## THE SKULL

The skull is a very complex structure, composed of more than 20 different bones.

The importance of plain radiography of the skull has diminished in recent years due to the widespread availability of advanced imaging modalities such as computed tomography (CT) and magnetic resonance imaging (MRI).

In order to produce high-quality images of the cranium and minimize risk for the patient, the radiographer must have a good understanding of the relevant anatomy, positioning landmarks and equipment used for imaging.


## Anatomical terminology

All radiography of the skull is undertaken with reference to a series of palpable landmarks and recognized lines or planes of the skull.
It is vital that the radiographer possesses a good understanding of these before undertaking any positioning.

- Outer canthus of the eye: the point where the upper and lower eyelids meet laterally.
- Infra-orbital margin/point: the inferior rim of the orbit, with the point being located at its lowest point.


Nasion: the articulation between the nasal and frontal bones.

Glabella: a bony prominence found on the frontal bone immediately superior to the nasion.

Vertex: the highest point of the skull in the median sagittal plane.




External occipital protuberance (inion):
a bony prominence found on the occipital bone, usually coincident with the median sagittal plane.
External auditory meatus: the opening within the ear that leads into the external auditory canal .


## Skull positioning lines

glabellomeatal line (GML)
orbitomeatal line (OML)
infraorbitomeatal line (IOML)
acanthiomeatal line (AML)
lipsmeatal line (LML)
mentomeatal line (MML)
Orbito-meatal base line (radiographic baseline): extends from the outer canthus of the eye to the centre of the external auditory meatus. This line is angled approximately 10 degrees to the anthropological baseline.
Anthropological baseline: passes from the infra-orbital point to the upper border of the external auditory meatus (also known as the Frankfurter line).

## Skull Positioning Lines

$\neq$ Aeanthiomestal line
(AML)
$\neq$ Lips-meatal line
(CML)
\# Mentomealal line
(MML)

[^0]


## Planes

- Median sagittal plane: divides the skull into right and left halves.

Landmarks on this plane are the nasion anteriorly and the external occipital protuberance (inion) posteriorly.

- Coronal planes: these are at right-angles to the median sagittal plane and divide the head into anterior and posterior parts.
- Anthropological plane: a horizontal plane containing the two anthropological baselines and the infra-orbital line. It is an example of an axial plane.
Axial planes are parallel with this plane.
- Auricular plane: perpendicular to the anthropological plane.

Passes through the centre of the two external auditory meatuses. It is an example of a coronal plane.
The median sagittal, anthropological and coronal planes are mutually at right-angles.

Median-sagittal


Median sagittal plane

Infra-orbital
line


## A - Orbito-meatal or Radiographic baseline (RBL) <br> B - Anthropological baseline

## Positioning terminology

To describe a skull projection, it is necessary to state the relative positions of the skull planes to the image receptor and the central ray relative to skull planes/image receptor and to give a centering point or area to be included within the beam.

## The standard projections are:

1. The lateral view.
2. The PA views.
3. The AP Towne's view obtained by tilting the central ray $30^{\circ}$ caudally and centring.
4. The basal view obtained by placing the patient's head in the `hanging head' position with the anatomical baseline horizontal. and centering vertical to it and between the angles of the mandible

## LATERAL POSITION-RIGHT OR LEFT LATERAL

Patient Position
Erect or prone position
Part Position
Place the head in a true lateral position, with the side of interest closest to IR.
For the lateral projection, the central ray passes along a coronal plane at rightangles to the median sagittal plane.
It is named according to the side of the head nearer to the image receptor.

The lateral view, with the side of the suspected lesion against the film.
In the example the beam enters the head on the left side, passes along a coronal plane, and exits the head on the right side, where the image receptor is located. This is, therefore, a right lateral.

- The centring is point is over the pituitary.Center to a point ( 5 cm ) superior to external auditory meatus (EAM).


Fig. 53.2 (A) X-ray film of skull taken in standard lateral projection. (B) Diagram to illustrate the standard lateral view. $1=$ coronal suture; $2=$ meningeal vascular marking, anterior branch; $3=$ anterior border of middle fossa; $4=$ lambdoid suture; $5=$ dorsum sellae; $6=$ clivus; $7=1$ lateral sinus; $8=$ squamoparietal suture; $9=$ external auditory meatus.

## AP axial (TOWNE method )

## Clinical Indications

$\square$ Skull fractures
$\square$ neoplastic processes

## Patient Position

Erect or supine position

## Part Position

Depress chin, bringing OML perpendicular to IR.
Align MSP to CR
Ensure that no head rotation nor tilt exists.
MSP=mid sagittal plane, IR=image receptor, $\mathrm{CR}=$ central ray .



X-ray film taken in standard Towne's projection. (B) Diagram to illustrate (A) 1 = lateral sinus; 2 = foramen magnum; 3 = dorsum sellae; 4 = internal auditory meatus; 5 = acuate eminence; $6=$ superior semicircular canal; $7=$ lambdoid suture.

## PA (Occipito-frontal projections ) : CALDWELL METHOD

## Part Position

. Rest patient's nose and forehead against table.

- Flex neck as needed to align OML perpendicular to IR.
- Align MSP perpendicular to midline CR.
- Angle CR $15^{\circ}$ caudad, the central ray centred on the inion in order to project the dense petrous bones clear of the orbits .



The skull posteroanterior (PA) view

This should be taken with the orbitomeatal line vertical and center to exit at nasion.


## The basal view

Submento-vertical
Obtained by placing the patient's head in the 'hanging head' position with the anatomical baseline horizontal. and centering vertical to it and between the angles of the mandible .


(A) X-ray film taken in standard basal view.
(B) Diagram to illustrate (A) $1=$ greater sphenoidal wing; $2=$ sphenoidal sinus;
3 = foramen ovale; 4 = foramen spinosum; 5 = foramen lacerum medium; 6 = foramen magnum; 7 = internal auditory meatus.

## Facial bones and sinuses

## RADIOGRAPHIC ANATOMY FOR POSITIONING :

- THE FACIALBONES ARE A SERIES OF IRREGULAR BONES THAT ARE ATTACHED COLLECTIVELY TO THE ANTROINFERIOR ASPECT OF THE SKULL. WITHIN THESEBONES, AND SOMEOF THE BONES FORMING THE CRANIUM, ARE A SERIES OF AIR-FILLED CAVITIES KNOWN AS THE PARANASAL
- THE 14 FACIALBONES CONTRIBUTETO THESHAPEAND FORM OF A PERSON'S FACE. IN ADDITION, THE CAVITIES OF THEORBITS, NOSE, AND MOUTH.

