

epiphysis of the ulnar. We have seen 2 adolescent weightlifters with fractures of the distal radial epiphysis also within the last year.

This patient presented with a Colles fracture, a previously undescribed injury in weightlifting. These injuries could be prevented by correct instruction in the technique of weightlifting and proper supervision. In

order to prevent these serious wrist injuries it is vital to have a person at each end of the bar to hold it if the lifter loses control.

ACKNOWLEDGEMENT

I would like to thank Mr. D. S. Porter for permission to publish his case.

REFERENCES

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Ryan, J. R. and Salciccioli, G. G., 1976. "Fractures of the distal radial epiphysis in adolescent weight lifters". Am.Journ.Sports Med. 4: 26-27.

Salter, R. B. and Harris, W. R., 1963. "Injuries involving the Epiphyseal plate". J.Bone and Joint Surg. 45-A: 587-622.

B.A.S.M. TIES AND HEADSQUARES.

As the present stock of ties is now exhausted, another batch is already being manufactured. A wider blade, 4", with the Association's emblem as a multiple motif, will be available on the navy blue background as before, or on maroon. Another design with a single motif and the name of the Association on a stripe is also contemplated if there is a demand.- £3.00 + 20 pence postage & packing.

At the request of many lady members, headsquares with the Association's emblem on two corners are on order. - £2.50, + 20 pence postage and packing.

If there is a demand, woven blazer or track suit badges may be supplied, at approximately £4.00. Hand embroidered wire thread badges would be at least £8 or £9.

Ties and headsquares should be available well before Christmas, and orders should be sent to the Hon. Treasurer. Bank clearance charges of 55 pence should be added to cheques NOT drawn on U.K. banks in sterling, and an additional 25P if airmail is requested.

INVERCLYDE WEEKEND, MAY 1979

J. MACGREGOR, MSc, PhD, FIBiol

Vice-Chairman, Scottish Area BASM

B.A.S.M. (Scotland) recently held their Annual Sports Medicine Weekend at the Scottish National Recreation Centre at Largs. The traditional mix of academic, business, recreational and social activities all took place in the beautiful parkland setting of Inverclyde House, overlooking the sheltered waters of the Firth of Clyde with the Islands of Cumbrae and Arran in the offing.

Our formal programme "Physiotherapy in Sport" attracted speakers from most branches of the Association ranging from the assured to the enthusiastic with perhaps just a breath of realism from time to time. Controversy was positively encouraged and productive if inconclusive discussion ensued.

The Scottish A.G.M. disposed of its business in the now accustomed manner, acclamation having given way to "nem con". Particular notice was taken of the development of clinical sports medicine services at Edinburgh Meadowbank and the new special-purpose clinic now under construction at Glasgow.

Inverclyde's extensive recreational facilities were thoroughly enjoyed by most of the participants. Saturday afternoon is now traditionally devoted to practical examination of typical situations likely to lead to sports medicine involvement. Three "Piper" keelboats from the Cumbrae Watersports Centre introduced eleven young therapists to all the joys of sail. Our three mature helmsmen also enjoyed themselves.

The "Inverclyde Weekend" has always had an important place in the affairs of the Scottish Branch of the Association. Long chats into the "wee sma' hours" by circles of protagonists getting to grips with inter-disciplinary matters; suitably tempered by medical comforts *ad lib* from the self-help dispensary.

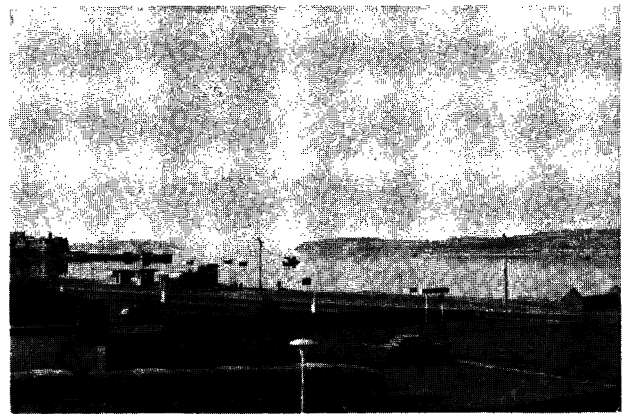
The Annual Dinner had all the ingredients, the "Selkirk Grace", the Chairman's inconsequential remarks of much consequence, the epic endeavours of Sonja Snell. Our dinner guests were the present Director and his wife. Althum Turner is due to retire soon, well remembered by many when Director of Lillieshall Recreation Centre, then moving to Scotland where he brought our National Centre to a new peak of resource provision. It will remain a worthy monument to his services to sport.

J. MacGregor, MSc, PhD, FIBiol

*Reader in BioEngineering
University of Strathclyde*



Inverclyde House



Big and Little Cumbrae Islands, from Largs.



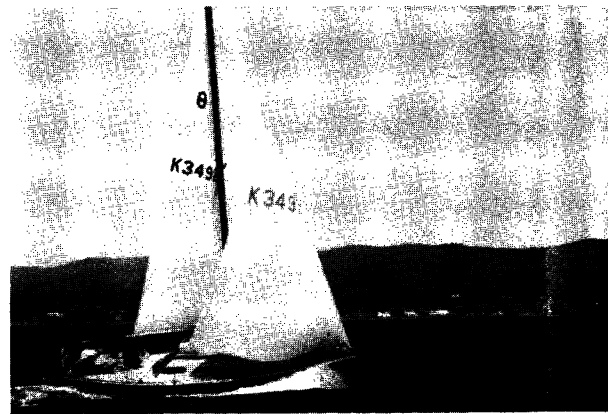
Dr. Jimmy Moncur and crew.



