The Wild Flowers of Upper Teesdale

Naturetrek Tour Report

30 June - 3 July 2017



Spring Sandwort (Minuartia verna



Alpine Bartsia (Bartsia aplina



Chalk Fragrant Orchid (Gymnadenia conopsea)



Naturetrek group on Birk Rigg

Report and images by Dawn Nelson



Tour participants: Dawn Nelson (leader) with seven Naturetrek clients

Summary

Our tour to see the botanical highlights of Upper Teesdale this year was blessed with good weather, and despite the hot dry spring which had an effect on many of the plants, we still had some excellent finds. The seven clients got on together extremely well and we shared our enthusiasm and expertise. A highlight was Moonwort (*Botrychium lunaria*) on Cronkley Fell. There was a stunning array of hybrid orchids including ones between Common Spotted-orchid and both Northern Marsh-orchid (*Dactylorhiza × venusta*), which is common here and with Heath Spotted-orchid (*Dactyorhiza × transiens*). We also found many of the iconic species from here such as Spring Sandwort (*Minuarta verna*) and Scottish Asphodel (*Tolfieldia pusilla*). But most of all we enjoyed each other's company in stunning scenery, surrounded by a wonderful array of interesting species. And not to forget great meals too!

Day 1

Friday 30th June

We met up in the hotel bar and set off on our first excursion. Driving the short distance to Bowlees, we passed verges awash with Meadow Crane's-bill and spotted a Common Buzzard. From the car park we made our way to Wynch Bridge via a sheep pasture and a hay meadow. The first few plants were garden escapes, Biting and White Stonecrops (*Sedum acre, S. album*) and Houseleek (*Sempervivum tectorum*). Heading downstream on the Yorkshire side of the River Tees we saw Aspen (*Populus tremula*), Wood Sorrel (*Oxalis acetosella*) and beyond the woodland Alison was the first to spot the Alpine Bistort (*Persicaria vivipara*). Melancholy Thistle (*Cirsium heterophyllum*) was admired and we saw lots of Rabbits. We stopped to admire the Rock Whitebeam (*Sorbus rupicola*) on the cliff above us and then ventured out onto the riverside rocks, finding Dwarf Goldenrod (*Solidago vigaurea subsp. minuta*) in flower, and lots of seed heads of Bird's-eye Primrose (*Primula farinosa*), easily recognisable by the white felted underside of its leaves. Turning back upstream, we looked carefully at Wood Crane's-bill (*Geranium sylvaticum*) and Betony (*Betonica officinalis*) which was putting on a fantastic show.

Above Low Force, to the backdrop of the roaring water, we found Shrubby Cinquefoil (*Potentilla fruticosa*). Two intriguing plants, Sea Plantain (*Plantago maritima*) and Viviparous Sheep's-fescue (*Festuca vivipara*) were also found.

Back across the bridge we viewed Low Force from the Durham side where we admired the native Scots Pine (*Pinus sylvestris subsp. scotica*) with its distinctive outline and shorter needles and cones. We found a wonderful ledge full of flowers including Mountain Everlasting (*Antennarai dioica*), Fairy Flax (*Linum catharticum*) and Lesser Spearwort (*Ranunculus flammula*). On the way back up from the river we encountered a fledgling Robin at very close quarters. Passing through the pasture, a Mallard and four ducklings crossed our path.

We returned to our hotel to meet up later again for our first delicious meal and to go over our various finds.

Day 2

Saturday 1st July

Today our destination was Cronkley Fell. We were lucky to have good weather as well as a good range of plants. Before we had even left the car park, Richard alerted us to a huge and very handsome specimen of *Dactylorhiza x venusta*, which is the hybrid between Common Spotted-orchid (*Dactylorhiza fuchsii*) and Northern Marsh-orchid (*Dactylorhiza purpurella*) which is quite frequent here; but this one was exceptional. It was duly admired and photographed. A little further on we saw a Ringlet butterfly, Sneezewort (*Achillea ptarmica*) and Goat's-beard (*Tragopogon pratense*). In the stream at Wat Garth we noted Watercress (*Nasturtium officinale*), Red Admirals and hybrid Monkeyflower (*Mimulus x robertsii*). The flower-rich hay meadows waved in the wind and we had plenty of time to admire them whilst we watched a whole family sharing the task of moving a flock of sheep into the farmyard at Cronkley Farm. Heading up through the Juniper (*Juniperus communis*) wood our path was lined with ferns including Parsley Fern (*Cryptogramma crispa*), Hard Fern (*Blechnum spicant*) and Beech Fern (*Phegopteris connectilis*) as well as beautiful spires of Foxgloves (*Digitalis purpurea*). Pam alerted us to a Small Heath butterfly. At a damp hollow we found Common Butterwort (*Pinguicula vulgaris*) and Round-leaved Sundew (*Drosera rotundifolia*). As we ascended Birk Rigg we stopped to admire a family of Red Grouse and a Curlew.

