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Determination of ploidy among Yam (*Dioscorea* spp.) landraces in Kenya by flow cytometry

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Yam (Dioscorea spp.), a traditional crop in Kenya has not undergone improvement and little has been done to understand its genetic background. The taxonomy and phylogeny of the local landraces has not been fully studied. The main cultivated species is Dioscorea minutiflora Engl. Others found with low distribution are Dioscorea alata L., Dioscorea bulbifera L. and Dioscorea odoratissima Pax. Flow cytometry was used to estimate the ploidy level of 155 accessions of Kenyan yam including two checks, TDr.18544 a tetraploid and TDc 98/136 an octoploid from International Institute of Tropical Agriculture (IITA), Nigeria. Also included in the study were Dioscorea dumetorum Pax, Dioscorea asteriscus Burkill and Dioscorea schimperiana Kunth which are yam wild relatives. Leaf samples were harvested from the field genebank and nuclei extracted using an extraction buffer (Partec GmbH, Munster Germany). Plant nuclei were isolated and stained with propidium iodide then analyzed in a flow cytometer. Seven ploidy levels of 3x (11.4%), 4x(37.5%), 5x(29.2%), 6x(14.6), 7x(3.1%); 8x(3.1%) and 10x(0.6%) were observed. Tetraploids (4x) formed the highest proportion followed by pentaploids (5x). The highest ploidy, decaploid, (10x), was found in D. odoratissima Pax, a conspecific form of Dioscorea preahensilis found under cultivation in two farms in Western Kenya. No diploids were observed in the study. Ploidy level was not associated with geographical habitat of the landraces while farmer-named varieties were not associated with ploidy levels. The findings generated new knowledge and form a basis for future yam research and improvement in the country. Further work is required to establish the phylogeny of Kenyan yam landraces.

Key words: Ploidy, yam, Dioscorea, flow cytometry, Kenyan.

INTRODUCTION

Yams are one of the oldest food plants known. They have been cultivated since 50,000 BC in Africa and Asia. In addition to these continents, yams also currently grow in the tropical and subtropical regions of North and South America (Burkill, 1960). *Dioscorea* genus is the only dioecious genus in the family *Dioscorea*ceae and comprises of about 600 species (Wilkin et al., 2005). Out of the 600 known species only a few are edible, these include but not limited to *Dioscorea* alata L., *Dioscorea*

rotundata Poir, Dioscorea bulbifera L., Dioscorea esculenta, Dioscorea trifida L., Dioscorea dumetorum Pax., Dioscorea opposita Thunb. and Dioscorea cayenensis Lamb. Although, a very important crop for food and medicinal purposes (Poornima et al., 2007). Dioscorea has presented a challenge to systematists for many years due to its great morphological diversity, dioecy and small flowers (Wilkin et al., 2005). Yam is a neglected or underutilized crop in Kenya and is mainly

distributed around the eastern parts of Mount Kenya and around the Aberdares. Smaller pockets are found in parts of the coast, the Rift Valley and western Kenya (Maundu et al., 1999). Kenya's yam diversity is represented by a number of species including *Dioscorea minutiflora Engl.*, *D. bulbifera L.*, and *D. dumetorum* Pax that are grown for food by mainly elderly farmers in the Eastern, Central, Western and Coastal regions of the country (Maundu et al., 1999). *D. dumetorum* was found in the coastal area though not in cultivation. The main species cultivated in the central region of the country is *D. minutiflora* which is known as a wild species in the main yam growing areas of West and central Africa.

