

# Vukanī!

AGASTI 2012



**NGABA UGONYAMELO  
LUYA KUZE LUPHELE?**

# Vukani!

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**UGONYAMELO  
LUSENZEKALISA  
SONKE**



**N**GABA ukho umntu ongazange achatshzelwe lugonyamelo? lindaba zamihla le zizaliiswe lulo. Ngenxa yogonyamelo, sihlala siphakuzela esitratweni nasemsebenzini, singasathethi ke ngabantwana aboyika ukuxhatshazwa ngabanye esikolweni. Nokuba sele besekhaya, indawo abamele bazine benqabisekile kuyo, izigidi zabantu—ngakumbi amabhinqa—baziva bengakhuselekanga. Kuya ngokwamazwe, afikelela kwiipsente ezingama-70 amabhinqa aye abethwa ngamaqabane awo.

Kumazwe amaninzi, abantu boyika ugonyamelo iwezopolitiko okanye izidubedube zasekuhlale ni okanye ubunqolobi. Olu loyiko lubonakala ngokwanda kweekhamera ezisetyenziswa ziintlolakwamanye amazwe, ngakumbi lawo aye azizisulu zabanzolobi.

Ukuthengwa kwezi khamera, kuyishiya incumile imizi-mveliso evelisa ezi khamera—naku ba uqoqosho Iwehlabathi ludodobala. Ngoobani abahlawulela ezi zixhobo? Inyaniso kukuba, sithi sonke ngerhafu kuquka nenyi imali etsalwayo. Ezi ndleko zinokuya zinyuka ngakumbi njengoko imilinganiselo yezokhuseleko iya isiba qatha.

Imiphumo ebuhlungu yogonyamelo imele ise-nze sicingisise ngemilinganiselo yethu nangezinto esizikholelwayo. Inqaku elilandelayo liza kuxubsha ngale mibuzo: Amajelo osasazo adlala yiphi indima ekusasazeni ugonyamelo? Ziziphi izinto eziphembelela indlela esilujonga ngayo ugonyamelo? Sinokuzikhuela njani kwiimpe-mbelelo ezingakhiyo?



# UKUTHI PHITHI LUGONYAMELO

**I**HLABATHI lanamhlanje lithe tii lugonyamelo. Inyaniso kukuba ugonyamelo belusoloko lumphambili kwiindlela zokuzonwabiso. Noko ke, iMedia Awareness Network ithi: "Kutshanje kuye kwe-nzeka utshintsho kugonyamelo oluboniswa kumjelo osasazo. Olo tshintsho kukuba, luye Iwaqatsela. Ngoku lumasikizi ngakumbi, luthe chatha ekuboniseni iintlobano zesini, nokungcungcuthe-kiswa kwabanye." Khawucinge ngezi nkalo zilandelayo.

**Umculo:** Lo mthombo uchazwe ngasentla uphi-

nda uchaze ukuba "okukhona umculo uvakalisa ugonyamelo ngakumbi kokukhona nabantu bewuthanda." Ezinye iingoma zinamazwi angcolileyo, azukisa ukubulala nokudlwengula, kuquka okwabafazi noomama.

**Imidlalo yevediyo:** Elinye iphephancwadi labathanda imidlalo yevediyo eBritani lathi: "Intu ebuhlungu kukuba, abantu abadlala le midlalo bathanda uphalazo-gazi. Longeza lathi: "Umntu othanda le midlalo umele aluthande ugonyamelo ukusa kumkhamo othile." Ngokomzekelo, komnye umdlalo

**Vukani!** **ISIZATHU SOKUPAPASHWA KWALO LINDI-XESHA** kukukhanyisela intsapho iphela. Ubonisa indlela yokuhlangabezana neengxaki zanamhlanje. Uchaza iindaba, ubalisa ngabantu abakumazwe amaninzi, uhholisisa unqulo nenzululwazi. Kodwa wenza okungakumbi. Uphanda nzulu uze walathe kwintsingelo yokwenene yeziganeko zangoku, kanti uhhla engundilele ngakwezobupolitika yaye akaphakamisi olunye uhlanga ngaphezu kolunye. Okubaluleke ngokonakona kukuba, eli phephancwadi lakha intembelo kwidingga loMdali lehlabathi elitsha loxolo nonqabiseko esele liza kuthabathel' indawo le nkqubo yezinto ikhoyo ingendawo nechas' umthetho.

Eli phephancwadi alithengiswa. Liyinxalenye yomsebenzi wokufundisa ngeBhayibhile owenziya emhlabenzi wonke, oxhaswa ngeminikelo yokuzithandela. Ngaphandle kokuba kuboniswe ngenye indlela, kweli phephancwadi, iingcaphuho zeZibhalo zithayathathe kwiNgqulelo Yehlabathi Elitsa YeZibhalo Ezingcweli. Apho Kuboniswe khona ngokuthi NW emva kwesicatshulwa, oko kubonisa ukuba okugqulelwego kuthayathwe kwi-New World Translation of the Holy Scriptures—With References, yowlimi lweNgesi.

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## Ukhetho esilwenzayo kwindlela yokuzonwabisa lunokuyiphembelela indlela esilujonga ngayo ugonyamelo

othandwayo, abadlali bayakwazi ukungomba abafazi bafe ngephini lokuqhokra *ibaseball*. Ekubeni umntu ebandalakanyeka xa edlala imidlalo yevidiyo, abasemagunyeni bakholelwa ukuba le midlalo inokuba nempebelelo embi gqitha ebantwaneni ngaphezu komabonwakude.

**limovie:** Uphando lubonisa ukuba ugonyamelo, iintlobano zesini nokuziphatha kakubi kuye kwna gqitha *kwiimovie*, yaye akunakuthenjewa kwiminyaka yobudala babantu ezibafaneleyo eboniswa kuzo. Ngapha koko, ayibi “ngabantu ekuthiwa babi” abanogonyamelo. Ngokutsho kolunye uhlolisiso, phantse isiqingatha sogonyamelo lukanabonwakude, *kwiimovie*, nasemculweni lwenziwa “ngabantu ekuthiwa balungile.”

**lindaba:** “Xa zibonisa ugonyamelo oluninzi, kukhona zithandwa” ibe yiloo nto efunwa ngabavelisi beendaba. Iindaba zingenisa imali eninzi, ibe nabantu beendaba bayazi ukuba ugonyamelo lutsala abantu abaninzi yaye okukhona besiba baninzi ababukeli kokukhona besiba baninzi nabantu abafuna ukuthengisa izinto zabo kwelo jelo, ibe iinkubo zikamabonwakude zixhomekeke kwimali yabo bakumazwe amaninzi.

**liWebsayithi:** Kwi-Intanethi kufumaneka imifanekiso eyenziwego neyokoqobo yabantu abangcungcuthekiswayo, eyabaxhaxhiwego, abanqunyulwe amalungu omzimba, neyababulewego. Abantwana abaninzi bayayibona le mifanekiso.

### Ngaba Ugonyamelo Lwamajelo Osasazo Lunokuba Nempembelelo Kuwe?

Ngaba ugonyamelo oluboniswa kumabonwakude, *kwiimovie*, ezincwadini, emculweni na-kwezinye iindlela zokuzonwabisa lunempembe-

lelo ebantwini? Yinyaniso ukuba, abo baxhamla yo ngokusasaza olu gonyamelo bahlala beluthe-thelela ngelithi aluyongozi. Kodwa khawukhe uciinge ngoku: Ukuze baphembelele indlela abacina ngayo abantu, oosomashishini bahlawula iibhiliyon i zeerandi kwintengiso, nalapho intengiso nganye idlala nje imizuwana engama-30 kuhphela. Ukuba kunjalo, ngaba kusengqiqweni, ukgqiba ekubeni *imovie* yemizuzu engama-90, enabdlali abaphambili abaziphethe kakubi nabangoonyamelo, ayiyi kuba nampembelelo ingako okanye ingabi nayo kwaphela, ngakumbi kwiingqondo zabantwana ezithabatheka yinto yonke?

