

# New York City Medical Reserve Corps



#### July 2016

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#### NYC MRC Zika Response!

Please be advised: NYC MRC will be distributing Zika-related materials at all Public Health Events until further notice.



## Join the PECO Canvassing Team!



In the event of a disaster or emergency, NYC MRC volunteers may be asked to assist in Post-Emergency Canvassing Operations, going door-to-door to help New Yorkers reach essential services. In June, DOHMH held its first PECO training for NYC MRC and CERT volunteers. Over 40 volunteers were trained as Canvassing Team Managers and Data Collection Specialists. If you'd like to become a member of a PECO canvassing team, join us for training! See our upcoming events section for more information.

# Why I Volunteer



**Paul Cheng** 

# How long have you been a member of NYC MRC?

Since 2012.

#### What is your profession?

I am currently retired from the healthcare field and federal government. I have been the CFO of several healthcare institutions, Faculty Practice Administrator, National Director of Medicare Reimbursement for an HMO, Executive Director of an HMO, and am also retired from the Department of Homeland Security. My medical training is from the US Army as a Combat Medic serving a tour in Viet-Nam. I remain an Adjunct Faculty member at St. John's and CW Post College.

# What MRC activities have you participated in lately?

I last volunteered at the Coney Island Lighthouse Mission, performing blood pressure screenings. I have volunteered at many MRC events in the past especially where a Chinese language interpreter is needed.

# Are you involved in any other volunteer activities?

I am a member of the NYC CERT and have served on the Board of Directors for several local and national non-profit health organizations. I continue to serve in an advisory capacity to several Federal Government and NY State Agencies.

#### Why do you volunteer for NYC MRC?

I was born and raised in Chinatown, NYC, in a 5<sup>th</sup> floor walk-up. My siblings and I didn't know that we were poor till someone told us. My healthcare was looked after by the old NYC Local Community Health Clinics and the Nurses in the NYC Public Schools. As a kid growing up in the City, I owe my health to the NYC DOH and education to the NYC public schools system. What I do is because I want to return some of what was given to me; my health, my education and opportunities for growth and success.

# **Upcoming Public Health Events**

In collaboration with our community partners, MRC continues to provide blood pressure screenings and Zika information at soup kitchens, food pantries, and churches throughout the city. We look forward to seeing you at one of these recurring events!

To register for any or all of these events, go to <a href="https://a816-healthpsi.nyc.gov/MRCSelfServe/">https://a816-healthpsi.nyc.gov/MRCSelfServe/</a>

Our Lady of Solace, 2866 West 17th St, Brooklyn Sunday, July 10th— 10:00 am—1:00 pm Language: Spanish

Our Lady of Refuge, 2020 Foster Avenue, Brooklyn Wednesday, July 20th — 10:30 am—12:30 pm Language: Creole

## Coney Island Lighthouse Mission,

2114 Mermaid Ave., Brooklyn Thursday, July 21st — 10:30am—12:30pm Languages: Spanish, Chinese

Our Lady of Perpetual Help, 526 59th St, Brooklyn Sunday, July 24th — 10:30 am—1:30 pm Language: Spanish

Our Lady of Refuge, 2020 Foster Avenue, Brooklyn Wednesday, August 3rd — 10:30 am—12:30 pm Language: Creole

Our Lady of Solace, 2866 West 17th St, Brooklyn Sunday, August 7th— 10:00 am—1:00 pm Language: Spanish

Our Lady of Refuge, 2020 Foster Avenue, Brooklyn Wednesday, August 17th — 10:30 am—12:30 pm Language: Creole

### Coney Island Lighthouse Mission,

2114 Mermaid Ave., Brooklyn Thursday, August 25th — 10:30 am—12:30 pm Languages: Spanish, Chinese

Our Lady of Perpetual Help, 526 59th St, Brooklyn Sunday, August 28th — 10:30 am—1:30 pm Language: Spanish





## Summer Health Fairs

**Join NYC MRC at a summer health fair!** Health fairs occur throughout the five boroughs, and bring health and wellness screenings and education to New Yorkers in a fun and festive atmosphere. Save the dates! *Spanish speakers needed for all fairs!* 

#### **Bedford Stuyvesant Health Fair**

Bed Stuy Restoration Plaza, 1368 Fulton St, Brooklyn, 11216

Saturday, July 23rd— 11:00 am—5:00 pm

#### **Pregones Theater Health Fair**

571 Walton Avenue, Bronx, 10451 Saturday, July 30th— 12:00 pm—4:00 pm

#### **Brownsville Village Health Fair**

Dr. Green Playground, Mother Gaston Blvd/Sutter Ave, Brooklyn, 11212

Saturday, August 13th — 11:00 am—5:00 pm

#### Harlem Health Fair

State Office Building, 163 125th St, Manhattan. 10027

Saturday, August 27th— 11:00 am—5:00 pm

#### Mama Tingo Community Health Fair

W 189th St, Btwn Audobon & Amsterdam Saturday, August 27th— 10:00 am—2:00 pm



## **FDNY Summer Block Parties**

Join NYC MRC at FDNY"s Summer Block Parties! FDNY Summer Block Parties feature games, safety exhibits, demonstrations, and trainings, health awareness activities and screenings, and hot dogs and hamburgers grilled by New York's Bravest! NYC MRC will provide blood pressure screenings. We will attend a series of six parties this summer,

during July and August.

