

# CALIFORNIA STATE RETIREES



Vol. XXXVI No. 11

A PUBLICATION REPRESENTING CALIFORNIA STATE RETIREES

NOVEMBER 2022

## CSR Endorses Randy Cheek for CalPERS Special Retired Member Runoff

On Oct. 18, the CSR Board of Directors had the opportunity to meet with the two remaining candidates for the CalPERS 2022 Special Retired Member Runoff Election. After in-depth candidate interviews, the Board of Directors met to determine which of the two candidates would best serve the

interests of CSR members in protecting our pension and benefits. We are thrilled to endorse Randy Cheek in CalPERS 2022 Special Retired

Member Runoff Election. Randy protects pensions and fights to make CalPERS more transparent as the Retired Public Employees Association's Legislative Director. Representing both school and state workers, Randy fought to protect public employees' salaries, rights and benefits. Randy is committed to maintaining and

improving access to quality and affordable healthcare and standing as your strong, experienced, and committed advocate at CalPERS meetings.

Please help spread the word of CSR's endorsement of Randy Cheek. Runoff ballot packages will be mailed directly to eligible voters

on November 4, 2022. Voted ballots must be received by CalPERS on or before December 5, 2022. Please ensure your current mailing address is on file with CalPERS by checking your

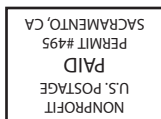
myCalPERS account or contacting CalPERS at 888-225-7377.

To learn more about Randy Cheek, please visit his website: [www.randycheekforcalpers2022.com/](http://www.randycheekforcalpers2022.com/)

Please visit CSR's Election Portal to learn more!  
[www.Calretirees.org/Member-Resources/Elections](http://www.Calretirees.org/Member-Resources/Elections)



..DATED MATERIAL - PLEASE DO NOT DELAY..



CALIFORNIA STATE RETIREES  
3000 Advantage Way Suite 100  
Sacramento, CA 95834



### District Director Election

#### 2023 Board Election Schedule – Districts A, B & C

**2022**  
**October & November:** A blank candidate consent form will be printed in the CSR November newspaper.  
**November 15:** Deadline for candidates to submit their Candidate Consent forms and their 200-word candidate statement.  
**December 1:** Deadline for corporate office to mail ballots.

**2023**  
**January 3:** Deadline for return of ballots.  
**January 10:** Deadline for candidates to be notified of the election results.  
**January 20:** Election protest deadline.  
**February:** Election results will be printed in the CSR newspaper.

District A-elect, District B-elect and District C-elect shall be installed at the first regularly scheduled Board meeting following the election.

CANDIDATE CONSENT STATEMENT

PLEASE PRINT FULL NAME AS IT IS TO APPEAR ON THE BALLOT

I \_\_\_\_\_, self-nominate and/or consent to be a Candidate for the office(s) of \_\_\_\_\_ /Delegate \_\_\_\_\_

Name Chapter No: Last 4 SS# or Member ID # \_\_\_\_\_

Address City Zip Code \_\_\_\_\_

Telephone No. E-mail \_\_\_\_\_

Candidates may submit a brief, factual, biographical statement of no more than 200 words regarding their qualifications. Such biographical statements must be received in the Corporate Office by **November 15, 2022**, to be distributed with the ballot. Specifics on candidate statements will be provided to candidates upon nomination acceptance. The contents of these statements must be in accordance with approved guidelines.

By signing below, I certify I am a member in good standing and that I understand I cannot engage in an incompatible act (as defined in CSEA Bylaws Article XIV, Section 1) such as simultaneously holding a CSR office and an office within a competing organization.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

California State  
**RETIREE**

CALIFORNIA STATE RETIREES  
STATEWIDE OFFICERS

**Stephanie Hueg**  
President

TEL: 831.588.5061  
EMAIL: Sjh Santacruz@gmail.com

**Elnora Hunter-Fretwell**  
Executive Vice President

TEL: 916.320.3461  
EMAIL: EHunter-Fretwell@CalRetirees.org

**Mary McDonnell**  
Vice President

TEL: 415.509.1914  
EMAIL: MMcDonnell@CalRetirees.org

**Gerald "Jerry" Fountain**  
CFO/Secretary

TEL: 559.935.2238  
FAX: 559.935.5884  
EMAIL: JFountain@CalRetirees.org

**CSR DISTRICT BOARD  
DIRECTORS**

**Sharon Stoltzman**

TEL: 424.228.2820  
EMAIL: SStoltzman@CalRetirees.org  
District A: Ch. 4, Ch. 9, Ch. 20

**Manijeh Fatollahi**

TEL: 805.795.1968  
EMAIL: MFatollahi@CalRetirees.org  
District B: Ch. 10, Ch. 26, Ch. 31, Ch. 36

**Ron Franklin**

TEL: 707.217.1111  
EMAIL: RFranklin@CalRetirees.org  
District C: Ch. 1, Ch. 3, Ch. 21, Ch. 23

**Vincent Herrera**

TEL: 916.804.6613  
EMAIL: VHerrera@CalRetirees.org  
District D: Ch. 8, Ch. 13, Ch. 14, Ch. 19

**Keith Umemoto**

TEL: 916.429.2768  
EMAIL: kumemoto@att.net  
District E: Ch. 2, Ch. 15, Ch. 165

**Tim Behrens**

TEL: 559.920.0371  
EMAIL: TBehrens@CalRetirees.org  
District F: Ch. 5, Ch. 11, Ch. 16, Ch. 35

**Patsy Jimenez**

TEL: 909.862.7615  
EMAIL: PJimenez@CalRetirees.org  
District G: Ch. 6, Ch. 12, Ch. 17, Ch. 34

**Contact us!**

**CALIFORNIA  
STATE RETIREES**

**Headquarters**  
3000 Advantage Way  
Suite 100  
Sacramento, CA 95834

TEL: 916.326.4292  
FAX: 916.326.4201

TOLL-FREE: 888.808.7197  
EMAIL: csrinfo@CalRetirees.org  
WEB: www.CalRetirees.org  
501(c)(5)

**Join us!**

**43,000 Strong and Growing!**



**California State Retirees Membership Application**

(Print) Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Initial \_\_\_\_\_ Social Security No. \_\_\_\_\_ Chapter No. \_\_\_\_\_

Number and Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Retirement Date (MM-DD-YY) \_\_\_\_\_ Home Phone \_\_\_\_\_ Email \_\_\_\_\_

From Which State Agency did you Retire? \_\_\_\_\_

How Did You Hear about Us? \_\_\_\_\_ Recruiter's Name \_\_\_\_\_

Type of Membership (check one)

**Retired Membership** Available to state retirees only. See Dues Table.

**Associate Member** Available to persons not eligible for Retired membership. Dues are \$72.00 per year (payable annually).

I hereby apply for membership in California State Retirees, an affiliate of the California State Employees Association, and I authorize CSR to withhold dues from my monthly PERS allowance. I understand my membership rights are set forth in the CSR and CSEA bylaws, policies and procedures. As a member of CSR, I agree to abide by the CSR bylaws, policies and procedures.

Signature \_\_\_\_\_ Date (MM-DD-YY) \_\_\_\_\_

| Dues Table for Retired Members       |              |
|--------------------------------------|--------------|
| Monthly PERS Allowance (Base + COLA) | Monthly Dues |
| \$0 - \$399                          | \$1.00       |
| \$400 - \$799                        | \$2.25       |
| \$800 - \$1,199                      | \$3.25       |
| \$1,200 - \$1,599                    | \$5.00       |
| \$1,600 - \$1,899                    | \$6.50       |
| \$1,900 - \$2,299                    | \$8.00       |
| \$2,300 - \$2,699                    | \$8.50       |
| \$2,700 - \$3,099                    | \$9.00       |
| \$3,100 - \$3,499                    | \$9.50       |
| \$3,500 - \$3,999                    | \$10.00      |
| \$4,000+                             | \$12.00      |

Office Use Only

To join, please fill out the application completely and mail it back in an envelope to:

**CALIFORNIA STATE RETIREES: 3000 ADVANTAGE WAY SUITE 100 SACRAMENTO, CA 95834**

**JOIN ONLINE: WWW.CALRETIRES.ORG/JOINUS**



**California State Retirees CPAC Application**

(Print) Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Initial \_\_\_\_\_ Social Security No. \_\_\_\_\_ Chapter No. \_\_\_\_\_

Number and Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Retirement Date (MM-DD-YY) \_\_\_\_\_ Home Phone \_\_\_\_\_ Email \_\_\_\_\_

From Which State Agency did you Retire? \_\_\_\_\_

How Did You Hear about Us? \_\_\_\_\_ Recruiter's Name \_\_\_\_\_

Please choose to which PAC you would like to contribute  
You may contribute to both.

