it all starts with a vision VISION FITNESS HOME FITNESS BIKES COMFORTSMOOTHQUIET

# THE vision fitness DIFFERENCE

Whether your vision is a slimmer body, a healthier heart, stress management, or if you simply enjoy exercise, Vision Fitness has the bike to help you achieve your goals.

We began as a division of the Trek® Bicycle Company, where we pioneered the development of the smoothest, quietest, and most comfortable fitness bikes available. In 1996, Vision Fitness was spun off by the Trek® Fitness management team to continue to bring to market innovative fitness products.

We continue to offer you the same combination of quality, value, and performance

that has made our founding

company the most

requested bicycle

brand in America.

Vision without action is merely a dream. Vision with action can change the world.

**Joel Barker** 

We continue to win *Consumers Digest* "Best Buy" awards for our fitness bikes. Our bikes have earned "Best Buy" awards in every fitness issue of *Consumers Digest* since 1995. Take a test ride at your local specialty fitness retailer; we are confident you will agree with the people at *Consumers Digest* and find our fitness bikes the most comfortable, smoothest, and quietest you have ever ridden.

To learn more about Vision Fitness and our complete line of quality fitness products please visit our website: www.visionfitness.com.

he mission was clear - develop the smoothest, quietest and most comfortable fitness bikes ever. First, we pioneered the friction-free magnetic resistance system, completely eliminating the wear and noise of belts, pads, and fans. Then we replaced the common bicycle chain with an 8-ribbed Poly-V belt to create the quietest fitness bike possible. This combination of smooth and quiet components also created a more reliable bike.

## S msmooth

Our permanent magnetic resistance system has no wearing contact parts for maximum durability. Combine this friction-free resistance with our heavyweight flywheel and you get the smoothest resistance mechanism available.







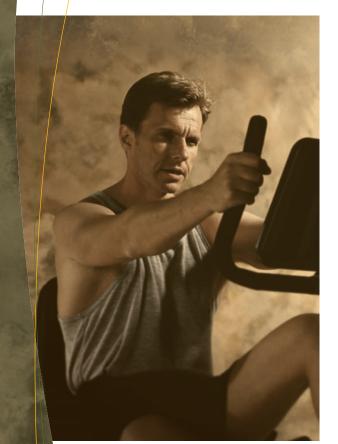
Our Quiet-Glide™ drive technology utilizes a multi-ribbed supersilent Poly-V belt to assure an extra-quiet workout. So it's easier to read a book or watch TV without disturbing others. Computer modeling on this drive system shows the expected life to exceed 20,000 hours -- that's over 50 years of life, when used one hour a day.

## Co refinfort

A bike's seat is your primary contact point, so our Comfort Arc™ seats, with body-contoured foam and free range of motion, will have you smiling for miles. Our semi-recumbent seat offers adjustable lumbar support, while the upright seats have a cutout in the nose to reduce pressure.



on't be misled by the comfort of Vision Fitness semirecumbent bikes; they are a great way to achieve your cardio workout. The semi-recumbent positioning delivers an aerobic workout just as effective as an upright bike while placing more emphasis on your hamstrings and gluteus.



The Vision Fitness line of semi-recumbent bikes, from our entry-level *R2000* to our fully loaded *R2600HRT* Corporate bike, helps you achieve your fitness goals.

Our *R2000* has a simple console to give you the feedback you need, while our best-selling *R2200HRT* has built-in Heart Rate Training, which is proven to be the most effective way to train.

Vision Fitness bikes have won numerous accolades from the media and our customers for having the quietest, smoothest, and most comfortable ride. And let's face it, if you must ride your bike indoors, you want to be sure it is comfortable and quiet, so you can read a book (with the built-in reading rack) or watch TV without blasting the volume.

Our bikes offer you the tools and comfort to go that extra mile and help you achieve your goals sooner. All of our bikes are backed by industry-leading warranties and are serviced by the best retailers in the industry.