Dr. Peter Weston and crew.



Dr. Jimmy MacGregor and crew in a Piper.



Jim MacGregor's own boat —(three years ago, tried to moor itself to a Nuclear submarine).

BRITISH ASSOCIATION OF SPORT AND MEDICINE

**Minutes of the Annual General Meeting
of the British Association of Sport and Medicine
held at 10 a.m. on Wednesday, 21st June, 1978,
at the Royal Society of Medicine, London**

* * *

Present were:

Lord Porritt (in the chair), Dr. G. G. Browning, Dr. H. E. Robson, Mr. R. A. C. Davies, Dr. D. S. Tunstall-Pedoe, Mr. M. G. Down, Dr. I. M. Sharman, Professor D. E. M. Taylor, Dr. J. A. Moncur, Dr. S. Miles, Mr. S. W. McDonald, Mrs. J. H. Chapman, Dr. Phyllis Elliott, Mr. D. A. Brodie, Mrs. Karen Chaney, Miss Susan Crewe, Miss Marilyn Harrison, Mr. J. F. MacPherson-Stewart, Mr. M. Lowy, Dr. D. V. P. Thomas, Miss Lisa Ornstein, Dr. S. K. Pal, Dr. D. Buchanan, Mr. Derek Mack, Mr. R. Beal, Dr. J. G. P. Williams, Mr. D. P. Chapman, Dr. P. N. Sperryn, and others failing to sign.

Apologies for absence were received from:

Dr. A. Young, Dr. R. Watson, Mr. B. Jagger, Mr. D. Van Haeften, Mr. B. Simpson, Mr. J. D. Wrighton, Dr. J. Ebbetts, Dr. R. M. Archibald, Professor J. M. Cameron, Mr. J. F. Cadman, Professor H. Thomason, Rev. G. Varnham, Mr. W. E. Tucker, Dr. J. E. Kane, Dr. W. P. McMillan, Mrs. Lorna Sperryn, Mr. J. J. M. Pearson, Mr. B. Helal, Mr. F. T. Horan, Mr. B. W. Thomas, Dr. B. Kiernander, and Surg. Capt. D. E. Mackay, RN.

The Minutes of the Annual General Meeting of 25th May, 1977, pre-circulated were signed as correct.

Proposed: Dr. I. Sharman. Seconded: Mr. D. P. Chapman.

The Honorary Treasurer's Report, circulated, was adopted with one correction – the Brunel course yielded neither profit nor loss, not as printed.

Proposed: Dr. J. G. P. Williams. Seconded: Mr. R. Beal.

The Honorary Secretary's Report gave rise to general debate which led to

1. this report being adopted unchanged.

Proposed: Dr. I. M. Sharman. Seconded: Professor R. J. Sheppard.

2. a motion from the chair "That there be an Extraordinary General Meeting for election of officers and committee" which was carried nem. con.

The Scottish Area report, circulated, was adopted.

Proposed: Mr. D. P. Chapman. Seconded: Professor D. E. M. Taylor.

There being no other business, meeting ended at 10.35 a.m.

BRITISH ASSOCIATION OF SPORT AND MEDICINE**HONORARY SECRETARY'S REPORT 1978-79**

The Association's major meeting on "Exercise, a Prescription for Health" was well attended and reported in the media. It was well supported by sponsorship from the Health Education Council and the Sports Council, an important new development.

The Extraordinary meeting in October added the second block of new members to the Committee and saw the election of seven distinguished members to the re-established Vice Presidency.

The enlarged Committee has continued to consider the growth of B.A.S.M.'s activities but is hindered by two main factors, firstly lack of really active organisers in the membership, secondly lack of finance and recognition of "sports medicine" generally. We are at present at the limits of, or beyond what can be managed by an amateur club. Your Committee has started discussions on some revisions to the constitution.

The coming year will need to see a clear redefinition of B.A.S.M.'s aims, in conjunction with other interested parties, and this will need to take realistic account of the political climate in British sport as well as Medicine.

Our annual course is well established. The Fifth Course, again at Loughborough, was full at 62, and we welcomed a number of overseas students including seven sent by the Olympic Committee of Jamaica. There is no doubt about the demand for this course and we should consider expanding our course structure to meet the growing demand for places.

A major problem remains that the most active members are constantly busy in the cause of Sports Medicine, but that B.A.S.M., qua B.A.S.M. is not sufficiently active in its own right. In this respect the most heartening aspect of 1978-79 was the increasing activity of the Yorkshire and Wales Area Branches. We need to bring B.A.S.M. to the grass roots, not just in regions, but perhaps into hospitals and college activities.

