The Canary Islands – La Palma in Spring

Naturetrek Tour Report

12 - 19 March 2020



Bolle's Pigeon



Atlantic Spotted Dolphin



Canary Bellflower



La Palma Lizard

Report a by Jessica Turner Images by Chris Griffin & Jessica Turner



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Tour participants: Jessica Turner and Chris Griffin (leaders) together with 14 Naturetrek clients

Summary

La Palma is one of the lesser known Canary Islands but offers a wealth of fascinating wildlife and endemic species and subspecies. It is the most green and lush of the islands but also has sparsely colonised lava and ash in the south of the island. This was Naturetrek's first visit to La Palma in spring and we managed a fascinating first half of the week before being locked down in our hotel, due to the Coronavirus outbreak. Before that, we were able to enjoy the verdant Laurel forests with great views of both Laurel and Bolle's Pigeons, leaping Atlantic Spotted Dolphins and numerous Cory's Shearwaters on our sunset boat trip out to the west, the volcanic south of the island, and the scrubby and partially cultivated valley of Juan Mayor on the east side. Even the period in our rooms was made more bearable by the hotel's coastal location. Although it was not the inaugural trip we had planned, we had a great introduction to 'La Isla Bonita'.

Day 1

Thursday 12th March

Fly to La Palma – Mirador de la Concepcion – Juan Mayor

Fourteen tour group members met with Chris at Gatwick's North Terminal for the 6am Tui flight to La Palma Airport. The flight landed on time and the group were soon being greeted by Jessica who was already on the island. We loaded the minibuses and drove the short distance to the hotel, where the check-in process was rather slow. Most people were not yet able to access their rooms, so we sorted ourselves out, stored bags and set out at about 12.30pm. It was another short drive to the Mirador de la Concepcion, a viewpoint overlooking the sea and Santa Cruz, the island's capital. Common Kestrels (western Canary Islands subspecies *canariensis*) were circling around, Atlantic Canary was singing, and we soon heard the characteristic calls of Red-billed Chough (subspecies *barbarus*, of the Canary Islands and NW. Africa), and we could see quite a number. Berthelot's Pipits were also seen by some. The La Palma subspecies of Western Canaries Lizard kept people entertained and included a very fine male with a pale-blue throat. Common Buzzard (Canary Islands subspecies *insularum*) and Canary Islands Chiffchaff were also seen. We enjoyed a delicious picnic seated on a wall, enjoying the warm sunshine as a wonderful change from a wet UK winter.

Replete, we wandered along a path for a brief introduction to some of the plants of the island. These included Canary Dock (*Rumex lunaria*), Canary Islands Candle Plant (*Kleinia neriifolia*), the La Palma-endemic succulent *Aeonium davidbramvellii* (David wrote several books on the flora of the Canaries), two La Palma-endemic Buglosses *Echium brevirame* (white flowers) and *E. webbii* (pale-blue flowers), and the related Purple Viper's-bugloss (*Echium plantagineum*), which is widespread. There was the 'prickly' Prickly Pear (*Opuntia delinii*) as well as the less prickly Barbary Fig / Prickly Pear (*Opuntia ficus-indica*), some of the latter with Cochineal Scale Insects, once a commercial source of dye. We also noted the La Palma Sow-thistle (*Sonchus palmensis*), shrubby with yellow flowers, Canary Palm (*Phoenix canariensis*) and the Dragon Tree (*Dracaena draco*). A female Red-veined Darter dragonfly perched obligingly, so we could see her green and blue eyes, and a Vagrant Emperor did not stop. Small White, Clouded Yellow, Painted Lady and Long-tailed Blue butterflies were on the wing.

We then drove on to the access road to Juan Mayor, which heads up into the hills, bordered on one side by newly restored terraces and small fields and on the other by the barranco and wooded cliff. We walked slowly up the road, enjoying the wealth of birdsong, particularly from Blackcaps (subspecies *heineken*, of SW. Spain, Atlantic

Islands and NW. Africa), Canaries and Canary Island Chiffchaffs which were very vocal. We added the La Palma subspecies of Goldcrest (*ellenthalereae*), Blackbird (subspecies *cabrerae*, of the Canaries and Madeira) and Robin (same as the UK!). A Monarch glided past, showing well, and we also saw Canary Islands Large White, of the La Palma subspecies *benchoavensis*, La Palma Brimstone, Small Copper and Canary Speckled Wood. Plants here were a mixture of the familiar and the new, with Canary St. John's-wort (*Hypericum canariense*) and the La Palma Sow-thistles being particularly fine. We also found Tree Heath (*Erica arborea*), and the magenta Tangier Pea (*Lathyrus tingitanus*), the white vetch *Vicia cirrhosa*, Common and Opium Poppies (*Papaver rhoeas* and *P. somniferum* subsp. *setigerum*), *Jasminum odoratissimum* and Canary Island Sage (*Salvia canariensis*), with its purple-pink bracts and flowers, among a wealth of other species. Hare's-foot Fern (*Davallia canariensis*) was growing out of a wall.

With most feeling the effects of the very early start, we wandered gently back to the minibuses, with some having great views of a Monarch near the vehicles, and returned to the hotel, to settle in to our rooms with time to relax. A good number of Cory's Shearwaters and a few Manx Shearwaters could be seen out to sea. We met again at 7pm to do the checklists, before sitting down to an excellent meal. We soon retired to bed after a long day, but an interesting introduction to La Palma.

Day 2

Friday 13th March

Cubo de la Galga; Los Tilos; Mirador La Tosca

Some of those up early saw the Cory's Shearwaters offshore. After breakfast, with picnic makings on board, we headed north, round the back of Santa Cruz and along the east coast. Our destination today was the laurisilva, the ancient "Atlantic Rainforest" of the Canaries, kept moist by the trade-wind clouds. It was quite cloudy today but there were patches of silver on the sea when we stopped at a viewpoint. A tree here was Canary Laurel (*Apollonias barbujana*) on which we could see the characteristic galls produced by the spider mite *Eriophyes barbujana*.