UMdali wethu, uYehova uThixo ukwazi bhetele ukuyilwa kwabantu ngaphezu kokuba thina siza zi. Yintoni asixeleta yona ngokunxulumana nabantu abanogonyamelo—esinokuthi baqua abo basingixha ngalo kumajelo athandwayo? Khawuci ngezi zibhalo zilandelayo zeBhayibile:

● “UYehova uhlolisisa lowo ulilungisa kwana-lowo ungendawo, yaye umphefumlo Wakhe umthiyile ngokuqinisekileyo nabani na othanda ugo nyamelo.”—INdumiso 11:5.

● “Musa ukuba liqabane lakhe nabani na onomsindo; yaye unghahlali nomntu obhabhama ngumsindo, khon’ ukuze ungaqhelani nomendo wakhe kuze oko kuge ngumgibe emphefumlweni wakho.”—IMizekeliso 22:24, 25.

Kakade ke, asinakukwazi ukuzikhuela singaziboni zonke izinto ezinempembelelo embi. Kodwa siyakwazi ukukhetha indlela yokuzonwabis a nabantu esifuna ukuxulumana nabo. Ngo-ko ke zibuze oku, ‘Ndifuna ukuba ngumntu onjan-i?’ Emva koko nxulumana nabantu abalolo hlobo ufuna ukuba lulo, abantu abanemilinganiselo nosukelo olufanayo nolo ulufunayo.—IMizekeliso 13:20.

Ngoxa indlela esikhetha ngayo abantu esinxulumana nabo nendlela yokuzonwabisa zinokuyiphembelela indlela esilujonga ngayo ugonyamelo, zikho nezinye izinto ezinokusiphembelela. Ziziphi ezo zinto?

**UBUNGATHANDA NA UKUFUMANNA INKCAZELO ENGAKUMBI OKANYE ISIFUNDO SE-BHAYIBHILE SESISA?** Bhalela amaNgqina kaYehova usebenzisa iadresi efanelekileyo: Ukuze ufumanza eziyne iadresi, jonga i-www.watchtower.org/address. America, United States of: 25 Columbia Heights, Brooklyn, NY 11201-2483. Australia: PO Box 280, Ingleburn, NSW 1890. Britain: The Ridgeway, London NW7 1RN. Canada: PO Box 4100, Georgetown, ON L7G 4Y4. Ghana: P. O. Box GP 760, Accra. Kenya: P.O. Box 21290, 00505 Nairobi. Malawi: Box 30749, Lilongwe 3. Mozambique: Caixa Postal 2600, Maputo. Nigeria: P.M.B. 1090, Benin City 300001, Edo State. South Africa: Private Bag X2067, Krugersdorp, 1740. Zambia: Box 33459, Lusaka 10101. Zimbabwe: Private Bag WG-5001, Westgate.

<sup>+</sup> Ikufumaneka nangeCD. <sup>◦</sup> Ikufumaneka nangeCD (MP3 format).

<sup>◦</sup> Ikhoherekhodiweyo kwi-www.jw.org.

# OONOBANGELA BOGONYAMELO

## UGONYAMELO LUQALA KUTHI

Nakuba zininzi izinto ezinokubangela ugonyamelo, ubukhulu becalaluphuma kwalapha kuthi. Njani? UYesu Kristu, owayenolwazi kakuhle ngentliziyo yomntu wathi: "Kuba ngaphakathi, entlizi-yweni yabantu, kuphuma iingcinga ezimbi: uhenyuzo, ubusela, ukubulala, ukurexeza, iinkanuko, izenzo zobungendawo, inkohliso, ihambo evakalala, iliso elinomona, ukunyelisa, ikratshi, ukungabikho ngqiqweni." (Marko 7: 21, 22) Ezi zinto zivuselelwa kukuhlala kwethu sizijonga, siphulaphula okanye sicinga ngazo.—Yakobi 1:14, 15.

Kwelinye icala, xa iingqondo zethu sizondla ngezinto ezakhayo, njengezo zikhankanywe kwinqaku elikwiphepha 8, siyibulala ngendalla yaye 'siyayibhubhis' iminqweno embi size sikhulise leyo ilungileyo. (Kolose 3:5; Filipi 4:8) Uyakwandula ke uThixo asincede 'asenze somelele kumtu esinguye ngaphakathi.'—Efese 3:16.



**ZITHANDA** ukuntsonkotha izinto ezibangela ugonyamelo. Asinakuhlala sityola unxulumanu, indlela yokuzonwabiswa okanye imeko yentlalo. Zininzi izinto ezinokuba ngoonobangela kuquka ezi zilandelayo.

**Ukuxakaniseka nokuphelelwa lithemba.** Maxa wambi abantu babhenela kugonyamelo xa becinezelwe, becalulwa, becinezelwa ngokwentlalo okanye ngokoqoqoshokanye xa bevakalelwakukuba abakwazi kubulawula ubomi babo.

**Umoya wehlokondiba.** Njengokuba sisoloko sibona kwiziganeko zemidlalo, kubonakala ukuba abantu aboyiki ukwenza izinto ezimbi. Kubangelwa yintoni oko? Incwadi ethi *Social Psychology* ithi, "abayiqondi nciam imilinganise lo yokuziphatha, bavele bakhetha ugonyamelo njengesicombululo." Enye incwadi ithi, abantu abanjalo, basenokuba ngooothoba sikutyele abangawkazi kucinga, "abangazikhatazi kwaphela ngembopheleleko abanayo ekuhlaleni."

**Intiyo nomona.** Isiganeko sokuqala sokubulawa komntu esichazelwa ngaso kwimbali yoluntu senziwa yindoda egama linguKayin. (Genesis 4:1-8) Engaziva ngumona nettiyo, uKayin wambulala umntakwabo—nasemva kukuba ecetyiswe nguThixo ukuba azibambe emthembisa ngokumsikelela xa ezibamba. Kodwa ke achane ngokwene amazwi eBhayibhile athi: "Kuba apho kukho ikhwele nokusukuzana, kubakho isidubedube nabo bonke ububi!" —Yakobi 3:16.



## UGONYAMELO LUZIXHAPHISA AMAGWEBU IINGCALI

Yintoni eyenza kubekho amazwe ekubulawa abantu ngomlinganiselo ophindwe izihlandlo ezingama-60 kumanaye? Kutheni iimfazwe nezinye iintlobo zogonyamelo zi-soloko zikho kwimbali yolu-nu? Mininzi imibuzo ephaka-mayo; zimbalwa iimpendulo ezanelisayo.

Abanye abaphandi bathi ugonyamelo lubangelwa bu-buhlwempu nokungalingani. Olunye uhlolisiso luthi, malunga neepesente ezingama-90 zabantu abafa ngogonyamelo, baquka abo bazibula-layo, bakumazwe alambayo, yaye iindawo ezinamahlwempu ezixekweni isoloko ize-zona zinolwaphulo-mthetho gqitha. Kodwa ngaba ngamahlwempu abona bantu banogonyamelo? Ngaba ngawona ajamelana nogonyamelo ngakumbi ngenxa yokubi-kho kwemithetho eluqilima kwiindawo? Kodwa ke kukho iindawo ezifana neCalcutta, elndiya, apho kuhlala izigidi zabantu abaziimpula zikaLu-jaca. Ukanti, iCalcutta yeyona ndawo inabantu abambilwa abafa ngogonyamelo ehlaba-thini.

