one to two hours [36,37]. As described in Chapter 1, the adhesion process is initiated between cells and the surface by non-specific interactions through hydrophobic and electrostatic forces. Thereafter, in the next stage, expression of the specific adhesion molecules facilitates stronger adhesion to the surface. The cell wall of Candida is composed mainly of carbohydrates such as glucan, chitin and mannose [38]. Adhesins are glycosylated cell-wall proteins (CWP) located at the exterior side of the cell wall. Most of the adhesion proteins have the glycosyl-phosphatidylinositol (GPI) anchor [39,40]. In C. albicans, the three gene families encoding for adhesion properties are ALS, HWP and IFF/HYR. The agglutinin-like sequence (ALS) gene family is the most studied in C. albicans adhesion [41]. C. glabrata has adhesins encoded by the EPA (epithelial adhesion) gene family, and Epa proteins are structurally similar to Als proteins of C. albicans [42]. Hwp1 and Epa1 are two adhesins present in C. albicans that promote colonisation. Epa1, an adhesin unique to C. albicans, facilitates adhesion to abiotic surfaces and biofilm formation [43]. On the other hand, Ywp1, a yeast-specific protein of C. albicans, is known to negatively regulate the adhesion [44]. Ywp1 is not present in the hyphal or chlamydospores forms, and yeast cells lacking Ywp1 are more adhesive and form thicker biofilms, implying an anti-adhesive activity for Ywp1.

Chandra et al. described the classical biofilm formation process of C. albicans biofilm formation on polymethylmethacrylate strips. On the observations made, biofilm formation was divided into three overlapping phases: early (0-11 h), intermediate (12–30 h) and maturation (38–72 h) phases [45]. The early stage is characterised by adherence and development of blastospores into distinct microcolonies. By 18-24 h, the Candida biofilm community appears as a bilayered structure comprising a mixture of yeasts, germ tubes and young hyphae. In parallel, production of EPS was also observed, which became thick with the maturation of the biofilms. EPS encased a dense network in which yeasts, pseudohyphae and hyphae are embedded. Some studies have suggested the presence of water channels among biofilm cells which may aid the diffusion of nutrients from outside environment to the inner cell layers while taking the microbial waste products out of the biofilm community. Candida in vivo biofilms may follow a similar sequence of events [46]. In vivo *Candida* biofilms mature faster and exhibit thicker biomass and EPS compared to in vitro biofilms. For instance, the thickness of in vitro Candida biofilms may range from 25 to 450 µm [45,47,48], whereas in vivo models have shown biofilm thickness of greater than 100 µm [46].

Dispersal is the least understood and perhaps the most complicated process involved in both fungal and bacterial biofilms. As a part of their life cycle, members of the *Candida* biofilm community singly or as a group may detach from the biofilm and disseminate through a fluid phase to seed new sites. Genome-wide studies have shown that Set3, an NAD-dependent histone deacetylation complex, modulates the expression of NRG1 [49], which encodes a transcriptional regulator of biofilm dispersal [50]. Nrg1 is a well-known transcriptional repressor of filamentation [51], and Set3 complex mutants are hyperfilamentous [52]. The typical dispersal of C. albi*cans* cells from biofilms is found to be in the yeast form, possibly due to the effect of Nrg1 and Set3 complex [50]. Thus, manipulations that increase filamentous cells and decrease yeast-form cells may reduce biofilm dispersal [53]. Studies by Murad et al. revealed that the dispersal stage of the fungal biofilm has an association with disease progression. In C. albicans, deletion of the NRG1 gene completely attenuated virulence in a murine model of systemic candidiasis [54]. However, as deleting NRG1 causes a constitutive filamentous growth of C. albicans cells, it is not certain that the effect is due solely to biofilm dispersal. If targeted well, blocking the biofilm dispersal stage may provide an alternative strategy for developing novel therapeutic options in the future for controlling *Candida* biofilm-associated infections.

### BIOFILM FORMATION OF DIFFERENT CANDIDA SPECIES

Biofilm formation ability may differ among *Candida* species. Some studies reported that *C. albicans*, *C. parapsilosis and C. tropicalis* have more biofilm formation ability than other species [23,55,56]. However, the conclusions from these studies should be interpreted with caution for several reasons. First, there is a considerable variation in the biofilm formation ability among strains even in the same *Candida* species [32,57,58]. It has been shown that strains with 'strong' and 'weak' biofilm-forming ability exist within each *Candida* species [58,59]. Second, studies may have interpreted the biofilm formation ability on the basis of their methodology, which varies among different studies. For instance, some studies have reported biofilm formation ability in terms of the commonly used XTT reduction assay whereas others may have used counting colony-forming units (CFUs). In addition, biofilm formation of clinical *Candida* isolates may be significantly different from that in laboratory isolates. Therefore, researchers working on *Candida* biofilm should consider including laboratory as well as clinical strains in their studies to obtain clinically relevant information.

*Candida* spp. reside as mixed-species biofilms on mucosal habitats such as the oral cavity and the vagina. *Candida* spp. have been shown to form mixed-species biofilms with one another as well as with bacterial species [60,61]. Multiple *Candida* species such as *C. albicans*, *C. tropicalis*, *C. glabrata* and *C. krusei* have all been recovered either in combination or with other bacterial species such as *Enterobacter* species, *Pseudomonas aeruginosa* and *Klebsiella pneumoniae*. A recent study on oral candidiasis patients reported that the proportion of mixed colonisation with more than one *Candida* species was 18% of total cases [23].

#### PROTOCOL FOR CANDIDA BIOFILM FORMATION

The protocols that have been used for *Candida* biofilm studies vary among different research groups. The common factors that may differ between studies include the

strain used, culture conditions and biofilm harvesting time. Herein, we describe a simple, straightforward methodology which will enable researchers to form Candida biofilms on polystyrene surfaces [62–64]. In brief, Candida strains should be subcultured on Sabouraud dextrose agar (SDA; Gibco, Paisley, UK) and maintained at 4°C prior to the biofilm formation experiments. Before usage, the purity of the culture should be verified by Gram-stain visualisation and the germ tube test. Single colonies are picked from the SDA plate to prepare a broth culture in liquid yeast nitrogen base (YNB; Difco) medium supplemented with 50 mM glucose. After overnight culture in a rotary shaker at 75 rpm, the yeasts are harvested in the late exponential growth phase and washed twice with 20 mL of 0.1 M phosphate-buffered saline (PBS; pH 7.2) prior to use in the biofilm studies. Candida cells are then resuspended in YNB supplemented with 100 mM glucose to prepare a standard inoculum of  $1 \times 10^7$ cells/mL for a biofilm experiment using optical density (OD). The inoculum is then used immediately to develop biofilms on presterilised 96-well polystyrene plates (IWAKI, Tokyo, Japan). One hundred microliters of the Candida cell suspension is pipetted into each well of a microtitre plate. Each microtitre plate should control a few negative controls to which no *Candida* suspension is added. This protocol includes a 1.5-h 'adhesion phase' in which yeast cells are allowed to adhere to the surface of the material. For this purpose, the set-up is incubated for 1.5 h at 37°C in a shaker at 75 rpm. Following the adhesion phase, medium containing *Candida* cells is aspirated. Loosely adhering Candida cells are removed by gently washing the wells of the microtitre plate with 100  $\mu$ L of PBS. Then, wells are replenished with 200  $\mu$ L of medium, and the set-up is further incubated until harvesting biofilms. According to this protocol, biofilm maturation occurs by 24-48 h, depending on the strain used for the study. These biofilms can be used for downstream analysis such as quantification, imaging and molecular work.

#### QUANTIFICATION OF CANDIDA BIOFILMS

*Candida* biofilm formation is divided into several phases by the observations taken from growth kinetics assays and microscopic evaluations over a period of time. Growth kinetics of *Candida* biofilms have been recorded using various techniques such as CFU counting, dry weight measurement, colourimetric assays and radio-labelling. Of these, colourimetric assays remain the mainstay of biofilm quantification. Enumeration of CFUs has been the 'gold standard' method for planktonic culture-based microbiology studies. *C. albicans* biofilms may contain different morphological forms such as yeast, pseudohyphae and hyphal cells. Therefore, CFU counting of *C. albicans* biofilms may produce variable results. Dry weight measurement of the total biomass is another simple and straightforward method employed by several workers to quantify *Candida* biofilms [47,57,65]. For dry weight measurement, *Candida* biofilm is scraped off the substrate and transferred to preweighed cellulose nitrate filters. Thereafter, the biofilms are dried in an oven and the dry weight is taken. The dry weight of the biomass contains both biofilm cells and EPS and hence does not represent the active cellular component of the biofilm [47,57,65].

Chemical compounds which produce colourimetric changes on 'metabolic activity' have been used extensively for quantification of *Candida* biofilms [57,58,66–68]. These include XTT, MTT 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide reduction assays, ATP bioluminescence assay, crystal violet (CV) assay and fluorescence-based assays. CV assay is another early colourimetric method used in biofilm experiments. Here, 1% crystal violet is used to measure the OD of the biofilms. Previous studies have found a good correlation between this assay and other colourimetric assays for the quantification of *C. albicans* biofilms [58,67,69]. However, crystal violet also stains both cellular and matrix components of the biofilms. Therefore, it should not be used as the sole method to quantify *Candida* biofilms.

The main colourimetric technique which has been used for the quantification of *Candida* biofilms is XTT [2, 3-bis (2-methoxy-4-nitro-5-sulphophenyl)-5-[(phenylamino) carbonyl]-2H-tetrazoliumhydroxide], a tetrazolium salt [70]. XTT reflects the metabolic activity of the biofilm cells. Hence, *Candida* cells in the biofilm community convert XTT to coloured formazan by the mitochondrial succinooxidase and cytochrome P450 systems and flavoprotein oxidases [71]. Formazon is water soluble and accumulates in the supernatants. Subsequently the colour change of the wells containing biofilms can be compared with the negative controls using either a microtitre plate reader or a spectrophotometer at 490–492 nm [72].

Some studies have used the ATP bioluminescence assay to quantify *Candida* biofilms [73–75]. Others have used techniques such as the fluorescein diacetate (FDA) assay, resazurin assay, 1.9-dimethyl methylene blue (DMMB), and SYTO-9 assay. Colourimetric assays are relatively easy to perform and considerably accurate in reflecting the active status of the *Candida* biofilms. Therefore, the XTT reduction assay has become the standard technique to quantify *Candida* biofilms. It is particularly used to evaluate the antifungal activity against *Candida* biofilms [70]. However, some limitations of the XTT reduction assay should be kept in mind when arriving at conclusions [71]. For instance, there are interspecific and interstrain variations among *Candida* in the ability to metabolise XTT which should be noted when comparing growth kinetics of different species based on XTT readings [47,65,71]. Furthermore, at high cell densities, kinetics curves of XTT are known to be distinctly non-linear.

Although growth kinetics assays provide basic information on the *Candida* biofilms, a visual inspection of the features is mandatory to arrive at conclusions. In the past, various microscopic techniques have been used to study the architectural features of *Candida* biofilms. The commonly used microscopic techniques include scanning electron microscopy (SEM) and confocal scanning laser microscopy (CSLM) [45,59]. Here, we describe a protocol to obtain SEM images for *Candida* biofilms [63]. In brief, biofilm specimens formed on various surfaces such as polystyrene and acrylic should first be gently rinsed with PBS and placed in 1% osmium tetraoxide for one hour. Samples are subsequently washed in distilled water, dehydrated in a series of ethanol washes (70% for 10 min, 95% for 10 min and 100% for 20 min) and air-dried in a desiccator prior to sputter coating with gold. Thereafter, biofilm samples are mounted on aluminium stubs with copper tape and coated with gold in a low-pressure atmosphere with an ion sputter coater (JEOL JFC1 100: JEOL, Tokyo, Japan). The topographic features of the *Candida* biofilm can be visualised with appropriate SEM. We also present a simple protocol to obtain CSLM images of *Candida* biofilms. Briefly, *Candida* biofilms are gently washed twice with PBS as described earlier. Thereafter, biofilms can be stained using the Molecular Probes' Live/Dead BacLight Viability kit comprising SYTO-9 and propidium iodide (PI) (Molecular Probes, Eugene, OR). SYTO-9 is a green fluorescent nucleic acid stain, generally labelling both live and dead cells. PI, in contrast, is a red fluorescent nucleic acid stain and penetrates only the cells with damaged membranes, thus visualising only the dead microbes. Biofilms are incubated with SYTO-9 and PI for 20 min in the dark at 30°C before the CSLM examination. Subsequently, images of stained biofilms can be captured using a CSLM system. A series of images can be obtained for each position at 1-µm intervals in the *z* section for a three-dimensional view of the biofilm (from the substratum to the top of the biofilm). At least five randomly selected positions from each corner and the middle of the coupons should be examined for each sample.

SEM enables researchers to inspect the topographic features of *Candida* biofilms. However, the major drawback of SEM imaging is the qualitative nature of the information. Software capable of quantifying SEM images has not been adequately developed. On the other hand, several types of software such as COMSTAT and Fuji which make use of mathematical modelling to analyse the CSLM images have been developed [76–78]. Confocal image analyses have many advantages over SEM, such as the ability to obtain real-time data without disruption to the structure of the biofilm and the ability to produce quantitative results. COMSTAT and Fuji analyses have been used successfully in *Candida* biofilm studies [63,79]. However, a major drawback of COMSTAT analysis is its inability to generate data on live/dead cell ratio, or, in other words, the cellular viability of the biofilm. There are newer software tools that can overcome this drawback. For instance, bioImage L, an image analysis software, is able to calculate biofilm structural parameters stained with dual-channel fluorescent markers [80]. It has been shown that this software identifies tonality intensity in situ, independently processes the colour subpopulations and characterises the viability and metabolic activity of biofilms. This software has been used to analyse C. albicans biofilms [79].

#### DIFFUSION OF MOLECULES ACROSS CANDIDA BIOFILMS

Diffusion of molecules such as nutrients and antifungals across multilayered biofilm is an important process for the biofilm community [81]. A few studies have examined the diffusion of nutrients such as sugars across *Candida* biofilms [82]. It has been assumed that biofilms developing under the sugar 'excess' conditions exhibit different properties than sugar-starved biofilms. Diffusion of antifungal across the *Candida* biofilms has also been explored occasionally [83,84]. Diffusion efficiency of the antifungal seems to be dependent on the nature of the biofilm as well as physiochemical properties of antifungal agents. One study found amphotericin B penetrates through *Candida* biofilms poorly compared to flucytosine and fluconazole [84]. Conversely, another study claimed all the tested antifungals including amphotericin B diffuse rapidly in monospecific *Candida* biofilms compared to mixedspecies biofilms [83]. There is an inherent technical difficulty in measuring diffusion through *Candida* biofilms. A few methods have been described in the literature, which merit further development in future studies [82,85]. We have used a model of artificial *Candida* biofilms to determine the diffusion coefficient (De) of simple sugars using the horizontal attenuated total reflectance–Fourier transform infrared (HATR-FTIR) technique. Under the given conditions, galactose has a higher De than glucose and sucrose in both the cell-free agarose films and artificial *Candida* biofilms, implying that galactose diffuses more efficiently across the biofilms. In addition, the higher percentage obstruction of galactose compared to glucose and sucrose suggests that galactose molecules are more effectively retained within the biomass. This implies that the nutrient (galactose) is likely to be available throughout the thickness of the biofilm from the top to the bottom layers. Taken together, these observations are in agreement with those of Hawser and Douglas [57], who claimed that galactose favours *Candida* biofilm formation over glucose. However, artificial biofilm models do not fully mimic the natural mechanisms operating in the natural *Candida* biofilms. Therefore, further research is warranted to develop proper models to study molecular diffusion across *Candida* biofilms.

## EX VIVO MODEL OF ORAL CANDIDA BIOFILMS

Reconstituted human oral epithelium (RHOE) has been developed as a viable *ex vivo* model to study oral candidiasis. The RHOE model has been used to investigate the host interaction with *ex vivo Candida* biofilms [79]. Commercially available RHOE (Skinethic Laboratory Nice, France) is reconstituted by incubation for 24 h in serum-free, MCDB 153 defined medium in tissue culture plates. Thereafter, tissues can be infected with standard *Candida* inoculum and incubated at 37°C in 5% CO<sub>2</sub> for the desired time point. Samples are harvested by washing gently to remove non-adherent *Candida* cells and are fixed in 4% paraformaldehyde (Sigma) in PBS for 1 h at room temperature. The fixed tissues can then be taken and processed for periodic acid–Schiff (PAS) staining to visualise the *Candida* biofilm formation and tissue invasion (Figure 5.3).

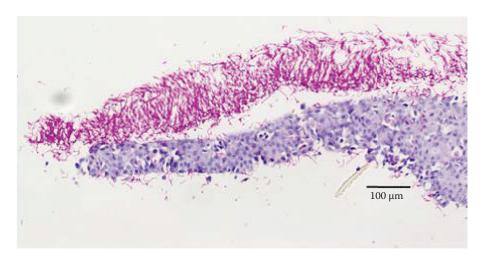


FIGURE 5.3 Reconstituted human oral epithelium (RHOE) model for ex vivo Candida biofilms.

## IN VIVO MODEL OF ORAL CANDIDA BIOFILMS

*In vivo* mouse model of oral candidiasis is a very useful tool to examine *Candida* biofilms under real-time conditions. In brief, selected strains of specific pathogen-free mice at ages 6–8 weeks can be used to develop oral candidiasis on tongue surfaces. Immunosuppression of mice is induced by subcutaneous injections of prednisolone prior to the *Candida* infection. On the day of infection, mice are inoculated with a standard inoculum of *Candida* by rubbing a cotton swab inside of the mouth to establish oral candidiasis. Mice are monitored twice a day for temperature, body weight, changes in oral mucosa and presence of candidiasis for a preselected time point (Figure 5.4).

## NOVEL C. ALBICANS 'HAPLOID BIOFILM MODEL' AND ITS IMPLICATIONS

Historically, *C. albicans* has been thought to be an obligate diploid. Almost all the biofilm studies on this species have been carried out using diploid *C. albicans* strains. However, a recent ground-breaking discovery of 'haploid' *C. albicans* cells provides new opportunities to study the biofilms. In this chapter, we provide a brief account of the discovery of haploid *C. albicans* strains, the development of novel haploid biofilm models and their implications in future drug discovery.

In eukaryotes, the term 'ploidy' refers to the number of sets of chromosomes in a biological cell [86]. Cells containing two sets of chromosomes in their genome are called diploid cells whereas those with only one set of chromosomes are called haploid cells. In the eukaryotic model organism, the budding yeast *Saccharomyces cerevisiae*, haploid and diploid cells are the two forms that can survive and proliferate [87]. The haploid form is the sexual form of *S. cerevisiae*, and haploid cells undergo a simple life cycle of mitosis and proliferation. Haploid cells of the opposite mating types can mate and generate diploid cells. *S. cerevisiae* haploids have a lower tolerance to unfavourable environments and tend to die under stress conditions. In contrast, the diploid cells are the asexual form of *S. cerevisiae*. Under certain stress



FIGURE 5.4 In vivo mouse model to examine Candida biofilms on tongue surfaces.

conditions, diploid cells undergo sporulation, producing four haploid spores via meiosis [86].

In *C. albicans*, however, diploid was believed to be the only mode of life [88,89]. Studies supporting the diploid nature of the microorganism include a genome size similar to that of the diploid *S. cerevisiae*, the requirement to delete two copies of the gene to create a null mutant [90,91] and a genome sequence of *C. albicans* which demonstrated heterozygosity throughout the entire genome [92,93]. Together with the predominantly diploid clonal nature of *C. albicans* within an individual host [94], it was assumed that the organism spends most, if not all, of its life cycle in the diploid state. The diploid nature of all clinical isolates and laboratory strains of *C. albicans* greatly hindered forward genetics research, the most reliable and unbiased approach in novel gene identification [95]. To date, around 4,500 open reading frames in the organism remains uncharacterised. This is a considerable challenge to identify the genetic regulators related to *C. albicans* biofilms.

In a ground-breaking discovery, Hickman and colleagues isolated viable haploid cells of C. albicans, changing the 'obligate' diploid concept in C. albicans [96]. C. albicans haploid cells are estimated to occur at a rate of 1-3 in 100,000 cells of the reference laboratory strain SC5314. In addition, similar to their diploid parent, haploid strains exhibit several key characteristics which define the species such as yeast-hyphae transition, white-opaque switching and chlamydospore formation [96]. The availability of C. albicans haploids greatly facilitates experimental approaches such as the classical genetic screen for recessive alleles and single-round gene-knockout phenotyping, which have been difficult tasks in diploids. However, as the haploid strains were generated through loss of one set of chromosomes from a highly heterozygous diploid, recessive mutations might be unmasked resulting in a different genetic background from their parent strain. Indeed, the haploid strains exhibit reduced growth rate and diminished virulence as compared to their diploid parent. Autodiploisation is also a major concern, which may affect result consistency and interpretation [96]. However, despite these limitations, promising studies have been conducted which demonstrated the utility of C. albicans haploids in biofilm research.

Taking advantage of the aforementioned discovery, we recently established a novel haploid *C. albicans* biofilm model [79]. We demonstrated that *C. albicans* haploid strains GZY792 and GZY803 are relatively stable and maintained their ploidy for at least 96 h as free-floating planktonic cells as well as in their biofilm mode of growth. Also, despite a slower biofilm development rate at earlier stages, the haploid cells were capable of forming mature biofilms to the same level as the diploids by 72 h in both *in vitro* and *ex vivo* models. *In vitro* haploid and diploid biofilms were structurally similar, with comparable spatial arrangements of yeast and hyphal cells embedded in extracellular matrix giving the classical three-dimensional appearance of *C. albicans* biofilms (Figure 5.5). By 72 h, haploids were also able to construct biofilms with an average height of approximately 13  $\mu$ m, which was comparable with that of diploid biofilms. Consistent with the observations on *in vitro* biofilm formation, the haploid strains were able to form comparable biofilms on *ex vivo* reconstituted human oral epithelia, albeit at a slower rate as compared to the diploid strains. The diploid strains formed a thick layer of mature biofilm on the oral

114

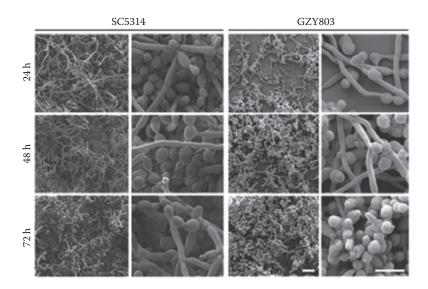


FIGURE 5.5 Candida biofilms of diploid SC5314 strain and 'new haploid' GZY803 strain.

epithelial surface by 48 h, whereas the haploid biofilm exhibited the same by 72 h. Fungal invasion into the tissues could be detected as early as in 24-h biofilm, which was more obvious in diploid strains. Tissue invasion by GZY803 cells became obvious by 48–72 h [79]. Taken together, these observations indicate that the haploid biofilm is a suitable model, as it displays key features of the mature biofilm formed by diploid *C. albicans*.

Understanding the genetic contribution to biofilm formation is a great challenge and a critical research gap in *C. albicans* research. Hence, next, we demonstrated the use of the novel haploid *C. albicans* biofilm model as a screening toolbox to uncover key biofilm regulators [79]. We generated a library of GTPase mutants from the *C. albicans* haploid and examined their role in biofilm formation. The screen identified *IRA2*, a negative regulator of the GTPase Ras1 [97], as a critical determinant of biofilm formation. Deletion of *IRA2* in the haploid strain resulted in diminished biofilm biomass with reduced structural complexity, and reinsertion of the *IRA2* gene largely restored the biofilm formation features. The phenotype was also confirmed in *IRA2* deletion mutants in the diploid strain. Hence, this finding not only opens up a new view to the role of GTPase in biofilm development but also justifies the reliability of the haploid model in *C. albicans* biofilm research [79].

The feasibility to carry out genetic screening to accelerate the discovery of new genes or pathways and to speed up identification of novel antifungal drug targets is an undeniable strength of *C. albicans* haploids. In addition, as haploids are capable of forming mature biofilms with key features similar to those of *C. albicans* diploids, employing the haploid as a model to uncover other features related to the organism's biofilms is a possible application. It is well known that *C. albicans* biofilms are resistant to many antifungal agents [98]; however, the molecular insights into antifungal

tolerance and resistance of biofilms are still limited. Furthermore, the contribution to persister population generation is another interesting aspect of *C. albicans* biofilm which remains to be examined [99,100]. By exploiting the haploid toolbox, we recently identified *AHP1* as a critical gene that accounts for the persister population of *C. albicans* that resist amphotericin B treatment (unpublished data). Therefore, the novel haploid *C. albicans* biofilm model will certainly facilitate future studies in this field.

## ANTIFUNGAL ACTIVITY AGAINST CANDIDA BIOFILMS

Only a few classes of antifungal drugs are available for the treatment of *Candida* infections. All current antifungal agents have various limitations, and none matches all the characteristics of an ideal agent. Currently there are few classes of antifungal agents that differ in their mechanism of action. In general, antifungal agents can be classified into four main groups: the azoles (ketoconazole, miconazole, clotrimazole, itraconazole, fluconazole, voriconazole, posaconazole), the polyenes (nystatin and amphotericin B), the echinocandins (caspofungin, micafungin and anidulafungin) and other miscellaneous classes of drugs such as the DNA analogue 5-fluorocytosine (5-FC).

Polyenes such as nystatin and amphotericin B interact with ergosterol of the fungal cell membrane and affect membrane-selective permeability. This results in leakage of intracellular potassium and magnesium and the loss of the proton gradient across the cell membrane [101]. In addition, amphotericin B may generate reactive oxygen species and cause oxidative damages to the fungal cell membrane [102]. Both nystatin and amphotericin B have been widely used in clinical practice. Nystatin is used mainly to treat superficial candidiasis and amphotericin B is used for systemic candidiasis. However, acute and chronic toxicities of amphotericin B limit its use; up to 80% of patients receiving the drug develop infusion-related toxicity or nephrotoxicity [103]. New versions of polyene antifungals such as the liposomal formulation of amphotericin B have enhanced tolerability, although infusion-related reactions and renal dysfunction are still commonplace [104,105].

Azoles are classified into two groups: imidazoles (ketoconazole, fenticonazole, miconazole, clotrimazole and econazole) and the triazoles (fluconazole, itraconazole, voriconazole and posaconazole). Azoles inhibit the fungal cytochrome P450 enzyme 14 $\alpha$ -demethylase which converts 14 $\alpha$ -demethylsterol to ergoaterol, which interrupt the cell membrane synthesis [106,107]. This results in compromised plasma membrane activity in the fungal cells. In addition, imidazoles interfere with fungal oxidative enzymes, leading to lethal accumulation of hydrogen peroxide [107].

The newest addition to the antifungal regime is the echinocandins, which inhibit  $\beta$ -1,3-glucan synthesis of the *Candida* cell wall [108]. Specifically, they bind to  $\beta$ -1,3-glucan synthase, an enzyme complex within the fungal cell wall [109].  $\beta$ -1,3-D-glucan is a vital component in cell wall integrity, and inhibition of this process leads to osmotic lysis of the cell. Hence, echinocandins are fungicidal in nature. Several members of the echinocandins are currently available for clinical use [109]. These include caspofungin, micafungin and anidulafungin. In general, echinocandins are well tolerated and have fewer side effects than polyenes. Miscellaneous classes of

antifungal agents include flucytosine, which is a DNA analogue. Flucytosine is a potent inhibitor of thymidylate synthase, an enzyme involved in DNA synthesis and nuclear division [106,107]. Because flucytosine has only a fungistatic effect, it is usually used in combination with other antifungals such as amphotericin B for systemic candidiasis. In addition, various other antifungal agents have also been reported or are under development [110].

It is generally regarded that 65-80% of all microbial infections are related to biofilms [111]. As mentioned previously, Candida forms biofilms on both abiotic and biofilm surfaces, in particular on medical devices [34]. The major clinical problem associated with Candida biofilms is the high resistance to antifungal agents. The first report of higher antifungal resistance of Candida in the biofilm growth mode came from the work of Hawser and Douglas in 1995. They observed Candida biofilms are 30-2,000 times as resistant as the planktonic cells to antifungals such as amphotericin B, fluconazole, itraconazole and ketoconazole [68]. Thereafter, many studies have corroborated these findings [62,70,112]. For instance, Candida biofilms can be resistant to fluconazole as much as 250-400 times that of planktonic cells in vitro [70,112]. These observations have been confirmed by in vivo studies [46]. Researchers have reported some success using relatively newer antifungal agents, such as echinocandins and liposomal formulations of amphotericin B, against *Candida* biofilms [65,113]. On the contrary, other studies have shown that some *Candida* strains form biofilms that are resistant to the aforementioned antifungal agents [62,114].

## ANTIFUNGAL SUSCEPTIBILITY TESTING FOR CANDIDA BIOFILMS

Conventionally, antifungal susceptibility testing is performed on planktonic cultures of *Candida*. Expert communities such as the Clinical Laboratory Standard Institute (CLSI), USA and European Committee on Antimicrobial Susceptibility Testing (EUCAST) have provided certain protocols and cutoff values for antifungal susceptibility testing. However, the minimum inhibitory concentrations (MICs) from these assays are determined for the planktonic cultures, not for the biofilm cultures. Therefore, researchers have developed the commonly used XTT reduction assay as an option for the determination of MIC values for *Candida* biofilms [115,116]. However, researchers must be careful when comparing biofilm MIC values with CLSI-derived planktonic MIC values of *Candida*. CLSI microdilution assays employ a standard concentration of the planktonic mode of *Candida* ( $0.5 \times 10^3$  cells/mL) compared to the considerably higher cell numbers that exist in *Candida* biofilms. Therefore, both planktonic and biofilm cultures should be prepared to obtain approximately equal cell numbers in a comparative analysis as described previously [62].

## FACTORS CONTRIBUTING TO THE ANTIFUNGAL RESISTANCE OF CANDIDA BIOFILMS

Several factors have been proposed to account for the higher antifungal resistance seen in *Candida* biofilms. These include altered growth, the presence of EPS, expression of resistance genes/proteins and 'persister' populations. Early studies on

bacterial biofilms have suggested that the biofilm mode of growth has a reduced metabolic and growth rate, which accounts for their higher drug resistance [117]. However, subsequent studies found biofilm resistance of *Candida* biofilms may not be related to the growth rate [112,118]. Biofilms consist of a heterogeneous population of cells with different growth rates [119]. Therefore, a subpopulation of cells with a slower metabolic rate may be contributory to the antifungal resistance, which needs to be investigated for firm conclusions.

The formation of the EPS by biofilm cells and its role in drug resistance has been discussed in the preceding chapters of this book. Previous work has identified a prominent role for the *Candida* matrix in the development of the drug-resistant phenotype associated with the biofilm mode of growth [120,121]. For instance, one study showed that *C. albicans* biofilms formed under a constant flow of liquid with increased matrix synthesis significantly enhance resistance to amphotericin B [122]. Moreover, another study demonstrated the survival of cells in *Candida* biofilms against amphotericin B decreased by as much as 20% when the EPS was removed [123]. In contrast, *Candida* biofilm cells grown statically in the presence of minimal matrix exhibited the same level of drug resistance to the antifungals flucytosine, fluconazole, and amphotericin B as did cells grown in a shaker with a large amount of matrix [124]. Therefore, it can be assumed that the amount of EPS is not the sole reason for the higher drug resistance in *Candida* biofilms.

The EPS of *Candida* biofilms is composed of carbohydrates, proteins, lipids and DNA. A recent comprehensive study on *C. albicans* EPS, using state-of-the-art 'omic' tools including glycomics, proteomics and lipidomics, identified 55% protein, 25% carbohydrate, 15% lipid and 5% nucleic acid in the *C. albicans* biofilm matrix [120]. Surprisingly, this study found that the most abundant polysaccharides are  $\alpha$ -1,2 branched  $\alpha$ -1,6-mannans (87%) associated with unbranched  $\beta$ -1,6-glucans (13%) in an apparent mannan–glucan complex (MGCx), compared to the previously thought of  $\beta$ -1,3-glucan as the most abundant matrix carbohydrate. The study also revealed 458 functional proteins in the matrix. The matrix lipids consisted of neutral glycerolipids (89.1%), polar glycerolipids (10.4%) and sphingolipids (0.5%) [125]. Interestingly, they also discovered that the extracellular DNA (eDNA) in *C. albicans* biofilm is almost exclusively composed of random noncoding sequences.

The *C. albicans* zinc-response transcription factor Zap1 has been identified as a negative regulator of a major matrix component, soluble  $\beta$ -1,3 glucan, using *in vitro* as well as *in vivo* biofilm models [121]. Furthermore, the authors found Zap1 target genes through expression profiling and full genome chromatin immunoprecipitation. In addition, two glucoamylases, Gca1, Gca2, and Adh5 were found to have positive roles in matrix production whereas Csh1 and Ifd6 have negative roles. They proposed that alcohol dehydrogenases generate quorum-sensing aryl and acyl alcohols that in turn govern the regulatory circuit of *Candida* biofilm formation and matrix development. The presence of  $\beta$ -1,3 glucan in EPS has also been linked to the antifungal resistance, as it is capable of sequestering antifungals [126].

Some studies have suggested that a higher expression of classical drug resistance genes in the biofilm mode may play a role in the higher resistance in *Candida* biofilms. For instance, involvement of ATP-binding cassette (ABC) and major facilitator superfamily (MFS) drug efflux pumps have been suggested as a possible reason

for azole resistance in *Candida* biofilms [127]. *MDR1*, *CDR1* and *CDR2* genes have been shown to be up-regulated in *Candida* biofilms. However, deletion of the aforementioned genes did not make *Candida* biofilms susceptible to azoles. A study using a microarray showed that *MDR* and *CDR* gene expression contributes to the azole resistance only in the early phase of *Candida* biofilm formation [128]. An *in vivo Candida* biofilm study demonstrated that *CDR1* and *CDR2* expression is significantly up-regulated in biofilms compared with planktonic cells, but *EFG11* and *MDR1* expression is similar in both biofilm and planktonic cells [46]. Therefore, it is unlikely that a single or few genes solely regulate the higher drug resistance in *Candida* biofilms.

One of the interesting concepts that has been proposed to explain the higher drug resistance in microbial biofilms is the presence of persister cells. Persister cells are a subpopulation of highly drug-resistant cells in the biofilm mode. These cells are not mutants, but rather phenotypic variants of wild-type cells [129]. Persisters are capable of surviving exceedingly high drug concentrations compared to the rest of the biofilm cells. *Candida* biofilms have been shown to contain persister cell populations [130,131]. A detailed discussion on biofilm persisters is provided in Chapter 8. This area of research in biofilm biology warrants further exploratory studies to unravel the complex molecular mechanisms that contribute to this intriguing phenomenon.

#### NOVEL ANTI-BIOFILM ANTIFUNGAL STRATEGIES AGAINST CANDIDA BIOFILMS

In general, drug discovery is a lengthy process and takes approximately 14 years for the launching of a new systemic antibiotic onto the market after its initial discovery via high-throughput screening [132]. Despite numerous efforts invested in drug discovery and development, only approximately 20% of all projects proceed to clinical trials, and 10% of these successfully pass through the subsequent hurdles [133]. These failures are mainly biological (poorly validated hits) and/or chemical (undesirable chemical properties that lead to toxicity) [133].

Therefore, various strategies have been used to develop anti-biofilm antifungal agents. However, most of the strategies have resulted in only limited success. Here, we succinctly describe some of them, including photodynamic therapy, nanotherapy, probiotics, plant extracts with active compounds, quorum sensing molecules and small-molecule-based drug discovery [134]. Small-molecule-based drug discovery is given more focus.

Researchers have attempted to use nanoparticles to generate new antifungals with better properties than the existing ones for *Candida* biofilms [135]. The silver nanomaterial is a good example of this technology. It inhibits fungal multiplication by interfering with DNA replication. Silver ions can also lead to protein denaturation and cell death because of their reaction with nucleophilic amino acid residues in proteins and their attachment to thiol, amino, imidazole, phosphate and carboxyl groups of membrane proteins or enzymes [136]. Silver nanoparticles have a well-tolerated tissue response with less cytotoxicity or genotoxicity and lower propensity to induce microbial resistance [137]. Recently, antifungal activity and an inhibitory effect on adhesion and biofilm formation by denture base resin containing nano-silver have

been demonstrated [138,139]. The nano-silver's antifungal activity is higher against *C. glabrata* than *C. albicans*. Nano-silver particles are also more effective in inhibiting biofilm formation than controlling established biofilms [140]. *In vitro* studies have also demonstrated potent antifungal effects of nano-silver coating of denture base material, as shown by inhibition of *Candida* adherence to the surface and deformation of the normal morphology of *Candida*. Further attempts to apply silver nano-particle-coated denture base materials for clinical use are expected.

Probiotic microbes are defined as organisms that may be ingested in various formulations to improve either human or animal health. Lactic acid bacteria including bifidobacteria, lactobacilli and enterococci are the most typical probiotic bacteria. Animal studies carried out to assess the therapeutic potential of probiotic bacteria on candidiasis have shown promising results. We have devoted a separate chapter (Chapter 10) to discuss the effect of probiotics on oral biofilms, including that of *Candida*.

In antimicrobial drug discovery, small molecules are defined as non-peptide organic compounds that are synthetic or from natural product extracts with a low molecular weight (approx. 200-500 Daltons) according to Lipinski's rule [141]. These molecules bind to biopolymers such as proteins and nucleic acids and alter their normal functions [142-145]. Small molecules are also used in these disciplines to probe biological pathways and gain new insights into unclear mechanisms [145,146]. The data on small molecules obtained from probing assays, including chemical structure and predicted solubility, are now stored in open databases, such as ChemBank, PubChem (currently contains information of more than 700,000 compounds) [147,148] and ChemDB (contains more than 4 million small molecules) [149]. Both phenotype-based and target-based drug discovery approaches involve the screening of small-molecule libraries. Modern high-throughput screening (HTS) technologies enable rapid hit identification and accelerate early stage drug discovery. Subsequently, with careful hit-to-lead process and lead optimisation, eventually the ideal antifungal agent can be discovered [150,151]. HTS of small molecules has many advantages. (I) The utilisation of small molecules can bridge drug discovery with chemical biology to understand biological processes of the pathogens. (II) Synthetic organic chemistry and combinatorial chemistry have allowed the rapid and cost-effective generation of a large amount of compounds with diverse structures [152,153]. (III) Most importantly, high-throughput phenotype-based screening of small molecules with antifungal activity could allow the identification of hits that target multiple proteins [142].

HTS of a small-molecule library has been used for identifying anti-biofilm antifungal agents. LaFleur and colleagues identified 19 *C. albicans* biofilm inhibitors (effective alone or in synergy with clotrimazole) by screening 120,000 molecules from the NIH Molecular Libraries Small Molecule Repository [154]. The underlying mechanism of action of these small molecules is not known. We have recently demonstrated a novel antifungal small molecule that works against *Candida* biofilms [155].

## CONCLUSIONS

Biofilm formation is a major virulence attribute for mucosal and systemic *Candida* infections. *Candida* biofilms are highly resistant to current antifungal agents and directly related to the therapeutic failure. Therefore, there is an urgent medical need to unravel novel antifungal strategies against the biofilms of this recalcitrant pathogen. Successful development of an effective anti-biofilm treatment could bring enormous benefits to the patient population suffering from ubiquitous *Candida* infections world over.

