

Tai Sophia Institute

Graduate Certificate in Transformative Leadership

Now Enrolling for January 2011

"The deep and abiding reality – the reality we do not invent, the reality we have to cope with – is that we are interconnected beings born in and for community.... If that is true, and it surely is, then leadership is everyone's vocation.... Leadership, I now understand, simply comes with the territory called being human."

– Parker J. Palmer from *Leading from Within*

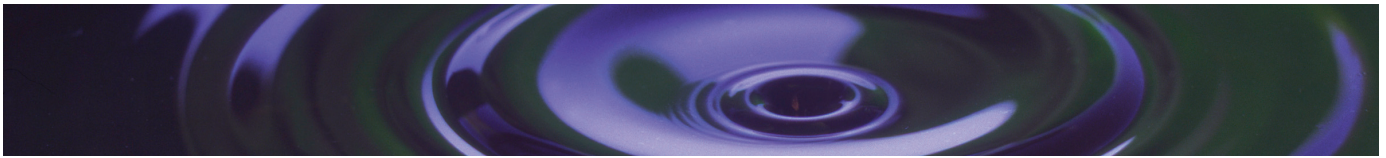
Whether you consider yourself a leader or simply want to be a catalyst for change, Tai Sophia Institute's **Graduate Certificate in Transformative Leadership** will guide you to identify and manifest your talents, effectively address life's perennial challenges, and create constructive change in relationships, the workplace, the community, and the world at large.

As a student in the Transformative Leadership program, you will awaken to the power of language and your personal presence. You will develop and apply innovative leadership approaches to your professional and personal passions through coursework, interactive classroom exercises, and daily practices that are grounded in nature, wisdom traditions from around the globe, and contemporary best practices.

Highlights of Tai Sophia's **Graduate Certificate in Transformative Leadership**:

- Developed and taught by innovators in the field of transformative leadership
- Relevant to a wide range of professions and interests
- Designed for established and emerging leaders seeking an empowering and innovative path to enhance and build on existing competencies
- Presented in executive weekend format
- 12 graduate-level academic credits delivered over 9 months
- Eligible for federal financial aid
- Option to continue studies and earn a Master of Arts in Transformative Leadership and Social Change





Program Outcomes

- Demonstrate self-reflective and self-monitoring leadership and gain clarity about commitment to professional and personal life paths.
- Challenge assumptions and certitudes about self, relationships and partnerships, organizations, and the wider world.
- Effectively use language and persuasion as tools to design strategies, execute visions, and produce results.
- Acquire skills to hone communication and listening in order to effectively resolve conflicts and enhance collaboration and partnership in team and organizational environments.
- Implement ways to take new ideas and visions into work, home, and the community to effect positive change.

Why study at Tai Sophia?

Founded in 1974, Tai Sophia is a premier, accredited educational institution dedicated to the art and science of healing and wellness. For over three decades, Tai Sophia Institute's pioneering founders, world-class faculty, and exceptional clinicians have redefined health, wellness, relationship, and community, setting the gold standard for relationship-centered care, transformative leadership and social change, and self care.

Each of Tai Sophia's programs is powerfully rooted in the wisdom of nature, teachings from the world's great healing and wisdom traditions, contemporary knowledge, and cutting-edge science.

Whether your ultimate goal is to coach your patients and clients toward optimum health and vitality, integrate herbs into your clinical practice or home life, become a master practitioner of acupuncture, or be a more powerful and effective leader on the job or in your community, as a Tai Sophia student you will become a keen observer of your own body-mind-spirit and its innate wisdom, and learn to be a healing and transformative presence through your thoughts, words, and actions.

While you pursue your chosen course of study, in partnership with your classmates and instructors, you will reveal and develop your unique gifts and talents, achieve greater clarity about your passion and purpose, and gain a deeper sense of community and service.

For additional information or to register, please contact the Office of Graduate Admissions at 410-888-9048 ext. 6647, or admissions@tai.edu, or visit www.tai.edu.

Course Descriptions

TLSC 600: SOPHIA®

(School of Philosophy and Healing in Action®)

6 credits

Based on the cycles of nature, this opening intensive introduces the philosophical underpinnings of the Institute and includes the experience of chi, the rhythms of nature, life skills, language and theory. In the concluding weekend, students apply the healing functions to the smallest relational field: partnerships. Students learn how to see life as partnership and how to bring partnership to life more fully.

TLSC 610: Calling & Commitment: Gifts to Serve the Next Generation

3 credits

Students are invited to share their personal and professional gifts in the context of the human story. The course sets the stage for selecting an area of emphasis. Structurally the course explores several themes: moving away to gain distance, a time to discover one's gifts, and a return to share those gifts in new ways. The process involves reassessing personal goals, re-animating the deep nature of professions, and embedding all in the context of service.