Abanye batyholo ukufuma-neka lula kwemipu. Yinyani-so, imipu yenza abantu aba-nogonyamelo babe yingozi ngakumbi. Kodwa kutheni ku-kho iindawo ezinabantu aba-ninzi gqitha abanogonyamelo? Nakuleyo inkalo, iingcali ziyaphikisana.

**Ukusetyenziswa kakubi kotywala neziyobisi.** Ukusetyenziswa kakubi kweziyobisi akwaneli nje ukonakalisa umzimba nengqondo, kodwa kwenza ingqondo yomntu inga-kwazi ukuzilawula. Ngenxa yempembelelo yazo umntu unokuthanda ukuba nogonyamelo aze acaphuke msinya.

**Ukusilela kweenkquo zomthetho ukulwa ulwaphulo-mthe-tho.** INTshumayeli 8:11 ithi: “Ngenxa yokuba isigwebo nxamnye nomsebenzi ombi singaphunyezwa ngokukha-wuleza, ngoko intlizyo yoonyana babantu izele ngaphaka-thi kwabo kukwenza okubi.” Iinkquo zomthetho ezibu-thathaka, ezisilelayo ukwenza umsebenzi wazo nezonake-leyo ziyalukhuthaza ngandlel’ ithile ugonyamelo.

**Unqulo lobuxoki.** Unqulo lusoloko lunxulunyaniswa nogonyamelo, kuquka ugonyamelo lwamahlelo nolwabanqolobi. Noko ke, akunakugxekwa kuphela abo banenzondelelo yempambano ngonqulo. Kuzo zombini iimfazwe zehlabathi, amarhamente eecawa eziphambili—“ezobuKristu” nezo ingezozabuKristu—ayexhelana, lonke elo xesha ese-njenjalo emva kokusikelewa ziinkokeli zabo zonqulo. Izenzo ezinjalo ziyamcaphukisa uThixo.—Tito 1:16; ISityhile-lo 17:5, 6; 18:24.

Ekubeni zininzi kangaka izinto eziphembelela okanye eziukisa ugonyamelo, ngaba inokwenzeka into yokuba sibe ngabantu abathanda uxolo kweli hlabathi? Ewe, ino-kwenzeka njengokuba siza kubona.

# UNGAKUFUNDA Ukwenza Uxolo

**N**AKUBA sizalwa sityekele kokubi, ugonyamelo sidla ngokulufunda. Kunjalo ke, na ngokwenza uxolo. Ngubani ke onokusifundi sa iindlela zoxolo lokwenene? Akuthandabuze-ki ukuba, oyena mntu unegunya loko nguMdali wethu, yena unobulumko obungenakuthele-kiswa. Cinga nje ngezi ngongoma zintlanu zil-andelayo kune nobulumko bazo obuxabisekileyo obuphuma eBhayibhileni.

**1 “Musa ukuyimonela indoda enogonyamelo.”** (IMizekeliso 3:31) Yiqonde into yokuba amandla okwenene afumaneka kwiimpa-wu ezifana nokuzeyisa nokululama. IMizekeliso 16:32 ithi: “Ozeka kade umsindo ulunge ngakumbi kunendoda enamandla.” Kanye njengodonga olomeleleyo lwedama, uyakwazi ukunyamezelia into emcaphukisayo. Enyanisweni, xa kukho into emcaphukisayo yena uyalulama, ngaloo ndlela ‘esusa umsindo.’ (IMizekeliso 15:1) Kodwa yona indoda enomsindo, isuka ivuthe nokuba yinto engekhoyo.—IMizekeliso 25:28.

**2 Zikhetho ngobulumko izinxulumaniza kho.** IMizekeliso 16:29 ithi: “Umuntu onogonyamelo uyalilukuhla idlelane lakhe.” Kwelinye icala, “ohamba nezilumko uya kuba sisilumko naye.” (IMizekeliso 13:20) Ewe, xa sinxulumania nabantu abathanda uxolo abakwaziyo ukuzeyisa baze bazibambe, oko kuya kusenza sizame ukubaxelisa.

**3 Zabalazela ukubathanda ngokunyanise-kileyo abanye.** Eyona ndlela iluchaza kakuhle uthando kuzo zonke ezakha zabhalwa ifumaneka kweyoku 1 kwabaseKorinte 13:4-7. Inxalenye yayo ifundeka ngolu hlobo: “Uthando luzeka kade umsindo yaye lunobubele. . . . Alucaphuki. Alunanzondo. . . . Luthwala izinto zonke, . . . Lunyamezelia izinto zonke.” UYesu wathi, ukuba sifuna ukuxelisa uThixo ngothando, simele sithande neentshaba zethu.—Mateyu 5:44, 45.

**4 Thembela kuThixo ukuze ujamelane nabolangendawo.** UYehova uthi: “Musani ukubuyisela ububi ngobubi nakubani na. . . . Zamanzi ngokusemandleni enu, ukuba noxolo nabantu bonke. Musani ukuziphindezelela, zintanda, . . . kuba kubhaliwe kwathiwa: ‘Impindezeloyeyam; kuya kubuyekeza mna, utsho uYehova.’” (Roma 12:17-19) Xa sinokholo kuThixo nakwizithembiso zakhe, siya kuba noxolo lwanaphakathi abangenalo nabangenakuze balu-qunde abo baswele ukuholo.—INdumiso 7:14-16; Filipi 4:6, 7.

**5 Lindela kuBukumkani bukaThixo ukuze kubekho uxolo lokwenene emhlabenzi.** UBukumkani bukaThixo ngurhulumente wokwenene wasezulwini osele uza kuphelisa bonke ubungendawo uze ulawule kuwo wonke umhlaba. (INdumiso 37:8-11; Daniyeli 2:44) Xa kulawula obo Bukumkani, “uya kuhluma olilungisa,” yaye kuya kubekho ‘uxolo oluninzi ide ingabi sabakho inyanga.’—INdumiso 72:7.

Ezi mfundiso zeBhayibhile ziye zanceda izigidi zabantu—kuquka abathile abathanda ugonyamelo—baba ngabathandi boxolo. Umzekelo onokusinga ngawo ngulowo kaSalvador Garza.



## NDANDILUTHANDA UGONYAMELO

KUBALISA USALVADOR GARZA

NDAKHULA, ndiluthanda ugonyamelo, ndingu-phuma silwe xa kukho umntu ondicaphukisayo. Intshatsheli yamanqindi yendawo yam yakuphawula oko yaza yandiqeqeshela ukulwa. Zange kube kudala ndabe sele ndityhyutya iUnited States njengembethi-manqindi ehlawulwayo. Kamva ndaba ngunogada womnye umgulukudu.

Nasemva kokuba nditshatile ndinabantwa abathandathu ndandisaluthanda ugonyamelo. Ngelo xesha ndandineshishini leklabhu yasebusuku. Nakuba bebaninziabantu ababezama ukundibulala, babundonwabisaga qitha obo bomi. Komnye umlo, ndakha ndadubula amadoda amabini ndawenzakalisa kakubi. Ndinabahlobo bam sakha sapheka indlela yokuqweqwesisa esinye isikhulu sezopolitiko. Amapolisa eva ngelo yelenqe aza andimbaba. Xa amapolisa ayesi kubamba abanye, kwadutuwana baza bonke abo bahlolo bafela apho. Ndiyavuya kuba oko kwenzeka ndisentolongweni!

Kwiminyaka ethile kamva, ndakhululwa ndaza ndafumana umsebenzi. Xa ndandibuya emsebenzini ndaqutulywa yintloko engathethkiyo. Kangangendlela endandisoyika ngayo ndade ndathandaza ndicela uncedo. Inkosikazi yam, uDolores, owayefunda iBhayibhile namaNgqina kaYehova wayendixelete igama likaThixo—uYehova. (INdumiso 83:18) Ngoko ke, ndathandaza kuye ngokunggalileyo.

