



Remembering a Legacy

Being a Foundation in rural communities like Big Stone On a beautiful summer afternoon, Karen's life was lost due allows our donors and beneficiaries a unique experience: to a tragic accident. In a blink of an eye Karen went from we are able to truly know each other; if we choose--we are able to leave a legacy for our communities. The gifts put forward in memorial of our loved ones to ensure quality Tom says he and Karen have always been very thankful for health care is something that is taken very seriously. Often times as it works out the line between donors and beneficiaries crosses over at some point. In 2018 the Big Stone Health Care Foundation looks to celebrate and merge the al in every way the day the couple needed their assistance. two, understanding that the ideas go hand in hand.

Karen Oakes was a staple of the community that she loved. From the lake to the businesses; health care to government to the people. Karen got involved and it was hard not to catch her ambitious "bug" for new ideas. She was the brain child for Lake Days, which was only on its second annual celebration when she passed. Her idea was to promote the wonderful assets we have one being Big Stone Lake. Her motivation came from being passionate about and loving where she lived.

Beyond Karen's love for her community, she was a beautiful person. Her husband Tom describes her as caring, quick to forgive, loving of her life, family, and friends. She would offer advice, console a soul in pain or just quietly listen when she was needed.

being a donor to a beneficiary of this health care system.

the wonderful facilities we have in Ortonville: the Clinic, Hospital and Senior Living as well as the EMT services. He describes the EMT's and hospital personnel as profession-

Tom shared his thoughts on the Legacy Karen would have wanted to leave her community: "Work together for the common good, help where and when you can, always keep smiling. Be kind to others, some of the smallest things we do today can positively impact someone for the rest of their life. Life's a garden, Dig it!"

The Foundation's mission and the person Karen was parallel in Legacy. Even in her absence the Foundation has received numerous donations in memory of Karen, ensuring that her vision of striving to make the Big Stone community prosperous is a reality. Your donations continue to grow Karen's Legacy, your Legacy and the Communities' Legacy.



Dr. David

Dr. David Collins is originally from Carrington, North Dakota, and is currently in his first year of a 3-year Emergency Room Residency at the University of Missouri Health System in Columbia, Missouri.

He earned his undergraduate degree at Bethel University in St. Paul, MN, and his medical degree from the University of North Dakota School of Medicine and Health Sciences in Grand Forks, Fargo, and Minot, ND.

Prior to medical school and residency, Dr. Collins spent a year working as a medical scribe in the Minneapolis-St. Paul area in several emergency departments.

"I would follow the physician, PA, or NP around and do a majority of the documentation for the patient encounter," Collins said. "It was a great opportunity to expose myself to the various aspects of medicine as well as learn daily!"

Why did you choose a career in medicine?

A buddy of mine pointed me to trying scribing for a year to bolster my resume. It was single-handedly the reason I got into medical school. Being able to see people in the emergency department at their most vulnerable - fearful about their medical problems and the uncertainty of what the diagnosis could mean - inspired me in a way I still can't entirely express in words. It was a spiritual experience of sorts. After that year, there was no going back.

How did you get connected to Northside Medical Clinic and OAHS?

I came to OAHS as a third year medical student to do my family medicine rotation. During my time here, I came to know most of the people at OAHS on a first name basis. It amazed me how quickly I was integrated into the OAHS family. I found myself being grabbed for various procedures and teachable moments with patients by all the providers at OAHS.

The overall experience was incredible, making it hard



Why did you choose Northside and OAHS?

After completing my third year rotation at OAHS, I found it to be at the forefront of my mind on frequent occasions. There were several instances where my colleagues would give me a hard time about the number of times I would start a conversation with "this one time in Ortonville..." Naturally, when I was presented with the option to come back to Ortonville as a provider, it was a no brainer.

What does the support of the Big Stone Health Care Foundation mean to you?

One of the biggest stressors for medical school (besides actually learning medicine) is how we are going to manage our debt. Medical school costs are growing, with most students having a total debt of just over \$200,000 after graduating with their degree. This stress can carry over to residency as we are expected to begin paying those loans with a fraction of the salary full-time physicians

"Having **Big Stone Health Care** Foundation's support allows me to worry less about my finances and focus more on learning.

What do you look forward to about starting your practice at OAHS?

I was incredibly excited to be invited to join the team at OAHS! Being able to come back to the place that probably taught me the most about medicine/being a physician and give back to that community is the best "thank you" I could ever extend to them.

