

Carolina Shag Lessons

Shaggin' with Ashley & Tobitha Stewart



Join us for Shag Lessons at
Benchwarmers
starting Monday, July 9th!
113 East Fisher Street
Salisbury, NC



www.CarolinaShagLessons.com

Beginner Class – 6:30 pm

the basic, the start, male & female turns /trails,
the belly roll

Beginner II Class – 7:15pm

pivot, basic variations, lead and follow

Intermediate/Advance Class – 8:15pm

Male & female leads, technique, turns, transitions,
variations of all steps

No Partner Required for Classes

Juniors FREE up to 18 years old



About Ashley & Tobitha

We love competing in the Pro Division in the CSA/SPA Shag Circuit as well as Non-Sanctioned Events. We also enjoy competing in the National Shag Dance Championships in Myrtle Beach, SC, and the USA Grand National Dance Championship in Atlanta, GA each year.

Some of our greatest memories are connected to Shag! We have made many lasting friendships and formed new friendships while competing or dancing at club events all over the USA. We now want to share the excitement we have felt through shagging! We are very active in shag events to promote the dance! We are the directors of the JR Shag Dance Team of the Carolinas, "Shag Fever", active members for the Competitive Shaggers Association and both serve to help preserve the dance!

We also love to teach private lessons in our home. Please contact us if you are interested in taking shag lessons at 704-202-9655 or email at tstewartrealtor@gmail.com.