



# “Take Post”

## The Journal of The Toronto Gunner Community

### Edition 7, 18 September, 2015

#### THIS EDITION

- 7<sup>th</sup> TOR at Meaford
- Canada Company – Many Ways to Serve
- RSM of the Royal Regiment of Canadian Artillery
- Exercise STALWART GUARDIAN, Petawawa
- And Much More!

This journal, “Take Post” is published bi-monthly under the authority of the Honorary Colonel, 7<sup>th</sup> Toronto Regiment, Royal Canadian Artillery. Take Post reaches out to all Gunners and those interested in being part of the Regimental Artillery Family of the Greater Toronto Area. The purpose is to share information and strengthen the ties between serving members, retired Gunners, Gunner families, friends of the Artillery, and the greater Toronto and region community.

Notes and Letters to the “Editor” can be sent to:  
[beno@kos.net](mailto:beno@kos.net)



**Ambassadors - Warriors Day at CNE**  
 Left to right: Emily Roberts, Jessie Hooker, Lt Nick Arrigo, Lindsay Martin, Rachel English

## Exercise STALWART GUARDIAN 2015



**SG15 = BESTEX15!!**

By Major John Stewart

SG means Stalwart Guardian. But it also stands for . . . St. Barbara's Gang! Superb Gunnery! So Great! All of these are appropriate since the Gunners led the way at SG 15 and gained the reputation as "the best out there". In fact, we were so impressive that there was a video shown at the end of the first week in the briefing welcoming the Honoraries from all regiments and units at SG15, which featured scenes from Artillery training exclusively. I guess no one else made the "director's cut"!

We have had some great exercises in the past, but this was the best two weeks in the field we have had in many years. We had guns completely dug in on the position, (some pretty luxurious gun pits I might add) using Combat Engineer support. We fired every kind of mission possible, except for a number one's open action, and we did it on a regimental level. We had airlifts, so no one came away from SG15 without some very satisfying air time in a helicopter. And when was the last time you saw close air support flown by Alpha jets rolling in over our gun position? The exercise was filled with real life scenarios, complete with a great enemy force that played their role brilliantly, only to be outdone by our own QRF, who captured some of them, went through the proper drills and won the admiration and respect of the IG Assistance team and mentors.

There were two things that became absolutely clear at Petawawa. First, our skill sets are at a high level but need to be maintained through diligent work and constant training. They are currently good enough that by the end of the first week the RSM of 2 RCHA declared that there was no difference between regular and reserve Gunners. That was after only 5 days of brushing up on finer points and shaking out with new teams learning how to work together. Second, we are an amazing regimental family! Our ability to coalesce with fellow Gunners from the Artillery of Ontario is impressive and inspiring. That includes our great friends in all reserve

regiments and 2 RCHA, who were nothing less than stellar in their support of us. By the way, when was the last time you saw a Regular Force CO with a shovel in his hands digging in a Gun position while a Reserve Sergeant held a sand bag as he filled it? I have the picture of LCol Hatton and Sgt Kase hard at work! Our dedication to the task at hand of developing our skills as professionals on the Guns culminated with a fabulous smoker, that was hard fought for by LCol Hatton, and which turned out to be the envy of the rest of our fellow soldiers at SG15. We definitely had the BEST party in Petawawa complete with a superb steak dinner, cold beer and a Gunner DJ who made the place jump! What a great way to celebrate two weeks of success.



**STALWART GUARDIAN  
Dug-in, and Ready to Fight**

Out of this comes an even stronger bond with our great Gunner friends across Ontario, and our determination to be a "family of families" that draws admiration from other corps in the Army. Our future is a bright one, with generous offers to train regularly with our friends at 2RCHA and to continue to lead the way for others. This year will see many opportunities to enjoy even more great times, so while SG 15 is over for many, for us, it is just the beginning . . .



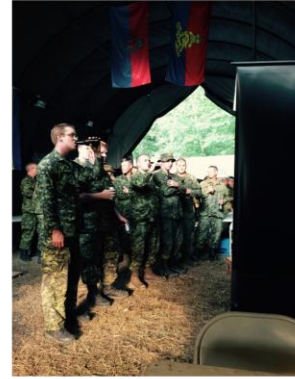
**Left: LCol Hatton gives orders  
Right: RSM MWO Reyes and RSM 2 Guns Lundrigan  
Hard Chargers! Hard Core!**



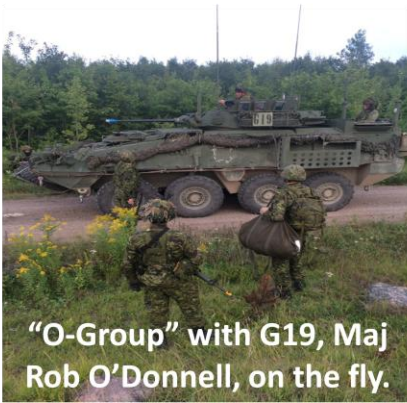
The CO of 2RCHA and Sgt Kase dig in her Gun



One of the aerial surveillance vehicles used on the Ex



A great smoker at the end of it all!



"O-Group" with G19, Maj Rob O'Donnell, on the fly.



Everyone is proud of their Gun Pit!



## GOOD SHOOTING! UBIQUE

### News From The Command Post – Ex Stalwart Guardian

By Master Bombardier Kevin Noh

From August 15 to August 30th, 7th Toronto Regiment RCA attended Stalwart Guardian 2015 hosted at base Petawawa, ON. Under the leadership and mentoring of 2RCHA, 7th Toronto members were put through their paces in grueling physical and mentally demanding work. My name is MBdr Noh, 7th Toronto Regiment, 15 Battery CP Supervisor. And here's my account and perspective on this yearly exercise.

Recently coming off my Gun Area Technical Supervisor Course Mods 2-3 in Meaford, the lead in towards the



exercise was highly anticipated. My course prepared me well for what was to come, but it was not in the fashion I believed it was going to be. SG15, was a technically challenging exercise, and due to the gap between regular and reserve force training, operating the command post as reservists in a regular force context was a steep, and sometimes stressful learning curve. Reserve artillery regiments of Ontario would most often operate at the battery level, and if rarely the regimental. SG 15 allowed the Command Post to exercise in a full regimental level, interacting with both callsign '0', '95', '8' and various others that normally are never used on a weekend exercise. To give you a scope of what happens in the box, many a times, we at the reserve level focus on one radio net conversing with the battery OP. For SG15, four radio nets were maintained at all times, including regimental command, regimental ring, battery net, and admin net. The Sigs/Techs were worked overtime in an environment they were never exposed to. Reports and Returns in specific formats at specific times during the day, requests for air space/corridors, priority of fire, to go live, medevacs, 9 liners, MIST, AFV and PERS reps, etc. The list went on and on, and in the end, our Command Post had no empty spot on the walls or corkboards to pin important documents or report formats.

We were involved in many exciting opportunities that are indeed rare chances for reserve soldiers to be a part of. Helicopter insertions with Chinooks, Mortar raids, regimental defensive positions, Harassing Fire tasking's, Constant Enemy Force, and numerous firing and movement both regimentally and at the battery level. 2RCHA conducted stand training where we learned about the unique capabilities and opportunities of what 2RCHA works with, such as LAV's, UAV's, M777's, Observer's equipment as well as many other PD sessions. The stand training was great exposure to a world we reservist never see, and 2RCHA have done a fantastic job. In addition to stand training, the field portion and exercise planning was also indeed fantastic, and in my perspective one of the best training I, as a CP supervisor, and my Command Post team have taken part in.



The field portion of the exercise started with a torrential downpour unlike I've ever seen. I knew this was going to be a challenging exercise, and we would be tested mentally and physically. The sun was hot, weather was humid, and it rained many days. However as the days turned over, challenges turned easy, and adaptations to unique problems or opportunities were fruitful, and learning was not always occurring. The many opportunities we were exposed to were exciting, anticipated, and were the highlights of the exercise.