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# 6 Proteomics Approaches to Uncover the Drug Resistance Mechanisms of Microbial Biofilms

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## CONTENTS

Introduction	. 129
Sample Preparation for Biofilm Proteomics Studies	. 135
Proteomic Approaches in Biofilm Proteomics Studies	
Gel-Based Proteomics	. 137
Gel-Free MS-Based Proteomics Approaches	. 139
Examples of Gel-Free Proteomics Approaches in Microbial Biofilm Studies	139
Proteomics Strategies to Uncover Drug Resistance of Microbial Biofilms	. 142
Biofilm Proteomics Studies on Altered Metabolic Rate	. 143
Biofilm Proteomics Studies on Extracellular Polymeric Substances	. 144
Biofilm Proteomics Studies of Oxidative Stress Response (Increased	
Anti-Oxidative Activity)	. 146
Fungal Biofilm Proteomics	. 148
Drug-Response Proteomics of Biofilms	. 150
Study of Post-Translational Modifications in Biofilms	. 151
Metaproteomics Studies of Biofilms	. 152
Concluding Remarks	. 153
Corresponding Author	. 153
References	. 153

## INTRODUCTION

The various properties of microbial biofilms and some of the techniques employed to study them have been described in the previous chapters. The focus of the current chapter is to enumerate the potential of proteomics in understanding the drug resistance mechanisms of microbial biofilms. One of the most important and intriguing properties of microbial biofilms is their increased resistance to challenging environmental conditions. For instance, microbial biofilms are more resistant to antimicrobial agents than their free-floating planktonic counterparts [1,2]. Hence, the minimum concentration of an antimicrobial drug required to eliminate a biofilm far exceeds the concentration required to eliminate planktonic organisms. In fact, at times, the high drug concentrations needed to treat biofilms as part of a given therapeutic regimen may not be tolerated by the human host. Both bacterial and fungal biofilms have been shown to be highly resistant to antibiotics and antifungals, respectively. The drug resistance mechanisms in biofilms usually proceed either via specialised drug efflux mechanisms that can pump out the drugs toxic to the microorganisms or through their extracellular matrix (ECM) components, which create barriers to the penetration of the drugs. Study of resistance mechanisms in biofilms therefore requires an approach that can comprehensively analyse the changes occurring in the microbial system on treatment with drugs. Surveillance of the proteome or metabolome profile of biofilms generally provides the best possible information in such scenarios. Correspondingly, in this chapter, we discuss the proteomics approaches that are commonly employed to uncover the drug resistance mechanisms of microbial biofilms.

Microorganisms are capable of efficiently sensing harmful environmental conditions and adjusting their protein expression accordingly to obviate the challenges faced [3]. Although general stress response pathways are well conserved among many bacterial species, there are also species-specific, stimuli-specific and lifestyle-specific protein expression patterns. Traditionally, researchers used to examine the functionality of a single gene or a protein to study the activity of an antimicrobial agent on microorganisms. However, the advent of omics approaches such as transcriptomics, proteomics and metabolomics, coupled with bioinformatics, heralded a new dawn in drug discovery allowing researchers to look into the 'big picture' of the microbial response to drug treatment. Transcriptomics, proteomics and metabolomics refer to the global analysis of gene, protein and metabolite expression, respectively. These approaches can be applied, for instance, in cells, tissues and organisms under defined conditions.

The term *proteome* was coined by Marc Wilkins to describe the 'protein complement of the genome' [4]. It represents the entire set of proteins expressed by an organism at a given point of time under a defined set of conditions [5]. Proteomics includes both qualitative and quantitative measurements of the proteome. It facilitates the accurate analysis of changes in cells/entire systems during growth, development and exposure to environmental factors. Post-translational modifications (PTMs), which are key events in defining the functions of proteins, can also be studied by proteomics techniques. Most importantly, gene expression profiles do not necessarily correlate with the gene products generated or with protein expression patterns [6]. Therefore, when suitably employed, proteomics can confer numerous advantages in obtaining the 'big picture' of the functionality of the organism.

Since the beginning of the twenty-first century, high-throughput proteomics studies have provided an unprecedented wealth of information [7]. Proteomics has gradually become an indispensable tool in microbiology, especially in understanding phenotypic behaviors, diagnostics and host–pathogen interactions [8–14]. An overview of the studies that have explored the biofilm proteome of medically important microorganisms to generate a better understanding of the resistance trait exhibited in the biofilm mode of growth is provided in this chapter (Table 6.1). In addition, studies

## TABLE 6.1Studies of Microbial Biofilm Proteome

Organism	Trait under Investigation	Technique Employed	Technical Details	Reference
Acinetobacter	Planktonic vs.	Gel-based	DIGE/ iTRAQ,	Cabral et al., 2011
baumannii	biofilm	and gel-free	LC-MS/MS	[15]
Acinetobacter baumannii	Planktonic vs. biofilm	Gel-based	Coomassie	Shin et al., 2009 [16]
Actinomyces naeslundii	Planktonic vs. biofilm	Gel-based	Colloidal Coomassie	Paddick et al., 2006 [17]
Aeromonas hydrophila	Drug-treated biofilms	Gel-free	TMT-labelling, LC-MS/MS analysis	Li et al., 2016 [18]
Aspergillus niger	Planktonic vs. biofilm (intracellular proteome)	Gel-based	Silver staining	Villena et al., 2009 [19]
Aspergillus fumigates	Planktonic vs. biofilm	Gel-based	DIGE	Bruns et al., 2010 [20]
Bacillus cereus	Planktonic vs. biofilm	Gel-based	Coomassie Blue	Oosthuizen et al., 2002 [21]
Bacillus subtilis	Planktonic vs. biofilm (membrane)	Gel-based	Coomassie Brilliant Blue	Morikawa et al., 2006 [22]
Bordetella pertussis	Planktonic vs. biofilm	Gel-based	Silver/colloidal Coomassie	Serra et al., 2008 [23]
Candida albicans	Planktonic vs. biofilm	Gel-based	DIGE	Mukherjee et al., 2006 [24]
C. albicans	Planktonic vs. biofilm	Gel-based	Coomassie/silver staining	Vediyappan and Chaffin, 2006 [25]
C. albicans	Planktonic vs. biofilm	Gel-based	SYPRO Ruby	Thomas et al., 2006 [26]
C. albicans	Planktonic vs. biofilm	Gel-based	Silver staining	Seneviratne et al., 2008 [27]
C. albicans	Planktonic, biofilms and EPS	Gel-based	DIGE	Martinez-Gomariz et al., 2009 [28]
Candida glabrata	Planktonic vs. biofilm	Gel-based	DIGE	Seneviratne et al., 2010 [29]
Campylobacter jejuni	Planktonic vs. biofilm	Gel-based	Silver stain	Dykes et al., 2003 [30]
C. jejuni	Planktonic vs. biofilm	Gel-based	Sypro Ruby	Kalmokoff et al., 2006 [31]

Organism	Trait under Investigation	Technique Employed	Technical Details	Author (References)
Cryptococcus neoformans	Planktonic vs. biofilm	Gel-free	Shotgun proteomics, LC-MS/MS analysis	Santi et al., 2014 [32]
Escherichia coli	Planktonic vs. biofilm	Gel-free	iTRAQ, QStar XL Hybrid ESI	Mukherjee et al., 2011 [33]
E. coli	Planktonic vs. biofilm	Gel-based	Silver staining	Collet et al., 2007 [34]; Orme et al., 2006 [35]; Kim et al., 2006 [36]; Tremoulet, 2002 [37]
Enterococcus faecalis	Biofilms	Gel-based	2D gel electrophoresis and MALDI-TOF identification	Qayyum et al., 2016 [38]
Haemophilus influenza	Extra cellular matrix (EPS)	Gel-based	SDS-PAGE and LC-MS/MS	Gallaher et al., 2006 [39]
Lactobacillus plantarum	Planktonic vs. biofilm	Gel-based	DIGE, MALDI- TOF identification	De Angelis et al., 2015 [40]
Listeria monocytogenes	Planktonic vs. biofilm (carbon starvation)	Gel-based	Radioactive labelling/ autoradiography	Helloin et al., 2003 [41]
Listeria monocytogenes	Planktonic vs. biofilm	Gel-based	Coomassie/silver staining	Tremoulet, 2002 [37]
L. monocytogenes	Planktonic vs. biofilm	Gel-based	SYPRO Ruby	Hefford et al., 2005 [42]
L. monocytogenes	Drug-treated planktonic vs. planktonic and drug-treated biofilm vs. biofilm	Gel-based	2D gel electrophoresis and LC-MS/MS analysis	Gómez et al., 2013 [43]
Mycobacterium semegmatis	Biofilms	Gel-based	Silver staining	Mukherjee and Chatterji, 2008 [12]
Neisseria meningitides	Planktonic vs. biofilm	Gel-based	Colloidal Coomassie	van Alen et al., 2010 [44]
Neisseria gonorrhoeae	Planktonic vs. biofilm	Gel-free	SILAC, LC-MS/ MS analysis	Phillips et al., 2012 [45]
Porphyromonas gingivalis	Multi-species biofilm	Gel-free	LTQ MS, label-free	Kuboniwa et al., 2009 [46]

Organism	Trait under Investigation	Technique Employed	Technical Details	Author (References)
P. gingivalis	Planktonic vs. biofilm (cell envelope)	Gel-based and gel-free	<sup>16</sup> O/ <sup>18</sup> O proteolytic labelling	Ang et al., 2008 [47]
Proteus mirabilis	Planktonic vs. biofilm (WT and $\Delta pst$ mutant)	Gel-based	Silver staining	O'May et al., 2009 [11]
Pseudomonas aeruginosa	Planktonic vs. biofilm (lipidome)	Gel-free	ESI-MS/linear quadruple ion trap	Benamara et al., 2011 [48]
P. aeruginosa	Planktonic vs. biofilm	Gel-based	Silver staining	Steyn et al., 2001 [49]
P. aeruginosa	Planktonic, biofilm and gel-entrapped growth	Gel-based	Silver staining	Vilain et al., 2004 [50]
P. aeruginosa	Planktonic vs. biofilm (phosphoproteome)	Gel-based and gel-free	Phospho-(Ser/Thr) Phe antibodies/ ICAT	Petrova et al., 2009 [51]
P. aeruginosa	Planktonic vs. biofilm (development stages)	Gel-based	Silver staining	Southey-Pillig et al., 2005 [52]
P. aeruginosa	Planktonic vs. biofilm (strains/Ca <sup>2+</sup> )	Gel-based	Colloidal Coomassie	Patrauchan et al., 2007 [53]
P. aeruginosa	Planktonic vs. biofilm	Gel-free	LC-MS/MS analysis	Park et al., 2014 [54]
P. aeruginosa	Planktonic vs. biofilm	Gel-free	Label-free LC-MS/ MS analysis	Park et al., 2015 [55]
P. aeruginosa	Extracellular matrix of biofilms	Gel-free	iTRAQ, LC-MS/ MS analysis	Zhang et al., 2015 [56]
P. aeruginosa	Drug-treated biofilms	Gel-free	Pulsed SILAC, LC-MS/MS analysis	Chua et al., 2016 [57]
P. aeruginosa and C. albicans	Secretome of single and mixed-species biofilms	Gel-free	MALDI-TOF MS/ MS analysis	Purschke et al., 2012 [58]
Salmonella enteric	Biofilm adapted to benzalkonium chloride vs. untreated biofilms	Gel-based	Silver staining	Mangalappalli- Illathu and Kober, 2006 [59]
S. enteric	Planktonic vs. biofilm (benzalkonium chloride exposure)	Gel-based	Silver staining	Mangalappalli- Illathu et al., 2008 [60]

Organism	Trait under Investigation	Technique Employed	Technical Details	Author (References)
S. enteric	Biofilm under high-flow and low-flow	Gel-based	Silver staining	Mangalappalli- Illathu et al., 2008 [61]
Staphylococcus aureus	Planktonic vs. biofilm	Gel-based	Silver staining	Resch et al., 2006 [62]
S. aureus	Planktonic vs. biofilm (exoproteome)	Gel-free	iTRAQ	Muthukrishnan et al., 2011 [63]
S. aureus	Biofilms	Gel-free	Nano-LC-ESI-MS/ MS	Islam et al., 2014 [64]
Staphylococcus xylosus	Planktonic vs. biofilm (EPS)	Gel-based	Colloidal Coomassie	Planchon et al., 2008 [65]
Streptococcus equi ssp. zooepidemicus (SEZ)	Planktonic vs. biofilm	Gel-based	2D gel electrophoresis and MALDI-TOF identification	Yi et al., 2014 [66]
Streptococcus mutans	Planktonic vs. biofilm	Gel-based	DIGE	Rathsam et al., 2005 [67]
S. mutans	Planktonic vs. biofilm	Gel-based	Sypro Ruby	Rathsam et al., 2005 [67]
S. mutans	Planktonic vs. biofilm	Gel-based	<sup>14</sup> C labelling/ autoradiography	Svensater et al., 2001 [68]
S. mutans	Planktonic vs. mature biofilm (acid tolerance)	Gel-based	<sup>14</sup> C labelling/ autoradiography	Welin et al., 2003 [69]
S. mutans	Planktonic vs. early adhesion of biofilm	Gel-based	Silver staining/ <sup>14</sup> C labelling	Welin et al., 2004 [70]
S. mutans	Planktonic vs. biofilm (reactivity with IgA)	Gel-based	Coomassie/silver staining	Sanui and Gregory, 2009 [71]
S. mutans	Planktonic vs. biofilm (effect of model/strain)	Gel-based	DIGE	Luppens and ten Cate, 2005 [72]
S. mutans	Drug-treated planktonic vs. planktonic and drug-treated biofilm vs. biofilm	Gel-based	2D gel electrophoresis and MALDI-TOF identification	Li et al., 2013 [73]
S. mutans	Biofilms	Gel-based	2D gel electrophoresis and LC-MS/MS analysis	Yoshida et al., 2015 [74]

Organism	Trait under Investigation	Technique Employed	Technical Details	Author (References)
Streptococcus suis	Planktonic vs. biofilm	Gel-based	2D gel electrophoresis and MALDI-TOF identification	Wang et al., 2012 [75]
S. suis	Drug-treated biofilms vs. biofilms	Gel-free	iTRAQ, ESI tandem MS/MS analysis by Q Exactive™	Zhao et al., 2015 [76]
Tannerella forsythia	Planktonic vs. biofilm	Gel-free	iTRAQ, ESI qTOF	Pham et al., 2010 [77]
Vibrio parahaemolyticus	Planktonic vs. biofilm	Gel-free	2D LC-MS/MS analysis	Dharmaprakash et al., 2014 [78]
Clinical samples	Dental plaque biofilm on enamel surface	Gel-based	Silver staining	Paes Leme et al., 2008 [79]
<i>Note:</i> DIGE, difference gel electrophoresis; ESI, electron spray ionisation; iTRAQ, isobaric tags for rela-				

Note: DIGE, difference gel electrophoresis; ESI, electron spray ionisation; iTRAQ, isobaric tags for relative and absolute quantification; LC-MS: liquid chromatography–mass spectrometry; MALDI-TOF, matrix-assisted laser desorption/ionization time of flight; MS, mass spectrometry; SDS-PAGE, sodium dodecyl sulfate–polyacrylamide gel electrophoresis; qTOF, quadrupole time of flight.

that have provided important insights about proteins involved in biofilm formation, without directly examining the biofilm proteome, are also mentioned. However, a discussion of proteomics studies of biofilms formed on plants and natural ecosystems such as acid mine drainage systems are not within the scope of this chapter and readers are referred to some excellent reviews elsewhere [80–82].

## SAMPLE PREPARATION FOR BIOFILM PROTEOMICS STUDIES

Efficient and reproducible methods of protein extraction play an important role in the success of any proteomics experiment. It should be noted that there is no 'universal' protocol or technique that can be followed for any biological question under consideration. Similarly, it is not possible to have a fixed sample preparation method for all the microbial biofilm samples, as there can be considerable diversity in protein quantity, molecular weight, charge, hydrophobicity, PTMs and interaction with other molecules, among others [83]. Consequently, one must carefully customise available proteomics resources for each study, rather than following a common protocol. The choice of an optimum protocol would minimise potential protein losses during processing, enrich the recovery of proteins and avoid contamination issues. In general, two major strategies are used to extract proteins from biological samples that are compatible for downstream mass spectrometry (MS)-based identification [84].

The first method involves the use of detergents to solubilise proteins and separate them by sodium dodecyl sulphate–polyacrylamide gel electrophoresis (SDS-PAGE) followed by in-gel trypsin digestion. The second is a more broadly used detergent-free method, where strong chaotropic reagents such as urea and thiourea are used for protein extraction followed by protein precipitation and digestion under in-solution denaturing conditions. Some of the recent studies have developed more generalised and efficient sample preparation methods. For instance, Matthias Mann's group has introduced a filter-aided sample preparation (FASP) method, which combines the advantages of in-gel and in-solution digestion approaches [84]. Also, a recent protocol published in the area of plant proteomics has suggested a possible universal protocol for total protein extraction involving trichloroacetic acid (TCA)/acetone precipitation followed by SDS and phenol extraction [85].

Certain studies have employed a combination of different protocols to obtain a better proteome coverage. They rely on improving the separation of peptides after the protein digestion and before they are analysed in the mass spectrometer. For instance, in a proteomics study on *Vibrio parahaemolyticus*, a bacterial pathogen associated with foodborne infections, two protocols that differ in their detergent concentrations and cell lysis methods were used to extract total proteins from 12-, 24- and 48-h planktonic cultures and 24- and 48-h biofilm cultures [78]. This resulted in the identification of a total of 2,199 proteins using LC-MS/MS [liquid chromatography–tandem MS] providing 45.5% total coverage of the proteome of the microorganism.

Various prefractionation techniques can also be used to study the sub-proteomes of microorganisms in the planktonic as well as biofilm modes. For instance, subcellular compartments, such as bacterial outer membrane (OM), have been successfully isolated using different prefractionation approaches [35,86–89]. Similarly, extracellular components, such as outer membrane vesicles [OMVs], which are associated with bacterial survival and virulence, have also been isolated from planktonic and biofilm cultures of the bacteria and subjected to proteomics analysis [55]. One such study by Park and colleagues analysed the differential proteomic expression of biofilm versus planktonic OMVs in *Pseudomonas aeruginosa*, which showed an increase in the expression of porins such as OprD and OprE, and of the peptidoglycan binding proteins OprI and OprF in the biofilm proteome. The quantitative study revealed that drug-binding cytoplasmic proteins and porins are shuttled into the OMVs from the whole cells, resulting in antibiotic resistance, thereby improving our understanding of biofilm-specific OMVs.

In another study, Rathsam and colleagues studied the sub-proteomes of *Streptococcus mutans* biofilms. *S. mutans* is a bacterium associated with dental decay [67]. The study utilised prefractionation techniques that had been previously used in planktonic cells to obtain 'wall', 'cytoplasmic' and 'membrane' fractions and observed that fractionation, and the subsequent recombination of the 'cellular' and 'wall' fractions, were able to significantly increase the number of proteins obtained, compared to the whole-cell preparation method. Prefractionation approaches have also been used to obtain the cell envelope proteome of planktonic and biofilm *Porphyromonas gingivalis* [47] and the sub-proteomes of mixed-species biofilms consisting of *P. gingivalis, Streptococcus gordonii* and *Fusobacterium* 

*nucleatum* [46]. These techniques can be successfully employed in fungal proteomics studies also. Subcellular organelles such as the cell wall, plasma membrane, mitochondria, Golgi apparatus, nucleus and peroxisome in the fungal species *Saccharamoyces cerevisiae* and *Candida albicans* have been successfully isolated and prefractionated for downstream proteomics identification [90–93]. Therefore, when used appropriately, prefractionation can improve the yield and the coverage of the biofilm proteome under investigation, compared to direct extraction of the whole-cell proteome methods.

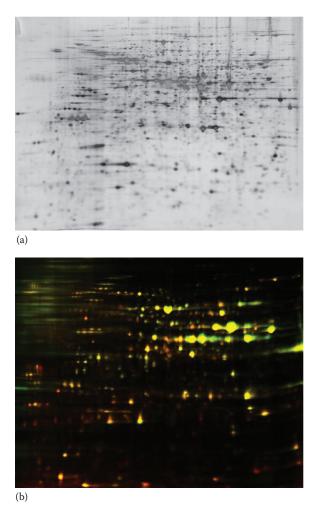
### PROTEOMIC APPROACHES IN BIOFILM PROTEOMICS STUDIES

Proteomics studies are usually carried out using either gel-based or gel-free techniques. The gel-based techniques are the traditional methods of proteomics analysis and are based on one- or two-dimensional gel electrophoresis, while gel-free proteomics analysis techniques are more recent, resulting from technological advancements in the field of mass spectrometry. It is noteworthy that according to PubMed, more than half of the published proteomics studies from 2000 to 2010 have used gelbased techniques [94]. However, in recent years, the trend has clearly moved towards gel-free approaches because of their simpler sample preparation steps. MS-based gel-free proteomics are now widely used for investigations such as protein sequencing, identification of PTMs and protein–protein interactions [95]. The terms gelbased and gel-free are used throughout this chapter in discussing studies on biofilm proteomics.

### **GEL-BASED PROTEOMICS**

Two-dimensional gel electrophoresis (2-DE) was first developed by O'Farell in the 1970s and has been the cornerstone of proteomics until the advent of gel-free proteomics [96,97]. Traditionally, in gel-based approaches, proteins are first separated using a gel and then the extracted spots are digested with a protease, most commonly trypsin [98]. Following 2-DE, various staining methods such as Silver stain, Coomassie Blue and fluorescent dyes are used to visualise the gel (Figure 6.1a). In fact, one of the advantages of gel-based proteomics techniques is that they provide a visual representation in the gel of the proteome under investigation, containing valuable information about the relative size, isoelectric point and abundance of the proteins. Gel-based techniques can separate thousands of proteins and the currently used protocols can produce 2,000-3,000 detectable proteins spots. The differential expression profile of the proteins can be analysed using appropriate software such as ImageMaster (Amersham Biosciences), Progenesis (Nonlinear Dynamics), Decyder (GE Healthcare Life Sciences), PDQuest (BioRad), Melanie (Geneva Bioinformatics), ELISE and HERMes. It should be noted that the analytical methods and algorithms used in different software tools vary considerably [99].

Significant advances in gel-based proteomics were made in the 1990s with the introduction of the 2D-difference gel electrophoresis (2D-DIGE) technique by Unlu's research group. In 2D-DIGE, complex protein mixtures are labelled with fluorescent dyes (e.g. Cy2, Cy4 and Cy5), before 2-DE [100,101]. There are two



**FIGURE 6.1** (a) Examples of classical gel-based proteomics using two-dimensional gel electrophoresis followed by silver staining. (b) Gel-based proteomics using 2D-DIGE.

major advantages of 2D-DIGE over traditional 2-DE methods. First, as many as three samples can be run in a single gel, thereby reducing experimental variations and making protein quantification more accurate. Second, gel-to-gel variations can be resolved by introducing an internal control. DIGE has been successfully applied in both bacterial and fungal biofilm studies (Figure 6.1b) [20,40,102,103]. However, gel-based approaches are limited by several technical hurdles, such as in the case of resolving hydrophobic proteins and low-abundance proteins. In particular, the first-dimension isoelectric focusing in conventional 2-DE platforms is not compatible enough with hydrophobic proteins and proteins with extreme isoelectric points. The second-dimension and/or the different staining techniques are not sufficiently sensitive to recover low molecular weight and low-abundance proteins. Other drawbacks

are the limited detection of membrane proteins caused by their poor solubility and the limited dynamic range. Overall, lack of reproducibility, co-migration of proteins in spots and limited dynamic range are some of the major problems in gel-based proteomics [104,105]. In addition, these methods are labor-intensive, time-consuming and difficult to automate. Therefore, as previously mentioned, most researchers have already moved to gel-free platforms for proteomics analysis.

#### **GEL-FREE MS-BASED PROTEOMICS APPROACHES**

Recent advances in MS have rendered gel-free proteomics techniques increasingly popular and widely applied [106,107]. MS-based techniques allow a larger number of proteins to be identified and quantified in a relatively shorter time and can also detect, to a certain extent, difficult protein fractions such as membrane and low-abundance proteins.

Classically there are two major approaches in gel-free proteomics: bottom-up and top-down [98,108]. Top-down proteomics involves the analysis of intact proteins, whereas bottom-up proteomics approach represents the analysis of a complex peptide mixture after proteolysis with an enzyme, most commonly trypsin. Currently, the bottom-up (also known as shotgun) proteomics approach is more popular and more commonly employed because of its wider spectrum of applications and existing instrumentation. In the bottom-up approach, proteins are first digested to obtain peptides, which are subsequently subjected to MS-based analysis. Some studies have combined top-down and bottom-up proteomics approaches for better interpretation of results [109].

MS-based proteomics analysis can be either qualitative or quantitative. Quantitative MS-based analysis of proteins in samples can be carried out using two main approaches. Differentially expressed proteins can be quantified by either isotopic-labelling or label-free MS analysis. Differential isotopic labelling methods such as isobaric Tags for Relative and Absolute Quantitation (iTRAQ), Isotope-Coded Affinity Tags (ICAT), Stable-Isotope Labelling by Amino acids in Cell culture (SILAC) and Tandem Mass Tag (TMT), among others, can be used for relative quantification, including those studies related to biofilm proteomics [15,77,110,111].

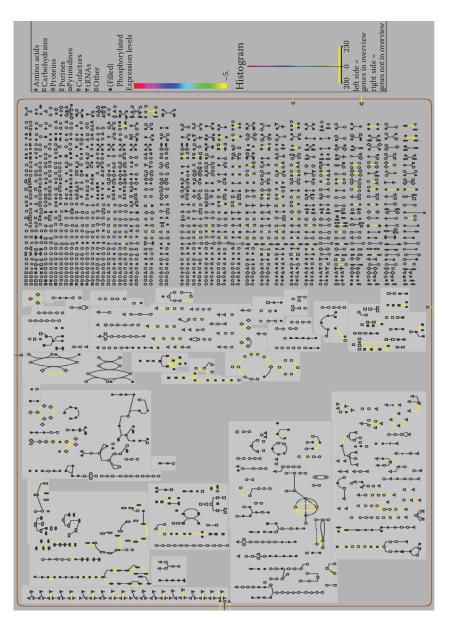
#### EXAMPLES OF GEL-FREE PROTEOMICS APPROACHES IN MICROBIAL BIOFILM STUDIES

Gel-free proteomics techniques are now being widely used in the analysis of microbial populations and biofilms. Many of the recent microbial studies have employed quantitative gel-free proteomics methods for evaluating protein expression differences. For instance, Philips and colleagues conducted a proteome profiling of planktonic and biofilm *Neisseria gonorrhoeae* using SILAC labelling approach [45]. Proteins were extracted from <sup>13</sup>C-labelled planktonic cells and unlabelled biofilms. The heavy and light protein extracts were mixed and analysed by LC-MS/MS. A total of 757 proteins were identified, including 152 unique proteins that have a significant differential expression. The overexpressed proteins were mostly involved in energy metabolism and located in the cell envelope. The low-expressed proteins were mostly involved in protein synthesis. This study suggested a shift of gonococcal biofilms to anaerobic state. Other such isotopic-labelling based studies include analysis of the differential protein expression of biofilms of antibiotic-sensitive and -resistant strains of *Aeromonas hydrophila* by TMT labelling and iTRAQ-based analysis of *Candida* biofilm samples (Figure 6.2) [18].

Label-free strategies based on counting unique spectra or peak intensities constitute the second main group of quantification approaches. These techniques have been used in bacterial as well as fungal biofilm studies [46,112–118]. Aggregatibacter actinomycetemcomitans is an oral bacterial pathogen residing in the subgingival biofilms and associated with rapidly progressing 'gum disease' called aggressive periodontitis. Periodontitis, commonly known as gum disease, results from chronic inflammatory destruction of the tooth supporting structure or 'periodontium' due to aberrant host response to the pathogenic dental plaque biofilm [119]. Label-free quantitative proteomics techniques were employed to examine the interactions between A. actinomycetemcomitans and other oral bacterial species in a mixed-species biofilm environment [114]. This study found that 483 of the 728 quantified bacterial proteins excluding those of A. actinomycetemcomitans were differentially expressed. Interestingly, all quantified proteins from *Prevotella intermedia*, an oral bacterium, seemed to be overexpressed while most quantified proteins from Campylobacter rectus, Streptococcus anginosus and P. gingivalis were expressed in a lower level in the presence of A. actinomycetemcomitans.

There are only a few studies which have examined the host-biofilm interaction. Proteins secreted by the biofilm-challenged gingival epithelium are key signalling molecules for the initiation and propagation of the early host innate immune responses [120]. Bostanci and colleagues used label-free quantitative to screen for the host proteins secreted in a coculture of multilayered gingival epithelium with a 10-species subgingival biofilm model [113]. They identified a significant role of the 'red-complex' bacterial species in the observed effects. Bacterial response to prolonged desiccation conditions was examined using both iTRAQ and label-free proteomics of the clinical strain Acinetobacter baumannii [117]. With prolonged desiccation, A. baumannii tends to form biofilms on surfaces and transforms to a dormant 'persister' population. The resultant proteome was reflective of the changes observed, that is, lower expression of proteins involved in transcription and translation and increased expression of previously known persister-associated proteins. Interestingly, antioxidant proteins such as glutathione peroxidase, catalase H or superoxide dismutase were present in the persister proteome. Hence, it was proposed that formation of persister cells may be a mechanism that the bacterium uses to survive stress conditions such as lack of nutrients found in intensive care units (ICUs), causing consistent infections in the patients. Another study examined the physiological consequences of amyloidmediated biofilm formation in P. aeruginosa PAO1 using label-free approaches [116]. The presence of functional amyloid heavily impacted the P. aeruginosa proteome. There was an increase in the alginate and pyoverdine synthesis machinery, which turned P. aeruginosa PAO1 into an unexpected mucoid phenotype.

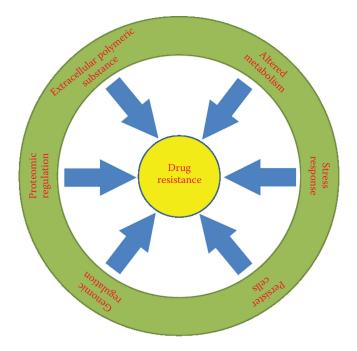
In fungal studies, label-free proteomics approaches have been utilised to decipher the mechanism of persister population in *C. albicans* biofilms [118]. There are several unique advantages to both labelled and label-free quantitative methods and some studies have advocated the use of a combined strategy to improve the protein coverage [121].





## PROTEOMICS STRATEGIES TO UNCOVER DRUG RESISTANCE OF MICROBIAL BIOFILMS

Both genomics and proteomics studies have suggested that genes and proteins in biofilms are expressed differently from those in planktonic state [122,123]. These findings suggest that microorganisms have a separate 'biofilm phenotype' with a unique expression profile of genes and proteins. The most intriguing and elusive phenotypic feature of microbial biofilms is their increased resistance to harsh environmental conditions including antimicrobial challenges, compared to planktonic cells [1,2,124]. Though several hypotheses related to this phenomenon have been proposed, the exact mechanism of resistance has not yet been fully elucidated (Figure 6.3). Some of the possible resistance mechanisms include an altered metabolic state, the presence of extracellular matrix, oxidative stress response, differential gene or protein expression or the presence of a highly drug-tolerant 'persisters' population [124–127]. Proteomics studies on microbial biofilms have indeed provided a significant leap in our understanding of this phenomenon. A brief account of these studies, their major findings and implications are given in the text that follows.



**FIGURE 6.3** Factors that may contribute to the higher drug resistance in microbial biofilms. (Reproduced from Seneviratne CJ et al. *Proteomics*, 2012. With permission.)

#### **BIOFILM PROTEOMICS STUDIES ON ALTERED METABOLIC RATE**

Biofilms are composed of a heterogeneous collection of cells with different metabolic activities. It has been suggested that the upper layers are metabolically active, whereas the lower layers are in a state of quiescence [2,124,128]. The slower rates of growth, protein synthesis and metabolic activity could be attributed to the increased resistance of microbial biofilms. There are several studies that support as well as contradict this theory. Among studies corroborating this notion, a shotgun proteomics study on E. coli biofilms showed that major energy-generating events such as glycolysis and the pentose phosphate pathways are expressed at lower levels in biofilms [110]. This lower expression of the glycolysis pathway has also been shown in S. mutans biofilms, compared to the planktonic proteome [67]. A study on fungal biofilms, using Candida glabrata, demonstrated the lower expression of carbohydrate metabolism related proteins in biofilms when compared to the planktonic state [103]. In a more recent study of Staphylococcus aureus biofilms, the effects of different fluid shear rates on biofilms were evaluated by a global proteomics analysis using nano-LC-ESI-MS/MS [64]. The biofilms were grown in flow cells under four different fluid shear rates to identify their effect on biofilm-associated proteins and the proteins were extracted from the membrane and cytosolic fractions. Sixteen proteins in the membrane fraction and eight proteins in the cytosolic fraction showed significant changes in their expression profile under increased shear conditions. The altered proteins were related to metabolic functions such as glycolysis and the tricarboxylic acid (TCA) pathways, protein synthesis and stress tolerance. However, fibronectin-binding and collagen-binding protein levels were unchanged. The study demonstrated that the general metabolic functions of the bacterium are reduced under high-shear conditions, but without changes in their binding capacity.

On the other hand, other proteomics studies of *S. aureus* biofilms have shown that cells may be metabolically active in the later stages of biofilm development, as glycolysis-associated proteins were found to be overexpressed [62]. In addition, one study on *S. mutans* biofilms also showed overexpression of the glycolysis pathway in the biofilm proteome [71]. Moreover, a comparative proteomics study of the planktonic and the biofilm states of *V. parahaemolyticus* revealed that pathways such as glycolysis, citrate cycle, purine metabolism and pyruvate metabolism function similarly between planktonic and biofilms modes [78]. It is thus possible that reduced metabolic activity might not be the only reason for the increased antimicrobial resistance in biofilms. However, it is important to highlight that variations in methodology, microorganisms, stages of biofilm development and the spatio-temporal organisation of biofilms in the aforementioned biofilm proteomics studies could also be the reasons behind the contradictory reports of metabolic response in biofilms.

The age of biofilms can also affect the resistance phenomena observed. Mature biofilms are normally more resistant than younger biofilms. The analysis of biofilms using a time-course experiment would be an ideal way to capture the dynamic changes occurring during the biofilm development. One such study was performed in *Streptococcus pneumoniae*, a bacterial pathogen that accounts for a significant global burden of morbidity and mortality. Comparative iTRAQ analysis was performed on a planktonic log-phase culture and on one-day and seven-day biofilms

in a S. pneumoniae clinical serotype 14 strain [93]. Overall, 244 proteins were identified, of which more than 80% were differentially expressed during biofilm development. Compared to the planktonic proteome, the one-day-old nascent biofilm exhibited less expression of proteins associated with glycolysis, which is consistent with other reports demonstrating the lower expression of glycolytic proteins. Proteins involved in translation, transcription and virulence were also expressed at lower levels at this stage. In contrast, proteins with roles in pyruvate, carbohydrate and arginine metabolism were significantly increased in mature biofilms. This suggests an initial slowdown of metabolic processes to adapt to the biofilm lifestyle followed by an increased metabolic activity in later stages. Interestingly, seven-dayold biofilms showed that metabolic activity returned to levels comparable to those of log-phase planktonic cells. In another time-course study of *P. aeruginosa*, the profiles showed an increased antibiotic resistance and decreased metabolic activity in the biofilm mode [54]. Hence, more time-course proteomics studies of microbial biofilms are needed to gain a better understanding of the metabolic responses elicited.

#### **BIOFILM PROTEOMICS STUDIES ON EXTRACELLULAR POLYMERIC SUBSTANCES**

The formation of biofilms involves the production of EPS by microorganisms, which constitutes a unique feature of the microbial biofilms. EPS consists of polysaccharides, proteins, nucleic acids and lipids [129]. It forms a gel-like, highly hydrated and locally charged three-dimensional scaffold encompassing the biofilm community and acts as a barrier to the diffusion of antimicrobial agents, providing an increased drug resistance to the microbial community. There are numerous studies which have examined the nature and function of EPS in microbial biofilms [127,130,131]. It has been proposed that targeting EPS could be an efficient strategy to limit biofilm formation [132]. In fact, the examination of the biofilm matrix may reveal potential candidates that could be used as drug targets and provide some insight into drug resistance. Although most EPS studies have focused on their polysaccharide components, some studies have specifically focused on their protein components. It is important to note that the study of the polysaccharide components of EPS would be better suited to metabolomics, as described in Chapter 7 [133–135].

The study of EPS proteins poses some significant challenges, especially in relation to obtaining a successful and reproducible protein extraction step, as the EPS is protected by several components which greatly complicate the process of protein recovery. We think that EPS extraction protocols used for environmental biofilms formed on wastewater treatment reactors could serve as guidelines for other biofilm studies [136]. In fact, physical and chemical extraction methods as well as a combination of both have been used to extract EPS. Physical extraction methods detach EPS from the cells using mechanical forces while chemical methods disrupt the binding interactions between the EPS and the cells to accelerate the solution of EPS. The nature of EPS and hence the difficulty of extraction varies from study to study. Hence, optimisation of extraction methodology should be performed before the start of the experiment to obtain the most efficient protein recovery. Some proteomics studies that have explored EPS proteins are described in the text that follows.

Gallaher and colleagues studied the EPS proteins of non-typeable H. influenza and identified 265 proteins, including UspA, a universal stress response protein, which has previously been shown to be important for biofilm formation [39]. Another recent study used two clinical S. aureus strains including a methicillinresistant S. aureus (MRSA) and a methicillin sensitive clinical strain, to examine the exoproteomes of exopolysaccharide-based and protein-based biofilm matrices [137]. A total of 33 extracellular proteins were detected. More notably, 28 of the 33 proteins had been previously identified in the biofilm exoproteome of S. aureus strain D30, isolated from a persistent nasal carrier [63]. Hence, this study demonstrated that the biofilm mode of S. aureus contained many more immuno-evasive proteins than the cells in the planktonic mode. Another study by Gil and colleagues showed that a common core of secreted proteins was contained in the exoproteomes of both methicillin-resistant and non-methicillin-resistant strains [137]. The EPS contained many proteins involved in pathogenesis, such as toxins like leukocidin, EsaA and truncated beta-hemolysin, and immunomodulatory proteins like lipoprotein, immunodominant antigen B, immunodominant antigen A and IgG-binding protein. In addition, a markedly large number of proteins involved in carbohydrate metabolism such as phosphoglycerate mutase, triosephosphate isomerase, enolase, glyceraldehyde-3-phosphate dehydrogenase, glucose-6-phosphate isomerase and alcohol dehydrogenase were also found in the biofilm matrix. Follow-up studies using biofilm matrix exoprotein extracts were able to induce a humoral immune response and elicit the production of interleukin-10 (IL-10) and IL-17 in mice. Interestingly, when mice were immunised with biofilm-matrix extracts, bacterial counts of the in vivo biofilms declined significantly. Hence, this proteomics study was instrumental in demonstrating that an extract containing biofilm matrix exoproteins could induce a protective immune response against S. aureus biofilm-related infections [98]. In another study, EPS proteins obtained from P. aeruginosa biofilms at different stages were examined using iTRAQ to elucidate the functions of ECM proteins in the biofilm structure [56]. Matrix-associated proteins were extracted from 12-, 24-, 48- and 96-h biofilms of P. aeruginosa. The analysis identified 389 proteins and observed an increase in the levels of stress resistance and nutrient-metabolism proteins over the period of the biofilm growth. Furthermore, putative effectors of the type III secretion system were also identified in the matrix. The study suggested that ECM proteins may play a role in stress resistance, nutrient acquisition and pathogenesis. There are other proteomics studies that have explored different aspects of EPS in various bacterial biofilms [21,23].

Recently, a comprehensive study on *C. albicans* EPS was performed by Zarnowski and colleagues [138]. The authors were able to carefully extract the EPS component from *C. albicans* without any cell wall contamination. Interestingly, contrary to the common belief, they reported that proteins represented the main component, far exceeding the polysaccharide content. A total of 565 proteins were identified in the *C. albicans* biofilm matrix. Subsequently, 458 different functions of the proteins spanning 16 metabolic pathways were discerned using the Kyoto Encyclopaedia of Genes and Genomes (KEGG) database. The most abundantly represented pathways were related to carbohydrate metabolism, which had 177 functional proteins. Eight of the identified matrix proteins, that is, Xog1, Exg1, Bgl2, Pmt1, Pmt2, Pmt4, Pmt6

and Hsp70, had previously been reported to impact biofilm formation. However, proteomics technologies have not yet been fully exploited to unravel the essential information about EPS proteins of microbial biofilms. Future research in this field should make use of the novel technologies available to dig the important protein regulators in the EPS gold mine of microbial biofilm, which can aid in the development of novel anti-biofilm strategies.

### BIOFILM PROTEOMICS STUDIES OF OXIDATIVE STRESS RESPONSE (INCREASED ANTI-OXIDATIVE ACTIVITY)

Activation of oxidative stress response pathways in biofilms is another hypothesis that has been proposed to account for the increased drug resistance of microbial biofilms. This hypothesis has gained considerable attention in recent years because of the strong evidence generated from studies of bacterial and fungal biofilms. Implications of these findings in relation to higher drug resistance observed in microbial biofilms are discussed in the text that follows.

