

Community News

Kenneth D. Colen
Publisher

When Will Life Get Back to Normal?

Things can change in a hurry, but it may take a long time to find a new normal. By the time you will read this column, it will have been nearly three weeks since outdoor recreation venues around the community have been reopened. Management is trying to follow Governor Desantis' Executive Orders very closely for the safety of all residents and employees. There are many parts and pieces to interpreting and implementing the orders; the main point is "all persons shall limit interactions outside of the home and senior citizens are strongly encouraged to stay home." If you gather in groups limit to 10 people or less and continue to social distance.

I will note that The Town Square is not officially reopened for that reason. Management has not made an issue over the few people who visit and eat lunch but has had to remind people who have attempted to gather in large groups of the still active Executive Orders.

Continuing to allow outdoor recreation venues to remain open depends entirely on the cooperation of residents and on the pace of new infections within Marion County. Management strongly suggests that residents wear surgical style face masks whenever participating in small group activities and continue with six-foot distancing.

It is encouraging to see so many residents out walking and biking around the community. Fitness On Demand (FOD) continues to be offered through Master the Possibilities for in-home use. Download the program at masterthepossibilities.org and log in or create an account to get started; the FOD fitness videos are under the Distance Learning section of the website.

Fitness staff also crafted fun outdoor activities for individuals or partners while observing safe distancing. I've seen many residents on the hunt following the clues around the community.

Finding Reliable Information

Regardless of what you read or hear, the most reliable COVID-19 information may be found on the CDC website (cdc.gov/coronavirus/2019-ncov/cases-updates/index.html), State of Florida Department of Health website (floridahealth.com/COVID-19.gov/); and otowinfo.com for community related matters.

Upcoming Projects

Last month I wrote about the SW 90th Street postal and garbage transfer area plans that were in permitting with Marion County for an expansion of the traffic circulation around the site. On Top of the World is working with the Bay Laurel Center CDD to obtain easement rights for additional stormwater retention allocation in one of the District's retention ponds. Once this is resolved, the county can release the permits for work to commence. Please be patient and use caution while workers are present.

The golf cart path extension from SW 90th Street to the Walmart Neighborhood Market is nearly complete. The tie-in and work around the county's signal control box at SW 90th Street is complete. The project is on track to be closed out by early June.

Signalization plans for SW 80th Avenue at SW 63rd Street were submitted to Marion County engineering in March for the temporary signal approval. As of this writing, we are still waiting on comments or approval from the County. We anticipated approval by early April; however we've given up trying to make predictions in that regard.

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Operation Helping Heroes Charity Golf Tournament

By Taci Clay

On Top of the World has once again joined forces with SOF (Shield of Faith) Missions to present the second annual Operation Helping Heroes, a charity golf tournament to be held at Candler Hills Golf Club Saturday, Oct. 24.

The fundraiser, hosted by On Top of the World, supports SOF Missions, a not-for-profit organization whose objective is creating awareness for the problems facing our nation's military veterans. The goal for Operation Helping Heroes is to provide financial support for SOF Missions' Resiliency Project, a holistic, four-component program that exists to combat post-traumatic stress and put warriors on a path to wellness. The tournament will start with catered buffet breakfast and a tee-off speech by SOF Missions president and decorated combat veteran Dr. Damon Friedman. There will be a luncheon and awards presentation after the golf tournament.

Dr. Damon Friedman, whom you may remember from our Veterans Park dedication ceremony on Veterans Day 2019, soon to be retired Lt. Col., served in special operations in both Iraq and Afghanistan. He founded SOF Missions in 2011 and is dedicated to helping veterans battle Post Traumatic Stress Syndrome (PTSD). Dr. Friedman knows first-hand the struggles facing combat veterans returning home and is fully engaged in making a difference by sharing his inspiring and powerful life story with the world as both a public speaker and special guest at veteran's events.

The first annual Operation Helping Heroes, held Veterans Day 2019, was a huge success. Thanks

to our generous 2019 sponsors First Federal Bank, Mike Scott Plumbing, EarthScapes Unlimited, D&B Interiors and 97.3 WSKY, plus the participation and patronage of local residents, over \$92,000 was raised for veterans suffering from the effects of war.

Sponsors will find this event to be an incredible opportunity to gain exposure for their business while raising funds to support our nation's heroes. Marion County has one of the largest veteran populations in the country, with over 36,000 retired and active veterans calling this area home, so attendance for the event is sure to

be high. Now is the time to get involved by becoming a sponsor or signing up to play a round of golf. Contributions and sponsorship opportunities are also available. Our sponsors will enjoy a free dinner Friday, Oct. 23, with Dr. Friedman and the SOF Missions team.

"We are thrilled to be a part of Operation Helping Heroes again in 2020," states Linda Massarella, vice president of marketing and technology communications at On Top of the World Communities. "SOF Missions continues to make a difference in the lives of our nation's heroes and we are looking forward to hosting their second annual charity tournament in our community."

To learn more about Operation Helping Heroes, play in the tournament or become a sponsor, visit OperationHelpingHeroes.com. All proceeds raised from the golf tournament will go to SOF Missions to empower warriors to find purpose and live well.



Preparing for Hurricane Season

By Ray Cech
World News Writer

Whether we're giving a speech, hosting a party or waiting for a hurricane, the master word is "prepare." Here are some helpful hints and some must-do's in getting ready for Florida's approaching hurricane season.

We've probably all heard at one time or another, one of our friends or neighbors say something like, "Oh, no worries. We're far enough inland not to bother about hurricanes." Or maybe you've heard, "Yeah if we survived the big ones in 2004; Charlie, Frances, Ivan and Jeanne, we can survive anything." It is this kind of lackadaisical and nonchalant attitude that is sure to get us in trouble come the real thing.

We'll all be in the same storm, but not in the same boat. We can all get into the same, safe boat by being prepared.

The very first thing residents should sign up for is local emergency alerts at AlertMarion.com. Once signed up, you will receive time-sensitive emergency alerts to either your home, mobile or business phones, email or text message for severe weather, critical law enforcement activity, missing persons and evacuations of buildings or neighborhoods.

Also at AlertMarion.com you may sign up for the Marion County Special Needs Program. This program is for residents who, during periods of evacuation or emergency, require sheltering assistance due to physical impairment, mental impairment, cognitive impairment, or sensory disabilities. The Special Needs Registry is a confidential

listing of those needing assistance and is updated on an annual basis through contact with the registered residents. For questions relating to special needs, please call (352) 369-8100.

AlertMarion.com also links to Marion County Sheriff's Office Emergency Management Division. This is Marion County's lead agency for coordination of emergency and disaster response activities. Emergency Management's mission is to

provide a comprehensive and aggressive emergency preparedness response, recovery and mitigation program in order to save lives, protect property and reduce the effects of disasters in Marion County.

AlertMarion.com is a service everyone should be signed up for year-round - not just for hurricane season.

Be sure to put these dates on your calendar: Friday, May 29 through Thursday, June 4. These are Florida's tax-free shopping days for hurricane/disaster supplies. The list is long, but some examples of tax-free items include flashlights and lanterns (\$20 or less); radios and tarps (\$50 or less); coolers and

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On Top of the World NEWS

The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news." Events and activities that take place behind the gates of On Top of the World are for residents only.

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2020 PUBLICATION SCHEDULE

On Top of the World NEWS

Issue	Ad/Payment/Column Deadline*	Insert Deadline**	Home Delivery
January	12/12/19	12/19/19	12/26/19
February	01/13/20	01/23/20	01/30/20
March	02/12/20	02/20/20	02/27/20
April	03/12/20	03/26/20	04/02/20
May	04/13/20	04/23/20	04/30/20
June	05/12/20	05/21/20	05/28/20
July	06/12/20	06/25/20	07/02/20
August	07/13/20	07/23/20	07/30/20
September	08/12/20	08/20/20	08/27/20
October	09/11/20	09/24/20	10/01/20
November	10/12/20	10/22/20	10/29/20
December	11/12/20	11/25/20	12/03/20
January '21	12/11/20	12/24/20	12/31/20

* Deadline at noon

** Printed inserts deadline by 3:30 p.m. at Heart of Florida

Is It Legal?

Gerald Colen & Rachel Wagoner
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Q. We recently received a letter, which is really considered "old school." The writer wanted to know why we include scam alerts in our column. The writer said that by now, everyone knows about scams running around.

A. There may be a new reader to this column who may not be aware of these scams. Plus, it never hurts to state and re-state scam alerts.

SCAM ALERT #1: The certified copy of deed scam is alive and well. Scammers send letters that appear to come from either the State of Florida or the various counties where you might have just purchased a home or other real estate. No one ever needs a certified copy of a deed. If you close a real estate transaction and later on get a letter about needing a certified copy of your deed, or even just a copy of it, and you are asked to send money to get it; it's a scam.

SCAM ALERT #2: Unfortunately, various scams are circulating about

a cure or vaccine for COVID-19. As of the writing of this column, there is no cure and there is no vaccine. There may be some vaccines in the test stage, but we must wait to see how effective they are and whether they have any adverse effects. When there is a real vaccine, you will hear or read all about it on the news. Before you take any steps (such as holding your breath for 10 seconds (fake news), visit cdc.gov for the most accurate information).

Q. I wonder if you disdain living trusts because you plan on getting the probate of an estate.

A. We've had many, many similar comments about our "disdain for living trusts." We certainly do not disdain them. We've answered these kinds of questions often since we've written this column, but maybe not.

1. We do not favor probate proceedings. We believe probate should be avoided except sometimes in special needs circumstances, where it is advisable for solid estate planning purposes, to use a will which, however, could result in probate proceedings.
2. There are very effective ways to avoid probate without us-

GOLDEN OLDIES HUMOR

By Stan Goldstein



A successful liar must have a very good memory.

ing a trust. For example, establishing payable on death accounts for banking accounts and brokerage and financial planning accounts. Further, pension style funds, such as IRAs, 401(k)s and qualified pension plans can and should have beneficiaries listed on those accounts and if so, they avoid probate, without the need for a trust. It's also the same for annuities and life insurance.

3. If clients come to us and explain that the assets they have are to go to the survivor of themselves and then pass to some children or other relatives equally, that is, the beneficiaries will share everything equally, we propose a couple of options. We can suggest a living trust. In that circumstance, the clients have to have the trust documents prepared. Usually, this means the clients have to sign the trust, plus a memorandum (summary of the trust plus wills, durable powers of attorney and advance directives). That's not all. Then, they need to have to contact

their banks, financial planners, brokerage firms and have their accounts re-titled into their names as trustees of the trust. Well, what about those annuities, life insurance policies, IRAs, 401(k)s? So long as there are named beneficiaries, these are not probate assets. So, to have the beneficiaries changed to the trust, seems to me to be a waste of time because those assets are a probate-avoidance mechanism by themselves. The second option we propose is to suggest that the clients have payable on death beneficiaries listed on those assets. Once that is done, there will not be a probate for those assets.

For many folks, the simplest approach is best and is the one that avoids probate just exactly the same as if they had a trust, but it costs significantly less. Is that always the case? No. But often having a will, when the clients' assets are in payable on death mode, is just what's needed. Look. You should not base your estate plan on what your neighbor or friend does or on what you are told at some seminar. You need to sit down with your attorney and discuss your specific needs with her or him.

Gerald R. Colen and Rachel M. Wagoner, Law Offices of Colen and Wagoner, P.A., are attorneys and members of the National Academy of Elder Law Attorneys and the Academy of Florida Elder Law Attorneys. This column is only intended to present fact situations that may be of interest; and it does not, nor is it intended to provide legal advice. You should always consult your own attorney for legal advice. Mr. Colen may be reached via e-mail at jerry@colenwagoner.com or Ms. Wagoner at rachel@colenwagoner.com. In Ocala, the law office is located in Suite 11 at Circle Square Commons.

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Finding Zen



Christina Shearer
info@sholompark.org

The Sholom Park gates have reopened to the public just in time for June blooms. With the early summer temperatures, many blooms have come and gone. However, there is still time to see some of the many trees, shrubs, annuals, and perennials in bloom at the park.

The Southern magnolia trees have blossomed with beautiful white flowers. You can smell their fresh citrus-like scent from a few feet away. The velvety soft, bright white gardenia flowers have an intoxicating fragrance that fills the air. The delicate white gardenia flower is a symbol of purity, love and gentleness. Its shining, waxy leaves are a symbol of clarity and self-reflection. Its many symbolism make it a perfect flower fit for Sholom Park.

While walking the labyrinth path, be sure to stop and smell the roses. Their vibrant pink and fuchsia colors draw your attention to these

blooming beauties. The lush tropical foliage in the ginger garden is blooming with elegant and exotic ginger flowers.

The formal garden is in bloom with a variety of flowering bushes and newly planted perennials. The plumbago plant with its blue phlox-like flowers thrives in the heat so it has been quite happy with our early summer temperatures. Agapanthus, also known as lily of the Nile, can be found near the Ray Funk statue. These stunning blue flowers also thrive in the summer heat and will bloom for months. The milkweed plant often has a bad reputation and its name alone makes it sound more like a weed than a flower. Its colorful and petite star-shaped flowers are designed for pollination and they are the sole host plant for monarch butterfly caterpillars. Without the milkweed plant, monarch butterflies would no longer exist.

We have resumed our regular hours of operation and have implemented new safety procedures and social distancing guidelines. Come visit the park 8 a.m. to 7 p.m. and discover for yourself the beautiful June blooms.



Photo by Misty Frye

June blooms.

Lifelong Learning



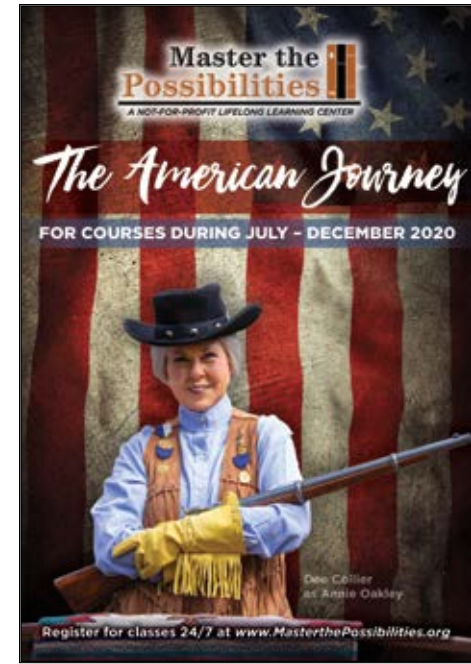
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Master the Possibilities' Kick-Off for the July through December curriculum is going virtual. Our team of staff, faculty and volunteers will be bringing the event to participants online. Those who attend the virtual event coming up Wednesday, June 3, will have the chance to learn more about new and existing faculty members, hear about exciting new courses, and have the opportunity to register for outstanding courses before they become filled. More information may be found on our website at masterthepossibilities.org.

The new catalog will also be available on the website starting Wednesday, June 3, with this term's theme being "The American Journey." This term, we are highlighting various milestones of America's history from before the 1700s to today. We have also placed a special highlight on significant events of World War II, with the year 2020 being the 75th anniversary of the ending of that war. It also happens to be the 80th anniversary of one of the most famous board games created by Charles Darrow and published by Hasbro, Monopoly, which Master the Possibilities will be celebrating with a Monopoly Day in the Education Center Lobby.

For those who would like to attend classes now, we have more than 100 courses available this month. This includes many opportunities through our Distance Learning platform which gives participants the flexibility to take classes from anywhere, most at any time that is convenient. Other courses are being offered virtually keeping the same dates and times in-person classes were scheduled, so participants may interact with fellow classmates and the instructor.

We are celebrating Juneteenth this month with virtual classes. "The Hidden True Story of the Marshall Plantation Raid" will touch on the true story of the raid in early 1865. Research by then-StarBanner reporter Rick Allen in 2016 discovered the truth and added a stunning chapter to Black History




The new catalog will be available online Wednesday, June 3.

in Marion County. Learn the story of daring courage and unheralded success in the only hostile action of the Civil War in Marion County. "Juneteenth: Where Do we Go From Here?" will be facilitated by Emmett Coyne. This course will touch on what Juneteenth is, and what has transpired the 155 years since the end of the Civil War. Emmett will discuss how America still lacks "domestic tranquility," one of the four aims of the Preamble to the Constitution. The virtual presentation will include an open discussion to talk about if and how domestic tranquility is possible. Registration is required for both courses. Additional course information may be found on our website.

We are closely monitoring the stay-at-home phases and are preparing our facilities to offer classes on property soon, based on CDC guidelines. All course location information may be found on our website, along with newly added virtual courses. I would recommend visiting our website frequently for the most up-to-date information on great learning opportunities, and their locations. To reach our team by phone for registration help or questions, please call (352) 861-9751 between the hours of 9 a.m. to 4 p.m. Monday through Friday. Registration is also available 24/7 on our website.

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Community News

Kenneth D. Colen
Publisher

► **Continued from Page 1**

Construction of the signalization project would commence shortly after a permit is issued.

Otherwise construction on mini-storage and RV parking is winding down. All electrical has been approved by the County and started up. The tie in for the lift station is pending, as is finalizing the electronic site access and gate controls. Once the certificate of occupancy is issued, the process of closing out the existing RV facility will begin.

Practical Preventative Home Maintenance

From June through October your air conditioning systems will be running full tilt. These systems don't operate by themselves without proper care and maintenance. For a helpful short video on practical things you can do to service your air conditioning system visit ontopoftheworldinfo.com/homeowner-maintenance/. These include changing the filters monthly and pouring vinegar into the main condensate pan to keep the main drain flowing without obstruction. Check the outflow outside near the compressor. If you don't see the cleaning solution coming out, the drain line is blocked and needs immediate attention.

At least once a year, have your air conditioning serviced by a professional. They will clean the coils in both the air handler (in home) and the compressor (outside), as well as clean electrical connections,

LEASH LAW

Dogs must be on a leash at all times.

and make sure the motors are operating properly.

Landscape Update

One thing about the "shelter in place" order is that it has been a boom for home gardening projects. Container or elevated box vegetable gardens have increased in popularity and June is a great month for growing a small garden and planting shrubs. That said, please remember that landscape modifications apply to all communities, and must receive prior approval from the Owners' Association.

I am mentioning this in my column to remind you that the application process for landscape modifications is very simple. Simply stop by Resident Services to complete

a modification request form. You will be asked to provide a detailed description of the work requested, a drawing of the affected area showing dimensions, the name of the contractor performing the work and proof of your contractor's insurance. A representative from the association will inspect the area and the owner will be advised of approval, approval with modification, or denial.

Storm Preparedness

June is the start of the hurricane season and the time to start thinking seriously about dealing with the risk and inconveniences that may be encountered during and immediately after a storm. Your association makes every effort to

prepare for storm events by securing potential hazards, protecting buildings and association-related assets, and making sure we have an updated recovery plan.

Key personnel are on-call before and after a storm. Water and wastewater personnel are moved on-site to make sure that essential utility services are protected, and the chance of interruption is minimized. Tarps (in limited supply) are kept on hand to secure homes in the event of roof damage.

Despite all of our efforts, much of your own safety and comfort depends entirely on you. To that end, please refer to the "Storm Preparedness - Key Points" article in this issue of the World News.

Preparing for Hurricane Season

By Ray Cech
World News Writer

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batteries (\$30 or less); and generators (\$750 or less).

Ready.gov including other hurricane prep websites tell us that we should have a plan. Plans need to include having a full tank of gas, a cell phone charger compatible with your car, extra propane or charcoal, matches, folding chairs, blankets, non-perishable food, medicine (including oxygen, if needed) and enough drinking water for three days to a week — and remember to fill up the bathtub with water. To stay current with the news during any emergency, a windup or battery-operated radio is essential. Critically important is to have all medications in a secure location and enough on hand for a minimum of a week. Also do you know

how to manually open your garage door?

Everyone in the household should know:

1. Where all hurricane supplies are located.
2. The evacuation route, as well as what shelter(s) are available and how to get there. A dry run to our local shelter should be a must. Marion County is currently working on a shelter plan that will be available at marionso.com/emergency-management.
3. What is the plan for your pet(s)? Normally, there is only one pet-friendly shelter in Marion County. Also, in order to gain admission your pet must be crated. Be

sure to have a week's worth of pet food and water — and don't forget those little plastic waste bags and cat litter.

If you're planning well ahead and are considering a generator, now is the time to make that purchase. Last August, as hurricane Dorian headed to Florida, generators, gas and ice were the big three on everyone's shopping list. Decide what appliances you will want running should the power go out, and how much you are willing to spend, then talk to your selected provider about a portable or whole house generator. Our local home improvement stores are probably a good place to start.

Other "stuff" to consider — cash is king when the power goes out! Buying gas or food could prove impossible if all you have is plastic. It is recommended to have \$1,000 in cash. Be sure that you have copies of all-important documents, like insurance papers, wills, mortgage/home ownership, and phone numbers of anyone you will want to contact. Make copies of all your credit cards, medical ID, driver's license and prescriptions. Should any of this be lost, you will be happy you did.

Now, for all of you who read to the end of this article, here are a few more valuable phone numbers to keep handy:

- Emergency: 911.
- Marion County Sheriff's Office Non-Emergency Line: (352) 732-9111.
- Marion County Citizen's Information Line: (352) 369-7500.

Be prepared and stay safe!



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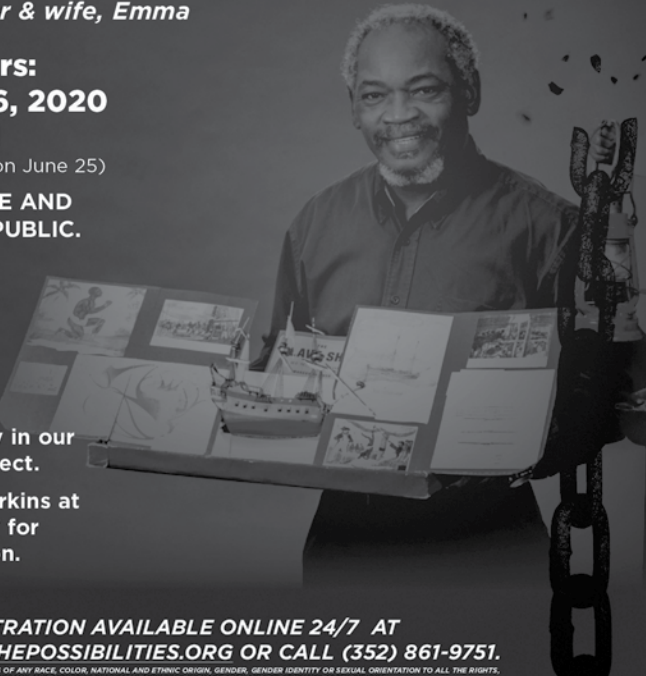
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All Around Our World

Lynette Vermillion
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It was wonderful to begin Phase I of the reopen plan for On Top of the World. Florida Governor DeSantis issued Executive Order Number 20-112, Safe. Smart. Step-by-Step. Plan for Florida's recovery effective Monday, May 4, which allowed On Top of the World to begin the process. Florida will be carefully monitoring state benchmarks, hospital bed capacity and positive test rates before moving forward to Phase II. On Top of the World will continue to carefully monitor State of Florida's, Centers for Disease Control and Prevention's (CDC) and Florida Department of Health's recommendations before moving forward.

I would like to thank residents who have been so patient, cooperative and understanding during these very challenging times. We have received feedback from a number of residents that we have carefully reviewed and responded to. I am happy to say in that feedback, many were encouraging letters and emails acknowledging the need for these closures for the safety of residents and employees alike. Thank you all!

