

Advances in molecular genetics of thyroid cancer: Impact on cancer classification, diagnosis and patient management



Yuri E. Nikiforov, MD, PhD

Professor and Vice-Chair, Department of Pathology
Director, Division of Molecular & Genomic Pathology
Co-Director, Multidisciplinary Thyroid Center
University of Pittsburgh Medical Center

UPMC LIFE
CHANGING
MEDICINE

Disclosures

- Own IP related to ThyroSeq through University of Pittsburgh (royalties)
- Consultant to Sonic Healthcare USA (consultant fees)

Objectives

- To provide an overview of molecular genetics of main types of thyroid cancer
- To discuss the impact of new genetic information on cancer classification
- To discuss the use of molecular markers for cancer diagnosis, prognostication, and targeted therapy

“No classification is more difficult to establish than that of thyroid carcinomas...Of all cancers, they teach, perhaps, the greatest lessons of humility to histopathologists.”

Prof. Pierre Masson (1880–1959)

42 yo female with thyroid mass, FNA suspicious for cancer, BRAF mutation +

Dr. Yuri Nikiforov

RE: [REDACTED] (DOB 4/8/1976)

[REDACTED] accession: [REDACTED] 18-20100

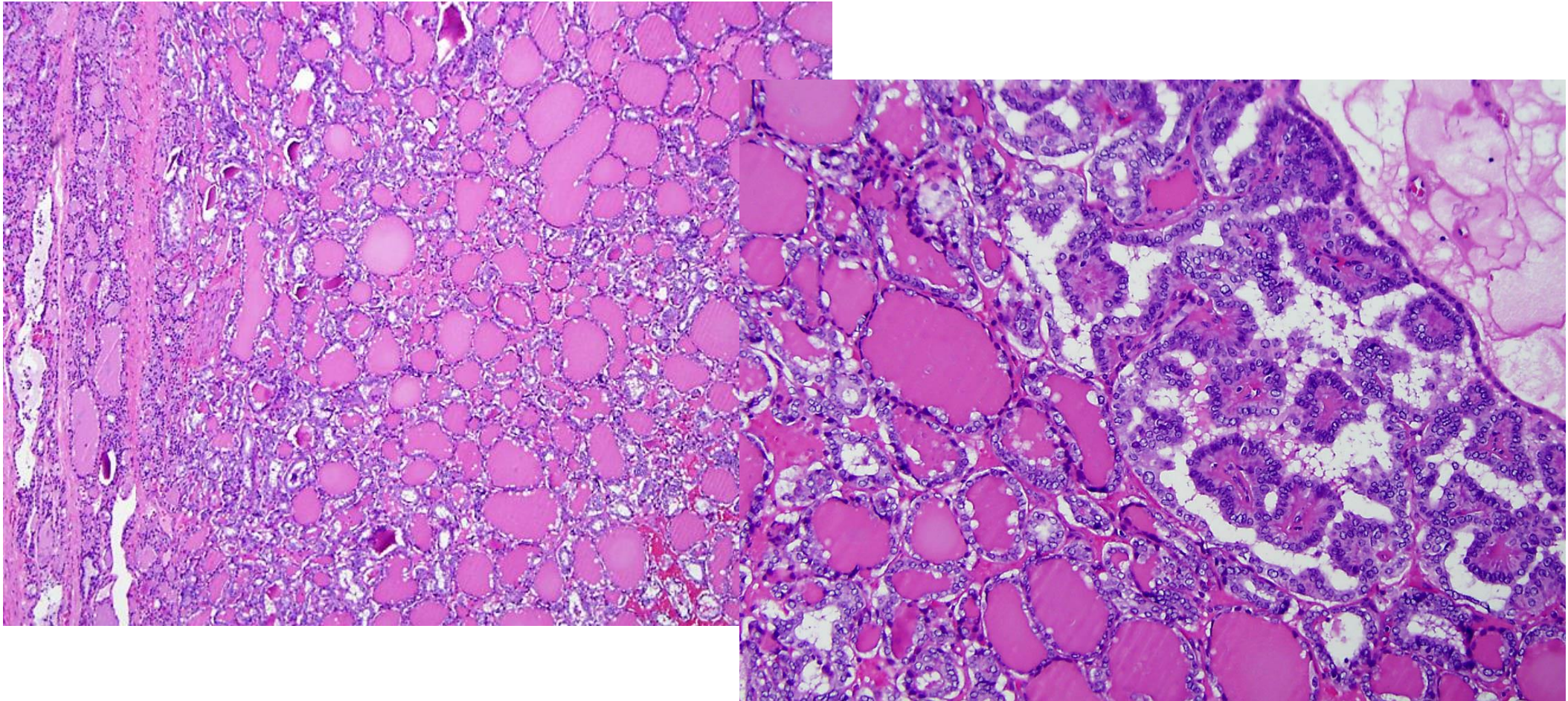
Enclosed are 17 recut slides and 1 block from the above patient's thyroidectomy.

By report this patient had a prior FNA interpreted as Bethesda category 5 at an outside institution, with molecular testing listed as pending. The thyroidectomy was performed at our hospital and we originally signed out the case as benign.

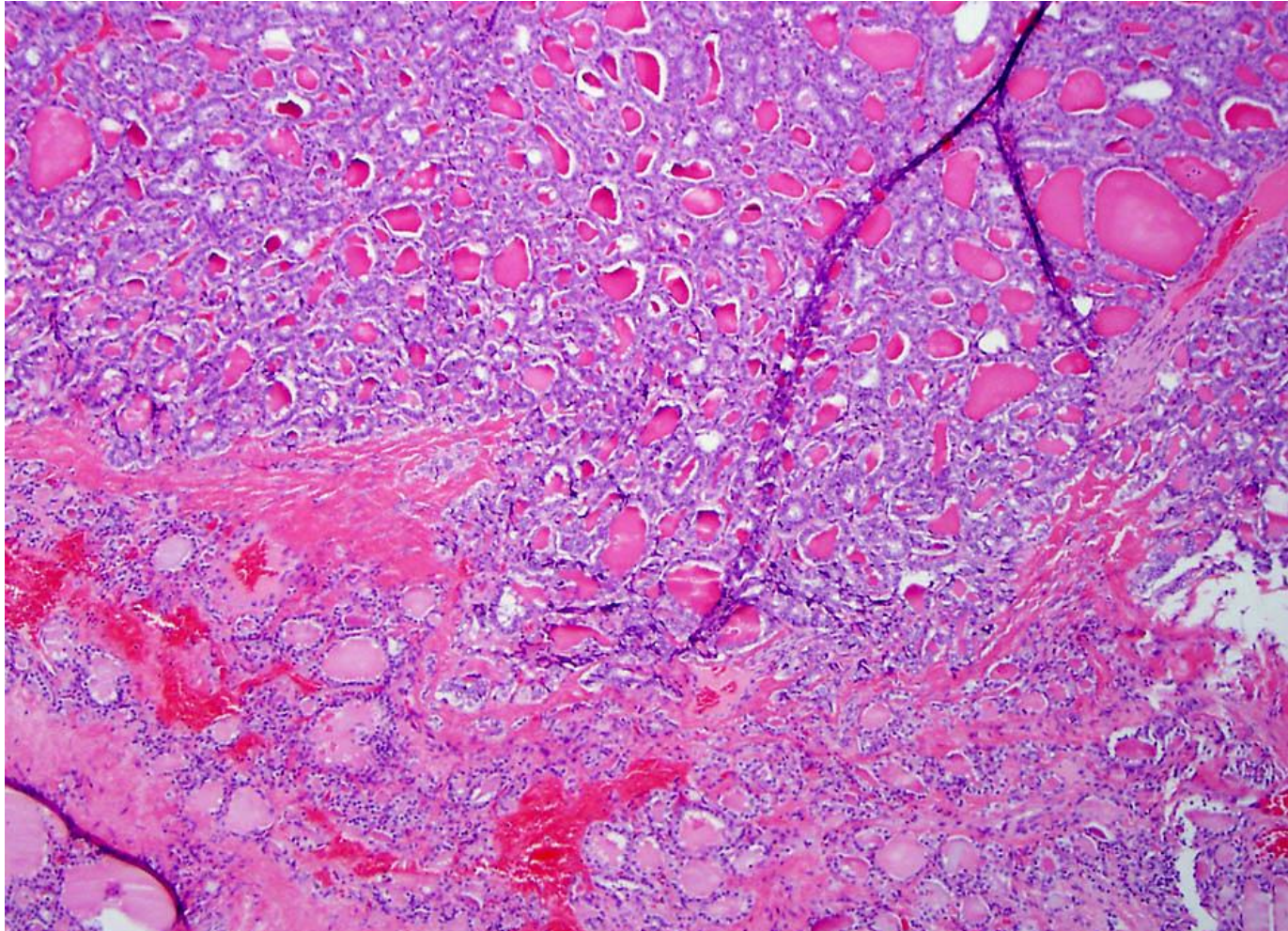
The molecular testing (ThyroSeq) was completed after the thyroidectomy and was reported as positive for BRAF V600E mutation. Based on this new finding we had the case reviewed by a consultant and a second diagnosis of NIFT-P was rendered. Given the misgivings with BRAF mutation in NIFT-P, your opinion is requested.

Thank you,

**42 yo female with thyroid mass, FNA suspicious for cancer,
BRAF mutation +**



**42 yo female with thyroid mass, FNA suspicious for cancer,
BRAF mutation +**



42 yo female with thyroid mass, FNA suspicious for cancer,
BRAF mutation +

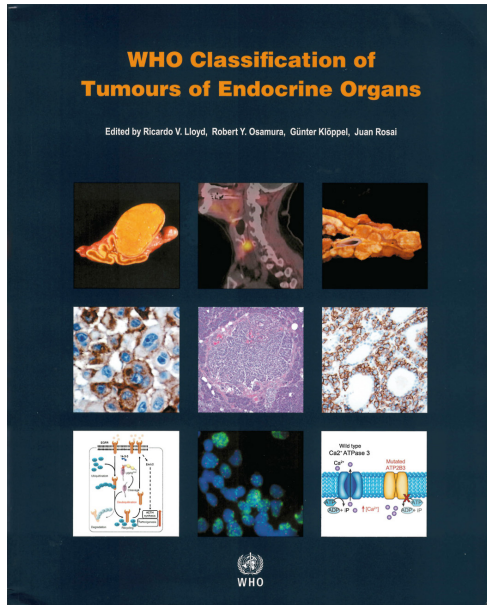
Pathology Diagnoses in this case:

Primary case pathologist: *Benign*

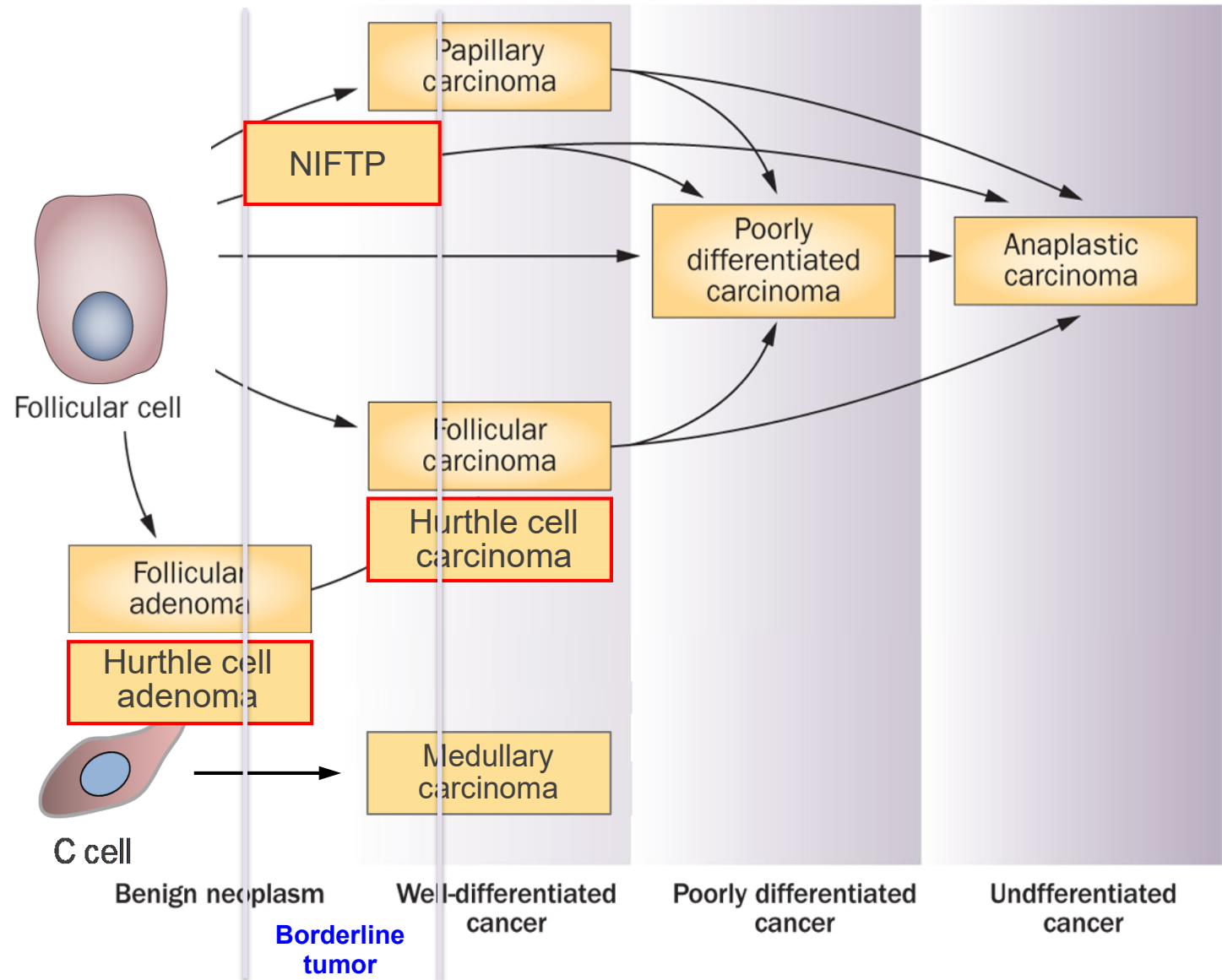
Consultant #1: *NIFTP*

Consultant #2: *PTC, classic papillary, partially
encapsulate with infiltrative growth*

Thyroid Tumors

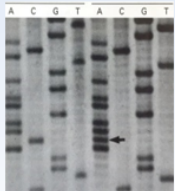
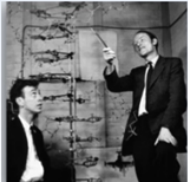


WHO Classification of Thyroid Tumors (2017)



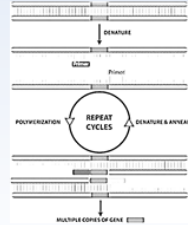
Progress in Understanding Cancer Genetics

