

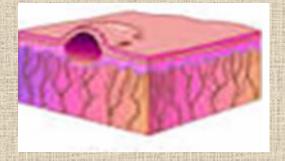
Infectious diseases with rash

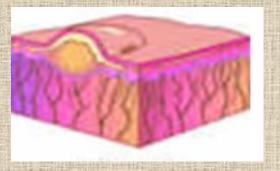
- > Measles
- > Scarlet fever
- Rubella (German measles)
- > Smallpox
- > Chicken pox
- > Meningococcal infection
- > Herpetic infection
- > HIV infection
- > Enteroviral infection
- > Rickettsiosis

Infectious diseases with rash

- > Hemorrhagic fevers
- > Typhoid fever
- > Paratyphoid fevers A, B
- Generalized salmonellosis
- > Infectious mononucleosis
- > Yersiniosis
- > Leptospirosis
- > Trichinelosis
- > Tularemia
- > Anthrax

Name the types of skin rash:

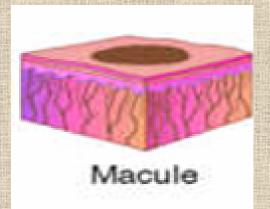




Types of skin rash

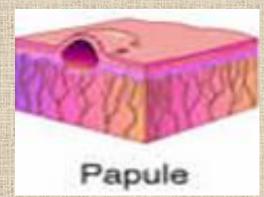
macula:

- small (< 1cm) skin discoloration
- in the level of the skin patch:
- macule that exceeds 1cm in size



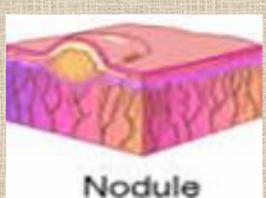
papula:

- small (<0,5-1cm) palpable
- raised, solid, flat skin spot plaque
- papula >0,5-1cm in size



nodule

- similar to papule but located deeper in the dermis or subcutaneous
- · may be above, in the level, or below the skin surface



Maculopapular rash:

⇒ Scarlatiniform rash (<1 mm)

⇒ Rubelliform rash (1-3 mm) pale, separated

⇒ Morbilliform rash (measleslike)(3-5 mm), can be confluent



Types of skin rash

vesicle (blister)

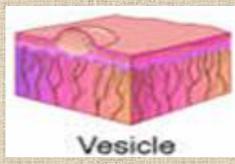
- small (< 0.5cm) circumscribed
- fluid-filled elevation within the upper skin layer
- has a thin wall, and is often translucent

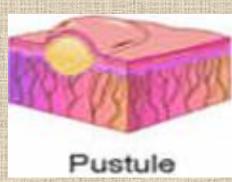


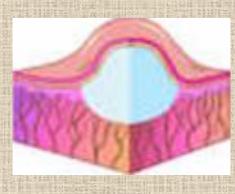
pus-filled vesicle

bulla

vesicle that exceeds 0.5 cm in size







- 1. Type
- 2. When
- 3. Where
- 4. Evolution
- 5. Prurit
- 6. Travel / drugs / pts medical history?

GENERALISED MACULOPAPULAR RASH IN CHILDREN 3-14 YO

Scarlet fever Str. pyogen β-hemol.:

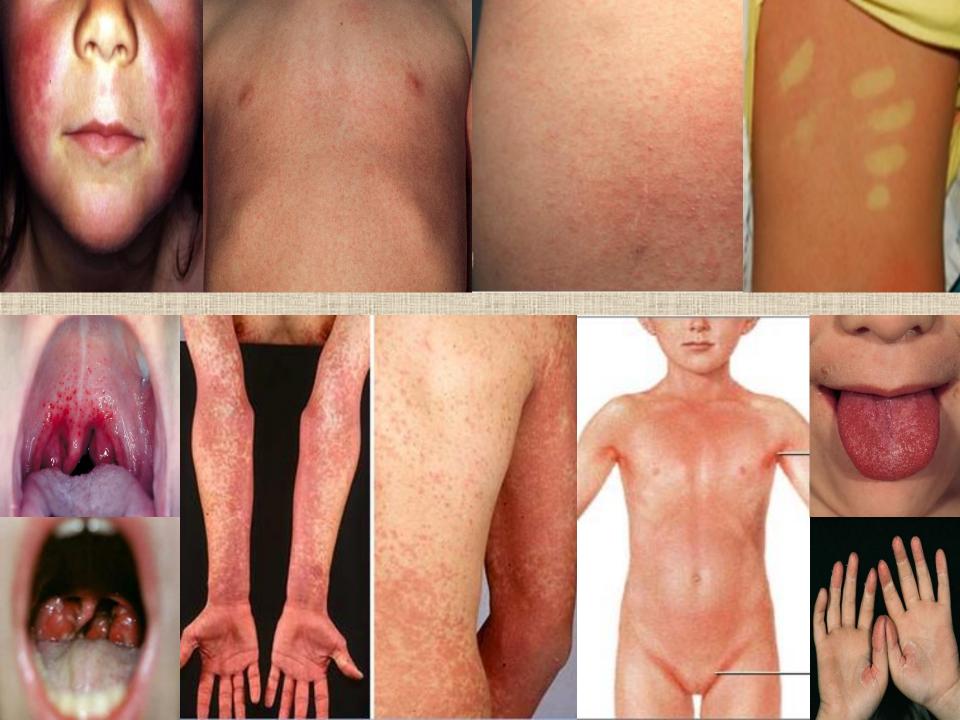
- Fever + toxic syndrome
- Exudative pharyngitis
- Rash: 12-48 h, periauric → 24 h down; pinpoint papules
- Avoid face, palms, soles. > skin folders; confluent,

Measles:

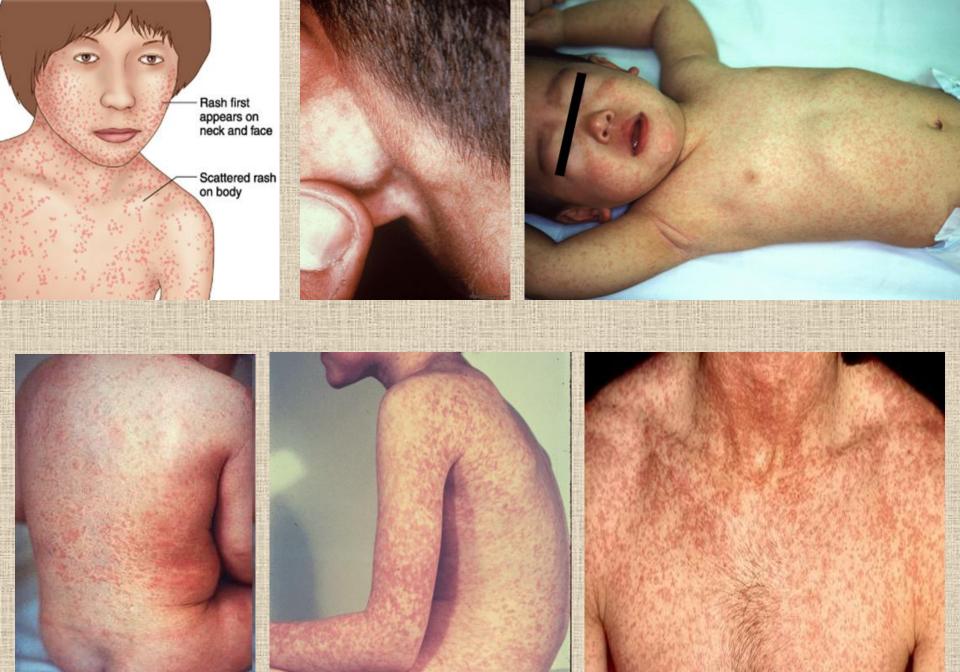
- Fever + toxic + cataral syndr.: conjunct., cough, coryza
- Koplik spots = 2-5 d white lesions on oral mucosa
- Rash: 3-4 d; spread up → down in 3 d; confluent;

German measles

- · Low-grade fever
- L.adeno: occipital, post-auricular, post-cervical
- Rash: 1-3 day, discrete, face+neck → trunk & extremities
- as it spreads, it clears on the face







MACULOPAPULAR RASH IN A 'GLOVE-AND-SOCKS' DISTRIBUTION

Yersinia pseudotuberculosis

Fever, toxic syndr.

