Nose & Paranasal Sinuses

- The Nasal Cavity
 - Lateral wall of the Nose
 - Turbinates & Meatuses
 - The Nasal Septum
- The Paranasal (Air) Sinuses
 - The Maxillary Sinus
 - The Frontal Sinus
 - The Ethmoid Sinus
 - The Sphenoid Sinus

The Olfactory Nerve (CNI)

- Central Connections
- Lesion(s) and Testing of the Olfactory Nerve

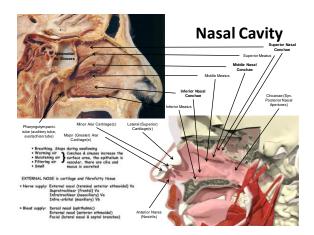


Nose & Paranasal Sinuses

Tongue, Pharynx & Palate

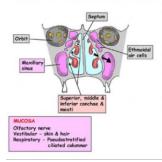
Mohammed A Al-Muharraqi MBChB, BDS, MSc, MRCS Glas, FFD RCS Irel, MFDS RCS Eng

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Nasal cavity extends from nares to choanae (posterior septu
 Floor: Hard palate
 Raof: Sohenaid and ethmoid

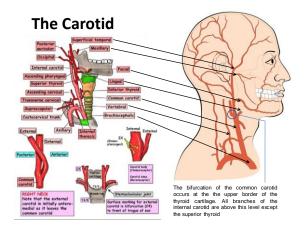
Medial wall: Septum
 Lateral wall: medial orbit, ethmoidal air cells, maxillary sinus

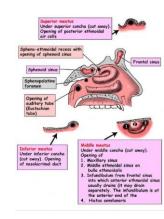


Nasal Cavity

The nasal cavity is a large space located behind the nose. It is separated below from the oral cavity by the hard and soft palates. It is split into two by a septum, which is formed, by the vomer, and an inferior projection of the ethmoid bone. The lateral walls of the nasal cavity have three scrolls of bone hanging from them: Superior nasal conchae - The space beneath the concha is known as the superior meatus. Middle nasal conchae - The space beneath the middle meatus. Inferior nasal conchae - The space beneath the inferior concha is known as the the inferior meatus.

The walls of the nasal cavity, along with the three conchae and adjoining paranasal sinuses are covered with a highly vascular respiratory mucous membrane. The conchae serve to increase the surface area of the mucous membrane. the orbital region



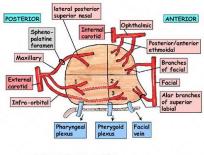


Nasal Cavity

In the nasal cavity the respiratory mucosa lines the walls including the middle and inferior conchea and their meatures as well as the adjoining paranasal sinuses, larynx, trachea and bronchial tree. It is made up of three layers, respiratory epithelium, embedded in a thick basement membrane that adheres to a layer of connective tissue (lamina propris). The mucous membrane of the nasal cavity has a rich blood supply containing many thinwalled venules and as the air passes over the mucous membrane, it is warmed and moistened and any remaining airborne patricles get stuck to it. The respiratory epithelium consists of mainly PSEUDO-STRATIFED CLIATED COLUMNAR EPITHELUM dispersed with goblet cells and serous glands. Ind lafferent areas the structure of the respiratory epithelium varies slightly to deal with the differing functions.

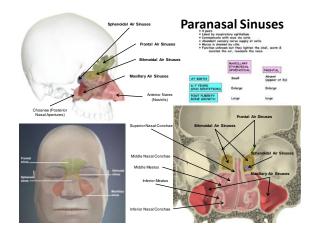
uniterin areas the stitucture of the respiratory epithelium varies slightly to deal with the differing functions. Offactory muccas (specialized area) covers the top of the nasal cavity and is thicker than the respiratory muccas. It contains sensory cells that detect odor.