▶ 1953
DNA structure discovered



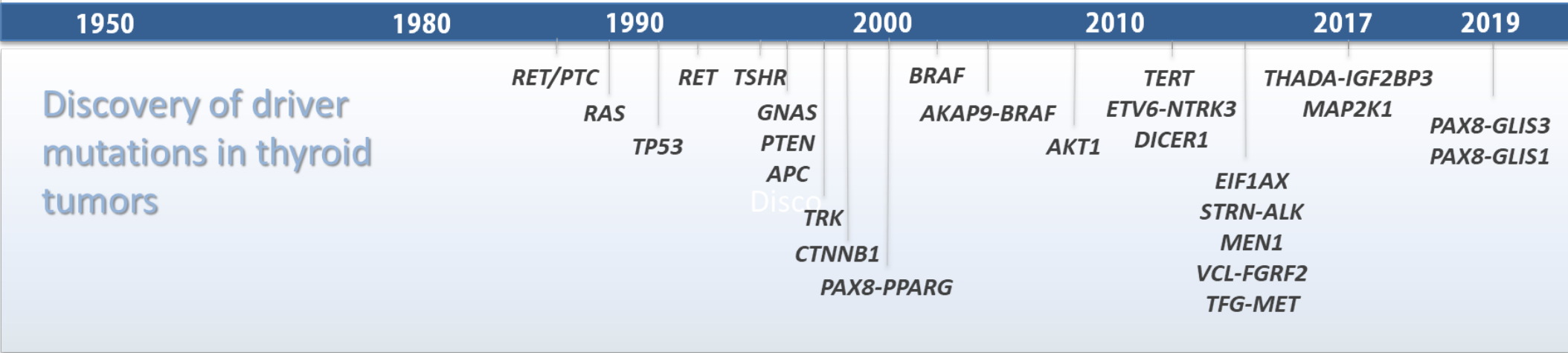
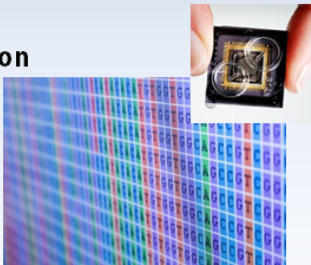
▶ 1977
Sangersequencing

▶ 1983
Polymerase chain reaction

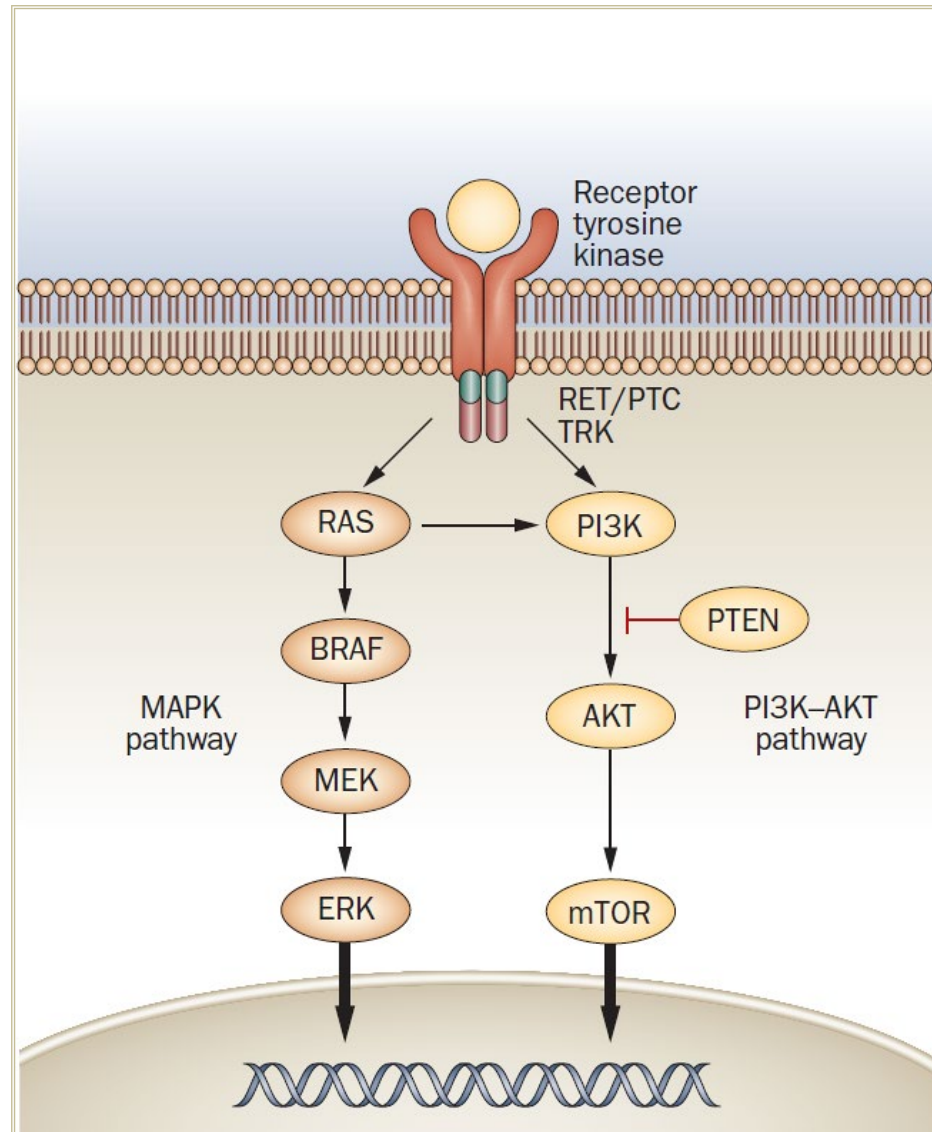


▶ 2001
Working draft of human genome published

▶ 2004
Next Generation Sequencing



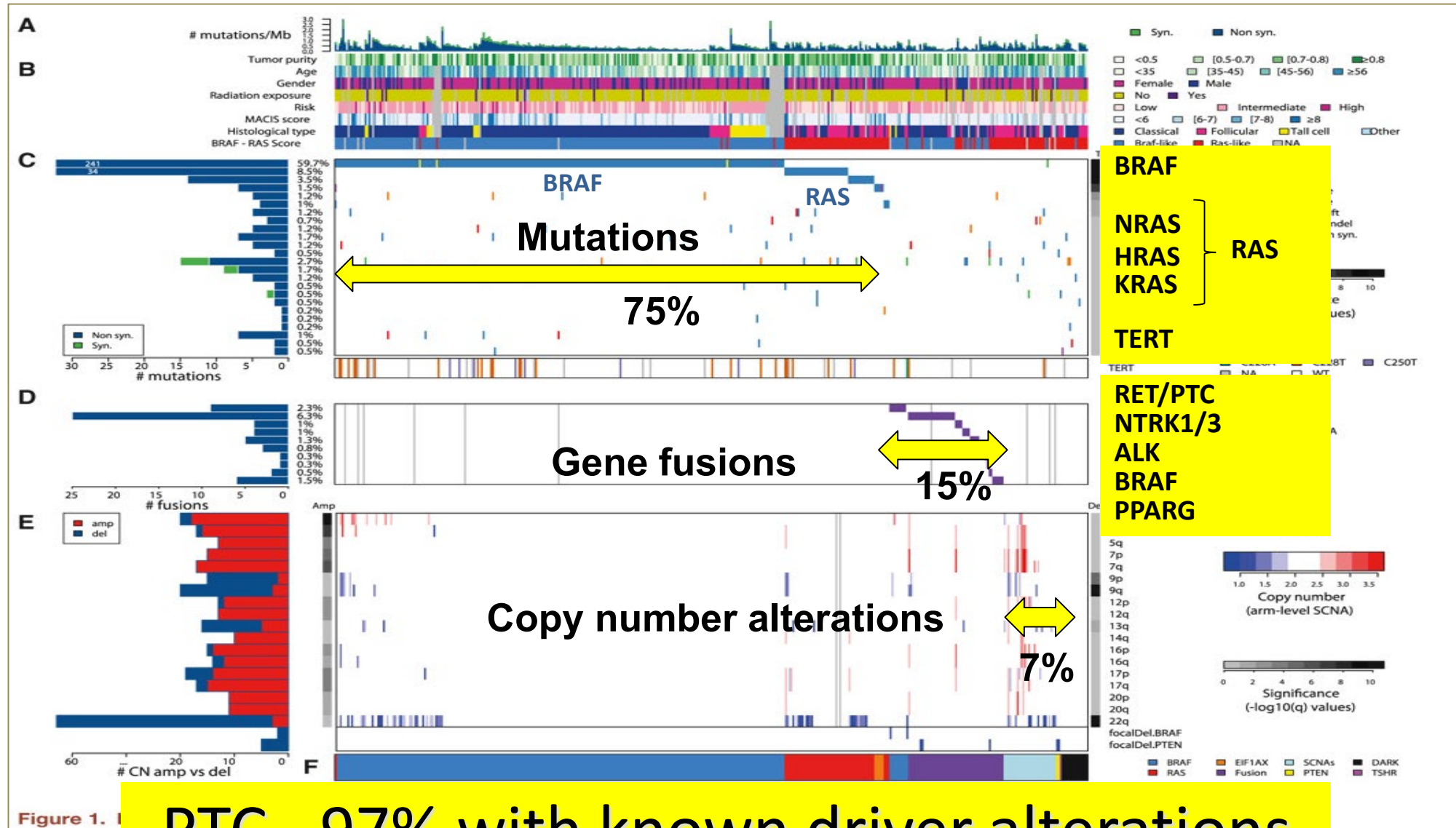
Molecular Pathogenesis of Thyroid Cancer



Types of genomic alterations in thyroid cancer:

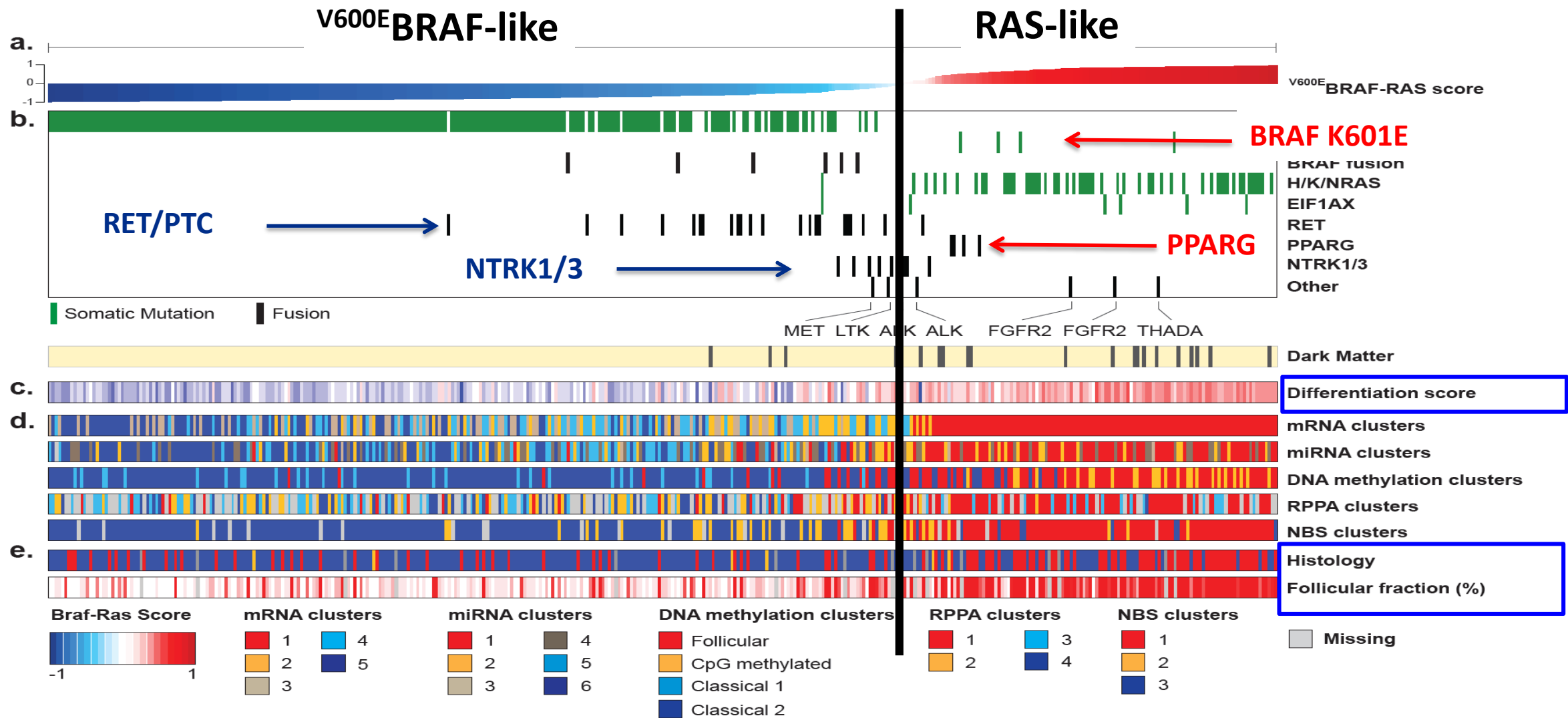
- **Point mutations**
- **Gene fusions**
- **Copy number alterations (CNAs)**
- **Gene expression alterations (GEAs)**
- **miRNA alterations**

