

Norway - Alpine Flowers of the Gol Plateau

Naturetrek Tour Report

12 - 19 July 2008



Hardanger Glacier



Pyrola norvegica



Twinflower - *Linnaea borealis*



Idas Blue

Report and images compiled by Paul Harnes



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Day 1

Saturday 12th July

Weather: fine & bright at Heathrow. Fine, warm & sunny in Oslo & Kamben, with occasional showers en route

Two group members, Judith and Jack, met Paul at Heathrow for the Scandinavian Airlines flight to Oslo. Having completed immigration formalities and collected our luggage, we made our way out into the arrivals area where we met up with Anne, Gina and Peter, who had all arrived independently. We located our bus driver, Anders, quickly loaded our luggage and made our way out of the airport and onto the road to Gol. Common Buzzard and Common Kestrel were seen as we went, together with *Campanula latifolia* (Giant Bellflower). After stopping for lunch at the Rustad Kafe in Sokna, we continued our journey up to Gol then up to Golsfjellet and the Kamben Hoyfjellshotel, which was to be our base for the week. Here we were met and welcomed by Martin, the proprietor.

After settling into our rooms, we made a short excursion round the hotel to familiarise ourselves with some of the species of the area. These included *Betula nana* (Dwarf Birch), *Aconitum septentrionale* (Northern Wolf's-bane), *Cirsium heterophyllum* (Melancholy Thistle) and *Geum rivale* (Water Avens). After this we returned to the hotel to prepare for dinner.

Day 2

Sunday 13th July

Weather: fine, bright morning then heavy rain & hail; sunny periods & showers later on

Our first full day of the tour was spent exploring the boreal forests of the Gol Plateau. Leaving the hotel at 9am, we were driven down to Hanningan by Martin. We began by looking at a small patch of *Astragalus alpinus* (Alpine Milk Vetch) and some splendid stands of *Aconitum septentrionale* (Northern Wolf's-bane), *Geranium sylvaticum* (Wood Crane's-bill) and a single plant of *Thalictrum alpinum* (Alpine Meadow Rue).

After about half a mile we left the road and entered the forest. It was not long before Judy found *Monesis uniflora* (Single-flowered Wintergreen). Also found on the edge of the path was *Neottia cordata* (Lesser Twayblade) and *Trientalis europaea* (Chickweed Wintergreen). Many sedges and rushes were evident in the very wet flushes and *Lycopodium annotinum* (Interrupted Clubmoss), *Coeloglossum viride* (Frog Orchid) and *Gymnadenia conopsea subsp. densiflora* (Fragrant Orchid) were all found. The path we were following took us to the small hamlet of Skutuset. Just before leaving the wood, we found a small clearing where we had lunch.

During the morning we had some brief but clear views of Siberian Jay and Willow Warbler, and we also identified an Idas Blue Butterfly. From Skutuset we turned south towards the village of Brautemo, passing through more boreal forest littered with lichen-covered rocky outcrops and interspersed with more wet flushes, mires and streams. As we were walking through the forest we disturbed several Capercaillie, which took to the air. *Pyrola minor* (Common Wintergreen) and *Orthillia secunda* (One-sided Wintergreen) were also found. Descending the last few hundred metres, we came out onto the main road where Martin was waiting to take us back to the hotel for dinner.

When we got back to Kamben, David and Janet were there to meet us, having arrived during the afternoon, thus completing the group. We were entertained by a pair of Cranes in the meadow below the hotel.

Day 3

Monday 14th July

Weather: cloudy but bright with occasional light showers

Today, Martin dropped us off at the village of Solseter, halfway between our hotel and Gol. Here we took the path, which crosses the road in several places, down to the town of Gol. The early part of the route was through more semi-open wet forest where we found *Potentilla palustris* (Marsh Cinquefoil), *Populus tremula* (Aspen) and a small group of *Pinus contorta* (Lodgepole Pine), an American import. Several magpies and Willow Warblers were also heard. As we moved lower the habitat changed to a series of meadows and track verges with species such as *Galeopsis tetrabit* (Common Hemp-nettle), *Pimpinella saxifraga* (Lesser Burnet Saxifrage), *Carum carvi* (Caraway) and *Sedum telephium* (Orpine). We also came across some nice patches of *Vicia sylvatica* (Wood Vetch). Finally, we passed through *Pinus sylvestris* (Scots Pine) and *Picea abies* (Norway Spruce) woodland. This held such goodies as *Arctostaphyllum uva-ursi* (Bearberry), *Goodyera repens* (Creeping Ladies Tresses) and *Vaccinium vitis-idaea* (Cowberry).

Lunch was taken in some boulder-strewn woodland just off the path. Continuing on down the path we saw Common Blue and Arran Brown Butterflies. Further on we added *Phegopteris connectilis* (Beech Fern) and *Anthyllis filix-femina* (Lady Fern). The path emerged from the woodland next to an electricity substation, and on a pile of adjacent rocks we found *Asplenium septentrionale* (Forked Spleenwort), *Gymnocapium dryopteris* (Parsley Fern), *Polypodium vulgare* (Common Polypody) and a good stand of *Carduus crispus* (Wetted Thistle). The path comes out on the outskirts of Gol, where we all took some time to look round and do a little shopping, as well as take some refreshments. We met up with Martin at 4pm, and he took us a little way west to the village of Torpo, so we could visit a fine example of a Norwegian Stav Church. From here we made our way back to Kamben.

Day 4

Tuesday 15th July

Weather: cloudy with numerous showers, some heavy

After breakfast we boarded the minibus which took us to the starting point for our walk at the village of Brenn, along a private road. As we were driving down to the main road a pair of cranes were seen in one field and a pair of Fieldfares in another. The early section of the walk took us past a few hamlets and, once again, through more wonderful forest. Along the way we recorded *Cerastium cerastoides* (Starwort Mouse-ear), *Epilobium anagalidifolium* (Alpine Willowherb), growing in the bottom of a wet track-side ditch and *Sibbaldia procumbens* (Sibbaldia) on the top of the ditch bank.

It was not too long before the forest began to thin out, giving way to open mountain dwarf scrub, grassland and bogs. A little further on we found *Huperzia selago* (Fir Clubmoss), *Arctostaphylos alpina* (Alpine Bearberry) and *Phyllodoce caerulea* (Mountain Heath), as well as seeing Wheatear, Meadow Pipit and having some fine views of Bluethroat.

We took our lunch in a sheltered gully by a lake, which had a pair of Goldeneye and a Teal on it. *Rubus chamaemorus* (Cloudberry) was flowering well, together with one or two spikes of *Eriophorum scheuchzeri* (Scheuchzer's Cottongrass). The weather had now deteriorated and only Peter and Jack chose to climb up the last section to the summit of Noystolfjellet (1,296 metres), where they had some reasonable 360-degree views, including the Skoghorn (1,728 metres), the highest peak in the area. Meanwhile, the rest of the group began to descend by another track. As we went we had some excellent views of Golden Plover and Willow Grouse. We made slow progress and before too long Peter and Jack had rejoined us.