I also love all the people at OAHS. I came to know all of the providers at some level. They are all incredible, and I'm thrilled to partner with them.

What do you look forward to being a part of the Ortonville community?

The community impressed me on day one and found new ways to surprise me every day. I was amazed by the number of greetings I would receive while out in the community! I'm fairly sure some of the folks that spoke with me I hadn't met prior to that moment. I think that's a testament to how great of a community Ortonville is. OAHS's golf tournament last year and the last two galas also showed me how incredible this community is.

I'm ready to come back and get to work! Oh yeah and to beat Dr. Bob at golf (again).

Your continued support of the Big Stone Area Health Care Foundation ensures continued high quality health care from the most qualified providers, right here in Ortonville.

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CREATING ALEGACY

Alexis Weber, along with her husband Brandon and their son Huxley, reside in Madison, Minnesota. Alexis sees Dr. Susan Andersen for her Obstetrics visits as she expects the couple's second child. She says that she appreciates the fact that Dr. Andersen is so thorough. The two have formed a sincere and comfortable relationship. Below Alexis describes why she chose to doctor at Ortonville Area Health Services.

"I sought treatment in Ortonville initially due to a thyroid issue and recommendations from family members. As time went on, I decided to change all my primary care to Ortonville Area Health Services as I felt a superior amount of comfort in Ortonville and with my Family Nurse Practitioner, Heather Tietjen. After switching my primary care here, I soon changed Huxley's as well and there was no question in determining the birthplace of our second child. Pregnancy and birth are one of

the most beautiful experiences in life, and I felt as though I was just another number at the larger facility that my son was born at. At our appointments with Dr.Andersen, we strive to ask the right questions but we also feel reassurance and support from her. This stage of our lives is one of the happiest, most emotional journeys and, with Ortonville Area Health Services, we feel comfort, support and reassurance that our child's life and mine are in the best hands possible."

It is with aid from the Foundation that Ortonville Area Health Services is able to recruit the caliber of providers that serve the community and surrounding area. We are able to help new graduates with student loans and at times housing to make their transition as seamless as possible while they begin their practice. Alexis is one of our many patients who travel to be seen at OAHS saying, "They are continually finding ways to improve and go that extra mile." These providers and their intimate relationships, the knowledge that they bring, and their expertise in time of crisis are creating a Legacy one that the Foundation is proud to say we helped lay the ground work for. We continue to actively recruit more providers and look for diverse backgrounds to better serve this region.



Your gifts make this possible.

Happy New Year from the Foundation Office!

I am grateful to be writing this greeting from a warm office as the chill of Minnesota winter has hit full force here on the "bump" of Minnesota. Of course we have all spent the last couple months counting our blessings and recognizing all we have to be grateful for. Professionally I am most grateful to be here, in this office, behind this desk, and leading the Foundation to future successes!

As I transitioned to the position of Director of the Foundation, I have most enjoyed meeting the donors. Finding out what motivates all of you to give and share what has been given to you has captivated me. Some give because they feel they have enough, many of you give in memorial of a loved one and many times it is with tears and pride that you deliver envelopes to this office; others give because they have experienced a health scare and have felt the impact of the quality health care here in the Big Stone Lake Area. Donations range from gifts of land, to service, monetary and volunteer work—every effort builds this Foundation brick by brick. When those bricks stand together we are able to do great things. Ortonville Area Health Services has eleven health care providers—unheard of in this rural setting. We have a state of the art Senior Community center that boasts its own bus, diner and pub—all made possible with the help of the Foundation --you. Our staff has opportunities to grow in their fields or take refresher courses to ensure you are getting the best care possible when you come through the doors at Ortonville Area Health Services. All of this is possible with the help of the Foundation and the gifts you make on a daily

In 2018 the Foundation will kick off a "Community Minded" campaign; the goal of which is to encourage more local involvement and investment in our healthcare. If you've ever wondered how to get involved or where you could best serve the Foundation—give me a call. I ask you to consider donating your time to our efforts as well as a one time or recurring gift to our endowment fund. With your gifts we are able to continue recruiting top physicians, purchasing quality equipment, and issuing scholarships to community members looking to advance their education. These could be the EMT's or nurse's faces you see next time you're in need of healthcare services. As you say good bye to 2017 and count your blessings, ask yourself where healthcare falls on your priority list. Are you valuing your health and your future as you should be? Take this opportunity to make 2018 the year to invest in yourself, your health and your community.

