

# KEMPE CHRONICLES



Stories and news about how Kempe is leading the fight against child abuse and neglect, and how your support is making all the difference in these young lives.

The Kempe Chronicles is a quarterly publication of:



Spring 2011  
Issue 4

The Kempe Foundation at The Gary Pavilion • The Children's Hospital • Anschutz Medical Campus  
13123 E 16th Ave, B390 • Aurora, CO 80045 • [www.kempe.org](http://www.kempe.org)

## OUR PASSION FOR HELPING KIDS starts at the top.

*I am delighted to be the newest member of the Kempe team! In my two month tenure I have witnessed the dedication and compassion of the staff and volunteers. As we move into the future together we are proud to carry the legacy of C. Henry Kempe, M.D. and his colleagues towards their dream of eradicating child abuse and neglect. I look forward to meeting you, getting to know you, and working side by side with you.*

Take a moment and choose a fond memory...graduation...a favorite birthday...your wedding day...when your children were born, or a favorite vacation. Living our lives provides each of us with an amassed experience and unique perspective that we apply to the decisions we make each day; each day becoming more capable of handling what comes our way. This experience coupled with a healthy dose of confidence enables us to dare to do more.

The Kempe Foundation is no different. We are no longer the same organization we were yesterday. We are vibrant and changing. We have progressed.

Our commitment to increase awareness, engage in advocacy and secure and provide resources for the prevention and treatment of child abuse and neglect remains steadfast; yet after 35 years, we strive to do so in a more thoughtful and effective manner than ever before. We have learned to maximize resources enabling us to squeeze the most good for children and families from each dollar we raise. We work with our community partners to support effective programs that are truly life-changing. We have assembled a dedicated group of professionals and volunteers, each passionate about their role in continuing to reduce and someday end child abuse and neglect.

Our economy continues to provide challenges; we continue to take a broader view focusing not only on what we can do to help children today, but to consider what our children will need tomorrow. The work taking place at The Kempe Center for the Prevention and Treatment of Child Abuse and Neglect is at once both inspiring and breathtaking. Children whose lives are broken and shattered find new hope and happiness.



Pat Peterson

Each year, The Kempe Center provides direct services to hundreds of children. They also train, educate and support thousands of professionals throughout Colorado, nationwide and internationally. Locally, we advocate for children with the Colorado legislature. Additionally, The Kempe Center serves many adult caregivers with significant counseling and support. Together, The Kempe Center and The Kempe Foundation provide hundreds of thousands of web visitors with information and resources each year at [www.kempe.org](http://www.kempe.org).

Each child needs to be able to look back – as you and I did at the start of this letter – and recall with fondness their childhood. Each child is not able to do so today but this is what encourages us and motivates us to dare to do more.

We are vibrant and changing, we are progressing...and none of this would be possible without your support.

Thank you,

Pat Peterson, B.S.N., J.D.

President and Chief Executive Officer, The Kempe Foundation

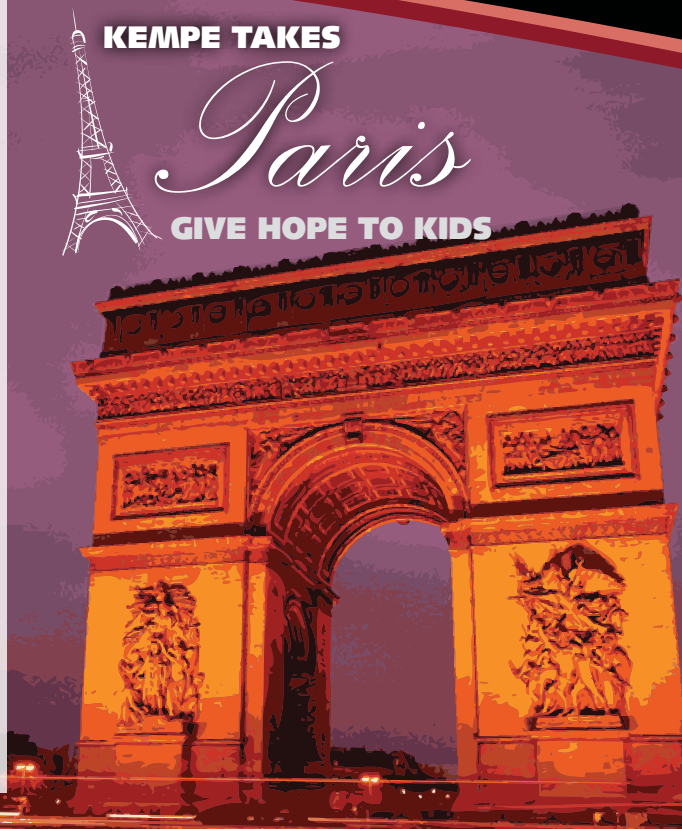
## April 8, Kempe Takes Paris Gala will Recreate Glamour & Excitement of Paris

