CALIFORNIA SERVING STATE RETIRES 92 YEARS

Vol XXXVII No 3

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AARCH 2023

January 2023 CSR Board Meeting Wrap Up

SR held a Board meeting January 30 – February 1, 2023, at the Embassy Suites in Ontario, CA. Over 120 CSR members participated in the threeday event.

On Monday afternoon, the Board, chapter presidents and committee chairs met for a leadership meeting; committee meetings were held on Tuesday; and the Board meeting was on Wednesday.

The meetings were offered in a

hybrid format on Tuesday and Wednesday allowing members and speakers to participate inperson as well as virtually. CSR Legislative Representative Ted Toppin joined the Board meeting virtually to provide updates on current bills, the state budget and the 2022 General Election results. Jesse Uranga, a Senior Retirement Benefits Counselor at CalPERS, also joined and presented valuable benefit information to members.

The CSR Board voted to suspend the 3-month CAP through 2023; increase the per diem meal amounts by \$5 per meal; and appoint Russell Kilday-Hicks to the Membership Committee.

As always, CSR Board meetings are full of information, updates and community, strengthening our relationships and commitment to CSR throughout the state. Thank you to all who attended the Ontario

Board meeting.

Your participation and dedication is greatly appreciated and needed as we work together to protect the pension and health benefits of all retired state employees.

The remaining 2023 statewide Board meetings are June 26-28 in San Jose and October 23-25 in Sacramento. If you are interested in attending a statewide Board meeting, please reach out to your local chapter president to inquire.



Your CSR Board of Directors hard at work at the Ontario Board Meeting.



CSR President Stephanie Hueg presented outgoing District B Director, Manijeh Fatollahi, with a Certificate of Excellence in recognition of her dedication and service, and for her efforts and contributions in moving CSR forward to protect our pensions and health benefits. Thank you, Manijeh!

In 2023, the National Park Service will waive the price of the entry fee on four occasions.

Those days include the following:

- April 22 The first day of National Park Week
- August 4 Great American Outdoors Day
- September 23 National Public Lands Day
- November 11 Veterans Day

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501(c)(5)

Join us! 43,000 Strong and Growing!

California State Retirees Membership Application

(Print) Last Name	First Name	Initial	Social Security No.	Chapter No.	Dues Table	for
					Retired Mem	
Number and Street	City		State Zip Code		Monthly PERS Allowance	Monthly
					(Base + COLA) \$0 - \$399	Dues \$1.00
Retirement Date (MM-DD-YY) Hom	e Phone Email				\$400 - \$799	\$2.25
					\$800 - \$1,199	\$3.25
From Which State Agency did you Re	tira?				\$1,200 - \$1,599	\$5.00
From which state Agency and you he	uie:				\$1,600 - \$1,899	\$6.50
					\$1,900 - \$2,299	\$8.00
How Did You Hear about Us?	Recruite	er's Name			\$2,300 - \$2,699	\$8.50
					\$2,700 - \$3,099	\$9.00
					\$3,100 - \$3,499	\$9.50
					\$3,500 - \$3,999	\$10.00
Type of Membership (check one)					\$4,000+	\$12.00
□ Retired Membership Ava	ilable to state retirees only. See Dues	Table.				
□ Associate Member Ava	Office Use O	nly				
authorize CSR to withhold dues from	fornia State Retirees, an affiliate of the my monthly PERS allowance. I understa dures. As a member of CSR, I agree to	and my membership i	ights are set forth in the CSR			
Signature			Date (MM-DD-YY)			

To join, please fill out the application completely and mail it back in an envelope to:

CALIFORNIA STATE RETIREES: 3000 ADVANTAGE WAY SUITE 100 SACRAMENTO. CA 95834 JOIN ONLINE: WWW.CALRETIREES.ORG/JOINUS



California State Retirees CPAC Application

(Print) Last Name	First Name	Initial	Social Security No.	Chapter No.	
					Please choose to which PAC you would like to contrib
Number and Street	City		State Zip Code		You may contribute to both.
					CSR Candidates PAC
Retirement Date (MM-DD-YY) Ho	me Phone Email				Payroll Deduction Authorization
					l authorize \$\ \text{\$2} \ \ \text{\$5} \ \ \text{\$10} \ \text{\$Other}\$\\ \text{to be withheld from my monthly} \text{(Maximum of \$15.50/mo)}
From Which State Agency did you	Retire?			_	pension for California State Retirees' Candidates PAC
					Contribute to the CSR Candidates PAC
How Did You Hear about Us?	Rec	ruiter's Name			I would like to make a contribution to California State
					Retirees' Candidates PAC
					Enclosed is my check for : □ \$10 □ \$25 □ \$50 □ \$100 □ Other
					(Maximum of \$186.00/year)
Party Registration (optional	al) 🗆 Democrat 🗆 Republica	n 🗌 None 🗆	Other		
State Retirees' political action contribution. This authorization	nia State Retirees to withhold a de n fund. I understand that this politi n will remain in effect until cance State Retirees membership will te	ical activity ar lled by me or (nount is a voluntary, non-tax California State Retirees an	k-deductible	CSR Issues PAC Payroll Deduction Authorization authorize
Signature			Date	(MM-DD-YY)	□ Contribute to the CSR Issues PAC I would like to make a contribution to California State Retirees' Issues PAC Enclosed is my check for: □ \$10 □ \$25 □ \$50 □ \$100 □ Other (NO maximum/year)

CALIFORNIA STATE RETIREES: 3000 ADVANTAGE WAY SUITE 100 SACRAMENTO, CA 95834 JOIN ONLINE: WWW.CALRETIREES.ORG/JOINUS

MEMBERS ON THE MOVE

Please send in your high resolution photos to CSRInfo@CalRetirees.org for a chance to be featured in an upcoming Retiree. Please include any details on the photo including names, dates and event specifics.



CSR Chapter 5 Vice President Denise Simpson and CalPERS Retiree Board Member Yvonne Walker catch up over a chapter lunch. Thank you both for advocating for CA State Retirees!



CSR District F Director Tim Behrens, Dr. Saenz; CSR membership committee member Martha Acevedo and Diane Padilla pose for a photo at a January chapter meeting.



Chapter 5 PAC and membership committee member Diane Padilla met with newly sworn in Assemblymember Esmeralda S. Soria 27th Assembly District in Merced. Assemblymember Soria is newly named to the Chair of the Military and Veterans Committee and member of the Agriculture committee.



