

Management
Post operative
Low Cardiac Output Syndrome

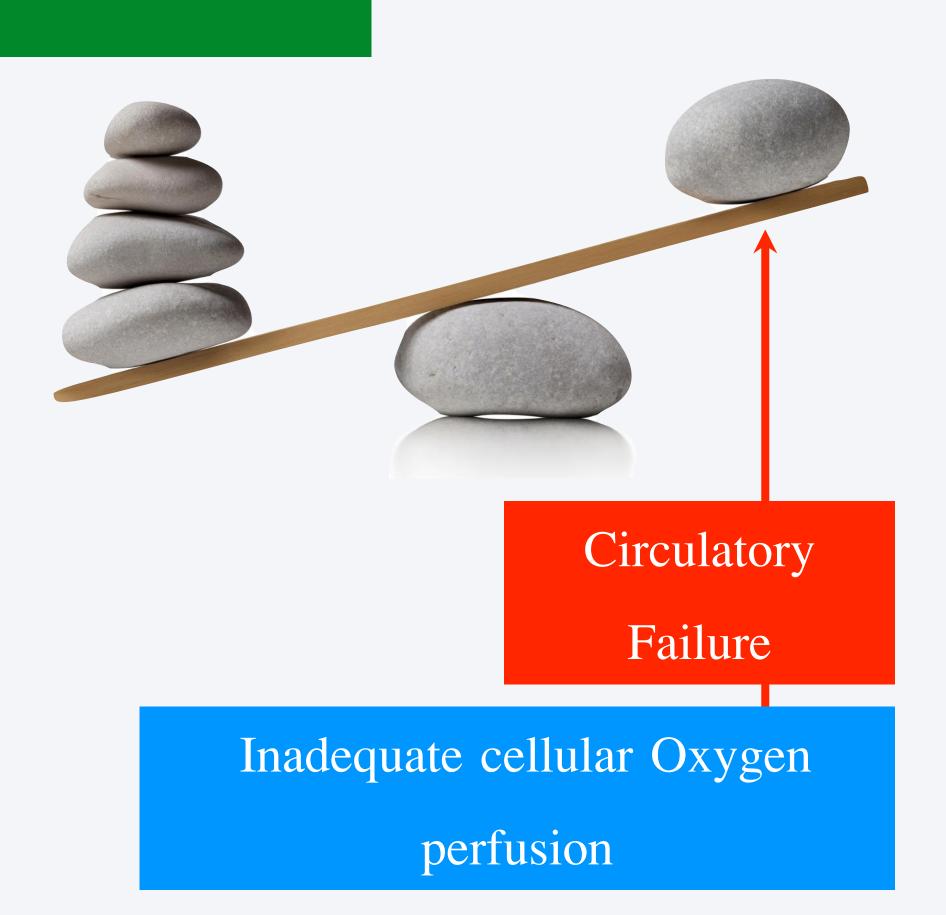
Bundit Mokarat, MD

Queen Sirikit Heart centre, Khonkaen University

Two Days 2020

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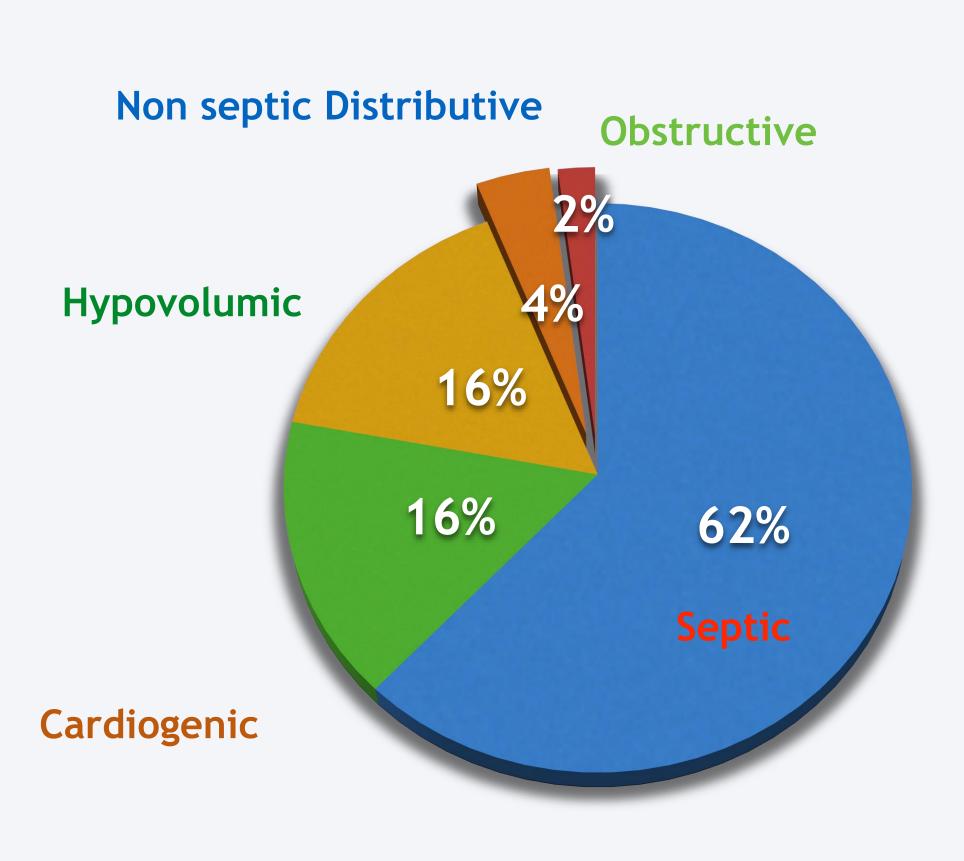


Shock

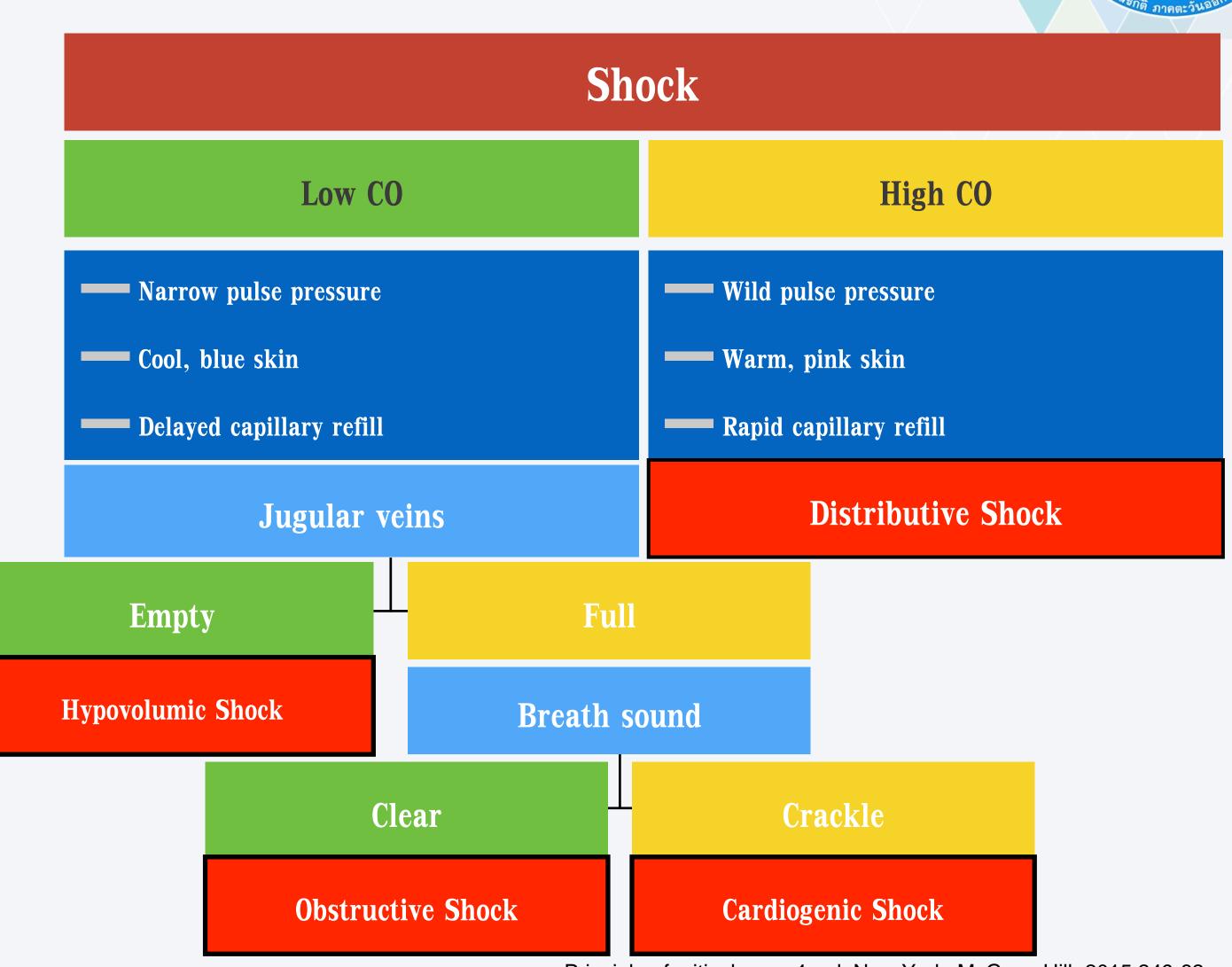
- 1. **Systemic arterial hypotension:** Typically, in adults, SBP < 90 mm Hg or MAP < 70 mmHg, with associated tachycardia.
- 2. Clinical signs of tissue hypoperfusion: Cutaneous (skin that is cold and clammy, with vasoconstriction and cyanosis)
 - Renal (urine output of <0.5 ml/kg/hr)
 - Neurologic (altered mental state, disorientation)
- 3. Hyperlactatemia: >1.5 mmol/L

Type to Shock





De Backer D, N EngJ Med. 2010;362:779-89



Principle of critical care. 4thed. New York: McGraw-Hill, 2015:249-62.





LCOS



Clinical malperfusion



Cardiogenic shock

Cardiac index <2.2 l/min/m

without relative hypovolemia

secondary to LV, RV failure

+/- systemic, pulmonary congest

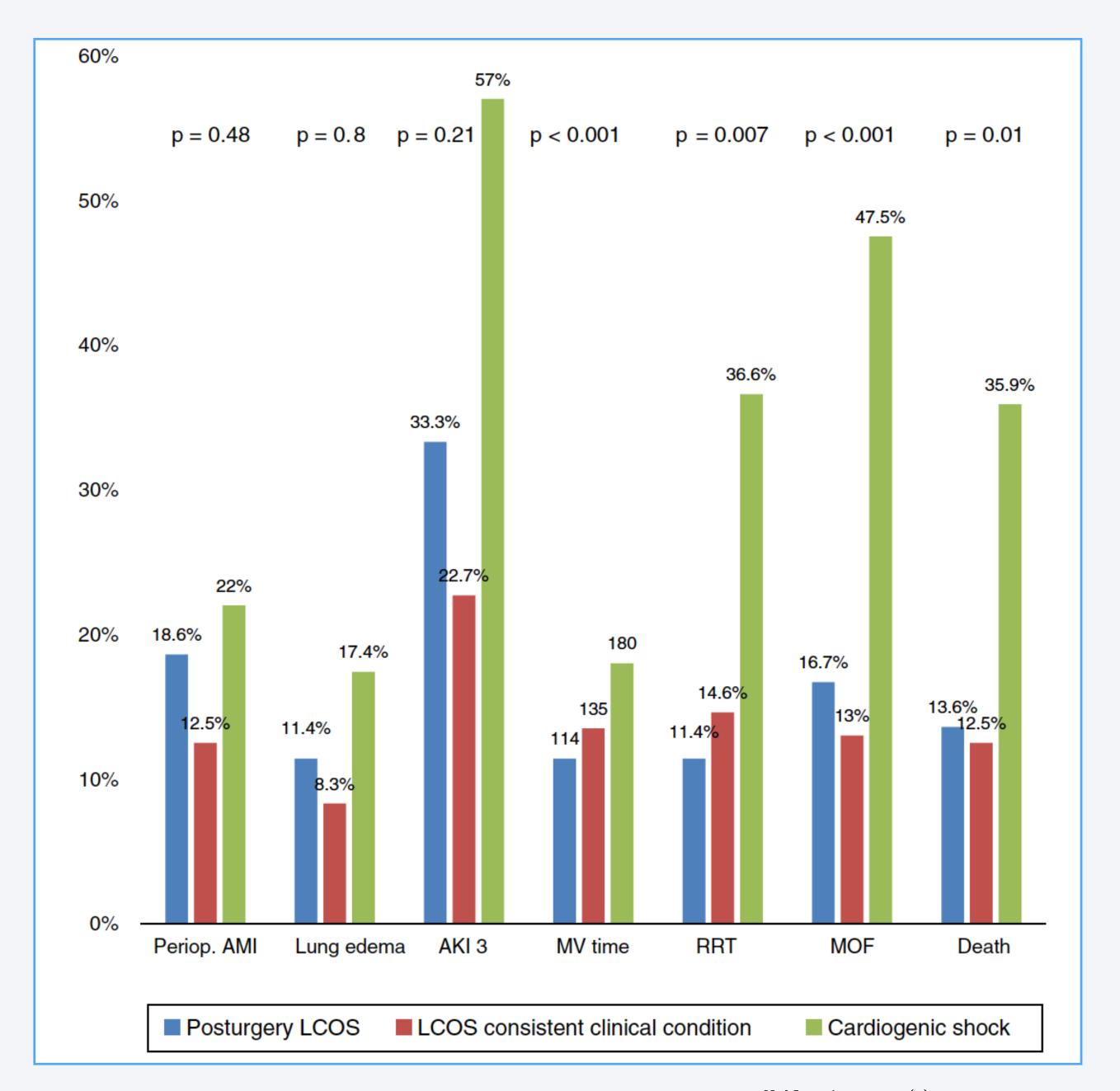
Oliguria (diuresis <0.5 ml/kg/h)