In the first of the enclosures both Common Rockrose (*Helianthemum nummularium*) and the dainty endemic Hoary Rock-rose (*Helianthemum oelandicum subsp. levigatum*) were seen, as well as the first of many Spring Sandwort (*Minuartia verna*) and Lesser Clubmoss (*Selaginella selaginoides*). Several plants of Hoary Whitlowgrass (*Draba incana*), some displaying their distinctive twisted fruits, lined the side of the second exclosure.

At White Well exclosure we had our lunch beside Dark-red Helleborine (*Epipactis atrorubens*) and Twayblades (*Listera ovata*). Three magnificent specimens of Moonwort (*Botrychium lunaria*) with bright yellow fertile fronds were found by Norman, and swathes of Mountain Avens (*Dryas octopetala*) by David. Heading back we explored the wet flushes, finding Alpine Meadow-rue (*Thalictrum alpinum*) but sadly none of its delicate flowers, however this was compensated by a good stand of the dainty Variegated Horsetail (*Equisetum variegatum*).

We set off back down and had time to explore the flower bedecked grassland along the Durham side of the river at Cronkley Bridge. It was awash with more Alpine Bistort (*Persicaria vivipara*) and a variety of orchids. New to our list were a pair of Common Blue butterflies, Heath Spotted-orchid (*D. maculata*) with distinctive broad frilly lip, and the hybrid (*Dactylorhiza x formosa*) of Heath Spotted-orchid and Northern Marsh-orchid, as well as Pyrenean Scurvy-grass (*Cochlearia pyrenaica subs. alpina*).

Day 3

Sunday 2nd July

This morning Trefor, Alison, Richard, Sandra, Pam and Normal braved an early excursion. Leaving our Hotel at 5am, we drove to the local Black Grouse lekking site in the hope of seeing some. We were in luck, getting good views straight away of 11 male Black Grouse 'strutting their stuff', and later a close up of a grey hen. The drive was a delight with the sun rising brightly and the stunning scenery laid out around us.

Later, after a hearty breakfast, we all drove back along the scenic route to visit Widdybank Farm and Cetry Bank. Here we had permission to enter a botanically rich hay meadow where we found Alpine Bartsia (*Bartsia alpina*), the very pale pink Early Marsh-orchid (Dactylorhiza incarnate subsp. incarnata) and Marsh Hawk's-beard (*Crepis paludosa*), as well as lots of Grass-of-Parnassus (*Parnassia palustris*) leaves. A Curlew and a Frog were seen, as well as a Skylark performing it's broken wing routine to draw us away, so we set off smartly to Cetry Bank, the famous botanical hotspot of the River Tees. Most of us climbed down onto the turfy ledges to get close to the plants. We added to our list Yellow Saxifrage (*Saxifrage aizoides*), False Sedge (*Kobresia simpliciuscula*) and at last some flowering specimens of Bird's-eye Primrose (*Primula farinosa*), as well as seeing lots of other good plants and enjoying the unique view of the river from this vantage point. On our way to Herdship we stopped at a few places to see other interesting plants including Flat Sedge (*Blysmus compressus*) and Masterwort (*Imperatoria ostruthium*). The latter is a plant often found near homesteads as it was used in the past for a variety of ailments. This particular patch seemed to be spreading so widely that the local farmer has been treating it with weed-killer, along with the docks. We chatted to a couple of friendly residents so hopefully they will let whoever needs to know that it is quite an uncommon plant. We stopped to admire Globeflower (*Trollius europaeus*) and other goodies on the verge as well spotting Swift and Snipe. As we parked, we set up another pair of Snipe.

We had our picnic lunch on a flower-strewn bank with our backs to a sun-warmed wall. Then we set off again to explore, finding Lesser Butterfly-orchid (*Platanthera bifolia*), and possibly its hybrid with Greater Butterfly-orchid (*Platanthera chlorantha*), plus Marsh Ragwort (*Senecio aquatica*).

Our final destination today was Bowlees, where we explored the old quarry finding Stone Bramble (*Rubus saxatilis*), the very rare Northern Hawk's-beard (*Crepis mollis*) and Glaucous Dog Rose (*Rosa caesia subsp. vosagiaca*). With the season being late, as well as client interest, meant grasses were taking their rightful place in our attentions. Here we added Hairy or Wood Brome (*Bromopsis ramosa*) and two Meadow-grasses; Smooth (*Poa pratensis*) and Rough (*Poa trivialis*), and a dragonfly.