My team consisted of Bdr Noh, Bdr Chan, and MBdr Dubas from 56th Field, as well as two CPO's Lieutenant Tempeny, and Second Lieutenant Proner. In addition; we had Bdr Richardson from 2RCHA D Battery mentor the signalers of our box. The beginning of the exercise, we were

at each other's throats, jumping on top of each other, and throwing blades around the box. By the end of the exercise, we evolved into a well oiled machine, where morale was high, efficiency was at its peak, and operating at a regular force regimental context became second nature for the team. It was warming to see Bdr Chan grow both as a person in confidence and as a technically sound signaler/tech under the mentorship of Bdr Richardson. Bdr Chan's was in the beginning meek, and lost in radio transition. Throughout the exercise, he became a rockstar in the box, manning 4 radio nets with ease, day in and day out. Bdr Noh was sound with his gunnery and fire discipline. However; unsure of regimental missions and working at the regimental level, he learned through shadowing and asking logical questions. Though the exercise reached a technical level of fire discipline that he was able to shoot confidently as a CPO a Dry Fire Mission all by himself. Both sigs and techs, as well as the team itself, have grown immensely, both as confident soldiers, and as a technically sound unit. Through the use of mentors like Bdr Richardson, the CP team could not have grown to the level it has and I personally thank the good Bdr for his level of professionalism and work.

In the end, we as the command post, worked hard together, to overcome obstacles and problems provided by 2RCHA to test our mental fortitude and physical robustness. We learned quickly and efficiently, growing together as a team, as a battery, as a regiment and as an artillery family with 2RCHA. Only time will tell what Stalwart Guardian 16 will bring to the table!

*Good Shooting! Master Bombardier Noh*

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## **Gunner Han – Reporting from the “Sharp End”**

From 15<sup>th</sup> to the 30<sup>th</sup> of August 2015, I had the pleasure of joining 7<sup>th</sup> Toronto Regiment to work in tandem with 2 RCHA and many other artillery regiments for Stalwart Guardian 2015 in CFB Petawawa. In the short two weeks, there were many exciting events lined up for us, some of which I never expected to encounter in my military career. These events included mortar raids with the Chinook helicopters and assault water boats, and setting up a dug-in defensive position. These support elements are not readily available to the reserves, so it was great to use this opportunity to try new stuff.



In addition, this was a perfect opportunity to not only practice gunnery skills, but also basic soldier skills. Many of us are accustomed to weekend exercises due to other priorities, however EX SG15 allowed us to get out of our comfort zone and challenge ourselves. Going from firing with just our own regiment to a full combat system alongside the Infantry and Armoured Corps, it adds a whole new level of intricacy and complexity which simulates real combat more realistically than a regimental training exercise.

Overall, SG15 was a great time and I am really glad I made it out this year. When that time arrives next year when the unit asks for our availability for SG16, I know that I will be putting my name up and hopefully many others will do the same.

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## **Sergeant Kase – She’s Everywhere!!! UBIQUITOUS!**

Exercise STALWART GUARDIAN 2015 was designed to develop and teach new skills to our soldiers. For more than 1500 soldiers of the 4<sup>th</sup> Canadian Division it began Saturday, August 15 and ended August 30.

It was a rare and wonderful chance to bring the combat arms together. For many of us it was the first time we had combat engineer, air support, and Wpn techs, to name a few, at our disposal. It allowed us the opportunity to experience a much-needed tactical night delivery point, which for many of us was a first.



During the second week not only did we have time to dig in the guns in a defensive position we also had the opportunity to do harassing fire tasks.

The EX allowed for us to build comrades from our own unit and other units. The highlights of the exercise, and I’m sure I can speak on behalf of my Detachment was the dismounted 81mm Mortar operation, where we deployed from a Chinook. I myself was extremely lucky to have an entire Detachment of 7 Tor members (the best). We learned from each other and living 14 days in the field saw things in each other you can’t un-see. The troops got to experience and understand sustainability at a new level. Luckily we were able to enjoy a well-needed shower that was set up in the field half way through the Ex. I truly hope we have this opportunity again, and we’ll be able to increase our numbers every year.

*Sgt Kase. A.R, TSM D, 15 Bty*

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## **Reserve Summer Training 2015 - Meaford (RST 15)**

By Major Ryan D. Smid

It has been my distinct pleasure to have served as the Battery Commander for 48 Depot Battery for the past two summers in Meaford, ON. Our mission has been to provide world class training to the artillery soldiers of the 4<sup>th</sup> Canadian Division as part of RST each year. I am pleased to report that RST 15 was immensely successful with more than 150 different qualifications being

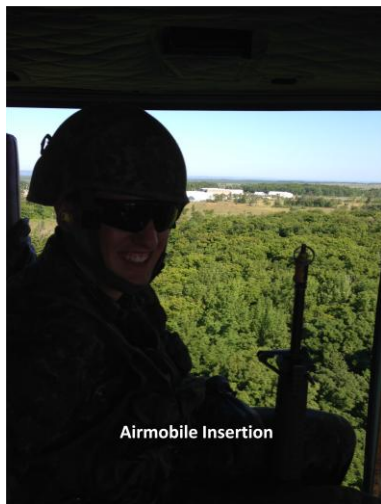
awarded to individual soldiers. It is also with great pride that I can write that 7<sup>th</sup> Toronto Regiment played a significant role in this success through the quality and quantity of the staff, instructors and students necessary to run such a program.

You have previously read in the July edition of Take Post the many courses and successes that had been achieved by 48 Depot Battery and specifically the soldiers of 7 Toronto Regiment. Since mid-July, our soldiers have continued to perform extremely well. The second half of RST saw the completion of two separate serials of the DP1 Artilleryman course which graduated approximately 45 new Gunners. The Gun Area



**Master Bombardier Noh hanging around with the Top Brass**

Technical Supervisor course also graduated 13 students from across three different Divisions in Canada; a true success story for inter-Divisional cooperation. The OP Det 2IC course ran for the first time in several years and has generated the next generation of OP parties for our Division. All of these courses had contributions from our Regiment: Lt Lum was a Course Officer for DP1, Sgt Bankasingh and MBdr Noh are graduates of the GATS course, and MBdr Roodzant was an instructor on the OP Det 2IC course to name just a few.



part of the Battery and served as an excellent place for our soldiers to further develop their soldier and artilleryman skills.

Given that there are dozens of courses, both Regular Force and Reserve, being run in Meaford each summer, it should come as no surprise that there are opportunities for our soldiers to gain qualifications that they might not normally

In order to support live-fire training throughout the summer, 48 Depot Battery has a Firing Troop in which many of our soldiers served. When not conducting live-fire support to courses, Firing Troop works on IBTS training and other artillery related training. Undoubtedly the highlight for many of the soldiers was the 24 hour dismounted mortar raid which included an airmobile insertion of the Firing Troop. Although it pushed many to their physical limits, it demonstrated the potential of our soldiers to perform from the creative design of the exercise through to its execution. Firing Troop proved to be an invaluable





have access to throughout the year. For example, Bdr McCullough and Bdr Lockwood were given the opportunity to attend a Close Quarter Combat (CQC) course being run for a Regular Force DP1 Infantryman course. Both of our members performed extremely well and as a result are now CQC qualified. Great work gentlemen!



*Happy Birthday to Lt Lum*

While the summer can be extremely long and difficult at times, the Battery tried hard to celebrate individual milestones and recognize that our soldiers have lives outside of RST. To this end, birthday cupcakes were presented to soldiers throughout the summer. Lt Lum had the pleasure of receiving his directly from the Deputy Commander of 4<sup>th</sup> Canadian Division, BGen D. Patterson!

RST 15 ran two more courses than RST 14 and consequently graduated more soldiers as well as providing more experience to the members of Firing Troop. The calendar for

RST 16 has already been drafted and will see artillery training in our Division continue to grow. In addition to all the courses that were run this summer, next summer the intention is to run the GATS Recce Tech Supervisor course, a Basic Comms course, and the OP Det Mbr course. The soldiers of 7<sup>th</sup> Toronto Regiment proved to be an instrumental part in the successful execution of RST this summer and I am confident that this will be true again next year as well.

My sincere congratulations to all those soldiers who graduated from a course this summer; your dedication to professional development speaks volumes. My personal thanks also to those who volunteered to instruct or to serve as staff; without you there simply wouldn't be an RST.