One study examined the role of periplasmic oxidative defence proteins, copperzinc superoxide dismutase (SodC) and thiol peroxidase (Tpx) from Shiga toxinproducing *E. coli* O157:H7 (STEC) biofilms [36]. Proteomics analyses showed significantly higher expression levels of elements of both periplasmic antioxidant systems (SodC and Tpx) when STEC cells were grown in the biofilm mode than when grown in the planktonic mode. These findings were further confirmed by the observation that *sodC* and *tpx* mutants were more susceptible to hydrogen peroxide than the STEC wild-type. STEC mutans also displayed significant reductions in their capability to adhere to epithelial cells and abiotic surfaces. Therefore, for the first time, it was revealed that *sodC* and *tpx* gene products contributed to the formation of *E. coli* biofilms.

Neisseria meningitidis is a commensal bacterium that resides in the human nasopharynx but which, under certain conditions, can cause invasive diseases such as meningitis. Comparative proteomics analysis of planktonic and biofilm cultures of *N. meningitidis* showed that the oxidative defence system-related proteins MntC and SodC were expressed in higher levels in the biofilm mode of growth [44]. MntC and SodC are well-known components of the oxidative defence system. Subsequently, MntC knock-out mutants showed more susceptibility to Paraquat, an agent that induces the production of intracellular reactive oxygen species (ROS). Interestingly, biofilm formation of *MntC* mutants was completely abrogated. However, this phenotype could be compensated by complementation of mntC in *trans.* Hence, *MntC* seems to protect the bacterium against ROS in the biofilm mode of growth, but not in the planktonic mode. In another study, a considerable number of stress response proteins including antioxidants were found to be expressed in high amounts in the Actinomyces naeslundii biofilm, when compared to the planktonic proteome [17]. These proteins included Fe/Mn superoxide dismutase, thioredoxin, general stress protein 14, co-chaperone GrpE HSP10 and HSP70. Superoxide dismutase has been shown to be expressed in higher levels in the biofilm modes compared to the planktonic modes of bacteria such as Listeria monocytogenes and Salmonella enterica [37,60]. The higher expression of alkyl hydroperoxide

reductase and catalase–hydroperoxidase II observed in the comparative proteomics study on the planktonic and biofilm mode of *Acinetobacter baumannii* indicates higher antioxidative capacities in the biofilm mode of growth [15]. Comparative proteomics studies on planktonic versus biofilm modes of bacterial pathogens such as *Campylobacter* jejuni and *H. influenzae* have further corroborated that alkyl-hydroperoxide reductase is an important antioxidant expressed at higher levels in the biofilm mode compared to the planktonic mode [31,39]. Hence, the aforementioned findings provide evidence for the role of antioxidant defence system in the drug resistance of microbial biofilms. The biofilm proteome of another bacterium, *Tanerella forsythia*, which is associated with periodontal disease, when compared with the planktonic proteome also demonstrated higher expression levels of oxidative stress–related proteins – for example, Dps, AhpC and Hsp20 [77]. *T. forsythia* biofilm cells were more resistant to oxidative stress than planktonic cells. The proteome of *P. aeruginosa* also exhibited increased levels of antioxidant proteins in the biofilm mode of growth [53].

In a recent study, the biofilm formation determinants of Enterococcus faecalis were characterised using a traditional proteomics approach [38]. Interestingly, they selected one biofilm-efficient strain, which formed stronger and denser biofilm and one biofilm-deficient strain, which formed meagre biofilm, and examined them together with *Enterococcus faecalis* wild-type MTCC 2729. The proteins extracted from E. faecalis biofilms were subjected to 2-DE gel electrophoresis followed by Coomassie Brilliant Blue staining, in-gel digestion and matrix-assisted laser desorption/ionization-time of flight (MALDI-TOF) MS analysis. The study identified a total of 13 proteins, with the majority of the differentially expressed proteins belonging to the translation elongation machinery. This study also proposed that deficient biofilm formation of the strain is due to the underexpression of the osmotically inducible protein C, which is an OsmC/Ohr family oxidative stress protein. Somewhat similar observations were made in a label-free proteomics study on L. monocytogenes biofilm, which also employed both strong and weak biofilm formers, and compared their proteomics profiles [139]. The study suggested that the biofilm mode of growth is associated with an abundance of stress-defence proteins, which is related to the more chemically resistant phenotype compared to the planktonic mode. The strong biofilm former showed a higher level of resilience and had overall more stress tolerance than the weak biofilm former. Moreover, in a recent study, the proteins required for *Streptococcus mutans* biofilm formation in a competitive environment were analysed by a gel-based 2-DE proteomics approach. Proteins were extracted from the biofilms of S. mutans grown in the presence and the absence of S. gordonii, a competitive coloniser of the tooth surface [74]. The analysis identified that the peroxide-resistant protein Dpr is increased in the biofilms of S. mutans grown in the presence of S. gordonii. This shows that Dpr might be essential for the survival of S. mutans on teeth surfaces in the presence of other colonising oral streptococci.

Studies on fungal biofilms agree with the hypothesis of increased antioxidative capacities as a mechanism for the higher antifungal resistance in biofilms. Elevated expression of antioxidant proteins such as Sod1, Tsa1 and Ahp1 have been observed in biofilms of *C. albicans* [27,28,103]. Evidence that oxidative stress could play a

pivotal role in the biofilm mode of growth also comes from community proteomic studies on microbial biofilms from acid-mine drains [80]. However, one major question related to this hypothesis remains to be determined: whether the elevated antimicrobial oxidative stress response is a primary or secondary trait of the biofilm phenotype. One may argue that limited nutrition supply, increased cell density and lack of efficient waste disposal may contribute to the increased oxidative stress in microbial biofilms. As a result of expression of oxidative defence system proteins with high antioxidative capacities, increased antimicrobial resistance may follow as a secondary trait. The benefit of this adaptive response to biofilms is a 'bonus' trait, because many antimicrobials, as well as the human immune system, use the generation of ROS as a strategy to overcome microbial colonisation. Further research is needed to explore the oxidative stress response as a mechanism for increased antimicrobial resistance in microbial biofilms.

#### FUNGAL BIOFILM PROTEOMICS

A substantial number of fungal genomes have been sequenced and many more are in progress [140]. In parallel, appropriate databases have been set up allowing researchers to embark on fungal proteomics studies with genomics support [141]. The *C. albicans* genome was sequenced by the Stanford Genome Technology Center (SGTC), and the Assembly 19 of the sequence was published in 2004 [142,143]. CandidaDB (http://genolist.pasteur.fr/CandidaDB) [144] is a database that provides annotation of the Assembly 19 carried out by the European Galar Fungail consortium. The *Saccharomyces* Genome Database (SGD; www.yeastgenome.org) has long been the keeper of the original eukaryotic reference genome sequence and supported numerous fungal proteomics works [145,146].

Fungal proteomics differs from bacterial proteomics in certain aspects. One of the challenges in fungal proteomics sample preparation is the layered cell wall of the fungus. It is reported that the cell wall makes up close to 30% of the cell dry weight of the fungus, of which 80-90% represents polysaccharides [147,148]. Candida species have cell wall proteins covalently linked to polysaccharides such as beta-1,6-glucan forming glycoprotein complexes, which cause two major disadvantages. First, the presence of phosphodiester bridges or uronic acids or pyruvylation results in the large negative charges of N- or O-linked carbohydrate side chains. Because of this, a 2-DE analysis of the protein lysate will provide glycoforms with different isoelectric points [140]. Second, because of these variations on the length of N- or O-linked carbohydrate side chains of glycoproteins, numerous glycoforms ranging widely in mass can also appear in the gels. Therefore, fungal glycoproteins produce multiple fuzzy spots complicating PMF and quantitation, lowering the resolution and sensitivity of the results [140]. Therefore, some studies have recommended conducting fractionations before proteomics studies of C. albicans. For instance, cell wall fractions have been separated from the cytosolic fractions and studied separately for the proteomics expression both in the planktonic and the biofilms modes of the organism [149].

*Candida* species, which are the major fungal pathogens of humans and responsible for both mucosal and systemic mycoses, have been the centre of fungal proteomics

studies. More details of these organisms and their biofilms are described in the fungal biofilms in Chapter 5. Compared to bacterial proteomics, only a small number of studies are available for *Candida* biofilms [24–28,118,138,149,150]. Mukherjee et al. (2006) showed that the alcohol dehydrogenase [Adh1p] is significantly expressed at a lower level in *Candida* biofilms compared with planktonic cells, and Adh1p restricts the ability of *Candida* to form biofilms [24]. Thus, disruption of ADH significantly enhances the biofilm-forming ability of *Candida in vitro*. This observation was confirmed by an engineered human oral mucosa model and an *in vivo* rat model. Other studies have shown that *Candida* biofilms possess enhanced antioxidative capacities that could contribute to an increased drug resistance. Comparative proteomics analysis of both *C. albicans* and *C. glabrata* has shown that antioxidant proteins such as Ahp1p and Trx1p are expressed at higher levels in the biofilm mode compared to the planktonic mode [27,103]. Such findings are similar to those from studies performed on bacterial biofilms.

Mixed *Candida* and bacterial biofilms have also been studied [58]. In a recent study, the secretome of *P. aeruginosa* and *C. albicans* mixed biofilms was studied by MALDI-TOF MS/MS analysis [58]. A total of 247 proteins were identified from the analysis, with 170 belonging to *P. aeruginosa* and 77 to *C. albicans*. In the mixed species biofilms, 131 proteins were identified, with 92 belonging to *P. aeruginosa* and 39 to *C. albicans*. In the single species biofilms, the observed diversity of proteins was higher in both the organisms, with 73 proteins found in *C. albicans* and 154 proteins in *P. aeruginosa* secretome. In the mixed-species biofilms, *P. aeruginosa* had significantly higher amounts of 16 proteins, including exotoxin A and iron acquisition proteins. The study indicated that iron sequestering is increased in *P. aeruginosa* when present in mixed-species biofilms, whereas in *C. albicans* the metabolism was significantly reduced along with iron acquisition proteins.

Biofilms of other fungal species such as Aspergillus and Cryptococcus have been studied in very few proteomics studies so far [32,151]. In a recent study of Cryptococcus neoformans, a pathogenic yeast in immunocompromised patients, differences in protein expression between planktonic and biofilm cells were studied by shotgun proteomics [152]. The differentially expressed proteins in C. neoformans were related to metabolism, protein turnover and global stress responses. Biofilms had increased levels of proteins related to oxidation-reduction, proteolysis and response to stress and reduced levels of proteins related to metabolic processes, transport and translation. Proteomics and transcriptomics studies of A. fumigatus biofilms have shown that the metabolic activity of the biofilm mode decreases as the biofilm matures: the enzymes of glycolysis, the TCA cycle and ATP synthesis were expressed at a lower level, while proteins related to sulfur metabolism and oxidative stress were overexpressed [20]. However, proteins involved in the biosynthesis of secondary metabolites such as gliotoxin (a mycotoxin) were significantly overexpressed, which may confer protection from the host immune system and enable its survival and persistence in chronic lung infections. Although the intracellular proteome of A. niger biofilms and submerged cultures have been studied, most of the proteins identified were hypothetical proteins [19]. This highlights some of the limitations faced by proteomics researchers.

#### **DRUG-RESPONSE PROTEOMICS OF BIOFILMS**

To gain a better understanding of the drug resistance mechanisms observed in microbial biofilms, it is essential to study the dynamic changes occurring in biofilms on drug treatment. Therefore, a large number of studies have been performed to examine the factors that account for a higher drug resistance in microbial biofilms. These studies have shown that the drug resistance is not dependent on the number of cells [153]. Some groups have proposed that the higher drug resistance of biofilms is due to the polysaccharide matrix secreted by the biofilms, while other groups have disagreed. For instance, a study compared the proteomic expression of S. enterica under different flow conditions [61]. Despite apparent changes occurring in the biofilm structure and EPS composition, no major shift in whole-cell protein expression patterns was seen between 168-h old low-flow and high-flow biofilms. This is in agreement with the fact that the resistance of biofilms may not be directly linked with their structure [154]. Hence, EPS may not be the sole reason behind the drug resistance of the biofilms. In recent years, to understand the mechanistic aspect of this phenomenon, greater attention has been paid to decipher the drug induced proteomics changes in the microbial biofilms.

Another reason for the increased drug resistance could be due to the presence of 'persister' cells in biofilms. 'Persisters' are a subpopulation of biofilms that are highly resistant to repeated exposure of drugs at high concentrations. Some of the recent proteomics studies have attempted to study this process. Colistin is a lastresort polymyxin antibiotic available for the treatment of infections caused by drugresistant Gram-negative bacteria such as P. aeruginosa. The antibiotic tolerance of the *P. aeruginosa* biofilm subpopulation was investigated by a pulsed stable isotope labelling with amino acids (SILAC) approach [57]. P. aeruginosa biofilms were grown under a flow cell setup and then treated with colistin to kill the antibiotic sensitive population. The treated biofilms were then labelled with <sup>13</sup>Clysine for 48 h to identify the proteins produced in the antibiotic-tolerant subpopulation. The study identified proteins required for type IV pili assembly and quorum sensing (QS) regulated proteins such as LasB, chitinase and phenazine/pycocyanin synthesis proteins to be highly expressed in the antibiotic-tolerant subpopulation. The study suggested that type IV pili help the antibiotic-tolerant cells to migrate to the top layer of biofilms whereas QS helps in establishing new antibiotic-tolerant subpopulations. Hence, the study proposed that incorporation of QS and motility inhibitors with the traditional antibiotics could prevent persistent infections in affected patient populations.

Another proteomics study has been performed on the biofilms of susceptible and resistant *A. hydrophila* strains that were subjected to chlortetracycline treatment to induce stress [18]. The analysis identified an increase of fatty acid biosynthesis proteins in the resistant strains. The study demonstrated that increase in fatty acid biosynthesis may play an important role in antibiotic resistance of *A. hydrophila*. Hence the study suggested that a cocktail of chlortetracycline and triclosan may be a more effective therapy for *A. hydrophila* biofilm infections. A proteomics study was performed on the inhibitory effects of carolacton, a secondary metabolite isolated from the myxobacterium *Sorangium cellulosum*, exhibiting strong destructive effects on *S. mutans* biofilms using a 2-DE gel-based approach [73]. In this study, the proteome

profile of drug-treated planktonic versus untreated planktonic *S. mutans* and drugtreated biofilm versus untreated biofilm *S. mutans* were compared. Proteins from the cytoplasmic and extracellular fractions of *S. mutans* were analysed, with a total of 239 protein spots, of which 192 were cytoplasmic proteins. The study demonstrated that in both planktonic and biofilm cells, the inhibitory effects of carolacton were exerted by disturbing peptidoglycan biosynthesis and degradation. This suggested that damage to cell wall integrity leads to cell death on treatment with carolacton.

### STUDY OF POST-TRANSLATIONAL MODIFICATIONS IN BIOFILMS

Post-translational modifications (PTMs) such as phosphorylation, glycosylation, lipidation, methylation and ubiquitination often take place in proteins after translation, to either activate or suppress their functions. The study of such PTMs of biofilm proteins can help in capturing the accurate snapshot of reactions occurring within a biological system on a particular stimulus. Traditionally, PTMs such as protein phosphorylation, glycosylation and nitrosylation have been investigated for a single or a few proteins. In the past, most of the PTMs were examined by gel-based approaches, although this trend has considerably changed recently, as mentioned earlier. In gelbased analyses, the proteome fractions under investigation such as glycoproteins and/ or phosphoproteins are enriched using glycol-beads or phospho-beads, respectively. Following the 2-DE, Pro-Q Diamond and Pro-Q Emerald can be used to specifically stain the glycoprotein and phosphoprotein fractions, respectively.

In recent years, a considerable number of glycoproteomics studies have been performed [155]. Glycoproteomics is gaining popularity for the study of prokaryotic organisms, as glycosylation contributes to the virulence of many bacterial pathogens [156]. This type of study has been performed on some fungi as well [157].

Phosphorylation is one of the most widespread PTMs of living systems, including prokaryotic organisms as well. Five types of phosphorylation modifications could occur in prokaryotes, namely the addition of phosphate moieties to serine, threonine, tyrosine, histidine and aspartate. Until quite recently, prokaryotic protein phosphorylation was known to occur predominantly on histidine and aspartate, whereas phosphorylation on serine, threonine and tyrosine was attributed to eukaryotic systems. One of the preliminary studies that demonstrated the possibility of serine, threonine and/or tyrosine phosphorylation in prokaryotic systems was the identification of reversible phosphorylation of a serine residue in the isocitrate dehydrogenase of E. coli [158]. Several subsequent studies have led to the identification of numerous other bacterial proteins phosphorylated on serine, threonine and tyrosine, regulating various functions such as gene expression, transport, metabolic processes and virulence, as well as their corresponding serine, threonine and/or tyrosine protein kinases [159]. In the past decade, a tremendous wealth of information regarding the global occurrence of protein phosphorylation in prokaryotic systems has been generated, mostly on the proteome-wide occurrence of serine/threonine/tyrosine phosphorylation. This is because histidine and aspartate phosphorylation are more transient and hence difficult to capture. More recently, several high-throughput phosphoproteomics studies have clearly shown that phosphorylated Ser/Thr/Tyr residues

are a ubiquitous presence in prokaryotic systems, possibly regulating several fundamental biological processes [160]. One such pioneering phosphoproteomics study is the global, gel-free and site-specific analysis of the B. subtilis phosphoproteome by Mann's group. The study characterised 103 unique phosphopeptides from 78 B. subtilis proteins and determined 78 phosphorylation sites: 54 on serine, 16 on threonine and 8 on tyrosine. Phosphorylation sites were present on almost all glycolysis and TCA cycle enzymes, several kinases and members of the phosphoenolpyruvate-dependent phosphotransferase system. Another study, performed on E. coli, investigated the phosphorylation of ribosomal proteins [161]. However, these pioneering studies are mostly on the planktonic state of microbes and there are only a few existing studies that have specifically mapped the phosphoproteome of microbial biofilms. For instance, the phosphoproteome of P. aeruginosa was investigated during the course of biofilm development [51]. It was revealed that biofilm development and maturation were regulated by three previously undescribed two-component systems: BfiSR harboring an RpoD-like domain, an OmpR-like BfmSR and MifSR belonging to the family of NtrC-like transcriptional regulators. These regulatory systems were sequentially phosphorylated during the development of P. aeruginosa biofilms and inactivation of bfiS, bfmR and mifR stopped the biofilm formation at a specific early stage of development. Similarly, suppression of bfiS, bfmR and mifR expression in established biofilms prompted the biofilm to collapse. The inactivation of these systems had no influence on the planktonic mode of growth. The study demonstrated that these two-component systems have unique signalling roles in the development and maintenance of the normal biofilm architecture, without any effect on planktonic cells. Such preliminary studies on the phosphoproteome of microbial biofilms have generated a large amount of interest in this field, holding significant promise for the future of biofilm phosphoproteomics.

#### METAPROTEOMICS STUDIES OF BIOFILMS

Most of the existing studies on microbial biofilms have been performed under *in vitro* conditions simulating *in vivo* biofilms. Notwithstanding the insight gained from *in vitro* studies, it is obvious that *in vitro* biofilms are not equivalent to their *in vivo* counterparts. Therefore, it is worth looking into the data derived from *in vivo* or clinical study samples. The introduction of metaproteomics has made such studies possible. Metaproteomics can be defined as the large-scale characterisation of the entire protein complement of environmental microbiota at a given point in time. It has been used to study complex samples derived from clinical settings, and natural ecosystems such as wastewaters, or acid mine drainage, among many other applications [82,162]. Metaproteomics tools have facilitated the study of microbial communities both at a functional biomolecular and a whole-community level [163,164].

In this context, metaproteomics approaches have been successfully applied to decipher the complex environment of biofilms which could be of vital importance in clinical settings [80]. This approach could help in investigating clinical samples such as dental plaque biofilms and gut microbiota, including drug resistance in microbial biofilms. A detailed discussion of the techniques and implications of metaproteomics

is beyond the scope of this chapter and readers are referred to some excellent reviews on the topic [81,82,165].

## CONCLUDING REMARKS

The mechanism of drug resistance in microbial biofilms is one of the 'holy grails' that modern scientists are struggling to find. The natural complexity of biofilms, the confounding nature of protein interactions and the dynamic changes of this system have long hindered our understanding of biofilms. Study of such complex systems would therefore be better aided by breaking down the numerous biological questions into several smaller parts and structuring the type of analyses required to answer each of the parts. The consolidation of these smaller pieces of information can help us in providing the final perspective of this system. Rapid advancements in technology and an increasing repertoire of proteomics strategies have brought forward significant strides towards the achievement of this goal. The availability of genomes of microbial species and supporting computational tools are also rapidly expanding, and therefore the possibility of the identification of the 'complete proteome' of an organism is nearing realisation. Furthermore, the use of proteomics with simultaneous application of transcriptomics and other multidimensional technologies may also provide clinically relevant solutions in the near future.

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# 7 Metabolomics of Microbial Biofilms *Current Status and Future Directions*

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## CONTENTS

Introduction	164
Metabolomics Approaches for Biofilm Characterisation	166
Overall Workflow of Metabolomics	166
Sample Preparation for Metabolomics Analysis	166
Modes of Metabolomics Analysis	170
Instrumentation for Metabolomics Study	170
MS Instrumentation	170
LC-MS	170
LC-MS Ionisation Sources	171
ESI	171
APCI	172
APPI	172
GC-MS and GC/GC-MS	172
MS Mass Analysers	173
Quadrupole Analysers	173
TOF Analysers	173
Ion Trap Analysers	174
Hybrid Analysers	174
LC-MS versus GC-MS	175
NMR	175
MS versus NMR	176
Data Analysis and Interpretation	
Biofilm Metabolomics: Practical Applications	
Extracellular Polymeric Substances in Biofilms	
Challenges in EPS Extraction and Analysis	
EPS Extraction from Biofilms	
Profiling of Planktonic versus Biofilm Cells	183

Biofilm Metabolomics: Case Studies	184
Metabolome Analysis of Oral Biofilms Using a Combination of Capillary	
Electrophoresis and TOF MS	184
Metabolic Differentiation of Planktonic and Biofilm Modes of S. aureus	185
Future Directions	186
Corresponding Author	186
References	187

#### INTRODUCTION

Biofilms are matrix-enclosed microbial communities that form at interfaces of phases, such as liquid, solid and air and are the preferred mode of life in most natural conditions. They provide advantage to microorganisms to survive under diverse stress conditions such as nutrient deprivation, antibiotic treatment or other harsh environments. Physiology, growth and behaviour of microbes in the biofilm mode of life differ vastly from those of their free-living or planktonic mode of life [1]. Greater insights into the biofilm lifestyle of microorganisms can lead to effective strategies for controlling clinical and environmental biofilms. Hence, the characterisation of biofilms has emerged as one of the leading tools for drug discovery, treatment of infections, control of environmental biofilms, among other applications [2].

Several approaches, ranging from genetic to phenotypic characterisation of microbes, have been employed for understanding the nature of biofilms, critical factors governing their formation and the development of drug resistance mechanisms in biofilms. As the extent of changes occurring in this mode are quite large, systems level 'omics' approaches are especially suited to elucidate the reprogramming of microbial functions in this lifestyle. Genomics, proteomics and transcriptomics are some of the common omics approaches adopted for the analysis of microbial biofilms. Recently, attempts have also been made to study the attachment pattern of different bacteria to surfaces and integrate the data set with genomics and proteomics [3,4]. Despite significant leaps in our knowledge of biofilms, the aforementioned omics approaches present a major caveat, that is, they do not usually reveal the end-physiological state of a microbe. The biological flow of information is from genes to proteins to metabolites. Thus, metabolites are the final end-products resulting from all the changes occurring within a system [5]. Hence, profiling all the metabolites in a system can provide the much needed final biochemical or physiological phenotype of the cellular response. However, metabolic pathways are complex with a large amount of internetworking and are sensitive to even minor changes in the system, thereby posing significant challenges in providing an overall metabolite fingerprint. Recent technological advancements have helped in significantly overcoming this bottleneck and have led to the emergence of metabolomics as an invaluable tool in the field of microbial biofilms [6-12].

Metabolites are low molecular weight intermediates or end-products of enzymecatalysed reactions in a cell. These molecules perform important structural and functional roles either within the cells or after secretion from the cells. Accordingly, metabolites can be classified as either primary or secondary metabolites. Molecules that are produced actively during growth phase and are essential for growth and development are known as primary or central metabolites. Examples of primary metabolites include alcohols such as ethanol and amino acids. Molecules that are not vital for growth and development but having specialised functions in the overall survivability and adaptability of the organism are known as secondary metabolites. Examples of secondary metabolites include antibiotics, pigments and secondmessenger signalling molecules. Some of the secondary metabolites, such as antibiotics, help in competitive survival of the microorganism. These molecules can be used as defence mechanisms against other microbes. Some secondary metabolites also signal for the dormancy state of microbes under unfavourable conditions to promote survival and subsequent release from dormancy on favourable conditions. These metabolites are typically produced during stationary phase in planktonic growth conditions, or in biofilms, and may serve ecological functions [13].

The collection of all metabolites found in an organism is defined as a metabolome. The comprehensive detection, identification and quantification of the metabolome of a biological system is called metabolomics. As metabolites are representative of the end-states of biochemical activity, they are directly correlated with the observed phenotype, whereas genes and proteins undergo various epigenetic or post-translational modifications; hence, they are loosely correlated with the biochemical phenotype. Moreover, gene or protein expression changes can result in amplified changes in metabolism even when no phenotypic changes are observed. Thus, metabolomics can serve as an endpoint monitoring tool. But, the types of metabolites observed in different organisms can be quite different, making the technology more organism-specific than generic [5,6].

Similar to gene expression profile, key primary and secondary metabolites also have a significant influence on biofilm formation. Thereby, metabolic profiling along with modelling of complex biological systems can help in the identification of pathways involved in biofilm formation, thus providing strategies for controlling biofilm development. Furthermore, metabolomics provides a valuable tool for investigating antibiotic resistance in biofilms [14]. The flux of metabolites observed during antibiotic resistance can be used to identify the key molecules and mechanisms of drug resistance. This, in turn, can lead to the development of drugs specific for the identified molecules. Metabolomics approaches have been used in the identification of antibiotic resistance mechanisms in bacteria such as *Staphylococcus aureus* [15]. Similarly, monitoring metabolite changes have been used to investigate the effects of various environmental stimuli on biofilm formation [16]. Apart from exploring antibiotic resistance, drug-discovery studies benefit significantly from metabolomics studies. This arises from the fact that certain molecules such as autoinducers have indispensable roles in biofilm formation. Molecules that mimic or inhibit the activity of autoinducers have been proposed as promising new approaches to mitigate biofilms and can be screened using metabolomics [17]. Similarly, the identification of other inter- or intracellular small molecules associated with biofilm attachment and development using metabolomics can be potential drug targets [8].

Biofilms consist of spatially organised collection of heterogeneous cells existing in varying states of metabolic activities to maximise survival. To gain a better understanding of the nature and behaviour of biofilms, it is essential to analyse comprehensively all the metabolic states occurring within their intricate community structure. Metabolomics, thereby, provides a systematic platform to examine the complex biofilm community [8].

#### METABOLOMICS APPROACHES FOR BIOFILM CHARACTERISATION

Metabolomics can be used to study changes in specific and predetermined biological pathways of interest, or to observie organism-wide changes in the metabolite profile. Hence, metabolomics approaches can broadly be classified into two categories, namely, targeted and untargeted approaches. Accordingly, metabolomics characterisation of biofilms can be performed either through global (non-specific) or targeted (specific) metabolite analysis [18,19]. Selecting an appropriate metabolomics approach is determined by the overall goal of the study and the number of metabolites to be captured. The targeted approach is driven by a hypothesis or a specific biological question in mind. For instance, the targeted approach is suitable in cases where the aim is to quantify specific extracellular polysaccharides involved in biofilm matrix formation. As this approach focuses on a specific central pathway of interest, it provides a direct answer to the biological question under consideration. However, in a discovery-based study, untargeted or profiling based metabolomics is more appropriate. The aim of this approach is to capture as many metabolites as possible in the samples under comparison without any bias. Unlike targeted metabolomics, which is driven by a specific hypothesis, untargeted metabolomics aims to generate hypotheses. The data set generated from an untargeted metabolomics experiment is also of significant complexity, presenting a major hurdle to the interpretation of meaningful data from the metabolic profiling. Manual inspection of the data is difficult, necessitating the development of specific software for data analysis. Freeware such as MetDAT, XCMS, Mzmine, MetaboAnalyst, MetAlign, MathDAMP, MetExplore and datPAV as well as mass spectrometry manufacturers' proprietary software such as Mass Profiler Professional (MPP), Sieve, Mass Hunter and Progenesis are some of the currently available software products for data preprocessing and analysis [20–26]. These software products have made a huge contribution towards the elucidation of significant metabolomics patterns during data assimilation. However, further validation tools are still required for successful interpretation of biological data derived from untargeted metabolomics [27]. Nevertheless, untargeted metabolomics profiling can serve as a valuable tool both in drug discovery and identification of heretofore unidentified pathways involved in biofilm formation [18,28].

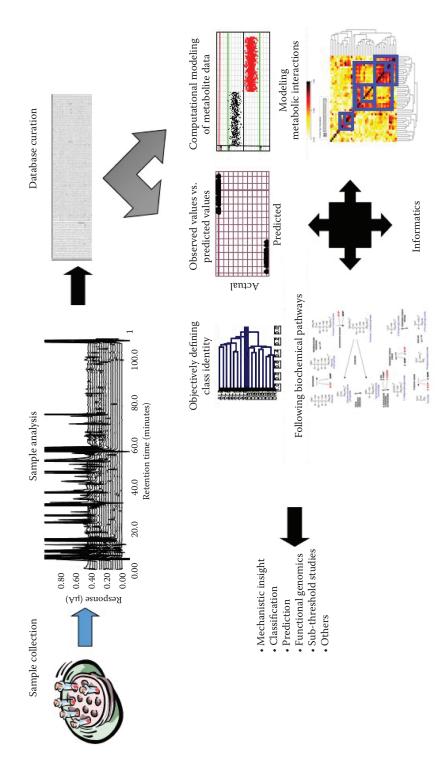
#### **OVERALL WORKFLOW OF METABOLOMICS**

Metabolomics experiments usually encompass several steps starting from sample collection/extraction, sample analysis by either mass spectrometry (MS) or nuclear magnetic resonance (NMR) instrumentation, followed by data analysis, interpretation and database curation. A sequence of possible workflows that can be followed in a metabolomics experiment is shown in Figure 7.1.

#### SAMPLE PREPARATION FOR METABOLOMICS ANALYSIS

One of the most crucial steps in ensuring the success of a metabolomics experiment is the sample preparation process. The quality and credibility of metabolomics







data will invariably depend on sample harvesting and subsequent treatment procedures. The choice of an appropriate sample extraction platform affects the extent and depth of metabolite coverage and further biological interpretation. Sampling and extraction procedures are often dependent on the type of intended analysis, that is, targeted or profiling based metabolomics. For instance, sample preparation for untargeted/profiling based metabolomics should ideally be non-selective, have minimal metabolite loss/degradation/leakage and be reproducible [29,30]. Some of the important considerations for efficient sample preparation are highlighted in review reports from metabolomics consortium [19]. Good practices of sample preparation begin with quenching of the biological reactions occurring within the biofilm, prior to metabolites extraction. Metabolites such as pyruvate, fumarate, oxoglutarate, phosphoenolpyruvate and fructose-6-phosphate have turnover rates in ranging from milliseconds to tens of seconds [31,32]. Therefore, an effective way to quench all biological activities rapidly is necessary to obtain a reliable 'snapshot' of the metabolome. Without proper quenching, sample-to-sample variability and other types of data complexity will be introduced into the analysis. Proper care should be taken to avoid the induction of stress responses or cellular death mechanisms during quenching. One of the efficient quenching approaches involves reducing temperature of the samples by immersing in prechilled organic solution to halt metabolic activities within biofilm cells. Prechilled methanol  $(-20^{\circ}C)$  is a commonly used extraction solvent for quenching. It is ideally suited for quenching because of its minimal toxicity and low freezing point compared to other organic solvents [33]. However, the percentage of methanol which allows for minimal leakage of metabolites varies from study to study and different sample types [30,34]. For example, one study showed that 40% methanol was the most optimal for quenching of Penicillium chrysogenum, while another study showed that 6% methanol was best suited for the quenching of S. aureus biofilms [12.35].

Sample handling steps also have a major influence on the data quality. The methods employed for extraction and quenching as well as the sample storage conditions can result in metabolite structure modifications. This, in turn, can increase the complexity of data sets and introduce a greater number of intersample variations [36]. Improper or incomplete removal of cell growth medium/washing results in erroneous data, as the cell growth medium is often supplemented with salts and nutrients, which might affect the column chemistry and resulting MS spectra. Centrifugation and fast-filtration methods are commonly employed to remove the cell growth medium before metabolites extraction. Centrifugation should be carried out in cold conditions. However, it usually takes a longer time, which may result in possible metabolite changes due to stress. Filtration is much faster and allows easy quenching of cells on a filter membrane. On the other hand, centrifugation is more consistent as the retrieval of cells from filter membrane varies considerably [8,37]. An NMRbased study on S. aureus showed that filtration followed by quenching provides the highest yield of metabolites [38]. Therefore, it is advisable to optimise the sample handling steps before the actual experiment to ensure that the sampling procedures are efficient and reliable.

Following the effective quenching and separation of medium from the cells, cell lysis and metabolite extraction can be performed either sequentially or

simultaneously. Mechanical disruption methods such as glass beads/sonication or chemical disruption methods such as organic solvent-based methods are some of the commonly used cell lysis methodologies. Trichloroacetic acid has been traditionally used for lysing cells from filter paper. However, it generates significant background noise for metabolomics data. An optimal extraction buffer should be both non-selective and non-destructive [29]. One such commonly used extraction solvent is a 5:2:2 v/v mixture of methanol, chloroform and water [39]. In the case of metabolite extractions that include lipids, a modified Bligh and Dryer extraction method employing a 1:1 v/v mixture of methanol and chloroform, or water and chloroform is used [40]. Other extraction mixtures, such as 80% methanol or 50% methanol, are also commonly used, as they are simpler and more likely to be robust for highthroughput studies [39]. In some cases, acid, acetonitrile, or two-phase methanol/ chloroform protocols are needed for separating polar and non-polar metabolites. For NMR analysis, metabolites are usually dissolved in a  $D_2O$  (heavy water, deuterium oxide) buffer or CDCl<sub>3</sub> (chloroform) [41]. Therefore, before considering any metabolomics analysis, an optimum extraction solvent should be developed, based on the nature and purpose of the study. This would often require evaluation of at least two or three extraction solvent protocols/systems in the trial phase of the study before commencing the final runs.

Sample preparation method is always governed by the nature of samples being analysed. In certain cases, where the study has to focus on metabolites that are released by the cells into the medium, the sample preparation is minimal, as cell lysis steps can be avoided. However, for analysis of metabolites within the cells, the preparation is more complex owing to the number of steps involved and the diverse range of metabolites found. In these cases, the washing step is absolutely essential as metabolites from the medium can affect the trend of intracellular metabolites observed. Hence, an ideal metabolomics experiment should carefully evaluate the nature of the organism and the type of analysis required before proceeding with the workflow. When analysing the metabolites profile of biofilms, the method of choice also depends on the way biofilms are cultivated. Biofilms can be studied under either static or continuous flow (washout) conditions. A number of studies have reported the use of microfluidic devices (flow cells) for cultivation of biofilms which are now commercially available (BioSurface Technologies [BST] Inc., www.biofilms.biz/flow-cells; Biocentrum-DTU 2005, DTU Systems Biology) [42]. These devices allow researchers to control the physical and chemical environment around the microorganisms, ensuring uniformity of fluid flow and homogeneity of biofilm formation. However, using such 'lab-on-a-chip'-based systems pose numerous challenges for metabolomics studies. The recovery of biofilm biomass from the chip/substrate and metabolite extraction are often more tedious and complicated than in other systems. Based on the type and arrangement of flow cells, the sampling procedures have to be tweaked and manipulated. This can be done by combining some of the sampling methods mentioned previously, along with scaling up of the number of flow cells to obtain an efficient recovery of biofilms from the flow cells, as well as a sufficient amount of metabolites for analysis [43].

The handling of large sample sets can introduce batch variations in metabolomics data. Ideal sampling and extraction strategies should therefore be efficient and reproducible, and should also have integrated quality control parameters to minimise batch effects. There are two ways to reduce and minimise the batch effects: (i) randomisation of samples from extraction step onwards and (ii) introduction of housekeeping compounds or internal quantitative controls in metabolite extracts. Isotopically labelled internal standards could be introduced either during the extraction process or just before injecting the samples into the MS machine. Addition of internal standards during the extraction process could also be used to evaluate the extraction efficiency and recovery when developing a new extraction procedure. These steps aid in data preprocessing, normalisation and MS peak alignment [44–46].

## MODES OF METABOLOMICS ANALYSIS

Analysis of metabolomics data varies with each experimental setup and nature of biological question answered. The various modes of analysis include (a) metabolic fingerprinting, which generates a characteristic metabolic 'signature' for the samples, and differences in this pattern can be used to compare across different sample sets, but without any actual quantitation of metabolites [47,48]; (b) metabolic profiling, which proceeds via the quantitative analysis of all possible metabolites, both characterised and uncharacterised, according to their chemical nature and pathway association [49–51]; and (c) target isotope-based analysis, which selectively focuses on quantitation of metabolites that belong to a particular group or pathway using the most suitable analytical technique [52–54]. Metabolomics has to be paired with pattern recognition and bioinformatics approaches to detect metabolites and monitor their changes [55–57].

## INSTRUMENTATION FOR METABOLOMICS STUDY

To date, the generation of metabolomics data has been performed mainly with NMR and MS approaches [58]. Liquid chromatography–mass spectrometry (LC-MS) is very commonly employed in MS-based metabolic profiling. Gas chromatography–mass spectrometry (GC-MS) is also used for quantitative metabolic profiling, but is largely limited to volatile compounds. MS determines the composition of molecules based on the mass-to-charge ratio (m/z) of charged particles, while NMR exploits the molecular behaviour in the magnetic field to allow for the identification of different nuclei based on their resonance frequency [59].

## **MS** INSTRUMENTATION

Mass spectrometers result in the generation of charged metabolites through an ionisation process, followed by the analysis of the ions and fragment ions on the basis of their m/z. Many different combinations of ion sources and mass analysers result in different configurations of mass spectrometers that can be used for metabolite ionisation and ion analysis.

## LC-MS

LC-MS, which combines the features of conventional liquid chromatography-based separation and mass spectrometry-based analysis is one of the predominantly used

techniques for the analysis of biological and clinical samples. The high sensitivity of LC-MS, along with its capability to handle complex mixtures, makes it indispensable in the fields of biochemical genetics, drug discovery, *in vitro* and *in vivo* screening, high-throughput screening and several other clinical applications. As MS analysis is based on the conversion of analytes to ions, several ionisation techniques have been developed for application in LC-MS. The ionisation sources can be varied according to the nature of the analyte [60,61]. Some of the most commonly used ionisation sources for LC-MS are described in the text that follows.

#### **LC-MS Ionisation Sources**

Ionisation sources applied for LC-MS instruments include electrospray ionisation (ESI), atmospheric pressure chemical ionisation (APCI), and atmospheric pressure photoionisation (APPI). Although only a brief summary is provided below for biologist and clinician users, excellent reviews and books are available for more detailed handling of this vast topic [34,62,63].

#### ESI

ESI is a technique that produces ions through the use of electrospray, where a fine aerosol is generated by applying a high voltage to the liquid containing analytes. It works well with moderately polar metabolites, xenobiotics, and peptides. ESI is called a 'soft ionisation' technique, which is highly useful in producing ions from macromolecules, as it facilitates the ionisation of macromolecules without fragmentation. However, it can sometimes be useful to increase the 'in-source' fragmentation of ESI and this can be achieved by applying a series of increasing voltages to increase collisions with nitrogen molecules. This technique is useful in the identification of components with common structural features. As the ion formation process requires extensive solvent evaporation (desolvation) and decrease in initial droplet size, solvents used in ESI are typically prepared by mixing volatile organic compounds with water to increase conductivity. These can then provide a proton source for the ionisation process [64,65].

