



**CANADIAN CHAMPIONSHIPS MEDALLISTS/ MÉDAILLÉS DES CHAMPIONNATS CANADIENS  
1900-2018**

**Last Updated: January 24 2019**

**WOMEN/ FEMME**

**FIRST CHAMPIONSHIP 1926 HELD AT VARSITY STADIUM (UT) TORONTO**

**60M = 60 YARDS/ VERGES**

**1961 ST ALBERT JUN 24**

G 7.2Y GILLIAN HARDING

**1959**

G 7.5 VALERIE JEROME BC;

**1957**

G 7.5T ELEANOR HASLAM

**1955 SASKATOON JUL 04**

G 7.1Y MAUREEN REVERS

**1953**

G 7.5Y ELEANOR MACKENZIE

**1951**

G 8.9 ANN REID - 75 YARDS (UNOFFICIAL)

**1947 EDMONTON JUL 25**

G 7.8 MILLIE CHEATER; S 7.9 EDITH SKITCH;

**1941**

G 8.3 JANET ELLACOTT

**1939**

G 7.8 JEANETTE DOLSON

**1938**

G 7.8 JEANETTE DOLSON

**1936 MONTREAL JUL 10**

G 7.8 DORIS CHELLOW

**1935 MONTREAL AUG 08**

G 8.0 HILDA CAMERON

**1934 LONDON ON JUL 07**

G 7.8 AUDREY DEARNLEY ON; S 7.8 PEGGY MATHIESON B 7.8 BETTY WHITE ON;

**1933**

G 7.8 MARY FRIZZELL BC;

**1932 HAMILTON JUL 06**

G 8.2 CHARLOTTE DAWES AB; S

**1931 WESTASKIWIN AUG 12**

G 7.6 JOSEPHINE LABA NS;

**1930**

G 7.7 MYRTLE COOK ON;

**1929**

G 7.05Y\*WR MYRTLE COOK ON;

**1928 HAMILTON JUL 01**

G 7.0Y\*WR MYRTLE COOK ON;

**1927 TORONTO AUG 13**

G 7.2Y KAY FLANNAGAN ON; S MYRTLE COOK ON; J. BELL ON

## 100 M = 100 YARDS/ VERGES

### 2018 OTTAWA JUL 03/08

G 11.35 (-0.2) CRYSTAL EMMANUEL; S 11.47 LEYA BUCHANAN; B 11.63 PHYLICIA GEORGE

### 2017 OTTAWA JUL 03/09

G 11.20 (0.8) CRYSTAL EMMANUEL; S 11.45 LEYA BUCHANAN; B 11.50 FLINGS OWUSU-AGYAPONG

### 2016 EDMONTON JUL 07/10

G 11.26 (0.6) CRYSTAL EMMANUEL; S 11.27 PHYLICIA GEORGE; B 11.34 KIMBERLY HYACINTHE

### 2015 EDMONTON JUL 02/05

G 11.19 (1.5) KHAMICA BINGHAM; S 11.27 CRYSTAL EMMANUEL; B 11.31 KIMBERLY HYACINTHE

### 2014 MONCTON JUN 27/29

G 11.46 (-0.7) CRYSTAL EMMANUEL; S 11.52 SHAI-ANNE DAVIS; B 11.54 KHAMICA BINGHAM

### 2013 MONCTON JUN 20/23

G 11.48 (-0.5) CRYSTAL EMMANUEL; S 11.55 KIMBERLY HYACINTHE; B 11.61 SHAI-ANNE DAVIS

### 2012 CALGARY JUN 27/30

G 11.30 (2.5) PHYLICIA GEORGE; S 11.30 CRYSTAL EMMANUEL; B 11.34 KERRI-ANN MITCHELL

### 2011 CALGARY JUN 22/25

G 11.45 (2.4) CRYSTAL EMMANUEL; S 11.49 TOYIN OLU PONA; B 11.51 KERRI-ANN MITCHELL

### 2010 TORONTO JUL 28/31

G 11.46 (0.4) TOYIN OLUPONA ON; S 11.55 KRYSHA BAYLEY AB; B ADRIENNE POWER NS

### 2009 TORONTO JUN 25/28

G 11.56 (0.5) TOYIN OLUPONA ON; S 11.57 KRYSHA BAYLEY; B 11.69 MIANA GRIFFITHS

### 2008 WINDSOR JUL 03/06

G 11.38 (-0.8) TOYIN OLUPONA ON; S 11.50 GENEVIEVE THIBAUT; B 11.52 PRECILLA LOPES- SCHLIEP

### 2007 WINDSOR JUL 12/15

G 11.60 (0.9) TOYIN OLUPONA ON; S 11.76 KRYSHA BAYLEY ON; B 11.76 ADRIENNE POWER NS

### 2006 OTTAWA JUL 4/6

G 11.47 (1.3) GENEVIEVE THIBAUT QC; S 11.58 ERICA BROOMFIELD ON; B 11.70 BUCHHOLZ NICOLE SK

### 2005 WINNIPEG JUL 15/17

G 11.35 (0.6) TOYIN OLUPONA ON; S 11.50 ERICA BROOMFIELD ON; B 11.65 YVONNE MENSAH BC

### 2004 VICTORIA JUL 09/11

G 11.54(0.02) KRYSHA BAYLEY ON; S 11.60 PHILOMENA MENSAH BC; B 11.64 ERICA BROOMFIELD

### 2003 VICTORIA JUL 18/20

G 11.44 (1.3) ERICA WITTER ON; S 11.44 PRISCILLA LOPES ON; B 11.52 ASHA JAMES ON

### 2002 EDMONTON JUN 21/23

G 11.46 (-0.2) ATIA WEEKES AB; S 11.58 PHILOMENA MENSAH UNA; B 11.60 TARA PERRY BC

### 2001 EDMONTON JUN 22/24

G 11.49(0.3) VENOLYN CLARKE ON; S 11.56 ERICA WITTER ON; B 11.58 TARA PERRY BC

### 2000 VICTORIA AUG 11/13

G 11.30 (1.0) ESI BENYARKU ON; S 11.38 TARA PERRY BC; B 11.40 ATIA WEEKES AB

### 1999 WINNIPEG JUN 25/27

G 11.17(1.7) PHILOMENA MENSAH BC; S 11.33 MARTHA ADUSEI ON; B 11.46 ANGELA BAILEY ON

### 1998 MONTREAL JUL 30/AUG 02

G 11.08 (1.4) PHILOMENA MENSAH BC; S 11.41 MARTHA ADUSEI ON; B 11.42 TARA PERRY BC

### 1997 ABBOTSFORD JUL 18/20

G 11.22(1.5) PHILOMENA MENSAH QU; S 11.42 TARAMA PERRY BC; B 11.50 MARTHA ADUSEI ON

### 1996 KITCHENER AUG 08/11

G 11.35(6.2) TARAMA PERRY BC; S 11.39 LATOYA AUSTIN ON; B 11.49 SONIA PAQUETTE QU.

### 1995 MONTREAL (CR) JUL 13/16

G 11.61(0.9) KAREN CLARKE ON; S 11.68 TARAMA PERRY BC; B 11.71 DIONNE WRIGHT ON.

### 1994 VICTORIA JUL 27/30

G 11.53(2.3) SIMONE TOMLINSON ON; S 11.54 KAREN CLARKE ON; B 11.63 DIONNE WRIGHT ON.

### 1993 COQUITLAM JUL 30/AUG 01

G 11.66(0.1) KAREN CLARKE ON; S 11.78 SONIA PAQUETTE QU; B 11.98 TARAMA PERRY BC.

### 1992 COQUITLAM AUG 14/16

G 11.79(1.6) ANGELLA ISSAJENKO ON; S 11.81 VANESSA MONAR SK; B 11.95 ESMIE LAWRENCE ON.

### 1991 MONTREAL (CR) JUL 25/28

G 11.43(3.0) KAREN CLARKE AB; S 11.53 STACEY BOWEN ON; B 11.67 FAYE ROBERTS MB.

### 1990 MONTREAL AUG 04

G 11.48(2.8) ANGELA BAILEY ON; S 11.58 FAYE ROBERTS MB; B 11.60 STACEY BOWEN ON.

### 1989 OTTAWA AUG 05

G 11.58(-0.1) FRANCE GAREAU ON; S 11.62 JILLIAN RICHARDSON AB; B 11.72 ESMIE LAWRENCE AB.

**1988 OTTAWA AUG 06**

G 11.01(0.8) ANGELLA ISSAJENKO ON; S 11.11 ANGELA BAILEY ON; B 11.41 ANGELA PHIPPS ON.

**1987 OTTAWA AUG 02**

G 11.08(0.1) ANGELLA ISSAJENKO ON; S 11.27 ANGELA BAILEY ON; B 11.51 ANGELA PHIPPS ON.

**1986 OTTAWA JUN 21**

G 11.08(3.3) ANGELLA ISSAJENKO-TAYLOR ON; S 11.23 ANGELA BAILEY ON; B 11.43 ESMIE LAWRENCE AB.

**1985 OTTAWA AUG 03**

G 11.21(0.9) ANGELA BAILEY ON; S 11.42 ESMIE LAWRENCE AB; B 11.51 ANGELA PHIPPS ON.

**1984 WINNIPEG JUN 29**

G 11.13(3.5) ANGELLA TAYLOR ON; S 11.33 ANGELA BAILEY ON; B 11.56 FRANCE GAREAU ON.

**1983 CALGARY JUN 11**

G 11.32(0.1) ANGELLA TAYLOR ON; S 11.84 TANYA BROTHERS MB; B 12.04 SUE DURRELL QU.

**1982 OTTAWA JUL 31**

G 11.07(0.7) ANGELLA TAYLOR ON; S 11.36 ANGELA BAILEY ON; B 11.55 MOLLY KILLINGBECK ON.

**1981 REGINA AUG 01**

G 11.54(-2.0) ANGELLA TAYLOR ON; S 11.62 ANGELA BAILEY ON; B 12.07 TANYA BROTHERS MB.

**1980 SHERBROOKE JUN 13**

G 11.03(3.0) ANGELLA TAYLOR ON; S 11.27 ANGELA BAILEY ON; B 11.53 CHANTAL DESROSIERS QU.

**1979 SHERBROOKE JUL 28/29**

G 11.49(0.6) ANGELLA TAYLOR ON; S 11.56 ANGELA BAILEY ON; B 11.90 MARITA PAYNE ON.

**1978 MONTREAL JUL 08/09**

G 11.34(nwi) PATTY LOVEROCK BC; S 11.35 MARJORIE BAILEY BC; B 11.52 ANGELA BAILEY ON.

**1977 SUDBURY SEP 03/04**

G 11.89(nwi) MARGOT HOWE BC; S 11.98 JEAN SPARLING ON; B 12.06 C. MASSICOTTE QU.

**1976 REGINA AUG 27**

G 11.1(3.7) PATTY LOVEROCK BC; S 11.5 MARGOT HOWE BC; B 11.6 JAN-MADDIN NEALE MB.

**1975 SUDBURY AUG 22**

G 11.4(0.9) PATTY LOVEROCK BC; S 11.5 JOANNE McTAGGART SK; B 11.9 TINKER ROBINSON BC.

**1974 WINNIPEG AUG 27**

G 11.2(4.7) MARJORIE BAILEY BC; S 11.4 PATTY LOVEROCK BC; B 11.5 LYN KELLOND ON.

**1973 BURNABY SEP 08/09**

G 12.06(-1.9) MARJORIE BAILEY BC; S 12.09 PATTY LOVEROCK BC; B 12.33 LYN KELLOND ON.

**1972 SCARBOROUGH JUL 22**

G 11.7(nwi) PATTY LOVEROCK BC; S 11.7 EMILY McMULLEN ON; B 12.0 KAREN BEATCH BC.

**1971 WINNIPEG AUG 21/22**

G 11.6(nwi) STEPHANIE BERTO BC; S 11.7 IRENE PIOTROWSKI BC; B 11.8 GAIL TURNEY BC.

**1970 WINNIPEG (-1.65) AUG 29/30**

G 11.6 PATTY LOVEROCK BC; S 11.9 JOAN HENDRY QU; B 12.1 EMILY McMULLEN ON

**1969 VICTORIA AUG 30/31**

G 11.6 IRENE PIOTROWSKI BC; S 11.6 STEPHANIE BERTO BC; B 11.8 JOAN HENDRY QU

**1968 TORONTO AUG 10/11**

G 11.7 IRENE PIOTROWSKI BC; S 11.9 JOAN HENDRY QU; B 11.9 STEPHANIE BERTO BC

**1967 SASKATOON JUNE 23/24**

G 11.4 IRENE PIOTROWSKI BC; S 12.0 JUDY DALLIMORE ON; B 12.3 JAN MADDIN MB

**1966 EDMONTON JULY 15/16**

G 10.5Y MARJORIE TURNER MB; S 10.6Y IRENE PIOTROWSKI BC; B 10.7Y VALERIE JEROME BC

**1965 ST. LAMBERT JUNE 25/26**

G 10.8Y JUDY DALLIMORE ON; S N/R JENNIFER WINGERS ON; B N/R JOAN FISHER ON

**1964 ST. LAMBERT AUG 07/08**

G 12.3 IRENE PIOTROWSKI BC; S 12.4 MARJORIE TURNER NS; B 14.6 JOAN HENDRY QU

**1963 SASKATOON JULY 05/06**

G 11.1Y JOANNE ROOTSAERT MB; S 11.2Y MAUREEN BARDOE ON; B 11.3Y JENNIFER WINGERS ON

**1962 TORONTO AUG 04/05**

G 11.0Y YVONNE BREEDEN BC; S N/R JOANNE ROOTSAERT MB; B N/R HEATHER CAMPBELL BC

**1961 ST. LAMBERT JUNE 23/24**

G 11.0Y GILLIAN HARDING QU; S N/R MAUREEN BARDOE ON; B N/R JOANNE WINGERS ON

**1960 SASKATOON JULY 15/16**

G 11.8 NANCY LEWINGTON ON; S N/R VALERIE JEROME BC; B N/R ELEANOR HASLAM SK

**1959 WINNIPEG JULY 17/18**

G 12.2 VALERIE JEROME BC; S N/R; B N/R

**1958 SASKATOON JUNE 20/21**

G 11.0Y ELEANOR HASLAM SK; S N/R MAUREEN REVERS SK; B N/R FREYDA BERMAN BC

**1957 ST. LAMBERT JUNE 28/29**

G 11.3Y DIANE MATHESON QU

G 11.3Y ELEANOR HASLAM SK; S N/R; B N/R

**1956 HAMILTON AUG 24/25**

**MEN/WOMEN FIRST TIME TOGETHER**

G 12.2 ELEANOR HASLAM SK; S N/R MAUREEN REVERS SK; B N/R DIANE MATHESON QU

**1955 SASKATOON JULY 03/04**

G 11.2Y MAUREEN REVERS SK; S N/R; B N/R

**1954 TORONTO JUNE 25/26**

G 11.3Y B. JONES USA; S N/R M. LANDRAY USA; B N/R H. WATKINS USA

**1953 TORONTO JULY 24/25**

G 11.3Y ELEANOR MILLER ON; S N/R MILDRED GROSSE; B N/R JOAN WOOD QU

**1952 HAMILTON JUNE 27/28**

G 12.3 ELEANOR McKENZIE BC; S N/R LOUELLA LAW BC; B N/R M. HENDERSON ON

**1951 VANCOUVER JULY 20/21**

G 11.2Y ELEANOR McKENZIE BC; S 11.3 GERALDINE BEMISTER; B 11.3 MARGARET LIGHTFOOT

**1950 NO CHAMPS HELD**

**1949 TORONTO JUL 15**

G 11.2Y ELEANOR MCKENZIE BC; S

**1948 MONTREAL JUL 10**

G 12.2 PAT JONES

**1947 EDMONTON JUL 25**

G 12.4 JEAN ATKINSON BC;

**NO CHAMPIONSHIPS-WAR YEARS**

**1941**

G 13.0 NANCY MURRELL

**NO CHAMPIONSHIPS-WAR YEARS**

**1939**

G 12.5 JEANETTE DOLSON

**1938**

G 12.4 JEANETTE DOLSON

**1937**

G 12.1 JEANETTE DOLDON; S ISOBELL BLEASDELL; FERN AUSTIN;

**1936 MONTREAL JUL 10**

G 12.3 HILDA CAMERON; S AILEEN MEAGHER NS; JEANETTE DOLSON

**1935 MONTREAL 08 AUG**

G 12.2 AILEEN MEAGHER NS;

**1934 LONDON ON JUL 09**

G 11.2Y AUDREY DEARNLEY ON; S 11.2 PEGGY MATHIESON ON; B BETTY WHITE ON;

**1933**

G 12.4 MARY FRIZZELL BC

**1932 HAMILTON JUL 09**

G 12.7 HILDA STRIKE QU; S LILLIAN PALMER BC; B MARY FRIZZELL BC;

**1931 WESTASKIWIN AUG 12**

G 12.8 LILLIAN MAY QU;

**1930**

G 12.7 MYRTLE COOK ON;

**1929 HAMILTON JUL 01**

G 12.2 MYRTLE COOK ON;

**1928 HAMILTON JUL 01**

G 12.0\*WR MYRTLE COOK ON;

**1927 TORONTO AUG 13**

G 12.1 KAY FLANNAGAN ON; S MYRTLE COOK ON; B JEAN THOMPSON ON;

**1926 TORONTO AUG 14**

G 11.1Y ROSA GROSSE ON; S MYRTLE COOK B FANNY ROSENFELD QU;

**1925**

G 11.8Y JOSIE DYMENT

**1924**

G Laurie Cohen

## 200 M = 220 YARDS/ VERGES

### 2018 OTTAWA JUL 03/08

G 22.81 (1.7) CRYSTAL EMMANUEL; S 22.96 AIYANNA-BRIGIT STIVERNE; B 23.21 LEYA BUCHANAN

### 2017 OTTAWA JUL 03/09

G 22.55 (2.8) CRYSTAL EMMANUEL; S 23.21 NATASHA MCDONALD; B 23.22 LEYA BUCHANAN

### 2016 EDMONTON JUL 07/10

G 22.83 (2.1) CRYSTAL EMMANUEL; S 22.88 KIMBERLY HYACINTHE; B 23.68 FARAH JAQUES

### 2015 EDMONTON JUL 02/05

G 22.56 (2.6) KIMBERLY HYACINTHE; S 22.83 CRYSTAL EMMANUEL; B 22.86 KHAMICA BINGHAM

### 2014 MONCTON JUN 27/29

G 23.46 (-1.7) KIMBERLY HYACINTHE; S 23.63 CRYSTAL EMMANUEL; B 23.71 SHAI-ANNE DAVIS

### 2013 MONCTON JUN 20/23

G 22.91 (-1.0) KIMBERLY HYACINTHE; S 23.03 CRYSTAL EMMANUEL; B 23.84 AMONN NELSON

### 2012 CALGARY JUN 27/30

G 23.27 (-1.7) CRYSTAL EMMANUEL; S 23.74 KIMBERLY HYACINTHE; B 23.90 AMONN NELSON

### 2011 CALGARY JUN 22/25

G 22.99 (1.8) CRYSTAL EMMANUEL; S 23.36 KIMBERLY HYACINTHE; B 23.46 ESTHER AKINSULIE

### 2010 TORONTO JUL 28/31

G ADRIENNE POWER (0.8) NS; S 23.47 AMONN NELSON AB; B 23.84 CHRISTIAN BRENNAN

### 2009 TORONTO JUN 25/28

G 23.22(+1.9) ADRIENNE POWER; S 23.41 ESTHER AKINSULIE; B 23.69 KIMBERLY HYACINTHE

### 2008 WINDSOR JUL 03/06

G 23.09(+0.0) ADRIENNE POWER NS; S 23.45 ESTHER AKINSULIE ON; B 23.58 AMONN NELSON

### 2007 WINDSOR JUL 12/15

G 23.56(-1.3) ESTHER AKINSULIE ON; S 23.73 ADRIENNE POWER NS; 24.22 NATALIA ASSAJENKO ON

### 2006 OTTAWA AUG 4/6

G 23.60(2.0) ESTHER AKINSULIE ON; S 23.82 ANGELA WHYTE AB; B 23.98 KIMBERLY HYACINTHE QC

### 2005 WINNIPEG JUL 15/17

G 23.41(2.4) ADRIENNE POWER NS; S 23.60 ERICA BROOMFIELD ON; B 23.68 ESTHER AKINSULIE ON

### 2004 VICTORIA JUL 09/11

G 23.31 (3.5) LAMI OYEWUMI ON; S 23.36 DANIELLE KOT AB; B 23.38 ERICA BROOMFIELD ON

### 2003 VICTORIA JUL 18/20

G 23.34 (2.3) ERICA WITTER ON; S 23.68 FOY WILLIAMS ON; B 23.73 ASHA JAMES ON

### 2002 EDMONTON JUN 21/23

G 22.55(2.9) KALTOUMA NADJINA AB; S 23.24 LAMI OYEWUMI ON; B 23.31 ASHLEY PURNELL ON

### 2001 EDMONTON JUN 22/24

G 23.13(0.0) LADONNA ANTOINE-WATKINS SK; S 23.36 ERICA WITTER ON; 23.44 VENOLYN CLARKE ON

### 2000 VICTORIA AUG 11/13

G 22.82(5.6) LADONNA ANTOINE SK; 22.82; S ERICA WITTER ON; 23.15; B TARA PERRY BC 23.26

### 1999 WINNIPEG JUNE 25/27

G 23.04(2.0) PHILOMENA MENSAH BC; S 23.41 TARA PERRY BC; B 23.51 VENOLYN CLARKE ON

### 1998 MONTREAL JULY 30/AUG 02

G 23.43 (0.8) PHILOMENA MENSAH BC; S 23.70 TARA PERRY BC; B 23.75 LADONNA ANTOINE

### 1997 ABBOTSFORD JULY 18/20

G 23.56 (-1.61) PHILOMENA MENSAH QU; S 23.90 ERICA WITTER ON; B 23.95 FOY WILLIAMS ON

### 1996 KITCHENER AUG 08/11

G 23.65(-0.9) FOY WILLIAMS ON; S 23.78 LATOYA AUSTIN ON; B 24.23 DENA BURROWS BC.

### 1995 MONTREAL (CR) JUL 13/16

G 23.92(-1.4) KAREN CLARKE ON; S 24.01 STACEY BOWEN ON; B 24.07 FRANCE GAREAU ON.

### 1994 VICTORIA JUL 27/30

G 23.40(-1.4) STACEY BOWEN ON; S 23.96 FRANCE GAREAU ON; B 23.99 KAREN CLARKE ON.

### 1993 COQUITLAM JUL 30/AUG 01

G 23.83(1.5) STACEY BOWEN ON; S 24.17 FRANCE GAREAU ON; B 24.30 CAMILLE NOEL BC.

### 1992 COQUITLAM AUG 14/16

G 23.88(0.5) KAREN CLARKE AB; S 24.11 ANGELLA ISSAJENKO ON; B 24.48 OMENA IKEDE NS.

### 1991 MONTREAL(CR) JUL 25/26

G 23.10(4.5) KAREN CLARKE AB; S 23.17 STACEY BOWEN ON; B 23.93 CAMILLE NOEL BC.

### 1990 MONTREAL AUG 05

G 23.70(0.3) STACEY BOWEN ON; S 24.35 FRANCE GAREAU ON; B 24.42 FAYE ROBERTS MB.

### 1989 OTTAWA AUG 06

G 23.64(-2.1) JILLIAN RICHARDSON AB; S 23.97 FRANCE GAREAU ON; B 24.03 STACEY BOWEN ON.

**1988 OTTAWA AUG 07**

G 23.28(0.0) JILLIAN RICHARDSON AB; S 23.47 ESMIE LAWRENCE AB; B 24.02 FRANCE GAREAU ON.

**1987 OTTAWA AUG 02**

G 22.90(-1.7) ANGELLA ISSAJENKO ON; S 23.28 ANGELA BAILEY ON; B 23.76 JILLIAN RICHARDSON AB.

**1986 OTTAWA JUN 22**

G 22.88(0.7) ANGELLA ISSAJENKO-TAYLOR ON; S 23.34 ANGELA BAILEY ON; B 23.40 ESMIE LAWRENCE AB.

**1985 OTTAWA AUG 04**

G 23.02(0.9) ANGELA BAILEY ON; S 23.40 ANGELA PHIPPS ON; B 23.49 ESMIE LAWRENCE AB.

**1984 WINNIPEG JUN 30**

G 22.61(4.2) ANGELLA TAYLOR ON; S 22.64 MARITA PAYNE ON; B 23.54 FRANCE GAREAU ON.

**1983 CALGARY JUN 12**

G 22.91(4.1) ANGELLA TAYLOR ON; S 23.00 MARITA PAYNE ON; B 23.22 MOLLY KILLINGBECK ON.

**1982 OTTAWA AUG 01**

G 22.37(1.4) ANGELLA TAYLOR ON; S 23.28 MARITA PAYNE ON; B 23.30 MOLLY KILLINGBECK ON.

**1981 REGINA AUG 02**

G 22.46(2.1) ANGELLA TAYLOR ON; S 22.95 ANGELA BAILEY ON; B 23.48 MARITA PAYNE ON.

**1980 SHERBROOKE JUN 14**

G 22.98(-2.1) ANGELLA TAYLOR ON; S 23.42 ANGELA BAILEY ON; B 24.08 CHANTAL DESROSIER QU.

**1979 SHERBROOKE JUL 28/29**

G 23.43(-2.7) ANGELLA TAYLOR ON; S 23.91 MARITA PAYNE ON; B 24.22 MACHELINE RACETTE QU.

**1978 MONTREAL JUL 08/09**

G 23.40(NWI) PATTY LOVEROCK BC; S 23.87 ANGELLA TAYLOR ON; B 23.99 MARGOT HOWE BC.

**1977 SUDBURY SEP 03/04**

G 24.70(NWI) MARGOT HOWE BC; S 24.98 KATHY RATHIE SK; B 25.03 BEV KROTOWSKI ON.

**1976 REGINA AUG 28**

G 23.6(-2.1) PATTY LOVEROCK BC; S 24.0 JOANNE McTAGGART SK; B 24.3 MARG STRIDE ON.

**1975 SUDBURY AUG 23**

G 23.5(0.0) JOYCE YAKUBOWICH BC; S 23.8 MARJORIE BAILEY BC; B 23.9 JOANNE McTAGGART SK.

**1974 WINNIPEG AUG 28**

G 23.3(2.2) MARJORIE BAILEY BC; S 23.6 PATTY LOVEROCK BC; B 23.8 JOANNE McTAGGART SK.

**1973 BURNABY SEP 08/09**

G 24.09(NWI) PATTY LOVEROCK BC; S 24.67 MARG MACGOWAN ON; B 25.04 JANET NEALE MB.

**1972 SCARBOROUGH JUL 23**

G 24.1(-3.4) JOYCE SADOWICK BC; S 24.4 PATTY LOVEROCK BC; B 24.7 JOANNE McTAGGART SK.