Rash: 2-6 d; joints, trunk, "hood", "gloves", "socks", generalized gener. mycro-poly-lymphadeno. (~ pseudoappendicitis) Hepato-splenomegalia,

Enterocolitis

~ arthritis large joints

↑ WBC (left), ↑ AIAt

Papular-purpuric gloves and socks syndrome (PPGSS) parvovirus B19 infection Children, > spring & summe

Rash: before low-grade fever (2-4 d), ~ petechial / purpuric, ~ pruritus, oral mucosal erosions (hard, soft palate, pharynx, tongue, inner lips) arthralgias & lymphadenopathy.

↓RBC, **↓ WBC**, **↑ eosin.**, **↓ thrombo**, **↑ AIAt**

Kawasaki disease (autoimm. medium+small sized blood vessels, necrotizing angeititis) children <5 yo, Asian descent, pre-existing viral inf.

fever 39-40°C

Rash: "gloves", "socks", ~ trunk, face, extremities, perineum conjunctivitis, gingivitis, strawberry tongue, cervical lymphaden. myocarditis & aneurysm coronary arteries, ~ pericarditis, valvulitis, ~ arthritis, diarrhea, meningitis, pneumonitis, hepatitis











Generalised maculopapular rash

Ricketsiosis

geographic; tic/flea bite, louse

fever, flu-like

Rash: 3-5 day, ~ eschar at the inoculum site

hepatospleno

Drug eruption

suddenly, often with fever,

Rash: 7-10 days after the drug is first taken, often pruritic

~ polyorganic involvement

Syphilis

chancre history 4-10 week prior

low fever, sore throat, malaise, weight loss, patchy alopecia

Rash: trunk, extremities, +palms, +soles

general. lymphaden, ~ organ involvement: liver, renal, CNS, ocular

HIV

Group of risk

Momo-like syndrom; ~ opportun infection

| Scarlet fever Str. pyogen β-hemol. | Yersinia pseudotuberculosis |
|---|--|
| Children 3–12 years | Children - adults |
| Fever, chills, toxic syndr. | Fever, toxic syndr. |
| Rash: > 12-48 hours after onset > lasts ≥1 week. > periauric. > in 24 h. > down > lobster skin > avoid face, palms, soles > Pastia = petech. major skin folds > spare nasolabial △ > strawberry tongue 4-5 days > desquamation fingers, toes 5-10d | Rash: > 2-6 days after onset > lasts ≤3-7days > simultan. joints, trunk, > face / neck hyperemia > "hood", "socks", "mitten" > —"— > —"— > —"— > —"— |
| exudative pharyngitis regional lymphadeno reactiv artritis 2-10% | gener. mycro-poly-lymphadeno. hepato-splenomegalia, ~jaundice mycro-poly-lymphadeno. pseudoappendicitis dispeptic (~enterocolitis) reactive arthritis, large joints ~eritema nodosum |
| Penicillini, amoxicillini, erzthromycini, cefalosporins I (cephalexini) | Cefalospor III, fluorquinolons |



Describe the rash...

Hemmorhagic rash

Erythematous (reddish) skin lesions resulting from the extravasation of blood due to intradermal capillary leakage.

reamage

Petechiae: <3 mm, nonblanching</p>

Purpura: 0.3—1cm may be raised

Ecchymoses >1cm



Petechiae evident on the soft palate



Purpura → abnormalities in any of the three components of hemostasis:

- 1. vascular wall,
- 2. platelets,
- 3. coagulation cascade

The purpuras - conveniently divided into:

- palpable
 - vasculitic and/or inflammatory damage:
 - extravascular fibrin deposition
 - cellular infiltration in inflammatory disorders
 - cellular infiltration in malignant disorders
- nonpalpable macular purpura
 - hemostatic disorders
 - vascular damage
 - vasculitic / inflammatory damage

Thrombocytopenia & pigmented purpuric dermatoses, are not usually palpable.

