

W&T Offshore Re-Elects Board of Directors and Elects Sam Gibara to the Board

HOUSTON, May 7 /PRNewswire-FirstCall/ -- W&T Offshore, Inc. (NYSE: WTI) announced that at its annual meeting of shareholders held on Monday, May 5, 2008 in Houston, its shareholders re-elected Tracy W. Krohn, J. F. Freel, Virginia Boulet, S. James Nelson, Jr. and Robert I. Israel to serve on the Board of Directors for one-year terms. Samir G. Gibara was elected to fill the board seat previously held by Stuart B. Katz, who chose to not run for reelection.

Mr. Gibara is the retired Chairman of the Board of The Goodyear Tire & Rubber Company. He also served as CEO of Goodyear from 1996 through 2002. Mr. Gibara is a graduate of Cairo University and holds a M.B.A. from Harvard University. Mr. Gibara also attended the Kellogg Graduate School of Management at Northwestern University. He has served on the boards of directors of Goodyear, Sumitomo Rubber Industries, International Paper Company and Dana Corp.

"We welcome Sam Gibara and his vast experience with large public companies. As W&T continues to grow, Sam's expertise and knowledge in navigating new frontiers and his well rounded background will be extremely useful to our company," said Tracy W. Krohn, Chairman and Chief Executive Officer.

About W&T Offshore

Founded in 1983, W&T Offshore is an independent oil and natural gas company focused primarily in the Gulf of Mexico, including exploration in the deepwater and deep shelf regions, where it has developed significant technical expertise. W&T has grown through acquisition, exploitation and exploration and now holds working interests in over 155 fields in federal and state waters and a majority of its daily production is derived from wells it operates. For more information on W&T Offshore, please visit its Web site at http://www.wtoffshore.com.

Contacts:
Manuel Mondragon, Vice President of Finance
<u>investorrelations@wtoffshore.com</u>
713-297-8024

Ken Dennard / <u>ksdennard@drg-e.com</u>
Lisa Elliott / <u>lelliott@drg-e.com</u>
DRG&E / 713-529-6600

SOURCE W&T Offshore, Inc.