Vision Fitness consoles are designed to keep you motivated. The *R2000* console provides basic feedback, while the *R2600HRT* offers several programs: Manual, Intervals, Rolling, Weight Loss, Mountain, and Heart Rate Training. And if you tire of Intervals, a simple touch of a button puts you in the mountains of Colorado or the rolling hills of Vermont. With Vision Fitness exercise bikes, you can go everywhere without going anywhere. There's even a built-in reading rack for your favorite book or magazine.

















## semirecumbent fitness bikes











FEATURE	R2600HRT Programmable	R2200HRT PROGRAMMABLE	<b>R 2200</b> Programmable	<b>R 2100</b> INDEXED	<b>R2000</b> Indexed
CONSOLE AND PROGRAMS	EASY8TM LED CONTINUAL FEEDBACK W/ TELEMETRIC & CONTACT HEART RATE TRAINING Mounual, Intervals, Rolling, Weight Loss, Mountain, Heart Rate Training, Integrated Reading Rock	QUICK-SET™ LED W/ HEART RATE TRAINING Manual, Intervals, Rolling, Weight Loss, Mountain, Heart Rate Training Integrated Reading Rack	QUICK-SET™ LED Manual, Intervals, Rolling, Weight Loss, Mountain, Race Integrated Reading Rack	8-Function 4 Large-Window LCD Integrated Reading Rack	5-Function 5-Window LCD
CONSOLE FEEDBACK	CONSTANT FEEDBACK Watts, Speed, RPM, Distance, Time, Calories, Heart Rate, Program, Level	Watts, Speed, RPM, Distance, Time, Calories, Heart Rate, Program, Level	Watts, Speed, Ave. Speed, RPM, Distance, Time, Calories, Program, Level	Watts, Time, Speed, Distance, RPM, Calories, METs, Average Speed	RPM, Speed, Calories, Distance, Time
TENSION CONTROL	Programmable	Programmable	Programmable	Indexed	Indexed
RESISTANCE SYSTEM	Cambridge Motor Works™ ECB-PLUS™ Generator	ECB-PLUS™ Motor-Operated Permanent Magnet	ECB-PLUS™ Motor Operated Permanent Magnet	ECB-PLUS™ Cable-Operated Permanent Magnet	ECB™ Cable-Operated Permanent Magnet
DRIVE TRAIN	QUIET-GLIDE™ Super Silent Poly-V Belt	QUIET-GLIDE™ Super Silent Poly-V Belt	QUIET-GLIDE™ Super Silent Poly-V Belt	QUIET-GLIDE™ Super Silent Poly-V Belt	Super Silent Poly-V Belt
FLYWHEEL	24 lbs. Balanced	24 lbs. Balanced	24 lbs. Balanced	24 lbs. Balanced	24 lbs. Balanced
SEAT	Club COMFORT ARC™ w/ Lumbar Control	COMFORT ARC™ w/ Lumbar Control	COMFORT ARC™ w/ Lumbar Support	COMFORT ARC <sup>TM</sup> w/ Lumbar Support	COMFORT ARC™ w/ Lumbar Support
SEAT RAIL	Aluminum, 28 Positions	Aluminum, 28 Positions	Aluminum, 28 Positions	Aluminum, 28 Positions	Steel
HANDLEBARS	Extended Console & Seat	Extended Console & Seat	Console & Seat	Console & Seat	Console & Seat
PEDALS	Self-balancing w/Straps	Self-balancing w/Straps	Self-balancing w/Straps	Self-balancing w/Straps	Self-balancing w/Straps
POWER	Self-Generating & 13.5V Plug-In	7.5V 1 Amp Plug-in	7.5V 1 Amp Plug-In	2 AA Battery	2 AA Battery
HOME WARRANTY*	Lifetime Frame Lifetime Magnetic Brake 3 Years Electronics/Parts 2 Years Labor	Lifetime Frame Lifetime Magnetic Brake 2 Years Electronics/Parts 1 Year Labor	Lifetime Frame Lifetime Magnetic Brake 2 Years Electronics/Parts 1 Year Labor	Lifetime Frame Lifetime Magnetic Brake 2 Years Electronics/Parts 1 Year Labor	Lifetime Frame Lifetime Magnetic Brake 2 Years Electronics/Parts 1 Year Labor
CORPORATE WARRANTY*	Up to 5 Hours of Use per Day 2 Years Frame 2 Years Magnetic Brake 2 Years Electronics/Parts 2 Years Labor	Up to 3 Hours of Use per Day 1 Year Frame 1 Year Magnetic Brake 1 Year Electronics/Parts 1 Year Labor	Up to 3 Hours of Use per Day 1 Year Frame 1 Year Magnetic Brake 1 Year Electronics/Parts 1 Year Labor	Up to 3 Hours of Use per Day 1 Year Frame 1 Year Magnetic Brake 1 Year Electronics/Parts 1 Year Labor	None
FLOOR SPACE	57"L X 25"W	58″L X 26″W	58″L X 26″W	58″L X 26″W	66"L X 26"W
PRODUCT WEIGHT	190 lbs.	165 lbs.	165 lbs.	165 lbs.	130 lbs.
MAXIMUM USER WEIGHT	400 lbs.	300 lbs.	300 lbs.	300 lbs.	300 lbs.
UPGRADES From Previous Model	UPGRADES FROM R2200HRT Contact Heart Rate Console Feedback Warranty Generator System	UPGRADES FROM R2200 Heart Rate Training Adjustable Lumbar Seat	UPGRADES FROM R2100 Programmable Console Motor-Operated ECB™	UPGRADES FROM R2000 Console Feedback Integrated Frame 28-Position Seat Rail ECBPlus™ & QuietGlide™ Drive	UPGRADES FROM SPORTING GOODS BIKE Magnetic Resistance Warranty Heavy Gauge Frame Comfort Arc™ Seat

