



STELLENBOSCH HIKING CLUB

GENERAL INFORMATION and PROGRAMME: First semester 2022

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[B] Program: first semester 2022 (bl. 6-12)

<i>Date</i>	<i>Type</i>	<i>Description</i>
Jan 15 (Saturday)	Day hike	Krom River, Du Toitskloof (Paarl)
Jan 22 (Saturday)	Day hike	Duiwelskloof, Banhoek Conservation Area (Kylemore)
Jan 29-30 (Weekend)	Weekend	Sneeuberg and Duiwelsgat, Cederberg
Feb 5 (Saturday)	Day hike	Beach hike (Betty's Bay)
Feb 12 (Saturday)	Day hike	Skeleton Gorge, Table Mountain
Feb 19 (Saturday)	-	Annual General Meeting
Feb 26 (Saturday)	Day hike	Palmiet River, Kogelberg Nature Reserve (Kleinmond)
Mar 5 (Saturday)	Day hike	Boschendal (Pniel)
Mar 12 (Saturday)	Day hike	Jean's Peak – Hannes' Corner – Ghost Neck -Dot's Dash (Kleinmond)
Mar 19-21 (long weekend)	Weekend	Apex/Breekkrans, Cederberg
Mar 26 (Saturday)	Day hike	Cats' Road (Franschhoek)
Apr 2 (Saturday)	Day hike	Muizenberg to Kalk Bay
Apr 9-10 (Weekend)	Weekend	Boesmanskloof (Greyton to McGregor)
Apr 15-18 (Easter weekend)	Weekend	<i>No klub hike</i>
Apr 23 (Saturday)	Day hike	Jason's Hill, Slanghoek Valley (Rawsonville)
Apr 29 – May 2	Weekend	St Blaize Hiking Trail (Mossel Bay to Dana Bay)
May 7 (Saturday)	Day hike	Berg River dam, Western shore (Franschhoek)
May 14 (Saturday)	Day hike	West Peak, Helderberg Nature Reserve (Somerset-West)
May 21 (Saturday)	Day hike	Welvanpas Hiking Trail (Wellington)
May 28 (Saturday)	Day hike	Victoria Peak Jonkershoek Nature Reserve (if open)
Jun 4 (Saturday)	Day hike	Cultural hike (Franschhoek)
Jun 11 (Saturday)	Day hike	Stellenbosch mountain
Jun 18 (Saturday)	Day hike	Majik Forest
Jun 25 (Saturday)	Day hike	Paulsberg, Cape Point Nature Reserve

[A] GENERAL INFORMATION

1. General club information

1.1. Digital platforms

Website: www.stb-voetslaan.co.za
Facebook: www.facebook.com/stellenboschvoetslaanklub

1.2. Affiliation

The club is a member of the Hiking Organisation of Southern Africa (HOSA). For more information visit their website at hosavosa.co.za.



1.3. Management Committee 2021/2022

Portfolio	Name	Phone (cel)	E-mail
Chair	Aretha du Rand	082 452 3445	arethadurand@gmail.com
Vise-chair & hiking programme convener	Pieter Janse van Rensburg	083 445 2773	pjjvr@sun.ac.za
Secretary	Annalene Sadie	083 388 8266	annasadie101@gmail.com
Treasurer	Mariella de Lange	072 170 2888	mariella@internext.co.za
Facebook	Christelle Bester	072 824 7002	chrbest@distell.co.za
Membership	Frederik Stapelberg	084 490 7960	fstapelberg@geoscience.org.za
Website	Delene Pretorius	084 654 3888	dp2@sun.ac.za
Social	Maresa Kotze	082 969 0263	maresa.ktz@gmail.com

1.3.1. Matters for the attention of the Management Committee

Please inform a committee member of a matter you wish to put on the agenda.

1.4. Membership

Those interested first need to complete 3 hikes with the club to acquaint themselves with the group and whether they feel comfortable with the type of hikes, etc. Thereafter they may apply for membership. To apply for membership please contact the membership committee member or the Club's secretary.

1.5. Fees and payments

1.5.1. Membership fees

Membership fees for the 2022 calendar year is R130-00 per person.

1.5.2. Visitor's fee for non-members

Non-members pay R30-00 per person per hiking opportunity.

1.5.3. Contribution towards transport

The contribution towards transport is R1.00 per person per km. Drivers of vehicles during weekend or five day hikes may consider an adjustment of this fee considering the number of persons and the fuel consumption of the vehicle.