Only 2 are single bones. The remaining 12 consist of six pairs of bones:

- 2 Maxillae (upper jaw),
- 2 Zygomatic bones
- 2 Lacrimal bones
- 2 Nasal bones
- 2 Inferior nasal conchae
- 2 Palatine bones
- 1 Vomer
- 1 Mandible (lower jaw)


The following are the paranasal air sinuses:

- Maxillary sinuses (maxillary antra): paired, pyramidal shaped structures located within the maxillary bone either side of the nasal cavity. They are the largest of the sinuses.
- Frontal sinuses: paired structures located within the frontal bone adjacent to the fronto-nasal articulation. They are very variable in size, and in some individuals they may be absent.
- Sphenoid sinuses: structures that lie immediately beneath the sella turcica and posterior to the ethmoid sinuses.
> - Ethmoid sinuses: small air spaces that collectively form part of the medial wall of the orbit and the upper lateral walls of the nasal cavity.



## Radiological considerations

-The facial bones and sinuses are complicated structures, and the radiographer must be aware of their location and radiographic appearances in order to assess the diagnostic suitability of an image.

- Facial projections must demonstrate clearly the likely sites of facial fracture, especially in the mid-facial area.
These include the orbital floor, lateral orbital wall and zygomatico-frontal suture, lateral antral wall, and zygomatic arch.
- The signs of fracture in these areas may be subtle.
- Facial fractures may be bilateral and symmetrical.


## Facial bones Recommended projections

Indications : Trauma and pathology
-Occipito-mental, Occipito-mental $30^{\circ} \downarrow$, (Basic series).
-Modified mento-occipital.
-lateral.

## Occipito-mental

This projection shows the floor of the orbits in profile, the nasal region, the maxillae, the Inferior parts of the frontal bone and the zygomatic bone.
Position of patient and cassette

- The projection is best performed with the patient seated facing the


Occipito-mental projection using skull unit cassette holder or vertical Bucky.

- The head is then adjusted to bring the orbito-meatal baseline to a 45-degree angle to the cassette holder.

Direction and centring of the X-ray beam


Occipito-mental projection using a vertical Bucky


## Modified mento-occipital

## Position of patient and cassette

- The patient will be supine on the trolley and should not be moved. If it is possible to place a cassette and grid under the patient's head without moving the neck, then this should be undertaken. If this is not possible, then place the cassette and grid in the cassette tray under the patient.
The centring point remains the same.

Direction and centring of the Xray beam

- If the baseline makes an angle of 45 degrees back from the vertical (chin raised), then a perpendicular beam can be employed centred to the midline at the level of the lower orbital margins.


Patient imaged supine with 45 -degree baseline
The centring point remains the same.

## Lateral

## Position of patient and cassette

- The patient may be positioned erect or supine
- The patient sits facing the vertical Bucky or cassette holder .


The Bucky height is altered, such that its centre is 2.5 cm inferior to the outer canthus of the eye.

- The patient lies on the trolley, with the arms extended by the sides and the median sagittal plane vertical to the trolley top. The the centre of the cassette is 2.5 cm inferior to the outer canthus of the eye.


Direction and centering of the X-ray beam

- Centre the horizontal central ray to a point 2.5 cm inferior to the outer canthus of the eye.


Lateral facial bones showing foreign body

## Nasal bones:

## CLINICAL INDICATIONS: NASALBONE INJURIES

## - PATIENT POSITION IS RECUMBENT

 PRONE OR ERECT.- THE PATIENT SITS FACING A

CASSETTE SUPPORTED IN THE
CASSETTE STAND OF A VERTICAL
BUCKY.

- THE HEAD IS TURNED SO THAT THE MEDIAN SAGITTAL PLANE IS PARALLEL
 WITH THE CASSETTE AND THE INTERPUPILLARY LINE IS PERPENDICULAR TO THE CASSETTE.
- THE NOSE SHOULD BE ROUGHLY WITH THE CENTRE OF THE CASSETTE.


## Direction and centering of the X-ray beam

- A horizontal central ray is directed through the centre of the nasal bones inferior to nasion and collimated to include the nose.
- A high-resolution cassette may be used if detail is required.


## Paranasal sinuses

## Recommended projections

 projections will vary according to local needs -Occipito-mental (with open mouth )-Parietoacanthial (Modified Waters Method)
-(Lateral)

## Occipito-mental (with open mouth ) Waters view.

## Position of patient and cassette

- The projection is best performed with the patient seated facing the cassette holder or vertical Bucky.
- The patient's nose and chin are placed in contact with the midline of the cassette holder.
The head is then adjusted to bring the orbitomeatal baseline to a 45-degree angle to the cassette holder.
The patient should open the mouth as wide as possible before exposure. This will allow
 the posterior part of the sphenoid sinuses to be projected through the mouth.


## Direction and centring of the

 X-ray beam- The central ray of the skull unit should be perpendicular to the cassette holder and by design will be centred to the middle of the image receptor



## PARIETOACANTHIAL PROJECTION (Modified Waters Method)

Patient position is erect or prone (erect is preferred if patient's condition allows).
$\square$ Part Position
$\square$ Extend neck, resting chin against table
$\square$ Adjust head until MML is perpendicular to plane of IR.


OML forms a $37^{\circ}$ angle with the table.

CR

- Align CR perpendicular to IR, to exit at acanthion.




## Lateral

## Position of patient and cassette

- The patient sits facing the vertical Bucky or cassette holder. The head is then rotated, such that the median sagittal plane is parallel to the Bucky and the inter-orbital line is perpendicular to the Bucky.
- The shoulders may be rotated slightly to allow the correct position to be attained. The patient may grip the Bucky for stability.
- The head and Bucky heights are adjusted so that the centre of the Bucky is 2.5 cm along the orbito-meatal line from the outer canthus of the eye.



## Direction and centring of the X-ray beam

- A horizontal central ray should be employed to demonstrate fluid levels.
- The tube should have been centred previously to the Bucky, such that the central ray will now be centred to a point 2.5 cm posterior to the outer canthus of the eye.