P. N. SPERRYN
Honorary Secretary

BRITISH ASSOCIATION OF SPORT AND MEDICINE

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 1978

	<u>1978</u>	<u>1977</u>
Members Subscriptions	4,059	4,276
Donations	125	23
Sale of British Journal of Sport and Medicine	1,484	1,545
Sale of Journal of Sports Medicine and Physical Fitness	129	157
Profit and Sale of Ties, Shields etc.	37	15
Bank Interest	373	170
Bank Interest - Adolphe Abrahams Memorial Fund	6	4
Surplus on Sports Medicine Course 1977	31	-
Surplus on Sports Medicine Course 1978	1,097	-
Surplus on Symposium	141	-
Surplus on Brunel Course 1976	-	52
Race Horse Doping - Share of Symposium Proceeds	-	500
	<u>7,482</u>	<u>6,742</u>
deduct : Cost of Publishing Association		
Journals	4,538	3,337
Subscriptions F.I.M.S.	116	129
Stationery and Postage	257	246
Bank Charges	5	4
Auditors Remuneration	62	45
Secretarial Help for Honorary Treasurer	544	308
Secretary's Honorariums for Honorary Secretary	142	-
Annual General Meeting	88	95
Travelling Expenses	378	444
Grant to Welsh Area	30	50
Repairs and Renewals	15	95
	<u>6,175</u>	<u>4,753</u>
	1,307	1,989
Appropriation to Adolphe Abrahams Memorial Fund	28	4
	<u>1,279</u>	<u>1,985</u>
Taxation :		
Corporation Tax at the rate of 42% based upon :		
The relevant income for the current year	159	-
The relevant income for the previous year	73	-
	<u>232</u>	<u>-</u>
Surplus for the year	<u>£ 1,047</u>	<u>£1,985</u>

BRITISH ASSOCIATION OF SPORT AND MEDICINE
BALANCE SHEET AS AT 31 DECEMBER 1978

	<u>1978</u>	<u>1977</u>
ASSETS EMPLOYED :		
<u>Current Assets :</u>		
Stock on Hand	224	334
Debtors and Prepayments	50	965
Balances at Bankers :		
No. 1 Account	-	1,841
No. 2 Account	1,413	74
Deposit Account	6,961	3,588
Adolphe Abrahams Memorial Fund :		
Balance at Bankers	107	79
Amount due by Treasurer	8	-
	<u>8,763</u>	<u>6,881</u>
<u>Current Liabilities :</u>		
Creditors	255	40
Taxation	232	-
Amount due to Treasurer	-	22
Balance due to Bankers :		
No. 1 Account	382	-
	<u>869</u>	<u>62</u>
<u>Net Current Assets</u>	<u>7,894</u>	<u>6,819</u>
	<u>£7,894</u>	<u>£6,819</u>
FINANCED BY :		
<u>Accumulated Fund :</u>		
Balance as at 31 December 1977	6,740	
add : Surplus for the year	1,047	
	<u>7,787</u>	6,740
<u>Adolphe Abrahams Memorial Fund :</u>		
Balance as at 31 December 1977	79	
add : Appropriation from Income and Expenditure Account	28	
	<u>107</u>	79
	<u>£7,894</u>	<u>£6,819</u>

Note

The accounts reflect the activities of the Scottish Area only to the extent of the subscription due therefrom and included in Members Subscriptions in the amount of £534 (1977 : £481) and the relevant proportion of the surplus on the Sports Medicine Course 1977.

DR. H.E. ROBSON - Honorary Treasurer

REPORT OF THE AUDITORS

We have examined the books of account of the British Association of Sport and Medicine, which reflect the transactions of the Scottish Area only to the extent shown in the note, and we certify that the annexed Balance Sheet and Income and Expenditure Account are in accordance therewith.

Loughborough
5 April 1979

ARMITAGE & NORTON
Chartered Accountants

HONORARY TREASURER'S REPORT FOR 1978

At the end of last year, the balance sheet shows a small overdraft on the No. 1 General Purposes account, as a large printer's bill had just been paid, but the incoming subscriptions quickly cleared this up. The Number 2 account, Courses and Conferences, had a credit balance of over £1,400, and during the past year profit on the Loughborough course held in April 1978 had been transferred to the Deposit account, swelling the latter to almost £7,000. The Adolphe Abrahams Memorial Fund, a separate trust established for occasional special lectures, rose to over £100, having received £28 in donations during the year. We owed £255 in various small debts, the overdraft on the No. 1 account was £382, and a sum of £232 was set aside as our probable contribution to the Inland Revenue as Corporation Tax on accumulated interest on the deposit account. Current assets at the end of the year were therefore £7,894, which includes £107 in the Adolphe Abrahams account.

The Income and Expenditure Accounts shows over £4,000 from members' subscriptions, and nearly £1,500 from external sales of the journal. These latter, together with some advertising revenue, help to offset the costs of publishing the journal, which only impinge upon subscription income to the extent of £4,500. Interest on the Deposit Account was £373, and £6 on the Adolphe Abrahams Account. Sports Medicine courses are now becoming a helpful source of income, our share of the small Glasgow course in 1977 being £31, and we cleared over £1,000 for the larger Loughborough course in 1978.

The growth of the Association to over 1,000 with 300 new members recruited in 1978 and early 1979 has meant a great deal more administrative work for the honorary officers; both the Treasurer and the Secretary have had to employ secretarial help, amounting to £686, with postage etc. of £257. With the addition of the Auditor's fee, administration has cost nearly £1,000, but we are no longer in a position to run the Association for next to nothing. To allow for a fully professional organisation we would need x5 to x10 our present income. The tightening of hospital and education authority budgets in the past few years, with heavy increase in the expense of travel without a similar increase in salaries, has meant that the members of the Executive Committee have had to call upon our funds to help with a proportion of the out-of-pocket expenses, as allowed for in the existing Constitution. This Association has also been represented at two major international event, the Sports Cardiology conference in Rome, and the World Congress of Sports Medicine in Brazilia. A substantial amount of help was given by the Sports Council, but contribution from B.A.S.M. funds were authorised by the Executive Committee to augment these grants. A total amount of £378 was spent on all these items.

