

Hepatitis A

WHAT ARE THE SYMPTOMS?

fever

joint pain

loss of appetite,
stomach pain

nausea

yellow skin and
eyes

dark pee

gray-colored poo

Hepatitis A is a virus that is only found in humans. It causes a sickness of the liver. The liver is an organ that processes nutrients and filters blood. Some people, especially children, do not always show signs of being sick.

WHAT IS HEPATITIS A?

HOW CAN I GET SICK?

Hepatitis A is spread through contact with poop. You can get it from food that was contaminated by a person with hepatitis A. Hepatitis A can also be spread through close physical contact with someone who has hepatitis A.

HOW CAN I KEEP SAFE?

Wash hands with soap and water before preparing or eating food and after using the bathroom or changing a diaper.

Heat food to the proper temperature. Cooked food can transmit hepatitis A if it hasn't been heated enough to kill the virus. Get the hepatitis A vaccine.

More Info



AZ Department of Health Services
www.azhealth.gov
<http://www.cdc.gov/hepatitis/HAV>

OTHER RISK FACTORS

Poor sanitation

Living in a household with an infected person

Lack of safe water

Being a sexual partner of someone with hepatitis A

Traveling to areas where hepatitis A is common

Injecting drugs