## Mandible


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## Projections

- postero-anterior (PA)
- oblique (postero-anterior)
- lateral 30 degrees cephalad


## Clinical Indications

- Fractures
- Neoplastic or other focal lesions .


## Position of patient and cassette

- The patient sits facing the vertical Bucky cassette holder.
Alternatively, in the case of trauma, the projection may be supine on a trolley, giving an antero-posterior projection.

The patient's median sagittal plane should be coincident with the midline of the Bucky or cassette holder. The head is then adjusted to bring the orbito-meatal baseline perpendicular to the Bucky or cassette holder.
The median sagittal plane should be perpendicular to the cassette.
Check that the external auditory
 meatuses are equidistant from the cassette.

## Direction and centring of the $X$-ray beam

- The central ray is directed perpendicular to the cassette and centred in the midline at the levels of the angles of the mandible.



## oblique

This projection demonstrates the region of the symphysis menti.

## Position of patient and cassette

- The patient sits facing the vertical Bucky or skull unit cassette holder.
Alternatively, in the case of trauma, the projection may be
 supine on a trolley, giving an antero-posterior projection.

The patient's median sagittal plane should be coincident with the midline of the Bucky or cassette holder. The head is then adjusted to bring the orbito-meatal baseline perpendicular to the Bucky.

- From a position with the median sagittal plane perpendicular to the cassette, the head is rotated 20 degrees to either side, so that the cervical vertebra will be projected clear of the symphysis menti.

- The head is now repositioned so the region of the symphysis menti is coincident with the middle of the cassette


## Direction and centring of the $X$ -

 ray beam- The central ray is directed perpendicular to the cassette and centered 5 cm from the midline, away from the side being examined, at the level of the angles of the mandible.



## lateral 30 degrees cephalad

## Position of patient and cassette

- The patient lies in the supine position. The trunk is rotated slightly and then supported with pads to allow the side of the face being examined to come into contact with the cassette, which will be lying on the tabletop.
The median sagittal plane should be parallel with the cassette and the interpupillary line perpendicular.

The projection may also be performed with a horizontal beam in trauma cases when the patient cannot be moved.

- In this case, the patient will be supine with the median sagittal plane at right-angles to the tabletop.
The cassette is supported vertically against the side under examination.


## Direction and centering of the $X$ ray beam

- The central ray is angled 30 degrees cranially at an angle and is centred 5 cm inferior to the angle of the mandible remote from the cassette.



## Temporal-mandibular joints



Temporal bone Capsuke



Fig. 11.184 Closed mouth.

# lateral (axiolateral) 25-30 degrees 

 caudadIt is usual to examine both temporal-mandibular joints. For each side, a projection is obtained with the mouth open as far as possible and then another projection with the mouth closed.

## Clinical indication

TMJ images are useful in assessing joint dysfunction by demonstrating erosive and degenerative changes.
Open- and closed mouth projections can be very helpful in assessing whether normal anterior gliding movement of the mandibular condyle occurs on jaw opening.
MRI is now used for detailed study of the TMJ

## Position of patient and cassette

- The patient sits facing the vertical Bucky, the head is rotated to bring the side of the head under examination in contact with the table..
- The head and Bucky or cassette holder level is adjusted so the centre crosslines are positioned to coincide with a
 point 1 cm along the orbito-meatal baseline anterior to the external auditory meatus.
- The median sagittal plane is brought parallel to the cassette by ensuring that the inter-pupillary line is at rightangles to the table top and the nasion and external occipital protuberance are equidistant from it.



## Axiolateral TMJs (Schuller)



Fig. 20-160. Axiolateral TMJ with mouth open.


Fig. 20-157. Axiolateral TMJ: mouth closed.


## Direction and centring of the $X$-ray beam

- Using a well-collimated beam or an extension cone, the central ray is angled 25-30 degrees caudally and will be centred to a point 5 cm superior to the joint remote from the cassette ( 5 cm ) superior to EAM) so the central ray passes through the joint nearer the cassette.


Mouth open


Mouth closed

## Zygomatic arches

## Projections <br> -(SMV) projection for both sides . <br> -Obligue infero-superior projection :

This projection is essentially a modified submento-vertical (SMV) projection.


## Position of patient and cassette

- The patient lies supine, with one or two pillows under the shoulders to allow the neck to be extended fully.
- A cassette is placed against the vertex of the skull, such that its long axis is parallel with the axial plane of the body. It should be supported in this position with foam pads and sandbags.
- The flexion of the neck is now adjusted to bring the long axis of the zygomatic arch parallel to the cassette.
- The head in now tilted 5 to 15 degrees toward the side under examination. This allows the zygomatic arch under examination to be projected on to the film without superimposition of the
 skull vault or facial bones.


## Direction and centring of the X-ray

 beam- The central ray should be perpendicular to the cassette and long axis of the zygomatic arch.
- A centring point should be located such that the central ray passes through the space between the midpoint of the zygomatic arch and the lateral border of the facial bones.
- Tight collimation can be applied to reduce scatter and to avoid irradiating the eyes.




## R

## Single

Zygomatic bone

Zygomatic arch

Temporal bone

## Zygomatic Arch -

tangential
projection

## Orbits



## Occipito-mental (modified)

## CLINICAL INDICATION

-THIS IS A FREQUENTLY USED TO ASSESS INJURIES TO THE ORBITAL REGION (E.G. BLOW-OUT FRACTURE OF THE ORBITAL FLOOR)
-TO EXCLUDE THE PRESENCE OF METALLIC FOREIGN BODIES IN THE EYES

## Position of patient and cassette

- The projection is best performed with the patient seated facing the skull unit cassette holder or vertical Bucky.
- The patient's nose and chin are placed in contact with the midline of the cassette holder. The head is then adjusted to bring the orbito-meatal baseline to a 35-degree angle to the cassette holder.
- The horizontal central line of the vertical Bucky or cassette holder should be at the level of the midpoint of the orbits.



## Direction and centering of the $X$-ray beam

- The central ray of the skull unit should be perpendicular to the cassette holder and will be centred to the middle of the image receptor. If the above positioning is performed accurately, then the beam will already be centred.