The analyte samples enter the mass spectrometer through a metal capillary that carries a potential difference of 3-5 kV and nebulised at the tip of the capillary to form a fine spray of charged droplets. Inert gases such as nitrogen can be used in large-flow electrosprays to allow additional nebulisation. On desolvation, the droplets become unstable and reach Rayleigh limit. At this point, the surface tension holding the droplets together is overcome by the electrostatic repulsion between the droplets [66]. The droplets then undergo Coulomb fission, whereby many smaller and more stable droplets are created by losing 1.0-2.3% of their mass together with 10-18% of their charge each time the fission process occurs. The ions generated from analyte samples are then subjected to analysis by transferring them into the high vacuum of a mass spectrometer via a series of small apertures and focussing voltages. The mass spectrometer can be operated in either positive or negative ion mode to detect positive or negative ions. The operational mode of the mass spectrometer can also be switched within a single run to facilitate analysis of both ions [67,68].

The major advantage of ESI over other atmospheric pressure ionisation processes is the production of multiply charged ions that can effectively span the analyser's mass range, thereby accommodating the wide kDa–MDa size range usually seen in protein and polypeptide molecules. Structural information can also be obtained by coupling ESI with tandem mass spectrometry (ESI-MS/MS). Moreover, ESI allows the retention of solution-phase information into gas phase. Although ESI is the most widely used ion source for biological molecules, neutral and low-polarity molecules, such as lipids, may not be efficiently ionised by this method [65]. Two alternative ionisation methods that can be applied for such analytes are described in the text that follows.

## APCI

In APCI, the analyte liquid is pumped through a capillary and nebulised at the tip. A corona discharge located near the tip of the capillary is used to ionise the gas and solvent molecules present in the ion source. The analyte samples react with the ions generated and become ionised in turn by means of charge transfer. APCI is a particularly useful technique for ionising small thermally stable molecules that are not effectively ionised by ESI. Moderately polar metabolites, such as fatty acids and steroids, are suitable for ionisation through APCI mode. It has been reported that APCI mode is more sensitive than ESI mode for detection of phospholipids, especially phosphoethanolamines [69]. Another distinction from ESI is that multiple charging does not occur and so singly charged ions dominate [70].

## APPI

In APPI, the analyte sample is subjected to ionisation by ultraviolet light instead of the corona discharge used in APCI. It is a relatively recent technique that predominantly generates singly charged ions to facilitate the analysis of neutral and less polar compounds, such as polycyclic aromatics. After nebulisation, photons are used to further excite and ionise the molecules. The photon energy is chosen so as to minimise the simultaneous ionisation of both solvents and ion source gases [71,72].

## GC-MS AND GC/GC-MS

Gas chromatography coupled with mass spectrometer (GC-MS) is regarded as 'the gold standard' for the analysis of compounds such as environmental contaminants as well as for forensic science applications. The major advantage of GC-MS lies in its use of both retention time and mass spectrum to identify the species. Electron ionisation and chemical ionisation are the commonly used ionisation sources for GC-MS. As the fragmentation patterns of compounds are reproducible when ionised by a fixed electron voltage (usually –70 eV), the fragmentation spectra generated by GC-MS, unlike LC-MS, do not vary with different instruments, thereby facilitating database creation and data sharing among users. Additionally, there are standardised protocols for sample treatment and quantification using the appropriate standards available for measurement of single compounds or related sets of metabolites that are either volatile in nature, or can be made volatile through the derivatisation process. Furthermore, all non-volatile metabolites have to be removed through sample treatment before the sample can undergo analysis [73,74].

#### **MS MASS ANALYSERS**

There are various types of mass analysers coupled to an ion source in MS instruments. These include quadrupole analysers, time-of-flight (TOF) analysers, ion trap analysers and hybrid analysers.

#### **Quadrupole Analysers**

Quadrupole analysers are made up of a set of four parallel metal rods, where a combination of constant and varying radio frequency voltages allows a narrow band of m/z values to be transmitted along the axis of the rods. Most quadrupole analysers can scan a range of m/z values up to 4,000 m/z, with scan speeds up to 1,000 m/z per second by means of varying the voltages with time. Because the analyser operates at unit mass resolution, the mass accuracy obtained is at best 0.1 m/z [75].

To improve the detection limits of targeted analytes, the quadrupoles can also be set to devote more detector time to monitor a number of specific m/z values by stepping the voltages. This can be carried out within a few milliseconds by allowing a panel of m/z values to be stepped through for detecting several analytes.

Quadrupole analysers can be used either singly, or in differential tandem mass spectrometer configuration to obtain increased specificity of mass analysis over that of single configuration. An example of a tandem MS with two or more stages of mass analysis is a particularly useful configuration known as a triple quadrupole mass spectrometer. It is made up of a collision cell placed between two quadrupole mass analysers. Ions can be induced to undergo fragmentation in the collision cell by means of collision with an inert gas such as nitrogen, in a process known as collision-induced dissociation (CID). The collision cell is composed of a quadrupole that specifically maintains the low pressure of the collision gas required for dissociation, and transmission of the fragment ions [76,77].

Targeted analysis of metabolites can be performed by selected reaction monitoring (SRM). Major ions produced during ESI and subsequent fragmented ions produced during CID can be specifically detected by SRM, where only analytes with the specific precursor/product ion combination will be monitored. In a biological sample, which is usually very complex, other components may likely produce precursor ions of similar or identical *m/z* values as that of the intended analyte. However, it is unlikely that the fragment product ions would also be of similar size. Therefore, SRM improves the specificity of the detection process [77]. The application of SRM to monitor several metabolites simultaneously is called multiple reaction monitoring (MRM), which is quite frequently used in LC-MS assays. In MRM, the first and third quadrupoles can be simultaneously set to scan a range of different *m/z* values to detect a large panel of analyte targets. Quadrupole analysers in single or triple quadrupole configuration find widespread applications in clinical biochemistry because of their ease of scanning and the generation of good quality quantitative data [78].

#### **TOF Analysers**

TOF-MS analysers measure the time taken by ions to travel from the beginning to the end of a field-free flight tube. The ions are accelerated through a pulsed high voltage to convert the output of the detector into a mass spectrum. The velocity of the ions is dependent on their m/z values. TOF analysers can acquire spectra quickly with high sensitivity and mass accuracy that allow determination of molecular formulas for small molecules [79]. They are largely employed in GC-MS systems. Though TOF-MS analysers facilitate fast data acquisition and analyte detection, the data acquired have only nominal mass resolution. However, their rapid detection of metabolites increases the throughput by reducing the analysis time. TOF analysers are often used in metabolomics studies, where a comprehensive two-dimensional chromatography is used to capture a wide range of metabolites (both polar and non-polar) with a single injection [80].

#### Ion Trap Analysers

Ion trap analysers trap ions in three-dimensional space using static and radio frequency voltages generated by three hyberbolic electrodes. The trapped ions are then ejected sequentially based on their m/z values creating a mass spectrum. Specific ions can also be trapped by the application of a specific exciting voltage which allows other ions to be ejected. Inert gases such as helium can then be introduced into the trap to induce fragmentation. A particular feature of interest is known as the MS<sup>n</sup> capability, which allows the fragmentation and isolation of ions several times in succession to obtain the final mass spectrum [81].

Orbitrap<sup>TM</sup> is an ion trap analyser that was introduced in 2000. It consists of an outer barrel-like electrode and a coaxial inner spindle-like electrode that trap ions in an orbital motion around the spindle [82]. Ions are trapped on elliptical trajectories around the inner electrode, by balancing their electrostatic attractions to the inner electrode with centrifugal forces. The frequency signal from the trapped ions are detected and converted to a mass spectrum using Fourier transformation. Orbitrap<sup>TM</sup> routinely provides a mass accuracy of 2–5 ppm, which is higher than that of most of the TOF analysers. Orbitrap<sup>TM</sup> is a formidable alternative to TOF mass analysers in terms of its mass accuracy and resolving power. It is currently being used extensively for targeted analysis, and has become a mainstream instrument in LC-MS–based metabolomics [69].

#### **Hybrid Analysers**

Tandem mass spectrometers using different combinations of mass analysers are now commonly employed. For example, the third quadrupole of a triple quadrupole MS can be replaced by a TOF analyser to produce a quadrupole TOF (QTOF) mass spectrometer. Although QTOFs are more limited in their scanning functions compared to triple quadrupole instruments, they are used extensively in the field of proteomics. This is because QTOF is able to provide a fingerprint of the compound structure by producing a full-scan MS/MS product ion spectrum. Yet another classic example of hybrid analyser is Orbitrap<sup>TM</sup> velos, which has an ion trap in the front and an orbitrap analyser in the rear end of the instrument. This setup introduces greater flexibility for metabolomics studies (both targeted and untargeted analysis) [83].

Another commonly used hybrid instrument is known as a linear ion trap or QTrap. In this configuration, the third quadrupole of a triple quadrupole MS operates in a different mode to allow trapping of ions and then sequentially separating them on the basis of their m/z values. To combine the useful features of both triple quadrupole

and ion trap analysers, the operation of the third quadrupole can be switched between ion trap and conventional quadrupole modes. When the instrument is used in ion trap mode, its product ion scanning sensitivity is enhanced because of the additional stage of fragmentation and mass analysis (MS<sup>3</sup>) [83].

#### LC-MS VERSUS GC-MS

LC-MS technique provides high sensitivity and selectivity for the molecules identified. It is used in the case of non-volatile compounds, and in studies that are discovery based and involving large data sets. The technique has broader application as it can be used to separate a wide variety of organic compounds. LC-MS can also provide more comprehensive datasets encompassing molecular weight, structure, density, quantity and purity of samples. GC-MS is more limited to volatile compounds and has significant applications in forensic science. In terms of maintenance, GC-MS is both easier to operate as well as to maintain compared to LC-MS [84]. Certain analytes, such as essential oils, free fatty acids, sterols, carotenoids, phenolics, diglycerides, mono-, di- and trisaccharides and sugar alcohols are more compatible with GC-MS. GC-MS offers better separation for structurally similar compounds (e.g. free fatty acids) and is more suitable for less polar analytes. However, certain classes of analytes such as polyamines, nucleotides, ionic species and organic acids are compatible only with LC-MS [85]. Ideally, for untargeted analysis, both the platforms should be explored to obtain full metabolome coverage. For targeted metabolite analysis, the choice of platform would largely depend on the analyte chemistry.

#### NMR

NMR is the only spectroscopic technique from which a complete analysis and interpretation of the entire spectrum is normally expected [86]. Although a larger amount of sample is required for NMR compared to MS, it is a non-destructive technique. The concept of NMR is based on 'the phenomenon that occurs when the nuclei of certain atoms are immersed in a static magnetic field and exposed to a second oscillating magnetic field' [87,88]. Only nuclei that possess a spin can experience this phenomenon. This property is possessed by several atomic nuclei having either odd numbers of protons or neutrons or both. All isotopes that contain an odd number of protons, and/or of neutrons have an intrinsic magnetic moment and angular momentum. The most commonly studied nuclei are <sup>1</sup>H and <sup>13</sup>C. NMR is, therefore, dependent on the property of nuclear magnetism. It is a physical phenomenon in which nuclei in a magnetic field absorb and reemit electromagnetic radiation [8].

Applications of NMR are widely documented in the analysis of biofluids (urine, saliva, blood and serum samples) for identification of disease biomarkers, treatment monitoring and understanding disease pathogenesis [89]. Apart from biofluids, NMR also finds its applications in areas of environmental metabolomics. NMR has been employed to investigate the effects of environmental stressors associated with biofilm development of *S. epidermis* which indicated the central role of the tricarboxylic acid (TCA) cycle [90].

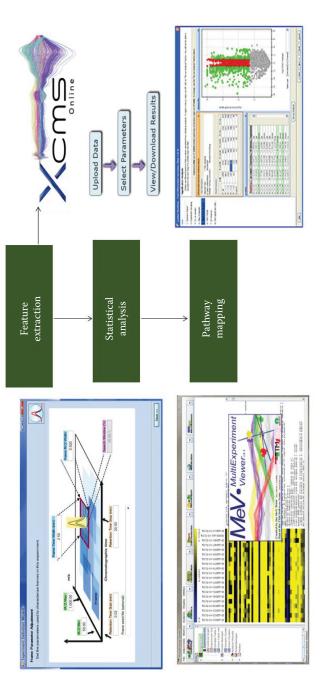
#### MS VERSUS NMR

The major advantage conferred by MS is its sensitivity in the detection of analytes, even in the femto or attomolar range. This enables detection of a wide range of metabolites within a given sample set. While the detection is extremely sensitive, a problem with MS arises in the quantification aspect. The analytes in a MS study are affected by the sample preparation and environment. The use of internal standards can ensure accurate quantification, but is a limitation in discovery-driven studies. In NMR-based studies, the major strength is the accuracy of quantification, while the limitation is sensitivity, which is of the order 10 µM. NMR is advantageous for broadbased analysis, as its sensitivity is not influenced by metabolite pKa or hydrophobicity. MS, on the other hand, needs ESI to detect polar molecules, and APCI or APPI to detect non-polar molecules. Furthermore, NMR can provide highly quantitative and reproducible data for multivariate statistical methods that can in turn compensate for its limited sensitivity. However, NMR analysis on complex samples can generate a large number of peaks in a small chemical shift range that can overlap with each other in the spectrum. This results in potentially important compounds being overshadowed by larger peaks. MS, in contrast, permits highly specific identification of multiple metabolites at low concentrations. Though technological advancements are facilitating improved detection and quantification in both systems, the choice of instrumentation should again be determined based on the biological system and complexity [91].

#### DATA ANALYSIS AND INTERPRETATION

The post-success of any metabolomics experiment depends on the data handling methodology. The global metabolome of a biological sample would require hundreds or thousands of metabolites to be assessed simultaneously. To obtain meaningful information from the metabolites profile, statistical analysis and validation methods should be applied to the data set generated. Because <sup>1</sup>H-NMR or MS spectra generate hundreds of highly redundant signals from endogenous metabolites, it is necessary to reduce the data set to smaller subsets of about 100–500 spectral segments. The raw data obtained from the instrumental platform has to be preprocessed to minimise noise and artefacts, before the real biological variations can be captured. For MS-based metabolomics, preprocessing involves exploratory data analysis (EDA) of the raw data to check for any experimental errors. Following EDA, the raw data are cleaned up using other preprocessing steps such as baseline correction, filtering and noise removal and normalisation. These steps can be performed either on the MS manufacturer's software or freeware as discussed previously in the chapter. After normalisation, peak picking is performed by assigning molecular features after de-isotoping and de-adducting (removing adducts ions). After preprocessing, the reduced spectral datasets along with their respective signal intensities are entered into statistical programs for data analysis [19].

There are several sequential steps to be followed in metabolomics data analysis, which are represented in Figure 7.2. The first step of metabolomics data





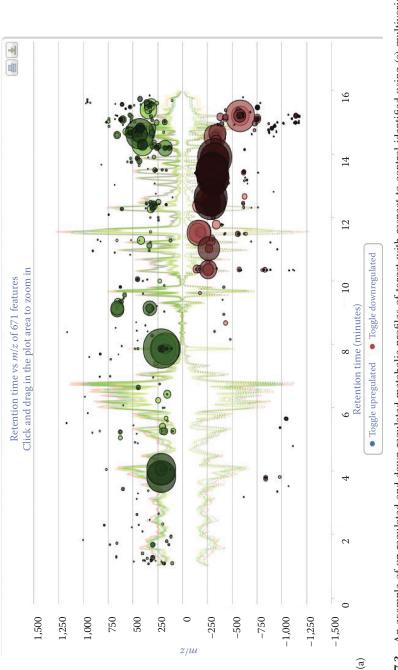
analysis enables pattern recognition, or clustering of groups such as normal versus mutant, or planktonic versus biofilm, based on differences in their spectral patterns. Interpretation of scores from this analysis provides information about the relationships/trends/groupings among samples as well as the presence of outliers. But the quantity and complexity of data arising from NMR and MS studies necessitate the use of computer-aided statistical interpretation in majority of metabolic profiling studies to obtain meaningful information from the complex raw data. Two major types of pattern recognition processes, unsupervised and supervised, are used in multivariate statistics of large data sets. Hierarchical cluster analysis and principal component analysis are examples of unsupervised approaches, which measure the innate variation in data sets; principal component regression and neural networks are examples of supervised approaches, which use prior information to generate pattern clusters [92]. Many other statistical approaches are also available, including spectral decomposition, linear discriminant analysis, Bayesian spectral decomposition and other chemometric methods [93]. Some of the common tools used for depicting metabolite profile differences after multivariate statistical analysis are shown in Figure 7.3.

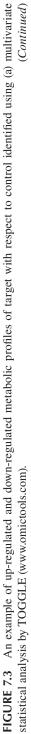
On completion of multivariate statistical analysis, the spectral regions resulting in group clustering in step 1 are identified and then linked to specific metabolites on the basis of their NMR chemical shifts or MS spectrum. This kind of mapping is usually done with the help of a database search such as Human Metabolome Database (www .hmdb.ca). The third and final step of metabolomics data analysis involves quantitation and association of putative biomarkers to a particular characteristic or outcome. Statistical approaches used in this step can be either Student's *t*-test or ANOVA, depending on the number and size of groups [25,94].

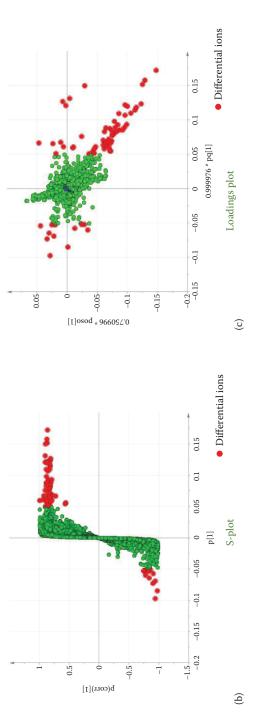
Apart from developments in data analysis and interpretation approaches, initiatives have also been taken to share and verify the datasets obtained by metabolomics researchers globally. The Metabolomics Standards Initiative (MSI) was conceived in 2005 and is now coordinated by Data Standards Task Group of the Metabolomics Society. MSI aims to foster and coordinate efforts in enabling efficient storage, exchange and verification of metabolomics data sets (www.metabolomics-msi.org /home.html).

#### **BIOFILM METABOLOMICS: PRACTICAL APPLICATIONS**

The most common types of biofilm analysis include studying the differences between planktonic and biofilm states, understanding the metabolic changes occurring during biofilm formation and examining the nature and differences in the extracellular matrix composition encompassing biofilms. But this kind of study encounters many practical challenges, as highlighted in the previous sections. A cellular metabolome contains thousands of metabolites, with a magnitude range of picomoles to millimoles in concentrations. Therefore, it is generally not possible to analyse all the cellular metabolites in a single experiment. In addition, the composition of extracellular matrix is highly complex, making the correct separation and identification of its components difficult.









#### **EXTRACELLULAR POLYMERIC SUBSTANCES IN BIOFILMS**

A typical biofilm consists of two extracellular components: the extracellular polymeric matrix in which the cells are embedded forming aggregates, and the interstitial voids and channels separating the microcolonies [95]. The matrix immobilising the biofilm cells facilitates cell–cell communication, co-ordination of responses and formation of microconsortia. It also confers protection against desiccation, antibiotics, biocides, ultraviolet radiation and host immune responses [96]. The extracellular matrix composed of polymeric substances provides elasticity to the biofilms, while the interstitial void constituted mainly by water provides the viscous part. The extracellular matrix is the dominant structural component of the biofilm and usually contains all major classes of macromolecules such as polysaccharides, proteins, nucleic acids, peptido-glycans and lipids. The composition and the abundance of extracellular polymeric substances (EPS) dictate the structural stability and elasticity of biofilms in most cases. Hence, to gain a better understanding of their role in biofilms, it is essential to analyse the EPS composition and differences in different scenarios and organisms [97].

A major portion of the EPS is composed of exopolysaccharides, which complicates the extraction as well as the analysis of EPS. Some of these exopolysaccharides are in the form of homopolysaccharides, while most of them are heteropolysaccharides composed of a mixture of neutral and charge residues. The most well-known exopolysaccharides present inside biofilms are alginate, cellulose and poly-*N*-acetyl glucosamine (PNAG). Alginate is an exopolysaccharide of relatively high molecular mass (104–106 g/mL) occurring in brown algae and certain bacterial strains. Its presence in bacteria *Azotobacter vinelandii* and *Pseudomonas aeruginosa* has been studied extensively. It consists of the uronic acid residues  $\beta$ -D-mannuronate (M) and its C-5 epimer,  $\alpha$ -L-guluronate (G). The functional properties of alginate strongly correlate with its composition (M/G ratio) and with the uronic acid sequence. The mechanical properties of alginate gels can vary depending on the amount of guluronic acid present in the polymer. Alginate is involved both in microcolony formation in the early stages of biofilm development, and in providing mechanical stability to the biofilms [96,97].

Cellulose is the most abundant sugar polymer found in plants, animals, fungi and in bacteria such as *Salmonella*, *Escherichia coli*, *Acetobacter*, *Agrobacterium* and *Rhizobium*. It is produced as a crucial component of the extracellular matrix of *Salmonella* and *E. coli* biofilms. Cellulose consists of  $\beta$ -1-4–linked linear glucose and cellulose fibers formed by means of hydrogen bonds between the chains of glucose. The resultant sheets are highly stable, with their number varying based on the nature of the environment. Cellulose has a crystalline structure. It is liquid at room temperature, but forms a gel at temperatures above 50°C or below 10°C. On gelification, cellulose solutions remain stable in the gel state at room temperature. The mechanical properties of biofilms of bacterial species producing cellulose may be explained by the gel structure of cellulose [97].

PNAG is a polymer essential for adherence and biofilm formation of certain bacterial species. It was first described in *Staphylococcus* species and subsequently in *E. coli*. PNAG is a positively charged linear homoglycan composed of  $\beta$ -1, 6-*N*-acetylglucosamine residues with approximately 20% deacetylated residues. It forms a protective matrix

around biofilm cells, and mediates cell-to-cell interactions. It can also reinforce the matrix structure by interacting with extracellular DNA (eDNA) [97].

The other components of EPS such as lipids, proteins and eDNA, together with exopolysaccharides, span a wide range of functions in biofilm development and resistance, namely, in adhesion, aggregation, cohesion, water retention, providing a protective barrier, sorption of organic compounds and inorganic ions, exchange of genetic information and performing enzymatic functions. More information on the specific functions conferred by each of these EPS components can be found in some of the detailed reviews on EPS [96].

#### **Challenges in EPS Extraction and Analysis**

The analysis of EPS is quite challenging because of its complex nature and difficulty of extraction. Most of the common EPS extraction methodologies are suitable only for obtaining the soluble portion of the EPS. The insoluble portion of EPS is difficult to isolate, and very few methods are developed keeping this criterion in consideration [96]. The abundance of carbohydrate moieties in the EPS greatly complicates the extraction process. Most of these exopolysaccharides are insoluble and not easily separated from the cells, making the precise determination of their physical properties and chemical structures very difficult. Moreover, they can exist in either ordered or disordered forms [98]. The disordered forms are favoured by elevated temperatures and extremely low ionic concentrations. Based on the surrounding environment, biofilms can be exposed to a wide range of hydrodynamic conditions, which can greatly influence the matrix and structure of biofilms. The majority of the matrix exopolysaccharides are very long with linear or branched chains and a molecular mass of 500-2,000 kDa. They can be either homopolymers such as cellulose, curdlan or dextran, or heteropolymers such as alginate, emulsan, gellan or xanthan. They are generally constituted by monosaccharides and some non-carbohydrate substituents such as acetate, pyruvate, succinate and phosphate. The composition and conformation of the sugar monomers determine the properties of the exopolysaccharides and thus ultimately of the biofilm matrix. Mono-carbohydrate exopolysaccharides are often constituted by sugars such as D-glucose, D-galactose, D-mannose, L-fucose, L-rhamnose, L-arabinose, N-acetyl-D-glucose amine and N-acetyl-D-galactose amine as well as the uronic acids D-glucuronic acid, D-galacturonic acid, D-manuronic acid and L-guluronic acid. Some of the less frequently occurring sugar monomers are D-ribose, D-xylose, 3-keto-deoxy-Dmannooctulosonic acid and several hexoseamineuronic acids [96].

The presence of components such as lipids, proteins and DNA in the extracellular matrix also needs to be considered while developing an extraction method for EPS. Therefore, the extraction and analysis of EPS from biofilms usually requires a multimethod protocol capable of accommodating a wide spectrum of biological macromolecules [97].

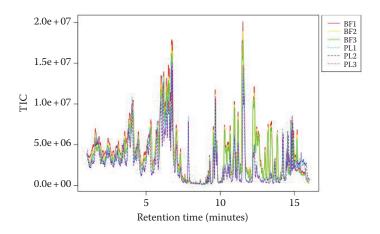
#### **EPS Extraction from Biofilms**

The extraction of EPS from biofilms can be done using physical, chemical or enzymatic disruption methods. The nature of association of the EPS with the cell surface can be used to determine the appropriate extraction method. Some EPS are tightly associated with the cells through covalent interactions, whereas others are more easily dissociated.

The easily detachable ones can be subjected to physical disruption. Physical disruption includes methods such as high-speed centrifugation, dialysis, filtration, ion exchange and ultrasonication. Chemical methods of extractions are required for firmly associated EPS. For example, EPS cross-linked by divalent cations can be released from the biofilm matrix by the use of complexing agents such as ethylenediamine tetraacetic acid (EDTA), cation-exchange resins such as Dowex or formalde-hyde treatment with or without sodium hydroxide. The chemical extraction methods can sometimes modify the composition of EPS, but greatly increase the efficiency of release of EPS from the biofilms. The yield of EPS from physical methods is usually lower than that from chemical methods. However, physical methods minimise the cross contamination of chemical reagents with samples. In some cases, a combination of physical and chemical methods provides a much higher yield [99,100].

#### **PROFILING OF PLANKTONIC VERSUS BIOFILM CELLS**

Many studies focus on the metabolites profile differences between the planktonic and biofilm state of microorganisms to gain a better perspective of the biofilm formation mechanism. Insights into the inherent differences between the two states can help in devising better strategies to curb biofilm formation, particularly of pathogenic microorganisms. Figure 7.4 shows the metabolite spectra for planktonic versus biofilm state of *P. aeruginosa*, where reverse-phase LC-MS was used to determine the composition of molecules on the basis of their mass to charge ratio. The resultant metabolite detection and quantification acquired in the form of a spectrum is shown in the figure. The polar metabolites would be eluted in the earlier part of the spectrum, while hydrophobic metabolites would be eluted in the amount of hydrophobic metabolites in biofilms when compared to planktonic cells. This is the expected trend as biofilms produce more EPS to encapsulate the cells and form the classical three-dimensional biofilm architecture.



**FIGURE 7.4** An example of metabolic spectra of planktonic and biofilm cells of *P. aeruginosa*. Total ion chromatogram. (Ng Weiling, Peter Benke, and Sanjay Swarup, unpublished work.)

## **BIOFILM METABOLOMICS: CASE STUDIES**

## METABOLOME ANALYSIS OF ORAL BIOFILMS USING A COMBINATION OF CAPILLARY ELECTROPHORESIS AND TOF MS

A recent study of human supragingivial plaque obtained before and after a glucose rinse revealed complex metabolite profile and effects of this treatment [101]. In oral biofilm studies, the usual factors analysed are microbiome composition, microenvironments and functions of microbial groups. This study evaluated changes occurring in metabolite profiles of central carbon metabolism of dental plaque and representative oral bacteria such as *Streptococcus mutans*, *S. sanguinis*, *Actinomyces oris*, and *A. naeslundii* on glucose rinse. The study identified differential regulation of metabolites such as glucose-6-phosphate, fructose-6-phosphate, fructose 1, 6-bisphosphate and phosphoenol pyruvate in both dental plaque and oral bacteria after glucose treatment.

In brief, dental plaque allowed to form overnight was collected from volunteers before and after glucose rinse. The plaque samples were immediately immersed in ice-cold methanol after collection, and metabolites extracted from samples were analysed by a combination of capillary electrophoresis and TOF MS (CE-MS). Similarly, metabolites were extracted from representative oral bacteria before and after glucose rinse. CE combined with TOF MS was used to separate and quantify metabolites involved in the central carbon metabolism, including the EMP pathway, pentose phosphate pathway and TCA cycle (Table 7.1). Detailed information on the workflow and data interpretation can be found in the paper [101,102]. CE is an excellent separator of ionised small molecules, such as metabolic intermediates, most

#### TABLE 7.1

# Profile of Significantly Affected Metabolites of the Central Carbon Metabolism of Supragingivial Plaque on Glucose Rinse

Significantly Affected Metabolite in Plaque	Metabolic Pathway	Before Glucose Rinse (nmol/mg)	After Glucose Rinse (nmol/mg)
Glucose-6-phosphate	EMP pathway	$0.133 \pm 0.002$	$0.442 \pm 0.087$
Fructose-6-phosphate	EMP pathway	$0.033 \pm 0.006$	$0.108 \pm 0.025$
Dihydroxyacetone phosphate	EMP pathway	$0.037 \pm 0.004$	$0.074 \pm 0.011$
Pyruvate	EMP pathway	$0.588 \pm 0.461$	$4.236 \pm 2.731$
Ribulose-5-phosphate	Pentose phosphate pathway	$0.029 \pm 0.014$	$0.054 \pm 0.021$
Sedoheptulose-7-phosphate	Pentose phosphate pathway	$0.058 \pm 0.019$	$0.143 \pm 0.041$
Lactate	TCA cycle	$1.737 \pm 0.823$	$13.124 \pm 12.712$

Source: Adapted from Takahashi N, Washio J, Mayanagi G. Metabolomics of supragingival plaque and oral bacteria. Journal of Dental Research. 2010;89(12):1383–8; Takahashi N, Washio J, Mayanagi G. Metabolomic approach to oral biofilm characterization: A future direction of biofilm research. Journal of Oral Biosciences. 2012;54(3):138–43. of which are polar and ionic small molecules, while MS is an excellent technique for analysis of molecular mass. Using this system, it was possible to identify and quantify most metabolic intermediates of the central carbon metabolism along with the changes occurring in the metabolites after glucose rinse. The comparison of supragingivial plaque and oral bacteria showed a similarity in the metabolite profiles of supragingivial plaque with both *Streptococcus* and *Actinomyces*, implying their cohabitation in plaque [101].

#### METABOLIC DIFFERENTIATION OF PLANKTONIC AND BIOFILM MODES OF S. AUREUS

A recent study on the planktonic and biofilm modes of *S. aureus* revealed significant changes in the arginate biosynthesis pathway indicating their metabolically distinct nature and highlighted the use of metabolomics as a valuable tool for distinguishing between the two growth modes [12].

In brief, the study employed a novel bead beating method in a chloroform/ methanol/water (1:3:1) extraction solvent for both sample extraction and quenching. The biofilms were grown in a 96-well plate under static conditions. Hydrophilic interaction liquid chromatography (HILIC)–mass spectrometry (LC-MS) coupled with Orbitrap<sup>TM</sup> was used for analysing the samples. Detailed information on the workflow and data interpretation can be found in Reference [12]. Five hundred and thirty metabolites were found to be significantly altered between planktonic and biofilm states, with 151 and 177 metabolites up-regulated with  $\log_2$  fold changes  $\geq 1$  in planktonic and biofilm states respectively. Mapping of metabolites using the Kyoto Encyclopaedia of Genes and Genomes (KEGG) showed 129 pathways that were altered in at least two of their metabolites. The arginine biosynthesis pathway was the most significantly altered pathway between the two states (Table 7.2).

#### TABLE 7.2

## Differentially Regulated Metabolites Profile of Arginine Biosynthesis Pathway between the Planktonic and Biofilm States of *S. aureus*

Arginine Biosynthesis Metabolite	Log <sub>2</sub> Fold Change between Planktonic and Biofilm States
Aspartate	1.577
Glutamate	1.0159
Citrulline	3.5413
N-Acetyl-L-glutamate	4.3654
N-Acetyl-L-citrulline	5.049
N-Acetyl-ornithine	1.068
Arginine	1.3781

*Source:* Adapted from Stipetic LH, Dalby MJ, Davies RL, Morton FR, Ramage G, Burgess KE. A novel metabolomic approach used for the comparison of *Staphylococcus aureus* planktonic cells and biofilm samples. *Metabolomics*. 2016;12(4):1–11.

#### FUTURE DIRECTIONS

The past decade has shown an explosive growth in the field of metabolomics. Numerous methods and tools for data analysis, interpretation and representation have made the use of this technology much easier in scope and application. Metabolomics methods are now providing a platform for extensive screening of drug targets and biomarker discovery studies. The use of metabolomics until now has been more predominant in mammalian, plant and planktonic microbial systems, whereas the global perspective of microbial biofilms has been limited because of complications in sample preparation [19,103]. However, with the development of new biofilm models and efficient extraction methods for extracellular polysaccharides, this field holds much promise in providing an in-depth view of biofilm lifestyle at a global level [104].

Along with the large data sets obtained from metabolomics platforms, there has been an increase in the availability of genomics data sets for different types of biofilms. Integration of the two can provide valuable information on the interaction between genes and metabolites. This would aid in establishing the direct relation between the cellular metabolic phenotypes and their gene expression levels. Multilevel integration of high-throughput omics data from various platforms such as genomics, transcriptomics and proteomics with metabolomics would be the next major stride in the field of biofilm metabolomics. This integrative 'omics' platform is capable of providing a comprehensive picture of changes occurring within any organism. This type of integration can associate the exact group of genes which are responsible for a particular phenotypic behaviour by comparison across proteome and metabolome levels. Numerous tools are now being developed to attain this perspective [105]. From a clinical point of view, this would further aid in the development of new strategies for overcoming drug resistance of biofilms, drug development, disease prevention, prediction and treatment, whereas from an environmental perspective, it would aid in unravelling the interactions within complex mixed species biofilm communities.

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# 8 Biofilm Persisters Formation, Molecular Mechanisms and Strategies for Tackling

Peng Li, Chaminda Jayampath Seneviratne and Lijian Jin

## CONTENTS

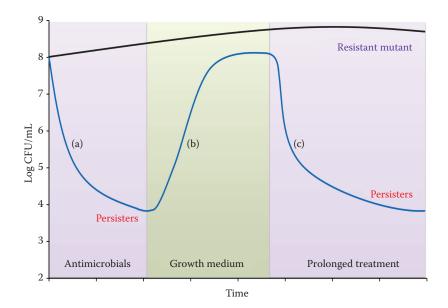
Introduction	
Type I and Type II Persisters	
Environmental Triggers of Persister Cell Formation	
Mechanisms behind Microbial Persistence	
Persisters in Biofilms	
Combating Persisters and Biofilm-Related Infections	
Conclusions	
Corresponding Author	
References	

## INTRODUCTION

Microbial biofilms demonstrate an astounding ability to withstand stress, extremes of temperature, drug treatment and other harsh conditions imposed by the surrounding environment. Research into this aspect of microbial biofilms has generated various possibilities/theories/hypotheses regarding this phenomenon, and has also identified several genes or proteins that are associated with biofilm formation and drug resistance in different microorganisms. Currently, one of the more promising concepts that has the potential to explain this existential perseverance of microbial biofilms is that of persister cells. Persister cells are a metabolically quiescent subpopulation of microbial biofilms and planktonic cultures that can survive antimicrobial treatment at concentrations well above the minimal inhibitory concentration (MIC) [1]. Persisters differ from drug-resistant mutants in that they are phenotypic variants that have not acquired genetically heritable resistance. The occurrence of a subpopulation of resistant cells was first described in 1942 by Hobby et al., who found that approximately 1% of *Staphylococcus aureus* cells were not killed by penicillin. Similar observations on S. pyogenes was reported later in 1944 by Bigger and the concept of persisters was proposed [2]. The persister population of a culture can be quantified on addition of a lethal amount of antimicrobials. The resulting killing curve would be

biphasic, with the bulk of the culture killed rapidly followed by a dramatic decrease of killing rate, giving rise to a small fraction of viable persister cells (Figure 8.1) [3–5]. Once antimicrobial treatment is interrupted/halted, persisters are capable of recovering from the challenges promptly, leading to the establishment of a new population. However, this newly formed population can be as sensitive as the original population to the antimicrobials and can produce a similar group of persisters [1].

Despite the discovery of persisters in the early 1940s, their importance was overlooked for a long time until the identification of persister cells in biofilms of predominant pathogens such as *Pseudomonas aeruginosa*, *Escherichia coli* and *Mycobacterium tuberculosis* [6–8]. In healthcare settings, the formation of biofilms accounts for at least 65% of infectious diseases, and is considered to be a critical cause of persistent infections and therapeutic failure [9,10]. In the recent literature, the persister populations are commonly referred to in association with the biofilm mode of growth of microorganisms. It is proposed that persisters are involved in the increased biofilm resistance to antimicrobials, and biofilm persisters are the underlying reason for recalcitrance and relapse of infectious diseases [11,12]. In this chapter, we discuss the general understanding of persister cells and the role of persister populations in biofilm-associated infections.



**FIGURE 8.1** Schematic model for microbial persistence. A microbial population formed by a resistant mutant can grow in the presence of cidal antimicrobials and resist their treatments. The killing kinetics of a susceptible population by antimicrobials is characterised by a biphasic pattern, with the majority of cells killed and a small fraction of persisters remaining alive (a). When antimicrobial treatment ceases, persisters resume growth (b) and give rise to a population sensitive to the antimicrobial, as was the original population (c). Persisters are able to withstand prolonged antimicrobial therapy, leading to recurrent infections.

## **TYPE I AND TYPE II PERSISTERS**

The presence of antimicrobial-tolerant persisters in a genetically clonal population reflects the adaptability of microorganisms in response to environmental challenges. To understand the formation of persisters, it is imperative to know whether this phenotype switch occurs before or after antimicrobial exposure. However, it is extremely challenging to study the state of persisters, as they constitute only a tiny part of the entire biofilm population. With the use of microfluidic devices and time-lapse fluorescent microscopy, an elegant study by Balaban et al. investigated high-persister (*hip*) mutants of *E. coli* at the single-cell level and demonstrated that persisters form before antibiotic (ampicillin) treatment [13]. These persisters are classified into two groups: type I persisters arise in response to an external trigger (e.g. starvation) and type II persisters are generated spontaneously and continuously during active population growth [13,14]. It is proposed that the number of type I persisters is proportional to the size of the inoculum from stationary-phase cells, whereas the number of type II persisters is determined by the total cell number of the culture [13]. It was shown that after inoculation of stationary-phase cells into fresh medium, the level of persisters remained stable at lag and early exponential phases (type I persisters) followed by a quick increase at mid- to late-exponential phases (type II persisters) [3]. Type I persisters vanished when a culture was maintained at the early exponential state by repeated cycles of inoculation, indicating that type I persisters are environmentally induced rather than spontaneously formed [3].

## ENVIRONMENTAL TRIGGERS OF PERSISTER CELL FORMATION

A variety of environmental signals have been implicated in the occurrence of persisters among isogenic microbial populations, such as nutrient limitation, oxidative and nitrosative stress, cell envelope stress and antimicrobial exposure [15]. As mentioned previously, nutrient starvation and diauxic carbon-source transitions have been shown to stimulate formation of persisters in both planktonic and biofilm cells [16-19]. The microbial communication system, quorum sensing (QS) signalling, is involved in population growth and stationary phase response. A series of studies have demonstrated that microbial persistence can be positively influenced by QS molecules such as pyocyanin in P. aeruginosa [20], peptide pheromone in Streptococcus mutans [21] and indole in E. coli [22]. It should be noted that addition of spent medium to an early exponential culture induced elevated persister formation in P. aeruginosa, but not in E. coli and S. aureus, suggesting that the involvement of QS signalling in persistence is species specific [1,20]. In addition, oxidative stress induced by pretreatment with hydrogen peroxide or paraquat greatly increased the number of E. coli persisters tolerant to ofloxacin [22,23]. Heat shock was also identified to promote survival of persisters in the presence of antimicrobials [21,24]. Interestingly, exposure to subinhibitory concentrations of antibiotics can actually enhance the tolerance of microbes to the antibiotics per se [25,26]. Recent studies have also shown that host macrophages can induce antimicrobial tolerance of intracellular bacteria [27,28].