Emva kokuphila kwam, uDolores wandikhu-thaza ukuba ndiye kwiintlanganiso zamaNgqina kaYehova kwiHolo yoBukumkani yawo. Ngenxa yobubele nomdla onyanisekileyo awa-



***Ukufunda iBhayibhile kwanceda  
uSalvador wafumana uxolo***

yenawo amaNgqina zehla iinyembezi. Nam ndaqalisa ukufundelwa iBhayibhile yatsho ya-tshintsha ngokupheleleyo indlela endandibujonga ngayo ubomi. Ndakuthanda gqitha oko ndandikufunda.

Kodwa ke, kwathatha ixesha ukufunda ukulawula umsindo wam. Ngokomzekelo, ngoxa ndandishumayela kwindlu ngendlu nomhlobo wam, uAntonio ngenye imini, sadibana nendo-da eyathetha unothanda kuthi. Ndavutha ngumsindo ndaza ndayitsibela. Okuvuyisayo kuka, uAntonio wandithibaza. Ngomonde kamva, wandibonisa indlela awanyamezelanga yo uYesu xa wayegculelwephathwa kakubi. Umpostile uPetros, owasebenza kune noYesu wabhala wathi: "Xa wayetshabhiswa, aka-zange aphindise atshabhiswa." (1 Petros 2:23) Loo mazwi andichukumisa gqitha.

Xa ndikhangel emva kutshintsho endi-Iwenze kule minyaka idluleyo, ndihlala ndimbulela uYehova ngomoya wakhe oyingcwele, osincedayo sikuwazi ukuzyeyisa size sithande uxolo ngokwenene. (Galati 5:22, 23) Intsapo yam imanyene yaye siphila ubomi boxolo. Ukongezelela, ndiye ndaxhamla ilungelo lokuba ngumlungiseleli wexesha elizeleyo, ndince-da abanye baftumane uxolo lukaThixo.



# Apho Imali Ihamba Ngemilenze Emine

**K**UMMANDLA wethu ihagu yenyeye yezinto ezibalulekileyo entsatsheni, ngoko ke, ukuyikhulisa kuyimbopheleleko enkulu," utsho njalo uEnmarie Kani, intombazana eniminyaka eli-17 ubudala ehlala kwiinduli zasePapua New Guinea. "Xa uTata wavyecela ukuba ndikhulise intshontsho lehagu, ndavuya kodwa ndinexhala. Ngendlela elalilincanane ngayo ndandicinga ukuba liza kufa."

UEnmarie walinyamekela njani elo ntshontsho lehagu? Yintoni eyenza iihagu zixabiseke njengemali kubantu bamaphandle asePapua New Guinea? Khawuve oko akubalisele uVu-kani!

## Khawusichazele indawo ohlala kuyo.

Mna nabazali bam nabantwana basekhaya abane—amantombazana amabini namakhwenkwe amabini—sihlala kwinqugwala elincinane elifulelwé ngengca kwilali esemagqagalení kwii-Nduli zaseNtshona. Le lali inabemi abamalunga nama-50, bonke bazizalamane zam, yaye sihlala ecaleni komlanjana onqumla kwintshinyela ye-hlathi elikwezo nduli.

Inkoliso yabantu belali yethu iphilá ngokulima. Intsapho yakuthi inegadi enkulú yemifuno, apho silima khona ibhatata, amathanga, iko-



mkomere, ikofu nezinye izityalo. Ndikuthanda gqitha ukulima imifuno yaye ndiyakuthanda no-kusebenza. Icko neminye imisebenzi yendlu endiyenzayo, njengokucoca, ukuhlamba impahla, ndiphinde ke ndinyamekele ihagu yasekhaya.

### Uyinyamekela njani lehagu yakowenu?

Xa uTata wathenga le hagu kunyaka ophelileyo, yayincinane kangangokuba yayiphelela esandleni. Mihla le ndandiyondla ngentlanzi esiliweyo yaxutywa nebhatata ecoliweyo, amanzi netyuwa kune nencindi yomoba. Ebusuku xa kubanda gqitha kwezo nduli, yayilala kwingxowa engenanto yerayisi eyayijinga kwisilingi yendlu kufuphi neziko lomlilo lasekhaya. Ndandilala phantsi kufuphi nayo. Ngenxa yoko, le hagu ayizange nje isinde kodwa yaphila tofotofo!

Zange ndiyithiye igama. Ndandiyibiza nje ngokuba nguHagwana, ibe elo yaba ligama layo. Ndamnyamekela ke uHagwana ngokungathi lusana Iwam—ndimondla, ndimhlamba yaye ndidlala naye kangangeeyure. UHagwana waqala ukundithanda kangangokuba wayendilandela naphi na apho ndiya khona.

Wathi akuba mdala, ndahamba naye kwindella entsha esisayihamba kune nangoku. Ndimfaka intambo, ndize ndiye naye kwisitiya sakuthi semifuno—uhambo lwemizuzu eli-15 ukusuka ekhaya. Apho ndibophelela loo ntambo emthini aze uHagwana avunduze kuloo gadi imini yonke. Esebenzisa loo ntamo yakhe yomeleleyo nemhemfu, ugrumba iingcambu nemisundulu lu kwangaxeshanye elima aze achumise umhlaba. Ekuphele ni kosuku, ndiya naye ekhaya apho ndifika ndimondle ngebhata ekrwada



Ixesha  
lokuhlamba



Ixesha  
lokudlala



## IINKCAZELO NGEHAGU

- Ubuncinane zifikelela kwizigidi ezibini iihagu ezifuywe kwisiqithi iNew Guinea, umlinganiselo wehagu e-1 kubemi balapho aba-3.
- Ngaphezu kwesiqingatha sabantu balapho abahlala ezilalini bafuye iihagu.

ngaphambi kokuba aye kulala kwindlwana ya-maplanga.

### Kutheni iihagu zibaluleke kangaka kubantu abahlala kwezi nduli?

Thina bantu bahlala kwezi nduli sinesaci esithi, imali yihagu ibe nehagu yimali. Mandulo, ngaphambi kokufika kwemali, abantu baberhweba ngeehagu—ibe oko kusenjalo nanamhlanje. Ngokomzekelo, omnye umthengisi weemoto kwezi nduli wayephisa ngehagu ephilayo kuye nabani na othenga imoto entsha. Iintlanga zidla ngokucombulula iingxaki zazo ngokuhlawulana ngemali neehagu. Abayeni abaninzi badla ngokulobola ngeehagu.

### Uthetha ngokungathi ukuxhela ihagu uyitye kukutya imali esebhankini!

Uchan' ucwethe! Ekuben iihagu zixabiseke kangaka, inyama yehagu sidla ngokuyita kwizihlandlo ezikhethekileyo, njengaxa kukho umngcwabo neminye imicimbi ebalulekileyo. Oko kuthetha ukuba ezinye iintlanga zalapha zidla amakhulu eehagu kwimicimbi emikhulu eyenze-lwe ukubonisa ubutyebi bazo okanye ukubuyisa izitya.

### Apha kokwenu niza kuzenza ntoni ezenu iihagu?

Unyanisile xa usithi “iihagu,” kuba uHagwana uye wazala amantshontsho aliqela, elinye kuwo siye salithengisa kutshanje nge-100 leekina (elingana ne-R300). Loo mali sayisebenissa ukuhlawula ibhasi xa sasisiya kwindibano yesithili yonyaka yamaNgqina kaYehova kwidolophu ekufutshane yaseBanz. UTata ukhe athegise amanye amantshontsho kaHagwana xa kuko izinto amele azinyamekele apha ekhaya.