Websites

We continue to direct you to the otowinfo.com, cdc.gov and florida-health.gov websites for the most current and accurate updates on COVID-19.

Resident Services

Resident Services is continuing to answer phones and emails from residents. Residents needing to utilize Resident Services at Friendship Commons may contact the office by phone, (352) 236-OTOW (6869), or email us at otowservice@otowfl.com in lieu of visiting. If you receive a voicemail while agents are busy, you will receive a call back the same day, barring unknown circumstances. Every attempt is made to respond to emails within the same day as well. However, the volumes are very high and this may not be possible. Limited modifications are being accepted due the governor's Executive Order only permitting essential services to be performed.



Phase I Opening

On Wednesday, May 6, On Top of the World golf courses, pools, dog parks, library and restaurants opened with some limitations, reduced hours, social distancing and no guests allowed.

Driving ranges and putting greens have now opened with safety protocols in place. Other safety protocols include one person per cart, no rakes left on the course, and no ball washers or water coolers at the tees.

Pools opened at 50% capacity of the bathing load, users must remain six feet apart unless residents live in the same household and two-hour limit so the many residents who want to utilize the pool have the opportunity to do so.

Dog parks opened with one-hour time limits and six feet social distancing.

The library opened with a six-

person limit and face masks required.

By residents taking personal responsibility and cooperating with opening safety protocols, it is expected On Top of the World will be able to move to the next phase. Careful monitoring of the recommendations mentioned above, Marion County health data, input from Florida Department of Health in Marion County and community response, will be essential factors to moving to the next phase.

COVID-19 Testing

On Top of the World collaborated with Marion County Sheriff's Office Emergency Management, Marion County Fire Rescue and Florida Department of Health in Marion County to set up COVID-19 testing within the community. So far, 400 tests have been conducted. Results are private and only shared with the person receiving the test.

We are hoping to receive statistical data of the testing to assist with re-opening the community.

Trees

Here are five very good reasons to save trees and there are probably many more.

1. Trees clean the air. Tree foliage works as a natural air filter of particle matter such as dust and pollutants that collect on the leaf surface until washed to the ground during a rainstorm. Trees take in carbon dioxide and produce oxygen during photosynthesis. Trees have a significant impact in reducing overall air pollution.
2. Trees improve water quality. Tree canopies and root systems slow and reduce storm water runoff, flooding and erosion. Trees help filter water runoff reducing potential sources of water pollution into our rivers and storm drains.
3. Trees save energy. Trees cool the air naturally in two ways: through water evaporating from the leaves and direct shade. Homes shaded by trees need less energy for cooling which means lower utility bills in summer.
4. Trees raise real estate value. Shaded neighborhoods and well landscaped yards have a positive economic influence on real estate values and timeliness of house sales.
5. Trees protect homes from wind damage. According to studies by the Institute of Food and Agricultural Sciences at the University of Florida, tree canopies diffuse wind force thereby protecting buildings from significant wind and wind-driven rain damage.

We continue to work through the challenges of re-opening On Top of the World Communities amid COVID-19 recovery. Slow, incremental steps are being taken to allow assessment of the impact of re-opening before moving to the next phase.

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Storm Preparedness – Key Points

- Designate a “post-disaster contact” who is a relative or friend who lives outside of the danger zone. Make sure each family member has been given this person’s address and phone number and agrees to contact him or her following the hurricane.
- Keep on hand at least one week’s supply of bottled water and nonperishable food items. You should also have available a manual can/bottle opener, flashlight and battery-operated radio or television (with an extra set of batteries for each). Make sure these items are readily accessible, so that you can quickly pack and evacuate.
- Maintain an up-to-date inventory of everything in your home. Taking photos and/or making videotapes of these items may help support the value you place on them. Also, consider storing valu-

- able items at a secure location away from the house.
- Remove furniture from porches or patio and secure hoses and lawn ornaments so that these objects do not become dangerous or lethal projectiles during a storm.
- Stock up on items you may need to protect your home or to prevent it from being further damaged after the storm has passed. These items may include, but are not limited to tarps or plastic, hammers, nails and plywood.
- Make sure your family is trained on how to turn off damaged utilities.
- At least once per year, review your insurance coverage to make sure it is adequate and up to date.
- Don’t forget about your pet. Some evacuation centers do not allow pets. Making arrangements before a storm reduces the anxiety for both

you and your pet. When a hurricane threatens, immediately take these steps:

- Refill prescriptions and critical supplies such as oxygen.
- Make sure your car has a full tank of gas as power outages may force gas stations to remain closed for several days following a hurricane.
- Store important documents and other valuable items in waterproof bags.
- Bring inside any loose items that can be found around the home. Firmly tie down loose items that cannot be brought indoors.
- Protect or shutter windows. (Please refer to your association’s rules on when to do so.)
- Have enough cash on hand to last at least a full week. Banks and ATMs may be closed for several days following the storm.

During a hurricane:

- Stay tuned to a battery-operated radio or television for weather bulletins and important information.
- Follow the orders of local authorities.
- Stay indoors in an interior room without windows; even inland locations may still be at risk. If conditions worsen, take shelter in a closet or bathroom and use mattresses to protect yourself.
- Don’t assume the hurricane is over when the wind subsides. The calm may be the eye of the storm, and the worse part may still be on the way.

If the electricity goes out:

- Use a flashlight – not a candle or match. You do not want to take the risk of igniting gas from a broken line.
- Open your refrigerator only when absolutely necessary. This will help keep food fresh for as long as possible.

After the hurricane has passed:

- Don’t venture outside until local authorities have issued an “all-clear.”
- Continue to check the radio or TV for post hurricane updates.
- If you have evacuated, don’t return until authorities re-open your area. Remember, you may need proof of residency to return.
- Use a flashlight to look at damage. Allow only those people who have been trained, to turn off damaged utilities (e.g. gas) and disconnect damaged appliances.
- Beware of downed power lines and other debris.
- Wear sturdy shoes and clothing to protect yourself. Peo-

ple are oftentimes hurt more frequently after the hurricane than during it.

- Use only bottled water. Unless otherwise advised, assume tap water is contaminated and sewer lines are out of order.
- If electrical power was lost during the hurricane, be extremely careful before consuming food taken from your refrigerator. When in doubt, throw it out.
- Use the phone only for emergencies. Customer Service maintains an outdoor facility to charge your cell phones. Capacity is limited so be prepared to share the area and facility.
- Conserve water! Do not wash driveways of debris. If the power is out and you still have water pressure, it is only because the water plant is running on auxiliary power and with a limited supply of fuel.

Proper insurance coverage can help reduce the financial burden you may suffer as a result of a hurricane. Here are some additional tips that will make the claims process easier for you and your claims adjuster:

- Don’t alter the condition of the damaged property. Take whatever steps are necessary to protect your property from further damage.
- Contact your insurance agent as soon as possible. Provide your agent or insurance carrier all information pertaining to your claim.
- Make a list of damaged or destroyed property. Your adjuster will be able to work more quickly if he or she has a written list to work from. Photos of damaged property may also be useful.
- Keep records and receipts for all expenses you incur. Supplies purchased to protect damaged property, or the costs incurred while staying at a hotel while your home is being repaired, may be recoverable.
- Try to be patient. Once you report your claim, your claims adjuster will respond as quickly as possible. Delays may be likely, as hurricanes often uproot signs and deposit debris on highways, severely impeding traffic.

Additional Resources

- National Hurricane Center: nhc.noaa.gov/
- Hurricane & Storm Tracking for the Atlantic & Pacific Oceans: hurricane.terrapin.com/
- The Weather Channel: weather.com/
- Duke Energy Hurricane Preparedness Info: duke-energy.com/safety-and-preparedness/storm-safety
- U.S. Department of Homeland Security: ready.gov/severe-weather
- Marion County Emergency Management: AlertMarion.com

For your convenience, a complimentary hurricane checklist is included with your home delivered issue of the World News this month.



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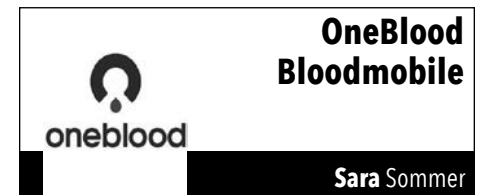
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OneBlood Bloodmobile

oneblood

Sara Sommer

The Big Red Bus® is coming Monday, June 1 with a slight change in location. The bus will be parked at Roses located just outside the main gate in Friendship Center, from 9:30 a.m. to 5 p.m. OneBlood is now testing all donations for the COVID-19 antibodies. Within 48 hours of your donation, you can check the OneBlood website for your results.

The need for blood never stops. With all that has gone on lately, it is even more important to donate the gift of life. Every time you donate, you save three lives and brighten the lives of their family members.

Please bring a picture ID. Eat a good meal before donating and drink plenty of water. See you on the bus.

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Veterans Club

Charles Calhoun

The Veterans Club managed to stay busy and keep active thanks to all who donated to the Interfaith Emergency Services food drive. Five Veterans Club members helped with loading the truck with over 8,000 pounds of food. In addition, there was over \$10,000 collected in donations. I would also like to thank Kari Roehl and Anne Nance Parker for organizing the effort.

I need to really thank Micki Malsch and Rhea Moyers Russell for making over 300 patriotic masks for our veterans at Keller Army Community Hospital, Walter Reed National Military Medical Center and Malcom Randall VA Medical Center.



Photo by Charlie Calhoun

Five Veterans Club members helped with collecting and loading donations for Interfaith Emergency Services.



Photo by Bob Woods

Has anyone seen this Red Hat lady traveling around the roads of On Top of the World with her dog on the handlebars? She should not be difficult to spot! The rider is the famous Maxine.

Williamsburg Neighbors

Ginny Nardone

In early 2018 a group of Williamsburg neighbors met to make plans to rejuvenate the neighborhood social scene. I am happy to report the work this group did resulted in new social activities that are still popular and well attended. However, this is only one part of the story.

The group identified as a second goal to be a caring and helpful community. During the last few months, I have observed and heard of many acts of kindness in our neighborhood; I would like to share some of those stories with you.

In April, Williamsburg participated in the food and funds collection for Interfaith Emergency

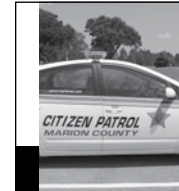
Services and we really stepped up to the plate! A large portion of our residents made contributions to this effort, which is a great example of what a neighborhood can do together.

Large efforts are very visible, but smaller, supportive actions are not always noticed. Here are a few examples of how our residents have supported their neighbors: sharing baked goods and meals, repairing an outdoor light fixture, raking leaves, grocery shopping, a drive-by birthday celebration and a two-person chat on the front porch. Our small efforts can make a huge difference in a neighbor's day and will make us a stronger community.

If you are new to Williamsburg and have questions or would like to be added to the email contact list, please call Ginny Nardone at (352) 304-8619 or Cathy Higginbotham at (352) 509-4266.

Community Patrol

Erwin Fluss



We can't wait to return to being the "eyes and ears" of On Top of the World and Marion County Sheriff's Office.

The Community Patrol is here

to watch for unsafe happenings around our area. We call attention to traffic rules and some reminders for your safety.

This is again a call for volunteers for our service organization when we are able to operate once again. For more information, please contact Paul Altman (860) 460-7632 or shelvesc@aol.com. Stay safe and see you soon!



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Indigo East

Janice Liberton

Greetings to all Indigo East residents! Please note that all of the following resident events are tentative.

The Spring Craft Show has been rescheduled for Saturday, Nov. 21, from 9 a.m. to 1 p.m. Crafters who may have changes in schedule or have questions, please contact Melinda at (309) 224-9200.

The Indigo East Social Committee is hoping that the scheduled Saturday, Nov. 14 barbecue/hog

roast may still be possible. Melinda will be contacting the caterer to see if they can still meet their contractual obligation. More information on this function will be posted as it becomes available.

There are two excellent methods to gather information on the happenings in Indigo East. The first is to join the Indigo East Facebook page. The other is to contact Steve Schlesselman at steveschlesselman5@outlook.com and register for Indigo East emails. Some information in the email is the exact same as the Facebook page; and many times, Steve has insight from residents on events in and around Indigo East in the email. It is recommended you sign up for both

communication methods. Please note, Steve has changed the email name from the Indigo East Flash to Indigo Email.

We would like to take this opportunity to thank all Indigo East residents for their resiliency. We would also like to take this opportunity to thank all essential personnel and volunteers working the frontlines. Thank you to those who helped neighbors, made and distributed masks, the mysterious neighborhood painted rock fairy, and so many of you who helped and prayed for others.

I would also like to thank Mr. Colen for his insight and resolve in keeping all On Top of the World residents safe. Thank you also to

all On Top of the World employees who have worked so hard in keeping our community going and beautiful!

If I have unintentionally missed someone, please forgive the oversight and know that you too are appreciated.

Upcoming dates to remember:

- June 6: D-Day World War II
- June 14: Flag Day
- June 19: Juneteenth Day
- June 20: Summer Solstice
- June 21: Father's Day

Until next time, please stay well and safe. As usual, I'll see you around the neighborhood. Have a great June.



Candler Connection

Debra Keirn

All events that are listed below are tentative, and if cancelled, information will be forwarded to you in a special edition of "The Happenings" or on the Candler Hills Facebook page.

Hopefully, we can resume the potluck dinners in September. One is currently scheduled for Tuesday, Sept. 29, at 5:30 p.m. at The Lodge at Candler Hills. Residents with the last names beginning with A-H should bring a side dish or salad; I-R a main dish; and S-Z a dessert. Setup volunteers should arrive by 4:15 p.m. and all others by 5:15 p.m. to obtain a seating table number. \$1 per person covers eating utensils, plates, napkins, decaf coffee, and hot tea. A 50/50 drawing will be held. To attend, please contact Deb Keirn at (352) 414-5737 or at arthurkipdeb@verizon.net.

The postponed Spring Dinner

Dance has been cancelled. If you wrote a check for payment for this event, John Bain can simply destroy your check or return it, if you wish. If you paid by cash, John Bain will communicate how to get your money back for this event in a future edition of "The Happenings." If you have any questions, please contact John Bain at (804) 677-5664.

The postponed golf cart scavenger hunt and barbecue has been rescheduled for Saturday, Oct. 17.

If you are interested in greeting new neighbors and helping with the very important Candler Hills ambassador program, contact Amy Waller at abwarnp97@aol.com. Several neighborhoods within Candler Hills still need ambassadors.

Some future events to look forward to:

- Ice cream social: Sunday, Aug. 16.
- Annual fall picnic: Sunday, Oct. 25.
- Holiday party: Saturday, Dec. 12.

The 2020 speaker series is as follows thus far:

- Monday, Sept. 14: Doug Hart

from Seniors vs. Crime Project.

- October: Pat Gabriel from the SR200 Coalition.

New residents of Candler Hills can log onto candlerconnection.org and fill out the form to receive "The Happenings" by email in order to learn about events and activities. Currently 1,210 residents receive "The Happenings."

The Candler Connection Face-

book group has grown to more than 900 members. This Facebook group is a good source of information for Candler Hills residents.

Richard Steinfeldt will provide a new resident online presentation in the near future.

The next Candler Connection board meeting will be held Friday, June 5, at 2:30 p.m. via Zoom.

Stay healthy and safe. Hope to see you at future events and around the neighborhood!



Avalon Social Group

Sherry Whitmer-Hall

The Avalon Social Group is looking forward to welcoming new Avalon residents to our neighborhood this fall. The Avalon Social Group potluck is a great place to meet your neighbors from all the different sections of Avalon.

We do not have dues and our structure is relaxed. There are no assigned seats and we like to seat

new residents with current residents. We were all new once and really enjoyed the chance to meet other Avalon residents.

There are special name tags to identify new residents and we encourage current residents to take time to introduce themselves to our newcomers. Our goal is to provide a comfortable space where we can meet our neighbors in a relaxed atmosphere and share an evening getting to know each other. It is incredible to have so many people, from all walks of life, here at On Top of the World share their experiences and stories.

The potluck dinners will be Mondays, Oct. 12, Dec. 14, March 8, 2021 and May 10, 2022.

Please feel free to call Sherry Whitmer-Hall at (913)638-9256 with any questions, suggestions, or ideas for speakers, games or activities. We hope to see you this fall. Have a safe summer.

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Democratic Club

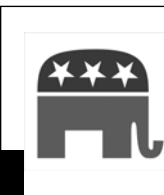
Dan Lack

It appears that it will be a while before we meet again in person. Instead I will send an email to club members at our customary meeting time Thursday, June 25, at 6 p.m. with a YouTube.com link so you may view the cartoons that I would have displayed at that meet-

ing. We can all use a good laugh. Our in-person meetings also provided opportunities for new members to join our club. Since those meetings aren't possible right now, if you would like to join the Democratic Club, please use the contact information at the end of this column and provide your name, address, phone number and email address. If you are an Indigo East resident, please email a copy of your current Gateway of Services pass. After we confirm that you are a registered Democrat in Marion

County, you will be an official club member. There are no dues. You will be on our email list so that you can receive information about what you can do in your spare time to support your fellow Democrats and the nation. If you are tired of singing Happy Birthday twice while you wash your hands for 20 seconds, you may also sing Twinkle Twinkle Little Star one time. We continue to support the Ocala Ritz Veterans Village so that we can show our appreciation to these

men and women who sacrificed so much for us. They are in need of disinfectant and wipes, masks, anti-bacterial soap, hand sanitizer, shoes, paper towels, toilet paper, feminine hygiene products, dish detergent, laundry detergent, toiletries, canned food and dry food. Club members will receive "where and when" information via email. For more information, contact Dan Lack at (352) 509-4942 or otowdemclub@gmail.com or visit our Facebook page (On Top of the World Democratic Club). You are not alone!



Republican Club

Lizabeth Woodard

This month's column will focus on the controversial Electoral College. It's controversial because in the past, whenever a candidate received the highest popular vote but not the highest Electoral College vote, there was an outcry to discontinue its use. This situation has occurred only five times in our history—most recently with the 2016 election.

The Electoral College is not an institution of higher learning as the title might imply. Rather, it is a process by which the president and vice president of the United States are selected every four years. Our Founding Fathers included the Electoral College in the Constitution (Article II, Section 1) as a compromise between the Congress selecting the president and a popular vote of qualified citizens electing

the president. The process is somewhat complicated and would take more space than allotted for this column. However, for the purpose of brevity, each state receives a certain number of electors based on the total number of representatives in Congress with one vote each. The Electoral College is comprised of a total of 538 electoral votes of which a candidate must receive 270 votes to win. When you cast your vote at the polls, you are actually voting for the slate of electors promising to use their vote for that candidate's ticket. Electors can be elected state officials, or state party leaders or someone with a personal/political association with their party's candidate. They are either nominated at their state party convention or voted by the party's central committee. Florida is allocated 29 electoral votes - one for each of their two Senators and one for each congressional district. Congressional districts are determined by the state's population using the census con-

ducted every 10 years. Due to the great influx of people moving to Florida in the past 60 years, its total electoral votes have grown from 8 to 29. It is projected that Florida will have an additional two votes allocated for the 2020 election. Currently, Florida is tied in third place for holding the highest electoral votes. Thus, Florida is an important swing state. Why is the Electoral College important? If we relied solely on the popular vote, only a few major states with highly populated cities would determine the election, namely New York, California or Texas. Candidates would campaign only in those densely populated ar-

reas while smaller, less populated states would be ignored; such as Maine, Wyoming and Nevada, to name a few. The Electoral College ensures that the different interests of the entire country are considered and represented. Folks, that is the Electoral College in nutshell. The Republican Club will hopefully begin meeting again soon on the second Friday of each month at 7 p.m. in the Arbor Conference Center Dance Studios I-III. For further information, please leave a message at (518) 534-0201. Your question(s) will be answered as quickly as possible. In the meantime, stay well, safe and positive.

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Check Front End Components . Adjust Camber/Caster/Toe If Needed. Check Tire Pressures . Reset T.P.M.S systems if Needed.

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Pilgrims

By Bob Woods
World News Writer

Remember history class? One of the first subjects in U.S. history was that of our pilgrim fathers settling in Plymouth escaping religious persecution in England. They left England on the Mayflower and encountered many hardships on their voyage and upon arrival in the Plymouth Colony. That was just about the end of the history lesson with the exception of Thanksgiving.

Over the past years there have been many residents who have visited the beginning at Plymouth, Massachusetts along with the pilgrims' first landing site and community in the new world at what is today called Provincetown on the tip of Cape Cod. Recently, some of those same residents visited where it all began - Plymouth, England.

The group of adventurous travelers was bused to Plymouth Harbor upon our arrival to England's southwest coastal city for an excursion by boat to tour Plymouth Harbor. The city basically has two harbors, one for small craft and the other for large ocean-going vessels along with navy ships and huge dockyards. The small harbor is crammed with all types of pleasure and fishing craft with little space for any additional boats making the entire small harbor look like a can of sardines.

Many noticed that on the granite quay wall near where our excursion boat was to depart the American flag, along with the British flag fluttering in the breeze. The flags were placed on either side of a small memorial which is a heavily weathered granite Doric portico honoring those of the Mayflower. In front of the memorial was a granite stone placed into the sidewalk with the name Mayflower and the year, 1620. Taking a few steps through the memorial leads the tourist to a mini balcony which allows views out to sea. A plaque nearby states these are the Mayflower steps in which supposedly the passengers took to board the Mayflower.

Further investigating revealed that the actual steps, pier and anything associated with the departure of the Mayflower have since been



Photo by Bob Woods

Bev Woods, Lynn Beaudry, Pat Bowles, Annette and John Ware have their picture taken at the Doric portico erected where the Mayflower set sail for the new world in 1620 at Plymouth, Harbor, England.

added. The Mayflower departed from this location in 1620 with 102 passengers, a third of which were Puritans seeking religious freedom and the rest were hired to support the expedition.

The actual steps no longer exist, the granite piers were extensively rebuilt in the 1790s. The tablet with the ship's name marks the approximate site while everything else has

been added since.

Local historians believe they have narrowed down the actual site of the Mayflower finally casting off located roughly where today sits an early Victorian public house, the Admiral MacBride. The Admiral MacBride is a traditional English pub located on the historic Plymouth Barbican. It is the oldest pub in Plymouth.

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Back at The Ranch

Rus Adams
(352) 861-8180
rus_adams@otowfl.com

During these challenging times, Ranch members and guests have been dearly missed. The fitness, administration, maintenance and construction teams have been busy preparing for The Ranch Fitness

Center & Spa's reopening. Here is what you have to look forward to: the fitness floor upgrade is complete with new strength and cardio equipment, brand new fitness flooring, equipment has been positioned to accommodate spacing guidelines, and the pool and deck have been resurfaced. As part of our safety protocols The Ranch will no longer offer towel service on the fitness floor, pool or locker rooms; please bring your clean towel from home.

Our functional training room has become a fitness filming studio! The Ranch has been providing live-streaming workouts and virtual fitness. You can find these workouts on the Virtual Fitness page at RanchOcala.com or on our Facebook page.

The Ranch fitness team prepared a group fitness schedule that will provide fitness classes soon after reopen. The adapted class schedule will accommodate members and will implement appropriate spacing guidelines.

The salon is open. We reached out to everyone whose appointment was canceled and rescheduled them; we are now open for scheduling new appointments.

For up-to-date information regarding our phased reopening, visit our website and/or Facebook page.