An initial grant of £30 was given to form the new Welsh Area of B.A.S.M.; a most successful inaugural meeting was held, and once established, the area has organised further meetings. A Yorkshire and Humberside Area has also been formed during the year, but its inaugural meeting was self-supporting, and we have had no request yet for financial help.

A few years ago, when we were a small body, publishing an occasional Bulletin which was circulated to members only, and had no external sales, we had no tax liabilities. Now that membership has grown considerably, and with external sales of the Journal as well as making a profit on courses, we must consider our future position very carefully, and this will require legal and financial advice, a revision of the Constitution, and careful self-audit; matters which will occupy the Executive Committee and sub-committees throughout the next year or two.

H. E. ROBSON
Honorary Treasurer

BASM WELSH AREA

Report for 1978 and 1979 up to June 27th

On 13th May, 1979 a combined meeting with the Welsh Sports Trainers Association was held at Singleton Hospital, Swansea. Guest speakers included Mr. John McLaine, coach of Llanelli Rugby Football Club, Mr. Chris Lewis, Dental surgeon and lecturer at the Heath Hospital, Cardiff, and Dr. J. G. P. Williams, Director of Farnham Park Rehabilitation Centre. The meeting also included premier of a film on soft tissue injuries entitled "Week-End Warriors". The meeting was extremely successful with over 100 trainers and members in attendance. Sponsorship was kindly given by Montedison Pharmaceuticals and Boots Co. Ltd.

At the area meeting following the symposium it was agreed that there should be regular Spring and Autumn meetings and the possibility of a combined two day conference each summer, possibly in conjunction with the Welsh Trainers Association at a coastal venue. The next meeting is to be held at the University Hospital of Wales on 6th October at 10 a.m. This is the morning of the Wales v. Rumania Rugby International at Cardiff. Speakers will include Mr. E. Jenkins, Dr. J. E. Davies, Dr. J. P. R. Williams and Dr. Kenneth Lloyd. The speakers will concentrate on clinical aspects of sport and this is to be followed by an open discussion on the merits of sport medicine, and why sport medicine at all?

Dr. J. E. Davies

YORKSHIRE AREA OF BASM

REPORT FOR YEAR ENDED JUNE 1979

The first meeting to be held by the Yorkshire Branch of BASM after its formation in March 1978 was a short evening meeting on 18th October 1978. This was held in Sheffield, and two papers were presented. The first was on "Neurophysiological Aspects of Skill Acquisition", by Dr. A. Angel (Reader in Department of Physiology at Sheffield University), and the second was on "What is Sport Psychology About?" by Dr. G. J. K. Alderson (Head of Department of Human Movement Studies at Sheffield City Polytechnic). Informal discussion of these papers then followed over coffee.

A second meeting was planned to be in Leeds on 4th February 1979; unfortunately the weather was very inclement at that time, and that meeting has yet to be held. However, the Yorkshire Branch hope to plan more meetings for Autumn 1979.

PHYLLIS ELLIOTT

Yorkshire Representative to the Executive Committee
BASM

A.G.M. (SCOTLAND)

Held at Inverclyde House, Largs, on 6th May 1979

SECRETARY'S REPORT

The year has been unfortunate as far as meetings were concerned due to the difficulty of getting members from far afield.

Dr. Lutton's paper has not yet been adequately discussed and remains on the table. There is also the question of meetings with other bodies interested in Sports Clinics which is still under discussion.*

We have had a gratifying attendance at this year's Inverclyde conference but the projected barbecue last year had to be cancelled due to lack of support. We shall try again this year.

Although we have no responsibility for this it is good to see the success of the Meadowbank S.M.C. in providing clinical meeting and also the success of the S.R.U. meeting in Edinburgh. I would hope that we would be able to emulate the former in Glasgow when the projected Glasgow Sports Medicine Centre is opened, the plans for which are well advanced under the auspices of the Glasgow Sports Promotion Council.

We assisted in convening a Conference on Dope Testing and Eligibility of Women Athletes, the Proceedings of which will be published in due course. It should be noted that "dope testing" had been done by Dr. Oliver in Glasgow following the recent World Boxing Championships and that formal recognition of this capability should shortly be forthcoming.

There is a growing interest in Sports Medicine outside B.A.S.M. in Scotland (e.g. the recent conference in Lochgelly). This is to be applauded and we would welcome those responsible to the ranks of B.A.S.M.

Dr. Conacher has represented B.A.S.M. at three meetings of the Consultative Committee on Swimming. The Committee had concluded that better education of the public in Water Safety was the most effective way to reduce the number of drowning accidents. Four one day seminars had been organised by the Committee at four venues in Scotland. Dr. Conacher had attended the one in Peebles. In July Dr. Conacher accompanied the Great Britain team to the European Youth Championships in Florence as medical adviser.

The membership of the Scottish area continues to increase. Currently there are 149 members and 2 affiliated members.