<sup>\*</sup> Refer to www.visionfitness.com for complete Warranty details.

All product specifications are subject to change.

# The heart of a great ride...

Easy-to-use consoles with motivational programming

Free waterbottle & cage included

Revolutionary
Quiet-Glide™
drive system makes
for extra-quiet
workout

ECB-Plus<sup>™</sup> magnetic resistance offers the smoothest ride

Front transport wheels for easy mobility



Comfort-Arc™ seat with adjustable lumbar support

Aluminum seat rail with 28 different seat positions and padded adjustment lever for a custom fit

Heavy-duty steel frame makes for a solid, stable base

Vision is the art of seeing the invisible.

Jonathon Swift

hat separates Vision Fitness bikes from all others? It's in the details.

When we developed our bikes, we asked what really makes a bike perform and help its rider achieve their objective. It sounds like a silly question, but the staff at Vision Fitness lives and breathes that simple but complex question.

So you'll find 3-piece cranks, extra-heavy-gauge steel frame, padded seat adjustment lever, motivational programs, front transport wheels, multiple hand positions, ISO 9001-certified manufacturing facility, and many other distinguishing features on Vision Fitness bikes.

ith our heritage of beginning as a division of the best bicycle company in the world, you can be assured our upright bikes are designed with the cyclist in mind. Our pedals are positioned at the optimum angle to the seat, to closely approximate standard cycling position.



The Vision Fitness line of upright bikes, from our entry-level *E3000* to our fully loaded *E3600HRT* Corporate bike to our dualaction *E4000*, help you achieve your fitness goals.

Vision Fitness knows that 80% of people stop working out and do not reach their fitness goals due to boredom. Our fitness bikes are designed to keep you on the bike for that extra 5 to 10 minutes. Features such as motivational programming, Comfort Arc™ seats, and the built-in reading rack, help keep you going just a little longer. It is amazing how quickly those extra minutes add up toward achieving your goal.