D. alata L. has also been reported to be cultivated in parts of coastal and western regions (Muthamia et al., 2013). D. bulbifera has a smaller distribution in the central parts of the country. Dioscorea odoratissima Pax, has been found in cultivation in two farms in Western Kenya. This species has been described as conspecific form of Dioscorea praehensilis Benth. (Wilkin, 2001). Area under yams in Kenya increased from 882 ha in 2009 to 1,224 ha in 2010. Production increased to 8,035 tons in 2010 compared to 4.427 tons in 2009 (MoA. 2010). The demand for yams in urban towns and cities has been on the rise over the last few years. Yams are of both cultural and economic importance in the country where they have been used during ceremonies like youth initiation, payment of dowry and other rites (Mutegi et al., 2004; Mwirigi et al., 2009). Local farmers have been cultivating their own landraces for years; with little or no genetic improvement from the research and development sectors. These landraces manifest wide morphological characteristics and equally variable local names. Mwirigi et al. (2009) reported morphological differences among cultivated landraces in Kenya. There is limited research and literature of the crop in the areas of taxonomy, breeding and agronomy. These landraces are also facing genetic erosion due to many factors (Mutegi et al., 2004; Mwirigi et al., 2009).

An understanding of ploidy level among other research areas of the local landraces is useful before initiating yam breeding programmes. In Kenya, D. minutiflora Engl. is the major species grown and has a wide distribution and cultivar diversity. This species has been cultivated and selected by farmers over the years and appears also to have mixtures of other close wild relatives. The taxonomy of these cultivars is not well understood and requires further work (Paul Wilkin, personal communication). Yam is polyploid with ploidy levels of 2x (diploid), 3x (triploid) and higher ploidy levels. Segregation studies of microsatellite markers have revealed that the so called tetraploid species D. rotundata Poir. (2n = 40) is diploid with the basic chromosome number of x = 20 (Scarcelli et al., 2005). Gemma et al. (2009) have reported presence of diploids, triploids and tetraploids in D. alata microsatellite segregation analysis.

In their studies, the basic chromosome number of D. alata is x = 20. Several approaches have been used to de-

termine the ploidy level in plants but in recent years since the emergence of flow cytometry traditional method have been abandoned. The small "dot-like" and often clumped yam chromosomes have complicated the use of conventional counting of chromosomes on microscope sides (Martin et al., 1966). Flow cytometry is an efficient and very successful method as is evident from the number of works to estimate the ploidy level and genome size of yam species (Hamon et al., 1992; Gamiette et al., 1999; Dansi et al., 2001a, 2001b; Egesi et al., 2002). Flow cytometry measures the content of nuclear DNA, based on the intensity of fluorescence produced by DNA- specific cytological stains. The ploidy level can be determined by comparing the samples with a known standard.

Knowledge of the amount of genetic material contained in the cell is informative and opens a vast array of applications from basic research to breeding (Dolezel et al., 2005). No previous ploidy studies have been conducted on the local landraces in the country and therefore this knowledge will go a long way in paving way for future research and hybridization programmes and understanding the phylogeny of yams in Kenya. Understanding the ploidy levels of the local yam landraces is essential for guiding future improvement and conservation programs of this crop.

MATERIALS AND METHODS

Plant materials

A total of 155 collections (Table 1) were collected from 17 districts in the country representing five administrative provinces where yams are grown (Figure 1). The species included were *D. cayenensis* Lam., *D. rotundata*, *D. odoratissima*, *D. asteriscus* Burkill, *D. dumetorum* Pax., *D. schimperiana* Kunth, *D. minutiflora* Engl., *D. alata* L. and *D. bulbifera* L. These were planted in a field genebank in Muguga, located at latitude 1° 13' 06" S and longitude 36° 37'50" E. Young and tender leaves were harvested from the field and placed in cool boxes before transporting them to the lab. Leaf samples of two accessions TDc. 98136 (*D. cayenensis* Lam.) and TDr.18544 (*D. rotundata*) which are known to be octoploid and tetraploid respectively were obtained from IITA, Nigeria. TDc 98/136 was used as the internal control. The control serves as the internal standard since the ploidy level is known.

Nuclei isolation and fluorescent staining

To isolate and stain nuclei about $0.5~\text{cm}^2$ of 3 to 4 week young fresh leaf of each yam accession were chopped together with a known octoploid standard, TDc 198136 from IITA, Nigeria using a double-edged razor blade in a 7 cm Petri dish containing 1000 μ l of extraction buffer (Partec GmbH, Munster Germany). About one-third leaf weight of the internal standard was chopped and two-thirds leaf from the sample.