*Great Soldiers doing Great Training*

**Ubique! Major Ryan Smid**

## 7<sup>th</sup> Toronto Regiment RCA Command Team



Commanding Officer, 12 Field Regt – Major John Stewart  
RSM 12 Field, MWO Mardie Reyes  
Hon Col 7<sup>th</sup> Tor, E Beno

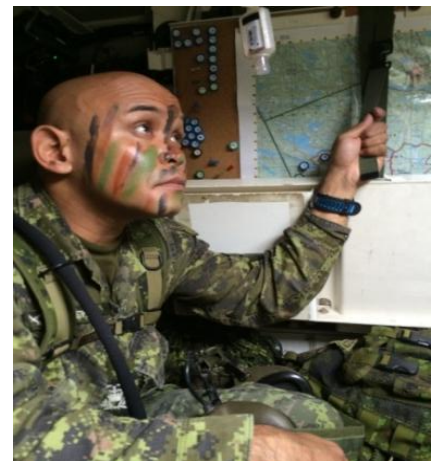
Welcome to the 7<sup>th</sup> edition of “Take Post”. I am very pleased to have another successful and maybe a more significant training year yet. This newsletter demonstrates our commitment to all members of the Regimental Family.

Members of 7<sup>th</sup> Toronto Regiment, current and past continue to lead the way within the Brigade and Division in leadership, cohesion, heritage, tradition, esprit de corps, and fitness. This year has seen the Regiment successfully plan the Garrison Ball, 70<sup>th</sup> anniversary of the Liberation of Netherlands, put three teams on Ultra Niagara winning the overall marching team, Reserve Summer Training 2015, and a challenging yet rewarding Stalwart Guardian 15.

Congratulations to Sgt Kase, MBdrs Jackson, Fleet, and Bdr Krulevich for coming first place at the Ultra Niagara. I’d also like to congratulate the two running teams that represented 7<sup>th</sup> Toronto Regiment who faired well at the race. Keep up the great work and let’s continue to build on our successes!!

Reserve Summer Training 2015, 48 Depot Battery has again produced numerous qualified artillery soldiers from DP1 Arty to DP3 Gun Area Technical Supervisor (GATS) Course not just within the Division but from other Divisions as well. The Regiment has again filled the majority of the instructor billets that qualified hundreds of gunners who will be the next wave of leaders in the CAF in the years to come.

Stalwart Guardian 2015 was gruelling, challenging, rewarding and will most likely be one of the more memorable moments for many gunners within 4<sup>th</sup> Canadian Division. From Area Neutralization (AN) missions, quick actions, Harassing Fire (HF) tasks, Troop Commander’s Fire plans to Defensive positions including fully dug in and riveted gun pits, gunners from across the Division came together and accomplished collective training at a whole new different level. Thanks to 2 RCHA’s outstanding support for planning the exercise that allowed the Arty units to achieve Battle Tasks Standards that couldn’t have been achieved on weekend exercises during the year. It brought cohesion from the detachment level right up to Regimental level.



I'm very privileged and proud to have been this year's 12 RCA's RSM at Stalwart Guardian 2015. Thank you to all that made Stalwart Guardian 2015 a great success.

***Master Warrant Officer Mardie Reyes, CD – Regimental Sergeant-Major***  
***Lieutenant-Colonel Paul Szabunio, CD, - Commanding Officer***

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## From the Clouds

*Basic Parachutist Course – Session 152 (Jul 13-30, 2015)*



On July 30<sup>th</sup>, 2015, two members of the 7<sup>th</sup> Toronto Regiment (7<sup>th</sup> Tor) were pinned with their Jump Wings, the culmination of three weeks at the Canadian Army Advanced Warfare Centre. Sergeant A.R. Kase and Captain E.C. Laxton completed the Basic Parachutist Course (BPara) in Trenton, Ontario, and joined a proud and distinct club of Airborne Gunners.

The BPara course consists of 3 stages, each a week long. It is during Ground Stage that candidates learn the drills and performance objectives for kit rigging, aircraft, flight and landings. Kit rigging involves packing a



parachute drop bag with your ruck sack and preparing your equipment (including rifle and snowshoes) for a jump. The total load, including reserve parachute, is about 120 lbs. Aircraft classes put candidates in a mock up of the CC-130J Hercules aircraft, where drills are learned and practiced for in-aircraft procedures and exits. Flight classes are done in the flight trainer, a parachute mock up that includes the harness and risers that suspend candidates from a simulated canopy in order to practice drills for cutting down on drift, avoiding obstacles and preparing to land. Landing classes put candidates onto a mock up with the parachute harness and risers, but this time suspended from a rope that when released will drop the parachutist onto a padded mat where they are expected to perform the landing roll technique.

During the Tower Stage, candidates are introduced to the mock tower. The skills are the same as the aircraft drills during Ground Stage, only this time candidates will exit the mock up at 32 feet off the ground, attached by your harness to a zip line. It is here where jumpers experience the psychological effects of height, causing some to fuddle their drills. The instructors evaluate your exit drills, ensuring they are done properly and without hesitation. Several candidates were unsuccessful during this stage of the course and were sent home.

Jump Stage is the final stage, where candidates combine all the skills they have learned to complete 5 jumps, including door exits, ramp exits and a night jump with full equipment. Before proceeding to Jump Stage, candidates must pass their four PO checks in kit rigging, aircraft, flight and landings. As the physical demands of the course continue to take their toll, several more candidates were returned to unit during this stage for medical and health reasons.

Those that remained on the final day, some 36 jumpers from an original class of 52, stood proudly on parade to receive their Jump Wings, recognizing their achievement and their induction into the Airborne.

## **The Airborne Gunners**



The airborne tradition has long been associated with elite training, high standards of soldiering and advanced capabilities. As airborne tasks are generally associated with light infantry units, the Airborne Gunner tradition is distinctive within the airborne community. This tradition and specialized role has been reinvigorated by 7<sup>th</sup> Tor, particularly through 15 Lightfighter Battery, by relationship building with the Queen's Own Rifles of Canada (QOR), and by promoting advanced training opportunities and developing the interoperable skills and capabilities that increase soldiers' potential contributions to the all-arms battle.

The history of the Airborne Gunners dates back to 1949, when B Battery, 1RCHA became the first Canadian Airborne Artillery Battery, operating out of Shilo, Manitoba until it was disbanded

in 1956. The 1 Airborne Battery was established in 1968 as a light parachute battery to provide indirect fire support to the Canadian Airborne Regiment. The Battery was re-designated as E-Battery (Para), 2 RCHA in 1977. Our Honorary Colonel, Brigadier General E.B. Beno, was the last Commanding Officer of 1 Airborne Battery, RCA and the first Battery Commander of E Battery (Para).

Airborne Gunners provide a more flexible approach to the deployment of indirect fire assets. From Mortar Detachments to Observation Post parties, an air insertion capability is a valuable asset for a broader scope of operations. These advanced capabilities translate into superior support for commanders' operations and demonstrate the value and importance of Gunners in the all-arms battle.

Since 2014, 7<sup>th</sup> Tor has had 5 members become qualified as jumpers. With the mutual support between 7<sup>th</sup> Tor and the QOR (the only reserve unit with a jump tasking), and the unit's commitment to high-value training and high standards of soldiering, it is expected that physically fit and ambitious soldiers from the unit will continue to grow the Airborne Gunner tradition each year.

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## **Canadian Forces Liaison Council (CFLC)**

Colonel Bill Kalogerakis (Former CO 7<sup>th</sup> Tor), Regional Liaison Officer-Ontario, CFLC

The CFLC is comprised of prominent civilian business, educational and community leaders who work with employers and educators to enhance the availability of all Reservists for military duty. The council is supported by senior military officers.

There are various programs that the CFLC provides to help raise awareness regarding the special skills Reservists bring to an organization and there are many ways that you as a Reservist can encourage your employer/educational institute to participate;

1. **Unit events**: Encourage your chain of command to hold an employer event during a training evening or field training event such as a range day or live fire gun exercise. The CFLC will work with your unit to make it a success.
2. **ExecuTreks**: Nominate your employer to attend one of the many ExecuTreks that are held every year where they can see Reservists in action in the field, on a ship or in the air. <http://www.forces.gc.ca/en/business-reservist-support/events-executrek.page>
3. **Employer Recognition**: If your employer or educational institution has given you time off for military service nominate them for a Certificate of Recognition and/or for a Provincial Employer Award. <http://www.forces.gc.ca/en/business-reservist-support/awards-nominate-employer.page>



The CFLC also has many tools and resources to help Reservists, Employer and Educators. <http://www.forces.gc.ca/en/business-reservist-support/tools.page>

1. Letter formats: To employers and educators requesting time off for military duty or inviting them to unit events,
2. Resume writing guides: Assisting in the translation of military skills to civilian terms based upon rank level,
3. Reservist Assistance Program: How to call in the CFLC to help prevent conflict between reservists and employer/educators when necessary,
4. Military Leave Policy Examples: A good starting point for organizations requiring assistance formulating military leave policies. The CFLC can then help that organization further refine their military leave policy.
5. Job Protection Legislation (JPL): Some useful information regarding Job Protection Legislation in Canada. The CFLC believes that invoking JPL for a particular case should be the last option of a Reservist as it can lead to hostility with the organization. The Reservist Assistance Program should be the first step in resolving any conflict.