The Kempe Takes Paris Gala will celebrate the elegance and glamour of the iconic City of Lights to raise funds and 'Give Hope to Kids' for the prevention and treatment of child abuse and neglect. Gala guests will have the opportunity to stroll through the streets of Paris; starting with the Arc de Triomphe and Le Tour Eiffel, down the Avenue des Champs Élysées with all its cafés, patisseries, luxury shops; the Musée du Louvre and then on to an elegant dinner and exciting show!

The Kempe Foundation proudly announces the 2011 Kempe Community Award recipient Jeannie Ritter, Former Colorado First Lady and Kempe Professional Award recipients Dr. Stephen & Elaine Berman. We will honor the award recipients during the Kempe Takes Paris Gala at 5:30 p.m. on Friday, April 8 at the Denver Marriott City Center.

Guests will then feel the magic of Paris through a riveting dance performance by Colorado Dancesport. For the pièce de résistance, complete the evening with a nightclub experience to remember. Enjoy the crème de la crème of Paris in Denver, for one night only!

Information and tickets are available at [www.kempe.org](http://www.kempe.org).



## Kempe Foundation to Honor 2011 Award Recipients at April Gala

In 1985, The Kempe Award started as a way to recognize individuals who have successfully worked to improve the quality of life for abused and neglected children. In 1988, the Kempe Board of Directors established two categories, a Professional Honoree and a Community Honoree, to recognize that the vision will only be accomplished with a collaborative effort between professionals and community.

### Community Award Recipient

During her time as First Lady of Colorado, Jeannie Ritter focused on mental health awareness. Within the first two years, she participated in hundreds of local meetings and community engagements, national summits, statewide conferences and consulted with leading experts in the mental health field. She began to identify common mental health needs across Colorado's diverse landscape. In particular, she began to carry the language and message of mental health integration, early intervention and health promotion strategies.



Jeannie Ritter

She worked with local funders, the Veterans Administration and community providers in establishing the Civilians for Veterans Fund. Other areas of focus have been homelessness prevention, child advocacy and suicide prevention. She also helped to establish the Governor's Residence Preservation Fund.

### Professional Award Recipients

Stephen Berman, MD, joined the faculty of the Department of

Pediatrics at the University of Colorado School of Medicine and The Children's Hospital in 1978. From 1980-1990 and again from 1998-2010, he served as Head of the Section of General Academic Pediatrics.



Dr. Stephen Berman

Dr. Berman has served as Consultant to the World Health Organization and Pan American Health Organization on Control of Acute Respiratory Infections; National Chairman of the American Academy of Pediatrics Committee on Child Health Financing; Director of Health Policy and State Medically Indigent Programs for the University of Colorado; and President of Colorado Bright Beginnings. From 2000-2001, he served as President of the American Academy of Pediatrics. He recently became director of the University of Colorado Denver Center for Global Health at the Colorado School of Public Health.

In 2007, Elaine Gantz Berman was appointed to the Colorado State Board of Education, representing Colorado's 1<sup>st</sup> Congressional District. In 2008, she won her seat in the general election. Prior to serving on the state board, she served on the Denver Public Schools Board of Education for eight years, including four years as Board President. She also helped found the Colorado Children's Campaign and the Adoption Exchange.

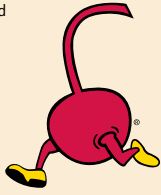


Elaine Berman



## Kempe Partners with Cherry Creek Sneak for 2<sup>nd</sup> Year

Ready to race? For the 2<sup>nd</sup> year in a row, The Kempe Foundation is the charity partner for the annual Sports Authority Cherry Creek Sneak on May 1.