**CSR Candidates PAC**

**Payroll Deduction Authorization**  
I authorize  \$2  \$5  \$10  Other \_\_\_\_\_  
to be withheld from my monthly \_\_\_\_\_ (Maximum of \$15.50/mo)  
pension for California State Retirees' Candidates PAC

**Contribute to the CSR Candidates PAC**  
I would like to make a contribution to California State Retirees' Candidates PAC  
Enclosed is my check for:  
 \$10  \$25  \$50  \$100  Other \_\_\_\_\_  
(Maximum of \$186.00/year)

**CSR Issues PAC**

**Payroll Deduction Authorization**  
I authorize  \$2  \$5  \$10  Other \_\_\_\_\_  
to be withheld from my monthly \_\_\_\_\_ (NO maximum/mo)  
pension for California State Retirees' Issues PAC

**Contribute to the CSR Issues PAC**  
I would like to make a contribution to California State Retirees' Issues PAC  
Enclosed is my check for:  
 \$10  \$25  \$50  \$100  Other \_\_\_\_\_  
(NO maximum/year)

**Party Registration (optional)**  Democrat  Republican  None  Other \_\_\_\_\_

I hereby authorize the California State Retirees to withhold a designated amount from my pension for California State Retirees' political action fund. I understand that this political activity amount is a voluntary, non-tax-deductible contribution. This authorization will remain in effect until cancelled by me or California State Retirees and I understand that cancelling my California State Retirees membership will terminate this voluntary contribution.

Signature \_\_\_\_\_ Date (MM-DD-YY) \_\_\_\_\_

**CALIFORNIA STATE RETIREES: 3000 ADVANTAGE WAY SUITE 100 SACRAMENTO, CA 95834**

**JOIN ONLINE: WWW.CALRETIRES.ORG/JOINUS**

# MEMBERS ON THE MOVE

Please send in your high resolution photos to [CSRInfo@CalRetirees.org](mailto:CSRInfo@CalRetirees.org) for a chance to be featured in an upcoming Retiree. Please include any details on the photo including names, dates and event specifics.



CSR members pose with Congresswoman Doris Matsui at a reelection fundraiser for CA Lieutenant Governor Eleni Kounalakis at Ella Dining Room and Bar in Sacramento. Pictured L-R: District E Director Keith Umemoto and Chapter 15 member Pam Robinson alongside Chapter 2 members Sophia Perkins, Merilee Colton, Phyllis Johnson, and Leonzo Herbert.



Chapter 23 members attend a fundraising event for Assembly member Alex Lee of District 24. Pictured L-R: Maria Aguilar, Terrele Schumake, and Vera Acevedo.



Secretary of State Shirley Weber holds a copy of the October Retiree showing our support of her candidacy for reelection. Gloria Koch and Elaine Edwards from Chapter 17 represented CSR, along with Elena Yuasa from Chapter 34. The event took place at a private residence in San Diego.



Members of Chapter 1 meet with Senator Bob Wieckowski at the State of the 10th Senate District Address and Awards Ceremony in Fremont. Pictured L-R: Treasurer Peter Greeff, Delegates Rose Greeff, and Stella Torrez.



CSR members of Chapters 4 and 20 gather with Assembly member Chris Holden of District 4 at the Gaucho Grill in Pasadena. Pictured L-R: Garciela Hernandez, David Okumura, Don Henderson, Chris Holden, Cynthia Frison, Erick Lace, Marta Zaragoza, Lara Laramendi, Darnella Henderson, Virginia Griffin, and Jill Lace.



CSR Executive Vice President Elnora Fretwell and District G Director Patsy Jimenez join Chapter 6 President Dee Stoddard and Chapter 6 members Karen Hight and John Chiu at the chapter's October meeting in Chino Hills. Joining them is Assembly candidate Fauzia Rizvi, who was a guest speaker for the event.



# A healthy life starts with YOU

## Make smart choices for your health.

Eating well and staying active helps prevent certain health problems and can even improve brain function. Getting enough sleep is also important to keep you alert and strong.

See all of the ways Blue Shield Medicare (PPO) can help you stay on the right track:



\$0 deductible



SilverSneakers program allows access to fitness locations nationwide



Nationwide coverage



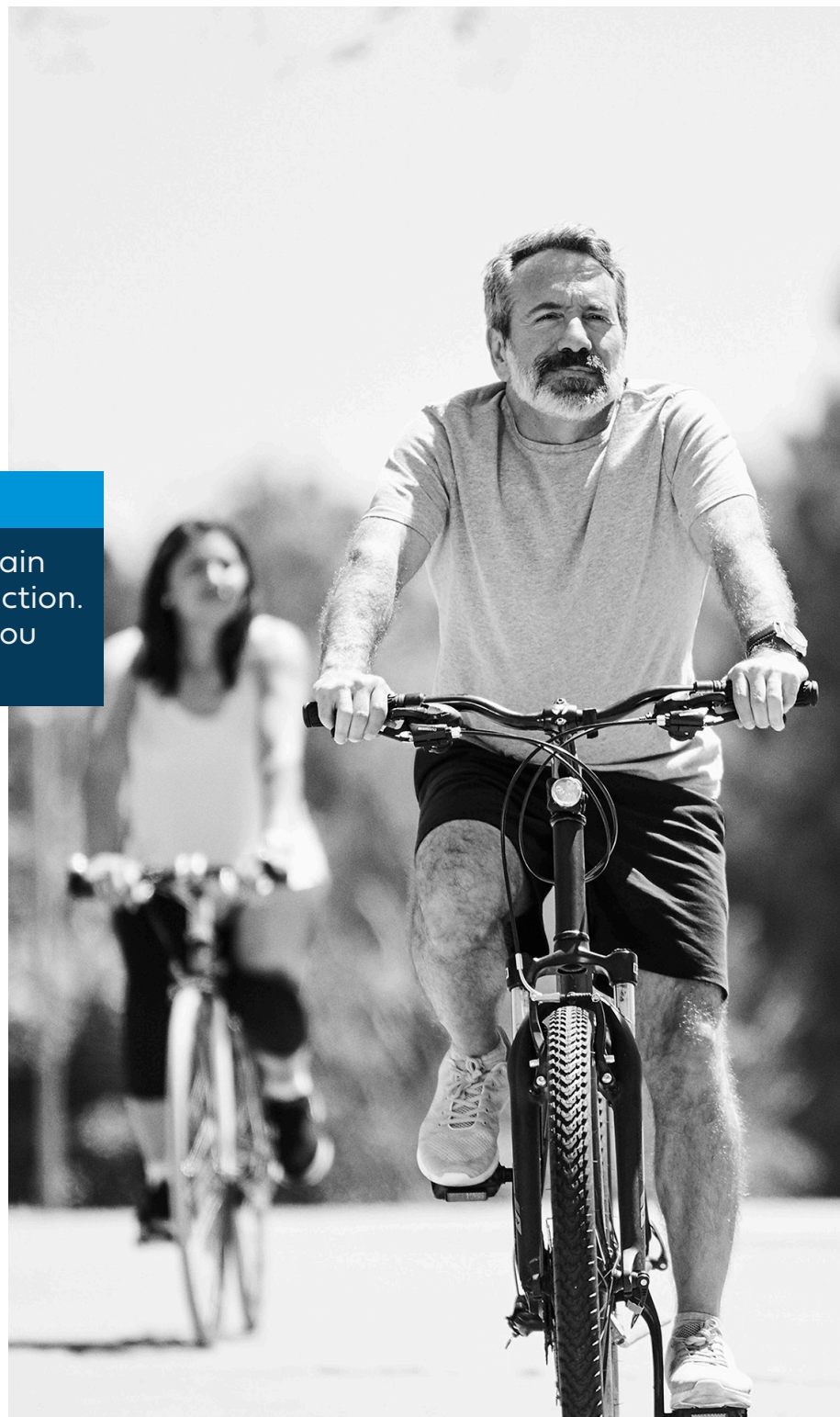
24/7 access to phone or video consultations with physicians



See any doctor that accepts Medicare



Worldwide coverage for emergency services and urgent care



To learn more about Blue Shield Medicare (PPO), visit [www.blueshieldca.com/calpersmedicare](http://www.blueshieldca.com/calpersmedicare) or call **(888) 802-4599 (TTY: 711)**, 7 a.m. to 8 p.m., seven days a week.