As we walked up towards Gibson's Cave we saw Greater Butterfly-orchid (*Platanthera chlorantha*) and Pale Lay'smantle (*Alchemilla xanthochlora*), as well as Small Skipper and Chimney Sweeper. At Gibson's Cave and the waterfall we found Brittle Bladder-Fern (*Cystopteris fragilis*) and Hard Shield-Fern (*Polystichum aculeatum*).

On our return we visited the tea rooms where the bird feeders gave us several new birds including Siskin, Great Tit, Coal Tit and young Blue Tits. Our final sightings of the day in the carpark were Rosebay Willowherb and a Wren.

Richard and Sandra walked down to the river in the evening and recorded Pipistrelles and a Tawny Owl.

Day 4

Monday 3rd July

On our final morning rain threatened, but soon cleared to sunshine. We drove to High Force and set off down the tree and plant-lined path. New species here included Valerian (*Valariana officinalis*), Wood Melick (*Melica uniflora*) and Wood Meadow-grass (*Poa nemoralis*) with its distinctive firmly upward saluting stem leaves. A Green Woodpecker was seen and the ferns were very accommodating. Growing together for easy comparison we found Lady Fern (*Athyrium felix-femina*), Male Fern (*Dryopteris felix-mas*) and Golden-scaled Male-fern (*Dryopteris affinis*). Small-leaved Lime (*Tilia cordata*) was also compared with Common Lime (Tilia x europaea). Down at the viewing point of this magnificent waterfall we added Sweet Woodruff (*Galium odoratum*) and Goldenrod (*Solidago vigaurea*).

Next we set off downstream through a riverside pasture, admiring the huge quantity of Shrubby Cinquefoil (*Potentilla fruticosa*) along the opposite bank. At Holwick Head Bridge we said our goodbyes to Richard and Sandra who had to set off, but not before taking a group photograph. Then the rest of us crossed over the bridge to be met with dainty Wood Horsetail (*Equisetum sylvaticum*) and distinctive Shady Horsetail (*Equisetum pratense*) with its three angled branches. We walked downstream seeing a salmon fisherman, Grey Wagtail,

Mallard and Lapwing. After studying the Lesser Pond Sedge (*Carex acutiformis*) we headed back upstream where we found a bank strewn with Mountain Pansy (*Viola lutea*) in endless combinations of colours.

Our final destination was to see High Force from above, on the south side of the river. The best observations en route were a good-sized clump of Lemon-scented Fern (*Oreopteris limbosperma*), a nice patch of Bog Asphodel (*Narthecium ossifragum*) in flower and a glimpse of a Stoat as it dashed across our path.

We parted company back at the hotel, all agreeing we had enjoyed the tour, the company and all our finds.

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Naturetrek group at High Force

Species Lists

Plants (This species list follows the nomenclature in New Flora of the British Isles 3rd Edition by Clive Stace)

Scientific Name	Common Name	Location
PTERIDOPHYTES	FERNS & ALLIES	
Lycophytes	Clubmosses & Quillworts	
Selaginellaceae	Lesser Clubmoss Family	
Selaginella selaginoides	Lesser Clubmoss	Cronkley Fell & Cetry Bank
Eusporangiate Ferns	Adder's-tongues & Moonworts	
Ophioglossacae	Adder's-tongue Fern Family	
Botrychium lunaria	Moonwort	White Well exclosure
Calamophytes	Horsetails	
Equisetaceae	Horsetail Family	
Equisetum arvense	Field Horsetail	Wat Garth & Widdybank Farm
Equisetum palustre	Marsh Horsetail	Downstream of Wynch Bridge
Equisetum pratense	Shady Horsetail	Holwick Head Bridge
Equisetum sylvaticum	Wood Horsetail	Holwick Head Bridge
Equisetum variegatum	Variegated Horsetail	Cronkley Fell & Cetry Bank
Leptosporangiate Ferns	True Ferns	
Aspleniaceae	Spleenwort Family	
Asplenium scolopendrium	Hart's-tongue	Bowlees & Holwick Head Bridge
Asplenium trichomanes ssp quadrivalens	Maidenhair Spleenwort	Cronkley Bridge & Holwick Head Bridge
Blechnaceae	Hard-fern Family	
Blechnum spicant	Hard-fern	Pennine Way and Cronkley Fell
Dennstaeditiaceae	Bracken Family	
Pteridium aquilinum	Bracken	Frequent
Dryopteridaceae	Buckler-fern Family	
Dryopteris affinis	Scaly Male-fern	High Force
Dryoptereis dilatata	Broad Buckler-fern	Nr Wynch Brdige & High Force
Dryopteris filix-mas	Male-fern	High Force
Polystichum aculeatum	Hard Shield-fern	Gibson's Cave
Polypodiaceae	Polypody Family	
Polypodium vulgare	Common Polypody	Wynch Bridge & Holwick Head Bridge
Pteridaceae	Ribbon Fern Family	
Cryptogramma crispa	Parsley Fern	Pennine Way and Cronkley Fell
Thelypteridaceae	Marsh Fern Family	
Oreopteris limbosperma	Lemon-scented Fern	Nr High Force
Phegopteris connectilis	Beech Fern	Pennine Way

