

The Gazette

Carlstadt • East Rutherford • Hasbrouck Heights • Little Ferry • Lodi • Moonachie
Rutherford • South Hackensack • Teterboro • Wallington • Wood-Ridge

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VOL. 20, No. 3

March 2023

★★★★★



The Rutherford St. Patrick's Day Parade starts at 1 p.m. on March 5, 2023 on Park Avenue. Scene above from 2022 Parade.

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Irish Blessing

May the road rise up to meet you. May the wind be always at your back.
May the sun shine warm upon your face; the rains fall soft upon your fields
and until we meet again, may God hold you in the palm of His hand.

Support Ukraine Freedom



Library Concert "Wows" Audience

The Hasbrouck Heights Friends of the Library's first concert of 2023 was a hit featuring jazz piano, drums, and bass on Saturday, February 11, 2023.

Esteemed pianist, James Austin, Jr. and his ensemble, wowed the crowd of more than 60 people with smooth renditions of classics such as "When You Wish Upon a Star" and tributes to Stevie Wonder.

A second HH Library Concert will be held on Saturday, May 6, 2023, at 1 p.m. and feature Barros Music "A Carole King Tribute." Registration encouraged. *Provided by HH Free Public Library. ###*



SUMMER CAMP 2023

- Jr Meadowlands Camp
- Meadowlands Camp
- Summer Seedlings
- Brainiac Academy
- Sports Camp
- Travel Camp

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\$265

a week

Ages 3 to 11

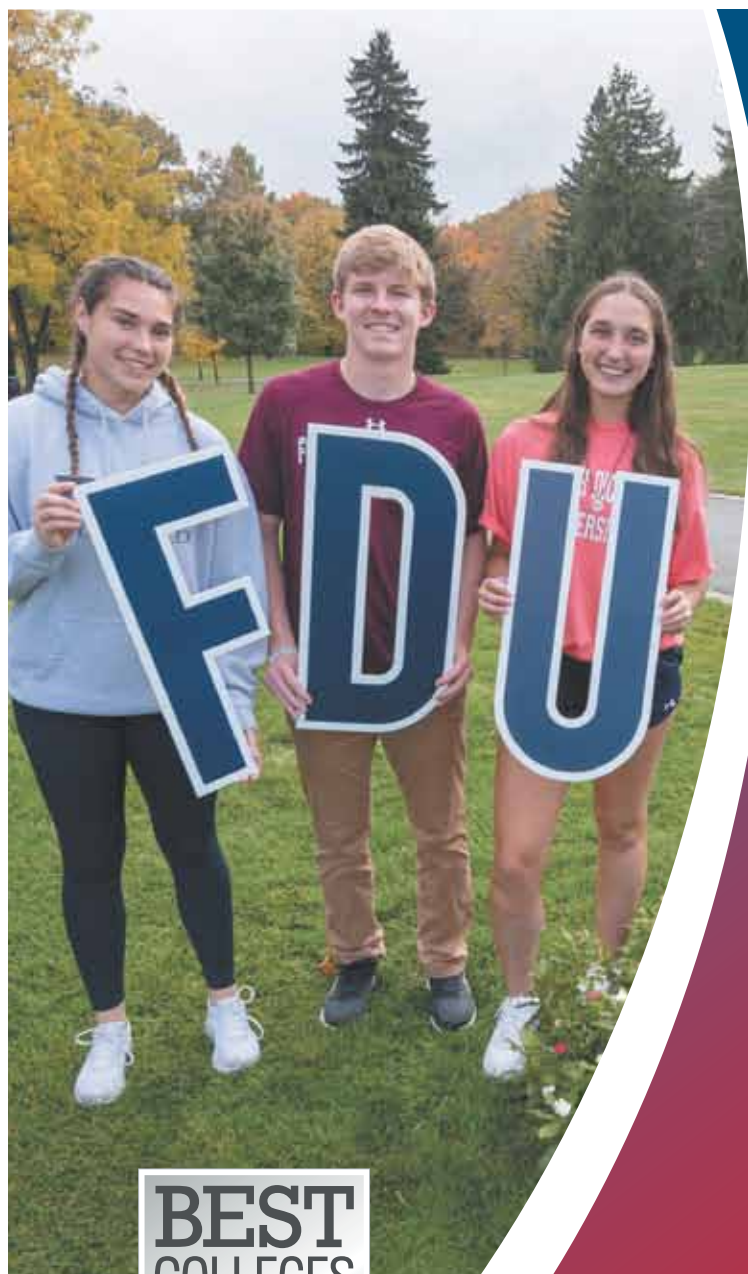
7-6:30pm

before & aftercare available

the  Meadowlands YMCA
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meadowlandsymca.org/camp

Practice Random Acts of Kindness



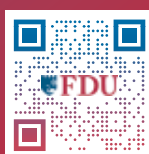
DISCOVER UNLIMITED OPPORTUNITIES AT THE NJACAC Morris County College Fair

Thursday, April 6, 6:00 PM to 8:00 PM

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For details, and to register for a Florham campus tour, visit fdu.edu/njacac.

BEST COLLEGES

U.S. News

BEST VALUE SCHOOLS
2022-2023



HH Troop 17 Scouting for Food

On Saturday, March 18, 2023, Troop 17 and Cub Pack 17 of Hasbrouck Heights will be taking part in the National Scouting program of Scouting for Food from 10 a.m. to 2 p.m. Scouts will be around to collect donated food and non-perishable items for the local food bank. Please leave items in shopping bags on front steps of your homes. Bags may also be brought to the Hasbrouck Heights Food Bank. This program provides community service within our own neighborhood and is part of the Good Turn for America "helping others at all times" program. Please consider making a donation. Call Craig at 201-370-0308. ###



Celebrating National Scout Day

February 8th is known around the Scouting world, the Birthday of the Boy Scouts of America.

On February 8, 2023, Cub Scouts/Boy Scouts from Pack and Troop 17 celebrated National Scout Day by showing their Scout Spirit at Corpus Christi School, as well as Lincoln School. In true Scout Spirit, the Girl Scouts from various troops in Hasbrouck Heights

joined in the celebration.

Here is a little story about the founder of the Boy Scouts of America.

In 1909, a Chicago publisher, by the name of William D. Boyce, was walking the foggy streets of London. An unknown Scout came to William D. Boyce's aid when he became lost due to the fog. The young man indicated to William D. Boyce that he was merely doing his duty as a Boy Scout and could not accept a tip. Being inspired by this young man, when he returned back to the United States, William D. Boyce formed the Boy Scouts of America which we still benefit from today. *Provided by Craig Birth. ###*



Copy for the April Issue is due Mar. 5th.

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W-R Knights Corned Beef Dinner Mar. 18

The Knights of Columbus of Saint Anthony Council #11585 in Wood-Ridge will host their 14th Annual St. Patrick's Day Dinner on Saturday, March 18, 2023.

The dinner will be served from 7 to 10 p.m. in the Father Patrick Morris Hall in the basement of The Assumption Church, W-R.

The menu will feature the traditional native entrée of corned beef with sides of cabbage and potatoes. Beverages and dessert included. DJ entertainment will play your favorite songs.

The cost is \$25 per person. For tickets contact Forrest Elliott at 201-994-6659 or email: woody2me@aol.com ###

Paint & Sip March 4

ICHS will host a Paint & Sip event March 4, 2023, from 6 to 8 p.m., in person, at ICHS's Cafeteria, 258 South Main Street, Lodi, NJ.

Tickets are \$30 pp and \$25 if you bring a friend. Price includes one canvas, paint, brushes and mini-easels. You have your choice of bringing your own wine and food. Proceeds benefit ICHS Art Department. If inclement weather, event postponed to March 11.

For more info contact: tconnor@ichslodi.org or call 973-773-2400. ###

Fashion Show Tricky Tray May 10

On Wednesday, May 10, 2023, at 6 p.m., Wallington High School Home and School Organization, will host a fashion Show/Dinner/Tricky Tray on the High School front lawn, 234 Main Avenue, Wallington.

Tables and chairs will be set up. Bring your favorite snacks. Admission is \$10 pp.

- Fashion Show begins at 6:30 p.m. (rain location WHS Gymnasium).

- Tricky Tray drop-in begins at 4 p.m. Calling begins approximately 6 p.m.

Combo packs in advance or at the door: Gold is \$50. Various ticket levels available. Name/phone number must be written on back of tickets.

- Super raffle \$10 per tickets. Purse Spin \$10 per ticket.

For tickets, call TJ Calabrese at 201-893-6748, Joe Brunacki 973-632-3845 or wallington.hso@gmail.com ###

Dinner Dance March 5

Bergen County American Legion Commander Sophia Dmoch, President Debe Free and SAL Comander Keith Slotwinski invite the public to a dinner dance, Sunday, March 5, 2023 from 1 to 5 p.m. at The Graycliff. Cost is \$55 pp.

Menu is Caesar Salad, Penne w/Vodka Sauce, choice of Prime Rib, Chicken, Tilapia Franchise, dessert, coffee, tea, soda, water, assorted bottled beer. Music by DJ Jack Jam.

Reservations only. Deadline is February 27, 2023.

Make checks payable to Bergen County American Legion Dinner Dance. Send to Mike Carroll, 234 Forest Avenue, Lyndhurst, NJ 07071.

For more information call 201-933-1814. ###

Fish Fry March 2

Immaculate Conception High School, 258 S. Main Street, Lodi, is hosting a take out Fish Fry on March 2, 2023.

Pickup times between 5 to 7 p.m. Menu includes Fried fish, French fries, coleslaw and dessert. Cost is \$20 pp, \$12 for kids' portion. Chicken dinners available upon request.

For tickets or donations, go to <https://givebutter.com/ICHSfishfry> No walk-ins. All tickets must be pre-ordered. For more information, call 973-836-4573. ###

Pig Roast July 15

Sons of the American Legion Squadron 310 will host the Art Jensen Jr. Annual Pig Roast on Saturday, July 15, 2023 from 3 to 7 p.m. at their Post, 100 Liberty Street, Little Ferry.

Cost is \$30 in advance. \$35 after July 11. Children under 12 eat free.

Menu includes hamburgers, hotdogs, BBQ chicken, two-100 lb. pigs, London Broil, fresh corn on the cob, mussels and salads, beer and soda.

Music by DJ Bill Regan. Permit # 103362. For additional information, please call 201-807-0470. ###

KEYWORD



427 Boulevard, HH
973-975-8208

Corner of Williams Avenue

Corned Beef & Cabbage Dinner

The Hasbrouck Heights Knights of Columbus Msgr. Fitzpatrick Council #7041, will be hosting their Annual Corned Beef and Cabbage Dinner on Saturday, March 11, 2023, from 6 p.m. to 8 p.m., in the Corpus Christi School Cafeteria.

Dinner includes corned beef and cabbage, seasoned potatoes and carrots, Pechter's rye bread, soda and water, cake and coffee, plus hot dogs.

Cost is \$20 adults, kids under 12 free. Event includes a Tricky Tray. Tickets will be available after Mass, at the door or by calling John at 201-370-9635. ###

Tricky Tray March 14

St. Irene Philoptochos of St. Athanasios Greek Orthodox Church is holding annual Tricky Tray on Tuesday, March 14, 2023 at 7 p.m. at the Church Community Center, 51 Paramus Road, Paramus NJ. (Snow date March 16).

Entrance ticket \$25 includes coffee and Greek pastries plus 1 sheet of tickets for lower level prizes. Refreshments available. Bundles available. You must be 18 years or older. For tickets, call Church office 201-368-8881, Sandy 201-391-8742 or Anna 201-265-5613. ###

Lenten Fish Fry March 31

St. Francis DeSales Church, 125 Union Street, Lodi will host a Lenten Fish Fry on March 31, 2023, from 5:30 to 7:30 p.m. at 125 Union Street, Lodi, NJ (Lennon Hall/Gym).

Menu is fried fish (Cod), coleslaw, French fries and malt vinegar, soda/water. Can substitute for chicken tender optional. Thistle Catering. Dine in or pick up. For more information, call 973-779-4330. ###

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Lasagna Dinner March 3

After three years' hiatus, The Corpus Christi Rosary Society is hosting their Annual Lasagna Dinner on Friday, March 3, 2023, from 5:30 to 7:30 p.m., in the school Cafeteria on Kipp Avenue, Hasbrouck Heights.

A delicious dinner of meatless lasagna (to observe Friday abstinence during Lent), salad, bread, tea/coffee, soft drinks and dessert will be served.

To make the dinner family friendly, ziti is on the menu and take-out is available. The evening will include a Gift Certificate Raffle.

The dinner donation is \$20 for adults and \$5 for children 12 and under (toddlers free). For information or ticket purchase, please call Carol at 201-288-4095. ###

Pasta Dinner March 4

On Saturday, March 4, 2023, from 4 to 6 p.m., the PNCC of the Transfiguration, 135 Hathaway Street, Wallington, will hold a pasta dinner.

Eat-in/Take-out. Reservations only. Menu includes salad, pasta and meatballs and sausage. Donation is \$14 adults and \$5 children. Entertainment will be "Songs of the Heart" oldies.

Pasta Dinner sponsored by Adoration of the Most Blessed Sacrament Society. Proceeds for the Church maintenance fund.

For tickets call Barbara at 201-939-3533 or the Rectory 973-779-4329. ###

Lions Pasta Dinner April 30

Wallington Lions Club Pasta Dinner Fundraiser will be held on April 30, 2023, at Wallington Civic Center from 4:30 to 7 p.m. Tickets \$10 pp. For information, call 973-580-3634. ###

Woman's Club of Rutherford St. Patrick's Day Dinner Mar. 17

The Woman's Club of Rutherford invites you to a St. Patrick's Day Dinner celebration on Friday, March 17, 2023. The dinner will be held at the Woman's Club of Rutherford's Historic Carriage House Clubhouse, at 201 Fairview Avenue, from 7 to 10 p.m.

Members and guests are invited to join us as we host a delicious Corned Beef and Cabbage dinner. Coffee, tea, water and soft drinks are included. Bring your own wine or beer. No hard liquor allowed. There will be basket raffles and Mega 50/50.

Tickets are \$40 per person, with proceeds to benefit local scholarships and charities, and the restoration of our historic Carriage House.