Sv02 <60%

Lactate >3 mmol/l

Cardiac index <2.0 l/min/m

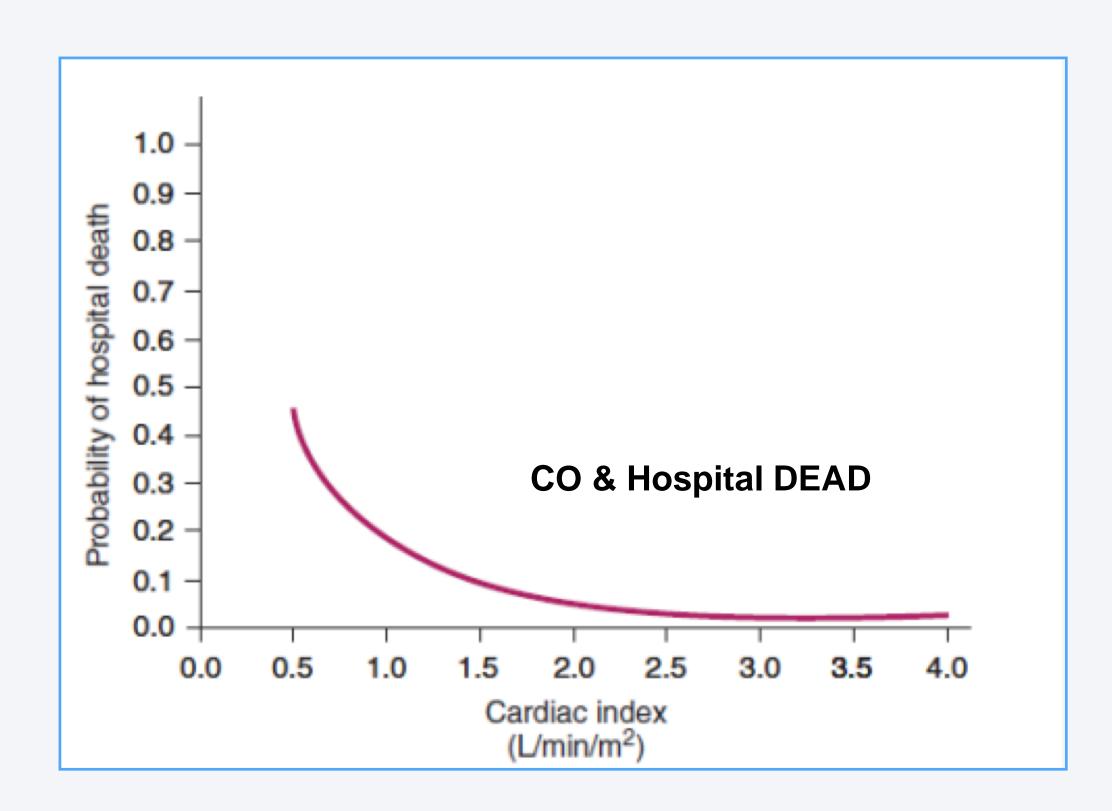
SBP <90 mmHg





Complication

Relate LCOS



Cardiac Surgery risk for LCOS

Incident: 3 - 5 %, Post Adult Cardiac Operation

25 %, Post Congenital Cardiac Operation

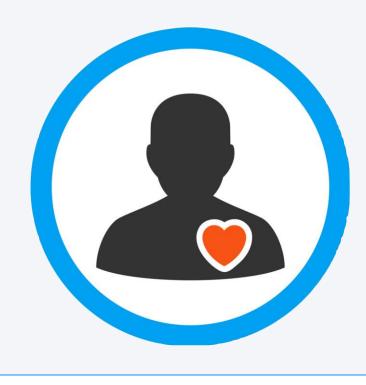
Decrease Oxygen delivery

LCOS

Reduce Cardiac output

Organ/Tissue poor perfusion

- Surgical manipulations
- Arrhythmias / Valvular dysfunction
- Impaired preload
- Myocardial depression / dysfunction
- ☐ Vascular resistance / tone









Preoperative factors

-Age>65 years / Female

-LVEF<50%

-On-pump CABG

-Recent MI

-Complex congenital Surgery

-Severe PHT

-DM and CKD

-Malnutrition

Laboratory predictors -Hemoglobin

-TLC 2,000 cells per microliter

-NT-proBNP

-BNP

-hFABP

Peri-operative factors

-CPB duration

-Emergency / Redo surgery

-Incomplete revascularization

Multifactorial cause

-CPB with cardioplegic arrest: myocardial dysfunction

-Inadequate myocardial protection

-Systemic inflammatory responses

-ischemic / Reperfusion injury

-Alteration in signal transduction system

-Uncorrected pre-existing cardiac conditions

* TCL: Total lymphocyte count, hFABP: Heart fatty acid binding protein

LCOS Risk factors

| Table 3 | Distribution of par | tients according to | diagnostic s | subgroup and pre | e- and intraoperative variables. |
|---------|---------------------|---------------------|--------------|------------------|----------------------------------|
| | | 3 | | J | |

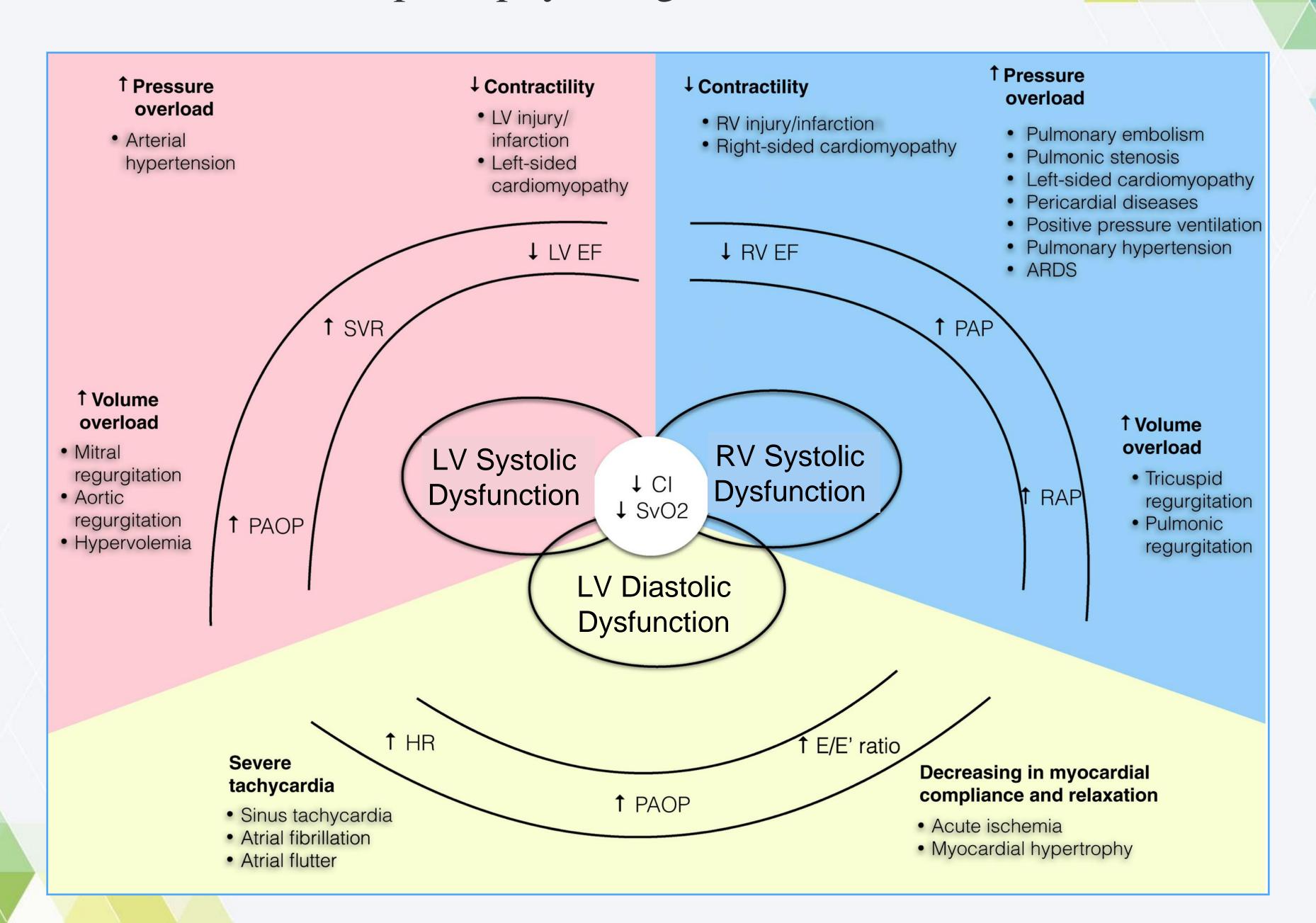
| | LCOS (n = 46) | LCOS consistent clinical condition (n = 50) | Cardiogenic shock (n = 41) | Total | p-Value |
|---|---------------|---|-------------------------------|-----------|---------|
| Female gender, n (%) | 15 (32.6) | 17 (34) | 15 (36.6) | 47 (34.3) | 0.925 |
| Male gender, n (%) | 31 (67.4) | 33 (66) | 26 (63.4) | 90 (65.7) | |
| Mean age in years | 68.7 | 67.96 | 68.59 | 68.26 | 0.91 |
| EuroSCORE II, mean | 5.58 | 9.33 | 15.83 | 9.99 | 0.001 |
| Arterial hypertension, n (%) | 33 (72) | 35 (70) | 29 (71) | 97 (70.8) | 0.98 |
| Dyslipidemia, n (%) | 28 (61) | 29 (58) | 30 (73) | 87 (63.5) | 0.29 |
| Diabetes, n (%) | 17 (37) | 21 (42) | 8 (20) | 46 (33.6) | 0.06 |
| Smoker, n (%) | 11 (24) | 14 (28) | 11 (27) | 36 (26.3) | 0.89 |
| COPD, n (%) | 4 (8.7) | 6 (12) | 5 (12) | 15 (10.9) | 0.83 |
| Recent ischemic damage (3 months), n (%) | 10 (22) | 10 (20) | 13 (32) | 33(24.6) | 0.43 |
| Previous myocardial infarction, n (%) | 14 (30) | 13 (26) | 17 (41) | 44 (32.1) | 0.27 |
| Resting angina (CCS class 4), n | 1 (2.2) | 3 (6) | 7 (17) | 11 (8) | 0.03 |
| (%) | | | | | |
| Previous PTCA/stent, n (%) | 7 (15) | 7 (14) | 9 (22) | 23 (16.8) | 0.56 |
| Depressed LVEF (<35%), n (%) | 14 (30) | 16 (32) | 15 (37) | 45 (33.8) | 0.89 |
| Presurgical NYHA III and IV, n (%) | 20 (43) | 24 (48) | 27 (66) | 71 (52.6) | 0.04 |
| Preoperative critical condition, | 6 (13) | 7 (14) | 13 (32) | 26 (19) | 0.04 |
| n (%) Valve disease with previous moderate-severe pulmonary hypertension, n (%) | 15 (33) | 17 (34) | 12 (29) | 44 (33.1) | 0.82 |
| Previous cardiac surgery, n (%) | 4 (8.7) | 9 (18) | 11 (27) | 24 (17.5) | 0.08 |
| Active endocarditis, n (%) | 2 (4.3) | 6 (12) | 3 (7.3) | 11 (8) | 0.37 |
| Emergency surgery, n (%) | 2 (4.3) | 0 (0) | 7 (17) | 9 (6.6) | 0.002 |
| ECC > 120 min, n (%) | 23 (50) | 30 (60) | 32 (78) | 85 (62.5) | 0.03 |
| ECC reentry, n (%) | 5 (10.9) | 6 (12) | 11 (26.8) | 22 (16) | 0.05 |



Cardiogenic Shock Patient risk factors

- EuroSCORE II
- Diabetes
- CCS class 4
- Preoperative critical condition
- Previous cardiac surgery
- Emergency surgery
- CPB > 120 min
- CPB re-entry

Common Cardiac pathophysiologic mechanism







LCOS Management

Early recognition / monitor

Treatment

Prevention

Diagnosis LCOS



Signs / Symptoms / Clinical assessment

Hemodynamic monitoring

Early recognition

Timely intervention / Management



Diagnostic studies / Laboratory tests / Serologic variables



Hemodynamic Monitor and Early Detection



Principle of Hemodynamic Monitor

Balance Oxygen delivery (DO2) vs Oxygen consumption (VO2)

Real time measurement

Less invasive

Monitor Depend on

- Type of Surgery
- Patients relative risks



Methods of Hemodynamic Monitoring

Non invasive Technique

- TTE

- Non invasive PC system: Nexfin, ClearSight

- Bioimpedance

- Estimated CCO: esCCO

- Ultrasound CO monitoring: USCOM

Less invasive Technique

Invasive Technique

PAC

- Transpulmonary thermodilution: PiCCO, VolumeView/EV1000

- Transpulmonary dye dilution: LiDCO Plus

- Ultrasound flow dilution: COstatus

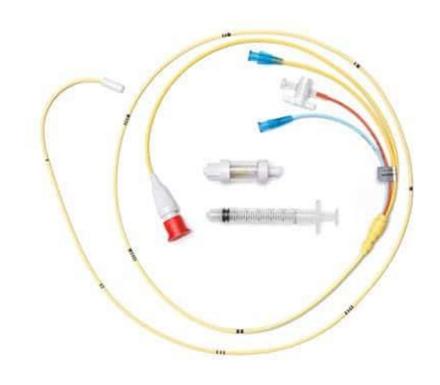
Pulse contour and Pulse pressure analysis: FloTrac/Vigileo/EV1000,
 ProAQT/Pulsioflex, LiDCO Rapid system, Most Care

- Respiratory derived CO monitoring system: NiCO

- TEE

- Esophageal Doppler: CardioQ









Advantages and Disadvantages of Different Hemodynamic Monitoring Devices in Cardiac Surgery

| | Invasiveness | Reliability in Cardiac Surgery Patients | Ease of Use | Ability to Monitor CO in Real Time | Ability to Measure Variables Other Than CO |
|-------------------------------------|--------------|--|-------------|---------------------------------------|---|
| Ultrasound techniques* | + | ++ | + | + | +++ |
| Pulmonary artery catheter | +++ | +++ | + | ++ [†] | ++ |
| Transpulmonary thermodilution | ++ | +++ | ++ | +++ | +++ |
| Lithium dilution | ++ | +++ | + | +++ | ++ |
| Uncalibrated pulse contour analysis | + | + | ++ | +++ | + |
| Applanation tonometry | 0 | + | +++ | +++ | + |
| Estimated continuous cardiac output | 0 | +/- | +++ | +++ | + |
| Bioreactance | 0 | +/- | ++ | +++ | + |

Hemodynamic Monitor



BASIC

ECG MONITORING

HR, Rhythm , Arrhythmia , Ischemic pattern

BLOOD PRESSURE MONITORING

MAP, SVR: CO

Cuff (sphygmomanometer), Catheter

SPO₂ MONITORING

Peripheral skin perfusion, O2 dissociation curve

Oxygen saturation, SpO₂ should be maintained >92%

SERUM LACTATE

resting humans ~1 mmol/L (0.7-2.0)

^ serum lactate : Poor tissue perfusion; circulatory failure, anaerobic metabolism and tissue hypoxia

PRELOAD MEASUREMENT

STATIC

Pressure

CVP PAOP

Measurement devices:

- CVP: CVC
- **PAOP:** PAC

Volume

GEDV LVEDV

Measurement device:

- GEDV (Transpulmonary thermodilution): PiCCO, VolumeView
- **LVEDV:** Echocardiography

DYNAMIC

SPV
PPV
SVV
IVC/SVC collapsibility



Measurement device:

- **PPV:** PiCCO, LiDCO, Most Care
- **SPV:** PiCCO, LiDCO, Most Care
- SVV: PiCCO, LiDCO,
 FloTrac/Vigileo/EV1000, Most Care,
 Volume clamp method (Finapres,
 Nexfin), Esophageal Doppler,
 Ultrasound Doppler
- IVC/SVC: Echocardiography

Static Measurement



CVP / RAP

Assume right ventricular output is proportionate to left ventricular preload

Inaccurate and unreliable predictor of fluid responsiveness

RAP is a measure pressure not volume

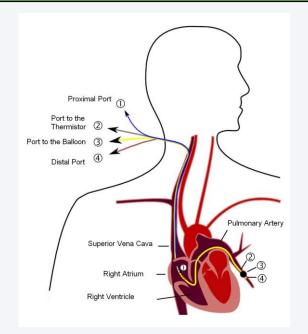
Variation in vascular tone, intra-thoracic, and cardiac function directly affect RAP, without change of preload

PAP / PAOP

Measure LV preload Equivalent to LVEDP

myocardial compliance (sepsis, myocardial ischemia), Right ventricular overload, Pericardial disease,

Increase intrathoracic pressure



Critical Care Reviews

Predicting Fluid Responsiveness in ICU Patients: A Critical Analysis of the Evidence

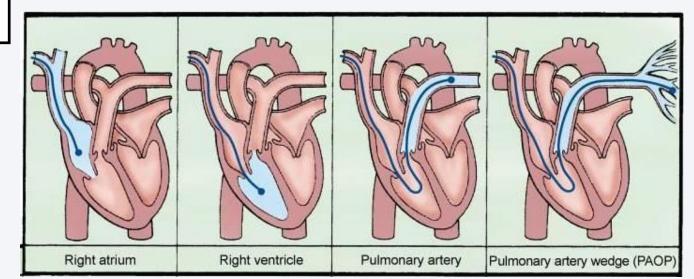
Ann Intensive Care. 2016; 6: 111.

