

**Nashville Gastro Consulting, PLLC**  
**William F. Alexander, M.D.**



---

343 22<sup>nd</sup> Avenue North, Nashville, TN 37203  
Ph. 615.327.7835 Fax 615.321.4146

Dear Patient:

We appreciate the opportunity to assist you with your gastroenterology needs. You will find that we make every effort to respond to you and the other members of your health care team in the most efficient manner possible.

In order for us to 1) provide you with the best care possible, 2) communicate with your referring or primary care physician, and 3) file accurate and timely insurance claims, we need for you to fill out the enclosed forms and return them to us as soon as possible.

Since some insurance carriers require referrals from your primary care physician and some procedures and/or medications require prior authorizations, it is important that the information we have for you is accurate and complete. So please enclose a copy of both the front and back of your insurance card(s) when mailing this packet back to us. Also, be sure to always bring your card(s) with you to office visits or procedures. Co-payments are collected before services are rendered; we accept cash, checks, and credit cards.

Two Release of Information forms are included in the packet. One is for our office to receive the records that will help us understand your case history. The other is for us to release records we have created here to any person or entity you designate.

We take pride in providing exceptional digestive care under the highest standards of patient safety and competent medical care in a clean, safe, and comfortable environment. We look forward to making a positive difference in your health.

Sincerely,

Dr. William F. Alexander  
And Staff

**Patient Information  
for Dr. William F. Alexander**

Date \_\_\_\_\_

Patient Name: First \_\_\_\_\_ MI \_\_\_\_\_ Last \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ M \_\_\_\_ F \_\_\_\_ SSN \_\_\_\_\_

Address: \_\_\_\_\_ Apt: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Hm (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Wk(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

In Case of Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone #: \_\_\_\_\_ Alternate Phone #: \_\_\_\_\_

Pharmacy Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**(Circle one) Primary Care Physician / Referring Doctor Information:**

Name \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_

Practice Name \_\_\_\_\_ Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Insurance Information**

**If policy holder name is different from patient name please provide policy holder information:**

Name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ SSN: \_\_\_\_\_

Address (if different from patient) \_\_\_\_\_

Does your insurance plan require a referral to see a specialist? Yes \_\_\_\_ No \_\_\_\_

Referral Number: \_\_\_\_\_ No. of visits authorized \_\_\_\_ Expiration Date \_\_\_\_\_

Does your insurance plan require pre-authorization for procedures? Yes \_\_\_\_ No \_\_\_\_

Phone# for Pre-Authorization \_\_\_\_\_

**Primary Ins:** \_\_\_\_\_ Address \_\_\_\_\_

ID#: \_\_\_\_\_ Group Name/No: \_\_\_\_\_

Plan Type: \_\_\_\_\_ Co-Pay for Office Visit or Specialist: \_\_\_\_\_

**Secondary:** \_\_\_\_\_ Address \_\_\_\_\_

ID# \_\_\_\_\_ Group Name/No: \_\_\_\_\_

Plan Type: \_\_\_\_\_ Co-Pay for Office Visit or Specialist: \_\_\_\_\_

**NASHVILLE GASTRO CONSULTING, PLLC**  
**HISTORY AND PHYSICAL / CONSULT**

Date: \_\_\_\_\_

<b>LAST NAME</b>	<b>FIRST</b>	<b>NAME YOU PREFER</b>	<b>MIDDLE INITIAL</b>	<b>SEX:</b> M ___ F ___	<b>AGE</b>	<b>DATE OF BIRTH:</b>
Occupation: _____ Retired: Y/N	# Dependents _____ WT ___ HT ___	Marital Status: _____ S ___ M ___ D ___ W ___	Stress Level on Job: Score 0-10: _____ Level of personal/family stress: Score 0-10: _____			
REFERRAL SOURCE: Physician: _____			Other Source: _____			
Other Doctors You See: _____						

**LIST ALLERGIES TO MEDICATIONS (NAME OF MEDICATION AND REACTION):**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**CHIEF COMPLAINT:** What is the main reason you are here today? \_\_\_\_\_

Have you had any recent x-rays pertaining to the reason you are here today? Yes \_\_\_ No \_\_\_ If yes, please explain  
 Have you had any recent lab tests pertaining to the reason you are here today? Yes \_\_\_ No \_\_\_ If yes, please explain