Louise is the current CSR sponsored dog in the Prison Paws Partnership (PPP). Louise will graduate from PPP training in April 2023. We hope to hee her adopted shortly after. If you are interested in adopting Louise, please fill out the adoption application to set up a day to meet her.

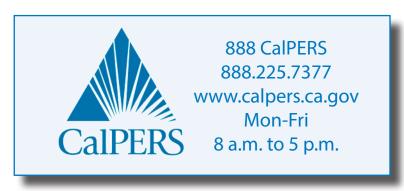
https://form.jotform.com/213356718498165



HAVE YOU MOVED?

Don't miss an issue of the California State

To update your information, please email csrinfo@calretirees.org



MEMBERS ON THE MOVE Board Meeting Edition



CSR President Stephanie Hueg posed with newly sworn in District C Director Maria Aguilar and District B Director Susanne Paradis.

Thank you all for your dedication to CSR!



Chapter 31 Presdient Raylene Laverentz and Chapter 4 Vice President Cynthia Frizon captured enjoying their time together in Ontario.



CSR District A Director gets ready for her close up and new Board photo by Matthew Reiter Photography.



Another packed conference hall at the January Board meeting in Ontario.

Thank you to all who took the time to attend!



Manijeh Fatollahi thanks the entire CSR Board, CSR members and the entire organization for her Certificate of Excellence.



Do you know of an immediate family member that is graduating from high school or college? Did you know that they can apply for a scholarship through the CSEA Foundation?

The 2023 CSEA Foundation Scholarship application period is now open through April 3, 2023. Check out the CSEA Foundation webpage for additional detailed information on the application process and the FAQs. The California State Employees Association Foundation (CSEAF) is a non-profit, charitable corporation created to fund Scholarships and Disaster Grants. Every year, the CSEA Foundation provides education scholarships to members, dependents, spouses, and grandchildren of CSR.

Please visit:

www.calcsea.org/Home/Foundation/Scholarship-Application
Applications and all supporting materials must be postmarked no later than April 3, 2023.

PUZZLES Ireland Word Search

To complete this word search, you'll have to find Ireland's 32 counties, its five longest rivers, and several other important words related to this beautiful island. You may recall that the island is divided into two parts. Six of the nine counties of Ulster make up Northern Ireland, which is part of Great Britain. The remainder of the island is the Republic of Ireland.

Here's a special twist: It has been said that Ireland contains 40 shades of green. How many times does GREEN appear in this puzzle? (Hint: It's a lot less than 40!)



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0	Y	E	T	0	U	R	Ι	S	M	C	0	N	M	Z	Α	F	Y	L	R
T	R	Α	R	J	G	C	K	G	G	F	0	Е	T	В	Т	W	E	Α	E
E	R	D	J	A	K	I	Н	C	R	R	R	R	Н	R	E	F	R	F	T
R	E	N	E	L	L	T	L	E	M	I	E	T	M	S	Ι	Е	A	F	T
I	D	R	0	K	U	D	T	S	C	P	A	E	T	A	V	M	L	0	0
E	0	W	E	0	T	A	I	K	C	E	L	M	N	R	Н	X	C	K	P
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W	U	P	M	U	Ι	A	T	G	R	A	X	E	Y	G	A	L	N	P	0
K	В	A	Ι	0	Н	N	E	N	N	Y	I	Z	R	D	R	D	S	Ι	W
E	L	P	R	G	C	N	E	A	E	T	S	E	U	A	U	C	L	S	N
R	Ι	Z	A	M	0	S	M	E	R	E	E	T	C	J	A	0	T	Ι	W
R	N	N	Н	D	A	R	0	I	R	N	R	P	A	S	K	R	C	A	K
Y	0	C	0	X	E	G	M	R	Q	G	Z	G	S	L	N	K	I	Y	L
M	L	Н	Ι	F	Q	Y	Н	0	Y	A	M	S	E	L	T	S	A	C	Y

WORDS (answers on Page 9)

IRELAND
EIRE
EMERALD ISLE
CASTLES
SHAMROCK
POTTERY
CRYSTAL
SHEEP
TOURISM

Counties
ANTRIM
ARMAGH
CARLOW
CLARE
CORK
DERRY
DONEGAL
DOWN
DUBLIN

FERMANAGH

GALWAY

KERRY

KILDARE

get

LEITRIM LIMERICK LONGFORD **LOUTH** MAYO **MEATH MONAGHAN** OFFALY ROSCOMMON **SLIGO** TIPERRARY **TYRONE** WATERFORD WESTMEATH WEXFORD WICKLOW

KILKENNY

LAOIS

Rivers SHANNON SUIR NORE BANN

BLACKWATER OF MUNSTER

Facebook: @CaliforniaStateRetirees

Twitter: @CAStateRetirees LinkedIn: @CaliforniaStateRetirees

Website: www.CalRetirees.org



Guyanese Gojas (Fried Coconut Turnovers)

Ingredients

Dough: 2 1/4 cups all-purpose flour (about 9 5/8 ounces), plus more for work surface

1 tablespoon light brown sugar

½ teaspoon baking powder

½ teaspoon kosher salt

2 tablespoons cold unsalted butter, cut into 1/4-inch pieces

3/4 cup cold whole milk

½ teaspoon vegetable oil, plus more for frying *Filling:* 2 cups sweetened shredded coconut (about 6 ounces)

1 tablespoon plus 1 teaspoon light brown sugar

1 1/4 teaspoons freshly grated ginger

½ teaspoon ground cinnamon

.25 teaspoon ground cardamom

1/4 teaspoon freshly grated nutmeg

1/4 teaspoon kosher salt

2 tablespoons unsalted butter, melted

2 teaspoons vanilla extract



Directions

Whisk together flour, brown sugar, baking powder, and salt in a large bowl. Add cold butter; rub together with your fingers until butter is coated in flour and forms fine crumbs. Make a well in center of mixture, and pour in milk. Using your fingers, swirl flour mixture into milk until a sticky ball forms. Turn dough out onto a lightly floured work surface; knead until mostly smooth, 1 to 2 minutes, dusting lightly with flour if needed to prevent sticking. Rub dough ball all over with vegetable oil. Wrap dough tightly in plastic wrap, and let rest at room temperature 30 minutes. Meanwhile, make the filling... Stir together coconut, brown sugar, ginger, cinnamon, cardamom, nutmeg, and salt in a medium bowl. Add melted butter and vanilla. Stir well, and set aside. Divide dough ball evenly into 12 pieces (about 1 3/8 ounces each). Shape each piece into a ball, and cover loosely with plastic wrap. Working with 1 dough ball at a time, and keeping remaining balls covered, press ball into a 2-inch disk. Place dough disk on a lightly floured work surface, and roll into a 5-inch circle (about 1/8 inch thick), flouring as needed to prevent sticking. Brush edges of dough circle lightly with water. Spread about 1 1/2 tablespoons filling over half of dough circle, leaving a 3/4-inch border around edge. Fold other half over filling, and press edges to seal. Crimp edges of dough using a lightly floured fork. Transfer goja to a baking sheet lined with parchment paper. Repeat process with remaining dough balls and filling. Fill a medium-size Dutch oven with vegetable oil to a depth of 2 inches; heat over medium to 360°F. Working in batches, fry gojas, turning often, until evenly golden brown, about 4 minutes. Transfer gojas to a baking sheet lined with paper towels to drain.