We soon reached our first destination of Cubo de la Galga, and we were struck by the lush greenness of the area. We parked up and set off along the tarmac road, accompanied by a large white cockerel, who stayed with us until the path got steeper. The ubiquitous Canary Island Chiffchaffs all around, plus the La Palma subspecies of Common Chaffinch, showing their slate-blue backs. Blackcaps, Robins and Blackbirds were active, and we had glimpses of the La Palma subspecies of Goldcrest. However, our target bird species were the two endemic pigeons, Laurel Pigeon and Bolle's Pigeon. A few birds flew over and were hard to see, but one was spotted in a tree and, through the scopes we could see its head clearly and, at times, its characteristic white tail, showing it clearly as a Laurel Pigeon. Nine birds were seen in the course of the morning and we could hear their characteristic low cooing. The tall forest trees included the evergreen Azores Laurel (Laurus novocanariensis) and Persea indica, with some Sweet Chestnut (Castanea sativa) further up, still in winter bareness. Shrubs included Canary Island Guelder Rose (Viburnum rigidum) and the yellow-flowered Genista stenopetalla, plus magnificent La Palma Sow-thistles, and we enjoyed the pink-flowered daisy La Palma Cineraria (Pericallis papyracea). The white-flowered Mexican alien Ageratina riparia was abundant, more delicate than the related Ageratina adenophora which was also present, plus quantities of the naturalised Small-leaf Spiderwort (Tradescantia fluminensis), with a few starry white flowers. Other plants included the twiggy shrublet Paronychia canariensis, and Canary Island Mercury (Mercurialis canariensis), a recently described, annual Mercury, and the Torilis-like endemic Cryptotaenia elegans.

Further into the gorge, we started to hear and see Bolle's Pigeon and had amazing views of one perched in a tree at very close quarters, for at least five minutes. Ferns were on the damp gorge walls, with magnificent cascades of the enormous Chain Fern (*Woodwardia radicans*) and we also noted the smaller Kidney-leaved Fern (*Adiantum reniforme*) and Maidenhair Fern (*Adiantum capillus-veneris*). Creepers included Canary Ivy (*Hedera canariensis*), Canary Smilax (*Smilax canariensis*) and the Butcher's-broom-like *Semele androgyna*, with flattened stems like leaves (cladodes). The La Palma-endemic *Aeonium goochiae*, with small succulent rosettes on thin, woody branches, was hanging off the cliffs. Butterflies were scarce with the cooler cloud, but we saw a Canary Islands Large White and a Canary Speckled Wood.

We then moved on a little further north, to Los Tilos, where there is a picnic area, a visitor centre and a bar. The road wound up into a steep-sided gorge, with walls of ferns. Here we enjoyed another delicious picnic, surrounded by fine male Chaffinches which were very tame. Canary Bellflower (*Canarina canariensis*) was magnificent by the centre, and Canary Elder (*Sambucus palmensis*) was in flower. After a coffee, we decided to take a short walk to a waterfall. This path wound along the side of a gorge, following a water channel and passing through tunnels carved through the cliff. On the cliff walls was abundant Mediterranean Clubmoss (*Selaginella denticulata*) plus more ferns. At the end, we emerged to a magnificent waterfall cascading down, in a setting which reminded us of tropical rainforests. Most of this water will have come from the regular clouds and is channelled for irrigation and water supplies for the dryer parts of the island. It was an amazing sight.

Back at the minibuses, we drove north to experience the north coast of the island, passing through the small town of Barlovento. We stopped at the Mirador La Tosca to admire some Dragon Trees (*Dracena draco*) which were much older than the buildings around them. This is an iconic species of the Canary Islands, now very rare except in La Palma. It was very windy here and rather cold and our visit was curtailed somewhat by the side-door handle coming off one of the minibuses, so we couldn't open it. Fortunately, the more mobile group members were able to climb in from the front or back, so we returned to the hotel and Jessica was able to exchange the vehicle with a minimum of fuss.

After a break, we met to discuss the day and enjoy another tasty meal before heading for bed.

Day 3

Saturday 14th March

San Antonio Volcano; Fuencaliente Salt-pans; Bodegas Teneguia; Sunset cruise

Those out early saw a Plain Swift and also recorded Iberian Chiffchaff and a Sardinian Warbler behind the car park. After breakfast, we headed to the south of the island. It was rather cloudy, but as usually happens on La Palma, the sky brightened as we drove south and east. Our first stop was the San Antonio volcano. The official entry and visitor centre were closed, but there was a path running in to the side which linked with the main one. We parked on the edge of the road, the only vehicles there, and had some lovely views of Berthelot's Pipits just over a wall. We wandered across some rough ground, pretty with low-growing Purple Viper's-bugloss, seeing the leaves of Yellow Horned-poppy (*Glaucium flavum*), La Palma Savory (*Micromeria herpyllomorpha* subsp. *palmae*), some with a few pale-pink or white flowers, the Carline Thistle *Carlina falcata*, found on La Palma and Tenerife, and more *Echium brevirame*. Common Kestrel, Buzzard and more Pipits were seen, and Canaries heard distantly. We were able to walk halfway round the rim of the volcanic cone, which last erupted in 1677-8, looking down onto the scattered Canary Pines within, and enjoying the extensive, but hazy views to the sea. On otherwise bare ground, we found two species of *Polycarpea*, *P. divaricata* with more rounded leaves, and *P. aristata* with narrow leaves, both having dense clusters of pink-beige flowers. There was also Common Stork's-bill (*Erodium circutarium*) and Narrow-leaved Forsskaolea (*Forsskaolea angustifolia*), at least one of which had twisted its leaves showing the dense white hairs on the underside, giving the whole plant a silvery appearance. A slender-stemmed multi-headed yellow dandelion-like plant near the minibuses was the Canary endemic *Tolpis laciniata*.