-RAP, PAOP, RVEDV, and LVEDA were not significantly lower in responders than in non-responders

- no threshold value could discriminate

Does the Central Venous Pressure Predict Fluid Responsiveness? An Updated Meta-Analysis and a Plea for Some Common Sense*

Data Synthesis: Overall 57% ± 13% of patients were fluid responders. The summary AUC was 0.56 (95% CI, 0.54–0.58) **Conclusions:** There are no data to support the widespread practice of using central venous pressure to guide fluid therapy. This approach to fluid resuscitation should be abandoned. (*Crit Care Med* 2013; 41:1774–1781) N=2015, 20 studies



Conclusion

Dynamic parameters should be used preferentially to static parameters to predict fluid responsiveness in ICU patients.

Correlation PAOP and CO, AUC 0.63

Osman D. Crit Care Med. 2007





A. mechanical ventilation (MV) induced cyclic variation

- SPV

- PPV

- SVV

- Aortic blood flow

B. hemodynamic parameters based on MV

- Vena Cava Diameter

- Ventricular-pre-ejection period

C. hemodynamic parameters based on preload redistribution manoeuvres

- Passive leg raising

- Valsalva manoeuvre

HOW DO CHOOSE THE APPROPRIATE HAEMODYNAMIC MONITORING



- Haemodynamic monitoring per se has no favourable impact on outcome.
- Only the interventions based on haemodynamic data will impact outcome.

Decision matrix for

intraoperative hemodynamic monitoring

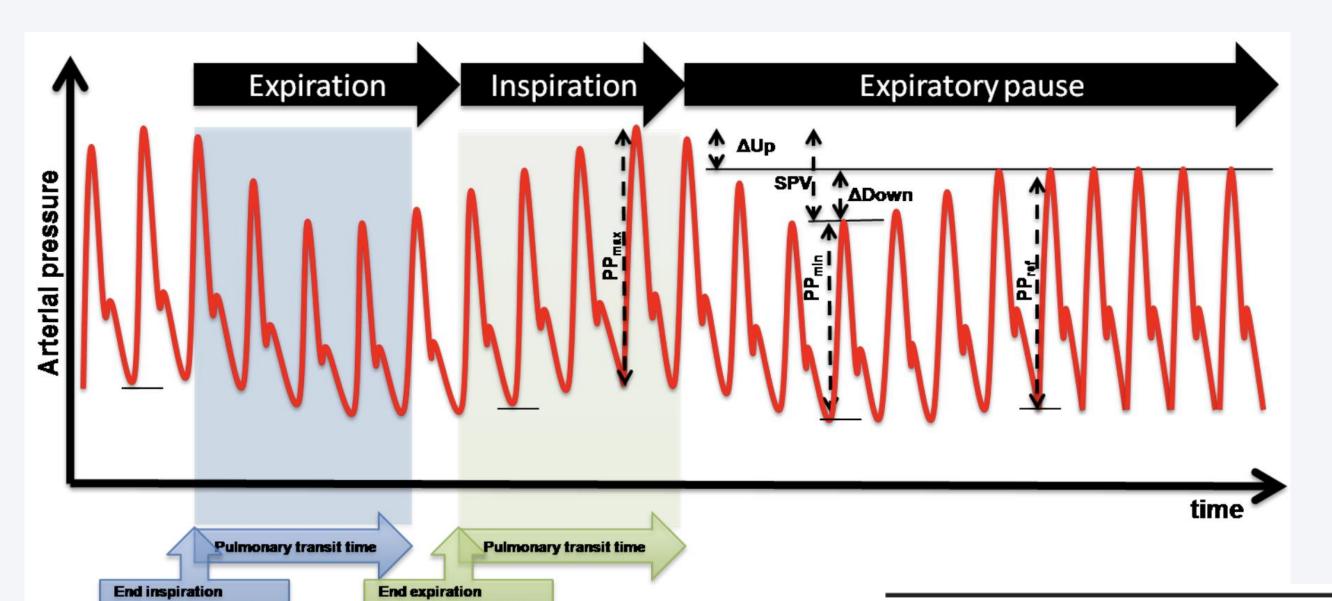
| Risk | High | Basic monitoring Minimal-invasive, cont. AP, SV/CO + PPV/SVV, PAC | Basic monitoring Minimal-invasive, cont. AP, SV/CO + PPV/SVV, PAC/TEE | Basic monitoring CVC, minimal-invasive, cont. AP, SV/CO + PPV/SVV, PAC/TEE |
|-----------------|--------------|--|---|--|
| nt's Individual | Intermediate | Basic monitoring Non-invasive, cont. arterial pressure (AP), SV/CO + PPV/SVV | Basic monitoring Minimal-invasive, cont. AP, SV/CO + PPV/SVV | Basic monitoring CVC, minimal-invasive, cont. AP, SV/CO + PPV/SVV |
| Patient | Low | Basic monitoring Non-invasive, intermittent arterial pressure (AP) | Basic monitoring Non-invasive, cont. arterial AP, SV/CO + PPV/SVV | Basic monitoring CVC, minimal-invasive, cont. AP, SV/CO + PPV/SVV |
| | | Low | Intermediate | High |

Surgical Risk

J Renner et al. Best Practice & Research Clinical Anaesthesiology. 2016;30:201-216







predict volume responsiveness

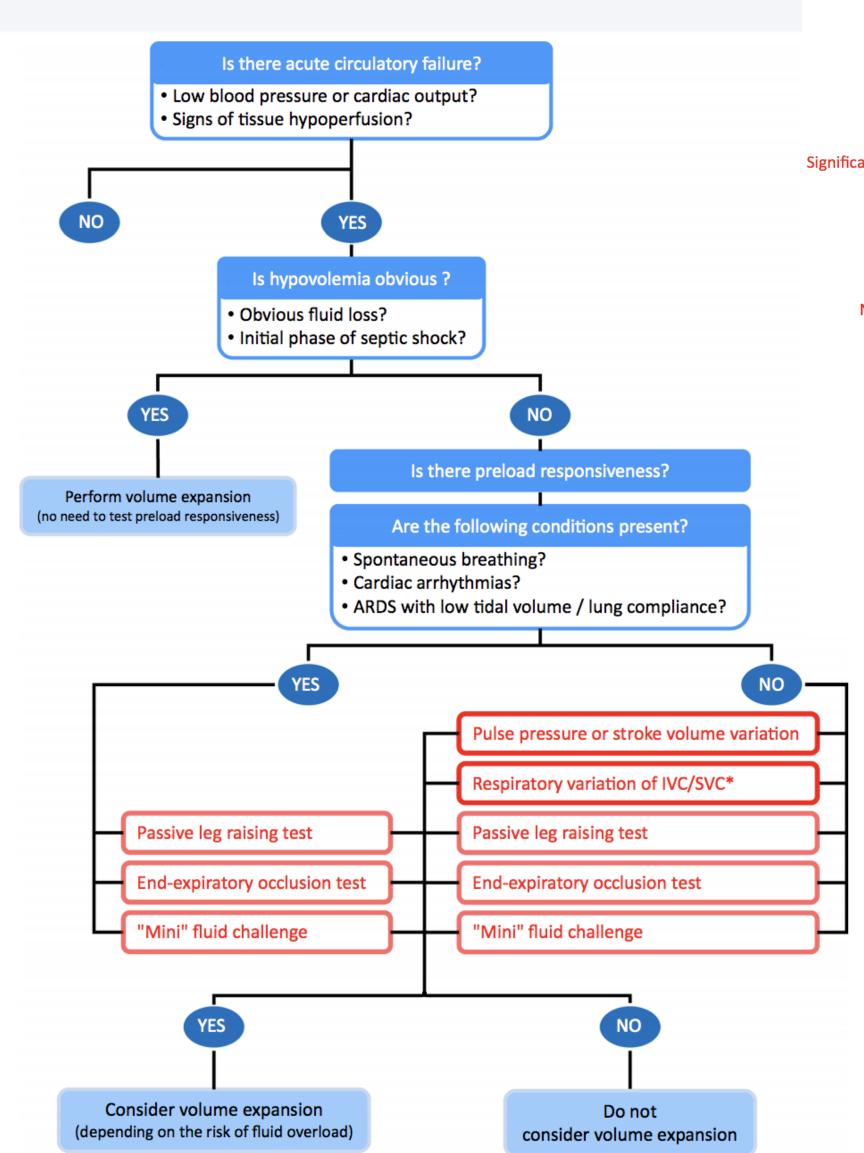
| | Correlation (r) | AUC |
|---|---|--|
| PPV SPV SVV LVEDAI GEDVI CVP | .78 (.74–.82) .72 (.65–.77) .72 (.66–.78) ———————————————————————————————————— | 0.94 (0.93-0.95) 0.86 (0.82-0.90) 0.84 (0.78-0.88) 0.64 (0.53-0.74) 0.56 (0.37-0.67) 0.55 (0.48-0.62) |

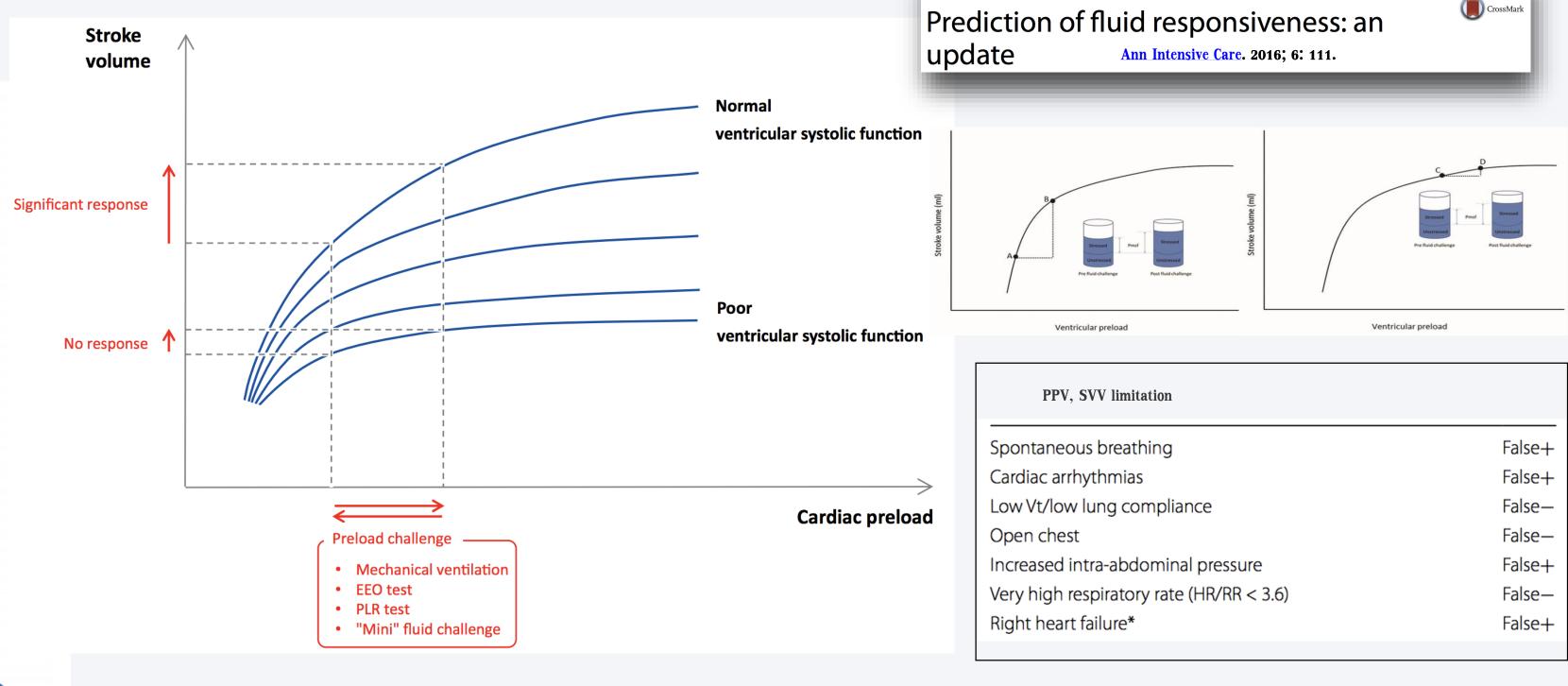
PPV (%) = (PPmax - PPmin)/(Ppmax + Ppmin)/2

SVV = SV max - SV min

SV mean

| Parameter | PPV (n = 14) | SVV (n = 5) |
|---------------------------|------------------------|---------------------|
| ROC area | 0.94 (0.92-0.96) | 0.84 (0.81–0.87) |
| Sensitivity | $0.89 \ (0.82 - 0.94)$ | 0.82 (0.75 - 0.98) |
| Specificity | 0.88 (0.81 - 0.92) | 0.86(0.77-0.92) |
| Positive likelihood ratio | 7.26 (4.46–11.80) | 5.77 (3.43–9.72) |
| Negative likelihood ratio | $0.12\ (0.07-0.21)$ | $0.21\ (0.15-0.30)$ |
| Diagnostic odds ratio | 59.86 (23.88–150.05) | 27.34 (13.46–55.53) |





REVIEW

Open Access

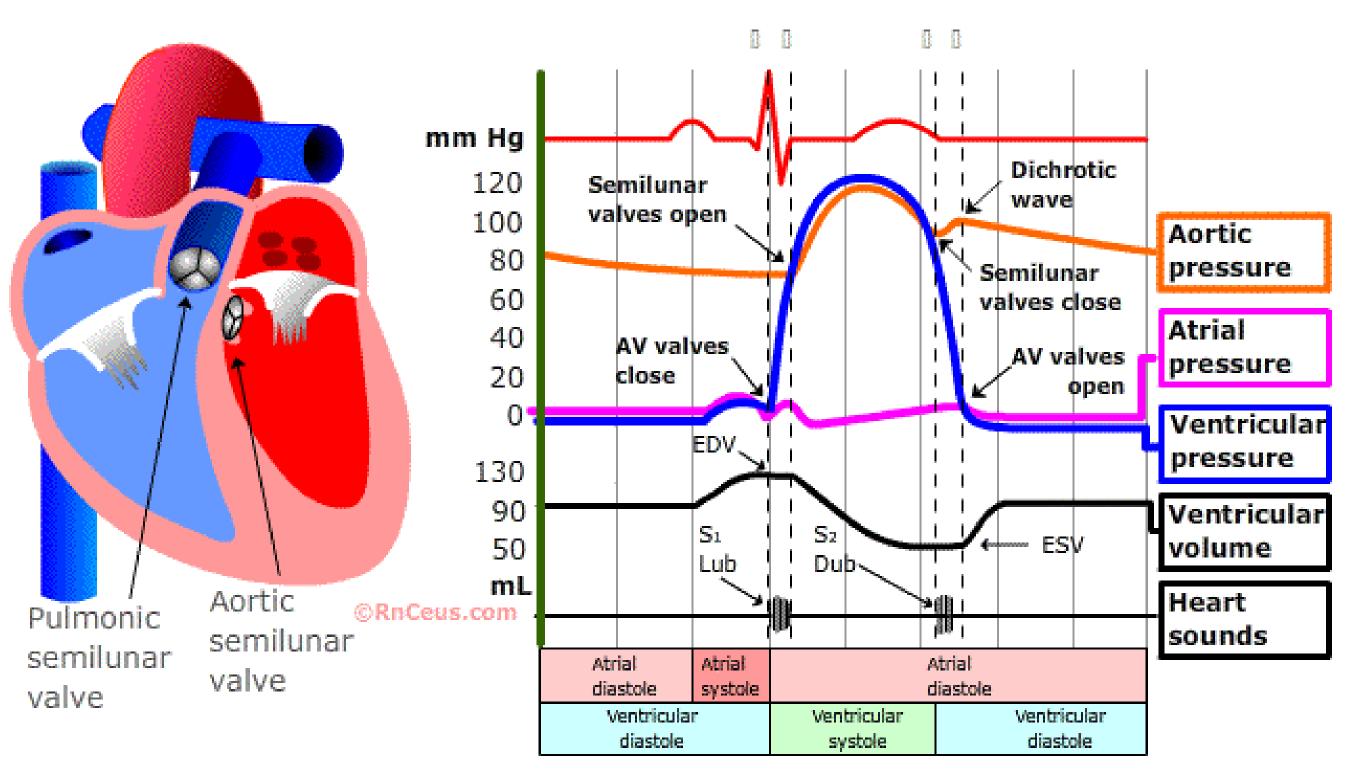
Table 1 Summary of methods predicting preload responsiveness with diagnostic threshold and limitations

| Method | Threshold | Main limitations | | | | |
|--|-----------|--|--|--|--|--|
| Pulse pressure/stroke volume variations [22] | 12% | Cannot be used in case of spontaneous breathing, cardiac arrhythmias, low tidal volume/lung compliance | | | | |
| Inferior vena cava diameter variations [44] | 12% | Cannot be used in case of spontaneous breathing, low tidal volume/lung compliance | | | | |
| Superior vena caval diameter variations [44] | 36%* | Requires performing transesophageal Doppler Cannot be used in case of spontaneous breathing, low tidal volume/lung compliance | | | | |
| Passive leg raising [55] | 10% | Requires a direct measurement of cardiac output | | | | |
| End-expiratory occlusion test [75] | 5% | Cannot be used in non-intubated patients Cannot be used in patients who interrupt a 15-s respiratory hold | | | | |
| "Mini"-fluid challenge (100 mL) [84] | 6%** | Requires a precise technique for measuring cardiac output | | | | |
| "Conventional" fluid challenge (500 mL) [81] | 15% | Requires a direct measurement of cardiac output Induces fluid overload if repeated | | | | |