CHAIRMAN'S REPORT

The plans for a Glasgow Sports Medicine Centre are well advanced.

The Sports Council are subsidising Dope Tests and we are investigating the possibility of the same facility in Scotland. I am to write to the S.S.C. following the Glasgow Sports Promotion Council conference.

Sports medicine facilities are proceeding with support from Local Authorities. The government does not, at the moment, seem to be interested.

There was a good F.I.M.S. course at Loughborough with a greatly improved syllabus. This is now an annual event and it is hoped to develop advanced conferences and courses some of which will be biased towards specialities.

There is a continuing movement towards the establishment of Regional groups in Sports Medicine throughout Britain and it is possible that B.A.S.M. will move towards a paid full time administrative structure.

We shall keep in mind the formation of an Association of Sports Medicine Centres in consultation with Dr. Weston.

Dr. Moncur and Mrs. Weighton are to be thanked for their efforts with the recent Inverclyde Conference.

TREASURER'S REPORT

This would be published in the Journal in due course. It was unavoidable that the Treasurer was not present but the accounts were healthy and would be audited and passed to Dr. Robson.

BUSINESS

It was agreed that the present Committee remain in Office with the immediate task of looking into the position of limited length of service for Committee Members and to report on this at the next A.G.M.

The meeting closed with thanks to the chair.

J. A. Moncur
Hon. Scottish Secretary

**The points of this paper by Dr. Lutton are published in this number as "Challenge!"*

B.A.S.M. (SCOTLAND)**ACCOUNTS FOR THE YEAR ENDED 31st DECEMBER, 1978**

Income		Expenditure	
Cash in Bank	£856.48	75% of Annual Subscriptions paid to Parent Body	£534
Annual Subscriptions	853	Treasurer's expenses	15
Grants		Refunds	8
Guinness School of Sport	50	Dr. Young's expenses	5
Boeringer	200	Dr. Moncur's expenses	43
Bank Interest	31.57	Secretarial work	29.34
		Bank charges	10.68
		Stirling Course	263.19
		Auditor's Fee	10
		Deficit on Annual Conference	57.92
		50% of profit on Jordanhill Course, paid to Parent Body	31.48
		Balance in Cash carried forward	983.44
	£1991.05		£1991.05

ANNUAL CONFERENCE AT INVERCLYDE – MAY 12th-14th, 1978

Delegates	£259	Speaker's Fees	£ 40
Grant from Boots	270	Accommodation	546.92
Deficit	57.92		
	£586.92		£586.92

To be submitted for Audit at a later date.



The Sports Council

SPORTS DISSERTATION OF THE YEAR AWARD GUIDELINES FOR SUBMISSIONS

BY UNDERGRADUATES ONLY

Eligibility

- (a) Dissertations must focus on sport and active recreation in town or country, or its effects on the natural, man-made or human environment.
- (b) Dissertations themselves must be of first-class quality, even if the author's degree is of a different class.
- (c) The dissertation must form a substantial part of a first degree course or equivalent.
- (d) No more than one dissertation can be submitted in any one year from each department.

Procedure for Application

Registrars or Heads of Departments or Faculties should send a copy of the submitted dissertation together with a 250-400 word synopsis (preferably written by the student) to the Principal Research Officer, The Sports Council, 70 Brompton Road, London SW3 1EX by 30 October each year. A Departmental comment would be helpful.

Awarding the Prizes

- (a) The Sports Council will appoint a small panel consisting of its Research Committee Chairman, its Principal Research Officer and one or two other people to assess the submissions. Specialist advice will be sought if needed.
- (b) Their judgement as to the eligibility of submitted

dissertations, and of those worthy of awards, will be final.

- (c) The Sports Council will award £100 and a trophy (a copy of which will be given to the recipient) for the dissertation which, of all those commended, is judged to have made the most incisive attack on a problem, or to have tackled the most demanding problem. The original trophy may be held for display for a year but must be returned.
- (d) In addition the Council will award up to five prizes of £50 each year, normally one only from within each group of disciplines, viz:
 - (i) Geography and planning of sport, sport and the natural or man-made environment.
 - (ii) Physiology, biomechanics, biochemistry, motor psychology, sports medicine.
 - (iii) Coaching and performance, sports psychology.
 - (iv) Physical education, recreation management training, history of sport.
 - (v) Sports sociology, sports administration and institutions, sports information, sport and the media.
 - (vi) Economics of sport and recreation, management and operation of facilities and services.
- (e) The Council will publish or arrange to have published the winning dissertation in complete or edited form. It may do the same for some of those commended in their class. Copyright will be by arrangement.

To: The Principal Research Officer
The Sports Council
70 Brompton Road
London SW3 1EX

Sports Dissertation of the Year

I hereby submit for consideration (title).....

Signed:
(Registrar, Head of Department or Faculty)

.....prepared by

.....(author) in fulfilment of

.....
(Department)

.....(degree) as my
Department's/Faculty's entry for the award.