No tickets sold at the door. For further information or reservations, call or text Laura O'Connor at 201-893-1172. ###

Spring Market Vendor/Craft Fair April 22

Hasbrouck Heights Lincoln School's Student Council and PTA are hosting a Spring Market Vendor/Craft Fair, April 22, 2023, from 11 a.m. to 4 p.m., in the MS/HS Cafeteria, 365 Boulevard, Hasbrouck Heights.

Shop a variety of items from local crafters and vendors. Free admission. Proceeds will help create an outdoor classroom at Lincoln Elementary School. Questions: lincolnschoolptanj@gmail.com ###

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St. Patrick's March 11

American Legion Post 310, 100 Liberty Street, Little Ferry, NJ, Annual St. Patrick's Day Corned Beef, Cabbage and Potatoes Dinner, Saturday, March 11, 2023, from 5 p.m. until 8 p.m. Cost is \$15 per order. All proceeds to benefit Veterans and children's programs. Indoor event, but take out is available while it lasts.

No outside beverages allowed. DJ Jack Jam will be spinning the tunes for the party. For additional information please call 201-807-0470. ###

Hasbrouck Heights Little League Pancake Breakfast

Help the Hasbrouck Heights Little League kick off the 2023 season with their 27th Annual Pancake Breakfast on Sunday, March 19, 2023, at the HH VFW, Post 4591. A breakfast of pancakes, sausage, coffee, tea and juice will be served from 8 a.m. to 12:30 p.m. The cost is \$5 per ticket and you can pay at the door. All HH Little League players are free including up to 4 family members. Interested in sponsoring this event? You can visit our website at www.HHlittleleague.com or email us at hhlittleleague@hhlittleleague.com. ###

March Birthstone
Aquamarine or
Bloodstone
(Heliotrope)

W-R Lions Pancake Breakfast

On Palm Sunday, April 2, 2023, the Wood-Ridge Lions Club will be holding their annual pancake breakfast. This is the longest continuous fundraising activity in the Borough.

Come on out and meet your neighbors and kick off the start of spring! You will enjoy a breakfast of orange juice, hot buttered pancakes with syrup and fruit toppings, sausage, coffee and tea. While waiting for your breakfast to be served, you can enjoy a nice piece of Mills crumb cake.

Tickets are \$5 and may be purchased in advance from any Club member. They will also be available at the door. Children under five are free.

All of the proceeds will be used to help the blind, sight impaired and others in need. We thank you for your continued support!

For additional information call Jack Nagel 201-641-2803 or email janpro911@aol.com or any Club member. ###

Bockbeer Fest March 25

Carlstadt Turnverein will host "Bockbeer Fest" on Saturday, March 25, 2023, from 2 p.m. to 6 p.m., at the Carlstadt Turn Hall. Donation is \$50 per person and includes food, wine, beer, coffee and cake with live music by Bud and Linda. For reservations, call 973-777-6677 or 973-204-9933. ###

AL Fish Fry April 7

American Legion Post 310, 100 Liberty Street, Little Ferry, is hosting the Annual Good Friday Fish Fry, April 7, 2023, at 4 p.m.

Menu includes fried flounder, potato salad and coleslaw, dinner rolls, coffee and dessert. Cost \$15 pp. Proceeds to benefit Veterans and Children's programs. For more information, call 201-807-0470. Dine-in and take out available ###

Meatball Contest March 3

Do you make the best meatballs? Here's your chance to win cash, and more importantly, bragging rights.

American Legion Unit 310, 100 Liberty Street, Little Ferry, NJ, will host a meatball contest. \$10 entry fee. Tasting pasta available. Vote for your favorites, Friday, March 3, 2023 from 7 to 9 p.m.

For additional information please call 201-807-0470. ###

Fish & Chips March 11

The American Legion Auxiliary Unit #142, 135 East Passaic Street, Maywood, NJ 07607 will host a Fish & Chips Dinner (chicken available), on March 11, 2023 from 5 to 7 p.m.

Donation is \$20 pp. Call 551-587-3699. ###

Roast Turkey Luncheon March 14

The Ladies Aid Society of the First Presbyterian Church of Carlstadt will sponsor a luncheon on Tuesday, March 14, 2023, in the Community Hall on Third Street in Carlstadt.

Roast turkey dinners with mashed potatoes, stuffing, vegetable, cranberry sauce, cole slaw, desserts, soft drinks and coffee and tea will be served from 11:30 a.m. to 1 p.m. Donation will be \$12 for adults and \$6 for children. Take out orders will be available.

Please call Church office at 201-438-5526 for further info from 9:30 a.m. till 12:30 p.m. on weekdays. Also call Church office in case of inclement weather conditions. ###

Fish & Chips March 7

Saint Margaret of Cortona's Parish Social Life Committee is sponsoring their 14th Annual Fish and Chips Dinner on Saturday, March 11, 2023.

Cooking will be done by Tastefully British. Dinner will be served from 6:15 to 7:30 p.m. at the St. Margaret's "Marnell Hall" on Chamberlain Avenue, Little Ferry (wheel chair accessible).

Cost is \$15 per meal, and includes fish, chips, cake, coffee and tea. No tickets will be sold at the door. Take-out orders are available. For information, call Ellie at 201-641-0883. ###

Lodi KC Pancake Breakfast Mar. 12

The St. Michael's Council of the Knights of Columbus are having their monthly buffet-style Family Breakfast on Sunday, March 12, 2023, 8:30 a.m. to noon, at 39 Washington Street, Lodi. Menu includes: all-you-can-eat fresh scrambled eggs, pancakes, French Toast (to order), bacon, sausage, hash browns, fresh rolls, orange juice, fresh hot coffee, and tea.

Adults: \$10; children over 6: \$5; children 6 and under: free. Profits to benefit local charities. For more information, call Joe at 201-805-4576. ###

Elks Breakfast 1st Sunday

Elmwood Park/Paterson Elks Lodge 60, 192 Market Street, Elmwood Park, will host a breakfast, the first Sunday of every month, 8 a.m.-11:30 a.m. \$10 pp. Children 6-10, \$5. Free for children under 6. Open to the public.

Breakfast includes: juice, eggs, pancakes, bacon, sausage, hash browns, toast, hot and cold cereal, muffins and bagels, hot chocolate, coffee or tea. Reservations preferred. Call Dennis at 201-791-6149. ###

Brunch April 30

The Children's Dyslexia Center of NJ/Hasbrouck Heights Learning Center will host their 6th Annual Brunch and Tricky Tray on Sunday, April 30, 2023, from 11 a.m. to 3 p.m., at Seasons Catering, 644 Pascack Road, Washington Township.

Menu includes Brunch, dessert, Mimosas, Bloody Mary and more!! Plus one sheet of Tier 1 raffle tickets. Raffle tickets will be available for purchase at the event only. Value bundles available at \$50 and \$100.

Reservations only. Adults \$80. Children \$40. Under 3 free. Purchase by April 20. No tickets sold at the door. Tables of 10 may be reserved.

Make checks payable to: Children's Dyslexia Centers of NJ (memo Hasbrouck Heights). Mail to Barbara & Kyle Nurge, 36 Paulison Avenue, Ridgefield Park, NJ 07660. For more information call 201-288-1183. ##

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MomLife Event Wallington March 23 Hall of Fame

Put some spring in your step and a smile on your face by coming to MomLife this month. Moms of kids ages 0-11 from any town are welcome to attend. Limited KidLife child-care available by reservation only. Monthly get togethers and outings, too. Please RSVP by March 21, 2023. Event hosted by Bible Baptist Church, 31 Passaic Avenue, Hasbrouck Heights.

For more info: hasbrouckhtsmomlife@gmail.com; 862-239-6677; Fb - Hasbrouck Heights MomLife ###

Bergen County LGBTQ Seniors Meet March 14, 17

Bergen County LGBTQ+ Alliance (BCLA), a new non-profit organization, hosts a seniors (60+) group that meets on the second Tuesday and the third Wednesday of each month in person and the third Friday virtually. All meetings begin at 11:30 a.m.

The next meetings are on Tuesday, March 14 at 11:30 a.m. and Friday, March 17, 2023 at 11:30 a.m. The Tuesday meeting will be held at The Rutherford Pancake House, 40 Park Avenue, Rutherford. Light lunch will be served.

Contact us at Nick@bergencountyLGBTQ.org or 201-470-8946 for info and/or the link. ###

Tricky Tray March 10

American Legion Unit 310 and 117 is hosting a Tricky Tray on Friday, March 10, 2023 starting at 7 p.m. (doors open at 6:30 p.m.) at 100 Liberty Street, Little Ferry.

Great prizes. Admission is \$15 pp. Cake and coffee will be served. For additional information, please call 201-807-0470. ###

Friday Night Dancing

The Hasbrouck Heights Elks Lodge 1962, 128 Baldwin Avenue, Hasbrouck Heights, will host dancing every Friday night from 7:30 to 11:30 p.m. with DJ Gerri. Cost is \$12 at the door. Coffee included. Cash bar. For more information, call Cathy at 1-386-852-4881. ###

The Wallington High School Athletic Hall of Fame Committee has selected nine former-student athletes and one coach for induction into the Wallington HS Athletic Hall of Fame.

They are: Konrad Sopnielnikow - 1997, Marcin Koc - 2011, Michal Brzyzek - 2005, Chris Ferrara - 2011, Michele Moskal - 2008, Tiffany Velis - 2013, Jay Pacheco - 2010, Amanda Colombo - 2013, Damian Agaj - 2015.

In addition, this year the committee will also be recognizing two teams, the 2010 State Championship Football Team and the 2010 State Championship Boys' Soccer Team, and a "contributor to the program," the Wallington Fire Department.

The induction dinner will be held on Friday, March 3, 2023, at The Graycliff in Moonachie.

Anyone interested in attending this affair, or purchasing a congratulatory ad in our program journal should contact Dr. Frank Cocchiola, Hall of Fame President, at fcoch@aol.com ###

Resorts World Trip March 29

On March 29, 2023, the Hasbrouck Heights VFW 4951 will sponsor a trip to Resorts World, Monticello, NY.

Join us for a fun day starting with a continental breakfast at 9 a.m. The cost is \$40, (paid in advance).

Play Bingo, 50/50, then sit back and watch a TV show. Bus leaves at 10 a.m. promptly. For information call Diane at 201-475-8898 or Gladys at 201-288-9074. ###

Stitch One, Share One, March 26

Stitch One, Share One group meets on the fourth Sunday of each month from 2 to 5 p.m. at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights. The next meeting is March 26, 2023.

Members of the community are welcome to join anytime and meet women who enjoy sharing their talents.

Learn to knit, crochet or advance your skills. Help work on one of our charitable projects or work on your own project. Look for our sign; we are barrier-free! ###

Kip Center Lucky Casino Trip March 13

The Kip Center host a Wind Creek Casino Trip March 13, 2023 Bus leaves at 10 a.m. from the Kip Center, 55 Kip Avenue, Rutherford, and returns by 7 p.m. Cost is \$35 pp and includes casino bouns, snacks and games on the bus. For more information call 201-460-1600. ###

Tomko Food Drive Mar. 25

The Mark W. Tomko Memorial Food Drive being held by the Wallington Fire Department and Emergency Squad on Saturday, March 25, 2023, 9 a.m. to 3 p.m. at Wallington Truck Co. 201, 65 Union Boulevard, Wallington, NJ, 07057. Requesting non-perishable food. Benefit the Wallington Presbyterian Church Food Pantry. ###

Texas Hold'em June 3

American Legion Post 310 will host Texas Hold'em tournament on Saturday, June 3, 2023 starting at 7 p.m. at their Post, 100 Liberty Street, Little Ferry. Must be 21+. \$100 entry. Food and soft drinks included. For additional information call 201-807-0470. ###

AL Open House April 30

American Legion Post #142, 135 East Passaic Street, Maywood is hosting an Open House for new members on April 30, 2023 from 1 to 4 p.m. Regular members will also be attending.

Veterans, auxiliary and SAL membership gives you the right to all activities sponsored by the Legion. They have shuffle board, horseshoes, trips to AC, Veteran's breakfast, etc.

The purpose of this organization is to help other Veterans, pantries, families in need, raise money for scholarships and the community. Call 201-845-8226. ###

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Art Association of Rutherford

The Art Association of Rutherford will hold its March meeting on March 9, 2023, at 7:30 p.m. We will be having a demo by the artist, Monica Chavarria, who will be doing a painting in acrylic and giving instruction on how to do one yourself. The meeting will be at the KIP Center, 55 Kip Avenue, Rutherford, NJ. A non-mandatory \$3 donation is suggested for non-members, but all are welcome! For more information or questions, contact Lissanne at lissanneart@gmail.com ###

Bunco Night March 31

The Women's Club of Carlstadt is holding a Bunco Night on Friday, March 31, 2023. Doors open at 7 p.m. Games start at 7:30 p.m. The evening of fun will be held at the First Presbyterian Church Community Hall located on Third Street in Carlstadt. Tickets are \$20.

Don't worry if you don't know how to play, we will teach you. Bring your friends or spouses. Snacks, wine and cheese, beverages, desserts and coffee will be served. For info and tickets, contact Lori at 201-403-7252. ###

American Legion \$300 Lottery Basket

Fund-raiser for community projects, the American Legion Auxiliary Unit #142, 135 East Passaic Street, Maywood, NJ 07607, will hold the drawing March 11, 2023, at 7 p.m.

Winner need not be present. Donation \$5. No substitution of prize given. Call 551-587-3699. ###

Brown Bag Auction Mar. 7

The Woman's Club of Carlstadt will meet on Tuesday, March 7, 2023, at the First Presbyterian Church of Carlstadt Community Hall on Third street and Division Avenue at 7:30 p.m.

Our program will be a Brown Bag Auction. Bring item valued at \$10 or more in a brown bag. Our auctioneer will be the only one who knows what is in the bag. It will be a fun night. Contact Janet at 201-438-5892 for info. ###

Maywood Woman's Club \$300 Lottery Basket

Fund-raiser for community projects, the Woman's Club of Maywood, NJ 07607, will hold the drawing March 30, 2023, at 8 p.m.

Drawing will be held at the Maywood Recreation Center, 145 West Magnolia Avenue, Maywood. Winner need not be present. Donation \$2. No substitution of prize given. Call 551-587-3699. ###

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Spring Model Railroad Show

The excitement and "Romance of Railroads," and the enjoyment of building and displaying model trains has kept the Society of Model Engineers going since 1926, making it the oldest model train group in the United States.