We then moved on to the lighthouse and salt-pans of Fuencaliente, winding our way gently down to sea level. En route, there were some impressive specimens of *Aeonium davidbramwellii*, and just before the car park, a Spectacled Warbler was glimpsed briefly. We enjoyed coffee looking out over the sea, and then explored. A Ruddy Turnstone perched just nearby and then flew over the restaurant into the salt-pans, where it joined a number of others in a couple of the pans. Also present were Common Ringed Plover and Common Sandpiper, while an excellent sighting was a Blue-headed Yellow Wagtail (subsp. *iberiae* of Western Yellow Wagtail) which appears to be a first record for the under-recorded island, although books say it is a not uncommon passage migrant to the Canary Islands. Plants included two which confusingly, share the same English name, Canary Samphire: *Astyadamia latifolia*, rather like a dwarf version of the British plant Alexanders, and *Schizogyne sericea*, a bushy plant with grey, very thin leaves and yellow Groundsel-like flowers. There was also the Sea-heath *Frankenia ericifolia* subsp. *latifolia*. Spectacled Warbler was heard but remained elusive. Choughs were seen as we returned up to Fuencaliente.

Our next stop was at the Bodegas Teneguia, a winery where we were given a guided tour and the opportunity to taste some of their products, mainly made from the Malvasia (Malmsey) grape. Here we enjoyed the warmth when the sun shone on the sheltered corner of the courtyard, as the wind was otherwise rather cold; the warmth was also appreciated by a La Palma Lizard. Another nice natural history find here was an adult Barbary Spurge Hawk-moth, of the subspecies *phaelipae* endemic to the islands of La Palma and El Hierro and slightly different to those found in the other Canary Islands or North Africa, with the caterpillar only eating a couple of species of Spurge (*Euphorbia*). We had our slightly late lunch in the shelter of a picnic area above the town.

Refreshed, we then slowly made our way to Puerto de Tazacorte for our late-afternoon boat trip. We went via Puerto Naos and the coastal route, seeing Common Swifts, Raven and Buzzard overhead and stopping to photograph Banana flowers and fruit. A Monarch butterfly flew past. When we got to the port, we had time to wander a little before boarding the Fancy II. Fish in the harbour included Thick-lipped Grey Mullet, Zebra Sea Bream and a couple of Barracuda were glimpsed. Sally Lightfoot Crabs were on the harbour rocks as we left. We travelled north up the coast, the swell making the trip a little bumpy (but calm for the Atlantic!), stopping and going into the entrance of the Cueva Bonita, a very long cave where the water looked amazingly turquoise, and then by the tiny settlement, now of holiday homes, of Poris de Candelaria, tucked into a rocky inlet under the cliffs, accessible on foot or by boat.

We then turned further out to sea, having some fantastic close views of Cory's Shearwaters gliding around us, looking great in the late afternoon sun, and the leaders glimpsing a disappearing Great Skua. We soon encountered Atlantic Spotted Dolphins; it was hard to judge the numbers of these small, agile animals which dived around and under the boat, some being seen through the glass bottom of the vessel. We encountered several groups, probably about 100 of the 200 or so in the area – they were a wonderful sight, especially one which leapt clear of the water just by the boat, and those we were able to see right underneath us. Portuguese Men o' War were on the surface; these are not actually jellyfish but Siphonophores, colonial organisms which function as a whole. As we were

returning, two of the group spotted a Loggerhead Turtle, and later a single Bottlenose Dolphin was encountered. We returned to harbour as the sun was low in the sky and a very enjoyable trip.

To round off the day, we ate out at a restaurant on the port, seeing the golden light of sunset fade into darkness, and enjoying their delicious seafood and pizza. A Marbled Clover moth was on a window. Our journey home was across the centre of the island, where we realised it had been raining just above us in Tazacorte town, but not at sea level. We agreed it had been a long but excellent day.

Day 4

Sunday 15th March

Juan Mayor

After breakfast, some of the group gathered at 9am in the car park, to look for Spectacled Warbler and the Iberian Chiffchaff, neither of which were visible. Canary Islands Chiffchaff, Blackcap and Sardinian Warbler were noted, plus a creeper called *Bosea yervamora*, with clusters of berries. Today we began to really feel the effects of the Coronavirus restrictions. We were due to leave for our safari boat trip when we received a call to say that the police were closing the port so it would have to be cancelled. Public areas, tourist spots and visitor centres were already closed so we decided to try a return to the quiet country road of Juan Mayor we visited on the first afternoon, where the road becomes a track leading up into the hills. The lush green barranco was sunny and sheltered, as we enjoyed our picnic by the minibuses, sitting on low walls. Canaries were showing well, and Choughs, Kestrel and Buzzard were overhead.

As we wandered up the road, we managed excellent views of the La Palma subspecies of African Blue Tit: we could see its darker cap and other distinguishing plumage features. A La Palma Brimstone was seen here, while further on, we had great views of Canary Red Admiral nectaring on a Lantana (*Lantana camera*) bush. Canary Island Large Whites (*benchoavensis*), Canary Speckled Woods, Geranium Bronze, Bath White and Meadow Brown were other butterflies today, plus more Marbled Clover moths. We enjoyed good views of the underside of a resting Canary Speckled Wood, with its beautiful markings. We were also able to enjoy other insects, including Canary Flower Bees, White-banded Digger Bee, a weevil *Lixus brevirostris*, a Drone-fly on a large-flowered Wild Carrot (*Daucus carota* subsp. *maximus*), and a fine nymph of Palma Green Bush-cricket.