#### MECHANISMS BEHIND MICROBIAL PERSISTENCE

In an isogeneic microbial population, antimicrobials mainly target actively growing cells, thereby allowing non-growing cells to persist. Hence, it is generally assumed that growth arrest and dormancy account for microbial persistence [29]. The first direct evidence for this hypothesis comes from the observation of *E. coli* persisters that comprise non-growing or slowly growing cells, linking persistence to phenotypic switch from normal growth to reduced growth [13]. The phenomenon is viewed as a bet-hedging strategy, whereby persisters enter into a dormant state characterised by decreased cellular activities to withstand antimicrobial treatment. Gene loci known as toxin–antitoxin (TA) modules play a critical role in the induction of dormancy and persistence [30–34]. TA systems typically comprise two components: a stable toxin that inhibits cell growth by interfering with essential cellular processes (e.g. DNA replication and protein translation), and a labile antitoxin that regulates toxin activity [35]. Under normal growth conditions, an antitoxin neutralises the cognate toxin so that cell growth is unaffected. However, in stress circumstances, antitoxins are selectively degraded, which leaves active toxins to perform their functions.

Despite that dormancy has been a prevailing hypothesis accounting for persistence, increasing evidence suggests that growth arrest is not a universal mechanism for persistence [14]. For example, replicating persisters of mycobacteria have been identified in two independent studies [27,36]. Although reduced growth rate could increase the likelihood of a cell to become tolerant to antibiotic treatment, the majority of dormant cells are not persisters, and persisters can also arise from rapidly growing cells [37]. It is becoming clear that many active biological processes are engaged in microbial persistence along with dormancy, such as stringent response, SOS response and antioxidative response [15,18,38,39].

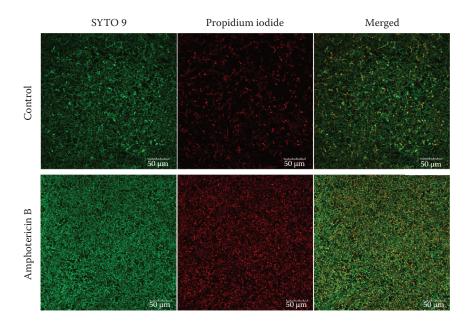
#### PERSISTERS IN BIOFILMS

When biofilms are exposed to antimicrobials, most of the cells can be killed, though leaving a subpopulation of biofilm persisters unaffected. It is generally believed that antimicrobials act in cooperation with host defenses to control infections, with the host cells eliminating pathogens surviving antimicrobial treatment. However, the three-dimensional structure of biofilms serves as a protective barrier against the immune system and prevents persisters within the biofilms from being eradicated by immune cells [40]. When the drug concentration decreases, persisters are able to resuscitate and repopulate the biofilms, leading to persistent infections. Interestingly, biofilms harbour higher proportions of persisters tolerant to lethal concentrations of antimicrobials as compared to planktonic cells, suggesting a protective role of biofilm for cellular survival [4,6,8,41]. The existence of biofilm persisters contributes to the recalcitrance of biofilm-related infections to antimicrobial therapy. It has been proposed that formation of persisters critically accounts for the increased antimicrobial resistance of biofilms [1,11,42].

Biofilms demonstrate extensive structural, chemical and biological heterogeneity, containing cells in various physiological states. In response to local environmental conditions, biofilms enrich differentiation of specific phenotypes with increased

adaptability [43]. In biofilms, cells within the internal regions often encounter limited access to nutrients and enter into a dormant state [44]. In addition, bacteria trigger a stringent response that promotes cell survival under nutrient-limited conditions. This response is coordinated by RelA- and SpoT-mediated synthesis of the alarmone guanosine tetraphosphate (ppGpp) that massively reprogrammes gene expression via direct interaction with RNA polymerase or indirect  $\sigma$ -factor competition [45]. Indeed, antibiotic tolerance of bacterial biofilm persisters has been closely linked to TA operons, dormancy and stringent response. It has been reported that overexpression of the TA gene *yafQ* induces multidrug tolerance in *E. coli* biofilms, and disruption of *yafQ* reduces the level of persisters in the biofilms, but not in stationary-phase planktonic cells [46]. Inactivation of this stringent response by deletion of RelA and SpoT in P. aeruginosa resulted in a dramatic decrease of persistence in stationary phase and biofilms, and the reduced susceptibility was restored via complementation of the two genes [18]. The requirement of ppGpp for persistence has also been observed in E. coli biofilms, and it is demonstrated that ppGpp induces slow growth and antibiotic tolerance via activation of TA systems through inorganic polyphosphate- and Lon protease-dependent degradation of antitoxins [47].

In addition, the SOS response that mitigates DNA damage is required for hypertolerance of *E. coli* biofilm persisters to fluoroquinolone antibiotics on starvation to specific essential growth nutrients [17]. The starvation-induced biofilm tolerance is partially dependent on a stringent response and independent of the known SOSrelated TA modules (TisAB, SymER, DinJ/YafQ and YafNO) [17]. Furthermore,



**FIGURE 8.2** Persister of *Candida albicans* biofilms. *C. albicans* biofilms were treated with a lethal dose of antifungal amphotericin B and stained with viability indicators (SYTO 9 and propidium iodide). Live persister cells stain green and dead cells are red/yellow-coloured.

control of antibiotic-induced oxidative stress is a key element in ensuring the survival of bacterial biofilm persisters [18,41]. In *C. albicans* biofilms, the tolerance of persisters to miconazole is shown to be dependent on the protection against reactive oxygen species (ROS) mediated by superoxide dismutase (SOD) [48]. A recent high-throughput proteomic profiling of *Candida* biofilm persisters demonstrated that the antifungal tolerance of these survivors is determined by subtle metabolic regulation and activation of stress responses (Figure 8.2). In particular, the *Candida* biofilm persisters can withstand increased oxidative stress [42].

#### COMBATING PERSISTERS AND BIOFILM-RELATED INFECTIONS

Persister cells pose an important threat to healthcare because they are able to withstand the current therapeutic regimens. Novel approaches are of critical necessity to combat persister-based infections effectively. The currently evolving strategies for targeting persisters indicate that the capacity to kill persisters translates to the ability to manage biofilm-related infections [49,50].

As biofilm persisters are mainly slowly growing or dormant cells, strategies aiming to resuscitate persisters are of significant promise in restoring the susceptibility of persisters to antimicrobials. The combination of metabolites with gentamicin allowed appreciable reduction of biofilm viability both *in vitro* and in a mouse urinary tract infection model. However, the metabolite-enabled killing was limited to aminoglycosides and did not apply to  $\beta$ -lactams or fluoroquinolones. Interestingly, the potentiation was not based on growth resumption of the persisters, but on induction of a proton-motive force which in turn enhanced aminoglycoside uptake [51]. Recently, it was further demonstrated that the metabolic adjuvant L-arginine in combination with gentamicin could increase the killing of *in vitro* planktonic and biofilm persisters in *S. aureus, E. coli* and *P. aeruginosa* by affecting the pH gradient of the cell membrane. The effect was also confirmed in a mouse model of catheter-related infections showing a complete eradication of *S. aureus* and *E. coli* biofilms [49].

An alternative strategy to target persisters is to kill the biofilm persisters by inducing oxidative damage, as the survival of certain persister cells is linked to an antioxidative response. It was demonstrated that *Burkholderia cenocepacia* biofilm persisters avoided production of ROS via inhibition of the tricarboxylic acid cycle, while activating the alternative pathway glyoxylate shunt. Interestingly, the fraction of the biofilm persisters was reduced by itaconate, which inhibits the key enzyme of the glyoxylate shunt, isocitrate lyase [41]. Treatment of *C. albicans* biofilms with the SOD inhibitor diethyldithiocarbamate (DDTC) led to higher levels of endogenous ROS and an 18- to 200-fold reduction of the miconazole-tolerant persister fraction [48].

Other efforts have also been made to eradicate biofilm persisters. For example, BF8 is an inhibitor of QS and has been shown to sensitise both planktonic and biofilm persisters of *P. aeruginosa* and *E. coli* to antibiotics, though the exact mechanisms behind the action of BF8 remain unclear [52,53]. Acyldepsipeptides (ADEP) are a class of antibiotics that can activate a major protease ClpP, which leads to lethal degradation of proteins [54]. Kim Lewis's group found that the combination of ADEP4 and rifampicin could eradicate stationary-phase and biofilm cultures of *S. aureus* that otherwise contained antibiotic-tolerant cells. Importantly,

combining ADEP4 with rifampicin cleared a deep-seated murine infection caused by *S. aureus* [50]. Most recently, it has been demonstrated that the U.S. Food and Drug Administration–approved anti-cancer drug mitomycin C (MMC) effectively kills planktonic and biofilm persisters of *E. coli*, *S. aureus* and *P. aeruginosa* by cross-linking DNA [55]. In addition, drugs interfering with pathways implicated in persistence, such as the stringent response and membrane stress response, may also contribute to the eradication of biofilm persisters [56,57].

## CONCLUSIONS

The existence of persister cells in a wide variety of microbial subpopulations is becoming increasingly evident from recent studies. More and more treatment strategies end in failure because of the prevalence of persisters. Hence, this phenomenon of resistance can render therapeutic regimens ineffective unless they are effectively targeted. An expanding plethora of research in this direction is therefore warranted to necessitate both an understanding of the molecular mechanisms behind persister resistance and an efficient combative strategy against persisters. Altogether, persister cell biology has become one of the fascinating biofilm research areas of recent times, with a potential gold mine of understanding waiting to be uncovered.

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# 9 Host–Biofilm Interactions at Mucosal Surfaces and Implications in Human Health

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# CONTENTS

Introduction	204
Mucosal Biofilm Formation	204
Human Mucosal Microbial Communities	205
Microbial Community of the Oral Mucosa	206
Microbial Community of the Middle Ear Mucosa	207
Microbial Community of the Nasal and Paranasal Sinus	207
Microbial Community of the Gastrointestinal Mucosa	208
Microbial Community of the Esophageal Mucosa	209
Microbial Community of the Stomach Mucosa	209
Microbial Community of the Intestinal Mucosa	210
Microbial Community of the Vaginal Mucosa	212
Extra Cellular Matrix of Mucosal Biofilms	214
Interaction of Microbes and Host at the Mucosal Surfaces	214
Microbial-Associated Extra Cellular Matrix Sensors	215
Microbial-Associated Cellular Sensors	215
Microbial-Associated Molecular Pattern Sensors	216
Innate Immune Response to Mucosal Biofilms	216
Host-Derived Antimicrobial Peptides	219
Host Innate Immune Cells	220
Immune Tolerance to Commensals in Mucosal Biofilms	221
Evasion of Host Immune Response by Mucosal Biofilms	221
Future Directions for Mucosal Biofilm Research	223
Corresponding Authors	225
References	225

## INTRODUCTION

The ubiquitous occurrence of microbial biofilm communities on different surfaces was discussed briefly in the introductory chapter. Biofilms can exist on both abiotic and biotic surfaces under a wide spectrum of environmental and stress conditions [1]. This kind of adaptability and survivability of biofilms is extremely beneficial during their colonisation of the human host surfaces. For instance, all the exposed surfaces of the human body such as the oral cavity, skin, gastrointestinal tract and vagina are colonised with resident microbiota. The residing microbiota in each of these niches may be unique depending on the specific type and properties of the surfaces. The biofilm communities existing on teeth surfaces would be different from those on mucosal surfaces. In this chapter, we focus on the properties of mucosal biofilms and their interplay with host cells in affecting the overall health and disease condition of the host.

Mucosae are moist linings of the gastrointestinal, nasal and other orifices of the body in continuum with the skin at body openings. The term mucosa signifies a protective mucous membrane at these sites. The mucus thus secreted serves to prevent the invasion of the body by pathogenic microorganisms. In the past, therefore, hostmicrobial interactions at the mucosal surfaces were studied based on the notion that microorganisms exhibited a free-floating or 'planktonic' mode of growth. Hence, the precept of a 'mucosal biofilm' on mucosal surfaces remained unrecognised until recently. The advent of technology such as DNA sequencing has unravelled that even under healthy conditions, mucosal surfaces house a resident microbiota or mucosal microbiome comprising diverse bacteria and fungi [2]. It is therefore interesting to examine the circumstance under which the mucosal microbial community will develop into a pathogenic biofilm due to a disruption of the microbial balance (termed dysbiosis), compromised host defences or an invasion by a nonresident pathogenic organism capable of overcoming the host immune defences. Mucosal biofilm-associated infections can lead to serious health consequences and are linked with various human diseases including obesity and inflammatory bowel disease (IBD).

To gain a better understanding of the interplay between the host and mucosal biofilms, it is essential to examine some of the basic mechanisms involved in biofilms on mucosal surfaces and the resultant host immune response. The development, structure, composition and clinical implications of the microbial communities at the major mucosal surfaces of the human body are discussed in the first half of the chapter. The innate immune responses elicited by the host and the interactions at the host–mucosal biofilm interface are discussed in the latter part of the chapter. However, a detailed innate immune response of the mucosal surfaces is beyond the scope of this chapter. Readers can refer to some excellent reviews on this topic in the literature.

# MUCOSAL BIOFILM FORMATION

The basic processes involved in biofilm development and maturation have been discussed in Chapter 1. Biofilm development on the mucosal surface follows a similar sequence. The attachment of microorganisms to the mucosa is guided by factors such as non-specific chemical bonds and specific microbial antigen-host receptor interactions [3]. Non-specific chemical bonds such as van der Waals forces, hydrophobic interactions, Brownian movement as well as electrostatic charges are important in determining the initial attachment of the microbes [4]. The energy released during such chemical bond formations can surmount 'long-distance' repulsive forces existing between the human cells and microbial cells [5]. The non-specific chemical bonding is followed by more specific interactions mediated through bacterial and fungal antigens with receptors expressed by host cells that promote a stronger attachment [6]. It is noteworthy that the microbial attachment to a mucosal surface is also governed by environmental factors such as temperature, pH, body fluids and the availability of nutrients.

# HUMAN MUCOSAL MICROBIAL COMMUNITIES

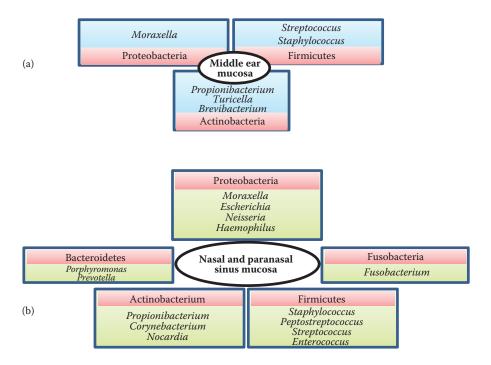
All mucosal surfaces are always populated with either commensal or pathogenic microbiota depending on the health status of the host. However, the evidence of the biofilm mode of growth on the mucosal surfaces, such as respiratory and gastrointestinal system, is not distinctive enough. The initial attachment and colonisation of cells should be followed by subsequent cell divisions increasing the biomass and the production of an extracellular matrix (ECM) in which cells are encased. However, this classical picture seen in the mature *in vitro* biofilms may not be clearly evident in the *in vivo* situations. Although microorganisms are able to adhere to the mucosal surfaces and may develop into initial biofilm stages, this may not progress to a stage of maturation at the mucosal surfaces because many host factors as well as environmental factors in vivo may prevent the maturation phase of a mucosal biofilm. The mucosal cells are subjected to chronic wear and tear and are in a state of rapid turnover in an attempt to combat environmental stresses. As the mucosa is lined by a thin layer of mucus which is dynamic, it is also difficult for microorganisms to penetrate the mucus barrier and adhere to the mucosal epithelial cells to initiate biofilm formation.

Another problem in studying mucosal biofilms *in situ* is the poor accessibility of certain mucosal locations, such as the lower gastrointestinal tract, respiratory tract and the middle ear mucosa. Other factors that limit the study of mucosal biofilms include lack of suitable animal models and limited availability of human tissue samples. It is also important to use techniques that would preserve tissue samples in a manner that would avoid biofilm distortion. For example, the ECM is an essential component of the mucosal biofilm. The existing traditional microbial sampling techniques or histological processing can disrupt the spatial organisation of the mucosal biofilms. Aldehyde-based fixation and dehydration can damage the mucopolysaccharide-containing ECM. It has also been shown that it is impossible to observe biofilms on a formalin-fixed specimen, regardless of the visualisation technique employed [7]. Therefore, with this limitation is mind, we opted to select the term 'microbial community' on the mucosal surfaces to discuss the host-biofilm interactions at the mucosal surfaces.

## MICROBIAL COMMUNITY OF THE ORAL MUCOSA

The oral cavity is a major entry route of microorganisms into the body and represents an ideal environment for the development of a mucosal microbial community. The epithelial lining in the oral cavity is keratinised on the tongue and hard palate and non-keratinised elsewhere. It is a primarily stratified squamous epithelium. The microbiota found on oral mucosa adapt to various challenges such as constantly changing environmental conditions including temperature, pH and salivary flow. This environment is always in contact with saliva, the presence of which has a paramount influence on the mucosal microbial communities. Saliva has a pH of 6.75–7.25 and has characteristic organic constituents such as amylase [8]. It acts as a main source of nutrients that favors the growth of resident microorganisms without a drop in pH. Salivary molecules such as lysozymes, lactoferrin and sIgA prevent attachment of extraneous organisms by playing a role in host defence against mucosal biofilm infections [8-10]. Salivary flow rate and viscosity also determine the microbial population in the mucosa. Hyposalivation has been shown to disrupt the microbial balance, leading to oral diseases such as dental caries and periodontitis [11].

A majority of bacteria in the oral mucosa belong to the phylum Firmicutes, followed by a lower population of Proteobacteria and Bacteroidetes (Figure 9.1a) [12].



**FIGURE 9.1** Common bacteria reported in the microbial community associated with the (a) middle ear mucosa and (b) the nasal and paranasal sinus mucosa.

The predominant genera in the buccal mucosa are *Streptococcus*, *Haemophilus*, *Prevotella* and *Veilonella* [13], of which *Streptococcus* is the most abundant [14,15]. The fungus *Candida albicans* can also be found in healthy mouths as a commensal. Resident bacteria are able to inhibit the overgrowth of the fungus by competitive inhibition of colonisation and modulation of the environment [16]. In certain oral mucosal pathologies such as recurrent aphthous stomatitis, the major bacteria may remain invariable although their proportions may vary. Bacteria such as *Veillonella parvula*, certain species of streptococci such as *Streptococcus salivarius* and *Prevotella intermedia* are seen in lesser abundance while certain species of the *Acinetobacter* genus which are not otherwise a part of the normal oral mucosal microbiota are seen in greater abundance [17].

## MICROBIAL COMMUNITY OF THE MIDDLE EAR MUCOSA

The middle ear is another major port of external microbial entry into the host. Even though the middle ear is walled off from the external ear by means of the tympanic membrane, it is connected to the nasopharynx via the Eustachian tube, thereby maintaining its close proximity to the external environment. Most of the epithelium in the middle ear is pseudostratified ciliated columnar. It continues as simple cuboidal or columnar cells. Mucous secretory goblet cells usually lie parallel to the simple cuboidal cells such as in the Eustachian tube. Underlying the epithelium are lymphocytes and ceruminous glands, the secretions of which open through the mucosal surface [18].

Alpha-hemolytic streptococci inhabit the middle ear of healthy individuals and are believed to prevent infections by invaders [19]. Microbiota originating from the external ear such as *Staphylococcus aureus* and *Propionibacterium acnes* may be relocated into the middle ear through a perforated tympanic membrane and may develop into mucosal biofilms [20]. Middle ear mucosal biofilms in otitis media examined by 16S rDNA sequencing revealed the presence of bacterial species such as *S. aureus, Turicella otitidis, Brevibacterium mcbrellneri* and *Propionibacterium acnes* [21] (Figure 9.1a). Another study found the predominant sinus mucosal species originating from the nasopharynx of children affected with acute otitis media to be *Streptococcus pneumoniae*, non-typeable *Haemophilus influenzae* (NTHi) and *Moraxella catarrhalis* [22–24]. Microbiota of the upper respiratory tract can also be a source of middle ear infections such as otitis media via the Eustachian tube. It has been shown that removal of adenoids is a preventive therapy for otitis media, as it removes the source of microorganisms that might cause middle ear mucosal biofilm infections [25,26].

# MICROBIAL COMMUNITY OF THE NASAL AND PARANASAL SINUS

The nasal cavity is lined by stratified squamous and respiratory pseudostratified ciliated columnar epithelium. Seromucinous glands are seen in the submucosa near the opening of the Eustachian tube. The sinuses are continuous with the nasal mucosa lined by pseudostratified ciliated columnar epithelium interspersed with fewer goblet cells and seromucinous glands. The mucus secreted in sinuses is slightly acidic (pH 5.5–6.5) [27]. The presence of villi increases the surface area of the sinuses, thereby helping to retain the moisture thus accounting for selection of the microbiota in this environment [28].

The commonly isolated bacteria in maxillary sinus of healthy individuals are *Corynebacterium diphtheriae* and *S. aureus* [29]. In addition, anaerobic bacteria such as *Porphyromonas gingivalis*, *P. intermedia*, *Fusobacterium nucleatum* and *Peptostreptococcus* spp. have also been isolated in this mucosal environment. Some studies have also reported the presence of *Staphylococcus pneumoniae* and *Streptococcus pyogenes*, coagulase-negative staphylococci, Corynebacteria and lactobacilli. Anaerobic bacteria including *Veillonella*, *Peptostreptococcus*, *Propionibacterium*, *Fusobacterium*, *Porphyromonas*, *Bacteroides*, *Prevotella* and *Bifidobacterium* have also been identified [30]. A recent study employing 16S rDNA sequencing has revealed that members of the phyla Actinobacteria, Firmicutes and Gammaproteobacteria predominated the nasal mucosa of healthy subjects, with the genera *Corynebacterium*, *Staphylococcus* and *Moraxella* being the most prominent [31]. Figure 9.1b shows the common bacteria associated with the nasal and paranasal sinus mucosa.

Bacterial communities residing in the middle meatus mucosa of healthy adults are reported to belong to coagulase-negative staphylococci, *Corynebacterium* spp. and *S. aureus* [32]. 16s rDNA sequencing revealed a rich diversity of bacteria in the middle meatus mucosa predominated by phyla Firmicutes, Proteobacteria and Actinobacteria [33]. The study also showed that *S. aureus, Staphylococcus epider-midis* and *P. acnes* were the most prominent and abundant organisms in healthy sinuses. Some potential pathogens such as *Escherichia coli, Enterococcus* spp. and *Fusobacterium* spp. have also been reported in the sinuses of healthy subjects [33].

A recent study on chronic rhinosinusitis (CRS) using 16S rDNA sequencing showed no unique bacterial signature in CRS patients *per se*, although the abundance of bacterial genera varied between healthy subjects and the subjects with disease. For instance, some bacterial genera such as *Corynebacterium* or *Moraxella* were higher in affected patients as compared to healthy subjects [31]. Similar findings were obtained in another study that employed sequencing for bacterial samples derived from sinuses [34]. Stressmann et al. reported that *S. aureus* was the most prevalent organism in CRS followed by *Staphylococcus epidermidis* and *P. acnes. S. aureus* was present in 10 times greater abundance as compared to the control healthy subjects. Moreover, it has been proposed that CRS patients may carry a unique microbiome at an individual level [35]. Foreman et al. demonstrated that *S. aureus* was identified in 50% of biofilms from patients with CRS followed by a lesser frequency of *H. influenzae* [36].

## MICROBIAL COMMUNITY OF THE GASTROINTESTINAL MUCOSA

The gastrointestinal mucosa is colonised mainly by microorganisms belonging to the phyla Firmicutes and Bacteroidetes. Other phyla such as Actinobacteria, Proteobacteria and Verrucomicrobia are present in minor proportions. The bacterial diversity and abundance increases from the esophagus towards the distal gut and colon [37].

# MICROBIAL COMMUNITY OF THE ESOPHAGEAL MUCOSA

Esophageal mucosa is composed of non-keratinised stratified squamous epithelium. Mucous glands are seen in the submucosa. The bacterial community merely passes through the esophagus, but some studies have shown the presence of certain microbiota in healthy subjects. Numerically, the esophagus has the least microbial population of the entire gastrointestinal tract [38]. Bacteria of oral origin such as streptococci and lactobacilli are dominant in the esophagus [38]. Streptococcus mitis, Streptococcus sanguinis, Streptococcus mutans and S. salvarius have been identified as the major streptococci [39]. In addition, bacteria from other genera such as Fusobacterium, Neisseria and Haemophilus are also present. rDNA sequencing of microbiota from Barrett's esophagus has shown a significant decrease in bacterial genera such as Streptococcus, Staphyloccus, Rothia, Actinomyces and Bifidobacterium compared to the healthy subjects. However, the difference in microbial composition was not directly associated with Barrett's esophagus [40]. One of the key findings of the foregoing study is that the distal esophagus displayed a greater bacterial diversity in subjects with Barrett's esophagus, including nitrate reducers such as Campylobacter concisus [40]. It was noteworthy to observe an association between the carcinogenic changes taking place in Barrett's esophagus and the presence of nitric oxide, a resultant product of nitrate reduction [40,41]. Whether this observation has a relationship with the esophageal microbiome is yet to be determined.

# MICROBIAL COMMUNITY OF THE STOMACH MUCOSA

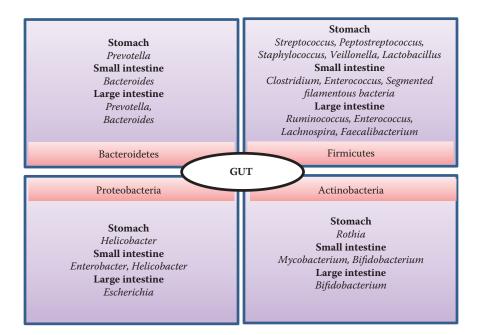
The epithelium lining the stomach is primarily of the simple columnar type. The lamina propria of the stomach, like in the oral cavity, consists of loose connective tissue. The lining is thrown into folds or rugae and contains mucous glands. The local pH in the stomach is about 2. Owing to its low pH, the stomach is thought to be uninhabitable for most microbes [42]. On the contrary, the resident microbial community on stomach mucosa is abundant. The predominant phyla observed are Proteobacteria, Firmicutes, Bacteroidetes, Actinobacteria and Fusobacteria [43]. Streptococcus, Peptostreptococcus, Staphylococcus and Prevotella have also been detected in the gastric mucosa apart from *Helicobacter*, which is known to colonise the gastric mucosal epithelium (Figure 9.2). Mucin of the stomach favours the planktonic life cycle of Helicobacter pylori. Situations that result in decreased mucin production lead to the biofilm lifestyle of these bacteria [44]. It has been found that *H. pylori* regulate the bacterial diversity in the stomach microenvironment. An absence of H. pylori accounts for greater numbers of transient microbiota in the stomach belonging to the genera Streptococcus, Veillonella, Prevotella and Rothia [45]. In conditions such as chronic atrophic gastritis, hyposecretion of acids leads to the specific colonisation by Veillonella and Lactobacillus.

## MICROBIAL COMMUNITY OF THE INTESTINAL MUCOSA

The epithelial lining in the small and large intestine is similar to that of the stomach but with an additional feature of villi in the small intestine. The epithelial cells are interspersed with goblet cells in both the small and the large intestine. The gut mucosa is always covered by a layer of mucus secreted by goblet cells [46]. In addition, Paneth cells at the base of the crypts produce sIgA [47].

The human mucosa is fast growing, at an intriguing speed of four microns per minute [48]. This means the rate of mucosal proliferation is too high for any microorganism to even colonise, not to mention biofilm formation. Therefore, the small intestine is sparsely populated, and characterised by fast growing bacteria capable of overcoming host defences as well as competition from other bacteria. Another factor that accounts for less opportunity for the biofilm formation in the small intestine is the high flow rate of secretions such as bile acids and mucus [49]. The major genera in the small intestinal mucosal microbial community includes *Lactobacillus*, *Bacteroides*, *Clostridium*, *Mycobacterium* and *Enterococcus* [49] (Figure 9.2). Along the jejunal and illeal mucosa, the population of microorganisms may increase with the additional presence of *Bifidobacterium* spp. [50]. Nutrient resources are also instrumental in exerting a positive selection of certain species over others [47].

The colonic mucosa has certain restricted sites where colonisation and biofilm formation is easier owing to a lower rate of mucosal replication. This accounts for a greater microbial diversity in the colon as compared to the small intestine [51]. Unlike



**FIGURE 9.2** Common bacteria reported in the microbial community associated with the gut mucosa.

the small intestine, which has a single layer of tightly attached mucosa, the colonic mucus has two organised layers: a dense inner layer and a loose outer layer. The latter forms a favourable habitat for commensals such as *Bacteroides acidifaciens*, Bacteroides fragilis, Akkermansia muciniphila and those belonging to the family Bifidobacteriaceae. The dense inner mucus adjoining the crypts comprises a more restricted community of Bacteroides spp. and Actinobacter spp. [47]. The presence of the bacterial genera Prevotella, Ruminococcus and Bacteroides are indicative of a healthy microbiota in the intestine [52,53]. Microbiota belonging to the genera Bacteroides and Bifidobacterium are the prominent biofilm formers, which include Bacteroides caccae, Bifidobacterium angulatum, Bifidobacterium adolescentis and Bifidobacterium bifidum. E. coli and Enterococcus faecalis are the facultative anaerobes that frequently caused biofilm infections in the large intestine [54]. Owing to production of mucus in large quantities, the inner colonic mucus is relatively less populated. On the contrary, in conditions such as ulcerative colitis, the inner mucus barrier is defective, less dense and broken. This provides access to opportunistic pathogens such as Bacteroides and also to mucin degraders such as A. muciniphila, leading to inflammation in disease conditions such as Crohn's disease and ulcerative colitis [55]. Biofilms in the large intestine are associated with food residues, and therefore the microbial species and their biochemical activities are governed mainly by diet [56]. For instance, the infant gut demonstrates differences in microbiome based on the type of food to which it is introduced. Babies who are breast fed postnatally are predominated by organisms belonging to the Bacteroidetes and those fed with formula milk demonstrate higher amount of organisms belonging to the Firmicutes [57,58].

Fungal species such as *Candida* are normal inhabitants of the gut mucosa [59]. They have been detected in the gut microbiota of 30–70% of healthy adults [60]. *Candida* is capable of colonising and proliferating in the gut after it overcomes mechanical barriers composed of mucus, epithelial cells and the tight junctions between them, and chemical barriers such as the gastric secretions of acid, bile and digestive enzymes [61]. The indigenous commensal bacterial microbiota is antagonistic to *C. albicans*, thus making it further difficult for this fungus to establish pathogenicity. Bacteriocins, probiotics and other bacterial products prevent attachment of *Candida* to the gut mucosa [62]. However, if *Candida* manages to attach and colonise, it can create a hypoxic microenvironment in the human gut which favours the growth of strict anaerobes such as *B. fragilis* and *Clostridium perfringens* [63].

The resident microbiota in the host offer 'colonisation resistance' to the invasive microorganisms. Freter et al. proposed that the relative ability of a particular species to outcompete others depends entirely on its ability to devour specific limiting nutrients from the host. The limiting nutrients also govern the type of species that will predominate a certain area of the gut. Thus, the resident bacteria establish their own selective spatial niche based on these 'selective' nutrients that account for a positive selection of certain species over the others [47,64]. *E. coli* in gut mucosa typically exemplifies the phenomenon of colonisation resistance. Intestinal *E. coli* is unable to degrade polysaccharides derived from diet or the mucus layer for their nutritional requirements because of the lack of hydrolases [65]. It depends on other

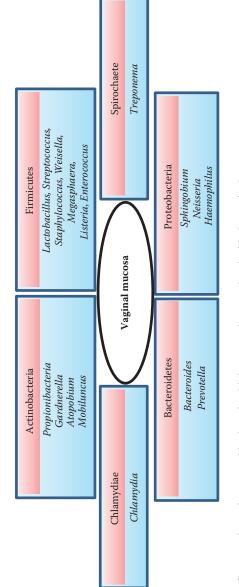
anaerobes present in the mucus for oligosaccharides needed for its growth. Thus, the existence of a mixed species of a microbial community feeds *E. coli*. This phenomenon has been described as the 'restaurant hypothesis' whereby *E. coli* resides in 'restaurants' and is exposed to a unique menu by means of its interaction with different anaerobic species. This accounts for a unique nutritional program per species of commensal *E. coli* [66]. Both commensal and pathogenic *E. coli* occupy distinct nutritional niches in the gut and are capable of utilising at least one nutritional component not utilised by the other. Their differing nutritional preferences allow both commensal and pathogenic *E. coli* to exist in unique niches of their own in the intestine [67].

## MICROBIAL COMMUNITY OF THE VAGINAL MUCOSA

The vaginal mucosal epithelium is a non-keratinised stratified squamous epithelium. Vaginal epithelial cells lack a robust intercellular junction, thus making them permeable to microbial products and inflammatory mediators. The resident vaginal microbiota metabolise glycogen to glucose and subsequently ferment this glucose to lactic acid and hydrogen peroxide. Thus, a low pH of 3.8–4.2 is maintained. They also secrete bacteriocins and other organic products that have antibacterial properties against invading pathogens. However, these secretions also include certain biosurfactants that enable attachment to the epithelial cells and promote aggregation of different species of bacteria for the formation of mucosal biofilms [68–70].

Lactobacillus is the most common genus colonising the vagina of healthy women during their child-bearing age. The different species of lactobacilli seen are Lactobacillus crispatus, Lactobacillus gasseri, Lactobacillus jensenii and Lactobacillus iners. These originate primarily in the intestine and exhibit vaginotropism or pronounced affinity to attach to the vaginal mucosa. Other genera identified through DNA sequencing include Atopobium, Prevotella, and Propionibacterium [71,72]. Non-beneficial bacteria from genera such as Streptococcus, Staphylococcus, Gardnerella and Enterococcus may also be present in low concentrations in a healthy vagina but in insufficient numbers to cause disease [73,74]. The potentially pathogenic organisms that inhabit the vaginal mucosa are Neisseria, certain species of streptococci such as S. pyogenes, S. pneumoniae, Haemophilus and Listeria [75]. Figure 9.3 shows common bacteria associated with the vaginal mucosa.

The presence of *Lactobacillus* spp. in the vaginal microbiome decreases the risk of bacterial vaginosis and other sexually transmitted diseases caused by invading pathogens [76]. For instance, *Listeria monocytogenes* and *Chlamydia trachomatis* are inhibited by the lower vaginal pH [77,78]. Proliferation and colonisation of *Listeria* is favourable at around pH 6.5 [77]. The loss of beneficial bacteria such as *Lactobacilli* would favour simultaneous proliferation of pathogenic anaerobes responsible for bacterial vaginosis such as *Gardnerella vaginalis*, *Atopobium vaginae*, *Prevotella* spp. and those of the genus *Mobiluncus* and *Bacteroides* [79]. The most prevalent fungus *Candida* is also capable of thriving in the vaginal tract and forming biofilms. However, *Lactobacillus* can prevent hyphal growth in *Candida* and pathogenic transition of the fungus [80,81].





# EXTRA CELLULAR MATRIX OF MUCOSAL BIOFILMS

Once firmly attached on the mucosal surface, the microorganisms undergo several rounds of cell division and form microcolonies. This is followed by the spatial-temporal arrangement of the microbes within a protective mesh of ECM. Microorganisms acquire nutrients from the surrounding epithelial cells and become embedded within the matrix. ECM is composed of self-secreted polymers including polysaccharides, proteins and DNA which produce a barrier to immune cells, opsonins and other host immune strategies [82]. Hence, microbes are 'hidden' in the ECM of the mucosal biofilm to protect themselves from the immune cells.

Generation of an ECM is a common trait in all biofilms, irrespective of abiotic or biotic surfaces. However, the dynamics behind this process may vary according to the surface characteristics and the flow conditions [83]. Compared to the abiotic surface biofilms, the composition of the ECM seen in the mucosal biofilm is inherently more complex owing to the fact that host proteins, mucopolysacccharides, nucleic acids and even host cells may participate in its development [82]. There is strong evidence that ECM components may play an important role in both structural and non-structural functions of the mucosal biofilms. Mutants defective in ECM generation lack the classical complex mucosal biofilm architecture [83,84]. The various components of the ECM perform specific functions within the biofilm microbial community and their secretion can be a function either of environmental factors or the genetic background of a specific strain. In microorganisms such as Pseudomonas aeruginosa, extracellular DNA (eDNA) in the ECM plays a pivotal role in guiding cellular migration within the biofilm structure. The ECM in the local vicinity of the pioneer cells directs the attachment of subsequent cells to establish the biofilm community [85]. ECM thus generates signals that help the colonies to expand in order to form larger territories.

# INTERACTION OF MICROBES AND HOST AT THE MUCOSAL SURFACES

The various immune responses of the host and the constant evasion mechanisms of pathogens are part of the vicious cycle of mucosal infection. An understanding of the type of interactions occurring between the host and pathogen is of crucial importance in preventing the invasion and development of pathogenic biofilms on mucosal surfaces. However, studies on microbial and host interaction at mucosal surfaces are limited. Here, we provide a few examples of *in vitro* and *in vivo* models that have given some insight into this intriguing relationship between microbes and host surfaces.

Several studies have elucidated that the attachment and colonisation of the mucosal surfaces are mediated by defined surface molecules on the microorganisms that interact either with components of the mucosal intercellular matrix or with structures on the eukaryotic cell surface [86].

### MICROBIAL-ASSOCIATED EXTRA CELLULAR MATRIX SENSORS

Molecules that specifically interact with ECM components such as fibronectin, collagen, laminin and elastin are commonly described as 'microbial surface components recognising adhesive matrix molecules (MSCRAMMs)' [87]. The expression of fibronectin-binding proteins could increase bacterial aggregation, suggesting that these proteins can promote the initiation of biofilm development. For example, mutant *S. aureus* lacking surface expression of fibronectin binding proteins (FnBPA and FnBPB) are defective in adhering to fibronectin-coated surfaces to form biofilms [88,89]. Similarly, two surface adhesins of *E. faecium*, SgrA and EcbA, showed binding to ECM components such as nidogen 1, nidogen 2, fibrinogen and collagen type V found in the basal lamina of mucosal surfaces [90]. In *H. influenzae*, an adhesin designated protein E was shown to bind vitronectin [91–93]. Mucin, a major glycoprotein component in mucus, could promote *P. aeruginosa* attachment and biofilm formation *in vitro* [94]. Glycoprotein-340 is another mucin-like protein found adsorbed to mucosal surfaces that could mediate the attachment of *S. mutans* and *Streptococcus gordonii* via surface adhesin SpaP [95,96] and SspA and SspB [97] respectively [98].

## MICROBIAL-ASSOCIATED CELLULAR SENSORS

Other surface structures on microbes such as pili and flagella also serve as adhesins to facilitate early steps in biofilm formation and adhesion to mammalian cells. Specifically, P. aeruginosa type IV pili bind to glycosphingolipid receptors on epithelial cells [99–101]. S. pyogenes pili adhere and form microcolonies on human pharyngeal cells [102] and PilA of non-typeable H. influenzae (NTHi) strains mediates adherence to human respiratory epithelial cells both in vitro and in vivo [103]. Another interesting adhesin, FimH positioned on the tip of type I pili of several bacteria, including various species of Salmonella, specifically recognises mannose residues on epithelial cells and plays a significant role in biofilm formation in vitro [104–106]. Similarly, biofilm formation in *Neisseria meningitidis* is supported by pili-associated proteins such as PilQ [107] and PilX [108]. The binding of P. aeruginosa flagellar cap protein to Lewis<sup>x</sup> oligosaccharides, a glycoprotein constituent of mucus, contributes to biofilm formation in cystic fibrosis patients [109]. Other specific cell surface adhesins such as CbpA and PsaA in S. pneumoniae and HrpA expressed on N. meningitidis have been shown to aid biofilm formation on mouse and human bronchial epithelial cells [110-113].

Similar to bacterial cell surface proteins, fungal cell wall proteins also have a major role in fungal biofilm formation on host surfaces. In *C. albicans*, Hwp1 is the first cell surface protein reported for biofilm formation *in vivo*, whereby the lack of Hwp1 results in poor adherence. It can also serve as a substrate for mammalian epithelial cell transglutaminase [114–116]. Other *C. albicans* adhesins such as Als3, a member of the agglutinin-like sequence (Als) family of proteins, and Eap1, a glycosylphosphatidylinositol-anchored cell wall protein, have also been shown to play a role in adhesion and biofilm formation both *in vitro* and *in vivo* [117,118].