## Cases for skull and facial bones

Main skull pathology, image interpretation of special cases

## Normal intracranial calcifications

1. Pineal body.
2. Choroid plexuses
3. Dura (falx), Ligaments
4. Basal ganglia and dentate nuclei
5. Pituitary gland
6. Lens
7. Internal carotid artery (cavernous portion)



## Osteoma of the right frontal sinus



## Skull fractures : linear and depressed

## Linear skull fracture



## Linear skull fracture



Skull X-ray showing a multiple linear, depressed skull fractures of the vertex

Skull X-ray showing a depressed skull fracture of frontal bone


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\Pi
$$

Blow out fracture of the left orbital floor OM view - Air fluid level of left maxillary sinus



Zygomatic arch demonstrating double fracture

Tripod fracture: OM view There are fractures of the LT maxillary bone including floor and lateral wall of the orbit , zygomatic arch.


## Mandible fracture: PA mandible view




## Bilateral maxillary sinusitis




Multiple lucent areas of different sizes Multiple myeloma Vs metastasis


## Thalassemia

Thickening of the skull vault with hair on end appearance


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## VERTEBRAL COLUMN

The vertebral column is divided into five areas in each of these areas the vertebrae have distinctive characteristics.
These areas are
$\square$ Cervical
$\square$ thoracic
$\square$ lumbar
$\square$ Sacrum
$\square$ Coccyx


## Vertebral curves

# The cervical and lumbar regions have concave curvatures and are described as Lordotic. 

The thoracic and sacral regions have convex curvatures kyphotic.



Posterior Centerlime of gravity Anterior

## Important considerations in spinal radiography

- Ideally, the vertebral bodies will not be superimposed over one another and will be separated on the image.
- Disc spaces should be demonstrated clearly, without superimposition of vertebral bodies.
- The curves are variable along the area of interest, thus making it impossible to achieve separation of individual vertebra .In this instance, it may be worth considering individual exposures, with the beam angled to achieve the required degree of separation.



## Useful landmarks



- The easily palpated tip of the mastoid process indicates the level of C 1 .
- The spinous process of C 7 produces a visible protuberance on the posterior aspect of the inferior part of the neck. Below this, the spinous process of the thoracic spine can be palpated.
- The inferior angle of the scapula indicates the level of $\mathrm{T}_{7}$ when the arms are placed by the side.
- The sternal notch lies at the junction between T2 and T3.
- T4 is indicated by the sternal angle with T9 corresponding to the xiphisternal joint, although the size of this structure is variable.

- The lower costal margin indicates L3 and is located easily.
This is a very useful aid to positioning in spinal radiography.
- A line joining the most superior parts of the iliac crests indicates the level of L4, whilst the tubercle of the iliac crest discloses the location of L5.
- The anterior and posterior iliac spines lie at the level of the second sacral vertebra.
- The coccyx can be palpated between the buttocks and lies at the level of the symphysis pubis


## Cervical spine

## C1 (the atlas)

C2 (the axis) are different The C3-C6 are typical cervical vertebrae.
The $C_{7}$ has many features of thoracic vertebrae.
(extra long and more horizontal spinous process)


## Atlas (C1)


Axis (C2)

Posterioz


Fig. 8.15 Atlas (C1)-superior view.

(E) Left a tla ntoaxial joint articular surface of C2
(F) Body of C2

Right
Fig. 8.17 C 1 and C 2 posterior oblique view.

## Cervical landmarks

1/ The mastoid process corresponds to the level of C1. ( 2.5 cm ) below the level EAM.

2/ the angle of the jaw, or gonion, is at the same level as C3.

3/ The most prominent part of the thyroid cartilage, or Adam's apple, is at the approximate level of $\mathrm{C} 4-5$.

4/ The spinous process of the last cervical vertebra, C7 vertebra prominence, is at about the same level as the body of T1


## Basic projections

Many centers perform Antero-posterior and a lateral projection, with the addition of a further image to demonstrate the AP C1/2 region if the patient has a history of trauma.

## Antero-posterior 3 rd to $7^{\text {th }}$ vertebrae

## Position of patient and cassette

- The patient lies supine on the Bucky table or, if erect positioning is preferred, sits or stands with the posterior aspect of the head and shoulders against the vertical Bucky.
- The median sagittal plane is adjusted to be at right-angles to the cassette and to coincide with the midline of the table or Bucky.
- The neck is extended (if the patient's condition will allow) so that the lower part of the jaw is cleared from the upper cervical vertebra.
- The cassette is positioned in the Bucky to coincide with the central ray.



## Direction and centering of the X-ray beam

- A 5-15-degree cranial angulation is employed, such that the inferior border of the symphysis menti is superimposed over the occipital bone.
- The beam is centered in the midline towards a point just below the prominence of the thyroid cartilage through the fifth cervical vertebra.




## Lateral erect

## Position of patient and cassette

- The patient stands or sits with either shoulder against the cassette.
- The median sagittal plane should be adjusted such that it is parallel with the cassette.
- The head should be flexed or extended such that the angle of the mandible is not superimposed over the upper anterior cervical vertebra or the occipital bone does not obscure the posterior arch of the atlas..

- In order to demonstrate the lower cervical vertebra, the shoulders should be depressed, as shown in the photograph.
This can be achieved by asking the patient to relax their shoulders downwards. The process can be aided by asking the patient to hold a weight in each hand


## Direction and centering of the X-ray beam

- The horizontal central ray is centred to a point vertically below the mastoid process at the level of the prominence of the thyroid cartilage.

Floor of posterior
cranial fossa
(occipital bone)


## Essential image characteristics

- The whole of the cervical spine should be included, from the atlanto-occipital joints to the top of the first thoracic vertebra.
- The mandible or occipital bone does not obscure any part of the upper vertebra.
- Angles of the mandible and the lateral portions of the floor of the posterior cranial fossa should be superimposed.


## Lateral supine

For trauma cases, the patient's condition usually requires the examination to be performed on a casualty trolley.
The lateral cervical spine projection is taken first, without moving the patient.


## Position of patient and cassette

- The patient will normally arrive in the supine position.
- It is vitally important for the patient to depress the shoulders (assuming no other injuries to the arms).
- The cassette can be either supported vertically or placed in the erect cassette holder, with the top of the cassette at the same level as the top of the ear.