**1971 WINNIPEG AUG 21/22**

G 23.3(NWI) STEPHANIE BERTO BC; S 24.0 IRENE PIOTROWSKI BC; B 24.4 GAIL TURNEY BC

**1970 WINNIPEG (3.1) AUG 29/30**

G 24.0 PATTY LOVEROCK BC; S 24.3 CATHY HUNTER ON; B 24.6 JOYCE SADOWICK BC

**1969 VICTORIA AUG 30/31**

G 24.1 IRENE PIOTROWSKI BC; S 24.4 STEPHANIE BERTO BC; B 24.4 ANNE LANGDALE BC

**1968 TORONTO AUG 10/11**

G 24.4 JOAN FISHER ON; S 24.9 ANNE LANGDALE BC; B 24.9 JAN MADDIN BC

**1967 SASKATOON JUNE 23/24**

G 24.1 IRENE PIOTROWSKI BC; S 24.4 JAN MADDIN MB; B 24.7 JOAN FISHER ON

**1966 EDMONTON JULY 15/16**

G 23.6Y JAN MADDEN MB; S 23.9Y IRENE PIOTROWSKI BC; B 24.4Y VALERIE PARKER BC

**1965 ST. LAMBERT JUNE 25/26**

G 25.3Y JUDY DALLIMORE ON; S N/R JENNIFER WINGERSON ON; B N/R JOAN FISHER ON

**1964 ST. LAMBERT AUG 07/08**

G 26.0 YVONNE BREEDEN BC; S 26.2 JENNIFER WINGERSON ON; B 26.4 IRENE PIOTROWSKI BC

**1963 SASKATOON JULY 05/06**

G 24.9Y MAUREEN BARDOE ON; S 25.0Y JOANNE ROOTSAERT MB; B 25.7Y JENNIFER WINGERSON ON

**1962 TORONTO AUG 04/05**

G 28.9Y YVONNE BREEDEN BC; S N/R JOANNE ROOTSAERT MB; B N/R HEATHER CAMPBELL QU

**1961 ST. LAMBERT JUNE 23/24**

G 26.2Y MAUREEN BARDOE ON; S N/R GILLIAN HARDING QU; B N/R N. MURRAY QU

**1960 SASKATOON JULY 15/16**

G 25.0 ELEANOR HASLAM SK; S N/R; B N/R

**1959 WINNIPEG JULY 17/18**

G 25.8 HEATHER CAMPBELL BC; S N/R SALLY McCALLUM BC; B N/R MARIAN MUNROE ON

**1958 SASKATOON JUNE 20/21**

G 24.6Y ELEANOR HASLAM SK; S N/R DIANE MATHESON QU; B N/R MAUREEN REVER SK

**1957 ST. LAMBERT JUNE 28/29**

G 26.5Y DIANE MATHESON QU; S N/R ELEANOR HASLAM SK; B N/R PAT COLE ON

**1956 HAMILTON AUG 24/25**

G 24.9 DIANE MATHESON QU; S N/R ELEANOR HASLAM SK; B N/R MAUREEN REVER SK

**1955 SASKATOON JULY 03/04**

G 26.4Y DOROTHY KOZAK AB; S N/R; B N/R

**1954 TORONTO JUNE 25/26**

G 27.0Y GWEN HOBBS ON; S N/R JOAN WOOD QU; B N/R K. BARICKI QU

**1953 TORONTO JULY 24/25**

G 26.8Y JOAN WOOD QU; S N/R ELEANOR MILLER ON; B N/R C. GLEED ON

**1952 HAMILTON JUNE 27/28**

G 25.7 LOUELLE LAW BC; S N/R ELEANOR MCKENZIE BC; B N/R FRANCIS O'HALLORAN ON

**1951 VANCOUVER JULY 20/21**

G 25.2Y ELEANOR MCKENZIE BC; S 25.5 MARGARET LIGHTFOOT; B 25.7 LOUELLE LAW

**NO CHAMPIONSHIPS**

**1949 TORONTO JUL 16**

G 25.9Y ELEANOR MCKENZIE BC; S

**1948 EDMONTON JUL 25**

G 26.0 DIANE FOSTER

**1947 EDMONTON JUL 25**

G 26.6 BETTY MITCHELL MB; S DOLLY MOORE QU;

**NO CHAMPIONSHIPS-WAR YEARS**

**1941**

G 28.0 JEAN LOWE

**1940 HAMILTON AUG 11**

G 23.4 PETER TAYLOR ON; S ELLIOTT GOOCH ON; B V BARNETT ON;

**1939**

G 26.7 CORRINE COOPER

**1938**

G 24.7 BEATRICE MARTIN

**1937 HAMILTON SEPT 11**

G 29.4Y ISOBELL BLEASDELL; S ROXANNE ATKINS ; DOLLY MOORE QU;

**1936 MONTREAL JUL 10**

G 26.4 HOPE HOPKINS; S VIOLET MONTGOMERY B HARRIETT MONTGOMERY

**1935 MONTREAL AUG 08**

G 25.5Y AILEEN MEAGHER NS;

**1934 LONDON JUL 09**

G 25.7Y HILDA CAMERON ON; S LILLIAN PALMER BC; B

**1933**

G NT LILLIAN PALMER BC;

**1932 HAMILTON JUL 09**

G 26.8 AILEEN MEAGHER NS; S 27.2 ELEANOR HONEYMAN MB; B LILLIAN MAY QU

**1931 WESTASKIWIN AUG 12**

G 25.4 LILLIAN MAY QU;

**1930**

G 26.6 DALLAS CREAMER

**1929**

G 26.6Y DALLAS CREAMER

**1928 HAMILTON JUL 01**

G 27.0Y GERTRUDE PHINNEY

**1927 TORONTO AUG 13**

G 26.4Y ETHEL SMITH ON; S GERTIE WOOD ON; B GRACE CONACHER ON;

**1926 TORONTO AUG 14**

G 26.0Y\* WR ROSE GROSSE ON; S

**400 M = 440 YARDS/ VERGES**

**2018 OTTAWA JUL 03/08**

G 51.86 AIYANNA-BRIGIT STIVERNE; S 52.58 MADELINE PRICE; B 52.93 TRAVIA JONES

**2017 OTTAWA JUL 03/09**

G 52.20 NATASHA MCDONALD; S 52.45 CARLINE MUIR; B 52.53 TRAVIA JONES

**2016 EDMONTON JUL 07/10**

G 51.79 CARLINE MUIR; S 51.84 ALICIA BROWN; B 52.19 KENDRA CLARKE

**2015 EDMONTON JUL 02/05**

G 51.84 CARLINE MUIR; S 52.39 AUDREY JEAN-BAPTISTE; B 52.43 AIYANNA-BRIGITTE STIVERNE

**2014 MONCTON JUN 27/29**

G 52.13 CARLINE MUIR; S 53.07 AUDREY JEAN-BAPTISTE; B 53.44 FAWN DORR

**2013 MONCTON JUN 20/23**

G 52.92 ALICIA BROWN; S 52.97 JENNA MARTIN; B 54.68 ADRIENNE POWER

**2012 CALGARY JUN 27/30**

G 51.53 JENNA MARTIN; S 52.99 CHRISTIAN BRENNAN; B 52.99 CARLINE MUIR

**2011 CALGARY JUN 22/25**

G 51.95 JENNA MARTIN; S 52.33 ESTHER AKINSULIE; B 52.49 CHRISTIAN BRENNAN

**2010 TORONTO JUL 28/31**

G 52.41 CARLINE MUIR AB; S 52.72 AMONN NELSON AB; B 53.96 CHANICE TAYLOR-CHASE ON

**2009 TORONTO JUN 25/28**

G 52.58 ESTHER AKINSULIE; S 52.67 CARLINE MUIR; 55.14 KATE RUEDIGER

**2008 WINDSOR JUL 03/06**

G 51.73 CARLINE MUIR ON; S 52.00 ESTHER AKINSULIE ON; 52.95 JENNA MARTIN

**2007 WINDSOR JUL 12/15**

G 52.81 ESTHER AKINSULIE ON; S 53.66 CARLINE MUIR ON; 54.03 SHERRAINE PENCIL ON

**2006 OTTAWA AUG 4/6**

G 52.91 ESTHER AKINSULIE ON; S 53.08 CARLINE MUIR ON; 53.22 LAUREN SEIBEL BC

**2005 WINNIPEG JUL 15/17**

53.88 ESTHER AKINSULIE ON; S 53.98 CARLINE MUIR ON; B 54.64 TASHA MONROE ON

**2004 VICTORIA JUL 09/11**

52.74 DANIELLE KOT AB; S 53:3 LAMI OYEWUMI ON; B 53.75 FOY WILLIMAS ON

**2003 VICTORIA JUL 18/20**

G 53.15 FOY WILLIAMS ON; S 53.79 LINDSAY LOCHHEAD ON; 54.31 CHARLOTTE PLUMMER ON

**2002 EDMONTON JUN 21/23**

G KALTOUMA NADJINA AB 52.35; S 53.90 LADONNA ANTOINE-WATKINS SK; B 54.30 LAMI OYEWUMI ON

**2001 EDMONTON JUN 22/24**

G 52.12 FOY WILLIAMS ON; S 52.16 SAMANTHA GEORGE ON; B 52.38 LADONNA ANTOINE-WATKINS SK

**2000 VICTORIA AUG 11/13**

G 51.63 LADONNA ANTOINE SK; S 52.62 FOY WILLIAMS ON; B 53.44 CANDICE JONES AB

**1999 WINNIPEG JUNE 25/27**

G 52.55 FOY WILLIAMS EG; S 52.74 LADONNA ANTOINE UNA; B 53.90 CANDICE JONES CTW

**1998 MONTREAL JULY 30/AUG 02**

G 53.10 LADONNA ANTOINE; S 53.58 FOY WILLIAMS ON; B 54.19 NAABIAMA SALIFA ON

**1997 ABBOTSFORD JULY 18/20**

G 52.61 LADONNA ANTOINE SK; S 53.00 FOY WILLIAMS ON; 53.37 CANDICE JONES AB

**1996 KITCHENER AUG 08/11**

G 53.32 FOY WILLIAMS ON; S 53.84 ANDREA PINNOCK ON; B 54.94 MICHELE LYNCH ON.

**1995 MONTREAL(CR) JUL 13/16**

G 51.94 CHARMAINE CROOKS BC; S 53.13 LADONNA ANTOINE SK; B 53.50 NICOLE COMMISSIONG QU.

**1994 VICTORIA JUL 27/30**

G 53.25 STACEY BOWEN ON; S 53.98 ALANA YAKIWCHUK MB; B 54.04 JEAN FLETCHER ON.

**1993 COQUITLAM JUL 30/AUG 01**

G 52.98 CAMILLE NOEL BC; S 53.60 ANDREA PINNOCK ON; B 53.96 FRANCE GAREAU ON.

**1992 COQUITLAM AUG 14/16**

G 52.89 CAMILLE NOEL BC; S 53.81 ALANA YAKIWCHUK MB; B 55.85 ANDREA PINNOCK ON.

**1991 MONTREAL(CR) JUL 25/28**

G 52.38 CHARMAINE CROOKS BC; S 54.57 CHERYL ALLEN AB; B 54.57 CAMILLE NOEL BC.

**1990 MONTREAL AUG 04**

G 50.57 CHARMAINE CROOKS BC; S 53.99 MOLLY KILLINGBECK ON; B 54.26 ALANA YAKIWCHUK MB.

**1989 OTTAWA AUG 05**

G 52.19 CHARMAINE CROOKS ON; S 53.35 CHERYL ALLEN AB; B 54.41 GAIL HARRIS AB.

**1988 OTTAWA AUG 06**

G 51.33 CHARMAINE CROOKS ON; S 52.36 MARITA PAYNE-WIGGINS ON; B 53.24 MOLLY KILLINGBECK ON.

**1987 OTTAWA AUG 01**

G 51.18 JILLIAN RICHARDSON AB; S 52.43 CHARMAINE CROOKS ON; B 52.67 MARITA PAYNE ON.

**1986 OTTAWA JUN 21**

G 51.36 CHARMAINE CROOKS ON; S 51.55 JILLIAN RICHARDSON ON; B 51.92 MARITA PAYNE ON.



**1985 OTTAWA AUG 03**

G 52.15 MOLLY KILLINGBECK ON; S 53.19 JILLIAN RICHARDSON ON; B 53.27 CHERYL THIBEDEAU ON.

**1984 WINNIPEG JUN 30**

G 50.77 MARITA PAYNE ON; S 51.10 CHARMAINE CROOKS ON; B 52.60 JILLIAN RICHARDSON ON.

**1983 CALGARY JUN 11**

G 51.33 MOLLY KILLINGBECK ON; S 51.89 MARITA PAYNE ON; B 52.30 CHARMAINE CROOKS ON.

**1982 OTTAWA JUL 31**

G 52.09 MOLLY KILLINGBECK ON; S 52.85 MARITA PAYNE ON; B 53.26 CHARMAINE CROOKS ON.

**1981 REGINA AUG 01**

G 52.86 MARITA PAYNE ON; S 52.96 JILLIAN RICHARDSON AB; B 53.14 CHARMAINE CROOKS ON.

**1980 SHERBROOKE JUN 14**

G 52.66 CHARMAINE CROOKS ON; S 53.02 MOLLY KILLINGBECK ON; B 54.68 MACHELINE RACETTE QU.

**1979 SHERBROOKE JUL 28/29**

G 53.12 CHARMAINE CROOKS ON; S 53.50 MACHELINE RACETTE QU; B 53.81 MARG STRIDE ON.

**1978 MONTREAL JUL 08/09**

G 54.28 RACHELLE CAMPBELL ON; S 54.46 DEBBIE CAMPBELL BC; B 54.64 MARG STRIDE ON.

**1977 SUDBURY SEP 03/04**

G 54.62 BEV KROTOWSKI ON; S 54.71 FRANCINE GENDRON QU; B 54.79 DEBBIE CAMPBELL BC.

**1976 REGINA AUG 27**

G 57.1 ANN MACKIE BC; S 57.6 KIM JEFFERY AB; B 57.6 ELEANOR MAHAL ON.

**1975 SUDBURY AUG 24**

G 52.8 MARG MACGOWAN ON; S 53.1 RACHELLE CAMPBELL ON; B 53.4 JOAN WENZEL ON.

**1974 WINNIPEG AUG 27**

G 54.8 MAUREEN CROWLEY BC; S 55.0 MAUREEN McDERMOTT ON; B 55.1 BRENDA WALSH AB.

**1973 BURNABY SEP 08/09**

G 52.93 YVONNE SAUNDERS ON; S 54.78 MARG MACGOWAN ON; B 54.81 ANN MACKIE AB.

**1972 SCARBOROUGH JUL 22**

G 54.1 JOYCE SADOWICK BC; S 54.9 LIZ VANDERSTAM AB; B 55.1 MARG MACGOWAN ON.

**1971 WINNIPEG AUG 21/22**

G 55.5 MARG MACGOWAN ON; S 55.9 MAUREEN CROWLEY BC; B 57.0 MICHELE BONMATI QU

**1970 WINNIPEG AUG 29/30**

G 54.3 YVONNE SAUNDERS QU; S 55.7 NOREEN LEIPENS BC; B 56.8 GAYLE OLINEK ON

**1969 VICTORIA AUG 30/31**

G 55.5 GAYLE OLINEK ON; S 56.7 ANNE COVELL BC; B 57.2 CECELIA SMITH ON

**1968 TORONTO AUG 10/11**

G 55.4 JOAN FISHER ON; S 56.3 ANNE COVELL BC; B 56.9 JAN MADDIN BC

**1967 SASKATOON JUNE 23/24**

G 56.1 MARGARET CHESKIN ON; S 56.8 KARIN EMERY BC; B 58.1 PENNY WERTHNER ON

**1966 EDMONTON JULY 15/16**

G 55.1Y JAN MADDIN MB; S 55.9Y CECELIA CARTER ON; B 57.4Y KARIN EMERY BC

**1965 ST. LAMBERT JUNE 25/26**

G 57.3Y CECELIA CARTER ON; S N/R ABBY HOFFMAN ON; B 59.1 KARIN EMERY BC

**1964 ST.LAMBERT AUG 07/08**

G 55.7 ABBY HOFFMAN ON; S 57.7 CECELIA CARTER ON; B 57.8 KARIN EMERY BC

**1963 SASKATOON JULY 05/06**

G 56.6Y ABBY HOFFMAN ON; S 59.1Y NOREEN DEULING MB; B N/R RENATE HOLST BC

**800 M = 880 YARDS/ VERGES****2018 OTTAWA JUL 03/08**

G 2:00.87 LINDSAY BUTTERWORTH; S 2:01.61 JENNA WESTAWAY; B 2:01.94 MAITE BOUCHARD

**2017 OTTAWA JUL 03/09**

G 2:00.26 MELISSA BISHOP; S 2:03.88 JENNA WESTAWAY; 2:04.34 LINDSAY BUTTERWORTH

**2016 EDMONTON JUL 07/10**

G 1:59.32 MELISSA BISHOP; S 2:03.38 ANNIE LEBLANC; B 2:03.39 JENNA WESTAWAY

**2015 EDMONTON JUL 02/05**

G 2:08.52 FIONA BENSON; S 2:08.60 MELISSA BISHOP; B 2:08.81 JESSICA SMITH

**2014 MONCTON JUN 27/29**

G 2:03.23 MELISSA BISHOP; S 2:04.39 KARINE BELLEAU-BELIVEAU; B 2:04.40 DIANE CUMMINS

**2013 MONCTON JUN 20/23**

G 2:02.84 MELISSA BISHOP; S 2:03.14 KARINE BELLEAU-BELIVEAU; B 2:03.54 DIANE CUMMINS

**2012 CALGARY JUN 27/30**

G 2:07.37 LEMLEM OGBASILASSIE; S 2:07.56 MELISSA BISHOP; B 2:07.70 JESSICA SMITH

**2011 CALGARY JUN 22/25**

G 2:05.05 HELLEN CRIFTS; S 2:05.06 LEMLEM OGBASILASSIE; B 2:06.02 LEANNA MACLEAN

**2010 TORONTO JUL 28/31**

G 2:02.06 DIANE CUMMINS BC; S 2:03.11 LEMLEM OGBASILASSIE QC; B 2:04.12 MELISSA BISHOP ON

**2009 TORONTO JUN 25/28**

G 2:06.30 REBECCA JOHNSTONE; S 2:07.12 JENNIFER KEMP; B 2:07.35 LEANNA MACLEAN

**2008 WINDSOR JUL 03/06**

G 2:03.99 REBECCA JOHNSTONE BC; S 2:04.61 DIANE CUMMINS BC; B 2:06.28 LEANNA MACLEAN

**2007 WINDSOR JUL 12/15**

G 2:02.49 DIANE CUMMINS BC; S 2:03.95 AIMEE TETERIS BC; G 2:04.24 REBECCA JOHNSTONE BC

**2006 OTTAWA AUG 4/6**

G 2:02.30 DIANE CUMMINS BC; S 2:04.48 AIMEE TETERIS BC; G 2:05.96 MALINDI ELMORE AB

**2005 WINNIPEG JUL 15/17**

G 2:02.59 DIANE CUMMINS BC; S 2:04.30 AIMEE TETERIS BC; B 2:04.61 SARAH ALI-KHAN QU

**2004 VICTORIA JUL 09/11**

G 1:59.6 DIANE CUMMINS BC; S 2:02.14 AIMEE TETERIS BC; 2:02.90 SARAH ALI-KHAN QU

**2003 VICTORIA JUL 18/20**

G 2:01.01 DIANE CUMMINS BC; S 2:02.56 VICKY LYNCH-POUNDS B 2:02.59 HEATHER HENNIGER BC

**2002 EDMONTON JUN 21/23**

G 2:04.95 DIANE CUMMINS BC; S 2:07.71 HEATHER HENNIGER NS; B 2:09.79 ALLISON SALTER ON

**2001 EDMONTON JUN 22/24**

G 2:04.56 DIANE CUMMINS BC; S 2:05.31 VICKY LYNCH-POUNDS BC; B 2:05.89 TANYA WRIGHT AB

**2000 VICTORIA AUG 11/13**

G 2:03.80 DIANE CUMMINS BC; S 2:05.00 VICKY LYNCH-POUNDS BC; B 2:06.72 TANYA WRIGHT AB

**1999 WINNIPEG JUNE 25/27**

G 2:02.53 VICKY LYNCH-POUNDS BC; S 2:03.04 DANE CUMMINS BC; B 2:04.18 LEAH PELLIS BC

**1998 MONTREAL JULY 30/AUG 02**

G 2:05.44 DIANNE CUMMINS BC; S 2:05.82 JEAN FLETCHER ON; B 2:06.35 VICKY LYNCH-POUNDS

**1997 ABBOTSFORD JULY 18/20**

G 2:04.44 CHARMAINE CROOKS BC; S 2:04.68 JEAN FLETCHER ON; B 2:05.02 VICKY LYNCH-POUND AB

**1996 KITCHENER AUG 08/11**

G 2:07.65 JEAN FLETCHER ON; S 2:07.89 SARAH HOWELL BC; B 2:08.17 JULIE COTE QU.

**1995 MONTREAL (CR) JUL 13/16**

G 2:02.70 RITA PAULAVICIENNE AB; S 2:03.06 KARI SLEIVERT BC; B 2:03.57 JULIE COTE QU.

**1994 VICTORIA JUL 27/30**

G 2:03.93 CHARMAINE CROOKS BC; S 2:04.35 RITA PAULAVICIENNE AB; B 2:04.46 VICKY LYNCH AB.

**1993 COQUITLAM JUL 30/AUG 01**

G 2:04.23 NICKY KNAPP ON; S 2:06.70 K. SLEIVERT BC; B 2:07.46 NATHALIE DESOUZA ON.

**1992 COQUITLAM AUG 14/16**

G 2:08.06 SARAH HOWELL BC; S 2:08.83 BRIGITTE NEHMA QU; B 2:09.07 MAXINE WALKES-THOMPSON ON.

**1991 MONTREAL (CR) JUL 25/28**

G 2:06.51 NICOLE MASIL ON; S 2:06.56 GRACE VERBEEK ON; B 2:07.29 VICKY LYNCH AB.

**1990 MONTREAL AUG 05**

G 2:06.63 JEANETTE WOOD ON; S 2:06.97 GRACE VERBEK ON; B 2:07.04 NICKY KNAPP ON.

**1989 OTTAWA AUG 06**

G 2:03.40 RANZA CLARK BC; S 2:04.01 JEANETTE WOOD ON; B 2:05.51 VICKY LYNCH AB.

**1988 OTTAWA AUG 06**

G 2:02.94 RENEE BELANGER QU; S 2:03.13 GRACE VERBEEK ON; B 2:03.13 CAMILLE CATO ON.

**1987 OTTAWA AUG 01**

G 2:02.18 MARY BURZMINSKI AB; S 2:02.29 RENEE BELANGER QU; B 2:03.00 CAMILLE CATO ON.

**1986 OTTAWA JUN 21**

G 2:06.34 RENEE BELANGER QU; S 2:06.78 CAROLYN COMEAU MB; B 2:06.84 CAMILLE CATO ON.

**1985 OTTAWA AUG 04**

G 2:04.60 RENEE BELANGER QU; S 2:05.51 CAMILLE CATO ON; B 2:05.82 GRACE VERBEEK ON.

**1984 WINNIPEG JUN 30**

G 2:04.49 CAMILLE CATO ON; S 2:04.75 GRACE VERBEEK ON; B 2:05.06 BRIT McROBERTS BC.

**1983 CALGARY JUN 12**

G 2:06.06 BRIT McROBERTS BC; S 2:06.38 CHRISTINE SLYTHE QU; B 2:07.46 GRACE VERBEEK ON.

**1982 OTTAWA AUG 01**

G 2:03.90 GRACE VERBEEK ON; S 2:04.20 FRANCINE GENDRON QU; B 2:04.36 RANZA CLARK AB.

**1981 REGINA AUG 02**

G 2:06.35 BRIT McROBERTS BC; S 2:06.62 FRANCINE GENDRON QU; B 2:07.53 RANZA CLARK AB.

**1980 SHERBROOKE JUN 15**

G 2:02.8 ANN MACKIE-MORELLI BC; S 2:05.3 YVONNE MONDESIRE ON; B 2:05.3 RANZA CLARK AB.

**1979 SHERBROOKE JUL 28/29**

G 2:03.6 ANN MACKIE-MORELLI BC; S 2:03.9 DEBBIE CAMPBELL ON; B 2:04.0 FRANCINE GENDRON QU.

**1978 MONTREAL JUL 08/09**

G 2:04.9 DEBBIE CAMPBELL BC; S 2:05.6 FRANCINE GENDRON QU; B 2:05.9 PENNY WERTHNER ON.

**1977 SUDBURY SEP 03/04**

G 2:06.1 FRANCINE GENDRON QU; S 2:08.6 JOAN WENZEL ON; B 2:08.7 DEBBIE CAMPBELL BC.

**1976 REGINA AUG 28**

G 2:04.3 MAUREEN McDERMOTT ON; S 2:07.3 MAUREEN CROWLEY BC; B 2:07.5 FRANCINE GENDRON QU.

**1975 SUDBURY AUG 23**

G 2:03.5 JOAN WENZEL ON; S 2:04.2 MAUREEN CROWLEY BC; B 2:04.6 FRANCINE GENDRON QU.

**1974 WINNIPEG AUG 28**

G 2:04.3 ABBY HOFFMAN ON; S 2:06.4 MAUREEN CROWLEY BC; B 2:07.1 DONNA VALAITIS ON.

**1973 BURNABY SEP 08/09**

G 2:05.16 MAUREEN CROWLEY BC; S 2:06.34 YVONNE SAUNDERS ON; B 2:06.66 BRENDA WALSH AB.

**1972 SCARBOROUGH JUL 22/23**

G 2:05.3 GLENDA REISER ON; S 2:06.1 ABBY HOFFMAN ON; B 2:06.5 THELMA WRIGHT BC.

