

September is National Suicide Prevention Month

World Suicide Prevention Day September 10

FACTS:

- Nearly 30,000 Americans commit suicide every year.
- In the U.S., suicide rates are highest during the spring.
- Suicide is the 3rd leading cause of death for 15 to 24-year-olds and 2nd for 24 to 35-year-olds.
- On average, 1 person commits suicide every 16.2 minutes.
- Each suicide intimately affects at least 6 other people.
- About 2/3 of people who complete suicide are depressed at the time of their deaths. Depression that is untreated, undiagnosed, or ineffectively treated is the number 1 cause of suicide.
- There is 1 suicide for every 25 attempted suicides.
- Males make up 79% of all suicides, while women are more prone to having suicidal thoughts.
- 1 in 65,000 children ages 10 to 14 commit suicide each year.
- There are 2 times as many deaths due to suicide than HIV/AIDS.
- Over 50% of all suicides are completed with a firearm.

WEBSITES:

- www.TheTrevorProject.org
- <http://www.jedfoundation.org>
- <http://jasonfoundation.com>