**PRESENT ILLNESS:**

Symptom: \_\_\_\_\_  
 Onset: \_\_\_\_\_  
 Location: \_\_\_\_\_  
 Severity: \_\_\_\_\_  
 Timing: \_\_\_\_\_  
 What Makes Better: \_\_\_\_\_ WORSE: \_\_\_\_\_

**PRESENT MEDICAL ILLNESSES:** Do you have a problem with any of these now? Please answer all questions.

	YES	NO	COMMENTS		YES	NO	COMMENTS		YES	NO	COMMENTS
Heartburn				Diarrhea				Weight Loss			# of pounds _____
Difficulty swallowing			Solids ___ Liquids ___ Both ___	Abdominal Pain				Change in BMs (frequency/color)			
Yellow Skin				Constipation				Fever			
Nausea				Vomiting				Loss of appetite			
Rectal bleeding				Black, Tarry Stools				Do any foods worsen symptoms			
Vomiting blood			How often? _____	Anal Pain with BMs				Bloating/Excessive Gas			

**PAST MEDICAL HISTORY: DO YOU HAVE OR HAVE YOU EVER HAD ANY OF THE FOLLOWING? PLEASE CHECK THE APPROPRIATE BOX.**

	Yes	No		Yes	No		Yes	No
blood transfusions			chest pain			free bleeder, i.e. hemophilia		
heart disease			diabetes			kidney problems		
breathing problems			ulcers			sleep apnea		
asthma			liver problems			high blood pressure		
seizure disorder			hepatitis			cancer (if yes, list)		
damaged/replaced heart valve			mitral valve prolapse			rheumatic fever		

**PAST SURGICAL HISTORY: SURGICAL ILLNESSES**

Have you ever had any surgeries? YES/NO IF YES, PLEASE LIST SURGERY OR PROCEDURE BELOW AND SPECIFY YEAR DONE:

\_\_\_\_\_

Are your immunizations up-to-date? (Tetanus, hepatitis B, flu, pneumonia) YES/NO

<p><b>SOCIAL HISTORY</b> - Do you use any of the following?</p> Alcohol YES/NO amount per week: _____ Cigarettes YES/NO pkg/day or amount: _____	Caffeine/Cola YES/NO cups/day: _____ Drug Use (marijuana, etc.) YES/NO Type: _____ Have you traveled outside the U.S. in the past year? Where: _____
---	--

**FAMILY MEDICAL PROBLEMS/CAUSES OF DEATH:**  
**Mother:** \_\_\_\_\_ **Brother/Sisters:** \_\_\_\_\_  
**Father:** \_\_\_\_\_ **Children:** \_\_\_\_\_

**FAMILY MEDICAL HISTORY** Immediate family refers to blood relatives only, not relatives by marriage. This does NOT apply to YOU.

DISEASE	YES	NO	WHO	DISEASE	YES	NO	WHO	DISEASE	YES	NO	WHO
Liver disease				Spastic colon (irritable bowel)				Colon polyps			
Stroke				Anesthesia Complications				Crohn's Disease			
Ulcers				Colon Cancer				Ulcerative Colitis			
Diabetes				Tuberculosis				Cancer			
Asthma											

**PLEASE LIST MEDICINES AND DOSAGES YOU ARE TAKING, PLEASE INCLUDE OVER-THE-COUNTER MEDS, HERBS, VITAMINS, ETC.**

1. _____	4. _____	7. _____
2. _____	5. _____	8. _____
3. _____	6. _____	9. _____

**ANTI-INFLAMMATORY DRUGS:** In the last month, have you taken aspirin or aspirin-like drugs such as ibuprofen, Nuprin, Advil, Aleve, BC powders, Goody's powders, Alka- Seltzer, or Anacin? If yes, circle the drug. Others: \_\_\_\_\_

**DO YOU HAVE ANY OF THE FOLLOWING? PLEASE CHECK THE APPROPRIATE BOX.**

REVIEW OF SYSTEMS	YES	NO	REVIEW OF SYSTEMS	YES	NO	REVIEW OF SYSTEMS	YES	NO	REVIEW OF SYSTEMS	YES	NO
Change in weight			Sore throat			Difficulty swallowing			Arm/leg weakness		
Fatigue			Shortness of breath			Rectal bleeding			Arthritis/back pain		
Skin changes			Asthma			Nausea			Anemia/blood disorder		
Rash			High cholesterol			Food allergies			Thyroid problems		
Frequent headaches			High blood pressure			Bowel incontinence			Nervousness/depression		
Hoarseness			Vomiting			Blood in urine					