The CFLC is a great resource for making organizations aware of the many skill sets that Reservists bring to the table, however we also need your help raising that awareness. Involve and nominate your employer or educational institute for one of the many programs the CFLC offers.

For further information do not hesitate to ask your chain of command or consult our website. <http://www.forces.gc.ca/en/business-reservist-support/index.page>



*Ms. Sue Cummings, Executive Vice President of the TD Bank Group practices her shooting skills on the Small Arms Trainer at Moss Park Armoury under the watchful eye of Major John Stewart on 19 May 2015. The Canadian Forces Liaison Council held a Certificate of Recognition event that evening thanking 16 employers of Reservists for their support. Photo by MCpl D. Pop 4 Cdn Division Imaging Services.*

## A Shot Downrange – Words from Honorary Colonel Ernest Beno

This has been a busy but an incredibly rewarding summer for 7<sup>th</sup> Toronto Regiment, RCA. We can all be tremendously proud of the accomplishments of our Gunners, and indeed all ranks.

Our efforts at Meaford in Reserve Summer Training, under the leadership of Major Smid, have been outstanding. The officers, NCOs and members of the Regiment led the way in 4<sup>th</sup> Division - training scores of Gunners. My thanks to Major Smid and all our 7<sup>th</sup> Tor team for the wonderful performance, described in the article in this edition.



Exercise STALWART GUARDIAN in Petawawa was a spectacular success. 12<sup>th</sup> Regiment, RCA was created from Gunners across 4<sup>th</sup> Division and supported by the Second Regiment, Royal Canadian Horse Artillery. 7<sup>th</sup> Tor commanded the Regiment with Major John Stewart as Commanding officer, and we provided the RSM, CWO Mardie Reyes. We, 7<sup>th</sup> Tor, “punched above our weight.” The Gunners of 7, 11, 30, 42, 49, and 56 Regiments worked together incredibly well, and benefited greatly. They achieved outstanding standards in interesting, challenging and professionally rewarding operational training. They could not have achieved such high standards without the dedicated, enthusiastic and professional support of 2 RCHA and the IG/AIGs from the Royal Canadian Artillery School. LCol Hatton and CWO Lundrigan, and all members of 2 RCHA provided incredible support. The IG staff from the RCAS were equally helpful – and the Gunners of 12<sup>th</sup> RCA thank them much, and wish them well.

In addition to the warfighting training and exercising described above, we, 7<sup>th</sup> Tor, continue to promote the “brand” of our Regiment and the RCA through our efforts: sound and demanding training, personal commitment, individual and collective training skills, and dedication to the RCA. It is amazing how much folks give to the Regiment and the Regimental Family. And, thank God this is the way it is.

**John McDermott Salutes Veterans** - Readers will note that we have an upcoming event that will support our Toronto Artillery Foundation (TAF) on November 11<sup>th</sup>, where John McDermott will lead the way in a “Salute to Our Veterans.”

This will be a wonderful show, and I hope that many members of our Regimental Family and the Toronto Military community will attend. A meaningful portion of the financial proceeds will go



*Celtic Tenor, John McDermott*

to the Toronto Artillery Foundation with a view to providing improved ceremonial uniforms to our band.

**RCA Association** - Four members of our Regimental Family attended the RCA Association Training Event and Annual General Meeting in Ottawa on September 11th. This was a most beneficial session, especially so since the main topics of discussion were: A Strategic Capabilities Concept for the RCA; Communications in the RCA; and, The Regimental Family Strategy. These are all tremendously important subjects.

**At The Ready** - I would urge all members of our Regimental Family to sit back and enjoy the brief video entitled: “At The Ready” Canada’s Reserve Force at Your Service. See: <https://vimeo.com/138712960> or Google: “At The Ready.” I urge all Take Post readers to recommend this video to friends, bosses, school mates, members of the Regimental Family and all people who care about the Army Reserve.

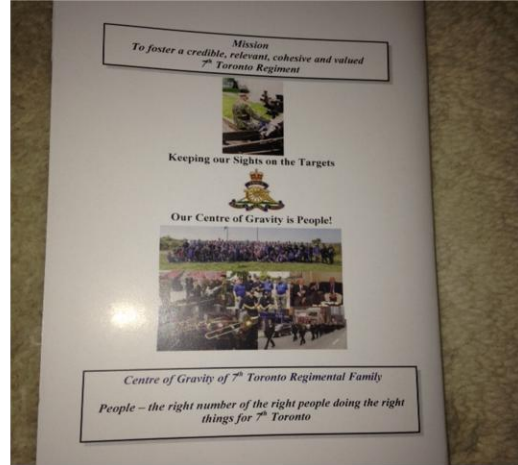
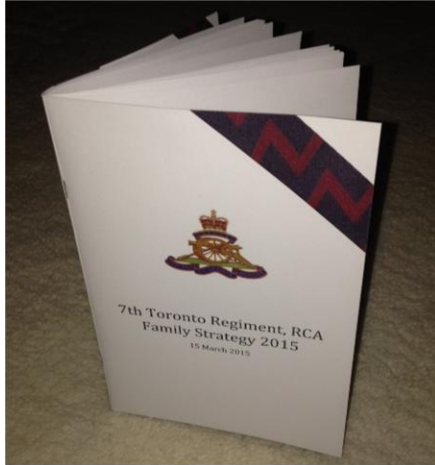
**Social Media Expertise** – For info, we have invited Chris Gomes, brother of former Commanding Officer LCol Mike Gomes, to assist us with websites and social media. He has done a lot of research on our behalf, and we look forward to his assistance in the near future. We need help, and Chris has been most gracious in offering his expertise. Welcome aboard, Chris.

**7<sup>th</sup> Tor Regimental Senate** – Please note that we had a very productive Regimental Senate meeting last week, with an excellent showing of former Commanding Officers. Minutes will be circulated electronically. I thank all for their support – so essential if we as a Regimental Family are to move ahead with focus and energy. Please also note that between Senate meetings, i.e., once monthly, we meet with a smaller group of Regt Family Leaders: Hon Col, Hon LCol, CO, RSM, Regt Maj, Pres Toronto Gunners, and former CO Barry Downs. This “executive” group keeps on top of issues and activities, makes things happen, and ensures that Senate issues are more strategic in nature. Minutes of the discussions of this group are passed to Senate members.

**7<sup>th</sup> Tor Family Strategy** – We have produced our Regimental Family Strategy in small booklet form (100 copies), and we are distributing it to all members of Regimental Senate and all Officers and Sr NCOs. It is important that we proceed in a strategic and focused direction – with all components of our Regimental Family working in a cooperative and collaborative manner. Our Mission is: *To foster a credible, relevant, cohesive and valued 7<sup>th</sup> Toronto Regiment.* Our Centre of Gravity is: *People – the right number of the right people doing the right things for 7<sup>th</sup> Toronto.*

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### 7<sup>th</sup> Toronto Regiment Family Strategy Booklet

**Vimy 2017** – The Regimental Leadership have agreed to support sending five members of the Regiment on the Vimy 2017 trip. The Commanding Officer will determine selection.

**Again, Thanks to 2 RCHA** – On behalf of the Regimental Family of 7th Toronto Regiment, I wish to pass on my thanks to 2 RCHA for all of their support this summer. LCol Sonny Hatton, RSM CWO Wayne Lundrigan and all ranks of 2 RCHA were incredibly supportive as teachers, mentors, leaders, supporters and friends. I will extend to them our heartfelt thanks, and wish them continued Good Shooting.

This fall promises to be a wonderful season, both operationally and socially. See our Calendar of Events. Take part in events and activities as much as you can. Please send me articles for Take Post – with the next edition in the second week of November.

To close off, everywhere I go I meet bright, motivated, smart and enthusiastic members of our great Regiment. I am ever so proud of being part of such a fine Regiment – 7<sup>th</sup> Tor!