The event provides participants and non-participants the opportunity to help Kempe through pledges and donations above and beyond the race registration fee.

Thank you to everyone who helped raise more than \$27,000 in pledges and donations in 2010. In our efforts to help an ever-increasing number of abused and neglected children, our goal for 2011 is \$75,000. Here are ways to give hope to kids through the Sneak:

- Donate directly to Kempe
- Pledge individually or as a team
- Make a donation during race registration - now open
- Ask your employer to match your donation to Kempe

We encourage all running and walking enthusiasts, children's advocates and Kempe supporters to register for and participate in the Cherry Creek Sneak! To register, visit [www.cherrycreeksneak.com](http://www.cherrycreeksneak.com).

Lace up your shoes and help Kempe stop child abuse! To donate or pledge, visit [www.active.com/donate/kempe](http://www.active.com/donate/kempe).



Race participants from three Kempe pledge teams and Kempe staff at 2010 Cherry Creek Sneak.

## Kempe Recognizes Child Abuse Prevention Month in April with Activities

The Kempe Foundation for the Prevention and Treatment of Child Abuse and Neglect will recognize national Child Abuse Prevention Month in April 2011 with an awareness campaign and events.

The month-long Child Abuse Prevention Month awareness campaign promotes the role that everyone can help play in keeping Colorado's children safe. Activities and promotions include:

- Public service awareness campaign throughout April 2011 including television, radio, magazine and newspaper features
- Giant blue ribbons placed on buildings throughout the Denver Metro Area
- In conjunction with The Children's Hospital, lighting of blue lights along Children's Way at dusk on March 31
- National Blue Ribbon Week on April 3-9, 2011
- National Day of Hope on April 6, 2011
- Kempe Takes Paris Gala at 5:30 p.m. on April 8, 2011 at the Denver Marriott City Center
- 29<sup>th</sup> Annual Sports Authority Cherry Creek Sneak run for Kempe at 8 a.m. on May 1, 2011. Pledges and donations above the race entry fee benefit The Kempe Foundation.

For more information on Kempe activities during Child Abuse Prevention Month, visit [www.kempe.org/capm](http://www.kempe.org/capm).

### History of Child Abuse Prevention Month

In 1983, President Ronald Reagan proclaimed that April was the first National Child Abuse Prevention Month. Since then, child abuse and neglect awareness activities have been promoted across the country during April each year.

### About the Blue Ribbon Campaign

In 1989, the Blue Ribbon Campaign to Prevent Child Abuse started as a Virginia grandmother's tribute to her grandson

who died as a result of abuse.

She tied a blue ribbon to the antenna of her car as a way to remember him and to alert her community to the tragedy of child abuse. The Blue Ribbon Campaign has since expanded across the country.



**Below: Images from 2010 Superhero Campaign - Katherine Ridenhour & Angela Cook, firefighter chiefs (top) and Rod Smith, former Denver Bronco and his son Roderick Jr. (bottom).**





# Success Story: Finding a Forever Family

By Steve Harrell, Director of Communications and Marketing at The Kempe Foundation

*Jake spent his first months of life in an unstable, unstructured environment where he was the victim of abuse and neglect. As a toddler, he spent time in multiple foster homes holding fast to one dream: someday, he would have his own “forever family.”*

While in foster care, four-year-old Jake found it difficult to fall asleep at night; often he would wake screaming and frightened by horrible nightmares. Trying to articulate his nightmares was difficult. His language skills were those of a 2 or 3-year-old. This was complicated by missing teeth which made it hard to understand what he was saying. Jake's missing teeth were yet another indication of the overall neglect he had experienced as a baby and a toddler.

Jake was sent to The Kempe Therapeutic Preschool as a result of his history of abuse and neglect. Fortunately for Jake, preschool staff are highly trained to help children in a variety of ways. The school is designed to assist severely emotionally disturbed 3-6 year-old children who have been abused and neglected. The goal is to move the children to regular preschools, Head Start Programs, or elementary schools. The Kempe Preschool achieves this goal by providing a full range of mental health and environment services to decrease problem behavior, increase social skills and improve academic performance.