1.5.4. Payments

- Banking details:
Voetslaanklub Stellenbosch, Nedbank savings account number 200 540 2354, branch code 107 110.

- Payment of membership fees and bookings for weekend and permit hikes have to be done directly into the club's savings account. Please send proof of any payment per e-mail to the treasurer (Mariella at mariella@internext.co.za) with clear indication of your name and for what the payment has been made.
- Cash may be used to pay hike leaders or the treasurer for day hikes.
- Please bring the correct amount for transport and permits on day hikes.
- Members enjoy preference on weekend and longer hikes, but after the closing date for payments this preference falls away and visitors may take up empty places. Places will therefore not be reserved for members who did not pay before or on the closing date.

2. General information regarding (day) hikes

2.1. Logistical arrangements

<i>Issue</i>	<i>Arrangement</i>
Place of departure:	The parking area in front of the Visual Arts building, Victoria Street, Stellenbosch; across the street from the Endler. Alternative arrangements will be mentioned in the programme or communicated by die hike leader.
Meeting time:	Normally 07:00, but please see the programme for every hike's specific details.
Clothes:	Be prepared for all weather conditions. ALWAYS bring warm cloths (fleece or jacket). In winter a water proof jacket will also be needed in case of rain.
Food and drink:	Each hiker is responsible to bring his/her own food and drink for tea time and lunch, as well as drinking water (minimum 2 liter).
First Aid:	Each hiker is responsible to bring his/her own first aid items. The hike leader is not responsible for pills, ointment, plasters, etc. <i>NB: Please especially remember allergy and hay fever medication.</i>
Emergency tel number:	The telephone number of a next of kin (who is not hiking along and who is available to be contacted) has to be provided to the hike leader.
Transport:	Travelling together may be arranged between hikers. On the programme an amount is proposed that passengers should contribute towards transport. Please note: For weekend and longer hikes, everybody is responsible to arrange their own transport. It is not the responsibility of the hike organizer or hike leader.

Each person needs to notify the hike leader of his/her intention to join a hike preferably on the Thursday but no later than the Friday before the hike at 13:00, unless otherwise mentioned in the programme. If the notification is by e-mail, please provide your telephone number.

2.2. Hike grading

Hikes are graded according to the following index to indicate the level of difficulty by using a number-letter combination (e.g. 2A, 3B or 2D):

<i>Difficulty grading</i>		<i>Exposure to heights</i>	
<i>Symbol</i>	<i>Meaning</i>	<i>Symbol</i>	<i>Meaning</i>
1	Easy	A	No exposure to heights
2	Slightly strenuous	B	A little rock climbing, but no more difficult than scaling a short ladder
3	Exhausting exercise	C	Some exposure to heights – not for the faint-hearted
4	Only for the fittest	D	Lots of exposure to heights

2.3. *Permit hikes*

A permit hike may imply that we have to limit the number of persons in the group. It is therefore essential to consult with the assigned leader of the hike at least a week beforehand to ascertain that there is still a vacancy on the hike.

Important: When someone has booked a place on the hike they are responsible for the payment of the permit fee, unless someone else can be found to fill the place.

3. **Code of conduct and regulations for hikers**

3.1. *General code of conduct*

- Please make sure that you comply with the fitness level required. Hikers should take note of the hike grading of hikes they intend to join. Gradings are mentioned for each hike in the hiking programme. Hike leaders who are of the opinion that someone may not be able to finish a hike may turn that person away.
- The leader of the hike must be obeyed at all times. The leader walks at the front with all the members behind him/her.
- With a view to the group's safety, the leader may, at any time, check a person's equipment or evaluate his/her fitness and may exclude a person from the hike if it is judged that the person would handicap the group or compromise the safety of the group.
- In bad weather, for example fog and rain, every hiker should know the whereabouts of the person in front or behind him/her.
- Do not litter.
- Protect and conserve the natural beauty of our Mountains by respecting the environment, by staying on the footpaths and not taking shortcuts.
- Take only photos and leave only footprints.
- Obey the rules and regulations and obtain permission from the authorities involved prior to entering areas with limited access.
- When leaving the path for some or other reason, leave your rucksack next to the footpath for others to see.
- Remain in touch with the group – do not stray.
- Always behave considerately towards fellow-hikers.
- Hiking is a privilege, not to be abused.