Date:
(College, Polytechnic or University)

MEETINGS OF BASM AND OTHER ORGANISATIONS:

1979-80

Date	Organisation	Venue	Application & Details	Meals	Accommodation	Cost
Mon. 1-4 October	UNESCO Res. Gp/Bioch. Eng./Ital. sim. trans. (BJSM 12:4, p. 263)	Fiuggi Terme, Italy	Congress Secretariat, Ente Fiuggi S.p.A., Via Pinciana 25, 00198 ROMA, Italy	Included	Included	\$200 U.S.
Sat. 6th Oct.	BASM Welsh Area "Clinical Aspects of Sport"	University Hospital of Wales, Cardiff	Dr. J. E. Davies, Sports Inj. Clinic, Guy's Hospital LONDON SE1. (01-407-7600, Ext. 2424)	Not known	Not known	Not known
Sat. 3rd Nov.	Frenchay PGMC + Inst. Swimming Teachers & Coaches (BJSM 13:3)	Frenchay Hosp. PG Centre, Bristol	Mrs. G. Daniel, PG Centre, Frenchay Hospital, BRISTOL	Included	Eurocrest Hotel — extra	Free
Wed. 7-8 Nov.	BASM & BARR Farnham Park (BJSM 13:1, p. 37)	Windsor PG Centre, King Edward VII Hosp., Windsor	J. G. P. Williams, FRCS, Farnham Park Rehab. Centre, Farnham Royal, SLOUGH, Berks.	Included	Hotels extra	£25
Wed. 28-30 November	Arizona University Sports Med. Program (BJSM 13:3)	Marriott Hotel, TUCSON, U.S.A.	Ms Faith Carlisi, Conference Coord., Office of Continuing Med. Educ'n, Univ. Arizona Health Serv. Center, TUCSON, Arizona 85724, U.S.A.	Hotel	Hotel	Not known
Wed. 5th Dec. 5 p.m.	Institute of Sports Medicine (BJSM 13:3)	Cambridge (Site to be arranged)	Dr. Sylvia Lachmann, Dept. Rheum. & Rehab. New Addenbrookes Hospital, CAMBRIDGE	No	No	Not known

1980

Fri. 1-8 February	Norwegian Sports Assn. for the Disabled, Internat. Med. Congress (BJSM 13:3)	Ustaoset Mountain Hotel, GEILO, Norway	Harald Natvig, Scient. Sec., Norw. Sp. Ass'n. for Disabled, Hauger Skolevi 1, 1351 RUD, Norway	Hotel	Hotel	\$330 US or 1,600 Kr.
Sun. 13-18 April	BASM 1980 Sports Medicine Course (Drs., Sp. Scient., Physios) (BJSM 13:3)	Loughborough University	Dr. H. Robson, 39 Linkfield Road, Mountsorrel, LOUGHBOROUGH, Leicestershire	Included	Included	£110 (incl. VAT)
Wed. 4-8 July	ICSPE Res. Cttee. Women and Sport (Eng. c sim. trans.)	Hilton Hotel, Rome	Organizing Cttee. & Sc. Sec't. Piazza Mignalli 4, 00187 ROMA, Italy	Not known	Not known	Not known
Fri. 6-8 July	BASM & ACPSM Joint Conference (AGMs of both organisa- tions will be held) (BJSM 13:3)	Loughborough University	D. Chapman, White Oaks Clinic, HEATHFIELD, Sussex	Included	Included	Not known

MEETINGS OF OTHER ORGANISATIONS

FIRST ANNUAL SPORTS MEDICINE SYMPOSIUM: UNIVERSITY OF ARIZONA

Wednesday, November 28th – Friday, November 30th, 1979

This event, sponsored by the University's Sports Medicine Programme will be held at the Marriott Hotel, TUCSON, Arizona, U.S.A. The Chairmen will be Dr. Edward Percy, an overseas BASM member, and Dr. Jack Wilmore, PhD.

Enquiries and applications to:
**Ms. Faith Carlisi, Office of Continuing Medical Education,
 University of Arizona Health Services Center, TUCSON, Arizona 85724, U.S.A.**

MEETINGS OF OTHER ORGANISATIONS

FIRST INTERNATIONAL MEDICAL CONGRESS ON SPORTS FOR THE DISABLED

Friday, 1st February – Friday, 8th February, 1980

This congress, under the auspices of the Norwegian Sports Organisation for the Disabled, will be held at the Ustaoset Mountain Hotel, Geilo, Norway, in association with the Second Olympic Winter Games for the Disabled.

Inclusive Fee: \$330 US or 1,600 Kr.

Applications and enquiries to:
**Mr. Harald Natvig, Scientific Secretary,
 The Norwegian Sport Organisation for the Disabled,
 Hauger Skolevei 1, 1351 RUD, Norway**

MEETINGS OF OTHER ORGANISATIONS

MEDICAL ASPECTS OF COMPETITIVE SWIMMING

Frenchay Postgraduate Medical Centre in association with
 the Institute of Swimming Teachers and Coaches

Informal Conference for Doctors

Saturday, 3rd November, 1979, at the PG Centre, Frenchay Hospital, BRISTOL, starting with registration at 9.45 a.m. Speakers: Morning session are – Dr. J. G. P. Williams, Dr. D. S. Tunstall-Pedoe and Dr. Maurice Yaffé, PhD; for the afternoon session from 2 p.m. Prof. Arnold Beckett, followed by a presentation by the 1980 Olympic Swimming Team contingent, Dr. David Cooke, Mr. Tony Power MCSP and Mr. David Haller. At 4 p.m. after tea, there is a panel discussion. Some residential accommodation is available at the Eurocrest Hotel, Hambrook. There is no conference fee, and meals are by courtesy of Messrs. Smith, Kline & French. Section 63 approval is being sought for reimbursement of travel.