**PHYSICAL EXAM (TO BE COMPLETED BY PHYSICIAN)**

CONSTITUTIONAL	VS: WT: _____ R: _____ P: _____ BP: _____ Temp: _____	WNL	ND	COMMENTS
GENERAL	NAD; WDN.			
EYES	Sclerae anicteric. PERRLA.			
NECK	Without masses. Thyroid symmetric. Non-enlarged.			
RESPIRATORY	Respiratory effort is normal. Breath sounds clear to auscultation.			
CV	Heart RRR. No murmurs, rubs, or gallops.			
ABDOMEN	Soft, no tenderness to palpation, no hsm, no guarding, no rebound, no masses, no inguinal hernias.			
RECTAL	No fissures/fistulas, no external hemorrhoids, no hemorrhoidal tags, heme negative			
LYMPH	No neck, supraclavicular, axillae, groin nodes palpable. No nodal tenderness.			
SKIN	No rash, lesions, jaundice			
PSYCHIATRIC	Normal orientation, memory. (Mood/ Depression)			
MUSCULO-SKELETAL	Normal gait. Strength is equal. Normal range of motion.			
NEUROLOGIC	Cranial nerves II-XII grossly intact. Normal sensation/reflexes.			

Labs Reviewed: \_\_\_\_\_ Old Records Reviewed: Yes/No. Time Spent Counseling \_\_\_\_\_

**Anesthesia Class of Physical Status:** \_\_\_ Class I: No systemic illness. \_\_\_ Class II: Mild to moderately severe systemic illness. \_\_\_ Class III: Severe systemic illness. \_\_\_ Class IV: Life-threatening illness. \_\_\_ Class V: Moribund patient. **Anesthesia Plan:** Patient will be sedated with a benzodiazepine and a narcotic such that protective reflexes are maintained. A preoperative oral dose of a barbiturate may be given. **Informed Consent:** The nature, alternatives, indications, risks, and plan for conscious sedation and the above procedure(s) were discussed with the patient and/or guardian and questions were answered. The patient and/or guardian verbalized an understanding and agreed to undergo the procedure.

**M.D. Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Nashville  
Gastro Consulting, PLLC**

**ASSIGNMENT OF BENEFITS**

I hereby assign medical benefits due to me to be paid directly to Nashville Gastro Consulting, PLLC. I hereby consent to the release of medical records when, necessary for billing and reimbursement. I understand that a photocopy of this release is as valid as the original.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Financial Policy**

It is our policy to bill your insurance carrier as a courtesy. Arrangements for your deductible should be made today. If within 90 days your insurance has not remitted payment on your account, the balance is due in full from you. Excessive payments will be promptly refunded. You recognize an obligation to forward to Nashville Gastro Consulting, PLLC any payment received by you, but due to us.

If collection efforts must be pursued, you will be held responsible for the collection agency and/or attorney fees.

The above does not apply to those patients considered to be covered under workman compensation. However, be advised that you will be held responsible for your account in the event your claim is controverted. I have read the above. I agree with and understand its contents.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

New Patient Consent to the use and Disclosure of Health Information  
For Treatment, Payment, or Healthcare Operations

I, \_\_\_\_\_, understand that as part of my health care, Nashville Gastro Consulting Clinic, PLLC originates and maintains paper and/or electronic records describing my health history, symptoms, examination and test results, diagnoses, treatment, and my plans for future care or treatment.

I understand that this information serves as:

- A basis for planning my care and treatment,
- A means of communication among the many health professionals who contribute to my care,
- A source of information for applying my diagnosis and surgical information to my bill
- A means by which a third-party payer can verify that services billed were actually provided, and
- A tool for routine healthcare operations such as assessing quality and reviewing the competence of healthcare professionals

I understand and have been provided with a *Notice of Information Practices* that provides a more complete description of information uses and disclosures. I understand that I have the following rights and privileges:

- The right to review the notice prior to signing this consent,
- The right to object to the use of my health information for directory purposes, and
- The right to request restrictions as to how my health information may be used or disclosed to carry out treatment, payment, or health care operations.