The members operate a train museum and two large "Railroad Empires" covering almost 5,000 square feet.

The larger "O" Scale layout is 40 by 70 feet and has almost 20 scale miles of train track, with detailed scenic diorama with realistic track work, roads, interesting structures, bridges and tunnels.

The "HO" Scale layout is approximately 30 by 45 feet. It also, is fully scenic with miles of scale track. Over 50,000 miniature trees have been

installed by the members to depict Northern New Jersey.

Many of the models are one of a kind and were handmade by Society members. Trains of all types, passenger, freight, and circus trains, will be operating continuously.

Also on display will be the Society's collection of historic railroad memorabilia signage, railroad lanterns, steam locomotive bells and whistles, railroad photos, etc.

The Society's Annual Spring train show will be open Saturdays and Sundays on March 4/5, March 11/12 and March 18/19, 2023 from 1 to 5 p.m. Admission is \$8 for adults. Children under 12 free. For more information call 201-939-9212 or go to: www.ModelEngineers.org ###



"We Serve"

The members of the **Wood-Ridge Lions Club** wish to thank the 415 attendees of our 38th Annual Beefsteak Dinner held at the The Fiesta on Friday, February 10, 2023.

Because of your generosity, we will be able to continue our support of St. Joseph's School for the Blind, Eversight (New Jersey Bank), The Foundation for Fighting Blindness, Juvenile Diabetes Research (JDRF), Camp Marcella (Camp for Blind and Children with Disabilities) and Gus Hoene Center for the Mentally Challenged... to name a few.

We also want to thank the businesses that contributed to our door prizes for the Beefsteak Dinner, Pancake Breakfast on April 2 and Golf Outing on May 8.

Restaurant Gift Certificates donated by the following:

- | | |
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| Luigi Meats (W-R) | at our Pancake Breakfast: |
| Me & Tommy's Restaurant (Belleville) | Boulevard Dogs-n-More (HH) |
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| | Mills Bakery (W-R) |

Share Your Good News

Publicity chair: Send your event press releases to: gazettenewspaper@gmail.com
Please send photos as attachments.

Clothing Drive Benefits Vets March 22

The Hasbrouck Heights Green Team and Junior Woman's Club will be partnering with A Hero's Welcome NNJ for our Annual Dress for Success Clothing Drive on Wednesday, March 22, 2023.

Please drop off clean, gently used men's and women's clothing for Veterans in need of professional attire. We will be accepting donations of suits, sportcoats, blazers, dress pants, shirts, dresses, skirts, and accessories such as belts, neckties, shoes, scarves, and handbags.

Please drop off your donations at the Hasbrouck Heights Senior Center, 320 Boulevard, Hasbrouck Heights, between 4:30 p.m. and 7 p.m. If you have any questions email the HH Green Team at hgreenteam@gmail.com ###

Fashion Show April 4

Immaculate Conception High School is hosting their "Spread Your Wings Fashion Show" on Tuesday, April 4, 2023, starting at 6 p.m., at Valley Regency in Clifton.

Cost is \$100 pp. and includes dinner, dessert and one sheet of 1st level tickets.

No tickets will be sold at the door. For more information go to: <https://ichsevents.square.site/> or call 973-773-2400. ###

March Flower
Daffodil

Hasbrouck Heights Garden Club

The HH Garden Club will be meeting on March 15, 2023, at the Hasbrouck Heights Public Library located at 320 Boulevard on the second floor of the Municipal Building!

Everyone is welcome to join us at 5:30 p.m. for light refreshments donated by our members. Following refreshments there will be a short meeting at 6 p.m.

Our speaker for the evening is Donna Dorsey, owner of Goffle Brook Farm Garden Center located at 425 Goffle Road in Ridgewood. Donna grew up in the business and has taken classes in Horticulture and she is a Master Gardener. Her specialties are lawn care and container gardening. She has been in the business for 30 years. Subject for the Evening: TRICKS OF THE TRADE, Learn the practical aspects of gardening!

Guests are always welcome! *Provided by Judy Mascis.* ###

Garden of the Seasons Contest

The HH Garden Club "Garden of the Seasons" contest is open for the Spring 2023 season. The contest is for front and side yards only, and runs between March thru May 27, 2023 for Spring, and June thru August 31, 2023, for Summer.

If you wish to enter the Spring Contest, call Audrey at 201-288-8943 for an application. Additionally, HH Garden Club members will search Hasbrouck Heights for contest candidates, and leave an application if you qualify. They will carry Garden Club I.D. ###



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FOCAS Holds Flea Market

FOCAS kicks-off its 2023 Flea Market season, Saturday, March 25, from 10 a.m. to 4 p.m., at the American Legion, 100 Liberty Street, Little Ferry. Note that 2023 Flea Markets will be Saturday only events.

This market features specialty items that make unique gifts, a selection of household items, jewelry, collectibles, linens, games, toys, pet supplies, cds/videos, and more. Refreshments and baked goods are available.

Flea Market merchandise donations of clean, gently used or new items are gratefully accepted. *(Not accepted are TVs, PC monitors, golf bags and clubs, exercise and sports equipment, clothes or magazines or any items that are broken or not working.)*

They may be dropped off at the American Legion on Friday from 3 to 6 p.m.

All proceeds benefit homeless animals. For additional information, call the FOCAS Help Line at 201-943-4019, email info@focasnews.org, or visit www.focasnews.org

FOCAS adheres to COVID compliance guidelines. ###

Shred-It March 25

Hasbrouck Heights Recycling Program will hold a paper shredding event on Saturday, March 25, 2023, from 9 a.m. to 1 p.m., at the Central Avenue parking lot. Rain or shine. The truck will depart once it is filled. This event is co-sponsored by the Bergen County Utilities Authority. For more information, call 201-288-1072. ###

Easter Egg Hunt Apr. 2

VFW Post 809, 100 Main Street, Little Ferry will host an Easter Egg Hunt on Sunday, April 2, 2023 from 11 a.m. Easter bags provided but you may bring your own basket. All community members are welcome. There is no cost for adults or children. ###

Casino Bus Trips

VFW Post 4591 Casino Trips
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Call Diane at 201-475-8898 or Gladys at 201-288-9074 for reservations

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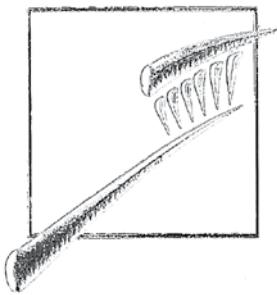
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AARP Chapter #2015 Lodi

The AARP Chapter #2015 of Lodi meets at noon the third Tuesday of every month at the Lodi Senior Center, 22 Walnut Place. Each meeting will have either a speaker or entertainment as well as light refreshments. New members are welcome. 2023 dues are \$10 for the year. National AARP membership is also required. For membership information contact Stan at 973-779-8544.

• March 21, 2023: Regular monthly meeting. Speaker from Hackensack Meridian Health HARP: Holistic Ways to Manage Stress.

• March 22, 2023 (Wednesday): Bus Trip to Mt. Airy Casino Resort. Leaves Lodi Boys and Girls Club, 460 Passaic Avenue, Lodi at 9:30 a.m. Tickets are \$25. Contact Kathy at 973-779-8544 for info.

• April 18, 2023: Regular monthly meeting. Election and Installation of Officers and Board of Directors.

Provided by Kathleen Zaleski. ###

Carlstadt Senior Friendship Club

Senior Friendship Club, Inc. meets at the Civic Center Building, every first and third Wednesday of each month. Every Thursday, from 1 p.m. to 5 p.m., card games and Mexican Train/dominos.

We have interesting events at our regular meeting days with guest speakers and entertainment. We follow protocols of CDC. We are planning for more varieties of programs, such as cultural events, hands on art and craft, musical events and much more.

Trips

• March 28. LiGreci's Staten, St. Joseph Italian Feast. Cocktail hour, beef, chicken, salmon, Italian comedians, music, dancing. \$74. 10:15 to 3 p.m.

• April 13: Paper Mill Playhouse. Murder on the Orient Express. Sofia's Italian Restaurant. \$85. 10:15 to 3:30 p.m.

All trips leave from the parking lot at Broad and Orchard Streets. Arrive 15 minutes before. Call Helene at 201-463-3000 for details. ###

LF Seniors

Meetings are second Thursday of each month at 1 p.m. Refreshments are served. Bingo is the 2nd and 4th Tuesday of each month at 12 p.m., Pokeno is every Friday at 12:30 p.m. All meetings and games are held at Little Ferry Senior Center, 95 Main Street. New members always welcome. Dues are \$10 per year. Call Mary for further information at 201-686-8424. ###

Vic's Hoofers

If you would like to meet new people and make new friends in a very welcoming environment, the Vic's Hoofers - a social organization - is for you.

We meet the first Thursday of the month at the Carlstadt Community Centre to enjoy each other's company and play a fun, interactive game. If you would care to join us, please call Alice Wood at 201-933-8561. ###

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ER Seniors

Any East Rutherford senior resident, 50 years or older, is welcome to join the Club. Meetings are held at 1 p.m. on the 2nd and 4th Tuesdays of the month at the Senior Civic Center, 37 Vreeland Avenue. Refreshments are served. There are special events and parties for members throughout the year.

Free blood-pressure screenings - on the 4th Tuesday of the month beginning at 11:30 a.m. Membership is \$15 per year. Contact Debbie for membership at 201-803-4708 and Josephine for trips at 201-981-6284. Payment must be received 2 weeks prior to an event. All trips leave and return to CVS Parking Lot, Paterson Avenue, East Rutherford.

• March 15: St. Patrick's Day Festival. LiGreci's, Staten Island, NY. Bus leaves CVS Parking lot 10:30 a.m. sharp \$72 pp

• March 20: Caesars Atlantic City Bus Trip. Bus leaves 9:30 a.m. sharp from CVS Parking Lot - East Rutherford \$35 pp / \$30 back slot play.

• April 12: The Million Dollar Quartet. Hunterdon Hills Playhouse, Hampton, NJ. Show and luncheon. Bus leaves CVS parking lot promptly 9:30 a.m. \$81 pp.

April 17: Caesars Atlantic City Bus Trip. Bus leaves 9:30 a.m. sharp from CVS Parking Lot - East Rutherford \$35 pp / \$30 back slot play.

May 2: Tribute to Simon and Garfunkel and The Everly Brothers. Villa Roma Resort, Callicoon, NY. Luncheon and entertainment. Bus leaves CVS parking lot promptly 8:30 a.m. \$65 pp.

• May 15: Caesars Atlantic City Bus Trip. Bus leaves 9:30 a.m. sharp from CVS Parking Lot - East Rutherford \$35 pp / \$30 back slot play.

• June 8: High Tide Homicide (mystery/comedy) Black Forest Inn, Stanhope, NJ. Lunch and entertainment. Bus leaves CVS parking lot at 10:30 a.m. \$70 pp. ###

Moonachie Seniors

Due to a major overhalls, senior citizens club meetings will be held in the room behind the regular meeting room. Meetings will resume in the main senior citizen club room upon completion of these repairs. Notification will be printed in The Gazette Newspaper. ###

Send your press releases to: gazettene newspaper@gmail.com

Historically Speaking

By James J. Halloran



The Workhouse or A Coffin Ship

March 17th is the feast day of the good Saint Patrick, Patron Saint of Ireland. He is credited with bringing Christianity to that country.

However, most Americans of Irish descent, see it as a day to celebrate their heritage. Parades will be held. Corned beef will be prepared and eaten. Guinness, Smithwick's and Jameson's are consumed while listening to Irish music.

The question is how and why did the Irish come to America in the first place?

Irish immigration can be traced back to before the American Revolutionary War.

However, the majority arrived between 1845 and 1855. In 1845, most of western rural Ireland was farmed by poor tenant farmers. They had to pay rent to landowners. Many of these landowners did not live in Ireland, but in England. They were also burdened with a tax to support the Church of Ireland, an offshoot of the Church of England. The majority of the population did not belong to this Church.

The year 1845 saw the onset of what would be the "Great Irish Potato Famine." In Ireland it is called "the Great Hunger."

That year, some of the potato crop developed a rot. This affected about 25% of the potato crop. In 1846, it would wipe out almost the entire crop of potatoes. The potato was the main staple of the tenant farmer's diet. It was an easy crop to grow and was high in Vitamin D.

After the rent and Church tax, the farmers had little or no

money to buy additional food.

To its credit, the British government did create make-work projects and repeal the Corn Laws, allowing the importation of American corn, which they had purchased.

However, these measures angered many businessmen in England that led to a change of government in 1846, to be replaced by a more hardened response.

The new government's major principle was "Free Enterprise." That Irish property should support Irish poverty was the official position of the new British government. All public works programs were canceled.

The problem with this was that landlords were, in many cases in debt, because of the inability of their tenants to pay the rent. Therefore, they could not support any relief programs. The simple solution for the landlord was to evict the nonpaying tenant. Many thousands were evicted. Many tried to enter the local workhouses.

The most wretched of these was the Scarriff Workhouse, in east County Clare. The workhouse was designed to hold 600 inmates. At the height of the famine, it held upwards of over 4,000. Four to twenty inmates died every day. The major causes of death were typhus, dysentery and other fatal maladies. Not one child born in the workhouse survived.

The other way a landlord could free his land of tenants was to pay their way to British North America (*Canada*). The fare was a few pounds.

These people were loaded on overcrowded British ships. These ships were often run by unscrupulous owners and captains. The ships carried less than the minimum supplies needed for the voyage. Passengers were crowded into ship holds. Many had to sleep on the floor.

Because of the number of deaths during the passage, these ships became known as "Coffin Ships." One ship sank just after leaving the pier. Two ship captains were tried for manslaughter after they and their crews abandoned sinking ships, leaving the passengers to perish.

Between 1841 and 1851, the population of Ireland declined by about 2,500,000 people. It is estimated that about 1,500,000 died and 1,000,000 emigrated from Ireland.

Sometime between 1848 and 1851, tenant farmer, Michael and his wife, Hanora Halloran, along with their three sons, left Fossa Beg, Scarriff, County Clare and boarded a ship for the United States. They landed in the New York Harbor. Michael and Hanora are my Great Great Grandparents.