3.2. *Additional regulations for weekend and longer hikes*

- All persons going on a weekend or longer hike are responsible for their own travel arrangements. It is not the responsibility of the hike organizer or the hike leader.
- Hike leaders may weigh backpacks before a hike and ask a hiker to make the backpack lighter if necessary. Keep your backpack as light as possible. According to Olivier (2003:24) a backpack should never weigh more than a third of your body weight. The ideal weight is 20% of a woman's body weight and 25% of a man's body weight.
- In the case of a very big group the hike leader may give permission to divide the group in which case a lead hiker and lock hiker for the second group will be identified. During tea and lunch breaks the 2 groups should meet to make sure that everybody is still with the 2 groups.

4. Information on Wild Cards

It is possible to save on the conservation fees of many hikes if a hiker has a Wildcard. The Wild Card programme is a collective initiative of Cape Nature, SANParks, Msinsi Resorts, EKZN Wildlife and Big Game Parks of Swaziland.



- For more information or to apply, visit the website www.sanparks.org/wild/ or www.wildcard.co.za

N.B. It is the responsibility of the club member to make sure her/his Wildcard is valid BEFORE he/she books a hike for which a Wildcard number is needed. If a club member's card is not valid the hike leader has no other option but to request the full amount from the club member.

5. Emergency numbers and handy contact numbers

Contact number	Institution
021 937 0300	Wildernis Search and Rescue (WSAR)
10177	Metro Ambulance Service
021 483 0190	Cape Nature <i>Contact the manager of a reserve where the hike is taking place for the specific emergency number.</i>
112	National cellular emergency number
0861 555 777	24 hour emergency number for Poison Centre (snake bites, ens.)

[B] PROGRAM: First semester 2022

15 January DAY HIKE: Krom River, Du Toitskloof (Paarl)			
Grading:	2B	Hiking distance:	9 km
Travel distance:	60 km x 2	Transport contribution:	R120
Meeting time:	07:00	Departure time:	07:15
Hike cost:	R50 or valid Wild Card	Book:	by 10 December (permit hike)
Hike leader:	Frederik Stapelberg	084 490 7960 (after hours), fstapelberg@geoscience.org.za	
Number of hikers: 12			
<i>We hike on the banks of the Krom River next to a cliff. We climb up (there are chains to hang on to) and enjoy the awesome 100m high waterfall and swim in the huge pool under the waterfall. In this beautiful area the disas and New Years' lily are full in bloom.</i>			

22 January DAY HIKE: Duiwelskloof, Banhoek Conservation Area (Kylemore)			
Grading:	2B/3A	Hiking distance:	±14 km
Travel distance:	10 km x 2	Transport contribution:	R20
Hike cost:	free	Book:	before 13:00 the previous day with Hike leader
Hike leader:	Pieter Janse van Rensburg	083 445 2773, pjivr@sun.ac.za	
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart 07:15		
<i>We park at Bethlehem farm and hike in the direction of Boschendal to the Duiwelskloof turn off. The route continues up hill to the start of the kloof. From there it is a lovely level and cool trail under trees next to a stream with majestic cliffs on both sides. The end section (a third) of the route involves serious "boulder hopping" up to the waterfall. Those not wanting to do the last section can wait for the rest of the group to return. We follow the same route back to our vehicles.</i>			

29-30 January WEEKEND HIKE: Sneeuberg and Duiwelsgat, Cederberg			
Grading:	3B	Hiking distance:	20km (day 1) and 11 km (day 2)
Travelling distance:	230 km x 2	Transport contribution:	R460
Meeting time:	15:45	Departure time:	16:00 on 28 January
Hike cost:	R70x2 or Wildcard	Book:	by 20 December (accommodation purposes, give valid Wild card no.)
Hike leader:	Helmien Jonker	082 855 3178, helmienjonker@hotmail.com	
Accommodation cost: more or less R1 100 (4 persons), R210 for every additional person			
Number of hikers: 10			
<i>On Saturday morning at 06:30 we hike from Eikeboom (between Uitkyk Pass and Dwars River) for 3½ hours to Sneeuberg hut where we overnight. After a short rest we hike for more or less 2 hours to Sneeuberg to see the special and rare snow protea (Protea cryophila). There after we hike back to the hut. On Sunday we start at 06:00 with the 7 hours back to the cars. This route takes us past Duiwelsgat – magnificent and breath taking. Check out Cederberg Central Circuit on Google for a preview..</i>			