Positioning for lateral supine projection


Antero-posterior - first and second cervical vertebrae (open mouth)

Clinical indications

1. C 1 and C 2 fractures
2. To demonstrate the odontoid process
(dense)

## Position of patient and cassette

- The patient lies supine on the Bucky table or, if erect positioning is preferred, sits or stands with the posterior aspect of the head and shoulders against the vertical Bucky.
- The medial sagittal plane is adjusted to coincide with the midline of the cassette, such that it is at right-angles to the cassette.
- The neck is extended, if possible, such that a line joining the tip of the mastoid process and the inferior border of the upper incisors is at right-angles to the cassette. This will superimpose the upper incisors and the occipital bone, thus allowing clear visualization of the area of interest.
- The cassette is centered at the level of the mastoid process.



## Direction and centering of the $X$ ray beam

- Direct the perpendicular central ray along the midline to the centre of the open mouth.
- If the patient is unable to flex the neck and attain the position described above, then the beam must be angled, typically 5-10 degrees cranially or caudally, to superimpose the upper incisors on the occipital bone.
- The cassette position will have to be altered slightly to allow the image to be centred after beam angulation.


Example of correctly positioned radiograph



## Cervical spine projections

## LATERAL - FLEXION AND EXTENSION

THESE PROJECTIONS MAY BE REQUIRED, BUT ONLY AT THE REQUEST OF A MEDICAL OFFICER, TO SUPPLEMENT THE BASIC PROJECTIONS
CLINICAL INDICATIONS
-TRAUMA, E.G. SUBLUXATION,
-PATHOLOGY, E.G. RHEUMATOID ARTHRITIS
-BEFORE SURGERY TO ASSESS MOVEMENT IN THE NECK FOR INSERTION OF AN ENDOTRACHEAL TUBE).

## Position of patient and cassette

- The patient is positioned as for the lateral basic or lateral supine projections; The patient is asked to flex the neck and to tuck the chin in towards the chest as far as is possible.
- For the second projection, the patient is asked to extend the neck by raising the chin as far as possible.
- If imaged supine, the neck can be flexed by placing pads under the neck.
Extension of the neck can be achieved by placing pillows under the patient's shoulders.


## Direction and centering of the Xray beam

- Direct the central ray horizontally towards the mid-cervical region (C4).



## Right and left posterior oblique - erect

Oblique projections are requested mainly to supplement the basic projections.

## Clinical indications

- in cases of trauma. The images demonstrate the intervertebral foramina, the relationship of the facet joints in suspected dislocation or subluxation.
-with certain pathologies, such as degenerative disease.


## Position of patient and cassette

The patient stands or sits with the posterior aspect of their head and shoulders against the vertical Bucky

- The median sagittal plane of the trunk is rotated through 45 degrees for right and left sides in turn.
- The head can be rotated so that the median sagittal plane of the head is parallel to the cassette, thus avoiding superimposition of the mandible on the vertebra.
- The cassette is centred at the prominence of the thyroid cartilage.



## Direction and centring of the X -ray beam

- The beam is angled 15 degrees cranially from the horizontal and the central ray is directed to the middle of the neck on the side nearest the tube


Fig. 8.54 Right postenior oblique.


Fig. 8.55 Left posterior oblique.

RAO, LAO-are preferred because of reduced
thyroid doses.
Anterior Oblique (RAO,LAO)
Direct CR $15^{\circ}$ caudad to C4 (level of upper margin of thyroid cartilage)


Fig. 8.52 Erect RAO position-CR $15^{\circ}$ caudad (less thyroid dose).

## Essential image characteristics

- The intervertebral foramina should be demonstrated clearly.
- C1 to T1 should be included within the image.
-The foraminae demonstrated on the posterior oblique are those nearest the $X$-ray tube.


## Right and left posterior oblique - supine

This positioning is often necessary in cases of severe injury.
Position of patient and cassette

- The patient remains in the supine position on the casualty trolley.
- To avoid moving the neck, the cassette should ideally be placed in the cassette tray underneath the trolley.
- If no cassette tray is available, then the cassette can be slid carefully into position without moving the patient's neck.



## Direction and centering of the X-ray beam

- The beam is angled 30-45 degrees to the median sagittal plane(the degree of angulation will depend on local protocols).
- The central ray is directed towards the middle of the neck on the side nearest the tube at the level of the thyroid cartilage.



## Cervico-thoracic vertebrae

Lateral swimmers' This is particularly important, if this area of the spine (Cervico-thoracic vertebrae) is suscepected to have injury.
Position of patient and cassette

- This projection is usually carried out with the patient supine on a trauma trolley.
The trolley is positioned adjacent to the
vertical Bucky, with the patient's median sagittal plane parallel with the cassette.

- The arm nearest the cassette is folded over the head, with the humerus as close to the trolley top as the patient can manage.
The arm and shoulder nearest the $X$ ray tube are depressed as far as possible.
- The shoulders are now separated vertically.
- The Bucky should be raised or lowered, such that the line of the vertebrae should coincide with the middle of the cassette.
- This projection can also be undertaken with the patient erect, either standing or sitting or supine.


## Direction and centering of the X-ray beam

- The horizontal central ray is directed to the midline of the Bucky at a level just above the shoulder remote from the cassette.



## MAIN CERVICAL SPINE FINDING , IMAGE INTERPRETATION OF CERVICAL FRACTURES

## Cases review for cervical spine

د.احمد مذخر الغبشة

## Quality




- The C7-T 1 vertebrae may be obscured in muscular or obese patients
- Shoulder depression is important to obtain high quality images and prevent overlapping structures.


## Alignment



## Assess 4 parallel lines for smoothness, no steps and no angulation:

1. Anterior vertebral line: anterior margin of vertebral bodies
2. Posterior vertebral line: posterior margin of vertebral bodies and anterior wall of the spinal canal
3. Spino-laminar line: posterior wall of the spinal canal
4. Posterior spinous line: tips of the spinous processes


## Lines

anterior vertebral posterior vertebral spinolaminar posterior spinous

Prevertebral thickness

7 mm at C2
2 cm at C7


## How to Read Lateral C-Spine X-ray

consider evaluating the following:
Make sure you can see all 7 cervical spinous process
Make sure pre-vertebral soft tissue is < 7 mm in thickness in front of C2 and < 20 mm in front of C6
Evaluate the orientation of the tracheal shadow and check for any foreign bodies .

Check the anterior vertebral line (anterior longitudinal ligament line)

Check the posterior vertebral line (posterior longitudinal ligament line)

Check the spinolaminal line

Check the spinous process line Inspect each vertebral body, pedicle, lamina and spinous process from C1-C7.