Papillary Thyroid Carcinoma

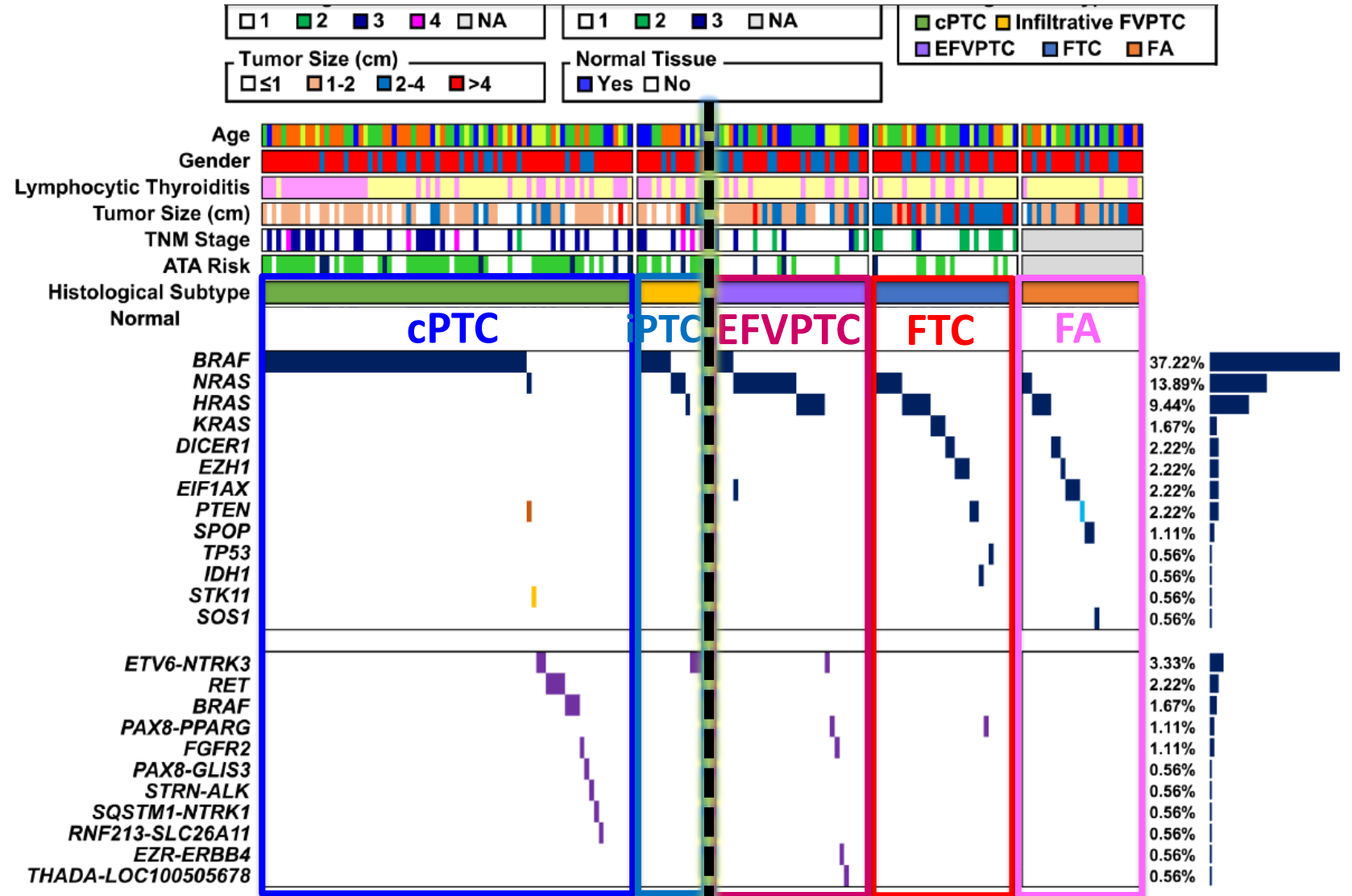
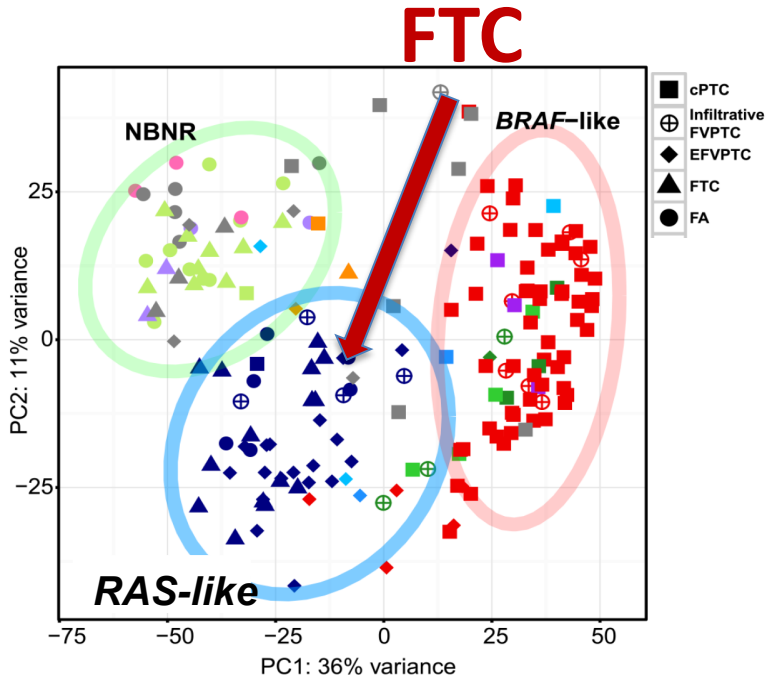


PTC - 97% with known driver alterations

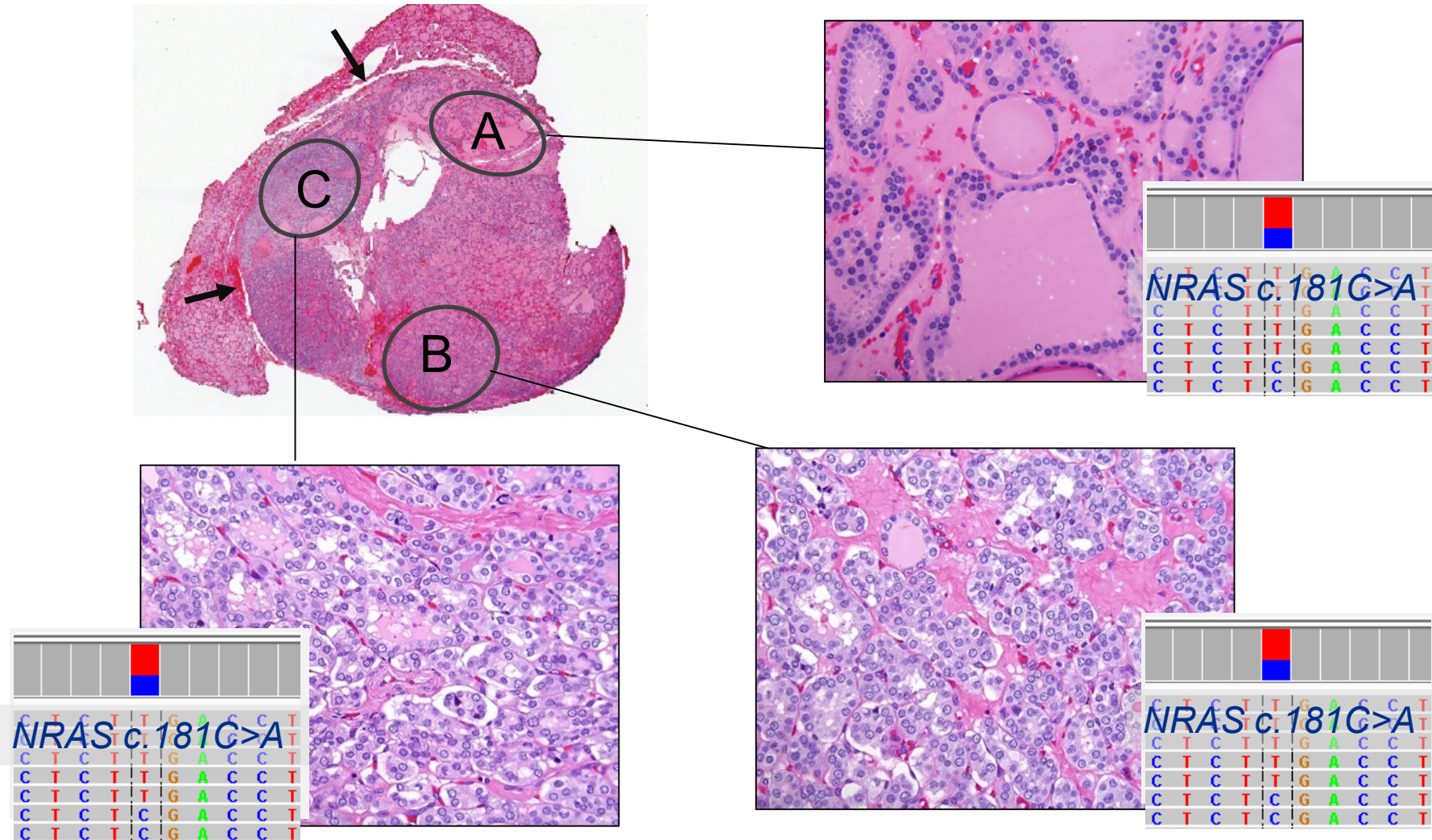
BRAF-like and RAS-like Papillary Carcinomas



Follicular Thyroid Carcinoma



Molecular changes precede histological changes



NIFTP

Non-Invasive Follicular Thyroid Neoplasm with Papillary-like Nuclear Features

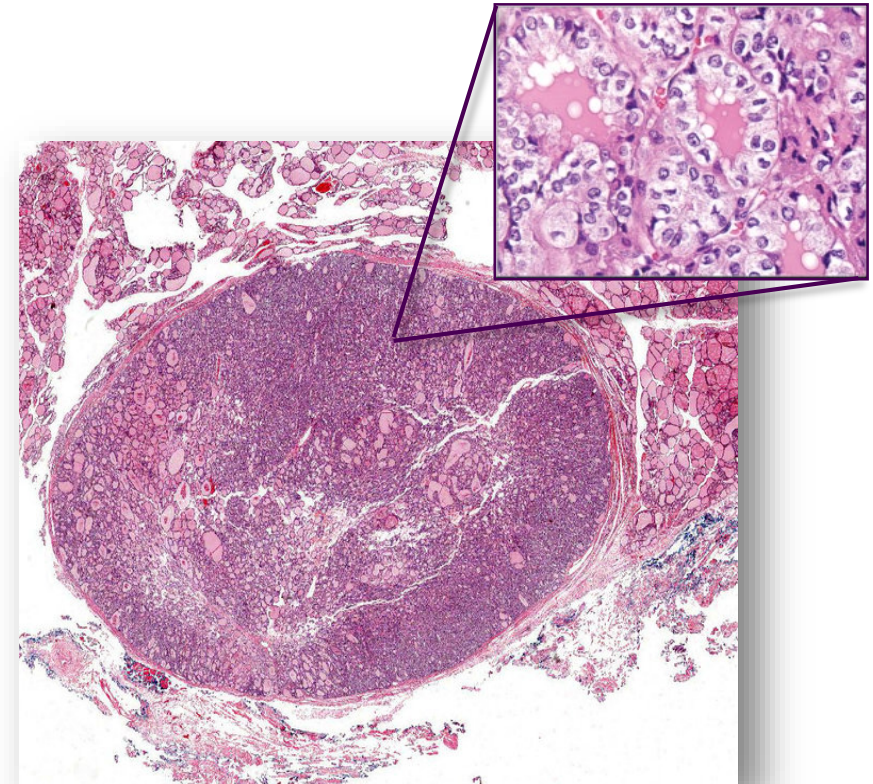
JAMA Oncology

Research

Original Investigation

Nomenclature Revision for Encapsulated Follicular Variant of Papillary Thyroid Carcinoma A Paradigm Shift to Reduce Overtreatment of Indolent Tumors

Yuri E. Nikiforov, MD, PhD; Raja R. Seethala, MD; Giovanni Tallini, MD; Zubair W. Baloch, MD, PhD; Fulvio Basolo, MD; Lester D. R. Thompson, MD; Justine A. Barletta, MD; Bruce M. Wenig, MD; Abir Al Ghuzlan, MD; Kennichi Kakudo, MD, PhD; Thomas J. Giordano, MD, PhD; Venancio A. Alves, MD, PhD; Elham Khanafshar, MD, MS; Sylvia L. Asa, MD, PhD; Adel K. El-Naggar, MD; William E. Gooding, MS; Steven P. Hodak, MD; Ricardo V. Lloyd, MD, PhD; Guy Maytal, MD; Ozgur Mete, MD; Marina N. Nikiforova, MD; Vania Nosé, MD, PhD; Mauro Papotti, MD; David N. Poller, MB, ChB, MD, FRCPath; Peter M. Sadow, MD, PhD; Arthur S. Tischler, MD; R. Michael Tuttle, MD; Kathryn B. Wall; Virginia A. Livolsi, MD; Gregory W. Randolph, MD; Ronald A. Gosselin, MD



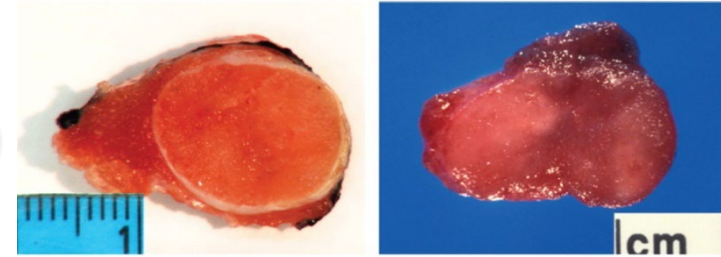
NIFTP

Non-Invasive Follicular Thyroid Neoplasm with Papillary-like Nuclear Features

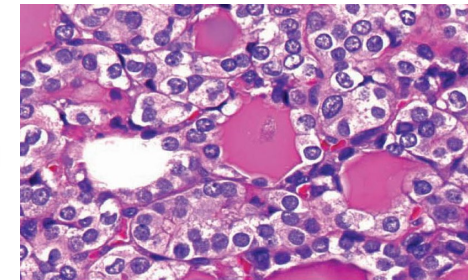
Diagnostic criteria:

1. Encapsulation or clear demarcation
2. Follicular growth pattern
 - < 1% papillae; **No true papillae!**
 - No psammoma bodies
 - < 30% solid/trabecular/insular
3. Nuclear features of PTC (nuclear score 2-3)
4. No invasion **Entire capsule must be examined!**
5. No aggressive histology (necrosis, mitoses)