Blood Supply of Lateral Wall of



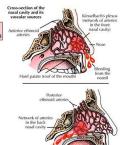
- 1. Branch of greater palatine
- Perforating branches of greater palatine
 Anterior superior alveolar from infra-orbital

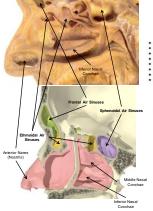






Nasal Septum





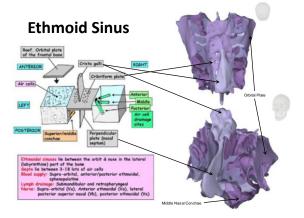
Frontal Sinus

Appear at 2 years

Bony septim
 Lie between orbit and anterior cranial fassa
 Nerves: Supra-orbital & supratrachiean nerves
 Bload supply: Supra-orbital & supratrachiean anteries
 Lymph drainage: Submantibular
 Veine: Dialoia & supratra anthrachimic

External seriace

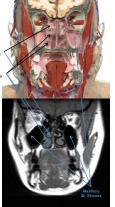
> Drainage (diagrammatic)
> Ostium: lower medial aspect
> To middle meatus via frontenasal canal (anterior end of hiatus semilunaris)
> May drain via infundibulum from anterio ethmoidal sinus

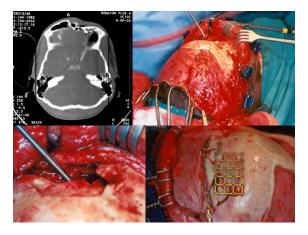


Maxillary Sinus

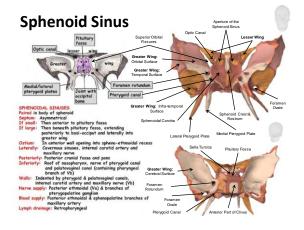
- Pyramidal shape
- alls are m
- high on posterior end o ostium all arteries from facial, is 3-4 0
- nd osi Small arteries in orbital & greater palatin Shmandibular glands "-/nosteri r/middle/p
- from pterygopalatine
- ganglion Feature: The infra-orbital nerve lies in its ridge (junction of roof and anterior wall)







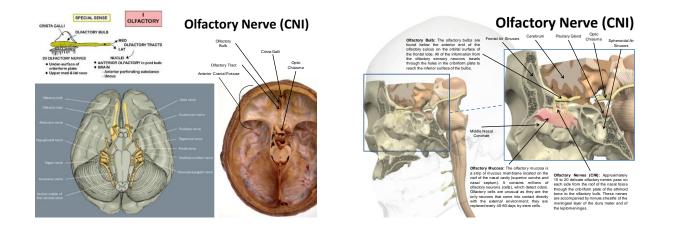
1	OLFACTORY	Special sense	Smell
Ш	OPTIC	Special sense	Sight
Ш	OCULOMOTOR	Somatic motor	Eye movements
IV	TROCHLEAR	Somatic motor	Eye movements
V	TRIGEMINAL	Somatic sensory	Sensory
		Branchiomotor	M of mastication
VI	ABDUCENT	Somatic motor	Eye movements
VII	FACIAL	Branchiomotor	M of facial expression
VIII	VESTIBULOCOCHLEAR	Special sense	Hearing/balance
IX	GLOSSOPHARYNGEAL	Somatic sensory	Oropharynx
		Branchiomotor	Single muscle
Х	VAGUS	Parasympathetic	Heart to colon
		Branchiomotor	Palate, larynx
		(from XI)	
XI	ACCESSORY (spinal)	Somatic motor	SCM/trapezius
	ACCESSORY (cranial)	Branchiomotor	To vagus
XII	HYPOGLOSSAL	Somatic motor	Tongue