The aforementioned studies clearly demonstrate the necessity of the microbe– host interaction at the mucosal surface for initial attachment and subsequent biofilm formation. However, our understanding of this cross-talk is still limited. Therefore, researchers should be encouraged to venture into this area of research to elucidate the fascinating aspects of host–microbial interactions at mucosal surfaces.

## MICROBIAL-ASSOCIATED MOLECULAR PATTERN SENSORS

Besides the specific microbial adhesin interaction with ECM proteins and host surface molecules, there are additional interactions between the host and microorganisms that are based on the ability of the host to detect conserved ligands on microbes known as microbe-associated molecular patterns (MAMPs) [119,120]. Examples of MAMPs include lipoteichoic acid (LTA), lipopolysaccharides (LPS), nucleic acids, lipoproteins, surface glycoproteins and peptidoglycans (Table 9.1) [121]. MAMPs are recognised by pattern recognition receptors (PRRs) located on host epithelial and immune cells. PRRs can be either membrane bound or intracellular receptors [122]. Some of the common host PRRs include transmembrane receptors such as toll-like receptors (TLRs) and C-type lectin receptors (CLRs), and intracellular receptors such as nucleotide-binding oligomerisation domain (NOD-) like receptors (NLRs), AIM2-like receptor (ALR) and retinoic acid–inducible gene (RIG) I-like receptors (RLRs) [123]. Each receptor has unique recognition motifs for its binding to specific MAMPs.

Each of these PRR families consists of multiple members that display different patterns of expression on different cell types. For instance, TLR2 generally expressed on myeloid cells including dendritic cells, monocytes, macrophages and polymorphonuclear leukocytes is specific for recognising components of pathogens such as peptidoglycan and LTA of Gram-positive bacteria [124]. TLR3 is found primarily in dendritic cells and is involved in the recognition of dsRNA present in some viruses and implicated in immunity to viral infections [125].

TLR4, together with MD2 and CD14, mediates signal transduction by binding to a lipid component of the LPS [126] and is expressed mainly on monocytes, macrophages and also dendritic cells. LPS is a principal structural component present in the cell wall of all Gram-negative bacteria and some Gram-positive bacteria [127]. Other bacterial components such as flagellin, which is a structural protein of flagella present in all motile bacteria is recognised by TLR5 [128–136]. TLR9 senses unmethlyated CpG sequences in DNA found predominantly in bacteria [137]. In humans, TLR9 expression is restricted to B cells and plasmacytoid dendritic cells.

# INNATE IMMUNE RESPONSE TO MUCOSAL BIOFILMS

On entry, pathogens do not directly establish contact with the host mucosa. Instead, they first encounter the complex community of commensal microorganisms and the mucosal immune defences. Whereas commensal organisms maintain a harmonious relationship with the mucosal surfaces, pathogens may either succumb to the immune defences or evade it. Successful adhesion and biofilm formation of invading microorganisms on the mucosal surface thus depends on their ability to overcome

Category	Organism	Adhesin	Ligand	Type of Mucosa/ Epithelial Cells	References
Gram-positive	S. mutans	SpaP	Glycoprotein 340	Oral mucosa	[96]
bacteria	S. gordonii	SspA and SspB	Glycoprotein 340	Oral mucosa	[67]
	S. pyogenes	Pili	Ι	Pharyngeal epithelial cells	[102]
	S. pneumoniae	CbpA	Choline	Nasopharyngeal mucosa	[112]
		PsaA	E-cadherin	Nasopharyngeal epithelial cells	[113]
	S. aureus	FnBPA/FnBPB	Fibronectin, elastin	Nasopharyngeal mucosa	[89]
	E. faecium	SgrA (Serine glutamate repeat A)	Fibrinogen and nidogen 1 and 2	Gastrointestinal mucosa	[06]
		EcbA	Collagen type V and fibrinogen	Gastrointestinal mucosa	[06]
Gram-negative	P. aeruginosa	Flagellin	TLR-5 receptors and cytosolic	Respiratory mucosa	[135,136]
bacteria			sensors at the cell surface		
		Type IV pili	Glycosphingolipids (asialoGM1)	Lung epithelial cells	[100]
		Flagella cap protein	Lewis <sup>x</sup> oligosaccharides in	Respiratory mucosa	[109]
			mucin		
	H. influenzae	Protein E (PE)	Vitronectin	Respiratory mucosa	[91,92]
		pilA	Ι	Respiratory epithelial cells	[103]
	Salmonella spp.	Std fimbrial adhesin	$\alpha(1,2)$ -Fucose	Cecal mucosa	[104-106]
		Type I fimbriae FimH	Mannose-containing	Epithelial cells	
			glycoprotein		
	N. meningitidis	HrpA	Ι	Bronchial epithelial cells	[111]

	References	[114–116,138]	[117]	[118]
	Type of Mucosa/ Epithelial Cells	Oral epithelial cells	Oral mucosa	Oral mucosa
d Biofilm Formation	Ligand	Mammalian transglutaminases	E-cadherin, N-cadherin, host cell ferritin	I
Microbial Adhesins Involved in Mucosal Attachment and Biofilm Formation	Adhesin			
l in Mu		Hwp1	Als3	Eap1
Adhesins Involved	Organism	C. albicans		
Microbial ,	Category	Fungi		

TABLE 9.1 (CONTINUED)

the host innate immune response, which acts as the first line of defence. The innate immune system encompasses a wide array of strategies ranging from expression of antimicrobial molecules, phagocytosis and proinflammatory mediators against the invading pathogens.

The secretions of the innate immune system prevent attachment of pathogens to mucosal sites and initiation of biofilm development. For example, lysozyme digests peptidoglycans in bacterial cell walls and the host plasma transferrin binds iron (Fe) with high affinity which otherwise is needed for microbial growth. Sodium chloride secreted from sweat glands interferes with ion transport and mucus, which contains mucin secreted by the mucosal epithelial cells, coats cell surfaces, rendering them unfavourable for microbial binding to mucosal surfaces.

#### HOST-DERIVED ANTIMICROBIAL PEPTIDES

In humans, a wide variety of proteins and peptides exhibit antimicrobial activity. Host-derived antimicrobial peptides (AMPs) form an essential part of the innate immune system. Defensins were the first natural antimicrobial peptides to be described in mammalian cells. Originally isolated from epithelial cells and neutrophils, they are small cationic peptides and function by binding to the bacterial plasma membrane. Defensing cause a disruption of the membrane integrity resulting in inhibition of DNA, RNA and protein synthesis. The nature of the interaction allows defensing to target both Gram-positive and Gram-negative bacteria, fungi and enveloped viruses. Two classes of defensins have been described in humans, alpha and beta. Both types consist of six conserved cysteine residues. Alpha-defensins are synthesised by polymorphonuclear leukocytes and Paneth cells. In contrast to alpha-defensins, beta-defensins are secreted by epithelial cells in the respiratory, gastrointestinal and urinary tracts. Defensins are secreted at low levels under normal physiological conditions but can be induced in response to microbial infections. Since their discovery, other functional roles have been ascribed to defensins [139]. For instance, alpha-defensins such as HNP1-3 have been demonstrated to function as chemoattractants for dendritic cells and naïve CD4 and CD8 T cells [140]. Alphadefensing derived from human neutrophils have been shown to neutralise the anthrax lethal toxin [141], diphtheria toxin and Pseudomonas exotoxin A [141]. Recent investigations on human beta-defensin-3 have revealed its link to oral cancer [142].

Cathelicidins are a family of antimicrobial peptides derived from proteolysis. They consist of a conserved N-terminal domain and a C-terminal antibacterial domain. In humans, cleavage of hCAP-18 by proteinase 3 generates the active peptide LL-37, which possesses antibacterial activity (as extensively reviewed by Durr et al.) [143]. It is expressed in a wide variety of cell types including monocytes, NK cells, T cells and B cells as well as epithelial cells in the gastrointestinal tract, respiratory tract and the skin. Like defensins, it can exert antimicrobial activity on both Grampositive and Gram-negative bacteria. Up-regulation of LL-37 expression has been implicated in a number of diseases including psoriasis, lupus, contact dermatitis, *Helicobacter pylori* infection and in tracheal aspirates of newborns during infection. Down-regulation of LL-37 is also reported in atopic dermatitis and Kostmann disease (an autosomal recessive disorder characterised by severe neutropenia). Patients

with Kostmann disease are devoid of LL-37 in neutrophils and saliva [144]. Thus, patients with this disorder manifest with severe periodontal disease.

Histatins belong to a family of small histidine-rich peptides. They are produced by the salivary glands (submandibular, sublingual, parotid glands) and von Ebner's gland at the back of the tongue. Histatins exert antifungal and antibacterial activity, thereby playing a central role in maintaining good oral health. In humans, histatins 1, 3 and 5 have been described. Histatins 1 and 3 are encoded by two closely related genes. Among all the histatins, histatin 5 is a product processed from histatin 3 and demonstrates the most potent antifungal activity against pathogenic fungi including *Aspergillus fumigatus, Cryptococcus neoformans* and *C. albicans.* The exact mode of action of histatins in killing fungi is not clear. Earlier studies showed that histatin 5 interferes with *Candida* respiration by targeting the mitochondria [145,146]. Later studies have shown histatin 5 disrupts the *Candida* cell membrane by binding to the potassium ion transporter Trk1. This results in the loss of intracellular potassium and ATP leading to activation of cell death pathway [147].

#### HOST INNATE IMMUNE CELLS

Apart from secretions at mucosal sites, innate immune cells such as neutrophils, macrophages and dendritic cells also play a major role in mucosal defense [148]. These cells are capable of phagocytosis, one of the key processes in innate immunity during which the invading microbes are engulfed and destroyed by the aforementioned cells.

Neutrophils are the first cells to arrive at a site of bacterial infection [149]. Biofilms are not inherently protected from neutrophils. Numerous factors such as chemokines and cytokines released by host cells and bacteria-derived products such as N-acyl homoserine lactone (AHL) and formyl-Met-Leu-Phe (fMLP) at the infection site serve as chemoattractants, causing neutrophils to emigrate from blood vessels and actively migrate through the tissue to the site of infection. Several in vitro and in vivo studies have observed the localisation of neutrophils within, on and around biofilms. Once at the site of infection, neutrophils sense the microbes through their PRRs, phagocytose the microbes and release enzymes and reactive oxygen species (ROS). Neutrophils also produce neutrophil extracellular traps (NETs) [150,151] in a process known as NETosis. These NETs consist of nuclear and mitochondrial DNA filaments with high local concentrations of anti-microbial proteins and are able to immobilise vast amount of microbes to prevent further spread from occurring. NETosis is triggered by bacterial cell wall components activating receptors expressed on neutrophils [152]. This mechanism of killing has been demonstrated against microbes such as C. albicans, S. aureus and S. flexneri [153]. In addition, NETs from neutrophils also serve as opsonins on binding the microbes, promoting enhanced clearance by macrophages [154].

In the early stages of biofilm formation during which the bacterial aggregates are still small, they are predominantly cleared by neutrophil phagocytosis. When the biofilm is more established, phagocytosis becomes ineffective and neutrophils will promote microbe clearance through the release of enzymes and ROS, which can result in host tissue damage as well. In oral mucosa, periodontopathogenic bacterial species such as *P. gingivalis* could induce the expression of TREM-1, a proinflammatory receptor on neutrophils or interleukin-8 gene expression in gingival epithelial cells and fibroblasts [155]. Furthermore, the transition to biofilm development was shown to be dependent on cyclic dinucleotides (c-di-NMPs) such as c-di-GMP acting as a secondary messenger in a diverse array of microbes. These c-di-NMPs can act as pathogen-associated molecular patterns and specifically elicit a host type-I interferon innate immune response through their binding to STING and DDX41, both of which are cytoplasmic PRRs [156–158]. In fact, they have been tested as vaccine adjuvants in a mouse model of mastitis infection where administration of synthetic c-di-GMP could reduce bacterial colonisation by a strain of *S. aureus* that is capable of forming biofilm [159].

# IMMUNE TOLERANCE TO COMMENSALS IN MUCOSAL BIOFILMS

Unlike abiotic surfaces, the mucosal surface composition is complex, with the presence of a host epithelial cell layer that secretes mucin, which forms a mucous membrane that is endowed with cells of the innate immune system. A biofilm consisting of commensal microorganisms is also present. Under physiological, non-inflammatory conditions, an immunological equilibrium exists between the commensal microorganisms of mucosal biofilms and the host mucosal defences owing to the constitutive presence of microorganisms. The commensals are capable of inducing specific signalling pathways through PRRs on epithelial cells, which elicit a tolerogenic immune response leading to immune homeostasis [160]. For instance in the gut, the MAMP-PRR signalling cascade helps maintain a symbiotic host-microbe relationship either by stabilising the gut barrier through mucus production or maintaining a tolerogenic immune response on MAMP recognition. In certain scenarios, the commensal organisms are capable of modifying the structure of their MAMPs such as pentacylation of lipid A in *Bacteroides* or exopolysaccharide expression on the surface of Bifidobacterium, which can evade PRR signalling by influencing components of the NF- $\kappa$ B pathway. This shapes the gut immune cells tolerogenically, thereby maintaining homeostasis [161,162]. Other means of immune tolerance are maintained through either a lack of T-cell activation in the context of anergy or suppression of effector T-cell activation by regulatory T cells [163,164]. Thus, the commensal organisms of the mucosal biofilms maintain a stable niche in the host mucosa through tight regulation of their interactions with the host, resulting in an equilibrium state whereby the host does not mount an overt immune response against them. It is when this equilibrium becomes disrupted that pathogenic organisms invade the mucosa.

## EVASION OF HOST IMMUNE RESPONSE BY MUCOSAL BIOFILMS

The successful colonisation and biofilm development of pathogenic microorganisms on mucosal surfaces can lead to several serious consequences to the host. The compromised immunity of the host and the release of cytotoxic substances by the microbes are major factors in establishing the pathogenesis of mucosal biofilms. Here, we summarise some of the main evasion strategies and virulence factors associated with microbial pathogenesis caused by microbial biofilm. For the host cationic antimicrobial peptides (AMPs) to work effectively, AMPs need to gain access to the cytoplasmic membrane of the microbes. In Gram-positive bacteria, the thick peptidoglycan cell wall is cross-linked with lipotechoic acids which serve as a barrier against AMPs, whereas in Gram-negative bacteria AMPs need to penetrate the cell wall, which is largely composed of negatively charged lipopolysacchride. AMP-resistant bacteria are known to increase their net positive surface charge through modifications resulting in electrostatic repulsion of AMP [165]. This prevents access of AMP to the cytoplasmic membrane.

Recent reports by Kang et al. have demonstrated that MSCRAMM of some Gram-positive bacteria can inhibit complement activation of the classical pathway by targeting C1q [166]. Biofilm bacteria of *P. aeruginosa* do not trigger oxidative bursts of polymorphonuclear leukocytes (PMNs) to the same degree as that of planktonic bacteria, thereby halting the activation of immune cells [167–169]. In addition, *P. aeruginosa* biofilms produce the exopolysaccharide alginate, which protects the bacteria from being killed by macrophages [170]. Alginate has also been shown to induce conformational changes to AMP and cause aggregation of the AMP, preventing access to the cytoplasmic membrane [171].

Elastase LasB is an important extracellular virulence factor that regulates the inflammatory response during biofilm formation. Bacterial elastase has been shown to inactivate and degrade LL-37 [172]. The lasB deletion mutant ( $\Delta lasB$ ) displayed significantly decreased bacterial attachment, microcolony formation, extracellular matrix production and biofilm formation [173]. LasB cleaves host protease-activated receptors PAR2 in respiratory epithelial cells [174]. PAR2 signalling is known to regulate host inflammatory responses, particularly in the lung. Recent studies have demonstrated that the loss of PAR2 on neutrophils significantly decreased phagocytic uptake of *P. aeruginosa*, whereas activation of PAR2 caused recruitment of phagocytic machinery such as MAP kinases, Rho-Rac GTPases and actin, probably by acting as a direct phagocytic receptor [175,176]. Hence, the expression of elastase by virulent strains of *P. aeruginosa* could potentially modulate both inflammatory responses and phagocytosis through PAR2 inhibition during chronic biofilm formation.

Modification of neutrophil shape and function is another evasive strategy shown by mucosal biofilms. An interesting study demonstrated that on settling on *P. aeruginosa* biofilms, neutrophils become bloated in shape and partially degranulated. The cells become immobilised and phagocytically inert, showing little or no bactericidal activity [177]. The deposition of neutrophils also increased the oxygen consumption of the system by increasing bacterial respiration and the neutrophil respiratory burst, thereby decreasing the oxidative potential of the system. Overall, the study showed that the host defence becomes compromised as neutrophils remain immobilised with a diminished oxidative potential while biofilm bacteria escape.

Quorum sensing (QS) molecules are signalling molecules produced by bacteria that allow communication between bacteria, enabling them to control population density, regulate biofilm formation and produce virulence factors. As such, these QS molecules play a central role in host invasion and pathogenesis. QS molecules from *P. aeruginosa* infections are known to promote the production of rhamnolipids, which cause rapid cell death in neutrophils [178]. QS molecules such as

3-oxo-C12-homoserine lactone (3-oxo-C12-HSL) induce the transcription of virulence factors including elastase and proteases. Although 3-oxo-C12-HSL concentrations are recorded at submicromolar levels in planktonic culture supernatants of *P. aeruginosa*, they are as high as 600 µM in biofilms [179]. In vitro studies on immune modulation by 3-oxo-C12-HSL revealed that a 10 µM concentration is sufficient to reduce the LPS-induced production of the proinflammatory cytokine IL-12 by monocytes [180]. More recent studies demonstrated that a synthetic form of 3-oxo-C12-HSL can induce morphological changes to human macrophages by acting through the water channels, aquaporins [181]. Other studies showed that this compound induces apoptosis in neutrophils, monocytes [182] and fibroblasts [183], reducing the host immune response. The induction of apoptosis in inflammatory cells would also favour the spread of invading bacteria [184]. Studies have revealed that 3-oxo-C12-HSL could also inhibit cytokine production by T lymphocytes [185–187] and modulate antibody production by B lymphocytes [180,186]. Hence, QS molecules secreted by mucosal biofilms may weaken not only innate immunity, but also the adaptive immunity of the host which results in chronic mucosal biofilm infections. However, more research is warranted to obtain detailed information on the role of QS molecules in mucosal biofilms and immunity [188].

Although production of pro-inflammatory cytokines by immune cells is important to control mucosal biofilm, such locally released factors can also act as biofilmspecific growth factors, promoting their growth [189]. Furthermore, microbial aggregates causing an aberrant immune and inflammatory response can lead to mucosal tissue damage, as in the case of IBD [7]. Another example is the excessive secretion of ROS by neutrophils to combat *P. aeruginosa* infection in the lung, and in the process also resulted in destroying the host tissues [177].

ECM of microbial biofilms can also modify the sequence of events in pathogenesis through its effect on immune cell recognition of microbial cells and antimicrobial host responses. For example, P. aeruginosa ECM consists of alginate that is capable of inhibiting phagocytosis and mediating directed migration of neutrophils in vitro [170,190]. ECM components thereby act as a defence mechanism against immunocompetent cells. Other benefits conferred by the ECM include protection from environmental stresses, controlling host cell behaviour and biofilm resistance to antimicrobial agents. Certain ECM compounds can enhance nutrient availability for the mucosal biofilm community [191]. ECM can also control gene expression in microbial communities. For example, V. Cholerae regulates the expression of its virulent genes by mechano-sensing the viscosity of the gut mucosal environment imparted by ECM. Viscosity induced by ECM is detected by means of its flagellar activity, which in turn translates into the amount of sodium influx and thus gene regulation in V. cholerae [192]. Hence, further insight into the ECM of mucosal biofilms will be essential to develop novel therapeutic strategies against mucosal biofilm-associated infections.

# FUTURE DIRECTIONS FOR MUCOSAL BIOFILM RESEARCH

Much of the existing information on mucosal biofilm physiology and their interactions with the host have been gleaned from *in vitro* models and genetic and molecular biology based approaches. However, biofilm pathogenesis is a complex dynamic process involving the host and the microbe, where the host component largely determines the fate of infection, which is difficult to model in an *in vitro* environment. This necessitates the use of *in vivo* models ranging from non-mammalian models including invertebrates such as Caenorhabditis elegans (nematode) and Drosophila melanogaster (fruit-fly) and vertebrates such as Danio rerio (zebra fish) to murine and higher mammalian models such as monkeys and pigs. Use of *in vivo* models for studying mucosal biofilm infections can be quite challenging owing to the differences in susceptibility among different models and the extent of correlation of the different models with the human host. The environmental differences of the human host versus other mammalian models are also to be accounted for. Animal welfare and ethical concerns impose further restrictions on the usage of these models. Development of ex vivo models allows for an ethical alternative to using in vivo models. But the difficulty of modelling polymicrobial infections and their cost ineffectiveness again make them non-ideal. Concentrated efforts are now being directed towards the development of better in vivo models and cost-effective ex vivo models. Attaining the gold standard platform for modelling host-microbial interactions would significantly advance our understanding of mucosal biofilm biology.

The next major leap in understanding host-mucosal biofilm interactions could come from proteomic or metabolomic investigations of these interactions. Biological hierarchy comprises the genome, proteome and the metabolome, with proteome and metabolome giving the final picture of events occurring within an organism. Understanding the protein or metabolic activity of mucosal biofilms is essential to understanding their pathogenicity. Until recently, technological limitations of both proteomics and metabolomics were impeding progress in this direction. With advanced technologies, large amounts of information are now being gathered and processed in a single attempt to provide the macro view of events. Mucosal biofilm research is now at the imminent juncture of integrative omics platforms, that is, genomics, transcriptomics, proteomics and metabolomics data collected simultaneously and integrated using bioinformatics tools. This type of an integrated platform can help in addressing unanswered queries regarding host-pathogen interactions. Biofilm infections are clinically important because most of them are resistant to conventional antimicrobial therapies. Therefore, research in this area needs to progress with increasingly sophisticated approaches, which would help in designing more potent and less toxic agents. The development of better infection models, assembling post genomic data and integration of multilevel omics data are capable of accelerating pharmacological research in biofilm infections by aiding both drug design and prediction of drug targets.

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# 10 Synbiotics, a Fusion of Probiotics and Prebiotics, and Biogenics against Oral Biofilm-Associated Diseases

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# CONTENTS

Oral Biofilm and Oral Diseases	237
Probiotics	238
Definition and History	238
Clinical Trials of Probiotics on Oral Infectious Diseases	239
In Vivo Animal and In Vitro Studies of Probiotics for Oral Biofilm Infections	239
Antimicrobial Probiotics Products against Oral Pathogens	250
(I) Organic Acids	250
(II) Hydrogen Peroxide	250
(III) Bacteriocins	250
(IV) Low Molecular Weight Antimicrobial Substances	251
Prebiotics	251
Synbiotics	252
Noteworthy Features of Synbiotics Associated with Oral Application	
Biogenics	253
Conclusion	
Corresponding Author	
References	

## ORAL BIOFILM AND ORAL DISEASES

Most oral infectious diseases such as dental caries, periodontitis and oral candidiasis are caused by oral biofilms of bacteria or fungi. Hence, biofilm formation is an important factor in oral infectious diseases. It is important to remove dental plaque mechanically by brushing teeth daily to maintain good oral health. However, mechanical control of a dental plaque biofilm may be difficult under certain circumstances and in populations such as the elderly. Therefore, alternative methods must be explored to ensure good oral health by controlling the pathogenic transformation of oral biofilms.

The indigenous microbiota in the oral cavity plays a role in preventing the invasion of extraneous pathogenic microorganisms. Hence, oral microbiota live in a symbiotic state under healthy conditions. They become pathogenic only under conditions favourable for their overgrowth and cause diseases such as dental caries, periodontitis and oral candidiasis [1]. When the healthy microbial balance collapses (i.e. dysbiosis), oral pathogens can proliferate and cause a typical opportunistic infection. Therefore, oral microbial symbiosis that suppresses the overgrowth of pathogens is important for maintaining a healthy oral ecosystem.

In this regard, probiotics, prebiotics and synbiotics can be considered a potential preventive strategy against oral diseases. Prebiotics have a direct effect on microbial growth as they stimulate the growth of beneficial bacteria and suppress the growth of pathogens in the gastrointestinal tract. Probiotics render a local protective effect against pathogens and a systemic indirect effect on immunological amelioration. Synbiotics are fusion products of prebiotics and probiotics. In this chapter, the potential use and associated limitations of probiotics, prebiotics and synbiotics with respect to the promotion of oral health are discussed. As most of those preventive functions are considered as direct suppression of oral pathogens within oral biofilm, the details of active mode are explained here against representative pathogens of dental caries, periodontitis and candidiasis. We also introduce biogenics, a recent concept derived from the work on probiotics. Biogenics advocates the use of beneficial bioactive substances produced by probiotic bacteria, whose activities are independent from the viability of probiotic bacteria in human bodies.

#### PROBIOTICS

#### **DEFINITION AND HISTORY**

The term '*probiotics*', in contrast to antibiotics, was proposed by Lilly and Stillwell et al. in 1965 [2], from the original ecological term '*probiosis*' used by Kollath et al. in the 1950s [3], meaning a symbiotic relationship between organisms. In 1989, Fuller defined probiotics as 'a live microbial feed supplement which beneficially affects the host animal by improving its intestinal microbial balance' [4]. Hence, at that time, probiotics were intended to be used only for the 'intestinal microbiota'. Subsequent studies revealed the general health benefits of probiotics, such as an enhancement of the human immune system and preventive effects in urinary and respiratory tract infections and allergic or atopic conditions in infants [5]. Hence, probiotics were redefined by Salminen et al. [6] as 'a viable microbial food supplement which beneficially influences the health of the host'. According to the Food and Agriculture Organization/World Health Organization, probiotics are defined as 'live microorganisms when administered in adequate amounts confer a health benefit on the host' [7].

#### CLINICAL TRIALS OF PROBIOTICS ON ORAL INFECTIOUS DISEASES

There has been a gradual increase in the number of studies that focus on the application of probiotics for oral health. A number of clinical studies have already reported promising findings focussed on dental caries and periodontitis [reviewed in 8–11]. For prevention of caries, there were several trials from 2001 to 2015 using lactobacilli or *Bifidobacterium*, and all achieved good results in reducing the number of *mutans* streptococci or Decayed–Missing–Filled (DMF) score (Table 10.1). Some clinical studies have shown the usefulness of probiotics for periodontal diseases (Table 10.2). Krasse et al. [12] reported the recovery effect of gingivitis by administration of *Lactobacillus reuteri*. The trial of Riccia et al. [13] showed the lozenge of *L. brevis* had anti-inflammatory effects on periodontitis. Vivekananda et al. [14] reported that *L. reuteri* DSM 17938 and *L. reuteri* ATCC PTA 5289 reduced the number of *Porphyromonas gingivalis* cells in the oral cavity of periodontitis patients. Ishikawa et al. [15] showed that levels of three of the major periodontal pathogens, *P. gingivalis*, *Prevotella intermedia* and *Prevotella nigrescens*, were significantly reduced by a four-week oral administration of *Lactobacillus salivarius* TI2711 (LS1).

Contrary to research on caries and periodontitis, studies on the use of probiotics for oral candidiasis are sparse (Table 10.3). Ahola et al. [16] and Hatakka et al. [17] conducted double-blinded, randomised clinical trials using probiotic cheese on young healthy adults (18–35 years of age) or elderly populations with some oral health problems such as dry mouth, mucosal lesions and oral pain. When oral carriage of *Candida* was compared with or without intervention of probiotics, there was an observed trend that the probiotics could decrease the quantity of *Candida*. However, the effect was not significant [16] or was small without an improvement in the mucosal symptoms of the aforementioned conditions [17]. On the other hand, studies conducted by Mendonça et al. [18], Ishikawa et al. [19] and Kraft-Bodi et al. [20] reported a slight or moderate improvement of oral candidiasis when patients were treated with probiotics. Dos Santos et al. [21] reported a significant improvement of oral candidiasis on probiotic treatment.

## IN VIVO ANIMAL AND IN VITRO STUDIES OF PROBIOTICS FOR ORAL BIOFILM INFECTIONS

Animal and *in vitro* tests are necessary to select effective probiotic strains and subsequently elucidate the mechanisms of the probiotic effect. However, *in vitro* and animal tests for caries and periodontitis prevention were scarce compared to clinical trials (Tables 10.1 and 10.2). Most of the foregoing studies have only performed screening assays to select or confirm the effective strains, but have not examined the mechanism of action. On the other hand, several *in vivo* animal studies have been performed to examine the effect of probiotics on oral *Candida* infections. However, the results remain controversial. Some reports suggested a local as well as systemic beneficial effect of probiotics on candidiasis [22–24], while others have not observed a positive effect [25]. These diverse observations may result from differences in the administration technique employed. Kojima et al. [26] demonstrated that the key

# TABLE 10.1Summary of Studies That Examined the Anti-Cariogenic Activity of Probioticsagainst Streptococcus mutans

References	Test Strain	Test Design/ Feature Tested	Results
	Clinica	l Studies	
Nase, N. et al. (2001) Caries Res. 35, 412–420	L. rhamnosus GG, ATCC 53103 (LGG) (milk)	Double-blind, placebo-RCT, <i>n</i> = 594, 1–6 years old	Seven-month consumption of probiotic milk reduced caries risk and <i>S. mutans</i> counts.
Ahola, A. J. et al. (2002) Arch Oral Biol. 47, 799–804	L. rhamnosus ATCC 53103 (LGG), LC705 (cheese)	Double-blind, placebo-RCT, <i>n</i> = 74, 18–35 years old	Three-week consumption of probiotic cheese reduced <i>S. mutans</i> and <i>Candida</i> counts.
Caglar, E. et al. (2006) Acta Odontol Scand. 64, 314–318	<i>L. reuteri</i> ATCC 55730 (tablets)	Placebo-controlled, n = 120, 21-24 years old	Three-week consumption of probiotic tablets reduced <i>S. mutans</i> counts.
Stecksen-Blicks, C. et al. (2009) <i>Caries Res.</i> 43, 374–381	L. rhamnosus LB21 milk supplement (10 <sup>7</sup> CFU/ml)	Double-blind, placebo-RCT, <i>n</i> = 248, 1–5 years old	Twenty-one-month consumption of probiotic milk reduced DMF.
Nikawa, H. et al. (2004) <i>Int J Food Microbiol.</i> 95, 219–223	L. reuteri SD2112 (ATCC55730) (yogurt)	Double-blind, placebo-RCT, <i>n</i> = 40, 20 years old	Two-week consumption of probiotic yogurt reduced <i>S. mutans</i> counts.
Lexner, M. O. et al. (2010) Oral Health Prev Dent. 8, 383–388	L. rhamnosus LB21 (milk)	Double-blind, placebo-RCT, $n =$ 18, 14.5 years old	Two-week consumption of probiotic milk did not reduce <i>S. mutans</i> counts of caries in active adolescents.
Singh, R. et al. (2011) Acta Odontol Scand. 69, 389–394	<i>B. lactis</i> Bb-12 ATCC27536, <i>L. acidophilus</i> La-5 (ice-cream)	Double-blind, placebo-cross-over, CT, $n = 40$ , 12–14 years old	Ten-day consumption of probiotic ice-cream reduced <i>S. mutans</i> counts.
Jindal, G. et al. (2011) <i>Eur Arch Paediatr Dent.</i> 12, 211–215	L. rhamnosus, Bifidobacterium spp., Bacillus coagulans	Double-blind, placebo-RCT, $n =$ 150, 7–14 years old	Two-week consumption of probiotic bacterial suspension reduced <i>S. mutans</i> counts.
Taipale, T. et al. (2012) <i>Caries Res</i> . 46, 69–77	<i>B. animalis</i> subsp. <i>lactis</i> BB-12 (tablets)	Double-blind, placebo-RCT, <i>n</i> = 106 infants	Average 15-month consumption of probiotic tablets did not allow the colonization of probiotics in 1–2-month-old infants,

(Continued)

but reduced the colonization of *S. mutans*.

## TABLE 10.1 (CONTINUED)

# Summary of Studies That Examined the Anti-Cariogenic Activity of Probiotics against *Streptococcus mutans*

0 1		T (D ' (	
References	Test Strain	Test Design/ Feature Tested	Results
Campus, G. et al. (2013) <i>Clin Oral Invest</i> . doi: 10.1007/s00784 -013-0980–9	L. brevis CD2 (lozenge)	Double-blind, placebo-RCT, $n =$ 191, 6–8 years old, dental caries in active children	Three- and six-week consumption of probiotic lozenge reduced <i>S. mutans</i> counts, acidity in plaque and breeding on proving (BOP).
Burton, J. P. et al. (2013) J Med Microbiol. 62, 875–884	S. salivarius M18 (lozenge)	Double-blind, placebo-RCT, $n =$ 100, dental caries in active children, 5–10 years old	Three-month consumption of probiotic reduced <i>S.</i> <i>mutans</i> counts.
Taipale, T. et al. (2013) <i>Caries Res.</i> 47, 364–372	<i>B. animalis</i> subsp. <i>lactis</i> BB-12 (tablets)	Double-blind, placebo-RCT, $n =$ 106, 1–2-months- old infants	Two-year consumption with a spoon or pacifier during period of eruption of primary teeth reduced <i>S. mutans</i> counts. Permanent colonization of probiotics in the oral cavity was not observed.
Ashwin, D. et al. (2015) J Clin Diagn Res. 9. doi: 10.7860/JCDR/2015 /10942.5532	Bifidobacterium lactis Bb-12, L. acidophilus La-5 (ice-cream)	Double-blind, placebo-RCT, $n =$ 60, 6–12 years old	Seven-day consumption of probiotic ice-cream reduced <i>S. mutans</i> counts for 30 days.
	Anim	al Tests	
Tanzer, J. M. et al. (2010) J Dent Res. 89, 921–926	L. paracasei DSMZ16671	Evaluation in caries model rats, 21 days old. Toxicity and mutagenesis tests were carried out with heat-killed probiotics.	Caries score of rats after <i>S. mutans</i> inoculation for three and six weeks was reduced in the heat-killed probiotic consumption group, without toxicity nor mutagenicity.
	In Vit	ro Tests	
Nikawa, H. et al. (2004) <i>Int J Food Microbiol.</i> 95, 219–223	L. reuteri SD2112 (ATCC55730)	Growth inhibitory test of <i>S. mutans</i> and demineralizing test of probiotics on hydroxyapatite	Probiotics inhibited the viability and demineralizing activity of <i>S. mutans</i> .

# TABLE 10.1 (CONTINUED) Summary of Studies That Examined the Anti-Cariogenic Activity of Probiotics against *Streptococcus mutans*

		Test Design/	_
References	Test Strain	Feature Tested	Results
Kang, M. S. et al. (2011) J Microbiol. 49, 193–199	· · · · · · · · · · · · · · · · · · ·	KCTC 3594 and KCTC d L. reuteri KCTC 3679	Probiotic strains produced $H_2O_2$ and a bacteriocin- like compound inhibited <i>S. mutans</i> biofolm formation.
Soderling, E. M. et al. (2011) <i>Curr Microbiol</i> , 62, 618–622	SD2112 (ATCC S	(ATCC 53103), L. reuteri 55730), L. reuteri ATCC ntarum 299v (DSM	Probiotic strains inhibited <i>S. mutans</i> biofolm formation with low pH dependency.
Teanpaisan, R. et al. (2011) <i>Lett Appl</i> <i>Microbial</i> . 53, 452–459	L. fermentum [19 L. casei [20], L. g rhamnosus [14], mucosae [12], L.	species of oral isolates; [5], <i>L. salivarius</i> [53], gasseri [18], <i>L.</i> <i>L. paracasei</i> [12], <i>L.</i> <i>oris</i> [12], <i>L. plantarum</i> [10], totally 357 strains	The highest inhibitory activity on <i>S. mutans</i> and <i>S. sobrinius</i> viability and biofilm formation activity was shown in five species of <i>L.</i> <i>paracasei</i> , <i>L. plantarum</i> , <i>L. rhamnosus</i> , <i>L. casei</i> , and <i>L. salivalius</i> .
Saha, S. et al. (2014) Benef Microbes. 5, 447–460	NCIMB 8829, <i>L</i> . NCIMB 701359,	MB 5221, NCIMB 2797, <i>reuteri</i> NCIMB 701089, NCIMB 702655, NCIMB 11951, <i>L</i> . C 314	Four strains of <i>L. reuteri</i> reduced <i>S.mutans</i> below the detection limit (<10 CFUs/mL). One strain of <i>L. fermentum</i> was buffered by saliva and coaggregated with <i>S. mutans</i> .
Kojima, Y. et al. (2016) <i>J Oral Biosci.</i> 58, 27–32.	L. fermentum, L. plantarum, L. casei, L. paracasei, per 12 species (40 strains)	Inhibition assays of insoluble glucan production by <i>S. mutans</i> with lactobacilli culture supernatant	Five strains were selected as candidates for probiotics to reduce biofilm formation of <i>S.</i> <i>mutans</i> .

# TABLE 10.2 Summary of Studies That Examined Probiotic Activity against Periodontal Pathogens

References	Test Strains	Test Design/ Feature Tested	Results
	Clir	nical Studies	
Ishikawa, H. et al. (2003). J Jpn Soc Periodontol. 45, 105–112.	L. salivarius TI2711 (LS1) (tablet: $2 \times 10^7$ CFUs, $1 \times 10^8$ CFUs)	RCT, <i>n</i> = 78, 22–62 years old	Probiotic tablet consumption for 8 weeks reduced black-pigmented anaerobic rods (BPAR), but not reduced salivary pH.
Vivekananda, M. R. et al. (2004) <i>Int J</i> <i>Food Microbiol</i> . 95, 219–223	L. reuteri Prodentis ( $1 \times 10^8$ CFUs DSM17938 + $1 \times$ $10^8$ CFUs ATCC PTA 5289)	Placebo-RCT, <i>n</i> = 30, 34–50–year-old periodontitis patients	Probiotics intervention for 3 weeks reduced plaque index, inflammation, and counts of periodontal pathogens.
Krasse, P. et al. (2005) <i>Swed Dent</i> <i>J</i> . 30, 55–60	L. reuteri (chewing gum: 1 × 10 <sup>8</sup> CFUs LR-1 or LR-2)	Double-blind placebo-RCT, $n = 59$ of gingivitis patients	After 2 weeks of intervention, gingival inflammation of LR-1 group was reduced.
Riccia, D. N. et al. (2007) <i>Oral Dis.</i> 13, 376–385	L. brevis CD2 (lozenge)	Double-blind paired-comparison study, chronic periodontitis patient n = 21, 30-51 years old, age-matched healthy control, $n = 8$	The clinical parameters were ameliorated and inflammation parameter (metalloproteinase, nitric oxide synthase (NOS) activity, IgA, prostaglandin $E_2$ (PGE <sub>2</sub> ), $\gamma$ -interferon (IFN- $\gamma$ )) in saliva was decreased.
Twetman, S. et al. (2008) Acta Odontol Scand. 1–6	L. reuteri (ATCC55730, ATCC PTA5289) 1 × 10 <sup>8</sup> CFUs/ (chewing gum)	Double-blind, placebo-RCT, $n = 42$ , average 24 years old, moderate gingivitis patients	After 2-week consumption, the clinical parameters were ameliorated and TNF- $\alpha$ and IL-8 levels among inflammatory cytokines of gingival crevicular fluid (GCF) were decreased.
Mayanagi, G. et al. (2009) <i>J Clin</i> <i>Periodontol.</i> 36, 506–513	<i>L. salivarius</i> WB21 (tablets)	Double-blind, placebo-RCT, $n = 66$ , average 44.9 years old, healthy volunteer	Counts of periodontal pathogen of <i>A. actinomycetemcomitans,</i> <i>P. intermedia, P. gingivalis,</i> <i>T. denticola, T. forsythia</i> were reduced by probiotic oral administration for 8 weeks.