During his first days at The Kempe Therapeutic Preschool, Jake could not sit still at story time. He didn't know how to play with toys or with other children. He would often fight with them. Most of the foods (strawberries, bagels, tacos, etc.) served to him for lunch were unfamiliar to Jake. In addition no one had taken the time to teach Jake basic table manners – he ate with his hands.

Often, children who have lived in a less-than-structured setting in which there may have been competition with other children for food will resort to hoarding. Jake began hiding his food from the other children.

At The Kempe Preschool Jake met twice weekly with his therapist for play therapy. This was easier said than done because he had never really learned how to play. He would run around the room throwing toys on the ground and fight with the doll characters. Upon assessing these anti-social behaviors, It became clear to his therapist that Jake had no idea what had happened in his life, why he was living with a foster family or where his biological parents were.

To help the little boy put the puzzle pieces of his past into place, his therapist began creating a “Life Book” for Jake. This is a technique to aid children like Jake to gain a context for their behavior. Jake was mesmerized by the first page in his book where the Kempe therapist wrote: “When Jake was

a baby, he lived with his mommy. She loved him and took care of him.”

After several weeks of watching Jake read this page over and over, the therapist added the next page: “Then, Jake's mommy got very sad and could not take care of him.” Jake's therapist put a photograph of a woman looking very sad on the page.



**At this point Jake screamed, “I hate that lady!” threw the book away, and refused to look at it for over a month.**

Gradually, the therapist was able to coax Jake back to the book and added pages about the positive changes that were taking place in his life. Jake's therapist included photos of Jake's current foster family and as Jake worked his way through the book, he became calmer and more interested in learning his story.

As attention to his own story increased, Jake became interested in story books at the preschool. He began to talk to the other children and teachers about his life. His foster parents reported that he was more peaceful at home and was now able to sleep through the night. His language improved as did his concentration.

As Jake neared the end of treatment, the day came when the therapist added a very important page to his Life Book. It read: “The caseworker then found Jake a ‘Forever Family.’ This family has a mommy, a daddy, a brother and a sister. This family is going to adopt Jake, he will live with them and they will love him forever.” Jake was beside himself with joy when he was told that this family would be the one who had been “babysitting” him for the last month.

During his final weeks at the preschool, Jake moved in with his new “forever” family. Since then, Jake's new family sent photos of Jake at his new school to The Kempe Preschool staff. The parents' note to staff revealed that Jake was doing “spectacularly” at his new school.

For Jake, perhaps finding his “forever family” is, as Amy Tan writes, “...like a falling star who has finally found his place next to another in a lovely constellation, where [they] will sparkle in the heavens forever.”



Steve Harrell



# Colorado Child Abuse Rates Climb; Number of Children Treated at The Kempe Center Also Increases in FY2009

By The Kempe Foundation

The Kempe Foundation and The Kempe Center has expressed alarm and concern about the increased number of Colorado's children who were maltreated last year as documented in recently-released state and national reports. Contrary to the national trend showing decreases in the rate of children being abused and neglected, 2009 statistics from the State of Colorado Division of Child Welfare, Colorado Department of Human Services report that 641 more children were maltreated in 2009 than the year before (11,339 in FFY2009 compared to 10,698 in FFY2008). The rate of increase in Colorado over the past two years is even more dramatic - 1,236 additional children.

Sadly, Colorado's corresponding child fatality rate attributed to child abuse and neglect has evidenced increases for the past several years - 36 deaths last year, up from 32 the prior year, 27 the year before and 24 the year before that.

The suffering and death of so many children is a tragedy for our community. The problem of increased child maltreatment and the need for its prevention is reaching a crisis point again in our state. We must work together to protect the most vulnerable in our state.



Most Kempe Center direct service programs saw an increase in the number of children served last year as child abuse cases in Colorado have increased. For example, the Child Protection Team treated 494 children – more than a 22% increase from the previous year. Overall, the Center delivered an increase of 13.5% in services last year when compared to the prior year. Services included evidence-based mental health therapy, a mentoring curriculum, case consultation, injury assessments, comprehensive medical and mental health assessments, and preschool classroom therapy.

## Project Linus Local Chapter Provides Blankets for FHF Children

Eight years ago, a mentor with the Fostering Healthy Futures (FHF) program designed a quilt for his mentee as an ending gift. His mother was a member of Project Linus, a national non-profit organization that creates blankets to comfort children who are ill or have been traumatized. She was able to take his designs and create a wonderful quilt for his mentee. As a result of the success of this gift, the Linus Project of Boulder/Adams Counties adopted the FHF Program and has since made over 150 quilts for children in the program.