What of their progeny to date? Three earned their doctorates in education, chemistry and in the medical profession. Two are lawyers in the corporate and criminal prosecution fields. Yes, there were a few chiefs. One in the US Navy (CPO) and two in the fire service. Some have entered the field of education and coaching.

A number have served in the US Military as both officers and enlisted. They have earned a plethora of medals and a commendation for work on the Atomic Bomb. Others have worked in federal, state, local governments and public transportation. Still others in the corporate fields of insurance and computers and some in private enterprise. One working in live television, has six Emmy awards to date.

As the Irish song says "It's a long way from Clare to here." I hope Michael and Hanora would be proud of how it all turned out.

HAPPY SAINT PATRICK'S DAY!



Rutherford St. Patrick's Celebration Parade 2022

St. Patrick's Day Parade

The Rutherford St. Patrick's Day Parade down Park Avenue, is scheduled for March 5, 2023.

This year's Parade is expected to draw a huge amount of spectators from the South Bergen and surrounding area, as the Rutherford St. Patrick's Day Parade is now regarded as one of the best parades in New Jersey since its inception in 2018.

The 2023 Dignitaries include: Grand Marshal: Mark Dolaghan of Rutherford, Deputy Grand Marshal: Michael Coyne of Lyndhurst, Law Enforcement Officer of the Year: Chris Connors of the Hasbrouck Heights Police Department, Firefighter of the Year: Brian Fitzhenry, North Arlington Fire Department, EMT of the Year: Patrick O'Keefe, Rutherford EMS, Rutherford

Irish American Association Member of the Year: Thomas Sharkey of Rutherford.

Participants will assemble at noon and step off the corner of East Gouverneur Avenue and Park Avenue at 1 p.m. sharp and continue down Park to Ames Avenue and the reviewing stand. Participants will assemble at noon.

Over 70 organizations marching, consisting of over 15 bands, civic groups and organizations will be proudly marching up Park Avenue this year. Hope to see you along the Parade Route!

For more information email: rutherfordirishamericans@gmail.com For photos of the 2022 parade, see pages 14/15 of this link: <http://www.the-gazette-newspaper.com/images/gazette/apr22.pdf>

Shamrock 5K Run

The 12th Annual 5K Michael Cassidy Shamrock 'N' Run/Walk will be held rain, shine or cold, at 10 a.m., Saturday, March 11, 2023, at Monona Avenue, Memorial Park in Rutherford. Pre-registration ends March 4, 2023. Cost is \$30 plus \$3.04 SignUp Fee. Mail In registration (*no SignUp Fee*) can be found at Shamrock 'N' Run 5K. Registration, day of race, \$35. Check-in starts at 8 a.m.

First 300 registrants receive a race shirt. Post race refreshments and entertainment. Race packets, shirts and bib numbers may be picked up at Rutherford High School, Thursday, March 9, 2023, between 5 and 8 p.m.

Scenic Rutherford neighborhood event sanctioned and

course certified by USATF-NJ.

Timing and scoring by Elite Racing Systems. Race results will be posted at elitetrackingsystems.com and RunSignUp.com Proceeds to benefit National Brain Tumor Society. For details go to www.shamrocknrun5K.org

For more information, call Marilyn at 201-280-3748.

For photos of the 2022 Shamrock 5K Run, see page 13 of this link: <http://www.the-gazette-newspaper.com/images/gazette/apr22.pdf> ###

"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade." — Charles Dickens, Great Expectations

Wacky St. Patrick's Day Celebrations

For many, St. Patrick's Day, celebrated on March 17, is a day to celebrate the patron saint of Ireland with some corned beef and a pint of Guinness. But some places have their own peculiar celebrations.

- Did you know that the Chicago River is dyed green every year on St. Paddy's Day?

- In Hot Springs, Arkansas, you can find the world's shortest St. Patrick's Day parade -- a whopping 98 feet down Bridge Street. Marchers include Irish Elvis impersonators and a middle-age troupe called Lards of the Dance.

- Residents of New London, Wisconsin get into the spirit by dressing as leprechauns and changing town signs to say "New Dublin." Green beer and an Irish Elvis -- now that's a celebration! ###

Wearing of the Green

Originally, the color associated with Saint Patrick was blue. Over the years the color green and its association with Saint Patrick's Day grew.

Green ribbons and shamrocks were worn in celebration of St. Patrick's Day as early as the 17th century.

Saint Patrick is said to have used the shamrock, a three-leaved plant, to explain the Holy Trinity to the pagan Irish, and the ubiquitous wearing and display of shamrocks and shamrock-inspired designs has become a feature of the day.

In the 1798 rebellion, to make a political statement, Irish soldiers wore full green uniforms on 17 March in hopes of catching public attention.

The phrase "the wearing of the green," meaning to wear a shamrock on one's clothing, derives from a song of the same name. ###

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Leprechaun -- a creature in Irish mythology

In Irish mythology, a leprechaun (*Modern Irish: leipreachán*) is a type of male faerie said to inhabit the island of Ireland.

Leprechauns and other creatures of Irish mythology are often associated with "faerie forts" or "faerie rings" — often the sites of ancient (*Celtic or pre-Celtic*) earthworks or drumlins.

They usually take the form of old men who enjoy partaking in mischief.

Their trade is that of a cobbler or shoemaker. They are said to be very rich, having many treasure crocks buried.

According to legend, if anyone keeps an eye fixed upon one, he cannot escape, but the moment the eye is withdrawn he vanishes.

Leprechauns rarely appear

in what would be classed as a folk tale; in almost all cases the interest of these stories centers around a human hero.

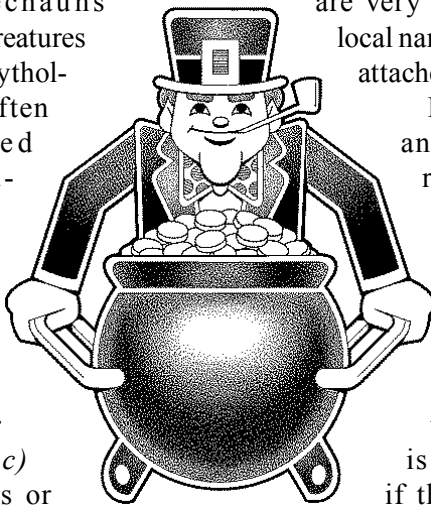
Stories about leprechauns are very brief and have local names and scenery attached to them.

In most tales and stories, leprechauns are depicted as harmless creatures who enjoy solitude and live in remote locations, although opinion is divided as to if they ever enjoy the company of other

spirits.

Although rarely seen in social situations, leprechauns are supposedly very well spoken and, if ever spoken to, could make good conversation.

The modern image of the leprechaun is depicted wearing an emerald green frock coat, and bestowed with the knowledge of the location of buried treasure, often in a crock of gold. ###



As Irish as Corned Beef and Cabbage?

Every St. Patrick's Day, thousands of pounds of corned beef are consumed by Americans in the mistaken belief that they are partaking of the food of their ancestors in Ireland. Yet, one would be hard pressed to find this dish in many parts of the Emerald Isle.

The Irish, for over three hundred years, have immigrated to America.

The first St. Patrick's Day parade was not held in Dublin but in New York City in 1762. However, the largest contingent came in the 1840/50s because of the "Potato Famine" or, as it is called in Ireland, the "Great Hunger."

Many immigrants settled in the poorer sections of New York City such as Hell's Kitchen and the Five Points section of lower Manhattan.

From these locations came the vast majority of men who made up the famous 69th New York Infantry Regiment. The regiment was the cause of an international incident in 1860 when their commander, Col. Michael Corcoran, refused to parade the regiment in honor of the Prince of Wales' visit to New York on October 11, 1860. Col. Corcoran was placed under arrest but with the outbreak of the Civil War, all charges were dropped.

A green flag honoring their actions in defiance of the Prince

was presented by the Irish citizens of New York. This flag was carried at the Battle of First Bull Run. Confederate General Robert E. Lee was so impressed with their bravery and devotion to duty when he faced them on many battlefields, that he called them "The Fighting Irish."

The 69th was again called to war in 1917. They had their regimental number changed at this time to 165th Infantry regiment of the New York National Guard and has served in WWI, WWII, Iraq and Afghanistan.

While pork was the meat that these immigrants were most familiar with, it was rather more expensive than the abundant beef here in America.

Their dealings with Eastern European Jewish immigrants in their New York neighborhood introduced them to a cheap cut of meat called corned beef.

This reminded them of Irish bacon; a smoked cured meat similar to Canadian bacon. The corned beef could be cooked in one pot with the cabbage and potatoes.

The popularity of this dish soon spread to other Irish enclaves in Boston, Philadelphia, Chicago and the rest of America. By the 1860s the dish was so popular that it was served at President Lincoln's

inauguration dinner.

The Irish assimilation into American society was marked by their interaction with the other ethnic groups that cohabitated in the slums.

This was not always done in a civil manner. The perpetrators of the "DRAFT RIOTS of 1863" were in large part the inhabitants of Hell's Kitchen who felt the draft was a way the rich could buy their way out of serving in the Army.

As poor men they would be forced into the Army. Orangemen parading up 8th Avenue in July of 1881 were showered with "Irish Confetti" (*bricks, cobble stones, full chamber pots, etc.*) from the roof tops.

This led to a full blown riot. Shillelagh law was all the rage. The local police could not stop the mayhem. The Militia was called and fired into the mob killing thirty and wounding hundreds more before the riot ended.

There were two things that they were denied in Ireland but were readily utilized here in America.

As poor Irish tenant farmers they had no access to an education. In America, education was open to all.

Here, as new citizens of The United States, they had the right to vote. In Ireland only landed gentry could vote. They took advantage of both.

The term "Narrow Back" was applied to first generation Irish Americans. This indicated that because they were able to educate themselves and improve their station in life, they would not be forced to do menial work as their "Broad Shouldered" parents did.

It was the willingness of these immigrants to work hard to improve their lot and offer loyalty to their adopted country. They advanced to the point in 1961 that an American of Irish descent, John F. Kennedy, became President of The United States.

So when you partake of this dish, think not only of St. Patrick but also of all the men and women of Irish descent who have helped to make a great America. *Story by James Halloran. ###*

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Beware the Ides of March

Those familiar with history or William Shakespeare's play "Julius Caesar," recognize the reference to March 15, the day of Julius Caesar's assassination in 44 B.C. after declaring himself dictator of Rome for life.

"Beware the Ides of March" is the soothsayer's message to Julius Caesar, warning of his death and has forever imbued that date with a sense of foreboding.

After Caesar's untimely exit, superstitious Romans may well have avoided launching a business, marriage or other important venture on a date so cloaked in doom it eventually entered the lexicon as a metaphor for impending catastrophe.

But in Roman times the expression "Ides of March" did not necessarily evoke a dark mood—it was simply the standard way of saying "March 15."

A Roman saying, "four Ides," (*meaning four days before Ides*), would be just as clear to other Romans as someone saying March 11.

For ancient Romans, an Ides was merely one of several common calendar terms used to mark monthly lunar events. The Ides simply marked the appearance of the full moon.

Each month has an Ides (*usually the 15th*) and this date wasn't significant in being associated with bad luck or doom. ###

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Michael A. Schwarz Memorial Scholarship

Engine Company Two of the Carlstadt Fire Department has established a Scholarship in memory of Michael A. Schwarz, a 20-year-old Marine killed in action November 2006 in Iraq. Michael was a member of the Carlstadt Fire Department and a 2004 graduate of Becton Regional High School.

The scholarship is open to all Carlstadt residents graduating from High school this spring and furthering their education. The scholarship will be awarded to students who show dedication and service to their school and community.

Applications will be available starting April 1, 2023, at the Carlstadt Borough Hall, 500 Madison Street, Carlstadt. The Borough Hall is open Monday through Friday from 8:30 a.m. to 4:30 p.m. Scholarship applications must be completed and returned no later than May 5, 2023.

The members of Engine Two wish to thank everyone who donated to this scholarship fund. with your generous support the memory of Michael and his devotion to serve his country and community will live fo years to come. For more information about the scholaship, or to make a contribution, contact the Carlstadt Fire Department at 201-460-3942. ###

W-R Memorial Foundation Scholarships

Applications are now available for the Wood-Ridge Memorial Foundation Scholarships. The Foundation is expected to award 18 to 20 scholarships totaling in excess of \$50,000 this coming June.

Applicants must be residents of Wood-Ridge, graduating this year from Wood-Ridge High School, a Parochial or Private High School or the Bergen County Academies and attending college, a technical school, secretarial school, etc., (not limited to just colleges/universities) this coming fall. Deadline is Friday, April 14, 2023.

The Foundation, founded in 1962 has presented over one million dollars in awards since their inception. The awards are presented in the names of some of the most influential and outstanding citizens that ever resided in the Borough.

Applications are available at the Wood-Ridge High School Guidance Department, Kearny Bank and Kearny Bank. Also, by email request at janpro911@aol.com ###

Nursing Scholarships

The Bergen County American Legion and Auxiliary are pleased to announce that the 2023 scholarship application process is now open for The George F. Axt Memorial Fund Nurses Scholarship. The 2023 four individual awards will be \$2,500 each.

Applications and rules are accessible at this link: <https://bcnj.al.org/george-f-axt-memorial-fund-nurses-scholarship/>

The application deadline is March 31, 2023. Affiliation with The American Legion or The American Legion Auxiliary is not a requirement for consideration.

Applicant must be a resident of Bergen County, and either a senior in high school, a high school graduate who has been accepted to an accredited nursing school, or a student currently enrolled in an accredited undergraduate nursing program.

For more information, email alaunit136LodiNJ@gmail.com ###

Friends Scholarship

The Friends of the Hasbrouck Heights Library are pleased to announce that, once again, they are participating in the High School Scholarship Program for 2023. The application process is now open. Students should see the HHHS Guidance Department for details and applications.

An applicant must be a resident of Hasbrouck Heights, a high school senior in Heights or at another local high school, and has volunteered at Library and/or Friends functions. ###

W-R Lions Scholarships

The Wood-Ridge Lions Club will be awarding a total of \$6,500 in scholarship awards this coming June.