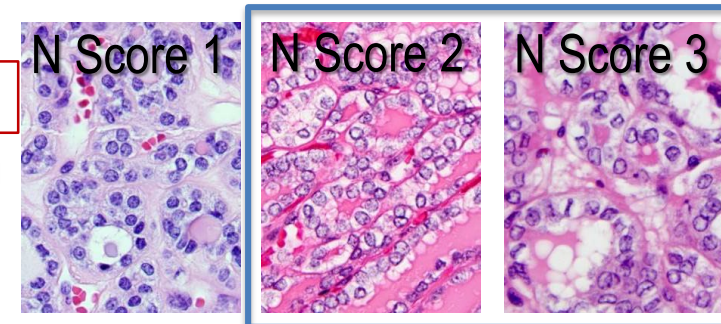
①



②



③



Revised Diagnostic Criteria for NIFTP

Primary

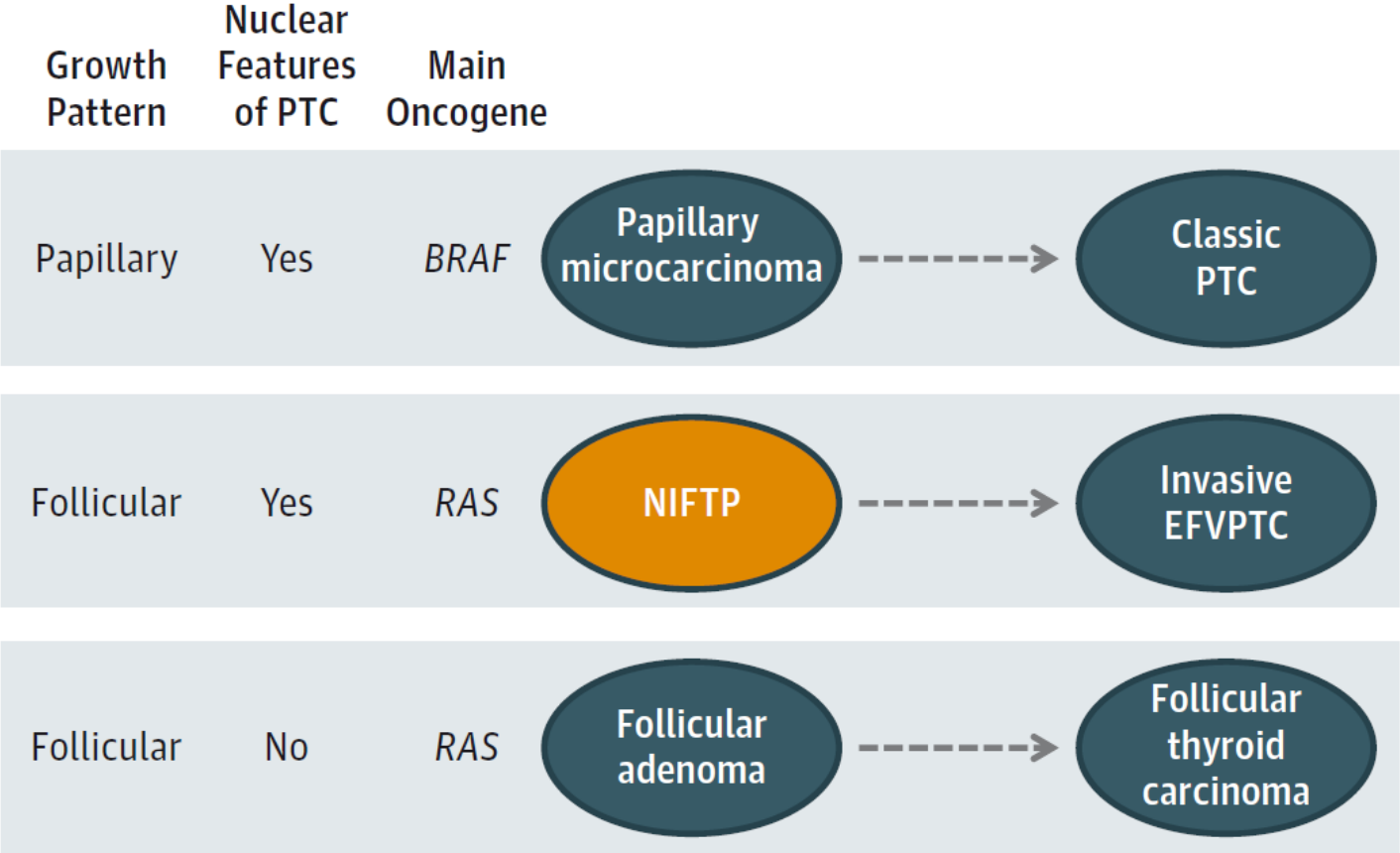
- Encapsulation or clear demarcation^a
- Follicular growth pattern with:
 - No well-formed papillae
 - No psammoma bodies
 - <30% solid/trabecular/insular growth pattern
- Nuclear score 2-3^b
- No vascular or capsular invasion^c
- No tumor necrosis or high mitotic activity^d

Secondary^e

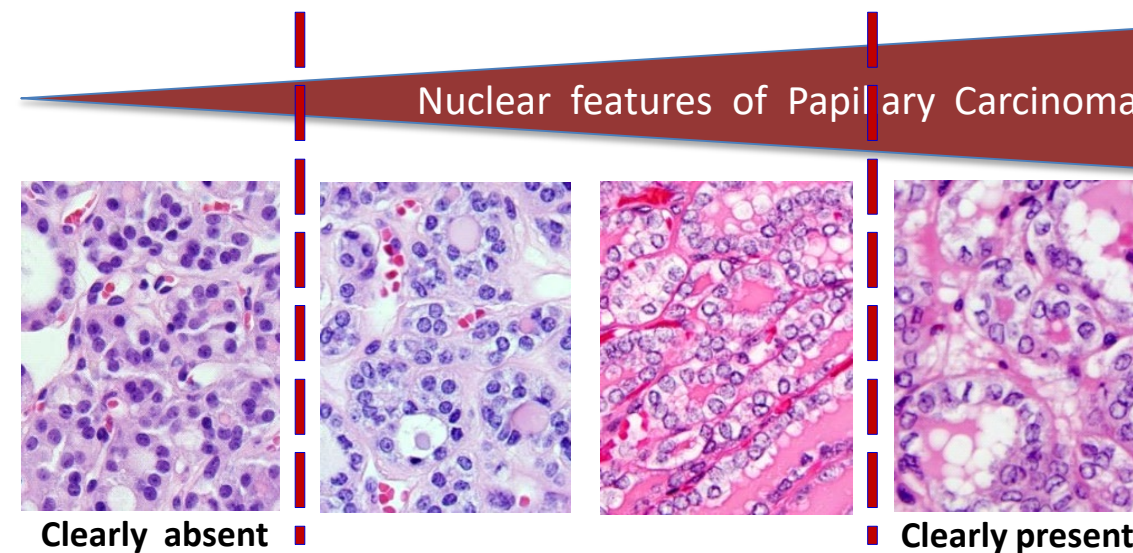
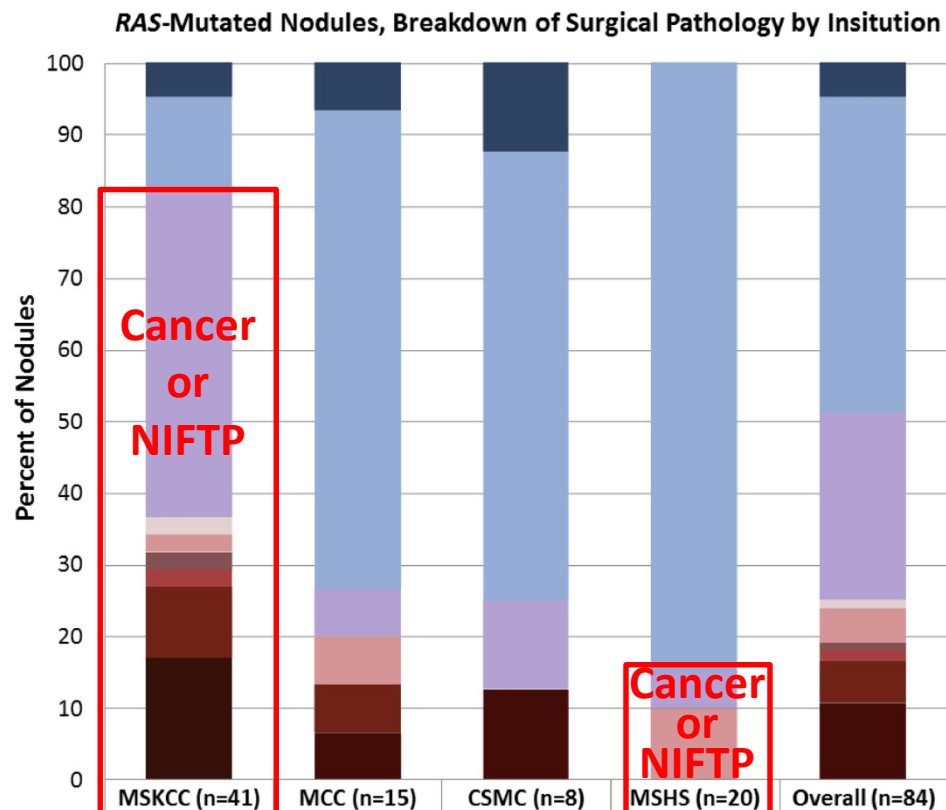
- Lack of *BRAF* V600E mutation detected by molecular assays or immunohistochemistry
- Lack of *BRAF* V600E-like mutations or other high-risk mutations (TERT, TP53)

Multistep Cancer Progression and Existence of Borderline Tumors: NIFTP

Figure 2. Putative Scheme of Thyroid Carcinogenesis

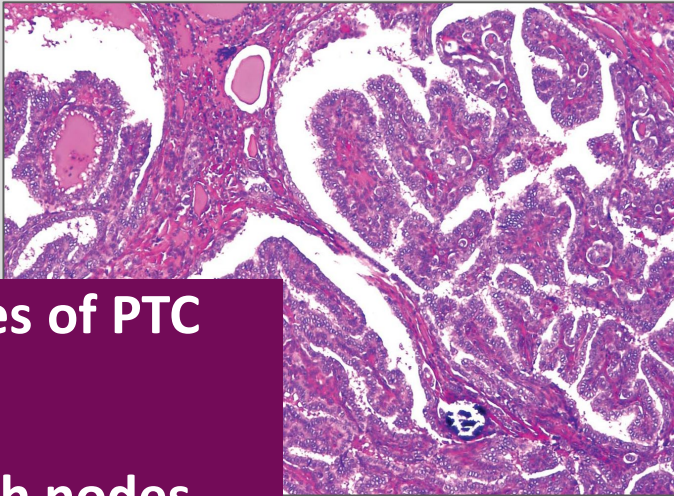


Cancer incidence in RAS-positive nodules

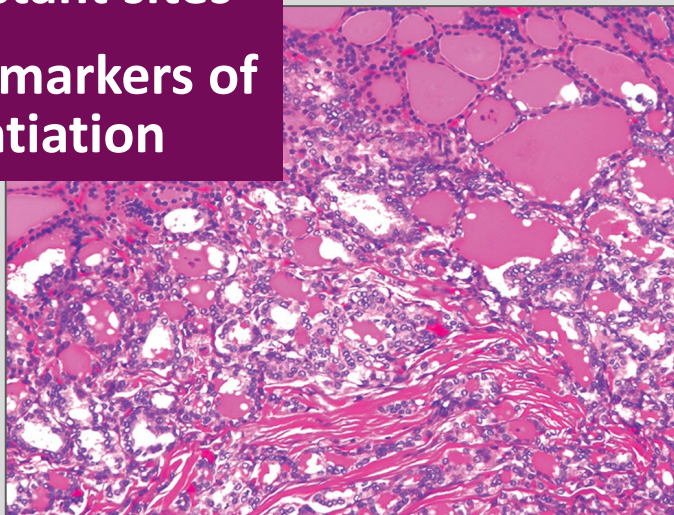


BRAF-like tumors

cPTC



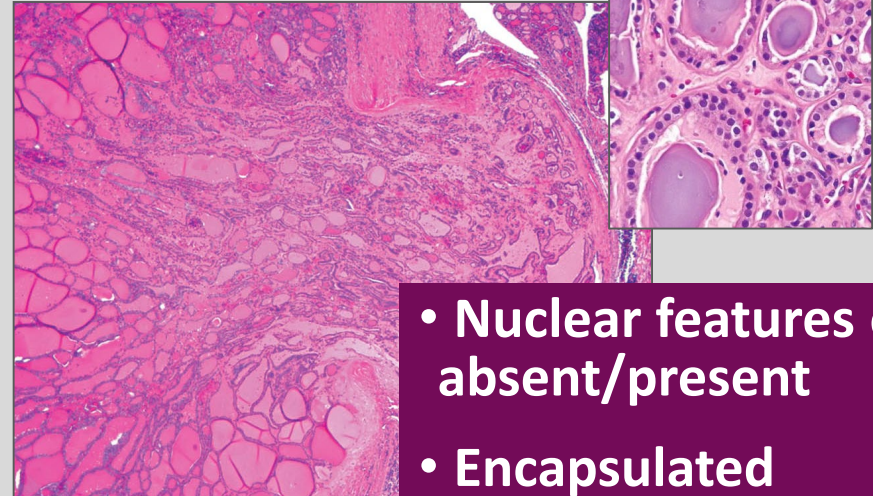
VPTC



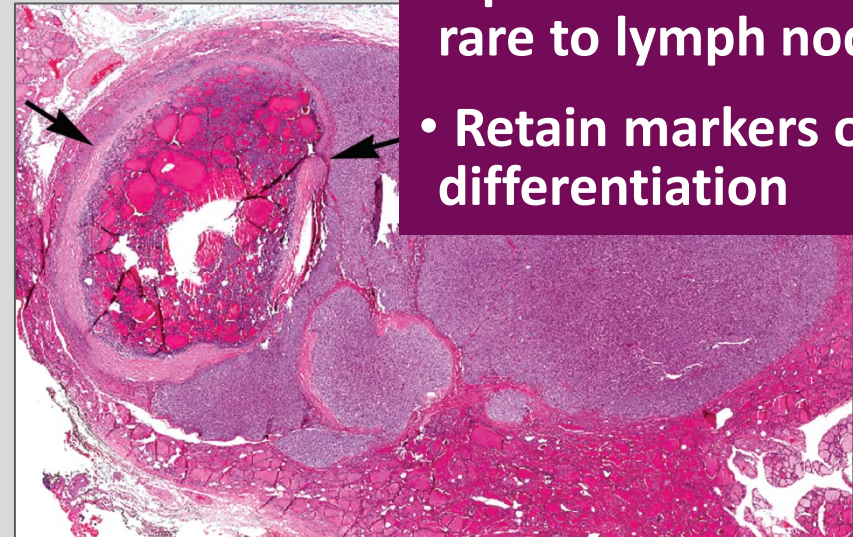
- Nuclear features of PTC
- Infiltrative
- Spread to lymph nodes first, later to distant sites
- Prone to lose markers of thyroid differentiation

RAS-like tumors

FTA/FTC

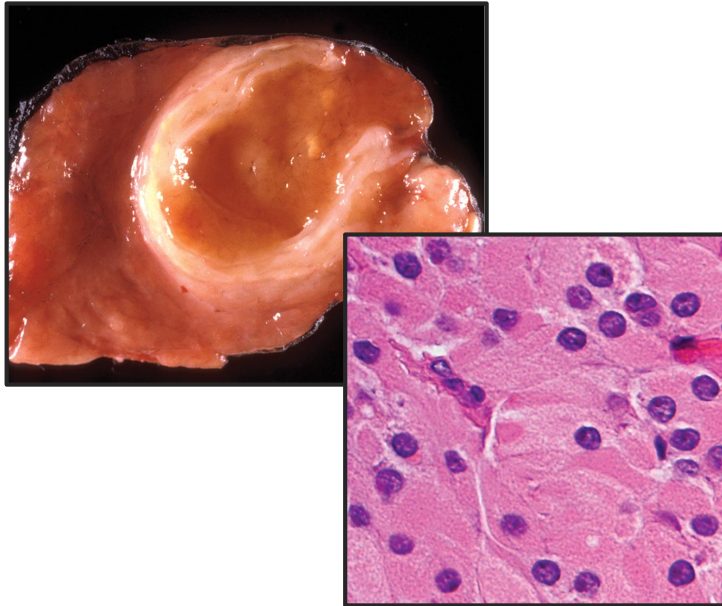


NIFTP Invasive



- Nuclear features of PTC absent/present
- Encapsulated
- Spread to distant sites, rare to lymph nodes
- Retain markers of thyroid differentiation

Genetics of Hurthle cell carcinoma



Integrated Genomic Analysis of Hürthle Cell Cancer Reveals Oncogenic Drivers, Recurrent Mitochondrial Mutations, and Unique Chromosomal Landscapes

Ian Ganly,^{1,2,*} Vladimir Makarov,^{1,3} Shyamprasad Deraje,¹ YiYu Dong,¹ Ed Reznik,^{4,5} Venkatraman Seshan,⁴ Gouri Nanjangud,⁶ Stephanie Eng,¹ Promita Bose,¹ Fengshen Kuo,¹ Luc G.T. Morris,^{1,2} Inigo Landa,¹ Pedro Blecua Carrillo Albormoz,^{1,3} Nadeem Riaz,^{1,3} Yuri E. Nikiforov,⁷ Kepal Patel,⁸ Christopher Umbricht,⁹ Martha Zeiger,⁹ Electron Kebebew,¹⁰ Eric Sherman,¹¹ Ronald Ghossein,¹² James A. Fagin,¹ and Timothy A. Chan^{1,3,13,*}