### Kutheni ningafuyi iihagu ezingakumbi ukuze nifumane imali eninzi?

Usukelo lwethu asikokuba zizityebi, kodwa kukufumana izinto esizifunayo njengokutya, impahla nendawo yokulala. Intsaphe yakuthi inikela ingqalelo kwizinto zokomoya. Ezi zinto ziqluka ukukhonza uThixo wethu, uYehova; ukuya kwiintlanganiso zamaKristu; ukunce-da abanye abantu kangangoko sinako—ngezinto eziphathetekayo okanye ngokomoya—nokwenza izinto kunye njengentsapho. Siphila ubomi obulula, kodwa simanyene yaye sonwabile.

Enyanisweni, ndiyaphangela kuba ndiyalima ngoxa ndikhulisa neehagu—kodwa yimisebenzi yesingxungxo nje leyo. Owona msebenzi wam kukushumayela iindaba ezilungleyo, ukuxella abamelwane bam inyaniso yeBhayibhile. Lo msebenzi uYesu awawuthuma abalandeli bakhe, undigcina ndixakekile kangangeentsuku evekini. (Mateyu 28:19, 20) Ndinethembra lokuba ngenye imini ndiya kusebenza kwifosi yesebe lamaNgqina kaYehova ePort Moresby, aphi kuguqulelwa khona uncwadi lweBhayibhile ngee-lwimi zalapha. Kwanokuba akude kwenzeke oko, ndiya kuhlala ndivuyiswa kukukhonza uYehova nokuxabisa ukuthanda kwakhe ngaphezu kwayo nantoni na enye. Ndinombulelo gqitha ngenkxaso yezinto eziphathetekayo endizifumana ngemali ehamba ngemilenze emine.



## Inkqubo Yokuphehla YeJelifishi

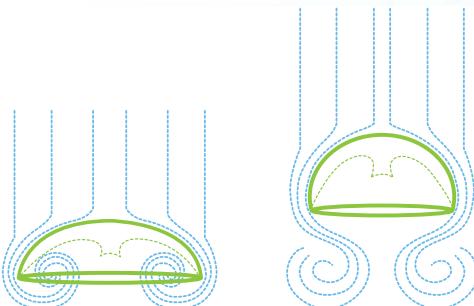
● Umzimba wejelifishi wakhiwe ngamanzi phantse ama-95 ekhulwini ubuncinane yaye uqala kwiisentimitha ezintathu ukusa ngaphezu kweemitha ezimbini ubukhulu. lintlobo ezininzi zejelifishi ziphehla ngesingqi ngokulambisa nokuyekelela loo mzimba wazo ungathi sisisu, njengaxa kuvalwa naxa kuvulwa iambrela.

**Khawucinge ngoku:** Izazinzulu ezifunda ngamandla ezinto eisisemanzini zifumanise ukuba ezinye ijelifishi, nakuba zingenasanya, zinendlela ebangel' umda yokuphehla. Rhoqo zilambisa, loo mzimba wazo uba sisazinge oku kwetyhubhu yevili okanye *idoughnut*, zize ziwytyhale uphume. Xa kusenzeka oko zitsho ziye phambili, kanye njengenqwelo-moya kodwa zona ngesanya sokubetha kwentlizyo. Iphephancwadi iNew Scientist lithi: "Oku kubonakala kulu-la, kodwa kunzima ukuchaza indlela okwenzeka ngayo ngokwemathematika."

Abaphengululi bafundisisa le nkqubo yokuphehla yejelifishi ngenjongo yokwakha iinkwili ezinokukwazi bhetele ukuhamba phantsi kwamanzi. Omnye umphengululi sele evelise inkwili elingana ne-1.2 yemitha ubude exelisa ijelifishi ukuhamba. Le nkwi-

li isebeniza amandla angaphantsi ngama-30 ekhulwini kunaleyi ihamba ngeprope-ller. Enye injongo iphathelele ukusebenza kwentlizyo yomntu. Ekubeni igazi elihamba entliziyweni likhupha ezi zazine zifana netyhubhu, xa zingaphumi kakuhle oko kunkedza zibonwe ngokukhawuleza iimpawu zesifo.

**Ucinga ntoni?** Ngaba le nkqubo yokuphehla yejelifishi yenzeka ngamabonandezile? Okanye yayilwa?



Umzimba wejelifishi uba sisazinge esifana netyhubhu ize iwutyhale itsho iye phambili

# Ngaba Umntu Umele Aye ETempileni, ENgcweleni, Okanye ECaweni Ukuze Athandaze KuThixo?

**A**BANTU abaninzi bahlala besiya kwizakhiwo zonqulo ukuze bathandaze. Abanye bahamba imigama emide besiya kunqula kwezo ndawo. Ngaba nave uvakalelwa ukuba umele uye etempileni, engcweleni, okanye ecaweni ukuze uthandaze? Okanye uvakalelwa kukuba ungathetha noThixo nanini na okanye naphi na? Ithini iBhayibhile?

Ekuqaleni kwabantu, kwakungekho zakhiwo zonqulo. Ekuphela kwendawo eyayikho ngumyezo omhle owawulikhaya labazali bethu bokujala. (Genesis 2:8) Babekwazi ukuthetha noMdali wabo, uYehova uThixo apho kuwo. Kamva, njengoko abantu babesanda, amadoda alungileyo, njengoNowa, “ahamba noThixo oyinyaniso”—onke engenazo izakhiwo zonqulo. (Genesis 6:9) Ayemthanda uYehova ngoko esoloko ethandaza, naye ke ekholiswa ngawo.

## **UThixo Akahlali Kwizakhiwo Ezenziwe Ngezandla**

Amadoda athembekileyo amandulo ayesazi ukuba uMdali womhlaba nendalo iphela aka-hlali kwizakhiwo ezenziwe ngabantu. UKumkani uSolomon osisilumko wabuza: “Ngaba ngokwenene uThixo uya kuhlala noluntu emhlaben?” Echan’ ucwethe waba sele esithi: “Khangel! Izulu, ewe, izulu lawo amazulu, ali-kulingene.”. (2 Kronike 6:18) Yinyaniso ukuba, amaSirayeli amandulo ayenomnquba aze kamva akha itempile awayehlanganisana kuyo xa kukho imithendeleko yaminyaka le yoMthe-tho kaThixo. (Eksodus 23:14-17) Sekunjalo, ayekwazi ukuthandaza kuThixo nanini na—xa

esalusa imihlambi, esemasimini, xa ekunye njengentsapho, okanye ehleli odwa.—INdumi-so 65:2; Mateyu 6:6.

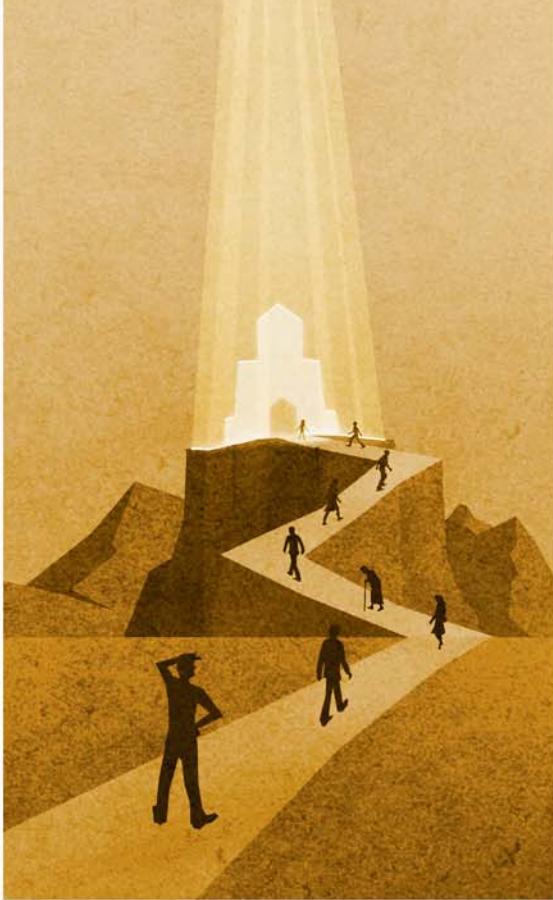
Nathi ke, sinokuthandaza kuThixo naphina, nanini na. Umzekelo wethu, uYesu Kristu, wayedla ngokuya ngasese kwiindawo epholi-leyo aze athandaze. (Marko 1:35) Ngokomzkelo, ngesinye isihlandlo “waphuma waya ku-thandaza *entabeni*, yaye waqhube ka ethandaza kuThixo ubusuku bonke.”—Luka 6:12.