As we continued down, we found several clumps of *Dryopteris expansa* (Northern Buckler Fern) and *Athyrium distentifolium* (Mountain Lady Fern). As we neared the end of the walk we passed a field with a magnificent display of *Trollius europaeus* (Globeflower), *Geranium sylvaticum* (Wood Crane's-bill) and *Caltha palustris* (Marsh Marigold). Queen of Spain Fritillary was noted feeding here. When we reached our rendezvous point, Martin was waiting to return us to the hotel.

Day 5

Wednesday 16th July

Weather: cloudy with showers; becoming brighter later on

Today we went on an excursion called 'Norway in a nutshell'. After breakfast, we boarded the minibus for Martin to drive us to the railway station at Gol. While we were waiting for the train, we found *Heracleum sphondylium* subsp. *sibiricum* (Siberian Hogweed), *Erigeron acer* (Blue Fleabane) and *Campanula glomerata* (Clustered Bellflower).

We boarded the 9.35am train to Myrdal. As we approached the station at Finse, the highest station on the Oslo to Bergen route at 1,222 metres, there were some good views of the Hardanger Glacier. Here the train paused just long enough for some of the group to disembark to take photos. At Myrdal, we transferred to the spectacular Flam Railway. Completed in 1940, this unique railway took 20 years to build, and drops 864 metres in 20 kilometres to Flam on the side of the Aurlandsfjorden (Aurlands Fjord). The journey down the Flam Valley took us through some magnificent scenery, not least of which was at the scheduled stop to view the thundering power of the mighty Kjosfossen waterfall. As we descended we recorded *Cicerbita alpina* (Alpine Sowthistle), *Saxifraga cotyledon* (Pyramidal Saxifrage), *Sedum rosea* (Roseroot) and *Sambucus racemosus* (Red-berried Elder).

On arrival in Flam, we transferred to a steamer for the 2-hour journey to Gudvangen. As we sailed down the stunning fjord, we had an attendant flock of Common Gulls waiting to join us for lunch. We also saw a pair of Black Guillemots and several Harbour Porpoise. Tiny picturesque villages and fabulous scenery made this trip truly memorable.

When we arrived in Gudvangen we boarded the bus to Voss railway station. Leaving the fjord behind, our bus soon left the main road and turned up the very steep winding Stalhiemskleiva road, passing *Campanula latifolia* (Giant Bellflower) and *Angelica archangelica* (Garden Angelica) on its way.

Our train left Voss at 5.15pm, arriving in Gol at 7.40pm, where Martin was waiting to take us back to the hotel for dinner. During our meal we were lucky enough to see an Elk and her calf feeding in a distant field, and we had some splendid views of Short-eared Owl hunting.

Day 6

Thursday 17th July

Weather: mainly cloudy with occasional sunny periods

Today Martin dropped us off in the small hamlet of Skutuset, only this time we set off in a different direction. As we made the short journey we saw a pair of cranes feeding in a field. The track took us north through open woodland, where we soon found a good patch of *Coeloglossum viride* (Frog Orchid) and *Lycopodium clavatum* (Stag's-horn Clubmoss). Our first objective was a small hill called Syningen (1,031 metres), which we reached in good time. Among the rocks at the base of Syningen, we found *Gentianella campestris* (Field Gentian) and the curious *Botrychium lunarium* (Moonwort). On the top, it was possible to see the summit of Storefjell (1,149 metres). Good numbers of the tiny white *Silene rupestris* (Rock Catchfly) were also seen here. Moving on, we began to make our way through open, wet Juniper and Spruce forest. *Alchemilla glabra* (Smooth Lady's-mantle), *Pyrola norvegica* (Norwegian Wintergreen) and *Tofieldia pusilla* (Scottish Asphodel) were all seen. Willow Warblers were also rather frequent and several Idas Blue Butterflies were found, waiting for the sun to warm them up.

After stopping for lunch, we left the forest at a point just below the Storefjell Resort Hotel, where we enjoyed a welcome cup of coffee. The approach road had a small stream beside it, the bank of which had the large blue bells of *Campanula scheuchzeri* (Scheuchzer's Bellflower) and several plants of *Achillea ptarmica* (Sneezewort). Greenfinch and Siskin were feeding close by. Having had our coffee we continued, leaving the hotel behind us. Hooded Crows and Fieldfares were also fairly frequent here. We then made our way to the footpath that would take us back to our hotel at Kamben, stopping to photograph *Pilosella aurantiaca* (Fox and Cubs) and *Gnaphalium norvegicum* (Highland Cudweed). The path took us past a small pond with a boggy margin where we recorded *Saussurea alpina* (Alpine Saw-wort), *Triglochin palustris* (Marsh Arrowgrass) and *Dactylorhiza incarnata subsp. pulchella* (Early Marsh Orchid), before completing the final couple of hundred meters back to our hotel.

Day 7

Friday 18th July

Weather: cloudy with bright periods & the odd shower

Today we travelled out to Gronlie, the furthest of any of our daily excursions. Leaving the hotel, we travelled north to the village of Oset, before crossing the dam at the eastern end of the Tisleifjorden. From here, Martin turned north-west and followed the northern shore of the fjord through Langestolen, Nosen and Rensenn. Another kilometre or so further on, we stopped at the small remote car park at Gronlie. From here we set off in a north-easterly direction towards the hamlet of Kristi Stolen. On the way we had views of Meadow Pipits and Wheatears with young. At Kristi Stolen we had quite good views of a pair of Twite. In a wet hollow we also found a small patch of *Rubus chamaemorus* (Cloudberry).

As we left Kristi Stolen we passed a small outcrop of rocks where we recorded *Athyrium distentifolium* (Mountain Lady Fern), *Phlegopteris connectilis* (Beech Fern) and *Veronica alpina* (Alpine Speedwell), and a single Ring Ouzel was also spotted. The path we were on took us past a large lake, where we saw a female Teal with chicks, and on across some splendid sub-Arctic heath.

Betula nana (Dwarf Birch), *Salix lanata* (Woolly Willow) and *Salix arbuscula* (Mountain Willow) were all present, as well as a fantastic show of *Eriophorum angustifolium* (Common Cottongrass) and *Eriophorum vaginatum* (Hare's-tail Cottongrass). We then took our lunch in a small clump of trees before continuing to Gomobu. From here we made our way down to Vasetstolen, via Vasetvasnet Lake, and along the way we saw *Potentilla norvegica* (Ternate-leaved Cinquefoil) and *Equisetum fluviatile* (Water Horsetail), as well as Reed Bunting and Yellowhammer.

When we arrived in Vasetstolen, we stopped at a lakeside cafe for refreshments and waited for Martin to collect us. The lake shore had good shows of *Sparganium angustifolium* (Floating Bur-reed) and *Pedicularis sceptrum-carolinum* (Moor King). On our way back to the hotel, we stopped to visit the replica of a 10th century Stav Church at Oset. The original was moved to a museum in Oslo early in the 20th century. From here we returned to Kamben.

Day 8

Saturday 19th July

Weather: cloudy with occasional showers

Our last morning saw us leaving Kamben at 10.15am, having completed any outstanding photo requirements and we said goodbye to Martin. Our first stop en route was at Gol station, where we bid farewell to Janet and David, who were catching a train to Bergen. We then began our journey back to Oslo Airport, making a short stop for lunch in Kroderen.