"Like the other volunteers, working with FHF is special to me because it gives a purpose to my talent," said Michelle Troch, Project Linus Boulder/Adams Counties. "I can sew, I can quilt, and I love it. I make blankets that are given to children in hospitals and I never know what happens after I give them to a volunteer coordinator. The blankets we sew for FHF are different; they are unique and I feel honored to be a part of something so amazing."

Mentors and youth work closely together to create squares that represent positive memories that the youth have of their experience in the FHF program; areas of strength, relationships of resource, interests, family and more. Squares include words, artwork and photos that the youth and mentors create together. The mentors use this time to talk with youth about their accomplishments, strengths, and hopes for the future. Once the squares are completed, the Linus project quilters donate their time to make the quilts, integrating the child's favorite colors and interests. Children receive the finished quilts when they graduate from the program and they serve as precious keepsakes.

"I am not able to be a mentor and most of the blanketers are not able to help in that capacity," said Troch. "What we are able to do is to connect the mentor and their child in a way that will always be remembered as a positive experience; a memory that can always be revisited with a cuddle of their blanket."



The entire nine month FHF experience can literally and figuratively wrap around the children, providing what the Linus Project calls "security through blankets." Children have reported keeping their quilts on their beds and hanging them on their walls, reminding them of the people that believe in them, their accomplishments, the positive qualities they possess and that they are not alone. As the first mentor who gave a child a quilt wrote, "Let this blanket bring you comfort and security wherever you go and whenever you need it. Stay strong!"

# Kempe Program Offers SafeCare Services to Prevent Child Abuse

By Sanya Andersen-Vie, *The Kempe Foundation*

The Kempe Center's Judicial Access to Services for Parent Infant/Child Relationship Enhancement (J-ASPIRE) works to treat trauma exposed children and children at high risk of maltreatment, regardless of child welfare involvement, to ensure that these children have the best outcomes and do not become abusers themselves. Two of J-ASPIRE's team members have been significant in bringing SafeCare to vulnerable children and families: Christina Little, PhD, J-ASPIRE Program Director and Leah Garbe, BA, Program Coordinator and SafeCare Intervention Supervisor. SafeCare is an innovative research based parenting program to promote family protective factors and prevent child abuse and neglect in a high-risk population. Kempe's J-ASPIRE program is one of only two sites in Colorado certified to provide SafeCare services.

Garbe has been trained and is one of only two certified SafeCare coach and trainers in Colorado and is an experienced SafeCare home visitor. Garbe has served as a program coordinator for a federally funded child maltreatment grant and has extensive clinical and evaluation experience with high-risk infants, young children and parents involved with human services and criminal justice systems. She has considerable experience in service provision, program evaluation and cross system collaboration.

In February, J-ASPIRE's Meghan Dahlin, MA and Evelin Gomez, PhD also were trained as certified home visitors in SafeCare.

## About SafeCare

The SafeCare program is currently offered to young mothers and fathers, their parenting partners, and their young children. The parents are on probation in the City and County of Denver and have substance abuse and/or mental health problems. Additional risk factors include high rates of domestic violence and family instability. While these parents are able to receive case management and recovery services, there is currently a lack of prevention services focused on the parent-child relationship. The SafeCare Program has been shown to reduce child abuse and neglect directly, increase associated protective factors, and decrease associated risk factors. SafeCare reduces: the recurrence of child abuse and neglect among families with substantiated maltreatment; home hazards; financial problems; and maternal depression. It improves positive parenting including nurturing behavior, provision of stimulating activities and increased parenting confidence.

One funding source for J-ASPIRE's SafeCare services is a grant from the Colorado Children's Trust Fund. For this program, the target population is adolescent and young female offenders placed on Denver Probation and enrolled in Treatment Accountability for Safer Communities (TASC) and their partners who are parenting young children. A significant number of mothers are ages 15-21. The belief is that by intervening with



**J-ASPIRE team from left: Dr. William Betts, Dr. Evelin Gomez, Leah Garbe, and Dr. Christina Little. Not pictured: Meghan Dahlin, MS.** *Photo by Robbie Prime, TASC Specialist.*

such young parents who typically are parenting their first child, these programs can help families improve their life trajectories early on and impact not just the current young child receiving services, but also any children to follow.