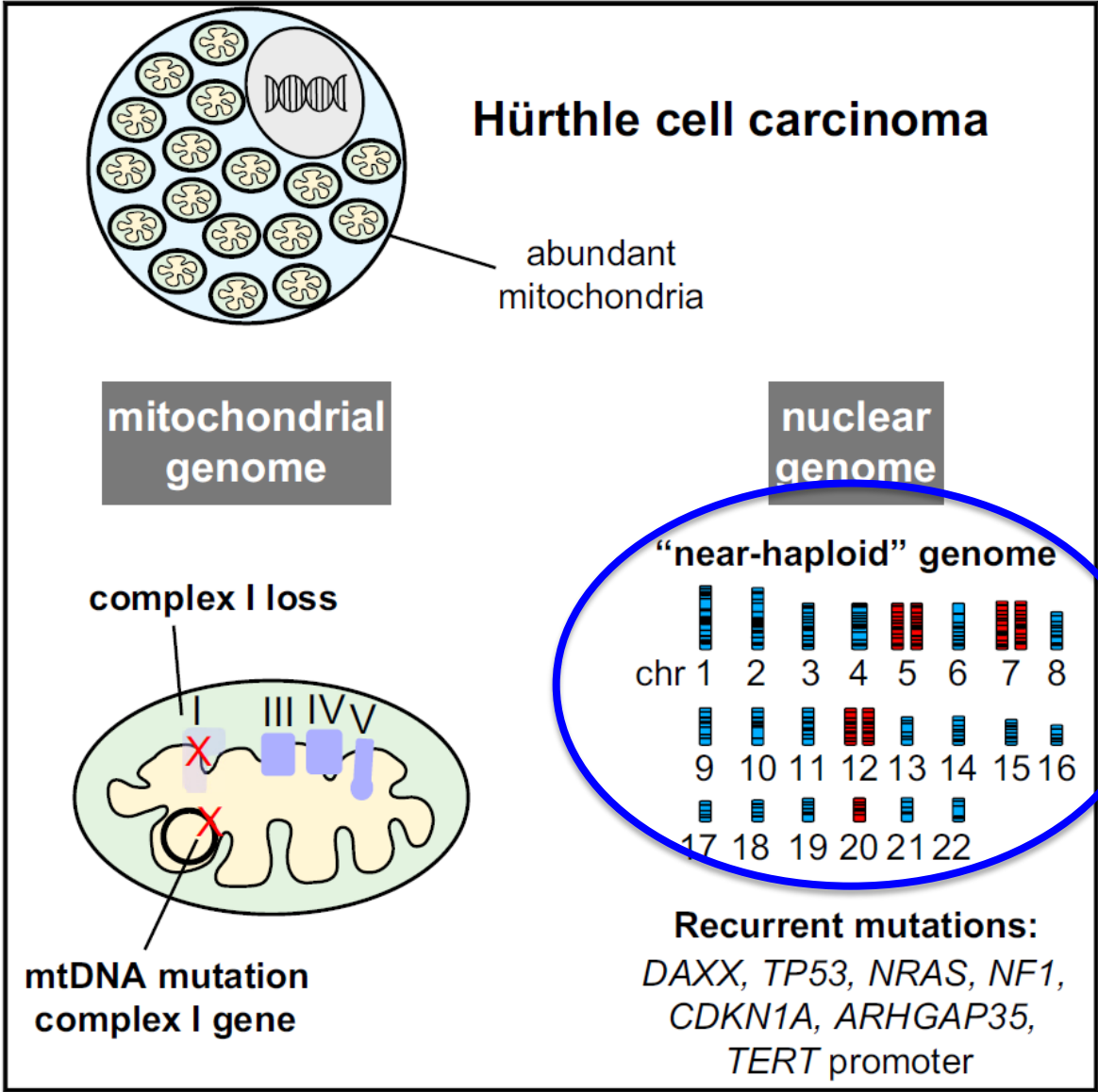
Ganly et al. Cancer Cell 2018

Widespread Chromosomal Losses and Mitochondrial DNA Alterations as Genetic Drivers in Hürthle Cell Carcinoma

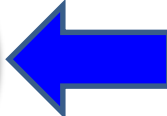
Raj K. Gopal,^{1,2,6,8,9,11,19} Kirsten Kübler,^{2,8,11,19} Sarah E. Calvo,^{6,8,9} Paz Polak,^{2,4,8,11,16} Dimitri Livitz,⁸ Daniel Rosebrock,⁸ Peter M. Sadow,^{2,4,11} Braidie Campbell,^{1,2} Samuel E. Donovan,^{1,2} Salma Amin,^{2,5} Benjamin J. Gigliotti,¹ Zenon Grabarek,^{6,8,9} Julian M. Hess,⁸ Chip Stewart,⁸ Lior Z. Braunstein,^{8,17} Peter F. Arndt,^{8,18} Scott Mordecai,⁴ Angela R. Shih,^{4,11} Frances Chaves,⁴ Tiannan Zhan,⁷ Carrie C. Lubitz,^{2,5,7,11} Jiwoong Kim,¹⁴ A. John Iafrate,^{4,11} Lori Wirth,^{1,2,11} Sareh Parangi,^{2,5,11} Ignaty Leshchiner,⁸ Gilbert H. Daniels,^{1,2,3,11} Vamsi K. Mootha,^{1,6,8,9,10,20} Dora Dias-Santagata,^{4,11,20} Gad Getz,^{2,4,8,11,20,*} and David G. McFadden^{1,3,12,13,15,20,21,*}

Gopal et al. Cancer Cell 2018

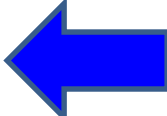
Genetics of Hurthle cell carcinoma



Mitochondrial DNA mutations



Chromosomal copy number alterations (CNA)



Nuclear DNA mutations

RESEARCH

Molecular alterations in Hürthle cell nodules and preoperative cancer risk

William R Doerfler¹, Alyaksandr V Nikitski², Elena M Morariu¹, N Paul Ohori², Simion I Chiosea², Michael S Landau², Marina N Nikiforova², Yuri E Nikiforov², Linwah Yip³ and Pooja Manroa^{1,4}

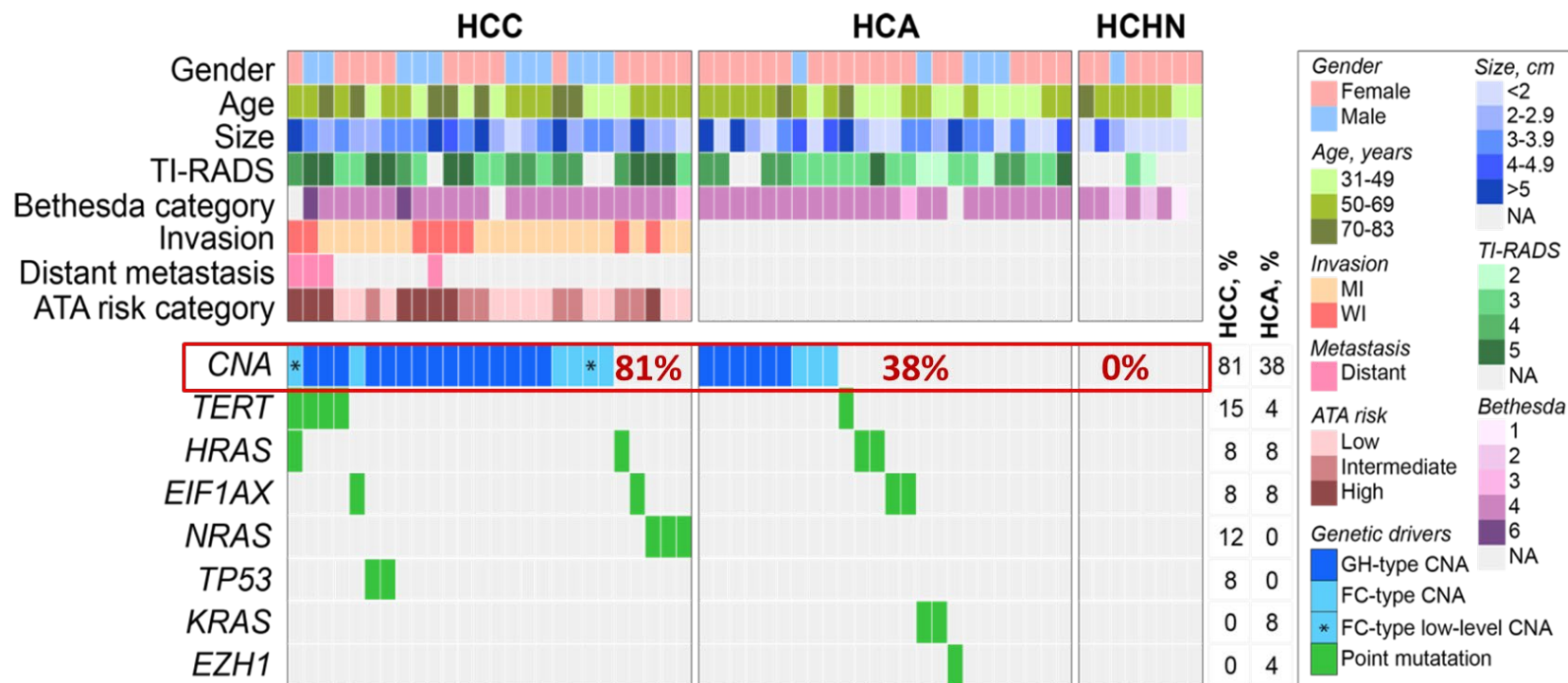
¹Division of Endocrinology and Metabolism, University of Pittsburgh, Pittsburgh, Pennsylvania, USA

²Department of Pathology, University of Pittsburgh, Pittsburgh, Pennsylvania, USA

³Division of Endocrine Surgery, University of Pittsburgh, Pittsburgh, Pennsylvania, USA

⁴Division of Endocrinology, University of Texas Medical Branch, Galveston, Texas, USA

Correspondence should be addressed to P Manroa: pomanroa@utmb.edu



Importance of thorough capsule examination in an encapsulated nodule

TERT Promoter Mutation as an Early Genetic Event Activating Telomerase in Follicular Thyroid Adenoma (FTA) and Atypical FTA

Na Wang, MD¹; Tiantian Liu, MD²; Anastasios Sofiadis, MD, PhD¹; C. Christofer Juhlin, MD, PhD¹; Jan Zedenius, MD, PhD^{3,4}; Anders Höög, MD, PhD¹; Catharina Larsson, MD, PhD¹; and Dawei Xu, MD, PhD²

TABLE 1. Mutations and Follow-Up for the 58 Patients With a Primary FTA

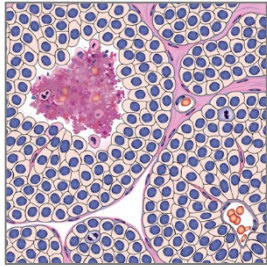
Case No.	Mutation		Age at Diagnosis, y	Sex (M/F)	Primary Tumor	Follow-Up			
	<i>TERT</i> Promoter	<i>RAS</i> Gene				Disease Recurrence	Patient Outcome	Time, mo	Final Diagnosis
FTA-1	wt	-	55	F	FTA	no	DWOD	172	FTA
FTA-2	wt	-	40	F	FTA	no	AWOD	316	FTA
FTA-3	wt	-	52						
FTA-4	wt	-	32						
FTA-5	wt	-	46						
FTA-6	wt	-	40						
FTA-7	wt	-	46						
FTA-8	wt	-	50						
FTA-9	wt	-	25						
FTA-10	wt	-	61						
FTA-11	wt	-	55						
FTA-12	wt	-	50						
FTA-13	wt	-	32						
FTA-14	wt	-	64						
FTA-15	wt	-	37						
FTA-16	wt	-	62						
FTA-17	wt	-	43	M	FTA	no	AWOD	303	FTA
FTA-18	wt	-	54	F	FTA	no	AWOD	303	FTA
FTA-19	wt	-	49	M	FTA	no	AWOD	302	FTA
FTA-20	wt	-	78	F	FTA	no	DWOD	198	FTA
FTA-21	C228T	<i>NRAS</i> Q61R	69	F	FTA	yes, FTC	DOD	250	FTC

TABLE 1. Mutations and Follow-Up for the 58 Patients With a Primary FTA

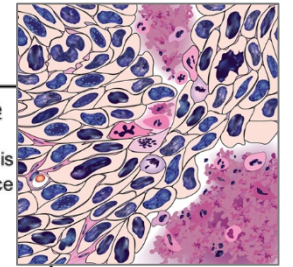
Case No.	Mutation		Age at Diagnosis, y	Sex (M/F)	Primary Tumor	Follow-Up			
	<i>TERT</i> Promoter	<i>RAS</i> Gene				Disease Recurrence	Patient Outcome	Time, mo	Final Diagnosis
FTA-21	C228T	<i>NRAS</i> Q61R	69	F	FTA	yes, FTC	DOD	250	FTC

