

Health and Ambulance Services Committee

From: JayLawrence [REDACTED]
Sent: Wednesday, 14 October 2015 1:54 PM
To: Health and Ambulance Services Committee
Cc: [REDACTED]
Subject: Qld Mental Health Draft Bill

To All Concerned

The minds of people are their, and our society's, greatest asset. This is not a glib statement and I wish to challenge the reader of it to stop and contemplate it for more than a moment.

In respect to the upcoming Qld Mental Health bills I wish to voice the following:

1. It scares me that psychiatrists, who have clearly admitted in their various text books and public statements, that **they do not know how the minds works**, are in a position of government legislated authority for the field of "mental health".
2. I question what it is that has motivated both parties to submit bills on this topic at the same time and who has proposed the content of these bills?
3. I find it worthy of ponder that ECT, DBS, drugs and other mental health "treatments" are allowed at all when point 1. is taken into account.
4. I am amazed that any political party with the well being of its constituents at heart would lobby for any of these "treatments" let alone ECT being able to be applied to persons through application of a psychiatrist to a board of psychiatric peers, when there is no requirement that it be ratified by: a familial member, doctor or lawyer or even a panel of magistrates or higher, when the treatment is at best a guess. This is a person's mind that is being dealt with!
5. I question the sanity of those who allow and/or would authorize the application of ECT and DBS to pregnant women, thereby potentially effecting the minds of their unborn children.
6. It surprises me that when DBS and ECT have no supporting truly scientific research that they are allowed to be used at all. The only seemingly apparent beneficial effect they have is to make the patient quieter. A whack on the head with a hammer would be cheaper, equally as hit-and-miss effective and possibly and probably less damaging to the patient.
7. The field of psychiatry has a checkered slate to say the least. The proposed penalties for abuses in this field are ridiculous, as in worthy of ridicule. Again, we are talking about people's minds! And again, the fact that those proposing and applying these "treatments" admit that they do not know what the mind is or how it works, are therefore guessing at the efficacy of their treatments and the effects it will have on the recipient.

Perhaps it should be legislated that these treatments first be trialled on the very psychiatrists who propose them.

8. There are certain natural laws for most things. When one introduces arbitraries into such an area it always generates confusion. When one further compounds this confusion through enforcement of these arbitraries through authority, especially arbitrary authority, the confusion is compounded. Once confusion is created in this manner the introduction of further arbitraries is almost guaranteed since the

only apparent way to handle the confusion is to lock it down. As arbitraries are introduced it becomes easier and easier to introduce, and have accepted, more arbitraries, especially in the form of authorities to control the confusion generated by the preceding arbitraries. (Confusing isn't it?)

The field of psychiatry is a perfect example of this principle:

- a. Psychiatry has repeatedly stated that they do not know what the mind is or how it works.
- b. Through self-proclamation alone psychiatry has been given government authority to legally state that they, and their near cousins psychologists, alone are the only legally recognized "mental health experts".
- c. Through this governmentally validated arbitrary psychiatry has further been given authority to:
 - i. Attack anyone who challenges their authority
 - ii. Enforce their will on others
 - iii. Promote "treatments" that have no scientific basis or proven efficacy
 - iv. Forcibly apply these "treatments"
 - v. Get away with claiming that excuses like:
 1. "The mind is a weird and complex thing and we don't yet fully understand it"
 2. "If only we the patient had come to us sooner"
 3. "If only we had not been hindered by the government's unwillingness to give us access to certain treatments and greater powers"

I am shocked that a body of relatively intelligent people, speaking of our politicians and public servants, could even consider giving psychiatrists authoritative "mental health" control of our citizenry.

The bills propose that for a person to have the capacity to consent they must recognize that they are "mentally ill" as determined by a psychiatrist who has been trained in a subject whose legitimacy is at best questionable. Examples:

- d. The bills allow that to have the capacity to consent to treatment a person must have the capacity to recognize that they are mentally ill and therefore make sound determinations which would mean that they are not mentally ill. Do you get that this is an oxymoron?
- e. For a psychiatrist(s) who has/have studied a bunch of textbooks that openly state, "We don't know what the mind is or how it works" to be given licence to then make the determination as to whether someone is mentally ill or not is another oxymoron.
- f. That politicians and public servants are willing to hand these authorities to a group that claims that they are the "mental health experts" but admits that they "don't know what the mind is" is an oxymoron.
- g. Do you get that this is an oxymoron on an oxymoron on an oxymoron? (And we are back to the introduction of arbitraries generating confusion)
- h. ADHD is a prime example of this. Psychiatry themselves state in the DSM IV that there are no reliable tests for ADHD and yet people are forcibly being administered drugs and other "treatments" for this "mental illness" that was theorised by psychiatrists but has never been scientifically proven.

Who wrote these bills?

9. I frightens and angers me that politicians are either unwilling or unable, or both, to confront the topic of mental health but are willing to legislate to give physical control and forcible treatment to a group who has stated that their "treatments" are speculative.
10. If psychiatry actually knew what they were doing, or why they were doing it to, or had theories that actually produced beneficial results:
 - a. Why are psychiatric patients almost never "cured"?
 - b. Why are the number of supposedly "mentally ill" people increasing?

- c. Why are both political parties looking to give greater and greater authority and power to a group which factually has a less than 50% success rate?
- d. Why is it that around the world psychiatric patients are increasingly responsible for horrific acts of violence? Is it that:
 - i. The psychiatrist's patient was already bent in that direction and their psychiatrist who was guessing at their treatment couldn't help actually them or,
 - ii. That the treatment the patient was given actually made them worse?

It is one or the other, there are no other logical alternatives.

In conclusion. I am not really writing to discuss the proposed bills and their content. I am writing to question the very logic of giving recognition to this group called "psychiatrists" who, by self-proclamation alone and no significant supporting evidence, are "legally" and "authoritatively" recognized as the "experts in mental health". And that this gross arbitrarily introduced error in judgement is further compounded by giving them legal authority to forcibly commit their experiments on ANY of the inhabitants of this nation (and yes, "any" means you and those you hold dear to you) and that no court or other group or individual can stop it.

To me, all of the above is insanity.

Regards

Jay

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