Woodsiaceae Anhyrium felix-femina Cystopteris fragilis

PINACEAE

Cupressaceae Juniperus communis

Pinaceae Pinus sylvestris Pinus sylvestris ssp. scotica

Taxaceae Taxus baccata

ANGIOSPERMS

Eu-dicots

Amaranthaceae Chenopodium bonus-henricus

Apiaceae

Aegopodium podagraria Anthriscus sylvestris Conopodium majus Heracleum sphondilium Imperatoria ostruthium Myrrhis odorata Sanicula europaea

Araliacieae Hedera helix

neuera nelix

Asteraceae

Achillea millefolium Achillea ptarmica Antennaria dioica Arctium minus Bellis perennis Carduus crispus Centaurea nigra Cirsium heterophyllum Cirsium arvense Cirsium palustre Cirsium vulgare Crepis mollis Crepis paludosa Hieracium agg Hypochaeris radicata Lapsana communis

Common Name

Lady-fern Family Lady-fern Brittle Bladder-fern

CONIFERS

Juniper Family Common Juniper

Pine Family Scot's Pine native Scot's Pine

Yew Family Yew

True Dicotyledons

FLOWERING PLANTS

Goosefoot Family Good King Henry

Carrot Family

Ground Elder Cow Parsley Pignut Hogweed Masterwort Sweet Cicely Sanicle

Ivy Family

lvy

Daisy Family

Yarrow Sneezewort Mountain Everlasting Lesser Burdock Daisy Welted Thistle Common Knapweed Melancholy Thistle **Creeping Thistle** Marsh Thistle Spear Thistle Northern Hawk's-beard Marsh Hawk's-beard Hawkweed Cat's-ear Nipplewort

Location

Bowlee Quarry & High Force Gibson's Cave, High Force & Holwick Head Bridge

Pennine Way and High Force

Low Force Low Force

High Force

Bowlees

Peghorn Lodge Frequent Frequent Peghorn Lodge Winch Bridge Gibson's Cave & High Force

Occasional

Frequent Wat Garth & Herdship Low Force Peghorn Lodge & High Force Common Occasional Frequent Common Common **Bowlees Quarry** Occasional **Bowlees Quarry** Occasional Bowlees Quarry & Gibson's Cave Frequent Gibson's Cave

Leontodon hispidus Leucanthemum vulgare Matricaria discoides Mycelis muralis Petasites hybridus Pilosella officinarum Scorzoneroides (Leontodon) autumnalis Senecio aquatilis Senecio jacobaea Serrulata tinctoria Solidago virgaurea Solidago virgaurea ssp minuta Sonchus asper Tanacetum parthenium Taraxacun agg Tragopogon pratensis Tussilago farfara

Betulaceae

Alnus glutinosa Betula pubescens Betula pubescens ssp tortuosa Corylus avellana

Boraginaceae

Myosotis arvensis Myosotis laxa Myosotis secunda Myosotis sylvatica

Brassicaceae

Alliaria petiolata Cardamine flexuosa Cardamine pratensis Capsella bursa-pastoris Cochlearia pyrenaica subsp. alpina Draba incana Hesperis matronalis Nasturtium officinale

Campanulaceae Campanula latifolia Campanula rotundifolia

Caprifoliacae Lonicera periclymenum Sambucus nigra

Caryophyllaceae

Cerastium fontanum Minuartia verna Sagina procumbens Silene dioica

Common Name

Rough Hawkbit Oxeye Daisy Pineappleweed Wall Lettuce Butterbur Mouse-ear Hawkweed Autumn Hawkbit Marsh Ragwort Ragwort Sawwort Goldenrod Dwarf goldenrod Prickly Sow-thistle Feverfew Dandelion group Goat's-beard Coltsfoot

Birch Family

Alder Downy Birch Downy Birch, upland subsp. Hazel

Borage Family

Field Forget-me-not Tufted Forget-me-not Creeping Forget-me-not Wood Forget-me-not

Cabbage Family

Garlic Mustard Wavy Bitter-cress Cuckooflower Shepheard's Purse Pyrenean Scurvygrass Hoary Whitlowgrass Dame's-violet Watercress