Applications as soon as possible to:
Mrs. Gill Daniel, Postgraduate Medical Centre, Frenchay Hospital, BRISTOL BS16 1LE

MEETINGS OF OTHER ORGANISATIONS

INTERNATIONAL CONGRESS ON "WOMEN AND SPORT"

Research Committee of ICSPE, FIMS, ICHPER, FIEP, IAPESWG, HISPA & AIEISEP

Wednesday, July 4th – Sunday, July 8th, 1980, at the Hilton Hotel, Rome

There are ten sections for this congress, Sports Biology & Biochemistry of Exercise; Physiology, Biomechanics, Kinanthropometry, Psychology, Sports Medicine, Sociology, Methodology of training women, Philosophy, History, Art & Journalism. Anyone wishing to submit a paper should send the title with a short abstract before December 31st, 1979. The official language is English, but there will be simultaneous translation into other languages if the demand justifies it. The Organising Committee and Scientific Secretariat are at:

Piazza Mignanelli 4, 00187 ROMA, Italy

MEETINGS OF OTHER ORGANISATIONS

THIRD WINDSOR COLLOQUIUM ON CLINICAL PROBLEMS PECULIAR TO SPORT

Wednesday, November 7th and Thursday, November 8th, 1979

This will be held at the Post Graduate Medical Centre, King Edward VII Hospital, Windsor. The format will be a number of presentations, followed by short papers and discussions on each topic. The central symposium will be on the Management of the Unstable Knee, and Professor Einar Eriksson, from the Karolinska Centre in Stockholm, will be the Moderator. Other topics will include Psychological Problems, Wrist Injuries, and the Use of Electrodiagnosis in Sports Injuries. The speakers will include Mr. William McQuillan, FRCS (Edinburgh), Mr. Patrick England, FRCS (London), Dr. Peter Merry (Manchester), and Dr. Maurice Yaffé, PhD (London).

The number of places is limited to 50, so early application is advisable. Lunches on both days, and Dinner on Wednesday night are included in the cost. Bed and breakfast is available to those requiring it.

Fees:	Residential over Wednesday night	. . .	£
	Non-residents, incl. lunches	. . .	£

Applications should be sent to:

J. G. P. Williams, Esq., FRCS, Farnham Park Rehabilitation Centre, Farnham Royal, SLOUGH, Berkshire SL2 3LR
Tel. Farnham Common (028-14) 2271

This Colloquium is under the joint aegis of the

BRITISH ASSOCIATION OF SPORT AND MEDICINE
and the

BRITISH ASSOCIATION OF RHEUMATOLOGY AND REHABILITATION

MEETINGS OF OTHER ORGANISATIONS

INSTITUTE OF SPORTS MEDICINE – OPEN LECTURE

will be given in the University of Cambridge on Wednesday, December 5th, 1979 at 5.00 p.m. by Mr. Walpole Lewin, CBE, MA, DSc, MS, FRCS. His subject will be "The prevention of head injuries in sport", and Lord Lloyd of Kilgerran will be in the chair. Mr. Lewin is the Senior Consultant Neurosurgeon at the Addenbrooke's Hospital, is an expert in cerebral and cranial trauma, and is also well known for his outstanding work in trying to improve efficiency and morale in the National Health Service through his work in the BMA.

Further details, and the venue of the meeting, together with any fees due, can be obtained from:

Dr. Sylvia Lachmann, Dept. of Rheumatology and Rehabilitation,
New Addenbrooke's Hospital, Hills, Road, CAMBRIDGE CB2 2QQ

RUNNING EVENTS FOR DOCTORS

May I announce once again through the courtesy of your columns that two running events for doctors will be held on Saturday 6th October, 1979 at Dunfermline College of Physical Education, Edinburgh. The events are 10,000 metres for men and 5,000 metres for women, and any registered medical practitioners will be eligible to take part. A similar event was held last year and proved to be very successful, attracting 120 entrants.

These events are organised by the Meadowbank Sports Medicine Centre and sponsored by the Wellcome Foundation Limited.

FOR IMMEDIATE ACTION

Any doctor who wishes to take part should write to me for further details and an entry form, enclosing a stamped addressed envelope.

Applications to:

**Dr. BRIAN COVELL,
61 Falcon Avenue, Edinburgh, EH10 4AN**

NEW MEMBERS

The following were elected by the Executive Committee on 27th June, 1979.