5 February DAY HIKE: Beach Hike (Betty's Bay)			
Grading:	2A	Hiking distance:	±14 km
Travelling distance:	±55 km x 2	Transport contribution:	R110

Hike cost:	free	Hike leader:	Pamela Harris
Book:	before 13:00 the previous day with Christelle Bester, 072 824 7002 (Whatsapp only)		
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch, or at 08:00 at the parking area in Delpport Street, Betty's Bay		
<p><i>We hike from the Blesberg sand dune parking in Delpport Street through fynbos around the back of Betty's Bay and up to the memorial stone at Brody's Link. Then we hike down, turn left into the valley to the saddle between Blesberg and Hangklip, down with a steep descent, then over sand dunes to a gravel road that will take us to the beach at the beginning of Sea Farm Private Nature Reserve. We meander on the high water road around Sea Farm and Silversands beach back to our cars. There will be plenty opportunities to swim – please bring your costume. There is no shade on this route – please bring a hat, sun cream and enough water.</i></p>			

12 February DAY HIKE: Skeleton Gorge, akwaduk and down with cable car (Table Mountain)			
Grading:	3B	Hiking distance:	± 6-7 ure (±8 km)
Travelling distance:	55 km x 2	Transport contribution:	R110
Hike cost:	±R60 for shuttle/Uber, and R200 for cable car (or R50 for senior citizens with SA ID 60jr+)		
Book:	by 2 February for transport arrangements		
Hike leader:	Helmien Jonker	082 855 3178,	helmienjonker@hotmail.com
Meeting time:	06:45 at usual departure place in Victoria Street in Stellenbosch and depart at 07:00		
<p><i>Access point at Rycroft-gate, Kirstenbosch at 7:50. We hike through the gardens to Skeleton Gorge, a popular route to the back table. This route provides shade in the ravine. The route follows the Smuts road to the contour path and then steep up into the left side of the ravine. There are ladders to assist hikers at rocky areas. At the top we turn right to Maclears' Beacon (the highest point of Table Mountain, 1085 m). With some luck we will see the rare blue disa. We turn to the akwaduk where the red disas will be full in bloom. There will be an opportunity to cool down in a pool (remember swimming costume). From here we follow the route to the cable car station and the restaurant via the Echo-valley. There is another ladder or two to climb to reach the top of the table. This route provides beautiful views all the way. We take the cable car down. Remember sun cream, hat, water bottle and money.</i></p>			

19 February Annual General Meeting	
<i>Details of the AGM will be given through to club members at a later stage.</i>	

26 February DAY HIKE: Palmiet River, Kogelberg Nature Reserve (Kleinmond)			
Grading:	2A	Hiking distance:	±10 km
Travelling distance:	75 km x 2	Transport contribution:	R150
Hike cost:	R60 or Wild Card	Book:	before 13:00 the previous day with Hike leader
Hike leader:	Cynthia Slattery	021 882 9442 or 072 246 1902,	slathome@sun.ac.za
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart at 7:15		
<p><i>From the parking area at the Oudebosch office we hike next to the Palmiet River up to where it flows out of the Louws and Dwars Rivers. Here we turn around and take the same trail back. We stop to swim in the beautiful pools. Bring a hat and swimming costume.</i></p>			

5 March DAY HIKE: Boschendal (Pniel)			
Grading:	1A	Hiking distance:	5 km / 10 km
Travelling distance:	14 km x 2	Transport contribution:	R28
Hike cost:	R60	Book:	By Thursday 3 March with Hike leader (Maximum 25 persons)
Hike leader:	Annalene Sadie	083 388 8266,	annasadie101@gmail.com

Meeting time:	06:30 at usual departure place in Victoria Street in Stellenbosch and depart 06:45
	<ul style="list-style-type: none"> • 5 km (green route): start at the Trail Centre, 021 001 9401) and include the veggie garden, orchids, camps with farm animals, river and forest and end at the Trail Centre. • 10 km (red RC route): The same as the green route but turn of over the river through eucalyptus forest and fynbos, passing the Normandie and York dams. <p>After the hike those interested could enjoy something to eat and drink together at the Deli</p>