Students graduating from Wood-Ridge High School, Parochial High School, the Bergen County Academies or any accredited High School who are residents of Wood-Ridge or Moonachie and attending college next September may apply.

Applications will be available March 10, 2023, at the Wood-Ridge High School Guidance Office, Kearny Bank, the Assumption Church Rectory and JAN PROMOTIONS 50 Moonachie Road in Moonachie. They are also available by email request at janpro911@aol.com

Applications must be returned by April 20. ###

NewARTS Kids Audrey Nagel Scholarship

Care on the Corner is excited to offer NewARTS Kids March Art Classes for children ages 5 through 11 for the aspiring young artist in your family.

Young artists will have fun exploring different mediums each week using acrylics, crayons, colorful ink, and oil paints. Each child will receive a sketchbook that they can use at home and in class!

Session Dates:

- Abstract Expressionism & Action (March 7),
- Crayon Crackle Painting (March 14),
- Spring Daffodils Oil Painting (March 21).

Tuesdays 4 to 5 p.m., 5/7 year-olds and 5 to 6 p.m., 8/11 year-olds.

The group meets in the Care Center at 333 Franklin Avenue, Hasbrouck Heights.

Call 201-288-9460 to register. Space is limited to 12 children per class. Tuition is \$80 and includes all materials. Scholarships are available.

Debra M. Cook is returning to teach these classes. Debra has been teaching ART to children for over 25 years. Her classes are so much fun making art, exploring new ideas, and being creative. ###

Applications are now available for the annual Audrey L. Nagel Scholarship. Parochial School Eighth Graders who are residents of Wood-Ridge or parishioners of Assumption Parish in Wood-Ridge and will be attending a Catholic High School this coming fall are eligible. The \$1,000 scholarship will be awarded to a student that has shown a commitment to their education, their school and their parish.

Mrs. Nagel passed away in June of 2009 following a 9½ year battle with breast cancer. She graduated from Assumption School in 1962. She attended Saint Mary's High School in Rutherford and graduated from Montclair State University in 1970.

Audrey loved her time at

Assumption School in Wood-Ridge and felt that this is where the foundation for both her education and overall development were set. For this reason, her husband, Jack began this annual award in 2010. Although Assumption School closed with that graduating class, the award has continued in her name to recognize a student graduating from a parochial school in the area.

Applications are available at the Assumption Rectory, Corpus Christi Grammar School and by e-mail request janpro911@aol.com The deadline for applications is May 12, 2023. ###

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MFD Members Recognized

The Moonachie Fire Department held its Annual Dinner honoring the Members of the Moonachie Fire Department and Fire Chief Justin Derevyaniuk at The Graycliff on Saturday, January 28, 2023.

Master of Ceremonies was Ex-Chief R. (Bob) J. Jirouschek. Captain Chris Halloran led the Pledge of Allegiance. Ex-Fire Chief Tony Chiodo

provided the Invocation and a moment of silence for all departed Department members.

The Mayor and Council, honorary members, Communications Officer Caroline Sansavere, EMS, the Ladies Auxiliary and Mutual Aid Chiefs were recognized.

Mayor Dennis Vaccaro and Fire Chief Justin Derevyaniuk, made comments.

Mayor Dennis Vaccaro gave the Oath of Office to the Moonachie Fire Department Officers.

Length of Services Awards were presented. The Mayor and Council recognized Barbara Mendola for her 50 years of active service in the Ladies Auxiliary. ###

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World Day of Prayer

The World Day of Prayer is an international ecumenical Christian laywomen's initiative. It is run under the motto "Informed Prayer and Prayerful Action," and is celebrated annually in over 170 countries on the first Friday in March: March 3, 2023.

The movement aims to bring together women of various races, cultures and traditions in a yearly common Day of Prayer, as well as in closer fellowship, understanding and action throughout the year.

World Day of Prayer promotes justice and equality for women through prayer, partnerships, service and celebration.

The theme of the WDP 2023 program is "I have heard about your faith," was written by the women in Taiwan and is based on Ephesians 1:15-19, the letter sent to a faith community to express gratitude. Paul gave thanks to God for the Ephesians living out their love and faith, and prayed that they could see these three truths: the hope to which God has called the disciples, the riches of God's glorious inheritance among the saints, and the immeasurable greatness of God's power. " For more information: <http://www.wdp-usa.org/> ###

Cancelled Stamps

The Leisure Club of Hasbrouck Heights is collecting cancelled stamps. Please trim the stamps to 1/4 inch around the stamps. Old envelopes and postcards are also being collected. If envelopes, postcards etc., are more than 40 years old, please do not cut off the stamps, but save the whole envelope/postcard. The stamps can be dropped off or sent to: **The Gazette Newspaper**, 345 Boulevard, Suite 5, Hasbrouck Heights, NJ 07604. ###

Mass of Anointing March 25

Most Sacred Heart Share and Care cordially invites all parishioners, families, friends and visitors to celebrate a Mass of Anointing at Most Sacred Heart of Jesus Church, 127 Paterson Avenue, Wallington, on Saturday, March 25, 2023, at 11 a.m.

Come experience the beautiful serenity, peace and comfort for mind, body and soul offered at this Mass of Anointing.

If you have never received this Sacrament before, the Mass of Anointing consists essentially in the placing of hands by the priest on the person's head and then the anointing of the forehead and hands of the person with the holy oils. As the priest is anointing the person, he is asking for the special grace provided by this sacrament.

Light refreshments will be served in the Great Hall immediately after the service. The Church and Great Hall are handicapped accessible.

For additional information, please call MaryJane at 201-939-8576. ###

Purim

Purim begins Monday evening, March 6 and continues through evening of Tuesday, March 7, 2023.

The festival of Purim commemorates the salvation of the Jewish people in ancient Persia from Haman's plot "to destroy, kill and annihilate all the Jews, young and old, infants and women, in a single day." It is celebrated with Megillah readings, gifts of food, charity, feasting, and merriment.

For more information go to: <https://www.chabad.org/holidays/purim> ###

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Bee-ing The Best



On Thursday, January 26, 2023, the Junior Woman's Club of Hasbrouck Heights hosted their 29th Annual Spelling Bee at Kiefer Auditorium, at Hasbrouck Heights Middle/High School.

The 30 contestants were

Spelling Bee winners from Hasbrouck Heights School District and Corpus Christi School.

Winners advanced to NJS-FWC Palisades District Spelling Bee, representing Junior Woman's Clubs of Harrington Park, Hasbrouck Heights, Pas-

sack Valley, Ridgefield Park, River Edge and Rutherford.

Winners from this District Spelling Bee will compete in the State Spelling Bee at NJS-FWC Headquarters in New Brunswick.

Judges were Maureen

Herman, Youth Service Librarian, HH Public Library, Joseph Mastropietro, Principal, HH Middle School, Betty Chiu, Media Specialist, Euclid School.

The Spelling Bee rules were read by Karen Felicetti,

Reading Specialists, Lincoln School.

The Pronouncer was Cindy Capozzi, Media Specialist, Lincoln School. The Moderator was Erin Conrad, Co-President, JWC of Hasbrouck Heights. ###

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First Tuesday Taizé Evening Prayer Service

The next evening Taizé prayer service will take place Tuesday, March 7, 2023, at 7 p.m. at Holy Trinity Lutheran Church, 92 Burton Avenue, Hasbrouck Heights.

The Taizé service includes 30 minutes of prayer, simple chant and silence; a peaceful respite to the busy demands of everyday life. Prayers for healing and renewal, with laying on of hands, conclude each service. ###

An old saying about March goes, "In like a lion, out like a lamb." This, of course, refers to the weather. Because of the variable elements of this month, it is often described as a battle between old man winter and the young warrior of spring. Inevitably, the young defeats the failing, but still powerful, old man. Youth will have its day. ###

Midweek Lenten Prayer: Amazing Grace

On Wednesdays at noon on Zoom, Holy Trinity will take a Lenten pilgrimage in honor of the 250th Anniversary of the hymn Amazing Grace.

This series will tie together the anniversary of the writing of this beloved hymn and readings and accounts about people who experienced God's amazing grace found in the bible.

Through their experiences we will consider how we, too, were once lost but now are found, blind to God's mercy but now we see.

To receive the weekly Zoom link for this series, email Pastor Susan at htlchhnj@gmail.com ###

Every gun that is made, every warship launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, those who are cold and not clothed.-- General Dwight D. Eisenhower

ROGER J. SZANTO, D.M.D.

FAMILY DENTISTRY

Dr. Roger Szanto has announced his retirement from the active practice of family dentistry effective January 1, 2023. Dr. Szanto was in practice since 1978, most recently at 181 Boulevard, Hasbrouck Heights. We all wish Dr. Szanto a happy and healthy retirement!



Let's Go Traveling!

By Rick Ardis

Airline Fees March 2023

When searching for airfares, consumers often mistake a low initial price as the best value. This is frequently not the best choice. Most airlines have unbundled components of travel that were formerly included in the initial offering.

This is especially true for the companies known as Ultra Low-Cost Carriers or ULCCs. These lines include Allegiant, Frontier, Spirit, and others around the world like Ryanair and Easy Jet, both based in Europe.

Traditionally, the price of an airline ticket included the passage, checked and carry-on bags, assigned seats, meals or snacks, and non-alcoholic beverages in Economy Class. First Class or Business Class passage also had additional perks.

Amongst the initial benefits to be discontinued were meals in Economy and the lowering of the weight of checked bags. The airlines discovered that they could increase revenue by adding what the industry calls Ancillary Fees.

Fees for checked bags are now the most common additional charges. The cost of checked bags varies by airline, paid in advance versus paid at the airport, how many you have, and weight. Most carriers limit the initial bag to 50 pounds. Bags over 70 or 100 pounds have different surcharges. A notable exception

to this policy is Southwest Airlines which allows two checked bags weighing 50 pounds or less for each ticketed passenger. Each line has additional fees for sports equipment like skis, golf clubs, and bicycles. Frontier even lists a price for antlers for those returning from hunting trips.

The ULCCs also charge for carry-ons stowed in overhead bins. The legacy carriers, Alaska, American, Delta and United introduced Basic Economy Fares to compete with the lower fare airlines. The reduced fares also diminish what is included to mimic the rules of the discount carriers. The basic fares usually prohibit pre-assigned seats, use of the overhead bins, and require travelers to be the last to board.

Charging for seats is also a source of additional revenue. Once again, a notable exception is Southwest who does not offer pre-assigned seats at all. Boarding is based on when you check-in and seats are first boarded, first choice. The carrier does allow payment of a fee to move to the front of the boarding line.

The Ultra Low-Cost Carriers charge for all pre-reserved seats, while the legacy carriers charge for some. For example, United offers extra legroom seats at the front of Economy Class with a dynamic fee that varies by length of flight and demand. These include bulkhead and exit rows. Also offered

are preferred seats in the middle of the aircraft with standard legroom at a smaller charge. The no-charge seats are at the rear of the aircraft. Alaska, American, and Delta have similar seating policies.

Meals and snacks are now available for sale rather than complimentary. Wi-Fi is available for purchase on most carriers. Delta has just announced plans to phase-in free high-speed service across its domestic fleet for members of their frequent flyer program.

Unless a traveler purchases a ticket on the airline websites, there may be additional fees. Speaking to a reservation agent on the phone or at the airport to buy passage may incur a fee of \$15 to \$50 per ticket. Frontier Airlines no longer has phone staff and travelers must use their online chat at \$35 per ticket.

The ULCCs have even more fees. Checking-in on the airline app may be required. Completing the process on the airline website rather than the app may incur a fee. Needing assistance from airline personnel at the airport terminal to print a boarding pass or checking bags will also be an additional charge.

There are some ways to avoid the additional costs. Airline branded credit cards may offer one free checked bag each time you fly. Members of the airline frequent traveler

programs who reach a certain level may receive checked luggage with no fee. Additionally, travelers could be upgraded to extra legroom seats. Airlines also have subscription services to waive bag or extra legroom charges on an annual basis.

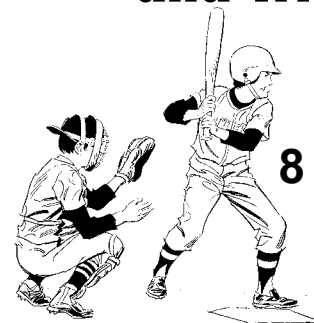
The proliferation of these fees has caught the attention of the federal government. President Biden addressed the issue in his recent State of the Union Address. The Department of Transportation is already drafting rules to make these fees

more transparent.

When checking airfares, remember that the lowest initial price most likely is not the total cost and may not be the best value. For some entertainment on the subject, search YouTube for Fascinating Aida Cheap Flights (*warning of British/Irish slightly off-color language*).

Rick Ardis is the owner of Ardis Travel -- established in 1981. 201-939-9135 • www.ardistravel.com • rick@ardistravel.com ###

Hasbrouck Heights Little League 27th Annual Pancake Breakfast and Tricky Tray



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This year's breakfast and Tricky Tray style auction will be held from 8 a.m. to 12:30 p.m. **Breakfast will stop being served at 12 p.m.** Tickets available at the door. Cost is \$5 per person.

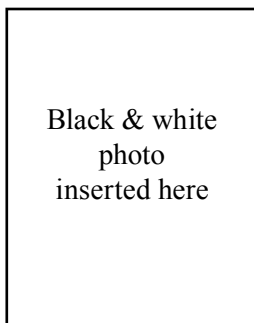
Memorial Announcements

Format shown below. Size is 4" x 4". Deadline: 30 days before issue date. Cost is \$200. Payment with order. Typesetting included. Email contact info, copy & photo and month to be published to: gazettenewspaper@gmail.com

Deadline for April 2023 issue is March 4, 2023

In Memoriam

Name of Loved One
Special date(s) listed here



Black & white photo inserted here

Sample size and format

Appropriate comments with family names listed here.

Limit 15 words.

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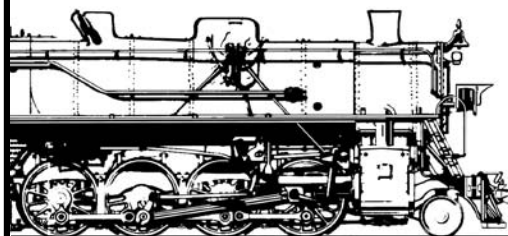
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Footnotes

By Dr. Kenya Lazovik, DPM

Daily care helps avoid diabetic foot complications

Diabetes is an epidemic in the United States. According to the American Diabetes Association 10.5% of New Jersey adults have been diagnosed with diabetes and another 34% are pre-diabetic.