^{*} Thresholds from 12 to 40% have been reported

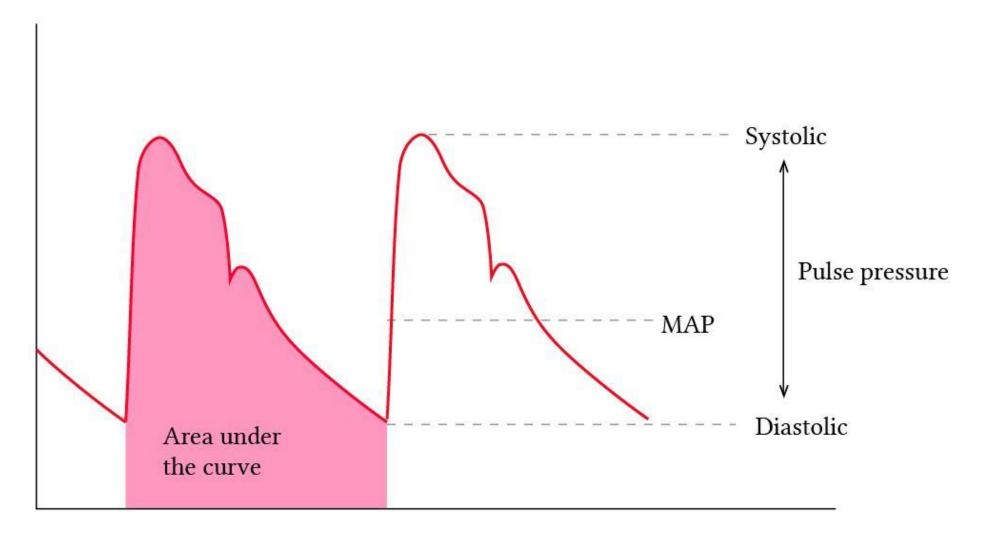
^{** 10%} is more compatible with echography precision. Citations indicate the most important reference regarding the test