12 March	DAY HIKE: Jean's Peak – Hannes' Corner – Ghost Neck –Dot's Dash (Kleinmond)	
Grading:	2B	Hiking distance: 14 km
Travel distance:	65 km x 2	Transport contribution: R130
Hike cost:	free	Hike leader: Maryna Loubser
Book:	By previous day at 13h00 with Pieter Janse van Rensburg (pjivr@sun.ac.za / 083 445 2773)	
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart 07:15	
	<p>We park at the top of 6th Street. We hike up to Jean's Peak and down on the other side via Hannes's Corner circle route. We take the contour path to Ghost Neck and down with Dot's dash. We might see the Erica pilansi flowering. We return along the plato, passing Kasteelkop back to the starting point. This route boasts beautiful fynbos and magnificent views of the mountains and the sea.</p>	

19-21 March	WEEKEND HIKE: Apex/Breekkrans, Southern Cederberg	
Grading:	Saturday – 3C Sunday – 3C Monday – 2B	Hiking distance: Saturday – 8 km Sunday – 8 km Monday – 5 km
Travel distance:	205 km x 2	Transport contribution: R410
Meeting time:	06:45	Departure time: 07:00
Hike cost:	None	Book: by 19 February with Hike leader
Hike leader:	Frederik Stapelberg 084 490 7960 (after hours), fstapelberg@geoscience.org.za	
Oornagkoste:	None	
Number of hikers:	10	
	<p>This route is next to the R303 and starts on the farm Zuurvlaakte approximately 25km East of Citrusdal. On arrival Saturday morning we park at Zuurvlaakte and start hiking to Apex Peak and Apex cave where we will spend the night (8km – 5 hours).</p> <p>Sunday morning we hike to Breekkrans,climb the peak and hike to Doc's Rock where we spend the night (8 km – 7 hours).</p> <p>Monday morning we could hike directly back (5 km – 2 hours) and drive back home or first climb Doc's Rock before we return (additional,7 km – 2,5 hours).</p> <p>Please take note:</p> <ul style="list-style-type: none"> • This is a survival hike with no foot path and overnight in the wild (there should be water). • You have to be relatively fit and not be afraid of heights. • The R303 is a good gravel road (between Ceres en Citrusdal) but the last 5km from the turn off is not so good. A bakkie or vehicle with high ground clearance is advisable. 	

26 March	DAY HIKE: Cats Road (Franschhoek)	
Grading:	2A	Hiking distance: ±10 km
Travelling distance:	35 km x 2	Transport contribution: R70

26 March DAY HIKE: Cats Road (Franschhoek)	
Hike cost: R50 for permit	Book: Before 13h00 on the previous day with Hike leader
Hike leader: Willie Huggett	021 876 2490 or 083 453 9191, huggett@netactive.co.za
Meeting time: 07:00	at usual departure place in Victoria Street in Stellenbosch and depart at 07:15
<i>We park at the top of the Franschhoek Pass and hike up to the neck at Cats Road Beacon. From the neck the route takes us along the Du Toits River up to Jan Joubertgat bridge. This bridge is a single bow of 5m high, the best example of hewn stonework and the oldest bridge in South Africa.</i>	

2 April DAY HIKE: Muizenberg to Kalk Bay	
Grading: 2B	Hiking distance: ± 10km
Travelling distance: 45 km x 2	Transport contribution: R90
Hike cost: free	Book: before 13:00 the previous day with Hike leader
Hike leader: Delene Pretorius	084 654 3888 (after hours), dp2@sun.ac.za
Meeting time: 07:00	at usual departure place in Victoria Street in Stellenbosch and depart at 07:15
<i>We park in Main Road across the public gardens and hike up to Boyes Drive and through "The Hole". From there we climb the steep stone steps past Muizenberg peak and take the foot path passing Nellie's Pool to Kalk Bay Peak and down via the kloof to Boyes Drive. We continue down to Main Road and enjoy coffee, beer, fish and chips at one of the many restaurants on our way back to the vehicles.</i>	

9-10 April WEEKEND HIKE: Boesmanskloof (Greyton to McGregor)	
Grading: 3B	Hiking distance: ± 14km x 2
Travel distance: 122 km x 2	Transport contribution: R244
Hike cost: R50 per day (or Wild Card), and accommodation cost	Book: before 21 January with Hike leader
Hike leader: Pieter Jv Rensburg	083 445 2773, pjivr@sun.ac.za
Meeting time:	Arrangements to be finalised with the group
<i>The route winds through the Riviersonderend mountains and connects McGregor in the North and Greyton in the South. Cape Nature manages it from the Vrolijkheid Nature Reserve near Robertson. The route boasts typical mountain fynbos with many protea and erika species, amongst others the rare Erica Galgebergensis and Erica Parvulisepala. The plan is to hike from Greyton, to overnight at Die Galg and return to Greyton the next day.</i>	

15-18 April EASTER WEEKEND	
No club hike.	