When diabetes is poorly controlled and there is too much glucose in the blood, many parts of the body are in danger of developing serious problems.

For example, the eyes, feet, skin, blood vessels, nerves, and heart are all at risk when diabetes isn't kept under control.

The feet are prime candidates for problems because of two common complications of diabetes.

One is nerve damage (*known as neuropathy*), which causes loss of feeling in your feet. Neuropathy takes away your ability to feel pain or discomfort, which means you may not be able to detect an irritation or injury to your foot.

The second common complication is poor circulation. This reduces the ability for wounds to heal and can make it difficult for even a tiny cut to resist infection.

People with diabetes are 10 times more likely to have

a lower limb amputated than people without diabetes. For those with diabetes, following simple foot care tips can reduce their risk of toe, foot or leg amputations.

- Inspect feet daily for injuries that could lead to dangerous ulcers.

- Wear proper fitting shoes. Too tight or short could lead to blisters or ulcers.

- Gently wash feet in luke-warm (*not hot!*) water. Test with your hand first

- Moisturize feet, avoiding the area between the toes.

- Never trim corns or calluses; this can lead to serious infections.

- Inspect the inside of shoes before wearing.

- Never walk barefoot.

Even insurance companies understand the importance of diabetic foot health and most will cover diabetic shoes and special diabetic inserts yearly.

The reasoning is better to pay for properly fitted shoes than pay for hospitalization and surgical intervention for foot infections and ulcerations.

People with diabetes must always be vigilant, and see a podiatrist at the first sign of trouble. Early treatment can keep diabetic foot problems from progressing, and reduce the risk of amputations.

For further information about ankle fractures and sprains or other foot and ankle problems, contact Dr. Lazovik, North Jersey Foot & Ankle Center at 862-233-8438. www.NJfootandankle.com ###

Wash your hands frequently, for at least 20 seconds



Filling You In

By Jeffrey E. Mason, DMD, FAGD.

The effects of acid erosion

The loss of tooth enamel due to acid erosion and acid wear is a growing epidemic.

A 2012 study found that 22 percent of U.S. adults say they experience acid erosion, which can cause tooth sensitivity, transparency, discoloration and more.

To help patients better understand the causes, symptoms and effects of acid erosion, the Academy of General Dentistry (AGD) — in partnership with GlaxoSmithKline Consumer Healthcare — has compiled this fact sheet about the importance of protecting tooth enamel from acid.

What is acid erosion?

Enamel — the white-looking outer covering of the tooth crown — protects your teeth from daily wear and tear, as well as sensitivity to hot and cold foods or drinks.

Acid erosion occurs when acid in the foods and drinks you consume wears away your enamel. Erosion exposes your teeth's inner layers, which increases sensitivity and makes them more susceptible to cavities or decay. It also can leave your teeth looking cracked, transparent and discolored.

What factors can cause acid erosion?

Today's diets include many foods and drinks that contain acid that can erode teeth. Beverages that can cause erosion include carbonated soft drinks, energy and sports drinks, pure fruit juice, wine and coffee.

Studies have shown the enamel damaged caused by sports drinks is three to 11 times greater than that caused by cola beverages.

Experts believe that consuming four or more acidic foods and drinks a day can

increase the risk of acid wear, according to GlaxoSmithKline.

Acid erosion also can occur as a result of your teeth's exposure to stomach acids due to some medical conditions, including gastroesophageal reflux disease and bulimia.

In addition, environmental factors, including friction (bruxism) and abrasion (brushing too hard), can cause erosion.

Signs and symptoms of acid erosion include sensitivity, discoloration, rounded teeth, transparency, cracks and cupping, or small dents that may appear on the chewing surfaces of your teeth.

How is acid erosion treated?

You can reduce sensitivity at home by using specially formulated toothpaste or over-the-counter enamel-building products. These products are designed to reharden (remineralize) tooth enamel to make it more resistant to acid; however, there are no products that can reverse the damage caused by erosion. Check with your general dentist before you try any new dental products.

At the dental office, if enamel loss is minimal, your dentist may apply a bonding material that will protect your tooth and improve its appearance.

If the enamel loss is significant, your dentist may recommend covering it with a crown.

What can I do to prevent acid erosion?

- Cut down on your consumption of carbonated soft drinks, sports and energy drinks, and pure fruit juice.

- Avoid sugary snacks.

- Drink water throughout the day.

- Drink acidic drinks with a straw. Also, don't swish these liquids around or hold them in your mouth for long periods of time.

- After consuming acidic drinks, rinse your mouth with water to neutralize the acids and wait at least 30 minutes before brushing your teeth to allow your mouth to produce enough saliva to neutralize the acidity and allow the enamel to harden.

- Chew sugar-free gum, which helps your mouth produce more saliva to remineral-

ize your teeth.

- Brush with a soft-bristle toothbrush, and be sure your toothpaste contains fluoride.

- Don't let your child consume highly acidic drinks or fruit juices in his or her sippy cup or bottle. The sugar in these beverages can cause cavities in your baby's teeth, leading to "baby bottle tooth decay." Instead, let your child finish his or her bottle before bedtime.

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Dr. Jeffrey Mason is a cosmetic and general dentist at 232 Boulevard, Hasbrouck Heights, NJ. 201-288-4447, www.DrJeffreyMason.com

Diabetes Alert Day

American Diabetes Association Diabetes Alert Day is on March 28, 2023. Observed annually on the fourth Tuesday in March, Diabetes Alert Day is a one-day "wake-up call" that focuses on the seriousness of diabetes and the importance of understanding your risk.

- As of now, more than 10.5% of the United States population is diabetic, whereas those at risk or at the prediabetic stage amounts to approximately 110 million of the total population.

- Nearly 1 in 5 adults living with diabetes, or 7.3 million Americans, are unaware that they have the disease.

- Approximately 88 million people aged 18 years or older have prediabetes, a condition in which blood glucose levels are higher than normal, but not high enough to be diagnosed as diabetes.

- More than 84 percent of people living with prediabetes don't know they have it.

- About 50 percent of women with gestational diabetes go on to develop type 2 diabetes.

- There is a reason why diabetes is known as the silent killer. The human body sometimes shows no symptoms despite blood sugar levels gradually increasing until you are at fatal risk. So being aware of it, finding out about the risks, and getting tested are extremely important.

- Spreading awareness about diabetes encourages people to take time out to read up on it. People can get tested, get their blood glucose levels checked, and find out valuable information to help in the long run. For instance, did you know eating a cup of beans can lower blood sugar levels and minimize the risk of heart diseases?

Source: NIH ###



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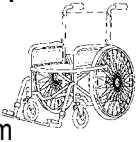
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Artful Thinking

By Artie Maglionico • Lodi Historian

March 2023

Yes folks I know that the March Marquee boasts St. Patrick's Day so here's wishing you all a happy and safe one.

If you happen to see a Leprechaun passing by then, chances are you're washing down that corned beef and cabbage with more than ginger ale. If that's the case, then by all means stick to the ginger ale. Catch my drift?

I guess St. Patrick's will be making a comeback of sorts, as did Christmas and New Year's.

Is the Pandemic over? The year 2022 found us throwing caution to the wind and we celebrated, with gusto, our return to laughter. We really missed one another didn't we folks?

For a while there we were locked down, locked in, and locked out. Now we are poised to embrace the coming of spring with a fresh, and hopefully wiser, perspective. Call it a re-birth if you will. To coin the title of a James Bond movie "You only live twice." I suggest that you listen to the song by the same name "One Life for yourself and one for your dreams."

Anyway where am I going with this? I'm stuck between winter and spring. The past was uneventful and the future hasn't happened yet so there isn't a heck of a lot to write about.

The fact that I'm actually writing this in mid-January might have a lot to do with the verbal drought that is taking place in the desert of my mind.

The only thing passing through is a wayward tumble weed pushed through by a blistering wind. I'm supposed to be talking to you about my St. Patrick's Day memories, but as you can well see that's not happening. I can't even make something up and give it the old "based on the truth" angle.

Wait a minute folks I just thought of something that might count as a St. Paddy's day memory. Every year I and my Dad, Vito, would watch the movie "The Quiet Man" starring John Wayne, Maureen O'Hara, Barry Fitzgerald, Ward Bond, and Victor McLaglen.

The story is about a 1920s American Boxer (*John Wayne*) who finds a new life and romance (*Maureen O'Hara*) in a small village in Ireland called Innisfree. Folks it doesn't get more Irish than that and for that hour and a half me and my dad were as Irish as St. Paddy himself.

Christmas had the Dickens classic "A Christmas Carol"

and St. Patrick's Day had "The Quiet Man." How is that for a memory and I didn't have to make something up since screen, play writer Frank Nugent did that for me.

Thanks are in order for Lodi Library reference Librarian, Jennifer Aprias, for gathering information on "The Quiet Man." Without her help I'd still be stuck in the second paragraph quoting lines from a James Bond movie.

The Library continues to come to my aid in times of distress. Jennifer started at the Library in October of '22 and has been a much welcomed addition not only to the Library, but to the Artful Thinking Family as well. With her continued support I can (*dare I say it?*) Rule the world.

So that's March for ya! Like I mentioned in previous columns, the month of March was never a favorite of mine.

It's a gray, dismal sort of month that makes winter seem that much longer. Don't you agree?

Jennifer agrees that March can be a dark, dismal and depressing month that is still capable of unleashing winter's wrath by dropping a few feet of snow on the unsuspecting landscape.

In the middle of it all comes St. Patrick's Day reminding us that the warmth and colors of spring will revive us as the cold and melancholy month of March vaporizes under the caress of the April sun. Life is good!

I know April can be a harsh mistress but I'm going to give it a passing grade since it marks the arrival of baseball season. The "boys of summer" are ready to play ball regardless of April's nasty streak. We tolerate April since with it comes the promise of baseball and the celebration of summer.

Here I am talking about summer already and it's not even March yet. It's bad medicine since Mother Nature demands that I give March its due. Come St' Patrick's Day, we might be shoveling our way out of 10 inches of snow and you're going to blame me. I don't know about you but I'll wearing green, but you'll be seeing red! In the meantime may you live as long as you want and never want as long as you live.

Happy St Patrick's Day and God Bless America. ###

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Vietnam: A Soldier's Story

By Artie Maglionico

The Vietnam War was the subject of much controversy during the turbulent 60s.

To those American men and women who were called upon to serve their country it was a mission that would change their outlook on life forever. One thing is for certain a soldier did not come out the same way he or she went in while 58,000 plus never came home.

Mr. Dan Galdo of Lodi, NJ, was among those who served in that war. Dan was born in Newark, NJ on September 10, 1940. He attended Barringer High School where he graduated in 1959.

In May of 1963 Dan was drafted into the United States Army and soon found himself suffering the rigors of boot camp at Fort Dix. From there Dan was sent to Fort Benning, GA where he received 8 weeks of advanced training on the 105 Howitzer.

In 1965 Dan's entire 1st Cavalry Air Division was shipped to Vietnam. On arrival, the Howitzers (*Machine Guns*) were attached to CH 47 Chinook Helicopters.

"We boarded a transport ship in South Carolina towing the Howitzers behind us," recalls Galdo. "I knew I was safe since the name of the ship was the USS Rose which was my sister's name."

After a short stay over in Long Beach, CA, the Division began its 30 day journey to the unfriendly shores of Vietnam.

"Our base camp was an air field that housed helicopters and war planes," said Dan "From there we went on firing missions on the CH47 where I served as a door gunner firing the M60 machine gun at tree top level." Most transporting was done by helicopter since the terrain was not conducive to successful maneuvering.

Upon entering a landing zone the CH47 unloaded the crew and artillery in a crucial 11 seconds. There were times when the helicopter landed in the wrong location causing

the crew to locate on foot the position where the first Howitzer was dropped off. "Only then," recalls Dan, "could fire be directed toward the enemy which to our surprise was only 100 yards away."

For Dan and his fellow soldiers it was a them or us situation. It is a reality that changes a person's outlook on life forever. "Only a soldier at war could understand a situation like that," said Dan.

Besides fighting an elusive, no holds barred enemy, Dan and his Division had to cope with malaria, Dengue Fever, Trench Foot, deadly snakes, 130 degree temperatures and relentless monsoons that dropped as much as 66 inches of rain in a month.

All of this while trying to stay out of harm's way, which was difficult to accomplish since the worse that could happen was always happening." We were in constant danger" said Dan. "We carried our M-16 rifle 24/7 even in the latrine"

Among the weaponry in Dan's arsenal was the 105 Howitzer, M-60 machine gun, 3.5 Bazooka, M-79 Grenade launcher, the M-16 rifle and Claymore mines. "I had access to this arsenal at all times," said Dan, "I was an Assistant Gunner."

"There were no showers," recalls Dan. "We shaved using our helmets as sinks. Sometimes we had to wait three weeks before we could return to base camp and clean up."

Toward the end of his tour the stress of facing death on an hourly basis began to take its toll on Dan.

During the heat of intense night fighting Dan had to call his supervisor to fire illuminating rounds from the 105 Howitzer, which enabled soldiers to locate the position of the enemy. The enemy was only a few hundred feet away and all hell broke loose.

"Then it was direct and intense fire at close range." Remembered Dan. "There was no time to think. There'd be plenty of time for thinking later if you

were lucky."

Due to the constant stress of battle Dan's physical and mental well being was on a downward spiral. By the time he returned to Long Beach, CA, Dan, 6 footer, went from 180 pounds down to a feeble 112. His cousins, who lived nearby, had to nurse him back to health. They didn't want his parents to see him in this horrible condition.

Finally in January of 1966, Dan returned home to his loving family. Upon his arrival Dan was met with a dark reception. "We were met with disrespect from our fellow Americans." Recalls Dan, "We came home to riots, violent antiwar demonstrations and draft card burning. I felt as if I was the bad guy; there was little or no support. I asked myself what did I risk my life for?"

Dan's tour of duty included Cambodia, Laos, Pleiku, and la Drang.

In 1968, Dan became a stage hand for Union Local 21, where he received an award for 50 years of outstanding service. Dan retired in 2010.

