







### LATVIAN HERITAGE

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Traditional specialty guaranteeu

Rye bread is a Latvian traditional type bread

Baked in a wood-fired oven with rye flour, adding cumin to the dough, which gives the rye bread its characteristic taste and aroma.

The word "salināta" means to make **sweet** – sweeten- by scalding flour with hot water.

#### RYE BREAD

The European Commission in 2014 included Latvian "salinātā" rye bread in the list of protected quality products.



One of the oldest European languages

# Latvian Language



33 letters

Latviešu alfabēts (Latvian alphabet) Aa Āā Bb Cc Čč Dd Ee Gg Ģģ Hh Pp Rr Ss Šš Tt Uu Ūū Vv Zz Žž

The Latvian literary language is based on the Middle dialect.

Native language of about 1.7 million people

#### Three basic dialects:

- Liv dialect
- The Middle
- The Upper dialect



The oldest examples of articles in Latvian - from the 15th century









Latvia's nature is our national wealth

❖ TALSI

❖ ALŪKSNE

❖ CĒSIS

❖ PĻAVIŅA

♣ APE

❖ BALDON

The fourth most forested country in Europe



# Conclusion

- The citizens of Latvia hold on, observe their traditions and pass them on to the next generation.
  - Despite the fact that Latvia is a small country, it has a huge heritage and a strong nation.
- People in Latvia charish and appreciate the green gold in the country nature, its beauty.
  - Citizens in Latvia show patriotism of the country in a sweet, sophisticated way and not eccentric.