Blue Shield of California is a PPO plan with a Medicare contract. Enrollment in Blue Shield of California depends on contract renewal. Blue Shield of California offers individual and employer group retiree plans to Medicare beneficiaries who have Part A and Part B. Individual plans are open to all Medicare beneficiaries who reside within a plan's specific service area. Employer group retiree plans are open only to Medicare beneficiaries who are eligible group retirees and who reside within a plan's specific service area. Individual and employer group retiree plans have different service areas, benefits and provider networks. Out-of-network/non-contracted providers are under no obligation to treat Plan members, except in emergency situations. Please call our Customer Care number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services. The company complies with applicable state laws and federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, ethnic group identification, medical condition, genetic information, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, mental disability, or physical disability. La compañía cumple con las leyes de derechos civiles federales y estatales aplicables, y no discrimina, ni excluye ni trata de manera diferente a las personas por su raza, color, país de origen, identificación con determinado grupo étnico, condición médica, información genética, ascendencia, religión, sexo, estado civil, género, identidad de género, orientación sexual, edad, ni discapacidad física ni mental. 本公司遵守適用的州法律和聯邦民權法律，並且不會以種族、膚色、原國籍、族群認同、醫療狀況、遺傳資訊、血統、宗教、性別、婚姻狀況、性別認同、性取向、年齡、精神殘疾或身體殘疾而進行歧視、排斥或區別對待他人。 Blue Shield of California is an independent member of the Blue Shield Association

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## Spice It Up!

Can you unscramble the names of all these spices and seasonings?

1. EGGNIR \_\_\_\_\_
2. NONACNIM \_\_\_\_\_
3. HEMTY \_\_\_\_\_
4. VECSOL \_\_\_\_\_
5. SPRYALE \_\_\_\_\_
6. MUGENT \_\_\_\_\_
7. RSYMOREA \_\_\_\_\_
8. SLAIB \_\_\_\_\_
9. ROONAGE \_\_\_\_\_
10. MUINC \_\_\_\_\_
11. MARDMOCA \_\_\_\_\_
12. PLEACLIS \_\_\_\_\_
13. MICERRUT \_\_\_\_\_
14. RIPPAAK \_\_\_\_\_
15. RYCRU \_\_\_\_\_
16. JAMRORAM \_\_\_\_\_
17. NYACEEN \_\_\_\_\_
18. GRANTOAR \_\_\_\_\_
19. AFLYABE \* \_\_\_\_\_
20. DROPWHICLIE\* \_\_\_\_\_



## Monterey Chicken

### Ingredients

- 4 (5 ounce) skinless, boneless chicken breast halves
- 1 cup teriyaki marinade sauce
- ½ pound bacon
- 2 tablespoons butter
- 1 small onion, cut into long slices
- 1 small green bell pepper, cut into thin strips
- 1 (8 ounce) package fresh mushrooms, coarsely chopped
- 4 slices mozzarella cheese

### Directions

To Marinate: Place chicken in a nonporous glass dish or bowl. Pour marinade over chicken and toss to coat. Cover and refrigerate to marinate for 1 to 2 hours.

Preheat oven to 350 degrees F (175 degrees C). Remove chicken from the marinade and place in a 9x13-inch baking dish. Reserve 1/3 cup marinade and discard the rest.

Bake chicken in the preheated oven for 20 to 30 minutes, or until cooked through and juices run clear.

Meanwhile, place bacon in a large, deep skillet. Cook over medium high heat until evenly brown. Drain and set aside.

In same skillet, melt butter over medium high heat. Saute onion, bell pepper and mushrooms for about 3 to 5 minutes. Add reserved 1/3 cup of marinade and simmer until soft. Drain and set onion mixture aside.

Top baked chicken with bacon strips. Add onion mixture and top each breast with a slice of cheese. Bake for another 10 to 15 minutes, or until cheese is melted and bubbly.



\*Answers are spelled with two words.



Facebook: @CaliforniaStateRetirees

Twitter: @CAStateRetirees

LinkedIn: @CaliforniaStateRetirees

Website: [www.CalRetirees.org](http://www.CalRetirees.org)

# Is your current Medicare health plan still right for you?

**New for 2023! Kaiser Permanente has more Medicare health plan options for CalPERS retirees to choose from, with the addition of Summit.**

- Care from the comfort of home when you schedule a phone appointment with a Kaiser Permanente doctor.<sup>1</sup>
- Your choice of great Kaiser Permanente doctors and a wide range of specialists. And all of our available doctors welcome Kaiser Permanente Medicare health plan members.
- Open enrollment is September 19 through October 14, 2022

## 2023 benefit highlights



Rides to and from your doctor visits at no cost<sup>2</sup>



Meals delivered to your home after a hospital stay at no cost<sup>3</sup>



Quarterly Over-the-Counter (OTC) Health and Wellness Benefit

To learn more call us toll-free: **1-855-717-9598** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m.

**1.** When appropriate and available. **2.** If you have a medical emergency, call **911**. **3.** Meal service is for 4 weeks and is available only once per benefit year immediately following an inpatient stay at a hospital or nursing facility. Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.



# CSR BUDGET & BILL WATCH with Ted Toppin

## 2021-22 Legislative Session Comes to a Close State Revenue Collections Slows

The 2021-22 session of the California Legislature technically came to a close on September 30 – the constitutionally mandated last day for the Governor to act on bills for the year. In total, CSR supported 9 bills, opposed 3, and monitored 48 others in 2021-22. Of those 9 CSR-supported bills, 6 of them successfully passed both houses of the legislature and were signed in to law. I'm happy to report that all of the bills that CSR opposed this session died, and your retiree pension and health benefits remain safe and secure.

This year, 1,442 bills were sent to Governor Newsom for final action. He signed 1,273 and vetoed 169. At the end of September, Governor Newsom vetoed a number of spending bills claiming that state tax revenue collection was slowing down and it was not a good time to create new state spending obligations.

In fact, according to the Department of Finance, General Fund receipts for September were \$2.8 billion below budget projections. For the first three months of the fiscal year, revenue is \$4.8 billion, or 11.1%, below the forecasted \$43 billion. Combined with a \$2.1 billion shortfall in 2021-22 revenue, the state now has a nearly \$7 billion deficit in fiscal year 2022-23 driven largely

by reduced personal income tax collections. As state retirees know well, when it comes to California's revenue, what goes up, must come down.

Please see the below update on all bills supported by CSR in 2022 and how they fared:

### **AB 1130 (Wood)**

Would establish the Office of Health Care Affordability to analyze the health care market for cost trends and drivers of spending, develop policies for lowering consumer health care costs, and create a state strategy for controlling health care costs and ensuring affordability.

**IMPORTANT NOTE:** Asm.

Wood's bill did not pass, but the Office of Health Care Affordability was created as part of the recently concluded state budget negotiations. The new Office will be housed in the California Department of Health Care Access and Information, and is tasked with creating a state strategy for controlling the cost of health care and improving affordability for consumers and purchasers.

### **AB 1855 (Nazarian)**

Would prohibit a skilled nursing facility or residential care facility from denying entry to a representative from the Office of the State Long-Term Care Ombudsman who is acting in their

official capacity on behalf of a resident.

**STATUS: Signed by the Governor and Chaptered by the Secretary of State.**

### **AB 2080 (Wood)**

Would establish the Health Care Consolidation and Contracting Fairness Act of 2022, which prohibits health contracts from including specified anti-competitive terms within contract provisions, providing a more level playing field in negotiations between health facilities, providers, and plans, and will help to lower health care costs for consumers.

**STATUS: Dead. Failed deadline in Senate Health Committee.**

### **ACR 115 (Nguyen)**

Would recognize the month of May 2022 as Older Americans Month and encourages all Californians to recognize and treat all older adults with compassion and respect, and to participate in activities that contribute to the health, welfare, and happiness of older adults.