We arrived at our destination at 1.45pm, said goodbye to Anne, who was staying on in Oslo for a few days then checked in for our Scandinavian Airways flight to London Heathrow.

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Species Lists

Plants

Group/Species	English Name (If any)	Location
PTERIDOPHYTES	FERNS & ALLIES	
Lycopodiaceae	Clubmoss Family	
<i>Diphasiastrum alpinum</i>	Alpine Clubmoss	Noystolfjellet
<i>Huperzia selago ssp. selago</i>	Fir Clubmoss	Noystolfjellet
<i>Lycopodium annotinum</i>	Interrupted Clubmoss	Hallingen/Skutuset/Brautemo
<i>Lycopodium clavatum</i>	Stag's-horn Clubmoss	Syningen/Storefjell/Kamben
Selaginellaceae	Lesser Clubmoss Family	
<i>Selaginella selaginoides</i>	Lesser Clubmoss	Syningen/Storefjell/Kamben
Equisetaceae	Horsetail Family	
<i>Equisetum arvense</i>	Field Horsetail	Hallingen/Skutuset/ Brautemo
<i>Equisetum fluviatile</i>	Water Horsetail	Gronlie/Gomobu/Vasetstolen
<i>Equisetum hymale</i>	Dutch Rush	Syningen/Storefjell/Kamben
<i>Equisetum palustre</i>	Marsh Horsetail	Hallingen/Skutuset/ Brautemo
<i>Equisetum pratense</i>	Shade Horsetail	Hallingen/Skutuset/ Brautemo
<i>Equisetum sylvaticum</i>	Wood Horsetail	Solseter/Gol
<i>Equisetum variegatum</i>	Variegated Horsetail	Syningen/Storefjell/Kamben
Adiantaceae	Maidenhair Fern Family	
<i>Cryptogramma crispa</i>	Parsley Fern	Solseter/Gol
Aspleniaceae	Spleenwort Family	
<i>Asplenium septentrionale</i>	Forked Spleenwort	Solseter/Gol
Dennstaedtiaceae	Bracken Family	
<i>Pteridium aquilinum ssp. latiusculum</i>	Bracken	Solseter/Gol
Dryopteridaceae	Buckler Fern Family	
<i>Dryopteris carthusiana</i>	Narrow Buckler Fern	Hallingen/Skutuset/ Brautemo
<i>Dryopteris dilatata</i>	Broad Buckler Fern	Solseter/Gol
<i>Dryopteris expansa</i>	Northern Buckler Fern	Noystolfjellet
<i>Dryopteris filix-mas</i>	Male Fern	Solseter/Gol
Ophioglossaceae	Adder's-tongue Family	
<i>Botrychium lunaria</i>	Moonwort	Solseter/Gol
Polypodiaceae	Polypody Family	
<i>Polypodium vulgare agg</i>	Common Polypody	Solseter/Gol
Thelypteridaceae	Marsh Fern Family	
<i>Phegopteris connectilis</i>	Beech Fern	Solseter/Gol
Woodsiaceae	Lady-fern Family	
<i>Athyrium filix-femina</i>	Lady Fern	Solseter/Gol
<i>Athyrium distentifolium</i>	Alpine Lady Fern	Noystolfjellet
<i>Cysopteris fragilis</i>	Brittle Bladder Fern	Syningen/Storefjell/Kamben
<i>Gymnocarpium dryopteris</i>	Oak Fern	Hallingen/Skutuset/ Brautemo
<i>Woodsia ilvensis</i>	Oblong Woodsia	Syningen/Storefjell/Kamben

Group/Species	English Name (If any)	Location
PINOPIIDA (GYMNOSPERMS)	CONIFERS	
Cupressaceae	Juniper Family	
<i>Juniperus communis</i>	Juniper	Kamben
Pinaceae	Pine Family	
<i>Picea abies</i>	Norway Spruce	Hallingen/Skutuset/ Brautemo
<i>Pinus cembra</i>	Arolla Pine	Torpo Churchyard (planted)
<i>Pinus contorta</i>	Lodgepole Pine	Solseter/Gol - Planted
<i>Pinus sylvestris</i>	Scots Pine	Solseter/Gol
MAGNOLIOPSIDA (ANGIOSPERMS)	FLOWERING PLANTS	
Apiaceae (Umbelliferae)	Carrot Family	
<i>Angelica archangelica</i>	Garden Angelica	Stalheim
<i>Angelica sylvestris</i>	Wild Angelica	Hallingen/Skutuset/ Brautemo
<i>Anthriscus sylvestris</i>	Cow Parsley	Kamben
<i>Carum carvi</i>	Caraway	Common
<i>Heracleum sphondylium ssp.sibiricum</i>	Siberian Hogweed	Solseter/Gol
<i>Pimpinella saxifraga</i>	Burnet-saxifrage	Hallingen/Skutuset/ Brautemo
Asteraceae (Compositae)	Daisy Family	
<i>Achillea millefolium</i>	Yarrow	Kamben
<i>Achillea ptarmica</i>	Sneezewort	Syningen/Storefjell/Kamben
<i>Antennaria carpatica</i>	Carpathian Cat's-foot	Hallingen/Skutuset/ Brautemo
<i>Antennaria dioica</i>	Cat's-foot	Hallingen/Skutuset/ Brautemo
<i>Anthemis tinctoria</i>	Yellow Chamomile	Solseter/Gol
<i>Artemisia vulgaris</i>	Mugwort	Solseter/Gol
<i>Carduus crispus</i>	Wetted Thistle	Solseter/Gol
<i>Centaurea jacea</i>	Brown Knapweed	Verge above Gol
<i>Cicerbita alpina</i>	Alpine Sow-thistle	Below Myrdal
<i>Cirsium arvense</i>	Creeping Thistle	Gol Station
<i>Cirsium heterophyllum</i>	Melancholy Thistle	Kamben
<i>Cirsium palustre</i>	Marsh Thistle	Kamben
<i>Erigeron acer</i>	Blue Fleabane	Solseter/Gol
<i>Gnaphalium norvegica</i>	Highland Cudweed	Kamben
<i>Gnaphalium supinum</i>	Dwarf Cudweed	Hallingen/Skutuset/ Brautemo
<i>Gnaphalium sylvatica</i>	Heath Cudweed	Hallingen/Skutuset/ Brautemo
<i>Hieracium alpinum</i>	Alpine Hawkweed	Noystolfjellet
<i>Hieracium sabaudum</i>	-	Noystolfjellet
<i>Hieracium vulgatum</i>	-	Hallingen/Skutuset/ Brautemo
<i>Hieracium umbellatum</i>	-	Kamben
<i>Lapsana communis</i>	Nipplewort	Solseter/Gol
<i>Leontodon autumnalis</i>	Autumn Hawkbit	Noystolfjellet
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Kamben
<i>Matricaria discoidea</i>	Pineappleweed	Kamben
<i>Pilosella aurantiaca</i>	Orange Hawkweed	Kamben
<i>Pilosella officinarum</i>	Mouse-eared Hawkweed	Hallingen/Skutuset/ Brautemo
<i>Saussurea alpina</i>	Alpine Saw-wort	Syningen/Storefjell/Kamben
<i>Senecio vulgaris</i>	Groundsel	Solseter/Gol
<i>Solidago virgaurea</i>	Golden Rod	Hallingen/Skutuset/ Brautemo
<i>Tanacetum vulgare</i>	Tansy	Solseter/Gol
<i>Taraxacum hamata</i>	Dandelion	Kamben