CRANIAL NERVES: NUCLEI AND FIBRES

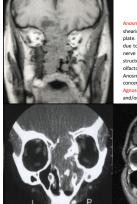
	Somatic motor (Skeletal muscle)	Branchiomotor (Special visceral)	Parasympathetic (general visceral)	General visceral sensory	Special visceral sensory	Somatic sensory (Skin & membranes)	Special senses
I							Smell Limbic system
п							Sight lat geniculate body
ш	Nu: Oculomotor recti (sup,med,int) inf oblique, levator palpebrae superioris		Nu: Edinger-Westphal Ganglion: Ciliary ciliary body & muscle, sphincter pupillae				
IV	Nu: Trochlean superior oblique						
v		Nu: Motor of trigeminal muscles of mastication, mylohyoid, ant belly digastric, tensor palati & tympan/				Nu: sensory of V Mesencephalic for proprioception: Main for touch: Spinal for pain & temp for face, orbit, tongue	
vı	Nu: Abducent lateral rectus						
vII		Nu: facial muscles of facial expression, buccinator, post belly of digestric, stylohyokt, stupedius	Nu: Superior solivory Gonglion: Pterygopolatine & submandibular Jacrimal, submandibular, & palative alands		Nu: Solitarius Charda tympani for taste: anterior tongue	Nu: Sensory of V some skin of ext auditory meatus & tympanic membrane	
VIII							2 nu: hearing 4 nu: equilibrium
тх		Nu: Ambiguus stylopharyngeus	Nu: Inferior solivary Ganglion: Otic parolid, glands in post tongue & aropharynx		Nu: Solitarius taste: post longue, valiate papillae, oropharymx, baro/receptors	Nu: Sensory of V post tongue, palate, pharynx, tonsil, middle ear	
×		Vagus carries & distributes fibres from cranial nucleus of XI	Nu: Dorsal motor of vagus cardiac & visceral muscles of thorax & abdomen	Nu: Solitorius from heart, lungs & abdominal viscera	Nu: Solitarius Taste: valecula & epiglottis; baro/ chemoreceptors	Nu: Sensory of V skin of post/inf auricle, ext auditory meatus: pharynx & larynx	
х	Spinal Nu: Lat roots CI-5 Sternomastoid & trapezius	Cranial Nu: Ambiguus muscles of pharynx, larynx, palate, upper oesophagus via vagus					
хп	Nu: Hypoglossal muscles of tongue except palatoglossus						

	OLFACTORY	Special sense	Smell
1	OPTIC	Special sense	Sight
Ш	OCULOMOTOR	Somatic motor	Eye movements
V	TROCHLEAR	Somatic motor	Eye movements
v	TRIGEMINAL	Somatic sensory	Sensory
		Branchiomotor	M of mastication
VI	ABDUCENT	Somatic motor	Eye movements
VII	FACIAL	Branchiomotor	M of facial expression
VIII	VESTIBULOCOCHLEAR	Special sense	Hearing/balance
IX	GLOSSOPHARYNGEAL	Somatic sensory	Oropharynx
		Branchiomotor	Single muscle
Х	VAGUS	Parasympathetic	Heart to colon
		Branchiomotor (from XI)	Palate, pharynx, larynx
XI	ACCESSORY (Spinal)	Somatic motor	SCM/trapezius
	(ACCESSORY) (cranial)	(Branchiomotor)	(To vagus)
XII	HYPOGLOSSAL	Somatic motor	Tongue



Mouth, Tongue, Pharynx & Palate

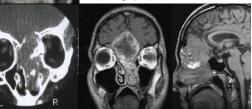
- The Oral cavity and Gingivae
- The Teeth and their development
- The Tongue:
 - Structure,
 - Blood Vessels &
 - Nerves
- The Pharynx: musculature and innervation
- The Palate and Tonsils
- Gag Reflex
- The Eustachian Tube

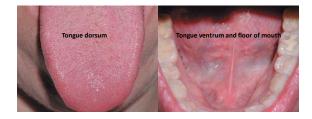


Olfactory Nerve (CNI)

Anosmia (Hyposmia) can occur in serious head injuries due to shearing of olfactory nerve filaments or fracture of the cribiform plate. Frontal lobe tumors, infections (batcess) can cause anosmia due to compression of the olfactory bullo or tact. Pathology in the nerve itself can also manifest as ansonia or pressure on adjacent structures e.g., Olfactory neuro-blastoma tumors arise from the olfactory bulls/muccoa.

nerve tiseft can also mannest as ansoma or pressure on adjacent structures e.g., Olfactory neuro-blastoma tumors arise from the olfactory bulbs/mucosa. Ansomia following trauma or new onset unilateral anosmia is thus concerning for intracranali pathology. Dysomia, Phantosmia and Agnosia are more commonly due to psychological (schizophrenia) and/or neurological (stroke) causes.