Is your current Medicare health plan still right for you?

New for 2023! Kaiser Permanente has more Medicare health plan options for CalPERS retirees to choose from, with the addition of Summit.

- Care from the comfort of home when you schedule a phone appointment with a Kaiser Permanente doctor.¹
- Your choice of great Kaiser Permanente doctors and a wide range of specialists. And all of our available doctors welcome Kaiser Permanente Medicare health plan members.

2023 benefit highlights



Rides to and from your doctor visits at no cost²



Meals delivered to your home after a hospital stay at no cost³



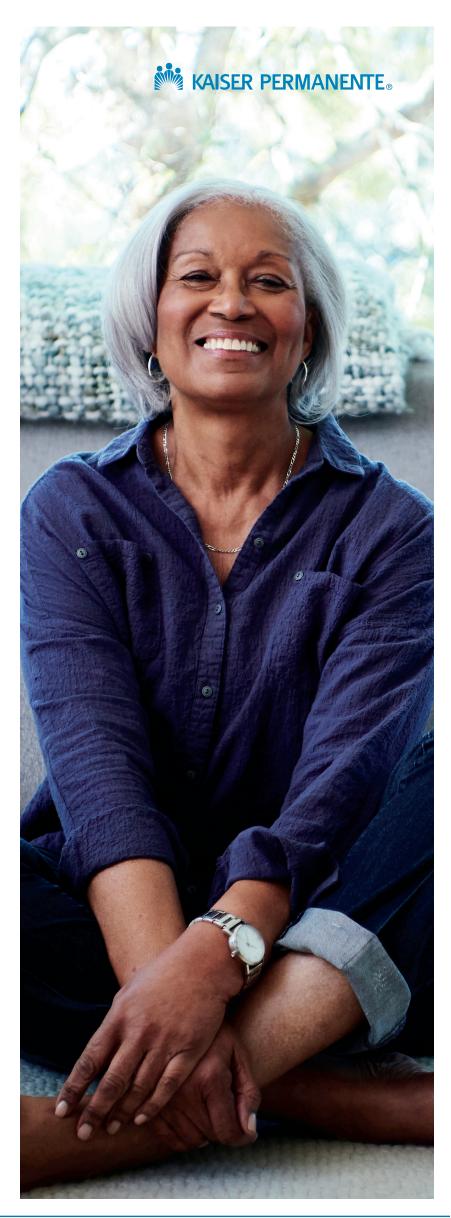
Quarterly Over-the-Counter (OTC)
Health and Wellness Benefit

To learn more call us toll-free: **1-855-717-9598** (TTY **711**), 7 days a week, 8 a.m. to 8 p.m.



1. When appropriate and available. 2. If you have a medical emergency, call 911. 3. Meal service is for 4 weeks and is available only once per benefit year immediately following an inpatient stay at a hospital or nursing facility. Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.





CSR BUDGET & BILL WATCH with Ted Toppin

Here is an update on some of the bills that we are monitoring and may be of interest to CSR members:

Support

AB 46 (Ramos)

Would provide a state tax exemption for retired members of the Armed Forces and for recipients of the Department of Defense's (DoD) Survivor Benefits Program. AB 46 will honor those who have dedicated their lives to serving our country while helping to retain and attract uniform service retirees to California for the purposes of strengthening the state's skilled workforce and contributing to the state and local tax base.

STATUS: Awaiting hearing in Assembly Revenue & Taxation Committee.

AB 559 (Boerner-Horvath)

Would extend the sunset date for

the California Senior Legislature Voluntary Tax Contribution Fund to remain on the state income tax return through 2030. Extending the sunset date from 2023 to 2030 will provide ongoing financial support to the California Senior Legislature, allowing the state's aging population to remain engaged and active in the legislative process.

STATUS: Awaiting hearing in Assembly Revenue & Taxation Committee.

AB 616 (Rodriguez)

Would enact the Medical Group Financial Transparency Act, which would authorize the disclosure of financial reports and financial statements of providers and physician organizations collected by the Office of Health Care Affordability and financial and other records of risk-bearing organizations be made available to the Department of Managed Health Care.

STATUS: Awaiting hearing in Assembly Health Committee. SCR 5 (Nguyen)

Would recognize the month of May 2023 as Older Americans Month and encourages all Californians to recognize and treat all older adults with compassion and respect, and to participate in activities that contribute to the health, welfare, and happiness of older adults.

STATUS: Ordered to Senate inactive file at request of Senator Nguyen.

SJR 1 (Cortese)

Requests the Congress of the United States to enact, and the President to sign, legislation that would repeal the Government Pension Offset and the Windfall Elimination Provision from the Social Security Act.

STATUS: Awaiting hearing



Ted Toppin

in Senate Labor, Public Employment, & Retirement Committee.

For a complete list of all bills that are being monitored by CSR, please see the most recent CSR Legislative Report online.

What to Know Before Redepositing Your Withdrawn Service Credit

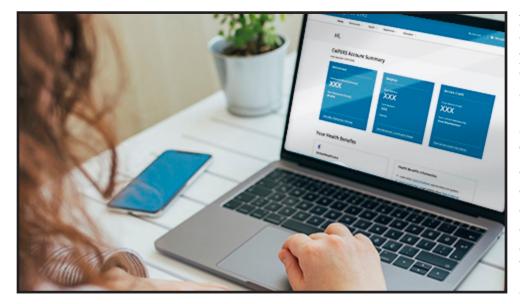
If you were previously a CalPERS member, left CalPERS-covered employment, and took a refund of your pension contributions and interest, you may be eligible to redeposit these funds and restore those years of service credit.