PATHOPHYSIOLOGIC CAUSES OF PETECHIAL AND PURPURIC LESIONS

THROMBOCYTOPENIA

Bleeding occurs at platelets <50,000

>> Increased destruction

Idiopathic Thrombocytopenia Purpura, neonatal autoimmune thrombocytopenia, Thrombotic thrombocytopenic purpura, Evan Syndrome

>> Decreased production (marrow infiltrative processes and bone marrow suppression)

Malignancy (leukemia, lymphoma, neuroblastoma), aplastic anemia, drug-induced, storage diseases, radiation therapy, Thrombocytopenia-absent radius syndrome, congenital amegakaryocytic thrombocytopenia, Fanconi anemia, EBV, CMV, HIV, varicella, mumps, TORCH, lympho-proliferative disorders

>> Sequestration

Splenomegaly, chronic liver disease, portal vein thrombosis, Kasabach-Merritt syndr.

PLATELET DYSFUNCTION

- >> Congenital
- >> Acquired

Drug or toxin- induced (aspirin, non-steroidals, lasix, heparin)

COAGULATION DEFICIENCIES

- >> Congenital
- >> Acquired

Liver disease, uremia, vitamin K deficiency

LOSS OF VASCULAR INTEGRITY

- >> Trauma
- >> Increased venous pressure
- >> Disorders of collagen synthesis
- >> Vitamin C deficiency
- >> Vasculitis
- >> Toxins

Infections -> MULTIFACTORIAL

GENERLIZED MACULOPAPULAR RASH → HEMORRHAGIC

Rocky Mountain spotted fever

- geographic region, tick bite 2-14 d prior,
- Fever, flu-like sympt.
- Rash: 2-5 days after fever >> maculopapular generalized, spreads centrally, +petehial, +hands, +soles, +face
- rickettsia >> endotheliatropism

Ebola, Marburg, Dengue hemorrhagic fever

- geographic region,
- · high fever,
- flu-like sympt., joint pain, dispeptic
- Rash: 3-6 days diffusely
- minor hemorrhagic: petechiae, epistaxis, gingival

HEMORRHAGIC RASH

Meningococcemia

Sudden, fever, toxic

Rash: 1-2 day, buttocks → legs → generalized

+ ~ meningitis

Endocarditis

Sudden / gradually, longer duration fever prior to presentation Rash: finger, toe, palms, soles, legs, ~thorax change heart murmur 90%

hematuria 60-70%, septic embolia 15%

Vasculitis small vessels (leukocytoclastic)

infection / medication, fever less common

Rash: palpable purpuric rash, lower, ~upper extremities, simetric

Henoch-Schönlein purpura (American College of Rheumatology):

patient <20 yo at onset,
palpable purpura, simetric, lower extrem
bowel angina (diffuse abdominal pain)
acute arthritis in any joint (> ankles, knee)
renal involvement (hematuria and/or proteinuria).

HEMORRHAGIC RASH

HUS - Hemolytic uremic syndrome (endothelial injury by toxins shiga /shiga-like toxin)

platelet sequestration, destruction, consumption in micro thrombi microangiopathic hemolytic anemia (fibrin / red cell rich thrombi) Infants, young children, may at any age antecedent history diarrheal illness *E.coli* O 157; *Shigella dysent.* severe renal insuf.; uremia usually no pancreas, adrenal, brain, heart involvement

Thrombotic thrombocytopenic purpura (TTP) clotting in vessels microangiopathic hemolytic anemia neurologic abnormalities (hallucin., altered mental status, stroke) fever 50%, renal disease, Organomegaly → not typical

Idiopathic Thrombocytopenia Purpura (autoimmune)

Chronic adults (>wo), acute children (viral inf. 50%, parvovirus Splenomegaly excludes ITP Normal bone marrow

CASE 10 yo girl

- ill for 2 days
- · high fever, intoxication, vomiting
- petechial rash since 24h extremities, trunk, face
- hipotension