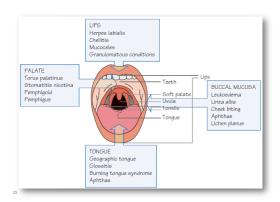


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Anatomical Variants and Developmental Anomalies

- Fordyce spots (Fordyce granules)

 Sebaceous glands, 80% of population; After puberty; M > F
- Fissured tongue (scrotal or plicated tongue)
 - Hereditary (Down syndrome); 5% of population; In increasing age; F = M
- Torus palatinus
 - Developmental benign exostosis; 20% of population; in Asians and Inuits; After puberty; F > M (2 : 1)
- Torus mandibularis
 - 6% of population; After puberty; F = M almuharraqi@doctors.org.uk







Anatomical Variants and Developmental Anomalies

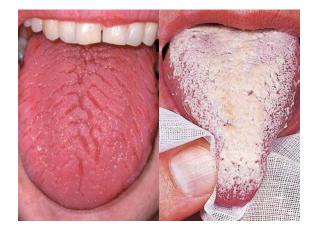
Stafne bone cavity

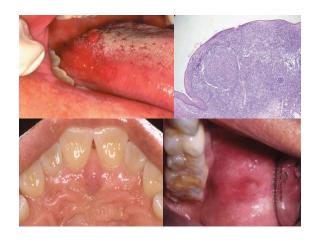
 Congenital defect filled with fat/salivary tissue



- Unerupted teeth (3rd molars, 2nd premolars, and canines)
- Pterygoid hamulus; may give rise to concern about an unerupted tooth

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Anatomical Variants and Developmental Anomalies

• Papillae:

- Incisive; may bother the patient if traumatized
- Parotid (orifice of Stensen duct); may occasionally be traumatized by biting or an orthodontic or other appliance
- Lingual foliate; occasionally become inflamed (papillitis) and clinically mimic carcinoma
- Retrocuspid; found on the lingual gingiva in the mandibular canine region, it resembles the incisive papilla

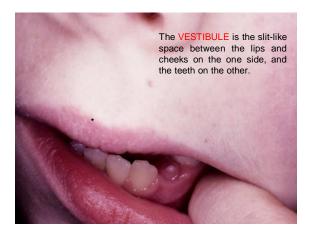
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Anatomical Variants and Developmental Anomalies

- Lingual varicosities
- Leukoedema; a normal variation more prevalent in people who have dark skin, in which there is a whitebluish tinge of the buccal mucosa that disappears when the cheek is stretched
- Bifid uvula; symptomless, but may overlie a submucous cleft palate
- Foreign Bodies/Objects

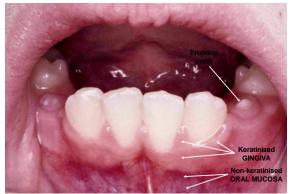
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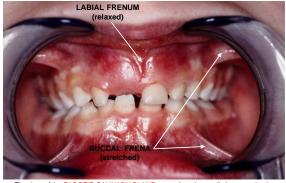




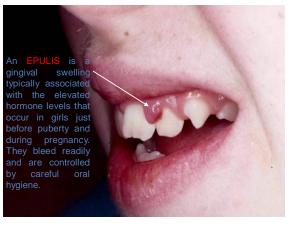
Al-Muharraqi MA. Unusual Foreign Object in the Palate of an Infant. J Oral Maxillofac Surg. 2010 Jul; 68(7):1701-2

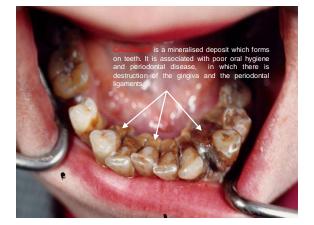


The GUMS or GINGIVA are covered by keratinised stratified squamous epithelium. They appear more pale in colour than the adjacent non-keratinised ORAL MUCOSA



The duct of the PAROTID SALIVARY GLAND opens into the vestibule, opposite the upper back teeth. Mucosal folds, the LABIAL & BUCCAL FRENA, are also seen in the vestibule; the finding of a torn frenum in a child is a sign of physical abuse.







FORDYCE SPOTS can also be found on the lips, vulva (as seen here) and penis. In all cases they should be regarded as normal variations and are of no clinical significance.