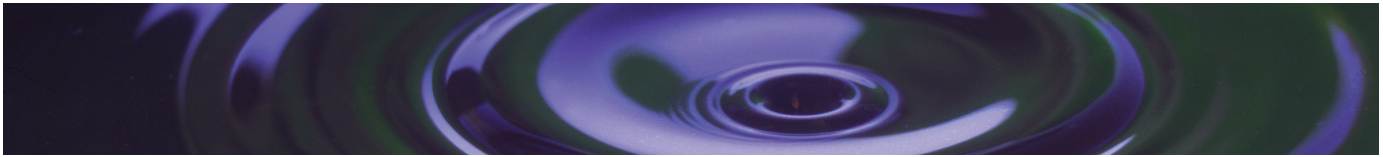
TLSC 615: Practicing Leadership

3 credits

This innovative unit weaves together the wisdom of nature, language skills, and contemporary practices to create a unique model of effective leadership. In this interactive course students will begin to apply these skills to the larger relational fields of organizations and communities. On-the-job opportunities and challenges will be the source for developing leadership competencies.

Consolidation Weekend

The Consolidation Weekend provides the opportunity for review and integration of the work conducted during the previous courses. Consolidation weekends are a unique feature of the Transformative Leadership graduate certificate program and the Transformative Leadership and Social Change master's degree program. Consolidation weekends are co-designed by students and faculty to ensure that learning is cumulative and effective.



Faculty*

Anne Huyler Baker, M.A.

Anne Huyler Baker served as Director of the Transformative Leadership and Social Change Program (formerly Applied Healing Arts) for two years and currently serves as core faculty in the program. Ms. Baker is a graduate of the first Master of Arts in Applied Healing Arts class and came to Tai Sophia Institute from a lifelong career in education, where she taught mathematics and science and served as a school administrator.

Tom Balles, M.Ac., L.Ac.(UK), Dipl.Ac.(NCCAOM)

A practicing acupuncturist since 1985, Tom Balles teaches in all of Tai Sophia Institute's master's degree programs as well as in the Institute's Transformative Leadership and Health and Wellness Coaching graduate certificate programs. Balles facilitates one-on-one and group business workshops in team building, communication skills, improving work habits, conflict resolution, and leadership development. He is the author of *Dancing with the Ten Thousand Things: Ways to Become a Healing Presence* and "Cultivating a Healing Presence," a guide.

Dianne M. Connelly, Ph.D., M.Ac. (UK), Dipl.Ac. (NCCAOM)

Dianne Connelly is Chancellor and Co-founder, Tai Sophia Institute, and serves as core faculty at the Institute. A practitioner of traditional acupuncture since 1973, Dr. Connelly holds a doctorate in Cross-Cultural Medicine from Union Graduate School and a Master of Arts from New York University School of Education. Connelly lectures internationally, is the author of *Traditional Acupuncture: The Law of the Five Elements, All Sickness is Homesickness*, and *Medicine Words: Language of Love for the Treatment Room of Life*, and co-authored *Alive and Awake: Wisdom for Kids*.

Robert M. Duggan, M.A., M.Ac.(UK), Dipl.Ac.(NCCAOM)

Robert Duggan, President and Co-founder of Tai Sophia Institute, has practiced traditional acupuncture since 1973 and teaches in all of the Institute's graduate programs. A leading international voice on wellness and integrative medicine, Mr. Duggan lectures throughout the United States and abroad, has testified before the U.S. Senate and served as a White House advisor, and is the author of *Common Sense for the Healing Arts*. He holds a master's degree in Human Relations and Community Studies from New York University and a master's degree in Moral Theology from St. Joseph's Seminary.

Susan Duggan, M.Ac., Dipl.Ac.(NCCAOM)

Susan Duggan serves on the faculty of several of Tai Sophia's graduate programs and practices acupuncture at the Institute's Natural Care Center. A graduate of Skidmore College with a specialization in Health and Human Services, Duggan has

practiced bodywork since 1986. Prior to earning a Master of Acupuncture degree from the Traditional Acupuncture Institute (now Tai Sophia Institute), she coordinated educational programs at The Johns Hopkins Medical Institutions.

John G. Sullivan, Ph.D., J.C.D.

John Sullivan is Maude Sharpe Powell Professor of Philosophy Emeritus and Distinguished University Professor Emeritus at Elon University in North Carolina. He earned a doctorate in canon law from Lateran University in Rome and a doctorate in Philosophy from the University of North Carolina at Chapel Hill. Dr. Sullivan is the principal designer of Tai Sophia's Master of Arts in Transformative Leadership and Social Change program and is the author of *To Come to Life More Fully, Living Large: Transformative Work at the Intersection of Ethics and Spirituality*, and *The Spiral of the Seasons: Welcoming the Gifts of Later Life*.

