



Medicine
UNIVERSITY OF TORONTO

Geriatric Medicine

Resident Geriatric Interest Group Outreach: Providing Access to Care for Marginalized Population

The Resident Geriatric Interest Group (RGIG) is a resident led, national initiative that connects trainees to help facilitate mentorship, networking, leadership in advocacy projects, and resource sharing. The overarching goal is to generate and share enthusiasm about caring for older adults.



The University of Toronto RGIG chapter is a small group of dedicated members.

Locally, the group has visited homeless shelters to increase awareness and provide education about prevention for common health care needs experienced by this marginalized population. Foot care, for example, is vital to longevity and particularly so for those who suffer the complications of diabetes; foot care supplies were distributed to interested parties. They have visited multiple shelters in downtown Toronto on two occasions and have plans to expand this effort forward in the future.

Many thanks to Camille Tessier-Bussieres, Laura Budd, Jill Alston, Amina Jabbar, David Dodington & Dr. Karen D'Silva for their ongoing advocacy efforts.

If you are interested in getting involved with the RGIG, please contact the Toronto Chapter Chair, Laura Budd (lbudd3@me.com).

Annual Retreat Presentations Available on GeriMed Portal



This past November, the division congregated for the annual retreat - Competency-based Medical Education and Ambulatory Care - at the downtown Hyatt Regency.

Dr. Linda Snell (RCPSC) spoke to the Royal College's Competency by Design (CBD) initiative, the implementation of which is being rolled out gradually across all programs. Dr. Scott Berry shared his perspective and experiences in implementing CBD within the Oncology program. Dr. Camille Tessier-Bussieres presented research findings related to development of competencies for geriatric ambulatory medicine using a consensus of experts. Dr. Thiru Yogaparan shared an update regarding changes to undergraduate curriculum and her work in advancing geriatrics education.

Each of the speakers' presentations are accessible via the program portal and can be found within the *AHD & Ed. Events Presentations*.

UPDATE: Residency Program Committee Key Messages



- PGME's Internal Review of the residency program will take place on **Wednesday, June 8, 2016**. Residency Program Committee members, residents and a sampling of faculty have been invited to meet with the reviewers.
- As a result of changes in MOHLTC funding for postgraduate programs, the number of 2016-17 PGY4 positions in the department of medicine was reduced by five. Fortunately, our four geriatric medicine residency positions were not affected. We have advocated to the PGME office to ideally increase and, at a minimum, protect our residency positions based on societal need.
- Please visit the UTOR portal to explore a variety of helpful resources and keep abreast of what our residents are learning. Journal Club articles, as well as excellent critical appraisals by residents, can be accessed. Materials, including Academic Half Day presentations from other experts in the field, are available for download.
- This year, the practice written exam for residents was scheduled to January, instead of June. Thank you to **Karen D'Silva, Dan Liberman** and **Vicky Chau** for coordinating the practice exam again this year. Please help your colleagues and support the training program; exam questions with model answer can be submitted at any time.
- Thank you to the resident representatives participating in program-related committees:
 - Residency Program Committee: **Jennifer Watt, Yaser Habeeb**
 - Social Subcommittee: **Jillian Alston**
 - Resident Call Subcommittee: **Grace Leung**

AWARDS & HONOURS

Mireille Norris was recognized for her outstanding contributions to medical education and received the *In-Patient Teaching Award* presented by Sunnybrook Health Sciences Center's Department of Medicine.



Mireille was presented with the award at Sunnybrook's annual event that was hosted at the Vaughan Estates.



At the Health Quality Transformation 2015 conference, the MOVE ON Collaboration (including **Sharon Straus** and **Barbara Liu**) received a Poster of Distinction ribbon for *Expanded Implementation and Evaluation of Mobilization of Vulnerable Elders on Ontario: MOVE ON+* that was featured in the Quality Improvement Planning stream. MOVE ON+ is an expansion of MOVE ON, an evidence-based strategy to promote early mobilization in older adults in Ontario hospitals, with a focus on implementation and evaluation.