Bellflower Family Giant Bellflower Harebell

Honeysuckle Family Honeysuckle Elderberry

Pink Family Common Mouse-ear Spring Sandwort Procumbent Pearlwort Red Campion

Location

Frequent Hanging Shaw Carpark & Driving Occasional **High Force** Driving Occasional **Cronkley Fell** Herdship Occasional Wynch Bridge **High Force** Down stream of Wynch Bridge & Low Force High force **Bowlees** Occasional Entrance to Wat Garth Wynch Bridge & Widdybank Farm

Wynch Bridge & High Force Wynch Bridge & High Force Low Force Wynch Bridge & High Force

Bowlees Quarry & High Force Cronkley Farm & Herdwick Cronkley Farm Wynch Bridge

Bowlees Gibson's Cave Occasional Bowlees &Cronkley Farm Riverside nr Cronkley Bridge Exclosure 2, Cronkley Fell Wynch Bridge Wat Garth

Driving & High Force Occasional

Driving & High Force Driving & High Force

Occasional Cronkley Fell Occasional Occasional

Silene flos-cuculi Stellaria graminea Stellaria media

Cistaceae Helianthemum numularium Helianthemum oelandicum subsp. levigatum

Crassulaceae Sedum acer Sedum album Senecio tectorum

Dipsacaceae Scabiosa columbaria Succisa pratensis

Droseraceae Drosera rotundifolia

Ericaceae Calluna vulgaris Empetrum nigrum subsp. nigrum Erica cinerea Erica tetralix Vaccinium myrtillus

Euphorbiaceae Mercurialis perennis

Fabaceae Anthyllis vulneraria Trifolium dubium Trifolium medium Trifolium pratense Trifolium repens

Lathyrus pratensis Lotus corniculatus

Lotus pedunculatus

Vicia cracca Vicia hirsuta Vicia sepium

Fagaceae Fagus sylvatica

Gentianaceae Gentiana verna

Geraniaceae Geranium pratense Geranium robertianum

Common Name

Ragged Robin Lesser Stichwort Common Chickweed

Rockrose Family Common Rock-rose Hoary Rock-rose

Stonecrop Family Biting stonecrop White Stonecrop House-leek

Teasel Family Small Scabious Devil's-bit Scabious

Sundew Family Round-leaved Sundew

Heather Family Heather Crowberry Bell Heather Cross-leaved Heath Bilberry

Spurge Family Dog's Mercury

Pea Family

Kidney Vetch Lesser Trefoil Zig-zag Clover Red Clover White Clover Meadow Vetchling Brid's-foot-trefoil

Greater Brid-s-foot-trefoil

Tufted Vetch Hairy Vetch Bush Vetch

Beech Family Beech

Gentian Family Spring Gentian

Crane's-bill Family Meadow Crane's-bill Herb Robert

Location

Frequent Wynch Bridge & Holwick Head Common

Cronkley Fell & Cetry Bank Cronkley Fell

Bowlees & Middleton-in-Teesdale Bowlees Bowlees

White Well exclosure & Cetry Bank Frequent

Pennine Way & Cronkley Fell

Frequent White Well exclosure Pennine Way & Birk Rigg Pennine Way, Birk Rigg & High force Occasional

Wynch Bridge & High Force

White Well exclosure Bowlees Cronkley Bridge Common Common Cronkley Farm & High Force Common Hangingshaw Car Park & Widdybank Farm Frequent Downstream from Wynch Bridge Frequent

Occasional

Cronkley Fell

Driving and Wynch Bridge Common

Common Name Location Wood Crane's-bill Frequent St John's-wort Family Bowlees Quarry & High force Hairy St John's-wort Slender St John's-wort Occasional **Dead-nettle Family** Common Bugle Common Betony White Dead-nettle **Cronkley Farm** Selfheal Common Hedge Woundwort Occasional Wood Sage Frequent Wild Thyme Frequent Flax Family Purging or Fairy Flax Frequent **Butterwort Family** Occasional Common Butterwort **Mallow Family High Force** Small-leaved Lime Hybrid Lime =T. platyphyllos x T. **High Force** cordata **Olive Family** Ash Occasional Willowherb Family Rosebay Willowherb **Bowlees** Enchanter's-nightshade **Bowlees** New Zealand Willowherb Pennine Way Great Willowherb **High Force** Broad-leaved Willowherb Common **Broomrape Family** Alpine Bartsia Eyebright Frequent Wynch Bridge Eyebright

Scientific Name

Geranium sylvaticum

Hypericaceae Hypericum hirsutum Hypericum pulchrum

Lamiaceae Ajuga reptans Betonica officinalis Lamium album Prunella vulgaris Stachys sylvatica Teucrium scorodonia Thymus polytrichus

Linaceae Linum catharticum

Lentibulariaceae Pinguicula vulgaris

Malvaceae Tilia cordata Tilia x europaea

Oleaceae Fraxinus excelsior

Onagraceae

Chamerion angustifolium Circaea lutetiana Epilobium brunnescens Epilobium hirsutum Epilobium montanum

Orobanchaceae Bartsia alpina Euphrasia sp.