The suspension was incubated for 1 min and then filtered through 50 μ m pore size. The filtrate was then centrifuged at 300 g for 5 min then resuspended in 200 μ l of extraction buffer (Partec GmbH, Munster Germany), vortexed gently then incubated for 1 h at room temperature. The filtrate was finally stained with 600 μ l of staining solution with 3.6 μ l of propidium iodide solution and 3.6 μ l of RNAse solution. After 1 h of incubation, the stained nuclei were analyzed using a flow cytometer (BD FACS Canto II). The linear log

Table 1. Ploidy levels of 155 yam landraces and wild relatives.

Accession	Local name	Specie	Ploidy level	Collection district	Region
1	Mbeu-nkuru 1	D. minutiflora	5x	Meru Central	Eastern
2	Karugwaci 1	D. minutiflora	3x	Meru Central	Eastern
3	Karugwaci 2	D. minutiflora	5x	Meru Central	Eastern
4	Ikambo	D. minutiflora	4x	Meru Central	Eastern
5	Karugwaci 3	D. minutiflora	5x	Meru Central	Eastern
6	Karugwaci	D. minutiflora	4x	Meru Central	Eastern
7	Mbeumburia	D. minutiflora	6x	Meru Central	Eastern
8	M'lkinyori 1	D. minutiflora	4x	Meru Central	Eastern
9	Mbeu-Iguru 1	D. minutiflora	5x	Meru Central	Eastern
10	Aerial yam 1	D. bulbifera	5x	Meru Central	Eastern
11	Baribate	D. minutiflora	4x	Meru Central	Eastern
12	Ndingwa	D. minutiflora	4x	Meru Central	Eastern
13	Mtoikinyori 6	D. minutiflora	4x	Meru Central	Eastern
14	Mbeu-Iguru 2	D. minutiflora	3x	Meru Central	Eastern
15	Ntigania	D. minutiflora	5x	Meru Central	Eastern
16	Mbeu-nkuru 2	D. minutiflora	4x	Meru Central	Eastern
17	Nderema	D. minutiflora	4x	Meru Central	Eastern
18	Majara	D. minutiflora	6x	Meru Central	Eastern
19	Mueru	D. minutiflora	5x	Meru Central	Eastern
20	Ciotu	D. minutiflora	4x	Meru Central	Eastern
21	Ntoikinyori 9	D. minutiflora	4x	Meru Central	Eastern
22	M'Ikinyori 2	D. minutiflora	4x	Meru Central	Eastern
23	Aerial yam 2	D. minutiflora	8x	Meru Central	Eastern
24	Carungai	D. bulbifera	6x	Meru Central	Eastern
25	Ndianthi 1	D. minutiflora	4x	Embu	Eastern
26	Mundu-wakinyoni 1	D. minutiflora	3x	Embu	Eastern
27	Maribate 1	D. minutiflora	5x	Embu	Eastern
28	Tharangutu	D. minutiflora	4x	Embu	Eastern
29	Njuvi 1	D. minutiflora	5x	Embu	Eastern
30	Maribate 2	D. minutiflora	4x	Embu	Eastern
31	Mundu-wakinyoni 2	D. minutiflora	3x	Embu	Eastern
32	Nthiru	D. minutiflora	4x	Embu	Eastern
33	Ndianthi 2	D. minutiflora	5x	Embu	Eastern
34	Njuvi 2	D. minutiflora	6x	Embu	Eastern
35	Mundu-wakinyoni 3	D. minutiflora	4x	Embu	Eastern
36	Ndianthi 3	D. minutiflora	5x	Embu	Eastern
37	Ngwanjiru 1	D. minutiflora	5x	Embu	Eastern
39	Njuvi 3	D. minutiflora	3x	Embu	Eastern
40	Mundu-wakinyoni 4	D. minutiflora	5x	Embu	Eastern
41	Tharangutu	D. minutiflora	6x	Embu	Eastern
42	Kimeru	D. minutiflora	5x	Embu	Eastern
42 43	Ngwanjiru 2	D. minutiflora	5x	Embu	Eastern
43 44	Ndendera	D. minutiflora	4x	Embu	Eastern
44 45	Ndianthi 4	D. minutiflora	4x 4x	Embu	Eastern
45 46	Mundu-wakinyoni 5	D. minutiflora	4x 5x	Embu	Eastern
47	Theru	D. minutiflora	5x	Embu	Eastern
48	Icara B	D. minutiflora	4x	Embu	Eastern
49	Itarekia	D. minutiflora	4x	Embu	Eastern
50	Icara A	D. minutiflora	5x	Embu	Eastern
51	Nthonoya	D. minutiflora	4x	Embu	Eastern
52	Mundu-wakinyoni 5	D. minutiflora	3x	Embu	Eastern