## About J-ASPIRE

The Kempe J-ASPIRE Program is a leader and partner of The Justice Initiative for Drug Endangered Families (JI-DEF), a collaboration between agencies such as the Denver Police Department, TASC and Denver Probation, the Denver Court System and Child Welfare services. The partners recognize that all systems play an overlapping role in supporting children and families while keeping the community safe. JI-DEF is co-directed by Dr. Little at The Kempe Center and Lilas Rajaeo at TASC and recently won the prestigious SAMHSA National Science to Service Award. Currently, The Kempe Center and TASC are the only SafeCare provider sites in Colorado.

One central belief of the Kempe-TASC collaborative program is the recognition that the health and safety of children and families cannot, and should not, be the sole responsibility of the child welfare system. As emphasized by the involvement of community partners, there is a commitment to incorporating prevention into shared work. While services currently exist in the metro Denver community to address child abuse/neglect, most services are not available until maltreatment has already occurred. Although there are a few remarkable prevention services in our area, the collaboration has found that the requirements and abilities of those programs are not often a good fit for the program's target population. The J-ASPIRE team specializes in infants and young children and thus are able to provide services to prevent and treat child abuse and its consequences at the earliest stages of children's lives.

The team is well-positioned to provide immediate services and to measure changes in multiple risk and protective factors associated with child abuse and neglect (including healthy parenting knowledge, attitudes and behaviors), and to directly measure the occurrence of child maltreatment.



# Donor Spotlight: Dr. Barry and Bonnie Lindstrom



By The Kempe Foundation Staff

Donors Barry R. Lindstrom, Ph.D. and his wife Bonnie Lindstrom, MS, LPC work with abused and neglected children and their families in their practice. They know and respect the professionals at, and the history of The Kempe Center.

Dr. Lindstrom, a psychologist, completed his training at Denver General Hospital where he worked with a Kempe psychiatrist in learning to conduct family evaluations. He first met Gail Ryan, The Kempe Center's Perpetration Prevention Program (PPP) Director, at the Keystone conference in 1989. In 1990, he became a member of her perpetration prevention study group until her "retirement."

Being a part of the PPP study group was one of the most interesting and meaningful activities of Dr. Lindstrom's career; he now uses what he learned in the group on a daily basis with clients and colleagues, and he greatly values the professional relationships developed in the group.

It gave him the opportunity to meet and work with Kempe Founders Dr. Ruth Kempe and Dr. Brandt Steele, as well as other Kempe professionals including

Diane Baird, LCSW, Terri James-Banks, LCSW, and Donald Bross, PhD, JD.

In 1999, Dr. Lindstrom authored a chapter on attachment and abuse in the PPP group's book, *Web of Meaning: A Developmental-Contextual Approach in Sexual Abuse Treatment*.

Dr. Lindstrom has also been a member of the International Society for the Prevention of Child Abuse and Neglect (ISPCAN) since 1991.

Bonnie Lindstrom is a Licensed Professional Counselor and has

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*"We donate to The Kempe Center each year because of the important work they do on behalf of children and families locally, nationally and internationally."*

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attended and enjoyed The Kempe Center trainings. She appreciates the dedication and expertise of Kempe Center professionals. "Doing difficult work requires supportive colleagues," she said.

When asked what inspires them to donate to Kempe, Dr. Lindstrom said they donate because Kempe has a national reach and he respects the Kempe professionals. Overall his answer was simple, "It's (Kempe) the best."

The Lindstroms have been married for 30 years and have lived in Colorado for the past 25. They have two children in college in Colorado. They currently work together in Greeley.



Donors Barry R Lindstrom, PhD and his wife Bonnie Lindstrom, MS, LPC have a long history working directly with The Kempe Center.

Photos courtesy of [www.lindstrom-psychotherapy.com](http://www.lindstrom-psychotherapy.com).

## Colorado Child Care Tax Credit Changes

Beginning with tax year 2011, the availability of the Colorado child care contribution credit is contingent upon sufficient state revenue growth. This is determined by the December 2010 legislative council revenue forecast issued prior to the tax year; general fund appropriation must grow 6 percent over the previous year. It did not in 2010.