Redepositing contributions and service credit to your account is easy through myCalPERS. Here's what you need to know to make your service credit request go as smoothly as possible.

Your Redeposit Eligibility

There are four main groups who are eligible to redeposit withdrawn service credit:

- Active CalPERS members.
- Inactive CalPERS members who still have service credit on their accounts.
- Members whose former spouses or domestic partners took a portion of their account as part of a community property settlement.
- Members of reciprocal retirement systems, or retirement systems that



coordinate with CalPERS to ensure you get the retirement benefits you need.

However, there are some restrictions on eligibility. If you've already received credit or funds for your service credit with another retirement system, have retired, or your current employment isn't covered by CalPERS or a reciprocal system, you cannot redeposit your service credit.

Planning Your Redeposit Elections

If you qualify for service credit redeposit, you should plan how and when to redeposit it. This depends on how you initially withdrew your service credit.

If you made one withdrawal, you'll need to redeposit all your service credit in one redeposit election. If you made multiple withdrawals, you can choose to do one or multiple redeposit elections.

Should you choose to redeposit

your service credit in multiple elections, you must redeposit your service credit beginning with the most recent withdrawal and ending with the oldest.

Cost of Redeposit

The amount of your service credit redeposit will be the cost of your withdrawal plus interest, compounded annually through the end of the current pay period. You can estimate the approximate cost by logging in to myCalPERS to get an estimate.

For more information on the different service credit options available to you, please visit www.calpers.ca.gov/page/active-members/retirement-benefits/service-credit

This article is courtesy of CalPERS.



SAVVY SENIOR

Savvy Senior: How to Cover Dental Care in Retirement

Dear Savvy Senior, I had dental insurance through my work for many years but lost it when I retired and joined Medicare. Where can retirees find affordable dental care? Uninsured Al

Dear Al,

Unfortunately, about two-thirds of U.S. retirees don't have dental insurance today. Without coverage from traditional Medicare, and with private dental insurance typically costing too much to be feasible, most seniors are stuck paying full out-of-pocket prices every time they visit a dentist. While there's no one simple solution to affordable dental care there are a variety of options that can help cut your costs. Here's where to look.

Medicare Advantage: While dental services are mostly excluded under original Medicare, many Medicare Advantage plans do provide coverage for dental care, but it's usually very limited. Medicare Advantage plans are government approved health plans (usually HMOs and PPOs) sold by private insurance companies that you can choose in place of original Medicare. To shop and research Advantage plans in your area visit Medicare.gov/plan-compare or

call 800-633-4227.

Dental Insurance: If you have gum problems and need extensive dental care, a dental insurance plan may be worth the costs versus paying for care yourself. Monthly premiums for individual plans range from about \$20 to \$80. A typical plan includes two or three dental insurance. How this works is you pay an annual membership fee – around \$80 to \$200 a year – in exchange for 10 to 60 percent discounts on service and treatments from participating dentists. To find a savings plan, go to **DentalPlans. com** (or **888-632-5353**) where you can search for plans and participat-



cleanings and checkups per year, but these plans will likely have a waiting period – anywhere from a few months to a few years – before coverage for more expensive procedures kicks in. To find dental plans in your area, see eHealthInsurance.com.

Dental Savings Plans: While savings plans aren't as comprehensive as insurance, they are a good option for those who don't have

ing dentists, as well as get a breakdown of the discounts offered.

Veterans' Benefits: If you're a veteran enrolled in the VA health care program or are a beneficiary of the Civilian Health and Medical Program (CHAMPVA), the VA offers a dental insurance program that gives you the option to buy dental insurance through Delta Dental and MetLife at a reduced cost. The VA also provides free dental care to



Send your senior questions to: Savvy Senior, P.O. Box 5443 Norman, OK 73070 or visit **SavvySenior.org**

sulting from service. To learn more about these options, visit VA.gov/ dental or call 877-222-8387. **Cheaper Dental Care:** Because prices can vary by dentist, one way to ensure you get a good deal on your dental care is to call multiple provides and compare prices. To get an idea of what different dental procedures cost in your area, see FairHealthConsumer.org. If you're paying cash, it's also perfectly reasonable to ask your dentist for a discount. There are also a number health centers and clinics that provide

low-cost dental care to those in need. And all university dental schools and college dental hygiene programs offer dental care and cleanings for less than half of what you would pay at a dentist's office. Students who are supervised by their professors provide the care. See **TeethWisdom.org** to search for a center, clinic or school near you.

Chapter 165 Pay it Forward Scholarships

vets who have dental problems re-

SCHOLARSHIPS

The application for Chapter 165's Pay it Forward Scholarships for the 2023-2024 school year is now available to Chapter 165 members!

Please send all e-mail requests for the application to the Chapter 165 Scholarship Chair at Baskets4Les@comcast.net.

Complete application packets must be received by June 30, 2023, to be considered.

Welcome Aboard, New Members!

Now that you have become a member of the largest and most experienced state retiree organization in California, we want to properly welcome you aboard.

California State Retirees (CSR) has 26 different chapters statewide, and there is one just right for you. Members who don't specify which chapter they want to be in are automatically placed in the chapter within their zip code. Just let us know if the chapter you have been assigned is where you want to stay.



A phone call to your chapter president or a visit to your chapter's next meeting is the best way to become acquainted with everything CSR has to offer. Check out page 9 for the phone and email information of your chapter president. Each chapter encourages new members to attend their meetings, where state retiree issues are discussed; a variety of speakers appear and lunch is served. At some chapters, new members receive complimentary lunches.