Table 1. Contd.

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						Eastern
106 Nkandau <i>D. minutiflora</i> 5x Meru South Eastern						Eastern
107 Ngondu <i>D. minutiflora</i> 3x Meru South Eastern			D. minutiflora	3x	Meru South	Eastern
108 Kirandi <i>D. minutiflora</i> 6x Meru South Eastern	108	Kirandi	D. minutiflora	6x	Meru South	Eastern
109 Njoka <i>D. minutiflora</i> 4x Meru South Eastern	109	Njoka	D. minutiflora	4x	Meru South	Eastern

Table 1. Contd.

110	Ngoci	D. minutiflora	5x	Meru South	Eastern
111	Nkandau	D. minutiflora	4x	Meru South	Eastern
112	Ndianthi	D. minutiflora	5x	Nyeri North	Central
113	Njuhi	D. minutiflora	5x	Nyeri North	Central
114	Muchara	D. minutiflora	4x	Nyeri North	Central
115	Ngwanjiru	D. minutiflora	4x	Nyeri North	Central
116	Ndiandi	D. minutiflora	6x	Kirinyaga	Central
117	Mundu-wakinyoni	D. minutiflora	5x	Kirinyaga	Central
118	Muraru	D. minutiflora	4x	Kirinyaga	Central
119	Ngwanjiru	D. minutiflora	4x	Kirinyaga	Central
120	Ndiru	D. minutiflora	4x	Kirinyaga	Central
121	Njuhi	D. minutiflora	6x	Kirinyaga	Central
122	Kesse	D. minutiflora	5x	Taveta	Coast
123	Kyanchangao	D. minutiflora	6x	Taveta	Coast
124	Nduu	D. bulbifera	8x	Taveta	Coast
125	Kilukwa	D. alata	6x	Taveta	Coast
126	Kiye	D. alata	3x	Taveta	Coast
127	Mafore	D. alata	4x	Taveta	Coast
128	Kilikwa	D. minutiflora	4x	Taveta	Coast
129	Emodo	D. alata	5x	Teso	Western
130	Emodo	D. odoratissima	10x	Teso	Western
131	Emodo	D. odoratissima	8x	Teso	Western
132	Emodo	D. odoratissima	6x	Bungoma West	Western
133	Embama	D. odoratissima	5x	Hamisi	Western
134	Chihama	D. minutiflora	6x	Trans Nzoia West	Western
135	Gikuyu	D. minutiflora	3x	Trans Nzoia West	Western
136	Gikwa	D. minutiflora	4x	Trans Nzoia West	Western
141	Gikuyu	D. minutiflora	4x	Uasin Gishu	Rift Valley
142	Njiru	D. minutiflora	6x	Uasin Gishu	Rift Valley
143	Icoho	D. minutiflora	6x	Molo	Rift Valley
144	Ngiriri	D. minutiflora	4x	Molo	Rift Valley
149	Ndwananthi	D. minutiflora	4x 4x		Eastern
150	Ndenda	D. minutiflora	5x	Igembe	Eastern
		D. minutiflora		Igembe	Eastern
151	Ikooro		4x	Igembe	
152	Nkwarwarene	D. minutiflora	4x	Igembe	Eastern
153	M'Maru	D. minutiflora	8x	Igembe	Eastern
154	M'Kinambati	D. minutiflora	4x	Igembe	Eastern
155	Ikooro	D. minutiflora	5x	Igembe	Eastern
156	Nareri/ Cianderi	D. minutiflora	3x	Igembe	Eastern
157	Mbura-mwitu	D. minutiflora	7x	Igembe	Eastern
158	Rweere	D. minutiflora	4x	Igembe	Eastern
159	Ndenda	D. minutiflora	3x	Igembe 	Eastern
160	M'Maru	D. minutiflora	5x	Igembe	Eastern
162	Ngwa naro	D. minutiflora	4x	Kiambu	Central
164	Chihama	D. odoratissima	6x	Hamisi	Western
170	D. dumetorum	D. dumetorum	3x	Msambweni	Coast
172	D. asteriscus	D. asteriscus	6x	Malindi	Coast
176	D. schimperiana	D. schimperiana	7x	Trans Nzoia West	Western
177	D. schimperiana	D. schimperiana	7x	Trans Nzoia West	Western
TDc98136	D. cayenensis	D. cayenensis	8x	IITA	West Africa
TDr.95/18544	D. rotundata	D. rotundata	4x	IITA	West Africa