In 1977 Dan married Connie Brouder, who he met and married, in Nashua, New Hampshire. The couple moved to Lodi in 1999 and have a son, Daniel and two grandchildren, Oliver and Enza. Connie passed away in 2013.

"This is my life so far, and what a ride it's been." Said Dan, "God Bless America and our men and women of the Military."

Dan would agree that it's worth repeating.

God Bless America and our men and women of the Military. Past, Present, and forever. ###

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Real Estate Insight

By Mary Ellen Courtney

It Boggles the Mind

It's said that a pet is a friend and companion for life, but the rising number of abandoned pets across the country seems to indicate something altogether different.

Experts say the number of abandoned pets has been on an upward trend over the last few years. Concerns are growing over the possibility that even more pets – in lockdown with their owners during the pandemic – will be abandoned as Covid -19 restrictions ease.

Homebound during Covid, many people cited companionship as their top reason for getting a pet, alongside other factors such as providing emotional support. But as the pandemic recedes, as people begin returning to work, socializing and travelling, what ends up happening to their pets?

The seeds of this problem were sown before the pandemic but Covid has made it worse. Families and individuals with a lot of time in semi-confinement felt a need to get a dog, a cat or other. They did this on impulse without thinking about the commitment and responsibility that come alongside owning and caring for a pet.

I write this as a reaction to an incident that occurred - and is still ongoing – during the recent showing of a property in Wood-Ridge. Involved, was our sales agent Kate Plosia; the property, a short sale, was empty, vacated some time ago by its former owners. Kate, arriving with buyers to use the lockbox on the front door, was greeted by a cat, crouched in the bushes. It was meowing piteously - evidently in dire need of food, of shelter, hoping for entry.

But, either skittish of strangers or simply traumatized, the animal kept its distance. Kate took account of the circumstances, showed the property, returned to the office and immediately contacted fellow Terrie O'Connor agent and animal rights' activist, Linda DeFrino.

Linda and a select group of like-minded people are volunteers dedicated to the mission of animal rescue, particularly the rescue of cats.

In this instance, she and an associate went to task immediately with a 'care package' of items they store, at the ready, for just such emergencies: containers of food & water, a small insulated shelter with straw matting and a tiny remote camera to monitor progress.

That's 'Part One' of this saga and it seems to be going well so far. The feline is using the temporary shelter and is happily availing itself of food and drink.

The next steps will involve trapping it for advanced care at the Bergen County Animal Shelter where, hopefully, it will find better owners via adoption.

If Kate and Linda hadn't intervened, it's unlikely that the unfortunate cat would have survived this week-end. At this writing, wind chill temperatures outside are down to something like zero degrees...

Cases like this are not uncommon, apparently. Not long ago there was a news story of a

New Jersey man charged with animal neglect after abandoning his dog in Iowa.

He tied his one-year-old pup, Allie, outside the Des Moines International Airport after the dog was barred from a flight to Newark.

In a statement, the owner, Bigsen Charles, tried to fly home with Allie but didn't realize he would need to transport her in a kennel. He reportedly left the airport with the canine but returned alone to board the flight. "I already checked in and didn't want to miss my flight...I didn't know I had to bring my own kennel."

How can people be so inhumane?

Intentionally abandoning an animal is a serious criminal offense under section 19(3) (f) of the Animal Welfare Act 2002. If found guilty, offenders can be fined up to \$50,000 and imprisoned for up to five years.

Linda is hoping that the Wood-Ridge cat, when trapped, will produce microchip proof identity of its ownership so that these despicable people, wherever they are now, might eventually answer for treating their pet like garbage.

Are you thinking of selling your home? For expert guidance, contact Mary Ellen Courtney, Broker-Manager at Terrie O'Connor Realtors' Gateway Group, 201-288-0004. She and her professional team will insure maximum results with minimum stress!

Spring Forward March 12

Daylight Saving Time (previously known as "Fast Time" in the United States) will commence at 2 a.m., on Sunday, March 12, 2023. Clocks should be set forward one hour ahead of standard time (spring forward).

Daylight Saving Time (DST) allows us to take advantage of the longer and later daylight hours.

Spring begins with the Vernal Equinox, Monday, March 20, 2023 5:24 p.m.



Full Worm Moon

The March full moon will appear on Tuesday, March 7, 2023, at 7:42 a.m. EDT. It is called the "Full Worm Moon."

According to the Farmer's Almanac, as the temperature begins to warm and the ground begins to thaw, earthworm casts appear, heralding the return of the robins.

Northern tribes also referred to this Moon as the "Full Crow Moon" when the cawing of crows signaled the end of winter; or the "Full Crust Moon," because the snow cover becomes crusted from thawing by day and freezing at night.

The "Full Sap Moon" marks the time of tapping maple trees in another variation.

For many years, we thought this name referred to the earthworms that appear as the soil warms in spring. This invites robins and other birds to feed—a true sign of spring!

Some Native American tribes refer to a different sort of "worm"—beetle larvae—which begin to emerge from the thawing bark of trees and other winter hideouts at this time.

The Native American Indians of the northern and eastern United States kept track of the seasons by giving a name to each recurring full moon. European settlers followed the custom.

This year, March's full moon (March 7, 2023) occurs before the spring equinox (March 20, 2023), making it the Lenten Moon. April's full moon (April 6, 2023) will be the first full moon to occur after the spring equinox and will therefore determine the date of Easter this year. ###



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Hours: Monday-Wednesday 10 a.m. to 8 p.m., Thursday and Friday 10 a.m. to 6 p.m., and Saturday 10 a.m. to 4 p.m.

The Library will close at 1pm on March 3 and all day Saturday, March 4 for the Library Mini Golf event. Grab and Go will still be available.

• **Foundation Annual Gala.** One of Rutherford's biggest events of the year, the Gala is a great way to show your support for the Rutherford Public Library and all the services it provides for our town. Bring some friends for a night of live music, open bar and fun. This event will be held at Il Villaggio on March 25 and our honoree is Pat Wester. Visit our website or the main desk for tickets.

• **Library Mini Golf.** The Friends of the Rutherford Library are hosting Library Mini Golf on March 3 and 4 at the Library. Friday, March 3 is for adults only (\$25/person) and will feature drinks and snacks. Saturday, March 4 is family day. \$10/family or \$3 per person. For tickets, visit tinyurl.com/RPLminigolf or the main desk.

• **The Least Among Them: Little Known Yankees.** Dr. Paul Semendinger will discuss the fascinating stories of the lesser known Yankees from his book "The Least Among Them." In person. Wednesday, March 1, 6:30 to 7:30 p.m.

• **Virtual Author Visits.**
• New York Times bestselling author of *The Sports Gene*, David Epstein will chat about his most recent book, "Range: Why Generalists Triumph in a Specialized World," Monday, March 13 at 1 p.m.

• Celebrity chef Jernard Wells will make us hungry for his newest cookbook "Southern Inspired: More Than 100 Delicious Dishes from My American Table to Yours," Tuesday, March 21 at 4 p.m.

• New York Times bestselling historical fiction author of "The Lost Girls of Paris," Pam Jenoff will discuss her newest book "Code Name Sapphire," Tuesday, March 28, 7 p.m.

These events are live and virtual. Attendees have the opportunity to submit questions. Registration required.

• **Pathway to Homeown-**

ership. Presented by Keller Williams Park Views, topics include fair housing, predatory lending, credit reports & scores, mortgage assistance programs, choosing a realtor & lender, homeowner's insurance, closing, and more. Saturday, March 11 at 11 a.m.

• **Citizenship Classes.** We'll be starting a new 16-week Citizenship Class on Mondays at 1 p.m., starting March 13. Registration is required (*in person at the main desk at the Library*), with priority given to students who have a scheduled date for the test.

• **Grab & Go Doorside Pickup.** Patrons are invited to order books from the BCCLS catalog by visiting www.bccls.org or fill out a Grab & Go form for either the adult or children's collection. Our team will choose items for you based on what you like! Forms are available on our website. If you don't have access to a computer, call and we will order items for you!

• **Bold Yoga.** Free, on-demand access to virtual yoga classes from Bold Yoga by Bendy Bookworm This video database has class offerings levels. Patrons can enjoy yoga 24/7. If interested, send an email to reference@rutherford.bccls.org with your name and Library card number.

• **Monthly Movie.** Screenings on the last Tuesday of the month at 6 p.m., sponsored by the Friends of the Library. This month will be "Mack and Rita," starring Diane Keaton.

• **Teen Volunteers.** Love books? Need to boost your college applications? We are currently accepting teen volunteers at the Library. Teens in middle and high school can volunteer for various tasks, such as shelf reading and reviewing books in the young adult collection! For more information, email: marion.johnson@rutherford.bccls.org

• **Tech Tutor.** Our tech librarian will be available by appointment. Fill out our online form or email marion.johnson@rutherford.bccls.org.

• **Poster Printing.** Rutherford Public Library is proud to announce the addition of a Canon eColor+ poster printer to its technology lineup. Posters up to 24" x 36" may be printed on matte or glossy paper.

Acceptable file types include PDFs, JPGs, and PNGs. Please pay attention to copyright law when selecting a file to print. Poster printing is conducted by Library staff. Email ruthcirc@bccls.org or calling 201-939-8600. ###

Hasbrouck Heights Free Public Library

Hasbrouck Heights Free Public Library, 320 Boulevard, Hasbrouck Heights, NJ 07604. 201-288-0488, <http://hasbrouckheightslibrary.org>.

The Free Public Library of Hasbrouck Heights is open. For the most up-to-date information and guidelines, visit us online. Please call 201-288-0488 to speak with a staff member or email us at hashcirc@bccls.org.

Hours of operation: Mondays, 10 a.m. to 6 p.m., Tuesdays thru Thursdays, 10 a.m. to 8 p.m., Fridays, 10 a.m. to 5 p.m., Saturdays 10 a.m. to 2:30 p.m. Return Library materials in our book box located in the rear of the Municipal Building.

Registration is required for all programs unless otherwise noted.

March Display Case

"Art From The Heart" by Jeanne Buesser. View the various paintings and poems by local award-winning artist Jeanne Buesser.

The Library is always in search of those who would like to display their collections!

For CHILDREN

• **Stuffed Animal Sleepover.** Friday, March 3, 6:30 to 7 p.m.; pick up animals on Saturday, March 4, between 10:30 a.m. and 12 noon.

A favorite program returns! Kids are invited to bring a stuffed friend to the Library for a visit on Friday evening and leave them with us for a night of fun. Come back the next morning to pick them up and see what adventures they had over breakfast. Presented by the Friends of the Hasbrouck Heights Library. Registration is limited.

• **After-School Game**

Lounge Open Play. Tuesdays and Thursdays, 3:30 to 5 p.m. Our Nintendo Switch game lounge will be open for after-school play with friends! Multi-player games are offered, including Mario Kart and Super Smash Bros (*or bring your own!*). Reservations requested.

• **All-Ages Storytimes.**

Wednesdays, March 8 and 22, 11 to 11:30 a.m. Join us for a casual all-ages storytime for little ones and caregivers with songs, rhymes, and fingerplay. There may even be bubbles!

• **Lego Club.** Wednesdays, March 8 and 22, 4 to 5 p.m. All builders are invited to Lego Club! We'll free-build and have a chance to hang out & discuss all things Lego with fellow fans. We'll provide the bricks, you supply the ideas!

• **St. Patrick's Day Craft.** Friday, March 17, 3:30 p.m., for ages 7 and up. Everyone's Irish on St. Patrick's Day! Come for a craft and story. Best for elementary grades and up, registration is limited.

• **Saturday Storytime at the Library.** Saturday, March 18, 11 to 11:30 a.m. The whole family is welcome for our inaugural Saturday storytime. Registration is limited.

• **SPRINGO.** Monday, March 20, 3:30 p.m. Spring + bingo = SPRINGO! Best for elementary grades; registration is limited.

• **Read-to-a-Dog.**

Thursday, March 23, 6:30 to 7 p.m. March 23 is National Puppy Day and we'll have therapy dog, Oscar, visiting our Library. Oscar loves listening to stories, so stop by and get some reading practice in! Registration is limited.

For TEENS

• **DIY Collage Water Bottle (and snacks!)** Tuesday, March 21, 5 to 6 p.m. Bring your own water bottle or use one of ours and make it unique with a decorative collage. Snacks provided to keep the creative brainpower flowing. For 7th Grade and up.

• **Sing-Along 'High School Musical' (rated PG).** Monday, March 27, 4 p.m. Celebrate World Theatre Day with the sing-along version of Disney Channel's High School Musical featuring on-screen lyrics. We're all in this together! Snacks provided.

For ADULTS

• **Cross Gen Crafts - "Yarn Ball Wreaths."** Wednesday, March 8, 6:30 to 8 p.m. and Wednesday, March 15, 1:30 to 3 p.m. Open to teens and adults. Cross Gen Crafts is an opportunity to create community across generational lines, and make art in the process. Every session of Cross Gen Crafts features a new craft with supplies provided.

• **Movie Matinee.** "A Star is Born" Friday, March 10, 1 to 3 p.m. Sit back and enjoy an afternoon movie at the Library. Light refreshments provided.

• **English Conversation Circle.** No Drop-Ins; MUST apply before attending. Feel more confident when speaking English by practicing in a relaxed and supportive environment with volunteers that care about your English skills, and other students with similar goals. Conversation circle topics can range from basic everyday communications, learn vocabulary, pronunciation help, and more. Patrons must fill out an application; see Library calendar for details.

• **Crafts-to-Share Club.** Tuesday, March 14, 6 to 8 p.m. & Wednesday, March 22, 1 to 3 p.m. Get to know other crafters while you knit, crochet, embroider or craft anything! In-person and on zoom by request.

• **Adult Book Club.** 4th Tuesday of every month, In-Person & via Zoom at 7 p.m. March 28. "A Certain Age" by Beatriz Williams. Join us for an evening of fun, literary discussion! Pick up a copy at the Library or use the Hoopla or Libby app to enjoy the ebook or eAudiobook on your smartphone or tablet. ###



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Lodi Memorial Library

Lodi Memorial Library, One Memorial Drive, Lodi, NJ 07644. 973-365-4044. <http://lodi.bccls.org/>

The Lodi Memorial Library is open to the public! Check out our outdoor and Grab & Go programs for children and teens. More programming information can be found online on our Facebook page and website.