If you need to contact us, please email info@TheRanchFitnessSpa.com, which is monitored regularly to better serve you.

Take care of yourself and remember that staying at home, social distancing and good hygiene have kept us safe; continuing these practices will keep it that way!

We look forward to seeing you soon.

CONGRATULATIONS

Birthdays • Weddings • Anniversaries



Helen Hess
100th Birthday

Please e-mail birthday, wedding or anniversary announcements to otownews@otowfl.com by the 12th of the month.

#TogetherButApart at On Top of the World

By Taci Clay

Through these challenging times, On Top of the World has been spreading positivity for those in the community. While staying safely open for potential new residents, there has also been a huge effort from On Top of the World employees to take care of its residents. The Club at Candler Hills and Sid's Coffee Shop & Deli stayed open to provide residents with food and coffee; The Ranch Fitness Center & Spa went virtual so members could stay active from home; there was a fun outdoor, social-distancing community challenge to keep our residents engaged during the stay-at-home order; and much more!

One big way that On Top of the World has been helping is by donating non-perishable food and personal hygiene items to residents who are homebound and unable to shop for themselves right now.

In just three days, employees from all departments came together and were able to donate and gather On Top of the World satchels full of groceries and personal hygiene items for 12 anonymous resident families in need. Fresh, hot meals were also delivered to the families.

Some items in the satchels included:

- Air freshener
- Bar soap (individually

- wrapped)
- Travel size dishwash soap
- Dishwasher detergent (pack of 5)
- Travel size disinfecting wipes
- Travel size fabric softener
- Hand soap (7.5 oz)
- Travel size laundry detergent
- Individually wrapped paper towels
- Pretzels on-the-go packs
- Individually wrapped sponges
- Individually wrapped tissue packs
- Individually wrapped toilet paper
- Three-pack toothbrushes
- Individually boxed toothpaste
- Trash bags (pack of 13)
- Snack packs of tuna salad and crackers

Residents of On Top of the World have also been coming together to support those in need. Many residents have been making and donating face masks and collecting and donating non-perishable food items for local food banks.

It's times like these where we can really sit back and see how much of a generous, family-oriented community On Top of the World is from the employees to the residents.

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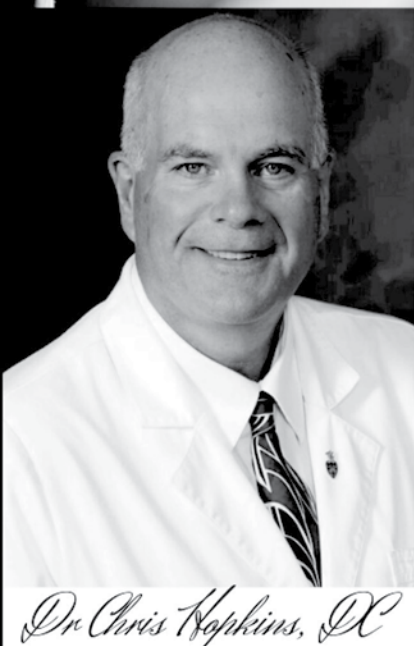
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On Top of the World BUS SCHEDULE
Monday - Thursday

MORNING ROUTE	PICK-UP LOCATIONS	TIME	
The Lodge	SW 87th Cir.	8:35 a.m.	
Williamsburg	91st Cir. E. - 91st Cir. W - Post Office	8:42 a.m.	
Providence	90th St. - 92nd Pl. Rd. - 96th Ct. Rd. - 97th Cir	8:47 a.m.	
Avalon Post Office	Parking Lot	8:51 a.m.	
Windsor East	94th Pl. - 94th Lp.	8:55 a.m.	
Windsor West	95th St. - 95th Lp.	8:58 a.m.	
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	9:01 a.m.	
Recreation Center	At Bus Stop Sign	9:04 a.m.	
Americana Village	89th Ct. Rd. - Post Office - 85th Ter. Rd.	9:08 a.m.	
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:12 a.m.	
Friendship Colony	83rd Ter. - 90th Pl. - 87th Ave. - 97th St.	9:16 a.m.	
Friendship Park	97th St. - 94th Lane	9:20 a.m.	
Friendship Village	89th Ct. Rd. - 92nd St.	9:22 a.m.	
Friendship Colony	90th St. - Post Office	9:26 a.m.	
Candler Hills Community Center	At Bus Stop Sign	9:31 a.m.	
Exit Community		9:36 a.m.	
Indigo East Community Center	Parking Lot	Call one day in advance for pick-up	
MORNING DESTINATIONS	ARRIVE	PICK-UP	
Freedom Library	9:42 a.m.	12:40 p.m.	
Jasmine Square	9:50 a.m.	12:35 p.m.	
Dillard's/Kohl's	10:00 a.m.	12:25 p.m.	
Sam's Club	10:10 a.m.	11:15 a.m.	
Home Depot	10:15 a.m.	11:25 a.m.	
Ollie's	10:18 a.m.	11:30 a.m.	
Paddock Mall	10:22 a.m.	12:15 p.m.	
Walmart	10:27 a.m.	11:45 a.m.	
Target	10:37 a.m.	11:50 p.m.	
Hobby Lobby/Shady Oaks Shopping Center	10:47 a.m.	12:00 p.m.	
Gateway Plaza	10:52 a.m.	12:05 p.m.	
Return to On Top of the World to begin drop-off/pick-up for the afternoon run.			
AFTERNOON ROUTE	PICK-UP LOCATIONS AND TIMES		
The Lodge	1:15 p.m.	Candler Hills Community Center	1:20 p.m.
Crescent Ridge Post Office	1:38 p.m.	Friendship Colony Post Office	1:25 p.m.
Recreation Center	1:43 p.m.	Williamsburg Post Office	1:28 p.m.
Americana Post Office	1:49 p.m.	Avalon Post Office	1:33 p.m.
Friendship Post Office	1:54 p.m.		
AFTERNOON DESTINATIONS	ARRIVE	PICK-UP	
Friendship Center	2:00 p.m.	4:10 p.m.	
Publix	2:05 p.m.	4:15 p.m.	
Walmart Neighborhood Market	2:15 p.m.	4:25 p.m.	
Aldi/Lowe's	2:19 p.m.	4:30 p.m.	
Save A Lot	2:25 p.m.	4:05 p.m.	
Big Lots	2:30 p.m.	4:00 p.m.	
Beall's & Dollar Tree	2:40 p.m.	3:50 p.m.	
Walmart	2:45 p.m.	3:45 p.m.	
* All times are approximate			
For information, call the Recreation Center at 352-854-8707 ext. 7530 or 7533			

The Community Bus will be running according to schedule as long as the Governor's requirements are allowing. We continue to direct you to the www.otowinfo.com, www.cdc.gov, and www.floridahealth.gov websites for the most current and accurate updates on socializing and transportation.



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Photo by Bob Woods

Loretto Chapel

By Bob Woods
World News Writer

The Loretto Chapel in Santa Fe, New Mexico is a former Roman Catholic church that has become a museum and wedding chapel. The chapel was commissioned as part of the Loretto Academy, a school for girls in 1873, by the Sisters of Loretto. The chapel is best known for its unusual helix-shaped spiral staircase. The academy sisters credit the construction of the staircase to St. Joseph. The construction of the chapel was built from locally quarried sandstone.

The "miraculous" spiral staircase rises 20 feet to the church's choir loft while making two complete turns, all without the support of a newel or center pole. The staircase is constructed out of wood and is held together by wooden pegs and glue without nails or other hardware. The wood used to build the staircase is unknown but has later been confirmed to have been built out of some type of spruce not native to New Mexico.

The staircase was built some-

time between 1877 and 1881. A professional woodworker stated, "It's mind boggling to think about constructing such a marvel with crude hand tools, no electricity and minimal resources."

The finished staircase is an impressive work of carpentry which seemed to defy physics as it ascends 20 feet without any obvious means of support. The Sisters of Loretto view its construction as a miracle and believe the mysterious builder must have been St. Joseph himself. The staircase and its construction have become one of Santa Fe's most famous tourist attractions and destinations. The builder has never been identified but there are plenty theories floating around Santa Fe.

The staircase was originally constructed without handrails and reportedly was frightening to descend. Some of the students and nuns descended the staircase backwards on their hands and knees. It wasn't until 1887 that railings were constructed by another wood craftsman. The chapel was utilized by nuns and students daily until the school closed in 1968. The academy was torn down except for the Loretto Chapel which became a privately-owned museum.



Photo by Bob Woods

Loretto Chapel in Santa Fe, New Mexico.

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Toilet Paper Challenge

By Kathy Cornell

It's long been since the days of Mr. Whipple that a certain bathroom paper product has so thoroughly captivated our attention. With our normal activities on pause and trying to put a fun spin on the situation, our family and some Tex-

as Connection Social Club members did the toilet paper challenge. This is a fun brain game where you take the title of a television show, movie, book or song and substitute a word with "toilet paper" to come up with a new version. It's all for



giggles and many times the results were spot on (no pun intended). Now here's your brain game. A little tale follows that is woven from some of the contributions to our challenge. See if you know the original title. Keywords will clue you in if you get stumped.

Though an uphill battle was likely coming, we had the "Toilet Paper Blues," that was forcing us onto the street. We had to figure out "How to Get Away with Toilet Paper" without committing a felony. Anticipating that it wouldn't be "All Quiet on the Toilet Paper Front" we hoped to avoid a fight with the "Invasion of the Toilet Paper Snatchers." We couldn't toy around and have our "Toilet Paper Story" result in the dissatisfaction of saying "I Can't Get No Toilet Paper." Finding that "There's No Toilet Paper for Old Men" in our country and that an attractive female can't find "Pretty Toilet Paper" does not make you soar as "Lord of the Toilet Paper" or roar as "Toilet Paper King." Will our "Good Toilet Paper Hunting" be successful? Yes! With our dollars in hand we scored "A Fistful of Toilet Paper." Though we still feel constrained, "The Toilet Paper Redemption" is upon us and we can now sing "Toilet Paper is a Many Splendored Thing."

Speaking of singing, here is a guaranteed-to-make-you-laugh rendition of the Everly Brothers "Bye

Bye Love" compliments of Gina Sheppard.

Bye bye toilet paper
Bye bye smoothness
Hello rawness
I think I'm a gonna cry

Bye bye toilet paper
Bye bye sweet caress
Hello harshness
I feel like I could die

There goes my toilet paper with someone new
They sure look happy, I sure am blue
That was my toilet paper, until they stepped in
Goodbye to comfort, that might have been

Bye bye toilet paper
Bye bye smoothness
Hello rawness
I think I'm a gonna cry
Bye bye toilet paper bye bye

What does any of this have to do with Texas? Not much except that all contributors have a Texas connection and it goes to show that we know how to have fun. If you also have a Texas connection and are interested in hanging out with folks like us, contact me at (352) 300-3729 or kcornell54@cfl.rr.com for more information.

Magnanimous Giving

By Ray Cech
World News Writer

8,000 Pounds of Food
7,500 Cookies
\$10K

No. Resident volunteers were not provisioning the First Army. And while those numbers are staggering, they are not fake news, but actually represent what was collected by neighbors in our community for Interfaith Emergency Services and Brother's Keeper.

It all began as the brainchild of Kari Roehl. Kari and her husband, Steve, moved to Candler Hills last July from Michigan where Kari was a health and wellness instructor. Since so many Ocala residents are out of work, the dent in charitable giving grew serious. Kari recognized the need and began organizing a foods drive - "Any little bit would help," she thought. So, she started by passing out flyers around the neighborhood, and then segued the quest to Facebook. "The response," says Kari, "was anything but little. It was overwhelming."

Residents volunteered their homes as drop off/collection centers - there were 28. Beginning

Wednesday, April 22, people began dropping off food, cookies and money by the bagful. On the following Tuesday, it took 13 volun-

teers with a rental truck and almost six hours to stop at all 28 homes where they sorted and bagged the donations and moved it all onto the truck. From there, 7,500 cookies went to Brother's Keeper and almost four tons of food were accepted by Director Karla Grimsley of Interfaith Emergency Services for distribution.

Kari Roehl says that she was euphoric with the turnout and the magnanimous giving of our residents. "I hope that what we've accomplished as a community will give incentive to others so that when they see a need, they too will step up to the plate."

Kari will also be coordinating a pet food and supply drive in June.



Photo by Ray Cech

Volunteers packing up food donations for Interfaith Emergency Services.

The Rise and Fall of Comets

By Jim Shuman

For resident astronomy buffs, the big story in May was "The Rise and Fall of Comets." As reported

in last month's World News, two comets were moving in their orbits around the sun throughout May:



Photo by Jim DiPaolo

Comet Hale-Bopp in 1997, taken with a Nikon F4 and Tamron 200-400mm lens mounted on a Meade 12" LX200 telescope guided manually for 32 minutes.

Comet C/2017 T2 (panSTARRS) and Comet C/2019 Y4 (ATLAS). And while Comet panSTARRS was to remain too faint to be seen by naked eye, Comet ATLAS had the potential to become as bright as Venus! Alas, Comet ATLAS fizzled when it broke up into smaller pieces in late April - an occurrence not uncommon to any comet as it nears the Sun and begins to heat up.

But then, just as our hopes of a bright comet were dashed, yet another comet with dramatic potential appeared! Comet C/2020 F8 (SWAN) has arrived in the vicinity of the Sun and already sports a growing tail. It has been visible to Florida observers throughout mid-to late-May in the wee hours before dawn. And after it passes in its orbit around the Sun, Comet SWAN could be visible in very early June in the evening dusk just above the north-northwestern horizon near the bright orange-colored star Capella (in the constellation of Auriga). It will be nearest Capella on Sunday, May 31, and Monday, June 1. Using binoculars may help you to find the comet at first, because it will be fainter than Capella. If we are in luck, Comet SWAN may be just bright enough barely to see with the naked eye.

And remember, a comet's tail

always points directly away from the location of the Sun, because the Sun's radiant energy makes the comet's head glow and pushes hydrogen and dust away from it in "the solar wind."

Excitement about astronomy continues to grow here as the R/C flying field and R/C auto track reopen. That is also the location for the Moonstruck Astronomy Club's evening observations of the heavens. Observing sessions will be announced via email in the afternoon of any day that weather conditions will allow for an open sky and owners of telescopes are willing to set up for others to see interesting celestial objects. Sessions begin after dark and last into the evening, depending on the conditions and on the prospect of seeing specific targets as they cross the night sky.

Club meetings are on the second Thursday of every month from 1:30 to 3 p.m. This month's meeting on June 11 will remain online using Zoom. Any resident can join the Moonstruck Astronomy Club, and new members are welcome! Yearly club dues are only \$15. For information about club registration and the club's monthly Zoom meetings, please contact President Jim DiPaolo at moonastroclub@gmail.com.



Genealogy Society

Peter Parisi

On Monday, April 20, Donna Cunningham, our educational coordinator, gave an educational presentation, via Zoom, on "Using Land Records to Advance Your Genealogy Research."

In 2019, Donna said she did not have any information on 21 third great-grandparents because they lived before 1820 and civil vital records on birth and marriages before 1820 were not kept in the U.S. You may be able to find information using church records and land records.

Why use land records? They may be the only record that proves a relationship, e.g. husband/wife or parent/child. Also, look at the neighbors who may be a relative. Land records are the only U.S. records that go back to the 1600s, except for a few rare church records. Land records can put your ancestor in a time and place. They may, also, be the only records available if the original records were destroyed in a fire at the county records. Landowners would then bring their original deeds to be re-recorded at the county records office. They can be used to prove that two people with slightly different names are actually the same person or different people with similar names.

Land was initially dispersed by the state government of the original 13 colonies, or states descended from them, plus Hawaii, Texas and the northeast part of Ohio. The

land was labeled as State Lands, and then called "individual lands" or "private lands" if they were sold or transferred.

Land was dispersed by the U.S. government starting in 1785 to raise revenues depleted by the Revolution and also granted land to soldiers in lieu of compensation. These were called Federal State Lands because they covered land not included in the original State Lands dispersal and covered 30 states plus most of Ohio. The detailed application process gives better genealogical records and is the largest group of records prior to 1900. They can, also, be used to validate land grants by England, France, Spain and Mexico.

Current land records are normally on county websites, except for some states which record by municipality. Google to find the property records which could be with the county clerk, recorder, appraiser or auditor. They are almost always based on previous deeds, so look for that transfer and previous ones.

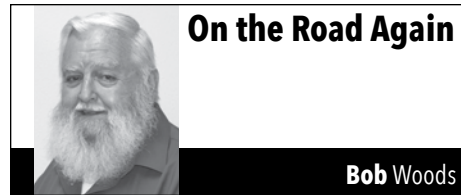
Many states have combined their records on uslandrecords.com. Pre-1900s are in the FamilySearch.org catalog. Federal state records are at glorecords.blm.gov/.

All of the following meetings take place at 10 a.m. in the Hobby Building Event Room. However, if On Top of the World meeting facilities are still closed, members will be notified by email that we will conduct the meetings using Zoom.

On Monday, June 8, we will hold an open genealogy discussion by the membership on genealogy issues or discoveries they have learned.

On Monday, June 15, there will be an educational presentation to be determined

Visit us at otowgens.shutterfly.com.



On the Road Again

Bob Woods

Spring is just about gone and summer is around the corner.

As of this writing, Rhapsody of the Seas departing Feb. 2, 2021 and the Bermuda cruise onboard the Empress of the Seas departing May 17, 2021 have not been cancelled. Complete itineraries can be viewed on the club's website at bobwoodsontheroadagain.com. Prices for these cruises may have changed since the flyers were printed. Call Bob for details.

It has been brought to my attention that some people are having problems with trip insurance and deposits. Allow me to try to clarify. If you purchased trip cancellation insurance on your future trip and that trip is cancelled by you, then the insurance cost is not refundable. When the club books group cruises that is one item I check with the club's travel agent and unless the participant wants to pay up front for the insurance, then fine. It is recommended that the insurance be paid at final payment. Why, in most cases unless otherwise stated before, your deposit will be fully refundable up to final payment. Generally, your insurance costs are not.

Deposits are another sore spot when folks try to get their money

refunded. There are two types of deposits: a refundable deposit and the other a non-refundable deposit. This is up to the individual which one to choose. A refundable deposit is when the participant can receive a refund for any reason up to final payment, which is generally 90 days before sailing. The non-refundable deposit is just what it implies. In most cases, the cost of the cruise is a little cheaper in price than the cruise where a refundable deposit can be obtained. I would rather pay a little extra for the cruise knowing my deposit is refundable.

The prices between the two types of deposits for cruises can vary from just a little to hundreds of dollars, depending on the cruise cost and length of the cruise. In both cases, to receive your deposit and money paid, a cancellation is required as well as a doctor's certificate. Generally, the travel agent can obtain the necessary papers for a cancellation. There are times when people will book a cruise directly with a cruise line thinking that savings is worth the risk can be shocked when trying to get their cash refunded. "Cheapest is not always the best course."

When inquiring about a cruise, either with a club or through a travel agent, it is best to ask a few questions before saying yes for the cruise and placing a deposit.

Any questions concerning the club's upcoming cruises, please call Bob at (352) 854-0702.

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Travel Toppers

Anne Parker

Final plans for many of our trips have not been finalized because of safe social distancing requirements. To remain current until we are able to publish another brochure, please visit traveltopperstours.com for up-to-date information. In the meantime, there will be no further trips until fall.

If you are interested in the seven-day trip to the 2020 International Albuquerque Balloon Fiesta, contact Linda Hein at (352) 861-9880 (Monday through Friday, 9 a.m. to 1 p.m. only). A deposit of \$200 per person is required at the time of booking. Be sure to use the exact name on your government issued ID. Air will be out of Orlando on Thursday, Oct. 1, with all coach arrangements made with Mayflower Tours. This trip will include sightseeing in the Old Town of Albuquerque, evening balloon glow, mass ascension, two nights in Santa Fe, and visits to historic venues in surrounding areas. The total cost is \$2,848 per person plus \$50 for transportation to and from the airport. Linda will be escorting this trip. If you have already reserved this trip, Linda will notify you if Mayflower needs to make any adjustments.

A trip to the 36th annual Craft Fair in Mount Dora, Florida is scheduled for Saturday, Oct. 24. This event features over 350 of the best crafters in the country. Currently the bus is scheduled to leave On Top of the World at 8 a.m. More information including price and the coordinator's name will be available in the future on our website.

Reservations have been made for "A Christmas Story: The Musical" and lunch at the Show Palace in Hudson for Christmas Day. This play featuring a leg lamp, pink bunny pajamas, a cranky Santa, and a triple-dog-dare are just a few obstacles between Ralphie and Christmas. Pricing and other details will be available for this trip later in the year.

The rescheduled trip to Mango's Tropical Café and Dinner Show in Orlando, Florida has been set for Saturday, Jan. 23, 2021. Dinner includes appetizers, salad, choice of three entrees, dessert, and coffee or soda. Alcoholic beverages are available for purchase. The bus will depart at approximately 3:30 p.m. and return around 10:30 p.m. The price, contact information, and other pertinent details will be available on our website later in the year.

The rescheduled Father's Day 2020 trip to Sanford to enjoy a three-hour cruise down the St. Johns River on the Barbara Lee will occur June 20, 2021. A delicious meal will be prepared fresh onboard and served at your table. Meal selections, price, contact information, and other pertinent data will be posted in a future column.

Remember these trips are open only to residents and their guests.

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The Resting Tree
by Patricia Abrams

I sit beneath the Resting Tree
Its height goes as far as my eyes can see
And touches the sky with leaves of green
The most unusual tree I've ever seen

With bark that twists and turns about
This tree struggled to reach the sun, no doubt

I trace the lines diagonally to the right
And wonder if it ever rests at night
Or does it twist toward the moon
And, what does it do right about noon?

I wouldn't have noticed this Resting Tree
If it had not been pointed out to me
What someone saw, most would overlook
This tree that rests quite near a brook

And at its base someone built a walk
Of bricks that twist as if to talk
About the patterns in this tree
And I heard the words it said to me

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Our very own Ellen Cusamano has been very busy making masks for anyone who wants one. She has made over 250 masks for friends at On Top of the World and for her family up north. She also makes ditty bags and helmet hats for servicemen and women through Operation Shoebox. Thanks, Ellen, for all that you do! Keep up the wonderful work!

At the end of April, five of us caravanned to a few blueberry farms in Marion County. First, we journeyed north on 441/301 to Aunt Zelma's in Island Grove. There were many families there picking their own blueberries, but we chose to buy ours from the stand set up near the fields. Everyone was practicing social distancing, even small children. But it was nice to be out in the fresh air and sunshine. We stopped at the Island Grove Wine Company that is right across 441

from Aunt Zelma's fields. A very nice young man came out with wine lists so we could choose what we wanted. We made our choices, he went back inside and got them for us, and we were on our way in no time. After getting our wine we drove down to Belleview to the Abshier Blueberry Farm on 467. What a beautiful place! I will definitely visit both of these farms next year at harvest time.

We have changed the dates for our annual trip to Daytona Beach. We are now planning to go from Friday, June 19 through Monday, June 22. The Bahama House has been very cooperative and gracious during this time. Lois will keep everyone informed about any changes that may occur. If you have any questions or concerns, please give her a call.

Please remember that you may join the SWANS at any time! We always welcome new members and new ideas! As a SWAN, you are never alone! Stay healthy and smart about your activities! If you are interested in joining us, please contact Lois Nix for more information.