**Good Shooting! UBIQUE!!** Hon Col Ernest Beno, OMM, CD



*Major Smid and Sgt Tristan Bankasingh (BSM 15 Bty)*

# 105 (7 Tor RCA) Army Cadet Corps



## My Last Summer

By C/CWO Ashley Anderson – 105 RC(Army)CC

As a cadet, I have attended six summer camps which have brought me across the country and have given me the opportunity to make friendships that will last a lifetime. Over the past three summers, I have attended Connaught Cadet Training Centre as a Staff Cadet. During my first summer, I was a Platoon Warrant Officer with the Basic Marksmanship company in which I mentored cadets as young as twelve years of age. In 2014, I was appointed the Cadet Regimental Sergeant Major of CCTC and I was appointed RSM for a second year this past summer.



**C/CWO Ashley Anderson pictured meeting LGen Whitecross and CWO Wheeler**

During the summer of 2015, I fit comfortably back into my position as the C/RSM and was able to implement change on my own. On a daily basis, I would meet with the Cadet Company Sergeant Majors and learn about what issues were going on in their company and help assist them. I would then proceed to go to the ranges and talk with the cadets. One of the most unique things about Connaught is that cadets from around the world are trained alongside the Canadian cadets. Being able to make connections with youth from all over the

world is an opportunity that most people will not have the opportunity to do in their lifetime.



***C/CWO Ashley Anderson pictured with the Army Cadet Force (ACF) cadets. This group of cadets trains alongside the Canadian cadets in the Fullbore Marksman Phase 2 course.***

Looking back on this past summer has allowed me to realize that not all youth get to experience the cadet program let alone get the experience that I have. Throughout my years as a cadet, I have climbed mountains, battled white water rapids, and most importantly, been a leader. I have grown from a shy 12-year-old into a confident young woman. This past summer helped me come to the concrete realization that cadets has allowed me to reach further outside the box than most youth my age. This summer I was given the opportunity to mentor some of Canada's best leaders. This summer I was given the opportunity to interact with some of the most accomplished members of the Canadian Armed Forces. Most importantly, I was given the chance to learn. Sometimes in life we can go about our daily lives thinking that we know everything when really each day is a new chance to learn. After being a cadet for 6 years and holding the position of C/RSM for 3, I was still learning. I learned more about the CAF and about mentorship. Above all, I learned two key points to being an exceptional leader - work hard and stay humble. These lessons are lessons that I will not only apply to my potential career in the CAF but in my everyday life as well.

Although I did not spend this summer hiking in the mountains of Peru or rock climbing in the Rocky Mountains I still had the time of my life. This past summer, my final summer in cadets, has been by far the most influential and life-changing summer of my life.



*C/CWO Ashley Anderson pictured on Battalion Parade.*

105 RC(Army)CC remains very proud to be part of the 7 Toronto Regiment's Family.

**UBIQUE!**

## Canada Company: Many Ways to Serve



Canada Company: Many Ways to Serve, was founded in 2006 by HCol Blake C. Goldring, M.S.M. with a mandate to bring business and community leaders from across Canada together to support the Canadian Military and their families in the work they do at home and abroad. Canada Company is a national, non-partisan charitable organization with almost 600 members and chapters from coast to coast.

Canada Company works closely with our Military to address issues of important including job security for Reservists and programs administered by Family Resource Centres.



Three of Canada Company's cornerstone programs are the Scholarship Fund for Children of the Fallen, the LAV III Monument project and the Military Employment Transition [MET] initiative.

The Canada Company Scholarship Fund was created in 2007 to supplement benefits available to children of Canadian soldiers who have been killed while serving in an active role in a Military mission (including authorized training missions) of the Canada Forces and Reserves any time since January 1, 2002. Awarded annually, the scholarships assist students who qualify cover tuition fees and other living expenses required to complete a post-secondary education. A scholarship fund of more than \$2 million has been established and to date, has awarded 82 individual scholarships totalling over \$325,000. Canada Company also administers Project Hero, a complementary program which provides recipients with additional benefits including waived or reduced tuition fees.

The LAV III Monument Program recognizes the service and sacrifice of the Canadian Armed Forces in Afghanistan by providing up to 250 full-size replica LAV IIIs (Light Armoured Vehicles) to qualifying communities throughout Canada. These vehicles were instrumental for our troops in carrying out their mission and will serve as a tangible reminder of the losses Canada suffered from 2002 through 2011.

The LAV III Monument program was announced on November 5, 2014 with a prototype monument sponsored by the Government of Canada and built by GDLSC. On June 19th, 2015, the Town of Oromocto and Fredericton was awarded this first monument.

Canada Company also oversees the Military Employment Transition Program to help Canadian Armed Forces members who are transitioning out of the Military obtain employment in the civilian workforce. This coordinated program serves as a bridge between the Canadian Armed Forces and Canada Company's "CAF Friendly" employer partners using a unique, web-based

platform. Currently, the MET program has over 4,000 registered Military members and has helped over 1,000 find meaningful employment at the conclusion of their Military careers.

To learn more about Canada Company and our programs, please visit [www.canadacompany.ca](http://www.canadacompany.ca)

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**National Transition Symposium**  
**27 October 2015**  
**Fairmont Royal York Toronto**

See: <http://www.canadacompany.ca/en/initiatives/national-transition-symposium/index.html>

**Morning Session, 7:30 am – 12:00 pm:**

- Check in from 7:30 am – 8:00 am
- Geared towards our MET Program members, transitioning Veterans, military spouses, and Reservists
- CareerConnect job fair featuring 75 Military Friendly Certified Employer Partners
- The morning session will also include the keynote speech, an educational panel, and interactive career training labs



**Afternoon Session, 12:30 pm – 4:30 pm:**

- Check in from 12:30 pm – 1:00 pm
- Special address from the Chief of the Defence Staff of the Canadian Armed Forces, General Jonathan Vance
- The afternoon will also feature 3 panels for Canadian Business Leaders
- Panel topics will include compelling discussions about the benefits of employing Veterans and Reservists, innovation in transition, and strategic partnerships between the public and private sectors.



## **Chief Warrant Officer (Master Gunner) Robert J. Beaudry Appointed Regimental Sergeant Major RCA**

On the 1<sup>st</sup> of June 2015, CWO (Mr Gnr) Robert J. Beaudry was appointed as the **Regimental Sergeant Major, RCA** for the Royal Regiment, taking over responsibilities from CWO Chris P. Rusk. The RSM RCA functions as the senior NCM advisor to the Director of Artillery (DArty), Colonel T.J. Bishop. He monitors and advises on the collective concerns and issues of personnel, and promotes and maintains the standards of military professionalism within The Royal Regiment.



He advises DArty on NCM human resource issues, including professional development, dress, deportment, conduct, discipline, and leadership. The RSM RCA attends the Army Sergeant Major's conference, circulates relevant information to NCMs of The Royal Regiment, and often attends key ceremonial occasions with the Colonel Commandant (Col Comdt) and DArty. He also occasionally makes independent visits to formations and units to assess and obtain feedback on morale and welfare issues. He is a member of the RCA Regimental Fund Executive Board, the RCA Kitshop Board of Directors, the RCA Non-Public Property Board of Directors and a member of the Artillery Senate.

In his 31st year of service to the guns of The Royal Regiment, CWO Beaudry has spent more than 25 of those years at various Artillery units. He began his career as a gunner with 1 RCHA and after serving seven years in West Germany, was posted to 2 RCHA in Petawawa. He was a proud member of E Bty "Para" until its disbandment and subsequently served in F Bty and then D Bty. He served as a Master Gunner in the ballistics cell within ADM(Mat) in Ottawa, as the Trials Coordinator and Unit Sergeant Major of the Munitions Experimental Test Centre (METC) in Valcartier, and was given the honour and privilege of being appointed as the RSM of The Royal Regiment of Canadian Artillery School (RCAS) from June 2012 to July 2015.

CWO Beaudry has deployed on six operational tours including Canada's final United Nations (UN) tour in Cyprus (Operation SNOWGOOSE Roto 59) in 1993 and three tours in the Former Republic of Yugoslavia (FRY), namely in 1994-95 (Operation CAVALIER Roto 4), 1996 (Operation ALLIANCE Roto 0) and 2001 (Operation PALLADIUM Roto 8). He also deployed twice to Afghanistan; once to Kabul with the 3 RCR Battle Group (BG) in 2003-04 (Operation ATHENA Roto 0) and the most recent was to Kandahar as the Battery Sergeant Major (BSM) for D Bty in the summer of 2010 as part of the 1 RCR BG, Task Force 1-10 (Operation ATHENA Roto 9).