As well as a selection of arable and waste ground weeds, most with a widespread distribution, such as Roundleaved Crane's-bill (*Geranium rotundifolium*), Small-flowered Catchfly (*Silene gallica*), naturalised Garden Nasturtiums (*Tropaeolum majus*) and Parsley (*Petroselinum crispum*), with yellowish flowers, we found the creeper *Asparagus asparagoides* with tiny white flowers and forming berries, the small 'umbellifer' *Drusa glandulosa*, with spiny seed pods, the menthol-fragranced *Bystropogon origanifolium*, all Canary endemics and the much-branched *Aeonium arboreum* with dead flowerheads. Other plants included *Phagnalon saxatile*, with small 'dandelion-clock' seedheads, and Marjoram (*Origanum vulgare*), plus a line of planted Ombu (*Phytolacca dioica*), which look like trees but actually have soft wood. Further up, the path led to the edge of the laurisilva, with plenty of Tree Heath (*Erica arborea*) but also the evergreen Azores' Laurel (*Laurus novocanariensis*) and Canary Laurel (*Apollonias barbujana*). Here we encountered, Wax Myrtle (*Myrica faya*) and Canary Holly (*Ilex canariensis*) with flowers and fruit, plus the cudweed-like *Laphangium* (*Gnaphalium*) *luteoalbum*, and *Cyperus capitatus*. Birdlife had become very quiet here. Group members wandered back down as they felt ready, gathering back at the minibuses, where we enjoyed afternoon refreshments. We were just finishing when a police car drove up and we were asked to return to the hotel, which we duly did. After a break, we met to discuss the situation and update our lists, after another excellent day. This evening we ate in pairs, at well-separated tables, rather than as a group.

Day 5

Hotel Taburiente

This morning restrictions were relatively relaxed within the hotel, with guests being able to enjoy the grounds and sun loungers. After breakfast, eaten separately again, we agreed to meet at 11am for updates. We were told that the Thursday Tui flight was expected to run as normal for returning visitors, so we would be in the hotel until then. A late-morning sea watch was very quiet, but later in the day, good numbers of Cory's Shearwaters were around. A confident Collared Dove, a Kestrel, Feral Pigeons and Yellow-legged Gulls completed the bird list, while a La Palma Lizard and Canary Bumble Bee were added. Restrictions were later tightened, and we were told that most of the hotel was out of bounds, and we should remain in our rooms apart from going to the restaurant for meals. Not able to have further picnics, we booked in for hotel lunches for the duration.

Today we had a group member's birthday, so our afternoon meet-up was in Chris's room, where we were able to celebrate with cake and drink up the wine and juice already bought for the picnic lunches.

Day 6

Hotel Taburiente

We met today at mealtimes, with group members visiting each other in the course of the day, but no collective gathering. With most of us having rooms facing the sea, but also the prevailing trade winds and accompanying showers, we basked in the sheltered, sunny courtyard outside the dining room as we waited for lunch! The species list was pretty much the same as yesterday's, with the lizard showing the fine pale-blue throat of an adult male. In the afternoon, a dolphin, probably Bottlenose Dolphin since it was close to the shore, was spotted from a balcony.

Day 7

Hotel Taburiente

Again today, there was plenty of time to sort photographs, sea watch from rather chilly balconies, read and generally relax, with a few venturing to the supermarket for exercise. We saw each other at mealtimes (sitting in pairs in an increasingly empty restaurant). We had a gathering in the afternoon, to finalise arrangements for our departure and celebrate a somewhat strange but memorable trip.

Day 8

Home!

Thursday 19th March

Wednesday 18th March

Tuesday 17th March

Monday 16th March

With the notice that the hotel would be closing, and flights being cancelled or labelled as rescue flights, we arrived at the airport in good time, to try to beat the expected crowds. Most of the group were on the 11.25am Tui flight, with two on an Easyjet flight, having had to cancel their proposed extension. Jessica and Chris, who had been expecting to be in La Palma for another week, were fortunate to get standby tickets for the Gatwick departure. The flight was smooth and Gatwick airport very quiet, so we were soon saying our goodbyes and heading off home.

Jessica and Chris would like to thank the group for their interest, spotting skills, good humour and patience during a week that was not quite as we'd intended! We were fortunate in managing some great wildlife during the first half of the tour and we hope to see you again on future occasions.

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African Blue Tit

Species Lists

			March								
	Common name	Scientific name	12	13	14	15	16	17	18	19	
				<u> </u>						<u> </u>	
	Our tour checklist follows the na Congress list of the birds of the										
	standard in future. The species										
		what has been seen or	n previous	ours	1	1			1		
	* = Near Endemic Species (also occuring on Madeira & Azores)										
	** = Endemic Species										
1	Common Swift	Apus apus			X						
2	Plain Swift *	Apus apus Apus unicolor			X						
2	Rock Dove (Feral)	Columba livia feral	X	X	X	X	x	Х	x	x	
4	Bolle's Pigeon**	Columba Ivia Ierai	^	4		^		~			
5	Laurel Pigeon**	Columba junoniae		9							
<u>5</u> 6	Eurasian Collared Dove		X	X	X	X	X	Х	x	x	
<u>6</u> 7		Streptopelia decaocto		^	X	^	^	^	^	^	
8	Common Ringed Plover	Charadrius hiaticula			X						
	Ruddy Turnstone	Arenaria interpres									
9	Common Sandpiper Yellow-legged Gull (C.Is.&	Actitis hypoleucos Larus michahellis			X						
10	Atlantic Is*)	atlantis	X	x	X	x	x	Х	x	x	
11	Common Tern	Sterna hirundo			X						
12	Great Skua	Stercorarius skua			LO						
13	Cory's Shearwater	Calonectris borealis	LO	х	X	х	X	Х	X		
14	Manx Shearwater	Puffinus puffinus	LO								
15	Northern Gannet	Morus bassanus			X						
16	Grey Heron	Ardea cinerea		Х		X					
17	Little Egret	Egretta garzetta			X		LO				
18	Eurasian Sparrowhawk	Accipiter nisus granti		Х		LO					
	Common Buzzard (C.Is. &										
19	Azores*)	Buteo buteo insularum	X	Х	X	Х					
00		Falco tinnunculus	V				v	V			
20	Common Kestrel (w. Ca**)	canariensis Pyrrhocorax	X	X	X	X	X	Х	X		
21	Red-billed Chough	pyrrhocorax barbarus	x	x	x	x			LO		
		Corvus corax									
22	Northern Raven (C.Is.**)	canariensis			X						
23	African Blue Tit (La Palma**)	Cyanistes teneriffae palmae				x					
23		Phylloscopus				~					
24	Canary Islands Chiffchaff**	canariensis	X	Х	X	Х	н	Н	н		
25	Iberian Chiffchaff	Phylloscopus ibericus			X						
		Sylvia atricapilla									
26	Eurasian Blackcap	heikenen	X	X	X	X	H	Н	H		
27	Spectacled Warbler (C.Is, Mad & CV*)	Sylvia conspicillata orbitalis			x						
		Sylvia melanocephala							1		
28	Sardinian Warbler (C.Is.**)	leucogastra	н	н	X	X					
	Goldcrest (La Palma & El	Regulus regulus									
29	Hierro**) Common Blackbird (C.Is.&	ellenthalerae Turdus merula	X	X							
30	Mad*)	cabrerae	x	x	x	x					
31	European Robin	Erithacus rubecula	X	X							
	Western Yellow Wagtail (Blue-				1						