For this reason the tax credit is not available for tax year 2011.

If a credit cannot be claimed for the tax year in which it accrued because sufficient growth is not expected, it may be claimed for the next tax year for which a sufficient growth is anticipated.

Contact a Kempe Foundation staff member at 303-864-5300 for the latest information regarding the Colorado Child Care Tax Credit changes.



# YOUR GENEROUS SPIRIT and your generous gifts are changing kids lives.

Contributions made from September 1 - December 31, 2010

## Organizations

All Copy Products  
Alpha Lambda Conclave, Eta State  
The Anschutz Foundation  
AXA Foundation  
BabiesNow! Foundation  
Beta Delta Conclave, Alpha State  
Beta Delta Conclave, Delta State  
Bowana Foundation  
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The Children's Hospital Foundation  
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Encana Cares (USA) Foundation  
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Joe and Gina Murray Foundation Fund  
Peepers Optical - Dr. and Mrs. Raymond  
McCleery  
Periquin Strategy, Incl. - Jenni Cooper  
Jay and Rose Phillips Family Foundation  
Pi Conclave, Alpha State  
Pi Conclave, Nu Chapter  
Polycom, Inc.  
Psi Conclave, Iota State  
Rho Conclave, Rho State  
Riggs, Abney, Neal, Turpen, Orbison & Lewis,  
PC  
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Sand Creek Raiders  
Fred E. Scholl Charitable Foundation  
Carole and George Shaw Fund  
Sigma Conclave, Alpha State  
Sigma Conclave, Mu State  
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Southwest Regional Council, Delta State  
Stonehocker Family Foundation  
Systems & Methods, Inc.  
Teammates for Kids, Inc.  
TeleTech Community Foundation  
Theta Conclave, Lambda State  
Toxicology Associates Professional LLC  
U.S. Bank  
Unique Properties, LLC  
W.J.D. Foundation  
Workplace Elements, LLC  
Wyse Group  
Xi Conclave, Iota State  
Zeta Conclave, Iota State

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Mrs. Lisa K. Adams  
Mr. and Mrs. Paul Aertker  
Ms. Carolyn Agosta  
Ms. Rosa O. Aguirre  
Mr. Mark S. Akers  
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*so that she will always be safe*

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# New Fussy Baby Network® Colorado Program Offers Free Help to Parents

All babies cry, but some cry more than others. One in five babies is fussy—difficult to comfort and may have trouble feeding and sleeping. For parents, caring for a fussy baby can be exhausting and frustrating.



The Kempe Foundation and the Harris Program in Child Development and Infant Mental Health launched Fussy Baby Network® Colorado last summer, a program which assists parents who have concerns about their baby's fussiness. The network offers a range of support services for local parents with a baby who is struggling with fussiness in his or her first year of life. Services are free, and are also available in Spanish. All families with concerns about their baby's fussiness are encouraged to call.

The team responds to parent calls via a telephone "warmline" within 24 hours and specialists can meet with parents at home to explore concerns and offer support. The team also provides training and consultation to programs serving infants and families, and to the providers who care for them.

Since the program began, the network has provided services to 15 families from 6 different counties in Colorado. Families report significant decreases in their distress levels and increases in parenting confidence. **Call 877-6-CRYCARE (877-627-9227) or visit [www.fussybabynetworkcolorado.org](http://www.fussybabynetworkcolorado.org).**

*The program is an affiliate of the Erikson Institute Fussy Baby Network® and is a collaborative project of The Kempe Foundation and the Harris Program in Child Development and Infant Mental Health, in partnership with the University of Colorado School of Medicine, The Children's Hospital, and community support. Rose Community Foundation and the Irving Harris Foundation provide grant support.*

# Kempe Pics



**Kempe Therapeutic Preschoolers show off their cowboy gear in celebration of the National Western Stock Show.**



**Kempe Foundation CEO Pat Peterson (left) talks to Board member Walt Imhoff and Kempe Takes Paris event chair Teresa Kennedy at Kempe's holiday open house.**

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# Recognizing Our Supporters

*By Sharon Schonhaut, The Kempe Foundation*

The Kempe Foundation receives support from generous organizations throughout the year. Foundations, government agencies and corporations make it possible for The Kempe Foundation and Center to provide programs and services as we work toward the ultimate goal of bringing an end to child abuse.