Chapter 1

Elizabeth Trinh Leo Baclig Linda Deng Carolyn Thomas Lynell Cooper Elba Sandoval Dorina Garcia Rory Cox Erika Alvarez

Chapter 2

Virginia Wagner Ruth Wagner Lillie Hughes Cynthia Hicks Frank Garcia Victor Young Marla Martinez Mark Malloy Wanda Pinkston Victor Gutierrez Teresa Jacobo Lalita Gosaie Michael Mccoy Abigail Drummond Engleberto Mercado Joanna Huynh Sanford Nax Alonda Hicks Angela Brewer Stefan Wiley Marie Hren Kareen Stockman Anthony Stevenson Kathleen Czech Teresa Moore Rosaria Welles Lillian De Los Santos Lisa Fernandes Arthur Tamura Arlene Nelson Elizabeth Drysdale Latonia Wardell Steve Rucker Michele Day Anthony Martin Grace Glover

Chapter 3

Jocelyn Matignas Mun Shum Charles Lorenzo Blanca Sobalvarro

Glenda Tabucbuc

Lenita Samuel

Chapter 4

Henry Miller Rebecca Sanchez Kenneth Long Sandra Gatlin Sandra Cheatham Gwendolyn White Gabriela Arroyo Debra Shorten Gertrude Davis Miguelita Arcana Eric Morgan

Chapter 5

Kenneth Petty

Chapter 6

Carol Matthews Lorena Palomo Anirban Ray Rosalina Lojuco Lucita Edward Carla Graham Edilberto Ancheta

Chapter 8

Celia Pimentel-Khatri Kavintida Eumit

Chapter 9

David Matanga Richard Parnell June Cacho Gloria Dacanay Amie Kumkom Teodora Mendoza Mark Casupang Laura Pickard Kwi Shin

Chapter 10

Donna Hunt Concepcion Tipton Margaret Haugen Mikele Hushing Phyllis Simpson Sean Leahy Rebecca Anderson Ida Lamere Nancy Wardlaw

Chapter 11

Paula Paden Tabitha Washington Ronna Crews Juan Torres Duang Her Esperanza Cano Marcel Salery Kathleen Kanaley Eva Guerrero Thomas Hansen Linda Muse

Chapter 12

Altagracia Martinez Mccall

Chapter 13

Bret Rohrer

Chapter 14

Thomas Rosenow Kathleen Huber Cynthia Debon Gudrun Schuenemeyer

Chapter 15

Lawrence Bellucci Cassandra Fine Dan Fitzwater Elizabeth Armanino Richard Clemens Tonva Thomas Linda Stensler Jing Williams

Chapter 16

Graciela Hernandez Jo Madrid Eulalia Rodriguez Taipisi Faamausili George Tarnow

Chapter 17

Neriza Tagulao Rosa Barron Charles Norton Rosa Castro Linda Woods Marielos Garay Bernadette Sioson Renato Santos Helen Jellen Simone Jewell Sofia Shields

John Mcguire

Chapter 19 Renee Mulcahy

Chapter 20

Robby Igodan Alixe Branch

Chapter 21

Rose Carrera Marilou Garcia Joseph Gabriel Mary Bie Wilfredo Golez Uma Narayanaswamy Marbeth Miller Valarie Baker Mary Walters Susan Cooper Cheryl Washington Marlon Maliwat

Chapter 23

Michael Beaubien

Chapter 26

Michael Brummer Gerry Salum Lucia Salas

Chapter 31

Herbert Aquino James O'donnell Gwen Patterson

Chapter 34

Michael Cunningham

Mary Walker Michael Brinev

Clara Bowman Patricia Strom Victoria Rogers

Chapter 35

Melissa Bewley Rosa Pavich Esperanza Martinez Nelda Balderaz Glenda Doan

Chapter 36

Vivian Frashier Tasha Lindstrom Stephen Barry

Chapter 165

Kenneth Craig Robert Spratley Catherine Wagoner Stacie Tillman Ildiko Komar Brian Ford Janet Kemper Lori Larish Tracy Bowen Glenn Franklin Jon Heibeck Ronald Ashcraft Dale Andrews Stephen Isbell Jeanette Halford Sofia Hernandez

Don't fret if you joined CSR but don't see your name here. Processing at CalPERS, the State Controller's Office and CSR can take a few months. Check again for your name within the next two months.

Puzzle Answer from Page 5

GREEN appears five times.



CHAPTER MEETING NOTICES

Please send an email to **CSRInfo@CalRetirees.org** by the **15th of the month** with your meeting information you would like to have printed in the next issue of the CSR newspaper.

CHAPTER 1

ALAMEDA/CONTRA COSTA COUNTIES

President: Allan Lee, ALee@ CalRetirees.org; Vice President: Nathan Johnson (510) 304-9270, nathan.johnson0406@yahoo.com; Secretary: Russell Kilday-Hicks (415) 310-3823 rkildayhicks@ gmail.com; Treasurer: Peter Greeff petergreeff09@gmail.com.

Meeting: Tuesday, April 11, noon. Where: Fairview at the Metropolitan Golf Links, 10051 Doolittle Dr., Oakland. Program: Yvonne Walker, CalPERS Board Member representing retirees will be the featured speaker. Cost: Free to members and one guest. RSVP required: By March 29 (firm) via email to chapter President American Sign Language interpreter available on request (please give a two-week advance notice). For more information: Please contact Allan Lee via the above email. Those without email may reserve by calling (916) 652-6643.

CHAPTER 2

SACRAMENTO/YOLO AREA

President: Phyllis Johnson, (916) 841-7303, sacyolocsr2@gmail.com; Vice President: Sophia Perkins, (916) 613-1813, Idgy1000@att.net Treasurer: Kathleen Elwell (916) 804-6560; Secretary: Dianne Welsh, (916) 682-7810, **Hybrid Meeting** FIRST MONDAY! April 3. Choice of In Person or Zoom In Person Meeting: Setup committee 10:30 a.m. to 11 a.m. General Member Access at 11 a.m. Where: Sierra 2 Center, 2791 24th St. Sacramento. **RESERVATIONS REQUIRED:** By March 20, at 5 p.m. to Phyllis Johnson. Please indicate any special meal needed (gluten-free, vegan, or vegetarian). On all reservations, please indicate first name, last name, member or guest, and whether you will attend in-person or on Zoom. For more information: please contact Phyllis Johnson at above contact information from 9-5.

CHAPTER 3

WEST BAY AREA

President: Skip Charbonneau, (415) 648-4946; Vice President: Billie Feliciano, (415) 324-9058; Secretary: Lily Gee, (650) 992-2526; Treasurer: Erlinda Villa (415) 407-7905, aida.b.villa@gmail.com Meeting: Friday, March 17, 11:30 a.m. - 2 p.m. Where: Basque Cultural Center, 599 Railroad Ave., South San Francisco. Program: Holiday meeting. Menu: Corned beef/cabbage or petrale sole. Cost: Free to members

and one guest only. **Reservations** required: RSVP to Erlinda Villa by March 12. For more information: Please contact Erlinda Villa.