**STATUS: Passed, Chaptered by the Secretary of State.**

### **SCR 112 (Dodd)**

Would acknowledge the month of June 2022 as Elder and Dependent Adult Abuse Awareness Month in California and would reiterate the importance of annually recognizing Elder and Dependent Adult Abuse Awareness Month in the state.



**Ted Toppin**

**STATUS: Passed, Chaptered by the Secretary of State.**

### **SJR 11 (Skinner)**

Would affirm the Legislature's support for expanding Social Security and also requests that California Representatives in Congress support expanding Social Security by voting in favor of the Social Security 2100 Act: A Sacred Trust. **STATUS: Passed, Chaptered by the Secretary of State.**

Signed bills will take effect on January 1, 2023. The Legislature will return the first week in December, when legislators will be sworn in for the new session. They will also entertain a special session on the Governor's proposed windfall profit tax on oil companies. The regular 2023-24 session will get underway the first week of January, 2023.



# SAVVY SENIOR

## Savvy Senior: What You'll Pay for Medicare in 2023

*Dear Savvy Senior,  
I've read that retirees will be getting a nice cost-of-living increase in our Social Security benefits next year but what about Medicare? What will our Medicare Part B monthly premiums and other Medicare costs be in 2023?  
Planning Ahead*

Dear Planning,  
From an entitlement program standpoint, 2023 is going to be a very good year for retirees! Not only will you receive a nice 8.7 percent cost-of-living increase in your Social Security retirement benefits – the largest since 1981 – the Centers for Medicare and Medicaid Services also recently announced that your Medicare Part B standard monthly premium will be lowered 3 percent (\$5.20) from the current rate of \$170.10 per month, to \$164.90/month in 2023. The reason for the reduction is a correction to last year's hefty Part B premium increase, which

was larger than it needed to be. The 2022 premium hike of about 14.5 percent was announced amid uncertainty about the potential impact of a new Alzheimer's drug called Aduhelm, which threatened to explode Medicare costs. That didn't happen. The cost of the



drug was cut roughly in half from an original \$56,000 a year and Medicare sharply limited coverage. This created a large financial reserve for Part B, allowing the

program to reduce next year's premium. You'll also be happy to know that in addition to the premium reduction, the annual deductible for Medicare Part B will also be lowered \$7 from \$233 in 2022, to \$226 in 2023. And if you have a

Medicare Part D prescription drug plan, the average premium in 2023 will be about \$31.50, which is a 1.8 percent decrease from \$32.08 in 2022.



Send your senior questions to:  
Savvy Senior, P.O. Box 5443  
Norman, OK 73070  
or visit [SavvySenior.org](http://SavvySenior.org)

But the news isn't all rosy. The deductible for Medicare Part A (hospital coverage) per benefit period (which generally starts when you are admitted to the hospital) will be \$1,600 in 2023, up \$44 from this year's \$1,556. That applies to the first 60 days of inpatient care. For the 61st through 90th day, the coinsurance will be \$400 per day, up from \$389 this year. And for days 91 to 150, the charge will be \$800 per day (up from \$778 in 2022).

And the skilled nursing facility coinsurance for days 21-100 will also increase to \$200 per day, up from \$194.50 in 2022.

## Honor Flight Network – Honoring our Veterans

The mission of Honor Flight is to celebrate America's veterans by inviting them to share in a day of honor at our nation's memorials. A nation where all of America's veterans experience the honor, gratitude, and community of support they deserve.

The Honor Flight Network is a national network comprised of independent Hubs working together in furtherance of the Honor Flight mission.

The Honor Flight Network is currently serving veterans from the WWII, Korean War and Vietnam War eras. They also serve terminally ill veterans serving during any era. All honored veterans travel at no cost to the veteran.

The Honor Flight Network was formed in 2005 with a mission

of honoring our nation's veterans by bringing them to Washington, DC to visit the memorials and



monuments dedicated to their service and sacrifice. While originally focused on honoring our nation's World War II veterans, the Honor Flight Network

now also honors those who served in the Korean War, Vietnam War, intermediary operations, and in

special cases of terminal illness or injury, veterans from more recent service eras. Since its formation in 2005, the Honor Flight Network has taken more than 245,000

veterans to Washington D.C. Today, the Honor Flight Network is currently comprised of over 128 hubs throughout the country dedicated to carrying out the Honor Flight mission and the Network, as a whole, serves over 22,000 veterans each year.

Honor Flight Network – our way of saying to all our veterans – one more TOUR with HONOR!  
Contact Information: Honor Flight Central Coast California, June Silva Kester, [servingallheros@gmail.com](mailto:servingallheros@gmail.com), (805)434-7616

For more information, please visit: [www.honorflight.org](http://www.honorflight.org)



# Welcome Aboard, New Members!

Now that you have become a member of the largest and most experienced state retiree organization in California, we want to properly welcome you aboard.

California State Retirees (CSR) has 26 different chapters statewide, and there is one just right for you. Members who don't specify which chapter they want to be in are automatically placed in the chapter within their zip code. Just let us know if the chapter you have been assigned is where you want to stay.



A phone call to your chapter president or a visit to your chapter's next meeting is the best way to become acquainted with everything CSR has to offer. Check out page 9 for the phone and email information of your chapter president. Each chapter encourages new members to attend their meetings, where state retiree issues are discussed; a variety of speakers appear and lunch is served. At some chapters, new members receive complimentary lunches.