							Mar	ch			
	Common name	Scientific name		12	13	14	15	16	17	18	19
	Our tour checklist follows the nar Congress list of the birds of the standard in future. The species i	world (version 10.1, Jan included are based on the	2020 se t	0) whicł hought	n seem most li	s dest	ined to	o becc	ome the	e globa	al
	what has been seen on previous tours										
	* = Near Endemic Species (also occuring on Madeira & Azores)										
	** = Endemic Species										
33	Berthelot's Pipit*	Anthus berthelotii berthelotii		х		x					
34	Common Chaffinch (La Palma**)	Fringilla coelebs palmae			x						
35	Atlantic Canary*	Serinus canaria		X	X	X	X				

Plants

	Scientific name	Common name	Day	Location
	* = Atlantic Islands endemic			
	** = Canary Islands endemic			
	*** = Single Island endemic			
	[] = Introduced or planted			
	Please Note: Nomenclature contained analysis, made by the Royal Botanic Plant List, an internationally accepted institutions. PTERIDOPHYTES	c Gardens, Kew and the Missouri	Botani	c Garden, and following The
		Clubmosses & Quillworts		
	Lycophytes			
1	Sellaginellaceae	Lesser Clubmoss Family Mediterranean Clubmoss	2	Los Tilos
2	Selaginella denticulata	Mediterranean Clubmoss	2	
3		True Ferns		
4	Leptosporangiate Ferns			
5	Aspleniaceae	Spleenwort Family	0	Outra da la Optica
6	Asplenium onopteris	Irish Spleenwort	2	Cuba de la Galga
7				
8	Blechnaceae	Hard Fern Family		
9	Woodwardia radicans*	Chain Fern	2	Laurel forest
10				
11	Davalliaceae	Hare's-foot Fern Family		
12	Davallia canariensis*	Hare's-foot Fern	1	Juan Mayor
13				
14	Dennstaedtiaceae	Bracken Family		
15	Pteridium aquilinum	Bracken	1	Juan Mayor
16				
17	Polypodiaceae	Polypody Family		
18	Polypodium macaronesicum	Macaronesian Polypody	4	Juan Mayor
19				
20	Pteridaceae	Ribbon-fern Family		
21	Adfiantum capillus-veneris	Maidenhair Fern	2	Los Tilos
22	Adiantum reniforme*	Kidney-leaved Fern	2	Los Tilos
23	Paraceterach (Notholaena) marantae	-	3	San Antonio volcano

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	Please Note: Nomenclature container analysis, made by the Royal Botanic Plant List, an internationally accepte institutions.	Gardens, Kew and the Missour	i Botanio	c Garden, and following The
24				
25	GYMNOSPERMS	CONIFERS		
26	Pinaceae	Pine Family		
27	Pinus canariensis**	Canary Islands Pine	1	Widespread
28				
29	ANGIOSPERMS	FLOWERING PLANTS		
30	Pre-Dicots	Primitive Angiosperms		
31	Lauraceae	Laurel Family		
32	Apollonias barbujana*	Canary Laurel	2	Mirador / Laurel Forest
33	Laurus novocanariensis*	Azores Laurel	2	Laurel forest
34	Ocotea fotens*	Stinkwood	2	Laurel forest
35	Persea indica*		2	Laurel forest
36				
37	Eu-Dicots	True Dicotyledons		
38	Adoxaceae	Moschatel Family		
39	Sambucus palmensis**	-	2	Los Tilos
40	Viburnum rigidum**	Canary Island Guelder Rose	2	Cuba de la Galga
41				
42	Aizoaceae	Dewplant Family		
43	Mesembryanthemum nodiflorum	Dewplant	5	Hotel
44				
45	Amaranthaceae (Chenopodiaceae)	Goosefoot Family		
46	Achyranthes aspera	Devil's Coach-whip	1	Juan Mayor
47	Amaranthus viridis	Green Amaranth	4	Juan Mayor
48	Bosea yervamora**	Bosea	4	Near hotel
49	Patellifolia procumbens*	-	4	Near hotel
50				
51	Apiaceae	Carrot Family		
52	Astydamia latifolia	Canary Samphire	3	Fuencaliente salt-pans / hotel
53	Cryptotaenia elegans**		2	Cubo de la Galga
54	Daucus carota subsp. maximus	Wild Carrot	1	Juan Mayor
55	Drusa glandulosa	-	4	Juan Mayor
56	Ferula linkii**		4	Juan Mayor (dead stems)
57	Foeniculum vulgare	Fennel	1	Mirador de la Concepcion
58	Petroselinum crispum	Parsley	4	Juan Mayor
59	Todaroa aurea**	-	2	Roadside in north
60				
61	Apocynaceae	Periwinkle Family		
62	Vinca major	Greater Periwinkle	1	Juan Mayor
63				
64	Aquifoliaceae	Holly Family		
65	llex canariensis**	Canary Island Holly	4	Juan Mayor
66			1	
~~	Araliaceae	Ivy Family	-	1