CHAPTER 4

GREATER LOS ANGELES

President: Marta Zaragoza, (310)204-0484; Vice President: Cynthia Frison, (424) 227-6489; Secretary: Virginia Griffin, (323) 290-3655; Treasurer: Emma Johnson, (213) 258-8796 Meeting: Thursday, April 20, 12:30 p.m. to 2:30 p.m. Where: Petrelli's Steakhouse, 5615 Sepulveda Blvd., Culver City. Program: TBA. Reservations are required: Please RSVP to Marta Zaragoza

CHAPTER 5

CENTRALVALLEY FOOTHILLS

President: Anita McCabe (209) 602-7775; Vice President: Denise Simpson (209) 206-3817; Secretary: Korryn Koplen (209) 577-8376; Treasurer: Joaquina Canedo (209) 524-7219

CHAPTER 6

SAN BERNARDINO/ RIVERSIDE COUNTY

President: J. Dee Stoddard, (909) 553.9744; Vice President: Frank Ornelas, (909) 948-8758; Secretary: Yolanda Ornelas, (909) 948-8758 Treasurer: Erlinda Ochoa, (909) 822-4128. Will meet the second Thursday of even months

Meeting: Thursday, April 13, 11:30 a.m. Where: Logan's Roadhouse, 13480 Baseline Ave, Fontana. Program: TBA. Reservations are required: RSVP by April 7, to Frank Ornelas. Please leave a message if no answer.

CHAPTER 8

NORTH COAST AREA

President: Veronica Avila, (707) 487-0235, VAvila@CalRetirees.org; Vice President: Robin Dolan, (916) 991-7455, Nibornalod@sbcglobal. net; Secretary: Vacant; Treasurer: Vacant. Meeting: Monday, March 6, 11:30 a.m. Where: Red Lion Hotel Eureka, Oak Ballroom, 19296 4th St. Eureka. Program: Learn how California State Retirees helps protect the pensions and healthcare benefits of retireed state workers. Cost: Lunch is free for CSR members. Reservations required: RSVP by Feb. 28 to Veronica Avila. For more information: Please contact a chapter officer listed above.

CHAPTER 9

LOS ANGELES AREA

President: Donna Hernandez, (562) 405-1387, donnacooker@msn.com; Vice President: Joseph Sahli, (714) 865-9930, flysam52@aol.com; Secretary: Gloria Clansy, (562) 822-6656, gclansy@icloud.com; Treasurer: Maria Vazquez Bauer, (909) 519-8055 mavazbauer01@ verizon.net Will meet the second *Wednesday of every month Meeting:* Wednesday, April 12. Executive board meeting starts at 10:00 a.m. All are welcome. General meeting follows at noon. Where: Sizzler, 10315 Lakewood Blvd. Downey. Program: TBA. Cost: Members must be in line by 11:30 a.m. to be reimbursed \$15 for lunch during meeting. Guests pay themselves. RSVP: Not required. Would love to welcome you.

CHAPTER 10

SAN LUIS OBISPO

President: Leticia Soria, (805) 574-0109, LSoria@CalRetirees. org; Vice President: Mary Ann DeLeon; Treasurer: Marsha Epstein, (805) 704-0723 Next meeting will be May 18. See April newspaper for details. For more information: Contact Leticia Soria.

CHAPTER 11

MID VALLEY

President: Christy Christensen-Fountain, (559) 707-7067: CChristensenFountain@CalRetirees. org; Vice President: Jose Gutierrez, (559) 917-4577; **Secretary:** Claudine Edwards-McDougall, (559) 696-2628; Treasurer: Gigi Subilosky, (559) 269-5380 **Meeting:** Wed, March 1, 2023, 11 a.m. Where: Piccadilly Inn, 2305 W Shaw Ave, Fresno. **Program:** Updates on healthcare and pension benefits for 2023. Guest speaker from CaptionCall will demonstrate equipment that allows users to read live telephone calls and recorded messages. Bring non-perishable foods for a door prize ticket. Cost: \$10 members/spouses; \$15 non-members. **Reservations** required: RSVP by Feb. 22 to 559-707-7067 or 559-920-7277. Leave a message with your name/phone number/total number of people in your group.

CHAPTER 12 EASTERN MOUNTAIN AND HIGH DESERT AREAS

President: Linda Currie, (661) 273-6390, lcurrie197@roadrunner. com; Vice President: Stephanie Pryzbeski-Gilbert, (661) 537-3811, stefva22@hotmail.com; Secretary: Blanca Rodriguez,

(909) 553-5625, blancrod703@ yahoo.com; <u>Treasurer:</u> Barbara Griffin, (661) 266-1130, bgrif1275@ gmail.com; BarbaraGriffin, (661) 266-1130, bgrif1275@gmail.com Meeting: Tuesday, April 11, 11:30 a.m. Where: Black Bear Diner, 40026 10th St. W. Palmdale. Program: Learn how CSR protects the pensions and healthcare benefits of retired state workers. Cost: Free. Reservations required: RSVP by March 28. For more information: Contact Barbara Griffin or Stephanie Gilbert via the information above.

CHAPTER 13

NORTHERN CALIFORNIA/REDDING

President: Terry Coyle, (916) 869-2094, tlc95821@yahoo.com; Vice President: LaDora Cooper, (530) 949-2131, Dola27@charter.net: Secretary: Audrey Sandeen, (530) 604-5289, theswede8243@gmail. com; Treasurer: Georgene Gibson (530) 524-0662, rbjeepman10@ hotmail.com Currently meeting the first Wednesday of every month Redding Meeting: Wednesday, April 5, noon. Please arrive at 11:30 a.m. if ordering a meal. Meeting starts at noon. Where: Country Waffles, 2300 Athens Ave., Redding. Program: TBD. Cost: Lunch is free to CSR members and associates. For more information: Please contact Audrey Sandeen. Yreka Meeting: Thursday, June 8, noon. Please arrive at 11:30 a.m. if ordering a meal. Meeting starts at noon. Where: Jefferson's Roadhouse 1281 S. Main St. Yreka. Program: TBD. Cost: Lunch is free to CSR members and associates. For more information: Please contact Audrey Sandeen at the information listed above.

CHAPTER 14

NORTHERN CALIFORNIA/CHICO

President: Kenneth Todd Mayer, (530) 519-2897, KMayer@CalRetirees.org; Vice President: S.E. Riazi, (530) 519-2174, SERiazi@CalRetirees.org; Secretary/Treasurer: Diana King, (530) 310-3454, LadyDi31481@ gmail.com. Susanville-Will usually meet the first Tuesday of the Month April through October Susanville Meeting: Tuesday, March 7, 11:30 a.m. Where: Diamond Mountain Casino 900 Skyline Dr Susanville. Program: Wendy Franco, sales account consultant, Anthem Blue Cross, discusses the benefits of Anthem Blue Cross health plans. Cost: Free to CSR members. RSVP: N/A. Meeting: Tuesday, April 4, 11:30 a.m. Where: Diamond

Mountain Casino, 900 Skyline Dr Susanville. **Program:** TBA. **Cost:** Free to CSR members. **RSVP:** Not required. **For more information:** Call or text Kenneth Todd Mayer or Diana King.