23 April DAY HIKE: Jason's Hill, Slanghoek Valley (Rawsonville)	
Grading: 2B	Hiking distance: 6,6km (3,5 hours)
Travel distance: 72 km x 2	Transport contribution: R144
Meeting time: 07:00	Vertrektyd: 07:15
Hike cost: R50	Book: by 13 April with Hike leader
Hike leader: Frederik Stapelberg (alt. Aretha du Rand)	084 490 7960 (after hours), fstapelberg@geoscience.org.za
Number of hikers: 15 persons	

23 April	DAY HIKE: Jason's Hill, Slanghoek Valley (Rawsonville)	
<p>We hike this beautiful route in the mountains on the wine farm Jason's Hill in the Slanghoek Valley near Rawsonville. It is a challenging hike with 2 waterfalls. For those wanting to go for the weekend there are overnight possibilities in permanently pitched tents at the Slanghoek Mountain Resort.</p> <p>More information for those interested to follow later.</p>		

29 April – 2 May	WEEKEND HIKE: St Blaize Hiking Trail (Mossel Bay to Dana Bay)	
<p><i>Those interested must please contact the hike leader as soon as possible.</i></p>		
Grading:	2A	Hiking distance: ± 13,5km (St Blaize trail)
Travel distance:	R360 km x 2	Transport contribution: To be arranged between hikers
Hike leader:	Delene Pretorius	084 654 3888 (after hours), dp2@sun.ac.za
<p>We plan to depart for Mossel Bay on Friday 29 April. Saturday 30 April we hike the St Blaize route between Mossel Bay and Dana Bay. https://www.visitmosselbay.co.za/listing/stblaize/. Sunday 1 May we hike one of the shorter hikes in the area, for example, Eight Bells Rooster trails https://www.visitmosselbay.co.za/listing/the-rooster-trails/. Those interested can also do the Mossel Bay Zipline – The Ultimate Adventure Awaits https://www.mosselbayzipline.co.za. Monday 2 May (public holiday) we return to Stellenbosch. We plan to stay at the ATKV Hartenbos Resort (3 nights). There are options for self catering rondawels with bath room at R350/person per day as well as a camping site at R70/person per day if 6 persons are sharing. Mossel Bay has many attractive restaurants. Those interested should plan to eat out at least one evening and perhaps braai on the others.</p>		

7 May	DAY HIKE: Berg River dam Western shore (Franschhoek)	
Grading:	2B	Hiking distance: ±10-12 km
Travel distance:	28 km x 2	Transport contribution: R56
Hike cost:	R50	Book: before 13:00 the previous day with Hike leader
Hike leader:	Willie Huggett	021 876 2490 or 083 453 9191, huggett@netactive.co.za
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart at 07:15	
<p>We start on the Eastern side of the Berg River dam wall and hike along the contour path in a southern direction with views off Matoppie and the Franschhoek and Wemmershoek mountains. At the dam's inlet we will either turn right to Wolwekloof or left over the river and then down the access road to Robertsvlei.</p>		

14 May	DAY HIKE: West Peak, Helderberg Nature Reserve (Somerset West)	
Grading:	3C	Hiking distance: ±12 km
Travel distance:	20 km x 2	Transport contribution: R40
Hike cost:	R25 per persoon en R15 per voertuig	Book: before 13:00 the previous day with Hike leader
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch, or at 07:45 at the restaurant parking area inside the Helderberg Nature Reserve	
Hike leader:	Christelle Bester	072 824 7002 (Whatsapp only)
<p>We meet at the restaurant inside the Helderberg Nature Reserve at 07:45 and start to hike at 08:00. We hike through the garden to Disakloof. From there we climb to the neck where we turn left to West Peak. We enjoy the spectacular view over False Bay. We hike down to the upper contour path and further down to the garden back to our vehicles. This is a circle route. Please bring a hat, sun cream and at least 2 liters water. It is a long day – please do not be in a hurry. Not for hikers with a fear of heights. Restricted to 15 persons.</p>		