The Women of the World board has met and discussed this health and community situation in which we find ourselves. Our discussions have brought us to the following decisions for our club membership. Because we have such a large membership, which we are very happy about, the opening of any meeting for the numbers in our membership will most likely be nonexistent for the remainder of 2020. We have decided our club will take a hiatus until January 2021 and at that time, we will review and see what our situation will be at that time.

We know this will affect our dues as well as the club year. The board has also consented to remain and when we commence our club again, hopefully in January 2021, we will review the dues and calendar year. And of course, we are

working with the management of On Top of the World. The board voted that the money collected for the luncheon and style show, will be donated to Hospice of Marion County, our dedicated charity for this event.

The baskets that were made and collected will be returned to the person who donated the basket. It is your decision what to do with that basket. If you do not want the basket back and want to donate it, it will be given to Hospice of Marion County. Please email us at womenoftheworld2019otow@gmail.com to let us know your decision. The wreaths that were made by the work parties, to be auctioned off at the luncheon and fashion show, will remain in the hands and possession of the women who made them.

We look forward to once again, being able to meet and socialize together. We all will be anxiously awaiting that day. Again, if you any concerns, please email us at womenoftheworld2019otow@gmail.com. Everyone please stay safe and vigilant. Virtual hugs to all!



Active Singles Club (ASC) is a club created for single residents. We are single, not alone!

We all miss our family and friends now that we are social distancing. This is the time for our support groups to be on speed dial!

One of the many positives of joining ACS is that you expand your friendship circle and make new friends. Once restrictions are lifted, come to group events and

be comfortable knowing that other singles will be there and happy to see you.

Here is a sample of our monthly activities: club meeting, happy hour, and game night. Wallyball is every Saturday and golf scrambles and hiking are ongoing. ASC hosts events and many will be rescheduled once we are able to do so.

For June we are spotlighting Becky Anderson, who moved from outside Philadelphia, Pennsylvania to On Top of the World two and a half years ago. Becky, a registered nurse, spent her career in health care and focused on working with pregnant moms for them to have healthy babies. Becky's career ran

from clinical practice to teaching.

After retiring and before moving here, Becky was able to realize a dream. She rented out her house and lived for over two years in a motor home. While most people talk about making a real change to their lives, few people have the determination to make it happen. Becky divided her time between Florida, the Outer Banks, and visiting with her adult children and their families. An independent woman, Becky has several memories from her time on the road. When asked what she learned from this experience, Becky said that when you set your mind on something, you can achieve what you want.

When asked what she likes about living in On Top of the World, Becky said the people and the activities. She said there is an activity here for everyone. She joined ACS at about the same time the club was formed. As a member from the beginning, Becky has seen ACS grow and change. Through ACS she has made great friends.

Becky is one of the interesting people you will meet at ASC. If you want to find out more information, please consider attending a meeting once they resume. Information requests are also accepted at activesinglesotow@gmail.com.



Did you ever wonder who makes up the Jewish Club? There are leaders and followers, doers and helpers, working together to weave a fabric of caring throughout our neighborhoods.

The Jewish Club is a patchwork of identities who come from every walk of life in America and beyond. Some are amazing cooks. Others make great reservations. Some like to garden; others would rather play. They are mirrors of you and me with the same goals for a peaceful, happy and healthy retirement as every person in our community.

What we have in common is we love to get together, eat bagels and lox, have fun, share and learn. We

love music, events and sports. Social distancing has limited us to driveway conversations, but we know this too will pass.

We are thankful to be in a wonderful place that has kept us safe. We look forward to once again being able to meet and share and learn about our rich history and the accomplishments of our forefathers.

When appropriate, we will get together as the lunch and dinner bunch and dine at our favorite venues. We plan to continue that through the summer.

We look forward to an autumn season that will allow us to gather together again for a club meeting at the Arbor Conference Center Dance Studios I-III. Our meetings are on the third Sunday of each month at 1 p.m.

For more information, contact (410) 935-2625.

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World Traveler

Bill Shampine

Ocala gets an average of 50.6 inches of rain per year, over an average of 117 rainy days. That is a fair amount of rain, but what if you lived in a place where it really rained a lot, a place such as Sohra (also known as Cherrapunji)?

This village is located in north-east India and holds the all-time record for the most rainfall in a calendar month and in a year. In July 1861, this little village received 370 inches of rain. Think about that for a moment. That is an average of 11.9 inches of rain a day for 31 straight days! If you go outside, don't look up, you might drown.

During that same period, between Aug. 1, 1860 and July 31, 1861, Sohra received 1,041.8 inches of rain. That's more than 86 feet of water. You also have to realize that it is monsoonal rain, and, on average, 92% of the annual rainfall occurs during the six months between April and September. Using the 92% factor, that would translate to an average of about 5.7 inches of rain per day, every day, for six months. Now, that's serious rainfall.

Why does the area get this much rain? The first reason is the geography. Sohra sits on a plateau in the southern part of the Khasi Hills, at an average elevation of 4,690 feet. This plateau rises 2,165 feet almost straight up above the surrounding valleys. The next two reasons are the monsoons and the prevailing wind patterns. During the monsoon season, the moisture-laden clouds from the Bay of Bengal are blown directly through these deep valley channels and are forced up to get over the mountains in a process called orographic lifting. Science lesson time - as moist air is pushed upward, it gets cooler. Cold air cannot hold as much water as warm air, so, as it cools, the moisture condenses and falls as rain.

A classic local example of this process is in the State of Washington. Western Washington is lush and green and eastern Washington is dry and brown. As the moisture-laden, east-bound winds from the Pacific Ocean climb over the moun-

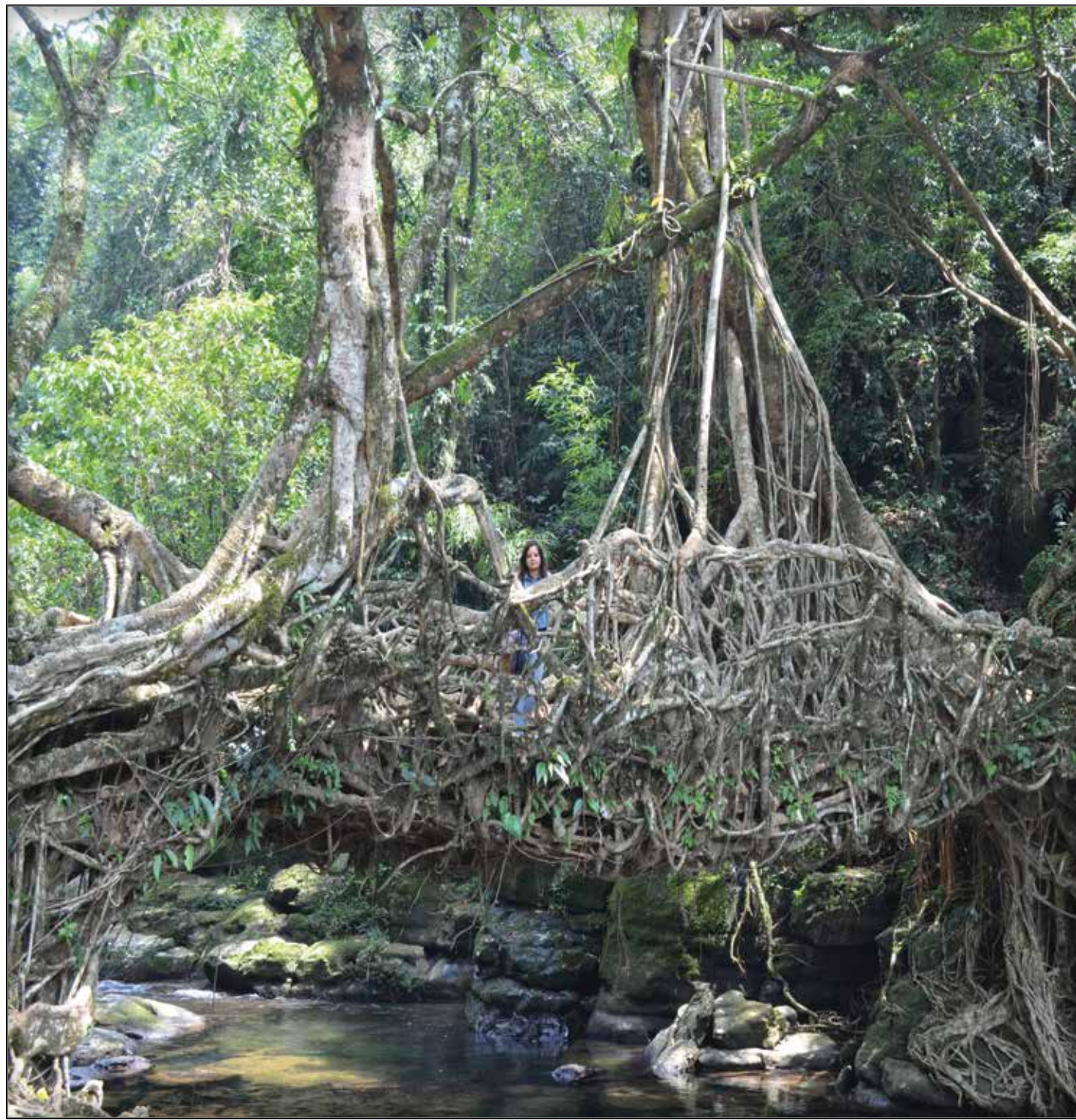


Photo by Arindam Das

A living root bridge at Sohra, India.

tain range in central Washington, the moisture in the air falls as rain on the western slopes. Once the air gets to the eastern side of the mountains, there is very little moisture left in it, hence no more rain.

There are some surprising impacts of this weather pattern. Despite the abundant rainfall, Sohra has suffered from an acute shortage of potable water for hundreds of years, particularly during the drier months. The inhabitants have had to trek long distances to obtain

their potable water. Recently however, the locals have implemented rainfall harvesting techniques that have greatly helped the town and neighboring villages relative to their access to potable water throughout the year. Secondly, irrigation is hampered due to excessive rain that washes away topsoil and the irrigation infrastructure.

Finally, how can they build long-lasting bridges across the many streams and rivers that get swollen to impassable levels every year?

They did not have access to steel, and a bridge made of wood will not survive very long in this environment. They actually solved this problem hundreds of years ago. Over many centuries they learned how to manipulate the roots of living rubber trees in order to create a bridge. It takes 10 to 15 years to make one of these bridges, but once constructed, they typically last for hundreds of years. Ingenious.

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Native Plant Group

Ron Broman

About nine years ago this column featured a tree. Same species, different tree. The only thing visible was a huge, perfectly (almost), white object with a green spider inside.

Some of you might remember it (maybe), but most won't even know what we're talking (writing) about. Now, hopefully, you will.

If you look closely and it's clear enough, the photo will give you some helpful clues as to its placement here in On Top of the World.

But first, a few of its many attributes.

It's a medium-sized tree, growing up to about 50 feet or fewer.

Its leaves, about six to eight inches, sometimes even longer, are leathery. What's special about them is their color and texture. The upper surface is dark green, which shines in the sunlight. The lower surface, would you believe, is rust colored and feels almost like felt!

It has some of the most beautiful white to cream flowers you can imagine, and if that isn't enough, the cones that remain after the flowers' demise are filled with bright red berries that encase black seeds (as I recall).

Its family has been on this earth a very long time, suggesting that



Photo by Ron Broman

Where in On Top of the World is this tree?

it's really made of the "right stuff." Now it's your turn to find it. The only clue that's missing today from the picture is the flag. For some reason the folks who live there decided not to put the flag out.

By the way, for some extra fun and a small bonus, you might come

up with its common and/or botanical name. (Part of it is the same.)

As I mentioned before, during this "slight waiver" in our life stresses these days, this photo was taken around December 2019.

So join our Native Plant Group

when we can meet again to maintain the SW 94th Street circle, the Longleaf Pine Trail and Arboretum and the Belleview Library's native garden. In the time in between, please stay healthy and remember it's gargantuan to grow native!



Goodie (Good Boy).

Photo by Paula Gajewski



SPCA of Marion County

Paula Gajewski

At the end of January, we took in a black mouth cur mix and named him Goodie (Good Boy). Linda Trickey has worked with him and loved on him, walking all over, keeping him safe, teaching him how to act in a house, etc. He is signed up for MADTA obedience training and will attend those classes whenever they resume.

In the meantime, check him out. He is a healthy 38 pounds, very strong, about three years young, up-to-date on vaccines, neutered, and looking for a fur-ever family. We do not recommend cats in the home. This baby is full of love and greets people with an open heart.

If you are looking for a lifelong pal and can handle an energetic dog, contact SPCA of Marion County at (352) 362-0985 or spca.marion.county@gmail.com

We encourage all our friends and supporters to stay safe. We hope to resume normal activities in September.

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100 Grandparents

Melinda Sutherland

In September 2018, I attended the Club Fair at the Recreation Center where I came upon a table representing the 100 Grandparents. Evelyn Sarns Holiday explained how this club worked. There were no meetings, no dues, you simply read to the children once a month at Romeo Elementary. Being a retired preschool teacher, I was intrigued. I signed up and was placed on the sub list.

A few months later I received a call asking if I could sub. Yes! I was like a child on my first day of school. I laid out my clothes, set my alarm so to arrive promptly at the True Value parking lot. Here we waited for the school bus to transport us. On the ride there several of the regulars filled me in on the routine while sharing their experiences adding to my excitement.

There was such joy being back with children. They and the teachers were so appreciative. Of course, I was only in the classroom for about 30 minutes. I didn't have to do the lesson planning, disciplining, or meetings. I did the fun stuff.

When we were done reading, we returned to the media center for refreshments and a presentation

of the goals Romeo had for the students, their family, and staff. Romeo is considered a Title 1 school, which means they work with children in an economically challenged area. Some children enrolled know little or no English. The commitment of the staff is unmeasurable in doing whatever is needed to give each child an opportunity to excel. That first meeting almost made me want to come out of retirement ... almost.

I thoroughly enjoyed subbing while waiting for my own class, which came sooner than expected. The last three months of the school year one of the regular grandparents moved and I was given her class. The children missed her but welcomed me with hugs. These memories would stay with me all summer as I waited for the new school year.

The new year started September 2019. There was excitement by everyone to once again see each other. All was going well until March 2020. Little did we know it would be the last time we would read to the children. Not being able to say goodbye was hard on everyone. Yet, we look forward to our reunion with much anticipation.

I am grateful for that chance meeting with Evelyn at that Club Fair. If you would like to volunteer your time, please contact Paulette Bourgon at (904) 424-2044 or Charlene Czopek at (352) 857-8765 for more information. They are taking over the position held by Evelyn as club organizer. We wish them well. We also want to express our gratitude to Evelyn for her dedication to the 100 Grandparents.



Computer Club

Chris Kilbride

Every Saturday at 9 a.m. the Computer Club meets for an hour through our online meetings to answer both PC and Apple related questions regarding software and hardware. Our otowpcclub.org website will give lots of great information about our group.

This month we highlight John Toner who grew up in Northern Ireland, then moved to Coventry, England to work at Bristol Aircraft Co. as a draftsman. After emigrating here to Bronx, New York, he was employed by Leviton Manufacturing in quality control. He and his family of four children then moved to Commack, Long Island, employed by Lily Tulip Company as a machine designer. He was promoted to manager of design and became liaison engineer for the many Lily plants throughout the U.S. and Canada, involving a lot of travel.

Around that time was his first exposure to any type of computer, similar to a teletype machine. Other jobs in his career included product manager at PMI Motors, manufacturing the "pancake" motor; director of product design at Digital Data Systems; design manager at Narda Microwave; and design manager at Brookhaven National Lab in the magnet division.

What he regrets about his career is the fact that being the boss restricted him from learning more about computers. John rectified that 12 years ago by joining our club and appreciates all the help he has received from our mem-

bers. John and Linda visit Ireland each year to see his family, and have traveled to Australia, French Polynesia, Indonesia and Thailand along with many cruises.

Before moving here, John and Linda were snowbirds for five years in Cabo San Lucas, Mexico. As an avid golfer and racquetball player, he has won many trophies and medals for running 5Ks in Ocala. He also enjoys gardening, is a member of the garden club, grows many vegetables, and donates the excess to neighbors and the local fire department.

All residents are welcome to join our club, with \$10 individual yearly dues or \$15 per couple. You can join at a meeting or call President Bill Torzsa at (352) 873-8519 for more information. The Contact page on otowpcclub.org or email otowpcclub@gmail.com will get you in touch with us.

Each Thursday from 9 to 10 a.m., we offer free online help sessions. Members may discuss their PC or Apple computer, smartphone or device issues for one-on-one instruction.

Recent monthly presentations were about iPhone tips, StoryWorth writing your own life's storybook, making a Shutterfly photo book, Google Drive and apps, Apple watch, digital estate planning, identity theft, and passwords.

Members may list on our website any computer related software or hardware for sale or to give away.

Software links for PC and Apple related topics are listed on the website to help you on your educational journey to learn more or find a solution to a problem.

We keep the meeting fun and offer good advice and solutions to help to our members. Hope to see you on Saturday!

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Michigan Club

Nancy Meininger

Now we finally have the time to dream about what was, and tip-toe back through places we loved. Michigan will always be on the top of our list.

The Michigan Club is an opportunity to share our favorite memories with old friends and new who can relate to events like the Woodward Dream cruise. I am still convinced those are the coolest cars on the planet parading there as we ogled them all from the curb through

the Bloomfield Hills neighborhood. Water was another big part of our Michigan experience - speed boating down the St. Clair River, watching the freighters from Walpole Island's beach at our annual cousin picnic and marveling at the crystal-clear sky-blue waters of Lake Charlevoix.

From our cottage on Houghton Lake, we would sit by the crackling fire on wintery nights and watch the snowmobiles zooming across the lake, occasionally going airborne over ice sheers near our dock.

In the summer, we could wander through fields of trilliums breaking through the snow in stands of trees around the lake.

As a young girl I grew up loving

the water as I peered over the rail of my uncle's big cruiser. He assured me this former lifeboat off the DC line in Detroit would never sink, because it had air tanks built around its entire perimeter!

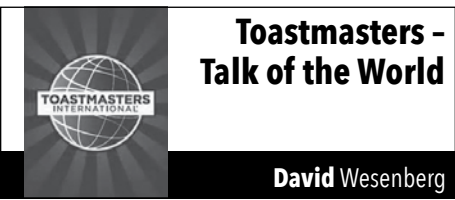
Our memories included a top-down trip up I-75 when my husband and I were first married. The day was beautiful and sunny, and with the top down we did not feel the sun's rays. However, the next day, two lobsters climbed out of bed and tried to get into chilly Lake Michigan to sooth our painful shoulders. Ahhh - even the memory still hurts!

Copper Country in Michigan's upper peninsula was a favorite getaway with amazing natural

wonders to explore, like pictured rocks on Lake Superior's shoreline. In Houghton Hancock area, we learned to love the five-foot snows of winter, with white outs as we drove up to see the snow carnivals every year.

We also spent many weekends at University of Michigan, cheering on the blue and gold. That was of course, when Michigan State was not playing football at home.

We are looking forward to fall this year, when hopefully we can gather the Michigan Club for our annual Coney Island hot dog barbecue at the pavilion Sunday, Oct. 4, at 5 p.m. If you have any questions about the Michigan Club, please contact Nancy Meininger at (352) 342-9757.



Toastmasters - Talk of the World

David Wesenberg

Talk of the World Toastmasters at On Top of the World has been learning how to conduct virtual meetings with Zoom. What a great time to join us with the convenience of remaining at home. To get an email link to join our meeting contact Pam Winter at (908) 229-1694 or pamelawinter.dtm@gmail.com.

How do our Zoom meetings work? Just follow these steps:

- An invitation email is sent with directions how to sign on to Zoom and our meeting.
- On the email, click on the link to the Zoom meeting;
- Allow download of Zoom app.
- Join the meeting video.
- Join the meeting audio.
- Now you are participating in the Toastmasters meeting.

Our meetings this month are at 8:30 a.m. Wednesdays, June 10 and June 24. Our meetings will include election of and introduction of our new officers for the coming fiscal year. They will begin their duties in July.

At each meeting you will see:

- Two or more speeches on fascinating topics.
- Table topics, which are very short answers to impromptu questions.
- Evaluations of the speeches and the meeting.
- A lot of fun and comradery.

Anyone can join us. We even have Toastmasters from other clubs in other parts of the country join us. Why don't you?



What's Cookin'

Gary Uhley

Sweet & Sour Pork Chops

- 6 rib pork chops, 1/2-inch thick
- 1 tablespoon shorting
- Salt
- Pepper
- 1/2 cup of Heinz tomato ketchup
- 1/2 cup pineapple juice
- 2 tablespoons brown sugar
- 1 tablespoon lemon juice
- 2 tablespoons minced onions
- 1 teaspoon Heinz Worcestershire sauce
- 1/2 teaspoon salt
- 1/8 teaspoon ground cloves

Brown chops in shortening; drain excess fat. Sprinkle lightly with salt and pepper. Combine ketchup and remaining ingredients; pour over chops. Cover simmer for 45 minutes basting occasionally.

Gary's way: Marinate the chops (mine were 1" thick) in the combined ingredients for a couple of hours first. Then cover with marinade in a small pan and cooked in a 350-degree oven for an hour. Next time, I plan to thicken the "gravy" to pour over the chops when serving.

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If you are not receiving home delivery, please email otownnews@otowfl.com. Please include your house number and street address along with your neighborhood name.

A copy of the World News may be picked up at all postal centers, Resident Services, New Home Sales

Center, Recreation Center, Arbor Fitness Center, The Club at Candler Hills, The Lodge at Candler Hills, Candler Hills Community Center, Master the Possibilities, The Ranch Fitness Center & Spa, Indigo East Community Center and Indigo East Fitness Center.

Visit ontopoftheworldnews.com/ocala, to view or download a PDF of the World News. Please see page 2 of the World News to view the publication/delivery schedule for 2020.

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#13644 - 6/20

LGA-18 Member Trivia

By Susan Yenne

Although we're back to playing golf, LGA-18 league play is suspended until the Golf Shop re-opens. Let's show how we can play responsibly by following the rules of social distancing, wiping down surfaces and not touching flag sticks.

Meanwhile, another game time! Make your best guess and then look for the answers at the bottom of the column. (Hint: They are all members of our league.)

1. Who was on a roller derby team - until her mother found out when she broke both wrists during training one day?
2. Who skied down the bunny slope of Whiteface - the year after the Olympics held competitions there?
3. Who coached an undefeated little league baseball team?
4. Who played catcher for her company's softball league for three years?
5. Who was athlete of the year as a junior in high school?
6. Who is the most likely person you'll run into on a walk because she runs about five miles a day?

Answers: 1. Bobbie Wiener; 2. Molly Lucieer; 3. VaDonna Hall; 4. Lynn Barber; 5. Robbie Limoges; 6. Debby Wilson.



Photo by Betty McNeeley

Balloons and a sign welcomed back golfers between the ninth and 10th holes on The Tortoise & The Hare Wednesday, May 6.

Softball: Memories and Hope

By Tom Sheridan

As softball players wait - not all that patiently, mind you - for the beginning of summer play, it's a good time to remember games past ... and dream of the future.

Once we resume, players can expect a lot of changes.