**1971 WINNIPEG AUG 21/22**

G 2:07.8 PENNY WERTHNER ON; S 2:08.9 NOREEN LIEPENS BC; B 2:09.8 MAUREEN CROWLEY BC

**1970 WINNIPEG AUG 29/30**

G 2:09.7 PENNY WERTHNER ON; S 2:10.6 NOREEN LEIPENS BC; B 2:11.4 CONNIE HALBERT BC

**1969 VICTORIA AUG 30/31**

G 2:09.0 ABBY HOFFMAN ON; S 2:09.8 THELMA FYNN BC; B 2:10.0 NOREEN LIEPENS BC

**1968 TORONTO AUG 10/11**

G 2:07.2 ABBY HOFFMAN ON; S 2:07.5 F. KRAKER USA; B 2:11.9 NOREEN LIEPENS BC

**1967 SASKATOON JUNE 23/24**

G 2:08.4 ROBERTA PICCO ON; S 2:09.1 ABBY HOFFMAN ON; B 2:09.9 CECELIA CARTER ON

**1966 EDMONTON JULY 15/16**

G 2:07.2Y ABBY HOFFMAN ON; S 2:10.5Y CECELIA CARTER ON; B 2:16.6Y KARIN EMERY BC

**1965 ST. LAMBERT JUNE 25/26**

G 2:20.7Y ABBY HOFFMAN ON; S 2:21.5 CECELIA CARTER ON; B N/R ROBERTA PICCO ON

**1964 ST.LAMBERT AUG 07/08**

G 2:14.6 ABBY HOFFMAN ON; S 2:17.8 CECELIA CARTER ON; B 2:18.9 SERENA DOUCETTE ON

**1963 SASKATOON JULY 05/06**

G 2:15.0Y ABBY HOFFMAN ON; S 2:16.9Y NOREEN DEULING MB; B 2:26.9Y BETTY ANNE SCOTT MB

**1962 TORONTO AUG 04/05**

G 2:10.8Y ABBY HOFFMAN ON; S N/R NOREEN DEULING MB; B N/R JOAN BARNICOTT ON

**1961 ST. LAMBERT JUNE 23/24**

G 2:33.7Y JOAN BARNICOTT ON; S N/R P. STEWART ON; B N/R J. RICHARD QU

**1960 SASKATOON JULY 15/16**

G 2:26.2 PAT COLE ON; S N/R NOREEN DEULING MB; B N/R G. GALBRAITH MB

**1959 WINNIPEG JULY 17/18**

G 2:41.8 NOREEN DEULING MB; S N/R; B N/R

**1934 LONDON ON JUL 07**

2:28.0Y VIOLET SMITH ON; S HOPE HOPKINS ON; B

**1928 HAMILTON JUL 02**

G 2:21.4\* WR JEAN THOMPSON

**1925**

G 2:50.0Y KAY FLANNAGAN

**1500 M****2018 OTTAWA JUL 03/08**

G 4:17.08 GABRIELA STAFFORD; S 4:17.71 NICOLE SIFUENTES; B 4:18.59 KATELYN AYERS

**2017 OTTAWA JUL 03/09**

G 4:12.41 GABRIELA STAFFORD; S 4:12.91 SHEILA REID; B 4:13.16 NICOLE SIFUENTES

**2016 EDMONTON JUL 07/10**

G 4:18.51 GABRIELA STAFFORD; S 4:18.65 NICOLE SIFUENTES; B 4:18.99 HILARY STELLINGWERFF

**2015 EDMONTON JUL 02/05**

G 4:20.29 NICOLE SIFUENTES; S 4:20.43 SASHA GOLLISH; B 4:20.70 KATE VAN BUSKIRK  
**2014 MONCTON JUN 27/29**  
G 4:10.83 KATE VAN BUSKIRK; S 4:10.92 NICOLE SIFUENTES; B 4:15.39 JENNA WESTAWAY  
**2013 MONCTON JUN 20/23**  
G 4:16.45 KATE VAN BUSKIRK; S 4:16.84 NICOLE SIFUENTES; B 4:17.11 SHEILA REID  
**2012 CALGARY JUN 27/30**  
G 4:13.58 MALINDI ELMORE; S 4:13.94 HILARY STELLINGWERFF; B 4:14.06 NICOLE SIFUENTES  
**2011 CALGARY JUN 22/25**  
G 4:16.97 SHELIA REID; S 4:17.44 HILARY STELLINGWERFF; B 4:17.85 MALINDI ELMORE  
**2010 TORONTO JUL 28/31**  
G 4:16.52 MALINDI ELMORE AB; S 4:16.60 NICOLE EDWARDS MB; B 4:17.12 HILARY STELLINGWERFF ON  
**2009 TORONTO JUN 25/28**  
G 4:15.04 MALINDI ELMORE; S 4:16.67 HILARY STELLINGWERFF; B 4:16.82 NICOLE EDWARDS  
**2008 WINDSOR JUL 03/06**  
G 4:08.56 HILARY STELLINGWERFF ON; S 4:09.52 MALINDI ELMORE AB; B 4:12.34 NICOLE EDWARDS  
**2007 WINDSOR JUL 12/15**  
G 4:12.66 HILARY STELLINGWERFF ON; S 4:13.16 MALINDI ELMORE AB; B 4:15.42 NICOLE EDWARDS  
**2006 OTTAWA AUG 4/6**  
G 4:12.82 CARMEN DOUMA-HUSSAR ON; S 4:13.04 HILLARY STELLINGWERFF ON; B 4:13.15 MALINDI ELMORE AB  
**2005 WINNIPEG JUL 15/17**  
G 4:15.58 CARMEN DOUMA-HUSSAR ON; S 4:17.34 HILARY EDMONSON ON; B 4:18.55 KATE VERMEULEN BC  
**2004 VICTORIA JUL 09/11**  
G 4:04.51 MALINDI ELMORE BC; S 4:05.22 CARMEN-DOUMA HUSSAR ON; B 4:06.92 KATE VERMEULEN BC  
**2003 VICTORIA JUL 18/20**  
G 4:12.20 CARMEN DOUMA-HUSSAR ON; S 4:12.82 LEAH PELLIS BC; B 4:13.59 COURTNEY BABCOCK BC  
**2002 EDMONTON JUN 21/23**  
G 4:20.61 EMILIE MONDOR QU; S 4:21.10 DIANE CUMMINS BC; B 4:26.31 MEGAN METCALFE AB  
**2001 EDMONTON JUN 22/24**  
G 4:14.75 LEAH PELLIS BC; S 4:15.40 ROBYN MEAGHER BC; B 4:15.81 VICKY LYNCH-POUNDS BC  
**2000 VICTORIA AUG 11/13**  
G 4:13.27 LEAH PELLIS BC; S 4:16.89 KRESTENA SULLIVAN ON; B 4:20.14 CARMEN DOUMA ON  
**1999 WINNIPEG JUNE 25/27**  
G 4:16.47 LEAH PELLIS BC; S 4:18.21 ROBYN MEAGHER BC; B 4:18.66 CINDY O'KRANE BC  
**1998 MONTREAL JULY 30/AUG 2**  
G 4:10.95 LEAH PELLIS BC; S 4:12.00 SARAH HOWELL AB; B 4:12.41 CINDY O'KRANE BC  
**1997 ABBOTSFORD JULY 18/20**  
G 4:07.26 LEAH PELLIS BC; S 4:07.68 ROBYN MEAGHER BC; B 4:09.79 KATHY BUTLER ON  
**1996 KITCHENER AUG 08/11**  
G 4:24.84 SARAH HOWELL BC; S 4:26.58 MELANIE CHOINIERE QU; B 4:28.03 CINDY O'KRANE BC.  
**1995 MONTREAL (CR) JUL 13/16**  
G 4:10.63 LEAH PELLIS BC; S 4:10.66 ANGELA CHALMERS BC; B 4:14.12 PAULA SCHNURR ON.  
**1994 VICTORIA JUL 27/30**  
G 4:06.56 ANGELA CHALMERS BC; S 4:07.94 PAULA SCHNURR ON; B 4:08.68 LEAH PELLIS BC.  
**1993 COQUITLAM JUL 30/AUG 01**  
G 4:15.31 ANGELA CHALMERS BC; S 4:15.55 SARAH HOWELL BC; B 4:15.88 LEAH PELLIS BC.  
**1992 COQUITLAM AUG 14/16**  
G 4:20.43 SARAH HOWELL BC; S 4:20.61 ULLA MARQUETTE BC; B 4:22.15 P. CROSS-BISHOP BC.  
**1991 MONTREAL JUL 25/28**  
G 4:13.42 DEBBIE BOWKER BC; S 4:17.46 P. PFITZINGER NZ; B 4:18.13 CINDY GRANT BC.  
**1990 MONTREAL AUG 04**  
G 4:18.04 ANGELA CHALMERS MB; S 4:18.74 ROBYN MEAGHER BC; B 4:22.18 PAULA SCHNURR ON.  
**1989 OTTAWA AUG 05**  
G 4:10.05 ANGELA CHALMERS MB; S 4:12.12 ROBYN MEAGHER BC; B 4:14.43 LEAH PELLIS BC.  
**1988 OTTAWA AUG 07**  
G 4:05.54 LYNN WILLIAMS BC; S 4:05.78 ANGELA CHALMERS MB; B 4:06.30 CINDY GRANT BC.  
**1987 OTTAWA AUG 02**  
G 4:11.70 DEBBIE BOWKER BC; S 4:13.62 ANGELA CHALMERS MB; B 4:14.93 BRIT McROBERTS BC.  
**1986 OTTAWA JUN 22**  
G 4:10.85 BRIT McROBERTS BC; S 4:12.10 DEBBIE BOWKER BC; B 4:17.74 BIRGIT OTTO BC.  
**1985 OTTAWA AUG 03**  
G 4:12.26 DEBBIE SCOTT BC; S 4:15.10 ANGELA CHALMERS MB; B 4:18.36 NANCY RETTIE MB.  
**1984 WINNIPEG JUN 29**

G 4:13.32 DEBBIE SCOTT BC; S 4:15.14 LYNN WILLIAMKS BC; B 4:18.16 TRISH WELLMAN BC.  
**1983 CALGARY JUN 10**  
G 4:24.27 DEBBIE SCOTT BC; S 4:26.42 RANZA CLARK AB; B 4:30.01 ULLA MARQUETTE BC.  
**1982 OTTAWA JUL 31**  
G 4:10.70 DEBBIE SCOTT BC; S 4:19.17 FRANCINE GENDRON QU; B 4:20.01 NANCY RETTIE MB.  
**1981 REGINA JUL 31**  
G 4:16.88 DEBBIE SCOTT BC; S 4:18.93 BRIT McROBERTS BC; B 4:22.02 PENNY WERTHNER ON.  
**1980 SHERBROOKE JUN 13**  
G 4:14.0 BRIT LIND-McROBERTS BC; S 4:14.7 PENNY WERTHNER-BALES ON; B 4:23.3 MAUREEN CROWLEY BC.  
**1979 SHERBROOKE JUL 28/29**  
G 4:13.4 FRANCINE GENDRON QU; S 4:14.2 BRIT McROBERTS BC; B 4:16.8 DEBBIE SCOTT BC.  
**1978 MONTREAL JUL 08/09**  
G 4:14.7 PENNY WERTHNER ON; S 4:15.0 FRANCINE GENDRON QU; B 4:22.2 DEBBIE SCOTT BC.  
**1977 SUDBURY SEP 03/04**  
G 4:22.2 DEBBIE MITCHELL-PEARSON ON; S 4:22.9 ANNE WEBSTER BC; B 4:24.3 SARAH NEIL BC.  
**1976 REGINA AUG 29**  
G 4:21.3 DONNA VALAITIS ON; S 4:24.5 MAUREEN CROWLEY BC; B 4:25.0 DEBBIE SCOTT BC.  
**1975 SUDBURY AUG 24**  
G 4:15.1 THELMA WRIGHT BC; S 4:15.4 ABBY HOFFMAN ON; B 4:16.3 MAUREEN CROWLEY BC.  
**1974 WINNIPEG AUG 27**  
G 4:20.6 THELMA WRIGHT BC; S 4:23.3 GLENDA REISER ON; B 4:27.5 DEBBIE MITCHELL ON.  
**1973 BURNABY SEP 08/09**  
G 4:15.56 GLENDA REISER ON; S 4:18.21 THELMA WRIGHT BC; B 4:29.51 CLARE MORGAN ON.  
**1972 SCARBOROUGH JUL 22/23**  
G 4:16.1 GLENDA REISER ON; S 4:20.3 THELMA WRIGHT BC; B 4:29.4 NOREEN LIEPENS BC.  
**1971 WINNIPEG AUG 21/22**  
G 4:28.8 THELMA FLYNN BC; S 4:29.2 NOREEN LIEPENS BC; B 4:30.6 PENNY WERTHNER ON.  
**1970 WINNIPEG AUG 29/30**  
G 4:30.4 PENNY WERTHNER ON; S 4.32.1 NOREEN LEIPENS BC; B 4.37.9 WENDY THOMPSON BC  
**1969 VICTORIA AUG 30/31**  
G 4:29.4 NOREEN LEIPENS BC; S 4:32.3 PENNY WERTHNER ON; B 4:32.9 THELMA FLYNN BC  
**1968 TORONTO AUG 10/11**  
G 4:34.0 CHERYL SOMERS MB; S 4:35.4 NOREEN LIEPENS BC; B 4:45.6 SHEILA MEHARG ON  
**1967 SASKATOON JUNE 23/24**  
G 4:34.4 ROBERTA PICCO ON; S 4:47.5 CHERYL SOMERS MB; B 4.54.5 PAT MILLS BC

## ONE MILE

**1967**

G 4:34.4M ROBERTA PICCO

**1966 EDMONTON JULY 15/16**

G 4:55.5 ROBERTA PICCO ON; S 5:10.9 CHERYL SOMERS MB; B 5:12.0 HELGA HOFFLER BC

## 3000 M

**(Now substituted for the 5000m)**

**1994 VICTORIA JUL 27/30**

G 8:38.42 ANGELA CHALMERS BC; S 8:57.88 ROBYN MEAGHER BC; B 9:04.95 CAROL MONTGOMERY BC.

**1993 COQUITLAM JUL 30/AUG 01**

G 9:03.13 LEAH PELLIS BC; S 9:05.76 ULLA MARQUETTE BC; B 9:22.53 ROBYN MEAGHER BC.

**1992 COQUITLAM AUG 14/16**

G 9:12.00 ULLA MARQUETTE BC; S 9:22.57 LISA HARVEY AB; B 9:24.66 LUCY SMITH BC.

**1991 MONTREAL(CR) JUL 25/28**

G 8:58.92 ROBYN MEAGHER BC; S 9:03.42 ALISON WILEY ON; B 9:04.88 LISA HARVEY AB.

**1990 MONTREAL AUG 05**

G 9:27.64 LEAH PELLIS BC; S 9:30.15 SUE LEE BC; B 9:32.29 ULLA MARQUETTE BC.

**1989 OTTAWA AUG 04**

G 9:05.47 PAULA SCHNURR ON; S 9:08.05 ALISON WILEY ON; B 9:15.12 JILL PUROLA ON.

**1988 OTTAWA AUG 05**

G 9:00.81 ALISON WILEY ON; S 9:13.08 DEBBIE BOWKER BC; B 9:15.81 ULLA MARQUETTE BC.

**1987 OTTAWA JUL 31**

G 8:51.33 LYNN WILLIAMS BC; S 8:54.64 SUE LEE BC; B 8:56.45 ANGELA CHALMERS MB.  
**1986 OTTAWA JUN 20**  
G 9:07.55 LYNN WILLIAMS BC; S 9:15.16 MICHELLE PORTER ON; B 9:22.04 SANDRA RETTIE MB.  
**1985 OTTAWA AUG 04**  
G 9:02.41 ULLA MARQUETTE BC; S 9:11.06 ANGELA CHALMERS MB; B 9:23.84 JILL PUROLA ON.  
**1984 WINNIPEG JUL 01**  
G 9:02.69 LYNN WILLIAMS BC; S 9:03.81 SUE FRENCH ON; B 9:05.58 GERI FITCH BC.  
**1983 CALGARY JUN 11**  
G 9:10.42 LYNN WILLIAMS BC; S 9:14.60 NANCY ROOKS ON; B 9:20.06 ALISON WILEY ON.  
**1982 OTTAWA AUG 01**  
G 9:10.81 DEBBIE SCOTT BC; S 9:20.27 GERI FITCH BC; B 9:23.33 BEV BUSH AB.  
**1981 REGINA AUG 02**  
G 9:27.52 ALISON WILEY ON; S 9:28.37 PENNY WERTHNER ON; B 9:30.65 NANCY ROOKS ON.  
**1980 SHERBROOKE JUN 15**  
G 9:26.8 GERI FITCH ON; S 9:28.5 LYNN KANUKA SK; B 9:33.0 SYLVIA RUEGGER ON.  
**1979 SHERBROOKE JUL 28/29**  
G 9:18.6 SHAUNA MILLER AB; S 9:30.0 DEBBIE MITCHELL ON; B 9:34.0 CHRIS LAVALLEE ON.  
**1978 MONTREAL JUL 08/09**  
G 9:21.1 SHAUNA MILLER AB; S 9:23.1 \_\_BBIE PEARSON ON; B 9:26.6 NANCY ROOKS ON.  
**1977 SUDBURY SEP 03/04**  
G 9:37.0 DEBBIE PEARSON ON; S 9:40.6 SALLY STEELE ON; B 9:43.4 SHAUNA MILLER AB.  
**1976 REGINA AUG 27**  
G 9:51.4 DONNA VALAITIS ON; S 9:53.8 KATHY PROSSER ON; B 10:06.8 SALLY BEACH ON.  
**1975 SUDBURY AUG 22**  
G 9:30.8 KATHY PROSSER ON; S 9:33.2 SALLY BEACH ON; B 9:48.6 SHAUNA MILLER AB.  
**1974 WINNIPEG AUG 28**  
G 9:30.2 THELMA WRIGHT BC; S 9:48.8 SHARON CLAYTON ON; B 9:50.4 SHAUNA MILLER AB.

## 5000 M

**2018 OTTAWA JUL 03/08**  
G 16:05 ANDREA SECCAFIEN; S 16:11.77 JESSICA O'CONNELL; B SASHA GOLLISH  
**2017 OTTAWA JUL 03/09**  
G 15:39.66 ANDREA SECCAFIEN; S 15:40.91 JESSICA O'CONNELL; B 15:42.59 SASHA GOLLISH  
**2016 EDMONTON JUL 07/10**  
G 16:00.42 ANDREA SECCAFIEN; S 16:00.65 SASHA GOLLISH; B 16:00.90 JESSICA O'CONNELL  
**2015 EDMONTON JUL 02/05**  
G 16:17.32 NICOLE SIFUENTES; S 16:21.76 LANNI MARCHANT; B 16:26.13 NATASHA LABEAUD  
**2014 MONCTON JUN 27/29**  
G 15:47.35 JESSICA O'CONNELL; S 15:54.93 RACHEL CLIFF; B 16:01.70 RACHEL HANNAH  
**2013 MONCTON JUN 20/23**  
G 16:25.30 ANDREA SECCAFIEN; S 16:26.71 RHIANNON JOHNS; B 16:28.38 KATE HARRISON  
**2012 CALGARY JUN 27/30**  
G 16:15.23 SHEILA REID; S 16:16.44 MEGAN BROWN; B 16:41.94 TARAH KORIR  
**2011 CALGARY JUN 22/25**  
G 16:55.01 LESLIE SEXTON; S 16:59.16 TAMARA JEWETT; B 17:04.22 KATE VAUGHAN  
**2010 TORONTO JUL 28/31**  
G 16:45.44 MEGAN (METCALFE) WRIGHT AB; S 16:45.81 NATASHA WODAK BC; B 16:47.33 LESLIE SEXTON ON  
**2009 TORONTO JUN 25/28**  
G 15:50.35 TARA QUINN-SMITH; S 15:52.74 KENDRA SCHAAF; B 16:04.61 DANETTE DOETZEL  
**2008 WINDSOR JUL 03/06**  
G 15:33.35 MEGAN METCALFE AB; S 16:19.27 ANDREA GROVE MB; B 16:10.ERIN MACLEAN  
**2007 WINDSOR JUL 12/15**  
G 15:45.14 MEGAN METCALFE AB; S 16:00.02 ANDREA GROVE MB; B 16:10.89 BETH WIGHTMAN ON  
**2006 OTTAWA AUG 4/6**  
G 16:03.15 MEGAN METCALFE AB; S 16:04.66 ANDREA GROVE MB; B 16:10.66 TARA QUINN-SMITH ON  
**2005 WINNIPEG JUL 15/17**  
G 16:00.45 MEGAN METCALFE QU; S 16:02.90 TARA QUINN- SMITH ON; B 16:06.93 NICOLE STEVENSON ON  
**2004 VICTORIA JUL 09/11**  
G 15:16.21 EMILIE MONDOR QU; S 15:45.15 MEGAN METCALFE QU; B 15:46.62 LUCY SMITH BC.  
**2003 VICTORIA JUL 18/20**  
G 15:08.90 EMILIE MONDOR QU; S 15:38.43 COURTNEY BABCOCK BC; B 15:39.46 ASTER DEMISSE AB

**2002 EDMONTON JUN 21/23**

G 16:37.77 COURTNEY BABCOCK BC; S 16:43.10 ANDREA GROVE BC; B 16:49.08 ASTER DEMISSI AB

**2001 EDMONTON JUN 22/24**

G 16:07.29 COURTNEY BABCOCK BC; S 16:07.89 SARAH DUPRE ON; B 16:18.95 TINA CONNELLY BC

**2000 VICTORIA AUG 11/13**

G 15:33.59 TINA CONNELLY BC; S 15:34.91 COURTNEY BABCOCK BC; B 15:39.19 MICHELLE KING ON

**1999 WINNIPEG JUNE 25/27**

G 15:56.19 KATHERINE BUTLER ON; S 16:07.44 SARAH DILLABAUGH ON; B 16:11.04 CAROL HOWE MB

**1998 MONTREAL JULY 30/AUG 2**

G 16:29.05 SHERRI SMITH ON; S 16:29.78 LISA HARVEY AB; B 16:41.42 TANIA JONES ON

**1997 ABBOTSFORD JUL 18/20**

G 15:44.04 CAROL HOWE BC; 16:01.13 SARAH HOWELL BC; B 16:12.26 LORI DURWARD BC

**1996 KITCHENER AUG 08/11**

G 16:15.76 TINA CONNELLY BC; S 16:16.78 LORI DURWARD BC; B 16:44.88 TANIA JONES ON.

**1995 MONTREAL (CR) JUL 13/16**

G 16:17.42 KATHY BUTLER ON; S 16:29.50 LIZANNE BUSSIERES QU; B 16:43.15 CHERYL MURPHY BC,

**10,000 M**

**2018 GUELPH JUN 15**

G 33:06.53 RACHEL CLIFF; S 34:39.10 KRISTINA POPADICH; B 34:50.51 ROBYN MILDREN

**2017 GUELPH JUN 14/15**

G 33:50.62 VICTORIA COTES; S 34:09.55 MADDY TREVISAN; B 34:12.71 MELANIE MYRAND

**2016 GUELPH JUN 25**

G 33:05.49 RACHEL HANNAH; S 33:29.67 NATASHA WODAK; B 34:17.04 MELANIE MYRAND

**2015 LONDON may 10**

G 33:58.77 LAURA BATTERINK; S 34:59.25 LESLIE SEXTON; B 35:30.64 JULLIEN FLYNN

**2014 MONCTON JUN 27/29**

G 37:15.65 LESLIE SEXTON; S 38:00.50 LAUREN PRUFER; B 38:16.00 LAURIE COURTNEY

**2013 MONCTON JUN 20/23**

G 33:21.43 NATASHA FRASER; S 34:50.17 LESLIE SEXTON

**2012 CALGARY JUN 27/30**

G 35:18.97 LESLIE SEXTON; S 36:43.10 BEVIN KENNELLY; B 37:08.56 GRACE KARY

**2011 CALGARY JUN 22/25**

G 36:40.42 BEVIN KENNELLY; S 37:39.37 COURTNEY LAURIE

**2008 ABBOTSFORD JUN 4**

G 35:19.39 ANDREA GROVE MB; S 35:23.14 EMILY TALLEN; B 36:01.91 BETH WIGHTMAN

**2007 ABBOTSFORD JUN 10**

G 33:30.52 BETH WIGHTMAN ON; S 35:32.44 LAUREN KING ON

**2006 ABBOTSFORD JUN 4**

G 34:08.66 TARA QUINN SMITH ON

**2005 ABBOTSFORD JUN 18**

G 33:34.05 TARA QUINN SMITH ON; S 34:40.14 TARA STRUYK B 34:48.43 DEBBIE THORNHILL

**2004 BURNABY JUN 05**

G 32:59.21 LUCY SMITH BC; S 33:04.38 TARA QUINN ON; B 33:05.06 LISA HARVEY AB; B

**2003 BURNABY JUN 07(FULL NAT CHPS VICTORIA JUL 18/20)**

G 33:36.23 COURTNEY BABCOCK BC; S 33:42.85 ASTER DESISSIE AB; B 33:55.17 TINA CONNELLY BC

**2002 BURNABY JUN 01/02(FULL NAT CHPS EDMONTON JUN 20/23)**

G 32:14.52 COURTNEY BABCOCK BC; S 33:08.01 SARAH DUPRE-HEALY ON; B 33:17.29 LUCY SMITH BC

**2001 BURNABY JUN 01/03**

G 32:46.48 TINA CONNELLY BC; S 32:53.54 LISA HARVEY AB; B

**2000 BURNABY JUN 02/04**

G 32:44.79 LISA HARVEY AB; S 33:06.90 TINA CONNELLY BC; 33:37.94 CAROL HOWE BC

**1999 WINNIPEG JUNE 25/27**

G 33:04.47 TINA CONNELLY BC; S 33:26.49 MICHELLE KING ON 33:26.49; B 36:11.93 SUZANNE BINNE BC

**1998 MONTREAL JULY 30/AUG 2**

G 33:23.33 JACKIE MOTA ON; S 33:42.47 TINA CONNELLY BC; B 34:45.74 STEPHANIE ANDREWS

**1997 ABBOTSFORD JUL 18/20**

G 33:10.49 JACKIE MOTA ON; S 33:20.18 TINA CONNELL BC; B 37:03.22 KATE MASLEN BC.

**1996 KITCHENER AUG 09**

G 34:13.17 LOUDMILA ALEXEEFF ON; S 34:18.85 KIM WEBB; B 34:20.36 LISA HARVEY AB

**1995 MONTREAL(CR) JUL 13/16**

G 34:43.07 LUDMILLA ALEXEEFF ON; S 34:52.37 CAROL MONTGOMERY BC; B 34:55.93 KIM WEBB ON.  
**1994 VICTORIA JUL 27/30**  
G 33:16.93 ULLA MARQUETTE BC; S 33:20.23 LUDMILLA ALEXEEFF ON; B 33:21.54 JACKIE MOTA ON.  
**1993 COQUITLAM JUL 30/AUG 01**  
G 33:40.31 LISA HARVEY AB; S 33:52.31 JACKIE MOTA ON; B 34:09.41 LUCY SMITH BC.  
**1992 COQUITLAM AUG 14/16**  
G 34:19.73 JACKIE MOTA ON; S 34:59.89 ISABELLE DITTBERNER BC; B 35:15.48 JACKIE ZEWERTAILO BC.  
**1991 MONTREAL(CR) JUL 25/28**  
G 32:55.59 CAROL ROUILLARD QU; S 33:15.35 LISA PRESEDO ON; B 33:46.97 ULLA MARQUETTE BC.  
**1990 MONTREAL AUG 05**  
G 33:01.57 CAROL ROUILLARD QU; S 33:28.97 LIZANNE BUSSIERES QU; B 34:19.84 ODETTE LAPIERRE QU.  
**1989 OTTAWA AUG 06**  
G 32:53.64 CAROL ROUILLARD QU; S 32:59.96 LIZANNE BUSSIERES QU; B 33:09.02 SUE LEE BC.  
**1988 OTTAWA AUG 05**  
G 32:52.63 CAROL ROUILLARD QU; S 32:55.92 SUE LEE BC; B 33:10.28 NANCY TINARI ON.  
**1987 OTTAWA JUL 31**  
G 32:15.82 NANCY TINARI ON; S 32:55.19 SUSAN BERENDA BC; B 33:26.36 ODETTE LAPIERRE QU.  
**1986 OTTAWA JUN 20**  
G 32:30.93 CAROL ROUILLARD QU; S 32:34.14 SUE FRENCH-LEE BC; B 32:36.33 NANCY ROOKS ON.  
**1985 OTTAWA AUG 02**  
G 33:47.94 JACQUELINE GAREAU QU; S 33:59.39 ELENA EVANOFF AB; B 34:20.90 ODETTE LAPIERRE QU.  
**1984 WINNIPEG JUN 30**  
G 36:19.53 COLETTE DESROSIERS MB; S 36:34.47 ELENA EVANOFF AB; B 36:40.42 CAROLYN LEE ON.  
**1983 CALGARY JUN 10**  
G 35:50.50 BEV BUSH BC; S 36:13.98 KIM BIRD NS; B 36:15.91 COLETTE DESROSIERS MB.  
**1982 OTTAWA JUL 31**  
G 34:23.99 ANN-MARIE MALONE ON; S 36:24.72 HELEN COOPER ON; B 37:00.99 MARJORIE WATT ON

## **MARATHON**

**2018 TORONTO OCT 21**  
G 2:32:09.0 KINSEY MIDDLETON; S 2:36:02.7 LESLIE SEXTON; B 2:36:46.0 KRISTA DUCHENE  
**2017 TORONTO OCT 22**  
G 2:35:47 LESLIE SEXTON; S 2:36:55 LYNDSEY TESSIER; B 2:39:10 MELANIE MYRAND  
**2016 TORONTO OCT 16**  
G 2:34:02 KRISTA DUCHENE; S 2:34:37 RACHEL HANNAH; B 2:40:41 DAYNA PIDHORESKY  
**2015 TORONTO OCT 18**  
G 2:28:09 LANNI MARCHANT; S 2:33:23 LESLIE SEXTON; B 2:37:11 NATASHA LABEAUD  
**2014 OTTAWA MAY 25**  
G 2:47:12 RHIANNON JOHNS; S 2:50:27 BIANCA PREMONT; B 2:50:52 SARAH NAGY  
**2013 OTTAWA MAY 26**  
G 2:33:11 LIOUDMILA KORTCHAGUINA; S 2:44:12 CATRIN JONES; B 2:47:57 MARYSE NAULT  
**2011 OTTAWA MAY 29**  
G 2:42:26 EMILY KROSHUS; S 2:49:14 LANNI MARCHANT; B 2:49:39 MYRIAM GRENON  
**2010 OTTAWA MAY 30**  
G 2:39:08 KRISTA DUCHENE; S 2:47:55 MYRIAM GRENON; B JUTTA MERLINAINEN  
**2009 OTTAWA MAY 24**  
G 2:32:09.8 LIOUDMILA KORTCHAGUINA; S 2:51:08.5 MYRIAM GRENON ON; B 3:00:00.1 TARA STRUYK  
**2008 OTTAWA MAY 25**  
G 2:33:48 TARA QUINN-SMITH ON; S 2:41:04 NICOLE STEVENSON ON; B 2:48:30 SUZANNE EVANS  
**2007 OTTAWA MAY 27**  
G 2:31:56.6 LIOUDMILA KORTCHAGUINA ON; S 2:46:21.2 SUZANNE EVANS BC; B 2:48:56.0 LISA HARVEY AB  
**2006 OTTAWA**  
G 2:29:41.1 LIOUDMILA KORTCHAGUINA ON; S 2:42:59.4 TANIA JONES ON; B 2:51:08.2 PAULA WILTSE ON  
**2005**  
G 2:32:19 LIOUDMILA KORTCHAGUINA ON; S 2:38:50 NICOLE STEVENSEN ON; B 2:55:08 TIAN KADER QC  
**2004**  
G 2:34:45 NICOLE STENVENSEN ON; S 2:37:34 CAROL HOWE; B 2:48:09 KRISTINA RODY BC  
**2003 NOT HELD**  
**2002 OTTAWA MAY 12**  
G 2:39:17 TANIA JONES ON; S 2:39:35 DANUTA BARTOSZEK ON; B 2:45:22 LESLIE CARSON ON;  
(2:33:14 LIOUDMILA KORCHAGUINA ON);  
**2001 OTTAWA MAY 13**