Group/Species	English Name (If any)	Location
<i>Tripleurospermum inodorum</i>	Scentless Mayweed	Solseter/Gol
<i>Tussilago farfara</i>	Colt's-foot	Kamben
Betulaceae	Birch Family	
<i>Alnus incana</i>	Grey Alder	Solseter/Gol
<i>Betula pendula</i>	Silver Birch	Solseter/Gol
<i>Betula pubescens</i>	Downy Birch	Solseter/Gol
<i>Betula nana</i>	Dwarf Birch	Hallingen/Skutuset/ Brautemo
<i>Betula pubescens x B.nana</i>	Hybrid Birch	Gronlie/Gomobu/Vasetstolen
<i>Betula pubescens x B.pendula</i>	Hybrid Birch	Solseter/Gol
<i>Corylus avellana</i>	Hazel	Stalheim
Boraginaceae	Borage Family	
<i>Asperugo procumbens</i>	Madwort	Solseter/Gol
<i>Myosotis arvensis</i>	Field Forget-me-not	Kamben
<i>Myosotis ramosissima</i>	Early Forget-me-not	Solseter/Gol
<i>Myosotis stricta</i>	-	Syningen/Storefjell/Kamben
<i>Myosotis sylvatica</i>	Wood Forget-me-Not	Hallingen/Skutuset/ Brautemo
Brassicaceae (Cruciferae)	Cabbage Family	
<i>Arabidopsis thaliana</i>	Thale Cress	Solseter/Gol
<i>Arabis alpina</i>	Alpine Rock-cress	Solseter/Gol
<i>Arabis glabra</i>	Tower Mustard	Solseter/Gol
<i>Barbarea intermedia</i>	Medium-flowered Winter-cress	Syningen/Storefjell/Kamben
<i>Capsella bursa-pastoris</i>	Shepherd's-purse	Kamben
<i>Cardamine amara</i>	Large Bittercress	Hallingen/Skutuset/ Brautemo
<i>Cardamine pratensis</i>	Lady's Smock	Hallingen/Skutuset/ Brautemo
<i>Cardaminopsis arenosa</i>	Tall Rockcress	Solseter/Gol
<i>Rorippa nasturtium-aquaticum</i>	Watercress	Syningen/Storefjell/Kamben
<i>Rorippa palustris</i>	Marsh Yellowcress	Gronlie/Gomobu/Vasetstolen
<i>Rorippa sylvestris</i>	Creeping Yellowcress	Solseter/Gol
<i>Thlaspi alpinum</i>	Alpine Pennycress	Kamben
<i>Thlaspi arvense</i>	Field Pennycress	Solseter/Gol
Campanulaceae	Bellflower Family	
<i>Campanula glomerata</i>	Clustered Bellflower	Gol Station Garden origin?
<i>Campanula latifolia</i>	Giant Bellflower	Stalheim
<i>Campanula rotundifolia</i>	Harebell	Hallingen/Skutuset/ Brautemo
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower	Syningen/Storefjell/Kamben
Caprifoliaceae	Honeysuckle Family	
<i>Linnaea borealis</i>	Twinflower	Hallingen/Skutuset/ Brautemo
<i>Sambucus racemosa</i>	Red-berried Elder	Solseter/Gol
Caryophyllaceae	Pink Family	
<i>Cerastium arvense</i>	Field Mouse-ear	Solseter/Gol
<i>Cerastium cerastoides</i>		Hallingen/Skutuset/ Brautemo
<i>Cerastium fontanum</i>	Common Mouse-ear	Hallingen/Skutuset/ Brautemo
<i>Cerastium glomeratum</i>	Sticky Mouse-ear	Hallingen/Skutuset/ Brautemo
<i>Sagina apetala</i>	Annual Pearlwort	Noystolfjellet
<i>Sagina procumbens</i>	Procumbent Pearlwort	Hallingen/Skutuset/ Brautemo
<i>Silene dioica</i>	Red Campion	Kamben
<i>Silene latifolia</i>	White Campion	Hallingen/Skutuset/ Brautemo

Group/Species	English Name (If any)	Location
<i>Silene rupestris</i>	Rock Catchfly	Solseter/Gol
<i>Silene vulgaris</i>	Bladder Campion	Kamben
<i>Spergularia rubra</i>	Sand Spurrey	Gronlie/Gomobu/Vasetstolen
<i>Stellaria graminea</i>	Lesser Stichwort	Hallingen/Skutuset/ Brautemo
<i>Stellaria uliginosa (S.alsine)</i>	Bog Stichwort	Solseter/Gol
<i>Stellaria media</i>	Chickweed	Hallingen/Skutuset/ Brautemo
<i>Stellaria nemorum</i>	Wood Stichwort	Gronlie/Gomobu/Vasetstolen
Chenopodiaceae	Goosefoot Family	
<i>Atriplex patula</i>	Common Orache	Solseter/Gol
<i>Chenopodium album</i>	Fat Hen	Solseter/Gol
Clusiaceae	St. John's-wort Family	
<i>Hypericum maculatum</i>	Imperforate St. John's-wort	Hallingen/Skutuset/ Brautemo
Crassulaceae	Stonecrop Family	
<i>Sedum (Rhodiola) rosea</i>	Roseroot	Above Flam
<i>Sedum telephium ssp. maximum</i>	Orpine	Solseter/Gol
<i>Sedum villosum</i>	Hairy Stonecrop	Hallingen/Skutuset/ Brautemo
<i>Sedum spurium</i>	Caucasian Stonecrop	Naturalised at Gol
Dipsacaceae	Teasel Family	
<i>Knautia arvensis</i>	Field Scabious	Solseter/Gol
Empetraceae	Crowberry Family	
<i>Empetrum nigrum</i>	Crowberry	Hallingen/Skutuset/ Brautemo
Ericaceae		
<i>Andromeda polifolia</i>	Bog Rosemary	Hallingen/Skutuset/ Brautemo
<i>Arctostaphylos alpinus</i>	Alpine Bearberry	Noystolfjellet
<i>Arctostaphylos uva-ursi</i>	Bearberry	Solseter/Gol
<i>Calluna vulgaris</i>	Heather or Ling	Hallingen/Skutuset/ Brautemo
<i>Phyllodoce caerulea</i>	Blue or Mountain Heath	Noystolfjellet
<i>Vaccinium myrtillus</i>	Bilberry	Hallingen/Skutuset/ Brautemo
<i>Vaccinium oxycoccus</i>	Cranberry	Hallingen/Skutuset/ Brautemo
<i>Vaccinium uliginosum</i>	Bog Bilberry	Kamben
<i>Vaccinium vitis-idaea</i>	Cowberry	Hallingen/Skutuset/ Brautemo
Fabaceae (Leguminosae)	Pea Family	
<i>Astragalus alpinus</i>	Alpine Milk-vetch	Hallingen/Skutuset/ Brautemo
<i>Anthyllis vulneraria</i>	Kidney-vetch	Hallingen/Skutuset/ Brautemo
<i>Lathyrus pratensis</i>	Meadow Vetchling	Kamben
<i>Lotus corniculatus</i>	Bird's-foot Trefoil	Hallingen/Skutuset/ Brautemo
<i>Lupinus x regalis</i>	Garden Lupin	North of Oslo
<i>Trifolium medium</i>	Zig-zag Clover	Kamben
<i>Trifolium pratense</i>	Red Clover	Hallingen/Skutuset/ Brautemo
<i>Trifolium repens</i>	White Clover	Kamben
<i>Vicia cracca</i>	Tufted Vetch	Kamben
<i>Vicia sepium</i>	Bush Vetch	Solseter/Gol
<i>Vicia sylvatica</i>	Wood vetch	Solseter/Gol
Fagaceae	Beech Family	
<i>Fagus sylvatica</i>	Beech	Stalheim