DoM has appointed **Sharon Straus** as the inaugural Vice Chair of Mentorship, Equity and Diversity and was profiled in the October 2015 [MATTERS newsletter](#).

SOCIAL COMMITTEE & ADVOCACY UPDATE

Shangri-La Tea: October 31, 2015



Following the MSH/UHN Geriatrics Update event, division members gathered at the Shangri-La Hotel for high tea.

Upcoming Social Committee events will be announced via email.

Cognitive Enhancers Raising Funds for Alzheimer Society

Colleagues, friends and families are all invited to join the Resident Geriatric Interest Group (RGIG) to raise awareness and funds in support of the Alzheimer Society of Toronto by participating in the *Walk for Memories*. The RGIG's registered team name is the Cognitive Enhancers.

Saturday, January 30, 2015

9am - 12pm, followed by lunch (location TBD)

INDOORS beginning at Brookfield Place

2.2km total within underground PATH system



**WALK FOR
ALZHEIMER'S
MAKE MEMORIES
MATTER™**

Support the Cognitive Enhancers!

Join the team and walk! [Click here](#)

1. Click Register (see top right)
2. Click Join a Team
3. Enter team name, "Cognitive Enhancers"
4. Click Join and complete form

Donate to help Cognitive Enhancers reach their fundraising goal - [click here](#)

1. Choose option Search for a Team
2. Enter "Cognitive Enhancers"
3. Click Donate Now and complete form

If you have any questions, please email jill.alston1986@gmail.com

This annual event raises awareness and funds to support programs and services in communities that are geared towards improving the quality of life for people living with dementia as well as their families.

Upcoming Events

- **Baycrest Rounds** (Thurs, Jan 21; 12pm-1pm) Mark Handelman, topic TBA
- **RPC** (Wed, Jan 27; 5:30pm via teleconference)

- **Journal Club** (Fri, Jan 29; 8:00am-9:00am via videoconference)
- **Alzheimer Society Walk for Memories** (Sat, Jan 30; 9am-12pm, Brookfield Place) See *Social Committee & Advocacy Update, "Cognitive Enhancers..."* below.
- **Baycrest Rounds** (Thurs, Feb 4; 12pm-1pm) Dr. Yaser Habeeb, "Treating Hypertension in the Elderly"
- **Baycrest Rounds** (Thurs, Feb 18; 12pm-1pm) Dr. Jayna Holroyd, "Elder Friendly Care in ALberta: Opportunities for Shared Learning & Collaboration"
- **Executive Committee** (Wed, Feb 24; 5:30pm via teleconference)
- **Baycrest Rounds** (Thurs, Mar 3; 12pm-1pm) Dr. Kathy McGilton, topic TBA
- **RPC** (Wed, Mar 30; 5:30pm via teleconference)
- **Baycrest Rounds** (Thurs, Apr 7; 12pm-1pm) Dr. Don Melady, topic TBA
- **Executive Committee** (Wed, Apr 27; 5:30pm via teleconference)
- **DoM 14th Annual Education Achievement Celebration** (Wed, May 11; 5:30pm-7:30pm, Hart House) See *"SAVE THE DATE: DoM May Events"* below.
- **DoM Annual Day** (Thur, May 26; 1pm-8pm at the Gardiner Museum) See *"SAVE THE DATE: DoM May Events"* below.

SAVE THE DATE: UofT May 2016 Events

FoM 14th Annual Education Achievement Celebration (Wed, May 11)

This faculty-wide award celebration is an evening to celebrate and showcase excellence in teaching and education. Additional information about this event, as well as photos from last year's event, are available on the [EAC's webpage](#).

DoM Annual Day (Thurs, May 26)

The DoM annually honours the research, scholarship and teaching achievements of faculty and trainees, alike.

The event will feature a selection of oral presentations followed by the Department of Medicine's annual awards ceremony and will be held on May 26 (1pm-8pm) at the Gardiner Museum (111 Queen's Park).