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68	Hedera canariensis	Canary Ivy	2	Laurel forest
69				
70	Boraginaceae	Borage Family		
71	Echium brevirame***		1	Scattered in dry places
 72	Echium plantagineum	Purple Viper's-bugloss	1	Scattered in dry places
73	Echium webbii***	La Palma Viper's-bugloss	1	Mirador de la Concepcion
15	Myosotis latifolia	Broad-leaved Forget-me-	2	Cubo de la Galga
74		Not		g_
75				
76	Brassicaceae	Cabbage Family		
77	Capsella bursa-pastoris	Shepherd's Purse	1	Juan Mayor
78	Crambe santosii***		2	Cubo de la Galga
79	Lobularia canariensis*	Canary Islands Alison	3	San Antonio volcano
80	Sisymbrium irio	London Rocket	4	Juan Mayor
81				
82	Cactaceae	Cactus Family		
83	[Opuntia dellinii]	-	1	Mirador de la Concepcion
84	[Opuntia ficus-indica]	Barbary Fig/ Prickly Pear	1	Mirador de la Concepcion
85				
86	Campanulaceae	Bellflower Family		
87	Canarina canariensis**	Canary Bellflower	2	Los Tilos
88				
89	Caprifoliaceae	Honeysuckle Family		
90	Centranthus ruber	Red Valerian	2	Mirador La Tosca
91				
92	Caryophyllaceae	Pink Family		
93	Paronychia canariensis**	-	2	Cubo de la Galga
94	Polycarpea aristata		3	S. Antonio volcano (thinner lvs
95	Polycarpaea divaricata**		3	San Antonio volcano
96	Silene gallica	Small-flowered Catchfly	1	Juan Mayor
97	Silene vulgaris subsp. commutata	Bladder Campion	1	Juan Mayor
98				
99	Casuarinaceae	Sheoak Family		
100	[Casuarina equisetifolia]	-	5	Hotel
100				
101	Cistaceae	Cistus Family		
102	Cistus monspeliensis	Narrow-leaved Cistus	2	Mirador La Tosca
	Cistus symphytifolius**	Canary Cistus	4	Juan Mayor
104				
105	Commelinaceae	Chidonyart Cardle		
106	Tradescantia fluminensis	Spiderwort Family	-	Cubo de la Galga
107		Small-leaf Spiderwort	2	Subo de la Galya
108	Compositos (Astarossa)	Doioy Family		
109	Compositae (Asteraceae)	Daisy Family		Middle continue
110	Ageratina adenophora	-	1	Widely scattered
111	Ageratina ripara		1	Widely scattered (damper areas)

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112	Argyranthemum haouarytheum***	La Palma Daisy	3	San Antonio volcano
113	Argyranthemum frutescens agg.**	Paris Daisy	3	Near hotel
114	Argyranthemum webbii***	-		
115	Artemisia thuscula (A. canariensis)**	-	1	Mirador de la Concepcion
116	Bidens pilosa	Bur Marigold	1	Common weed
117	Calendula arvensis	Field Marigold	1	Juan Mayor
118	Carduus clavulatus	-	4	Juan Mayor
119	Carduus tenuiflorus	Slender Thistle	4	Juan Mayor
120	Carlina falcata**	Canary Carline Thistle	3	San Antonio volcano
121	Conyza bonariensis	Argentine Fleabane	4	Juan Mayor
122	Erigeron karvinskianus	Mexican Fleabane	4	Juan Mayor
123	Galactites tomentosa	Galactites	1	Juan Mayor
124	Galinsoga quadriradiata	Shaggy-soldier	1	Juan Mayor
127	Kleinia neriifolia**	Canary Islands Candle	1	Mirador de la Concepcion
125		Plant		······
126	Laphangium luteoalbum	Jersey Cudweed	4	Juan Mayor
127	Pericallis papyracea***	La Palma Cineraria	2	Scattered in damper areas
128	Phagnalon saxatile	A Phagnalon	4	Juan Mayor
129	Reichardia tingitana	-	3	San Antonio volcano
130	Schizogyne sericea*	Canary Samphire	3	Fuencaliente salt-pans / hotel
131	Sonchus asper	Prickly Sow-thistle	4	Juan Mayor
132	Sonchus palmensis***	La Palma Sow-thistle	1	Scattered, esp. in damper areas
133	Tolp[is barbata	Tolpis	4	Near hotel
134				
135	Convolvulaceae	Bindweed Family		
136	Convolvulus floridus**	Canary Tree Bindweed	2	Roadside in north
137	Ipomoea purpurea	Common Morning Glory	1	Juan Mayor
138				
139	Crassulaceae	Stonecrop Family		
140	Aeonium arboreum var. holochrysum**	-	4	Juan Mayor
141	Aeonium davidbramwellii***		1	Scattered mainly in south
142	Aeonium goochiae***		2	Cubo de la Galga
143	Aichryson laxum**	Annual Houseleek	1	Juan Mayor
144	Aichryson pachycaulon**		2	Los Tilos
145	Umbilicus horizontalis		1	Juan Mayor
146				
147	Ericaceae	Heather Family		
148	Erica arborea	Tree Heather	1	Juan Mayor
149			1	
150	Euphorbiaceae	Spurge Family	1	
151	Euphorbia canariensis**	Canary Island Cactus-spurge	2	Dry hillsides
152	Euphorbia (broussonetii) lamarckii**	-	1	Mirador de la Concepcion
153	Mercurialis canariensis**	Canary Island Mercury	2	Cubo de la Galga
154	[Ricinus communis]	Castor Oil Plant	1	Juan Mayor