CASE 27 yo man

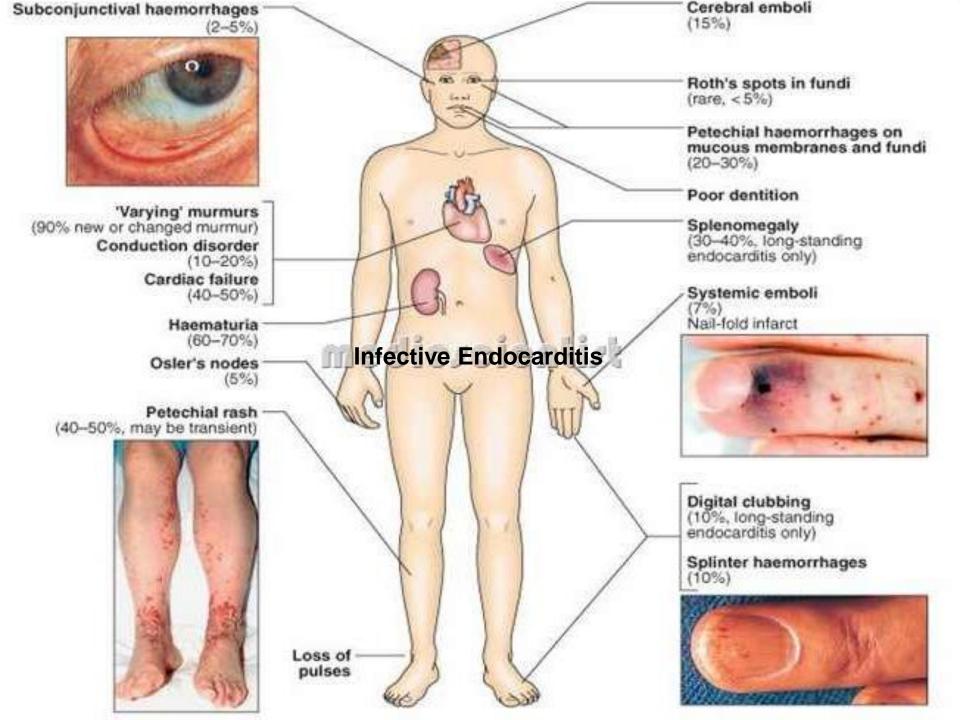
- high fever, intoxication
- petechiae conjunctival, hands, feet, subungual hemorrhages
- systolic murmur at the cardiac apex
- tender hepatomegaly



CASE 46 yo man

- III for 2 we, no fever
- palpable purpura rash over lower extremities
- Chronic VHC hepatitis





√ Vesicles - small, clear, fluid-filled blisters < 10 mm in diameter.
</p>

| | SMALLPOX | CHICKENPOX |
|-------------------------|-----------------------------|-------------------------|
| FEVER | 2 to 4 days before rash | At time of rash |
| RASH • Appearance | Pocks in same stage | Pocks in several stages |
| • Development | Slow | Rapid |
| • Distribution | More pocks on arms and legs | More pocks on body |
| • On palms and soles | Usually present | Usually absent |
| DEATH | Usually 1 in 10 die | Very uncommon |









HSV

- Clustre of tense vesicles on an erythematous base.
- Vesicles contain a clear to yellow fluid.
- ➤ After initial infection HSV → latent in sensory nerve cell bodies, life-long.

HIV:

HSV infection:

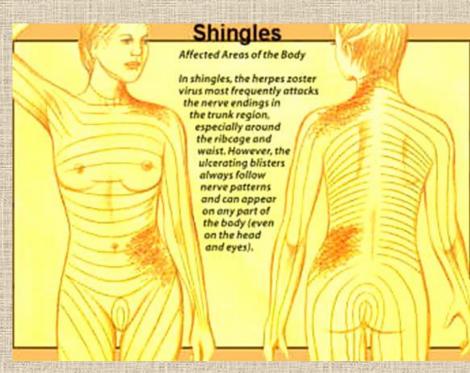
- chronic >1 mo duration
- orolabial / genital / anorectal
- visceral at any site

HZV infection:

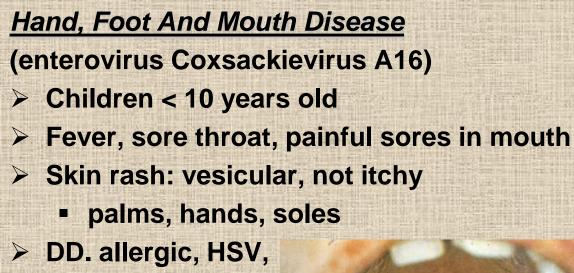
- children / young adults
- bilateral /multidermatomal
- repeated / recidivant