Chico –Will usually meet the third Wednesday of every month

Chico Meeting: Wednesday March 15, 11:30 a.m. Where: Logan's Roadhouse 1900 E. 20th St. Chico. **Program:** Paul Coots, annex manager. Osher Lifelong Learning Institute (OLLI) at Chico State, discusses how his community of volunteers, aged 50-and-older, works to help create and deliver educational, cultural, and social opportunities across. CSR CFO Jerry Fountain. Reservations: N/A. For More Information: Call or Text Kenneth Todd Mayer or S.E. Riazi. **Meeting:** Wednesday April 19, 11:30 a.m. Where: Logan's Roadhouse, 1900 E. 20th St. Chico. **Program:** Dr Saeed Yazdianpour – Prosthodontist. Topic: New Trends in Dentistry. How to preserve what we have and how to replace what's missing. Cost: Free to CSR members. **Reservations:** Not Required. For More Information: Call or Text Kenneth Todd Mayer or S.E. Riazi.

CHAPTER 15

SIERRA FOOTHILLS

President: Pamela Robison, (916) 768-1657, PRobison@CalRetirees. org; Vice President: Joann Stewart, (916) 412-2075, JStewart@CalRetirees.org. Secretary: Shari Lynn Goodwin, (916)521-7593; Treasurer: Lieutenant Coopwood, 916-206-2732, LtCoopJr@gmail.com Please watch for information about our May 2 meeting in the April newsletter.

CHAPTER 16

SAN JOAQUIN COUNTY

President: Sheila Ward-Shaw, (209) 915-1020, sheilaws2@ yahoo.com; Vice President: Susan Small, (209) 948-3839; Secretary: Georgia Pierce, (209) 405-0173. Treasurer: Juan Ochoa, (209) 334-1391.

Meets four times annually in March, July, September and December

Meeting: Friday, March 17, noon to 2 p.m. Where: Red Lobster, 2283 W. March Ln., Stockton. Cost: Free. Reservations required: RSVP by March 14 to Georgia Pierce at the above number. For more information: Contact Georgia Pierce.

CHAPTER MEETING NOTICES

CHAPTER 17

GREATER SAN DIEGO

President: Arlene Ryan, (619) 203-3124, aryan.ar858@gmail.com; Vice President: Danny Morales, (951) 675-1489, morales6391@hotmail. com; Secretary/Treasurer: Diane Whorton, (619) 454-3603, dlw. union@gmail.com Meeting: Thurs. April 6, 11:00 a.m. to 2 p.m. Where: Golden Corral, 390 W Main St., El Cajon. Program: You will receive postcard in mail to admit you. For more information: Please contact Arlene Ryan at the above number or Elaine Edwards at (619) 435-4044.

CHAPTER 19

NORTH COAST AREA

President: Skip Hulet, (707) 279-4643; Vice President: Joan Hume, (707) 279-4811; Secretary: Reba Hawley, revjimmyv@aol.com; Treasurer: Pam O'Toole, (707) 278-0508 Will meet in February, April, June, August, October & December Ukiah Meeting: Monday, April 10, noon. Where: Stars Restaurant, 115 S. Orchard St. Ukiah. For more information: Call Skip Hulet at the number listed above. Lake County Meeting: Tuesday, April 11, noon. Where: Running Creek Casino, 635 State Hwy 20, Upper Lake. For more information: Call Skip Hulet at the number listed above.

CHAPTER 20

SAN FERNANDO VALLEY AND LOS ANGELES AREA

President: M. Cora Okumura, (818) 359-7625, mcokumura@yahoo.com; Vice President: Vacant Treasurer: Gaylonn Mayo, (310) 897-7950, gaylonn28@gmail.com; Secretary: Norma Gallegos, (818) 667-2347, norma.2005@gmail.com

Meeting: Thursday, April 13, 10:00 a.m. Where: Max's (Chicken) Restaurant, 313 W Broadway, Glendale. Program: Learn how CSR protects the pensions and healthcare benefits of retired state workers. Cost: Free for members (drinks not included); All others pay \$17.50 at the door (drinks not included). Reservations required: RSVP by April 4. **NOTE:** Seats are limited. Call/text Norma Gallegos or Cora Okumura.

CHAPTER 21

SONOMA, MARIN, NAPA AND SOLANO COUNTIES

President: Lorna Wright, (707) 750-5990, CSR Chapter 21@yahoo. com; Vice President: Donald Lehnhoff, (707) 795- 9405; ; Secretary: Eric Norrbom, (707) 322-1528; Treasurer: Vacant. Meets quarterly January, April, July and October Meeting: Tuesday, April

11, noon -2 p.m. Social time starts at 11:30 a.m. Where: Napa Elks Lodge #832, 2840 Soscol Ave. Napa. **Program:** TBA. **Cost:** Free to members; \$10 for guests (limit 1). **RSVP required:** By April 4 to Lorna Wright at the information above. For more information: Please contact Lorna Wright.

CHAPTER 23

SAN JOSE AREA

President: Elvira Acevedo, (408) 550-9273, EAcevedo@calretirees.org; Vice President: Brad Geldert, (408) 655-4799, bgeldert@gmail.com; Secretary: Christine Jasper, (408) 373-1655, chris0521@sbcglobal. net; Treasurer: Larry Roberts, (510) 827-7938, lroberts1956@yahoo. com. Meeting: Thursday, Mar. 16, 11 a.m. - 2 p.m. Where: Denny's Restaurant, 1001 E. Capitol Expwy., San Jose. Program: TBD. Cost: Lunch is free for members and one driver or caregiver. Reservations required: RSVP by March 9 via email to EAcevedo@CalRetirees. org with name of member and guest. For more information: Email or call Elvira Acevedo

CHAPTER 26

BAKERSFIELD/KERN COUNTY

President: Ophelia Rabanal, ORabanal@CalRetirees.org (661) 458-6588; Vice President: Henry Mendoza, (661) 725-8604; Secretary: Sue Kimbriel, (661) 333-0575, ckimbriel@bak.rr.com; Treasurer: Joe Salcido, (661) 477-2015, joe. salcido@yahoo.com.