Genetics of Dedifferentiated Thyroid Cancer

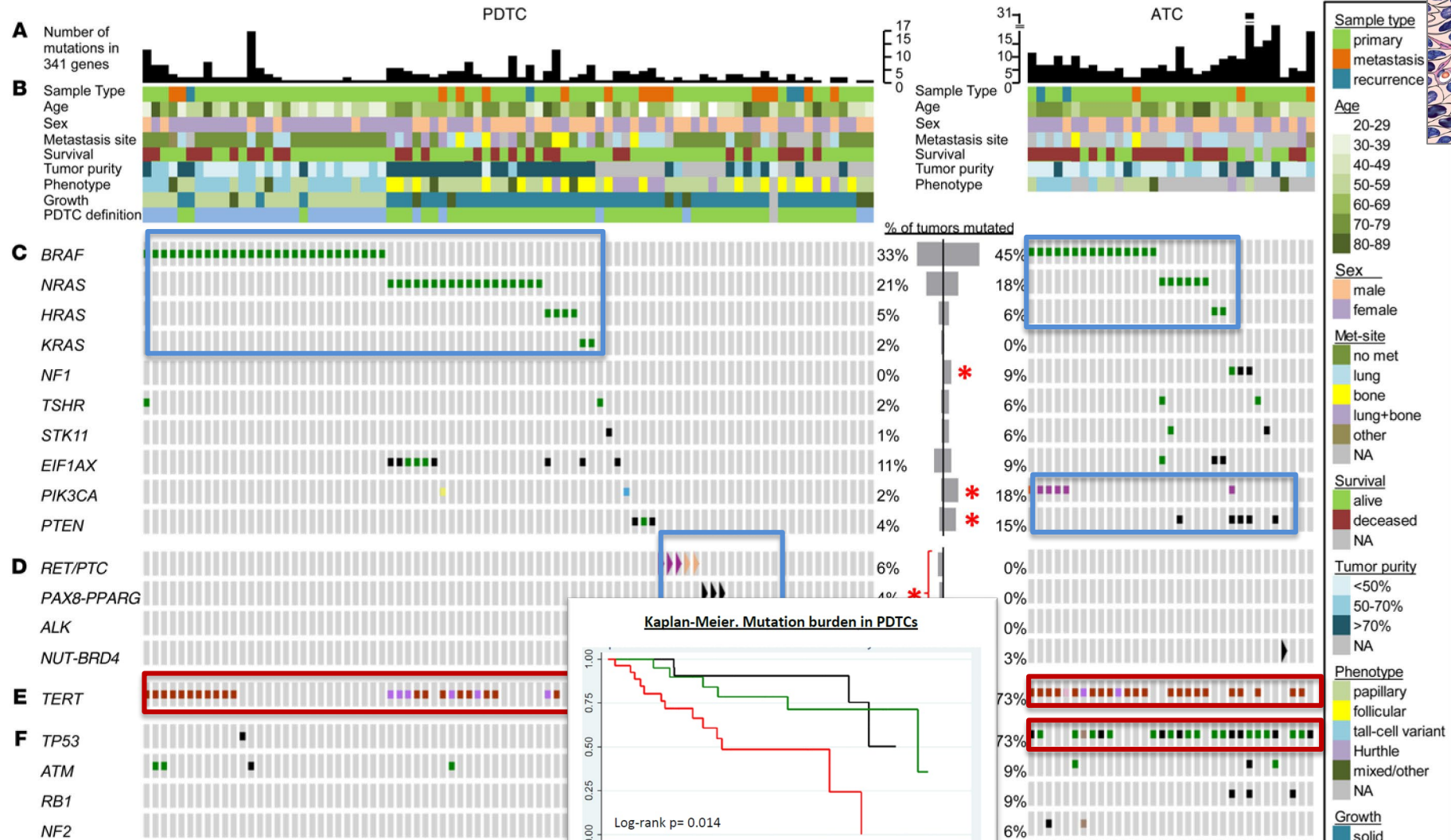
Progressive accumulation of mutations



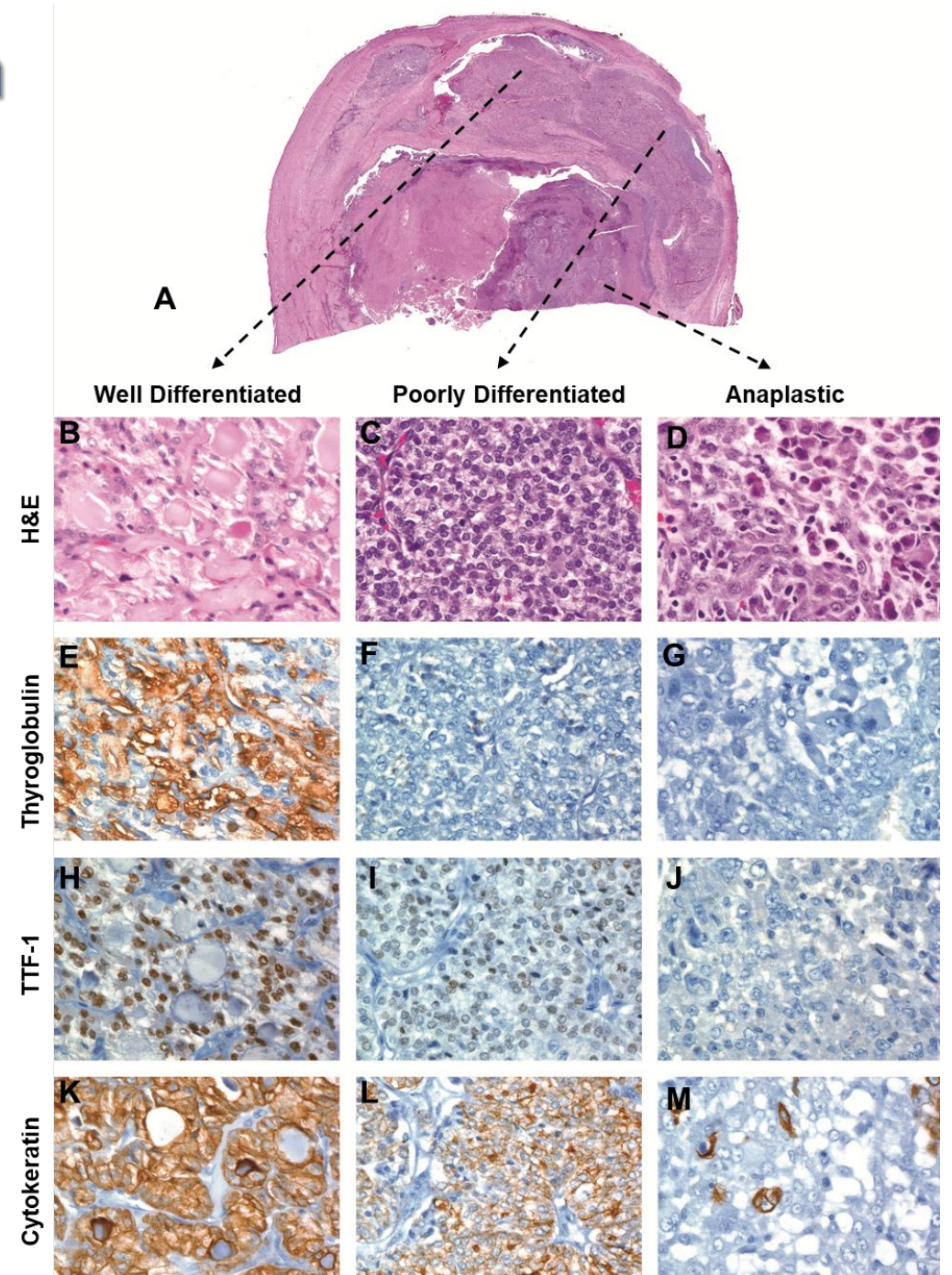
PTDC



ATC



Poorly Differentiated Carcinoma Anaplastic (Dedifferentiated) Carcinoma



(Nikiforov YE, Biddinger PW, Thompson, LDR; Editors. *Diagnostic Pathology and Molecular Genetics of the Thyroid*, 3rd Ed. 2019)

Follicular Adenoma vs Hyperplasia

Atlas of Nontumor Pathology
AFIP 2002

Table 3-2

DIAGNOSTIC FEATURES DISTINGUISHING HYPERPLASTIC NODULES FROM ADENOMAS

Finding a clonal (somatic) molecular alteration is diagnostic of a neoplasm, irrespective of microscopic appearance

Variable cells in nodules without compression and similar to those outside nodule

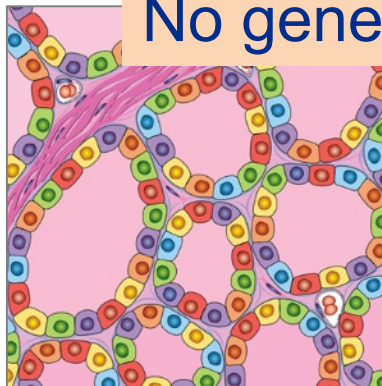
Polyclonal cell population

Uniform lesion with compression of adjacent dissimilar thyroid

Monoclonal cell population

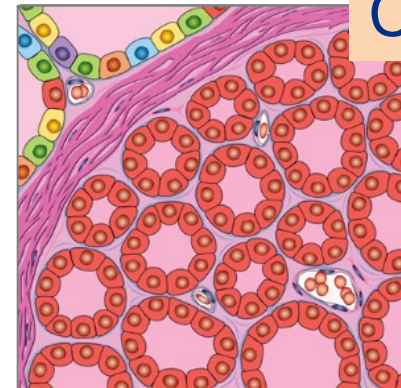
No genetic alterations

Hyperplasia

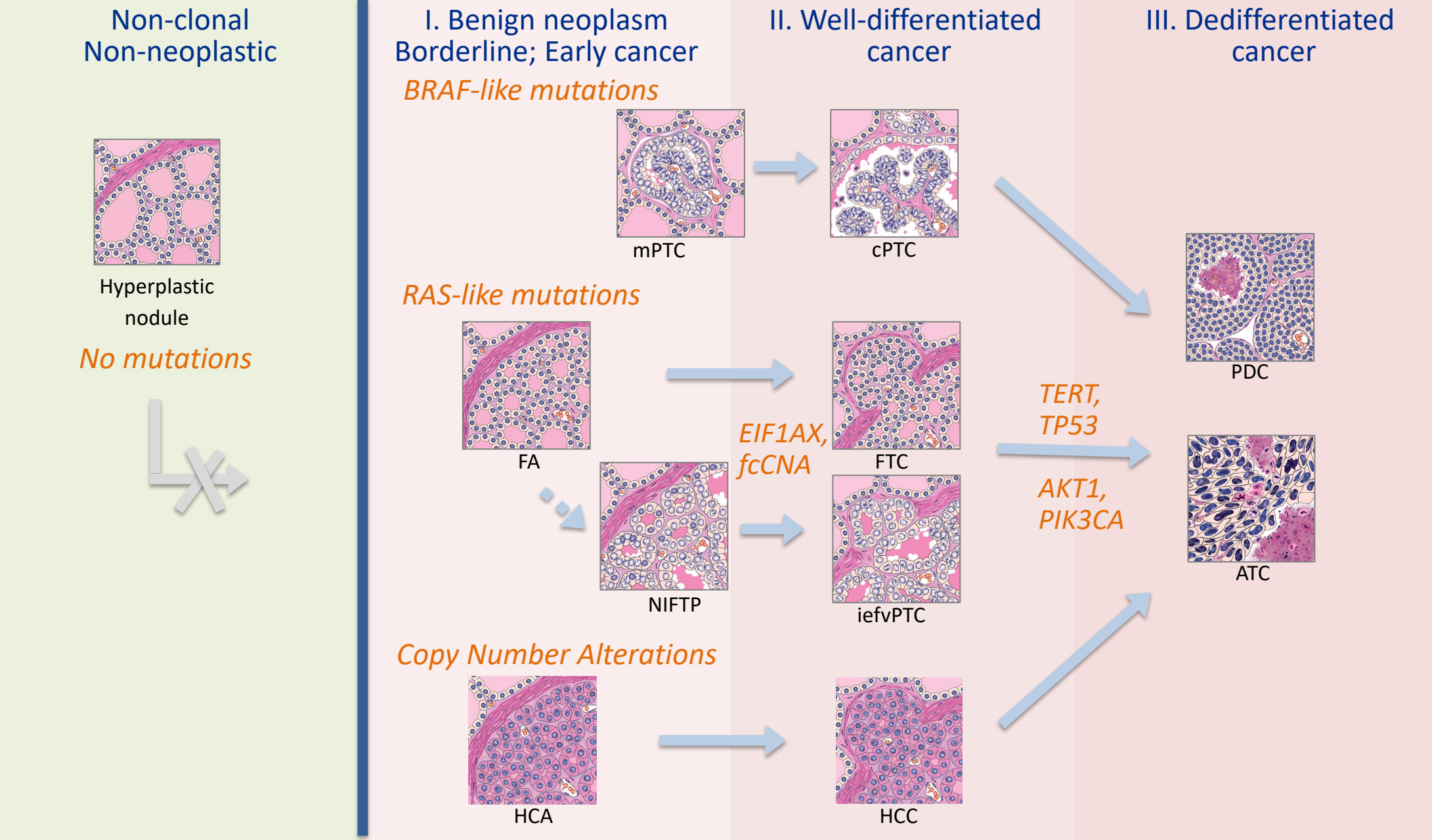


Clonal gene mutation

FA

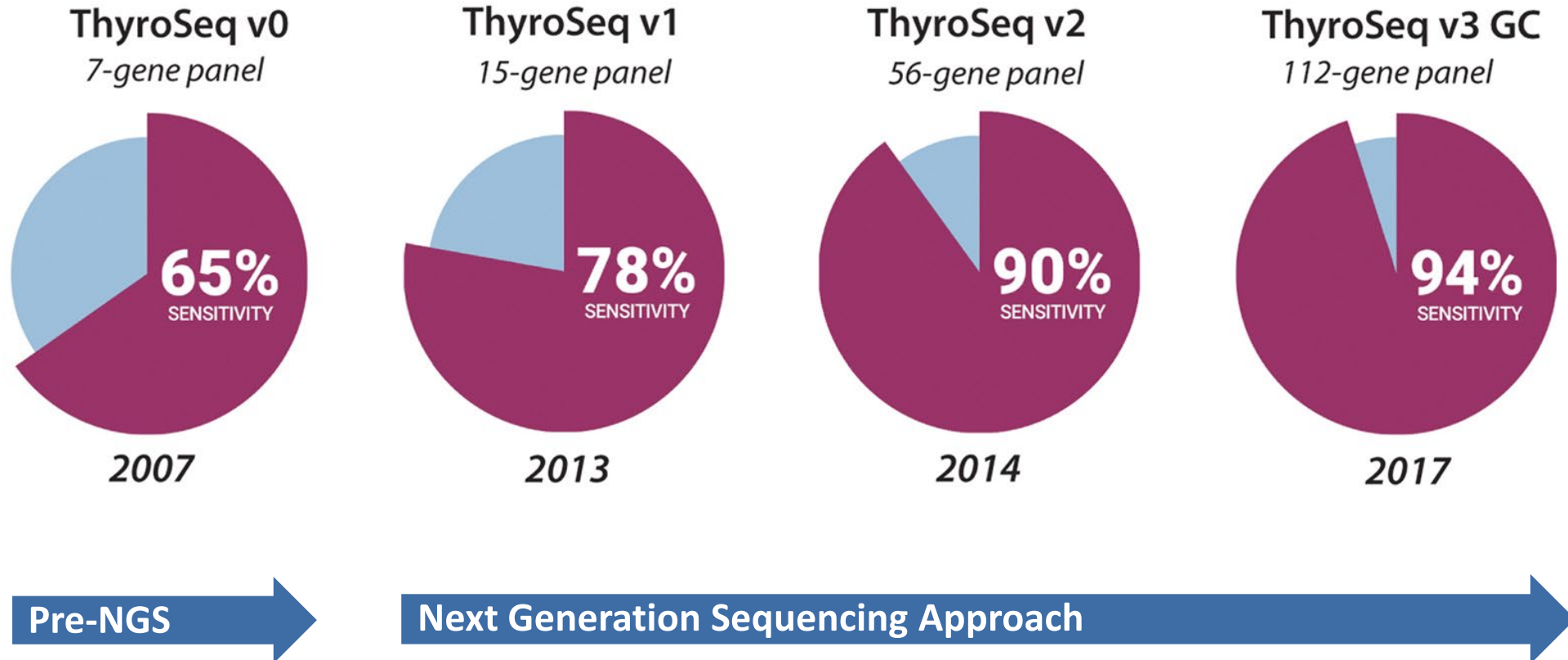


Molecular Classification of Follicular Cell-Derived Thyroid Cancer



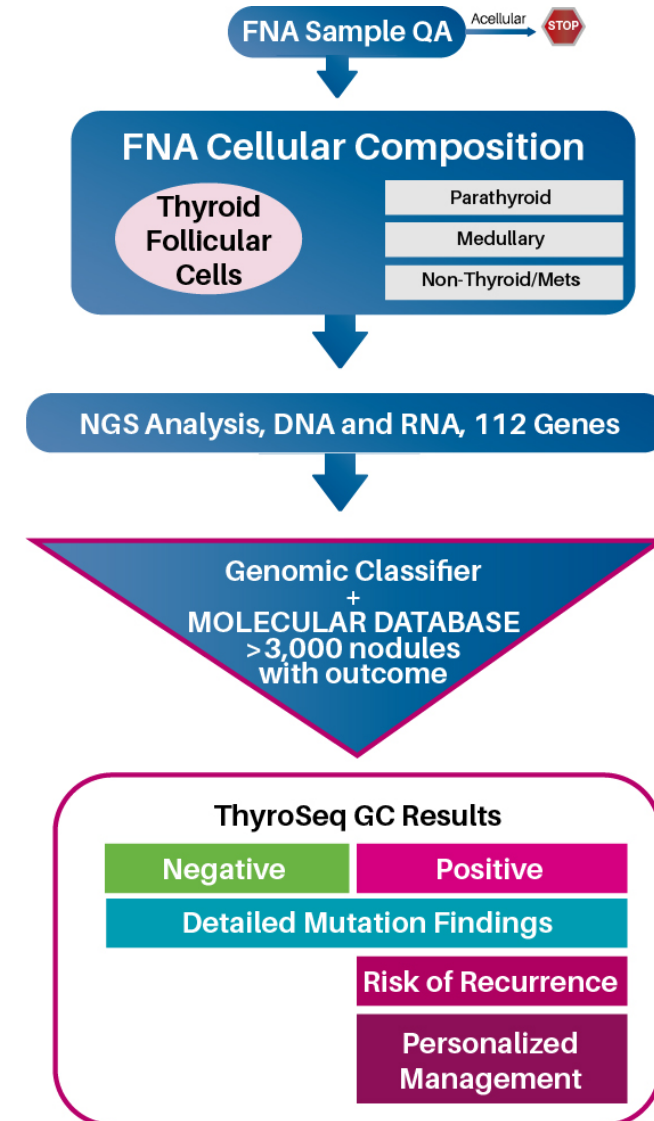
Molecular Markers for Thyroid Nodules

Evolution of ThyroSeq Test



ThyroSeq v3 Genomic Classifier (GC)