HZV (Shingles)

- Reactivation of chicken pox
- When immunity breaks down
- > Fever, chills, fatigue, headache
- severe pain, itching, tingling, burning, redness







chickenpox





| | Cellulitis | Erisipelas | Impetigo |
|---------------------|--|---|---|
| Infection of | skin and cutaneous connective tissue. | more superficial than cellulitis | superficial infection of the skin |
| | borders are poorly defined Erythema: swollen tender, warm pus blisters | borders are well defined & raised Erythema: superficial, hot, shiny, painful, serous blisters, bullae | → non- bullous form with yellow crusty erytematous patches → bullous form with erythema and blisters |
| Fever, intoxication | +++ | ++ often precede skin lesion | |
| common sites | abdomen, lower legs | face, limbs | face, limbs |
| Pts | underlying diseases: diabetes, venous insufficiency, obesity, imm/deficiency | | children |
| Common agent | Streptococcus, Staphylococcus | group A beta- haemolytic streptococci | Staphylococcus, Streptococcus |
| | | | |

| Signs | Pseudotubercullosis | Meningococcemia | Chickenpox | |
|----------------------------------|--|---|---|--|
| Initial symptoms | THE RESIDENCE OF THE PARTY OF T | intoxication, develops very acutely, initial measles-like rash | Acutely, observing catarrh, intoxication, rash | |
| Time of the rashes' beginning | on 2-8 day | first hours of the disease | On 1-2 days, appear next 3-5 days as pushes | |
| Morphology | A STATE OF THE PARTY OF THE PAR | hemorrhagic "star-like" with necrosis in the centre | Polymorphic (spots, papules, vesicles, crusts) | |
| Sizes of elements | Small, middle, large | from small to significant | middle | |
| Localization | "hood", "mitten", "socks" signs, in skin folds, bends, around joints | buttocks, lower limbs, less - on trunk, hands, face | On whole body, on hair part of the head, seldom - on palms and soles | |
| Brightness and color of elements | bright | hemorrhagic, bright, sometimes cyanotic | Papules are pink, vesicles - on hyperemied base | |
| Further rashes' development | | Small, disappear gradually, significant, leave "dry" necrosis | After desquamation of the crusts - a slight pigmentation | |
| Catarrhal phenomena | Not typical | are absent, in 30-40% on previous 2-3 days - nasopharyngitis | Moderate, | |
| Oral mucous membranes | | hyperemia and groiness of back pharyngeal wall, hypertrophy of follicles | On pink background - polymorphic elements | |
| Intoxication | expressed, long-lasting (2-3 weeks) | sharply expressed | Small or moderate | |
| Other symptoms | arthritis, myocarditis, diarrhea, hepatitis, abdominal syndrome, | meningitis, encephalitis, arthritis, iridocyclitis, endocarditis, aortitis, pneumonia, pleurisy | Seldom: generalized visceral forms, meningoencephalitis | |
| Laboratory criteria | reaction with special diagnostic | leucocytosis, shift to the left, neutrophyllosis, high ESR, in nasopharyngeal swab, thick drop of blood - meningococci | Leucopenia, lymphocytosis, serological: binding complement freaction with Chickenpox antigen (+) | |