|   |  |  |   |   |  |
|---|--|--|---|---|--|
| <p><b>Chapter 1</b></p> <p>Andrew Brosnan<br/>Ana Diaz<br/>Lori Brooks<br/>Jonathan Nichols<br/>Marva Williams<br/>Loretta Ashwell<br/>Sonja Ben-Dor<br/>Arlene Bautista<br/>Atma Sharma<br/>Susan McMahon<br/>Kristine Jaworski<br/>Ruben Ramirez</p>  | <p>Maria Ordonez<br/>Melanie Marcelo<br/>Justina Anyim</p>   | <p>Paula Clark<br/>Jodee Turner<br/>Stephanie Witham<br/>Maryjane Valenzuela-Gonzalez<br/>Muriel Chenot<br/>Joel Pflugrath<br/>Cruz Suarez<br/>Lorna Trembley</p>                                | <p><b>Chapter 21</b></p> <p>Michael Bristow<br/>Carolyn Montgomery<br/>Jenny Baker-Dunn<br/>Terrence Elofson<br/>Felino Deguzman<br/>Catherine Boles<br/>Deidre Morales<br/>Idilia Ramos<br/>Elizabeth Bides<br/>Viola Bolden<br/>Severo Holandez</p>   | <p><b>Chapter 34</b></p> <p>Yolanda Tijerina<br/>Cheryl Barba<br/>Sandra Hull<br/>Irma Rivera<br/>Blanca Olivos<br/>Grace Quibuyen</p>  | <p><b>Chapter 165</b></p> <p>Marian Broom<br/>Robert Dodd<br/>Michael Ochoa<br/>Joyce Robbins<br/>Judith Commons<br/>Michael Murphy<br/>Jeffery Hardoin<br/>David Richardson<br/>William Prather<br/>John Martin<br/>Ann Heater<br/>Melody Ray<br/>Glen Whitehouse<br/>Carmen Martin</p> |
| <p><b>Chapter 2</b></p> <p>Sheila Self<br/>Joseph Sherrard<br/>Kerry Willis<br/>Scott Ohara<br/>Stephanie Papas<br/>Angela Blanchette<br/>Jack Sturges<br/>Cynthia Pappa<br/>Vincent Nagrampa<br/>Robert Myers<br/>Brian Taylor<br/>Michael Wieneke<br/>Eric Clegg<br/>Juli Hyde<br/>Brenda Pearl<br/>Laticia Dyer<br/>Trulynia Douglas<br/>Stephanie Sadler<br/>Wilfred Cruz<br/>Pamela Patterson<br/>David Schaap<br/>Karla Ford<br/>Nelson Hernandez<br/>Mercedes Ramirez<br/>Diane Oliver<br/>Mary Podojil<br/>Jacqueline Bell<br/>Lisa Ben-Reuven<br/>Angela Psalms<br/>Francina Stevenson<br/>Carol Robinson<br/>Dakila Cabrera<br/>Erich Heinbach<br/>Jacqueline Wright<br/>Gemma Smith<br/>Mitchell Jack<br/>Gregory Ranin<br/>Elizabeth Simpson<br/>Andrew Berger<br/>Binh Nguyen<br/>Ivy Acquaah<br/>Beatriz Omas</p> | <p><b>Chapter 5</b></p> <p>Blossom King<br/>Laura Moreno<br/>Melody Murchison<br/>Tammy Meza<br/>Valerie Ferguson</p>  | <p><b>Chapter 12</b></p> <p>Vanessa Hinton<br/>Marina Montoya<br/>Martha Pizano</p>  | <p><b>Chapter 23</b></p> <p>Irma Pagan<br/>Rosie Brantley<br/>Ramona Rodriguez<br/>Mengwen Shan</p>   | <p><b>Chapter 35</b></p> <p>Rochelle Fisher<br/>Maria Alejo<br/>Bernadette Garcia<br/>Marylou Dickey</p>  | <p><b>Chapter 36</b></p> <p>Laura Frank<br/>Bruce Dick<br/>Pamela Lapham</p>   |
| <p><b>Chapter 3</b></p> <p>Mirel Tikkanen<br/>Sandra Michelotti<br/>Jean Nosaka</p>   | <p><b>Chapter 6</b></p> <p>Toinette Crockett<br/>Moses Alvarado<br/>Gloria Gareis<br/>Tammy Goetz<br/>Diane Frederiksen<br/>Trina James<br/>Brenda Kay<br/>Lolita Senecal<br/>Toni Charette<br/>Karen Harkey<br/>Rosa Mendez<br/>Darrin Vara<br/>Alexis Mccarthy<br/>Jean Johnson<br/>Fannie Bradford<br/>Jimmy Newsome<br/>Rovisol Gutierrez<br/>Geo Padamada</p> | <p><b>Chapter 13</b></p> <p>Virginia Lopez<br/>Robert Hetzel</p>   | <p><b>Chapter 26</b></p> <p>Ramiro Aguilar<br/>Olga Desai<br/>Milissa Ackerley<br/>Rose Taporco<br/>Janice Miles<br/>James Corbett</p>  | <p><b>Chapter 31</b></p> <p>Marjorie Espanol-Johnson</p>  | <p><b>Chapter 8</b></p> <p>Charles Thompson<br/>Jeannette Candalot</p>   |
| <p><b>Chapter 4</b></p> <p>Annette Lewis<br/>Rosio Ramirez<br/>John Hamilton<br/>Blas Fernandez</p>   | <p><b>Chapter 9</b></p> <p>Vincent Garcia<br/>Douglas Hoover<br/>John Marquez<br/>David Hurlbirt<br/>Ralph Manzanares<br/>Jocelyn Mitchell<br/>Shirley Yuen<br/>Cynthia Quezada-Ayala<br/>Marionette Joseph<br/>Kumud Mistry<br/>Linda Banks<br/>Sherry Boyd<br/>Marivic Marfori<br/>Joyce Moore<br/>Rosalina Trejo</p>  | <p><b>Chapter 14</b></p> <p>Joseph Coetzer<br/>Thomas Watson<br/>Shereen Baker<br/>Karla Alves-Davidson<br/>Gene Edinger<br/>Jill Abbiati<br/>Lisa Kennedy</p>                                   | <p><b>Chapter 31</b></p> <p>Marjorie Espanol-Johnson</p>  | <p><b>Chapter 31</b></p> <p>Marjorie Espanol-Johnson</p>  | <p><b>Chapter 10</b></p> <p>Grace Hayes<br/>Scarlett Treviso<br/>Karen Chestnut<br/>Alejandro Uvalle<br/>Tina Loayza<br/>Lorraine O'hare<br/>Marlene Springer<br/>Sheila Reid<br/>Mary Meraz<br/>Carol Medina</p>  |
|   | <p><b>Chapter 8</b></p> <p>Charles Thompson<br/>Jeannette Candalot</p>   | <p><b>Chapter 15</b></p> <p>Mitzi Robinson<br/>Kathleen Otermat<br/>Kelly Cummings<br/>Michael Coogan<br/>Janice Nasarro<br/>Luz Susa<br/>Robert Collins<br/>Anna Funk<br/>Lucy Medina</p>       | <p><b>Answers from page 5</b></p> <p>Answers</p> <ol style="list-style-type: none"> <li>ginger</li> <li>cinnamon</li> <li>thyme</li> <li>cloves</li> <li>parsley</li> <li>nutmeg</li> <li>rosemary</li> <li>basil</li> <li>oregano</li> <li>cumin</li> <li>cardamom</li> <li>allspice</li> <li>turmeric</li> <li>paprika</li> <li>curry</li> <li>marjoram</li> <li>cayenne</li> <li>tarragon</li> <li>bay leaf</li> <li>chili powder</li> </ol> | <p><b>Chapter 9</b></p> <p>Vincent Garcia<br/>Douglas Hoover<br/>John Marquez<br/>David Hurlbirt<br/>Ralph Manzanares<br/>Jocelyn Mitchell<br/>Shirley Yuen<br/>Cynthia Quezada-Ayala<br/>Marionette Joseph<br/>Kumud Mistry<br/>Linda Banks<br/>Sherry Boyd<br/>Marivic Marfori<br/>Joyce Moore<br/>Rosalina Trejo</p> | <p><b>Chapter 16</b></p> <p>Renee Chervony<br/>Morine Codner</p>   |
|   | <p><b>Chapter 10</b></p> <p>Grace Hayes<br/>Scarlett Treviso<br/>Karen Chestnut<br/>Alejandro Uvalle<br/>Tina Loayza<br/>Lorraine O'hare<br/>Marlene Springer<br/>Sheila Reid<br/>Mary Meraz<br/>Carol Medina</p>  | <p><b>Chapter 17</b></p> <p>Angela Oh<br/>Lori Mitchell<br/>Sheila De Jesus<br/>Sonya Mitchell<br/>Yvette Cisneros<br/>Luis Medina<br/>Maxima Ambata<br/>Darilou Tasaranta<br/>Jennifer Lucy</p> | <p><b>Chapter 16</b></p> <p>Renee Chervony<br/>Morine Codner</p>  | <p><b>Chapter 11</b></p> <p>Olivia Briones<br/>Rosalina Hinojosa<br/>Kelly O'boylan</p>   | <p><b>Chapter 17</b></p> <p>Angela Oh<br/>Lori Mitchell<br/>Sheila De Jesus<br/>Sonya Mitchell<br/>Yvette Cisneros<br/>Luis Medina<br/>Maxima Ambata<br/>Darilou Tasaranta<br/>Jennifer Lucy</p>   |

Don't fret if you joined CSR but don't see your name here. Processing at CalPERS, the State Controller's Office and CSR can take a few months. Check again for your name within the next two months.

I Voted.  
Did You?

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Your vote must be received by mail, telephone, or online by 11:59 p.m. PT on December 5, 2022, to be counted. Visit <https://www.calperselections.com/>

# CHAPTER MEETING NOTICES

Please send an email to [CSRInfo@CalRetirees.org](mailto:CSRInfo@CalRetirees.org) by the 15th of the month with your meeting information you would like to have printed in the next issue of the CSR newspaper.

## CHAPTER 1

### ALAMEDA/CONTRA COSTA COUNTIES

**President:** Allan Lee, [ALee@CalRetirees.org](mailto:ALee@CalRetirees.org); **Vice President:** Nathan Johnson (510) 304-9270, [nathan.johnson0406@yahoo.com](mailto:nathan.johnson0406@yahoo.com); **Secretary:** Russell Kilday-Hicks (415) 310-3823 [rkildayhicks@gmail.com](mailto:rkildayhicks@gmail.com); **Treasurer:** Peter Greeff [petergreeff09@gmail.com](mailto:petergreeff09@gmail.com).

**Meeting:** Tuesday, Dec. 13, 12:00 noon. **Where:** The Old Spaghetti Factory, 1955 Mt Diablo St., Concord. **Program:** Senior Safety presentation by the Concord Police Department for upcoming holiday season. Candidate forum for District C Director. 2023 Chapter budget. **Cost:** Free to members and one guest. **Reservations required:** Please RSVP no later than Dec. 8 via email/call to President Allan Lee. ASL interpreter available on request. **For more information:** Please contact Allan Lee.