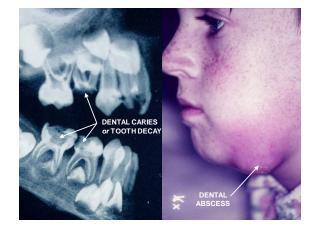
Between the ages of 6 and 18 years the primary dentition is replaced by the teeth of the PERMANENT or SECONDARY DENTITION. They number 32 in total, or 8 in each quarter of the mouth: two INCISORS, one CANINE and two PREMOLARS and three MOLARS. One or more of the last molars is commonly missing, or they may erupt in the wrong direction and get stuck or IMPACTED.



Between the ages of 6 months and 21/2 years, teeth erupt into the mouth. Collectively between the age of or indust and 2.2 yeas, technique induct. Outcomercial these are called the PRIMARY or DECIDUOUS DEINTITION. Commonly they are known as the BABY TEETH or MILK TEETH (because they grow in babies who consume a lot of milk over that time). They number 20 in total, or 5 in each quarter of the mouth: two DECIDUOUS INCISORS, one DECIDUOUS CANINE and two DECIDUOUS MOLARS.



Discoloured teeth caused by the antibiotic TETRACYCLINE being prescribed in childhood, when the teeth were developing.



TREATING A POST-EXTRACTION HAEMORRHAGE

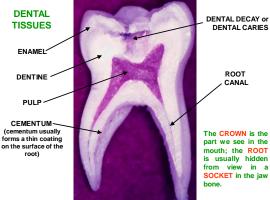
WHAT TO DO:

Wipe the mouth clean of clotted blood and place a piece of cotton wool over (not into!) the bleeding socket. Get the patient to clamp the cotton wool in place by closing their teeth on it for 10 minutes. Repeat if necessary.

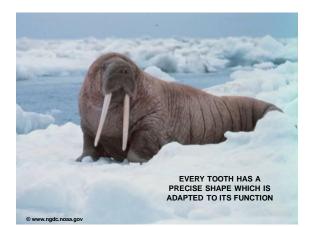
If the bleeding is persistent, a PURSE-STRING SUTURE through the gingiva near the socket will solve the problem in most cases. This is a suture that goes in and out of the tissue like the string in a purse ... when you pull it tight, the purse closes. The idea is to pull the gingiva against the bone, occluding the gingival blood vessels which are spilling their blood into the socket.

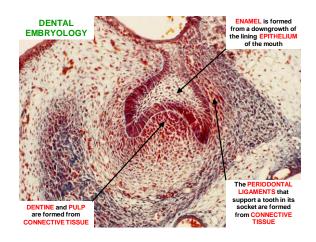
WHAT NOT TO DO:

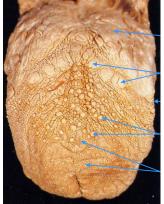
Never push anything into the socket. It won't stop the bleeding and it will damage the bone, usually leading to a painful and prolonged OSTEITIS or 'DRY SOCKET'. Note however that Dentists have magical powers and it's OK for them to put things into sockets. This special gift is denied to Medical Doctors so don't do it!!!



ENTAL DECAY or DENTAL CARIES







PRESERVED TONGUE

The posterior one third contains a lot of lymphoid tissue which is called the LINGUAL TONSIL. The papillae are located on the anterior two-thirds.

A row of CIRCUMVALLATE PAPILLAE associated with TASTE BUDS.

FOLIATE PAPILLAE are a series of small ridges located far back on the side of the tongue. They have some taste buds.

FUNGIFORM PAPILLAE are the larger, red papillae seen on the dorsum. Occasionally associated with taste buds.

FILIFORM PAPILLAE are the most numerous. They do not have taste buds.

THE TONGUE

The photograph shows a benign transient condition which is called GEOGRAPHICAL TONGUE because it looks like a map of a group of islands.