I understand that Nashville Gastro Consulting Clinic, PLLC is not required to agree to the restrictions requested. I understand that I may revoke this consent in writing, except to the extent that the organization has already taken action in reliance thereon. I also understand that by refusing to sign this consent or revoking this consent, this organization may refuse to treat me as permitted by Section 164.506 of the Code of Federal Regulations.

I further understand that Nashville Gastro Consulting Clinic, PLLC reserves the right to change their notice and practices prior to implementation, in accordance with Section 164.520 of the Code of Federal Regulations. Should Nashville Gastro Consulting Clinic, PLLC change their notice, they will send a copy of any revised notice to the address I've provided (whether U.S. mail or, if I agree, email).

I wish to have the following restrictions to the use or disclosure of my health information:

---

---

---

I understand that as part of this organization's treatment, payment, or health care operations, it may become necessary to disclose my protected health information to another entity, and I consent to such disclosure for these permitted uses, including disclosures via fax.

I fully understand and accept or decline the terms of this consent (circle one).

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

FOR OFFICE USE ONLY

- Consent received by \_\_\_\_\_ on \_\_\_\_\_.
- Consent refused by patient, and treatment refused as permitted.
- Consent added to the patient's medical record on \_\_\_\_\_.

**Nashville Gastro Consulting, PLLC**  
**William F. Alexander, M.D.**

---

343 22<sup>nd</sup> Avenue North, Nashville, TN 37203  
Ph. 615.327.7835 Fax 615.321.4146  
*Setting the standards for exceptional digestive care*

**AUTHORIZATION TO RELEASE HEALTH CARE INFORMATION**

Patient's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Social Security#: \_\_\_\_\_

I request and authorize **NASHVILLE GASTRO CONSULTING, PLLC** to release my medical records to:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**This request and authorization applies to:**

\_\_\_\_\_ Health Care Information relating to the following  
(Patient Name)

treatment, condition or dates of Treatment: \_\_\_\_\_  
(if applicable)

\_\_\_\_\_ All health care information

\_\_\_\_\_ Other

I understand that my express consent is required to release any health care information relating to testing, diagnosis, and/or treatment for HIV (AIDS VIRUS), sexually transmitted diseases, psychiatric disorders/mental health, or drugs and/or alcohol use, you are specifically authorized to release all health care information relating to such diagnosis, testing or treatment.

\_\_\_\_\_  
Signature of Patient  
(or Patient's Authorized Representative)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship or status if signed by anyone other  
than patient (parent, legal guardian, personal  
representative, etc.)

\_\_\_\_\_  
Date

**NGC TO RELEASE RECORDS**

**Nashville Gastro Consulting, PLLC**  
**William F. Alexander, M.D.**



343 22<sup>nd</sup> Avenue North, Nashville, TN 37203  
Ph. 615.327.7835 Fax 615.321.4146

**AUTHORIZATION TO RELEASE HEALTH CARE INFORMATION**

Patient's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Social Security#: \_\_\_\_\_

I request and authorize \_\_\_\_\_ to release my medical records to:

Dr. William F. Alexander -- Nashville Gastro Consulting, PLLC  
343 22<sup>nd</sup> Ave., N.  
Nashville, TN 37203  
FAX – 615-321-4146

**This request and authorization applies to:**

\_\_\_\_\_ Health Care Information relating to the following  
(Patient Name) treatment, condition or dates of Treatment: \_\_\_\_\_

\_\_\_\_\_ (if applicable)  
All health care information

\_\_\_\_\_ Other

I understand that my express consent is required to release any health care information relating to testing, diagnosis, and/or treatment for HIV (AIDS VIRUS), sexually transmitted diseases, psychiatric disorders/mental health, or drugs and/or alcohol use, you are specifically authorized to release all health care information relating to such diagnosis, testing or treatment.

\_\_\_\_\_  
Signature of Patient  
(or Patient's Authorized Representative)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship or status if signed by anyone other than patient (parent, legal guardian, personal representative, etc.)

\_\_\_\_\_  
Date

**NGC TO RECEIVE RECORDS**