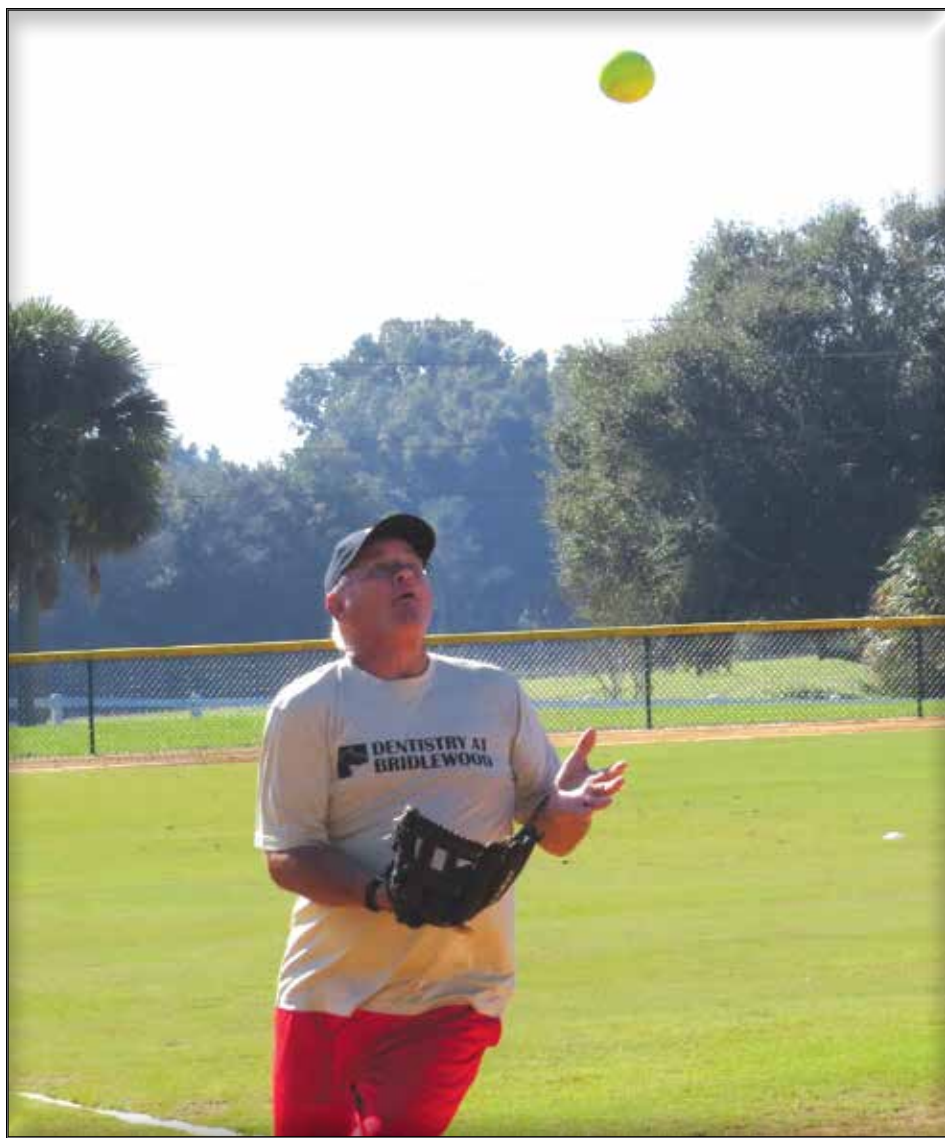
The Softball Club's board of directors has developed a series of social-distancing rules to accommodate the sport. The goal is to allow for practice and play and still protect seniors. The club will also follow rules implemented by On Top of the World officials when they allow the sport to reopen.

Players will also find something else new: a five-team summer league. Interest in senior softball

here continues to grow, from both new residents and the not-so-new. Traditionally there have been four teams in the summer league and six in the winter. With recent growth bringing in several new players, expanded summer rosters have been developed and the league has planned for its first-ever five-team summer league.

Summer play, when it resumes, will continue into September. The league plays year-around with the winter schedule beginning in early October and continuing through May.

For more information about softball, contact tomsheridan.fl@gmail.com.



Photos by Tom Sheridan

It's a basket catch for Bill McIlroy.



Photo by John Workman

The Foam Air Force.

R/C Flyers Prepping to Fly

By John Workman

The weather is nice and the R/C Flyers are ready to get back in the air as soon as approval is granted. Meanwhile, we are getting our own personal "Air Force" ready. Once you have been in the hobby a while you tend to accumulate a number of models. How many depends on your budget and flying skills.

When I first started it was a challenge to build them as fast as I was crashing them. Today, the availability of almost-ready-to-fly (ARF) models makes that challenge obsolete.

I have two groups of models that I rotate through flying as my interests dictate. The most common group is my Foam Air Force of molded foam warbirds. They are highly accurate models of aircraft flown by our military during the years from World War II to the present. Most are reproductions of jet aircraft but using what we refer to as "ducted fan" propulsion. That involves a multi-blade impeller in-

side the fuselage driven at very high speed by an electric motor. There is no combustion involved, but the aircraft flies as if it were a true jet. I like this group because I do not need to assemble them at the field and then disassemble them to fit in the car to take them home.

My second group is the opposite of the first. I have several large models that are too big to get in the car in one piece. Two are World War I biplanes that not only have two big wings but have various wires and cables that have to be connected during assembly. They are powered by gasoline engines similar to lawn trimmer engines and swing big propellers. Their flying characteristics are much slower and graceful. A great change of pace.

These are just a sampling of what our hobby offers. If you want to get involved, we will be happy to help you. Contact any club member and we will either help you ourselves or direct you to experienced members who can. Join us!

On Top of the World.

Together But Apart

The residents of On Top of the World are our rock. Always have been, always will be. Unprecedented times call for unprecedented actions. But, we will get through this TOGETHER...by being...APART.

The Importance of Social Distancing.



Social distancing is currently the most important factor we can control in the COVID-19 outbreak. According to the President's Coronavirus Guidelines for America, everyone should avoid social gatherings of more than 10 people while engaging in recreational activities such as walking, biking, running or any other type of outdoor exercise.

The 6' Wave.



Just because we are social distancing does not mean we cannot be neighborly. Actually, we encourage it! Check in on your neighbors and say HELLO...just keep your distance. Practice what we like to call the 6' Wave.

Throw a Patio Party - By Yourself!



Have a party while your neighbors have their own patio party! Go out to your patio, play some tunes, sing some karaoke and grill up some BBQ, while your neighbor does the same from their patio.

Don't mingle though, but have fun from afar. Take a selfie and send it to PatioParty@otowfl.net. We'll post the pictures at OTOWPatioParty.com so you can see your friends!

Would You Like to Play a Game?



Who says you cannot have fun in quarantine? On Top of the World has just rolled out a fun community game called Stride and Seek Challenge!

You will have to find community destinations around at On Top of the World to win points and earn prizes! Check it out at OTOWStrideandSeek.com

Get Fit from Your Living Room.



Let's get active! Exercise at home along with On Top of the World fitness trainers Cammy Dennis and Jessica Pinkowski as they guide you through workouts that enhance cardiovascular fitness along with stretching exercises. Learn more today at bit.ly/MTPDistanceLearning

Essential Outings Only.



Stay home except for essential needs like food, care for a relative or friend, necessary health care, medicine or to go to an essential job.

If you have to go out, you can limit your exposure to the virus by going alone and limiting the amount of time you are out of the house.

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Western Stars Bowling

Susan Knorr

The Western Stars strikes up the fun and spares no one! Our season has come to an end and we look forward to our next season.

I want to thank Madeline Pearson for her help in delivering envelopes to some of our bowlers; it was an all-day job! I also want to thank my husband for delivering envelopes and putting up with me for those weeks of stress.

Here are the end results for the teams and individual bowlers. First and second place were decided by only a half a point!

1: The Saloon Hoppers (Rose O'Neil, Madeline Pearson, Bernice Lewis and Vince Sabellico). 2: The Dusty Chaps (Pam Trondson, Linda Hodson, Neil Davis, and Doug Trondson). 3: The Cowhands (Helen Bailey, Bob Vitale, Sy Kuskowski and Bill Specht). 4: The Straight Shooters (Jo Apperson, Debby Wilson, Whitney Frye and Billy Boone). 5: The Gunslingers (Mary Hopper, Gerry Golub, Terry Wilks and Joe Wilks). 6: The Lone Strangers (Edie Plachcinski, Judy Schuster and Warren Janes). 7: The Road Runners (Deanne Green, Gil Green, Michael Ciserano and George Fulcher). 8: The Western Strikers (Grace Nelson, Roberta Sabella, Rosanne Vargas and Alan Schneider). 9: The Pistols (Irma Cruz, Michael Cruz, and Pete Sanford). 10: The Hangmen (Barry Adler, Mal Press, and Erv Schamal).

11: The Wranglers (Pat Hampton, Tommy Cummings, Jean Aronson, and Don Cannatella). 12: The Mustangs (Johanna Forceno, Dan Forceno, Susan Knorr and Fred Knorr). 13: The Stampede (Judy Garrett, Jerry Dennis, Henry Vieu, and Joe Schwartz). 14: The Pioneers (Marybeth Bell, Joanne Detterick, Jimmy Johnson, and Don Hood). 15: The Terminators (Barbara Adler, Gayle Ouellet, Sharon Caruso and Sal Caruso).

Individual High Averages
167-Debby Wilson. 194-Neal Davis.
Most Improved
12.60-Susan Knorr. 21.43-Neal Davis.

High Handicap Series
741-Barry Adler.

High Handicap Game
295-Doug Trondson.

High Scratch Series
674-Billy Boone.

High Scratch Game
258-George Fulcher.

High Handicap Series
701-Helen Bailey.

High Handicap Game
276-Susan Knorr.

High Scratch Series
518-Sharon Caruso.

High Scratch Game
216-Rose O'Neil.

The season starts again with our meeting Thursday, Aug. 20, at 3 p.m. League bowling begins Thursday, Aug. 27, at 2:45 p.m. Please call Susan or Fred Knorr at (352) 304-8025 if you would like to join the league or have any questions. The meeting is also open to new members. We are looking forward to seeing you this fall.

CURBSIDE LANDSCAPE DEBRIS PICK-UP SCHEDULE

Monday*

Americana Village
Friendship Park (SW 97th St to 94th St)
Friendship Village

Tuesday*

Friendship Colony (SW 93rd La to 90th Pl)

Wednesday

Alendel
Candler Hills
Friendship Colony (SW 90th St, 82nd Terr, 83rd Ave, 83rd Ct, 83rd Terr, 90th Ct, 89th Terr, 89th Ct Rd)

Wednesday (cont'd)

Indigo East
Larkhill
Sanctuary
Stone Bridge

Thursday

Avalon
Providence
Williamsburg

Friday

Crescent Ridge/Green
Renaissance Park
Windsor

* Due to volumes, pick-up may extend into Tuesday or Wednesday

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Golf

Matt Hibbs
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The PGA Tour and USGA have agreed on rescheduling the major events to the following dates. The Masters will now be played Thursday, Nov. 12 through Sunday, 15; the PGA Championship Thursday, Aug. 6 through Sunday, Aug. 9; and the U.S. Open Friday, Sept. 18 through Monday, Sept. 21. This will be the first time since 1934 that The Masters will be held outside of April. We are all looking forward to an exciting and unique run of major golf events.

In our efforts to make On Top of the World Golf Club as safe as possible we have been administering tee times to avoid large gatherings around the Golf Shop and first tees. All golfers playing Candler Hills, The Links and The Tortoise & The Hare must have a tee time reservation before showing up to play. Tee times will be spaced to every 10 minutes.

The tee time policy for On Top of the World Golf Club will be as follows:

- Tee times begin at 7 a.m. daily. Scheduled tournaments or leagues may alter starting time availability.
- The Golf Shop staff will accept starting time reservations beginning at 7 a.m. by phone or online by golf members. Both World Members and On Top of the World members may enter a tee time request for one foursome, seven and a half days in advance, beginning at 9 p.m. on the online tee time portal. This portal is located at ontopoftheworldgolfclub.com website under member login tab.
- Every person requesting a start time must provide all players' names in order to make a reservation.
- All residents, who are not golf members, may call the Golf Shop six days in advance to book a tee time. Please note that the current Candler Hills Golf Club tee time policy will remain unchanged.

We understand these safety mea-



Photo by George Bausewein

Residents are excited to welcome back golfers!

sures may be burdensome; however, they are an important element in safely reopening the courses. We appreciate your continued support of the On Top of the World Golf operation and know we are here to assist you through this transition.

As we continue to move forward under challenging circumstances, all events and league play will remain postponed until further notice. We will continue to monitor recommendations from the experts and act accordingly. I hope that we will be back to running exciting and competitive events in the near future. We appreciate everyone's patience through this transition.

Golf Tip of the Month

You're facing a tricky six-footer and you can't seem to pull the trigger. You're frozen which makes executing a smooth stroke nearly impossible. If this sounds familiar, then I want you to try this routine when putting.

1. Address the ball.
2. Look at your target.
3. Look back at the ball.
4. Pull the trigger.

The less your mind wanders the better the chance for a smooth stroke. Keep this routine in mind next time you have that downhill six-footer to win the match.



The Bunco Babes Social Group is postponed until further notice. Please refer to the World News for updated information when the group can meet again.

The Bunco for Babies fundraiser luncheon for the March of Dimes has been postponed until Saturday, Sept. 26. Please hold onto your tickets. The location and time are the same as printed on your ticket. I have eight tickets available, if anyone is interested. Tickets are \$25 and include luncheon, 50/50 raffle, door prizes, and cash prizes for bunco games.

The Bunco Babes Social Group plays bunco in the Arbor Conference Center Dance Studio IV, which is the last room facing the building on the right, on the fourth Tuesday of the month. Registration is at 6:45 p.m.; games begin at 7 p.m. Check the World News for the next

scheduled game.

If you have never played before, come see what fun we have rolling the dice in this game of luck (no skill required)! The game is easy and only requires rolling three dice and moving to the next table at the end of game play. New players are always welcome.

The cost is \$3 per person and all monies collected are returned at the end of the game to the category winners. Cash prizes are awarded for the holder of the last player who yelled "bunco", the most number of "buncos", the most number of "mini buncos", the most number of wins, and the most number of losses. All ties result in a roll off with the highest roll declared the winner. There are also two drawings for door prizes for those who did not win any of the cash prizes. Please bring your own beverage and a small snack for sharing if you wish.

It's a great way to have fun and make new friends! For more information, please call Micki Malsch at (352) 615-2790. Stay safe and be healthy until we meet again!

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Men's Golf Association

John Yenne

Now that we're heading into the summer rainy season, it's worth reminding members of our rain rules. The rain policy in the Men's Golf Association Handbook for 2020 begins with this advice: "If you hear it, fear it. If you see it, flee it!" It's the policy of the MGA that if it is raining or rain appears imminent, a decision will be made whether to cancel our event or delay the start time. Under normal circumstances, the decision will be made at least 30 minutes before rally time. Most of the time, this decision will be delivered by email. But members can also call the Golf Shop at (352) 854-8430 to find out if play has been canceled for the day. The Rules of Golf include several statutes regarding weather, including wind, rain and lightning.

- Can somebody shield you with an umbrella while you take a swing? No.
- Can you hold an umbrella in one hand while taking a putting stroke with the other? Yes.

You can find the Rules of Golf at usga.org. Although league play was still suspended at press time, these are the Wednesday events scheduled this month:

- June 3: Chicken Day (The Links)
- June 10: Individual Blind Hole (The Links)
- June 17: Two Man Scramble (The Tortoise & The Hare)
- June 24: Individual Low Net (The Links)



Candler Hills Ladies 18-Hole Golf

Shelly Karsnitz

June is the start of the 2020-2021 golf season for Candler Hills Ladies Golf Association 18-hole league. We all look forward to golfing with each other sometime soon. The golf course is in excellent condition, due to the activity of the maintenance staff over the last few weeks.

Membership in Candler Hills Ladies Golf Association is open to all female residents. The goal of membership in the league is to bring about the enjoyment of competitive play, promote good sportsmanship, and provide fellowship and enjoyment among members.

We'd like to give a special thanks to the 2019-2020 board of officers who have served our league so well over the past golf season. Thank you to President Toni Stevenson, Vice President Jonell Washburn, Secretary Donna Smith, Treasurer Sara Nunn and Shelly Karsnitz, Tournament Director Iro Lisinski, Social and Sunshine Director Rosann Ross and Invitational Director Maria Fournier.

The golf calendar is under way for the 2020-2021 golf season. Please check the calendar of events on our website. The board has some exciting new games and events planned for this year. All league activities are on pause for now, but we hope to resume league play soon, while practicing safe protocols.

Thank you to all league members for supporting and participating in your league events.

Stay well and be safe!



Ladies 9-Hole Golf

Russ Smith

As we continue to move forward under challenging circumstances, all events and league play will remain postponed until further notice. We will continue to monitor recommendations from the experts and act accordingly. I hope that we will be back to running exciting and competitive events in the near future. We appreciate everyone's patience through this transition.

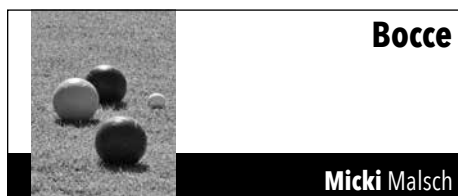
In the meantime, I will continue to help occupy your downtime with another practice tip. Last month's column focused on how to improve your putting stroke. This month we will look at warm-up techniques for the putting green and drills you should be doing before you head onto the course. I'm sure a lot of us are guilty of not rolling a few putts on the practice putting green before a round or you feel your time is being wasted doing so.

Always remember to warm up with purpose. Golf is a game of confidence so every time you go

to the putting green start your first couple of putts from no more than three feet from the cup. Now I know what you're thinking, that three footers are gimmie putts and what do you gain from that? So many times, players forget how good it feels to see and hear the ball fall into the cup. So, start every session on the practice green rolling a couple of balls into the hole to help establish confidence.

Now that we have confidence in making putts, let's implement a drill. For this you will need four golf balls. Place them around the hole to where you will have one uphill putt, one downhill putt, one left to right and one right to left. The purpose of this drill is to show you different looks that you may encounter on the course. Putt several times from these locations and make adjustments after each miss as needed until the ball starts to fall in consistently.

Follow these steps and you will start to see an improvement in your putting as well as a newfound confidence every time you walk off the practice green. I hope that these couple of tips will help you with your spare time. Please be safe, and I hope to see you all back on the course soon.



Bocce

Micki Malsch

This is how we roll! As of this writing, the bocce courts remain closed. When activities are permitted to resume, the courts will open for play.

Open bocce is played on Mondays, Wednesdays, Fridays and Saturdays at 8:30 a.m. and 1:30 p.m. Please arrive a few minutes early so

that a count can be taken and the number of players per court can be decided upon.

Evening bocce is now played on Mondays at 6:30 p.m. This is a league open play time slot. If you plan to play, arrive a few minutes early for sign-up.

Open bocce is a good opportunity to practice or learn the game. Anyone who shows up can play. Teams are determined by the luck of the draw. This is your chance to watch and learn or play; however as a new player, once you have played with the league on three occasions you will be expected to join the league and sign a Release and Hold Harmless consent form.

When the new season begins Tuesday, Oct. 6, dues will be reduced to \$5; this entitles you to play as many times as you want when league or open are played. Any league representative can give you the form to fill out and collect your dues. If you are interested in playing on a team, or being a substitute, please contact President Terry Connolly at (352) 362-7284.

A directory which contains an alphabetical list of all members is in the storage unit. Please make sure you have entered your name and contact information.

Due to current circumstances, the annual banquet was canceled. Next year's banquet has been scheduled for May 8, 2021, location to be determined.

All are welcome to watch, learn or play. For further information, please contact Terry Connolly, president, Bocce Club at (352) 362-7284. Until we roll again ...

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BE READY BEFORE THE STORM!

Florida's hurricane season runs from June 1 through November 30. It is important to plan ahead so you are safe in an emergency.

Get ready now for the risks associated with stormy weather so you are prepared to act when alerted by emergency officials.

On Top of the World

HERE ARE A FEW TIPS TO HELP YOU PREPARE FOR HURRICANE SEASON:

- Build a disaster supply kit (first aid kit, water, canned food supply, etc.)
- Compile a list of medications, including dosage and frequency. Have a 7-day supply on hand, particularly special needs items like oxygen tanks
- Those with special needs should register with the Marion County Special Needs Program to receive assistance during a disaster (marionso.com/special-needs-program or (352) 369-8100)
- Bring in anything that can be picked up by the wind (bicycles, lawn ornaments, patio furniture, etc.)
- Close windows, doors and hurricane shutters*
- Fill your vehicle's gas tank and any gas cans you may have
- Obey evacuation orders
- Pet owners should have plans to care for their animals
- Register for emergency alerts at alertmarion.com

Visit www.nhc.noaa.gov/prepare/ready.php and www.ready.gov/hurricane for additional information.

*Please refer to the Association Rules as to when hurricane shutters may be closed. #10703 - 6/20

Out & About

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- ADVENTHEALTH Ocala HOSPITAL TOUR**
September 17, 2020 | 2:30 - 3:30 PM
or November 11, 2020 | 2:30 - 3:30 PM
Members: \$2, Non-Members: \$7
- TRI-EAGLE SALES BEHIND-THE-SCENES TALK AND TOUR**
October 8, 2020 | 4 - 5 PM
Members: \$2, Non-Members: \$7
- UNDERSTANDING CONSTRUCTION TOUR - MANNING BUILDING SUPPLIES TRUSS FACTORY AND DOOR SHOP**
October 22, 2020 | 9 - 11 AM
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- SHOLOM PARK - WALK AND TALK**
October 23, 2020 | 10 AM - 12 PM
or November 20, 2020 | 10 AM - 12 PM
Members: FREE, Non-Members: \$5
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December 14, 2020 | 9:30 AM - 12:30 PM
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Ladies 9-Hole Golf Play Day

Denise Mullen

Welcome back to playing golf again. It is so good to see you all. At this time, we have not determined when we will resume the Candler Hills LGA-9 play events. We will inform you by email through your Golf Genius portal as soon as we make that decision.

When you do come to play, please remember to observe the 90-degree rule with your carts. This will greatly assist us in maintaining better turf conditions. This means once you hit your tee shot, drive on the cart path until you reach where your golf ball is and then turn and drive out to your golf ball. After hitting your shot, please return to the cart path or the rough on the opposite side of the fairway and proceed forward until you get to where you can travel out to your golf ball. Continue this procedure until you reach the "No Carts" sign or are on the green. As a reminder at the tee boxes and around the green, please keep all four tires on the cart path to reduce the turf wear and tear.

Now that you can warm up at the driving range, have you ever wondered why you can't reproduce those great shots you hit at the range on the golf course while

you are playing? Some of this could be your thought process, or nerves playing in an organized format. Think of how well you were chipping the ball at the short game area and then on the course you skull most of these shots. What changed? The result was one thing and your swing was another.

More than likely you tensed up, got nervous or maybe even anxious as you approached your chip shot. Did that come from your mental approach to your particular shot? Were you thinking in your mind, "I am going to miss this, I'd better not skull this, or I haven't chipped well the last couple times I played?"

Those thoughts weren't prevalent in your practice session more than likely because you are more relaxed during your practice knowing that you have more golf balls to use from the same spot. Whereas on the course, you get one chance to hit that stroke correctly.

The key to changing this pattern is to be aware of your mental chatter and understand that thoughts are optional. Learn to rehearse good thoughts when practicing and then commit to using those same good thoughts when it counts on the golf course. Positive reinforcement will instill better results; and in no time, you will be celebrating lower scores. You can do this!