CWO Beaudry has completed the OPME Program, is a graduate of the Army Technical Warrant Officer Programme (ATWO III) and is presently completing his Bachelor of Military Arts and Science (BMA Sc) with RMC. He is currently the Combat Training Centre (CTC) Formation Sergeant Major (FSM), a position he was appointed to on 24 July 2015.

CWO (Mr Gnr) Beaudry is truly humbled to be appointed as your RSM RCA and is certainly looking forward to the opportunities that the appointment presents, meeting and working with Gunners across Canada. He is eager to strengthen those Regimental bonds that he was fortunate enough to help establish with various artillery units during his three years as the RSM of the Artillery School. Time permitting, he plans to visit most of the regular and reserve artillery units within the Royal Regiment sometime during his tenure.

**UBIQUE!**

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## **THE TORONTO ARTILLERY FOUNDATION**

**(Established 1978)**

September 2015

**The Toronto Artillery Foundation Crest.** Does the artillery Badge above look familiar? It is part of The Toronto Artillery Foundation Plaque located permanently in the 7th Toronto Regiment Officers' Mess.

If you get a chance to review the Plaque, it reads like a who's who of the 7th Toronto Regiment and it's original amalgamated Regiments, the 42nd Medium Regiment, RCA (M), the 29th Field Regiment, RCA(M) and the 1st Locating Regiment, RCA(M).

As you will see the Plaque is made up of three sections, the Founding Members, the Benefactors and the Permanent Members of the Foundation. Of course one cannot now become a Founding Member but with an aggregate long term gift of a Thousand Dollars (\$1,000.00) you will become a Permanent Member and at the Five Thousand Dollar (\$5,000.00) you will become a Benefactor of the Foundation and your name will be engraved thereon accordingly.

## **Membership Update - Benefactors**

**Brig H.E. (Ted) Brown, OBE, ED, CD.** The foundation is both pleased and proud to announce the posthumous elevation of Brig H.E. (Ted) Brown, OBE, ED, CD to the level of Benefactor. With the help of his family, daughters Susan and Janet and son Peter, along with LCol Barry Downs, over the Summer sufficient funds were raised on behalf of the late Brig Brown to allow his name to be engraved posthumously in the Benefactor section of the Plaque. His name now appears in two locations (Benefactor/Permanent Member) on the Plaque.

**HCol B.C. (Blake) Goldring, MSM.** As a result of his significant long term donations to the Foundation to assist the Toronto Garrison Officers' Ball and the Foundation itself, we are pleased to announce the appointment of HCol B.C. (Blake) Goldring, MSM to the level of Benefactor. HCol Goldring is the Honorary Colonel of the Canadian Army and the founder of Canada Company, Many Ways to Serve a charitable organization created to support the Canadian Forces and their families.

## **Permanent Members**

**Mrs. Katherine E. Langley Hope.** The Foundation recently received a long term gift from Mrs. Langley Hope. Katherine is the daughter of Maj Arthur Langley, CD, a now deceased officer who served in the 29th Field Regiment, RCA in the late 50's and early 60's up to amalgamation in 1965.

**Mr. Howard Ledger.** The Foundation recently received a top up long term gift from Mr. Ledger. The Limber Gunners first met Howard at the R.C.M.I. Annual Band Concert in 2013 and as a result he decided to make the Foundation a beneficiary for some of his charitable donations resulting in his Permanent Membership this year.

For those Permanent Members who feel that they may be closing in on the Benefactor level, do not hesitate to contact the Treasurer to verify your status of donations and consider becoming a Benefactor of the Foundation.

**Fund Raising.** An upcoming fund raiser with Celtic tenor John McDermott is being planned (November 11<sup>th</sup>) to enable the Foundation to purchase much needed new uniforms and accoutrements for the 7th Toronto Regiment, RCA Band.



**Foundation Annual General Meeting.** Just a reminder and early heads up to the Permanent Members and Benefactors that, due to the Federal Election to be held on Monday 19 October 2015, the Annual General Meeting of the Foundation will be held at the 7th Toronto Officers' Mess at Moss Park Armoury on Monday 26 October 2015. The notice of AGM will be issued shortly by electronic means and Canada Post as required.

## Ubique

Paul Kernohan, Treasurer, The Toronto Artillery Foundation

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## Limber Gunners Artyfacts for September 2015

By Major (Retired) Ron Paterson, Chair Limber Gunners



The Limber Gunners have had a very busy August and September. I would like to thank all the members' participation which contributed to the success of these events.

Saturday, August 22 2015. The Limber Gunners were honoured in being asked to take part in the Warriors Day Parade at the CNE commemorating World War I.s The parade gave the LG an opportunity in meeting old friend and veterans. Joe McCormack, Dave Rea, Bill Wallace and Dave Anderson took part in the parade.

The Limber Gunners had a great time at the Ontario Police Memorial Tournament on Wednesday August 26<sup>th</sup> firing four rounds for a Shot-Gun Start at the Deer Creek Golf Course in Ajax which helped raise money for the tournament. Joe McCormack, Rich Bennett, Larry Goucher, Ken Foster, Ron Paterson, Paul Kernohan and 4 Guest Firers took part in the Shot-Gun Start. Barry Downs, Dave Burnett, Don Mc Gillivray, Richard Wong, Dave Anderson, Ian Farquarson and Joe McCormack from the Limber Gunners took part in the charity golf event.



***Coe Hill September 6th  
2015 Veterans Day***

We were active again on September 5<sup>th</sup> and 6<sup>th</sup> at the Coe Hill Warriors Day Parade. The parade made up of many vintage military vehicles and tanks took place on September 6<sup>th</sup> followed by a formal service for the fallen comrades followed by a 3 Gun Salute. Joe McCormack, Larry Goucher, Don Thomas, Dave Thompson, Ron Paterson and James Kerpresak took part in the parade and salute. The Ferret Club floated the Quad, Limber and 25Pdr from Oshawa to Coe Hill. This part was coordinated by Frank Moore.

The very enjoyable Regimental Bar-B-Que was held on Tuesday, September 8<sup>th</sup>. The Limber Gunners enjoys running this event meeting members of the Regiment and some old friends.



There was plenty of Hot Dogs, Hamburgers, fresh corn and salads prepared by the chiefs of the Limber Gunners. I would like to thank the Gunners of the 7<sup>th</sup> Toronto Regiment for their assistance in helping the LG set up for the Bar-B-Que and the help of the following members; Frank Lloyd, Dave Rea, Bill Wallace, Brenda Lightfoot, Jim Brazil, Mike Mercer, Colin Mouatt, Mike Lawsen, Ian Farquarson, Gord Kowalishen, Ken Foster and Dave Anderson.

*Canada Day July 1<sup>st</sup> RCL Branch 258 Salute*

The Limber Gunners will be carrying out training starting in November. The LG will be holding short administration meetings on the first Monday of each month followed by training.

The Limber Gunners Intends to run an intense Driver Training Course from November to April on Saturdays. Driving will be on the Quad on days permitted by weather.

### **Upcoming Events – September to November**

- November 8<sup>th</sup> Remembrance Day church Service and parade at St. Clements Church
- November 11<sup>th</sup> Remembrance Day Salute at Queens Park

**RECRUITING** - To the members of the Regiment that have retired ,and you if you like the smell of the gun powder, driving a WWII Field Artillery Tractor and firing salutes with WWII Equipment and taking part in an active Aquino Day with tanks from WWII to Desert Storm.

**Join the Limber Gunners!**

**The LG is still looking for a Limber and a second Field Artillery Tractor and a Limber**

**UBIQUE!** Ron Paterson [sevenartygunner@rogers.com](mailto:sevenartygunner@rogers.com)



**Our Limber Gunners Representing 7<sup>th</sup> Toronto Regiment, RCA**



## **7<sup>th</sup> Toronto Regiment, RCA Band**

By LT Nick Arrigo

This was a busy summer for many member of the band. We kicked off the Summer season in June with the Highland Creek festival in Scarborough. Although it was a short parade, we proudly marched in front of the Limber Gunners and the 25 Pounder. On July 1<sup>st</sup>, we performed a one hour concert before the Gun Salute at Queen’s Park.