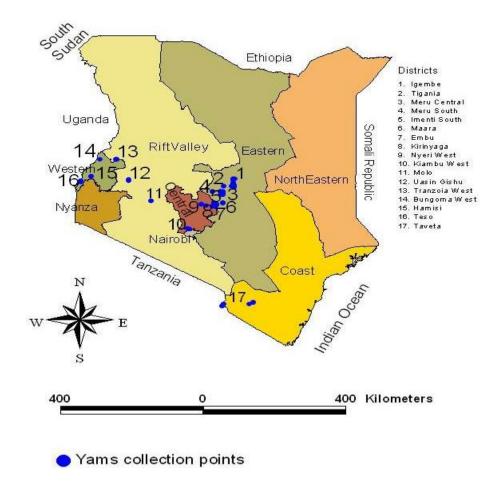


Figure 1. Yam distribution and collection areas in Kenya.

and peak fluorescence signals of the propidium-stained nuclei were collected along with forward and side scatter signals (SSC-A). Histograms of linear DNA fluorescence were analysed in FlowJo (v.7.6.5., Treestar Inc.). The instrument was adjusted such that the G1 peak of nuclei of the standard octoploid plant was set at channel 150. Wavelengths were captured as channels (PE-A) on the horizontal axis. This setting was checked from time to time during the entire analysis and kept constant to minimize deviations.

Peaks representing triploids were expected at channel 55, for the tetraploids at channel 75, hexaploids at channel 110 and octoploid at channel 150. Three measurements were made for each isolation and at least 500 nuclei for every sample examined.

Flow cytometry analysis

Ploidy level for each landrace was calculated by the formula: FI / FIR x (ploidy of internal reference), where Fluorescence of Internal Reference (F.I.R) is the index value of the internal reference. F.I is the mean position of the internal reference (Gamiete et al., 1999). Histograms showing fluorescence intensity frequency distributions for the internal standards were generated (Figures 2, 3, 4 and 5). Two peaks, G1 and G2, representing the two cell cycles were observed. G1 peak is reported in this study. Using curve fitting algorithms FlowJo deconvolutes the DNA histograms into three mathematical distributions, representing the populations of cells in each phase of the cell cycle. In this Jean-Dean-Fox model RMS represents root mean squared; % G1, G2 and S are the fraction of cells in the G1, G2 and S cell cycle phases respectively. G1 μ , G2

 $\mu,$ G1 cv, G2 cv are the distribution stats of G1 and G2 peaks while %<G1, %> are the fraction of cells below G1 and above G2 (Fox, 1980).