- **Meditation.** Priti Dhariwal, our yoga teacher, will teach the basics of Meditation. Meditation can wipe away the day's stress, bringing with it inner peace. Classes will be on Tuesdays 1:30 to 2:30 p.m. March 7 and 14. Registration is required. You must reserve a spot for each session you wish to attend. Sponsored by The Friends of Lodi Memorial Library.

- **Adult Crafts.** Craft to be announced. Register by Friday, March 10. Craft will be held in-person on Wednesday, March 15, at 1:30 p.m. Call Library to register - 973-365-4044 ext 2.

- **Tuesday Night Book Club.** Tuesday, March 14, 2023, 6:30 to 7:30 p.m. Book is "In the Shadow of the Empress" by Nancy Goldstone – 616 pages. Contact director@lodi.bccls.org for more information about our book club meetings.

- **Semi-Monthly Movie.** We are now showing movies at the Library twice a month – For March the movies will be "The Fabelmans" on March 8 at 1 p.m. and "Mrs. Harris Goes to Paris" on March 22 at 1 p.m.

- **A special nutrition program** hosted by Registered Dietitian Marla Klein from the Bergen County Community Health Partnership will take place on Monday, March 13 at 1 p.m. For more details see website at lodi.bccls.org/events Call library to register – 973-365-4044 ext 2.

- **New Jersey Makers Day.** Saturday, March 25 from 11 a.m. to 1:30 p.m. for an afternoon of STEM-based crafts for all ages! Call to register.

- **Adult Coloring Pages, Mazes and Community Puzzle.** Always available for adults. Come to the Library to de-stress with our free coloring materials, fun mazes, and beautiful puzzles. ###

Children Special Programs

- **Anime Club.** – Grades 6-12, In-person, Wednesday, March 1, 3:30 to 4:30 p.m. Watch a movie, get some snacks, and make a craft. Registration is required. Please call 973-365-4044 x2.

- **Craft Program – Grades 3-12.** In-person only. Thursday, March 9 from 3:30 to 4:30 p.m. sun catcher in time for Spring. Registration is required. Call 973-365-4044 x2.

- **Family Movie Night.** Monday, March 20, 6 p.m. in the Children's Room. We will watch "Rumble." No registration necessary.

- **Maker's Day Programs.** All ages. Saturday, March 25, from 11 a.m. to 1:30 p.m. Come to make some cool projects for all ages. Registration is required.

- **Lodi Game Club.** All ages (12 and under must be accompanied by an adult). Join us for all kinds of games every Thursday from 3:30 to 5:30 p.m. No registration necessary.

- **Grab & Go Craft – Grades Pre K - 2.** A new grab & go project will be available each Monday! While supplies last. Registration is not required.

- **Legos.** – All ages. Tuesdays from 4 to 5 p.m. in the Children's Room. Make your own creations with Legos. No registration necessary.

- **Storytime.** Every Friday at 11:00. No registration necessary. ###

Carlstadt Public Library

Carlstadt Library, 420 Hackensack Street, Carlstadt, NJ 07072. 201-438-8866, Handicap accessible. carlstadt.bccls.org or www.carlstadtlibrary.org

- **Taste of Korea - Virtual Cooking Class.** Welcome back the Korean Spirit and Culture Promotion Project via Zoom on Wednesday, March 1 at 6:30 p.m. for an at-home cooking class. Learn to make the Korean dish, Bibimbap (*rice with mixed vegetables*), and learn about the health benefits of traditional Korean meals. Upon registration the recipe will be emailed along with suggestions on where to buy the ingredients. Visit www.kscpp.net for more information about KSCPP. Upon registration a Zoom access code will be e-mailed to you.

- **Beginner Yoga with Onika.** Mondays, through June 2023 at 10:15 a.m. Bring a yoga mat. Space is limited Registration per class is required. Call 201-438-8866 for more information.

- **Dynamic Yoga with Onika.** Welcome adults to a six week Dynamic Yoga series, on Mondays, March 6, 13, 20 and April 3, 17, 24 at 11:30 a.m. This is an intermediate level yoga class. Bring a yoga mat. Space is limited. Registration per class is required.

- **Label Reading for Health.** Attend a Nutritional Label Reading presentation, led by registered dietician Stephanie Sass, on Wednesday, March 8 at 6:30 p.m. Space is limited. Registration is required.

- **Indian Scarf Printing.** Celebrate the festival of Holi and learn the art of Block Printing. Learn how to print your own scarf to take home. The workshop will be held in the Library on Saturday, March 11 at 10:30 a.m. All materials will be supplied. Space is limited. Registration is required.

- **Movie Madness.** Sit back, relax and join the Carlstadt Library for a showing of the film "Spoiler Alert" starring Jim Parsons on Tuesday, March 14 at 1 p.m. or Wednesday, March 15 at 6 p.m. Seating is limited. Registration is required for this popular event.

- **Successfully Navigate College Admissions.** Stand Out for College on Wednesday, March 15 at 7 p.m. Learn to maneuver the ever-changing college admissions process and stand out from the crowd. A Zoom link will be emailed after registering.

- **The Irish Balladeer.** In celebration of St. Patrick's Day, the Library will welcome Richard Stillman, The Irish Balladeer, on Friday, March 17 at 1:30 p.m. This lively event will feature traditional stories, songs and dances with authentic Irish instruments. Please register.

- **Spring Garden Prep Workshop.** On Sunday, March 26 at 1 p.m. a hands-on Spring Garden Prep Workshop will be held at the Carlstadt Community Garden with Garden Care Specialist, Jen Sarzo.

Learn how to cut back perennials, cultivate the soil, and ready your garden for a bountiful growing season. Bring your gardening gloves and hand tools. The Carlstadt Community Garden is located at the corner of 7th Street and Division Avenue. Please register.

- **As the Page Turns - Adult Book Club.** Calling fellow bookworms! Discuss the novel "The Violin Conspiracy" by Brendan Slocumb on Wednesday, March 29 at 7 p.m. New members are always welcome! Copies are available at the Circulation Desk. Carlstadt residents can also access the e-book or audiobook on Hoopla and Libby! Please register or call 201-438-8866 for more information.

- **Saturday Story & Craft.** Children ages 3 years and up are invited to the Carlstadt Library on Saturday, March 25 at 11 a.m. for a few spring stories and a craft. Space is limited. Registration is required.

- **Storytime At The Carlstadt Library.** Storytime with Miss Risa will be held at the Carlstadt Library on Wednesdays, March 1, 8, 15, 22, and 29 at 11 a.m. Space is limited and registration is required. Space is limited. Registration is required.

- **National Oreo Cookie Celebration.** Young patrons are invited to celebrate National Oreo Cookie Day on Monday, March 6. Children and teens who check out at least one item with a Library card will receive a package of Oreos. No registration is required.

- **AbraKadoodle Art Class.** Children ages 5 to 9 are invited to attend art classes with AbraKadoodle. Learn how to draw and paint with watercolors. The classes will be held on Mondays, March 20, 27, and April 3 at 4 p.m. Space is limited and registration is required. Space is limited. Registration is required.

- **Music with Miss Nita at the Library.** Music with Miss Nita will be held on Thursday, March 2, 9, 16, 23, and 30 at 10:15 and 11 a.m. Babies, toddlers and preschool children will enjoy songs, rhymes, movement and instrument play.

Space is limited. Programs are free of charge and open to residents of Carlstadt only. Registration is required.

- **Take-It-and-Make-It-Crafts for Kids.** Children of all ages can pick up a monthly take-it-and-make-it craft. This month's craft is a St. Patrick's Day Door Hanger. Craft kits will be available at the Library from March 1 to 31, while supplies last.

- **Rainbow Craft.** Children ages 4 and up are invited to make a Rainbow Craft on Tuesday, March 7 at 4 p.m. Space is limited. Registration is required.

- **Winter Bingo Card.** The Carlstadt Library invites children and teens to pick up a winter bingo card and read to win prizes! Cards can be picked up in the Children's Department during the month of March. Please call 201-438-8866, ext. 203 for more information.

- **Jewelry Craft.** Children ages 8 and up are invited to the Carlstadt Library on Thursday, March 9 at 4 p.m. to make a beautiful Beaded Bracelet with jewelry designer, Margaret Cavana.

- **1,000 Books Before Kindergarten.** The Carlstadt Library has launched an initiative to encourage families to read 1,000 Books Before Kindergarten. Reading together creates lifelong memories and helps develop pre-literacy skills.

Children who are read to at an early age have larger vocabularies and are more successful in school. 1,000 Books Before Kindergarten is a fun, free way to start your child on the path to success! Children from birth to 5 years old can participate.

Stop by the Children's Department of the Carlstadt Public Library to register, pick up the program packet, and check out some books. Happy reading! ###



Enjoy Meeting People? Become a Volunteer!

The Aviation Hall of Fame and Museum at Teterboro Airport is seeking Volunteers who enjoy meeting people.

There are 3 different Volunteer activities to choose from, tour guides, maintenance people to work on projects and new displays and computer associates to work in our rich library. We offer flexible hours and free training and support.

Visit www.njahof.org and check out the self guided tour of our Museum. For additional information, call Ralph at 201-288-6344 or email: ralph.vilicca@njahof.org ###

Extra Gazettes are available at:



Carlstadt Borough Hall Lobby Free Public Library	Moonachie Baron Drug II Borough Hall
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Hasbrouck Heights Bogota Savings Bank Free Public Library The Gazette Newspaper Heights Specialty Pharmacy TOCR/Gateway Realtors	Wallington JFK Memorial Library Senior Center
Little Ferry Borough Hall Lobby Public Library	Wood-Ridge Memorial Library Kearny Bank
Lodi Allstar Pharmacy Borough Hall Lobby Memorial Library	Every issue is available on-line at: The-Gazette-Newspaper.com

Read to Your Child



On Saturday, January 28, 2023, the Knights of Columbus St. Anthony Council 11585 held its Annual Knight of Honors in the Father Patrick Morris Hall in Assumption Church in Wood-Ridge.

Among the awards presented are "Police Shield of the Year," Sgt. Robert Jones; "Fire Shield of the Year," Assistant Chief Justin Berta, Ex-Chief

Thomas Bischoff, Firefighter Mateusz Czwakiel, Firefighter Nicholas Fallon, Firefighter Liam Maloney; "CCD Teacher of the Year," Caroline Sitarz; "Senior Citizen of the Year," Richard N. Volpitta; and "Community Service Award," former Councilwoman Catherine Cassidy.

The Firefighters of the Year Shield Award was in

recognition of their life saving Mutual Aid response to a October 10, 2022 Hasbrouck Heights fire on The Boulevard. Working with The Hasbrouck Heights Fire Department in a search and rescue, a semi-conscious victim was located on the second floor and carried to an awaiting EMS crew. The woman survived. *Photo provided by Dennis Kronyak Sr. ###*



The Hasbrouck Heights Fire Department responded to a Jefferson Avenue car fire on January 18, 2023. The fire was extinguished by HHFD Engine #2 under the command of 2nd Assistant Chief Cristian Fernandez. The fire was under control in 20 minutes. The car and fence had significant damage. No injuries were reported. *Photo by Jeff Mason. ###*



On February 8, 2023, the Wood-Ridge Fire Department responded to boiler malfunction at a 4th Street home. Scene above are firefighters repacking hose line. *Photo by Dennis Kronyak Sr. ###*



On January 30, 2023, the Carlstadt Fire Department responded to a heavy smoke condition on a 3rd Street, first floor apartment.

Carlstadt firefighter seen entering the structure through a window. Suspected cause: unattended cooking. *Photo by Dennis Kronyak Sr. ###*



On January 4, 2023, the Carlstadt Fire Department responded to a washing machine fire at a Hackensack Avenue Laundromat. *Photo by Dennis Kronyak Sr. ###*



On January 12, 2023, the East Rutherford Fire Department responded to a 3rd floor fire at the Boiling Springs Gardens Senior Center. Carlstadt and Rutherford Fire Departments assisted. No injuries were reported. *Photo by Dennis Kronyak Sr. ##*



This family lost everything in a Secaucus apartment fire, January 15, 2023. The husband, Ndiriim Grezda, his wife Egzona and twin children, Ari and Arsi, age 11 got out safely. Then the husband and wife went in and banged on everyone's door. Their action saved many lives. Unfortunately, one person didn't survive.

The New Jersey/New York Firemen's Association presented them with gift cards, as we do to any residents in a town that has our clothing bins in it. Pictured are President Roy DeYoung, 1st Vice President Bryan Hennig, 2nd Vice President Tony Chiodo, Secaucus Fire Chief Fred Schneider and Secaucus Councilman and fire liaison James Clancy and members of Secaucus Fire Department. *Photo by George Heflich. ###*

Things to Do in Your Garden

- Remove winter mulches. Rake and aerate lawn. Apply lime if needed.

- Eliminating hibernating pests in the early days of March can save you a world of trouble in the upcoming months of summer. It should top the list of things to do in March in the garden.

- Nothing spoils the beauty

of a well-maintained garden bed than a worn-out lawn lying alongside. Lawns suffer from the build-up of moss, debris and plant decay in the dreary days of winter, so March is probably the best time to tackle it.

You can start by hauling out all the dead grass, moss and the clutter that has accumulated. If allowed to remain, they

can quickly condense to form an impenetrable waterproof layer over the topsoil.

- The soil is workable in the spring, so it's a good idea to add a few centimeters of compost layer or well-rotted manure over your topsoil to prepare it for the upcoming growing season.

- Start vegetables and flowers from seed. Sow seeds outdoors of hardy annuals, such as

poppies and cornflower. Plant sweet peas and garden peas on St. Patrick's Day, if soil is workable.

- Plant cold-tolerant vegetables such as onions and peas (*mid to late month.*)

- March heralds the end of the dormant winter season. This makes it an ideal time for pruning all your trees and shrubs, all with one exception—pines.

- However, spring flowering shrubs, including lilac and forsythia, can be pruned now, unless you don't want to lose the flower buds on the delicate stems you are removing. If overgrown, these shrubs may be rejuvenated by cutting all the stems to the ground level, to stimulate nascent ones to emerge. Perform the process now and don't delay it until the flowering is done. ###



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