



Serving Size, Ingredients and Nutrition Facts



ENCALA DOSE

1

1 serving

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2 scoops

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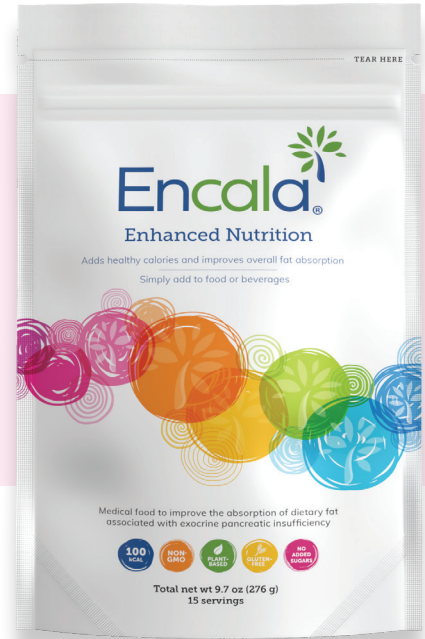
18 grams

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2 tablespoons

Think of the daily number of servings as an amount to be spread across all the meals, snacks, and beverages of the day. Even using a half or quarter serving will improve fat absorption benefits for that food and get your patients closer to their daily serving goal.



Nutrition Facts

1 serving per container
Serving Size 1 package (18g)

Amount per serving
Calories 100

% Daily Value*

Total Fat 6g	8%
Saturated Fat 1g	5%
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 1.5g	
Sodium 170mg	7%
Total Carbohydrate 10g	4%
Protein 0g	
Calcium 40mg	4%
Vitamin E 1.1mg	8%
Choline 250mg	45%

Not a significant source of trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, iron and potassium

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

In an NIH-sponsored randomized, active placebo-controlled, double-blind study in patients with CF¹

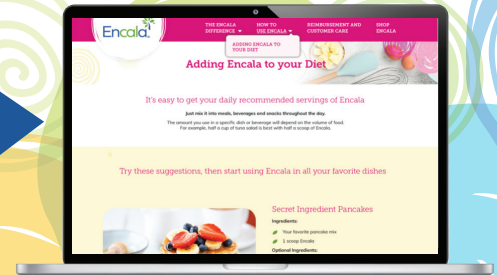
- Subjects 5 to 11 years of age consumed 2 servings per day
- Subjects 12 to 18 years of age consumed 3 servings per day

Encala Ingredients:

Tapioca Maltodextrin, Monoglycerides, Soybean Lecithin, Oleic Acid and Linolenic Acid, Calcium Chloride, Water.

Contains: Soy

Learn more at www.encala.com



If you have questions, please contact your account specialist or email your questions to Encala@EnvaraHealth.com



1. Stallings VA, Tindall AM, Mascarenhas MR, Maqbool A, Schall JI. Improved residual fat malabsorption and growth in children with cystic fibrosis treated with a novel oral structured lipid supplement: a randomized controlled trial. PLoS One. 2020;15(5):e0232685.