Major gifts and grants (\$25,000 and above) received from September 1 to December 31, 2010 designated for the general operations and programs of The Kempe Foundation and The Kempe Center include:

**The Anschutz Foundation's** unrestricted major grant to Kempe will be used to serve children and their families/ caregivers, train professionals, and promote public awareness and advocacy in our vision to end child abuse and neglect.

**Lea for Justice, Inc.'s** second year of major funding for Kempe will support research, development and dissemination of projects addressing justice for maltreated children. Lea for Justice, Inc.'s purpose is to advance the legal understanding of childhood law and ethical considerations, especially as children are encountered in the medical

and healthcare settings.

**IP5280's** Climb for Kids benefitted Kempe's Fostering Healthy Futures program this year. Funds will provide supplies for materials, food for group skills nights and special events such as holiday celebrations and program graduation.

*Sharon Schonhaut is the Development Officer, Foundations, Corporations and Government for The Kempe Foundation.*



## Planned Giving

*By Angela DellaSalle, The Kempe Foundation*

The Kempe Foundation planned giving program demonstrates the long-term commitment of our organization's mission and enhances its fiscal health into the future. Individuals who name Kempe as a beneficiary in their will are making a very personal long-term commitment to Kempe's future.



Planned gifts provide you, our supporter with more options. Gift planning, coupled with an array of optional giving vehicles, will help to maximize your level of support thus enabling us to do the most good for the most children.

A recent study of 170,000 American households conducted by the National Committee on Planned Giving indicated that 42% have made wills and 57% are considering it. If you are considering creating a will or making alterations to your existing will – please remember the children whose lives you will be touching when you make The Kempe Foundation a part of your will.

The Kempe Foundation can be named as a beneficiary in your will or in any one of a number of ways:

- A Charitable Bequest – name Kempe as a beneficiary in your will or trust with a gift of a designated amount, percentage of your estate or specific assets.
- Retirement Accounts – contribute assets to Kempe through your IRA, 401(k) or 403(b).



- Life Insurance – name Kempe as the beneficiary on a life insurance policy.
- Stocks – avoid paying income tax on the gain from the sale of a stock by making a donation to Kempe. Or make a gift of securities that have declined in value.

It is wise to consult with your attorney or financial planner when organizing your estate plans. Please inform Kempe of your planned gift so that we can make certain your intentions are understood and also recognize you as a Kempe Society member.

*For more information, contact Angela DellaSalle, Major Gifts Officer, at 303-864-5312 or [dellasalle.angela@kempe.org](mailto:dellasalle.angela@kempe.org).*

THE KEMPE FOUNDATION FOR THE PREVENTION  
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## UPCOMING EVENTS

### **Child Abuse Prevention Month - April**

The month-long Child Abuse Prevention Month awareness campaign promotes the role that everyone can help play in keeping Colorado's children safe. Visit [www.kempe.org/capm](http://www.kempe.org/capm).

### **Lighting Lights along Children's Way - March 31**

In conjunction with The Children's Hospital, lighting of blue lights along Children's Way at dusk in early April. Visit [www.kempe.org](http://www.kempe.org)

### **Kempe Takes Paris - April 8**

Join us for the glamour and excitement of the City of Lights at the Kempe Takes Paris gala at 5:30 p.m. on Friday, April 8 at the Denver Marriott City Center. Visit [www.kempe.org](http://www.kempe.org).

### **Cherry Creek Sneak - May 1**

Start a Cherry Creek Sneak team and pledge your support for Kempe! For the second year, the Cherry Creek Sneak and Kempe have teamed up to raise funds for abused and neglected children. For more information, contact Tracey Nilson at [nilson.tracey@kempe.org](mailto:nilson.tracey@kempe.org), 303-864-5316.

### **Salt on the Rim - July**

The Annual Kempe Foundation Alliance Salt on the Rim garden party will take place in July. Visit [www.kempe.org](http://www.kempe.org).

### **IP5280's Climbing for Kids - August**

The 6<sup>th</sup> Annual IP5280's Climbing for Kids with The Children's Hospital Foundation will take place in August. Visit [www.kempe.org](http://www.kempe.org).