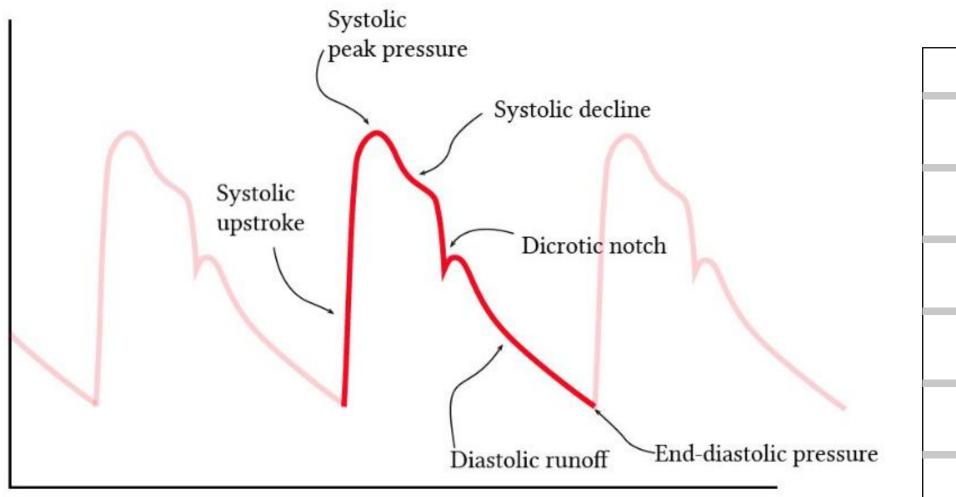
Pulse pressure Analysis

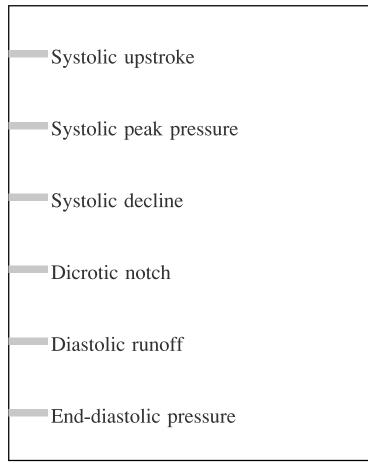


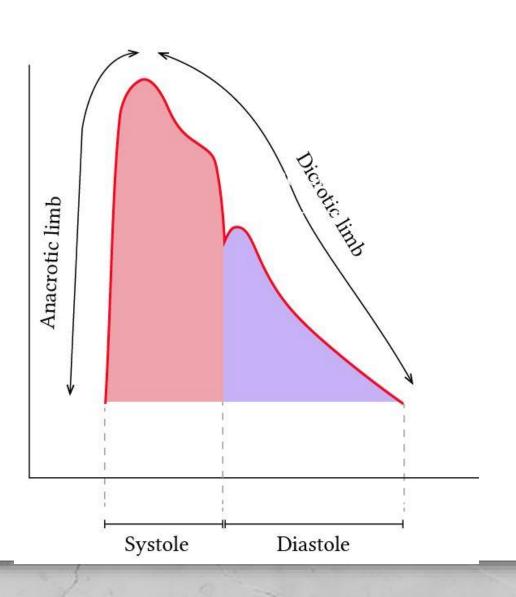
Cardiac Cycle

Arterial Wave form

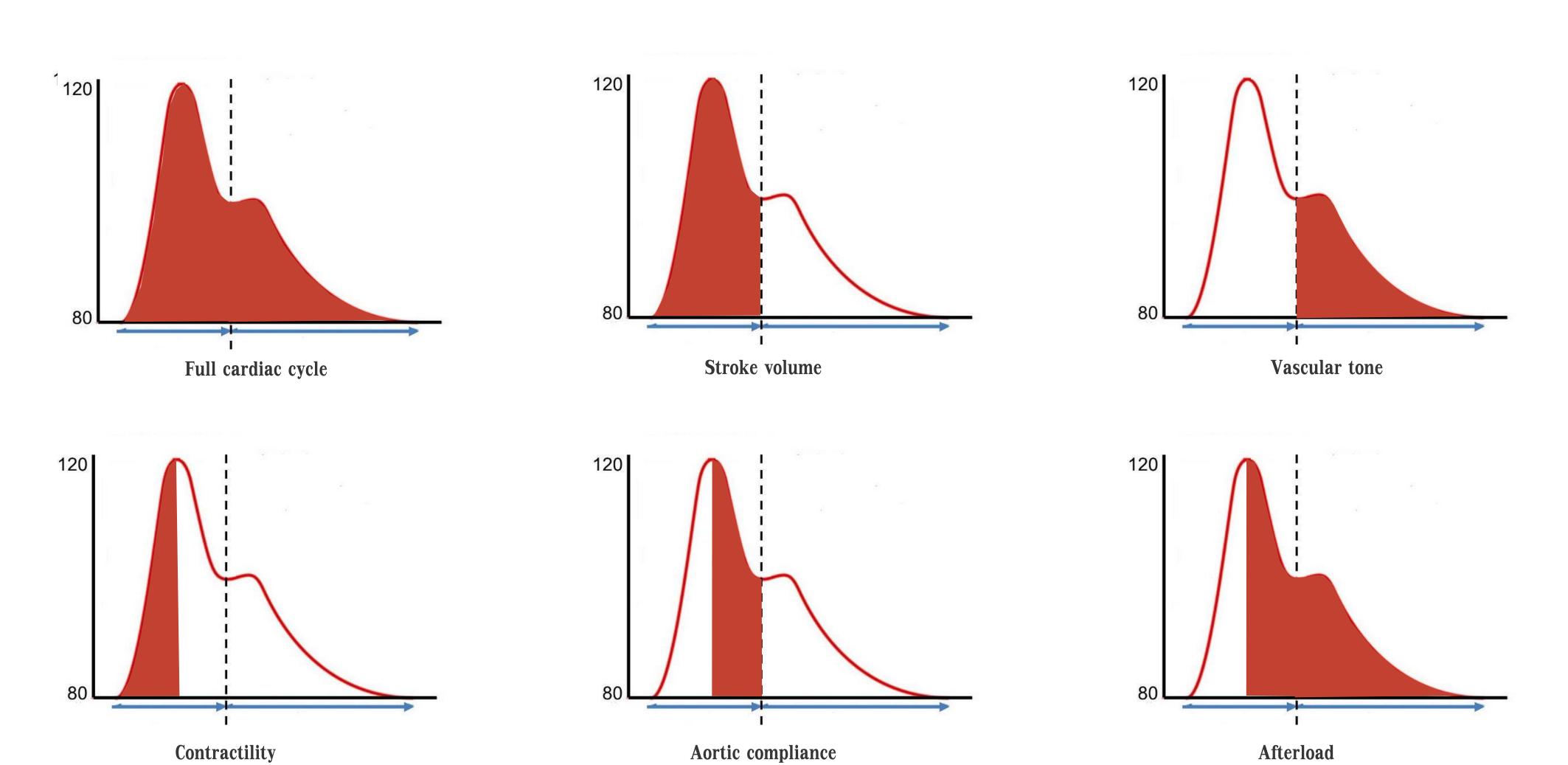




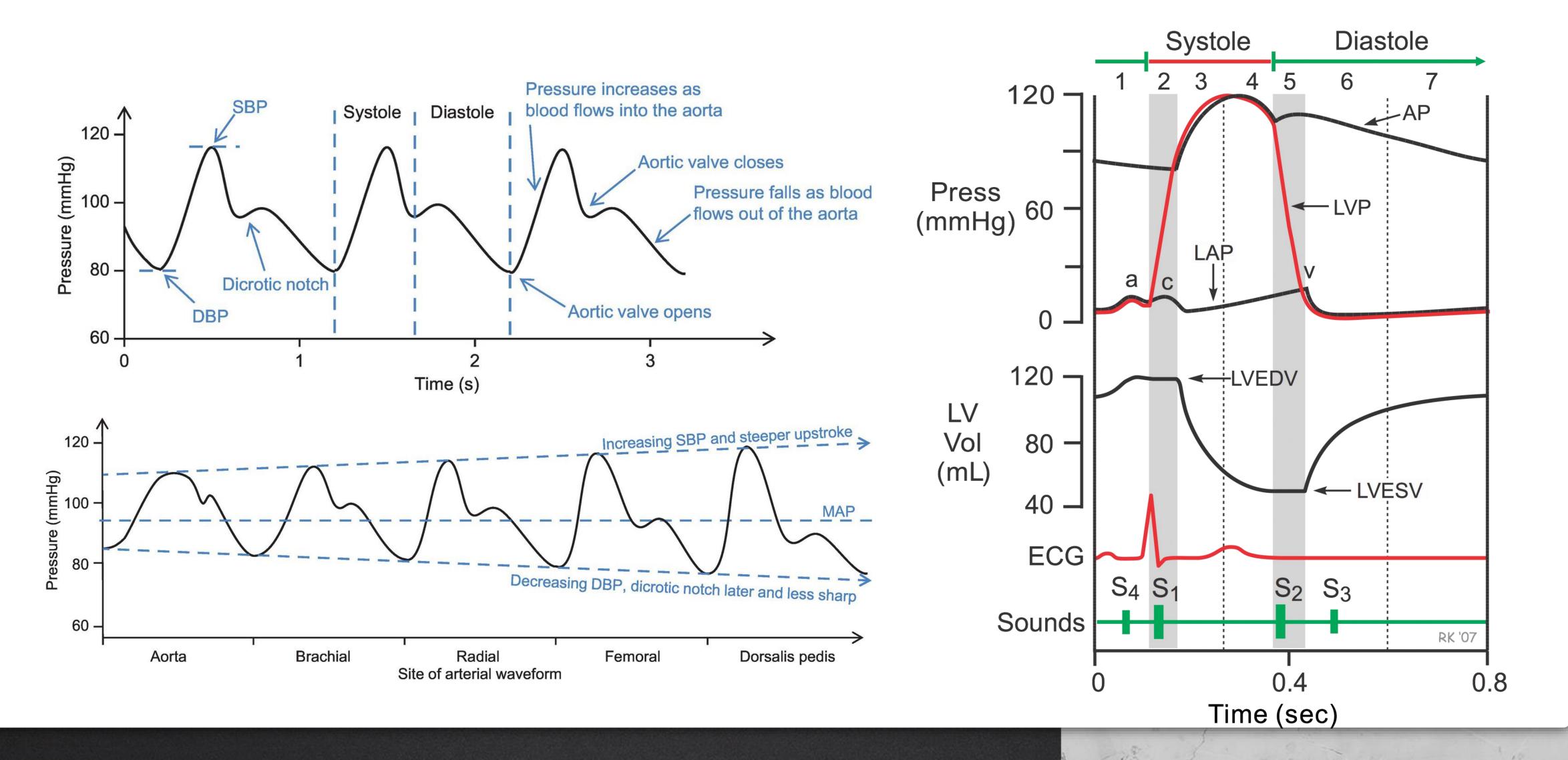




Arterial wave form



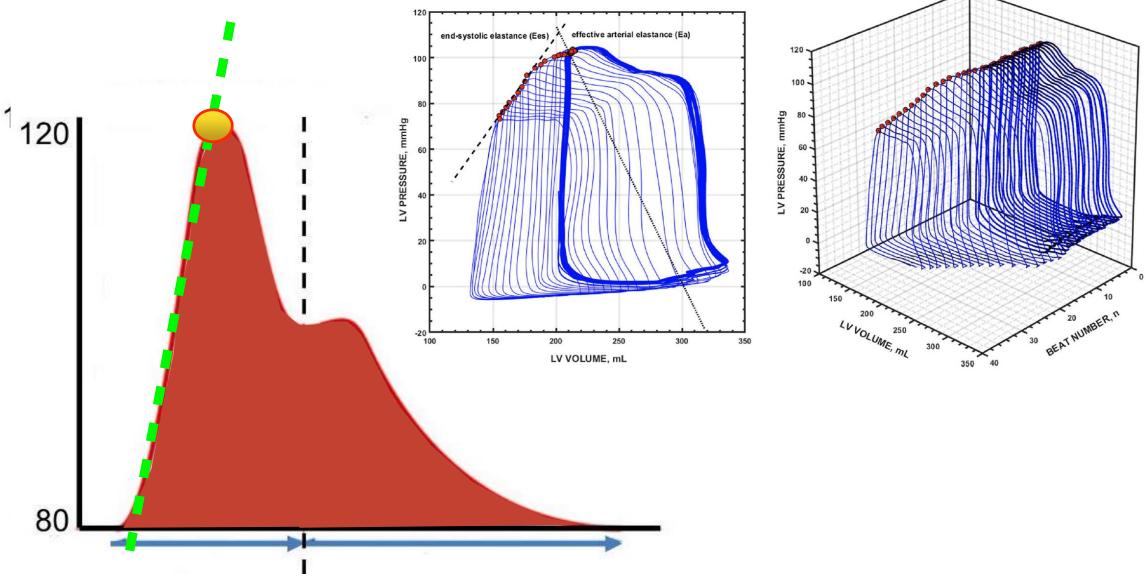
Arterial Waveform

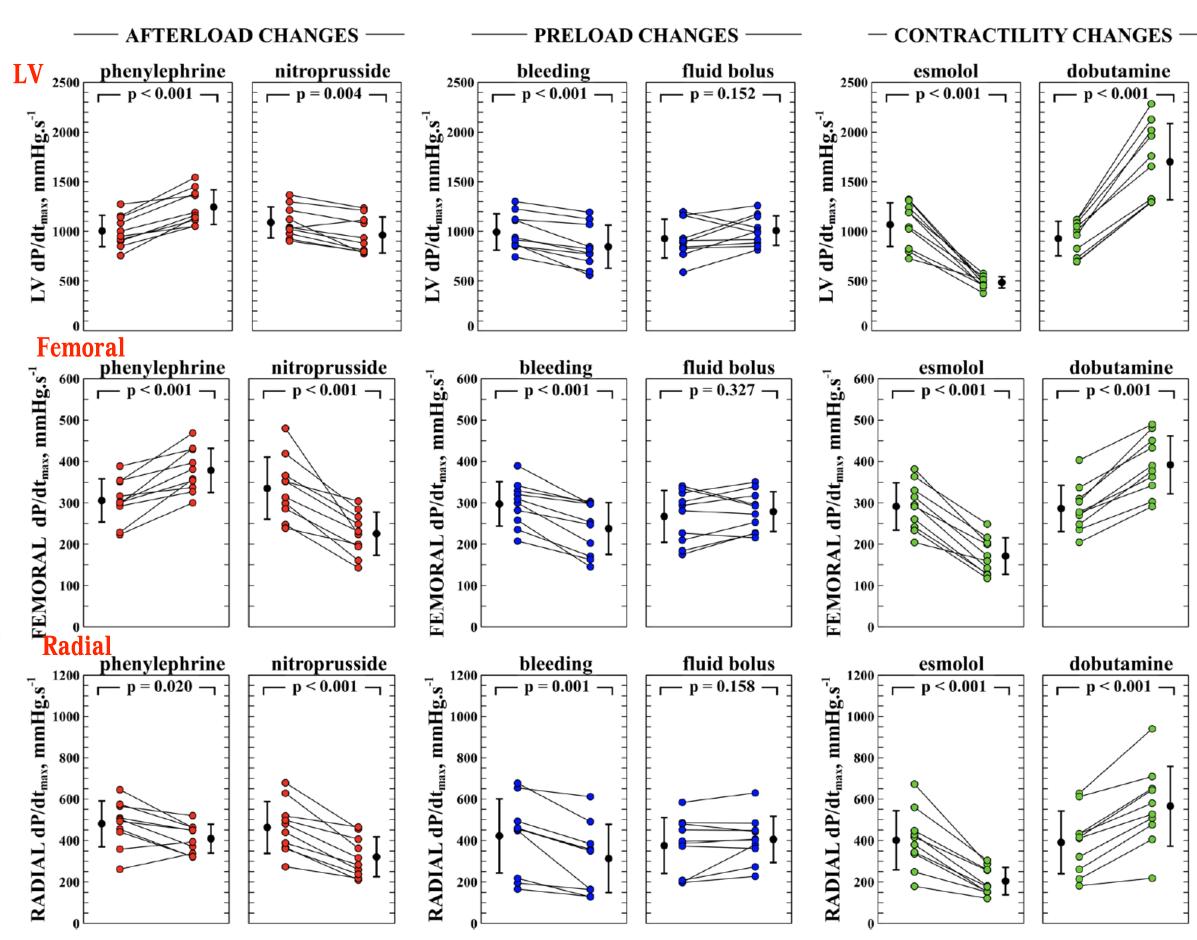


Advance Arterial wave form

Performance comparison of ventricular and arterial dP/dt_{max} for assessing left ventricular systolic function during different experimental loading and contractile conditions

Manuel Ignacio Monge Garcia^{1*}, Zhongping Jian², Jos J. Settels², Charles Hunley³, Maurizio Cecconi⁴, Feras Hatib² and Michael R. Pinsky⁵ Critical Care (2018) 22:325





Maximal left ventricular (LV) pressure rise (LV dP/dtmax): marker of LV systolic function

AI Analysis

610

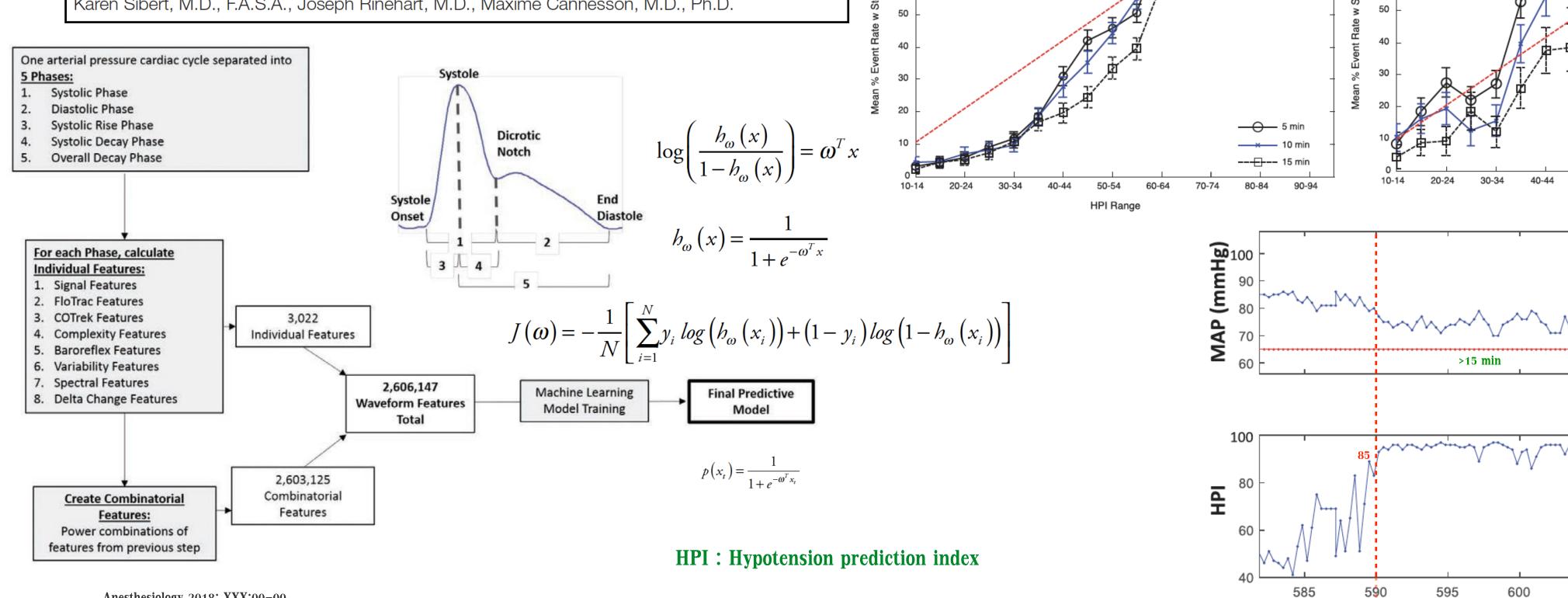
605

Time (min)

Machine-learning Algorithm to Predict Hypotension Based on High-fidelity Arterial Pressure Waveform Analysis

Anesthesiology 2018; XXX:00-00

Feras Hatib, Ph.D., Zhongping Jian, Ph.D., Sai Buddi, Ph.D., Christine Lee, M.S., Jos Settels, M.S., Karen Sibert, M.D., F.A.S.A., Joseph Rinehart, M.D., Maxime Cannesson, M.D., Ph.D.



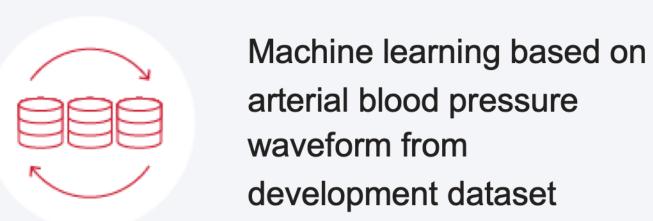
Preventive LCOS Monitor Application





Hypotension Prediction Index software algorithm

Past Events



Alert

HPI 97 /100

More Information

Acknowledge

Alarm DIA is below low limit

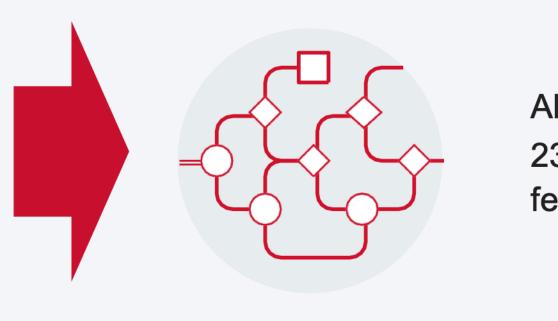
8:27:48 pm | 11/27/2017 | FloTrac IQ | 20

200,000 hypotensive and non-hypotensive events*

105/38

8:33:54 pm SV

+130M cardiac cycles

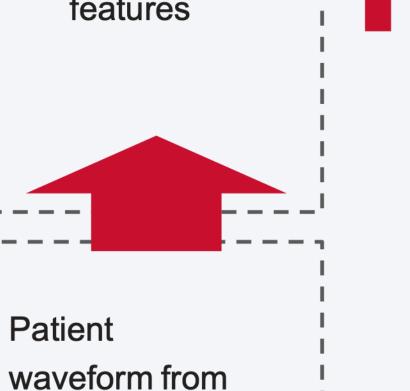


Algorithm with 23 predictive features

Patient

sensor

FloTrac IQ

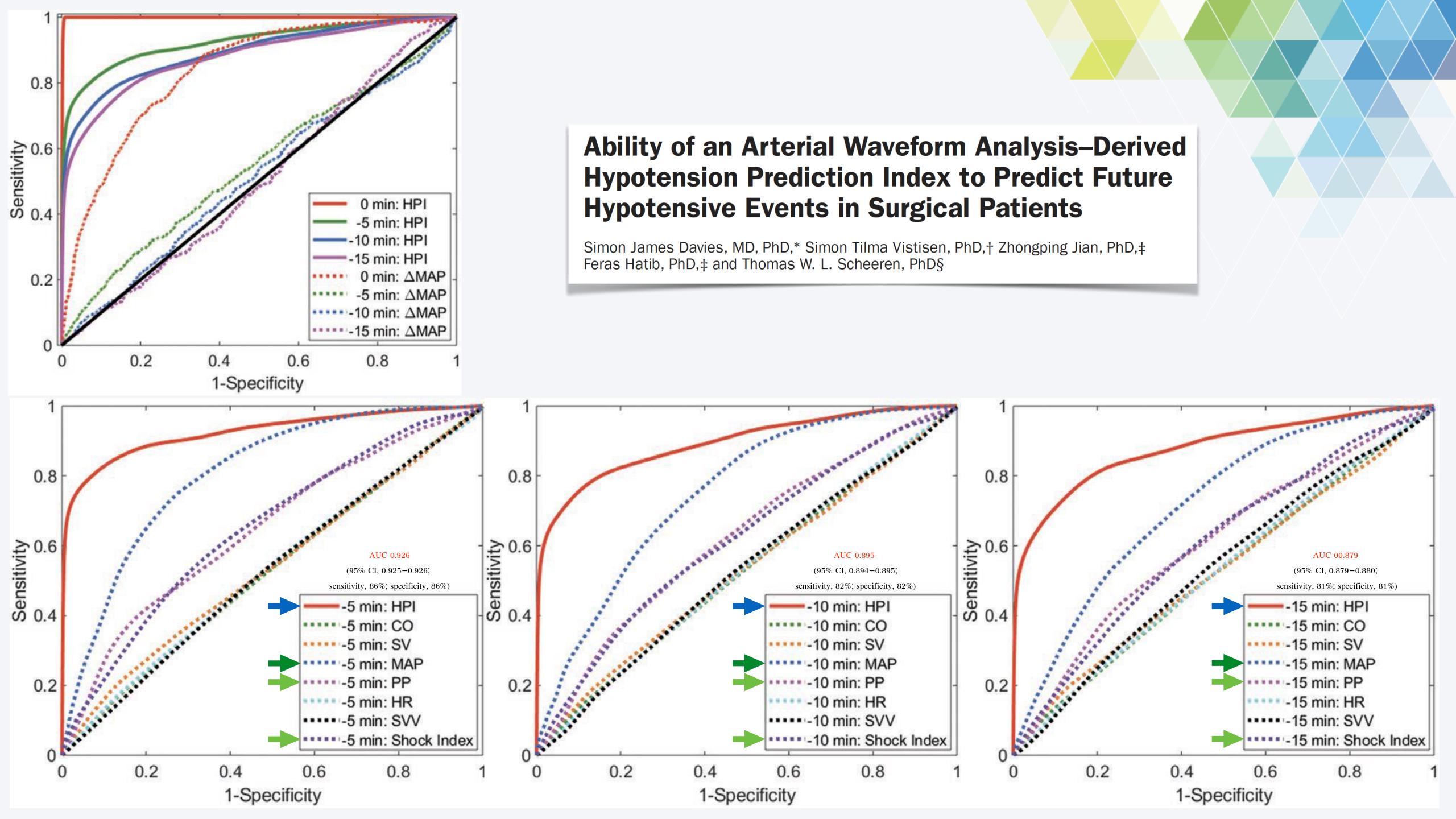


123/48 (72) 83,,,, 8:23:54 pm 8:28:54 pm

Real Time Input

> **Predictive Output**





JAMA | Preliminary Communication | CARING FOR THE CRITICALLY ILL PATIENT

February 17, 2020.