# TABLE 10.2 (CONTINUED) Summary of Studies That Examined Probiotic Activity against Periodontal Pathogens

References	Test Strains	Test Design/ Feature Tested	Results
Staab, B. et al. (2009) <i>J Clin</i> <i>Periodontol.</i> 36, 850–856	<i>L. casei</i> Shirota (milk beverage)	Parallel-designed, non-blinded, $n = 50$ , 24.4 years old, dental and medical students	After 8-week consumption, the clinical index was not changed, but estelase, MMP-3 and MPO activities of PML were reduced.
Slawik, S. et al. (2011) Eur J Clin Nutr. 65, 857–863	<i>L. casei</i> Shirota (milk beverage)	Single-blind CT, <i>n</i> = 28, healthy volunteer	After 4-week consumption, clinical parameters of BOP and GCF volume were reduced.
Teughels, W. et al. (2013) <i>J Clin</i> <i>Periodontol</i> . 40, 1025–1035	L. reuteri DSM17938, ATCC PTA5289 (lozenge)	Double-blind, placebo-controlled, parallel-arm CT, <i>n</i> = 30, chronic periodontitis patients	After 12-week consumption, clinical parameters were reduced including probing depth.
	Ai	nimal Tests	
Hillman, J. D. et al. (1988) <i>Arch Oral</i> <i>Biol.</i> 33, 395–401	<i>S. sanguinis</i> KJ3sm	Gnotobiotic rat model, parallel, open-label, placebo-controlled	Administration of probiotics with H <sub>2</sub> O <sub>2</sub> production ability reduced the <i>A. actinomycetemcomitans</i> level on rat teeth.
Teughels, W. et al. (2007) <i>J Dent Res.</i> 86, 1078–1082	S. salivarius, S. mitis, S. sanginis	Injection of mixed probiotics to gingival pockets of model beagle dogs, split-mouth, RT, $n = 8$	Administration of mixed probiotics for 4 weeks reduced the gingivitis level and amount of black pigmented anaerobes.
Nackaerts, O. et al. (2008) <i>J Clin</i> <i>Periodontol.</i> 35, 1048–1052	S. salivarius, S. mitis, S. sanginis	Split-mouth, double-blind RT, <i>n</i> = 8 male beagle dogs	Administration of mixed probiotics for 4 weeks improved bone density in 12 weeks.
Nagaoka S. et al. (2009) J. Oral Biosci. 54, 224–229	Bifidobacterium adolescentis OLB6398, OLB6410, KH96	Hamster periodontitis model by infection of <i>P. gingivalis</i> around ligatured molars, open-label, placebo-controlled	Probiotic <i>B. sdolescentis</i> reduced <i>P. gingivalis</i> colonisation but not significantly.

# TABLE 10.2 (CONTINUED) Summary of Studies That Examined Probiotic Activity against Periodontal Pathogens

References	Test Strains	Test Design/ Feature Tested	Results
	In	Vitro Tests	
Ishikawa, H. et al. (2003). J Jpn Soc Periodontol. 45, 105–112	L. salivarius TI2711 (LS1)	Coculture test	The periodontal pathogens ( <i>P. gingivalis</i> , <i>P. intermedia</i> , <i>P. nigrescens</i> , 10 <sup>8</sup> CFUs) died within 24 h.
Koll-Klais, P. et al. (2005) <i>Oral</i> <i>Microbiol Immunol.</i> 20, 354–361	Ten species including L. gasseri, L. fermentum, L. plantarum, L. paracasei, L. rhamnosus, L. salivarius	Antibacterial activity against cariogenic and periodontal pathogen was determined.	A total of 238 strains of lactobacilli were isolated and 69% of them inhibited <i>S. mutans</i> , 88% inhibited <i>A. actinomycetemcomitans</i> , 82% inhibited <i>P. gingivalis</i> and 65% inhibited <i>P. intermendia</i> .
Jones, S. E. (2009) BMC Microbiol. 9. doi: 10.1186/1471– 2180-9-35	<i>L. reuteri</i> ATCC PTA 6475, ATCC PTA 5289, ATCC 55730, CF48–3A	Leuterin producing level in <i>L. reuteri</i> was determined. TNF level of human monocyte stimulated by LPS was determined.	Producing activity of reuterin, an antibiotic factor of <i>L. reuteri</i> , and regulatory activity of TNF level of <i>L. reuteri</i> increased biofilm formation.
Teanpaisan, R. et al. (2011) <i>Lett Appl</i> <i>Microbiol.</i> 53, 452–459	Ten species, <i>L. fermentum</i> [195], <i>L. salivarius</i> [53], <i>L. casei</i> [20], <i>L. gasseri</i> [18], <i>L. rhamnosus</i> [14], <i>L. paracasei</i> [12], <i>L. mucosae</i> [12], <i>L. oris</i> [12], <i>L. plantarum</i> [11], <i>L. vaginolis</i> [10], totally 357 strains	Inhibitory zone formation assay on agar plates	Most strains of oral lactobacilli suppressed the growth of periodontal pathogens ( <i>P. gingivalis</i> , <i>A. actinomycetemcomitans</i> ), and cariogenic bacteria ( <i>S. mutams</i> , <i>S. sobrinus</i> ) in a biofilm model.
Riccia, D. N. et al. (2007) <i>Oral Dis.</i> 13, 376–385	L. brevis CD2 lozenge	Wistar rats macrophage stimulated by LPS was used in <i>in vitro</i> culture test.	With <i>L. brevis</i> culture supernatant, releasing levels of PGE <sub>2</sub> and MMP9 of macrophage were decreased.
Kawai, T. et al. (2016) <i>J Prob</i> <i>Health</i> . 4. 1000135	L. plantarum [122], L. fermentum ALAL020 out of 50 strains	MIC assay and active component was purified with HPLC/ LC-MS.	Antibacterial constituents against <i>P. gingivalis</i> were sodium lactate and a low molecular weight substance.

# TABLE 10.3Summary of Studies That Examined the Antifungal Activity of Probioticsagainst Candida albicans

References	Test Strains	Test Design/ Feature Tested	Results
	Clin	ical Studies	
Ahola, A. J. et al. (2002) Arch. Oral Biol. 47, 799–804	L. rhamnosus GG/ LS8 (cheese)	Intervention with cheese, double-blind placebo-RCT	Reduction in the risk of a high level of <i>Candida</i>
Hatakka, K. et al. (2007) <i>J Dent Res.</i> 86, 125–130	L. lactis, L. helveticus, L. rhamnosus GG, P. freudenreichii (cheese)	Intervention of an elderly group with cheese for 16 weeks, Double-blind randomised placebo trial (tested group, $n = 136$ ; control group, $n = 140$ )	10% reduction of the high <i>Candida</i> count rate in the tested group (after 16-week intervention)
dos Santos, A. L. et al. (2009) <i>Braz J</i> <i>Microbiol</i> . 40, 960–964	L. casei. B. breve (commercial probiotic drink)	No control group, 26 individuals, intervention with a commercial probiotic drink for 20 days	Reduction of the <i>Candida</i> carrying rate, reduction of the sIgA level
Mendonça, F. H. et al. (2012) <i>Braz Dent J.</i> 23, 534–538	L. casei, B. breve (commercial probiotic drink)	No control group, 42 individuals older than 65 years of age Intervention with a commercial probiotic drink for 30 days	Decrement of <i>Candida</i> prevalence, increment of sIgA level
Sutula, J. et al. (2013) Microb Ecol Health Dis. 24, 21003	<i>L. casei</i> (commercial probiotic drink)	No control group, 22 healthy individuals approximately 32 years of age Intervention with a commercial probiotic drink for 4 weeks	No reduction of the <i>Candida</i> CFU, reduction of the halitosis score; did not detect <i>L. casei</i> after tests
Ishikawa, K. H. et al. (2015) <i>J. Prosthodont</i> . 24, 194–199	L. rhamnosus, L. acidophilus, B. bifidum	Double-blind randomised trial (tested group, <i>n</i> = 30, control group, <i>n</i> = 29) Intervention with trial probiotic products for 5 weeks	Reduction of the <i>Candida</i> carrying rate in the tested group
Kraft-Bodi, E. et al. (2015) <i>J Dent Res.</i> 94, 181–186	L. reuteri (lozenges)	Double-blind placebo- RCT, elderly individuals living in a nursing home (tested group, $n = 84$ ; control group, $n = 90$ ) Intervention with probiotic lozenges	Improved the <i>Candida</i> score

# TABLE 10.3 (CONTINUED)Summary of Studies That Examined the Antifungal Activity of Probioticsagainst Candida albicans

References	Test Strains	Test Design/ Feature Tested	Results
	Ani	mal Studies	
Wagner, R. D. et al. (1997) <i>Infect Immun.</i> 4165–4172	L. acidophilus, L. reuteri, L. casei, B. animalis	Oral candidiasis model in immunodeficient <i>bg/</i> <i>bg-nu/nu</i> mice Estimated by the CFUs and pathological examinations	Increased the life expectancy in the tested group
Elahi, S. et al. (2005) <i>Clin Exp Immun</i> . 141, 29–36	L. acidophilus, L. fermentum	<i>Candida</i> infection model using male DBA/2 mice (H-2d), 6–8 weeks of age Oral administration of probiotics	Reduction in the duration of <i>Candida</i> colonisation in the tested group
Matsubara, V. H. et al. (2012) <i>Oral Dis.</i> 18, 260–264	L. acidophilus, L. rhamnosus	DBA/2 murine oral <i>Candida</i> infection model. Control group was treated with nystatin; tested group was treated with probiotics.	Reduction of the <i>Candida</i> level in the tested group compared with the control group
Zavisic, G. et al. (2012) <i>Braz J</i> <i>Microbiol.</i> 418–428	L. plantarum, L. casei	Wister rats and NMRI Ham laboratory mice	Did not show an inhibition in <i>C. albicans</i> growth
Ishijima, S.A. (2012) Appl. Environm. Microbiol. 78, 190–199	S. salivarius	ICR mice, oral candidiasis model	Probiotics were not fungicidal, but inhibited <i>Candida</i> adhesion
	In	Vitro Tests	
Chung, T. C. et al. (1989) <i>Microbial</i> <i>Ecol Health Dis</i> 2, 137–144	L. reuteri	MIC assay using partially purified reuterin	Reuterin, an antimicrobial substance with broad-spectrum effects, led to the reduction of <i>C. albicans block</i>
Koll, P. et al. (2008) Oral Microbiol Immunol. 23, 139–147	L. plantarum, L. paracasei, L. salivarius, L. rhamnosus	Antimicrobial activity was detected using the antagonism method.	Did not show an inhibition in <i>C. albicans</i> growth

# TABLE 10.3 (CONTINUED)Summary of Studies That Examined the Antifungal Activity of Probioticsagainst Candida albicans

References	Test Strains	Test Design/ Feature Tested	Results
Kohler, G. A. et al. (2012) Infect Dis. Obstet. Gynecol. ID 636474	L. rhamnosus, L. reuteri	Antimicrobial activity was detected using an overlay plate or coculture assay. The genome-wide transcriptional profile of <i>C. albicans</i> was assayed with a cDNA microarray.	<i>C. albicans</i> was antisepticized by inhibition of the metabolic activity under low pH.
Hasslof, P. et al. (2010) BMC Oral Health. 10, 18	L. plantarum, L. rhamnosus GG, L. paracasei, L. reuteri, L. acidophilus	Agar overlay interference tests	<i>Candida</i> growth was reduced; however, the effect was generally weaker than for <i>mutans</i> streptococci.
Jiang, Q. et al. (2014) <i>Benef Microbes</i> 6, 361–368	L. rhamnosus GG, L. casei Shirota, L. reuteri SD2112, L. brevis CD2, L. bulgaricus LB86, L. bulgaricus LB Lact	Estimated the inhibition effect by coculture test under different pH conditions and the combination of saccharides using EIR.	Inhibition capacity differed in the probiotic strains, <i>L. rhamnosus</i> GG showed the strongest inhibition effects against <i>C. albicans</i> , followed by <i>L. casei</i> <i>Block</i> , <i>L. reuteri</i> SD2112 and <i>L.</i> <i>brevis</i> CD2.
Shokryazdan, P. et al. (2014) <i>BioMed Res</i> <i>Int.</i> ID 927268	L. acidophilus, L. buchneri, L. casei, L. fermentum	Coculture test with 12 pathogenic microorganisms	The active substance was organic acid.
Kheradmand, E. et al. (2014) <i>DARU J.</i> <i>Pharm Sci.</i> 22:48	L. johnsonii, L. plantarum	After selenium treatment, the antimicrobial effects improved.	The active substances were exometabolites or novel anti- <i>Candida</i> compounds.
Kojima, Y. et al. (2016) <i>J Oral Biosci.</i> 58, 27–32.	L. fermentum, L. plantarum, L. paracasei per 12 species (40 strains)	Coculture and growth inhibition assays of <i>C. albicans</i> with lactobacilli culture supernatant or saccharides	Three saccharides and five strains became candidates for pre- and probiotics, respectively.

# TABLE 10.3 (CONTINUED)Summary of Studies That Examined the Antifungal Activity of Probioticsagainst Candida albicans

		Test Design/	
References	Test Strains	Feature Tested	Results
Jiang, Q. et al. (2016) <i>BMC Microbiol</i> . 16, 149.	L. rhamnosus GG	Coculture test with five oral pathogens and scanned with confocal laser scanning microscopy using an <i>in</i> <i>vitro</i> biofilm model	<i>L. rhamnosus</i> GG slightly suppressed the growth of <i>C. albicans</i> in all groups.
James, K. M. et al. (2016) <i>J. Med</i> <i>Microbiol.</i> 65, 328–336	L. plantarum SD5870, L. helveticus CBS N116411, S. salivarius DSM 14685	Coculture test of probiotics and <i>C. albicans</i> and inhibitory test with <i>Lactobacillus</i> cell supernatants using an <i>in vitro</i> biofilm model	When live probiotics or their supernatants were overlaid on preformed <i>C. albicans</i> biofilms, biofilm size was reduced and expression of certain genes involved in the yeast–hyphae transition was disrupted.
Matsubara, V. H. et al. (2016) <i>Appl</i> <i>Microbiol Biotechnol.</i> 1–12.	L. rhamnosus, L. casei, L. acidophilus	Coculture test with probiotics on the <i>C. albicans</i> and inhibitory test with <i>Lactobacillus</i> cell culture supernatants. The morphology was visualised by CLSM and SEM.	Microscopic analyses revealed that <i>L. rhamnosus</i> suspensions reduced <i>Candida</i> hyphal differentiation, leading to a predominance of budding growth.

factor for the effectiveness of probiotics may be the selection of an appropriate strain that works against *Candida*.

Previous studies on probiotics have used a diverse set of *lactobacilli* spp. The genome size of the genus *Lactobacillus* ranges from 1.23 to 4.91 Mb and the GC content spans 31.9–57.0% among different species [27]. In addition, the properties of strains within the same species of *Lactobacillus* have been shown to vary [28,29]. Some of these studies have selected probiotic *Lactobacillus* strains that are known to confer intestinal health benefits and assumed a similar beneficial effect on oral infections. Therefore, it is important to demonstrate the *in vitro* activity of a probiotic strain against oral pathogens and subsequently select an efficient strain for *in vivo* and clinical studies. Such studies are few and shown in Tables 10.1 through 10.3.

### ANTIMICROBIAL PROBIOTICS PRODUCTS AGAINST ORAL PATHOGENS

Studies of probiotics on intestinal health have revealed several antibacterial substances produced by lactic acid bacteria: (I) organic acids such as lactic and acetic acids, (II) hydrogen peroxide, (III) bacteriocins [30–32] and (IV) low molecular weight antimicrobial substances.

### (I) Organic Acids

There have been several reports on the antibacterial effects of lactobacilli against P. gingivalis [33,34]. Matsuoka et al. [35] showed that L. salivarius TI2711 had antibacterial activity against P. gingivalis and suggested that the antibacterial substance of the strain was lactic acid. Kang et al. [36] also reported the antimicrobial activity of L. reuteri against oral pathogens such as P. gingivalis, Tannerella forsythia, Aggregatibacter actinomycetemcomitans, Fusobacterium nucleatum and S. mutans was attributable to lactic acid. Furthermore, Takahashi et al. [37] reported that P. gingivalis was acid sensitive and that P. gingivalis proliferation was inhibited at a pH  $\leq$  6.5. However, it is possible that low pH conditions in the oral cavity may induce caries or hypersensitivity. In our study [38], an antibacterial test of lactobacilli culture supernatants against P. gingivalis was performed after the pH was adjusted to 7 with sodium hydroxide to exclude the influence of pH. Despite the neutral pH of the L. plantarum 122 and L. fermentum ALAL020 culture supernatants, both strains strongly inhibited the growth of *P. gingivalis*. These results indicate that sodium lactate, a neutralised form of lactic acid, also has antibacterial properties. The minimum inhibitory concentration (MIC) of sodium lactate against type strain of P. gingivalis ATCC33277 was 2%. This result is in line with the findings of Matsuoka et al. [35]. Probiotic lactobacilli coaggregate with Candida and produce antimicrobial substances that have a direct growth inhibitory effect on *Candida*. Under aggregating situation, lactobacilli universally produce lactic acid that inhibits the metabolic activity of *Candida* spp. [39], which has a weak antifungal activity [40].

#### (II) Hydrogen Peroxide

Hydrogen peroxide  $(H_2O_2)$  is produced by most lactobacilli in the presence of oxygen. As lactobacilli do not produce catalase,  $H_2O_2$  does not undergo auto-degradation. It has a broad-spectrum effect on planktonic bacteria, but the effect decreases drastically on biofilm [41]. It appears that lactobacilli do not produce effective concentrations of  $H_2O_2$  against fungi [42], unlike other bacteria [31].

#### (III) Bacteriocins

Lactic acid bacteria produce bacteriocins, proteinaceous antimicrobial substances with molecular weights of several thousand daltons or more. Bacteriocins can be divided into five classes according to their primary structure, molecular composition and properties [43,44], but recently a simpler classification into three groups has been suggested [45]. However, reports of bacteriocins produced by lactic acid bacteria against *S. mutans* and *P. gingivalis* are scarce. The two-peptide lantibiotic lactin 3147 has a broad spectrum including *S. mutans* [45]. A 56-kDa novel bacteriocin

produced by *L. paracasei* HL32 inhibits the growth of periodontal pathogens including *P. gingivalis* [46]. Bacteriocin L23 produced by *Lactobacillus fermentum* L23 [44], plantaricin produced by *L. plantarum* [47] and pentocin TV35b produced by *L. pentosus* [48] appear to be effective against the yeast form of *Candida*. Bacteriocins effective for hyphal forms of *Candida* have been identified infrequently [49,50]. For instance, brevicin SG1 produced by *L. brevis* [51] and nisin broduced by *Lactococcus lactis* [52] inhibited the hyphal growth of *C. albicans*.

#### (IV) Low Molecular Weight Antimicrobial Substances

Reuterin, an antibacterial substance (also known as 3-hydroxypropionaldehyde; molecular weight, 74 Da; composition formula,  $C_3H_6O_2$ ), is a product of glycerol fermentation which has been seen in several probiotic bacteria. These probiotic bacteria include *L. reuteri* [53], *L. brevis*, *L. buchneri* [54] and *L. collinoides* [55]. Under anaerobic conditions, *L. coryniformis* [56] also produces a low molecular weight antimicrobial substance that does not contain amino acids [57]. Reuterin was found to exert its antibacterial effects by causing oxidative stress within bacterial cells [58]. In addition to reuterin, low molecular substances produced by lactobacilli, reutericyclin [59] and dyacetyl [60], have also been shown to be effective against the yeast forms of *Candida* [61].

#### PREBIOTICS

The term *prebiotics* was defined by G. R. Gibson and M. B. Roberfroid in 1995 [62] as 'a non-digestible food ingredient that beneficially affects the host by selectively stimulating the growth and/or activity of one or a limited number of bacteria in the colon, and thus improves host health'. Studies on oral prebiotics are limited. Sugars and dietary fiber have been considered to be prebiotics for intestinal lactic acid bacteria [62]. However, this is not the case for the oral environment, as the presence of sugars is thought to increase the risk of dental caries. The *mutans* group of streptococci, the major cariogenic pathogen associated with dental caries, metabolises cariogenic sugars, such as glucose and sucrose, and produces organic acid and insoluble glucan substrate that contribute to dental caries.

On the contrary, sugar alcohols such as xylitol suppress the growth of *S. mutans*. Xylitol, a reduced derivative of xylose, converts to xylitol-5-phosphate inside *S. mutans* cells and inhibits glycolysis. Similarly, arabinose, a member of the same aldopentose group as xylose, is not assimilated by *S. mutans* [63] and likely has an effect similar to that of xylitol. We recently demonstrated that xylitol, xylose and arabinose inhibited the growth of *S. mutans*, but were utilised for the growth of several lactobacilli strains we tested [26]. Although xylitol is generally not assimilated by lactobacilli, a recent report showed that 36% of lactobacilli strains isolated from human oral cavities were able to metabolise xylitol [64].

Our previous data on *C. albicans* type strain ATCC18804 showed decreased growth in the presence of three saccharides (xylitol, xylose and arabinose) compared with glucose [26]. There are conflicting reports on the ability of *C. albicans* to assimilate xylitol and aldopentose. Makinen et al. [65] and Maleszka and Schneider [66] showed that *C. albicans* is not capable of proper growth in the presence of

xylitol. Uittamo et al. [67] suggested that xylitol metabolism of *Candida* might compete for the nicotinamide adenine dinucleotide (NADH) coenzyme, leading to the down-regulation of alcohol dehydrogenase (ADH). Clinical trials in Turku sugar studies showed significantly decreased colony counts and detection frequency of oral *Candida* in the xylitol intake group [68,69]. On the other hand, yeast is known to possess a pentose assimilation pathway that produces ethanol from arabinose and xylose by an enzymatic reaction [70,71]. Even if *Candida* is capable of slowly assimilating those three candidate sugars, the slower growth compared to that of probiotic bacteria may have a competitive inhibition on *Candida*. The presence of xylitol inhibits the adhesion of *Candida* to mucosal surfaces [72,73]. In an experimental murine model of gastrointestinal candidiasis, the colonisation and invasion of *C. albicans* was significantly reduced in the group supplemented with xylitol compared to the group supplemented with glucose [74].

Most of periodontal pathogens gain nutrients from cervical fluids, which are a serum leaked through capillary vessels located in gingival tissue. The main constituent is a proteinaceous component rather than carbohydrates or sugar. Moreover, *P. gingivalis*, the centerpiece of periodontal bacteria, cannot live under low-pH conditions [37] in the presence of organic acids produced by sugar-assimilating bacteria such as lactobacilli. Therefore, prebiotics directly affecting periodontal pathogens metabolically may not be applicable, but activating the inhibitory effect of probiotics on periodontal pathogens will be applicable for periodontal disease.

#### **SYNBIOTICS**

#### NOTEWORTHY FEATURES OF SYNBIOTICS ASSOCIATED WITH ORAL APPLICATION

Gibson and Roberfroid [62] proposed the use of probiotic and prebiotic fusion products, or 'synbiotics', for the intestinal tract microbiota [75]. However, the use of synbiotics for the oral microbiota has not been well studied [26]. It is important to understand the limitations associated with the oral application of synbiotics. Probiotic bacteria are not able to colonise adult oral cavities easily [29,76]. Therefore, it appears that synbiotics are more effective for oral applications than probiotics alone. One must, however, consider the risk of dental caries while applying lactic acid bacteria in the oral cavity. Lactobacilli have long been considered to be one of the cariogenic bacteria present in dental plaque [77]. Currently, there are two concepts regarding the association of lactobacilli with dental caries. Lactobacilli comprise a very small proportion of normal oral microbiota and are present primarily on the tongue dorsum, rather than in dental plaque [78]. However, they are hardly detected in the oral cavity of caries-free individuals [79]. The lactobacilli count in the saliva is an indicator of the dental caries activity because lactobacilli penetrate porous tooth surfaces in early caries lesions or adhere to type I collagen of dentine exposed in the carious portion of the tooth [27]. As the salivary lactobacilli count correlates with the amount and frequency of carbohydrate (sugar) intake [80,81], the presence of lactobacilli is a reliable indicator for the dental caries activity [82]. Therefore, if one can maintain good oral hygiene, oral probiotic therapy with lactobacilli alone may not contribute to the development of dental caries. In addition, if appropriate prebiotics are administered simultaneously, then synbiotic therapy may suppress the development of oral candidiasis.

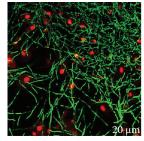
Another important consideration for synbiotic therapy is to recognise the difference in the host immune response of the intestine and the oral cavity. The host immune response is directly associated with the onset and severity of periodontitis and candidiasis. Whereas activation of a substantial host immune response can be expected in the intestine, a similar phenomenon is not expected in the oral cavity, as it is not an organ of mucosa-associated lymphoid tissues (MALT). In the intestine, probiotic bacteria are incorporated into M cells in Peyer's patches (PP), which are a major component of gut-associated lymphoid tissues (GALT), and digested to form active antigens. Macrophages and dendritic cells in PP phagocytise probiotic bacteria and are activated to produce several cytokines, which stimulate T-cell and B-cell functions [83]. Moreover, daily supplementation of lactobacilli as part of the normal diet increase the number and activity of natural killer cells in healthy elderly individuals [29]. Thus, synbiotics in the intestinal tract can be expected to activate both innate immunity and acquired immunity of cell-mediated and humoral immunity. Conversely, the oral cavity is not an immune organ and phenomena such as direct antigen presentation to adaptive immune cells does not occur. Nevertheless, some probiotic clinical trials and animal studies using oral disease models have reported the reduction of inflammatory response and allergic reaction in periodontitis (Table 10.2) or an increase of sIgA against Candida, leading to the suppression of Candida in the oral cavity [18,22,23]. It is well known that secretion of sIgA from the salivary gland is through differentiated plasma cells from B cells stimulated at MALT. According to the results of clinical and animal studies described earlier, oral synbiotics appear to transition into intestinal synbiotics, as the oral cavity is connected to the intestine. Children who were carriers of oral lactobacilli were found to have similar lactobacilli in their feces [27]. Hence, it appears that the intestinal colonisation of lactobacilli is transmitted through the oral cavity, which may provide simultaneous synbiotic activity at the oral cavity and the intestine.

#### BIOGENICS

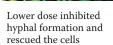
Previous studies have highlighted the limitation of colonisation and fixation of nonnatural probiotic bacteria in the intestinal tract [84]. This phenomenon of transiency but not permanency in colonisation is also relevant for the probiotic application in oral cavities [85–87]. Even if we are able to address the restriction of colonisation of probiotic bacteria in the oral cavity, it comes with a risk of dental caries due to a potential acidic environment generated by probiotic bacteria. To address the aforementioned concerns, the concept of 'biogenics' has been suggested as a solution [88]. Biogenics is defined as 'food ingredients which beneficially affect the host by directly immunostimulating or suppressing mutagenesis, tumorigenesis, peroxidation, hypercholesterolemia or intestinal putrefaction' [88]. Hence, previous studies have suggested the administration of nonviable probiotic bacteria to obtain some 'probiotic' effects. It was reported that the consumption of pasteurised fermented milk increased the lifespan of mice [89,90]. A significant reduction of the Ehrlich ascites tumor growth in mice was also reported [90]. In addition, it was

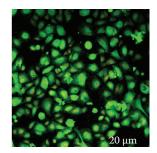
shown that heat-inactivated Enterococcus faecalis [91] or L. gasseri [92] retained a beneficial regulatory function in the gut. Moreover, Nakamura et al. [93] identified an angiotensin I-converting enzyme (ACE) inhibitor in a Japanese sterilised milk beverage fermented by L. helveticus and Saccharomyces cerevisiae. The active substance in those fermented beverages was lactotripeptides metabolically generated in the fermentation pathway. Follow-up studies were able to determine the bioactive metabolites of probiotic bacteria in addition to the antimicrobial substances, such as bacteriocin [94,95], and other beneficial active substances, such as conjugated linoleic acid (CLA) [94–96], protein or peptides [97,98] and polyphenols [99,100]. Taking all these observations into account, the new concept of biogenics, which makes use of the bioactive metabolites as foods or medicine, was recently advocated [88,101]. The biogenics effect is independent of the colonisation and viability of probiotic bacteria. Hence, biogenics is the direct delivery of an isolated and purified active ingredient of probiotics to the local environment. As shown in Figure 10.1, a certain active component secreted in culture supernatant by probiotic L. plantarum 108 inhibited hyphal growth of C. albicans but was not toxic to human oral keratinocytes. This strategy may also be useful for prevention of oral disease. Microorganisms including oral pathogens have the potential to grow in biofilm and express pathogenic properties compared to planktonic type. Biofilm formation is stimulated by an intercellular communication process harmonised with the bacterial population density known as quorum sensing (QS) systems, which are based on small molecules termed autoinducers (AI) [102]. Recently, a QS inhibitor (QSI) and QS signal quencher (QQ) molecule attracted attention in overcoming biofilm infections. Some reports exhibited the bacteriocins produced by probiotic lactobacilli such as L. acidophilus, L. plantarum and L. reuteri acted as QSI or QQ molecules [103]. It may be possible to purify the active ingredients of probiotic bacteria that demonstrate anti-oral pathogenic activity in biofilm for use in the biogenics process. However, this idea requires further study before clinical use.

Confocal imaging using live/dead fluorescent stains



Control sample showing *Candida* infected cells





Higher dose exhibited fungicidal activity without any damage to host cells

**FIGURE 10.1** Effect of probiotic secretory products on *Candida albicans* biofilms formed on human oral keratinocytes. *Lactobacillus plantarum* 108 supernatants exhibited inhibitory properties on hyphal formation and fungicidal activity in a dose-dependent manner.

# CONCLUSION

Taking the aforementioned studies into consideration, it is conceivable that an innovative combination of prebiotics, probiotics, synbiotics and biogenics will be instrumental in devising new therapies against oral biofilm infections such as dental caries, periodontitis and oral candidiasis. More comprehensive investigations on the mechanisms of synbiotics and biogenics are needed for this purpose. Hence, more studies are warranted to examine the bioactive metabolites of probiotic bacteria that induce favourable immunological outcomes and suppress oral pathogens residing in oral biofilms.

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# Index

Page numbers followed by f and t indicate figures and tables, respectively.

#### A

Abiotrophia defectiva, 88 Acanthamoeba spp., 15 Acetobacter spp., 181 Achromobacter spp., 15, 20, 89f Achromobacter xylosoxidans, 20 Acinetobacter baumannii, 16, 131t, 140, 147 Acinetobacter spp., 19, 20-21, 40t, 89f, 207 Acrylic dentures, 17 Actinobacteria spp., 38, 50, 73, 83f, 84f, 87, 88, 89f, 96, 206f, 208, 209, 210, 213f Actinomyces naeslundii, 9f, 131t, 146, 184 Actinomyces oris, 184 Actinomyces spp., 19, 51, 71, 71f, 72, 75, 76t, 83f, 88, 89f, 185, 209 Acyldepsipeptides (ADEP), 198, 199 Adhesins, 6, 7, 16, 42, 46, 215, 216, 217t-218t Adhesion irreversible, to surface, 6 phase, early, 5-6 Aeromonas hydrophila, 131t, 140, 150 Aeromonas spp., 19 Agglutinin-like sequence 3 protein (Als3p), 42, 43,46 Aggregatibacter actinomycetemcomitans, 74, 76t, 140, 243t, 244t, 245t, 250 Aggressive periodontitis, 140 Agrobacterium spp., 89f, 181 Airway homeostasis, maintaining, 36 Akkermansia muciniphila, 211 Alarmone guanosine tetraphosphate (ppGpp), 197 Aldopentose, 251 Alginate, 181, 222, 223 Allergic bronchopulmonary aspergillosis (ABPA), 36 Alloprevotella spp., 89f Alpha diversity, defined, 88 Altered metabolic rate, biofilm proteomics studies on, 143-144 Amphotericin B, 110, 115, 116, 117 Ampicillin, 195 Amylase, 206 Analysers, MS mass, 173-175 hybrid, 174-175 ion trap, 174 quadrupole, 173 TOF, 173-174

Analysis EPS, challenges in, 182 hierarchical cluster, 178 metabolomics, workflow of data, 176-178, 178f, 179f-180f modes, 170 sample preparation, 166, 168-170 Angiotensin I-converting enzyme (ACE) inhibitor, 254 Angular cheilitis, 41, 44 Animalcules, 2 Anthrax, 2, 219 Anti-biofilm antifungal strategies, against Candida biofilms, 118-119 Antibiotics, 3, 43-44, 195, 197, 198 Anti-cariogenic activity, of probiotics against Streptococcus mutans, 239, 240t-242t Antifungal activity, against Candida biofilms, 115-119 anti-biofilm antifungal strategies, 118-119 probiotics against Candida albicans, 239, 246t-249t resistance, factors contributing to, 116-118 susceptibility testing, 116 Antimicrobial peptides (AMPs) host cationic, 222 host-derived, 219-220 Antimicrobial probiotics, products against oral pathogens, 250-251 bacteriocins, 250-251 hydrogen peroxide, 250 low molecular weight substances, 251 organic acids, 250 Anti-oxidative activity, increased, 146-148 Apical periodontitis, 73 Applications, practical biofilm metabolomics, 178, 181-183 challenges in EPS extraction and analysis, 182 EPS, 181-183 extraction from biofilms, EPS, 182-183 profiling of planktonic vs. biofilm cells, 183. 183f Arabinose, 251 Arginine biosynthesis pathway, 185, 185t Aspergillary bronchitis, 36 Aspergillus flavus, 36 Aspergillus fumigatus, 35, 36, 48, 131t, 149, 220

Aspergillus nidulans, 35, 36 Aspergillus niger, 36, 40t, 131t, 149 Aspergillus spp., 15, 19, 34, 36, 37, 39, 40t, 41, 84f. 92 Aspergillus terrus, 36 Atmospheric pressure chemical ionisation (APCI), 172 Atmospheric pressure photoionisation (APPI), 172 Atopic dermatitis, 219 Atopobium spp., 73, 76t, 89, 212, 213f Atopobium vaginae, 23, 212 Aureobasidium spp., 34, 39, 84f, 92 Autodiploisation, 113 Autoinducers, 46, 165, 254 Azoles, 115, 117-118 Azotobacter vinelandii, 181

#### B

Bacillus anthracis, 2 Bacillus cereus, 131t Bacillus coagulans, 240t Bacillus spp., 40t Bacillus subtilis, 6, 131t, 152 Bacterial biofilms, interkingdom, see Interkingdom fungal and bacterial biofilms Bacterial vaginosis, 23 Bacteriocins, antimicrobial probiotics products, 212, 250-251, 254 Bacteriome, oral composition and diversity, 87-90, 89f, 90f overview, 85-86, 86t Bacteriophages defined, 94 genetic makeup of, 96 in lysogenic phage, 95 in lytic phage, 95 Bacteroides acidifaciens, 211 Bacteroides caccae, 211 Bacteroides fragilis, 211 Bacteroides spp., 23, 83f, 89f, 208, 210, 210f, 211, 212, 213f, 221 Bacteroidetes spp., 73, 89f, 206f, 210f Barrett's esophagus, 209 BdlA, chemotaxis regulator, 8 Bergeyella spp., 89f Beta diversity, defined, 88 Bifidobacterium adolescentis, 211, 244t Bifidobacterium angulatum, 211 Bifidobacterium animalis, 240t, 241t, 247t Bifidobacterium bifidum, 211, 246t Bifidobacterium lactis, 240t, 241t Bifidobacterium spp., 73, 76t, 89f, 208, 209, 210, 210f, 211, 221, 239, 240t Biofilm-associated infections (BAIs), 11, 12, 13, 17 Biofilm(s) Candida, see Candida biofilms

defined, 105 EPS in, see Extracellular polymeric substances (EPS) host-biofilm interactions, at mucosal surfaces. see Mucosal surfaces human oral microbiome, see Human oral microbiome infections, see Infections interkingdom fungal and bacterial, see Interkingdom fungal and bacterial biofilms metabolomics, see Metabolomics modes, of S. aureus, 185, 185t oral, see Oral biofilm(s) persisters, see Persisters planktonic cells vs., 183, 183f prebiotics, 251-252 probiotics, see Probiotics proteomics studies, see Proteomics approaches synbiotics, 252-253 Biogenics defined, 253 against oral biofilm-associated diseases. see Oral biofilm-associated diseases overview, 253-255, 254f BioImage\_L, 110 Blastoschizomyces spp., 41 Bligh extraction method, 169 Bordetella pertussis, 131t Brevibacterium mcbrellneri, 207 Brevibacterium spp., 38, 206f Bronchopulmonary lavage (BAL), 36 Brownian motion, defined, 5 Burkholderia cenocepacia, 198 Burkholderia cepacia, 20

#### С

Caenorhabditis elegans, 224 Campylobacter concisus, 209 Campylobacter jejuni, 131t, 147 Campylobacter rectus, 74, 140 Campylobacter spp., 74, 76t, 83f, 89f Capnocytophaga spp., 83f, 89f Candida albicans, 8, 9, 9f, 13, 24, 33, 35, 36, 37, 39, 40t, 41, 42, 43, 44, 45-46, 47, 48, 49, 50, 51-52, 92, 94, 103-104, 105, 105f, 106, 107, 108, 109, 110, 112, 113-115, 114f, 117, 131t, 133t, 137, 140, 145, 147, 148, 149, 197f, 198, 207, 211, 215, 218t, 220, 239, 246t-249t, 251-252, 254, 254f Candida biofilms, 103-119 antifungal activity against, 115-119 anti-biofilm antifungal strategies, 118-119 resistance, factors contributing to, 116-118 susceptibility testing, 116

C. albicans 'haploid biofilm model,' 112, 113-115, 114f diffusion of molecules across, 110-111 ex vivo model of, 111, 111f formation, 107 protocols, 107-108 fungal proteomics, 148-149 growth kinetics of, 108 matrix, 117 medical devices and, 40, 40t overview, 103-104, 104f quantification, 108-110 structure, 105-107, 106f in vaginal infections, 23-24 in vivo model, 112, 112f CandidaDB, 148 Candida dubliniensis, 48, 51 Candidaemias, 39-40 Candida glabrata, 24, 35, 36, 39, 51, 52, 103, 104, 106, 107, 119, 131t, 143, 149 Candida khmerensis, 92 Candida krusei, 35, 36, 51, 103, 107 Candidal interactions, 51-52 Candida metapsilosis, 92 Candida parapsilosis, 36, 92, 103, 104, 107 Candida sake, 35 Candida spp., 8, 13, 14, 15, 16, 17, 23-24, 34-35, 36, 37, 38, 39, 40, 40t, 41, 42, 44, 45, 46, 47, 49, 50, 51-52, 76, 76t, 84f, 92, 93f, 97, 103-119, 140, 148-149, 198, 211, 212, 220, 239, 249, 250, 251, 252, 253, 254f Candida tropicalis, 37, 51, 92, 103, 104, 107 Candidiasis nosocomial infection, cause, 104 oral, 17, 112 vulvovaginal, 16, 16f, 23, 24 Capillary electrophoresis (CE), TOF MS and, 184-185, 184t Cardiac surgical implants, 13-14 Case studies, biofilm metabolomics, 184-185 CE and TOF MS, combination of, 184-185, 184t planktonic and biofilm modes of S. aureus, 185, 185t Cathelicidins, 219 Catheter-associated biofilm infections, 12-13 Cell formation, persister, 195 Cell lysis methodology, 168-169 Cellular sensors, microbial-associated, 215-216 Cellulose, 181 Centers for Disease Control and Prevention (CDC), 3-4 Central venous catheters (CVCs), 12-13, 41 Centrifugation method, 168 CE (capillary electrophoresis), TOF MS and, 184-185, 184t