G 2:37:59 DANUTA BARTOSZEK ON; 2:38:28 SANDY JACOBSON AB; B 2:44:26 ELAINE COBURN;  
**2000 OTTAWA 14 MAY**  
G 2:36:46 VERONIQUE VANDERSMISSEN ON; S 2:40:08 TANIA JONES ON; B 2:45:45 SANDY JACOBSON  
**NO CHAMPIONSHIPS**  
**1991 OTTAWA MAY 01**  
G 2:54:00.0 LAURA KONANTZ  
**1990 CALGARY JUL 08**  
G 2:45:59.0 CLAIRE KROSHUS AB; S 3:01:36 HEATHER BLYDO AB; B 3:04:37 GAYLENE PRIDHAM;  
**1989 MONTREAL SEPT 24**  
G 2:39:46.0 ELLEN ROCHEFORT QU; S 2:41:00 CINDY NEW QU;  
**1988 OTTAWA MAY 15**  
G 2:52:08.0 MARJARITA GALYA MEX; S 2:54:27 JEAN PAYETTE ON; B 25606 LINDA VOGEL ON;  
**1987**  
G 2:46:02.23 MARJORIE STEWART  
**1986 MONTREAL SEPT 28**  
G 2:35:51 ELLEN ROCHEFORT QU; S 2:44:40 NICOLE CAISSE QU; B 2:46:22 CINDY NEW QU;  
**1985**  
G 2:48:09.0 BERNADETTE DUFFY  
**1984**  
G 2:30:37.0 SYLVIA RUEGGER  
**1983**  
G 2:40:27.0 CINDY HAMILTON  
**1982 MONTREAL MAY 30**  
S 2:38:30.0 CINDY HAMILTON; B 2:41:20 JACUELINE GAREAU QU;  
**1981 VANCOUVER 03 MAY**  
G 2:44:26.0 LINDA STAUDT ON; S 2:48:23 NANCY McCLAREN BC; B 2:59:43 LEITZ DRURY-PIPER;  
**1980**  
G 2:53:01.0 JANET WELSHAUPT  
**1979**  
G 3:22:50.0 SANDRA DAVIS  
**1978**  
G 2:47:38.0 CHRIS LAVALEE  
**1977**  
G 3:22:50.0 SANDRA DAVIS SK  
**1976**  
G 3:09:27 ELEANOR THOMAS 1976

## **60 M HURDLES/ HAIES**

**1932 HAMILTON JUL 09**  
G 10.8 KATHLEEN HYATT  
**1934 LONDON ON JUL 06**  
G 11.2 MARGARET McDONALD ON; S IRENE AGLA ON;  
**1931 WESTASKIWIN AUG 12**  
G 10.6 CHARLOTTE VON DER HYDE (60 METRE)  
**1929**  
G 8.4M FLORENCE BELL  
**1928 HAMILTON 30 JUN**  
G 8.8M FLORENCE BELL  
**1927 TORONTO AUG 13**  
G 9.2 JANE BELL ON; S GWEN NYE ON; B THELMA MCKELVEY ON;  
**1926 TORONTO AUG 14**  
G 9.2Y FLORENCE BELL

## **100M HURDLES/ HAIES = 80 M HURDLE/ HAIES**

**2018 OTTAWA JUL 03/08**  
G 13.35 (0.8) CHRISTIE MOERMAN; S 13.46 ASTRID NYAME; B 13.46 FARAH JAQUES  
**2017 OTTAWA JUL 03/09**  
G 13.02 (1.1) ANGELA WHYTE; S 13.06 PHYLCIA GEORGE; B 13.26 ASHLEA MADDEX  
**2016 EDMONTON JUL 07/10**

G 12.88 (0.6) PHYLICIA GEORGE; S 12.94 NIKKITA HOLDER; B 13.06 ANGELA WHYTE  
**2015 EDMONTON JUL 02/05**  
G 13.06 (1.8) BRIANNE THEISEN-EATON; S 13.10 PHYLICIA GEORGE; B 13.14 NIKKITA HOLDER  
**2014 MONCTON JUN 27/29**  
G 13.20 (-1.6) PHYLICIA GEORGE; S 13.23 JESSICA ZELINKA; B 13.34 ASHLEA MADDEX  
**2013 MONCTON JUN 20/23**  
G 12.90 (-0.4) ANGELA WHYTE; S 13.13 JESSICA ZELINKA; B 13.38 CHRISTIE GORDON  
**2012 CALGARY JUN 27/30**  
G 12.68 (0.7) JESSICA ZELINKA; S 12.72 PHYLICIA GEORGE; B 12.80 NIKKITA HOLDER  
**2011 CALGARY JUN 22/25**  
G 12.80 (3.9) PERDITA FELICIN; S 12.89 PHYLICIA GEORGE; B 12.98 NIKKITA HOLDER  
**2010 TORONTO JUL 28/31**  
G 12.72 (1.0) PERDITA FELICIEN ON; S 12.75 PRISCILLA LOPES-SCHLIEP ON; B 13.00 ANGELA WHYTE AB  
**2009 TORONTO JUN 25/28**  
G 12.80(-1.4) PERDITA FELICIEN; S 12.95 PRISCILLA LOPES-SCHLIEP; B 13.05 ANGELA WHYTE  
**2008 WINDSOR JUL 03/06**  
G 12.78(1.9) PRISCILLA LOPES ON; S 12.96 ANGELA WHYTE ON; B 13.69 MARIE EVE DUGAS  
**2007 WINDSOR JUL 12/15**  
G 12.50(4.3) PERDITA FELICIEN ON; S 12.55 ANGELA WHYTE ON; B 12.82 PRISCILLA LOPES ON  
**2006 OTTAWA AUG 4/6**  
G 12.64(0.7) PERDITA FELICIEN ON; S 12.69 ANGELA WHYTE AB; B 12.78 PRISCILLA LOPES AB  
**2003 VICTORIA JUL 18/20**  
G 12.83 (2.0) PERDITA FELICIEN ON; S 12.97 ANGELA WHYTE AB; B 13.17 PRISCILLA LOPES ON  
**2002 EDMONTON JUN 21/23**  
G 12.77 (3.0) PERDITA FELICIEN ON; S 12.98 SONIA PAQUETTE QU; B 13.00 ANGELA WHYTE AB  
**2001 EDMONTON JUN 22/24**  
G 13.10 (0.3) ANGELA WHYTE AB; S 13.19 SONIA PAQUETTE QU; B 13.46 LESLEY TASHLIN ON  
**2000 VICTORIA AUG 11/13**  
G 13.15 (3.1) PERDITA FELICIEN ON; S 13.42 LESLEY TASHLIN ON; B 13.53 VERONICA DYER ON  
**1999 WINNIPEG JUNE 25/27**  
G 12.76 (-0.7): G KETURAH ANDERSON ON; S 13.17 LESLEY TASHLIN ON; B 13.34 MARTHA ADUSEI ON13.34  
**1998 MONTREAL JULY 30/AUG 2**  
G (2.2) 13.05 KATIE ANDERSON; S 13.07 LESLEY TASHLIN; B 13.24 SONIA PAQUETTE PQ  
**1997 ABBOTSFORD JULY 18/20**  
G 13.20(-3.11) KETURAH ANDERSON ON; S 13.71 SONIA PAQUETTE QU; B 13.72 ANGELA COON ON  
**1996 KITCHENER AUG 08/11**  
G 13.20(4.5) SONIA PAQUETTE QU; S 13.43 DONALDA DUPREY ON; B 13.76 SEEMA KAMAL SK.  
**1995 MONTREAL(CR) JUL 13/16**  
G 13.27(1.9) LESLIE TASHLIN ON; S 13.46 ANGELA COON ON; B 13.48 SONIA PAQUETTE QU.  
**1994 VICTORIA JULY 27/30**  
G 13.22(1.9) DONALDA DUPREY ON; S 13.44 LESLIE TASHLIN ON; B 13.54 LESLIE ESTWICK ON.  
**1993 COQUITLAM JULY 30/AUG 01**  
G 13.65(0.7) DONALDA DUPREY ON; S 13.68 ANGELA COON ON; B 14.16 KAREN. GUBBELS BC.  
**1992 COQUITLAM AUG 14/16**  
G 13.76(-1.5) SONIA PAQUETTE QU; S 13.89 SEEMA KAMAL SK; B 13.89 VAL BECKLES ON.  
**1991 MONTREAL JUL 25/28**  
G 13.47(1.7) KAREN NELSON ON; S 13.58 LESLIE ESTWICK ON; B 13.70 YOLANDA JONES AB.  
**1990 MONTREAL AUG 04**  
G 13.57(1.7) KAREN NELSON ON; S 13.84 CONNIE LAVERTU-GRAHAM SK; B 13.95 LESLIE ESTWICK ON.  
**1989 OTTAWA AUG 05**  
G 13.64(2.2) KAREN NELSON ON; S 13.65 LESLIE ESTWICK ON; B 14.08 ANDREA BACCHIOCHI ON.  
**1988 OTTAWA AUG 06**  
G 13.39(0.5) KAREN NELSON ON; S 13.72 DONNA SMELLIE ON; B 13.82 LESLIE ESTWICK ON.  
**1987 OTTAWA AUG 01**  
G 13.35(1.1) KAREN NELSON ON; S 13.77 FAYE BLACKWOOD ON; B 13.78 LAVERNE HYPOLITE ON.  
**1986 OTTAWA JUN 21**  
G 13.47(1.8) FAYE BLACKWOOD ON; S 13.50 JULIE ROCHELEAU QU; B 13.55 YOLANDA JONES ON.  
**1985 OTTAWA AUG 03**  
G 13.42(1.6) CECILIA BRANCH ON; S 13.42 SYLVIA FORGRAVE ON; B 13.43 SUE KAMELI ON.  
**1984 WINNIPEG JUN 30**  
G 13.29(3.9) SYLVIA FORGRAVE ON; S 13.34 KAREN NELSON ON; B 13.35 SUE KAMELI ON.  
**1983 CALGARY JUN 11**

G NO TIME SUE KAMELI ON; S NO TIME SYLVIA FORGRAVE ON; B NO TIME KAREN NELSON ON.  
**1982 OTTAWA JUL 31**  
G 13.38(1.9) SUE KAMELI ON; S 13.52 KAREN NELSON ON; B 13.68 SYLVIA FORGRAVE ON.  
**1981 REGINA AUG 01**  
G 13.97(0.3) SHARON LANE ON; S 14.10 KAREN NELSON ON; B 14.12 JILL ROSS-GIFFEN ON.  
**1980 SHERBROOKE JUN 14**  
G 13.29(2.1) SUE BRADLEY ON; S 13.37 SHARON LANE ON; B 13.59 CECILIA BRANCH NS.  
**1979 SHERBROOKE JUL 28/29**  
G 13.71(0.9) SHARON LANE ON; S 13.91 SUE FARLEY AB; B 14.06 SUE BRADLEY ON.  
**1978 MONTREAL JUL 08/09**  
G 13.82(NWI) SHARON LANE ON; S 13.82 JOANNE MACLEOD ON; B 13.94 CECILIA BRANCH NS.  
**1977 SUDBURY SEP 03/04**  
G 14.21(NWI) DIANE JONES-KONIHOWSKI SK; S 14.22 LIZ DAMMAN ON; B 14.29 CECILIA BRANCH NS.  
**1976 REGINA AUG 28**  
G 13.6(-1.5) JOANNE MACLEOD ON; S 14.1 DIANE JONES SK; B 14.4 LEAH HARVEY ON.  
**1975 SUDBURY AUG 24**  
G 13.9(-0.7) LIZ DAMMAN ON; S 13.9 SUE BRADLEY ON; B 14.3 KAREN BEATCH BC.  
**1974 WINNIPEG AUG 27**  
G 13.6(1.4) SUE BRADLEY ON; S 13.8 LIZ DAMMAN ON; B 14.2 CECILIA BRANCH NS.  
**1973 BURNABY SEP 08/09**  
G 14.25(0.6) WENDY TAYLOR BC; S 14.50 SUE BRADLEY ON; B 14.55 CECILIA BRANCH NS.  
**1972 SCARBOROUGH JUL 22/23**  
G 13.9(-2.3) LINDA WILSON ON; S 14.0 PENNY MAY BC; B 14.2 WENDY TAYLOR BC.  
**1971 WINNIPEG AUG 21**  
G 13.7(NWI) PENNY MAY BC; S 14.1 LIZ DAMMAN ON; B 14.7 JENNIFER MELDRUM ON.  
**1970 WINNIPEG (-0.6) AUG 29**  
G 14.4 LIZ DAMMAN ON; S 14.6 WENDY TAYLOR BC; B 14.6 JENNIFER MELDRUM ON  
**1969 VICTORIA AUG 30**  
G 14.3 PENNY MAY BC; S 14.4 WENDY TAYLOR BC; B 14.8 ASTRID VERDUYN ON  
**1968 TORONTO AUG 10**  
G 10.7\* M. RALLINS USA; S 10.9\* J. WINGERSON-MELDRUMON; B 11.1\* MARGARET CHATLAND ON  
**1967 SASKATOON JUN 23**  
G 10.9\* J. WINGERSON-MELDRUMON; S 11.4\* CATHY CHAPMAN ON; B 11.5\* BARBARA DALLIMORE ON  
**1966 EDMONTON JUL 15**  
G 10.9\* CATHY CHAPMAN ON; S 11.0\* J. WINGERSON-MELDRUMON; B 11.3\* SANDY OPHOF MB  
**1965 ST. LAMBERT JUN 25**  
G 11.1\* J. WINGERSON-MELDRUMON; S N/R CATHY CHAPMAN ON; B 11.6 SANDY OPHOF MB  
**1964 ST. LAMBERT AUG 07**  
G 11.1\* J. WINGERSON-MELDRUMON; S 11.4\* MARIAN SNIDER ON; B 11.6\* CATHY CHAPMAN ON  
**1963 SASKATOON JULY 05**  
G 11.3\* J. WINGERSON-MELDRUMON; S 11.4\* MARIAN SNIDER ON; B 11.4\* DIANE GERACE BC  
**1962 TORONTO AUG 04**  
G 11.5\* J. WINGERSON-MELDRUMON; S N/R GILLIAN HARDING QU; B N/R MARIAN SNIDER ON  
**1961 ST. LAMBERT JUN 23**  
G 12.1\* GILLIAN HARDING QU; S N/R J. WINGERSON-MELDRUMON; B N/R LESLIE SHONK ON  
**1960 SASKATOON JUL 15**  
G 11.3\* SALLY McCALLUM BC; S N/R MARIAN MUNROE ON; B N/R PAT POWER BC  
**1959 WINNIPEG JULY 17/18**  
G 11.7\* PAT POWER BC; S N/R; B N/R  
**1958 SASKATOON JUNE 20/21**  
G 11.9\* PAT POWER AB; S N/R; B N/R  
**1957 ST. LAMBERT JUNE 28/29**  
G 14.4\* SHEILA HOOD ON; S N/R MAUREEN REVERS SK; B N/R PAT DOBIE NB  
**1956 HAMILTON AUG 24/25**  
G 11.6\* SHIRLEY ECKEL ON; S N/R CAROL GRIFFITHS BC; B N/R PAT POWER AB  
**1955 SASKATOON JULY 03/04**  
G 13.9\* MAY SAUNDERS SK; S N/R; B N/R  
**1954 TORONTO JUNE 25/26**  
G 12.0\* GWEN HOBBS ON; S N/R B. MUELLER USA; B N/R SHIRLEY ECKEL ON  
**1953 TORONTO JULY 23/24**  
G 13.1\* SHIRLEY ECKEL ON; S N/R ARLENE WEEKS ON; B N/R F. BARAGER ON  
**1952 HAMILTON JUNE 27/28**

G 11.9\* SHIRLEY ECKEL ON; S N/R LOUELLA LAW BC; B N/R ALICE FOLTZ BC  
**1951 VANCOUVER JULY 20/21**  
G 12.1\* ALICE FOLTZ BC; S 12.4 ELEANOR CAVE; B 12.7 JOYCE WILSON  
**1949 TORONTO JULY 15**  
G 12.7\* ROSELLA THORNE QU;  
**1948**  
G 12.6 ROSELLA THORNE QU;  
**1947 EDMONTON JUL 25**  
G 13.0 EDITH SKITCH AB; S  
**1941**  
G 13.2 JOAN DAVIS  
**1939**  
G 12.9 CATHERINE MILLER  
**1938 HALIFAX AUG 06**  
G 13.6 THELMA MANTLE  
**1937 HAMILTON SEPT 11**  
90Y  
G 13.3 ROXANNE ATKINS ON; S KATHLEEN MILLER ON;B  
**1936 MONTREAL JUL 10**  
G 12.0 BETTY TAYLOR ON; S ROXANNE ATKINS ON; B HOPE HOPKINS ON;  
**1935 MONTREAL AUG 10**  
G 12.4 ROXANNE ATKINS ON;  
**1934 LONDON ON JUL 07**  
G 11.9 BETTY TAYLOR ON; S 11.9 ROXANNE ATKINS ON; B 12.2 ALDA WILSON ON;  
**1933**  
G 12.4 BETTY TAYLOR  
**1932 HAMILTON JUL 09**  
G 12.5 ALDA WILSON ON; S BETTY TAYLOR ON;  
**1930**  
100YH  
G 16.1 FLORENCE BELL  
**1927 TORONTO AUG 13**  
100YH  
G 15.0 GRACE CONACHER ON; S GERTIE WOOD ON; B ALDA WILSON ON;

## **200M HURDLES/ HAIES**

**1973**  
G 27.83 JEAN SPARLING BC; S 28.53 SUE SUMMERS ON; 28.83 WENDY MCKINNELL QU;  
**1972 SCARBOROUGH JUL 22**  
G 27.8 JEAN SPARLING BC;  
**1971 WINNIPEG AUG 21**  
G 26.9 PENNY MAY BC; S 27.8 WENDY MCKINNEL; B 28.2 JEAB SPARLING ON;  
**1970 WINNIPEG AUG 29/30**  
G 27.8 JILL PELLAND BC; S 28.1 PEGGY BUSCH BC; B 28.8 WENDY McKENNELL QU  
**1969 VICTORIA AUG 30/31**  
G 27.9 PEGGY BUSCH BC; S 27.9 PENNY MAY BC; B 28.3 MARG CHATLAND ON

## **400 METRE HURDLES/ HAIES**

**2018 OTTAWA JUL 03/08**  
G 56.69 NOELLE MONTCALM; S 57.98 SARAH WELLS; B 58.99 TAYSIA RADOSLAV  
**2017 OTTAWA JUL 03/09**  
G 54.97 SAGE WATSON, S 56.15 NOELLE MONTCALM, B 57.39 XAHRIA SANTIAGO  
**2016 EDMONTON JUL 07/10**  
G 55.83 NOELLE MONTCALM; S 55.88 SAGE WATSON; B 56.06 CHANICE CHASE  
**2015 EDMONTON JUL 02/05**  
G 56.03 SARAH WELLS; S 56.52 FAWN DORR; B 56.57 SAGE WATSON  
**2014 MONCTON JUN 27/29**  
G 56.67 NOELLE MONTCALM; S 56.86 JENNIFER COTTON; B 58.74 CHRISTINE LOWE  
**2013 MONCTON JUN 20/23**

G 56.43 NOELLE MONTCALM; S 59.05 CHRISTINE LOWE; B 1:00.48 KATE BICKLE  
**2012 CALGARY JUN 27/30**  
G 55.71 SARAH WELLS; S 56.50 FAWN DORR; B 56.87 NOELLE MONTCALM  
**2011 CALGARY JUN 22/25**  
G 59.72 SAGE WATSON; S 1:00.96 TRACI BOSS; B 1:01.81 HALEIGH LLOYD  
**2010 TORONTO JUL 28/31**  
G 56.98 SARAH WELLS ON; S 57.07 YVONNE MENSAH BC; B 1:00.13 ANASTASIA PEARSE BC  
**2009 TORONTO JUN 25/28**  
G 1:00.77 CHRISTINE LOWE; S 1:00.93 LAURA AFFELD; B 1:01.39 ASHLEA MADDEX  
**2008 WINDSOR JUL 03/06**  
G 57.09 YVONNE MENSAH; S 1:00.23 LIANE HEALE; B 1:00.32 NANA-AISHETU MOMOH  
**2007 WINDSOR JUL 12/15**  
G 59.06 SARAH WELLS ON; S 1:00.61 ANDREA WHYTE ON; B 1:01.11 JULIA TOUSAW ON  
**2006 OTTAWA AUG 4/6**  
G 57.83 TAWA DORTCH AB; S 59.17 ANGELA WHYTE AB; B 59.93 SARAH WELLS ON  
**2005 WINNIPEG JUL 15/17**  
G 56.40 TAWA DORTCH(BABATUNDE) AB; S 60.84 VERONIQUE ST PIERRE AB; B 61.13 LAUREN WELCH BC  
**2004 VICTORIA JUL 09/11**  
G 56.88 TAWA BABATUNDE AB; S 61.49 VERONIQUE ST PIERRE AB; B 62.06 JEANNE VANDENBULK BC  
**2003 VICTORIA JUL 18/20**  
G 57.56 TAWA BABATUNDE AB; S 59.71 DENIECE BELL ON; B 61.58 VERONICA ST PIERRE AB  
**2002 EDMONTON JUN 21/23**  
G 56.46 KARLENE HAUGHTON ON; S 57.07 SAIDAT ONANUGA AB; B 57.43 DENIECE BELL ON  
**2001 EDMONTON JUN 22/24**  
G 56.96 KARLENE HAUGHTON ON; S 58.15 ISABELLE GERVAIS ON; B 58.25 TAWA BABATUNDE AB  
**2000 VICTORIA AUG 11/13**  
G 57.20 KARLENE HAUGHTON BC; 2. 58.03 TAWA BABATUNDE AB; 3. 58.17 DENIECE BELL ON  
**1999 WINNIPEG JUNE 25/27**  
G 56.57 KARLENE HAUGHTON ON; S 57.57 ISABELLE GERVAIS ON; B 58.07 DENIECE BELL ON  
**1998 MONTREAL JULY 30/AUG 2**  
G 57.77 KARLENE HAMPTON ON; S 58.51 ISABELLE GERVAIS; B 59.15 LISA DUFFUS ON  
**1997 ABBOTSFORD JULY 18/20**  
G 57.43 DONALDA DUPREY ON; S 58.03 LISA DUFFUS ON; B 58.19 ERICA PETERSON AB  
**1996 KITCHENER AUG 08/11**  
G 57.43 DONALDA DUPREY ON; S 58.08 ALTHEA WILSON ON; B 60.66 NATALIE SCHMEIDT ON.  
**1995 MONTREAL(CR) JUL 13/16**  
G 56.07 ROSEY EDEH QU; S 57.41 NATALIE SCHMIEDT ON; B 58.90 ELIZABETH MORLAND BC.  
**1994 VICTORIA JUL 27/30**  
G 55.73 DONALDA DUPREY ON; S 59.24 JILL McDERMID AB; B 59.43 ELIZABETH MORLAND BC.  
**1993 COQUITLAM JUL 30/AUG 01**  
G 55.28 ROSEY EDEH QU; S 55.80 DONALDA DUPREY ON; B 58.84 JILL McDERMID AB.  
**1992 COQUITLAM AUG 14/16**  
G 57.76 ERICA PETERSON AB; S 59.16 JILL McDERMID AB; B 59.44 MICHAELA COLLUNEY BC.  
**1991 MONTREAL(CR) JUL 25/28**  
G 57.72 ROSEY EDEH QU; S 58.21 DONALDA DUPREY ON; B 58.44 JILL McDERMID AB.  
**1990 MONTREAL AUG 05**  
G 57.69 CAROLINE FORTIN QU; S 58.12 DONALDA DUPREY ON; B 58.56 JILL McDERMID AB.  
**1989 OTTAWA AUG 06**  
G 56.53 ROSEY EDEH QU; S 58.79 JILL McDERMID AB; B 59.18 DONALDA DUPREY ON.  
**1988 OTTAWA AUG 07**  
G 56.26 ROSEY EDEH QU; S 57.02 CHRISTINE WYNN ON; B 57.47 CAROLINE FORTIN QU.  
**1987 OTTAWA AUG 02**  
G 58.20 GWEN WALL AB; S 58.24 DANA WRIGHT ON; B 60.17 JILL McDERMID AB.  
**1986 OTTAWA JUN 22**  
G 57.32 GWEN WALL SK; S 57.97 DONALDA DUPREY ON; B 58.00 ANDREA PAGE ON.  
**1985 OTTAWA AUG 04**  
G 57.28 GWEN WALL SK; S 58.09 DONALDA DUPREY ON; B 58.18 DANA WRIGHT ON.  
**1984 WINNIPEG JUL 01**  
G 57.26 ANDREA PAGE ON; S 57.36 LEANNA STOJANOWSKI ON; B 57.49 DANA WRIGHT ON.  
**1983 CALGARY JUN 12**  
G 58.79 GWEN WALL SK; S 59.34 NICOLE ALI ON; B 60.56 CHRIS McKAY ON.  
**1982 OTTAWA AUG 01**

G 58.01 ANDREA PAGE ON; S 58.70 CHRISTINE SLYTHE QU; B 59.47 DANA WRIGHT ON.  
**1981 REGINA JUL 31/AUG 02**  
G 59.06 ANDREA PAGE ON; S 59.63 CORRY RASENBERG BON; B 59.64 NICOLE ALI ON.  
**1980 SHERBROOKE JUN 14**  
G 58.95 ANDREA WACHTER ON; S 59.49 PEGGY SWEENY ON; B 60.18 ELEANOR MAHAL ON.  
**1979 SHERBROOKE JUL 28/29**  
G 59.92 WENDY DAVIES BC; S 60.18 BRENDA WALSH AB; B 60.97 ELEANOR MAHAL ON.  
**1978 MONTREAL JUL 08/09**  
G 59.95 ELEANOR MAHAL ON; S 60.72 LYNNE McCARTHY BC; B 60.89 PAM MYRING BC.  
**1977 SUDBURY SEP 03/04**  
G 58.23 FRANCINE GENDRON QU; S 60.66 LYNNE McCARTHY BC; B 61.23 ELEANOR MAHAL ON.  
**1976 REGINA AUG 29**  
G 58.4 ELEANOR MAHAL ON; S 59.4 FRANCINE GENDRON QU; B 60.1 PAM MYRING BC.  
**1975 SUDBURY AUG 24**  
G 58.2 FRANCINE GENDRON QU; S 59.7 ELEANOR MAHAL ON; B 60.0 PAM MYRING BC.  
**1974 WINNIPEG AUG 28**  
G 60.9 FRANCINE GENDRON QU; S 62.5 MOIRA COOKSHAW MB; B 62.5 JANE McLEOD SK; 200 METRE HURDLES.  
**1973 BURNABY SEP 08/09**  
G 27.83 JEAN SPARLING BC; S 28.53 SUE SUMMERS ON; B 28.83 WENDY McKINNELL QU.  
**1972 SCARBOROUGH JUL 22/23**  
G 27.8 JEAN SPARLING BC; S 28.6 WENDY McKINNELL QU; B 28.9 DIANE McLEAN MB.  
**1971 WINNIPEG AUG 21/22**  
G 26.9 PENNY MAY BC; S 27.8 WENDY McKINNELL QU; B 28.2 JEAN SPARLING BC