| Signs | Measles | Rubella | Scarlet fever | |
|---|--|---|---|--|
| catarrhal signs from upper airways, conjunctives during 2 days, intoxication | | Increase of occipital lymph nodes, small catarrhal signs and intoxication | Acutely - intoxication, angina, regional lymphadenitis | |
| Time of the rashes' beginning | on 4-5 days of the disease, with stages | 1 day, seldom 2 | 1 day (in 20% - 2) | |
| Morphology | maculopapulous | small-papulous, | small point-like | |
| Sizes of elements | middle, large | small, middle | small | |
| Localization 1 day - on the face 2 - on the f trunk; 3 - on the face, trunk, limbs | | on whole body, mainly on unbending surfaces of the limbs | mainly on bending surfaces of limbs, down the abdomen, lumbar region, face, lateral surfaces of the trunk, pale nose-labial triangle | |
| Brightness and color of elements | bright red | pale-rose | bright | |
| Further rashes' development | pigmentation, slight hulling | disappear on 3-4 days | gradually turn pale for 4-5 days, small, lamellar hulling | |
| Catarrhal phenomena | expressed in first 5-6 days | small, short for 1-2 days | Not typical, | |
| Oral mucous membranes | hyperemied, friable, enanthema, Koplick's spots | clear, sometimes single elements of enanthema | marked off, bright hyperemia, enanthema on palate, angina | |
| Intoxication | significant, lasts 5-7 days | small or being absent | proportional to local signs, short for 1-3 days | |
| Other symptoms | Complications (respiratory, digestive, nervous, urinary systems, eye, ears, skin) | increased and painful posterior neck and occipital lymph nodes | angina, changes on the tongue (raid, from 4-5 days "strawberry"), complications on 2-3 weeks | |
| Laboratory criteria | leucopenia, lymphocytosis, aneosynophylia, serological reaction with measles antigen (+) | leucopenia, lymphocytosis, increase of the plasmatic cells' number, serological reactions with rubella antigen (+) | leucocytosis, shift to the left, neutrophyllosis, enlarged ESR, in pharyngeal, nasal swabs - streptococci | |

| Sign | Pseudotuberculos is | Scarlet fever | Infectious mononucleosis | Typhoid fever | Enterovirus infection | Viral hepatitis |
|------------------------------|--|--|---|---|---|---|
| Beginning | Acute | Acute | Acute | Acute | Acute | Acute, subacute |
| Initial signs | Toxic, dyspeptic and different other signs | Sore throat, toxic | Lymphoproliferativ e, toxic | Toxic | Catarrhal, toxic | Catarrhal, dyspeptic, arthralgic, asthenic |
| Rashes | Pin-point, maculous- papulous, erythema | Pin-point, sand paper | maculous- papulous, erythema | Single reseals | Small maculous | Rare (in case of B hepatitis) |
| Catarrhal sign | Typical | Absent | Absent | Rare | Typical | In the initial period |
| Changes in the throat | Hyperemia of the back pharyngeal wall | Tonsillitis | Tonsillitis Hyperemia of the back pharyngeal wall, posterior rhinitis | Hyperemia of the palatal arch, back pharyngeal wall | Herpangina | Absent |
| Joints' damage | Arthritis, arthralgias | Not typical | Absent | Absent | Absent | Arthralgias in the initial period |
| Abdominal pain | Around the navel | Absent | Absent | In the right inguinal region | Around the navel | In the right hypochondria |
| Dyspeptic syndrome | Typical | Rare | Absent | Constipation, rare - diarrhea | Typical | More intensive in prodromal period |
| Hepatitis Л | May be | Absent | May be | Absent | Absent | Typical |
| Lymphoprolifera tive | May be | Regional lymphadenitis | Typical | Hepato- and splenomegaly | Absent | Hepato-, rare - splenomegaly |
| Tongue | THE AND AND ADDRESS OF THE PARTY OF THE PART | Coated, strawberry from the 4 th -5 th day | Coated | Coated with grey, teeth excavation on its' borders | Coated | Coated |
| Damage of the nervous system | May be | Not typical | Not typical | Delirium, sopor | May be serous meningitis, encephalitis (rare) | Hepatic encephalopathy in severe case |