Euphrasia nemorosa Pedicularis palustris Pedicularis sylvatica Rhinanthus minor

Oxalidaceae Oxalis acetosella

Papaveraceae Mecanopsis cambrica

Parnassiaceae Parnassia palustris Marsh Lousewort Lousewort Yellow-rattle

Wood Sorrel Family Wood-sorrel

Poppy Family Welsh Poppy

Grass-of-Parnassus Family Grass-of-Parnassus

Nr Wynch Bridge downstream & upstream

Widdybank Farm & Cetry Bank Widdybank Farm Pennine Way Common

Occasional

Bowlees

Widdybank Farm & Cetry Bank

Phrymaceae Mimulus x robertsii

Plantaginaceae Plantago lanecolata Plantago major Plantago maritima

Polygalaceae Polygalla vulgaris

Polygonaceae Persicaria vivipara Polygonum aviculare Rumex acetosa Rumex longifolius Rumex obtusifolius

Potamogetonaceae Potamogeton polygonifolius

Primulaceae Primula farinosa Primula vulgaris Lysimachia nemorum

Ranunculaceae Aquilegia vulgaris Anemone nemorosa Caltha palustris Ranunculus acris Ranunculus flammula Ranunculus repens Thalictrum alpinum Trollius europaeus

Rosaceae

Alchemilla filicaulis ssp vestita Alchemilla glabra Alchemilla xanthochlora Crataegus monogyna Dryas octopetala Filipendula ulmaria Fragaria vesca Geum rivale Geum urbanum Potentilla anserina Potentilla erecta Potentilla fruticosa Prunus padus Rosa caesia ssp vosagiaca Rubus fruticosus Rubus ideaus

Common Name

Monkeyflower Family Hybrid Monkeyflower

Plantain Family Ribwort Plantain Greater Plantain Sea Plantain

Milkwort Family Common Milkwort

Knotweed Family Alpine Bistort Knotgrass Sorrel Northern Dock Braoad-leaved Dock

Pondweed Family Bog Pondweed

Primrose Family

Bird's-eye Primrose Primrose Yellow Pimpernel

Buttercup Family

Columbine Wood Anemone Marsh Marigold Meadow Buttercup Lesser Spearwort Creeping Buttercup Alpine Meadow-rue Globeflower

Rose Family

Hairy Lady's-mantle Smooth Lady's-mantle Pale Lady's-mantle Hawthorn Mountain Avens Meadow Sweet Wild Strawberry Water Avens Wood Avens Silverweed Tormentil Shrubby Cinquefoil **Bird Cherry** Glaucous Dog-rose Bramble Raspberry

Location

Wat Garth

Common Common Occasional

Occasional

Wynch Bridge & Widdybank Farm Bowlees Frequent Occasional Frequent

Pennine Way & Cronkley Fell

Frequent in fruit, Cetry Bank in flower Leaves nr Gibson's Cave Gibson's Cave & High Force

Bowlees Occasional Occasional Frequent Frequent Frequent Cronkley Fell Verge near Unthank

Cronkley Fell Frequent Occasional **Bowlees Quarry** White Well exclosure Common **Bowlees & High Force** Frequent Occasional Frequent Wynch Bridge & Holwick Head **River Tees** Frequent **Bowlees** Common Bowlees & High Force

Rubus saxatilis Sanguisorba officinalis Sorbus aria Sorbus aucuparia Sorbus rupicola

Rubiaceae

Cruciata laevipes Galium aparine Galium boreale Galium odoratum Galium saxatile Galium sterneri Galium uligunosum Galium verum

Saliciaceae

Populus tremula Salix caprea Salix caprea ssp sphacelata Salix cinerea Salix eleagnos Salix pentandra

Sapindaceae Acer campestre Acer pseudoplatanus

Saxifragaceae Chrysosplenium oppositifolium Saxifraga aizoides

Scrophulariaceae Scrophularia nodosa

Ulmaceae Ulmus glabra

Urticaceae Urtica dioica

Valerianaceae Valeriana dioica Valeriana officinalis

Veronicaceae Digitalis purpurea Veronica beccabunga Veronica chamaedrys Veronica officinalis Veronica serpyllifolia subsp. humifusa

Common Name

Stone Bramble Great Burnet Whitebeam Rowan Rock Whitebeam

Bedstraw Family

Crosswort Cleavers Northern Bedstraw Sweet Woodruff Heath Bedstraw Limestone Bedstraw Fen Bedstraw Lady's Bedstraw

Willow Family

Aspen Goat Willow a Goat willow Grey Willow Olive (Lavevder-leaved) Willow Bay Willow