Please feel free to contact me with any and all concerns or questions you may have at denise_mullen@otowfl.com or (352) 861-9712.



Cornhole Club

Jim Russell & Bill Ballweg

OPEN AND LEAGUE PLAY: We are ever hopeful that by the time you read this column we will once again be tossing bags and having a great time playing the game of cornhole.

The Veterans Park facility is now repaired and available for us to play on. During our first few weeks of play at this new venue, we will be making the determination as to how we will utilize the changes that were made.

As a quick review, in the old location, we played on the horseshoe pit layout. When the Veterans Park facility was built, 10 horseshoe pits were constructed but, unfortunately, could not be used because of spacing issues between the pits. As a result, it was necessary to eliminate five of the horseshoe pits. The layout now has five horseshoe pits properly spaced and five concrete pads where the other five pits were located.

How do we utilize this new layout? Should we play on the five concrete pads and use one of the horseshoe pits to enable use of all six of our cornhole sets? Should we play on the five horseshoe pits and utilize one of the concrete pads for

that sixth set? The main issue with playing on the concrete pads is the additional wear and tear to our cornhole bags. Concrete is going to be much more abrasive to the bag fabric causing us to replace them more frequently.

On the plus side, playing on concrete will keep the bags much cleaner preventing them from carrying sand particles onto the boards which mars the surface and affects how the bags slide. The best solution is to make our decision as a group as to which way we will go after playing for a week or two.

Another issue to consider as we move to the Veterans Park venue is parking. There is plenty of golf cart parking immediately adjacent to the cornhole courts, but car parking is very limited if you don't have a handicapped placard. There are 20 parking spaces for non-handicapped persons and all 20 of them are located in front of the dog park. You can save yourself a bit of a walk if you have a golf cart.

We hope everyone is well rested and ready to get back to playing our favorite sport. If you have any questions about open play, please contact Jim Russell at jimrussell44@outlook.com or (352) 861-6355 or questions concerning league play, contact Bill Ballweg at waballweg@yahoo.com or (404) 207-5268.

OTOWInfo.com



Mah Jongg

Mary Ehle

Well here we are again. Staying in and at a safe distance. I am learning patience that I would not have believed possible. It will be a good thing to come from this time. Hope you are all learning the new card. It is a good time to play all the

hands you never do in real time. I have no news, but I will share that the new card is good, tricky but good. If you are not usually getting flowers it should cause you wonder about the hands that want five of those things. Four flowers are hard enough for me to get. Note that the first hand in the quints is any suit for both the dragons and/or the number. The keyword here is "any." Keep praying that we will get together soon. In the meantime, jokers to you and stay safe.

GOLF CART REGISTRATION

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**Billiards Club**

Phil Panzera

As of this writing, the room reopening is still uncertain. It is clear our community's leaders are following appropriate medical and governmental guidelines to safeguard all of us and that we should support those measures, no matter the impact on our personal circumstances or desires. Good citizenship and a principled and moral mindset require nothing less.

Community staff have received some grumbling about the room closure, along with multiple inquiries as to when the room might reopen. We have been asked to channel these inquiries through Jerry Snyder, our club president, who was elected as our representative to handle these matters.

When I asked Jerry if he had any input for this column his reply was concise and on point, "Patience. Being down is in everyone's best interest." Wise advice. Note that you can always get the latest news about when the room will reopen at otowinfo.com.

Nevertheless, we're all frustrated, understandably so, as pool in its own sublime way is a form of addiction. So, how do we cope? It is fundamentally a matter of our perspective on life. Do we view life generally positively or negatively? Are we a glass half full or half empty person? For example, we should all be very thankful that we are mostly retired, and not suffering the devastating financial im-

part of so many others. It is easy to grumble about our situation, but we need not.

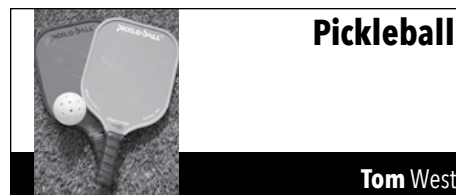
Remain positive and find the opportunity for joy and life that is ripe around us. It was Aristotle who sagely said, "Happiness is a quality of the soul ... not a function of one's material circumstances."

The more one focuses on the negative, the more it gnaws away at you. Psychology studies have repeatedly shown that how you perceive your circumstances makes all the difference in your happiness, health, love, success in life, and even longevity.

U.S. Army rangers are taught a similar view, "When the going gets tough, the tough get going." It's all about mindset. Control the things we can, accept the things we can't, and "get going" so to speak. Find the opportunity to move on and do something positive, for your life or for others.

Do you (like me) have things on your todo list over a year old? Well, get going. Go for a walk. Do something outdoors. Organize that closet or garage you've been meaning to tackle forever. Do something you've never done before. Spend more time with your mate. Learn something new. Start a new book trilogy. Perform a random act of kindness. Take a page out of Ray Stover's book, who has neighborly helped others countless times over the years, with a smile and a spirit that are an example to us all.

It's really just a matter of mindset - keep your glass full and think positively. As strange as it may sound, there really are other things in life more important than pool.

**Pickleball**

Tom West

Use it or lose it. I've heard that phrase more than once over the years and never paid that much attention to it. Upon recent reflections I started remembering some encounters I had with new friends and neighbors in our wonderful community and I noticed that some folks are definitely in the process of "losing it."

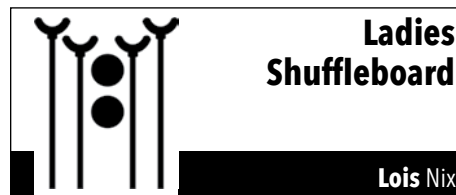
How active you want to remain in your golden years is most assuredly a personal choice. Time has a way of robbing us all of our physicality eventually, but you can stave it off. Now, I can imagine what the readers of this column are thinking - "Another boring recommendation on the benefits of exercise." Maybe, but perhaps another way of looking at it for a slice of the populace that I belong to. I'll let you in on a personal secret. I feel that exercise is about as much fun as watching paint dry. Gym rat? Kudos to you. I admire your determination. Marathon runner? I couldn't have any more respect. For me, regular exercise was put into my daily routine by the military. I liked what it did for me; just hated doing it. Kind of like my mom ordering me to eat my vegetables. I still eat them ... still don't really like them.

The personal solution for this dilemma was to play some kind

of sport. I moved here and started playing pickleball. The people were kind, welcoming, and were above all else, having fun. I played for about eight months before our little break and I lost 12 pounds. My stamina grew and I generally felt better. My range of motion also increased and that is no small thing as we advance in years.

With pickleball in our community you have beginner level, intermediate, and advanced. It makes no difference what level you are at. Remember, everybody will welcome you and you can laugh while you pass the time away and perspire. If you are playing and not laughing, I can assure you that you are taking it too seriously. Yes, we sometimes have serious competition on the courts, but if you are just out to exercise to the best of your ability and have fun while you do it, avoid tournaments. Or work up to them if it becomes a goal for you. With this kind of exercise, the goal is distraction. You are having so much fun and laughter that you don't really think it is an ordeal. You are not looking at a clock thinking about when you can stop.

Pass by the courts sometime. Simply stop for a minute or two when people are in play and listen. You will hear the joy and laughter of your neighbors having fun. In all honesty it reminds me of a school playground when I was a little boy. We have all worked very hard in our lives to get to this point where fun is one of our main priorities. That's how I feel. Maybe you do too.

**Ladies Shuffleboard**

Lois Nix

Our 2019-2020 shuffleboard season ended sooner than usual. Thank you to management for keeping us safe. We do not have a date when the courts will be ready for play, the old courts are closed.

The board members discussed

that at this time we will not have a ladies only summer season, which would have started in June. If by chance the courts are ready before September, we will let everyone know. Ladies shuffleboard is open to all women residents.

We were not able to have our end of the season meeting nor board nominations. Our present board has agreed to continue to serve for the 2020-2021 season. Have a wonderful summer, stay safe and hope to see you all in September. Happy shuffling.

Here are the top wins in our 2019-2020 season:

Most Games Won

1: Sally Herrick and Diane Carlyon;
2: Kathy Kloss; 3: Cindy Sipe; Most 30+: Barbara Stickles.

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- **Leaky Faucets/Showerheads:** Dripping can range from several gallons to hundreds of gallons of water per day.
- **Water Hose:** When left on with leaks at the spigot or nozzle.
- **Irrigation System:** Automatic irrigation solenoid valves not closing properly or excessive run times including multiple program cycles.
- **Water Softeners:** Excessively backwashing or the backwash valve failing.

*Water loss is estimated and varies depending on severity of leak.

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Call of the Wild

Roger Bonifield

Well, as Bob Dylan said, “the times they are a changing,” and hopefully now it’s for the better. We have certainly had to make some changes over the last several weeks, some more difficult than others, but now it’s time to get things rolling again, at least to some degree.

The best news is fishing was and still is a viable option, and a great way to get outside and enjoy some truly fresh air. As you can see, I certainly took advantage of that. Speaking of that, as I don’t like putting my own ugly mug out there too often, please send me some quality pictures of your fishing or hunting successes. I would love to get more people’s stories out there. If

you are a club member, you should have my email, if not, give me a ring.

At the writing of this column, we were still able to keep our Wednesday, June 3 meeting on the schedule. We typically meet the first Wednesday of every month, from noon to 2 p.m. in the Hobby Building Event Room. If that changes, I will get a message out to all members, so keep an eye on your emails. If you’re not a member and want to check that status or just get more information, please feel free to call me at the number below.

Although our activities do slow down a little over the warmer summer months, we do hope to have some fun activities coming this fall, including a possible reschedule of our great annual fish fry, so stay tuned. I want to thank everyone for your patience and understanding during these times! Call Roger Bonifield at (352) 300-3601 with any questions.



Photo by Carol Bonifield

President Roger Bonifield shows off a nice 24-inch redfish taken near Yankeetown, Florida.



R/C Car Club

Gene Mangold

Brother and sister are perfectly normal until they race each other. Teddy and his sister, Bamie (names changed at their request), seemed like typical friendly, fun loving residents as they ascended the steps to the driver’s stand together. But things changed drastically when old childhood sibling rivalry took over at the start signal.

Novice racing usually involves five drivers who are still practicing on a simplified oval racecourse. The serious driving competition skills are reserved or postponed for when novices graduate to class racing. Well, their first race together was anything but gentle. By the time the three-minute race was over each of their cars had to be carried to the finish line with bumps, dents and scratches from many collisions. (So much for the older brother protecting his younger sister.)

Bamie said recently, “When racing against Teddy or anyone else, I separate the car from the driver. After the race you step back into the real world and how we feel about each other. It’s always about

having fun. I was introduced to it by a friend. It is a lot of fun, but the best part of the club is the camaraderie within the group. I am looking forward to getting back to racing when it’s safe for all of us.”

The racetrack, fencing and shelters are classified as an amenity which is graciously provided by On Top of the World. The R/C Car Club calls the track their home and has installed and continues to maintain the computer shack, gates, timing sensors, all the racing equipment and liability insurance. It is therefore necessary to have dues to keep

the club solvent. The club members clean the sand and dirt off the track twice a week and picks up debris.

Members also continually repair the track rails while On Top of the World maintains the shelter tarps and the grass. This is a joint partnership of maintenance.

The mission of the R/C Car Club is to have fun and have races with some highly technical, mechanical and electronic component parts. The race cars and trucks cry out for constant adjustment and repair. Now you might think our family

members are a bunch of geeks and you would be quite wrong. We come from all different walks of life, but we consider each other family. So why are we so close? It is because of what Bamie said, “It is the camaraderie within the group” and the willingness to help each other.

Join us! Our races are on now on the summer schedule which is Thursdays and Sundays at 9 a.m. Follow the sign going west on SW 94th Street for the races. Our monthly meeting is the first Monday of the month at 9:30 a.m. in the Hobby Building.



Co-Ed Recreational Softball

Sherry Winn

Recently, the most asked question is “What day is it?” It’s amazing to think how routines and regular activities keep us on track! Once we resume our activities, the co-ed softball players will still be asking the same question, as we will be moving from Tuesdays to Saturday mornings to allow more to participate with fewer conflicting interests.

We will also be evolving into a community recreational game to

help include all residents.

Our core group of players have enjoyed our recreational atmosphere and the opportunity to socialize while savoring the challenge to relive our youthful sports interest. The casual self-imposed attitudes allow us to acknowledge that we are no longer physically equal to what we were in our teens or 20s, while gratifying our competitive natures realistically. We celebrate our accomplishments, encourage our teammates and support each other’s mishaps. Senior softball regulations allow for substitute runners when batting, and we relax other rules for personal growth. Safety will continue to be paramount, so stretching and coaching will still be

available.

The use of the improved softball field is a resident amenity, and recreational use with this group is free! Your only expenses would be for equipment, of which we have some to lend and you can purchase new or used at very reasonable rates from a local source.

So, once the facility restrictions are lifted, please consider joining our co-ed community recreational softball group on Saturdays at 9 a.m. Since this is a recreational activity, no commitment is necessary. Again, participation is free!

Call Sherry Winn at (315) 528-8499 with any inquiries.

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Tennis

Jorge Privat
(352) 387-7539

Over the last several weeks, I have a new appreciation for good health and good luck. And as I did at the beginning of my tenure here, I want to thank you the tennis community for your cooperation and for allowing me to guide you and help you in any way I can while carrying out our tennis program. At the same time, I encourage you to continue to play tennis for all the benefits it has to offer.

We will continue to keep the programs we currently have, so long as the majority of members enjoy them. Perhaps we can reshape them to make them better or test new ones? We will keep the ones that work and discard the ones that don't. Feel free to approach me and make suggestions, or to make your

feelings known. After all, tennis is supposed to be fun!

Some players have asked me to restring their racquets and had questions about strings and tensions on the strings. So, my tip of the month will be on this subject.

Tennis Strings

NATURAL GUT: It has been around for a long time and is still considered the gold standard for strings. You won't find another string that delivers a better combination of power and control. However, it is still susceptible to very hot or humid weather, snaps more quickly than most synthetics, and the most expensive.

MULTI-FILAMENTS: These are made of hundreds and even thousands of individual fibers, that when bonded together, are about the best all around. They are soft and resilient. Many experts believe that some of them are as good or better than natural gut.

POLYESTER-BASED: In the last few years, the popularity of these

strings has skyrocketed, because polyester allows you to swing out and get a lot of spin on the ball. It is good for strong players (4.0 and over) who prefer to stand in the back of the court and bang away with heavy top spin shots while maintaining excellent control. But it can be harsh on the arm and, generally lacks the feel to execute "touch" shots. One option on the pro tour is to use polyester on the mains (up and down) and natural gut or other softer string for the crosses. This configuration makes the string bed feel softer for occasional net play, slice and touch shots.

THICK OR THIN: Thickness is expressed in a gauge number that usually ranges from 15 to 19. The larger the number, the thinner the string. Thicker strings provide you with more durability but less feel on your shots. A thinner string gives you extra feel and bites into the ball better for more spin. But they also break more often.

String Tension

Most racquets have a recommended tension range expressed in pounds and kilograms. Like 55 to 65 pounds, 60 to 75 pounds, or 60+ or -5 pounds where 60 would be the mid-range. Now, at how many pounds you decide to string your frame, can affect on how it performs. Lower tensions give you more power (more trampoline effect), while higher tensions deliver more control. Finding the ideal tension for your style of play can sometimes take two or three string jobs.

If you don't know what your preferences are, start at mid-range and go from there in increments of two to three pounds. But in the end, finding the right string and string tension for your game, is a matter of trial and error, until you hit upon something that feels "just right."

See you on the courts!

EVENTS/ACTIVITIES
Events and activities that take place behind the gates of On Top of the World are for residents only and Gateway of Services passholders.



Fit Tips

Larry Robinson
(352) 387-3571
larry_robinson@otowfl.com

Healthy Food Fit Tips

Healthy eating begins with you! Giving your body the right nutrients and maintaining a healthy weight can help you stay active and independent. Choosing foods that are high in nutrient value will help keep your energy levels up and enable you to participate in all the things you love to do.

FIT TIP #1: Choose healthy fats!

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Healthy fats give your body energy, support cell growth, and help protect your organs. Examples of healthy dietary fats are fish, avocados, seeds, nuts, olive oil and walnuts.

FIT TIP #2: Power up with protein! Protein is vital for older adults and if you are an active ager, you will likely need more than the general recommendation (check food labels). Protein supports the growth and maintenance of muscles and bones.

FIT TIP #3: Break up with sugar! Too much of the sweet stuff puts you at risk for weight gain, heart disease, high blood pressure and diabetes. Stick to natural, whole foods like fruit to satisfy your cravings and avoid processed foods, which are typically loaded with added sugar.



Poetry

John Kinser Hall

A Little Happiness

One evening heaven smiled and breathed upon the earth; To bring a special treasure a secret in its worth. The angels sent their children transformed in such a way; That few could find God's meaning when came the light of day. Instead of wings they had long ears. A joke on man you'd say. But soon, it was apparent; The reason very sound. God sent a little happiness and named it basset hound.



Poetry

Alvin Ross

Life

Shhh ... A whisper in the wind ... Can you hear it?
Shhh ... A rustling of the leaves ... Can you hear it?
Shhh ... The splatter of a raindrop ... Can you hear it?
Shhh ... The flutter of a bird's wing ... Can you hear it?
Shhh ... The clickety clack of a slow-moving train ... Can you hear it?
Shhh ... The sob so still at a graveside ... Can you hear it?
Shhh ... The murmur of the crowd at a passing parade ... Can you hear it?
Shhh ... The gentle heartbeat of a newborn baby ... Can you hear it?
Shhh ... Please listen ... it's the world around us coming back to life!

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- Animal Services FIDO Project (Florida Inmates and Dog Obedience)
- Domestic Violence/Sexual Assault Center
- Freethought Equality Fund
- Humane Society of Marion County

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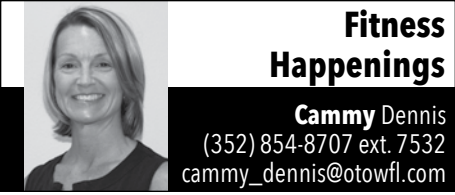
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Brain Power

Many older adults are concerned about cognitive health. Cognitive health is the ability to think clearly, learn throughout the life span and maintain memory. There is a fear that our "brain power" will diminish with age. Declining brain health is not necessarily a result of age itself; it is due to a set of age-related risk factors primarily derived from lifestyle (sedentary behaviors, poor nutrition).

According to the Alzheimer's Association, over five million Americans suffer from Alzheimer's, and this number is rising. In spite of this, current research on brain health promises very exciting opportunities to boost our brain power. Throughout all the research I have reviewed on cognitive health, one thing is abundantly clear. Physical exercise has a very powerful, positive effect on the brain.

Just one bout of moderate to vigorous aerobic activity does a host of amazing things for the brain. The immediate effect of exercise is to deliver more oxygen and glucose. The brain will function better with a steady supply of fuel (oxygen and glucose). Performed over an extended period, aerobic exercise has shown to increase the volume of the brain, especially in the hippocampus that helps to regulate memory. Improved brain function translates into being able to process thoughts, problem solve, learn and access memory more efficiently.

Exercise also helps to balance brain chemicals, which will increase our stress threshold and boost mood. In addition, exercise grows brain cells! Physical activity stimulates the production of BDNF (brain derived neurotropic factor) which Dr. John Raety (author of "Spark! The Revolutionary New Science of Exercise and the Brain") calls "miracle grow" for brain cells. Exercise supports optimal brain aging.

There are specific things that can be done while exercising to "train the brain." That is why the fitness team has developed a brand-new fitness class called Brain Power! This unique program is an exercise class designed to promote brain health outcomes. Imagine layering cognitive challenges on top of the physical exercises? For example, the class may be doing squats and during this exercise, the instructor will give you simple words that you need to spell backwards as you are

FITNESS SCHEDULE

June 2020

Recreation Center Group Wellness					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00 AM	Oxycise	Oxycise	Oxycise	Oxycise	Oxycise
8:00 AM	Dance Party Denise	Strength & Stretch Jonathan	Warrior Jessica/Quincy	Strength & Stretch Jonathan	Warrior Maureen
9:00 AM	Strength & Stretch Tucker	Brain Power Cammy	Chair Yoga Julie	Brain Power Jessica	Strength & Stretch Tucker
10:00 AM	Balanced Body Tucker	Chair Yoga Kathy	Balanced Body Kitti	Chair Yoga Kathy	Balanced Body Tucker
11:00 AM	S.O.S. Larry	Move to Improve Sandy	S.O.S. Ingrid	Move to Improve Larry	S.O.S. Larry
11:00 AM Ballroom Location	Zumba® Gold Kitti		Zumba® Gold Kitti		Zumba® Gold Nichole
12:00 PM	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Maureen
1:00 PM		Fitness Orientation*		Balance Assessment*	
4:00 PM				Guided Meditation Sandra	
5:00 PM		Intro to Hatha Yoga Kathy		Yoga Sandra	

Recreation Center Fitness Center Hours: Monday-Friday 6:30 AM - 7 PM; Saturday 7 AM - 7 PM; Sunday 9 AM - 5 PM
* Fitness center orientations and balance assessments are free. Please call (352) 854-8707 Ext. 7534 to reserve your spot.

Arbor Fitness Center Group Wellness					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00 AM	OPEN Fitness On Demand	OPEN Fitness On Demand	OPEN Fitness On Demand	OPEN Fitness On Demand	OPEN Fitness On Demand
8:00 AM	OPEN Fitness On Demand	STRONG John	OPEN Fitness On Demand	STRONG Ingrid	OPEN Fitness On Demand
9:00 AM	Yoga Julie	MAC Fit Tucker	Yoga Linda	MAC Fit Tucker	Yin-Yoga Renu
10:00 AM	STRONG Kelly	STRONG Tucker	STRONG Linda	STRONG Kelly	STRONG Roger
11:00 AM	Boomer Beat Cammy	Dance Aerobics Jessica	Boomer Beat Jessica	Dance Aerobics Denise	OPEN Fitness On Demand
12:00 PM - 8:00 PM	OPEN Fitness On Demand	OPEN Fitness On Demand	OPEN Fitness On Demand	OPEN Fitness On Demand	OPEN Fitness On Demand
1:00 PM			Fitness Orientation*		

Arbor Fitness Center Hours: Monday-Friday 6 AM - 8:30 PM; Saturday 7 AM - 8:30 PM; Sunday 9 AM - 7 PM
** Fitness center orientations are free. Please call (352) 854-8707 Ext. 7638 to reserve your spot.

Arbor Conference Center Dance Studios I-III					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 AM	Qi Gong Art				
9:00 AM	Tai Chi Art			Qi Gong Art	
10:00 AM				Intro to Tai Chi Art	

Arbor Fitness Center Indoor Pool					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00 AM	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming
7:00 AM	Open	Open	Open	Open	Open
8:00 - 9:00 AM	Water Walk	Water Walk	Water Walk	Water Walk	Water Walk
9:00 - 10:00 AM	Deep Water Fitness Class***	Shallow Water Fitness Class***	Deep Water Fitness Class***	Shallow Water Fitness Class***	Deep Water Fitness Class***
10:00 - 11:00 AM	Open	Shallow Water Fitness Class***	10:30 AM - 12:30 PM	Shallow Water Fitness Class***	Open
11:00 AM - 12:30 PM	Lap Swimming	Lap Swimming	Closed for Cleaning	Lap Swimming	Lap Swimming
12:30 PM - 1:30 PM	AquaAerobics	Open	AquaAerobics	Open	AquaAerobics
1:30 PM - 8:30 PM	Open	Water Volleyball 1:30 PM - 3:30 PM	Open	Water Volleyball 1:30 PM - 3:30 PM	Open

Open Swim: Saturdays 7 AM - 8:30 PM; Sundays 9 AM - 7 PM
For pool inquiries, please call (352) 854-8707 Ext. 7639.
*** Fee-based class

performing the squats. The body and the brain are training together! Combining motor and cognition challenges helps boost brain cell structure and neuronal transmission.