Effect of a Machine Learning-Derived Early Warning System for Intraoperative Hypotension vs Standard Care on Depth and Duration of Intraoperative Hypotension During Elective Noncardiac Surgery

| | Median (Interquartile Ran | ge) ^a | | |
|--|---------------------------|-----------------------|---|----------------------|
| | Intervention (n = 31) | Control (n = 29) | Median Difference (95% CI) ^b | P Value ^c |
| Primary End Point | | | | |
| Time-weighted average of hypotension, mm Hg | 0.10 (0.01-0.43) | 0.44 (0.23-0.72) | 0.38 (0.14 to 0.43) | .001 |
| Secondary End Points | | | | |
| Hypotension | | | | |
| Area under the threshold, mm Hg/min ^d | 20.0 (2.2-148.3) | 142.2 (64.67-258.92) | 74.0 (33.0 to 137.7) | .002 |
| Incidence | 3.0 (1.0-8.0) | 8.0 (3.5-12.0) | 4.0 (1.0 to 7.0) | .004 |
| Total time, min | 8.0 (1.3-26.0) | 32.7 (11.5-59.7) | 16.7 (7.7 to 31.0) | .001 |
| Surgery time, % | 2.8 (0.8-6.6) | 10.3 (4.6-15.6) | 5.6 (3.0 to 9.4) | <.001 |
| Hypertension | | | | |
| Time-weighted average, mm Hg | 0.09 (0.00-0.21) | 0.05 (0.00-0.13) | 0.00 (-0.85 to 0.17) | .47 |
| Area above the threshold, mm Hg/min ^d | 33.3 (0.0-88.0) | 13.3 (0.0-44.3) | -3.5 (-29.0 to 5.5) | .40 |
| Incidence | 2.0 (0.0-3.0) | 1.0 (0.0-2.0) | 0.0 (-1.0 to 0.0) | .23 |
| Total time, min | 4.0 (0.0-10.7) | 3.0 (0.0-6.8) | -0.7 (-4.3 to 0.7) | .40 |
| Surgery time, % | 1.5 (0.0-3.3) | 0.9 (0.0-1.9) | -0.2 (-1.4 to 0.3) | .40 |
| Treatment behavior | | | | |
| Reaction time, s ^e | 53.0 (24.0-99.0) | 87.3 (53.0-172.5) | 34.3 (22.8 to 47.3) | <.001 |
| Post Hoc End Points | | | | |
| Treatment behavior | | | | |
| No. of treatments per patient ^f | 15.0 (5.0-29.0) | 9.0 (3.5-13.0) | -6.0 (-13.0 to -1.0) | .02 |
| Early warning system alarms | | | | |
| Time-weighted average, Hypotension Prediction Index ^g | 1.99 (1.12-3.17) | 4.31 (2.50-5.79) | 1.79 (0.74 to 2.95) | .001 |
| Area above the threshold, Hypotension Prediction Index/min ^d | 529.7 (196.3-1315.0) | 1231.0 (701.5-1966.3) | 629.3 (229.3 to 1012.3) | .002 |
| Incidence | 11.0 (7.0-16.0) | 11.0 (8.0-14.5) | 0.0 (-4.0 to 3.0) | .84 |
| Total time, min | 56.7 (21.7-122.7) | 116.3 (68.3-170.3) | 51.7 (20.7 to 91.0) | .002 |
| Time, % | 20.9 (14.5-35.6) | 41.1 (23.9-56.4) | 15.8 (5.8 to 25.9) | .002 |



CARDIOTHORACIC SURGERY | VOLUME 229, ISSUE 4, SUPPLEMENT 1, S48, OCTOBER 01, 2019

Predictive Hemodynamic Monitoring in Cardiac Surgery: An Observational Validation Study of the Hypotension Prediction Index

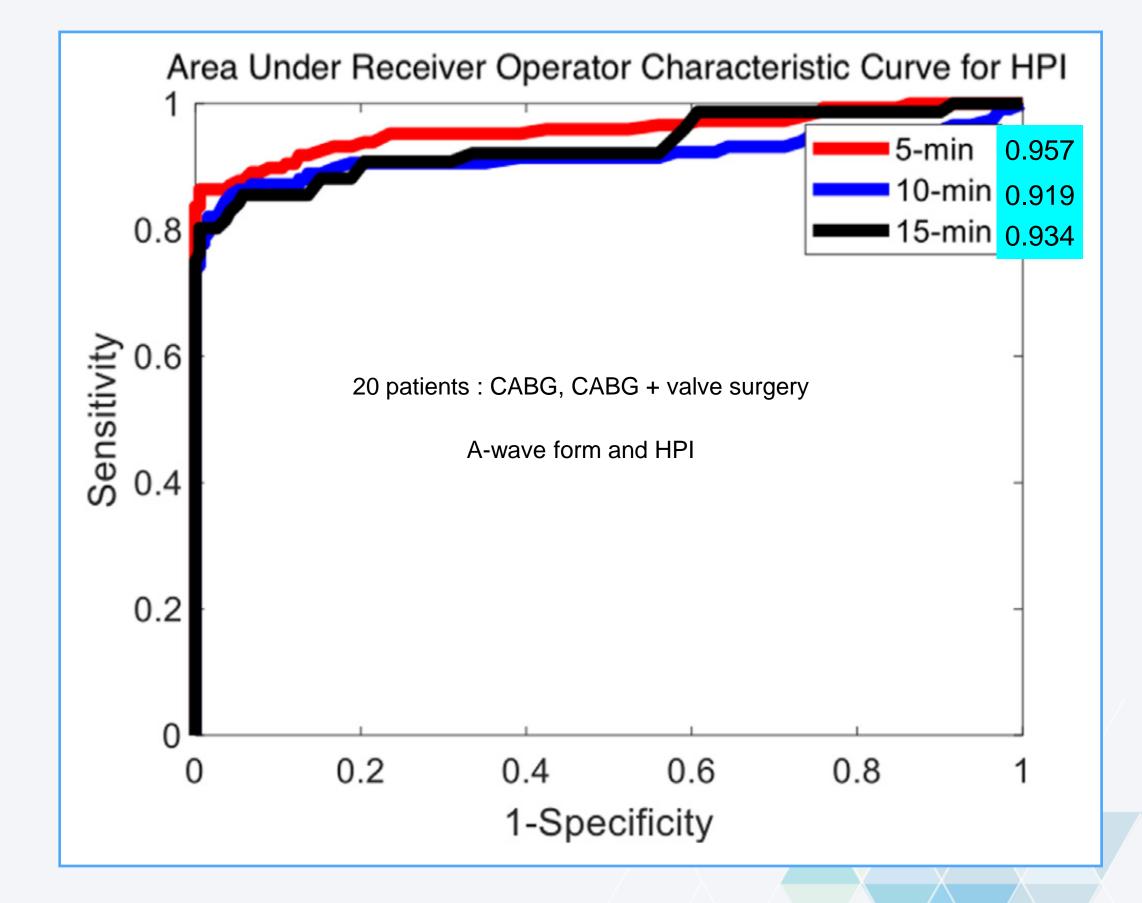


Figure 2. Hemodynamic Diagnostic Guidance and Treatment Protocol Patient undergoing elective noncardiac surgery under general anesthesia **JAMA** Published online February 17, 2020 **Hypotension Prediction Index (HPI) 50%-85% Advice** ► Diagnose cause HPI > 85% or mean arterial pressure < 65 mm Hg **Advice** ► Start treatment within 2 min Presence of ≥2 criteria below Interpretation Dynamic arterial elastance decrease Yes Most likely cause: Systemic vascular resistance decrease vasoplegiaa Stroke volume variation increase **Evaluate treatment** Dynamic arterial elastance Start treatment Presence of ≥2 criteria below Systemic vascular resistance Interpretation Dynamic arterial elastance increase Stroke volume variation Most likely cause: Stroke volume variation increase Stroke volume hypovolemia Stroke volume decrease Delta pressure over delta time • HPI No Mean arterial pressure Presence of 3 criteria below Interpretation Systemic vascular resistance Most likely cause: equal or increase impaired Stroke volume variation equal contractility^b Stroke volume decrease No ^a Vasoplegia indicates decreased systemic vascular resistance. Treat hypotension without advice ^b Impaired left ventricular contractility.

Treatment LCOS

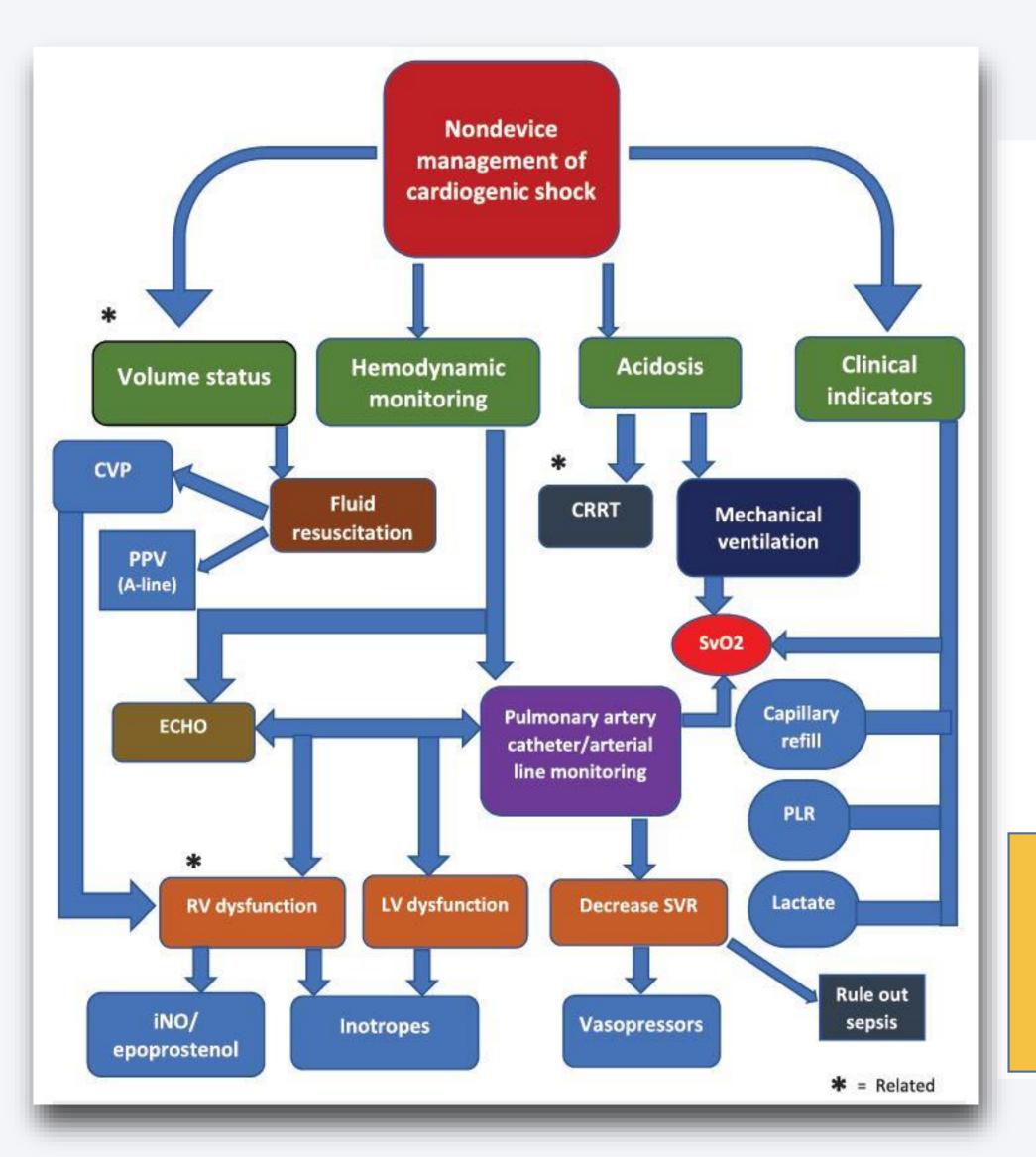
Initial Management

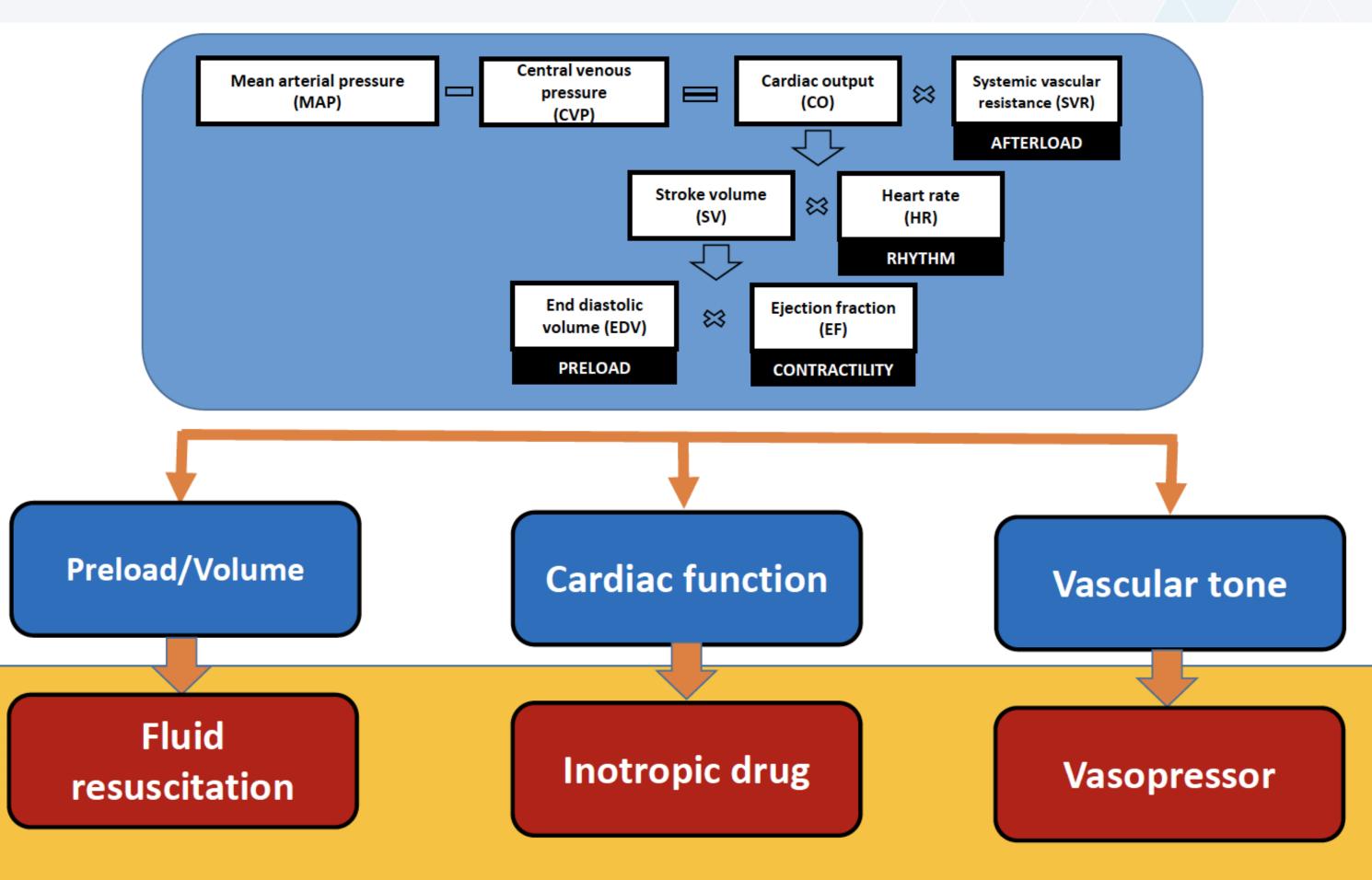
Identify correctable causes

- Graft dysfunction
- Valvular incompetence
- Pericardial tamponade
- Pneumothorax