Our dual-action *E4000* offers a full-body workout with its integrated handlebars, but unlike our competitors you won't get blown away or deafened by the wind. Vision Fitness bikes have won numerous awards from the media and have helped our customers achieve their fitness goals, by being the quietest, smoothest, and most comfortable ride. They even have an industry-leading warranty and are serviced by the best retailers in the industry.

The fully-padded Vision Fitness handlebar offers you multiple hand positions, so feel free to move around during your workout. The more comfortable you are, the longer you'll ride and the sooner you'll reach your goals. We also have motivational programming from Intervals to Mountains to Racing the computer. We even have a built-in reading rack for your favorite book or magazine.



















## upright fitness bikes





*E3200HRT* 

PROGRAMMABLE



**E3200** PROGRAMMABLE



E3100

INDEXED



E3000



5-Function

5-Window LCD

### FEATURE

ONSOLE AND	
PROGRAMS	

EASY-8™ LED CONTINUAL FEEDBACK W/ TELEMETRIC & CONTACT HEART RATE TRAINING Manual, Intervals, Rolling, Weight Loss, Mountain, Heart Rate Training Integrated Reading Rack

W/ HEART RATE TRAINING Manual, Intervals, Rolling, Weight Loss, Mountain, Heart Rate Training Integrated Reading Rack

QUICK-SET™ LED Manual, Intervals, Rolling, Weight Loss, Mountain, Race Integrated Reading Rack

8-Function 4 Large-Window LCD Integrated Reading Rack

INDEXED 5-Function 5-Window LCD

E4000INDEXED

CONSTANT FEEDBACK
Watts, Speed, RPM,
Distance, Time,
Calories, Heart Rate,
Program, Level

Watts, Speed, RPM, Distance, Time, Calories, Heart Rate, Program, Level

Watts, Speed, Average Speed, RPM, Distance, Time, Calories, Program, Level

Programmable

ECB-PLUS™ Motor-Operated,

Permanent Magnet

QUIET-GLIDE™

24 lbs. Balanced

Steel

Multi-Position

Self-balancing w/Straps

7.5V 1 Amp Plug-In

Lifetime Frame

Lifetime Magnetic Brake

2 Years Electronics/Parts

1 Year Labor

Up to 3 Hours of Use per Day

1 Year Frame

Year Magnetic Brake

1 Year Electronics/Parts

1 Year Labor

42"L X 25"W

125 lbs.

300 lbs.

**UPGRADES FROM** 

Programmable Console

Motor-Operated ECB™

Watts, Time, Speed, Distance, RPM, Calories, METs, Average Speed

RPM, Speed, Calories,

Indexed

ECB™ Cable-Operated,

42"L X 25"W

115 lbs.

300 lbs.

RPM, Speed, Calories, Distance, Time

**RESISTANCE SYSTEM** 

**CONSOLE FEEDBACK** 

	Program, Le
SION CONTROL	Programmal











FLOOR SPACE
PRODUCT WEIGHT

## **UPGRADES**FROM PREVIOUS MODEL

### *E3600HRT* PROGRAMMABLE





Cambridge Motor Works™ ECB-PLUS™ Generator QUIET-GLIDE™ Super Silent Poly-V Belt



39"L X 25"W

24 lbs. Balanced



13.5V Plug-lin **HOME WARRANTY\*** Lifetime Frame Lifetime Magnetic Brake 3 Years Elect



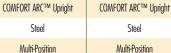


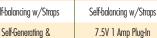
### **UPGRADES FROM** E3200HR1

## QUICK-SET™ LED

Programmable ECB-PLUS™ Motor-Operated, Permanent Magnet

QUIET-GLIDE™ Super Silent Poly-V Belt Super Silent Poly-V Belt 24 lbs. Balanced





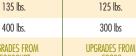
Lifetime Frame Lifetime Magnetic Brake

2 Years Labor	1 Year Labor
5 Hours of Use per Day	Up to 3 Hours of Use per Day
2 Years Frame	1 Year Frame
ears Magnetic Brake	1 Year Magnetic Brake
ears Electronics/Parts	1 Year Electronics/Parts

1 Year Labor

42"L X 25"W

125 lbs.