Check that the intervertebral spaces are uniform at each level

Make sure the atlantodens interval (ADI; or pre-dental space) is $<3 \mathrm{~mm}$ in adults or $<5 \mathrm{~mm}$ in children

Make sure the C 2 ring is smooth and continuous .
Scan the mandible and base of the skull.


## Atlanto-Axial Subluxation

Lateral view of the cervical spine done as a cross-table lateral shows a marked increase in the distance between the anterior surface of the dens and the posterior surface of the C1 tubercle (blue arrow) that measured 14 mm (black line) .

The imaginary line connecting the spinolaminar white lines (white line) shows that the body of C1 (red arrow) is displaced anteriorly relative to the remainder of the spine.
The patient died shortly after this study was obtained.

## Atlanto-Axial Subluxation/Dislocation

- Distance between the anterior surface of the dens and the posterior surface of the tubercle of C1 is usually 3 mm or less in adults and 5 mm or less in children
This space is called predental space, atlantodental distance.
Traumatic atlantoaxial subluxation/dislocation usually results from a motor vehicle.
Non-traumatic conditions associated with increase in the atlantoaxial distance
Down syndrome Due to laxity of the transverse ligament. Rheumatoid arthritis Atlantoaxial subluxation associated with inflammation of adjacent soft tissues of the neck









## Type:

Oblique fractures of the uoper pist of the odontoid protess

Type II
Fractures at the junctions of the odontod chocess with the bady of the axis

Fractures through the body of the axis

## Axial compression injuries

Jefferson fracture
is a burst fracture of the ring of C1 with lateral displacement of both articular
 masses




Fractures (red arrows) Avulsion fracture of atlantal transverse ligament (purple arrow).


## CERVICAL SPINE CASES

CONTINUES...

## Flexion injuuries most common mechanism

## FLEXION TEARDROP FARCTURE

IS THE RESULT OF EXTREME FLEXTION WITH AXIAL LOADING TYPICALLY OCCURS FROM SEVERE FORCES (E.G. DIVING IMPACT, DECELERATION DURING MOTOR VEHICLE COLLISION.


- Flexion teardrop fractures most commonly occur at the mid/lower cervical spine, specifically at $\mathrm{C} 4, \mathrm{C}_{5}$
- fracture of the anteroinferior lip of vertebral body

- classically a triangular fragment (teardrop sign)
- Anterior fragment often minimally displaced


It is unstable and is associated with a high incidence of cord damage


Flexion Teardrop \#

## Clay-shoveler fractures

Are fractures of the spinous process of a lower cervical vertebra usually $\mathrm{C}_{7}$

## Clay-Shoveler Fracture

Stable fracture
Avulsion fracture of spinous process of C6 or C7


Abrupt flexion of the neck with contraction of lower neck muscles or Direct trauma



## Extension injuries

## Hangman's fracture

Also known as traumatic spondylolisthesis of the axis, is a fracture which involves the pars interarticularis of C 2 on both sides, and is a result of hyperextension and distraction.

## spondylolisthesis

- denotes the anterior or posterior slippage of one vertebra relative to the one below
- it is due to a fracture which involves the pars
interarticularis.

-The pars interarticularis (located between the superior and inferior articular facets) and normally represent the neck of scotish dog sign on obligue veiw .




## Hangman's fracture

- usually associated with spondylolisthe sis of C 2 on C 3



## Hangman fracture

Levine and Edwards type 1

midsagittal

parasagittal
displacement $\leq 3 \mathrm{~mm}$ and no angulation Radiopaedia.org

## Hangman fracture

Levine and Edwards type 2

midsagittal

parasagittal
displacement $>3 \mathrm{~mm}$ and angulation $\leq 10^{\circ}$

## Hangman fracture

Levine and Edwards type 3

midsagittal

parasagittal
type 2 with pilateral
bilateral lamina and pedicle fracture at C2


Axis (C2) Henangman-Type Fracture

## THORACIC SPINE د.احد مذفر الفبثة



## Anatomically

-There are 12 thoracic vertebrae .
-They reveals deference in the size and appearance of upper vertebrae compared with lower ones.
-The upper 4 thoracic vertebrae are smaller and share features of the cervical vertebrae
$-\mathrm{T}_{5}, \mathrm{~T} 6, \mathrm{~T} 7$, and T 8 are considered typical thoracic vertebrae.
-The lower 4 thoracic vertebrae are larger and share characteristics of the lumbar vertebrae.


- A key distinguishing feature of all 12 thoracic vertebrae is their facets for articulation with ribs.
- Each thoracic vertebra is associated closely with one pair of ribs.
- Presence of demi-facets on the sides of each vertebral
body - these articulate with the heads of the ribs.


Facet, superior articular process


## Presence of costal facets on

 the transverse processes these articulate with the tubercles of the ribs.They are present on T1-T10 only.


- Small joints located between and behind adjacent vertebrae.
-There are two facet joints at each level of the vertebral column, providing stability to the spinal column while allowing movement.


The thoracic vertebrae on the top $>$ lateral position.

Those on the bottom are in an >>> oblique position.

-The lateral position of the thoracic spine best shows the intervertebral foramina.
-A $70^{\circ}$ oblique is necessary to open up the zygaoapphyseal joints(facet joint) on the thoracic spine.
-The posterior oblique position shows the zygapophyseal joint on the upside.
-The anterior oblique would demonstrate the downs side joints.

## Lateral


oblique


## Thoracic spine landmarks

- The first thoracic vertebra can be palpated posteriorly at the prominent spinous process of C 7 .
- The sternum is divided into three basic sections.
- The upper section is the manubrium.
- The easily palpated U-shaped dip in the superior
margin is the jugular (suprasternal) notch (A).
- The jugular notch is at the level of T2 and T3.
-The central portion of the sternum is called the body.
- Posteriorly, this is the level of the junction of $\mathrm{T}_{4}$ and $\mathrm{T}_{5}$.
- Anteriorly, this is the level of the articulation of the second rib onto the sternum
-The most inferior end of the sternum is called the xiphoid process.
- The xiphoid tip is at the level of T9-T10.

A frequently used landmark is the level of T7.

- Anteriorly, it is located about (8 to 10 cm ) inferior to the jugular notch or at the midpoint of the jugular notch and the xiphoid process.
- Posteriorly, this is about ( 18 to 20 cm ) below the vertebra prominens (C).
- This landmark indicates the approximate center of the 12 thoracic vertebrae because the inferior vertebrae are larger than the superior ones.


