

Ready for the Adventure

If you are ready for the *Amazing Adventure*, contact your Extension Office to sign-up for this

FREE CAMP

PARTICIPANTS IN THIS PROGRAM SHOULD HAVE THE PHYSICAL ABILITY TO HIKE AT HIGH ALTITUDES, CRAWL THROUGH CAVES, AND RAFT OVER MODERATE RAPIDS.

TO REGISTER:

- Complete the enclosed Wyoming 4-H Health Form
- Return to the Extension Office.
- Packing list and additional information will be provided when registration is received.

Registration is limited to just 10 teens age 13 and up from each county.

Jessica Gladson Campbell County 4-H (307) 682-7281 Megan Brittingham Goshen County 4-H (307) 532-2436



Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Glen Whipple, Director, Cooperative Extension Service, University of Wyoming, Laramie, Wyoming 82071.

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Monday, July 8 to Wednesday, July 10, 2013

Raft down the river, hike through the mountains, explore caves, soak in the hot springs as you experience the adventures at Campboshen Teen Adventure Camp! This high energy camp is full of activities that engage teens by using advanced leadership skills.



6:00 AM	Goshen County Depart
7:00 AM	Campbell County Depart
11:30 AM	Lunch in Cody
12:00 PM	Depart for A.L Mickleson Field Station, DELTA Program
12:45 PM	Arrive A.L. Mickleson Field Station, atop Dead Indian Pass
1:00 PM	Icebreakers
2:00 PM	Hike 7.5 miles to the top of Pat O'Hara Mountain at just below 10,000 feet above sea level
6:30 PM	Set up camp
7:00 PM	Dinner
8:00 PM	Campfire
Tuesday, July 9	
Prior to 7:30 AM	Break down your camp
7:30 AM	Breakfast
8:30 AM	Caving, Spirit Mountain Cave, Cedar Mountain
12:30 PM	Lunch
1:00 PM	Rafting, Shoshone River
2:30 PM	Snack and restroom stop
4:30 PM	Depart for Thermopolis
6:30 PM	Dinner, Check in to Hotel
Wednesday, July 10	
Prior to 9:00 am	Breakfast and checkout
9:00 am	Hot Springs State Park, Swinging Bridge, Star Plunge Mineral Pools
1:00 pm	Lunch and Depart for Home
6:00 pm	Arrive home



CAMPBOSHEN 4-H TEEN ADVENTURE CAMP raft it | cave it | hike it