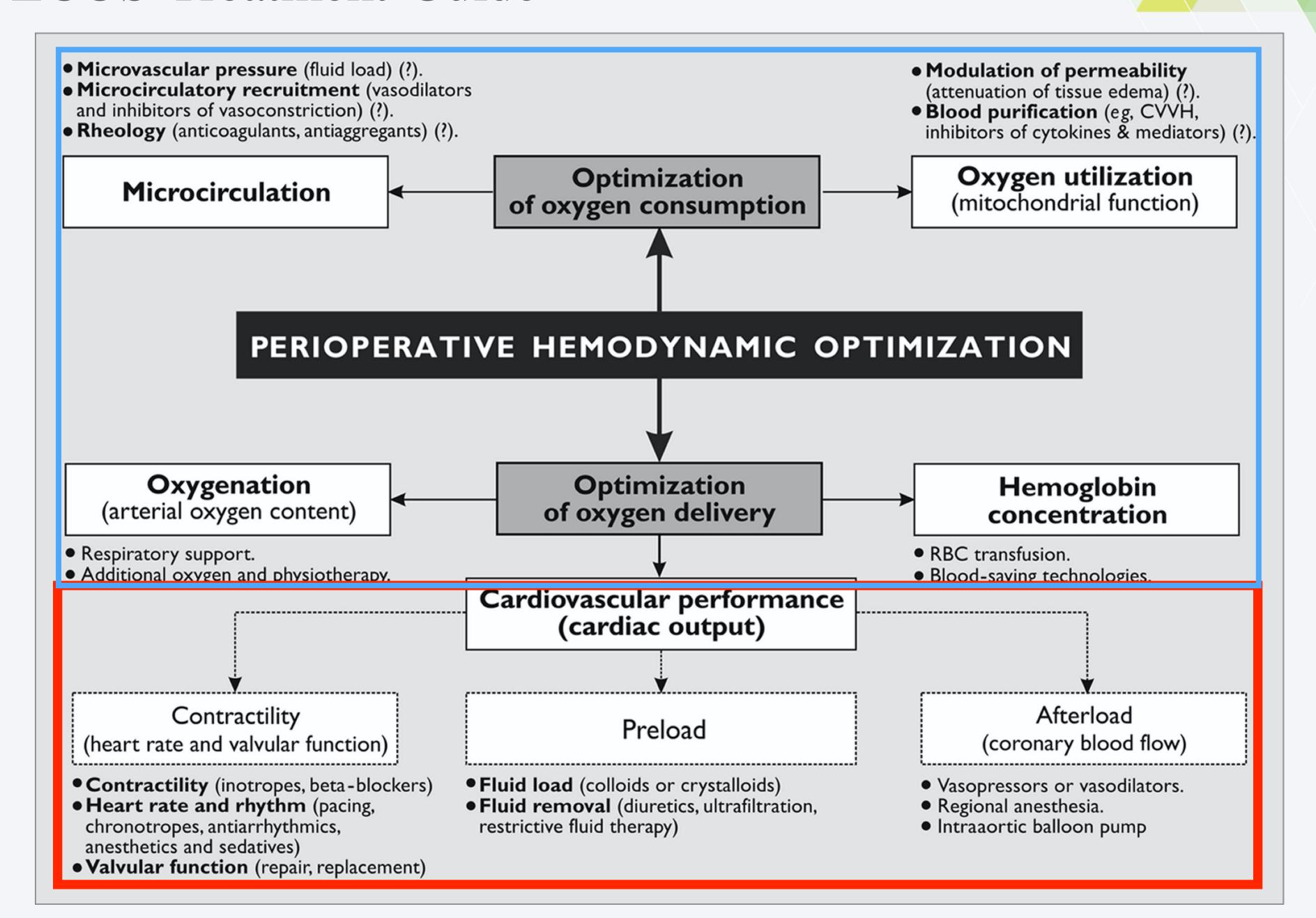
- ☐ Adequate ventilation management
- ☐ Normothermia
- ☐ Maintain acid-base balance
- ☐ Correct electrolyte abnormalities

LCOS: Treatments

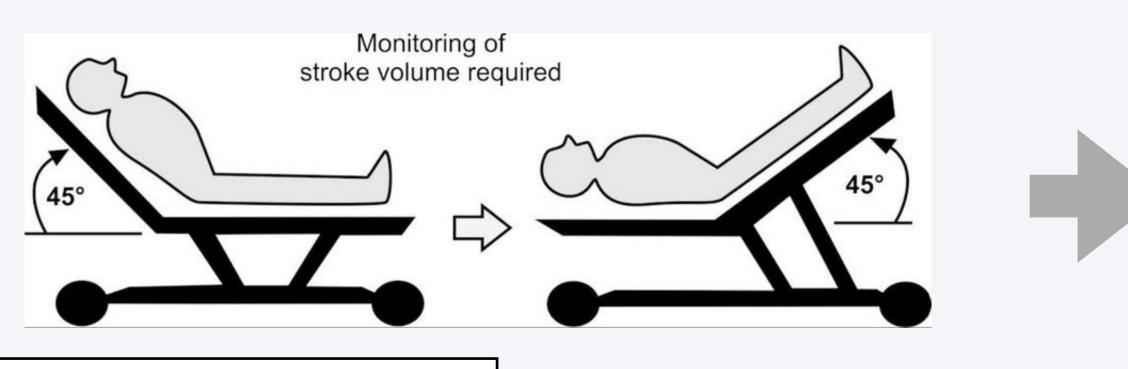




LCOS Treatment Guide

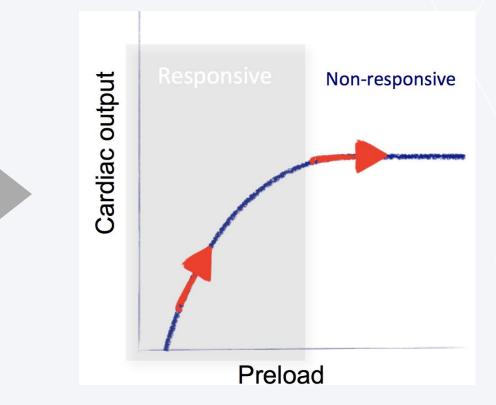


Preload: Passive leg raising





| Subgroup | Correlation r | <i>p</i> * | AUC | p^* |
|---------------------|------------------|------------|------------------|-------|
| Ventilation | | | | |
| Adapted | 0.81 (0.53–0.93) | 0.97 | 0.94 (0.87–1.00) | 0.74 |
| Inspiratory efforts | 0.81 (0.74–0.87) | | 0.95 (0.91–0.99) | |
| Cardiac rhythm | , | | | |
| Sinus rhythm | 0.73 (0.58–0.84) | 0.15 | 0.96 (0.92–0.99) | 0.94 |
| Arrhythmias | 0.83 (0.75–0.89) | | 0.96 (0.89–1.03) | |
| Starting position | , | | , | |
| Supine | 0.78 (0.64–0.87) | 0.39 | 0.93 (0.87–1.00) | 0.62 |
| Semirecumbent | 0.83 (0.75–0.89) | | 0.95 (0.92–0.97) | |

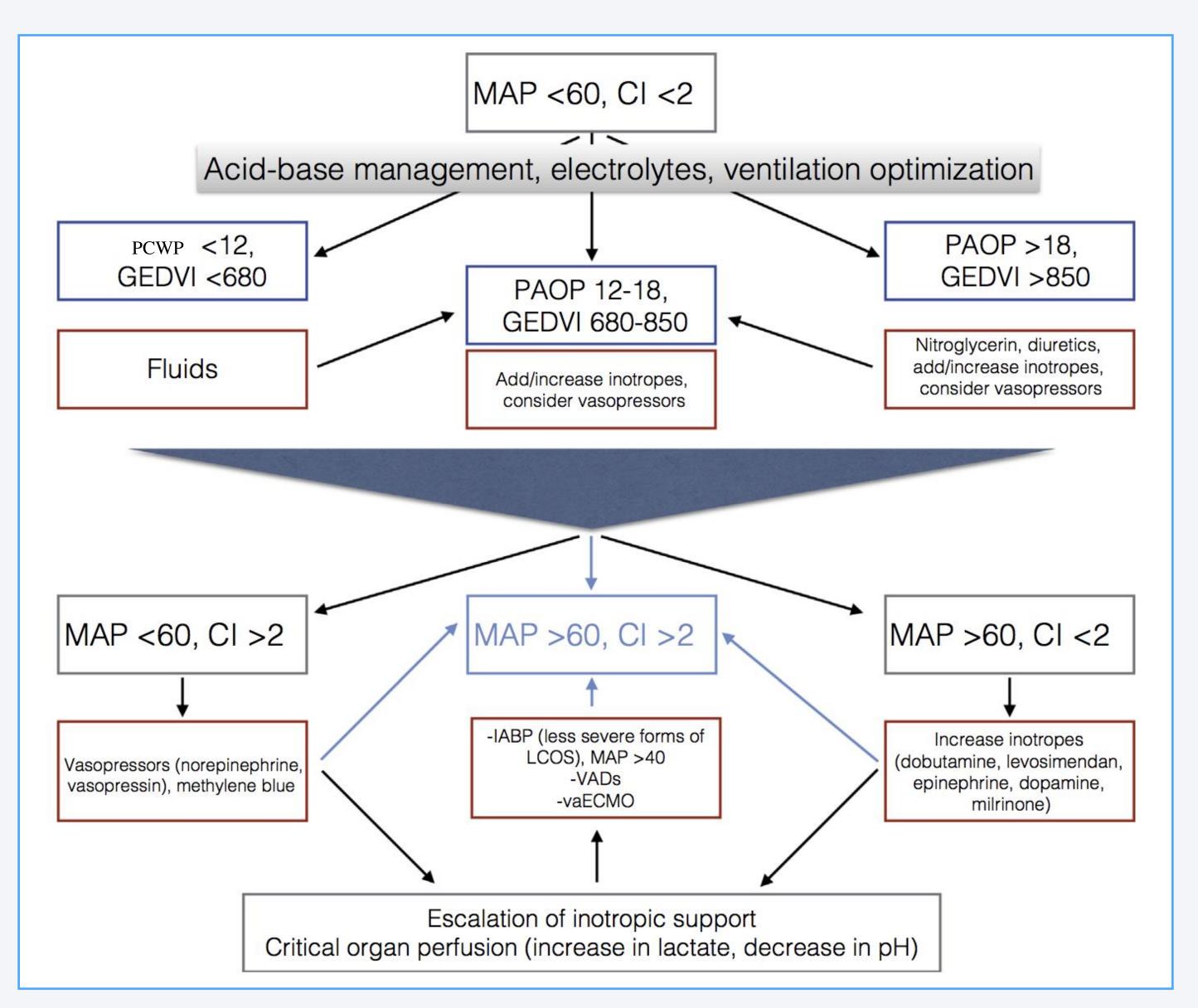


Suitable for the critically ill ICU population

Limitation

- Need to assess real time direct measurement of CO
- Increase in risk of aspiration
- Increased Intracranial pressure (limit use in traumatic brain injury)
- Fracture of lower extremities (painful)
- Limit use in operating room

Preload: PGDT



Perioperative Goal-Directed Therapy (PGDT)

- GDT: hemodynamic optimization algorithm based on the use of fluids, inotropes, and/or vasopressors to achieve normal or supranormal hemodynamic values (hemodynamic goals)".
- PGDT -> GDT initiated in the intraoperative period and maintained in the immediate postoperative period

PGDT Benefit - Cardiac Surgery

Goal-directed therapy in cardiac surgery: a systematic review and meta-analysis

H. D. Aya, M. Cecconi*, M. Hamilton and A. Rhodes

British Journal of Anaesthesia 110 (4): 510-17 (2013)

- PGDT protocol 24Hr preoperative
- RCT 5 studies 722 patients
- Adult (>18y) cardiac surgery

| | EGD | T | Standa | ard | | Odds ratio | | Odds ratio |
|-------------------------------------|---------------------|--------|---------------------------|--------------------|--------|---------------------|------|---------------------------------------|
| Study or subgroup | Events | Total | Events | Total | Weight | M-H, Random, 95% CI | Year | M-H, Random, 95% CI |
| Mythen and webb ²¹ | 0 | 30 | 1 | 30 | 14.6% | 0.32 [0.01, 8.24] | 1995 | • |
| Polonen and collegues ²⁰ | 2 | 196 | 6 | 197 | 44.7% | 0.33 [0.07, 1.65] | 2000 | |
| McKendry et al.22 | 4 | 89 | 2 | 90 | 40.7% | 2.07 [0.37, 11.60] | 2004 | |
| Kapoor et al. ²³ | 0 | 13 | 0 | 14 | | Not estimable | 2008 | |
| Smetkin et al. ²⁴ | 0 | 20 | 0 | 20 | | Not estimable | 2009 | |
| Total (95% CI) | | 348 | | 351 | 100.0% | 0.69 [0.19, 2.56] | | |
| Total events | 6 | | 9 | | | | | |
| Heterogeneity: τ^2 =0.32; | $\gamma^2 = 2.59$. | df=2 (| <i>P</i> =0.27): <i>i</i> | ¹² =23% | | | - | + + + + + + + + + + + + + + + + + + + |

Fig 2 Forest plot showing the effect of early goal-directed therapy (EGDT) on mortality rate vs control group. M-H, Mantel-Haenszel.

Post operative complication

| | EGD | | Standa | | | Odds ratio | | Odds ratio |
|-------------------------------------|-----------------|--------|---------------|-------------------|--------|---------------------|------|--|
| Study or subgroup | Events | Total | Events | Total | Weight | M-H, Random, 95% CI | Year | M-H, Random, 95% Cl |
| Mythen and webb ²¹ | 0 | 30 | 6 | 30 | 6.6% | 0.66 [0.00, 1.15] | 1995 | - |
| Polonen and colleagues ² | 20 2 | 196 | 13 | 197 | 20.9% | 0.15 [0.03, 0.66] | 2000 | |
| McKendry et al. ²² | 17 | 89 | 26 | 90 | 53.7% | 0.58 [0.29, 1.17] | 2004 | |
| Kapoor et al. ²³ | 1 | 13 | 2 | 14 | 8.6% | 0.50 [0.04, 6.28] | 2008 | |
| Smetkin et al. ²⁴ | 1 | 20 | 4 | 20 | 10.3% | 0.21 [0.02, 2.08] | 2009 | - |
| Total (95% CI) | | 348 | | 351 | 100.0% | 0.33 [0.15, 0.73] | | |
| Total events | 21 | | 51 | | | | | |
| Heterogeneity: τ^2 =0.17; | $\chi^2 = 4.93$ | df=4 (| P=0.29); I | ² =19% | | | | |
| Test for overall effect: Z= | 2 76 (P= | ດ ດດຣ) | , | | | | | 0.01 0.1 1 10 100 |

Fig 3 Forest plot showing the effect of early goal-directed therapy (EGDT) on postoperative complications rate vs control group. M-H, Mantel-Haenszel.

Hospital length of Stay

| Study or subgroup | Mean | SD | Total | Mean | SD | Total | Weight | IV, Random, 95% CI | IV, Random, 95% CI |
|---|-------------------|--------|--------|------------------------------|-----|--------------|--------|-----------------------|---|
| Kapoor and colleagues ²³ | 5.8 | 1.2 | 13 | 8.8 | 2.1 | 14 | 34.2% | -3.00 [-4.28, -1.72] | - |
| McKendry and colleagues ² | ² 11.4 | 13.2 | 89 | 13.9 | 15 | 90 | 11.1% | -2.50 [-6.64, 1.64] | • |
| Mythen and webb ²¹ | 6.4 | 1.1 | 30 | 10.1 | 9.4 | 30 | 14.7% | -3.70 [-7.09, -0.31] | |
| Polonen and colleagues ²⁰ | 7.3 | 6.6 | 196 | 17.9 | 7.5 | 197 | 32.8% | -0.60 [-2.00, 0.80] | |
| Smetkin and colleagues ²⁴ | 14 | 7.1 | 20 | 19.4 | 10 | 20 | 7.3% | -5.40 [-10.77, -0.03] | • |
| Total (95% CI) | | | 348 | | | 351 | 100.0% | -2.44 [-4.03, -0.84] | |
| Heterogeneity: $\tau^2=1.51$; χ^2 | =8.66, | df=4 (| P=0.07 |); <i>I</i> ² =54 | % | | | | |
| Test for overall effect: $Z=3.0$ | | • | | , , | | | | | -4 -2 0 2 4 Favours experimental Favours controls |

Fig 4 Forest plot showing the effect of early goal-directed therapy (EGDT) on hospital length of stay (LOS) vs control group. IV, inverse of variance. Data obtained by direct contact with author.