ORDINARY MEMBERS

Dr. W. M. C. Allen, DMRD, Prospect House, High Connington, DARLINGTON, Co. Durham
 Mr. A. Constantinides, MCSP, 33 Chester Drive, North Harrow, Middlesex
 Mr. F. d'Abreu, ChM, FRCS, 36 Cumberland Terrace, Regents Park, LONDON NW1 4HP
 Mr. S. K. Gupta, MChOrth, FRCS, Suite 41, Block 18, 201 Manicktalla Main Road,
 CALCUTTA-700 054, India
 Mr. D. Hall, DPE, 18 Church Street, Llanbradach, CAERPHILLY, Mid Glam., CF8 3LS
 Mr. J. K. Harse, SRN, 33 Holland Street, EBBW VALE, Gwent
 Mr. R. Herd, MSRG, Queen Elizabeth Military Hospital, Stadium Road, Woolwich,
 LONDON SE18
 Dr. P. G. Hollywood, FFARCS, 45 Kirkstead Road, BURY St. EDMUNDS, Suffolk
 Dr. A. Hopkins, 2 North Road, GLOSSOP, Derbyshire
 Dr. V. C. Jolly, Post Box 150, OWO, Ondo State, Nigeria
 Dr. J. Kelt, 60 Parkdyke, STIRLING, Scotland
 Ms. Christine McConnell, MEd, Director of Physical Education, Makerere University,
 KAMPALA, Uganda
 Dr. G. Sheehan, 79 W. Front Street, RED BANK, N. Jersey 07701, U.S.A.
 Capt. M. Struselis, RAMC, HQ Officers' Mess, Goojerat Barracks, COLCHESTER, Essex

Proposed by:

H. Robson
 R. Garrett
 H. Robson

 B. Helal
 J. E. Davies
 J. E. Davies

 B. Hawkes
 H. E. Robson
 H. E. Robson
 D. N. Mathur
 H. E. Robson

 H. E. Robson
 H. E. Robson
 H. E. Robson

STUDENT MEMBERS

Mr. A. R. Dent, Flat 5 Ashbourne House, 4 Ascot Road, Moseley, BIRMINGHAM B13
 Miss A. M. Holland, 28 Claude Road, ROATH, Cardiff
 Mr. T. Watson, Chiswick Hospital, Netheravon Road, Chiswick, LONDON W4

J. G. P. Williams
 H. E. Robson
 V. Grisogono

BRITISH JOURNAL OF SPORTS MEDICINE

GUIDANCE FOR CONTRIBUTORS

Several types of communications will be considered for publication by the Editorial Board.

1. ORIGINAL ARTICLES, reporting research, experimental work, innovations in therapeutic procedures, etc.
2. REVIEW ARTICLES on special topics, which should include an adequate but not necessarily an exhaustive bibliography.
3. ABSTRACTS of verbal communications given at scientific meetings. These may be published as 'Proceedings' of meetings, and sometimes the author might be invited to submit a fuller edited text of his talk, together with illustrations.
4. ANNOTATIONS, case reports, preliminary reports of research, and of pilot studies, usually not exceeding 400 words.
5. CORRESPONDENCE, — 'letters to the Editor'.
6. CONFERENCE REPORTS from Area organisations of B.A.S.M., or of other meetings with direct relevance to the work and interests of B.A.S.M. members.
7. NOTICES of forthcoming events relevant to Sports Medicine.
8. OBITUARY NOTICES concerning B.A.S.M. members and others distinguished in Sports Medicine.

SUBMISSION OF MANUSCRIPTS

These should be sent to the Editor, Dr. H. E. ROBSON, 39 Linkfield Road, Mountsorrel, Nr. LOUGHBOROUGH, Leics. LE12 7DJ Tel. 0533-303436 (surgery) or 0533-303971 (home)

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Two copies of each manuscript should be submitted. They should be typewritten, double spaced, on one side of the paper only, in English, with conventional British spelling.

The title of the paper should be typed in capitals, with the name and principal qualifications of the author(s), e.g. "FRCS", "DipPE, PhD", "MSc(Psych)", "MB, BS, PhD" or "MCSP", then the appointment held, the department and the institution in which the work was carried out. If the author has moved since the work was performed, his present address should be added as a footnote.

In general, manuscripts should be prepared in accordance with the recommendations of the International Steering Committee of Medical Editors, the "Montreal Agreement". A booklet is obtainable from the Editor, British Medical Journal (50 pence), or Annals of Internal Medicine, 4200 Pine St., Philadelphia for U.S. authors.

AN ABSTRACT not exceeding 150 words should follow the heading of a long paper. This should include the chief points made in the paper, and the main conclusions drawn or suggested. Only very essential references are included here. On the advice of the Editorial Board, a communication may be published in abstract only. Following the Abstract, some three to six KEY WORDS should be inserted to assist with indexing.

NOMENCLATURE. Drugs should be specified by their official name, followed by the trade name and manufacturer's name in brackets if well known and widely prescribed under its trade name. Doses should be in metric measurements. S.I. units should be used, except for measurements of blood pressure, which should be in mm. Hg. Conversions from one system of measurements to another should be rounded off, and in all tables unnecessary decimal places should be avoided, as they are usually due to the mechanics of the computer, and not to accurate scientific measurement.

REFERENCES mentioned in the text should give the name of the author, or first two authors followed by et al for multi-author papers, with the date of publication in brackets, e.g. "Wright, Clarke et al (1976)". In the reference section, the authors' names should be arranged in alphabetical order, followed by year of publication, title of paper, journal, volume number double underlined, and first and last pages, e.g. "WRIGHT, G., CLARKE, J., NINIMAA, V. & SHEPHARD, R. J. 1976 'Some reactions to a dry-land training programme for dinghy sailors' Brit.Journ.Sports Med. 10: 4-10". For text-book references, the author, editor, year, title of chapter, title of book, edition number, publisher, and city of publication should be given. Our retention of the "Harvard System" of references is our only major deviation from the recommendations of the Montreal Agreement.

TABLES should be numbered in capital Roman numerals.

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These notes were revised in April 1979 for Volume 13.