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155				
156	Fagaceae	Beech Family		
157	Castanea sativa	Sweet Chestnut	2	Cubo de la Galga
158				
159	Frankeniaceae	Sea Heath Family		
160	Frankenia ericifolia subsp. latifolia*	a Sea Heath	3	Fuencaliente salt-pans / hotel
161				
162	Geraniaceae	Geranium Family		
163	Erodium cicutarium	Common Stork's-bill	3	San Antonio volcano
164	Erodium malacoides	Mallow-leaved Stork's-bill	1	Juan Mayor
165	Geranium molle	Dove's-foot Crane's-bill	2	Cubo de la Galga
166	Geranium purpureum	Little Robin	1	Juan Mayor
167	Geranium rotundifolium	Round-leaved Crane's-bill	2	Cubo de la Galga
168				
169	Hypericaceae	St.John's-wort Family		
170	Hypericum canariensis*	Canary St.John's-wort	1	Juan Mayor
171	Hypericum grandifolium*		2	Cubo de la Galga
172	Hypericum perforatum	Perforate St.John's-wort	4	Juan Mayor
173				
174	Lamiaceae	Dead-nettle Family		
175	Bystropogon origanifolius**	-	4	Juan Mayor
176	Micromeria herpyllomorpha ssp. palmensis***	La Palma Savory	3	San Antonio volcano
177	Origanum vulgare	Marjoram	4	Juan Mayor
178	Prunella vulgaris	Self-heal	2	Cubo de la Galga
179	Salvia canariensis	Canary Island Sage	1	Juan Mayor
180	Stachys ocymastrum	-	4	Juan Mayor
181				
182	Leguminosae (Fabaceae)	Pea Family		
183	Adenocarpus foliolosus**	Sticky Broom	4	Juan Mayor
184	Bitumaria bituminosa	Pitch Trefoil	1	Juan Mayor
185	Genista (Teline) stenopetala**	-	2	Cubo de la Galga
186	Lathyrus annuus	Yellow Pea	4	Juan Mayor
187	Lathyrus tingitanus	Tangier Pea	1	Juan Mayor
188	Lotus hillebrandii**	La Palma Bird's-foot Trefoil	1	Mirador de la Concepcion
189	Ornithopus compressus	Compressed Bird's-foot	2	Cubo de la Galga
190	Retama rhodorhizoides**	Canarian White Broom	3	Road to Fuencaliente
191	Spartium junceum	Spanish Broom	4	Juan Mayor
192	Trifolium arvense	Hare's-foot Clover	4	Juan Mayor
192	Trifolium campestre	Hop Trefoil	1	Juan Mayor
193	Vicia cirrhosa	Cream Vetch	1	Juan Mayor
194	Vicia lutea	Yellow Pea	4	Juan Mayor
195			+ .	
	Malvaceae	Mallow Family	-	
197	Malva multiflora (Lavatera cretica)	Cretan Mallow	4	Juan Mayor

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199	Malva parviflora	Least Mallow	4	Juan Mayor
200				
201	Moraceae	Fig Family		
202	[Ficus carica]	Common Fig	1	Juan Mayor
203				
204	Myricaceae	Sweet Gale Family		
205	Myrica faya	Wax Myrtle	4	Juan Mayor
206				
207	Nyctaginaceae	Bougainvillea Family	_	
207	[Bougainvillea glabra]	Bougainvillea	1	Roadsides
208				
209	Oleaceae	Olive Family		
210	Jasminum odoratissimum*	a Jasmine	1	Juan Mayor
211				
212	Onagraceae	Willowherb Family		
	Oenothera rosea	Rose Evening-primrose	1	Juan Mayor
214	Centra rosed	Tose Evening-printiose		
215	Oxalidaceae	Wood Sorrel Family		
216			1	luon Movor
217	Oxalis pes-caprae	Bermuda Buttercup		Juan Mayor
218	Demovierence	Denny Femily		
219	Papaveraceae	Poppy Family		NISSALIST
220	Argemone mexicana	Mexican Prickly Poppy	3	Near Hotel
221	Eschscholzia californicum	Californian Poppy	3	Roadsides
222	Fumaria montana	A Fumitory	1	Juan Mayor
223	Fumaria muralis	Common Ramping Fumitory	2	Cubo de la Galga
224	Glacium flavum	Yellow Horned-poppy	3	San Antonio volcano
225	Papaver rhoeas	Common Poppy	1	Juan Mayor
226	Papaver somniferum subsp. setigerum	Opium Poppy	1	Juan Mayor
227				
228	Phytolaccaceae	Pokeweed Family		
228 229	[Phytolacca dioica]	Ombu	4	Juan Major
229				
230 231	Plantaginaceae	Plantain Family		
	Plantago lagopus	Hare's-tail Plantain	1	Juan Mayor
232				
233	Plumbaginaceae	Thrift Family		
234	Limonium pectinatum*	Dwarf Sea Lavender	4	Near Hotel
235 236			4	
230	Polygonaceae	Dock Family		
237	Rumex lunaria**	Canary Dock	1	Widespread
230 239	Rumex obtusifolius	Broad-leaved Dock	4	Juan Mayor
240	Primulaceae	Primrose Family		
241 242	Anagallis arvensis	Scarlet Pimpernel	4	Juan Mayor