Group/Species	English Name (If any)	Location
Gentianaceae	Gentian Family	
<i>Gentiana nivalis</i>	Snow Gentian	Syningen/Storefjell/Kamben
<i>Gentianella campestris</i>	Field Gentian	Syningen/Storefjell/Kamben
Geraniaceae	Crane's-bill Family	
<i>Geranium pratense</i>	Meadow Crane's-bill	Solseter/Gol
<i>Geranium sylvaticum</i>	Wood Crane's-bill	Hallingen/Skutuset/ Brautemo
Grossulariaceae	Gooseberry Family	
<i>Ribes rubrum</i>	Red Currant	Hallingen/Skutuset/ Brautemo
Lamiaceae (Labiatae)	Deadnettle Family	
<i>Ajuga pyramidalis</i>	Pyramidal Bugle	Hallingen/Skutuset/ Brautemo
<i>Galeopsis bifida</i>	Common Hemp-nettle	Solseter/Gol
<i>Galeopsis tetrahit</i>	Common Hemp-nettle	Solseter/Gol
<i>Glechoma hederacea</i>	Ground Ivy	Solseter/Gol
<i>Prunella vulgaris</i>	Selfheal	Hallingen/Skutuset/ Brautemo
<i>Stachys sylvestris</i>	Hedge Woundwort	Solseter/Gol
Lentabulariaceae	Bladderwort Family	
<i>Pinguicula vulgaris</i>	Common Butterwort	Hallingen/Skutuset/ Brautemo
Menyanthaceae	Bogbean Family	
<i>Menyanthes trifoliata</i>	Bogbean	Hallingen/Skutuset/ Brautemo
Onagraceae	Willowherb Family	
<i>Chamerion angustifolium</i>	Rose-bay Willowherb	Common on roadsides
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Noystolfjellet
<i>Epilobium anagallidifolium</i>	Alpine Willowherb	Noystolfjellet
<i>Epilobium ciliatum</i>	American Willowherb	Solseter/Gol
<i>Epilobium palustre</i>	Marsh Willowherb	Hallingen/Skutuset/ Brautemo
Oxalidaceae	Wood-sorrel Family	
<i>Oxalis acetosella</i>	Wood-sorrel	Hallingen/Skutuset/ Brautemo
Papaveraceae	Poppy Family	
<i>Papaver radicatrum</i>	Arctic Poppy	Syningen/Storefjell/Kamben
Plantaginaceae	Plantain Family	
<i>Plantago lanceolata</i>	Ribwort Plantain	Kamben
<i>Plantago major</i>	Greater Plantain	Kamben
<i>Plantago media</i>	Hoary Plantain	Solseter/Gol
Polygonaceae	Knotweed Family	
<i>Oxyria digyna</i>	Mountain Sorrel	Above Flam
<i>Persicaria (Polygonum) vivipara</i>	Alpine Bistort	Kamben
<i>Polygonum aviculare</i>	Knotgrass	Solseter/Gol
<i>Rumex acetosa</i>	Sorrel	Kamben
<i>Rumex acetosella</i>	Sheep's Sorrel	Hallingen/Skutuset/ Brautemo
<i>Rumex crispus</i>	Curled Dock	Kamben
<i>Rumex thyrsoiflorus</i>	Compact Dock	Kamben

Group/Species	English Name (If any)	Location
Primulaceae	Primrose Family	
<i>Trientalis europaea</i>	Chickweed Wintergreen	Hallingen/Skutuset/ Brautemo
Pyrolaceae	Wintergreen Family	
<i>Moneses uniflora</i>	One-flowered Wintergreen	Hallingen/Skutuset/ Brautemo
<i>Orthilia secunda</i>	Nodding Wintergreen	Hallingen/Skutuset/ Brautemo
<i>Pyrola minor</i>	Common Wintergreen	Hallingen/Skutuset/ Brautemo
<i>Pyrola norvegica</i>	Norwegian Wintergreen	Hallingen/Skutuset/ Brautemo
Ranunculaceae	Buttercup Family	
<i>Aconitum septentrionale</i>	Northern Wolf's-bane	Kamben
<i>Caltha palustris</i>	Marsh Marigold	Noystolfjellet
<i>Ranunculus acris</i>	Meadow Buttercup	Kamben
<i>Ranunculus platanifolius</i>	-	Hallingen/Skutuset/ Brautemo
<i>Ranunculus repens</i>	Creeping Buttercup	Kamben
<i>Ranunculus reptans</i>	Creeping Spearwort	Syningen/Storefjell/Kamben
<i>Thalictrum alpinum</i>	Alpine Meadow-rue	Hallingen/Skutuset/ Brautemo
<i>Trollius europaeus</i>	Globeflower	Noystolfjellet
Rosaceae	Rose Family	
<i>Alchemilla alpina</i>	Alpine Lady's-mantle	Hallingen/Skutuset/ Brautemo
<i>Alchemilla filicaulis</i>	a Lady's-mantle	Kamben
<i>Alchemilla glabra</i>	Smooth Lady's-mantle	Kamben
<i>Alchemilla xanthochlora</i>	-	Kamben
<i>Amelanchier ovalis</i>	Juneberry	Hallingen/Skutuset/ Brautemo
<i>Filipendula ulmaria</i>	Meadowsweet	Hallingen/Skutuset/ Brautemo
<i>Fragaria vesca</i>	Wild Strawberry	Hallingen/Skutuset/ Brautemo
<i>Geum rivale</i>	Water Avens	Hallingen/Skutuset/ Brautemo
<i>Potentilla anserina</i>	Silverweed	Kamben
<i>Potentilla argentea</i>	Hoary Cinquefoil	Torpo
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Hallingen/Skutuset/ Brautemo
<i>Potentilla erecta</i>	Tormentil	Hallingen/Skutuset/ Brautemo
<i>Potentilla naumanniana</i>	Spring Cinquefoil	Hallingen/Skutuset/ Brautemo
<i>Potentilla norvegica</i>	Ternate-leaved Cinquefoil	Torpo
<i>Potentilla palustris</i>	Marsh Cinquefoil	Solseter/Gol
<i>Prunus mahaleb</i>	St. Lucie's Cherry	Hallingen/Skutuset/ Brautemo
<i>Prunus padus</i>	Bird Cherry	Stalheim
<i>Rubus chamaemorus</i>	Cloudberry	Hallingen/Skutuset/ Brautemo
<i>Rubus idaeus</i>	Raspberry	Hallingen/Skutuset/ Brautemo
<i>Rubus saxatilis</i>	Stone Bramble	Hallingen/Skutuset/ Brautemo
<i>Sibbaldia procumbens</i>	Sibbaldia	Noystolfjellet
<i>Sorbus aucuparia</i>	Rowen or Mountain Ash	Hallingen/Skutuset/ Brautemo
Rubiaceae	Bedstraw Family	
<i>Galium mollugo</i>	Hedge Bedstraw	Solseter/Gol
<i>Galium boreale</i>	Northern Bedstraw	Hallingen/Skutuset/ Brautemo
<i>Galium palustre agg</i>	Marsh Bedstraw	Gronlie/Gomobu/Vasetstolen
<i>Galium x pomeranicum</i>	Hybrid Bedstraw	Solseter/Gol
<i>Galium saxatile</i>	Heath Bedstraw	Solseter/Gol
<i>Galium uliginosum</i>	Fen Bedstraw	Syningen/Storefjell/Kamben
<i>Galium verum</i>	Lady's Bedstraw	Solseter/Gol