- Next-generation sequencing of DNA and RNA
- Determine FNA cellular composition (follicular cells, MTC, parathyroid, mets to thyroid)
- Analysis of **112 thyroid-related genes** for:
 - Point mutations (>12,000 variants) and small indels (>500 variants)
 - Gene fusions (>150 types)
 - Copy number alterations
 - Gene expression alterations
- **Test result interpretation** based on molecular database of >3,000 FNAs results with known surgical outcome
- Every case evaluated and **reported by a licensed molecular pathologist**
- Reports:
 - Positive or Negative, plus all detected alterations
 - Provides assessment of **specific cancer probability** and **risk of cancer recurrence**
 - Provides potential **clinical management**



Performance of ThyroSeq v3 Test in Thyroid Nodules

JAMA Oncology | Original Investigation

Performance of a Multigene Genomic Classifier in Thyroid Nodules With Indeterminate Cytology A Prospective Blinded Multicenter Study

David L. Steward, MD; Sally E. Carty, MD; Rebecca S. Sippel, MD; Samantha Peiling Yang, MBBS, MRCP, MMed; Julie A. Sosa, MD, MA; Jennifer A. Sipos, MD; James J. Figge, MD, MBA; Susan Mandel, MD, MPH; Bryan R. Haugen, MD; Kenneth D. Burman, MD; Zubair W. Baloch, MD, PhD; Ricardo V. Lloyd, MD, PhD; Raja R. Seethala, MD; William E. Gooding, MS; Simion I. Chiosea, MD; Cristiane Gomes-Lima, MD; Robert L. Ferris, MD, PhD; Jessica M. Folek, MD; Raheela A. Khawaja, MD; Priya Kundra, MD; Kwok Seng Loh, MBBS; Carrie B. Marshall, MD; Sarah Mayson, MD; Kelly L. McCoy, MD; Min En Nga, MBBS; Kee Yuan Ngiam, MBBS, MRCS, MMed; Marina N. Nikiforova, MD; Jennifer L. Poehls, MD; Matthew D. Ringel, MD; Huaitao Yang, MD, PhD; Linwah Yip, MD; Yuri E. Nikiforov, MD, PhD

- Prospective double-blind multicenter study
- Bethesda III-V cytology with surgical outcome
- 10 study centers; patient recruitment 01/2015-12/2016
- Central pathology review by a panel of 3 pathologist
- Primary outcome: accuracy of detection of cancer+NIFTP

Performance in Bethesda III and IV nodules (n = 247; disease prevalence 28%)			
Result	Cancer+NIFTP (n = 68)	Benign (n = 179)	Result
Positive	64	33	Sensitivity, 94 (86-98)
Negative	4	146	Specificity, 82 (75-87)
			NPV, 97 (93-99)
			PPV, 66 (56-75)

Performance of ThyroSeq v3 Test in Thyroid Nodules

JAMA Oncology | Original Investigation

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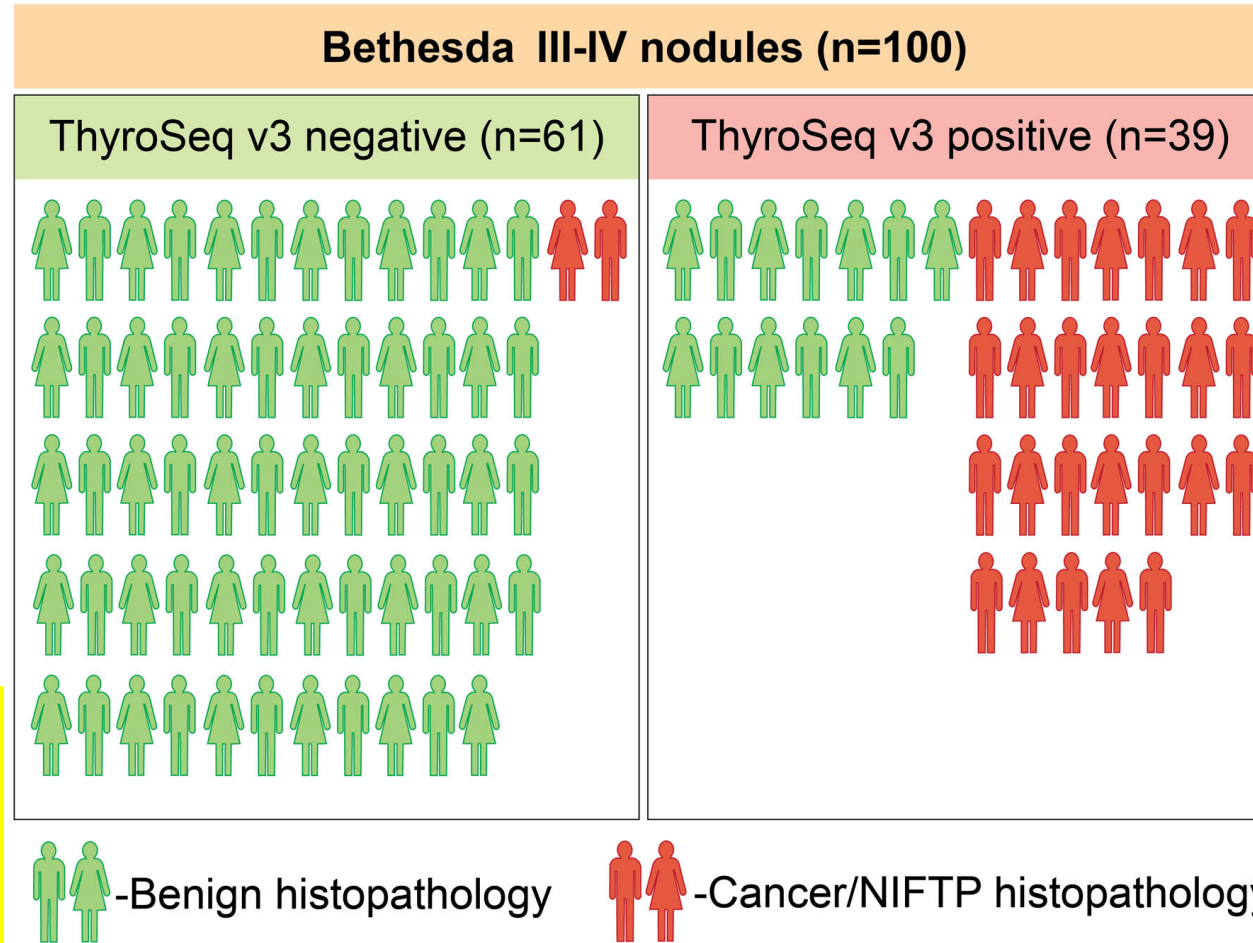
- Prospective double-blind multicenter study
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Performance in Bethesda III and IV nodules (n = 247; disease prevalence 28%)			
Result	Cancer+NIFTP (n = 68)	Benign (n = 179)	Result
Positive	64	33	Sensitivity, 94 (86-98)
Negative	4	146	Specificity, 82 (75-87)
			NPV, 97 (93-99)
			PPV, 66 (56-75)

Clinical Utility: *Avoidance of Diagnostic Surgeries*

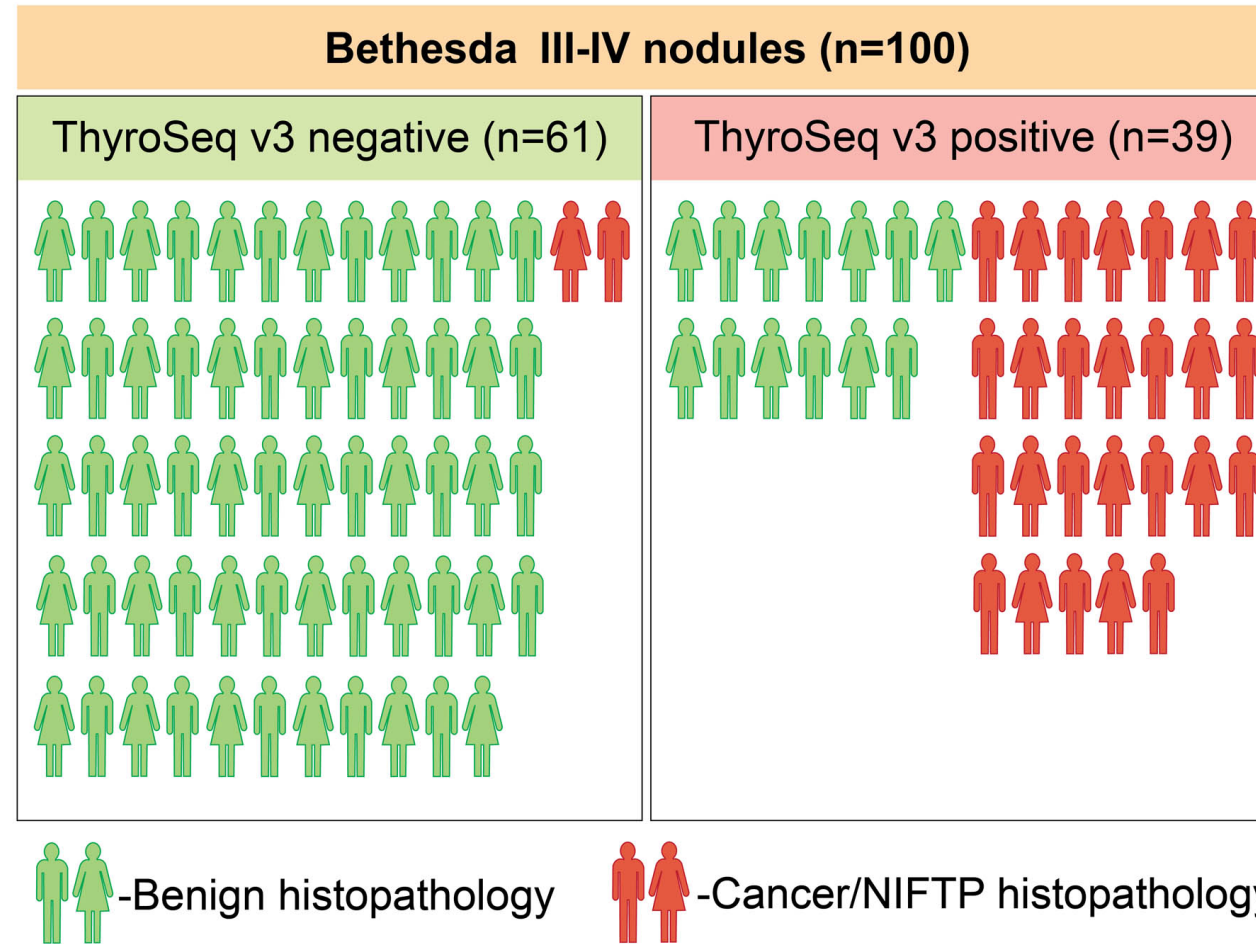
61%
avoidable
surgeries

82% of
histologically benign
nodules



Disease prevalence 28%

Clinical Utility: *Individualizing Approach to Test-Positive Nodules*



39%
require
surgery

Disease prevalence 28%

Test-positive
Nodules:
Specific molecular
alterations predict
cancer type and risk of
recurrence

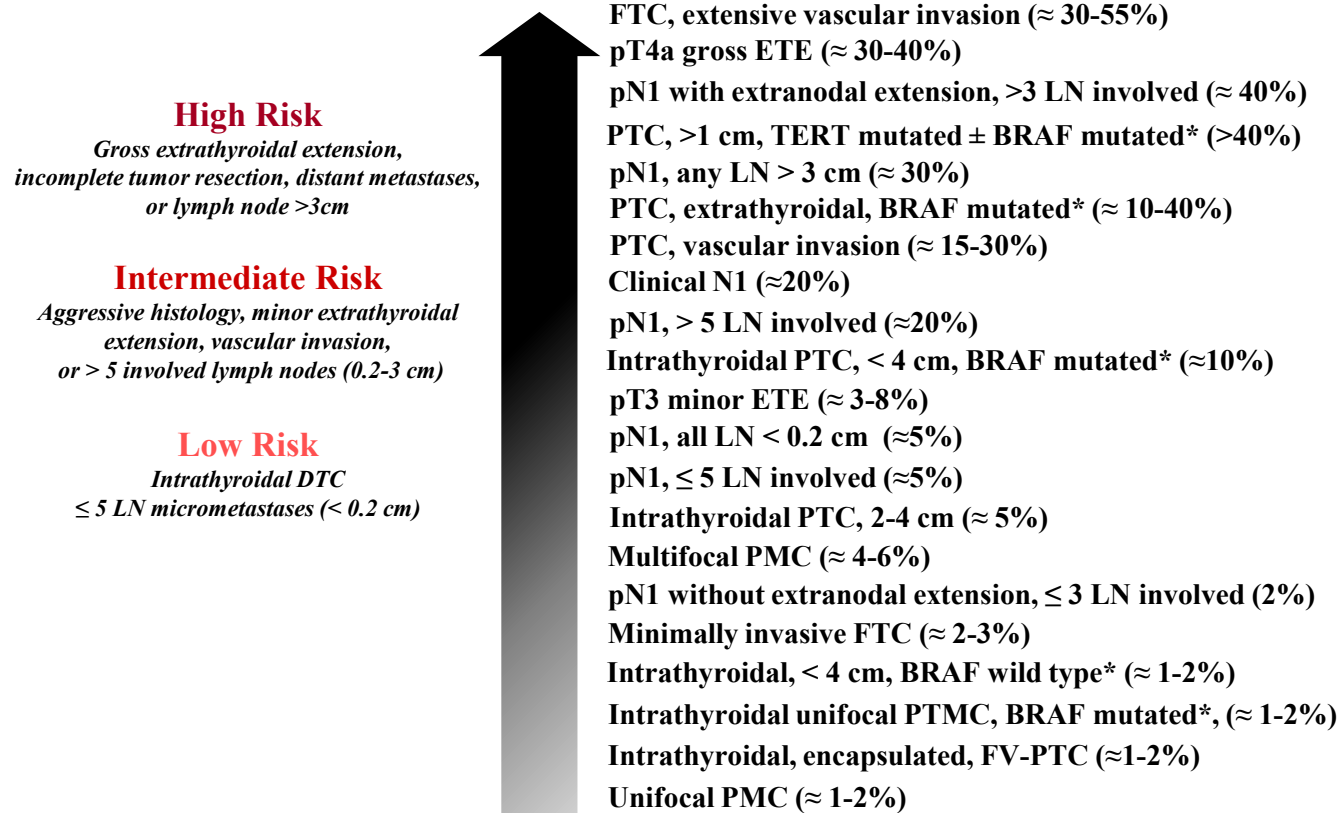
Table 3. Probability of Cancer/NIFTP in Specific Molecular Alteration Groups