Maple Family Field Maple Sycamore

Saxifrage Family Opposit-leaved Golden-saxifrage Yellow Saxifrage

Figwort Family Figwort

Elm Family Wych Elm

Nettle Family Common Nettle

Valerian Family Marsh Valerian Valerian

Speedwell Family Foxglove Brooklime Germander Speedwell Heath Speedwell Thyme-leaved Speedwell

Location

Bowlees & High Force Occasional High Force Occasional Downstream of Wynch Bridge & Low Force

Common Bowlees Wynch Bridge & Cronkley Bridge High Force Bowlees & High Force Pennine Way & Cronkley Fell Bowlees pasture Occasional

Downstream of Wynch Bridge & High Force High Force Cronkley Bridge Bowlees Hanging Shaw Carpark Downstream from Wynch Bridge

Bowlees Common

Wat Garth & Gibson's Cave Widdybank Farm & Cetry Bank

High Force

Occasional

Common

Pennine Way & Herdship High Force

Common Wynch Bridge & Wat Garth Common Cronkley Fell Cronkley Fell & High Froce

Violaceae Viola lutea Viola riviniana Viola reichenbachiana

Monocots

Amaryllidaceae Allium ursinum

Asparagaceae Hyacinthoides non-scripta

Cyperaceae

Blysmus compressus Carex acutiformis Carex capillaris Carex demissa Carex demissa Carex echinata Carex flacca Carex leporina Carex nigra Carex panicea Carex pulicaris Carex sylvatica Eriophorum angustifolium Eriophorum vaginiatum Kobresia simpliciuscula

Iridaceae Iris pseudacorus

Juncaceae Juncus bufonis Juncus conglomeratus Juncus effusus Luzula sylvatica

Liliaceae Narthecium ossifragum Tofieldia pusilla

Gymnadenia conopsea

Listera ovata

Orchidaceae

Dactylorhiza fuchsii Dactylorhiza incarnata ssp incarnata Dactylorhiza maculata ssp ericetorum Dactylorhiza purpurella Dactylorhiza x venusta Dactylorhiza x formosa Epipactis atrorubens Gymnadenia borealis Common Name

Violet Family Mountain Pansy Common Dog-violet Early Dog-violet

Monocotyledons Daffodil Family Wild Garlic

Asparagus Family Bluebell

Sedge Family

Flat sedge Lesser Pond Sedge Hair Sedge Common Yellow-sedge Star Sedge Glaucous Sedge Oval Sedge Common Sedge Carnation Sedge Flea Sedge Wood Sedge Common Cottongrass Hare's-tail Cottongrass False Sedge

Iris Family

Yellow Iris

Rush Family Toad Rush Compact Rush Soft Rush Greater Wood-rush

Lily Family Bog Asphodel Scottish Asphodel

Orchid Family

Common Spotted-orchid Early Marsh-orchid Heath Spotted-orchid Northern Marsh-orchid Hybrid Orchid (D. fuschii x purpurella) Hybrid Orchid (D. maculata x purpurpella) Dark-red Helleborine Heath Fragrant-orchid Chalk Fragrant-orchid Common Twayblade Location

Frequent Occasional Wynch Bridge

Occasional

Bowlees & Hgh Froce

Cow Green corner and Bowlees Quarry Downstrean from Holwick Head Bridge Cronkley Fell & Cetry Bank Wynch Bridge Cronkley Fell & Widdybank Farm Low Froce & Widdybank Farm Pennine Way & Widdybank Farm Widdybank Farm Cronkley Fell Cronkley Fell & Widdybank Farm High Force Widdybank Farm White Well exclosure & Widdybank Farm Cetry Bank

Driving

Pennine Way Frquent Common Bowlees & High Force

Occasional Cronkley Fell, Exclosure 1

Common Widdybank Farm River Tees & Herdship Common Common Hanging Shaw Carpark White Well exclosure Widdybank Farm Frequent Occasional