### **3000M SC/ 3000M S**

**2018 OTTAWA JUL 03/08**  
G 9:49.07 GENEVIEVE LALONDE; S 9:49.72 REGAN YEE; B 9:54.88 CHARLOTTE PROUSE  
**2017 OTTAWA JUL 03/09**  
G 9:37.45 GENEVIEVE LALONDE; S 9:44.13 ALYCIA BUTTERWORTH; B 9:53.24 MARIA BERNARD  
**2016 EDMONTON JUL 07/10**  
G 9:50.99 ERIN TESCHUK; S 9:51.55 MARIA BERNARD; B 9:52.18 GENEVIEVE LALONDE  
**2015 EDMONTON JUL 02/05**  
G 9:54.18 ERIN TESCHUK; S 9:58.12 GENEVIEVE LALONDE; B 10:10.74 JULIE-ANNE STAEHLI  
**2014 MONCTON JUN 27/29**  
G 9:55.71 JESSICA FURLAN; S 10:00.17 JULIE-ANNE STAEHLI; B 10:00.83 GENEVIEVE LALONDE  
**2013 MONCTON JUN 20/23**  
G 9:59.62 JESSICA FURLAN; S 10:01.43 CHANTELE GROENEWOUD; S 10:20.45 JULIE-ANNE STAEHLI  
**2012 CALGARY JUN 27/30**  
G 10:19.52 DANA BUCHANAN; S 10:24.48 JESSICA FURLAN; B 10:27.29 CHANTELE GROENEWOUD  
**2011 CALGARY JUN 22/25**  
G 10:26.82 DANA BUCHANAN; S 10:29.87 CHANTELE GROENEWOUD; B 10:34.19 GENEVIÈVE LALONDE  
**2010 TORONTO JUL 28/31**  
G 10:13.04 DANA BUCHANAN ON; S 10:16.94 MEREDITH MACGREGOR BC; B 10:23.70 BEVIN KENNELLY  
**2009 TORONTO JUN 25/28**  
G 10:28.12 MEREDITH MACGREGOR; S 10:42.63 DANA BUCHANAN; B 10:49.72 TARA DRESSLER  
**2008 WINDSOR JUL 03/06**  
G 10:23.88 CLAIRE PERCIVAL; S 10:24.75 MEREDITH MACGREGOR; B 10:28.20 BEVIN KENNELLY BC  
**2007 WINDSOR JUL 12/15**  
G 10:17.24 DANELLE WOODS ON; S 10:29.02 BEVIN KENNELLY BC; B 10:31.12 TARA DRESSLER AB  
**2006 OTTAWA AUG 4/6**  
G 10:38.42 BEVIN KENNELLY BC; S 10:42.40 DANELLE WOODS ON; B 10:46.94 DANA BUCHANAN ON  
**2005 WINNIPEG JUL 15/17**  
G 11:00.04 LISE OGRODNICK QU; S 11:13.49 MEREDITH MACGREGOR BC; B 11:56.42 LETTY RUSSELL SK  
**2004 VICTORIA JUL 09/11**  
G 11:22.75 HALEY DIGEL AB; S 11:26.22 KRISTIN CARPENTER BC; B (TWO ATHLETES ONLY)  
**2003 VICTORIA JUL 18/20**  
G 11:02.80 TANIA VANDER MUELEN AB; S 12:28.20 KRISTIN CARPENTER BC; B NONE  
**2002 EDMONTON JUN 21/23**  
G 10:28.10 MARGARET BUTLER BC; S 11:07.11 KRISTEN BRENNAND AB; B 11:35.94 MEGGAN HODGE AB  
**2000 VICTORIA AUG 11/13**  
G 11:08.41 KRISTIN BRENNAND AB; S 13:28.08 HOLLY DREGER

**1999 WINNIPEG JUNE 25/27**

G 10:17.55 KAREN HARVEY ON; S 4:03.27 HOLLY DREGER

**½ MILE WALK/ MARCHE ½ MILE**

**1929**

G 2:23.2 PAULINE STEINBERG (1/4 MILE)

**1928 HAMILTON JUN 30**

G 4:12.0 C. GUX (880)

**5 KM WALK/ MARCHE 5KM**

**1987 OTTAWA AUG 01**

G 22:11.01 ANN PEEL ON

**1986 OTTAWA JUN 21**

G 22:18.5 ANN PEEL ON

**1985**

G 22:55.00 JANICE MCCAFFREY

**1984**

G 23:36.37 ANN PEEL

**1983**

G 23:16.00 SUE COOK (AUS)

**1982**

G 23:44.12 ANN PEEL

**1981**

G 26:05.77 ANN PEEL

**1980**

G 25:08.04 ANN PEEL

**1979**

G 27:10.04 LILLIANA WHELAN

**1978**

G 27:39.01 LILLIANA WHELAN

**1977**

G 28:39.5 LILLIANA WHELAN

**1976**

G 27:18.8 JACINTHE THEBERGE

**1974**

G 29:10.8 JACQUELINE SAUVE

**1970**

G 28:53.7 JOCELYN RICHARD

**10 KM WALK/ MARCHE 10KM**

**2017 OTTAWA JUL 03/09**

G 1:45:12.00 KATELYNN RAMAGE

**2016 EDMONTON JUL 07/10**

G 50:26.65 KATELYNN RAMAGE; S 1:03:15.41 BECKY SILLITO; B 1:05:40.27 AMANDA SCHNEIDER

**2015 EDMONTON JUL 02/05**

G 44:16.98 RACHEL SEAMAN; 50:15.17 KATELYNN RAMAGE; 53:57.09 NICOLA EVANGELISTA

**2014 MONCTON JUN 27/29**

G 1:01:46.0 MANDY ROACH

**2013 MONCTON JUN 20/23**

G 54:36.0 KATELYNN RAMAGE; S 57:07.0 LAUREN VAN LEEUWEN; B 57:27.0 CHELSEA RODRIGUEZ

**2012 CALGARY JUN 27/30**

G 48:19.4 RACHEL SEAMAN; S 50:57.6 NICOLA EVANGELISTA; B 57:06.7 SUSAN BROOKE

**2011 CALGARY JUN 22/25**

G 53:53 MEGAN WYLIE; S 58:17 MELANIE REUM; B 58:41 BEVERLY LARSEN

**2009 TORONTO JUN 25/28 (Jr)**

G 56:09 HEATHER WARWICK; S 1:00:40 ANNE VOYER

**2008 WINDSOR JUL 3/6 (Jr)**

G 56:10 HEATHER WARWICK, BC; S 57:43 MARIE HÈLÈNE RATEL QC

**2007 WINDSOR JUL 12/15 (Jr)**

G 58:25 HEATHER WARWICK BC; S 58:59 MARIE-HELENE RATEL QC

**2001 EDMONTON SEP 01**

G 50:05 KIM CATHRO

**1998 MONTREAL (CR) JUL 30/AUG 02**

G 47:13 JANICE MCCAFFREY AB; S 47:59 HOLLY GERKE AB; B 50:20 JONI-ANN BENDER ON

**1997 ABBOTSFORD JULY 18/20**

G 45:31.0 TINA POITRAS QU; S 46:35 JANICE MCCAFFREY AB; B 47:19.4 JOANNE DOW US

**1996 KITCHENER AUG 08/11**

G 45:44 TINA POITRAS QU; S 47:29 JONI-ANN BENDER ON; B 48:20 HOLLY GERKE AB.

**1995 MONTREAL(CR) JUL 13/16**

G 45:21 TINA POITRAS QU; S 46:55 JANICE McCAFFREY AB; B 47:58 RACHEL ROBICHAUD ON.

**1994 VICTORIA JUL 27/30**

G 46:17 JANICE McCAFFREY AB; S 46:01 HOLLY GERKE AB; B 46:21 ALISON BAKER ON.

**1993 COQUITLAM JUL 30/AUG 01**

G 46:46.4 ALISON BAKER ON; S 47:17.6 JANICE McCAFFREY AB; B 47:37.2 TINA POITRAS QU.

**1992 COQUITLAM AUG 14/16**

G 48:36.3 CORINNE WHISSEL QU; S 52:38.9 ALISON BAKER ON; B 53:12.3 BRIGITTE LEBLANC ON.

**1991 MONTREAL(CR) JUL 25/28**

G 45:42 TINA POITRAS QU; S 45:49 JANICE McCAFFREY AB; B 45:53 PASCALE GRAND QU.

**1990 MONTREAL AUG 01**

G 47:51.4 PASCALE GRAND QU; S 48:36.8 TINA POITRAS QU; B 50:12.4 HOLLY GERKE AB.

**1989 OTTAWA AUG 04**

G 48:16.5 JANICE McCAFFREY AB; S 48:51.6 ALISON BAKER ON; B 49:16.4 TINA POITRAS QU.

**1988 OTTAWA AUG 06**

G 49:52.07 ANN PEEL ON; S 49:58.65 PASCALE GRAND QU; B 50:43.82 ALISON BAKER ON; 5 KM RACE WALK.

**1987 OTTAWA AUG 01**

G 22:11.01 ANN PEEL ON; S 22:40.29 ALISON BAKER ON; B 22:59.16 JANICE McCAFFREY AB.

**1986 OTTAWA JUN 21**

G 22:18.5 ANN PEEL ON; S 23:22.3 ALISON BAKER ON; B 24:00.8 LAURA RIGUTTO ON.

**1985 OTTAWA AUG 03**

G 22:55.00 JANICE McCAFFREY AB; S 22:59.67 ANN PEEL ON; B 23:10.98 ALISON BAKER ON.

**1984 WINNIPEG JUN 30**

G 23:36.27 ANN PEEL ON; S 24:25.34 JOAN BENDER ON; B 24:57.65 JANICE McCAFFREY AB.

**1983 CALGARY JUN 11**

G 23:17 ANN PEEL ON; S 25:03 ALISON BAKER ON; B 25:22 NANCY SWEAZY ON.

**1982 OTTAWA JUL 31**

G 23:44.12 ANN PEEL ON; S 25:27.10 GILLIAN GRANT NF; B 27:04.59 SIAN SPACEY BC.

**1981 REGINA AUG 02**

G 26:05.77 ANN PEEL ON; S 27:19.72 JOAN BENDER ON; B 28:05.16 MICHELINE DANEAU QU.

**1980 SHERBROOKE JUN 15**

G 25:08.4 ANN PEEL ON; S 25:16.2 HELENE DAVIAU QU; B 25:51.2 GILLIAN GRANT NF.

**1979 SHERBROOKE JUL 28/29**

G 26:02.5 HELENE DAVIAU ON; S 27:07.0 CLARE MARTEL QU; B 27:12.9 GILLIAN GRANT NF.

**1978 MONTREAL JUL 08/09**

G 27:39.1 LILLY WHALEN ON; S 27:49.7 GILLIAN GRANT NF; B 28:25.2 CLAIRE MARTEL QU.

**1977 SUDBURY SEP 03/04**

G 28:39.5 LILLY WHALEN ON; S 30:28.1 NANCY WILKINSON ON; B 31:13.8 ROSANNA BOECK ON.

**1976 REGINA AUG 28**

G 27:18.8 JACINTHE THEBERGE QU; S 27:29.8 SYLVIE FORTIN QU; B 28:42.2 GUYLAINE LEVESQUE QU.

**20 KM WALK/ MARCHE 20KM****2014 MONCTON JUN 27/29**

G 1:32:54 RACHEL SEAMAN; S 1:50:08 NICOLA EVANGELISTA; B 1:54:24 KATELYNN RAMAGE

**2011 CALGARY JUN 22/25**

G 1:37:46 RACHEL SEAMAN; S 1:52:06 NICOLA EVANGELISTA; B 2:04:03 AMANDA SCHEIDER

**2009 TORONTO JUN 25/28**

G 1:43:28 RACHEL LAVALLÉE; S 1:44:47 MEGAN HUZZEY; B 1:49:41 MARINA CRIVELLO

**2008 WINDSOR JUL 03/06**

G 1:41:59 RACHEL LAVALLEE ON; S 1:47:40 MEGAN HUZZEY; B 1:49:22 MARINA CRIVELLO QC

**2007 WINDSOR JUL 12/15**



G 1:44.27 RACHEL LAVALLEE ON; S 1:45:36 MARINA CRIVELLO QC; B 1:57:50 SUSAN BROOK  
**2006 OTTAWA AUG 4/6**  
G 1:44:44.2 MARINA CRIVELLO QC; S 1:49:50.2 RACHEL LAVALLEE ON; B 1:57:49.3 REBECCA CHRISTENSEN ON  
**2005 WINNIPEG JUL 15/17**  
G 1:46:01.0 MARINA CRIVELLO QU; S 1:49:54.0 RACHEL LAVALLEE B (2 ATHLETES ONLY)  
**2004 VICTORIA JUL 09/11**  
G 1:48:48.06 MARINA CRIVELLO QU; S 1:56:35:45 ANNE HORTE-EBENA????  
**2003 VICTORIA JUL 18/20**  
G 1:42:53 KAREN FOAN BC; S 1:43.08 MARINA CRIVELLO QU; B NONE  
**2002 EDMONTON JUN 21/23**  
G 1:46:42 MARINA CRIVELLO QU; S 1:47:08.20 HOLLY GERKE AB; B 1:50:50.04 KIM CATHRO AB  
**2001 EDMONTON JUN 22/24**  
G 1:41.08 KAREN FOAN BC; 1:43.15 HOLLY GERKE AB; B 1:47:04 MARINA CRIVELLO QU  
**2000 VICTORIA AUG 11/13**  
G 1:34.50 JANICE MCCAFFREY AB; S 1:42.18 JONI BENDER ON; B 1:44.12 KAREN FOAN BC  
**1999 WINNIPEG JUNE 25/27**  
G 1:38.33 JANICE MCCAFFREY AB 1:38.33; S 1:42.13 JONI-ANN BENDER 1:42.13; B 1:44.52 KAREN FOAN BC

## **HIGH JUMP/ SAUT EN HAUTEUR**

**2018 OTTAWA JUL 03/08**  
G 1.92 ALYXANDRIA TREASURE; S 1.75(T) T-NOOCILE JEAN; S 1.75(T) DALYSSA HUGGINS  
**2017 OTTAWA JUL 03/09**  
G 1.92 ALYXANDRIA TREASURE; S 1.80 JILLIAN DROUIN; B BARBARA BITCHOKA  
**2016 EDMONTON JUL 07/10**  
G 1.88 ALYXANDRIA TREASURE; S 1.81 NATASHA JACKSON; B 1.81 JILLIAN DROUIN  
**2015 EDMONTON JUL 02/05**  
G 1.86 ALYXANDRIA TREASURE; S 1.83 NATASHA JACKSON; B 1.80 EMMA KIMOTO  
**2014 MONCTON JUN 27/29**  
G 1.89 ALYXANDRIA TREASURE; S 1.86 JILLIAN DROUIN; B 1.80 REBECCA HAWORTH  
**2013 MONCTON JUN 20/23**  
G 1.83 MICHELLE KINSELLA; S 1.83 JILLIAN DROUIN; B 1.80 EMMA KIMOTO  
**2012 CALGARY JUN 27/30**  
G 1.86 NICOLE FORRESTER; S 1.83 MICHELLE THEOPHILLE; B 1.80 JILLIAN DROUIN  
**2011 CALGARY JUN 22/25**  
G 1.89 JILLIAN DROUIN; S 1.85 HOLLY PARENT; B 1.81 SARAH BOYLE  
**2010 TORONTO JUL 28/31**  
G 1.90 NICOLE FORRESTER ON; S 1.81 JILLIAN DROUIN ON; B 1.81 SARAH BOYLE ON  
**2009 TORONTO JUN 25/28**  
G 1.80 JILLIAN DROUIN; S 1.80 NICOLE FORRESTER; B 1.75 SARAH BOYLE  
**2008 WINDSOR JUL 03/06**  
G 1.95 NICOLE FORRESTER ON; S 1.82 WHITNEY EVANS AB; B 1.82 JILLIAN DROUIN  
**2007 WINDSOR JUL 12/15**  
G 1.92 NICOLE FORRESTER ON; S 1.89 MARESA CADENHEAD ON; B 1.86 WHITNEY EVANS AB  
**2006 OTTAWA AUG 4/6**  
G 1.88 NICOLE FORRESTER ON; S 1.88 MARESA CADENHEAD ON; B 1.79 WHITNEY EVANS AB  
**2005 WINNIPEG JUL 15/17**  
G 1.82 WHITNEY EVANS AB; S 1.79 NICOLE FORRESTER ON; B 1.79 MARESA CADENHEAD ON  
**2004 VICTORIA JUL 09/11**  
G 1.86 WANITA MAY ON; S 1.83 KRISTIN MATHEWS ON; B 1.80 WHITNEY EVANS AB  
**2003 VICTORIA JUL 18/20**  
G 1.85 WANITA MAY-DYKSTRA ON; S 1.80 NICOLE FORRESTER ON; B 1.80 MARIS CADENHEAD ON  
**2002 EDMONTON JUN 21.23**  
G 1.89 NICOLE FORRESTER ON; S 1.83 MARESA CADENHEAD ON; B 1.83 KRISTEN MATTHEWS ON  
**2001 EDMONTON JUN 22/24**  
G 1.90 WANITA MAY ON; S 1.87 NICOLE FORRESTER ON; B 1.84 WHITNEY EVANS AB  
**2000 VICTORIA AUG 11/13**  
G 1.85 WANITA MAY ON; S 1.85 NICOLE FORRESTER ON; B 1.75 SHANNON FREEMANTLE ON  
**1999 WINNIPEG JUNE 25/27**  
G 1.87 NICOLE FORRESTER ON; S 1.84 WANITA MAY; B 1.78 WHITNEY EVANS AB 1.78  
**1998 MONTREAL JULY 30/AUG 2**  
G 1.80 NICOLE FORRESTER ON; S 1.75 SARAH MCDIARMID BC; B 1.75 MICHELLE LAVIOLETTE BC

**1997 ABBOTSFORD JUL 18/20**

1.85 CHRISTINA LIVINGSTON AB; S 1.79 NICOLE FORRESTER ON; S 1.79 NATHALIE BELFORT QU

**1996 KITCHENER AUG 08/11**

G 1.78 CHRISTINA LIVINGSTON AB; S 1.75 LESLIE ESTWICK ON; B 1.75 NATHALIE BELFORT QU.

**1995 MONTREAL(CR) JUL 13/16**

G 1.83 SARA McGLADDERY BC; S 1.80 LESLIE ESTWICK ON; B 1.80 CORINNA WOLF BC.

**1994 VICTORIA JUL 27/30**

G 1.80 SARA McGLADDERY BC; S 1.80 LESLIE ESTWICK ON; B 1.77 CORINNA WOLF BC.

**1993 COQUITLAM JUL 30/AUG 01**

G 1.83 WANITA DYKSTRA ON; S 1.83 SARA McGLADDERY BC; B 1.80 NATHALIE BELFORT QU.

**1992 COQUITLAM AUG 14/16**

G 1.80 NATHALIE BELFORT QU; S 1.79 J. BOYLE NZ; B 1.79 WANITA DYKSTRA ON.

**1991 MONTREAL(CR) JUL 25/28**

G 1.85 LESLIE ESTWICK ON; S 1.75 KERRI CHAMBERS ON; B 1.75 WANITA DYKSTRA ON.

**1990 MONTREAL AUG 05**

G 1.81 ROBERTA THOEN SK; S 1.78 KERRI CHAMBERS ON; B 1.78 LESLIE ESTWICK ON.

**1989 OTTAWA AUG 06**

G 1.88 LESLIE ESTWICK ON; S 1.84 JEANNIE COCKROFT BC; B 1.84 LINDA McCURDY-CAMERON ON.

**1988 OTTAWA AUG 07**

G 1.84 LINDA McCURDY-CAMERON ON; S 1.80 LESLIE ESTWICK ON; B 1.75 JEANNIE COCKROFT BC; B 1.75 ROBERTA THOEN SK.

**1987 OTTAWA AUG 07**

G 1.78 LESLIE ESTWICK ON; S 1.74 JEANNIE COCKROFT BC; B 1.74 LINDA McCARGAR AB.

**1986 OTTAWA JUN 22**

G 1.81 SHARI ORDERS ON; S 1.81 LINDA McCURDY-CAMERON ON; B 1.78 LEANNE MADILL ON.

**1985 OTTAWA AUG 04**

G 1.94 JEANNIE COCKROFT BC; S 1.78 LINDA McCURDY ON; B 1.78 LINDA McCARGAR AB.

**1984 WINNIPEG JUL 01**

G 1.94 DEBBIE BRILL BC; S 1.82 BRIGITTE REID ON; B 1.78 PAULA GILMORE ON.

**1983 CALGARY JUN 11**

G 1.87 DEBBIE BRILL BC; S 1.83 JULIE WHITE ON; B 1.83 BRIGITTE REID ON.

**1982 OTTAWA JUL 31**

G 1.84 DEBBIE BRILL BC; S 1.81 JULIE WHITE ON; B 1.75 BRIGITTE REID ON.

**1981 REGINA AUG 02**

G 1.81 SCARLET VANDENBOS BC; S 1.78 DIANE JONES-KONIHOWSKI SK; B 1.75 BRIGITTE REID ON.

**1980 SHERBROOKE JUN 15**

G 1.86 DEBBIE BRILL BC; S 1.80 BRIGITTE REID ON; B 1.80 SCARLET VANDENBOS BC.

**1979 SHERBROOKE JUL 28/29**

G 1.86 BRIGITTE BITTNER-REID ON; S 1.73 SCARLET VANDENBOS BC; B 1.71 LINDA McCARGAR AB.

**1978 MONTREAL JUL 08/09**

G 1.89 DEBBIE BRILL BC; S 1.82 JULIE WHITE ON; B 1.78 EVELYN BRENHOUSE ON.

**1977 SUDBURY SEP 03/04**

G 1.80 MAGGIE WOODS ON; S 1.78 EVELYN BRENHOUSE ON; B 1.78 BRIGITTE BITTNER ON.

**1976 REGINA AUG 28**

G 1.85 DEBBIE BRILL BC; S 1.78 JOANNE MACLEOD ON; B 1.78 LOUISE WALKER ON.

**1975 SUDBURY AUG 23**

G 1.85 LOUISE WALKER ON; S 1.80 DEBBIE BRILL BC; B 1.80 JULIE WHITE ON.

**1974 WINNIPEG AUG 27**

G 1.80 DEBBIE BRILL BC; S 1.80 JULIE WHITE ON; B 1.78 LOUISE HANNA ON.

**1973 BURNABY SEP 08/09**

G 1.78 LOUISE HANNA ON; S 1.75 BRIGITTE BITTNER ON; B 1.72 DIANE JONES SK.

**1972 SCARBOROUGH JUL 22/23**

G 1.76 LOUISE HANNA ON; S 1.72 SUSAN TURPIN ON; B 1.68 LOIS SIGFUSSON MB.

**1971 WINNIPEG AUG 21/22**

G 1.80 DEBBIE BRILL BC; S 1.70 PATTI WILSON ON; B 1.70 LOUISE HANNA ON

**1970 WINNIPEG AUG 29/30**

G 1.80 DEBBIE BRILL BC; S 1.73 YVONNE SAUNDRES QU; B 1.73 DEBBIE VANKIEKEBELT ON

**1969 VICTORIA AUG 30/31**

G 1.70 DEBBIE BRILL BC; S 1.68 DEBBIE VANKIEKEBELT ON; B 1.68 DIANE JONES SK

**1968 TORONTO AUG 10/11**

G 1.68 DEBBIE BRILL BC; S 1.65 DIANE JONES SK; B 1.60 PAT MILLER ON

**1967 SASKATOON JUNE 23/24**

G 1.65 SUSAN NIGH ON; S 1.63 SHEILA FLOWERS ON; B 1.60 MARLIN MASCOE BC  
**1966 EDMONTON JULY 15/16**  
G 1.65 SUSAN NIGH ON; S 1.58 LESLIE SHONK ON; B 1.55 LIZ VANDERSTAM AB  
**1965 ST. LAMBERT JUNE 25/26**  
G 1.68 SUSAN NIGH ON; S 1.55 LIZ VANDERSTAM AB; B 1.48 BERYL RODRIGES QU  
**1964 ST. LAMBERT AUG 07/08**  
G 1.73 DIANE GERACE BC; S 1.63 SANDRA BARR NB; B 1.60 SUSAN NIGH ON  
**1963 SASKATOON JULY 05/06**  
G 1.62 DIANE GERACE BC; S 1.48 RUBY HICKIE SK; B  
**1962 TORONTO AUG 04/05**  
G 1.53 SANDRA BARR NB; S N/R DIANE GERACE BC; B N/R NANCY SHUTTLEWORTH ON  
**1961 ST. LAMBERT JUNE 23/24**  
G 1.50 FRANCIS WIGSON ON; S N/R NANCY SHUTTLEWORTH ON; B N/R SANDRA MILLEN QU  
**1960 SASKATOON JULY 15/16**  
G 1.53 ALICE WHITTY BC; S N/R SALLY McCALLUM BC; S N/R DIANE GERACE BC; B N/R FRANCES WIGSTON ON  
**1959 WINNIPEG JULY 17/18**  
G 1.60 ALICE WHITTY BC; S N/R; B N/R  
**1958 SASKATOON JUNE 20/21**  
G 1.58 ALICE WHITTY BC; S N/R; B N/R  
**1957 ST. LAMBERT JUNE 28/29**  
G 1.40 CAROL HEMMINGS QU; S N/R SHEILA HOOD ON; B N/R MARY TEPLICKY ON  
**1956 HAMILTON AUG 24/25**  
G 1.58 ALICE WHITTY BC; S N/R CAROL HEMMING QU; B N/R FRANCES WIGSTON ON  
**1955 SASKATOON JULY 03/04**  
G 1.53 CAROL HEMMING QU; S N/R; B N/R  
**1954 TORONTO JUNE 25/26**  
G 1.50 RUTH HENDRON; S 1.47 HEATHER WALKER; B N/R  
**1953 TORONTO JULY 24/25**  
G 1.37 ARLENE WEEKS ON; S 1.36 V. ADMINIS ON; B 1.35 V. GOWER  
**1952 HAMILTON JUNE 27/28**  
G 1.53 ALICE WHITTY BC; S N/R DAWN JOSEPHS BC; B N/R JOAN NIMMO ON  
**1951 VANCOUVER JULY 20/21**  
G 1.55 ALICE WHITTY BC; S 1.52 ELEANOR CAVE; B 1.45 J. WRIGHT  
**1949 TORONTO JUL 15**  
G 1.55 SHIRLEY GORDON  
**1948 MONTREAL JUL 09**  
G 1.59 DOREEN DREDGE  
**1947 EDMONTON JUL 25**  
G 1.54 PAT FLEMMING BC; S  
**NO CHAMPIONSHIP-WAR YEARS**  
**1941 HAMILTON AUG 19**  
G 1.45 RUTH MACKALLER BC;  
**1939 HAMILTON AUG 41**  
G 1.56 MARY HAYDON  
**1938 HALIFAX AUG 06**  
G 1.52 MARY HAYDON  
**1937 HAMILTON SEPT 11**  
G 4 9 ISOBEL MILLER; S  
**1936 MONTREAL JUL 10**  
G 1.57 MARGARET BELL  
**1935 MONTREAL AUG 08**  
G 1.53 EVA DAWES ON; S  
**1934 LONDON ON JUL 07**  
G 1.58 EVA DAWES ON; 1.57 ISABELLA MILLER ON; B MARGARET BELL BC: 1.56  
**1933**  
G 1.50 EVA DAWES ON;  
**1932 HAMILTON JUL 09**  
G 1.58 EVA DAWES ON; S 1.49 EVELYN ORR B  
**1931 WESTASKIWIN AUG 12**  
G 1.49 MONA WADE B 1.45 ETHEL CATHERWOOD SK;  
**1930 HAMILTON AUG 19**  
G 1.57 ETHEL CATHERWOOD SK; S

**1929**

G 1.54 CONNIE COULSON

**1928 HAMILTON JUL 01**

G 1.60 ETHEL CATHERWOOD

**1927 TORONTO AUG 13**

G 1.53 ETHEL CATHERWOOD SK; S GRACE CONACHER ON; B JEAN THOMPSON ON;

**1926 TORONTO AUG 14**

G 1.46 EVA DAWES ON;