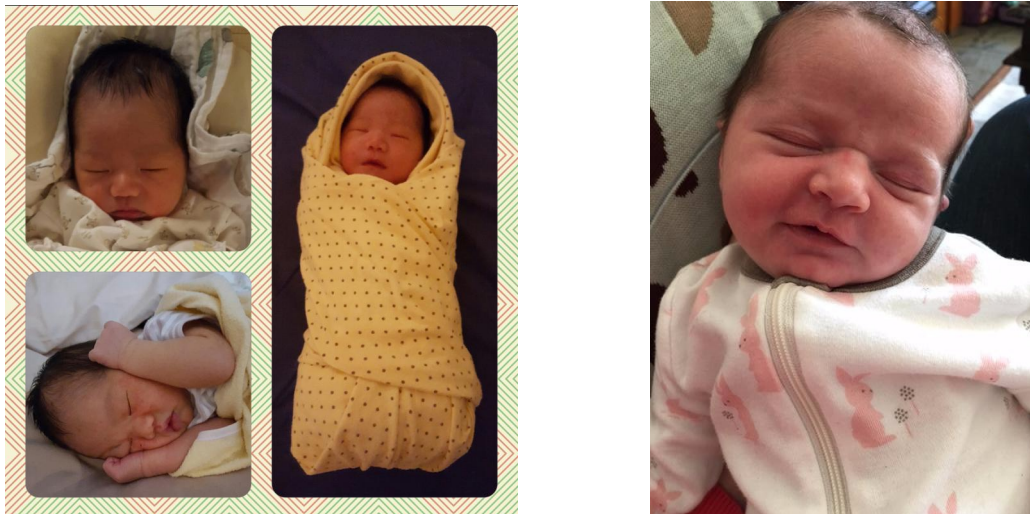


Last year's proceedings included poster presentations by **Karen D'Silva** and **Dov Gandell** (*Geriatric Medicine Residents-as-Teachers*); as well, the 2014/15 PGY5 cohort (**Grace Leung, James Young, Jason Kerr, Dilpriya Mangat, Amanda Gardhouse** and **Catherine Talbot-Hamon**) was invited to present their QI initiative, *Bring Your Own Meds (BYOM)*. The [Annual Day 2015 slide show](#) features some familiar faces!

ANNOUNCEMENTS

Stephanie Siu (PGY5) and partner Cory Wong are new parents to their son, Brandon Wong, born December 12 - see collage below.

Amanda Gardhouse (PGY5) and her partner welcomed daughter Harper Bellefeuille MacDonell, their 2nd child, on November 2, 2015 - photo below.



Jillian Alston (PGY4) wed partner Chris Kandel on October 3, 2015 alongside family and friends at The Glass Factory in Toronto.

Arlene Bierman is serving as Director of the [Centre for Evidence and Practice Improvement](#) at the US Agency for Healthcare Research and Quality. The Center consists of five divisions - Evidence-Based Practice Center Program, U.S. Preventive Services Task Force Program, Division of Decision Science and Patient Engagement, Division of Health Information Technology, Division of Practice Improvement - and also also includes the National Center for Excellence in Primary Care Research.

RECRUITMENT OPPORTUNITY

WANTED: Regina Qu'Appelle Health Region Geriatrician

Saskatchewan colleagues are looking to recruit a geriatrician! The Regina Qu'Appelle Health Region is expanding its services and is currently seeking candidates for a community-based contract position with a competitive compensation package. [View job posting here](#)

For additional information about this opportunity, please contact Gretta Lynn Ell (grettalynn.ell@rqhealth.ca / (306) 766-5752) who is the lead for the geriatrics program and its development.

FACULTY PUBLICATIONS

To access recent publications from your colleagues, click link below:

[Faculty Publications \(August 2015 - January 2016\)](#)

Feature Article:

Slow Stream Rehabilitation: A New Model of Post-Acute Care.

Leung G, Katz PR, Karuza J, Arling GW, Chan A, Berall A, Fallah S, Binns MA, Naglie G. J Am Med Dir Assoc. 2015 Dec 2. pii: S1525-8610(15)00666-0. doi: 10.1016/j.jamda.2015.10.016.

- *First author, Grace Leung, is Co-Chief Resident of Geriatric Medicine*



Have an upcoming event or announcement to share with the division?

Send details to:

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