Delta bond is formed by d orbitals because in delta bond four lobe interaction is there . it is stronger than pie bond because 4 lobes are interacting here.

Maximum delta bond between 2 metal can be 2. Therefore maximum bonds which can be form between 2 metal is 5(1 sigma,2pie, 2 delta bonds)

If we consider z axis as internuclear axis between 2 metals than (dx2-y2, dxy) will form delta bond because 4 lobes interaction will be there in that case and dz2 will form sigma bond and dxz and dyz will form pie bond. Example in (Re2cl8)2- one delta bond is found.