21 May DAY HIKE: Welvanpas Hiking Trail (Wellington)			
Grading:	2B	Hiking distance:	±7.5 km
Travel distance:	55 km x 2	Transport contribution:	R110
Hike cost:	R40 per person	Book:	before 13:00 the previous day with Hike leader
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart at 07:15		
Hike leader:	Aretha du Rand	082 452 3445	
<i>One of the oldest family farms owned by the Retiefs and farmed over 11 generations, and more than 305 years in the family. We hike along a river, through a forests called Popular forest, Fairy Forest and Fern Forest as well as through orchards. From the top we have a late autumn view of the vineyards and Groenberg, Sneekop and the Hawekwa mountains in the beautiful Wamakers Valley.</i>			

28 May DAY HIKE: Victoriapijk, Jonkershoek Nature Reserve (Stellenbosch) (if open)			
Grading:	3B	Hiking distance:	17 km
Travel distance:	15 km x 2	Transport contribution:	R30
Hike cost:	R50 or Wild Card	Book:	before 13:00 the previous day with Hike leader
Hike leader:	Frederik Stapelberg	084 490 7960 (after hours), fstapelberg@geoscience.org.za	
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch		
<i>We hike from Witbrug via Panorama to Victoria Peak at 1591 meter above sea level, the highest peak in Jonkerhoek. We return via the Kurktrekker route, passing two waterfalls. We might encounter early snow. This is a long and difficult day in the mountains – for mountain fit hikers only.</i>			

4 June DAY HIKE: Cultural hike (Franschhoek)			
Grading:	1	Hiking distance:	? km
Travel distance:	28 km x 2	Transport contribution:	R56
Hike cost:	?	Book:	before 13:00 the previous day with Hike leader
Hike leader:	Willie Huggett	021 876 2490 or 083 453 9191, huggett@netactive.co.za	
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart at 07:15		
<i>More information will be communicated later. Alternatively the hiker leader may be contacted.</i>			

11 June DAY HIKE: Stellenbosch mountain (Stellenbosch)			
Grading:	3B	Hiking distance:	± 12 km
Travel distance:	none	Transport contribution:	none
Hike cost:	none	Book:	before 13:00 the previous day with Hike leader
Hike leader:	Pieter Jv Rensburg	083 445 2773, pjvr@sun.ac.za	
Meeting time:	07:30 at parking area between Coetzenburg Centre and the Biokinetics building (gimnasium); hike starts at 07:45		
<i>Please note: This is a challenging hike and hikers have to be fit for hiking a mountain – the duration is 8 – 9 hours. We hike from Coetzenburg up to the contour path in the direction of Paradyskloof. Above the old shooting range we start climbing Stellenbosch mountain while enjoying one after the other panoramic view as well as the fynbos and exuberant protea bushes. On the neck we get a special view of Jonkershoek and its mountains on the other side of Stellenbosch mountain. On the peak we have a view of the beautiful town hugged by the surrounding valley. We stop here for lunch before hiking down on the ridge of the mountain back to Coetzenburg.</i>			

18 June DAY HIKE: Majik Forest (Durbanville)	
Grading: 1A	Hiking distance: ±7 km
Travel distance: 30 km x 2	Transport contribution: R60
Hike cost: free	Book: before 13:00 the previous day with Hike leader
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch, or at 08:00 at Majik Forest, 42 Artillery Road, Doordekraal
Hike leader: Gerna Hough	082 978 8611 (Whatsapp only)
<i>Majik Forest Walking Trail is a 7 km circle route near Durbanville with a dam. It is suitable for all hikers regardless of their level of fitness. The route is used for hiking and jogging – dogs are also welcome.</i>	

25 June DAY HIKE: Paulsberg, Cape Point Nature Reserve	
Grading: 2B	Hiking distance: 9 km
Travel distance: 90 km x 2	Transport contribution: R180
Hike cost: R85 (with ID) or Wild Card	Book: by 25 May with Hike leader – there are place for 12 hikers only
Hike leader: Maresa van Onselen	082 969 0263 (after hours)
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart at 07:15
<i>Paulsberg (367m) is the highest peak in the Cape Nature Reserve. We start at Buffalo Bay parking area and hike up to Kanonkop to get to the foot path to the peak of Paulsberg. We enjoy majestic views of False Bay. We hike the same route back. Those brave enough could swim in the tidal pool at Bordjiesdrif before we return home. The weather is unpredictable – please bring a warm top, rain jacket, sun screen and enough water.</i>	