The DORSUM of the tongue is covered by a special type keratinised mucosa containing four different types of PAPILLAE:

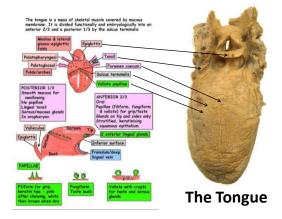
- FILIFORM
- FUNGIFORM
- CIRCUMVALLATE
- FOLIATE (on lateral margin)

In Geographical Tongue the lesions are smooth and devoid of papillae. A similar form of atrophy is seen in severe cases of iron deficiency anaemia where the whole dorsum of the tongue shows this ATROPHIC GLOSSITIS.





This patient has a throat infection with pyrexia (high temperature). The increased blood flow through the tongue causes the non-keratinised fungiform papillae to appear bright red. The filliorm papillae have become overgrown and coated with debris.

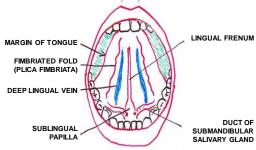


Lingual Artery

The lingual artery is the main blood supply of the tongue, arising from the external carotid artery and coursing deep to hyoglossus. It branches extensively within the tongue. When resecting the tongue haemorrhage is more marked in the posterior region. Hence laser surgery or diathermy techniques are preferred.

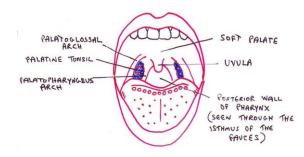
Venous drainage is by the lingual vein (superficial to hyoglossus), draining to the internal jugular vein. The lingual veins may be seen easily on the underside of the tongue, running just beneath the mucosa. These veins tend to become more prominent with age.

LOOK AT YOUR OWN MOUTH IN A MIRROR AND IDENTIFY THESE FEATURES



INFERIOR SURFACE OF THE TONGUE AND FLOOR

OF MOUTH



o submental glands bilaterally in to submandibular mastly unit rior to jugulo-omohyoid & deep

THE INTERIOR OF THE MOUTH

BLOOD SUPPLY TO TONGUE

ARTERIES

LINGUAL ARTERY - this is the mail artery to the tongue. It is the second branch which emerges from the anterior surface of the external carotid artery, and it lies deep within the tongue.

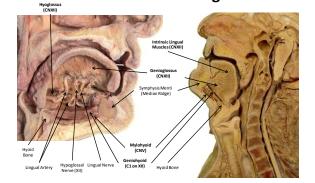
TONSILLAR BRANCH OF FACIAL ARTERY - this provided an additional supply to the back of the tongue, near the palatine tonsil.

ASCENDING PHARYNGEAL ARTERY - like the tonsillar branch of the facial artery, this provides an additional supply to the posterior third of the tongue.

VEINS

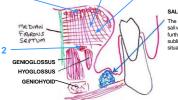
1

The veins from the tongue, the DEEP LINGUAL VEINS and the DORSAL LINGUAL VEINS, drain to the INTERNAL JUGULAR VEIN.



Muscles of the Tongue

CORONAL SECTION SHOWING THE INTRINSIC MUSCLES OF THE TONGUE

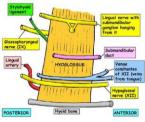


SALIVARY GLAND The deep part of the submandibular salivary gland is shown here, but further forward in the mouth the sublingual occupies a similar situation

The intrinsic muscles of the tongue can be divided into four groups: 1. SUPERIOR LONGITUDINAL 2. INFERIOR LONGITUDINAL

- 3. VERTICAL
- 4. TRANSVERSE

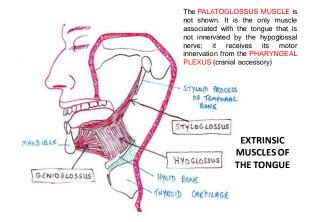
Hyoglossus



 The mylohyoid muscle (not shown) overlaps the anterior edg of hyoglossus
 Hyoglossus is supplied by the hypoglossal nerve as are all the muscles of the tongue except palatoglossus (pharyngeal denumber)