| Disease | Incubation/presenting symptoms | Morphology | Distribution of rash | Associated findings | Laboratory finding |
|-------------------------|---|--|---|--|--|
| Chikungunya fever | 3-12 days, fever, arthralgia, myalgia, headache ± vomiting | Flushing erythema | Face, upper chest | Severe joint pains, conjunctival injection | Normal CBC, raised ESR, raised C- reactive protein, Chikungunya IgM positive |
| Scarlet fever | 2-4 days, fever, pharyngitis ± vomiting, abdominal pain, ± convulsions | Pinpoint papules on an erythematous back ground (sand paper), linear petechiae (pastia's lines), membranous desquamation of palms/soles | Generalized, spares palms and soles | Exudative pharyngitis | ASO titer positive, leucocytosis, raised ESR |
| Kawasaki disease | High fever, irritability | | Most prominent on trunk and extremities | Conjunctivitis, strawberry tongue, coronary artery aneurysms, lymphadenopathy | Leucocytosis, raised ESR, thrombocytosis during second to third week, sterile pyuria in the 1st wk |
| Toxic shock syndrome | Sudden onset fever | Erythroderma or scarlatiniform rash | Generalized | Hypotension, renal involvement, focus of infection | Raised serum creatinine phosphokinase level |
| ITITTO AICASCA | | Macular erythema on face (1-4 days) | Slapped cheek appearance of face followed by extremities, lacy rash over extensor surfaces | Aplastic crisis in sickle cell disease, women may develop arthritis, spontaneous abortions | IgM anti-bodies positive |

| Disease | Incubation/present ing symptoms | Morphology | Distribution of rash | Associated findings | Laboratory findings |
|--|---|---|--|---|--|
| Measles | 8-12 days, rhinitis, cough, fever | papules, later becomes confluent | Begins on neck and face, spreads down and become generalized and as it fades it leaves a brownish hue with fine desquamation | exudative conjunctivitis, photophobia, pneumonia | Leucopenia, low ESR, IgM positive (measles, immunoglobulin) |
| German measles (Rubella) | 14-23 days, mild URI, fever, eye pain, lymphadenopathy | maculopapular | Begins on face and spreads to trunk and extremities | Tender cervical lymphadenopathy, transient polyarthralgia and polyarthritis irritability, febrile seizures | Nasal culture for virus antibody titers |
| Roseola (Exanthem subitum HHV-6) | 5-15 days, high fever for 3-5 days, diarrhea, cough | Pale pink macules and papules | Trunk, neck and proximal extremities | | Leucocytosis at the onset and leucopenia later |
| Infectious mono- nucleosis | Fever, malaise | Polymorphic macularerythema ± petechiae, urticaria, erythema multiforme like lesions | Generalized | Pharyngitis, lymphadenopathy, pinhead petechiae at the junction of soft and hard palate (Forschheimer's spots) | Leukocytosis, atypical lymphocytes LFT |
| Secondary syphilis | Fever, headache, pharyngitis | Polymorphic macules/papules/p soriasiform papules | Generalized | Lymphadenopathy ± condyloma lata ± moth eaten alopecia | NOT THE RESIDENCE OF THE PERSON OF THE PERSO |

| Typhoid fever | Fever, vomiting, diarrhea, headache | 2-3 mm pink grouped papules (Rose spots) generalized erythema "erythema typhosum" | Generalized, trunk | | Rose spot cultures may be Salmonella typhi positive |
|---------------------------------|---|--|--|--|--|
| Chikungunya fever | 3-12 days, fever, arthralgia, myalgia, headache, vomiting | Flushing erythema maculopapular lesions, ± petechiae | Trunk and extremities | Severe joint pains, conjunctival injection | Normal CBC, raised ESR, raised C- reactive protein, Chikungunya IgM positive |
| Lepto-spirosis | Acute phase: Fever, headache, myalgia, pharyngitis | Morbilliform rash | Generalized | Immune phase: hemorrhage, jaundice, organ failure | Leukocytosis, microscopic agglutination test is positive |
| Acute retroviral syndrome (HIV) | Fever, fatigue headache | Maculopapular rash | Trunk and upper arms ± palms and soles | Myalgia, lymphadenopathy | HIV RNA, P24 antigen |
| Rocky mountain spotted fever | 3-12 days, fever, malaise, headache | Erythematous macules, evolves to petechiae and purpura | Begins on wrist, ankles; spreads centrally; seen on palms and soles | Hepatosplenomegal y, hyponatremia, myalgias, CNS involve ment | Rickettsial group specific serologic tests positive |
| Drug exanthem | 4-6 days, fever, malaise | Maculopapular or urticarial | Generalized symmetric often spares the face, palms and soles may be involved | Periorbital edema, fever | ESR is low |