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243	Anagallis arvensis var. caerulea	Blue Scarlet Pimpernel	1	Juan Mayor
244				
245	Rosaceae	Rose Family		
246	Bencomia exstipulata**	-	4	Juan Mayor
247	Rubus ulmifolius	-	1	Juan Mayor
248	Sanguisorba megacarpa	a Burnet	4	Juan Mayor
249				
250	Rubiaceae	Bedstraw Family		
251	Galium aparine	Cleavers	1	Juan Mayor
252	Galium scabrum		4	Juan Mayor
253	Phyllis nobla*	Capitana	2	Cubo de la Galga
254	Rubia agostinhoi**	A Madder	2	Cubo de la Galga
255	Sherardia arvensis	Field Madder	4	Juan Mayor
256				-
257	Salicaceae	Willow Family		
257	Salix canariensis*	Canary Willow	2	Cubo de la Galga
259				
260	Solanaceae	Nightshade Family		
260	Datura stramonium	Thornapple	3	San Antonio volcano (fruit)
261	Nicotiana glauca	Shrub Tobacco	4	Near Hotel
262	Solanum villosum	A Black Nightshade	1	Juan Mayor
263 264			· ·	
-	Tamaricaceae	Tamarisk Family		
265	Tamarix canariensis	Canary Tamarisk	4	Near Hotel
266				
267	Tropaeolaceae	Nasturtium Family	_	
268	Tropaeolum majus	Garden Nasturtium	1	Juan Mayor
269	Tiopaeoium majus	Garden Nasturtium	1	
270	Urticaeae	Nettle Family		
271		Narrow-leaved Forskaolea	2	San Antonio volcano
272	Forsskaolea angustifolia** Gesnouinia arborea**		3	Cubo de la Galga
273	Gestiouinia arborea	Tree Pellitory	2	
274	Varbanaaaa	Vorbong Family		
275	Verbenaceae	Verbena Family		luon Mover
276	[Lantana camera]	Lantana	1	Juan Mayor
277	· · · · · · · · · · · · · · · · · · ·			
278	Monocots	Monocotyledons		
279	Arecaceae	Palm Family		
280	Phoenix canariensis**	Canary Palm	1	Widespread
281	[Phoenix dactylifera]	Date Palm	1	Widespread
282				
283	Asparagaceae	Asparagus Family		
284	[Agave americana]	Century Plant	1	Widespread
285	Asparagus asparagoides		4	Juan Mayor
286	Dracaena draco	Dragon Tree	1	Mirador de la Concepcion
287	Semele androgyna	-	2	Cubo de la Galga

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288										
289	Cyperaceae	Sedge Family								
290	Cyperus capitatus	a Galingale	4	Juan Mayor						
291										
292	Juncaceae	Rush Family								
293	Luzula elegans	Elegant Woodrush	4	Juan Mayor						
294										
295	Poaceae	Grass Family								
296	Arundo donax	Great Reed	2	Cubo de la Galga						
297	Briza media	Quaking Grass	4	Juan Mayor						
298	Pennisetum setaceum	Fountain Grass	1	Mirador de la Concepcion						
299	Phragmites australis	Common Reed	2	Cubo de la Galga						
300										
301	Smilacaceae	Smilax Family								
302	Smilax canariensis**	Canary Smilax	2	Cubo de la Galga						
303										
304	LICHENS:									
305	Lobaria pulmonaria	Lungwort Lichen	2	Cubo de la Galga						

Invertebrates

						Ма	rch			
	Common name	Scientific name	12	13	14	15	16	17	18	19
	Butterflies:									
1	C. Islands Large White (La P)**	Pieris cheiranthi benchoavensis	x	x		x				
2	Small White	Pieris rapae	X	Х	Х	Х				
3	Bath White	Pontia daplidice				Х				
4	Clouded Yellow	Colius crocea	Х							
5	La Palma Brimstone	Gonepteryx palmae	Х			Х				
6	Small Copper	Lycaena phlaeas	X							
7	Long-tailed Blue	Lampides boeticus	X							
8	Geranium Bronze	Cacyreus marshalli				Х	Х			
9	Monarch	Danaus plexippus	X			Х				
10	Red Admiral	Vanessa atalanta				Х				
11	Canary Red Admiral*	Vanessa vulcania	Х		Х					
12	Meadow Brown	Maniola jurtina				Х				
13	Canary Speckled Wood	Pararge xiphioides	Х	Х		X				
14										
15	Moths:									
16	Hummingbird Hawk-moth	Macroglossum stellatarum	LO							
17	Barbary Spurge Hawk-moth	Hyles tithymali phaelipae			Х					
18	Marbled Clover	Heliothis viriplaca			Х	Х				
19										
20	Other Invertebrates:									
21	Blue Emperor	Anax imperator			Х	Х				

22	Vagrant Emperor	Anax ephippiger	X			X				
23	Red-veined Darter	Sympetrum fonscolombii	X		Х					
24	Palma Green Bush-cricket**	Calliphona palmensis				X				
25	A Red-winged Grasshopper	Acrotylus insubricus	X			X				
26	American Cockroach	Periplaneta americana						X		
27	A Black-and red Bug	Spilostethus pandurus				X				
28	Coccineal Scale Insect	Dactylopius coccus	X			X				
29	Drone-fly	Eristalis tenax				X				
30	Endemic Hoverfly	Chrysotoxum triarcuatum				X				
31	Canary Bumble Bee	Bombus canariensis	X	Х		X				
32	Large Garden Bumble Bee	Bombus ruderatus	X							
33	a Bee	Eucera lanuginosa canariensis	x							
34	Canary Flower Bee	Anthophora alluaudi				Х				
35	White-banded Digger Bee	Amegilla quadrifasciata	X			Х				
36	Honey Bee	Apis millifera	X	Х		Х				
37	A Weevil	Lixus brevirostris				X				
38	Millipede sp.					Х				
39	Tropical Tent Web Spider	Cyrtophora citricola	X	Х		X				
40	Gall mite of Apollonias	Eriophyes barbujana		S						
41	A Sally Lightfoot Crab	Grapsus adscensionis	X	Х	Х	Х	Х	Х	Х	
42	Portuguese Man o' War	Physalia physalis			X					
	** = Endemic									
	* = Near Endemic									
	LO = Leader Only									
	S = Signs									
	D = Dead									

Other groups

	Common name	Scientific name	March							
			12	13	14	15	16	17	18	19
	Mammals:									
1	Bottlenose Dolphin	Tursiops truncatus			Х			Х		
2	Atlantic Spotted Dolphin	Stenella frontalis			x					
3	Brown Rat	Rattus norvegicus		D	D			Х		
	Amphibians & Reptiles:									
1	La Palma Lizard	Gallotia galloti palmae	X	X	X	X	X	Х	X	
2	Loggerhead Turtle	Caretta caretta			X					<u> </u>
	Fish:									
1	Ornate (Peacock) Wrasse	Thalassoma pavo			LO					
2	Thick-lipped Grey Mullet	Chelon labrosus			x					
3	Zebra Sea Bream	Diplodus cervinus			Х					
4	Barracuda sp.	Sphyraena sp.			LO					
5	Island Grouper	Mycteroperca fusca			?					