## Thoracic Spine

## BASIC PROJECTIONS ANTERO-POSTERIOR <br> LATERAL

## Antero-posterior - basic

## Position of patient and cassette

-The patient is positioned supine on the X-ray table, with the median sagittal plane perpendicular to the tabletop and coincident with the midline of the Bucky.

- Flex knees and to reduce thoracic curvature.
- Ensure that no rotation of thorax or pelvis.

-The upper edge of a cassette, which should be at least 40 cm long for an adult, should be at a level just below the prominence of the thyroid cartilage to ensure that the upper thoracic vertebrae are included.

** Make exposure on arrested inspiration. This will cause the diaphragm to move down over the upper lumbar vertebra, thus reducing the chance of a large density difference appearing on the image from superimposition of the lungs.
* The radiographer can employ a number of strategies to reduce the high radiographic contrast associated with this region. The use of a relatively high kVp ( 8 okVp or more) will usually lower the radiographic contrast, thus demonstrating all the vertebrae within the useful density range.
- The anode heel effect can also be applicated by positioning the anode cranially and the cathode caudally.
(The heel effect is due to attenuation at the anode, causing less x-rays to be produced at the node side).


Radiographic contrast too high


Lower contrast producing acceptable density for upper and lower vertebra

## Direction and centring of the X -ray beam

-Direct the central ray at right-angles to the cassette and towards a point 2.5 cm below the sternal angle at T7 or [8 to 10 cm ] below jugular notch.
-Collimate tightly to the spine.


Fig. 8.81 AP thoracic spme.


Body
(T8)
Posterior rib (T9)

Body
(T12)

Fig. 8.82 AP thoracic spine.

## Laterall - basic

## Position of patient and cassette

- Usually undertaken with the patient in the lateral decubitus position on the X-ray table, although this projection can also be performed erect.
- Raise patient's arms to right angles to body with elbows flexed.
- The median sagittal plane should be parallel to the cassetteand the midline of the axilla coincident with the midline of the table or Bucky.
- The head can be supported with a pillow .
- The upper edge of the cassette should be at least 40 cm in length and should be positioned 3-4 cm above the spinous process of C 7 .



## Direction and centring of the $X$-ray beam

- The central ray should be at right-angles to the long axis of the thoracic vertebrae. This may require a caudal angulation.
- Centre 5 cm anterior to the spinous process of T 7 . This is usually found just below the inferior angle of the scapula , which is easily palpable or 20 cm below spinous process of C 7 . \#\#\# The posterior ribs should be superimposed, thus indicating that the patient was not rotated too far forwards or backwards.


Fig. 8.84 Lateral thoracic with breathing technique.

Intervertebral joint

Thoracic vertebral bodies

Intervertebral foramina (R and L)


Fig. 8.85 Lateral thoracic spine.

## ANTERIOR OR POSTERIOR OBLIQUE :

## Clinical Indications

- Pathology involving the zygapophyseal joints of the thoracic spine
= Both right and left oblique projections are taken for comparison


## Position of patient and cassette

- Oblique Anterior or Posterior Recumbent or Erect Positions
- Rotate the body $20^{\circ}$ from true lateral to create a $70^{\circ}$ oblique from plane of table..
- Flex hips, knees, and arms for stability as needed.
- Align spinal column to CR and midline of table.
- Posterior Oblique Position (Recumbent)
- LPO or RPO: Place arm nearest table up and forward; arm nearest tube down and posterior Anterior Oblique Position (Recumbent)
- LAO or RAO: Place arm nearest table down and posterior; arm nearest tube up and forward


Fig. 8.86 Posterior oblique (RPO).


Fig. 8.87 Anterior oblique (LAO).

## Erect Anterior Oblique Position

- Rotate total body, shoulders, and pelvis $20^{\circ}$ anterior from lateral.
- Flex elbow and place arm nearest IR on hip.
- Raise opposite arm and rest on top of head


Fige 8.88 Eect anterior obique (RDD) donacic spre.

## Direction and centering of the X-ray beam

- The central ray perpendicular to IR.
- Direct CR to $\mathrm{T}_{7}$ [8 to 10 cm ] below jugular notch or 20 cm below spinous process of C 7 .



Fig. 8.89 RAO thoracic spine.

Zygapophyseal joints


Fig. 8.90 RAO thoracic spine.

# Cases review for the spinal column 

دـ.احمد مذخر الغبشة















## CERVICAL MYELOGRAPHY

This performed by introduction of contrast medium into the thecal sac by cervical canal puncture at C l/2 or by lumbar puncture.

## Indications

Suspected spinal cord pathology or root compression in patients unable or unwilling to undergo MRI imaging.

## Cervical versus lumbar injection

Cervical puncture is quick, simple, safe and reliable, but is contra-indicated in patients with suspected high cervical pathology, and where the normal bony anatomy and landmarks are distorted or lost by anomalous development or rheumatoid disease. Complications are rare but include vertebral artery damage and inadvertent cord puncture.
Cervical puncture is particularly indicated where there is severe lumbar disease, which may restrict the flow of contrast medium, and which may make lumbar puncture difficult, and when there is thoracic spinal canal stenosis.

When lumbar injection is used, a good lumbar study is possible without dilution, following which a cervical and thoracic study is entirely feasible.
Lumbar injection for cervical myelography is as effective as cervical injection when nothing restricts the upward flow of contrast medium.
The post-procedural morbidity, mainly consisting of headache is rather less after cervical puncture.

## Technique

1. The patient lies prone with arms at the sides and the neck is in a neutral position or in slight extension. Marked hyperextension is undesirable, particularly in those with spondylosis, who comprise the majority of patients referred for this procedure. In such cases it will further compromise a narrowed canal and may produce symptoms of cord compression.
2. Using lateral fluoroscopy the $\mathrm{Cl} / 2$ space is identified. Head and neck adjustments may be needed to ensure a true lateral position.
The aim is to puncture the subarachnoid space between the laminae of $\mathrm{C}_{1}$ and $\mathrm{C}_{2}$, at the junction of the middle and posterior thirds of the spinal canal, i.e. posterior to the spinal cord.
A 20-G spinal needle is used.

3. Using aseptic technique, the skin and subcutaneous tissues are anaesthetized with 1\% lignocaine.
The spinal needle is introduced, Lateral fluoroscopy is used to adjust the direction of the needle, and ensure the maintenance of a perfect lateral position as the needle is advanced. It is very helpful if a nurse steadies the patient's head.