Group/Species	English Name (If any)	Location
Salicaceae	Willow Family	
<i>Populus tremula</i>	Aspen	Solseter/Gol
<i>Salix arbuscula</i>	Mountain Willow	Hallingen/Skutuset/ Brautemo
<i>Salix caprea</i>	Goat Willow	Solseter/Gol
<i>Salix cinerea</i> agg	Grey Willow	Hallingen/Skutuset/ Brautemo
<i>Salix herbacea</i>	Dwarf Willow	Noystolfjellet
<i>Salix lanata</i> ssp. <i>lanata</i>	Woolly Willow	Hallingen/Skutuset/ Brautemo
<i>Salix lanata</i> x <i>S.lapponum</i>	-	Gronlie/Gomobu/Vasetstolen
<i>Salix lapponum</i>	Downy Willow	Gronlie/Gomobu/Vasetstolen
<i>Salix phylicifolia</i>	Tea-leaved Willow	Hallingen/Skutuset/ Brautemo
Saxifragaceae	Saxifrage Family	
<i>Parnassia palustris</i>	Grass-of-Parnassus	Hallingen/Skutuset/ Brautemo
<i>Saxifraga cotyledon</i>	Pyramidal Saxifrage	Stalheim
<i>Saxifraga stellaris</i>	Starry Saxifrage	Hallingen/Skutuset/ Brautemo
Scrophulariaceae	Figwort Family	
<i>Bartsia alpina</i>	Alpine Bartsia	Hallingen/Skutuset/ Brautemo
<i>Digitalis purpurea</i>	Foxglove	
<i>Euphrasia frigida</i>	Eyebright	Hallingen/Skutuset/ Brautemo
<i>Linaria vulgaris</i>	Common Toadflax	Solseter/Gol
<i>Melampyrum pratense</i>	Common Cow-wheat	Hallingen/Skutuset/ Brautemo
<i>Melampyrum sylvaticum</i>	Small Cow-wheat	Hallingen/Skutuset/ Brautemo
<i>Pedicularis lapponica</i>	Lapland Lousewort	Gronlie/Gomobu/Vasetstolen
<i>Pedicularis palustris</i>	Red Rattle	Hallingen/Skutuset/ Brautemo
<i>Pedicularis sceptrum-carolinum</i>	Moor King	Gronlie/Gomobu/Vasetstolen
<i>Rhinanthus minor</i> agg	Yellow Rattle	Hallingen/Skutuset/ Brautemo
<i>Verbascum nigrum</i>	Dark Mullein	Solseter/Gol
<i>Veronica alpina</i>	Alpine Speedwell	Hallingen/Skutuset/ Brautemo
<i>Veronica arvensis</i>	Wall Speedwell	Gronlie/Gomobu/Vasetstolen
<i>Veronica chamaedrys</i>	Germander Speedwell	Hallingen/Skutuset/ Brautemo
<i>Veronica fruticans</i>	Rock Speedwell	Solseter/Gol
<i>Veronica officinalis</i>	Common Speedwell	Hallingen/Skutuset/ Brautemo
<i>Veronica scutellata</i>	Marsh Speedwell	Hallingen/Skutuset/ Brautemo
<i>Veronica serpyllifolia</i>	Thyme-leaved Speedwell	Kamben
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Common Nettle	Kamben
Valerianaceae	Valerian Family	
<i>Valeriana sambucifolia</i>	Elder-flowered Valerian	Kamben
Violaceae	Violet Family	
<i>Viola canina</i> ssp. <i>montana</i>	Heath Dog-violet	Hallingen/Skutuset/ Brautemo
<i>Viola palustris</i>	Marsh Violet	Hallingen/Skutuset/ Brautemo
<i>Viola riviniana</i>	Common Dog-violet	Hallingen/Skutuset/ Brautemo
<i>Viola tricolor</i>	Heartsease	Kamben
LILIIDAE (MONOCOTYLEDONS)		
Cyperaceae	Sedge Family	
<i>Carex atrata</i>	Black Alpine Sedge	Syningen/Storefjell/Kamben
<i>Carex bigelowii</i>	Stiff Sedge	Noystolfjellet