Wishing you every blessing this year,



Ron Beling generously donated the funds to erect flag poles for the Minnesota and South Dakota flags in front of the hospital. A dedication ceremony was held in mid-October, where Ron shared many memories of his work in the Ortonville area as Pamida manager. His late wife. Mary, who he honors with this donation, was the Housing and Urban Development manager for many years and wrote significant grants that improved and benefitted the area. The flagpoles are a perfect way to represent the legacy the Belings leave this community.



The Fairway View bus was wrapped by Pro-Image Partners in late November! We are thankful to Dan, Jeremy, Sara and all the Pro-Image crew! This is a source of pride for the Foundation as well as our contributors. The bus is just a small representation of what we can do when we all contribute and have a common goal!



A special Grand Opening ceremony was held on Thursday December 28th for Donnie's Diner at Fairway View Senior Communities Guests enjoyed a moving speech from Dr.Bob honoring Donnie Stolpman, the dedication and gifts he has made to the Foundation. After the ribbon cutting ceremony Donnie enjoyed a piece of Lynelle's homemade Sour Cream/Raisin Pie-which he said was perfect! Donnie continued to look around in amazement and several times stated "I can't believe I am lucky enough to be a part of all this." Oh Donnie--you have made this happen and so much more!

The commitments Donnie has so generously made and continues to make directly impact the quality healthcare and service offered through Ortonville Area Health Services. Ensuring that this area has top providers and equipment is a reality made possible through donations such as Donnie's. We hon-

or Donnie and feel so grateful for him and all of you who contribute in any way to the Foundation. To find out more about how you can make an impact like Donnie's stop at the Foundation office today!

The Diner is open 9:30 – 1:30 Monday through Friday. Manager Lynelle Dwyer always has a smile and homemade soup for patrons. Also available are grab and go items such as yogurt and sandwiches. The diner is open to the public and all patronage is appreciated. As the business builds-there are plans to expand hours and items offered, as well as hire additional staff. Stop by and check out the diner and enjoy your visit at Fairway View!

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Donna Hoel Pauline Karels **Evelyn Morris** Roger & Barbara Nornes Pat & Liz Sorenson Joe & Jennifer Wiik

Stan Lindholm

Ron & Ginger Athey Gen Davis Muriel Geier Dan & Ardell Hasslen Donna Hoel Shirley Kindt Marilvn Lindahl Connie & Dean Mikkelson

Annette Moen Bruce & Evie Swigerd Dr.Bob & Gretta Yaeger

Shirley Lynne Dan & Ardell Hasslen Roger & Carol Hynnek Douglas & Dawn Leger Marilyn Lindahl Roger & Barbara Nornes Craig & Kippy Randleman Bruce & Evie Swigerd Douglas & Dawn Leger Marilyn Lindahl Roger & Barbara Nornes Craig & Kippy Randleman

Marion Maatz

Aaron & Michelle Knutson

Bruce & Evie Swigerd

Tom Mack

Bruce & Evie Swigerd

Andrena McEwen Bruce & Joan Dybvig

Katherine Heinecke Donna Hoel Mike & Candi Kraemer Marilyn Lindahl Royce McEwen Jayne & Scott Stecker Daniel Wright Dr.Bob & Gretta Yaeger Wayne Zimmerman

Medical Staff at Northside Medical Clinic Pat & Liz Sorenson

Bill Mellon Ron & Ginger Athey

Dale Rieck

Dan & Ardell Hasslen Jayne & Scott Stecker

David Rogers Kim McCrea

Dr. Robert S. Ross Mark & Maria Botker Mark & Sandy Brown

Jodi Gronholz Travis & Natasha Haukos David & Lori Larson Marilyn Lindahl Nicole & Mike Lovgren Geri Nypen Rochelle Reede Pat & Liz Sorenson Sara & Jeremy Tollakson

Ruth Ross Bruce & Evie Swigerd Harvey & Virginia Wildung

Bonnie Rothi Betty Hausauer Jackie Maas David & Anne Tonn Dr.Bob & Gretta Yaeger

Darlene Salverson

Delores Danielson Annette Moen

Audrey Sando Todd & Sheree Keller

Lawrence Schake

Orville Schake

Annette Moen

Selma Felton

Heidi Schuelke Myra & Jay Mielitz

Sheila Schulte

Todd & Sheree Keller

Marland Schultz Todd & Sheree Keller

Betty Schwarze

Donna Hoel Joan Welch See

Dan & Ardell Hasslen

Conrad Severson

Howard & Vivian Janssen

Virgil Stock

Garry & Ethel Swenson

Boyd Stodolski Arvene Van Hout

Jane Streed

Audrey Tobin

Jacquelyn Welberg

Gen Davis Donna Hoel Roger & Carol Hynnek Howard & Vivian Janssen Marilyn Ketchum Aaron & Michelle Knutson Mike & Candi Kraemer Darlene Mikkelson Pat & Liz Sorenson