NjengomYuda, uYesu wayesiya kwimithe-ndeleko eyayisiba setempileni eYerusalem. (Yohane 2:13, 14) Phezu kwako nje oko, wathi kwakuya kubakho ilixa apho itempile yayi-nasayi kuba yindawo yonqulo lokwenyaniso. Xa wayethetha nebhinqa elingumSamariya ku-futshane nentaba eseSamariya eyayinetempile yalapho, uYesu wathi: “Liyeva ilixa ekuya ku-thi ngalo ningamnquli uBawo kule ntaba okanye eYerusalem.” Wongeza wathi abanquli bo-kwenyaniso “baya kumnqula uBawo ngomoya nenyaniso.”—Yohane 4:21, 23.

Ewe, eyona nto yayikhathalelw nguYesu yayilunqulo lwenyaniso olusuka entliziyweni ngaphezu kwezitena nodaka. Ngaba oko kwa-kuthetha ukuba abalandeli bakaYesu, ababizwa ngokuba ngamaKristu kamva, babeza kumnqula ngasese kuphela uThixo? (IZzenzo 11:26) Akuthethwa loo nto, ibe zininzi izizathu zoko.

## **Abantu BakaThixo Bayintsapho Yokomoya**

Abakhonzi bokwenene bakaThixo bayintsapho—intsapho yokomoya. (Luka 8:21) Xa



## Ngaba imithandazo iviwa bhetele xa ukwiindawo ezithile?

AmaKristu enkulungwane yokuqala ayehlanganisa phi ukuze anqule anandiphe nobudlane? Ayedla ngokuhlanganisa emizini. (Roma 16:5; Kolose 4:15) Ngokomzekelo, xa wayebhalela omnye umKristu, kuloo leta umpostile uPawulos watetha ‘ngebandla elisendlwini yalo.’\*—Filemon 1, 2.

Nanamhlanje, abakhonzi bakaThixo abafuni zakhiwo ziyokoyoko bafuna nje ezifanelekileyo eziza kulungela bonke abezileyo. AmaNgqina kaYehova anezo ndawo, azibiza ngo-kuba ziiHolo zoBukumkani. Eneneni, kuse-nokwenzeka ukuba ikho iHolo yoBukumkani kwindawo ohlala kuyo. Ezi zakhiwo zihlala zxakekile yaye azinabugocigoci neentlanganiso eziqhutywa apho zilula—ziquka ingoma, umthandazo, neengxubusho zeBhayibhile.

AmaNgqina kaYehova ayixabisa gjitha imithandazo yangasese, amathuba okuthetha kune noThixo. Ngoko ke, mihla le ayathandaza, njengeentsapho nanjengabantu ngabanye ngasese.UYakobi 4:8 uthi, “Sondelani kuThixo, naye uya kusondela kuni.”

\* Igama lesiGrike santlandlolo elithi “ibandla” liguquelewe ngokuthi “icawa” kwezinye iiBhayibhile zesiNgesi.

### NGABA WAKHA WAZIBUZA?

- **Ngaba uThixo uhlala kwizakhiwo ezenziwe ngabantu?—2 Kronike 6:18.**
- **Kuphi apho uYesu wathandaza khona ubusuku bonke?—Luka 6:12.**
- **Kutheni amaKristu okwenyaniso ehlanganisana nje?—Hebhore 10:24, 25.**

intsapho iqhuba kakuhle izinto ezininzi ize-nza kunye, njengokutya kunye ibe oko kuyayo-meleta. Kunjalo ke nangentsapho yokomoya. Lintlanganiso zamaKristu zifana nesidlo soko-moya kuba zisondla ngaphakathi ngoxa ziso-meleta amaqhina okomoya. Umpostile uPawu-los ongumKristu wathi: “Masinyamekelane, si-vuselelane eluthandweni nasemisebenzini emi-hle, singakutyesheli ukuhlanganisana kwethu ndawonye, njengoko kulisiko labathile ukwe-njenjalo, kodwa masikhuthazane.”—Hebhore 10:24, 25.

Ngoko ke, abanquli bokwenyaniso bayaqonda ukuba ibandla linendima ebalulekileyo, kuba linceeda ilungu ngalinye libe neempawu zamaKristu ebelingenakuzifumana xa lilodwa. Ezi mpawu ziquka uthando, ukuxolela, ubube-le, ululamo, noxolo.—2 Korinte 2:7; Galati 5: 19-23.



**N**DILANDELE, Mhlekazi, yiza, intyatyambo, enkulu, entle, emangalisayo,” watsho njalo umkhenkethisi kaJoseph Arnold owayenemincili, ekuhambo lwakhe lokuqokelela iintyatyambo kwisiqithi saseIndonesia iSumatra. Elandela loo mkhenkethisi, uArnold, ingcali ngeentyatyambo yaseBritani, wabona into awayibiza ngokuba “ngummangaliso wokwenene.” Yayi yintyatyambo emangalisayo. Phantse kwiminyaka engama-200 kamva, kwiintyatyambo ezahlukahlukeneyo awazibonayo kolo hambo lwakhe lowe-1818—engayiwayo *irafflesia*—iseyeyona ntyatyambo inkulu ehlabathini.

Kukho iintlobo ngeentlobo zale ntyatyambo *irafflesia*, zonke zikhula kumahlathi akuMzantsi-mpuma weAsia kuphela. Kodwa ke, kukho iintlobo ezintsha ezisafunyanwayo ebezingaziwa. Uhlobo oluvelisa eyona ntyatyambo inkulu kuthiwa *yiRafflesia arnoldii*, eyathiywa ngoJoseph Arnold nalowo wayehamba naye, uMhlekazi uThomas Stamford Raffles, owafumana iSingapore waza wayirhuluneli yayo. Nakuba intle injalo le ntyatyambo, abantu abafane bayisebenzise xa besenza inkatha.

Okokuqala, cinga nje ngobukhulu bayo. Le

# Eyona Ntyatyambo Inkulu EHLABATHINI

ntyatyambo inokukhula ibe malunga nemitha ubukhulu—ilingane nevili lebhasi—yaye ibe nobunzima obumalunga neekhilogram ezili-11.\* Le ntyatyambo inepetali ezintlanu ezingqindilili, ezipinki-bumdaka namabalana angathi ziintsumpa. Ezi petali ziphuma kumngxuma ongathi yimbiza yaye loo mngxuma unokwanelia iilitha ezintandathu zamanzi.

Olkwesibini, cinga ngevumba layo. Xa echa za le ntyatyambo omnye umtu othetha phandle uthi *irafflesia* inuka “okwenyathi esele inethuba ifile,” nto leyo eyenza ikufanele ukubizwa nga-

\* Iintyatyambo zezinye iintlobo *zerafflesia* ziba malunga neesentimtha ezilishumi kuphela ubukhulu.