This new Brain Power class will be part of our regular fitness class schedule once we re-open on Tuesday and Thursday mornings at the Recreation Fitness Center at 9 a.m. For more information, please call (352) 854- 8707 ext. 7532.

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Photo by Bob Woods

Engine #2147 is a 70-ton Shay locomotive built in 1909. Shay engines were specifically made to pull heavy loads up steep hills and around sharp curves. During the hay-day of lumbering in Townsend the trains were hauling over very rough tracks until the area's lumber had been harvested and the tracks removed. The engine is permanent fixture at the Little River Railroad and Lumber Museum.

Townsend

By Bob Woods
World News Writer

This small community is situated just outside the northwest section of the Great Smoky Mountains National Park. It is not a well-known community, but it is one of three entrances to the park and the least crowded. The Great Smoky Mountains National Park is open to all with no entrance fee. The other two entrances are in Gatlinburg, Tennessee and Cherokee, North Carolina; both are heavy traffic entrances. The town of Townsend has a few cheap priced hotels and restaurants.

The Great Smoky Mountains National Park is the most visited national park in the United States. It can be reached from most sections east of the Mississippi with just a one-day drive.

Townsend has unique past contributing to the park. The community has three tourist destinations consisting of museums or attractions. One being the Great Smoky Mountains Heritage Center plus the famous Tuckaleechee Caverns and Little River Railroad Museum.

The Tuckaleechee Caverns are best known as the "greatest site under the smokies." The caverns are the highest rated cave or cavern in the Eastern United States. This cavern is carved inside the earth's oldest mountain chain and estimated to between 20 and 30 million years old. Inside the cavern is a huge room titled the Big Room, which is so large that a football stadium could almost fit inside. The cavern

also includes Silver Falls which is 210 feet tall and is reportedly the tallest subterranean waterfall in the Eastern U.S.

The caverns reopened to the public in 1953 having been closed during the Great Depression. It is believed to have been first inhabited by the Cherokee Indians as the first white man discovered the caverns in the early 1800s.

The tour of the caverns is approximately 1.25 miles in length and those entering should be in good health. There are 402 steps visitors will traverse during their tour.

The Heritage Center is located just one quarter of a mile from the west entrance to the park. The center is a human history center along with a rich cultural heritage of those from the East Tennessee and the Smoky Mountains region. The center offers self-guided tour galleries that reach through 9,000 years of history of the local area. Outside the center is a historic Appalachian village complete with a blacksmith shop, sawmill, many homes and an authentic underground still.

The Little River Railroad was established as part of the Little River Lumber Company by Colonel W.B. Townsend who was the owner of both entities. The colonel capitalized on the virgin forests of the Smokies by purchasing 86,000 acres of land along the Little River. Word spread throughout the area and Eastern United States on the Little River Lumber's consistently high rated planks per acre showing no signs of decline. Rapid expansion of logging operations continued in the Smokies.

Sometime in the 1930s the Great Smoky Mountains National Park was formed with almost two-thirds of the forest within the area being cut down with the park managers working to restore the forests. Logging operations came to a halt or at least slowed down. Townsend eventually sold 76,000 acres of the Little River Lumber tract in 1926 which eventually became a large portion of the park.

The Little River Railroad Museum has many displays and artifacts concerning the railroad and the Little River Lumber Company. It was interesting that the railroad would construct tracks to the areas where logging was taking place and as the logging was completed, the railroad would remove the tracks. It has been reported that at one time the railroad built 150 miles of track and not one steel rail remains today.

In 1925, Colonel Townsend agreed to deed all the holdings of the lumber company to the national park for \$273,557 or \$3.58 an acre. The purchase was a milestone in the creation of the park. Today, the Little River Lumber Company and Railroad Museum preserves the history of the Little River Railroad. The community of Townsend was named after the colonel.



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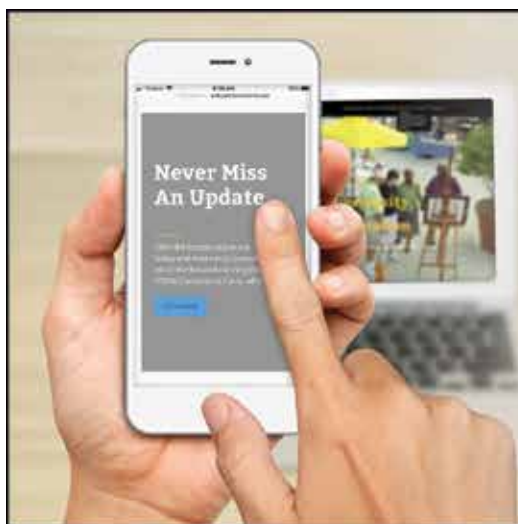
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- Emergency notices
- Community events
- HOA rules and regulations
- Warranty information
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- Phone directory

#13420 - 1/20



New Dancin' On the Top

Arlo Janssen

We hope you have a great summer and please stay healthy and safe. We want you to enjoy dancing when it returns to On Top of the World. Please watch for any change or adjustment to our New Dancin' On the Top calendar. Currently, we do not have any dance plans until September.

Mark your dance calendar for Saturday night, Sept. 12, in the Recreation Center Ballroom. The band Automatic will provide music for your dancing pleasure with the theme of "A Night at the Movies." The stage will be closely matched with our theme, and our tables will be colorfully decorated for this fall dance. The dress is casual (no T-shirts, tank tops, shorts, or jeans). Coolers are not permitted.

Our next dance is set for Saturday, Nov. 14, with music by Danny and Johnny. Our annual New Year's Eve dance is set for the Recreation

Center Ballroom with Retro Express Thursday, Dec. 31.

A great big "thank you" to all those club members who have volunteered to help with our dances in the past and our future dances. Our club provides dancing for everyone - ballroom, waltz, meringue, line, free style, slow, pattern dancing, etc.

Keep checking for published dance flyers that you will see on the On Top of the World bulletin board this fall and winter with these exciting themes along with ticket sale dates for each of our dances. Resident IDs will be required at the time of ticket purchase and for entry into the Recreation Center Ballroom on our dance nights.

The New Dancin' On the Top officers are working on future dates for 2021. For club membership, ticket information, what the club is about, or if you want to help with our dances, please contact Jack or Jean Hester (919) 291-8542, (919) 669-6919, or hestermulch@aol.com; or Donna Cottrell at (410) 591-7899. The New Dancin' On the Top Club is open to all residents. So, keep on dancing into the rest of 2020 and right on into 2021.



Archery Club

Leslie McCormick

Here is a quote from USA Archery: "Whether you are a beginning, intermediate, or even advanced archer, archery will give you something that's almost impossible to find elsewhere."

When you are able to get out and shoot at our new range you will enjoy fresh air, a sport in which you can challenge yourself to always improve and the camaraderie of fellow archers, regardless of experience. For those members who have shot at the Newberry complex, think about how many times there were some really experienced archers there at the same time as we were. We often asked them questions about their bow set ups and how they got started in the sport and they were always eager to share information. One young lady even accepted the challenge of a shoot off with Bob Foster!

The same will be true at our range: "members helping members." Many of us are beginners and we will appreciate words of encouragement and helpful tips!

What has been going on with our members? Well, Fred Penichet had planned on taking the USA Archery Level 1 Certification course at Newberry in May, but the class has been postponed now to an August date. We look forward to having Fred join our other club members with USA Archery Certifications: Bill Millican, Leo McCormick and Frank

Tarentino (all Level 2 instructors). And a couple of members have purchased new equipment. If you have been thinking about getting your own equipment, contact Bill Millican, our pro shop director at bill@time4wm.com and get the conversation going!

And what has been going on with the board? Although most activities have been closed since late March, members of the board, range committee and by-laws committee have been working hard via phone, email and Zoom! We have been working diligently with management on the range opening, continue to chop away bit by bit on our outstanding task list for the range and pro shop and have finalized the amended by-laws.

Finally, what about the range itself? Have you noticed? The grass is starting to show! Since the rainy season is here, hopefully we will see more growth!

Our club is open to anyone who has an interest in the sport of archery, regardless of experience. If you would like membership information, contact Leslie McCormick (acting vice president/membership) at lmcorm74@aol.com. Club meetings are scheduled for the first Tuesday of each month but are on hold at this time. Updates on club activities will be communicated via GroupWorks. We hope to see you at the range soon!

HANDICAP EQUIPMENT
Handicap equipment is loaned free to residents during their convalescent term - walkers, crutches, canes or wheelchairs. For more information, call the Recreation Center at (352) 854-8707.



Ballet Club

Eugenie Martin

Because our ballet classes are held in abeyance right now, our dancers are finding other ways to get exercise and even do ballet in some form. Several dancers walk in wooded areas or on the community streets. Others bicycle, and one rides horseback almost every day. When I need to stand in line anywhere, I love to do relevés, that is, I rise up on the balls of my feet.

Some of our dancers do exercises in their homes, including exercises that involve ballet barres. There are online classes providing regular ballet barre exercises similar to what we do in our classes. Others

follow special ballet barre exercises offered online by On Top of the World. Still others do ballet barre exercises to their own music. Some dancers have actual barres, and others use chair backs or kitchen counters.

When our classes reopen, our schedule will remain the same, with four classes each week, as shown below:

- Tuesdays and Thursdays: 1 to 2:15 p.m.
- Fridays: noon to 1:15 p.m.
- Saturdays: 11 a.m. to 12:15 p.m.

Newcomers are always welcome in our classes, and previous experience is nice, but not necessary. To start, you need no special ballet clothes. Only exercise clothes and socks are needed. For any information on our classes or our club, please call me at (352) 854-8589. Happy dancing!

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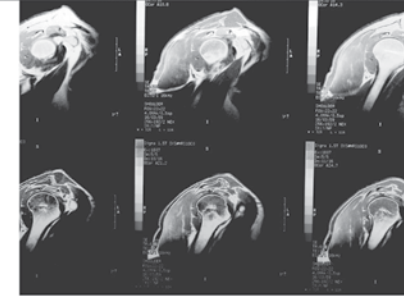
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Stay-at-Home Stories

By Ray Cech
World News Writer

Jo Ann and Carl Schneider

In addition to working on another R/C plane and racing car, Carl and Jo Ann Schneider adopted a new puppy. They told us that their 12-year-old beagle, Freddy, needed a buddy, and they probably also thought, while staying-at-home, they too could use a little excitement. "Bandit is only six months old and acting more like a teenager every day," the Schneider's told us. They went on to say, "We're pretty sure he has a lot of Jack Russell in him — he leaps on the couch in a single bound, and he just never sits still. He's so rambunctious and playful that every once in a while, Freddy just tells him to shut up and chill out — at least that's how we interpret his growls. Bandit loves his squeaky toys, and we're sure he thinks he's entertaining us with them. Well, okay, maybe he is."

It all sounds like great fun, and we wish Jo Ann and Carl a very happy stay-at-home time with Bandit.

Chuck and Pat Brittingham

After patching up a wet wall from the march rains, Chuck went back to his favorite pastime/hobby. His latest challenge during stay-at-home time is restoring a 1939 GE tabletop radio/record player. After purchasing it from an owner in Pennsylvania and opening the FedEx package, he realized it would be one of his more challenging restorations. Chuck said, "It really needed a lot of work, from refinishing the veneer to replacing most of the electronics. Luckily, I have a lot of parts here at home since I've been doing this for a few years now. But sometimes I just have to

hunt around the country — the world, actually, to get parts that made up these recorders 70 or 80 years ago."

"But when it's all finished, the results usually make me smile," Chuck said.

He put on a 78 rpm and we sang along to Bing Crosby's, "Sioux City Sue." It made me smile.

Paul Sepulveda

Paul played just about every golf course that was open, and told us, "I don't think I ever played that much golf in one month."

But he did do some stay-at-home stuff. He said, "Since the gym was closed, I went online and bought a rowing and resistance Machine." Along with the home workout equipment, Paul walks his German shepherd every day and is also an avid mountain biker.

"A nice surprise," he said, "was when one day as I was coming out of Spruce Creek after a round of golf, I looked across SR 200, and saw a trail I had never noticed before. I went over and checked it out. It's now one of my favorite biking trails."

All in all, Paul is not staying-at-home very much.

Norbert Sachs

"It's a great time to sit down and finally go through the 19,000 photos that I have stored on my computer and decide which ones to keep and which to cull out." Norbert said it's tough deciding if a photo is a keeper. "Most of the time, though, I take the easy way out — I hit the save button."

Besides working on years and years of photographs, he's letting his hair grow (on his face) and he has learned how to use Zoom.

"I Zoom with my daughter and granddaughters whenever we all get a chance — I never knew we had so much to talk about. I'm really enjoying the time with them and look forward to making it a habit." Of course, if the facial hair continues on its current path, who knows if his family members will recognize him?

While staying at home, Norbert told us that he's getting into the ease of buying online. One of his more extravagant purchases is a new Apple watch. "I've always wanted one," Norbert said, "and Apple made it so easy to buy. I also like to cook, so I'm reading new recipes and actually trying them out." No comment on the cooking results.

Beverly Cox

"I've been spending almost all of

my time making masks. I've gotten together with three of my friends, and we all sew them and give them away to whomever needs them." Beverly is a master on the sewing machine and one of the expert tailors (tailoresses?) in On Top of the World.

She is another neighbor who has recently adopted a new dog. He is black and white, full of fur and mischief. (Naturally, he's only six months old.) "Unfortunately," Beverly tells us, "his favorite toys are some of my vital possessions." He thinks her cell phone is a lamb chop and her computer wires are doggy beef jerky. But she loves him, and he returns the love as only puppies can.

Continued on Page 36 ▶



Carl and Jo Ann Schneider with Bandit.

Photo by Ray Cech



Lucy.

Photo by ShutterBug Rick French

Photographing Your Fur Baby

By Connie Filip

Here are a few tips from the ShutterBugs to take your fur baby's photo at home.

Never use a flash; go for natural light: Find a place that's comfortable for your pet near a window. You want to use the light coming from the window, not have the window in your picture. Animals do not like a flash and will avoid a camera if they associate a flash with it.

EYES ARE THE WINDOWS TO THE SOUL: You can't go wrong getting their eyes in your photo. Try to capture an expression of interest, curiosity or mischief. If you have a telephoto lens, zoom in and take a close-up image of just her face, like Rick did of Lucy.

ON ALERT: Pick a time of day that your pet is relaxed and alert. Maybe you can catch him doing his favorite thing. Or while you focus on her playing quietly, someone calls her name from the other room ... or rattles the treat bag! You'd

better be quick or use the camera's photo burst mode to take multiple shots.

KNOW ALL THE ANGLES: Getting on their eye-level is a solid tip. Consider propping your camera on a coffee table to steady it but think about other angles too. When you get down to their level, you're getting a chance to see how they see their home.

RELATIONSHIPS: Try for a candid shot of your pet interacting with a family member. Rather than waiting for them both to look at the camera, capture a precious moment in their interaction.

PATIENCE: Take your time. Be in tune with the needs of your pet and try for a couple of short, fun sessions.

For up-to-date schedule information, visit our club at otowspc.com. For more information contact Gary Uhley, our club president, at (352) 854-8536 or guhley@cfl.rr.com.

Sew On!

By Linda Lohr

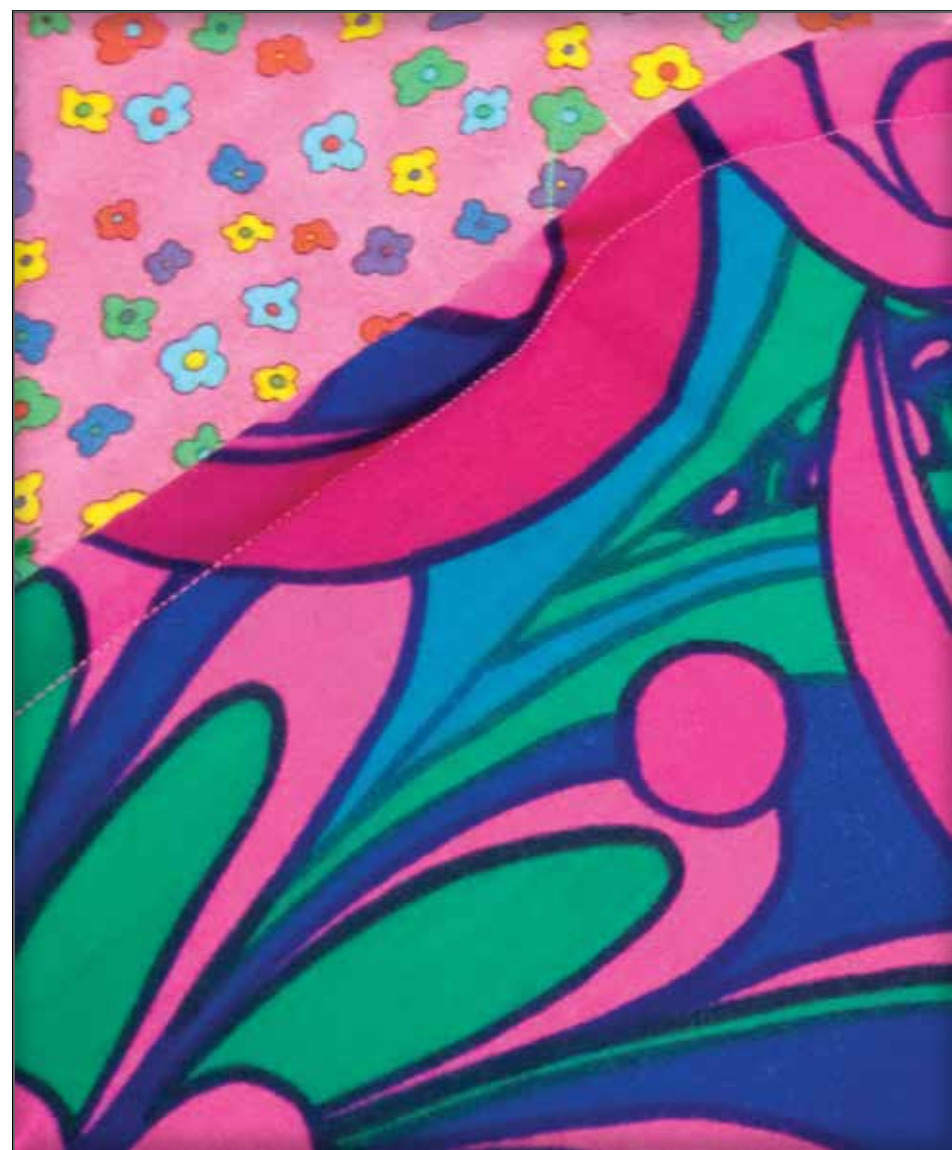
It seems that the sunshine and fresh air are making this confinement a little easier to bear. And now that the pools are open, we can enjoy the water as well as the sunshine!

Many of the Sewing Bees have been sewing and tying quilts at home or making animal pillows. We are hoping to meet again soon as we miss the comradery of all our fellow Bees! Please take care, follow the guidelines and be safe!

Our mission is to provide comfort for the abused, abandoned,

and neglected children of Marion County. Your donations all year long help us to do just that. Stop by our hive on any Thursday in the Hobby Building Art Room from 12:30 to 3 p.m. We would be happy to show you our creations made with love for the children. You may find our club is just what you have been looking for to round out your week.

Please contact Kathy Nardone at (352) 300-3063 or Rita Miller (352) 237-6660 for more information. As always, we and the children thank you for all your support.



Detail of a donated quilt by the Sewing Bees.

Photo by Linda Lohr



View from the Library

Linda Barilli

Wilbur Smith has been dubbed the "best historical novelist" by Stephen King. In "Assegai," Smith brings us into the Great Rift Valley of British East Africa.

Percy Phillip is a renowned big game hunting guide whose Swahili name is Bwana Samawati. Phillip recruits Lieutenant Leon Courtney, a loyal subject of Edward VII, to assist him on one of his largest and most impressive safaris. Their

challenge is to bring President Theodore Roosevelt and his entourage into the heart of Africa to hunt elephants, lions and crocodiles.

At the same time, Leon's uncle Colonel Penrod Ballantyne has a clandestine role for his nephew to play in military intelligence, reporting on the activities ordered by Kaiser Wilhelm of Germany, in German East Africa. Leon's life becomes more than he ever hoped or dreamed it could be.

Wilbur Smith brings you right into the heart of every adventure. This and other Wilbur Smith books can be found in hardcover fiction.

"The Commodore" is a rousing historical novel and bestseller. It is

one of many high sea's adventures by Patrick O'Brien. The life and times of these tall ships, the men who commanded them, and the adventures they encountered can be found in hardcover fiction.

There is a good selection of Westerns in our library. We are fortunate to have a number of books by author Charles G. West, a resident. These books can be found in softcover fiction.

"Summertime, All the Cats Are Bored" is a perfect beach read by French author Philippe Georget. The location features the beautiful landscape around Roussillon, in southern France.

Investigator Gilles Sebag has

more on his plate than he would like to deal with, both at home and at work. But everyone looks to him to make everything right. This is Georget's first novel and can be found in hardcover fiction.

Claire Cook is a New York Times bestselling author. "Shine On, How to Grow Awesome Instead of Old" is her nonfiction address to staying positive and motivated as we age. It is fast paced and high spirited, hard to put down. Claire is definitely someone who you would like to have as a best friend. This book is labeled 158COO.

Enjoy your summer! See you at the library.



Happy Hookers

Jan Spielvogel

Happy Hookers continues to meet separately. We also continue to work on all of our many and varied projects. While we have individuals who do various types of handcrafts, we have several who both knit and crochet. Here are

some "fun facts" about the common aspects of these types from darnagoodyarn.com:

Both knitting and crocheting are really methods of looping yarn together, just in different styles. Knitting uses a pair of long needles to form the loops, moving a set of loops from one needle to another. The stitches are held on the needle or "live." Crocheting uses a single hook, to hook the loops together directly on the piece being worked.

You can make most proj-

ects utilizing either method: blankets, cowls, totes, baskets, scarves, hats, mittens, shawls, coffee cozies, and a lot more.

- Both have unique challenges, fun quirks, and relaxing aspects that make them wonderful hobbies for people of any age to try.
- Both crafts are centered on the stitching together of fiber/yarn.
- The skill sets required are ex-

tremely similar for both knitting and crocheting - hand-eye coordination, patience, tenacity, planning, counting, and appreciation of fiber are all helpful skills to have.

Happy Hookers is open to all residents. We meet year-round on Mondays, from 1:30 to 3 p.m. in the Hobby Building Art Room. There are no dues, agenda or penalties for missing a meeting, arriving late or leaving early. Life can and does interfere at times, and we would hate for that to hold you back. What we do have is a large group of ladies busy with crocheting, knitting, needlepointing, card crafting, embroidering and handcrafting of all kinds. This is a very talented group that's never too busy to help someone with a difficult pattern or stitch. We welcome newcomers with open arms. Attendees should bring whatever they happen to be working on.