Group/Species	English Name (If any)	Location
<i>Carex capillaris</i>	Hair Sedge	Hallingen/Skutuset/ Brautemo
<i>Carex curta</i>	White Sedge	Hallingen/Skutuset/ Brautemo
<i>Carex dioica</i>	Dioecious Sedge	Hallingen/Skutuset/ Brautemo
<i>Carex divulsa</i>	Grey Sedge	Solseter/Gol
<i>Carex elata</i>	Tufted Sedge	Gronlie/Gomobu/Vasetstolen
<i>Carex flava</i>	Large Yellow Sedge	Hallingen/Skutuset/ Brautemo
<i>Carex lachenallii</i>	Hare's-foot Sedge	Noystolfjellet
<i>Carex magellanica</i>	Tall Bog Sedge	Hallingen/Skutuset/ Brautemo
<i>Carex nigra</i>	Common Sedge	Hallingen/Skutuset/ Brautemo
<i>Carex panicea</i>	Carnation Sedge	Hallingen/Skutuset/ Brautemo
<i>Carex pauciflora</i>	Few-flowered Sedge	Solseter/Gol
<i>Carex rostrata</i>	Bottle Sedge	Hallingen/Skutuset/ Brautemo
<i>Carex vaginata</i>	Sheathed Sedge	Syningen/Storefjell/Kamben
<i>Carex vesicaria</i>	Bladder Sedge	Noystolfjellet
<i>Carex viridula subsp. viridula</i>	Small-fruited Yellow Sedge	Syningen/Storefjell/Kamben
<i>Eriophorum angustifolium</i>	Common Cotton-grass	Hallingen/Skutuset/ Brautemo
<i>Eriophorum scheuchzeri</i>	Scheuchzeri's Cotton-grass	Noystolfjellet
<i>Eriophorum vaginatum</i>	Hare's-tail Cotton-grass	Hallingen/Skutuset/ Brautemo
<i>Trichophorum alpinum</i>	Alpine Deergrass	Hallingen/Skutuset/ Brautemo
<i>Trichophorum cespitosum</i>	Deergrass	Syningen/Storefjell/Kamben
Juncaceae	Rush Family	
<i>Eleocharis quinqueflora</i>	Few-flowered Spike-rush	Syningen/Storefjell/Kamben
<i>Juncus alpinus</i>	Alpine Rush	Noystolfjellet
<i>Juncus articulatus</i>	Jointed Rush	Syningen/Storefjell/Kamben
<i>Juncus biglumis</i>	Two-flowered Rush	Hallingen/Skutuset/ Brautemo
<i>Juncus bufonius</i>	Toad Rush	Solseter/Gol
<i>Juncus castaneus</i>	Chestnut Rush	Hallingen/Skutuset/ Brautemo
<i>Juncus filiformis</i>	Thread Rush	Hallingen/Skutuset/ Brautemo
<i>Juncus trifidus</i>	Three-leaved Rush	Solseter/Gol
<i>Luzula multiflora agg</i>	Heath Wood-rush	Hallingen/Skutuset/ Brautemo
<i>Luzula pilosa</i>	Hairy Wood-rush	Hallingen/Skutuset/ Brautemo
<i>Luzula spicata</i>	Spiked Wood-rush	Noystolfjellet
<i>Luzula sylvatica</i>	Greater Wood-rush	Hallingen/Skutuset/ Brautemo
Juncaginaceae	Arrowgrass Family	
<i>Triglochin palustre</i>	Marsh Arrowgrass	Syningen/Storefjell/Kamben
Liliaceae	Lily Family	
<i>Maianthemum bifolium</i>	May Lily	Hallingen/Skutuset/ Brautemo
<i>Paris quadrifolia</i>	Herb Paris	Solseter/Gol
<i>Tofieldia pusilla</i>	Scottish Asphodel	Hallingen/Skutuset/ Brautemo
Orchidaceae	Orchid Family	
<i>Coeloglossum viride</i>	Frog Orchid	Hallingen/Skutuset/ Brautemo
<i>Dactylorhiza fuchsii</i>	Common Spotted Orchid	Solseter/Gol
<i>Dactylorhiza incarnata ssp. pulchella</i>	Early Marsh Orchid	Hallingen/Skutuset/ Brautemo
<i>Goodyera repens</i>	Creeping Ladies Tresses	Solseter/Gol
<i>Gymnadenia conopsea subsp. densiflora</i>	Fragrant Orchid	Hallingen/Skutuset/ Brautemo
<i>Neottia (Listera) cordata</i>	Lesser Twayblade	Hallingen/Skutuset/ Brautemo
Poaceae (Graminae)	Grass Family	
<i>Agrostis capillaris</i>	Common Bent	Hallingen/Skutuset/ Brautemo

Group/Species	English Name (If any)	Location
<i>Agrostis curtisii</i>	Bristle Bent	Solseter/Gol
<i>Agrostis stolonifera</i>	Creeping Bent	Solseter/Gol
<i>Alopecurus aequalis</i>	Orange foxtail	Syningen/Storefjell/Kamben
<i>Alopecurus pratensis</i>	Meadow Foxtail	Kamben
<i>Anthoxanthum odoratum</i>	Sweet Vernal Grass	Hallingen/Skutuset/ Brautemo
<i>Bromopsis inermis</i>	Hungarian Brome	Gol
<i>Brachypodium sylvaticum</i>		Solseter/Gol
<i>Calamagrostis epigeios</i>	Wood Small-reed	Solseter/Gol
<i>Dactylis glomerata</i>	Cock's-foot	Kamben
<i>Deschampsia cespitosa</i>	Tufted Hair-grass	Kamben
<i>Deschampsia flexuosa</i>	Wavy Hair-grass	Hallingen/Skutuset/ Brautemo
<i>Elymus caninus</i>	Bearded Couch	Solseter/Gol
<i>Elytrigia (Elymus) repens</i>	Common Couch	Solseter/Gol
<i>Festuca ovina</i> agg	Sheep's Fescue	Hallingen/Skutuset/ Brautemo
<i>Festuca rubra</i> agg	Red Fescue	Kamben
<i>Lolium perenne</i>	Perennial Rye-grass	Solseter/Gol
<i>Melica nutans</i>	Mountain Melick	Hallingen/Skutuset/ Brautemo
<i>Millium effusum</i>	Wood Millet	Solseter/Gol
<i>Molinia caerulea</i>	Purple Moor-grass	Syningen/Storefjell/Kamben
<i>Nardus stricta</i>	Mat-grass	Noystolfjellet
<i>Phleum alpinum</i>	Alpine Cat's-tail	Kamben
<i>Phleum pratense</i>	Timothy	Kamben
<i>Poa alpina</i>	Alpine Meadow-grass	Hallingen/Skutuset/ Brautemo
<i>Poa annua</i>	Annual Meadow-grass	Kamben
<i>Poa humilis (P. subcaerulea)</i>	Spreading Meadow-grass	Hallingen/Skutuset/ Brautemo
<i>Poa nemoralis</i>	Wood Meadow-grass	Solseter/Gol
<i>Poa pratensis</i>	Smooth Meadow-grass	Hallingen/Skutuset/ Brautemo
<i>Poa trivialis</i>	Rough Meadow-grass	Solseter/Gol
Potamogetonaceae	Pondweed family	
<i>Potamogeton crispus</i>	Curled Pondweed	Gronlie/Gomobu/Vasetstolen
<i>Potamogeton polygonifolius</i>	Bog Pondweed	Gronlie/Gomobu/Vasetstolen
Sparganiaceae	Bur-reed Family	
<i>Sparganium angustifolium</i>	Floating Bur-reed	Gronlie/Gomobu/Vasetstolen

Birds (LO – leader only; H – heard)