plexes) Further anteriorly, under the mylohyold, the lingual nerve passes lateral to the submandibular duct, then dips under it to appear on its medial site to enter the tongue The vence combantes of the hypoglassal nerve pass posteriorly to join the facial vein The hyoglossus is a thin, quadrilateral muscle, which provides an important landmark in the floor of the mouth. It originates from the superior border of the greater hom of the hyoid bone. A part of the muscle is attached to the base of the lesser horn of the hyoid bone and has been called 'chondroglossus'. At its origin, the hyoglossus muscle is separated from the attachment of the middle constrictor muscle of the pharynx by the lingual artery. It passes vertically upwards to insert into the side of the tongue. The hypoglossal nerve supplies the hypoglossus muscle. The sublingual branch of the lingual artery and the submental branch of the facial artery supply hyoglossus. Hyoglossus depresses the tongue. The submandibular duct and lingual nerve crosses hyoglossus as it forms the floor of

the submandibular fossa. It is a key landmark in submandibular gland surgery.



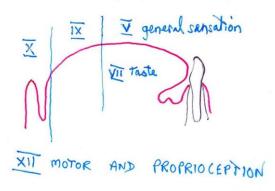
Nerve Supply to the Tongue

S	UMMARY OF NE	RVE SUPPLY	TO TONGUE
	SOMATIC SENSATION	TASTE	SECRETOMOTOR
ANTERIOR 2/3	Lingual (Vc)	Chorda tympani (VII)	Charda tympani (VII) (anterior lingual glands)
OSTERIOR 1/3 + vallate xapillae	Glosso- pharyngeal (IX)	Glosso- pharyngeal (IX)	Glosso- pharyngeal (DX)
VALLECULAE	Glasso- pharyngeal (IX)	Internal branch of superior	Glosso- pharyngeal (DX)
	(1)	laryngeal nerve (X)	

Note: Sympathetic supply to tongue is from superior cervical ganglion via lingual artery



INNERVATION OF THE TONGUE



LYMPHATIC DRAINAGE OF THE TONGUE

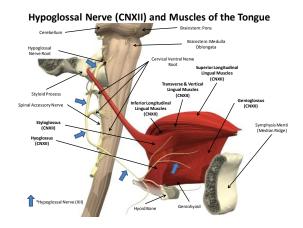
TIP: to the submental group of lymph nodes, and from there to the lowest group in the deep cervical chain, the jugulo-omohyoid group.

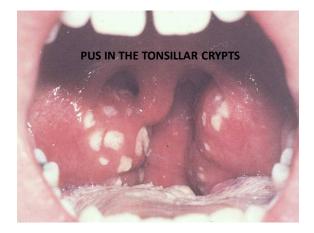
SIDES and DORSUM: to the submandibular

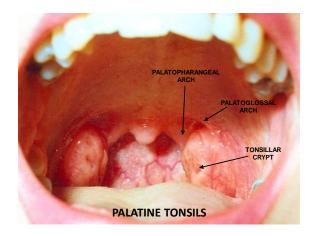
lymph nodes and from there into the deep cervical chain. The dorsum drains bilaterally.

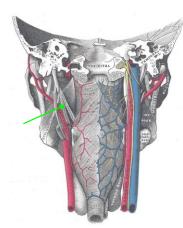
POSTERIOR THIRD: to the jugulo-digastric group and from there down the deep cervical chain.











The constrictor muscles of the pharynx, viewed from behind.

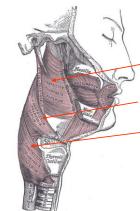
In addition to the three constrictors, there are three other muscles that contribute to the wall of the pharynx.

Their fibres run vertically downwards, almost at right angles to the majority of the fibres in the constrictors, strengthening the pharyngeal wall.

The three muscles are the:

(shown

- 1. Palatopharyngeus,
- 2. Stylopharyngeus here) and
- 3. Salpingopharyngeus.



PHARYNGEAL CONSTRICTOR MUSCLES

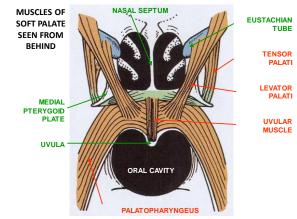
There are <u>three</u> constrictor muscles in the pharynx which overlap one another in the way that three paper cups might be stacked together, one into the other.

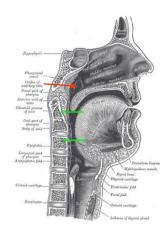
The SUPERIOR CONSTRICTOR is attached to the medial pterygoid plate and the inner surface of the mandible, and the pterygomandibular raphe between them.