RESULTS AND DISCUSSION

Seven ploidy levels were observed (Table 1). Eighteen accessions (11.4% of total 155 were triploid; 59 (37.5%) tetraploid; 46 (29.2%) pentaploid; 22 (14.6%) hexaploid; 4 (3.1%) heptaploid; 5 (3.1%) octoploid and 1 (0.6%) decaploid. Tetraploids formed the largest group followed by pentaploids and hexaploids. Among the four D. alata accessions Ac. 125 was 6x, Ac 126 3x, Ac 127 4x and Ac 129 5x. Among the *D. bulbifera* accessions Ac 10 was 5x, Ac 23 8x and Ac 124 8x, no tetraploid was observed in this species. Among the seven accessions identified as D. odoratissima, also found in cultivation in one part of the country, two accessions were tetraploid; three hexaploid, one pentaploid and one decaploid (10x). Among the wild species of Dioscorea, D. asteriscus was hexaploid; three D. schimperiana accessions were heptaploid and one accession of D. dumetorum was found to be a triploid. There were no diploids reported. No relationship was observed between ploidy and geographical regions / districts. Only one accession, Ac 153, among the accessions

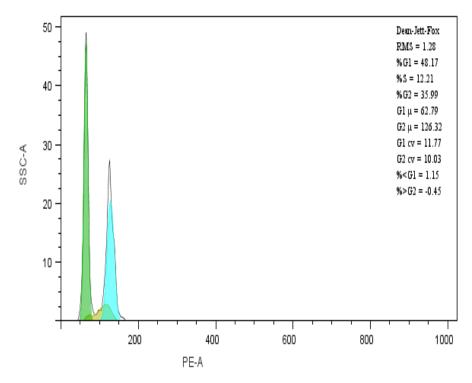


Figure 2. Histogram* showing a triploid (3x) accession. *Longer peak represents G1 cell cycle; Shorter peak represents G2 cell cycle.

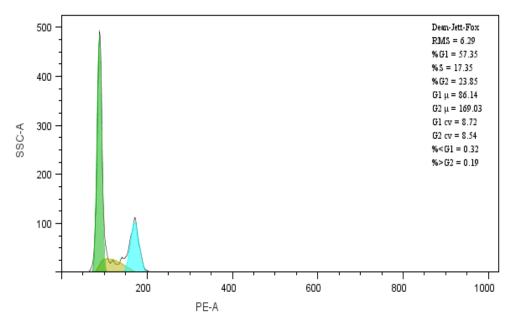


Figure 3. Histogram showing tetraploid (4x) accession.

in the major yam areas of the country was found to be octoploid. Accessions with similar morphological characters were found to manifest variation in ploidy levels. The two checks, TDr.18544 and TDc 98/136 from IITA were tetraploid and octoploid respectively as indicated from the originating institution.

In a young plant, majority of cells are not in division and these cells are in the G1 stage. Their nuclear DNA content reflects the ploidy level of the plant. Cells in division pass from the G1 stage to G2 stage where they have a double DNA content (De Laat et al., 1987). Distribution of nuclei over the G1 channel represents the

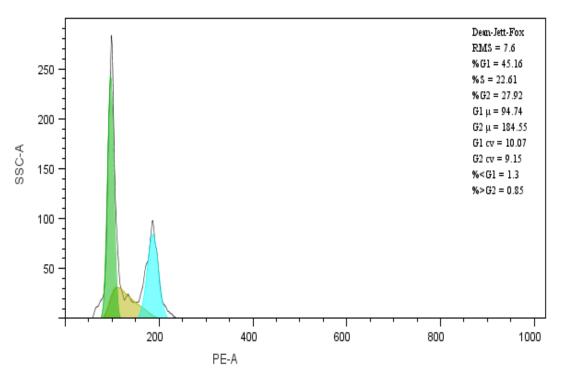


Figure 4. Histogram showing pentaploid (5x) accession.