**1925**

G 1.40 VELMA SPRINGSTEAD

## **POLE VAULT/ SAUT À LA PERCHE**

**2018 OTTAWA JUL 03/08**

G 4.45 ANICKA NEWELL; S 4.10 CIMRAN VIRDI; B 4.00 ROBYN WEBSTER

**2017 OTTAWA JUL 03/09**

G 4.65 ALYSHA NEWMAN; S 4.55 ANICKA NEWELL; B 4.55 KELSIE AHBE

**2016 EDMONTON JUL 07/10**

G 4.40 ALYSHA NEWMAN; S 4.35 ANICKA NEWELL; B 4.35 KELSIE AHBE

**2015 EDMONTON JUL 02/05**

G 4.30 KELSIE AHBE; S 4.20 MELANIE BLOUIN; S 4.20 ALYSHA NEWMAN

**2014 MONCTON JUN 27/29**

G 4.10 LINDSEY BERGEVIN; S J4.10 GABRIELLA DUCLOS-LASNIER; B J4.10 ALYSHA NEWMAN

**2013 MONCTON JUN 20/23**

G 4.20 HEATHER HAMILTON; S J4.10 GABRIELLA DUCLOS-LASNIER; B 4.00 ALYSHA NEWMAN

**2012 CALGARY JUN 27/30**

G 4.35 MELANIE BLOUIN; S 4.30 VICTORIA DRESSLER; B 4.20 CARLY DOCKENDORF

**2011 CALGARY JUN 22/25**

G 4.20 CARLY DOCKENDORF; S 4.20 MÉLANIE BLOUIN; B 4.10 GABRIELLA DUCLOSE- LASNIER

**2010 TORONTO JUL 28/31**

G 4.20 GABRIELLA DUCLOSE-LASNIER QC; S 4.20 CARLY DOCKENDORF BC; B 4.20 KELSIE HENDRY SK

**2009 TORONTO JUN 25/28**

G 4.35 KELSIE HENDRY; S 4.12 GABRIELLA DUCLOS-LASNIER; B 3.87 LEANNA WELLWOOD

**2008 WINDSOR JUL 03/06**

G 4.30 KELSIE HENDRY SK; S 3.95 HEATHER HAMILTON; B 3.95 PATRICK GAUTHIER

**2007 WINDSOR JUL 12/15**

G 4.31 KELSIE HENDRY SK; S 4.21 DANA ELLIS ON; B 4.16 GABRIELLA DUCLOS-LASNIER QC

**2006 OTTAWA AUG 4/6**

G 4.35 STEPHANIE MCCANN BC; S 4.30 DANA ELLIS ON; B 4.15 CARLY DOCKENDORF BC

**2005 WINNIPEG JUL 15/17**

G 4.51 DANA ELLIS ON; S 4.15 SUE KUPPER AB; 4.00 KELSIE HENDRY SK

**2004 VICTORIA JUL 09/11**

G 4.20 DANA ELLIS ON; S 4.00 KELSIE HENDRY SK; B 4.00 STEPHANIE MCANN BC

**2003 VICTORIA JUL 18/20**

G 4.20 STEPHANIE MCCANN BC; S 4.15 DANA ELLIS ON; B 3.85 SIMONA KOVACIC ON

**2002 EDMONTON JUN 21/23**

G 4.35 STEPHANIE MCCANN BC; S 4.10 JACKIE HONEY MB; B 4.10 DANA ELLIS ON

**2001 EDMONTON JUN 22/24**

G 4.15 STEPHANIE MCCANN BC; S 4.10 DANA ELLIS ON; B 4.00 ARDIN HARRISON BC

**2000 VICTORIA AUG 11/13**

G 3.85 ARDIN HARRISON BC; S JACKIE HONEY MB; B 3.85 DANA ELLIS ON

**1999 WINNIPEG JUNE 25/27**

G 3.75 REBECCA CHAMBERS ON 3.75; S 3.75 JACKIE HONEY MB; B 3.65 DANA ELLIS ON

**1998 MONTREAL JULY 30/AUG 2**

G 3.90 TRISTA BERNIER ON; S 3.80 BECKY CHAMBERS ON; B 3.60 JACKIE HONEY MB

**1997 ABBOTSFORD JULY 18/20**

G 3.85 TRISTA BERNIER ON; S 3.40 REBECCA CHAMBERS ON; B 3.40 JACKIE HONEY MB

**1996 KITCHENER AUG 08/11**

G 3.50 JACKIE HONEY MB; S 3.40 TRISTA BERNIER ON; B 3.00 GABY SZANTO ON.

**1995 MONTREAL JUL 13/16**

G 3.70 BECKY CHAMBERS ON; S 3.50 TRISTA BERNIER ON; B 3.35 J. McGREGOR ON.

## LONG JUMP/ SAUT EN LONGUEUR

### 2018 OTTAWA JUL 03/08

G 6.21 (-0.2) CHRISTABEL NETTEY; S 6.17 (0.2) SANDY LATRACE; B 5.78 (0.3) KATIE FLEMINGTON

### 2017 OTTAWA JUL 03/09

G 6.23 (1.1) CHRISTABEL NETTEY; S 6.11 (0.7) SANDY LATRACE; B 6.00 (0.3) HOLLY PITTERS

### 2016 EDMONTON JUL 07/10

G 6.62 (3.0) CHRISTABEL NETTEY; S 6.25 (3.1) JOY BECKER; 6.02 (2.8) GEORGIA ELLENWOOD

### 2015 EDMONTON JUL 02/05

G 6.76 (3.1) CHRISTABEL NETTEY; S 6.48 (2.3) BRIANNE THEISEN-EATON; B 6.29 (4.1) SABRINA NETTEY

### 2014 MONCTON JUN 27/29

G 6.64 (0.4) CHRISTABEL NETTEY; S 6.00 (1.5) SABRINA NETTEY; B 5.95 (0.2) JENNIFER COTTEN

### 2013 MONCTON JUN 20/23

G 6.49 (1.6) CHRISTABEL NETTEY; S 5.97 (1.3) MAGALI ROCHE; B 5.96 (2.0) SABRINA NETTEY

### 2012 CALGARY JUN 27/30

G 6.47 (3.4) KRYSHA BAYLEY; S 6.44 (2.7) CHRISTABEL NETTEY; B 6.20 (3.4) ALICE FALAIYE

### 2011 CALGARY JUN 22/25

G 6.54 (2.4) KRYSHA BAYLEY; S 6.46 (2.7) RUKY ABDULAI; B 6.35 (5.2) ALICE FALAIYE

### 2010 TORONTO JUL 28/31

G 6.43(-1.1) TABIA CHARLES ON; S 6.37(0.1) RUKY ABDULAI BC; B 6.33 (-1.0) ALICE FALAIYE ON

### 2009 TORONTO JUN 25/28

G 6.76(3.9)ALICE FALAIYE; S 6.75(2.8) TABIA CHARLES; B 6.65(2.2) RUKY ABDULAI

### 2008 WINDSOR JUL 03/06

G 6.48(-0.9) RUKY ABDULAI; S 6.35(-1.1) ALICE FALAIYE ON; B 6.30(-0.8) TABIA CHARLES

### 2007 WINDSOR JUL 12/15

G 6.52(-0.9) TABIA CHARLES ON; S 6.31(0.8) ALICE FALAIYE ON; B 5.76(-0.2) MICHELLE MOODY ON

### 2006 OTTAWA AUG 4/6

G 6.46(0.5) TABIA CHARLES ON; S 6.32(0.8) ALICE FALAIYE ON; B 5.54(0.6) ANNICK BARAGENGANA QC

### 2005 WINNIPEG JUL 09/11

G 6.54(5.7) ALICE FALAIYE ON; S 6.31(2.9) JOCELYN ADU-GYAMFI ON; B 5.96(7.0) MANDI TUPLIN SK

### 2004 VICTORIA JUL 09/11

G 6.44 (2.7) ALICE FALAIYE ON; S 5.89(0.4) ALTHEA WILLIAMS ON; B 5.58(2.3) MELANIE LACHAPPELLE ON

### 2003 VICTORIA JUL 18/20

G 6.27 (0.4) ALICE FALAIYE ON; S 6.14 (1.7) SIMIDELE ADEAGBO AB; B 5.88 (2.7) TRACY SPRAGUE SK

### 2002 EDMONTON JUN 21/23

G 6.31 (4.1) TRACY DULMAGE-SPRAGUE SK; S 5.86 (4.6) ALTHEA WILLIAMS ON; B 5.84 (4.6) OLATOMI IDOWU AB

### 2001 EDMONTON JUN 22/24

G 6.40 (1.1) ALICE FALAIYE ON; S 6.25 (-0.2) NICOLE DEVONISH-GILMOR ON; B 6.18 (-1.0) KRYSHA BAYLEY BC

### 2000 VICTORIA AUG 11/13

G 6.39 (0.1) ALICE FALAIYE ON; S 6.37 (1.0) NICOLE DEVONISH-GILMOR ON; B 6.29 (1.3) VANESSA MONAR-ENWEANI SK

### 1999 WINNIPEG JUNE 25/27

G V. MONAR-ENWEANI 6.52 (2.1); S ALICE FALAIYE UTTC 6.34 (1.7); B NICOLE GILMORE 6.32 (1.9)

### 1998 MONTREAL JULY 30/AUG 2

G VANESSA MONAR ENWEANI SK 6.31 (2.9); S ALICE FALAIYE ON 6.01 (3.5); B MICHELLE HASTICK ON 5.79 (1.4)

### 1997 ABBOTSFORD JUL 18/20

G 6.52(1.9) JACKIE EDWARDS BAH; S 6.37(0.2) VANESSA MONAR-ENWEANI SK; 6.17(1.8) NICOLE DEVONISH ON

### 1996 KITCHENER AUG 08/11

G 6.19(3.1) LESLIE ESTWICK ON; S 6.07(3.7) JENNIFER HUNTER AB; B 6.04(4.1) DONNA CLARKE ON.

### 1995 MONTREAL(CR) JUL 13/16

G 6.42(2.6)6.35(1.9) NICOLE DEVONISH ON; S 6.15(4.5)5.79(2.0) KELLY DINSMORE ON; B 6.07(2.4)5.99(1.8) B TRACY DULMAGE SK.

### 1994 VICTORIA JUL 27/30

G 6.32(-0.9) CATHERINE BOND-MILLS ON; S 6.18(-0.3) NICOLE DEVONISH ON; B 6.12(0.7) LESLIE ESTWICK ON.

### 1993 COQUITLAM JUL 30/AUG 01

G 6.42(2.1) VANNESA MONAR-ENWEANI SK; S 6.22(-0.1) NICOLE DEVONISH ON; B 6.00(0.3) TANYA REDHEAD ON.

### 1992 COQUITLAM AUG 14/16

G 6.33(1.2) VANNESA MONAR SK; S 6.11(2.1) NICOLE DEVONISH ON; B 6.01(3.2) TANYA REDHEAD ON.

### 1991 MONTREAL JUL 25/28

G 6.27(4.0) A. TAYLOR USA; S 6.15(3.4) VANNESA MONAR SK; B 6.13(1.9) TANYA REDHEAD ON.

### 1990 MONTREAL AUG 04

G 6.03(0.4) TANYA REDHEAD ON; S 5.93(1.8) VANESSA MONAR SK; B 5.89(-1.1) LANA JOLLY BC.

**1989 OTTAWA AUG 05**

G 6.06(0.4) TANYA REDHEAD ON; S 6.05(0.1) VANNESA MONAR SK; B 6.03(-0.1) KERON HAMILTON ON.

**1988 OTTAWA AUG 6**

G 6.64(2.1) TRACY SMITH ON; S 6.23(4.2) KERON HAMILTON ON; B 6.16(2.5) VANNESA MONAR SK.

**1987 OTTAWA AUG 01**

G 6.20(2.0) TRACY SMITH ON; S 6.12(1.8) CONNIE POLMAN-TUIN BC; B 6.00(2.1) LINDA SPENST BC.

**1986 OTTAWA JUN 21**

G 6.45(3.2) SHARON CLARKE ON; S 6.40(0.9) TRACY SMITH ON; B 5.94(1.5) SIMONE LEMIEUX QU.

**1985 OTTAWA AUG 04**

G 6.72(2.3) DONNA SMELLIE ON; S 6.41(2.0) TRACY SMITH ON; B 6.29(0.1) SHARON CLARKE ON.

**1984 WINNIPEG JUL 01**

G 6.54(3.3) CAROL GALLOWAY QU; S 6.15(3.3) DONNA SMELLIE ON; B 6.15(3.0) KAREN NELSON ON.

**1983 CALGARY JUN 12**

G 6.07(1.6) CAROL GALLOWAY QU; S 5.97(-5.8) KAREN NELSON ON; B 5.90(-2.2) SHARON CLARKE ON.

**1982 OTTAWA AUG 01**

G 6.23(3.7) KAREN NELSON ON; S 5.88(2.0) NICOLE ALI ON; B 5.78(3.2) JOHANNE DUMAS QU.

**1981 REGINA AUG 01**

G 6.41(1.9) NICOLE ALI ON; S 6.22(0.8) JILL ROSS-GIFFEN ON; B 5.98(1.5) YVONNE COEHLO BC.

**1980 SHERBROOKE JUN 15**

G 6.05(NWI) JILL ROSS ON; S 5.99(NWI) DIANE JONES-KONIHOWSKI SK; B 5.84(NWI) YVONNE COEHLO BC.

**1979 SHERBROOKE JUL 28/29**

G 6.04 JILL ROSS ON; S 6.04 YVONNE COEHLO BC; B 5.95 CAROL ELLIOTT AB.

**1978 MONTREAL JUL 08/09**

G 6.00(NWI) DIANE JONES-KONIHOWSKI SK; S 5.80(NWI) JILL ROSS ON; B 5.67(NWI) CAROL ELLIOTT AB.

**1977 SUDBURY SEP 03/04**

G 5.98(NWI) DIANE KONIHOWSKI SK; S 5.82(NWI) CAROL ELLIOTT AB; B 5.03(NWI) LIZ McBLAIN QU.

**1976 REGINA AUG 27**

G 6.20(NWI) DIANE JONES SK; S 5.78(NWI) DIANE COFFEY ON; B 5.47(NWI) KIM EISTETTER SK.

**1975 SUDBURY AUG 24**

G 6.25(0.6) BRENDA EISLER BC; S 5.80(0.2) ANN BRYAN ON; B 5.69(0.0) CAROL ELLIOTT AB.

**1974 WINNIPEG AUG 28**

G 5.97(NWI) ANN BRYAN ON; S 5.95(NWI) BRENDA EISLER BC; B 5.50(NWI) CAROL ELLIOTT AB.

**1973 BURNABY SEP 08/09**

G 6.21(NWI) BRENDA EISLER BC; S 5.91(NWI) DIANE JONES SK; B 5.90(NWI) ANN BRYAN ON.

**1972 SCARBOROUGH JUL 23**

G 6.29(0.8) BRENDA EISLER BC; S 6.02(2.8) LINDA WILSON ON; B 5.45(3.0) VICKI HAMMOND BC.

**1971 WINNIPEG AUG 21/22**

G 6.05(NWI) PENNY MAY BC; S 6.04(NWI) BRENDA EISLER BC; B 5.68(NWI) LINDA WILSON ON

**1970 WINNIPEG AUG 29/30**

G 5.95 YVONNE SAUNDERS QU; S 5.93 DEBBIE VANKIEKEBELT ON; B 5.50 VICKI HAMMOND BC

**1969 VICTORIA AUG 30/31**

G 5.88 BRENDA EISLER BC; S 5.78 JOAN HENDRY QU; B 5.65 LINDA WILSON ON

**1968 TORONTO AUG 10/11**

G 6.00 JOAN HENDRY QU; S 5.92 J. MELDRUM-WINGERSON; B 5.83 KAY THOMPSON MB

**1967 SASKATOON JUNE 23/24**

G 5.80 J. MELDRUM-WINGEESON; S 5.78 JOAN HENDRY QU; B 5.67 MARGARET CHATLAND ON

**1966 EDMONTON JULY 15/16**

G 5.99 JENNY WINGERSON ON; S 5.75 CATHY CHAPMAN ON; B 5.67 JOAN HENDRY QU

**1965 ST. LAMBERT JUNE 25/26**

G 5.57 JENNY WINGERSON ON; S 5.53 CATHY CHAPMAN ON; B N/R SUSAN NIGH ON

**1964 ST. LAMBERT AUG 07/08**

G 5.97 DIANE GERACE BC; S 5.81 JOAN HENDRY QU; B 5.64 VALERIE JENSON SK

**1963 SASKATOON JULY 05/06**

G 5.69 DIANE GERACE BC; S 5.42 VALERIE JENSEN SK; B 5.17 JOANNE ROOTSAERT MB

**1962 TORONTO AUG 04/05**

G 5.41 JOANNE ROOTSAERT MB; S N/R VALERIE JENSEN SK; B N/R DIANE GERACE BC

**1961 ST. LAMBERT JUNE 23/24**

G 5.20 JENNY WINGERSON ON; S N/R; B N/R

**1960 SASKATOON JULY 15/16**

G 5.52 SALLY McCALLUM BC; S N/R; B N/R

**1959 WINNIPEG JULY 17/18**

G 5.53 VALERIE JEROME BC; S N/R; B N/R

**1958 SASKATOON JUNE 20/21**

G 5.37 MAUREEN REVERS SK; S N/R PAT POWER AB; B N/R B. BROWN BC

**1957 ST. LAMBERT JUNE 28/29**

G 5.06 MAUREEN REVERS SK; S N/R LOIS McNAUGHTON ON; B N/R SHEILA HOOD ON

**1956 HAMILTON AUG 24/25**

G 5.49 ANNABELLE MURRAY AB; S N/R DOROTHY KOZAK AB; B N/R MAUREEN REVERS SK

**1955 SASKATOON JULY 03/04**

G 5.31 ANNABELLE MURRAY AB; S N/R; B N/R

**1954 TORONTO JUNE 25/26**

G 5.20 ROSELLA THORNE QU; S 5.18 MARJORIE SQUIRES; B N/R

**1953 TORONTO JULY 24/25**

G 5.11 ROBERTA THORNE QU; S 4.99 ARLEEN WEEKS ON; B 4.97 SHEILA ECKLE ON

**1952 HAMILTON JUNE 27/28**

G 5.52 DAWN JOSEPHS BC; S N/R ROSELLA THORNE QU; B N/R JOAN WOOD QU

**1951 VANCOUVER JUL 20**

G 5.33 DAWN JOSEPHS

**1949 TORONTO JUL 16**

G 5.55 ELAINE SILBURN BC;

**1948 MONTREAL JUL 09**

G 5.20 ELAINE SILBURN BC:

**1947 EDMONTON JUL 25**

G 5.43 ELAINE SILBURN BC;

**1941 HAMILTON AUG 19**

G 4.93 JOAN DAVIS

**1939 HAMILTON AUG 19**

G 5.06 DOLLY MOORE

**1938 HALIFAX 06**

G 4.92 OLIVE THEIBOLD

**1937 HAMILTON SEPT 11**

G 15 6 HALF ISOBELL MILLER;

**1936 MONTREAL JUL 10**

G 5.30 DORIS CHELOW

**1935 MONTREAL AUG 08**

G 5.22 DORIS CHELOW

**1934 LONDON ON JUL 07**

G 5.19 MARY FITZPATRICK;

**1933**

G 4.82 ANN WILSON

**1932 HAMILTON JUL 09**

G 5.35 MARGARET COWAN B

**1931 WESTASKIWN AUG 12**

G 5.04 ETHEL BARRETT

**1930**

G 4.52 ETHEL BARRETT

**1929**

G 4.98 GERTRUDE PHINNEY

**1928 HAMILTON JUL 01**

G 5.56 FANNY ROSENFELD QU;

**1927 TORONTO AUG 13**

G 5.05 KAY FLANNAGAN ON; THELMA McKELVIE ON; B CROOK MB;

**1926 TORONTO AUG 14**

G 5.14 KAY FLANNAGAN S 5.09 GRACE CONACHER B

**1925**

G 4.61 GRACE CONACHER

**TRIPLE JUMP/ TRIPLE SAUT****2018 OTTAWA JUL 03/08**

G 13.44 (0.7) CARLINE EHRHARDT; S 12.51 (-0.7) DIVYAJYOTI BISWAL; B 12.81 (1.9) JULIA WALLACE

**2017 OTTAWA JUL 03/09**

G (1.6) 13.53 CARLINE EHRHARDT; S 13.19 (1.1) ANGELA MERCURIO; B 13.02 (2.6) DIVYAJYOTI BISWAL

**2016 EDMONTON JUL 07/10**

G 12.97 (1.3) CAROLINE EHRHARDT; S 12.70 (-0.3) JULIA STILLE; B 12.56 (0.1) BRITTNEY GIBBS

**2015 EDMONTON JUL 02/05**

G 13.18 (6.5) JULIA WALLACE; S 12.93 (3.1) CAROLINE EHRHARDT; B 12.82 (5.7) ALICIA SMITH

**2014 MONCTON JUN 27/29**

G 13.06 (3.3) CAROLINE EHRHARDT; S J13.06 (2.1) ALICIA SMITH; B 12.51 (1.4) JULIA WALLACE

**2013 MONCTON JUN 20/23**

G 12.71 (0.1) CAROLINE EHRHARDT; S 12.67 (3.0) ALICIA SMITH; B 12.46 (0.6) JULIA WALLACE

**2012 CALGARY JUN 27/30**

G 12.94 (2.7) CAROLINE EHRHARDT; S 12.75 (3.9) ALICIA SMITH; B 12.60 (3.9) JULIA WALLACE

**2011 CALGARY JUN 22/25**

G 12.64 (1.2) CAROLINE EHRHARDT; S 12.58 (4.7) NEB ZACHARIAH; B 12.41 (1.7) MILA SIMULIK

**2010 TORONTO JUL 28/31**

G 13.94(-2.6) TABIA CHARLES ON; S 12.41(0.0) NEB ZACHARIAH ON; B 12.26(-1.9) JAIDEENE LOWE ON

**2009 TORONTO JUN 25/28**

G 12.89(-0.9) TABIA CHARLES; S 12.45(0.0) CAROLINE EHRHARDT; B 12.38(-1.1) NEB ZACHARIAH

**2008 WINDSOR JUL 03/06**

G 13.92(1.6) TABIA CHARLES ON; S 12.75(2.1) JANINE POLISCHUK SK; B 12.41(1.1) CAROLINE EHRHARDT

**2007 WINDSOR JUL 12/15**

G 13.60(3.1) TABIA CHARLES ON; S 12.44(-0.2) JANINE POLISCHUK SK; B 12.33(3.0) MARY EGBO-EGBO ON

**2006 OTTAWA AUG 4/6**

G 13.44(1.5) TABIA CHARLES ON; S 12.42(4.1) NEB ZACHARIAH ON; B 11.41(1.5) MARY EGBO-EGBO ON

**2005 WINNIPEG JUL 15/17**

G 12.99(NWI) ALTHEA WILLIAMS ON; S 12.82(NWI) COLLEEN RAMHARAK ON; B 12.69(NWI)JOCELYN ADU-GYAMFI ON

**2004 VICTORIA JUL 09/11**

G 13.32(0.6) ALTHEA WILLIAMS ON; S 11.96(2.8) MONIQUE HAAN ON; B 11.79(0.9) ALANNA BOUDREAU MB

**2003 VICTORIA JUL 18/20**

G 13.38 (2.5) ALTHEA WILLIAMS ON; S 13.00 (6.1) MICHELE HASTICK-COWELL ON; B 12.53 (3.7) JENNIFER JONES ON

**2002 EDMONTON JUN 21/23**

G 13.81 (2.0) ALTHEA WILLIAMS ON; S 13.34 (5.3) JENNIFER JONES ON; B 12.77 (2.5) TRACY DULMAGE-SPRAGUE SK

**2001 EDMONTON JUN 22/24**

G 13.77(1.6) MICHELLE HASTICK ON; S 13.52(1.1) ALTHEA WILLIAMS ON; B 12.86(1.4) JENNIFER WILLIAMSON ON

**2000 VICTORIA AUG 11/13**

G 13.25(2.8) ALTHEA WILLIAMS ON; S 12.83(4.3) TRACY DULMAGE SK; B 12.77(-0.6) MICHELLE HASTICK ON

**1999 WINNIPEG JUN 25/27**

G 13.43(1.9) MICHELLE HASTICK ON; S 13.36(3.4) ALTHEA WILLIAMS UTTC; B 12.79 (3.8) JENNIFER WILLIAMSON ON

**1998 MONTREAL JULY 30/AUG 2**

G 13.37 (0.7) MICHELLE HASTICK ON; S 13.12 (2.0) ALTHEA WILLIAMS ON; 12.77/2.2 VIRGINIA MILLER USA

**1997 ABBOTSFORD JULY 18/20**

G 13.39 NWI MICHELLE HASTICK ON; S 13.29 JACKIE EDWARDS BAH; B 12.89 ALTHEA WILLIAMS ON

**1996 KITCHENER AUG 08/11**

G 12.67(-0.7) KELLY DINSMORE ON; S 12.67(-0.5) MICHELE HASTICK ON; B 12.12(0.0) JAMA ROSS ON.

**1995 MONTREAL(CR) JUL 13/16**

G 13.34(1.10) KELLY DINSMORE ON; S 12.48(-0.7) MICHELE HASTICK ON; B 12.25(-0.5) TRACY DULMAGE SK.

**1994 VICTORIA JUL 27/30**

G 12.24(1.3) MICHELE HASTICK ON; S 12.13(1.4) ERICA FORSTER BC; B 12.01(1.3) MELISSA HABOK MB.

**1993 COQUITLAM JUL 30/AUG 01**

G 12.99(1.1) KELLY DINSMORE ON; S 12.92(0.4) NANCY LANOVAZ AB; B 12.85(0.6) SIMONE LEMIEUX QU.

**1992 COQUITLAM AUG 14/16**

G 12.53(1.6) KELLY DINSMORE ON; S 12.30(0.8) SIMONE LEMIEUX QU; B 12.24(1.6) ANDREA HASTICK ON.

**1991 MONTREAL(CR) JUL 25/28**

G 12.54(-0.6) LAVERNE CLARKE MB; S 12.36(0.0) TRACY DULMAGE SK; B 12.15(-0.1) SIMONE LEMIEUX QU.

**1990 MONTREAL AUG 05**

G 12.20(0.5) LAVERNE CLARKE MB; S 11.90(1.1) EMILY RUDAN ON; B 11.75(1.2) ANDREA HASTICK ON.

**1989 OTTAWA (EXHIBITION) AUG 6**

G 12.45(0.2) LAVERNE CLARKE MB; S 11.99(0.0) EMILY RUDAN ON; B 11.97(0.1) JOANNE GOMEZ ON.

**1988 OTTAWA AUG 07**

G 12.89(1.5) LAVERNE CLARKE MB; S 11.82(1.4) JOANNE GOMEZ ON; B 11.53(0.1) KERON HAMILTON ON.

**1987 OTTAWA (EXHIBITION) AUG 02**

G 12.19(2.9) PAM PROPHET ON; S 11.99(3.2) MARILYN GRANT ON; B 11.32(4.6) CAROL HUSBANDS ON.