Contact Heart Rate Heart Rate Training Console Feedback Warranty Generator System

Indexed

ECB-PLUS™ Cable-Operated,

Permanent Magnet

QUIET-GLIDE™

Super Silent Poly-V Belt

24 lbs. Balanced

COMFORT ARC™ Upright

Steel

Multi-Position

Self-balancing w/Straps

2 AA Battery

Lifetime Frame

Lifetime Magnetic Brake

2 Years Electronics/Parts

Year Labor

Up to 3 Hours of Use per Day

1 Year Frame

1 Year Magnetic Brake

1 Year Electronics/Parts

1 Year Labor

42"L X 25"W

120 lbs.

300 lbs.

UPGRADES FROM

Console Feedback

ECB-Plus™ & Quiet-Glide Drive™

Corporate Warranty

Distulice,	IIIIIG	
		1

Indexed ECB™ Cable-Operated, Permanent Magnet

Permanent Magnet Chain & Poly-V Belt Super Silent Poly-V Belt

24 lbs. Balanced 16.5 lbs. Balanced

COMFORT ARC™ Upright COMFORT ARC™ Upright

Steel	Steel
Multi-Position	Multi-Position

Self-balancing w/Straps	Double-Sided Strapless
2 AA Batterv	2 AA Batterv

Lifetime Frame	Lifetime Frame
Lifetime Magnetic Brake	Lifetime Magnetic Brake
2 Years Electronics/Parts	2 Years Electronics/Part

ears Electronics/Parts	2 Years Electronics/Parts
1 Year Labor	1 Year Labor
None	Up to 3 Hours of Use per D

1 Year Hober
1 Year Labor

38″L X 27″W
110 lbs.
300 lbs.

**UPGRADES FROM UPGRADES FROM** SPORTING GOODS BIKE POPULAR AIR BIKE Magnetic Resistance Adjustable Magnetic Resistance Warranty Comfort Arc™ Seat Heavy Gauge Frame Comfort Arc™ Seat Quieter Workout

<sup>\*</sup> Refer to www.visionfitness.com for complete Warranty details. All product specifications are subject to change.

# The heart of a great ride...

Easy-to-use consoles with motivational programming

Free waterbottle & cage included

ECB-Plus<sup>™</sup> magnetic resistance offers the smoothest ride

Front transport wheels for easy mobility



Comfort-Arc™ seat

15 different seat positions and easy adjustment lever for a custom fit

Revolutionary Quiet-Glide™ drive system makes for extra-quiet workout

Heavy-duty steel frame makes for a solid, stable base

Vision is the art
of seeing the invisible.

Jonathon Swift

hat separates Vision Fitness bikes from all others? It's passion -- the passion to develop the best fitness bike ever. This passion shows in the details that go into every Vision Fitness bike. Whether it is the programming in our consoles that allow you to stay motivated by racing the computer, or the seat post design that allows you to install your own cycling seat. Take one for a ride and you will feel the passion.

it all
starts
with a

Uision



500 South C.P. Avenue • P.O. Box 280 • Lake Mills. WI 53551 toll free 1.800.335.4348 • phone 1.920.648.4090 • fax 1.920.648.3373 www.visionfitness.com

©2002 Vision Fitness. All Rights Reserved. Cambridge Motor Works, Comfort Arc, Easy-8, ECB, ECB-Plus, HRT, Quick-Set, and Quiet-Glide are Trademarks of Vision Fitness. 1.02 Part #Y0054010
LIT18.01MKT
REV5