

ALLERGIC RHINITIS TREATMENTS

CORTICOSTEROID



Flixonase
fluticasone propionate
50mcg



Avamys*
fluticasone furoate
27.5mcg



Omnaris*
ciclesonide
50mcg

ANTIHISTAMINE



Azep
azelastine
125mcg

ANTIHISTAMINE/ CORTICOSTEROID



Dymista*
azelastine/fluticasone propionate
125mcg/50mcg

SALINE



Fess Saline Spray (nasal spray)
Sodium chloride
9mg/mL



Beconase
beclometasone
50mcg



Rhinocort Hayfever • Rhinocort*
budesonide†
32mcg • 64mcg



Nasonex Allergy • Nasonex*
mometasone†
50mcg



Zyrtec
levocabastine
0.5mg/mL

ANTICHOLINERGIC



Atrovent Nasal • Atrovent Nasal Forte
ipratropium
22mcg • 44mcg



Fess Sinu Cleanse (nasal irrigation)
Sodium chloride
9mg/mL
multiple brands available

MORE RESOURCES

National Asthma Council Australia

'How-to' videos for nasal spray technique
Clinical recommendations for asthma & allergies
Patient advice, factsheets and brochures

nationalasthma.org.au

This chart shows the main intranasal treatment options available in Australia. Check TGA-approved product information for indications and precautions. Developed independently by the National Asthma Council Australia with support from Mylan Health and Care Pharmaceuticals.

© National Asthma Council Australia 2020



MediFess Value Pack†
sodium chloride 9mg/mL
mometasone† 50mcg

† available only as value pack



Livostin
levocabastine
0.5mg/mL

DECONGESTANT



Decongestant
xylometazoline
multiple brands available



Spray Tish
tramazoline
82mcg



Otrivin Plus
xylometazoline/ipratropium
0.5mg/mL/0.6mg/mL

short-term use only

*Available by prescription only. PBS subsidisation is not available on most nasal sprays. RPBS subsidisation is available for selected nasal sprays - check current criteria.