Medication Treatment: Inotropic

| Drugs | Used | for | the | Treatment | of | LCOS | |
|-------|------|-----|-----|-----------|----|------|--|
|-------|------|-----|-----|-----------|----|------|--|

| Intervention | Indications | Dosages | Receptors and Effects | Side Effects |
|----------------|--|---|---|---|
| Dobutamine | LCOS treatment | 1-20 μg/kg/min | β-adrenergic, ↑inotropy | Arrhythmia (less than dopamine) |
| Dopamine | LCOS treatment | 0.5-2 μg/kg/min | DA, vasodilation | Worsens renal injury in states of LCOS |
| | | 2-5 μg/kg/min | β-adrenergic, ↑inotropy | Tachycardia |
| | | 5-20 μg/kg/min | α - and β -adrenergic, vasoconstriction, \uparrow inotropy | Arrhythmia, tachycardia |
| Epinephrine | LCOS treatment, anaphylaxis | 0.01-0.03 µg/kg/min | β-adrenergic, ↑inotropy | Lactic acidosis, hyperglycemia, |
| | | 0.03-0.1 µg/kg/min | α - and β -adrenergic, vasoconstriction, \uparrow inotropy | mesenteric ischemia |
| Norepinephrine | Decreased SVR, vasoplegic syndrome, septic shock | 0.01-0.1 µg/kg/min | α- and β-adrenergic, vasoconstriction,† inotropy (less pronounced) | Arrhythmia, tachycardia |
| Vasopressin | Decreased SVR, vasoplegic syndrome | 0.01-0.1 IU/min | V1 stimulation, vasoconstriction | Myocardial ischemia, ventricular arrhythmia |
| Milrinone | LCOS treatment | 0.5-1 μg/kg/min | Phosphodiesterase inhibitor, †inotropy, vasodilation | Thrombocytopenia, arrhythmia, tachycardia |
| Levosimendan | LCOS treatment and prophylaxis | 10 μg/kg loading dose, 0.1 μg/kg/min infusion | Increasing myofilament sensitivity to calcium | Arrhythmia, hypotension |

Lovosimendan vs Dobutamine

Hemodynamic Effects of Levosimendan Compared With Dobutamine in Patients With Low Cardiac Output **After Cardiac Surgery** Rev Esp Cardiol. 2006;59(4):338-45

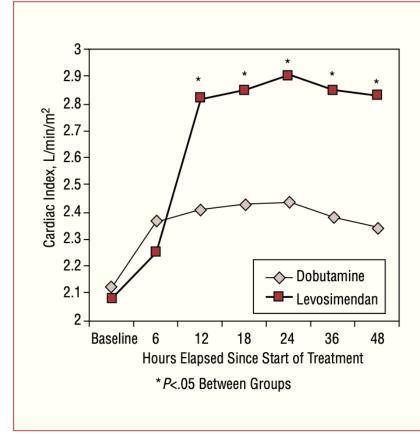


Figure 1. Changes in the cardiac index over the study period. Dobutamine: dobutamine group; levosimendan: levosimendan group. *Significant difference between treatment groups.

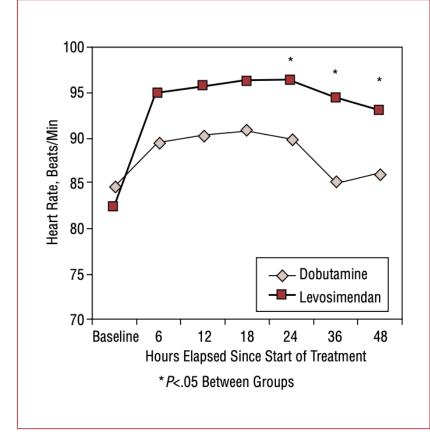


Figure 2. Change in heart rate over the study period. Dobutamine: dobutamine group; levosimendan: levosimendan group. *Significant difference between treatment groups.

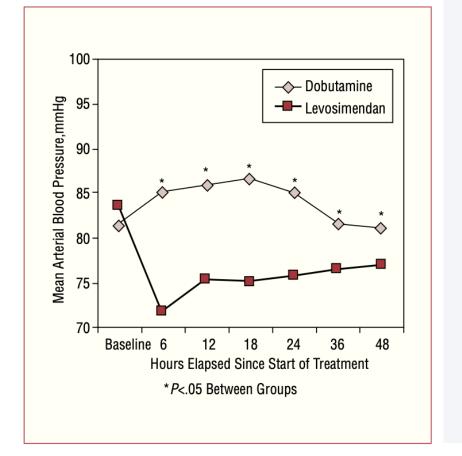
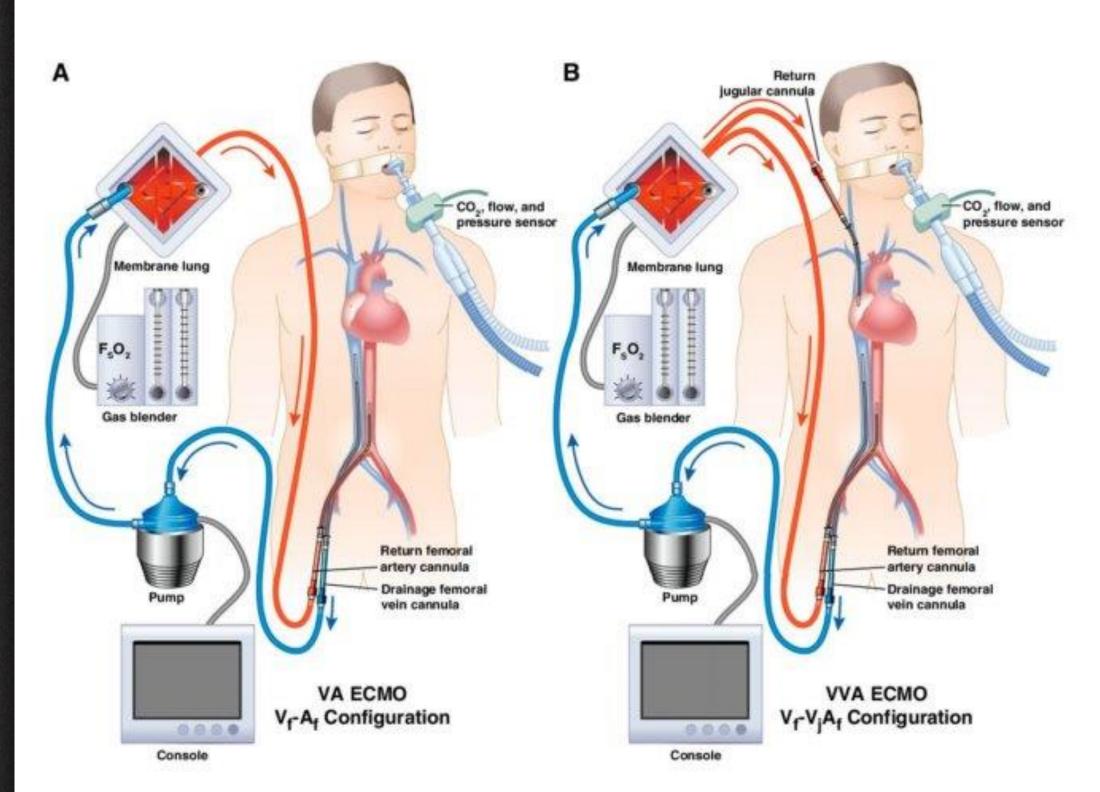
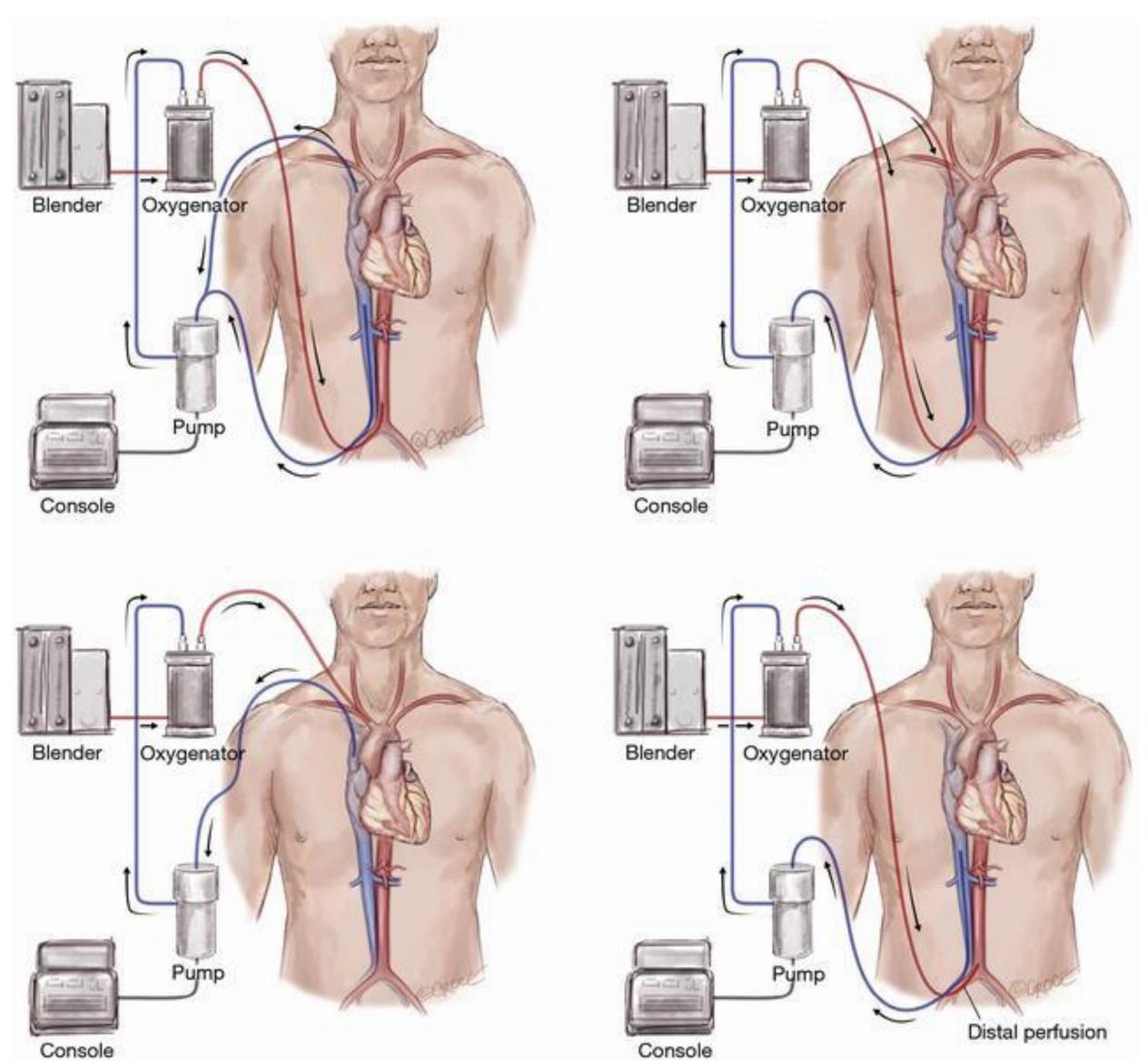


Figure 3. Change in mean arterial blood pressure over the study period. Dobuta group. *Signific

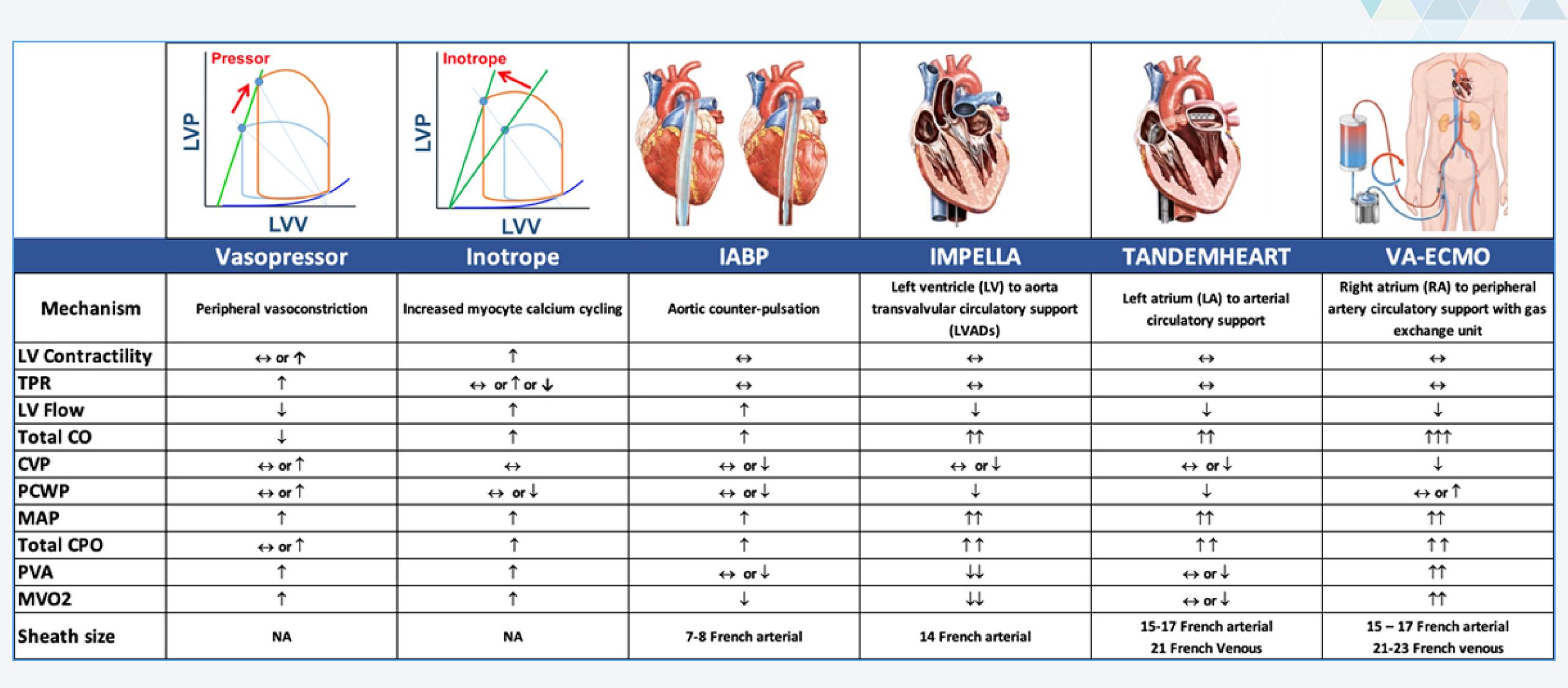
| nutamine: dobutamine group; levosimendan: levosimendan nificant difference between treatment groups. | Anticipated absolute effects (95% CI) | | effect p | No of participants | Quality of the | Comments | |
|--|--|--------------|----------|--------------------|---------------------------------|---|--|
| Cochrane | Risk with Risk with | | | (studies) | evidence (GRADE) | | |
| | dobutamine | levosimendan | | | | | |
| All-cause short-term | 148 per | 89 per 1000 | RR 0.60 | 1701 | $\oplus \oplus \ominus \ominus$ | Studies included participants with LCOS | |
| mortality: range 15 to 31 days | 1000^{1} | (53 to 152) | (0.36 to | (4 studies) | low^2 | or CS due to cardiac surgery or HF. | |
| | | | 1.03) | | | | |
| All-cause long-term mortality: | 288 per | 242 per 1000 | RR 0.84 | 1591 | $\oplus \oplus \ominus \ominus$ | Studies included participants with LCOS | |
| range 4 to 12 months | 1000 ¹ | (181 to 325) | (0.63 to | (4 studies) | low^2 | or CS due to HF or AMI. | |
| | | | 1.13) | | | | |







Medication / Mechanical Support & Hemodynamic



Take Home message

- Low cardiac output syndrome make severe complication after cardiac surgery
- Hemodynamic monitor in high risk patients and and high risk procedure
- Peri-operative Goal-Directed Therapy (PGDT) is very important to management patient to prevent low cardiac output syndrome
- Early recognition, Timely intervention / treatment, less sequence LCOS complications.



Management
Post operative
Low Cardiac Output Syndrome

Bundit Mokarat, MD

Queen Sirikit Heart centre, Khonkaen University

Two Days 2020