## SHOT PUT/ LANCER DU POIDS

### 2018 OTTAWA JUL 03/08

G 18.27 BRITTANY CREW; S 17.05 SARAH MITTON; B 13.89 BROOKE HOXAR-MOORE

### 2017 OTTAWA JUL 03/09

G 18.32 BRITTANY CREW; 17.18 TARYN SUTTIE; B 16.16 SARAH MITTON

### 2016 EDMONTON JUL 07/10

G 18.06 BRITTANY CREW; S 16.71 TARYN SUTTIE; B 15.62 JULIE LABONTE

### 2015 EDMONTON JUL 02/05

G 16.88 TARYN SUTTIE; S 16.56 JULIE LABONTE; B 15.76 SARAH HOWARD

### 2014 MONCTON JUN 27/29

G 17.10 JULIE LABONTE; S 16.48 TARYN SUTTIE; B 16.33 BRITTANY CREW

### 2013 MONCTON JUN 20/23

G 17.63 JULIE LABONTE; S 16.20 CHELSEA WHALEN; B 15.71 TARYN SUTTIE

### 2012 CALGARY JUN 27/30

G 17.51 JULIE LABONTE; S 16.05 TARYN SUTTIE; B 14.66 STEPHANIE JACKSON

### 2011 CALGARY JUN 22/25

G 18.12 JULIÉ LABONTÉ; S 15.12 ALLISON LISKE; B 14.83 TARYN SUTTIE

### 2010 TORONTO JUL 28/31

G 16.32 JULIE LABONTÉ QC; S 15.11 ALLISON LISKE ON; B 14.23 MARIE-JOSEE LE JOUR QC

### 2009 TORONTO JUN 25/28

G 14.96 JULIE LABONTÉ; S 14.02 TARYN SUTTIE; B 13.77 KAITLYN ANDREWS

### 2008 WINDSOR JUL 03/06

G 16.98 LIEJA TUNKS ON; S 15.02 MEGHAN WEAVER ON; B 13.79 HEATHER PATTERSON

### 2007 WINDSOR JUL 12/15

G 17.43 LIEJA TUNKS ON; S 15.16 MEGHAN WEAVER ON; B 14.24 MARIE-JOSEE LE JOUR QC

### 2006 OTTAWA AUG 4/6

G 15.42 MEGHAN WEAVER ON; S 15.06 LIEJA TUNKS ON; B 14.50 SULTANA FRITZELL ON

### 2005 WINNIPEG JUL 15/17

G 14.65 CAROLINE LAROSE ON; S 14.09 MEGAN WEAVER ON; B 13.42 MEGAN REID SK

### 2004 VICTORIA JUL 09/11

G 14.42 CAROLINE LAROSE ON; S 14.21 MEGAN REID SK; B 14.01 KATE FORBES SK

### 2003 VICTORIA JUL 18/20

G 16.24 GEORGETTE REED AB; S 15.54 CAROLINE LAROSE QU; B 15.29 KATE FORBES SK

### 2002 EDMONTON JUN 21/23

G 15.54 GEORGETTE REED AB; S 14.75 KATE FORBES ON; B 14.44 CAROLINE LAROSE ON

### 2001 EDMONTON JUN 22/24

G 15.23 GEORGETTE REED AB; S 14.85 CAROLINE LAROSE QU; B 14.71 NICOLE B. HAYNES ON

### 2000 VICTORIA AUG 11/13

G 15.97 GEORGETTE REED AB; S 15.20 TINA MCDONALD ON; 3. 14.97 MARIE-JOSEE LEJOUR PQ

### 1999 WINNIPEG JUNE 25/27

G 16.31 GEORGETTE REED AB; S 15.02 TINA MCDONALD; B 14.37 CAROLINE LAROSE ON

### 1998 MONTREAL JULY 30/AUG 2

G 15.56 GEORGETTE REED AB; S 14.14 CAROLINE LAROSE PQ; B 13.53 MICHELE FOURNIER PQ

### 1997 ABBOTSFORD JULY 18/20

G 15.88 GEORGETTE REED AB; S 15.40 BETH BUNGE USA; B 14.31 SUZANNE ATKINSON-PECHT

### 1996 KITCHENER AUG 08/11

G 16.49 BETH BUNGE; S 16.25 NUNU ABASHIDZE BC; B 16.24 GEORGETTE REED AB.

### 1995 MONTREAL(CR) JUL 13/16

G 16.51 GEORGETTE REED AB; S 15.75 SHANNON KRISTIANSEN SK; B 14.19 JULIE ELDERS MB.

### 1994 VICTORIA JUL 27/30

G 16.40 GEORGETTE REED AB; S 15.37 SHANNON KEKULA-KRISTIANSEN SK; B 14.01 ERIN BREAGH ON.

### 1993 COQUITLAM JUL 30/AUG 01

G 15.07 GEORGETTE REED AB; S 14.49 SHANNON KEKULA-KRISTIANSEN SK; B 13.31 IRENE OEFFLING ON.

### 1992 COQUITLAM (ILLEGAL SLOPE) AUG 14/16

G 16.32 GEORGETTE REED AB; S 15.05 CATHY GRIFFIN ON; B 14.18 SHANNON KEKULA-KRISTIANSEN SK.

### 1991 MONTREAL(CR) JUL 25/28

G 15.32 MELODY TORCOLACCI ON; S 14.75 GEORGETTE REED AB; B 14.36 ERIN BREAGH ON.

### 1990 MONTREAL AUG 05

G 15.05 GEORGETTE REED AB; S 14.83 MELODY TORCOLACCI ON; B 14.38 SHANNON KEKULA SK.

### 1989 OTTAWA AUG 05

G 15.45 MELODY TORCOLACCI ON; S 14.74 SHANNON KEKULA SK; B 14.47 ERIN BREAGH ON.

**1988 OTTAWA AUG 07**

G 15.28 SHANNON KEKULA SK; S 13.86 MOIRA FITCH BC; B 13.77 KELLY-ANN KEMPF BC.

**1987 OTTAWA AUG 01**

G 15.86 MELODY TORCOLACCI MB; S 14.70 SHANNON KEKULA SK; B 14.20 SUZANNE PECHT AB.

**1986 OTTAWA JUN 21**

G 16.08 MELODY TORCOLACCI ON; S 15.49 ROSE HAUCH ON; B 14.14 SUZANNE PECHT AB.

**1985 OTTAWA AUG 04**

G 15.41 ROSE HAUCH ON; S 13.96 SUZANNE PECHT AB; B 13.70 MARISSA VENIER ON.

**1984 WINNIPEG JUN 30**

G 16.12 ROSE HAUCH ON; S 15.65 MELODY TORCOLACCI ON; B 13.75 JOANNE ROTHERY ON.

**1983 CALGARY JUN 11**

G 15.80 ROSE HAUCH ON; S 14.94 MELODY TORCOLACCI ON; B 14.17 SANDI KETTERER AB.

**1982 OTTAWA AUG 01**

G 16.55 CARMEN IONESCO QU; S 15.97 ROSE HAUCH ON; B 15.02 MELODY TORCOLACCI ON.

**1981 REGINA AUG 02**

G 16.25 CARMEN IONESCO QU; S 14.67 CINDY CRAPPER ON; B 13.07 CHERYL KENNEDY MB.

**1980 SHERBROOKE JUN 15**

G 15.68 DIANE JONES-KONIHOWSKI SK; S 15.66 CARMEN IONESCO QU; B 15.14 ROSE HAUCH ON.

**1979 SHERBROOKE JUL 28/29**

G 14.23 ROSE HAUCH ON; S 13.41 AILEEN JACK ON; B 13.32 BECKY SJARE AB.

**1978 MONTREAL JUL 08/09**

G 15.66 CARMEN IONESCO QU; S 14.72 ROSE HAUCH ON; B 13.64 BECKY SJARE AB.

**1977 SUDBURY SEP 03/04**

G 14.58 DIANE KONIHOWSKI SK; S 14.57 ROSE HAUCH ON; B 12.74 BECKY SJARE AB.

**1976 REGINA AUG 27**

G 15.27 LUCETTE MOREAU QU; S 14.76 DIANE JONES SK; B 14.11 ROSE HAUCH ON.

**1975 SUDBURY AUG 22**

G 16.38 CARMEN IONESCO QU; S 15.68 MAUREEN DOWDS MB; B 15.49 LUCETTE MOREAU QU.

**1974 WINNIPEG AUG 28**

G 15.03 JANE HAIST ON; S 14.02 MAUREEN DOWDS MB; B 13.87 CAROL MARTIN ON.

**1973 BURNABY SEP 08/09**

G 15.54 DIANE JONES SK; S 14.90 CARMEN IONESCO QU; B 14.49 JANE HAIST ON.

**1972 SCARBOROUGH JUL 22/23**

G 14.27 JOAN PAVELICH BC; S 14.25 DIANE JONES SK; B 14.08 CAROL MARTIN ON.

**1971 WINNIPEG AUG 21/22**

G 14.16 DIANE JONES SK; S 14.10 NORMA JORDAN BC; B 13.82 JOAN PAVELICH BC.

**1970 WINNIPEG AUG 29/30**

G 13.80 MARLENE KURT AB; S 13.22 NORMA JORDAN BC; B 13.18 JENNY MELDRUM ON

**1969 VICTORIA AUG 30/31**

G 13.60 JOAN PAVELICH BC; S 13.01 DIANE JONES SK; B 12.96 JAY DAHLGREN BC

**1968 TORONTO AUG 10/11**

G 14.20 MAUREEN DOWDS MB; S 13.33 MARLENE KURT AB; B 12.44 JENNY MELDRUM ON

**1967 SASKATOON JUNE 23/24**

G 14.54 NANCY McCREDIE ON; S 13.92 MAUREEN DOWDS MB; B 13.32 CAROL MARTIN ON

**1966 EDMONTON JULY 15/16**

G 14.89 NANCY McCREDIE ON; S 14.81 CAROL MARTIN ON; B 13.41 J. WINGERSON-MELDRUMON

**1965 ST. LAMBERT JUNE 25/26**

G 15.57 NANCY McCREDIE ON; S N/R JAY DAHLGREN BC; B N/R J. WINGERSON-MELDRUMON

**1964 ST. LAMBERT AUG 07/08**

G 15.10 NANCY McCREDIE ON; S 12.31 JAY DAHLGREN ON; B 11.67 MARLENE KURT AB

**1963 SASKATOON JULY 05/06**

G 14.96 NANCY McCREDIE ON; S 10.92 CAROL HADFORD AB; B 10.16 DIANE GERACE BC

**1962 TORONTO AUG 04/05**

G 12.26 NANCY McCREDIE ON; S N/R PAT DOBIE SK; B N/R CAROL HADFORD AB

**1961 ST. LAMBERT JUNE 23/24**

G 10.82 PAT DOBIE ON; S N/R J. WINGERSON-MELDRUMON; B N/R K. SKROTSKY QU

**1960 SASKATOON JULY 15/16**

G 12.20 SHARON CLIFFE BC; S N/R B. COWARD AB; B N/R MARLENE KURT AB

**1959 WINNIPEG JULY 17/18**

G 11.14 PAT DOBIE ON; S N/R; B N/R

**1958 SASKATOON JUNE 20/21**

G 14.14 JACKIE MACDONALD ON; S N/R PAT DOBIE NB; B N/R SHARON CLIFFE BC

**1957 ST. LAMBERT JUNE 28/29**

G 11.36 PAT DOBIE NB; S N/R; B N/R

**1956 HAMILTON AUG 24/25**

G 14.04 JACKIE MACDONALD ON; S N/R SHARON CLIFFE BC; B N/R PAT DOBIE NB

**1955 SASKATOON JULY 03/04**

G 12.78 JACKIE MACDONALD ON; S N/R; B N/R

**1954 TORONTO JUNE 25/26**

G 14.18 JACKIE MACDONALD ON; S 10.68 MARY LAWRENCE ON; B 9.29 MARIE DEPREE

**1953 TORONTO JULY 24/25**

G 11.04 JACKIE MacDONALD ON; S 9.78 JO BRENNAN ON; B 8.58 SYLVIA PROKTOR ON

**1952 HAMILTON JUNE 27/28**

G 12.26 MARY LAWRENCE ON; S N/R JO BRENNAN ON; B N/R SYLVIA PROKTOR SK

**1951 NOT CONTESTED**

**1949 TORONTO JUL 15**

G 9.20 JOYCE BRENNAN ON;

**1948 MONTREAL JUL 09**

G 10.04 DOREEN CLOUGH

**1947 EDMONTON JUL 25**

G 9.36 PATRICIA LAWSON

**1941 HAMILTON AUG 19**

G 9.74 LOIS SCHOENBURG

**1939 HAMILTON AUG 19**

G 9.58 GERALDINE WILSON

**1938 HALIFAX AUG 06**

g 8.74 LOIS SCHOENBURG

**1937 HAMILTON SEPT 11**

G 31 2 QUARTEREILEEN THORNBER; S DOROTHY SMEARDON;

**1936 MONTREAL JUL 10**

G 9.88 ROBINA HIGGINS MB;

**1935 MONTREAL AUG 10**

G 9.38 ROBINA HIGGINS MB;

**1934 LONDON ON JUL 07**

G 9.66 MAMIE SHRUM ON; S

**1933**

G 9.54 MARJORIE MCKEOWN

**1932 HAMILTON JUL 09**

G 11.36 MAMIE SHRUM ON; S 9.83 DOT SMERDON; B

**1931 WESTASKIWIN AUG 12**

G 10.31 MAMIE SHRUM ON;

**1930**

G 10.34 MARNIE SCHRUM ON;

**1929**

G 8.60 ALICE ALLISON

**1928 HAMILTON JUN 30**

G 10.64 FANNY ROSENFELD QU;

**1927 TORONTO AUG 13**

G 10.68 JEAN GODSON ON; S MARGE ORMEROD ON; B FLO TAYLOR ON;

**1926 TORONTO AUG 14**

G 10.42 FANNY ROSENFELD QU;

**1925**

TWO ARM AGGREGATE

G 17.12 MOLLY TRINDELL

**DISCUS THROW/ LANCER DU DISQUE**

**2018 OTTAWA JUL 03/08**

G 56.82 RACHEL ANDRES; 52.95 GABRIELLE RAINS; B 52.51 AGNES ESSER

**2017 OTTAWA JUL 03/09**

G 50.95 AGNES ESSER; S 48.09 BRITTANY CREW; B 47.24 ALEX PORLIER LANGLOIS

**2016 EDMONTON JUL 07/10**

G 50.32 AGNES ESSER; S 49.26 OBENG MARFO; B 49.22 BRITTANY CREW

**2015 EDMONTON JUL 02/05**

G 48.49 QUINN ERICKSON; S 48.09 ALANNA KOVACS; B 47.41 JULIE LABONTE  
**2014 MONCTON JUN 27/29**  
G 51.94 JULIE LABONTE; S 47.70 ALEX PORLIER LANGLOIS; B 47.00 MARIE-JOSEE LE JOUR  
**2013 MONCTON JUN 20/23**  
G 52.81 JULIE LABONTE; S 48.50 RAYANN CHIN; B 47.34 MARIE-JOSEE LE JOUR  
**2012 CALGARY JUN 27/30**  
G 54.02 JULIE LABONTE; S 51.50 ALANNA KOVACS; B 50.83 MARIE-JOSEE LE JOUR  
**2011 CALGARY JUN 22/25**  
G 53.31 JULIE LABONTE; S 52.85 MARIE-JOSÉE LE JOUR; B 49.81 ALANNA KOVACS  
**2010 TORONTO JUL 28/31**  
G 49.99 CHANTEL SPIES BC; S 48.92 JULIA LABONTE QC; B 48.62 ISABELLE BOUDREAU QC  
**2009 TORONTO JUN 25/28**  
G 48.61 MARIE-JOSÉE LE JOUR; S 48.38 CHANTEL SPIES; B 46.27 ALANNA KOVACS  
**2008 WINDSOR JUL 03/06**  
G 53.67 LIEJA TUNKS ON; S 52.65 MARIE-JOSEE LE JOUR QC; B 48.41 CHANTEL SPIES SK  
**2007 WINDSOR JUL 12/15**  
G 54.91 LIEJA TUNKS ON; S 50.86 MARIE-JOSEE LE JOUR QC; B 49.09 CHANTEL SPIES SK  
**2006 OTTAWA AUG 4/6**  
G 50.85 MARIE-JOSEE LE JOUR QC ; S 49.33 NOVELLE MURRAY BC ; B 46.79 CHANTEL SPIES SK  
**2005 WINNIPEG JUL 15/17**  
G 50.45 MARIE-JOSEE LE JOUR MCDONAGH QU; S 50.15 JULIE BOURGON QU; B 49.07 NOVELLE MURRAY BC  
**2004 VICTORIA JUL 09/11**  
G 52.54 JULIE BOURGON QU; S 50.48 CAROL STEVENSON BC; B 48.01 NOVELLE MURRAY BC  
**2003 VICTORIA JUL 18/20**  
G 50.06 TINA MCDONALD ON; S 49.47 CAROL STEVENSON BC; B 49.35 JULIE BOURGON QU  
**2002 EDMONTON JUN 21/23**  
G 48.85 MARIE JOSEE LEJOUR QU; S 47.17 TINA MCDONALD ON; B 47.02 COURTNEY BOVIN ON  
**2001 EDMONTON JUN 22/24**  
G 52.62 NICOLE CHIMKO AB; S 51.33 GEORGETTE REED AB; B 50.60 TINA MCDONALD ON  
**2000 VICTORIA AUG 11/13**  
G 51.48 TINA MCDONALD ON; S 50.74 NICOLE CHIMKO AB; B 49.82 ROBIN LYONS AB 49.82  
**1999 WINNIPEG JUNE 25/27**  
G 54.15 ROBIN LYONS AB; S 51.10 NICOLE CHIMKO AB 51.10; B 49.36 GEORGETTE REED AB 49.36  
**1998 MONTREAL JULY 30/AUG 2**  
G 51.41 NICOLE CHIMKO AB; S 49.48 MICHELE FOURNIER PQ; 48.66 ROBIN LYONS US  
**1997 ABBOTSFORD JULY 18/20**  
G 50.40 GEORGETTE REID; S 50.06 ROBIN LYONS AB; B 49.74 SUSANNE DANDENAULT MB  
**1996 KITCHENER AUG 08/11**  
G 52.20 THERESA BRICK MB; S 50.28 GEORGETTE REED AB; B 49.20 SUSANNE DANDENAULT MB.  
**1995 MONTREAL(CR) JUL 13/16**  
G 54.04 GEORGETTE REED AB; S 50.38 THERESA BRICK MB; B 49.82 SAMI JO SMALL MB.  
**1994 VICTORIA JUL 27/30**  
G 50.04 ANNA MOSDELL BC; S 49.16 CATHY GRIFFIN ON; B 49.00 THERESA BRICK MB.  
**1993 COQUITLAM JUL 30/AUG 01**  
G 51.70 THERESA BRICK MB; S 49.02 CATHY GRIFFIN ON; B 44.74 KARINE RONDEAU QU.  
**1992 COQUITLAM (ILLEGAL SLOPE) AUG 14/16**  
G 54.02 J. McKERNAN NIRE; S 52.18 THERESA BRICK MB; B 50.10 ANNA MOSDELL BC.  
**1991 MONTREAL(CR) JUL 25/28**  
G 54.00 ANNA MOSDELL BC; S 50.22 MICHELLE BROTHERTON ON; B 49.56 THERESA BRICK MB.  
**1990 MONTREAL AUG 04**  
G 52.90 GAYLE DOLEGIEWICZ SK; S 48.38 GEORGETTE REED AB; B 48.10 THERESA BRICK AB.  
**1989 OTTAWA AUG 04**  
G 55.44 GAYLE DOLEGIEWICZ SK; S 49.48 MICHELLE BROTHERTON ON; B 48.98 THERESA BRICK MB.  
**1988 OTTAWA AUG 05**  
G 55.04 GAYLE DOLEGIEWICZ SK; S 50.28 MICHELLE BROTHERTON ON; B 47.20 THERESA BRICK MB.  
**1987 OTTAWA JUL 31**  
G 51.16 GAYLE DOLEGIEWICZ SK; S 48.32 MICHELLE BROTHERTON ON; B 46.36 LIZ POLYAK ON.  
**1986 OTTAWA JUN 20**  
G 51.58 GAYLE DOLEGIEWICZ QU; S 50.40 MICHELLE BROTHERTON ON; B 48.64 LIZ POLYAK ON.  
**1985 OTTAWA AUG 02**  
G 54.50 GAYLE ZAPHIROPOULOS QU; S 50.42 CARMEN IONESCO QU; B 48.46 SHARON CURIK ON.  
**1984 WINNIPEG JUN 29**

G 51.82 CARMEN IONESCO QU; S 48.66 SHARON CURIK ON; B 48.20 LIZ POLYAK ON.  
**1983 CALGARY JUN 11**  
G 53.42 SHARON CURIK ON; S 49.26 DOREEN GARNER AB; B 49.04 LIZ POLYAK ON.  
**1982 OTTAWA JUL 30**  
G 55.18 CARMEN IONESCO QU; S 52.76 LUCETTE MOREAU QU; B 47.16 SHARON CURIK ON.  
**1981 REGINA AUG 01**  
G 54.54 CARMEN IONESCO QU; S 49.10 LUCETTE MOREAU QU; B 47.24 CINDY CRAPPER ON.  
**1980 SHERBROOKE JUN 14**  
G 54.90 LUCETTE MOREAU QU; S 53.18 CARMEN IONESCO QU; B 46.10 JOANNE CALVERLEY BC.  
**1979 SHERBROOKE JUL 28/29**  
G 52.72 CARMEN IONESCO QU; S 42.52 PATRICIA LEPINE ; B .  
**1978 MONTREAL JUL 08/09**  
G 59.58 CARMEN IONESCO QU; S 51.52 LUCETTE MOREAU QU; B 48.80 JANE HAIST QU.  
**1977 SUDBURY SEP 03/04**  
G 48.52 DOREEN GARNER SAB; S 42.12 ROSE HAUCH ON; B 41.88 ESTELLA RUNG AB.  
**1976 REGINA AUG 29**  
G 52.74 LUCETTE MOREAU QU; S 51.10 JANE HAIST QU; B 41.20 ROSE HAUCH ON.  
**1975 SUDBURY AUG 24**  
G 56.12 CARMEN IONESCO QU; S 55.26 JANE HAIST QU; B 52.10 LUCETTE MOREAU QU.  
**1974 WINNIPEG AUG 27**  
G 54.30 JANE HAIST ON; S 51.74 CAROL MARTIN ON; B 50.64 JOAN PAVELICH BC.  
**1973 BURNABY SEP 08/09**  
G 55.62 CARMEN IONESCO QU; S 53.50 CAROL MARTIN ON; B 52.12 JANE HAIST ON.  
**1972 SCARBOROUGH JUL 22**  
G 51.54 CAROL MARTIN ON; S 47.12 JOAN PAVELICH BC; B 46.88 JANE HAIST ON.  
**1971 WINNIPEG AUG 21/22**  
G 45.84 MARLENE KURT AB; S 45.76 CAROL MARTIN ON; B 41.06 JOAN PAVELICH BC.  
**1970 WINNIPEG AUG 29/30**  
G 41.92 MARLENE KURT AB; S 40.40 JOAN PAVELICH BC; B 38.78 NANCY THORNE BC  
**1969 VICTORIA AUG 30/31**  
G 44.52 CAROL MARTIN BC; S 43.40 JANE HAIST ON; B 41.64 JAY DAHLGREN BC  
**1968 TORONTO AUG 10/11**  
G 45.22 CAROL MARTIN BC; S 44.94 MARLENE KURT AB; B 44.70 JANE HAIST ON  
**1967 SASKATOON JUNE 23/24**  
G 46.08 CAROL MARTIN ON; S 44.40 MARLENE KURT AB; B 43.90 NANCY McCREDIE ON  
**1966 EDMONTON JULY 15/16**  
G 48.18 NANCY McCREDIE ON; S 46.22 CAROL MARTIN ON; B 42.14 MARLENE KURT AB  
**1965 ST. LAMBERT JUNE 25/26**  
G 47.91 NANCY McCREDIE BC; S N/R MARLENE KURT AB; B N/R JAY DAHLGREN BC  
**1964 ST. LAMBERT AUG 07/08**  
G 47.68 NANCY McCREDIE ON; S 38.32 CAROL MARTIN ON; B 36.12 MARLENE KURT AB  
**1963 SASKATOON JULY 05/06**  
G 46.92 NANCY McCREDIE ON; S 33.83 CAROL HADFORD AB; B 31.88 HELEN BEZDECK BC  
**1962 TORONTO AUG 04/05**  
G 41.67 PAT DOBIE SK; S N/R NANCY McCREDIE ON; B N/R LYDIA TERRY BC  
**1961 ST. LAMBERT JUNE 23/24**  
G 37.04 MARIE DEPREE BC; S N/R; B N/R  
**1960 SASKATOON JULY 15/16**  
G 39.88 LYDIA TERRY BC; S N/R; B N/R  
**1959 WINNIPEG JULY 17/18**  
G 41.96 MARIE DEPREE BC; S N/R PAT DOBIE NB; B N/R J. KEENAN MB  
**1958 SASKATOON JUNE 20/21**  
G 40.29 MARIE DEPREE BC; S N/R SHARON CLIFFE BC; B N/R PAT DOBIE NB  
**1957 ST. LAMBERT JUNE 28/29**  
G 32.95 PAT DOBIE NB; S N/R; B N/R  
**1956 HAMILTON AUG 24/25**  
G 43.29 JACKIE MacDONALD ON; S N/R MARIE DEPREE BC; B N/R PAT DOBIE NB  
**1955 SASKATOON JULY 03/04**  
G 36.20 JACKIE MacDONALD ON; S N/R; B N/R  
**1954 TORONTO JUNE 25/26**  
G 33.64 HELEN METCHUK SK; S 33.20 TONI IRELAND; B N/R  
**1953 TORONTO JULY 24/25**

G 35.28 JOYCE BRENNAN ON; S 34.14 JACKIE MacDONALD ON; B N/R V. VISKERS ON  
**1952 HAMILTON JUNE 27/28**  
G 37.57 JOYCE BRENNAN ON; S N/R SYLVIA PROKTOR SK; B N/R MARGARET LAWRIE BC  
**NO CHAMPIONSHIP**  
**1949 TORONTO JUL 16**  
G 30.36 JOYCE BRENNAN ON;  
**1948 MONTREAL JUL 10**  
G 30.32 JOYCE BRENNAN ON;  
**1947 EDMONTON JUL 25**  
G 29.48 HAZEL BRAITHWAITE SK;  
**1941 HAMILTON AUG 19**  
G 33.12 LOIS SCHOENBURG;  
**NO CHAMPIONSHIP-WAR YEARS**  
**1939 HAMILTON AUG 12**  
G 33.78 LOIS SCHOENBURG;  
**1938 HALIFAX AUG 06**  
G 30.44 LOIS SCHOENBERG;  
**1937 HAMILTON SEPT 11**  
G 29.80 DOROTHY SMEARDON; S 26.94 HALF EILEEN THORBER; B HELEN OVENDON; QUERY  
**1936 MONTREAL JUL 10**  
G 30.92 ROBERTA HIGGINS MB;  
**1935 MONTREAL AUG 10**  
G 30.46 HELEN OVENDEN;  
**1934 LONDON ON JUL 07**  
G 29.54 JOSIE LABA NS;  
**1933 NEW WESTMINSTER AUG 01**  
G 28.96 BERTHA HAIG;  
**1932 HAMILTON JUL 09**  
G 31.56 MAMIE SHRUM ON;  
**1931 WESTASKIWIN AUG 12**  
G 28.84 JOSEPHINE KOPTA AB;  
**1930 HAMILTON AUG 19**  
G 29.80 JOSEPHINE KOPTA AB; J. THOMPSON B A. ALLISON  
**1929 HAMILTON JUL 01**  
G 23.44 HAZEL CONACHER;  
**1928 HAMILTON JUN 30**  
G 36.60 FANNY ROSENFELD QU;  
**1927 TORONTO AUG 13**  
G 24.70 JEAN GODSON ON; S MOLLY TRINNELL ON; B ETHEL CATHERWOOD SK;  
**1926 TORONTO AUG 14**  
**FIRST CHAMPIONSHIP FOR WOMEN**  
G 26.50 FANNY ROSENFELD QU; S  
**1925 HALIFAX SEPT 05**  
TWO ARM AGGREGATE  
G 40.96 JEAN GODSON;

## **HAMMER THROW/ LANCER DU MARTEAU**

**2018 OTTAWA JUL 03/08**  
G 68.86 JILLIAN WEIR; S 66.67 LAUREN STUART; B 61.84 SULTANA FRIZELL  
**2017 OTTAWA JUL 03/09**  
G 66.88 SULTANA FRIZELL; S 65.92 JILLIAN WEIR; B 62.71 LAUREN STUART  
**2016 EDMONTON JUL 07/10**  
G 69.71 HEATHER STEACY; S 69.14 SULTANA FRIZELL; 67.86 JILLIAN WEIR  
**2015 EDMONTON JUL 02/05**  
G 70.97 SULTANA FRIZELL; S 66.07 LAUREN STUART; 65.44 HEATHER STEACY  
**2014 MONCTON JUN 27/29**  
G 73.78 SULTANA FRIZELL; S 65.05 LAUREN STUART; B 62.78 JILLIAN WEIR  
**2013 MONCTON JUN 20/23**  
G 68.23 SULTANA FRIZELL; S 64.39 HEATHER STEACY; B 61.23 MEGANN RODHE  
**2012 CALGARY JUN 27/30**