Challenges, in EPS extraction and analysis, 182 ChemBank, 119 Chlamydia trachomatis, 212 Chlorhexidine, 10, 35 Chloroform, 169 Chlortetracycline, 150 Cholera, 21 Chronic respiratory diseases (CRD), clinical outcome of, 35 Chronic rhinosinusitis, 35, 208 Cladosporium spp., 34, 39, 84f, 92, 93f Clinical implications interkingdom fungal and bacterial biofilms, see Interkingdom fungal and bacterial biofilms microbial biofilms, 11 Clinical Laboratory Standard Institute (CLSI), 116 Clinical trials, of probiotics on oral infectious diseases, 239, 240t-242t, 243t-245t, 246t-249t Clostridium perfringens, 211 Clostridium spp., 210, 210f Clustered regularly interspaced short palindromic repeats (CRISPR), 95 13Clysine, 150 Coagulase-negative staphylococcus (CoNS), 14, 38, 40, 41 Coccidioides spp., 41 Colistin, 150 Collision-induced dissociation (CID), 173 Colonic mucosa, 210-211 Colourimetric assays, Candida biofilms, 109 Combating persisters, biofilm-related infections and, 198-199 ComC gene, 46 Commensalism, 96-97 Commensals in mucosal biofilms, immune tolerance to, 221 Composition, human oral microbiome, see Human oral microbiome COMSTAT, 110 Confocal scanning laser microscopy (CSLM) images, for Candida biofilms, 110 Conjugated linoleic acid (CLA), 254 Corneal ulcers, 14-15 Corynebacterium diphtheriae, 208 Corynebacterium spp., 38, 40t, 83f, 89f, 206f, 208Costerton, William 'Bill,' 3 Crohn's disease, 211 Cross-kingdom interactions, 41-52 Candidal interactions, 51-52 E. coli, 49 Enterococcus, 49-50 Lactobacillus, 50-51 Porphyromonas, 47-48

Pseudomonas, 48 staphylococcal, 41–45, 42f, 43f streptococcal, 45–47 Cryptococcus humicola, 35 Cryptococcus neoformans, 41, 132t, 149, 220 Cryptococcus spp., 34, 38, 41, 84f, 92, 93f, 149 Crystal violet (CV) assay, in biofilm experiments, 109 Curvularia spp., 39, 40t Cystic fibrosis (CF) lung infections, biofilms associated with, 20 transmembrane conductance regulator (CFTR) protein, 20, 36 Cystitis, 38

#### D

Danio rerio, 224 Data analysis, metabolomics, 176-178, 178f, 179f-180f DatPAV, 166 Debaryomyces spp., 38 Defensins, 219 Deferribacteres phylum, 73, 75, 76t Delftia spp., 15, 89f Denaturing gradient gel electrophoresis (DGGE), 91 Dental caries, 22f, 45, 72-73 Dental chair units, 19 Dental plaque bacteriophage in, 95, 97 biofilm-associated dental caries, 21, 22f cariogenic bacteria in, 252 central carbon metabolism of, 184 forming on tooth surfaces, 70-71 Fusobacterium nucleatum in, 6 metaproteomics approaches, 152-153 microbiota, 81, 86, 87, 88 oral infectious diseases, 21, 22f, 70-71 pathological, 17, 140 regulation of metabolites in, 184 removing, 237 Streptococcal interactions, 17, 45 treatment, 2 Denture stomatitis (DS), 17, 18f, 51 Desulfolobulus spp., 75, 76t Detachment, of cells, 8 Development, microbial biofilms, 4-9 dispersal stage, 8-9 early adhesion phase, 5-6 irreversible adhesion to surface, 6 maturation, 7-8 microcolony formation and early development stages, 6-7 overview, 4-5, 4f Difference gel electrophoresis (DIGE) technique, 137-138

Dialister spp., 75, 76t, 89f Diffusion defined. 5 of molecules across Candida biofilms, 110-111 Diguanylate cyclase NicD, 8-9 Dispersal in fungal and bacterial biofilms, 106-107 stage, microbial biofilms, 8-9 Diversity alpha and beta, 88 of human oral microbiome, see Human oral microbiome Drosophila melanogaster, 224 Drug resistance mechanisms, proteomics approaches, see Proteomics approaches Drug-response proteomics, 150-151 Dryer extraction method, 169 Dry weight measurement, of biomass, 108 Dysbiosis, 52, 82, 204, 238

#### E

Early adhesion phase, in biofilm development, 5-6 Echinocandins, 115-116 ECM, see Extracellular matrix (ECM) Ecological plaque hypothesis, 72 Ectopic pregnancy, 16 Ehrlich, Paul, 3 Eikenella corrodens, 74 Elastase, 48 Elastase LasB, 222 Electron microscopy, 94-95 Electrophoresis 2-DE technique, 137 capillary, TOF MS and, 184-185, 184t DGGE, 91 DIGE technique, 137-138 SDS-PAGE, 136 Electrospray ionisation (ESI) technique, 171-172 Endocarditis, 8, 13-14, 39 Endodontic infections, 73, 76t Endodontitis, 49-50 Endophthalmitis, 15 Endotracheal tubes, 15, 16 Engodontium spp., 39 Enterobacter spp., 16, 76t, 89f, 107, 210f Enterobacter cloacae, 40t Enterobacteriaceae spp., 40t, 75 Enterococcus faecalis, 9f, 13, 16, 20, 40t, 50, 73, 76t, 132t, 147, 211, 215, 217t, 254 Enterococcus faecium, 9f, 16, 215 Enterococcus interactions, 49-50 Enterococcus spp., 40t, 208, 210, 212 Environmental triggers, of persister cell formation. 195 EPS, see Extracellular polymeric substances (EPS) Ergosterol, 115

Escherichia coli, 8, 13, 16, 20, 24, 37, 40t, 49, 132t, 143, 146, 151, 152, 181, 194, 195, 196, 197, 198, 199, 208, 211–212 Escherichia spp., 16, 49, 76t, 89f, 206f, 210f ESKAPE group, of bacteria, 16 Esophageal mucosa, microbial community of, 209 Etafilcon A lenses, 15 Ethylenediamine tetraacetic acid (EDTA), 183 Eubacterium spp., 74, 76t, 89f European Committee on Antimicrobial Susceptibility Testing (EUCAST), 116 Evasion, of host immune response by mucosal biofilms, 221-223 Exopolysaccharides, 181, 182 Exploratory data analysis (EDA), 176 Extracellular DNA (eDNA), 7, 44, 47, 117, 182, 214Extracellular fibrinogen binding protein (Efb), 44 Extracellular matrix (ECM) component of biofilms, 46 mucosal, 205 eDNA and, 44 generation, 214 integrity, 44 mucopolysaccharide-containing, 205 mucosal biofilms, 214, 223 production, 205 sensors, microbial-associate, 215 Extracellular polymeric substances (EPS) biofilm proteomics studies on, 144-146 in biofilms, 181-183 of Candida biofilms, 117 challenges in EPS extraction and analysis, 182 components of, 181-182 extraction from biofilms, 182-183 formation, 117 layer of, 7-8 matrix of, 105 production, 4, 106 secretion, 4, 106 Extraction Bligh extraction method, 169 EPS from biofilms, 182-183 challenges in, 182 metabolite, 168-170 Ex vivo model, of oral Candida biofilms, 111, 111f

#### F

Farnesol, 43–44, 46, 48 Fibronectin, 7, 12, 13, 14, 39, 143, 215 *Filifactor alocis*, 75 Filter-aided sample preparation (FASP) method, 136 Filtration method, 168 Firmicutes phylum, 50, 73, 76t, 83f, 84f, 87, 88, 89f, 96, 206, 206f, 208, 209, 210f, 211, 213f Flagellin A (flaA), 6 Flavitalea spp., 89f Flavobacterium spp., 19 Fleming, Alexander, 3 Fluconazole, 44, 110, 116, 117 Flucytosine, 110, 116, 117 Fluoroquinolone, 197, 198 Foley catheters, 49 Formalin-fixed specimen, 205 Formazon, 109 Fructose-6-phosphate, 168 Fuji, 110 Fumarate, 168 Fungal biofilm proteomics, 148-149 Fungal biofilms, interkingdom, see Interkingdom fungal and bacterial biofilms Fusarium spp., 15, 34, 35, 37, 39, 84f, 92, 93f Fusobacterium nucleatum, 6, 47-48, 49, 74, 136-137, 208, 250 Fusobacterium spp., 74, 76t, 83f, 89f, 206f, 208, 209

#### G

Galactose, 111 Gammaproteobacteria, 84f, 86, 208 Gardnerella spp., 89f, 212, 213f Gardnerella vaginalis, 23, 212 Gas chromatography coupled with mass spectrometer (GC-MS), 172, 175 Gastrointestinal mucosa, microbial community, 208-209 Gastrointestinal (GI) tract biofilm infections of, 21, 23 mucosa of, 37 Gel-based proteomics, 137-139, 138f Gel-free proteomics approaches examples of, 139-141, 141f MS-based, 139 Gemella adiacens, 88 Gemella hemolvsans, 88 Gemella spp., 83f, 88, 89f GenBank, 85, 87, 92 Gene sequencing techniques, 15, 17, 20, 82, 85, 86t Gentamicin, 198 Geotrichum capitatum, 35 Germ theory, of disease, 2 Gibson, G. R., 251 Gilbert, Walter, 3 Gingival crevicular fluid (GCF), 74, 243t, 244t Gingivitis, 47, 74, 75, 239 Gliotoxin, 149 Glutathione peroxidase, 140

Glycoprotein-340, 215 Glycoproteomics, 151 Glycosyl-phosphatidyl-inositol (GPI) anchor, 106 *Granulicatella adiacens*, 88 *Granulicatella elegans*, 88 *Granulicatella hemolysans*, 88 *Granulicatella spp.*, 83f, 88, 89f, 96 Growth media, 91 Gum disease, 140 Gut-associated lymphoid tissues (GALT), 253 Gut mucosa, microbial community of, 210–212, 210f

#### Н

Haemophilus influenzae, 20, 36, 86, 132t, 145, 147, 207, 208, 215, 217t Haemophilus spp., 14, 83f, 89f, 206f, 207, 209, 212, 213f Haploid C. albicans biofilm model, 112, 113-115, 114f Heat shock, 195 Helicobacter pylori, 21-22, 75-76, 209, 219 Helicobacter spp., 76t, 89f, 209, 210f Hierarchical cluster analysis, 178 Histatins, 220 Høiby, Niels, 3 Hooke, Robert, 2 Horizontal attenuated total reflectance-Fourier transform infrared (HATR-FTIR) technique, 111 Hospital water systems, biofilms in, 19 Host-biofilm interactions, at mucosal surfaces, see Mucosal surfaces Host-derived AMPs, 219-220 Host immune response, evasion of, 221-223 Host in health and disease, human oral microbiome and, 96-97 Human Metabolome Database, 178 Human Microbiome Project (HMP), 87, 90 Human mucosal microbial communities, 205-213 esophageal mucosa, 209 gastrointestinal mucosa, 208-209 intestinal mucosa, 210-212, 210f middle ear mucosa, 207 nasal and paranasal sinus, 207-208 oral mucosa, 206-207, 206f overview, 205 stomach mucosa, 209 vaginal mucosa, 212, 213f Human oral microbiome, 81-97 bacteriome composition and diversity, 87-90, 89f, 90f overview, 85-86, 86t host in health and disease, interaction, 96-97 mycobiome composition and diversity, 90-94, 93f defined, 90

overview, 81-82 project, 87 sample collection, 90-91 summary, 82-83, 84f taxonomic composition, 82, 83f-84f virome, 94-96 composition and diversity, 94-96 overview, 94 Human oral microbiome database (HOMD), 87 Human oral taxon (HOT) number, 87 Hunter, 166 Hybrid analysers, 174-175 Hydrogen peroxide, antimicrobial probiotics products, 250 Hydrophilic interaction liquid chromatography (HILIC), 185 Hyposalivation, 206

#### I

Imidazoles, 115 Immune cells, host innate, 220-221 Immune tolerance, to commensals in mucosal biofilms, 221 Implants, surgical, 13-15 Infections, biofilm combating persisters and, 198-199 medical device-associated, 11-19 catheters, 12-13 in hospital water systems, 19 others, 15-18, 18f overview, 11-12 surgical implants, 13-15 tissue-associated, 19-24 CF lung infections, 20 gastrointestinal tract, 21, 23 nail infections, 24 oral biofilm infections, 21, 22f, 23f overview, 19-20 prostate infections, 24 in vagina, 23-24 wound infections, 20-21 Infections, oral dental caries, 72-73 endodontic, 73 peri-implant diseases, 75-76 periodontal diseases, 74-75, 74f Infertility, 16 Innate immune response, to mucosal biofilms, 216, 219-221 host-derived AMPs, 219-220 host innate immune cells, 220-221 Instrumentation, for metabolomics study, 170-176 GC-MS and GC/GC-MS, 172 LC-MS, 170-171 LC-MS vs. GC-MS, 175

MS, 170-172 MS mass analysers, 173-175 hybrid, 174-175 ion trap, 174 quadrupole, 173 TOF. 173-174 NMR, 175-176 Interactions cross-kingdom, 41-52 Candidal interactions, 51-52 E. coli, 49 Enterococcus, 49-50 Lactobacillus, 50-51 Porphyromonas, 47-48 Pseudomonas, 48 staphylococcal, 41-45, 42f, 43f streptococcal, 45-47 host-biofilm, at mucosal surfaces, see Mucosal surfaces of microbes and host at mucosal surfaces, 214-216 Interkingdom fungal and bacterial biofilms, 33 - 52cross-kingdom interactions, 41-52 Candidal interactions, 51-52 E. coli, 49 Enterococcus, 49-50 Lactobacillus, 50-51 Porphyromonas, 47-48 Pseudomonas, 48 staphylococcal, 41-45, 42f, 43f streptococcal, 45-47 overview, 33-34 polymicrobiality on mucosa, 34-41 GI tract, 37 medical devices, 39-41, 40t oral cavity and sinuses, 34-35 respiratory tract, 35-36 urinary tract, 37-38 wounds, 38-39 Internal transcribed spacer (ITS) region, 37, 91, 92 Interpretation, metabolic profiling studies, 176-178, 178f, 179f-180f Intestinal mucosa, microbial community of, 210-212, 210f Intrauterine devices (IUDs), 16 In vivo model, of Candida biofilms, 112, 112f Ionisation sources, LC-MS instruments, 171-172 APCI. 172 APPI, 172 ESI, 171-172 Ion trap analysers, 174 Irreversible adhesion, to surface, 6 Isobaric tags for relative and absolute quantification (iTRAQ), 131t-135t, 139, 140, 141f, 143, 145

#### J

Jenner, Edward, 3

#### K

Keratitis, 15 *Klebsiella pneumoniae*, 13, 16, 107 *Klebsiella* spp., 20, 24, 40t, 76t, 89f Koch, Robert, 2–3 Kostmann disease, 219–220 Kyoto Encyclopaedia of Genes and Genomes (KEGG) database, 145

#### L

Lactic acid bacteria, 37, 45, 50, 72, 119, 250, 251, 252 Lactobacillus acidophilus, 9f, 240t, 241t, 242t, 246t, 247t, 248t, 249t, 254 Lactobacillus brevis, 239, 241t, 243t, 245t, 246t, 248t, 251 Lactobacillus buchneri, 248t, 251 Lactobacillus bulgaricus, 248t Lactobacillus casei, 51, 242t, 244t, 245t, 246t, 247t. 248t. 249t Lactobacillus collinoides, 251 Lactobacillus corvniformis, 251 Lactobacillus crispatus, 212 Lactobacillus fermentum, 242t, 245t, 247t, 248t, 250, 251 Lactobacillus gasseri, 212, 242t, 245t, 254 Lactobacillus helveticus, 246t, 249t, 254 Lactobacillus iners, 212 Lactobacillus interactions, 50-51 Lactobacillus jensenii, 212 Lactobacillus johnsonii, 248t Lactobacillus lactis, 246t, 251 Lactobacillus mucosae, 242t, 245t Lactobacillus oris, 242t, 245t Lactobacillus paracasei, 241t, 242t, 245t, 247t, 248t, 251 Lactobacillus pentosus, 251 Lactobacillus plantarum, 132t, 242t, 245t, 247t, 248t, 249t, 250, 251, 254, 254f Lactobacillus reuteri, 239, 240t, 241t, 242t, 243t, 244t, 245t, 246t, 247t, 248t, 250, 251, 254 Lactobacillus rhamnosus, 9f, 240t, 242t, 245t, 246t, 247t, 248t, 249t Lactobacillus salivarius, 239, 241t, 242t, 243t, 244t, 245t, 247t, 249t, 250 Lactobacillus spp., 40t, 45, 50-51, 72, 76t, 209, 210, 210f, 212, 213f, 249, 249t, 252 - 253Lactobacillus vaginolis, 242t, 245t Lactoferrin, 206 Laryngeal cancer, management of, 16

Lederberg, Joshua, 81 Legionella spp., 17, 19 Leptotrichia buccalis, 71, 71f Lewis<sup>x</sup> oligosaccharides, 215 Lipoteichoic acid (LTA), 7, 216 Liquid chromatography (LC)-MS instrumentation, for metabolomics study, 170-172, 175 Listeria monocytogenes, 132t, 146, 147, 212 Listeria spp., 89f, 212, 213f Lister, Joseph, 3 Live/Dead BacLight Viability kit, 110 Locking, 6 Low molecular weight antimicrobial substances, 251Lung infections, CF, 20 LuxS gene, 46 Lysozymes, 206

#### Μ

Malassezia spp., 37, 38, 39, 41, 92 Mass. 166 Mass analysers, MS, 173-175 hybrid, 174-175 ion trap, 174 quadrupole, 173 TOF, 173-174 Mass Profiler Professional (MPP), 166 Mass spectrometry (MS) gel-free proteomics, 139 instrumentation, for metabolomics study, 170-172 GC-MS and GC/GC-MS, 172, 175 LC-MS, 170-172, 175 mass analysers, 173-175; see also Analysers, MS mass NMR vs., 176 TOF, CE and, 184-185, 184t MathDAMP, 166 Maturation, microbial biofilms, 7-8 Mechanisms, behind microbial persistence, 196 Medical device(s) associated biofilm infections, 11-19 catheters, 12-13 in hospital water systems, 19 others, 15-18, 18f overview, 11-12 surgical implants, 13-15 polymicrobiality on mucosa, 39-41, 40t Megasphaera spp., 75, 76t, 89f, 213f MetaboAnalyst, 166 Metabolites, primary and secondary, 164-165 Metabolome, 165 Metabolomics, of microbial biofilms, 164-186 approaches, for characterisation, 166 case studies, 184-185

CE and TOF MS, combination of, 184-185, 184t planktonic and biofilm modes of S. aureus, 185, 185t data analysis and interpretation, 176-178, 178f. 179f-180f future directions, 186 overall workflow of, 166-170 modes, of analysis, 170 overview, 166, 167f sample preparation, for analysis, 166, 168 - 170overview, 164-165 practical applications, 178, 181-183 challenges in EPS extraction and analysis, 182 EPS, 181-183 extraction from biofilms, EPS, 182-183 profiling of planktonic vs. biofilm cells, 183, 183f study, instrumentation for, 170-176 GC-MS and GC/GC-MS, 172 LC-MS. 170-171 LC-MS vs. GC-MS, 175 MS. 170-172 MS mass analysers, 173–175; see also Analysers, MS mass NMR, 175-176 Metabolomics Standards Initiative (MSI), 178 MetAlign, 166 Metaproteomics studies, of biofilms, 152-153 MetDAT, 166 MetExplore, 166 Methanol, 168, 169, 184, 185 Methicillin-resistant Staphylococcus aureus (MRSA), 14, 20, 145 Metronidazole, 10 Miconazole, 44, 115, 198 Microbe-associated molecular pattern (MAMP) sensors, 216, 217t-218t, 221 Microbes, and host at mucosal surfaces, 214-216 cellular sensors, 215-216 ECM sensors, 215 MAMPs, 216, 217t-218t Microbial biofilms, 2-24 Candida, see Candida biofilms clinical implications, 11 development, stages of, 4-9 dispersal stage, 8-9 early adhesion phase, 5-6 irreversible adhesion to surface, 6 maturation, 7-8 microcolony formation and early development stages, 6-7 overview, 4-5, 4f EPS in, see Extracellular polymeric substances (EPS)

formation, 3-4

Microcolony formation, 6–7, 181, 222 Microtitre plate, 108, 109 Middle ear mucosa, microbial community 207

historical perspectives, 2-4 host-biofilm interactions, at mucosal surfaces, see Mucosal surfaces human oral microbiome. see Human oral microbiome infections, medical device-associated, 11 - 19catheters, 12-13 in hospital water systems, 19 others, 15-18, 18f overview, 11-12 surgical implants, 13-15 infections, tissue-associated, 19-24 CF lung infections, 20 gastrointestinal tract, 21, 23 nail infections, 24 oral biofilm infections, 21, 22f, 23f overview, 19-20 prostate infections, 24 in vagina, 23-24 wound infections, 20-21 interkingdom fungal and bacterial, see Interkingdom fungal and bacterial biofilms metabolomics of, see Metabolomics, of microbial biofilms mixed-species, 9, 9f oral, see Oral biofilm(s) persisters in, see Persisters prebiotics, 251-252 probiotics, see Probiotics properties, 10, 10f proteomics approaches, see Proteomics approaches synbiotics, 252-253 Microbial communities, human mucosal, 205-213 esophageal mucosa, 209 gastrointestinal mucosa, 208-209 intestinal mucosa, 210-212, 210f middle ear mucosa, 207 nasal and paranasal sinus, 207–208 oral mucosa, 206-207, 206f overview, 205 stomach mucosa, 209 vaginal mucosa, 212, 213f Microbial ecology, oral, 69-70 Microbial persistence, mechanisms behind, 196 Microbial surface components recognising adhesive matrix molecules (MSCRAMMs), 7, 215, 222 Microbiome defined, 81, 90 human oral, see Human oral microbiome overview, 81-82 Micrococcus spp., 19, 38

Microtitre plate, 108, 109 Middle ear mucosa, microbial community of, 207 Minimum inhibitory concentrations (MICs) values, for Candida biofilms, 116 Mitis group streptococci (MGS), 45, 46 Mitomycin C (MMC), 199 Mixed-species biofilms, 9, 9f Mobiluncus spp., 23, 89f, 212, 213f Modes, of metabolomics analysis, 170 Moraxella catarrhalis, 207 Moraxella spp., 19, 89f, 206f, 208 Mouse model. Candida biofilms ex vivo, 111, 111f in vivo. 112, 112f MS, see Mass spectrometry (MS) Mucin, 209, 211, 215, 219, 221 Mucorales spp., 35, 39 Mucosa-associated lymphoid tissues (MALT), 253 Mucosal surfaces, host-biofilm interactions at, 204 - 224biofilm(s) ECM of. 214 evasion of host immune response by, 221-223 formation, 204-205 host-derived AMPs, 219-220 host innate immune cells, 220-221 immune tolerance to commensals in, 221 innate immune response to, 216, 219-221 research, future directions for, 223-224 human mucosal microbial communities, 205-213 esophageal mucosa, 209 gastrointestinal mucosa, 208-209 intestinal mucosa, 210-212, 210f middle ear mucosa, 207 nasal and paranasal sinus, 207-208 oral mucosa, 206-207, 206f overview, 205 stomach mucosa, 209 vaginal mucosa, 212, 213f microbes and host, 214-216 cellular sensors, 215-216 ECM sensors, 215 MAMPs, 216, 217t-218t overview, 204 Mucosa, polymicrobiality on, 34-41 GI tract. 37 medical devices, 39-41, 40t oral cavity and sinuses, 34-35 respiratory tract, 35-36 urinary tract. 37-38 wounds, 38-39 Mucositis, peri-implant, 75

Mullis, Kary, 3 Multiple reaction monitoring (MRM), 173 Mycobacteria spp., 17, 19, 210 Mycobacterium rhodesiae, 19 Mycobacterium semegmatis, 132t Mycobacterium tuberculosis, 194 Mycobiome, oral analysis, fungal, 34 composition and diversity, 90–94, 93f defined, 90 Mzmine, 166

#### Ν

Nail infections, 24 Nano-silver particles, antifungal activity against Candida biofilms, 118-119 Nasal sinus, microbial community of, 206f, 207-208 National Institutes of Health (NIH), 87 Neisseria gonorrhoeae, 16, 86, 132t, 139 Neisseria meningitides, 86, 132t, 146, 215, 217t Neisseria spp., 71, 83f, 89f, 96, 206f, 209, 212, 213f Neisseria subflava, 88 NETosis, 220 Neutrophil extracellular traps (NETs), 220 Neutrophils, 219, 220-221, 222-223 Next-generation sequencing (NGS) technology, 34, 36, 86 Non-tuberculous mycobacteria (NTM), 19, 20 Nrg1, transcriptional repressor of filamentation, 107 Nuclear magnetic resonance (NMR) instrumentation, for metabolomics, 175-176 Nystatin, 115

#### 0

Ofloxacin, 49, 195 Oligonucleotide fingerprinting of rRNA genes (OFRG), 91 Operational taxonomic units (OTUs), 37, 88, 90f Oral bacteriome composition and diversity, 87-90, 89f, 90f overview, 85-86, 86t Oral biofilm(s), 69–76 associated diseases, 237-238 infections, 21, 22f, 23f microbial ecology and oral microbiota, 69-70 overview, 69 pathology, 72-76 dental caries, 72-73 endodontic infections, 73 peri-implant diseases, 75-76

periodontal diseases, 74-75, 74f physiology, 70-71, 71f summary, 76t Oral cavity, sinuses and, 34-35 Oral contraceptives (OCs), 47 Oral infectious diseases probiotics clinical trials of, 239, 240t-242t, 243t-245t, 246t-249t in vivo animal and in vitro studies, 239, 240t-242t, 243t-246t, 246t-249t, 249 synbiotics, 252-253 Oral microbial ecology, 69-70 Oral microbiome, human, see Human oral microbiome Oral microbiota, 69-70 Oral mucosa, microbial community of, 206-207, 206f Oral pathogens, antimicrobial probiotics products against, 250-251 Oral physiology, biofilms and, 70-71, 71f Orbitrap<sup>TM</sup>, 174, 185 Organic acids, antimicrobial probiotics products, 250 Orthopaedic implants, 14 Osteomyelitis, chronic, 14 Outer membrane vesicles (OMVs), 136 Oxidative stress response, biofilm proteomics studies of, 146-148 3-oxo-C12-homoserine lactone (3-oxo-C12-HSL), 223 Oxoglutarate, 168

# Р

Paneth cells, 210 Paranasal sinus, microbial community of, 35, 206f, 207-208 Paraquat, 146, 195 Pasteur, Louis, 3 Pathogens antimicrobial probiotics products against oral, 250-251 bacteriocins, 250-251 hydrogen peroxide, 250 low molecular weight substances, 251 organic acids, 250 periodontal, probiotic activity against, 243t-245t Pathology, oral, 72-76 dental caries, 72-73 endodontic infections, 73 peri-implant diseases, 75-76 periodontal diseases, 74-75, 74f Pattern recognition receptors (PRRs), 216, 220, 221 PCR, see Polymerase chain reaction (PCR)

#### Index

Peak picking, 176 Pedobacter spp., 89f Pelvic inflammatory diseases (PIDs), risk of, 16 Penicillin, 3, 10 Penicillium chrysogenum, 168 Penicillium spp., 3, 37, 92, 93f Peptostreptococcus spp., 20, 89f, 206f, 208, 209, 210f Peptostreptococcus stomatis, 75 Percutaneous endoscopy gastronomy (PEG), 37 Peri-implant diseases, 75-76, 76t Periimplantitis, 17, 21, 75-76 Peri-implant mucositis, 75 Periodontal diseases (PD), 47, 74-75, 74f, 76t Periodontal pathogens, probiotic activity against, 243t-245t Periodontitis, 17, 47, 72, 73, 74, 75, 140 Persisters, 193-199 in bacterial biofilms, 8 in biofilms, 196-198, 197f cell formation, environmental triggers of, 195 combating, biofilm-related infections and, 198-199 discovery, 194 drug-resistant populations, 10, 118, 150 microbial persistence, mechanisms behind, 196 overview, 193-194, 194f type I and II, 195 Peyer's patches (PP), 253 PHAge Communities from Contig Spectrum (PHACCS), 95 Phenazines, 48, 150 Phosphoenolpyruvate, 152, 168 Phosphoproteome, of microbial biofilms, 152 Phosphorylation, 8, 9, 151–152 Physiology, oral, 70-71, 71f Planktonic cells, biofilm vs., 183, 183f Planktonic modes, of S. aureus, 185, 185t Ploidy, defined, 112 Pneumocystis jirovecii, 35 Pneumonia, VAP, 15-16, 35 Polyenes, 115 Polymerase chain reaction (PCR) amplification and sequencing, 91 culture-based approaches and, 95 DNA sequencing methods, 3 pyrosequencing and, 76 quantitative real-time, 38 Polymicrobiality, on mucosa, 34-41 GI tract. 37 medical devices, 39-41, 40t oral cavity and sinuses, 34-35 respiratory tract, 35-36 urinary tract, 37-38 wounds, 38-39 Polymorphonuclear leukocytes (PMNs), 222

Poly-N-acetyl glucosamine (PNAG), 181-182 Polysaccharide intercellular adhesin (PIA), 7 Porphyromonas gingivalis, 17, 47, 74, 76t, 85, 132t, 133t, 136, 140, 208, 221, 239, 243t, 244t, 245t, 250, 251, 252 Porphyromonas interactions, 47-48 Porphyromonas intermedia, 208 Porphyromonas spp., 47-48, 74, 83f, 89f, 206f, 208 Post-translational modifications (PTMs), study of, 151-152 Prebiotics, 251-252 Prednisolone, 112 Prefractionation techniques, 136, 137 Prevotella intermedia, 20, 47, 74, 140, 207, 208, 239, 243t, 245t Prevotella nigrescens, 239, 245t Prevotella spp., 23, 35, 73, 74, 76t, 89f, 207, 208, 209, 211, 212 Principal component analysis, 88, 178 Probiotic microbes, defined, 119 Probiotics, 238-251 antimicrobial probiotics products against oral pathogens, 250-251 bacteriocins, 250-251 hydrogen peroxide, 250 low molecular weight substances, 251 organic acids, 250 defined, 238 history, 238 oral infectious diseases clinical trials, 239, 240t-242t, 243t-245t, 246t-249t in vivo animal and in vitro studies, 239. 240t-242t, 243t-246t, 246t-249t, 249 Profiling, of planktonic vs. biofilm cells, 183, 183f Progenesis, 137, 166 Properties, microbial biofilms, 10, 10f Propidium iodide (PI), for Candida biofilms, 110, 197f Propionibacterium acnes, 207, 208 Propionibacterium freudenreichii, 246t Propionibacterium spp., 14, 38, 40t, 73, 76t, 89f, 206f. 208, 212 Prostate infections, 24 Prostatitis, 24, 38 Proteomics approaches, drug resistance mechanisms, 129-153 in biofilm proteomics studies, 137-141 gel-based techniques, 137-139, 138f gel-free MS-based, 139 gel-free proteomics approaches, examples of, 139-141, 141f drug-response proteomics, 150-151 fungal biofilm, 148-149 metaproteomics studies, 152-153

overview, 129-135, 131t-135t PTMs, 151-152 sample preparation for, 135-137 strategies, microbial biofilms, 142-148 altered metabolic rate, studies on, 143-144 EPS, studies on, 144-146 overview, 142, 142f of oxidative stress response, 146-148 Proteus mirabilis, 13, 133t Proteus spp., 16, 24, 89f Protocols, Candida biofilm formation, 107-108 Pseudomonas aeruginosa, 3, 5, 7, 8, 9, 12, 13, 15, 16, 19, 20, 36, 38, 42, 48, 107, 133t, 136, 140, 144, 145, 147, 149, 150, 152, 181, 183, 183f, 194, 195, 197, 198, 199, 214, 215, 217t, 222, 223 Pseudomonas interactions, 48 Pseudomonas spp., 16, 24, 40t, 48, 75, 76t, 89f, 219 PubChem, 119 PubMed, 137 Pyelonephritis, 13, 38 Pyocyanin, 48, 195 Pyrosequencing, 34, 37, 76, 86, 86t, 87, 88 Pyruvate, 143, 144, 168, 182, 184, 184t

### Q

QS (quorum sensing) molecule, 43–44, 46, 48, 150, 195, 222, 223, 254 QTrap, 174 Quadrupole analysers, MS mass, 173 Quadrupole TOF (QTOF) mass spectrometer, 174–175 Quantification, *Candida* biofilms, 108–110 Quenching approaches, 168, 185 Quinolone, 48 Quorum sensing (QS) molecule, 43–44, 46, 48, 150, 195, 222, 223, 254

#### R

Reconstituted human oral epithelium (RHOE) model, 111, 111f Resistance mechanisms, drug microbial biofilms, proteomics approaches, *see* Proteomics approaches Resistance of *Candida* biofilms, antifungal, 116–118 Respiratory tract, polymicrobiality on mucosa, 35–36 Restaurant hypothesis, 212 Restriction fragment length polymorphism (RFLP), 91 Reuterin, 245t, 247t, 251 Rhinosinusitis, chronic, 35, 208 Rhizobium spp., 89f, 181 Rifampicin, 198, 199 Roberfroid, M. B., 251 Roche 454 pyrosequencing, 86 Rothia dentocariosa, 40t, 88 Rothia spp., 51, 83f, 89f, 209, 210f Ruminococcus spp., 210f, 211

#### S

Sabouraud dextrose agar (SDA), 108 Saccharomyces cerevisiae, 112-113, 137, 254 Saccharomyces Genome Database (SGD), 148 Saccharomycetales spp., 34, 84f, 92, 93f Saliva, 17, 21, 34, 45-46, 70, 72, 82, 83f, 86, 87, 88, 90f, 91, 92, 95, 96, 97, 175, 206, 220, 252, 253 Salmonella enterica, 133t, 134t, 146, 150 Salmonella spp., 181, 215, 217t Sample preparation biofilm proteomics studies, 135-137 metabolomics analysis, 166, 168-170 oral mycobiome, 90-91 Sanger, Fred, 3 Sanger sequencing method, 85, 86 Scanning electron microscopy (SEM) images for Candida biofilms, 109, 110 drawback of, 110 Scardovia spp., 73, 76t, 89f Scedosporium spp., 36 Schizophyllum commune, 35 Selected reaction monitoring (SRM), 173 Sensors, microbial-associated cellular, 215-216 ECM, 215 MAMP, 216, 217t-218t Septicemia, 13 Sequencing method DNA, 85-86 gene sequencing technologies, 86t NGS, 86 pyrosequencing, 76, 86, 87 Sanger, 85, 86 Serratia marcescens, 15 Set3, NAD-dependent histone deacetylation complex, 107 Shotgun defined, 139 sequencing, 87 Sieve, software, 166 Silver nanoparticles, antifungal activity against Candida biofilms, 118-119 SinR gene, 6 Sinuses nasal and paranasal, 207-208 oral cavity and, 34-35

16S ribosomal RNA (16S rRNA) gene sequencing techniques, 85, 87 Sodium dodecyl sulphate-polyacrylamide gel electrophoresis (SDS-PAGE), 136 Soft ionisation technique, 171 Sorangium cellulosum, 150 Stable isotope labelling with amino acids (SILAC) approach, 139, 150 Stanford Genome Technology Center (SGTC), 148 Staphylococcal interactions, 41-45, 42f, 43f Staphylococcus anaerobius, 17 Staphylococcus aureus, 7, 8, 12, 13, 14, 15, 16, 17, 20, 36, 38, 39, 40, 40t, 41, 42, 42f, 43-44, 134t, 143, 145, 165, 168, 185, 185t, 193, 195, 198, 199, 207, 208, 215, 217t, 220, 221 Staphylococcus epidermidis, 7, 12, 13, 14, 38, 40t, 41, 42, 44-45, 175, 208 Staphylococcus pneumoniae, 86, 143, 207, 208, 212, 215, 217t Staphylococcus pyogenes, 193, 208, 212, 215, 217t Staphylococcus spp., 3, 6, 7, 12, 13, 14, 16, 40t, 76t, 89f, 181, 206f, 208, 209, 210f, 212, 213f Staphylococcus xylosus, 134t Stenotrophomonas maltophilia, 20 Stenotrophomonas spp., 15, 89f Stomach mucosa, microbial community of, 209 Strategies, proteomics, 142-148 altered metabolic rate, studies on, 143-144 EPS, studies on, 144-146 overview, 142, 142f oxidative stress response, 146-148 Streptococcal interactions, 45-47 Streptococcus anginosus, 140 Streptococcus equi ssp., 134t Streptococcus gordonii, 45, 46-47, 88, 136, 147, 215, 217t Streptococcus infantis, 88 Streptococcus mitis, 45, 75, 88, 209, 244t Streptococcus mutans, 9f, 17, 45, 46, 72, 76t, 134t, 136, 143, 147, 150–151, 184, 195, 209, 215, 217t, 239, 240t-242t, 245t, 248t, 250, 251 Streptococcus oralis, 45 Streptococcus parasanguinis, 45 Streptococcus pneumoniae, 86, 143, 144, 207, 212, 215, 217t Streptococcus pyogenes, 193, 208, 212, 215, 217t Streptococcus salivarius, 207, 209, 241t, 244t, 247t, 249t Streptococcus sanguinis, 45, 72, 75, 88, 184, 209, 244t Streptococcus sobrinus, 9f, 72, 76t, 245t Streptococcus spp., 6, 16, 35, 40t, 51, 71f, 72, 83f, 88, 89f, 96, 185, 206f, 207, 209, 210f, 212, 213f

Streptococcus suis, 135t Structure, Candida biofilm, 105–107, 106f Subgingival margin, defined, 71 Submucosal biofilms, defined, 75 Substrate utilisation, 91 Supragingival margin, defined, 71 Surface, irreversible adhesion to, 6 Surgical implant–associated biofilm infections, 13–15 Susceptibility testing, for Candida biofilms, 116 Synbiotics, 252–253 Synergism, examples of, 9 SYTO-9, for Candida biofilms, 110 Synergistetes phylum, 73, 75, 76t, 87

#### Т

Tandem mass spectrometers, 172, 173 Tannerella forsythia, 17, 74, 76t, 85, 135t, 147, 243t, 250 Tannerella spp., 74, 89f Thymidylate synthase, 116 Time-of-flight (TOF) analysers, 173-174 MS, CE and, 184-185, 184t Tissue-associated biofilm infections, 19-24 CF lung infections, 20 gastrointestinal tract, 21, 23 nail infections, 24 oral biofilm infections, 21, 22f, 23f overview, 19-20 prostate infections, 24 in vagina, 23-24 wound infections, 20-21 Toxin-antitoxin (TA) modules, 196 Treponema denticola, 17, 74, 85, 243t Treponema spp., 74, 76t, 83f, 89f, 213f Triazoles, 115 Tricarboxylic acid (TCA) cycle, 136, 143, 149, 152, 175, 184, 184t Trichloroacetic acid, 136, 169 Trichophyton mentagrophytes, 24 Trichophyton rubrum, 24 Trichosporon inkin, 35 Trichtophyton spp., 39 Triclosan, 150 Triple quadrupole mass spectrometer, 173 Trypsin, 136, 137, 139 Turicella otitidis, 207 Two-dimensional difference gel electrophoresis (2D-DIGE) technique, 137-138 Two-dimensional gel electrophoresis (2-DE) technique, 137

- Type I and II persisters, 195
- Type IV pili (TFP), 5

#### υ

Ulcerative colitis, 37, 211 *Ulocladium* spp., 39 Universal stress response protein (UspA), 145 Urease-producing bacteria, 13 Urinary tract, polymicrobiality on mucosa, 37–38

#### V

Vaccines, development of, 3 Vagina, biofilm infections in, 23-24 Vaginal candidiasis, 51 Vaginal mucosa, microbial community of, 212, 213f Vancomycin, 44 Van Leeuwenhoek, Antonie, 2, 3, 81 Veillonella parvula, 207 Veillonella spp., 51, 71, 71f, 73, 76t, 83f, 88, 89f, 96, 207, 208, 209, 210f Ventilator-associated pneumonia (VAP), 15-16, 35 Vibrio cholerae, 7, 21, 223 Vibrio parahaemolyticus, 135t, 136, 143 Virome, oral, 94-96 composition and diversity, 94-96 overview, 94 Virus-like particles (VLPs), 95, 96

Voice prostheses, 11, 16, 40t Vulvovaginal candidiasis, 16, 16f, 23, 24, 38, 104

#### w

Water unit biofilms, dental, 19 Wilkins, Marc, 130 Workflow, of metabolomics, 166–170 modes, of analysis, 170 overview, 166, 167f sample preparation, for analysis, 166, 168–170 Wound(s) infections, biofilm on, 20–21 polymicrobiality on mucosa, 38–39

#### X

XCMS, 166 XTT reduction assay, *Candida* biofilms, 109 Xylitol, 251–252 Xylose, 251

#### Z

Zaura, Egija, 88 Zygomycetes spp., 41