	Common Name	Scientific Name	July							
			12	13	14	15	16	17	18	19
1	Grey Heron	<i>Ardea cinerea</i>			•		•		•	•
2	Mute Swan	<i>Cygnus olor</i>	•							•
3	Canada Goose	<i>Branta canadensis</i>					•			
4	Mallard	<i>Anus platyrhynchos</i>	•				•			
5	Common Teal	<i>Anus crecca</i>				•			•	
6	Common Goldeneye	<i>Bucephala clangula</i>				•				•
7	Common Buzzard	<i>Buteo buteo</i>	•							
8	Eurasian Sparrowhawk	<i>Accipiter nisus</i>	•							
9	Common Kestrel	<i>Falco tinnunculus</i>	•							
10	Willow Grouse	<i>Lagopus lagopus lagopus</i>				•				
11	Capercaillie	<i>Tetrao urogallus</i>		•						
12	Black Grouse	<i>Tetrao tetrix</i>		•						
13	Eurasian Coot	<i>Fulica atra</i>								•
14	Common Crane	<i>Grus grus</i>	•	•	•	•	•	•	•	•
15	European Golden Plover	<i>Pluvialis apricaria</i>				•			•	
16	Northern Lapwing	<i>Vanellus vanellus</i>	LO							
17	Green Sandpiper	<i>Tringa ochropus</i>						•		
18	Common Sandpiper	<i>Actitis hypoleucos</i>							•	
19	Common Redshank	<i>Tringa totanus</i>				•	•			
20	Eurasian Curlew	<i>Numenius arquata</i>	•	H	•	•	•	•	•	•
21	Black-headed Gull	<i>Larus ridibundus</i>								•
22	Common Gull	<i>Larus canus</i>	•				•	•	•	•
23	Herring Gull	<i>Larus argentatus</i>					•			•
24	Lesser Black-backed Gull	<i>Larus fuscus</i>	•							
25	Black Guillemot	<i>Cephus grylle</i>					•			
26	Rock Dove / Feral Pigeon	<i>Columba livia</i>	•		•					•
27	Common Wood Pigeon	<i>Columba palumbus</i>	•				•			•
28	Long-eared Owl	<i>Asio otus</i>				•				
29	Common Swift	<i>Apus apus</i>	•	•	•	•	•	•	•	•
30	Great Spotted Woodpecker	<i>Dendrocopos major</i>		H					•	
31	Sand Martin	<i>Riparia riparia</i>					•			
32	Barn Swallow	<i>Hirundo rustica</i>	•	•	•	•	•	•	•	•
33	Common House Martin	<i>Delichon urbica</i>	•	•	•	•	•	•	•	•
34	Meadow Pipit	<i>Anthus pratensis</i>				•			•	
35	White Wagtail	<i>Motacilla alba</i>	•	•	•	•	•	•	•	•
36	Grey Wagtail	<i>Motacilla cinerea</i>					•		•	
37	Winter Wren	<i>Troglodytes troglodytes</i>			H	•	H			
38	Dunnock	<i>Prunella modularis</i>			•				H	
39	European Robin	<i>Erithacus rubecula</i>		H				•	•	•
40	Bluethroat	<i>Luscinia svecica</i>				•				
41	Common Redstart	<i>Phoenicurus phoenicurus</i>							•	
42	Northern Wheatear	<i>Oenanthe oenanthe</i>				•		•	•	
43	Song Thrush	<i>Turdus philomelos</i>							•	
44	Redwing	<i>Turdus iliacus</i>						•	•	•
45	Mistle Thrush	<i>Turdus viscivorus</i>		H	•	•		•	•	
46	Fieldfare	<i>Turdus pilaris</i>	•		•	•		•	•	•
47	Common Blackbird	<i>Turdus merula</i>	•	H	H	•	•			
48	Ring Ouzel	<i>Turdus torquatus</i>							•	
49	Lesser Whitethroat	<i>Sylvia curruca</i>							•	

	Common Name	Scientific Name	July							
			12	13	14	15	16	17	18	19
50	Willow Warbler	<i>Phylloscopus trochilus</i>	•	•	•	•	•	•	•	•
51	Goldcrest	<i>Regulus regulus</i>		H				H		
52	Great Tit	<i>Parus major</i>		•	•			•	•	•
53	Coal Tit	<i>Parus ater</i>		•	•			•		
54	Blue Tit	<i>Parus caeruleus</i>					H			
55	Crested Tit	<i>Parus cristatus</i>		•						
56	Willow Tit	<i>Parus montanus</i>		H	H			•		
57	Eurasian Nuthatch	<i>Sitta europaea</i>			•					
58	Magpie	<i>Pica pica</i>	•		•	•	•	•	•	•
59	Jay	<i>Garrulus glandarius</i>			H					
60	Siberian Jay	<i>Perisoreus infaustus</i>		•						
61	Hooded Crow	<i>Corvus corone cornix</i>	•	•	•	•	•	•	•	•
62	Raven	<i>Corvus corax</i>				•				
63	Starling	<i>Sturnus vulgaris</i>	•			•	•	•	•	•
64	House Sparrow	<i>Passer domesticus</i>	•	•	•	•	•	•	•	•
65	Chaffinch	<i>Fringilla coelebs</i>		H	•	H	•	•	•	•
66	Brambling	<i>Fringilla montifringilla</i>	LO							
67	Twite	<i>Carduelis flavirostris</i>							•	
68	Redpoll	<i>Carduelis flammea</i>	H		•	•		•	•	•
69	Greenfinch	<i>Carduelis chloris</i>		H	•			•	•	•
70	Siskin	<i>Carduelis spinus</i>	•	•	•	•	•	•	•	•
71	Bullfinch	<i>Pyrrhula pyrrhula</i>			•		•			
72	Common Crossbill	<i>Loxia curvirostra</i>			•					•
73	Reed Bunting	<i>Emberiza schoeniclus</i>							•	•
74	Yellowhammer	<i>Emberiza citronella</i>			H				•	

Butterflies

Common Name	Scientific Name	Location
Moorland Clouded Yellow	<i>Colias palaeno</i>	Oset
Scarce Copper	<i>Heodes virgaureae</i>	Solseter/Gol
Common Blue	<i>Polyommatus icarus</i>	Solseter/Gol
Idas Blue	<i>Plebejus idas</i>	Hallingen/Skutuset/ Brautemo
Small Pearl-bordered Fritillary	<i>Clossiana selene</i>	Kamben
Arran Brown	<i>Eerbia ligea</i>	Solseter / Gol
Dewy Ringlet	<i>Erebia pandrose</i>	Gronlie/Gomobu/Vasetstolen
Small Heath	<i>Coenonympha pamphilus</i>	Solseter / Gol
Silver Spotted Skipper	<i>Hesperia comma</i>	Kamben
Large Skipper	<i>Ochlodes sylvanus</i>	Solseter/Gol

Moths

Plume Moth	<i>Hellinsia osteodactylus</i>	Kamben
Red Carpet	<i>Xanthorhoe decoloraria</i>	Syningen
Latticed Heath	<i>Chiasmia clathrata</i>	Kamben
Common Wave	<i>Cabera exanthemata</i>	Kamben
Toadflax Brocade (Caterpillar)	<i>Calophasia lunula</i>	Gol Station

Common Name	Scientific Name	Location
Other Insects & Arachnids		
Cleg-fly	<i>Haematopota pluvialis</i>	Hallingen/Skutuset/ Brautemo
Horse Fly	<i>Tabanus sp</i>	Hallingen/Skutuset/ Brautemo
Picture-wing Fly	-	Hallingen/Skutuset/ Brautemo
Wood Ant	<i>Formica rufa</i>	Hallingen/Skutuset/ Brautemo
7-Spot Ladybird	<i>Coccinella 7-punctata</i>	Kamben
Mammals		
Harbour Porpoise	<i>Phocoena phocoena</i>	Flam to Gudvagen
Roe Deer	<i>Capreolus capreolus</i>	Solseter / Gol
Elk	<i>Alces alces</i>	Kamben
Mountain Hare	<i>Lepus europaeus</i>	Noystolfjellet
Reptiles & Amphibians		
Common Frog	<i>Rana temporaria</i>	Gronlie/Gomobu/Vasetstolen
Lichens		
a Lichen	<i>Cladonia stellaris</i>	Syningen
a Lungwort	<i>Cetraria islandica</i>	Hallingen/Skutuset/ Brautemo
a Lichen	<i>Solorina crocea</i>	Hallingen/Skutuset/ Brautemo
the Map Lichen	<i>Rhizocarpon geographicum</i>	Noystolfjellet
a Lichen	<i>Parmelia centrifuga</i>	Noystolfjellet