Dr.Bob & Gretta Yaeger

Genevieve Strube

Bruce & Evie Swigerd

Eldred Swenson

Jackie Maas Garry & Ethel Swenson

LuVerne Swezey

Gen Davis LeVon Gerber Howard & Vivian Janssen Aaron & Michelle Knutson Eldon & Carol Knutson Marilyn Lindahl Marilyn Streich Dr.Bob & Gretta Yaeger

Valerie Swint Beverly Berkner

Janice Taylor Neal & Becky Block

Ronald Thomas

Lvnn Thomas

Lucille Thompson Pat Janke

Doris Johnson

Richard Trebil Dan & Ardell Hasslen

Audrey Tobin Justin & Misty Wittnebel

Ron Van Hoorn Floyd & Joyce Hermans

Jeff Vollmer

Ron & Ginger Athey

Kristen Unruh

Neal & Becky Block Donna Hoel

Craig & Kippy Randleman Kristi & Bruce Redfield

Robert Walter

Dan & Ardell Hasslen Marilyn Ketchum Myra & Jay Mielitz Annette Moen

Jolaine Weros Clyde Weros

Marc Wilde Harvey & Virginia Wildung

Dallas Wilkening Garry & Ethel Swenson

Janice Wolf Marilyn Lindahl

Leona Zahn

Ron & Ginger Athey Jackie Maas

Frank Zeek

Robert & Barb Hornstein Howard & Vivian Janssen **Audrey Tobin**

The Legacy



The 2017 Gala was held in late April as guests were invited to "Come Aboard!" The 25th Annual Gala Affair was a fun and exciting night! The event was well attended and some amazing prizes were given away on the raffle with top prize being a \$2,000 travel voucher! Gala committee members went above and beyond on decorating-the nautical theme was a hit! Guests enjoyed delicious desserts from Lingonberry's after a flawless meal served by Sioux Historic!! The Johnny Vegas Show, Tripwire and Kanten Brothers all provided entertainment throughout the evening.

The 26th Annual Oak Tree Classic was held on

September 9th, 2017. The morning started out damp and a bit cold but, eventually the sun won out and golfers were able to enjoy the delicious meal out on the deck! This was a year of record setting as we had 39 teams register, enjoyed new hole sponsors and raised approximately \$23,000—all up from previous years! Taking first place was the team of Eric Banken, Collin Banken, & Josh Zinski.





The Oak Tree Classic is a long standing success because of the, team, hole, and prize sponsors, volunteers and most importantly the golfers! Nick Giese, Kyle Giese, Nick Thymian formed a team that deserves an honorable mention for being best dressed! They added such fun and flair to the day that the Oak Tree Classic Committee is debating making "best dressed" an official prize category! Thanks to everyone involved for another successful year!!





 ${}^{\prime}\mathsf{W}$ rapped up in Fashion: A Holiday Affair" was held December 2nd at the Big Stone Legion. A brunch of strawberry cream cheese French toast was served and guests will be raving about it until next year! Bob Arndt lent his talents and time to entertain and set the mood with his music. The red and silver decorations were elegant and sophisticated as Linda Burri, and her staff from Linda's Fashions in the Milbank Mall, stunned everyone with a fabulous show and all the

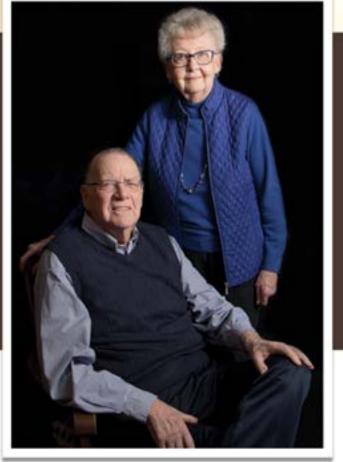
latest trends! Linda and her assistant Bridget, travel the country looking for unique fashions that are a perfect fit for her Boutique. The Fairway View bus was put to good use this day, as Fair Way View residents enjoyed a ride to and from the event courtesy of Mayor Hausauer! This was a special day for all in-



volved, filling us with the spirit of the season and reminding us of the blessings we have in our healthcare and friendships.