Scientific Name	Common Name	Location
Platanthera bifolia	Lesser Butterfly-orchid	Herdwick
Platanthera chlorantha	Greater Butterfly-orchid	Bowlees-Gibson's cave
putative Platanthera x hybrida	Hybrid Butterfly-orchid	Herdship (According to the expert it is possible and is very likely to occur as both parents are there, but leader's photographs were not
		clear enough to be conclusive)
Poaceae	Grass Family	
Anthoxanthum odoratum	Sweet Vernal Grass	Occasional
Arrhenatherum elatius	False Oat-grass	Occasional
Brachypodium sylvaticum	False Brome	High Force
Briza media	Quaking Grass	Common
Bromus hordeaceus	Soft-brome	Cronkely Farm & Widdybank Farm
Bromopsis ramosa	Hairy-brome	Bowlees & High Force
Cynosorus cristatus	Crested Dog's-tail	Common
Dactylis glomerata	Cock's-foot	Common
Deschampsia cespitosa	Tufted Hair-grass	Common
Deschampsia flexuosa	Wavy Hair-grass	Pennine Way
Elytrigia repens	Common Couch	Bowlees
Festuca vivipara	Viviparous Fescue	Low Force
Glyceria fluitans	Floating Sweet-grass	Wat Garth
Holcus lanata	Yorkshire Fog	Common
Lolium perenne	Perennial Rye-grass	Frequent
Melica uniflora	Wood Melick	High Force
Molinia cearulea	Purple Moor-grass	Occasional
Nardus stricta	Mat-grass	Occasional
Phalaris arundinaceea	Reed Canary-grass	Downstream from Holwick Head Bridge
Phleum pratensis	Timothy	Cronkely Farm
Poa annua	Annual Meadow-grass	Common
Poa nemoralis	Wood Meadow-grass	HIgh Force
Poa pratensis	Smooth Meadow-grass	Frequent
Poa trivialis	Rough Meadow-grass	Bowlees
Sesleria caerulea	Blue Moor-grass	Occasioanl

Birds (\checkmark =recorded but not counted; H = heard only)

		Scientific name	June/July				
	Common name		30	1	2	3	
1	Black Grouse	Lyrurus tetrix			11		
2	Red Grouse	Lagopus lagopus		✓	✓		
3	Common Pheasant	Phasianus colchicus		✓	✓		
4	Mallard	Anas platyrhynchos	✓	✓	✓	~	
5	Common Buzzard	Buteo buteo	✓				
6	Common Kestrel	Falco tinnunculus			✓		
7	Eurasian Oystercatcher	Haematopus ostralegus	✓	✓	✓	~	
8	Northern Lapwing	Vanellus vanellus		✓	✓	✓	
9	Common Snipe	Gallinago gallinago			✓		
10	Eurasian Curlew	Numenius arquata	✓	✓	✓		
11	Black-headed Gull	Chroicocephalus ridibundus	✓	✓	✓	✓	
12	Common Wood Pigeon	Columba palumbus	✓		✓	✓	
13	Eurasian Collared Dove	Streptopelia decaocto			✓		

		Scientific name	June/July				
	Common name		30	1	2	3	
14	Tawny Owl	Strix aluco		Н	✓		
15	Common Swift	Apus apus			✓	✓	
16	European Green Woodpecker	Picus viridis				✓	
17	Western Jackdaw	Coloeus monedula			✓	✓	
18	Carrion Crow	Corvus corone			✓	✓	
19	Coal Tit	Periparus ater			✓		
20	Great Tit	Parus major			✓		
21	Eurasian Blue Tit	Cyanistes caeruleus			✓		
22	Eurasian Skylark	Alauda arvensis		Н	✓		
23	Barn Swallow	Hirundo rustica	✓	~	✓	✓	
24	Common House Martin	Delichon urbicum	✓	~	✓	✓	
25	Common Chiffchaff	Phylloscopus collybita				Н	
26	Eurasian Wren	Troglodytes troglodytes		Н	✓		
27	Common Blackbird	Turdus merula	✓		✓	✓	
28	Song Thrush	Turdus philomelos	✓	✓	✓	✓	
29	European Robin	Erithacus rubecula	✓		✓	✓	
30	House Sparrow	Passer domesticus	✓		✓	✓	
31	Dunnock	Prunella modularis			~	✓	
32	Western Yellow Wagtail	Motacilla flava flavissima	✓			✓	
33	Pied Wagtail	Motacilla alba yarrellii			✓		
34	Common Chaffinch	Fringilla coelebs	✓		✓		
35	Eurasian Siskin	Spinus spinus	✓		✓		
36	Twite	Linaria flavirostris		✓			

Mammals

1	Rabbit	Oryctolagus cuniculus	✓	✓	✓	
2	Roe Deer	Capreolus capreolus			✓	
3	Stoat	Mustela erminea				✓
4	Common Shrew	Sorex araneus		~		
5	Common Pipistrelle	Pipistrellus pipistrellus			~	

Reptiles & Amphibians

1 Common Frog Rana temporaria ✓

Butterflies

2	Small Skipper	Thymelicus sylvestris		✓	
4	Common Blue	Polyommatus icarus	✓	~	
6	Red Admiral	Vanessa atalanta	✓		
8	Wall Brown	Lasiommata megera	✓		
9	Ringlet	Aphantopus hyperantus	✓		

Moths

1	Bird-cherry Ermine (web)	Yponomeuta evonymella	✓		\checkmark
2	Chimney Sweeper	Odezia atrata		✓	