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*Ithupha lerafflesia* ➤  
*esele liza kudubula*

magama athi isidumbu sentyatyambo nenyibiba enukayo.\* Iimpukane ezithanda izinto ezibolileyo zizo ezisasaza umungu wale ntyatyambo nge-nxa yokutsalwa leli yumba layo.

*Rafflesia* ayinasiqu, ayinamaggabi, okanye iingcambu yaye ikhula kumahlahla aphantsi ehlathi. Xa ithupha *lerafflesia* lidubula kwixolo lelo hlaha ikhulela kulo, elo thupha lithaba-

\* Intyatyambo *ititan arum* (*Amorphophallus titanum*) nayo ibizwa ngokuba sisidumbu sentyatyambo yaye maxa wambi abantu bakhe bayibhidanise *nerafflesia*.—Fundu uVukani! wesi-Ngesi kaJuni 22, 2000, iphepha 31.

tha malunga neenyanga ezilishumi ngaphambi kokuba lidubule, lize likhule libe lelona khaphetshu lakha lalikhulu. Emva kwaloo nkqubo yee-yure eziliqela, kuye kuvele loo ntyatyambo, ivese ubuhle bayo. Ngaphakathi kuyo kukho iqela lamaqhuma ekuthiya ziiprocesses. Awukaziwa kakuhle nangoku umsebenzi wawo, nakuba abanye abaphengululi becingela ukuba kukusa-saza ubushushu ukuze inuke ngakumbi.

Ubuhle bale ntyatyambo abuhlali xesha lide. Emva kweentsuku nje ezimbalwa, iyabuna ize iqalise ukubola, kusale nje inkunkuma emnyama

*Rafflesia arnoldii* yeyona inqabileyo nesecincini lokutshabalala. Yintoni ingxaki? Kufuneka ubuduna nobukhomokazi ukuze idubule kufuphi enye kwenye ukuze zabelane ngomungu, ukanti amathupha amaninzi akade akhule ngo-kwaneleyo okanye de adubule. Isizathu soku kukuba amathupha amaninzi ayavunwa ukuze kwenziwe ngawo amayeza esintu okanye atyiwe. Oku kuye kwalinciphisa ngamandla inani lezityalo ezikhulela endle. Enye ingxaki enkulu yile yokuqhube ka kwabantu betshabalalisa amahlathi amakhulu emvula.

Lilungelo elinqabileyo ukubona *rafflesia*. Ubukhulu bayo buyamangalisa. Inevumba onga-soze ulilibale. Iyachukumisa indlela emile ngayo nombala wayo. Kakade ke, le ntyatyambo iye-yona inkulu ehlabathini ngomnye nje wemisebenzi engenakubalwa emangalisayo yoMdali we-thu. INdumiso 104:24 ithi: “Hayi indlela emini-nzi ngayo imisebenzi yakho, Yehova! Yonke uye-nze ngobulumko. Uzele umhlaba yimveliso ya-kho.”



*Olu ngcelele luneenxaleny ezsibhozo ‘ku-Vukani!’ luhlolisa inkalo ebalaseleyo yeBhayibhile—iziprofeto zayo, okanye izinto eyazichazayo. La manqaku aza kukunceda ufumane iimpendulo zale mibuzo: Ngaba iziprofeto ze-Bhayibhile zizinto nje ezaziqikelewa ngabantu abakrelekrele? Ngaba ngokwenene ziphefumilewe nguThixo? Siyakucela ukuba ukhe uhlolise obu bungqina.*

## Bhayibhile Yaxela Kwangaphambili Ukuba UKristu Wayeza Kubandezeleka Aze Afe

**X**A WEYELAPHA emhabeni kwiminyaka emalunga nama-2 000 eyadlulayo, uYesu Kristu wayesazi ukuba uza kubulawa kabuhlungu ziintshaba zakhe. Wakwazi njani oko? Wayezazi kakuhle iziprofeto eziphathelele yena kwiZibhalo zesiHebhore, okanye “iTestamente Endala.” Ezininzi kuzo zabhalwa ngumprofeti uIsaya kwiminyaka engaphezu kwama-700 ngaphambi kokuba uYesu azalwe. Siqiniseka njani ukuba amazwi kalsaya abhalwa ngaphambi kokuba ezo ziganeke zenzeke?

EWest Bank, ngowe-1947 umalusi waseBedouin wafumana imisongo eyayifhlwe emqolombeni eQumran, kumntla-ntshona woLwandle Olufileyo. Loo misongo, kuquka neminye eyafunyanwa kufuphi naloo miqolomba, yabizwa ngokuba yiMisongo YoLwandle Olufileyo. Iqua umbhalo wencwadi kaIsaya xa iyonke.\* Le kopi yayibhalwe malunga neenkulungwane ezmibini *ngaphambi* kokuba uYesu azalwe. Ngoko

\* Lo kuphela komsongo onayo yonke incwadi kaIsaya. Eminye imisongo ziziqwenga nje zale ncwadi.

ke, oko kwabhalwa nguIsaya kwakungekenzeki. Waprofeta wathini ngokubandezeleka kukaKristu, okanye uMesiya?\* Khawuqwalasele iziprofeto ezibini zikaisaya.

### **Ukubandezeleka KukaKristu Kwaxelwa Kwangaphambili**

**Isiprefeto 1:** “Ndawunikela umhlana wam kubabethi.”—Isaya 50:6.<sup>#</sup>

**Inzaliseko:** Ngowama-33 C.E., iintshaba zikayesu ezingama Yuda zaya kummangalela kwi-Rhuluneli yaseRoma uPontiyo Pilato. Iqonda ukuba uYesu akanatyala, le rhuluneli yazama ukumkhulula. Noko ke, ngenxa yokuba amaYuda ayefuna uYesu abulawe, uPilato ‘wagweba ngelethi makwenziwe oko kwakufunwa ngama-Yuda’ watsho emnikela ukuba abethelelwe uYesu. (Luka 23:13-24) Kodwa kuqala, “uPilato wamthabatha uYesu waza wamtyakaty,” okanye wamnikela ukuba akatswe kanobom. (Yohane 19:1) Njengokuba uIsaya wayeprefetile, uYesu akazange axhathise kunoko ‘wawunikela umhlana wakhe kubabethi.’

#### **Oko kutyhilwa yimbali:**

● Imbalu iyangqina ukuba amaRoma ayewatyatwyusha amaxhoba awo ngaphambi kokuba awabulale. Enye ingxelo ithi, “abantu babetyatwyushwa ngesabhokhw esinemisonto eliqela yofele efakelwe amaplanga okanye iintsinjana ezibukhali ezincinane ekupheleni koluya ngalunye. Ixhoba . . . lalibethwa emhlana . . . de inyama ikrazuke. Maxa wambi, ayebulawa koko kubethwa.” Noko ke, uYesu wasinda kule nkohlakalo.

### **Ukuwa KukaKristu Kwaxelwa Kwangaphambili**

**Isiprefeto 2:** “Wawuphalaza umphefumlo wakhe

\* Funda uVukani! kaJulayi 2012 ukuze ufunde ngezinye iziprofeto zeBhayibhile ezsinceda siqonde uMesiya.

# Umongo ubonisa isivumelanisi esithi “nda” kwesti siprofeto sibhekisela kuKristu. Ngokomzekelo, indinyana yesi-8 ithi: “[UTHixo] Lowo undivakalisa ndililingisa [mna Yesu Kristu] usondele.” Xa wayesemhlabeni, uYesu nguye kuphela owayelingisa, okanye ongenasono, emehlweni kaThixo.—Roma 3:23; 1 Petros 2:21, 22.

ukusa kanye ekufeni.” (Isaya 53:12)\* Isongezelala koko, iNdumiso 22:16 ithi: “Indibano yabenzi bobubi indivingcele, injengengonyama ezandlensi nasezinyaweni zam.”