If you have any questions about our club, you may call Naomi Berman at (352) 873-4328. If you have yarn, pattern books, knitting needles, crochet hooks or other crafting tools that you no longer have a use for, donations are always appreciated. Please bring them on Mondays during our meeting time or contact Ellyn Weir at (352) 509-4355 to arrange for pickup.

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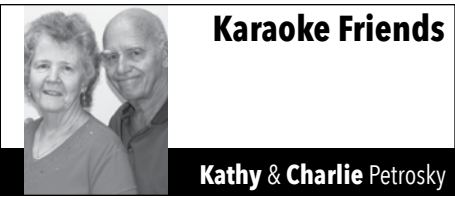
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<p>SEPT. 26 FROM \$30</p> <p>FORTUNATE SON: A TRIBUTE TO CCR</p> <p>FortunateSonTribute.com</p>	<p>OCT. 2 FROM \$25</p> <p>LAUGH OUT LOUD COMEDY NIGHT WITH SCOTT NOVOTNY AND GEORGE CASEY</p> <p>GeorgeCasey.com & ScottNovotny.com</p>	<p>NEW DATE!</p> <p>OCT. 3 FROM \$24</p> <p>TURN THE PAGE TRIBUTE TO BOB SEGER</p> <p>TurnThePageOnline.com</p>	<p>OCT. 24 FROM \$32</p> <p>TAPESTRY - A TRIBUTE TO CAROLE KING</p>	<p>OCT. 30 FROM \$32</p> <p>THE KENNY ROGERS BAND</p> <p>KennyRogersBand.com</p>
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Karaoke Friends

Kathy & Charlie Petrosky

I hope some people read last month's column and started singing at home. It is a fun activity and time flies when you are having fun.

This month, I want to talk about how to be healthy when singing.

Karaoke leaders should certainly wipe the microphone after each use. They can wipe the handle and mic cover but that is a quick disinfecting process. You cannot deep clean during karaoke.

If you are not feeling well, you should not sing. If you have a scratchy voice, you should not sing. It does not sound good and

you could hurt your throat. Some people say, "I think I may be getting something." Some say, "I think it is just allergies." Make sure you know which it is. You don't want to get sick or give something to others.

There is one thing we need to require when we start back again. Each singer needs to bring their own microphone cover. Sometimes these are called windscreens. It is a foam piece that fits over the microphone head. It keeps you from getting something from the last person singing. If you do not have one, Google "microphone cover." There are many places to get them. They do not need to be expensive. When you come up to sing, put it over the microphone. When you are finished, just take it off for the next person.

When you get home, it is easy to

clean your windscreens. You wash it gently with warm water and soap. Leave it to dry for at least 72 hours - this will allow time for any germs to die.

So we have time now to learn new songs and make sure you have a cover for the microphone when we come back.

One of our singers, Gary Zoldowski, has created a Facebook page for singers to post their videos. He has had a great response from singers in different groups as well as our own singers. I checked with him and he said it would be great for any clapper or singer reading this to join the group. Simply go to Z's Karaoke on Facebook. Click to join and Gary will get your request.

So, keep practicing and be ready for a healthy return.



Photo by Charlie Petrosky

Microphone cover.



Model Railroaders

Gerald Mucci

Light at the end of the tunnel? As train club members remain mostly homebound, we are beginning to see the light at the end of the tunnel. The light is the image of trains running on our new, expanded layout that we see in our near future. In the meantime, to keep that image clearly in mind, members have been working on a variety of layout-related projects at home - fast-tracking, if you will.

Jim Lynam, club president, has been adding elements to the club's 18-foot by 7-foot G-scale layout: making trees, installing lights in buildings, constructing an observation platform on top of the waterfall, and building a campfire using 12-volt LEDs - red, orange and flickering yellow.

Joe Limanowski devoted five weeks, four hours a day, constructing a bascule bridge (drawbridge) to be located near the layout's seaport. The final touches include attaching special four rail track to prevent derailling along the bridge with ties twice as thick as the standard to provide added support to the bridge structure.

Paul Lewandowski and Al Lohr have been working on the generic but prototypical town of Franklin, Pennsylvania, with 60 to 70 hours devoted to the effort so far with 10 hours to go. The dimensions of the town are roughly 3.5-feet by 6-feet. The town features a motorized trolley line running down the middle of Main Street and a number of illuminated buildings, including cafes, a barber, a KFC, gas station, and bank, all open for business.

Bud Alderman rebuilt flatcars, oiled trucks (wheel sets) on cars, and built a number of train car kits, including a caboose, gondola, oil tanker, and flatcar as well as a house kit for his village. He placed little people not closer than six feet apart at the station waiting for the trains to pick them up. This is all for his 13.5-foot by 5-foot by 10.5-foot "L" shaped HO scale layout in his lanai. He runs five trains using Digital Command and Control (DCC).

The next train club meeting is scheduled for Wednesday, June 3, at 9 a.m. in the Arbor Activity Center Card Room III. The Model Railroaders Club is always welcoming new members. Email the president, Jim Lynam at lynamj1946@gmail.com or me at gfmucci@yahoo.com with any questions or to confirm meeting times.

Four Different Views of Life

One day three friends went walking on a train track and stumbled

upon a tunnel. The first is an optimist, the second a realist, and the third a pessimist.

The optimist says, "Guys, let's go through this tunnel! C'mon it'll be fun!" The other two roll their eyes but agree anyway.

Halfway through, the optimist says, "Look, a light at the end of the tunnel!" The pessimist says, "I don't see a light. We're all gonna die - definitely gonna die." The realist stands there wide eyed and says, "Holy cow! There's a danged ol' train headed right for us!"

Finally, the train engineers' view, "Why are there three idiots on the track?"



Photo by Gerald Mucci

Hopefully the light at the end of the tunnel is a train.

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Stay-at-Home Stories

By Ray Cech
World News Writer

▶ Continued from Page 33

Jerry Snyder

We all know Jerry from his leadership of the storytelling series at Master the Possibilities. Jerry has been writing a novel. His novel, "Ella and the Prince," has taken many turns since he began the manuscript more than two years ago. "Now, however," he says, "I've got a peculiar problem. I somehow have come up with five possible villains and three pretty good endings." Decisions, decisions!

In his spare time, Jerry says he's teaching his dog to talk. Hmm?! Time to take a break, Jerry - maybe a walk around the block?

Kari and Steve Roehl

These two inexhaustible residents have been living here for less than a year but are already making a difference in our community. While working on changes and upgrades to their new home they take breaks to workout with the online exercise videos.

But Kari also took up the challenge of leading the efforts for a community food drive. The very successful drive collected 8,000 pounds of food and more than \$10,000 that were donated to Interfaith Emergency Services.

Kari said, "Yes, we've been keeping pretty busy during the stay-at-home orders, but we've also been getting a lot done around the house." Kari is currently leading efforts to collect food and supplies for pets. With so many pet owners in our world, she is hoping that this effort will produce the same heartfelt giving as last month's food drive.

John and Diane Podkomorski

John "Pod" Podkomorski is the local director of National Alliance on Mental Illness (NAMI) Marion County and is spending his stay-at-home time working. He's online teaching, "NAMI - Family to Family." Additionally, John tells us,

"My wife, Diane, is off in California spending time with our daughter. So, I'm doing a lot of 'stuff.'"

Falling into the "stuff" category is improving his cooking skills, gardening, and watching TV shows that he's never seen before. because Diane was holding the remote captive. Keeping him active is John's 80-pound Aussie-doodle pup that takes him for a walk two or three times a day. He is also having "fun" trying to find things around the house that Diane is normally in charge of. But luckily, Diane has recently returned from the shores of California and is again in charge of the remote and able to answer John's query, "Honey, where is ...?"

Penny Berton

On Top of the World's tap dance instructor, Penny Berton, has been making and distributing hospital gowns to hospitals in Marion County.

Linda and Gary Uhley

The only dog in this couple's life is on the dining room table. When Gary and Linda knew they'd be spending lots of time at home,

they went out and bought a puzzle, "Puppies at the Trough" (almost 1,000 pieces). Many fun and frustrating hours later, Gary and Linda have found the dogs. "And," Gary said with a chuckle, "they don't bark, go for walks, tear up the furniture, nor you-know-what on the rugs."

Mostly, the Uhleys are staying-at-home, working on their computers, talking to friends and relatives, and doing a whole lot of reading.

One of their new finds, however, is cooking with ingredients from a meal kit company. You can occasionally see some of Gary's cooked dishes on Facebook, but meal kits are a whole new experience. So far, Gary and Linda tell us that it is great fun cooking together, the ingredients are fresh and measured out, and maybe best of all, there are no leftovers.

We hinted for an invitation to one of their dinners, but somehow the phone went dead ... hmmm!

Joan and Ray Cech

Breakfast in bed - lunch in pajamas - dinner delivered from The Club at Candler Hills.



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Penny Berton sewing hospital gowns.

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The New Pretenders
Nancy Grabowski

Like most everyone, The New Pretenders are anxious to get back into a more familiar routine. Currently, following community guidelines, we are respecting social distancing and refraining from group meetings. However, as individuals, our members are practicing for next season's show scheduled in the Recreation Center Ballroom for Friday, Feb. 5, and Saturday, Feb. 6, 2021, at 7 p.m.; and Sunday, Feb. 7, 2021, at 2 p.m.

We are putting our time-off to good use. Joel Kurtz, our lead trombonist and master of the electric guitar, has built a new closet for our storage unit. A few at a time, troupe members (Joe Wood, George Brush, Bob Schmitt, Mary Ann Berardi, Fran Allen) have organized the costume closets. The storage unit that houses our stage decorations, band instruments and props has been worked on, too. Thanks, Terri Molnar, Tom and Rita Miller.

The props come under the watchful eye of our stage manager, Bill Tupper. Bill uses his military background to keep our backstage moving smoothly. He readies the props for practices and shows, double checks performers before they take to the stage, and maintains peace and quiet behind the curtains - not an easy feat! Yet, Bill has been our mainstay for more than four years. He claims to not play an instrument or have much singing ability, but he demonstrated his prowess as the pizza delivery guy and consumer in last year's show.

Outside of his work with The New Pretenders, Bill and his wife Liz, love to travel. They have visited all 50 states, 39 countries and five continents. Bill's discipline and organizational skills stem from his service in the U.S. Army and his work as a NATO contractor. He's extremely proud of his family. We're as lucky as they to have Bill in our family!

One comment we often hear relates to how much fun we appear to have on stage. Make no bones about it, we do have fun. It doesn't stop when we step off the stage, either. The prime mover behind the scenes for our fun activities is our social committee (Linda Meyer, Nancy Kibler, Jennie Stauffer, Terri Molnar) and chair, Shirley Schopf.

Shirley has been in the organization for more than 21 years! Back then, she was actively involved in the tap dancers and had to be coaxed by her long-time friend, Diana Morgan, to consider joining. Shirley's husband, Porky, was in charge of sound and helped persuade Shirley to join. So, she picked up a guitar and played in the band! Not long after that, she stepped into singing roles and hasn't looked back since!

Shirley reminisced recently about the history of our troupe: three or more year-round shows, performing one show and practicing for another, performing throughout the county at nursing homes, assisted living facilities and other communities. My, how we've progressed!

We hope you've marked your calendar for February. If something has peaked your interest in joining The New Pretenders, call Nancy Grabowski at (352) 209-4699.



Photo by Lennie Rodoff

Paula Guildford, Nancy Kibler (seated), Nancy Jennings-Fair, Linda Meyer and Phyllis Pastore.



Photo by Linda Lohr

A card presented last year.

Rubber Stamp Greeting Cards
Linda Lohr

Lately, the weather has just been beautiful so most of us have been able to be outside and enjoy the sunshine and fresh air. Now that the pools are open, that presents another venue for the great weather.

The club hopes to meet again very soon, so get your supplies in order! I tend to get a "little" messy, so getting organized is really something I must do to be ready for class again!

Anyone can be a presenter - and the cards do not have to be fancy or complicated. Our group is based on friendship, socializing and helping each other!

Our group is open to all crafters - beginners or those more experienced. One or two people do a presentation each month. The group meets the first and third

Thursdays of the month at 1 p.m. in the Hobby Building Event Room. For information on any class or for general information, contact Kathy. There are basic supplies that are needed, such as a trimmer, glue, scissors, and card stock. Everyone in the group shares their supplies and everyone brings new ideas to the table. You are only limited by your imagination!

If you feel this might be a class you would enjoy, or if you have any questions, please contact Kathy Hoefer at (352) 237-6439 or kathyh508@yahoo.com. We look forward to introducing new people to our fun craft. Until then, keep on stampin'!

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Antiques & Collectibles Club

Susan Johannes

Hope all of you are well. By the time that this publication is delivered I hope we are back to normal, but just in case I would like to offer some suggestions on how lovers of antiques and collectibles can make productive use of their time spent indoors. Since most of us

have a computer, it is very easy to search internet sites to gain information on our own collections. You can also purchase items from these sites to add to your collections.

When my husband and I are considering a purchase, whether from a shop, auction, or online venue, we always check out what the same or similar item has sold for online. Usually we go to the most popular internet site and, under search, type in the item description. Now this is very important. Do not look at the prices sellers are asking

for the item, but instead go to advanced search. Next check for sold or closed listings. This will enable you to see what an item actually sold for. You can take this price into consideration when evaluating your own collection or in purchasing an item.

By evaluating your collection, you can easily start a database by photographing, listing, and putting in current evaluations. This can be time consuming, but good to have, especially for insurance purposes.

Browsing the internet, we can

view and obtain background information on a multitude of antiques and collectibles. You can go to Google to find the names of popular antiques and collectibles sites.

I hope this information has been helpful to you. Most likely we will "See You in September," as the old song goes. If you have any questions, please contact Susan Johannes, president, at victoran@brighthouse.com or (570) 862-8785.



Art Group

Elizabeth Wales

Staying indoors lately has allowed time to explore interesting videos on YouTube.com. One quite fascinating documentary, which caught my eye, is the life of Vincent

van Gogh. I shall attempt to condense it in this column. Looking at any one of the 43 self-portraits he put on canvas, one would suppose van Gogh to be an elderly fellow.

The Dutch post-impressionist painter, who was born into an art-dealing, well respected family in 1853, only dabbled in drawing as a young man. Vincent moved about Europe in the art business, but his disagreeableness got him fired. It

seemed he could not hold a job. Following his father's religious example, he then became a missionary who settled in southern poverty-stricken Belgium and began to put oil to canvas at age 27. The sorrow he felt for the plight of the poor showed in his very dark portrait titled, "Two Peasant Women in the Peat Fields." No one bought these gloomy paintings.

Within a short time, his passion for color highlighted his landscapes and flowers. The canvases piled up in his sparse apartment, selling only one painting in his lifetime. Vincent's personality was cantankerous at the least, and his only friend was his younger brother Theo, who supported Vincent financially for many years. The two exchanged hundreds of letters over the years, and Theo even employed a contemporary artist, Paul Gauguin, to live with and mentor his brother. This arrangement lasted for all of 63 days, the two being at constant odds and frequently physically confrontational. Paul's

departure was just prior to one such fiery outburst in which Vincent emerged with part of one ear severed, probably at his own doing.

Depression and mental illness took over Vincent's life, and he spent time in an asylum, where he produced many of the popular paintings we know today, such as "Starry Night." After checking himself out of the asylum, he continued to spiral out of control. Within a few short years, Vincent produced 2,100 paintings and took his own life. He was 37. His brother reached his side before he, too, passed just four months later at age 32.

Theo's young widow, along with her tiny son, also named Vincent, took the stockpile of paintings and began to exhibit and sell them to the public. As the young child grew, he began a museum and drew massive public attention to his uncle's works.

The most that any one painting brought was \$82.5 million! The contribution to the world is priceless!



Photo by Elizabeth Wales

Vincent van Gogh self-portrait, 1887.



Concert Chorus

David Wesenberg

During this down period the Concert Chorus officers have been busy planning our next steps and performances.

Because "Hooray for Hollywood" was cancelled for this spring, our plan is to present it in spring 2021. Our "Hooray for Hollywood" director Jim Grapes has generously agreed to direct that show.

Director Mike Nagy has agreed

to lead the chorus for the holiday program currently scheduled to be performed Saturday, Dec. 5 and Sunday, Dec. 6. Linda Gibb has agreed to accompany the chorus on the piano.

Yours truly can say I really miss the fun and fellowship of singing with fellow chorus members and look forward to singing with the chorus in the fall.

Do you want to sing some great music with wonderful people and perform for our gracious audiences? Take the plunge and join us! Contact Mary Ann Majni at (954) 557-8176 or flmam68@aol.com. See you in the fall.



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Furniture: Twin size beds (2) with mattresses and wicker headboards, \$90 cash. (352) 857-6046.

Golf Cart: 2001 Club Car includes all necessary features, plus LED lighting on rearview mirror and turn signals. (615) 513-8240.

Golf Equipment: Men's Foot Joy FJ Contour golf shoes, white/taupe/black, size 7-1/2 wide. \$40. (352) 425-2425.

Home Décor: Crystal table clock, \$25. (352) 291-1770.

Landscaping: Loquat trees - 24", \$15; 18" (2), \$10 each; 12" to 14" (7), \$10 each. (352) 873-8565.

Misc. Item: 8,000-watt roll generator. (843) 276-7080.

Misc. Item: Cast iron arrow design weathervane (23") and post (18") topped with excellent bearing, \$110. (352) 237-2747.

Misc. Items: Minn Kota Endura

C2 trolling motor, MK 10-amp battery charger, MK trolling motor power center, 12-volt battery, \$160. Hummingbird portable sonar (#110), \$80. 8-pound mushroom anchor, \$10. Adult PFDs with whistles (2), \$40. Swivel boat seats on pedestals (2), \$40 each. (516) 697-9916.

Misc. Items: VHS tapes (44) most with TV programs, free. (352) 861-6981.

Tools: Drills, saws and assorted carpentry hand tools. (843) 276-7080.

Window Treatment: Plantation shutter (82" x 10") for side light with adjustable louvers on top and bottom that can be fully opened or closed, \$65. (206) 601-0166.

Yard Equipment: Karcher K-5 Premium pressure washer, 2000 PSI, \$35. (352) 237-2747.

Yard Equipment: Lawn sprinklers - 14" Gilman, \$8; 12" Green Thumb, \$7; and one small rotor free with purchase of either of the other two. (352) 873-8565.

Yard Equipment: Shovels, rakes, brooms and fence post digger. (843) 276-7080.

Services

3T's Lawn Care: Complete lawn cutting service. Insured, licensed, weekly/biweekly cuts, hedges No contracts. Free estimates. (352) 361-1555.

4 My Love of Paws: Private or group obedience dog training and pet sitting. Nancy Courtney (757) 277-1114 (resident).

Alterations by Nancy: Reasonable rates, experienced. (484) 716-0270 (resident).

Appliance, A/C & Heat Repairs: Electrical & plumbing. Experienced and honest. Call Tom Parker (resident) anytime at (352) 873-1297.

Bathroom Remodeling: Specializing in complete renovations. Clean, neat and professional. Call Cove Construction Inc. for a free estimate. (352) 572-0508. #CBC057088.

Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete re-screening service. Free estimates. (352) 586-8459, Bob.

Budget Blinds of Ocala: Custom blinds, shades, drapes & more! Now offering Lutron Home Automation. See our display ad. (352) 867-1625.

Cat Sitting: Provided by loving experienced Cat Nanny. Resident. (352) 854-8589.

Ceramic Tile: All types of installation and repair. 30+ years experience. Lic. & ins. References available. Call Bob Adkins (352) 274-8678.

Cleaning by Evelyn Lee: House cleaning, deep cleaning, move outs. Lic. #A27450 & insured. (352) 629-0855 or (352) 286-6055. sunshinecleaningocala.com.

Clock Doc: Clock repairs, experienced, inexpensive, house calls. (352) 246-2438 (resident).

Companion Kay: Need a companion at home? Will help with everyday tasks and develop a caring relationship. Visit www.companionkay.com or call (352) 229-4865.

Computer Help: Arthur Burditt, (352) 875-7878. House calls, \$40/hour. Tutoring, setups, installations, Windows upgrades, PC cleanups, security software, internet connections, email access, printers, wireless devices.

Elew House Cleaning Service: Residential, move-in/out and more. One time, bi-weekly, monthly, etc. (352) 619-7649.

Geller Lawn: Mowing, irrigation, bushes, mulch & much more! Starting at \$50 per month (no contracts). Insured. (352) 390-7454.

Handyman: Repairing sliding glass door rollers/tracks, sliding garage screen doors, window balances, sliding shower doors/guides, doors & locksets, door seals. Installing handicap grab bars. One call does it all! Steve, S&T Quality Services (352) 207-8682.

Laminate & Tile Floor Installation: Plumbing, electrical work, general carpentry and painting. Insured and satisfaction guaranteed. Resident for 12 years. Dan (352) 425-1046 or Bill (352) 816-5450.

Miles & Miles Cleaning Service by Wendy: We will give you an old fashioned cleaning! Hourly rate. Licensed & insured. (352) 895-0940 or www.milesandmiles-cleaning.com.

Painting & Drywall: Interior painting & drywall repair. Experienced, affordable & professional. Insured. Free estimates. References available. Visit josephdonofriodrywallandpainting.com or call (352) 857-8367.

Private Piano/Keyboard Lessons: Beginner, intermediate and advanced students welcome. \$10/half-hour lesson in my home. (570) 971-5269 or spacecadet3010@gmail.com (resident).

Serenity Pet Sitters: 20 years experience, ex-vet tech dog & cat

CPR certified in home care. Free consultation! Insured. (352) 615-7577 or serenitypetsitters.com.

Transportation: Appointments, errands, doctor's appointments, shopping, hair, surgery center, church, etc. Diane (352) 854-9999 (resident). Leave message.

Transportation: Doctor appointments, shopping, errands. Call Anna (resident) at (352) 615-0174 (cell) or (352) 873-4151 (home), leave message.

Transportation: Need a car and driver? Will transport one or two persons anywhere within 600 miles of Ocala. Fully insured. Door-to-door service for a very competitive price. Terry (resident) at (615) 513-8240.

Transportation: Need a car and driver? Will transport one or two persons anywhere. Equipped with passenger protective shield and sanitized daily. Terry (615) 513-8240 (resident).

Wanted

Donations: Bicycles and helmets for school children [Tom (352) 861-1575] • Dog or cat food [SPCA of Marion County (352) 362-0985] • Personal hygiene, school/craft supplies & small appliances for homeless; pet food/supplies for animal shelters; used cell phones, computers & musical instruments for troops/veterans; theatrical costumes & props [Donna (352) 237-3062] • Toiletries for troops [Bob (352) 854-0702] • Towels and blankets for homeless shelter [Jim (740) 392-4494] • Yarn for VA hospitals, children and newborns [(352) 843-6519].

HAM Radio Operators: Support the Community Emergency Response Team in the event of a disaster. Please email sue.grib@yahoo.com.

Pet Foster Parents: Temporarily open your home to a pet in need. Call S.P.C.A. of Marion County at (352) 362-0985.

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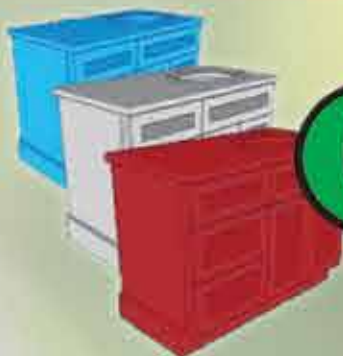
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