G 70.48 HEATHER STEACY; S 69.21 SULTANA; B 63.09 MEGANN RODHE  
**2011 CALGARY JUN 22/25**  
 G 70.86 HEATHER STEACY; S 70.17 SULTANA FRIZELL; B 66.65 CRYSTAL SMITH  
**2010 TORONTO JUL 28/31**  
 G 71.89 SULTANA FRIZELL ON; S 65.45 CRYSTAL SMITH BC; B 64.17 MEGANN RODHE BC  
**2009 TORONTO JUN 25/28**  
 G 69.05 JENNIFER JOYCE; S 68.00 SULTANA FRIZELL; B 60.48 MEGAN VANDERVLIE  
**2008 WINDSOR JUL 03/06**  
 G 70.94 SULTANA FRITZELL ON; S 68.73 JENNIFER JOYCE BC; B 64.19 CRYSTAL SMITH BC  
**2007 WINDSOR JUL 12/15**  
 G 63.87 SULTANA FRITZELL ON; S 63.72 CRYSTAL SMITH BC; 53.39 ELISABETH DUBOURT SK  
**2006 OTTAWA AUG 4/6**  
 G 64.54 CRYSTAL SMITH BC; S 63.49 JENNIFER JOYCE BC; B 60.12 SULTANA FRITZELL ON  
**2005 WINNIPEG JUL 15/17**  
 G 67.03 JENNIFER JOYCE BC; S 62.05 SULTANA FRIZELL QU; B 57.74 MICHELLE FOURNIER QU  
**2004 VICTORIA JUL 09/11**  
 G 65.25 JENNIFER JOYCE BC; S 62.59 MICHELE FOURNIER QU B 60.84 SULTANA FRIZELL ON  
**2003 VICTORIA JUL 18/20**  
 G 63.39 JENNIFER JOYCE BC; S 61.92 MICHELE FOURNIER QU; B 56.21 CAROL STEVENSON BC  
**2002 EDMONTON JUN 21/23**  
 G 64.02 MICHELE FOURNIER QU; S 62.56 JENNIFER JOYCE BC; B 59.82 CAROLINE WITTRIN BC  
**2001 EDMONTON JUN 22/24**  
 G 62.03 CAROLINE WITTRIN BC; S 60.77 JENNIFER JOYCE BC; B 56.18 PATTI PILSNER-STEINKE AB  
**2000 VICTORIA AUG 11/13**  
 G 60.26 MICHELE FOURNIER PQ; S 58.30 CAROLINE WITTRIN BC; B 55.15 PATTI PILSNER-STEINKE AB  
**1999 WINNIPEG JUNE 25/27**  
 G 61.57 CAROLINE WITTRIN BC; S 61.38 MICHELLE FOURNIER QU; B 57.90 ROBIN LYONS AB  
**1998 MONTREAL JULY 30/AUG 2**  
 G 60.12 CAROLYN WITTRIN BC; S 54.63 MICHELE FOURNIER PQ; B 54.48 PATTI PILSNER-STEINKE AB  
**1997 ABBOTSFORD JULY 18/20**  
 G 58.94 NR CAROLINE WITTRIN BC; S 53.46 THERESA BRICK MB; B 48.18 MICHELLE FOURNIER QU  
**1996 KITCHENER AUGUST 08/11**  
 G 55.94 THERESA BRICK MB; S 53.56 CAROLINE WITTRIN BC; B 50.10 RUTH CONLON ON.  
**1995 MONTREAL(CR) JUL 13/16**  
 G 52.86 THERESA BRICK MB; S 47.20 PINA RUSSO BC; B 46.52 CAROLINE WITTRIN BC.  
**1994 VICTORIA JUL 27/30**  
 G 53.62 THERESA BRICK MB; S 46.10 CAROLINE WITTRIN BC; B 43.98 KRISTEN DAJIA ON.  
**1993 COQUITLAM JUL 30/AUG 01**  
 G 51.80 THERESA BRICK MB; S 46.86 NOREENA BODAGLO MB; B 44.72 PINA RUSSO BC.  
**1992 COQUITLAM (ILLEGAL SLOPE) AUG 14/16**  
 G 51.66 CATHY GRIFFIN ON; S 51.36 THERESA BRICK MB; B 43.64 KRISTEN FAWCETT ON.  
**1991 MONTREAL(CR) JUL 25/28**  
 G 52.86 THERESA BRICK MB; S 51.30 B. EDMONSON USA; B 46.10 CATHY GRIFFIN ON.  
**1990 MONTREAL AUG 03/05**  
 G 48.66 THERESA BRICK MB; S 43.46 KRISTEN FAWCETT ON; B 42.08 CATHY GRIFFIN ON.  
**1989 OTTAWA AUG 04/06**  
 G 49.86 THERESA BRICK MB; S 48.54 HEATHER PECK ON; B 45.08 KRISTEN FAWCETT ON.  
**1988 OTTAWA AUG 04/07**  
 G 51.70 THERESA BRICK MB; S 43.80 KAREN VAN BAKEL ON; B 42.50 KRISTEN FAWCETT ON.  
**1987 OTTAWA (EXHIBITION) JUL 31/AUG 02**  
 G 51.44 THERESA BRICK MB; S 49.60 HEATHER PECK ON; B 46.78 KAREN VAN BAKEL ON.

## **JAVELIN THROW/ LANCER DU JAVELOT**

**2018 OTTAWA JUL 03/08**  
 G 59.34 ELIZABETH GLEADLE; S 50.45 ASHLEY PRYKE; B 48.34 MELISSA FRASER  
**2017 OTTAWA JUL 03/09**  
 G 60.62 ELIZABETH GLEADLE; S 54.40 JAIMEE SPRINGER; B 52.38 KRISTA WOODWARD  
**2016 EDMONTON JUL 07/10**  
 G 59.37 ELIZABETH GLEADLE; S 53.24 KRISTA WOODWARD; B 52.00 MELISSA FRASER  
**2015 EDMONTON JUL 02/05**  
 G 59.93 ELIZABETH GLEADLE; S 49.45 JAIMEE SPRINGER; B 48.94 TIFFANY MATTEAZZI

**2014 MONCTON JUN 27/29**

G 60.62 ELIZABETH GLEADLE; S 50.29 JAIMEE SPRINGER; B 48.90 MELISSA FRASER

**2013 MONCTON JUN 20/23**

G 58.59 KRISTA WOODWARD; S 51.15 CHELSEA WHALEN; B 51.02 ALANNA KOVACS

**2012 CALGARY JUN 27/30**

G 60.13 ELIZABETH GLEADLE; S 55.36 KRISTA WOODWARD; B 52.59 TIFFANY PERKINS

**2011 CALGARY JUN 22/25**

G 50.25 MELISSA FRASER; S 50.18 ELIZABETH GLEADLE; B 49.51 ALANNA KOVACS

**2010 TORONTO JUL 28/31**

G 53.53 KRISTA WOODWARD BC; 51.96 VICKI WEBB ON; B 50.71 ALANNA KOVACS ON

**2009 TORONTO JUN 25/28**

G 54.76 ELIZABETH GLEADLE; S 50.80 BROOKE PIGHIN; B 48.23 KRISTA WOODWARD

**2008 WINDSOR JUL 03/06**

G 49.09 ELIZABETH GLEADLE; S 47.56 VANESSA ROELOFSEN; 46.54 DEANNA ZELINKA

**2007 WINDSOR JUL 12/15**

G 54.89 KRISTA WOODWARD BC; S 47.98 BROOKE PIGHIN BC; 47.14 DOMINIQUE BILODEAU QC

**2006 OTTAWA AUG 4/6**

G 53.54 KRISTA WOODWARD BC; S 51.78 DOMINIQUE BILODEAU QC; B 47.03 AMY TIFFIN ON

**2005 WINNIPEG JUL 15/17**

G 53.63 DOMINIQUE BILODEAU QU; S 48.66 KRISTA WOODWARD BC; B 44.17 VANESSA ROELOFSEN ON

**2004 VICTORIA JUL 09/11**

G 52.06 DOMINIQUE BILODEAU QU; S 43.52 CAROLINE LAROSE ON; B 42.39 ANDREA BULAT ON

**2003 VICTORIA JUL 18/20**

G 52.43 DOMINIQUE BILODEAU QU; S 47.41 ALANA REDFERN BC; B 47.29 ROSLYN LUNDEN BC

**2002 EDMONTON JUN 21/23**

G 50.25 DOMINIQUE BILODEAU QU; S 48.44 ALANA REDFERN BC; B 44.76 SIGNI MACNEILL BC

**2001 EDMONTON JUN 22/24**

G 50.32 DOMINIQUE BILODEAU QU; S 49.38 ANDREA BULAT ON; B 48.93 KRISTA WOODWARD BC

**2000 VICTORIA AUG 11/13**

G 50.52 DOMINIQUE BILODEAU PQ; S 49.00 ANDREA BULAT ON; 3. 46.93 DEANNA ZELINKA ON

**1999 WINNIPEG JUNE 25/27**

G 48.57 ANDREA BULAT ON; S 48.00 VICKI WEBB ON; B 47.78 DOMINIQUE BILODEAU QU

**1998 MONTREAL JULY 30/AUG 2**

G 51.60 NICOLE CHIMKO AB; S 48.00 DOMINIQUE BILODEAU; 47.69 ISABELLE SURPRENANT QU

**1997 ABBOTSFORD JULY 18.20**

G 49.16 SANDY TAYLOR NS; S 44.22 STEPHANIE PROCTOR AB; B 41.48 TRACEY ACKER NS

**1996 KITCHENER AUG 08/11**

G 50.78 SIGNI MACNEIL BC; S 50.48 ISABELLE SURPRENANT QU; B 48.42 STEPHANIE PROCTOR AB.

**1995 MONTREAL(CR) JUL 13/16**

G 57.28 ISABELLE SURPRENANT QU; S 54.32 VALERIE TULLOCH ON; B 53.70 KAREN WILKINSON BC.

**1994 VICTORIA JUL 27/30**

G 55.78 VALERIE TULLOCH ON; S 53.30 ISABELLE SURPRENANT QU; B 52.30 STEPHANIE PROCTOR AB.

**1993 COQUITLAM JUL 30/AUG 01**

G 53.24 EILEEN VOLPATTI BC; S 51.12 ISABELLE SURPRENANT QU; B 50.32 VALERIE SURPRENANT QU.

**1992 COQUITLAM (ILLEGAL SLOPE) AUG 14/16**

G 52.76 ISABELLE SURPRENANT QU; S 50.38 STEPHANIE PROCTOR BC; B 50.16 VALERIE TULLOCH ON.

**1991 MONTREAL(CR) JUL 25/28**

G 55.14 ISABELLE SURPRENANT QU; S 55.02 CHERYL COKER ON; B 51.30 VALERIE TULLOCH ON.

**1990 MONTREAL AUG 04**

G 50.02 LORI LAROWE ON; S 49.60 CHERYL COKER ON; B 49.40 VALERIE COKER ON.

**1989 OTTAWA AUG 05**

G 50.40 CHERYL COKER ON; S 49.44 LORI LAROWE ON; B 49.22 CELINE CHARTRAND QU.

**1988 OTTAWA AUG 06**

G 52.72 ISABELLE SURPRENANT QU; S 52.46 CELINE CHARTRAND QU; B 48.82 KRISTY EVANS BC.

**1987 OTTAWA AUG 01**

G 55.22 FAYE ROBLIN ON; S 54.76 CELINE CHARTRAND QU; B 53.58 LOUISE PERRAULT ON.

**1986 OTTAWA JUN 21**

G 55.98 KRISTY EVANS BC; S 50.48 LORI LAROWE ON; B 50.04 CHERYL COKER ON.

**1985 OTTAWA AUG 02**

G 58.34 CELINE CHARTRAND QU; S 53.58 LAURIE SCHULTZ BC; B 48.44 KRISTY EVANS BC.

**1984 WINNIPEG JUN 30**

G 54.34 CINDY CRAPPER ON; S 50.60 LAURIE SCHULTZ BC; B 50.46 SUE GIBSON ON.



**1983 CALGARY JUN 12**

G 54.28 MONIQUE LAPRES QU; S 53.44 LORRI KOKKOLA ON; B 50.38 CELINE CHARTRAND QU.

**1982 OTTAWA AUG 01**

G 55.74 MONIQUE LAPRES QU; S 53.86 CELINE CHARTRAND QU; B 53.32 LAURIE SCHULTZ BC.

**1981 REGINA JUL 31/AUG 02**

G 51.80 SUE GIBSON ON; S 48.04 CELINE CHARTRAND QU; B 47.46 MICHELE McCANDLESS BC.

**1980 SHERBROOKE JUN 15**

G 51.12 LAURIE KERN BC; S 50.28 MONIQUE PION QU; B 49.02 LISE BOYER QU.

**1979 SHERBROOKE JUL 28/29**

G 49.90 LAURIE KERN BC; S 48.80 LISE BOYER QU; B 44.80 SUE GIBSON ON.

**1978 MONTREAL JUL 08/09**

G 53.54 ALISON HAYWARD BC; S 49.38 LAURIE KERN BC; B 48.18 LISE BOYER QU.

**1977 SUDBURY SEP 03/04**

G 47.74 SUE GIBSON ON; S 47.00 LAURIE KERN BC; B 44.48 BARB CHITOVAS ON.

**1976 REGINA AUG 28**

G 52.52 ALISON HAYWARD BC; S 44.38 LISE BOYER QU; B 43.84 SUE GIBSON ON.

**1975 SUDBURY AUG 22**

G 50.72 JAY DAHLGREN BC; S 46.76 ALISON HAYWARD BC; B 45.80 BARB CHITOVAS ON.

**1974 WINNIPEG AUG 27**

G 56.88 JAY DAHLGREN BC; S 46.88 LOUISE BELAND QU; B 44.16 LISE BOYER QU.

**1973 BURNABY SEP 08/09**

G 46.46 LAURIE KERN BC; S 46.24 VALERIE PETERSON MB; B 46.08 KATHY VANDERKNAPP QU.

**1972 SCARBOROUGH JUL 22/23**

G 51.60 JAY DAHLGREN BC; S 47.56 DIANE JACOBSON MB; B 46.16 LOUISE BELAND QU.

**1971 WINNIPEG AUG 21/22**

G 50.38 VAL PETERSON MB; S 47.56 BERYL RODRIGUES QU; B 43.34 JAY DAHLGREN AB

**1970 WINNIPEG AUG 29/30**

G 45.50 VAL PETERSON MB; S 44.44 WENDY HAINSCHWANG ON; B 40.42 JAY DAHLGREN BC

**1969 VICTORIA AUG 30/31**

G 48.64 JAY DAHLGREN BC; S 48.20 CAROL MARTIN BC; B 40.82 WENDY HAINSCHWANG ON

**1968 TORONTO AUG 10/11**

G 53.26 JAY DAHLGREN BC; S 43.30 CAROL MARTIN BC; B 41.86 INGRID GOTZSCH ON

**1967 SASKATOON JUNE 23/24**

G 45.78 JAY DAHLGREN BC; S 39.14 BERYL RODRIGUES QU; B 38.26 MARILYN MARSHALL BC

**1966 EDMONTON JULY 15/16**

G 45.50 JAY DAHLGREN BC; S 44.74 CHRISTA LEIPERT BC; B 41.58 INGRID GOTZSCH ON

**1965 ST. LAMBERT JUNE 25/26**

G 36.64 NANCY McCREDIE ON; S N/R INGRID GOTZSCH ON; B N/R VESCA ISSAYEVITCH ON

**1964 ST. LAMBERT AUG 07/08**

G 38.18 CHRISTA LEIPERT BC; S 35.81 NANCY McCREDIE ON; B 35.61 VALERIE JENSON SK

**1963 SASKATOON JULY 05/06**

G 35.36 VALERIE JENSEN SK; S 33.58 PAT CONNOR SK; B 31.36 CAROL HADFORD AB

**1962 TORONTO AUG 04/05**

G 43.38 PAT DOBIE NB; S N/R MARLENE PIPER BC; B N/R NANCY McCREDIE ON

**1961 ST. LAMBERT JUNE 23/24**

G 39.80 PAT DOBIE ON; S N/R; B N/R

**1960 SASKATOON JULY 15/16**

G 38.64 PAT DOBIE ON; S N/R S. MORRISON SK; B N/R Y. WALTON ON

**1959 WINNIPEG JULY 17/18**

G 36.20 WENDY KELLOND BC; S N/R PAT DOBIE ON; B N/R J. PRESTON

**1958 SASKATOON JUNE 20/21**

G 38.85 MARGARET GEORGE SK; S N/R WENDY KELLOND BC; B N/R MARILYN ROBINSON SK

**1957 ST. LAMBERT JUNE 28/29**

G 31.04 PAT DOBIE NB; S N/R; B N/R

**1956 HAMILTON AUG 24/25**

G 44.32 MARGARET GEORGE SK; S N/R MARJORIE ASHDOWN SK; B N/R JACKIE MacDONALD ON

**1955 SASKATOON JULY 03/04**

G 35.75 MARGARET GEORGE SK; S N/R; B N/R

**1954 TORONTO JUNE 25/26**

G 31.10 MARY LAWRENCE; S 27.46 NORMA HUGHES; B N/R

**1953 TORONTO JULY 24/25**

G 25.88 JO BRENNAN ON; S N/R JACKIE MacDONALD ON; B N/R ARLEEN WEEKS ON

**1952 HAMILTON JUNE 27/28**

G 34.76 MARY LAWRENCE ON; S N/R SYLVIA PROKTOR SK; B N/R ELLA ANDERSON ON  
NO CHAMPIONSHIP

**1949 TORONTO JUL 16**

31.26 NORA YOUNG;

**1948 MONTREAL JUL 10**

29.96 RHODA WURTELE;

**1947 EDMONTON JUL 25**

G 31.40 SYLVIA FEDORUK SK;

**NO CHAMPIONSHIP-WAR YEARS****1941 HAMILTON AUG 19**

G 31.40 ROBINA HIGGINS MB;

**1940 NO CHAMPIONSHIP****1939 HAMILTON AUG 10**

G 36.46 ROBINA HIGGINS MB;

**1938 HALIFAX AUG 06**

G 24.08 GWEN PHERRILL;

**1937 HAMILTON SEPT 11**

G 96.5 HELEN OVENDON; S EILEEN THORNBER; B DOT SMEARDON; QUERY

**1936 MONTREAL JUL 10**

G 33.50 BILLIE WAGNER;

**1935 MONTREAL AUG 10**

G 35.88 ROBINA HIGGINS MB;

**1934 LONDON ON JUL 07**

G 33.06 BILLIE WAGNER; S 31.24 BUNTY GREENBANK B

**1933 NEW WESTMINSTER AUG 05**

G 30.88 HELEN REEVE;

**1932 HAMILTON JUL 09**

G 28.10 JOSEPHINE KOPTA;

**1931 WESTASKIWIN AUG 12**

G 35.78 ETHEL CATHERWOOD SK;

**1930 HAMILTON AUG 19**

G 33.98 ETHEL CATHERWOOD SK;

**1929 HAMILTON JUL 01**

G 28.46 FLORENCE BELL;

**1928 HAMILTON JUN 30**

G 36.18 ETHEL CATHERWOOD SK;

**1927 TORONTO AUG 13**

G 34.92 ETHEL CATHERWOOD SK; ELSIE GAUER MB; MARGE ORMEROD ON;

**1926 TORONTO AUG 14**

G 32.48 FANNY ROSENFELD QU; S CLARA BALLARD

**1925 HALIFAX SEPT 05****TWO ARM AGGREGATE**

G 35.40 JEAN GODSON

**HEPTATHLON****2018 OTTAWA JUL 03/08**

G 6026 GEORGIA ELLENWOOD; S 5833 NICOLE OUDENAARDEN; B 5553 RACHEL MCINTOSH

**2017 OTTAWA JUL 03/09**

G 6000.00 NICOLE OUDENAARDEN; S RACHEL MCINTOSH; B DALLYSSA HUGGINS

**2012 CALGARY JUN 27/30**

G 6599 JESSICA ZELINKA; S 6393 BRIANNE THEISEN; B 5793 JENNIFER COTTON

**2011 CALGARY JUN 22/25**

G 6150 RUKY ABDULAI; S 6132 JESSICA ZELINKA; B 5581 NATASHA MILLER

**2010 TORONTO JUL 28/31**

G 5998 JESSICA ZELINKA ON; S 5491 JENNIFER COTTON ON; B 5256 NATASHA MILLER BC

**2009 TORONTO JUN 25/28**

G 5847 BRIANNE THEISEN; S 5710 SUSAN COLTMAN; B 5078 JENNIFER COTTEN

**2008 WINDSOR JUL 03/06**

G 6017 JESSICA ZELINKA; S 5797 SUSAN COLTMAN; B 5677 JILLIAN DROUIN

**2007 WINDSOR JUL 12/15**

G 5495 SUSAN COLTMAN; S 5023 VERONIQUE FORTIN QC; B 4950 JEN COTTEN ON  
**2005 WINNIPEG JUL 15/17**  
G 5753 JESSICA ZELINKA AB; S 5036 VERONIQUE FORTIN QU B 4699 MANDI TUPLIN AB  
**2004 VICTORIA JUL 09/11**  
G 5890 JESSICA ZELINKA AB; S 5470 BETH STROUD ON; B 5345 LORI BUDD AB  
**2003 VICTORIA JUL 18/20**  
G 5894 NICOLE HAYNES ON; S 5721 KIM VAN DER HOEK AB; B 5716 JESSICA ZELINKA BC  
**2002 EDMONTON JUN 21/23**  
G 5779 NICOLE HAYNES ON; S 5173 KIM VAN DER HOEK AB; B 5062 SARAH JUNKIN SK  
**2001 EDMONTON JUN 22/24**  
G 5356 JESSICA ZELINKA ON; S 5313 KIM VAN DER HOEK AB; B 5103 BETH STROUD ON  
**2000 VICTORIA AUG 11/13**  
G 5838 NICOLE HAYNES ON; S 5457 CATHERINE BOND-MILLS ON; B 5260 CRYSTAL SHADD ON  
**1999 OTTAWA JUN 19-21**  
G 5647 CATHERINE BOND-MILLS ON; S 5536 KIM VAN DER HOEK BC; B 5146 CANDACE JONES  
**1998 MONTREAL JULY 30/AUG 2**  
G 5723 CATHERINE BOND MILLS ON; S 5603 KIM VAN DER HOEK BC; B 5223 ESTHER SIEBAN AB  
**1997 ABBOTSFORD JULY 18/20**  
G 5887 CATHERINE BOND-MILLS ON; S 5383 KIM VAN DER HOEK BC; B 4858 ROMA OLEKSYN SK  
**1996 SASKATOON JUL 06/07**  
G 5138 ESTHER MEDEMA AB; S 5066 SHARI RUSHTON ON; B 4872 ISABELLE BELANGER QU.  
**1995 MONTREAL (CR) JUL 13/16**  
G 5870 CATHERINE BOND-MILLS ON; S 5559 KIM VAN DER HOEK NS; B 5356 KENDAL MATHESON BC.  
**1994 VICTORIA JUL 27/30**  
G 5942 CATHERINE BOND-MILLS ON; S 5426 KIM VAN DER HOEK NS; B 5310 KENDAL MATHESON BC.  
**1993 COQUITLAM JUL 30/AUG 01**  
G 6058 CATHERINE BOND-MILLS ON; S 5628 KIM VAN DER HOEK NS; B 5236 ESTHER MEDEMA AB.  
**1992 COQUITLAM (ILLEGAL SLOPE) AUG 14/16**  
G 5559 CATHERINE BOND-MILLS ON; S 5166 LINDSAY CLAPPERTON AB; B 5059 MICHELE POIRIER BC.  
**1991 MONTREAL (CR) JUL 25/28**  
G 5559 CATHERINE BOND-MILLS ON; S 5227 MICHELE POIRIER BC; B 4899 LINDSAY CLAPPERTON AB.  
**1990 MONTREAL AUG 03/04**  
G 5524 CATHERINE BOND ON; S 5470 DONNA SMELLIE ON; B 5306 LINDSAY CLAPPERTON AB.  
**1989 OTTAWA AUG 05/06**  
G 5610 CATHERINE BOND ON; S 5205 MICHELLE PARRISH BC; B 5050 KENDAL MATHESON BC.  
**1988 SASKATOON AUG 13/14**  
G 5637 DONNA SMELLIE ON; S 5212 LISA MAYES ON; B 4974 JANET SCOTT SK.  
**1987 OTTAWA JUL 30/AUG 01**  
G 5503 JANET SCOTT SK; S 5175 LESLIE ESTWICK ON; B 5087 ALISON ARMSTRONG ON.  
**1986 OTTAWA JUN 20/21**  
G 5578 LINDA SPENST BC; S 5531 ALISON ARMSTRONG ON; B 5279 JANET SCOTT SK.  
**1985 OTTAWA AUG 02/03**  
G 5543 ALISON ARMSTRONG ON; S 5329 CONNIE POLMAN-TUIN BC; B 5183 JANET SCOTT SK.  
**1984 WINNIPEG JUN 29/30**  
G 5913 JILL ROSS-GIFFEN ON; S 5749 CONNIE POLMAN-TUIN BC; B 5521 LINDA SPENST BC.  
**1983 ETOBICOKE JUN 07/08**  
G 5856 JILL ROSS ON; S 5195 CORRY RASENBURG ON; B 5156 ALISON ARMSTRONG ON.  
**1982 OTTAWA JUL 30/31**  
G 5967 JILL ROSS-GIFFEN ON; S 5325 JANET SCOTT SK; B 5232 ALISON ARMSTRONG ON.  
**1981 REGINA AUG 01/02**  
G 5816 DIANE JONES-KONIHOWSKI SK; S 5129 ALISON ARMSTRONG ON; B 4905 JANET SCOTT MB

## **PENTATHLON**

**1980 SHERBROOKE JUN 13/14**  
G 4235 KAREN PAGE N-Z; S 4074 ANN CRUMP BC; B 3982 THERESA LENARDON BC.  
**1979 SHERBROOKE JUL 28/29**  
G 4124 JILL ROSS ON; S 4024 JOANNE ANDERSON AB; B 3932 KAREN PAGE N-Z.  
**1978 MONTREAL JUL 08/09**  
G 4435 DIANE JONES-KONIHOWSKI SK; S 3936 JILL ROSS ON; B 3933 SUE SUMMERS ON.  
**1977 SUDBURY SEP 03/04**

G 4491 DIANE JONES KONIHOWSKI SK; S 3970 JILL ROSS ON; B 3821 LIZ McBLAIN QU.

**1976 REGINA AUG 28/29**

G 4614 DIANE JONES SK; S 3912 ANN CRUMP BC; B 3892 LIZ McBLAIN BC.

**1975 SUDBURY AUG 23/24**

G 4673 DIANE JONES SK; S 3882 JOANNE JONES SK; B 3809 SUE SUMMERS ON.

**1974 WINNIPEG AUG 27**

G 4409 DIANE JONES SK; S 4098 DEBBIE VAN KIEKEBELT ON; B 3825 JOANNE JONES SK.

**1973 WINNIPEG AUG 04/05**

G 4359 DIANE JONES SK; S 4116 DEBBIE VAN KIEKEBELT ON; B SUSAN SUMMERS ON

**1970 ST LAMBERT QU JUN 13/14**

G 4631 JENNY MELDRUM ON; S 4511 DEBBIE VAN KIEKEBELT ON; B 4337 DIANE JONES SK;

**1969 BIRCHMOUNT AUG 02/03**

4366 DIANE JONES SK; S 4173 YVONNE SAUNDERS QU; B 4073 PENNY MAY BC;

**1967 WINNIPEG JUL 01/02**

G 4634 JENNIFER WINGERSON ON; B 4328 LESLEY SHONK ON; B 3980 MAXINE HARRIS BC;

**1966 LETHBRIDGE**

G 3878 JOYCE MADDEN AB; S 3859 KAY THOMPSON MB; 3799 CONNIE PETERSON

**1965**

G 4462 JENNIFER WINGERSON

**1964**

G 4716 DIANE GERACE