## CHAPTER 2

### SACRAMENTO/YOLO AREA

**President:** Phyllis Johnson, (916) 841-7303, [sacyolocs2@gmail.com](mailto:sacyolocs2@gmail.com); **Vice President:** Sophia Perkins, (916) 613-1813, [Idgy1000@att.net](mailto:Idgy1000@att.net); **Treasurer:** Kathleen Elwell (916) 804-6560; **Secretary:** Dianne Welsh, (916) 682-7810, **Hybrid Meeting SECOND MONDAY! NOVEMBER 14, 2022 Choice of In Person or Zoom In Person Meeting:** 10:30 a.m. to 11 a.m. Setup committee ONLY. General Member Access at 11 a.m. **Where:** IN Person at Sierra 2 Center, 2791 24th Street, Sacramento. **RESERVATIONS REQUIRED FOR MEMBER AND GUESTS:** Indicate any special meal needed – vegetarian, gluten free or vegan. Your own Zoom Location **RESERVATIONS REQUIRED FOR MEMBERS AND GUESTS** **On All Reservations Indicate First Name, Last Name, Member or Guest, In Person or Zoom.** Contact Phyllis Johnson at above contact information 9:00 a.m. to 5:00 p.m. daily. **For more information:** Please contact Phyllis Johnson from 9-5pm. **Meeting:** Monday, Dec. 5, Official meeting starts at 11 a.m. Lunch served at 11:30 a.m. **Where:** Elks Lodge, 6446 Riverside Blvd. Pricing and Menu to follow. **Program:** Year End Special Meeting. **Reservations required:** For Members and Guests, please contact Phyllis Johnson at the above contact info. **Cutoff is Monday November 21, 2022 at 5 p.m.** On all reservations indicate First Name, Last Name, Member or

Guest and if needed the type of special meal to that persons name. Special Meals are Vegetarian, Gluten Free or Vegan. **For more information:** Please contact Phyllis Johnson

## CHAPTER 3

### WEST BAY AREA

**President:** Skip Charbonneau, (415) 648-4946; **Vice President:** Billie Feliciano, (415) 324-9058; **Secretary:** Lily Gee, (650) 992-2526; **Treasurer:** Erlinda Villa (415) 407-7905, [aida.b.villa@gmail.com](mailto:aida.b.villa@gmail.com) **Meeting:** Wednesday Dec. 21. 11:30 a.m. to 2:00 p.m. **Where:** Basque Cultral Center, 599 Railroad Ave., South San Francisco. **Program:** Holiday meeting. **Menu:** Roasted NY Steak or Salmon with Champaign sauce. **Cost:** Free to members and one guest only. **Reservations required:** Please RSVP by Friday, Dec. 16 to Erlinda Villa **For more information:** Please contact Erlinda Villa.

## CHAPTER 4

### GREATER LOS ANGELES

**President:** Marta Zaragoza, (310)204-0484; **Vice President:** Cynthia Frison, (424) 227-6489; **Secretary:** Virginia Griffin, (323) 290-3655; **Treasurer:** Emma Johnson, (213)258-8796 **Meeting:** Thursday, Dec. 15, 12:30 p.m. to 2:30 p.m. **Where:** Petrelli's Steakhouse, 5615 Sepulveda Blvd., Culver City. **Program:** Holiday Program and voluntary Toy Drive. **Reservations are required:** to Marta Zaragoza by Dec 8.

## CHAPTER 5

### CENTRAL VALLEY FOOTHILLS

**President:** Anita McCabe (209) 602-7775; **Vice President:** Denise Simpson (209) 206-3817; **Secretary:** Korryn Koplen (209) 577-8376; **Treasurer:** Joaquina Canedo (209) 524-7219 **Modesto Meeting:** Thursday, November 17, 11:00 a.m. to 2:00 p.m. **Where:** Masonic Center of Modesto, 800 Rose Ave, Modesto. **Program:** Holiday Meeting. CSR Updates, Food and Fun. **Cost:** Lunch is free to all members and their drivers and or guest. **Reservations required:** Please RSVP to any chapter officer listed above.

## CHAPTER 6

### SAN BERNARDINO/ RIVERSIDE COUNTY

**President:** J. Dee Stoddard, (909) 862-1870; **Vice President:** Frank Ornelas, (909) 948-8758; **Secretary:** Yolanda Ornelas, (909) 948-8758

**Treasurer:** Erlinda Ochoa, (909) 822-4128. **Will meet the second Thursday of even months** **Meeting:** Thursday, Dec. 8, 11:00 a.m. **Where:** Spaghetti Factory, 11896 E. Foothill Blvd., Rancho Cucamonga. **Program:** Discussion and passing of 2023 Budget. **Reservations are required:** Please RSVP by Dec. 1 to Dee Stoddard or Frank Ornelas Please leave a message if no answer.

## CHAPTER 8

### NORTH COAST AREA

**President:** Veronica Avila, (707) 487-0235, [VAvila@CalRetirees.org](mailto:VAvila@CalRetirees.org); **Vice President:** Robin Dolan, (916) 991-7455, [Nibornalod@sbcglobal.net](mailto:Nibornalod@sbcglobal.net); **Secretary:** Vacant; **Treasurer:** Vacant **Del Norte Meeting:** Wednesday, Dec. 7, 12:00 p.m. to 3:00 p.m. **Where:** Apple Peddler, 308 US HWY 101, Crescent City. **Program:** Bring an unwrapped toy for Toys for Tots toy drive. Bring a new retiree as a guest to make you both eligible for a giveaway item. **Cost:** Free for CSR members. **Reservations required:** Please RSVP by Nov. 30 to Veronica Avila. **For more information:** Please contact a chapter officer listed above. **Humboldt Meeting:** Thursday, Dec. 8, 12:00 p.m. to 3:00 p.m. **Where:** Red Lion Hotel Eureka, Oak Ballroom, 19296 4th St., Eureka. **Program:** Bring an unwrapped toy for Toys for Tots toy drive. Bring a new retiree as a guest to make you both eligible for a giveaway item. **Cost:** Free for CSR members. **Reservations required:** Please RSVP by Nov. 30 to Veronica Avila **For more information:** Please contact a chapter officer listed above.

## CHAPTER 9

### LOS ANGELES AREA

**President:** Donna Hernandez, (562) 405-1387, [donnacooker@msn.com](mailto:donnacooker@msn.com); **Vice President:** Joseph Sahli, (714) 865-9930, [flysam52@aol.com](mailto:flysam52@aol.com); **Secretary:** Gloria Clansy, (562) 822-6656, [gclansy@icloud.com](mailto:gclansy@icloud.com); **Treasurer:** Maria Vazquez Bauer, (909) 519-8055 [mavazbauer01@verizon.net](mailto:mavazbauer01@verizon.net) **Meeting** Wednesday, Nov. 9, 10 a.m. Executive board meeting. All others welcome. General meeting 12:00 p.m. **Where:** Sizzler, 10315 Lakewood Blvd., Downey. **Program:** Please bring an unwrapped toy to donate to Toys for Tots. **Cost:** Members must be in line by 11:30 a.m. to be reimbursed during meeting. Guests pay for themselves. **Reservations:** Not required. **Meeting:** Wednesday, Nov. 30, 10 a.m. to 1:30 p.m. **Where:** Almansor Court, 700 South Almansor St., Alhambra. **Program:** OUTREACH

**BRUNCH MEETING! Cost:** Free. **Reservations:** Not required but helpful by Nov. 1. **Meeting:** Wednesday, Dec. 14, 11:30 a.m. **Where:** Sizzler, 10315 Lakewood Blvd., Downey. **Program:** Holiday Meeting! **Special Menu:** Order at table. Members must be in line by 11:30 a.m. for lunch. **Cost:** Guest pay \$25. Would love to welcome you.