Cheryl Walker M.L., MCC

Cheryl Walker is Interim Director of Tai Sophia Institute's Transformative Leadership and Social Change Program and Program Manager of the Institute's Health and Wellness Coaching graduate certificate programs. Ms. Walker also is an independent leadership development consultant and holds a Master of Leadership from Georgetown University's McDonough School of Business and a Master Certified Coach (MCC) certification from the International Coach Federation.

Program Dates

TLSC 600: SOPHIA®

(School of Philosophy and Healing in Action®)

January 3-7, 2011 (Intensive)

February 18-20, 2011

TLSC 610: Calling & Commitment: Gifts to Serve the Next Generation

March 25-27, 2011

April 29-May 1, 2011

TLSC 615: Practicing Leadership

June 10-12, 2011

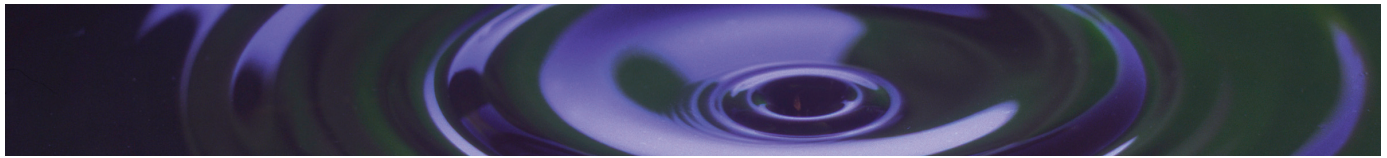
July 15-17, 2011

Consolidation Weekend

September 16-18, 2011

Typical class hours are Friday, 6:00 p.m. – 9:00 p.m., Saturday, 9:00 a.m. – 5:00 p.m., and Sunday, 8:30 a.m. – 4:30 p.m. In addition to the course dates listed above, students are required to attend a Transformative Practice Group (TPG) meeting by phone or in person in between each class weekend.

*2010 program faculty.



Admission Requirements

Prospective students must meet the following admission requirements:

- Have a minimum of a baccalaureate degree from an accredited institution and submit an official transcript.
- Submit official transcript of highest degree earned beyond a baccalaureate.

The Transformative Leadership graduate certificate program consists of the first three courses of Tai Sophia's Transformative Leadership and Social Change master's degree program. Graduate certificate enrollees must meet the same requirements as those in the master's program and are simultaneously accepted into the master's degree program. After earning the graduate certificate, students have the option to continue their studies to earn a Master of Arts in Transformative Leadership and Social Change.

Tuition and Fees

Application Fee: \$50

Matriculation Fee (due upon acceptance): \$100

Tuition: \$8,177

Financial Aid

Federal financial aid is available for this program. To apply for federal financial aid, complete the Free Application for Federal Student Aid (FAFSA) online at www.fafsa.ed.gov. Tai Sophia Institute's school code for completing the FAFSA is G25784.

A limited number of scholarships are also available. For additional funding options, such as private or alternative education loans, please contact Director of Financial Aid John Gay, Jr., at 410-888-9048 ext. 6628 or jgay@tai.edu.

About Tai Sophia Institute

Founded in 1974, today Tai Sophia Institute is a leading center for wellness-based education, client care, and public policy discourse. Accredited by the Middle States Commission on Higher Education, the Institute offers master's degree programs in Acupuncture, Herbal Medicine, and Transformative Leadership and Social Change; graduate certificates in Chinese Herbs, Health Coaching, Herbal Studies, Medical Herbalism, Transformative Leadership, and Wellness Coaching; as well as community workshops and continuing professional education programs.



Tai Sophia's clinical network includes 10 clinical sites in the Baltimore/Washington corridor. These sites provide more than 35,500 treatments and consultations yearly to widely varied populations, which include individuals challenged by relationships with addictive substances as well as people who are unable to afford wellness services. Additionally, the Institute's faculty, students, and staff donate more than 15,000 hours of community service every year.

Standing on its commitment to be a leader in whole person wellness, Tai Sophia fosters and maintains collaborative relationships with leading academic, medical, and research institutions.

Tai Sophia's mission extends personally to every individual and, from there, reaches all parts of the world by empowering wellness leaders, business executives, and communities; as individuals find new passion in their own lives, they in turn cultivate it in the larger world as catalysts for change wherever they go.



**Tai Sophia
Institute**

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410-888-9048 www.tai.edu

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