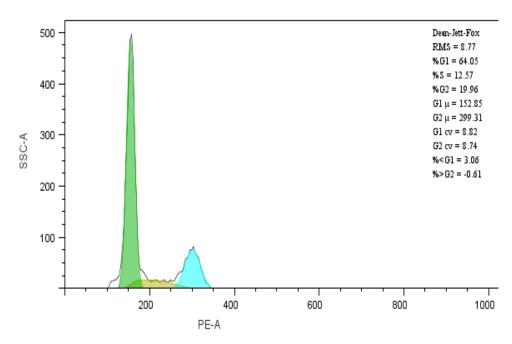


Figure 5. Histogram showing octoploid (8x) accession 23.

nuclear DNA content and hence ploidy level. Seven ploidy groups; 3x, 4x, 5x, 6x, 7x, 8x and 10x were identified in the study with differences in accessions in each ploidy group. Hamon et al. (1992) reported ploidy levels of 3x, 3.5x, 4.5x, 7x and 8.5x for *D. alata*. The lowest ploidy was 3x and highest 10x. Accession 130 also a domesticated species had the highest ploidy.

Different ploidy levels have been reported in other studies. Gamiete et al. (1999), Malapa et al. (2005) and Dansi et al. (2001) reported three ploidy levels 4x, 6x and 8xamong cultivated yams in INRA collections in Guadeloupe and Cameroon. Sharma et al. (1956, 1957) found levels of ploidy to be 3x, 5x and 7x by chromosome count in *D. alata*. Recent segregation studies of microsatellite mar-

kers have shown that the so called tetraploid species *D. rotundata* is a diploid (Scarcelli et al., 2005). Obidiegwu et al. (2009) reported tetraploids, hexaploids, octoploids, and one mixoploid individual among 170 accessions of Guinea yams from West African countries. The accessions with 7x were all *D. schimperiana*, the 10x accession was *D. odoratissima*. The octoploid 8x group was comprised of one accession each of *D. odoratissima*, *D. bulbifera* and *D. cayenensis*, the standard used from West Africa. *D. dumetorum* was triploid as shown in previous studies. TDr 18544 from West Africa was a tetraploid, thus confirming its ploidy status. The two accessions of *D. alata* Ac 127 and Ac 129, used in the study were tetraploid, and hexaploid respectively.

Gemma et al. (2009) have proposed ploidy of 2x, 3x and 4x corresponding to diploid, triploid and tetraploid with the basic chromosome number of x = 20 for D. alata. Accessions 174 and Ac 164, both D. odoratissima were tetraploids. Ac 173 and Ac 132 also D. odoratissima had a ploidy of 5x. Ploidy of 7x was observed only in D. schimperiana, 8x and 10x were observed in accessions with D. bulbifera, D. odoratissima and the West African internal standard TDc 98/136, respectively. There was no pattern to associate ploidy with geographical or regional source of the accessions.

Natural crossing between different groups may have occurred in history while the presence of 10x in the population supports hybridization process. The presence of heterogenous foliage among the cultivated cultivars supports crossing between different ploidy groups. There was no relationship between ploidy and geographical regions/districts, suggesting that ploidy is not influenced by location. Landraces with varying ploidy levels were found in the same locality. Landraces with similar names were also found to have varying ploidy levels. Subsequent mutations accompanied by fertilization may have played a role in evolution and polyploidization of yam in Kenya as has happened in other yam growing regions of the world. This study is the first attempt to estimate ploidy levels of yam in Kenya. The findings will form the basis for future research in addressing the mechanism of inheritance among the local landraces and further work on molecular characterization and taxonomic verification.

Conclusion

There were variable ploidy levels among the local yam landraces ranging from 3x, 4x, 5x, 6x, 7x, 8x and 10x. The highest proportion of ploidy was represented by tetraploids while no diploids were observed. There was no relationship between ploidy level and geographical regions. Similar landrace names were not associated with similar ploidy levels. There is need for further work on taxonomy and phylogeny of the local landraces.

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