## CHAPTER 10

### SAN LUIS OBISPO

**President:** Leticia Soria, (805) 574-0109, [LSoria@CalRetirees.org](mailto:LSoria@CalRetirees.org); **Vice President:** Mary Ann DeLeon; **Treasurer:** Marsha Epstein, (805) 704-0723 **Meeting:** Thursday, Nov. 17, 11:00 a.m. **Where:** The Madonna Inn, 100 Madonna Rd, San Luis Obispo. **Program:** Open Enrollment for Social Security. **Reservations required:** Please confirm your attendance no later than Nov. 10 to Chapter 10 President Leticia Soria **For more information:** Contact Leticia Soria. **Meeting:** Thursday, Dec. 15, 11:00 a.m. **Where:** The Madonna Inn, 100 Madonna Rd, San Luis Obispo. **Program:** Happy Holidays! **Reservations required:** Please confirm your attendance no later than Dec. 10 to Chapter 10 President Leticia Soria **For more information:** Contact Leticia Soria.

## CHAPTER 11

### MID VALLEY

**President:** Christy Christensen-Fountain, (559) 707-7067; [CChristensenFountain@CalRetirees.org](mailto:CChristensenFountain@CalRetirees.org); **Vice President:** Jose Gutierrez, (559) 917-4577; **Secretary:** Claudine Edwards-McDougall, (559) 696-2628; **Treasurer:** Gigi Subilosky, (559) 269-5380 **Meeting:** Friday, Nov. 18, 11 a.m. **Where:** Coalinga Elks, 200 Cambridge Ave. **Program:** **OUTREACH MEETING! Cost:** \$15 each member and spouses; \$18 each nonmember. **Reservations helpful:** Please RSVP by November 11 by calling or emailing Christy Christensen at the above contact info. We sure hope you will be able to attend. You will receive valuable information. Meet other retirees-being a friend! **Meeting:** Saturday, Dec. 10, 11 a.m. **Where:** Holy Trinity Armenian Apostolic Church Social Hall, 537 M Street, Fresno. **Program:** Update on Healthcare Benefits for 2023 and Pensions along with a delicious lunch. Door prizes and our historical raffle that provides money to non-profits. We are also collecting coats & socks donations. **Cost:** \$15 each member and spouses; \$18 each nonmember. **Reservations required:** Please RSVP by Dec. 1

to 55.707.7067 or 559.920.7277. Leave a message with you name and phone number and total number of people in your group.

## CHAPTER 12

### EASTERN MOUNTAIN AND HIGH DESERT AREAS

**President:** Linda Currie, (661) 273-6390, [lcurrie197@roadrunner.com](mailto:lcurrie197@roadrunner.com); **Vice President:** Stephanie Pryzbeski-Gilbert, (661) 537-3811, [stefva22@hotmail.com](mailto:stefva22@hotmail.com); **Secretary:** Blanca Rodriguez, (909) 553-5625, [blancrod703@yahoo.com](mailto:blancrod703@yahoo.com); **Treasurer:** Barbara Griffin, (661) 266-1130, [bgrif1275@gmail.com](mailto:bgrif1275@gmail.com); **Meeting:** Wednesday, Dec. 14, 11:30 a.m. **Where:** Crazy Ottos, 1228 W Avenue I. **Program:** TBA **Reservations required:** Please RSVP by Nov. 30 to Barbara Griffin and Stephanie Gilbert at the contact information above

## CHAPTER 13

### NORTHERN CALIFORNIA/REDDING

**President:** Terry Coyle, (916) 869-2094, [tlc95821@yahoo.com](mailto:tlc95821@yahoo.com); **Vice President:** LaDora Cooper, (530) 949-2131, [Dola27@charter.net](mailto:Dola27@charter.net); **Secretary:** Audrey Sandeen, (530) 604-5289, [theswede8243@gmail.com](mailto:theswede8243@gmail.com); **Treasurer:** Georgene Gibson (530) 524-0662, [rbjeepman10@hotmail.com](mailto:rbjeepman10@hotmail.com) **Currently meeting the first Wednesday of every month** **Meeting:** Wednesday, Dec. 7, noon. Arrive at 11:30 a.m. if rdering a meal. Meeting starts at 12:00 p.m. **Where:** Country Waffle, 2300 Athens Ave., Redding. **Program:** Bring an unwrapped kids gift if you would like to participate in the Toys for Tots gift drive. **Cost:** Lunch is free to CSR members and associates. **For more information:** Please contact Audrey Sandeen **Meeting:** Thursday, Dec. 15, noon. Arrive at 11:30 a.m. if ordering a meal. Meeting starts at 12:00 p.m. **Where:** Jefferson Roadhouse, 1281 South Main St., Yreka. **Program:** TBD **Cost:** Lunch is free to CSR members and associates. **For more information:** Please contact Audrey Sandeen.

## CHAPTER 14

### NORTHERN CALIFORNIA/CHICO

**President:** Kenneth Todd Mayer, (530) 519-2897, [KMayer@CalRetirees.org](mailto:KMayer@CalRetirees.org); **Vice President:** S.E. Riazi, (530) 519-2174, [SERiazi@CalRetirees.org](mailto:SERiazi@CalRetirees.org); **Secretary/Treasurer:** Diana King, (530) 310-3454, [LadyDi31481@gmail.com](mailto:LadyDi31481@gmail.com). **Susanville-Will usually meet the first Tuesday of the Month**

# CHAPTER MEETING NOTICES

April through October

**Meeting:** Wednesday, Dec. 21, 11:30 a.m. **Where:** Logan's Roadhouse, 1900 E 20th Street, Chico. **Program:** Chapter 14 Holiday Celebration. We will be accepting unwrapped Toys for Toys for Tots. **Cost:** Free to CSR members. **Reservations:** Not required. **For more information:** Call or text Kenneth Todd Mayer or S.E. Riaz.

## CHAPTER 15

### SIERRA FOOTHILLS

**President:** Pamela Robison, (916) 768-1657, PRobison@CalRetirees.org; **Vice President:** Joann Stewart, (916) 412-2075, JStewart@CalRetirees.org. **Treasurer:** Lieutenant Coopwood, 916-206-2732, LtCoopJr@gmail.com **Meeting:** Tuesday, Dec. 6, 11:15 a.m. Meeting starts at 12:00 p.m. **Where:** Whitney Oaks Golf Club, 2305 Clubhouse Dr., Rocklin. **Program:** Business/Holiday Meeting/Winter Sock Donation. **Cost:** Free for Chapter members and one guest. **Reservations required:** Please RSVP by Nov. 21 to Pam Robison.

## CHAPTER 16

### SAN JOAQUIN COUNTY

**President:** Sheila Ward-Shaw, (209) 915-1020, sheilaws2@yahoo.com; **Vice President:** Susan Small, (209) 948-3839; **Secretary:** Georgia Pierce, (209) 405-0173. **Treasurer:** Juan Ochoa, (209) 334-1391.

*Meets four times annually in March, July, September and December*

**Meeting:** Friday, Dec. 16, Noon to 2 p.m. **Where:** Dave Wong's Restaurant, 2828 W March Lane, Stockton. **Cost:** Free to members; \$24 for non-member guests. **Reservations required:** RSVP by Dec. 01, 2022 to Georgia at the above number. **For more information:** Contact Georgia Pierce.

## CHAPTER 17

### GREATER SAN DIEGO

**President:** Arlene Ryan, (619) 203-3124, aryan.ar858@gmail.com; **Vice President:** Danny Morales, (951) 675-1489, morales6391@hotmail.com; **Secretary/Treasurer:** Diane Whorton, (619) 454-3603, dlw.union@gmail.com **For more information:** Please contact Arlene Ryan or Elaine Edwards.

## CHAPTER 19

### NORTH COAST AREA

**President:** Skip Hulet, (707) 279-4643; **Vice President:** Joan Hume, (707) 279-4811; **Secretary:** Reba Hawley, revjimmyv@aol.com; **Treasurer:** Pam O'Toole, (707) 278-0508 *Will meet in February, April, June, August, October & December Meeting:* Monday, Dec. 12, noon. **Where:** Stars Restaurant, 115 S. Orchard Street, Ukiah. **For**

**more information:** Call Skip Hulet at the number listed above.

## CHAPTER 20

### SAN FERNANDO VALLEY AND LOS ANGELES AREA

**President:** M. Cora Okumura, (818) 359-7625, mcokumura@yahoo.com; **Vice President:** Raymond Cole, (818) 986-9613, flipcole@yahoo.com; **Treasurer:** Gaylonn Mayo, (310) 897-7950, gaylonn28@gmail.com; **Secretary:** Norma Gallegos, (818) 667-2347, norma.2005@gmail.com *2022 meetings are scheduled for September 8, November 3, December Meeting:* Thursday, Dec. 8, 2:00 - 5:00 p.m. **Where:** Caruso Italian Restaurant, 10152 Balboa Blvd., Granada Hills. **Program:** Guest speaker, Theresa Taylor, President, Board of Administration, CalPERS. Toy Drive - Please bring unwrapped toy(s) to be distributed by the CHP. Please come in your Holiday attire. **Cost:** Free for members; all others pay \$25. **Reservations required:** RSVP by Nov. 30. Call or text Norma Gallego or Cora Okumura. **For more information:** Contact Norma or Cora.