PLEASE NOTE: All chapter meetings will be held on the third Thursday of EVEN Months – February, April, June, August, October and December. Meeting: Thursday, April 20, 11 a.m. Where: Hodel's Country Dining, 5917 Knudsen Drive, Bakersfield. **Program:** HAWAIIAN THEME... Chapter 26 – 10th Anniversary Celebration and general membership meeting. Come and meet some of our CSR Statewide Officers-President Stephanie Hueg; Executive VP Elnora Hunter-Fretwell; and District B Director Susanne Paradis. Great opportunity to bring any questions, ideas and or concerns. Cost: WEAR HAWAIIAN CASUAL ATTIRE and receive a FREE Meal. Otherwise, Members/Associate pay \$5. All other guest/spouses pay for their own meals \$15. Reservations required: By April 15. For more information: Please call/text or email Ophelia Rabanal.

CHAPTER 31

VENTURA/SANTA BARBARA **President:** V. Raylene Laverentz, (805) 986-1854, cell (805) 551-2278; Raylenelchapter31@gmail.com; Vice President: Baruska Knight, (805) 320-9153; Secretary/Treasurer: Gustavo Ruelas, (805) 487-7942 Meets quarterly Meeting: Monday, March 28, 11:30 a.m. Where: Elks Lodge 801 S. A St. Oxnard. Program: Guest speakers include Susanne Paradis, California State Retirees District B Director, and Roger Horner, Ventura County Area Agency on Aging. Choose lunch entrée of salmon or sweet and sour chicken. Reservations required: RSVP with your lunch choice by March 22 to Raylene at (805) 551-2278. For more information: Call Raylene at (805) 551-2278.

CHAPTER 34

ORANGE COUNTY-SANTA ANA

President: Jenny Hayden, (714) 743-8423, ilhaydenn 991@yahoo. com; Vice President: Joe Whaling, (714) 349-5393;<u>Treasurer:</u> Bill Serb III, (714) 826-6029. Usually meets on the second Wednesday of every other month. Meeting: Wednesday, April 12, 11:30 a.m. - 1:30 p.m. Where: The Old Spaghetti Factory, 110 E. Santa Fe Ave., Fullerton. **Program:** Learn how CSR protects the pensions and healthcare benefits of retired state workers. Reservations required: Please RSVP by April 9 to Bill Serb or Joe Whaling at their

CHAPTER 35

SO. CENTRAL VALLEY PORTERVILLE AREA

President: Lou Flores, (559) 362-0689; Vice President: Mary McCaig, (559) 359-6069; Secretary: Don Perkins (559) 630-0314; **Treasurer:** Larry Long, (559) 781-8761. Porterville Meeting: Thursday, March 9, 11 a.m. - 1 p.m. Where: El Nuevo Mexicali Restaurant, 640 N. Prospect St. Porterville. Reservations required: By March 2. For more information or to RSVP: Contact Lou Flores at the number above. Meeting: Thursday, April 13, 11 a.m. - 1 p.m. Where: El Nuevo Mexicali Restaurant, 640 N. Prospect, Porterville. Reservations required: By April 3, 2023. For more information or to RSVP: Contact Lou Flores at the number above. Hanford Meeting: Tuesday, May 16, 2023 11 a.m. - 1 p.m. Where: Mountain Mike's, 820 W. Lacey Blvd. Hanford. Reservations required: By May 4, 2023. For more information or to RSVP: Contact Lou Flores at the number above

CHAPTER 36

MONTEREY BAY AREA **President:** Maureen Thompson, (831) 236-7741; **Secretary:** Susan Sisson (831) 578-1919; **Treasurer:** Rhonda Waldorf All chapter meetings are held on the third Thursday of EVEN Months - February, April, June, August, October, December Meeting: Thursday, April 20, 11:30 a.m. Where: The Windmill Restaurant, 1167 Front St., Soledad. Program: TBD. Menu: Lunch provided. Cost: No cost to members, guests pay \$25. Reservations required: Please RSVP by April 18 to Susan Sisson at the number above



CHAPTER 165

SACRAMENTO

President: Joe Reynoso, (916) 708-0369, JReynoso@CalRetirees.org; Vice President: Gail Fasciola, (916) 386-1553, gailsgab@comcst.net; Secretary: John Bowden, (916) 361-8786, JBowden@CalRetirees,org; Chapter Treasurer/Oregon Subchapter Chair: Geanie Hixon, (541) 646-0925, geanie.hixon@ gmail.com

Sacramento Meeting: Wednesday, April 5, Doors open 11:30 a.m. Meeting starts at noon. Where: The Old Spaghetti Factory, 12401 Folsom Blvd. Rancho Cordova. Program: TBA. Reservations not required. For more information: Contact Joe Reynoso at the number or email listed above.

Medford, Oregon Meeting: Thursday, April 20, noon. Where: Elmer's Restaurant, 2000 Biddle Road, Medford, OR.. Program: TBA. Reservations required: Please RSVP to Geanie Hixon at the number or email listed above. For more information: Contact Geanie Hixon at the number or email above.





CALIFORNIA STATE RETIREES

CSR is the largest, most experienced organization exclusively representing state retirees!

OUR MISSION To protect the pension and health benefits of all retired state employees



Take the next step! Join today at calretirees.org/joinus

ADVOCACY: For more than 92 years, California State Retirees have organized to protect their pensions and health benefits. At CSR, our top priority is protecting your benefits.

43,000 MEMBERS STRONG AND GROWING: CSR's opinion matters to Legislators, the Governor, CalPERS and other agencies that can impact the pensions and health benefits of state retirees. There is strength in numbers!

MINIMAL MONTHLY DUES: CSR dues are minimal and the benefits are significant. Dues range from \$1 to \$12 per month, depending on your CalPERS monthly pension amount.

MEMBER BENEFITS: Keep your California State Employees Association Member Benefits into retirement - don't lose them!

CALPERS COVERAGE: Not everyone can attend CalPERS Board and committee meetings. CSR staff and leadership attend the meetings and speak on behalf of all state retirees.

MONTHLY NEWSPAPER: The California State Retiree newspaper provides valuable information about our action on issues affecting your pension and benefits, with monthly columns about the Governor, Legislature and CalPERS.

COMMUNITY: CSR has 26 chapters throughout the state. Attend your chapter's meetings for social events and to hear educational speakers. Stay informed!

Join CSR and become part of our strong retiree community!