

शाकाः ŚĀKĀḤ Vegetables

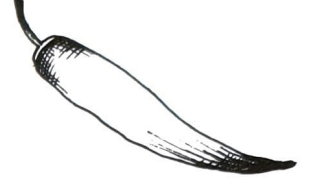
We have food everyday. Vegetables make our food yummy and healthy. Do you know what these vegetables are called in Sanskrit? Learn them and identify them when you have food every day.



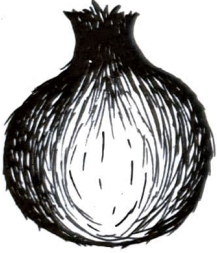
कपिशाकम्
kapiśākam



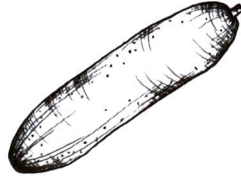
गृञ्जनम्
grñjanam



मरीचम्
marīcam



नारिकेलः
nārikelaḥ



कर्कटी
karkatī



वृन्ताकम्
vrntākam



भिण्डिका
bhīṇḍikā



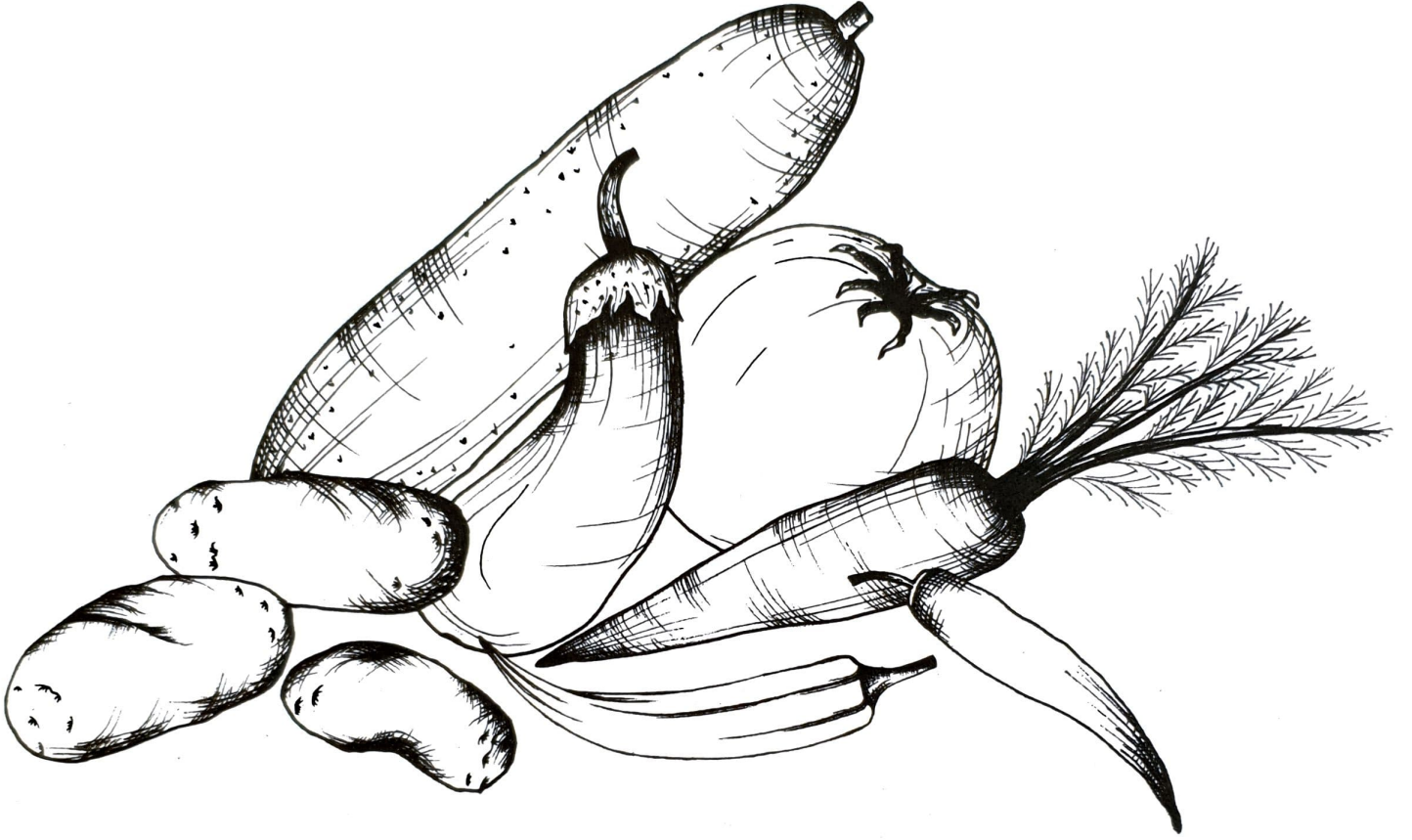
आलुकम्
ālukaḥ



रक्तफलम्
raktaphalam

ACTIVITY

Among the vegetables given below colour your favourite ones and write their Sanskrit names in the blanks given below.



ACTIVITY

Match the vegetables and their colours.

वृन्ताकम् vr̥ntākam

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हरितः haritaḥ

रक्तफलम् raktaphalam

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नारङ्गः nāraṅgaḥ

नारिकेलः nārikelaḥ

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•

रक्तः raktaḥ

गृञ्जनम् gr̥ñjanam

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धूमलः dhūmalah

कर्कटी karkatī

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पिङ्गलः piṅgalaḥ