## CHAPTER 21

### SONOMA, MARIN, NAPA AND SOLANO COUNTIES

**President:** Lorna Wright, (707) 750-5990, CSRChapter21@yahoo.com; **Vice President:** Donald Lehnhoff, (707) 795-9405; **Secretary:** Eric Norrbom, (707) 322-1528; **Treasurer:** Vacant. *Meets quarterly January, April, July and October Meeting:* January 2023 meeting info in December paper. **For more information:** Please contact Lorna Wright.

## CHAPTER 23

### SAN JOSE AREA

**President:** Elvira Acevedo, (408) 550-9273, EAcevedo@calretirees.org; **Vice President:** Brad Geldert, (408) 655-4799, bgeldert@gmail.com; **Secretary:** Christine Jasper, (408) 373-1655, chris0521@sbcglobal.net; **Treasurer:** Larry Roberts, (510) 827-7938, lroberts1956@yahoo.com. **Meeting:** Thursday, Dec. 8, 11 a.m. to 2:00 p.m. **Where:** Three Flames Restaurant, 1547 Meridian Ave, San Jose. **Program:** Holiday Luncheon and chapter meeting. **Menu:** Choice of one: Steak, Salmon, Chicken or Vegan options. **Cost:** Lunch is free for CSR members and up to 2 guests. **Reservations Required:** Please include member(s) name and names of guests with meal choice(s). **RSVP deadline is Dec. 1. No exceptions. For reservations or for more information:** Email or call Elvira Acevedo.

## CHAPTER 26

### BAKERSFIELD/KERN COUNTY

**President:** Ophelia Rabanal, (661) 458-6588; **Vice President:** Henry Mendoza, (661) 725-8604; **Secretary:** Sue Kimbriel, (661) 333-0575, ckimbriel@bak.rr.com; **Treasurer:** Joe Salcido, (661) 477-2015, joe.salcido@yahoo.com.

**PLEASE NOTE:** All chapter meetings will be held on the third Thursday of EVEN Months - February, April, June, August, October, December. **Meeting:** Thursday, Dec. 20, 11 a.m. **Where:** Hodel's Country Dining, 5917 Knudsen Drive, Bakersfield. **Program:** Annual Holiday Luncheon and General Membership Meeting. Membership approval for 2023 Chapter Budget and upcoming 2023 Activities and Events. **Music by:** DJ BENZ - Fun - Food - Door Prizes & More. **Cost:** Members/Associate pay \$5. All other guest/spouses pay for their own meals \$15. **Advance Reservations is Required:** SEATING IS LIMITED. Deadline is December 10. **For more information:** Please call/text or email Ophelia

## CHAPTER 31

### VENTURA/SANTA BARBARA

**President:** V. Raylene Laverentz, (805) 986-1854, cell (805) 551-2278; Raylenelchapter31@gmail.com; **Vice President:** Baruska Knight, (805) 320-9153; **Secretary/Treasurer:** Gustavo Ruelas, (805) 487-7942 *Meets quarterly Meeting:* Tuesday, Dec. 13, 11:00 a.m. **Where:** Sterling Hills Golf Club, 901 Sterling Hills Drive, Camarillo. **Program:** Budget & Live Music! **Menu:** Holiday Buffet. **Cost:** Free. **Reservations required:** Please RSVP by Dec. 6 at 5:00 pm to Raylene Laverentz at (805) 551-2278. Look for Postcard. **For more information:** Please contact Raylene.

## CHAPTER 34

### ORANGE COUNTY-SANTA ANA

**President:** Jenny Hayden, (714) 743-8423, jlhaydenn991@yahoo.com; **Vice President:** Joe Whaling, (714) 349-5393; **Treasurer:** Bill Serb III, (714) 826-6029.

*Usually meets on the second Wednesday of every month*

**Meeting:** Wednesday, Nov. 9, 11:00 a.m. to 1:30 p.m. **Where:** Emerald Room Santa Ana Elks Lodge, 1751 So. Lyon, Santa Ana. **Program:** TBA. **Reservations required:** Please RSVP with a voicemail or email Jenny Hayden at the information above.

**Meeting:** Wednesday, Dec. 14, 11:00 a.m. to 1:30 p.m. **Where:** Emerald Room Santa Ana Elks Lodge, 1751 So. Lyon, Santa Ana. **Program:**

TBD. **Reservations required:** Please RSVP with a voicemail to Jenny Hayden. **For more information:** Please contact Jenny Hayden.

## CHAPTER 35

### SO. CENTRAL VALLEY PORTERVILLE AREA

**President:** Lou Flores, (559) 362-0689; **Vice President:** Mary McCaig, (559) 359-6069; **Secretary:** Don Perkins (559) 630-0314; **Treasurer:** Larry Long, (559) 781-8761. **Meeting:** Thursday, Nov. 10, 11 a.m. to 1 p.m. **Where:** 386 N Main Street, Porterville. **Reservations required:** Please RSVP no later than Nov. 3. **For more information:** Contact Lou Flores at the number above. **Hanford Meeting:** Tuesday, Nov. 15, 11 a.m. to 1 p.m. **Where:** Irwin Street Inn, 522 N Irwin Street, Hanford. **Reservations required:** Please RSVP no later than Nov. 8. **For more information:** Contact Lou Flores at the number above.

## CHAPTER 36

### MONTEREY BAY AREA

**President:** Susanne Paradis, sparadis36@yahoo.com; **Vice President:** Vacant; **Secretary:** Susan Sisson (831) 578-1919; **Treasurer:** Vacant

*All chapter meetings are held on the third Thursday of EVEN Months - February, April, June, August, October, December* **Meeting:** Thursday, Dec. 15, 11:30 A.M. **Where:** Gino's Restaurant, 1410 S Main Street, Salinas. **Program:** 2023 Budget. **Menu:** Buffet lunch provided. **Cost:** No cost to members +1 guest. **Reservations are required:** Please RSVP by Dec. 12 to Susan Sisson by phone at the number above or by email to Susanne Paradis at the email above.

## CHAPTER 165

### SACRAMENTO

**President:** Joe Reynoso, (916) 708-0369, JReynoso@CalRetirees.org; **Vice President:** Gail Fasciola, (916) 386-1553, gailsgab@comcast.net; **Secretary:** John Bowden, (916) 361-8786, JBowden@CalRetirees.org; **Chapter Treasurer/Oregon Subchapter Chair:** Geanie Hixon, (541) 646-0925, geanie.hixon@gmail.com **Meeting:** Saturday, Dec. 3, Check in starts at 11:00 a.m. Meeting starts at 12:00 noon with lunch **Where:** Hilton Sacramento Arden West, 2200 Harvard Street, Sacramento. **Program:** Holiday Meeting. Holiday singers to perform at 1:00 p.m. **Menu:** River City Buffet. **Cost:** Free to Chapter 165 members and \$20 per guest. **Reservations required:** Please RSVP by Nov. 29 to Gail Fasciola or Les Reynoso. Special dietary requests must be given at time of RSVP. **For more information:** Contact Joe Reynoso at the number or email listed above. **Medford, Oregon** **Meeting:** Thursday, Dec. 15, 12:00 noon. **Where:** Elmer's Restaurant, 2000 Biddle Road, Medford, OR. **Reservations required:** Please RSVP to Geanie Hixon at the information above. **For more information:** Contact Geanie Hixon at the number or email listed above.



# CALIF<sup>OR</sup>NIA STATE RETIREES

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**MONTHLY NEWSPAPER:** The California State Retiree newspaper provides valuable information about our action on issues affecting your pension and benefits, with monthly columns about the Governor, Legislature and CalPERS.

**COMMUNITY:** CSR has 26 chapters throughout the state. Attend your chapter's meetings for social events and to hear educational speakers. Stay informed!

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