Saturday, July 9th 248 West 143rd St, Manhattan

Saturday, July 16th 74 Broad St, Staten Island

Saturday, July 23rd 107 Watkins St, Brooklyn

Saturday, August 13th 29 Vermilyea Ave, Manhattan

Saturday, August 20th 145-30 Springfield Blvd, Queens

Saturday, August 27th 1259 Morris Ave, Bronx

Registration: <a href="https://a816-healthpsi.nyc.gov/MRCSelfServe/">https://a816-healthpsi.nyc.gov/MRCSelfServe/</a>

Problems registering? Send an email to healthmrc@health.nyc.gov Please include your name, phone, and what event you'd like to register for.

# **PECO Canvassing Team Training**

In the event of a major disaster or emergency affecting more than 5,000 NYC households, the Department of Health will activate Post Emergency Canvasing Operations (PECO), going door-to-door to assess the needs of affected New Yorkers. You may have been one of the volunteers who participated in door knocking exercises in Harlem or the Rockaways, where we tested the tablets for PECO.

This training will prepare you to be part of a PECO Canvassing Team — a pair of volunteers or city

staff members who go door-to-door collecting information about the needs of New Yorkers in affected areas, and helping to link them to essential services.

Volunteers will be trained as Canvassing Team Managers and Data Collection Specialists. You will learn more about PECO protocols and learn how to use the PECO Canvassing Application.

Join us for one of the trainings below!

Date: Tuesday, July 12th Time: 9:00 am - 5:00 pm Location: 42-09 28th St,

Long Island City, Queens

OR

Date: Tuesday, July 12th Time: 9:00 am - 5:00 pm

Location: CUNY School of Law, 2 Court Square,

Long Island City, Queens

Registration for Trainings: https://a816-healthpsi.nyc.gov/MRCSelfServe/



## **NYC MRC Orientation**

This training is an introduction to the NYC MRC program. It is a great overview for both new members and longtime members, and is the prerequisite for our most popular trainings. NYC MRC Orientation explores how NYC MRC fits into the bigger emergency response picture, what NYC MRC members will do, what protections are offered, and what you can do to be prepared.

Date: Thursday, July 14th Time: 6:00 pm - 8:00 pm,

registration & light supper at 5:30pm

Location: 125 Worth St.

3rd Floor Boardroom, Manhattan

Registration: https://a816-healthpsi.nyc.gov/MRCSelfServe/



# **POD Core Team Members Needed!**

The NYC Department of Health and Mental Hygiene (DOHMH) is seeking motivated and committed volunteers to become Point-of-Dispensing (POD) Core Team members to help manage PODs during public health emergencies. PODs are temporary emergency sites set-up and opened to dispense life-saving medical countermeasures, including antibiotics and vaccines, as rapidly as possible to prevent people from becoming ill or dying of a disease.

POD Core Teams (PCTs) are comprised of six staff members who serve as the leadership team in the POD. Each POD operates independently with support from the POD Operations Center (POD OC). PCT members are responsible for working together to make on-site decisions and manage POD operations. During a POD activation, PCT members may work long hours and odd times (12 hour shifts,



overnight and/or weekends). PCT members should be willing and able to make their POD assignment a priority in the event of a POD activation. All PCT members will be pre-assigned to a POD site based on their residential address.



Ideal PCT members will possess the skills and demonstrated ability to:

- Work and make decisions independently
- Lead and manage staff while working under pressure
- Coordinate and delegate responsibilities
- Effectively communicate instructions to staff and the public

Click on the video link below to learn more about PODs and the full-scale exercise conducted by NYC DOHMH in

**2014**: POD VIDEO

PCT positions include: POD Team Leader, Administration Manager, Operations Manager, Screening Unit Leader, Dispensing Unit Leader, and Flow Monitor Unit Leader. PCT candidates will be assigned to a PCT position based on their training and leadership experience.

For more information about PODs contact Kimberley Ricketts (PRP Administrator) at <a href="mailto:prpadmin@health.nyc.gov">prpadmin@health.nyc.gov</a>. If you're interested in becoming a PCT member, please register using this link: <a href="mailto:https://www.surveymonkey.com/r/podresponderprogram">https://www.surveymonkey.com/r/podresponderprogram</a>.

# **NYC MRC in Action**



NYC MRC and CERT Participate in PECO Training





NYC MRC Betty Duggan and Volunteers Participate in Zika Awareness Day









NYC MRC Senior Coordinator
Haddie Lizasuain and Volunteers
Provide Blood Pressure Screenings at the OLPH Health Fair