The MIDDLE CONSTRICTOR is attached to the hyoid bone and the lower part of the stylohyoid ligament.

The INFERIOR CONSTRICTOR is attached to the thyroid and cricoid cartilages of the larynx.

The fibres of all three constrictors sweep around the back of the pharynx in a circular fashion. They are innervated by the PHARYNGEAL PLEXUS (Vagus, plus the Cranial Accessory fibres which join it).





The interior of the pharynx is divided into three regions.

The NASOPHARYNX lies behind the nasal cavities. The EUSTACHIAN TUBE opens here (arrowed), forming a direct communication between the nasopharynx and the middle ear.

The **OROPHARYNX** lies behind the mouth, between the soft palate and the tip of the epiglottis, a laryngeal cartilage that projects upwards behind the tongue.

The LARYNGOPHARYNX lies behind the larynx. It opens into the oesophagus.

TESTING FOR PALATAL ELEVATION AND THE GAG REFLEX

The lining of the soft palate, the posterior third of the tongue and the oropharynx (the part of the pharynx related to the mouth) receive sensory innervation from the GLOSSOPHARYNGEAL NERVE (CN IX).

The muscles that move those parts are supplied by the VAGUS NERVE (CNX).

Asking a patient to say "*Aaaah*" will produce a symmetrical elevation of the soft palate if the vagus nerves are functioning properly.

Touching the soft palate or any part of the pharynx (e.g. with a mouth mirror) triggers the GAG REFLEX. This reflex is protective and prevents things from entering the pharynx except during normal swallowing. It is unpleasant, causing nausea or even vomiting, and is best done only where definite pathology is suspected. If the patient fails to gag it may mean the glossopharyngeal and vagus nerves are not working properly, or the patient may have trained himself or herself to suppress it, e.g. for oral sex, or circus sword-swallowers.

FUNCTIONS OF THE MUSCLES OF THE SOFT PALATE

TENSOR PALATI tenses the soft palate. This occurs during swallowing, when the tongue forces the bolus of food against the tensed soft palate, directing it into the oropharynx.

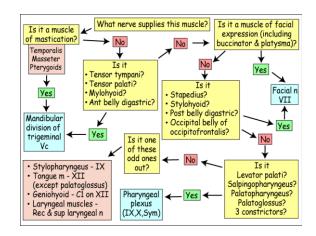
LEVATOR PALATI can elevate the soft palate against the back wall of the nasopharynx, shutting off the nasal cavity from the pharynx when we swallow or cough, and in speaking when we pronounce some letters (B, P). This closure is assisted by contraction of some of the fibres in the SUPERIOR CONSTRICTOR of the pharynx.

Contraction of the UVULAR MUSCLES thickens and shortens the uvula, helping to produce an airtight seal in closing off the nasopharynx.

PALATOGLOSSUS draws the tongue against the soft palate, sealing off the mouth from the oropharynx.

Tensor palati is innervated by the <u>trigeminal nerve</u>, and **ALL** the others are innervated by the pharyngeal <u>plexus</u>.

All Muscles of:	Are supplied by:	Except:	Which is/are supplied instead by:	
Discourse	Pharyngeal plexus	Stylopharyngeus	Glossopharyngeal (IX)	
Pharynx	(IX, X, symp)	Cricopharyngeus	Recurrent laryngeal	
Palate Pharyngeal plexus Tensor palati		Tensor palati	Off n to med pterygoid (Vc)	
Tongue	Hypoglossal (XII)	Palatoglossus	Pharyngeal plexus	
Mastication	Mandibular (Vc)	Buccinator	Facial (VII)	
Larynx	Recurrent laryngeal (X)	Cricothyroid	Ext br of superior laryngeal (X)	
Facial expression & buccinator	Facial (VII)	Levator palpebrae superioris	Oculomotor (III) & sympathetic	
E.u.		Superior oblique	Trochlear (IV)	
Eye	Oculomotor (III)	Lateral rectus	Abducent (VI)	
Strap group	Ansa cervicalis	Thyrohyoid	C1 fibres on hypoglossal	



End