Even though many of our on-strength members go on course or seek employment with the Ceremonial Guard or instructing at the School of Music in Borden (reference the articles by Cpl Coppell and Sgt Hicks) we continued to rehearse through the summer to prepare for the CNE and September upcoming jobs.

This summer we performed concert and parades for the CNE which included Warrior’s Day Parade, followed by a sit-down concert, Mardi Gras Parade and another sit-down concert all in the same day.

We continued to be present for every Saturday of the CNE as well as Labour Day Monday. Many of our



*7<sup>th</sup> Tor Band at the CNE*

members assisted other bands of 32 Brigade on their nights as well. I wish to thank the 7<sup>th</sup> Toronto musicians for their patience and dedication at this year's CNE. I was very proud of them as they performed over the run of the CNE.

### Upcoming Gigs

- September 11<sup>th</sup> TinHat Dinner at the Golf Club in Oakville.
- September 12<sup>th</sup> Change of Command Parade in Brantford for 56<sup>th</sup> Field
- September 20<sup>th</sup> Polish Festival
- September 25<sup>th</sup> Quintet is playing for the Officer's Mess Dinner
- Early October band will participate as needed in the Artillery EX
- November 28<sup>th</sup> St Barbara's Day Mess Dinner for the Regiment
- November 29<sup>th</sup> Change of Command for 7<sup>th</sup> Toronto
- December 7<sup>th</sup> (Monday ) Band Christmas Party



The Ceremonial Guard Band

### The Ceremonial Guard Band

By Cpl Caitlin Coppell

The Changing on the Guard has taken place on Parliament Hill since 1959. The Ceremonial Guard is a CAF unit of over 400 soldiers from across Canada and includes a Public Duties Company, Headquarters Company and Band Company of 90 brass and reed musicians as well as 30 pipers and drummers. This year 5 members from the 7<sup>th</sup> Toronto Regiment; Cpls David Boutin-Bourque, Caitlin Coppell, Anna Dickey, Jack Erdmann and recently promoted Cpl Dawn Rego, successfully auditioned and were selected from over 300 applicants to be a part of the 2015 Band. The summer included a 4 week intensive training phase which focused on fitness, dress, drill, musicianship and learning the sequence of the daily ceremony. The parade season

began with the annual inspection of the Guard by His Excellency the Governor General on 27 June at Rideau Hall. The Changing of the Guard, which includes a 15 minute parade from Cartier Square Drill Hall to Parliament Hill, the 30 minute sequence on the Hill, and a 15 minute parade back to Cartier, took place daily for the remainder of the summer.

The Band was busy this year with appearances at the US Ambassador's Residence, Fort Henry Tattoo in Kingston, Little League Championships opening ceremony, Pan-Am celebrations on Parliament Hill, Concert at the Aviation Museum, Music & Beyond Festival, and military ceremonies such as Guard of Honour and Change of Command parades. The highlight of the summer was participating in the 19<sup>th</sup> annual Fortissimo, a 3-night military and musical display with massed bands, pipes and drums, special guests and the hair-raising performance of the 1812 overture with the Royal Canadian Artillery and the Carillon of the Peace Tower. Our Cpls are outstanding musicians who represented the 7<sup>th</sup> Toronto Regiment and the Band of the Ceremonial Guard with pride and performed their public duties with excellence. Cpls Anna Dickey and David Boutin-Bourque will be starting their Masters in Clarinet Performance at McGill University in Montreal and Northwestern University in Chicago (respectively) this fall. We wish them best of luck as they pursue their musical training.

Written by: Cpl Caitlin Coppel



**Royal Canadian Artillery Musicians - Band of the Ceremonial Guard 2015**

Left to Right: Cpl Boutin-Bourque (7th) , Cpl Erdmann (7th), Cpl Dickey (7th), Cpl Heywood (26th), Cpl Tremblay (15th), Cpl Rego (7th), Cpl Coppel (7th), Cpl Cooper (3rd), Cpl Weststeijn (15th)



## **And the Band Moves On!**

By Sgt D Hicks, CD, Band SM

As life and careers move forward, the band sometimes has to say farewell to musicians who have served with us. This year, we have a number of long serving band members who are moving on to new challenges. We wish them all the best in the future and thank them for their years of service to the 7th Toronto Regiment:

- Cpl Matt Peter
- Cpl Elena Cimolai
- Cpl Erin Dunsmore
- Cpl Anna Dickey
- Cpl David Boutine-Bourque
- Cpl Greg Moffat
- Cpl Adrianna Douvris
- Pte Aubrey Kelley

A special mention to MCpl Katie Vallar. MCpl Vallar has served the band in exemplary fashion as a staff member in the past few years. She has recently completed PLQ, and was a top candidate on her course. She'll be serving with the Naden Band this fall before relocating to Edmonton to join her fiancée (Cpl Moffat) and serving with the Loyal Edmonton Regiment Band.

As current band members move on to other challenges, new musicians come on board to bring their skills and contributions to the band. We welcome the following new members of the 7th Toronto Regiment Band:

**Cpl Joanna Venturanza (Trombone/Euphonium)** - Cpl Venturanza is a music educator and a trombone player who studied music and music education at Western University and the University of Toronto. After graduating, she was quickly employed as a Secondary Occasional Teacher with the Peel District School Board. She joined the Canadian Forces in 2013 as a young member of the Ceremonial Guard Band in Ottawa and has since performed the Changing of the Guard Ceremony on Parliament Hill each summer. This school year, she is most

looking forward to joining the Band of 7th Toronto as a euphonium player as well as to start the school year as a new High School Music Teacher.

**Pte Daniel Howells (Trumpet)** - Pte Howells has lived in Toronto his entire life, growing up in Scarborough. He plays the trumpet and is currently attending the University of Toronto for Trumpet Performance, entering his 3rd year of study. He joined the Canadian Forces in April of this year and performed with the Band of the Ceremonial Guard in Ottawa this summer. After an enjoyable few months of parading, he decided to transfer to the 7th Toronto Regiment to continue his exciting military experience. He hopes to finish his undergraduate degree and pursue a Masters degree while remaining a Reservist with the Canadian Forces.

**Cpl Stephen Rush (Saxophone)** - Cpl Rush has come to Toronto to pursue a music degree at Humber College, which has a very prestigious jazz program. He started going there after completing his studies at The University of Western Ontario with a degree in music and an honours in theory and composition. He plans on spending the next few years at least in Toronto and looks forward to working with the 7th Toronto Regiment band in that time. He's not sure what the future holds but is excited to find out.

**Pte David Marshall (Clarinet)** - Pte Marshall went to high school at the Etobicoke School of the Arts, and is studying clarinet performance at the University of Toronto. He joined the CF in April 2015, and is transferring to the 7th Toronto Regiment from the Ceremonial Guard band in Ottawa. Aside from music, he has a strong interest in writing and visual art, and hopes to establish himself as an artist, musician, and writer in the Toronto area.

**Cpl Taryn Jackson (Trumpet)** - Cpl Jackson joins 7th Toronto Regiment after two summers with the ceremonial guard. Before moving to Toronto she completed an undergraduate degree in trumpet performance at Brandon University in Manitoba. She is pursuing her Masters in musicology at the University of Toronto and hopes to research Canadian band traditions in the prairies.

**Pte Zack Everett (Bass Trombone)** - Pte Everett, a bass trombone player, is originally from Ottawa but has just recently moved to Toronto to complete a two-year master's degree in brass performance at the University of Toronto. After being introduced to the trombone in grade six, he has fully immersed himself into music, attending multiple summer camps, an arts high school, and completing a four-year bachelor of music this past spring at the University of Ottawa. Music has given him the opportunities to meet two US Ambassadors to Canada and multiple world-renowned musicians, as well as travel across North America and to three European countries. Pte Everett served with the Band of the Ceremonial Guard earlier this year. He has enjoyed his time in the CF and is very much looking forward to continuing his military career with the 7th Toronto Regiment.

The band welcomes our newest members and looks forward to a great year of music.



RCA Band, 7th Toronto Regiment

## **Regimental Part II Orders**

### **Honours, Awards, Promotions & Appointments**

- Captain Scott Graham has been appointed the new Battery Commander, 15 Lightfighter Battery. Seen in this photo taking over from Major Ryan Smid. Presided over by Major John Dean.
- Warrant Officer Rob Morningstar leaves us for 2 RCHA, and has been replaced by WO Nathan Sylvester, coming in from Recruiting.
- WO Jay Brake is the new BSM 130 Bty Sgt Jim Etorma is the new BSM 9 Bty.
- Basic Parachute Wings were awarded to Captain Eric Laxton and Sergeant Amber Kase.