Statement of Activities Fiscal Year 2017						
Revenue Programs Gifts and Memorials Events Investment Income	\$ 173,703.36 \$ 16,610.00 \$ 82,696.25 \$ 93,655.68	Expense Program Expense Physician Recruitment Event Expense Staff, Office Operations, & Insurance Grants & Scholarships	\$ 153,751.49 \$ 105,000.00 \$ 42,043.98 \$ 49,076.61 \$ 3,917.00			
Total Revenue	\$ 366,665.29	Total Expense	\$ 353,789.08			

	Statement of Financial Position as of December 31, 2017				
Assets			Liabilities & Equity		
Current Assets			Current Liabilities		
Cash in Checking	\$	137,880.08	Current Liabilities		0.00
Cash in Investments	\$	1,193,690.34			
Total Current Assets	\$	1,331,570.42	Total Current Liabitilites		0.00
Fixed Assets			<u>Equity</u>		
Fixed Assets	\$	3,637.84	Equity	\$	1,335,208.26
TOTAL ASSETS	\$	1,335,208.26	TOTAL LIABILITIES & EQUITY	′ \$	1,335,208.26



Howard and Vivian Janssen have lived a full life together. They met at a dance at the Matador, and became engaged the following Valentine's Day. They had both been married previously and had families. Their marriage is special for them. The couple has a beautiful friendship that has shared families, friends, church, trips around the world and, of course, many dances.

The Janssens reside within Fairway View Senior Communities: Vivian has an apartment in the Independent Living Wing and Howard has a room in the Memory Care Unit. When Fairway View Senior Communities was first proposed, the couple opted immediately to reserve an apartment. The idea of being within a community, having access to the help you need if you need it, and being able to leave chores such as lawn mowing and shoveling behind appealed to both Howard and Vivian. Shortly after moving into their apartment, Howard began to have dizzy spells and eventually had a bad fall. It became obvious his needs for care were beyond what Vivian could provide.

When someone you love, someone you've seen strong, intelligent, and healthy, begins to falter, it is a hard acknowledgement. Vivian describes the decision to move Howard to the memory care unit as very difficult, but the right choice. She spends her days in memory care with Howard. Or some days, an aide walks Howard to her apartment. They eat most meals together and watch programs or visit with friends. Vivian herself has recovered from a stroke and says she gets

Living the Legacy

tired easily. Knowing that she can take care of herself, and Howard is in good hands, allows them both to continue living the fullest life possible.

Vivian shares that the Fairway View staff go out of their way to ensure that Howard is taken care of. They respect Howard's habit of sleeping in, his eating preferences, and they tease him about what a tough police officer he once was. When family comes to visit there is a big, open room to meet in, with a T.V., comfortable furniture, and a table to gather around. The couple has 4 children, 10 grandchildren and 15 great grandchildren....so they do have family visiting often! Vivian, in her soft-spoken and kind way, graciously shared her story to give insight to others who may have fears or doubts about making a transition like this. Vivian sincerely believes that she and Howard are in the right place, and they are happy.

I would like to thank Howard and Vivian for allowing me to share their story. It is a very personal and emotional journey. I asked them to share their story initially because they are supporters of the Big Stone Health Care Foundation. As I visited with Vivian I learned that support is partially due to the ways they have benefitted from the Foundation, and how the Foundation supports Ortonville Area Health Services. Vivian is grateful for Fairway View Senior Communities, the great staff, and the many amenities that they enjoy. Vivian has seen Dr. Bob since her first husband passed away. Howard sees Dr. Al. The regular doctor visits they both have to make are done with ease, and they believe that they are receiving the best care possible. I feel like I have found a new friend in Vivian, and I am grateful for her dignity, integrity, and warmth as she shared their story with me. -Vanessa

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The Legacy

Big Stone Health Care Foundation

Vanessa Lhotka-Meyer
Director

Our Mission...

To secure and expend financial aid for the operations, maintenance and expansion of the health care facilities and service of Ortonville Area Health Services, a not-for-profit corporation, and to otherwise contribute to the health care and maintenance of the people of the Ortonville area.

Like everything else in life, our healthcare needs, our healthcare facilities and the needs of our health care providers change. The Big Stone Health Care Foundation is proud to work with you to fulfill our mission.

Dr. Robert RossPresident

Dr. Greg PetersonDirector

Roman TaffeVice President

Jayne Stecker
Director

Debra Barnhardt Treasurer

Paul Strong Director Michael Rausch Secretary