4. The sensation of the needle penetrating the dura is similar to that experienced during a lumbar puncture and the patient may experience slight discomfort at this stage.
Severe acute neck or radicular pain indicates that the needle has been directed too far anteriorly and has come into contact with an exiting nerve root.
Clumsy technique is known to have caused cord puncture, but permanent neurological damage as a result is unlikely.
5. Following removal of the stilette, CSF will drip from the end of the needle, and a sample may be collected if required.
6. Under fluoroscopy a small amount of contrast medium is injected to verify correct needle tip placement. This will flow away from the needle tip and gravitate anteriorly to layer behind the vertebral bodies.
7. Injection is continued slowly until the required dose has been delivered. The cervical canal should be opacified anteriorly from the foramen magnum to $\mathrm{C}_{7} / \mathrm{T}_{1}$. If contrast tends to flow into the head before filling the lower cervical canal, tilt the table feet down slightly, and viceversa if contrast is flowing into the thoracic region without filling the upper cervical canal.
The total dose should not exceed 3 g of iodine, i.e. 10 ml of contrast medium with a concentration of $300 \mathrm{mg} / \mathrm{ml}$. Adequate filling usually only requires $7-8 \mathrm{ml}$, or even less when the canal is narrow.
https://www.youtube.com/watch?v=LTBdzNti26g https://www.youtube.com/watch?v=Ngqgorv1XMY

## Cervical Myelography Radiographs

Overheads:
PA
PA Oblique projections
Cross-table lateral films
(flexion and extension)


FGURE 15.44 Lateral cervical myelography.

## Cervical Myelogram




## CERVICAL MYELOGRAM LATERAL VIEW

CERVICAL MYELOGRAM LATERAL VIEW

IODINATED CONTRAST IN THECAL SAC



Oblique and anteroposterior myelogram. A large filling defect is seen...

## Aftercare of Myelography

Many centres request the patient to remain sitting or semi-recumbent for about 6 h , however allowing the patient to remain ambulant does not increase the incidence of side-effects.
A high fluid intake is generally encouraged, though evidence for its usefulness is lacking.

## Complications of Myelography

1. Headache occurs in about $25 \%$ of cases, and is a little more frequent in females.
2. Nausea and vomiting in about $5 \%$.
3. Infection and hemorrhage at site of puncture .
4. Subdural injection of contrast medium. This occurs when only part of the needle bevel is within the subarachnoid space.
5. Extradural injection of contrast medium outlines the nerve roots well beyond the exit foramina.
6. Intramedullary injection of contrast medium. This is a complication of lateral cervical puncture and is recognized as a slit-like collection of contrast medium in the spinal canal. Small collections are without clinical significance.

## -Limitations of Myelogram :-

* Its only sees inside the spinal canal \& the very proximal nerve roots. Abnormalities outside these areas may be better imaged with MRI
* It may be difficult to inject contrast material in patients with structural defects of the spine or some forms of spinal injury
* Myelogram usually is avoided during pregnancy.



## ABX Cases



## Pneumoperitoneum

Means free gas in the peritoneal cavity. It usually .indicates bowel perforation
:Main causes of pneumoperitoneum • Perforated peptic ulcer . ${ }^{-}$
Perforated appendix/bowel diverticulum .2 -
Post-surgery, free gas may also be seen up to $3.3^{-}$ weeks after abdominal surgery
.Trauma , (e.g. stabbing) . $\mathbf{~ \cdot ~}^{\bullet}$

## Pneumoperitoneum (gas in the peritoneal cavity)







## 5) Decubitus Abdomen Sign




Horizontal Beam Lateral


## Pneumobilia (gas in the biliary tree)

Pneumobilia is gas in the .biliary tree
It appears as branching dark lines in the centre of the liver, usually larger and more prominent towards the .hilum
Sometimes you can also see .gas in the common bile duct



## Intestinal obstruction and bowel dilatation

:Small Bowel dilatation
.Distension of the small bowel is a sign of mechanical obstruction or ileus • In a normal individual the small bowel is not visualised because it is .collapsed or contains fluid
:Radiological signs to look for include the following •
Dilation $>3 \mathrm{~cm} .1$
Central location . 2
Valvulae conniventes: These are the mucosal folds of the small .3 intestine. They are thin, closely spaced and classically seen as a continuous thin line across the entire width of the bowel


Two identical abdominal radiographs showing dilated small bowel. The bowel is visible as there is gas (black) within. You • can tell that it is small bowel as it is centrally located and valvulae conniventes can be seen throughout.

- The loops measure $>3 \mathrm{~cm}$ in diameter therefore they are dilated. The right radiograph shows the dilated small bowel .marked in blue



## Erect

Multiple fluid levels with step ladder pattern




## Obstructed and dilated large bowel

Causes of large bowel obstruction include the :following
Malignancy (colorectal • carcinoma is the most common cause of large bowel obstruction (in adults
Diverticular stricture •
Faecal impaction (most • common cause in immobile (elderly persons Volvulus •


## :Radiographic appearances •

Dilation $>5.5 \mathrm{~cm} .1$ Circumferential . 2 location

## haustral folds . 3




Two identical abdominal radiographs showing dilated large bowel. The large bowel is visible as there is gas (black) within.
You can tell that it is large bowel as it is distended $>5.5 \mathrm{~cm}$, circumferentially located and haustra are seen within. The right radiograph shows the dilated large bowel marked in green


## Surgical Teaching

## How to Spot Large Bowel Obstruction on X-Ray

## Volvulus

Inverted U sign

## Volvulus

## Coffee-bean

 sign

## toxic megacolon

(O)




## Foreign bodies ค



## Multiple right

 renal calculi are noted, with multiple small calculi aligned in the lower right .ureter

## Left loin pain •

The mid ureteric stone is • indicated by the RED .arrows
The red line shows the typical
route of the ureter, and hence
where to review for ureteric .stones


Right side • ...flank pain

Right VUJ stone


## nephrolithiasis/urolithiasis


bladder


## nephrocaldinosis

Schistosomiaisis Bladder Calcifications




[^0]:    $¥$ Glabellameatal line (GML)

    * Orbitomeatal line (OWI)
    + iniraorsitomeatal line (IOML) (ReidOs base line)