### **REGIMENTAL CALENDAR**

19 Sep 15	IBTS Range Day: First Strike - Winona
19-20 Sep 15 - Polish Festival	Participation TBC
21-23 Sep 15 - Ironman Competition	Petawawa
25 Sep CO's Dinner	Venue to be determined. Guests: Commanding Officer to select
2-4 Oct 15 - Ex Cougar Spirit 1	Meaford
October – Toronto Artillery Foundation	Date to be Confirmed
23-25 Oct 15 - IBTS Weekend	Kingston
26 October – Toronto Artillery Foundation Meeting	MPA
27 Oct – Canada Company Job Event	Employment Opportunities for our members
4-6 Nov 15 - 32 CBG CAX	
8 Nov – Remembrance Service	Similar format to 2014
11 Nov - Salute, Queen's Park	
11 Nov - Weston GCC in support of Juno Beach Centre	Volunteers?
11 Nov John McDermott	7 <sup>th</sup> Toronto Regiment Band
28 Nov (Saturday) CO's Dine-out/Saint Barbara's Day Dinner	Format, guests, venue to be confirmed
29 Nov (Sunday) Change of Command	MPA
4-6 Dec 15	32 CBG CAX
7 December – Band Christmas Party	
12 Dec 15 - Soldiers Christmas Dinner	
19 Dec 15 - Kids Christmas Party	



## NOTICES

### 1. Take Post, Edition 8

The next Take Post will be published by 20 November 2015. Articles to be submitted by 13 November to: [beno@kos.net](mailto:beno@kos.net)

### 2. Toronto Gunners and Limber Gunners – Recruiting Still –

**WE WANT YOU!**

**Toronto Gunners and Limber Gunners**

*Join this illustrious group of men and women who serve 7<sup>th</sup>  
Toronto Regiment, RCA and the greater Canadian Armed  
Forces community  
Follow The Colours!*



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**The Canadian Mint has released a silver coin depicting an 18-Pounder gun in action at Neuve-Chapelle.**

**9<sup>th</sup> Battery at The Battle of Neuve-Chapelle  
March 10-12, 1915**

The Battle of Neuve-Chapelle is aptly named as it provided a new role for Canadian troops who had just arrived from Salisbury Plain, England, where they had been training. While not a large battle, it was not without significance from a Canadian perspective, in that it was the first time that the Canadian Expeditionary Force had been fully involved in action with the enemy.



1 oz. Fine Silver Selectively  
Gold-Plated Coin - First  
World War Battlefront  
Series: The Battle of Neuve-  
Chapelle - Mintage: 10,000  
(2015)

**\$109.95**

[www.mint.ca/store/coins/](http://www.mint.ca/store/coins/)

See the coin in the photo:  
[www.mint.ca/store/coins/](http://www.mint.ca/store/coins/)

**Extracts from 3<sup>rd</sup> Brigade, CFA War Diary (9<sup>th</sup> Battery was part of this Brigade)**

- ROUGE DE BOUT 10/3/15 Heavy firing opened by all batteries at 7.30 A.M. The 8<sup>th</sup> Division on our right reinforced by the 7<sup>th</sup> attacked on our right. –Enemy trenches on a front of some 3 miles taken. 1200 prisoners marched through E\_\_\_\_\_. Our guns silenced a battery which attempted from our front to enfilade the troops on our right who

were advancing. See firing report for method employed by guns to shell enemy trenches. Fire was extremely heavy at 8 A.M. when the assault seemed to be taking place. Heavy gun fire continued on our right till well after and re-opened at 2 A.M 11/3/15 when the enemy apparently made a counter attack. German prisoners very dirty, clothing torn and the men looked very poorly fed.

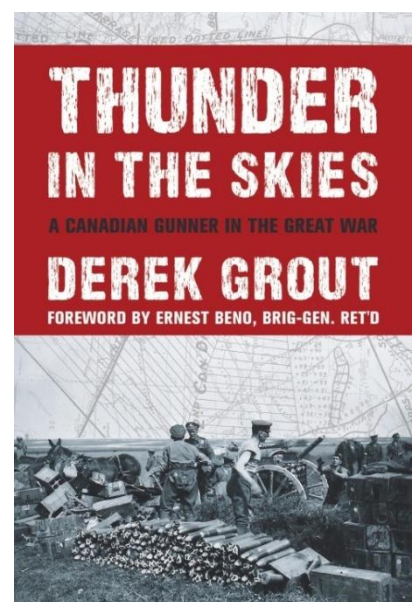
- 11/3/15 Firing from all guns covering our front commenced at 7.30 A.M. – Burst of gunfire at 15 minute interval – Received an order to move forward all our billets South of RUE DE BATAILLE. – The 10<sup>th</sup> Division is to go to SAILLY. – Our troops seemed to make good progress in the direction of AUBERS which seemed to be in our hands and NEUVE CHAPELLE which also seems to be in our hands judging by the noise of the firing. – Our 4.7 guns of which there are at least 4 batteries just to our right have fired a great deal. They are immune from the German fire which is not nearly the range. – We picked up a driving band today which consisted of and extremely hard alloy of copper and something else. It will surely ruin their guns if firing is continued with it.
- 12/3/15 Order received to open fire at 7.30 A.M. – 10 rounds a gun. Following order from DIV ART signed BDE MAJOR received at 4.30 P.M. Order begins “we are going to attack enemy trenches from N.8.d.4.0 to N.8.c.5.2. Be ready to open fire with all your available guns on this line. You will fire on forward line of trenches for one ½ hour previously, the moment the ½ hour has expired you will increase your range by 300 yds and continue firing for 15 minutes ?\_\_\_?. The hour of opening fire will be notified later. Guns not used for this purpose will act similarly on trenches in their own sections. Position of gun at your discretion. Recommend bursts of fire as rapid as extreme accuracy will permit.”
- 13/3/15 12<sup>th</sup> battery brought up one section into action – just beside position occupied by 9<sup>th</sup> Battery. HQ & OCs units gather. North Midland Territorial Bde visited us with a view to being billeted here and coming into action at this point. – Orders now cancelled for them to come in.

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**Day 1 – 1 April** ... Depart Canada for Paris.

**Day 2 – 2 April** ... We arrive in Paris, meet our bus and then drive to Normandy where we will visit Juno Beach and the Juno Beach Centre. We will stay in Caen tonight at the **Mercure Hotel**.

**Day 3 – 3 April** ... Today we will start with a visit to Beny-sur-Mer cemetery to honour the Gunners there. We will then visit Verrières Ridge where the Corps Artillery was first deployed.

**Day 4 – 4 April** ... Departing Caen we will head for Dieppe. Though not a specific Gunner battle, many gunners landed on the beach with the infantry and a UK gunner earned the VC. We will tour the beach and museum and stay at the **Mercure Hotel**.

**Day 5 – 5 April** ... We will make an early start from Dieppe and drive to Ypres where we will look at the battles of 1915 around St. Julien and 1917 around Passchendaele. We will participate in the Menin Gate ceremony that evening and stay in Ypres, **Hotel TBC**.

**Day 6 – 6 April** ... Today we will visit the Somme. Starting with Beaumont-Hamel we will then tour the Courcellette battlefield before heading to Lille where we will stay for the next four nights at the **Crowne Plaza Hotel**.

**Day 7 – 7 April** ... We will tour the battlefield of Vimy Ridge before attending the Freedom of the City of Arras parade that will be held today.

**Day 8 – 8 April** ... In the morning we will attend the Hill 70 monument unveiling near Lens. In the afternoon we will parade at the Gunner Memorial in Thélus on Vimy Ridge and rededicate it to the memory of Gunners who fell in this important battle.

**Day 9 – 9 April** ... This day will be the big event as we attend the 100<sup>th</sup> Anniversary ceremonies marking the capture of Vimy Ridge. Thousands of Canadians (including notable VVIPs) and French citizens will throng the memorial park to witness this historic event.

**Day 10 – 10 April** ... We will depart early to make flights from Paris that will return us to Canada. Anyone staying on in Europe will

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Price includes:

- breakfasts and lunches
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Not Included:

- all dinners (save 9 Apr)
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- travel insurance
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- airfare cost will be determined

**Note:** limited single room availability – “first come, first served”

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