Group	Molecular Alterations, No.	Prevalence in Test-Positive Samples, No. (%)	Histopathologic Diagnosis, %		Cancer Type/ NIFTP (%)
			Cancer/ NIFTP	Benign	
High-risk group	<i>TERT</i> (and <i>HRAS</i>) (1) <i>TP53</i> (and <i>MEN1</i>) (1)	2 (2)	100	0	Papillary carcinoma (50) High-Risk Cancer
<i>BRAF</i> -like group	<i>BRAF V600E</i> (9) <i>NTRK3</i> fusions (2) <i>RET</i> fusions (1) <i>BRAF</i> fusions (1)	13 (12)	100	0	Classical papillary carcinoma (92) Follicular variant papillary carcinoma (8) Classic PTC
RAS-like group	<i>NRAS</i> (21) <i>HRAS</i> (18) <i>KRAS</i> (5) <i>EIF1AX</i> (5) <i>BRAF K601E</i> (3) <i>PTEN</i> (1) <i>IDH2</i> (1) <i>DICER1</i> (1) <i>PPARG</i> fusions (4) <i>THADA</i> fusions (4)	60 (57)	62	38	Follicular variant papillary carcinoma (22) Papillary carcinoma, other variants (17) NIFTP (1) Follicular carcinoma (3) Hürthle cell carcinoma (5) EFVPTC, NIFTP
Copy number alterations group	Copy number alterations	22 (21)	59	41	Hürthle cell carcinoma (32) Follicular variant papillary carcinoma (14) Papillary carcinoma, other variants (9) NIFTP (5) HCC
Gene expression alterations group	Gene expression alterations	8 (8)	75	25	Classical papillary carcinoma (37) NIFTP (17) Other cancers (MTC, mRCC) (25) MTC, mets

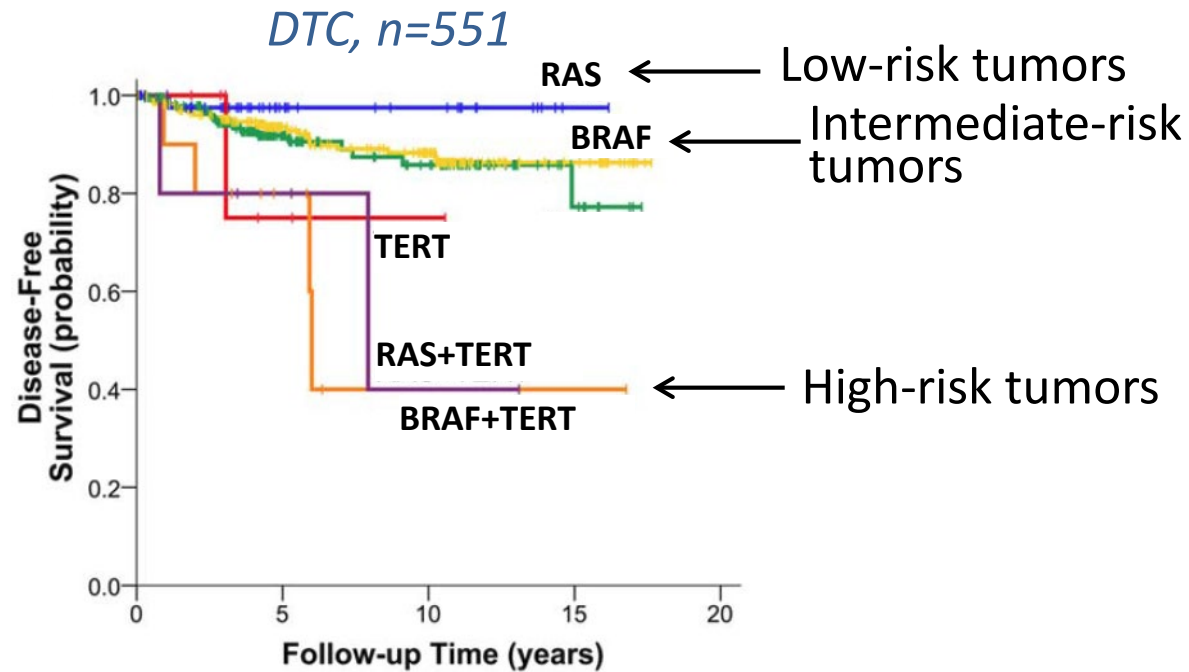
Thyroid Cancer Risk Stratification

Risk of Structural Disease Recurrence

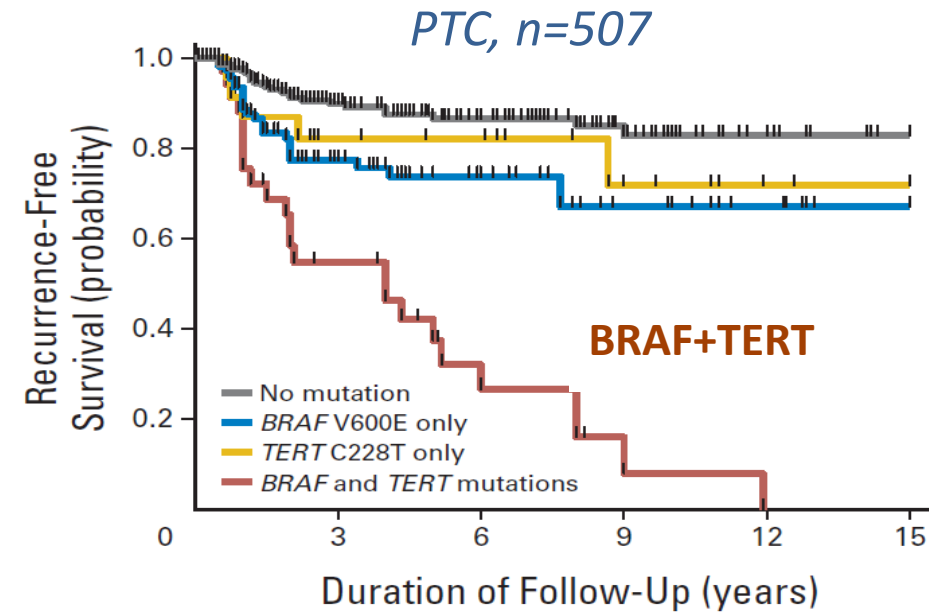
(In patients without structurally identifiable disease after initial therapy)



Molecular Markers for Cancer Risk Stratification



Song YS et al. *Cancer* (2016)



Xing M et al. *JCO* (2014)

Molecular Markers for Cancer Risk Stratification

Risk of Structural Disease Recurrence
(In patients without structurally identifiable disease after initial therapy)

High Risk
Gross extrathyroidal extension, incomplete tumor resection, distant metastases, or lymph node >3cm

Intermediate Risk
Aggressive histology, minor extrathyroidal extension, vascular invasion, or > 5 involved lymph nodes (0.2-3 cm)

Low Risk
*Intrathyroidal DTC
≤ 5 LN micrometastases (< 0.2 cm)*



- FTC, extensive vascular invasion (≈ 30-55%)
- pT4a gross ETE (≈ 30-40%)
- pN1 with extranodal extension, >3 LN involved (≈ 40%)
- PTC, >1 cm, TERT mutated ± BRAF mutated* (>40%)
- pN1, any LN > 3 cm (≈ 30%)
- PTC, extrathyroidal, BRAF mutated* (≈ 10-40%)
- PTC, vascular invasion (≈ 15-30%)
- Clinical N1 (≈20%)
- pN1, > 5 LN involved (≈20%)
- Intrathyroidal PTC, < 4 cm, BRAF mutated* (≈10%)
- pT3 minor ETE (≈ 3-8%)
- pN1, all LN < 0.2 cm (≈5%)
- pN1, ≤ 5 LN involved (≈5%)
- Intrathyroidal PTC, 2-4 cm (≈ 5%)
- Multifocal PMC (≈ 4-6%)
- pN1 without extranodal extension, ≤ 3 LN involved (2%)
- Minimally invasive FTC (≈ 2-3%)
- Intrathyroidal, < 4 cm, BRAF wild type* (≈ 1-2%)
- Intrathyroidal unifocal PTMC, BRAF mutated*, (≈ 1-2%)
- Intrathyroidal, encapsulated, FV-PTC (≈1-2%)
- Unifocal PMC (≈ 1-2%)

Genetic Profile

BRAF+TERT, RAS+TERT

Multiple driver mutations

(eg. NRAS and PIK3CA or TP53)

TERT

ALK fusions

NTRK1 fusions

NTRK3 fusions

BRAF V600E

RET/PTC

BRAF V600E-like mutations

RAS

BRAF K601E

PAX8/PPARG

RAS-like mutations

ThyroSeq 5-year risk of distant metastasis

High-risk profile (20-35%)

Intermediate-risk profile (5-10%)

Low-risk profile (<1%)

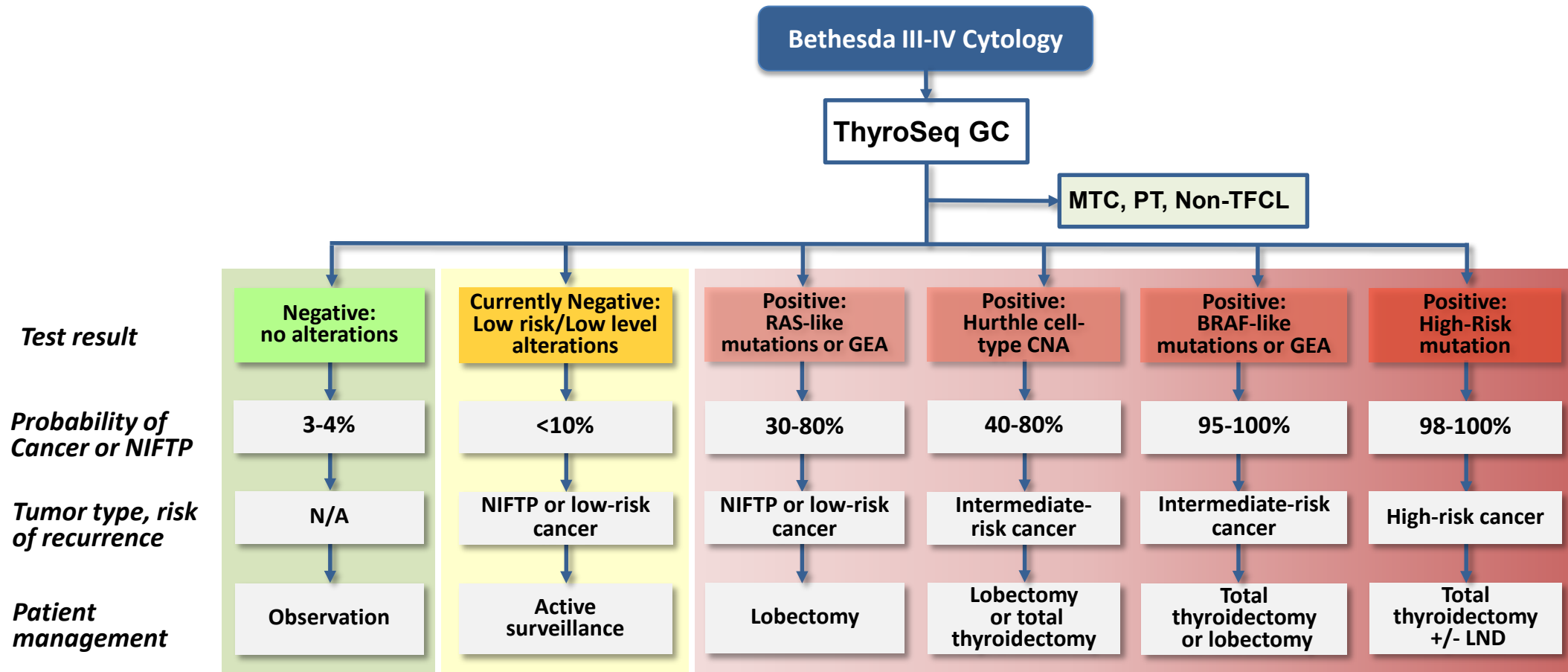
Yip L et al. *Cancer* (2021)

Molecular Markers for Therapeutics of Advanced Thyroid Cancer

Genetic Alteration	Tumor Type	Available Targeted Therapeutics
BRAF V600E	PTC, ATC	Vemurafenib, Debrafenib+Trametinib*
HRAS	PTC, FTC (OFTC), PDTC, ATC	Farnesyltransferase inhibitor tipifarnib
PAX8/PPARG	FTC (OFTC)	Pioglitazone
ALK fusions	PTC, ATC, PDTC	Crizotinib, ceritinib
NTRK1/2/3 fusions	PTC, ATC, PDTC	Entrectinib* , Larotrectinib*
RET	MTC, PTC, other	Vandetanib, cabozantinib, Selpercatinib*

**approved by the FDA*

Individualized Patient Management Informed by ThyroSeq Testing



Abbreviations: MTC, medullary thyroid cancer; PT, parathyroid; Non-TFCL, non-thyroid follicular cell lesion; GEA, gene expression alterations; CNA, copy number alterations; LND, lymph node dissection

Summary

- Genetic drivers for most types of thyroid tumors have been uncovered
- Thyroid nodules carrying clonal (somatic) genetic alterations are neoplasms (adenomas or carcinomas) and not hyperplasia
- Many thyroid cancers develop from pre-existing benign or borderline tumors through multiple stages
- Molecular alterations define biological properties of thyroid tumors/ tumor lineage and clinical behavior
- Histopathology is essential to determine stage of tumor progression

Summary

- Molecular testing:
 - ✓ Allows for safe avoidance of diagnostic surgeries
 - ✓ Provides prognostic information preoperatively – tailored surgery
 - ✓ Detects therapeutic targets for advanced thyroid cancer
- *Informs more individualized management of patients with thyroid nodules and cancer*

Thank you!