**Inzaliseko:** UMarko 15:15 uthi, “Emva kokuwa uYesu etywatyushiwe, [uPilato] wamnikela ukuba abethelelwe.” Kwimeko kaYesu, esi sigwebo senkohlakalo sasiquka ukubethelelwa ngezikhonkwane iinyawo nezandla esibondeni. (Yohane 20:25) Emva kweeyure ezithile, “UYesus wadanduluka kakhulu waza wabhubha.” —Marko 15:37.

#### **Oko Kutyhilwa Yimbali:**

● Nakuba iingxelo zehlabathi zingathethi kanganako ngokufa kukaYesu, umbhali-imbali ohloniphekileyo womRoma uTacitus, owazalwa malunga nowama-55 C.E., wathi “uKristu, athiywe ngegama lakhe [amaKristu], wabulawa kabuhlungu xa kwakulawula uTibheriyo ngesigwebo esawiswa lelinye lamabamba ethu, uPontiyo Pilato.”# Ingxelo ka Tacitus ivumelana naleyo yeenewadi zeVangeli, ezithethayo ngoKesare Tibheriyo, uPontiyo Pilato, namanye amagosa.—Luka 3:1; 23:1-33; Yohane 19:1-24.

Imbalu iyangqina nokuba amaRoma ayewabethelela amakhoboka nabantu awayebajonga njeengongantweni bezaphuli-mthetho. Maxa wambi, amaRoma ayewabophelela kwisibonda amaxhoba awo. Maxa wambi ayesebenzisa izikhonkwane. Enye ingxelo ithi, “izikhonkwane zazibethelelwa ezandleni nasezinyaweni, yaye ixhoba lalishiywa lijinga apho ligcuma, linxaniwe, yaye lihxuzula ziintlungu.”

Njengoko sekutshiwo, uYesu wayesazi ukuba uza kubulawa ngenkohlakalo. Ngoko ke, njengoko isiphelo sakhe sasisondela, eli gorha lathi

\* Ulsaya 52:13-53:12, ezi zahluko zineenkukacha ezinanzi zeziprefeto eziphathelele uMesiya. Ngokomzekelo, uIsaya 53:7 uthi: “Waziswa kanye njengemu esisha ekuxhelweni . . . Naye wayengawuvuli umlomo wakhe.” Indinyana 10 yalek’ umsundlu ibonisa ukuba wawunkela umphefumlo wakhe ‘njengomnikelo wetyala.’

# Bakho nabanye ababhalu-imbali bamandulo abathethayo ngoKristu. Aba baquka umRoma ohlonelwayo uSuetonius (wenkulungwane yokuqala); uPliny Omncinci, irhuluneli yaseBhithiniya (ekuqaleni kwenkulungwane yesibini); nom Yuda uJosephus (wenkulungwane yokuqala). ababhekisela “kuYakobi, umntakwaboYesu owayebizwa ngokuba nguKristu.”

kubalandeli balo: "Siyenyuka siya eYerusalem, yaye uNyana womntu uya kunikelwa kubabingelili abaziintloko nababhali, kwaye baya kumgwebela isohlwayo sokufa, bamnikele kubantu bee ntlanga ukuze bahlekise ngaye, bamtyakatyebambethelele." (Mateyu 20:18, 19) Abanye bayabuza ukuba kwakutheni ukuze kufuneke ukuba uYesu afe? Impendulo yaloo mbuzo isichapha zela sonke, yaye iqulethe ezona ndaba zimnandi sinokuziva!



## UKUFA OKULIDINI KUKAKRISTU KWAFUZISELWA

Umthetho kaThixo kuLangalang Iwama Sirayeli wawuquka imithetho eyayifuzisela, okanye eyaba ngumzekelo wezinto ezaziza kwenziwa nguYesu kamva. Ngokomzekelo, emva kokuba umSirayeli onile, okanye engamthobelanga uThixo, kwakufuneka anikele ngesilwanyana esiphilileyo. (Levitikus 17:11; 22:21) Ngaba loo minikelo yezi-lwanyana yayinokusicamagushela ngokupheleleyo isono? Nakanye. (Hebhore 10:4) Kodwa yayinako, ibe yawufanekisela ngo-kwenene umnikelo owawuza kusigubungela isono—idini 'leMvana kaThixo esusa isono sehlabathi.' (Yohane 1:29; Hebhere 10:1, 5-10) Bonke abanokholo kule mvana yokomfuziselo, uYesu Kristu, banethemba lokuphila obomi obungunaphakade.—Yohane 6:40.

## "Watyunyuzwa Ngenxa Yeziphoso Zethu"

Ekubeni singafezekanga, sisoloko sisenza izinto eziphosakeleyo. IBhayibhile ithi oko sisono. Isono sifana nentlenge etya injini yemoto ngaphakathi. Ekugqibeleni, le ntlenge iyitya loo njini de yonakale ize ime. Ngokufanayo, isono sibangela ukuba saluphale, sigule size sife. EyabaseRoma 6:23 ithi, "Umvuzo isono esiwuhlawulayo kukufa." Kodwa ke, ukuba kukaKristu kwenza sikwazi ukukhululeka kule ntlungu. Njani? Kwesinye isiprofeto esimangalisayo, uIsaya wabhala ngoKristu esithi waye-ya kufa "*ngenxa yokunxaxha kwethu*," okanye 'atyunyuzwe ngenxa yeziphoso zethu, yaye ngamanxebe akhe *siphiliswe*.\*—Isaya 53:5.

Isiprofeto sikaIsaya sisikhumbuza amazwi kaYesu akuYohane 3:16 athi: "UThixo walithanda kakhlulu ihlabathi kangangokuba wanikela ngoNyana wakhe okuphela kwamzeleyo, ukuze wonk' ubani obonisa ukholo kuye angatshabali kodwa abe nobomi obungunaphakade."

Umntu unokwenza njani ukuze abe nokholo kuYesu? Umele afunde ngaye. Kumthanda zo wakhe uYesu wathi: "Oku kuthetha ubomi obungunaphakade, *ukungenisa kwabo ulwazi* ngawe, wena ukuphela koThixo oyinyaniso, nangalowo umthumileyo, uYesu Kristu." (Yohane 17:3) Olo lwazi luxabisekileyo lufumaneka eBhayibhileni.—2 Timoti 3:16.

Siyaqondakala ke isizathu sokuba, uYesu efuna babebaninzi kangangoko abantu abazuza ubomi obungunaphakade. Ngokuvisisana noko, ngaphambi nje kokuba afe wathi: "Ezi ndaba zilungileyo zobukumkani [urhulumente kaThixo, oza kuzisa iingenelo zedini likaKri-stu] ziya kushunyayelwa kuwo wonke umhlaba omiweyo kube bubungqina kuzo zonke iintlanya." (Mateyu 24:14) Njengoko siza kubona kumanqaku amabini alandelayo olu ngcelele, eso siprofeto sazaliseka.

\* UYesu "akazange enze sono" ngoko wayengenakufa. (1 Petros 2:22) Kodwa wanikela ngabo ngenxa yethu, ehlawulela izono zethu ukuze asihlangule ekufeni. Kungenxa yoko le nto ukufa kukaYesu kusithiwa lidini 'lentlawulelo.' (Mateyu 20:28) Ukuze ufumane inkcazelio engakumbi ngalo mba, funda incwadi ethi *Yintoni Ngokwenene Efundiswa YiBhayibhile?* kwiWebhsa-yithi ethi [www.jw.org](http://www.jw.org).



Kweli nqaku uza kufunda

**ISIZATHU** sokuba ufunе abantu  
abayimizekelo  
**INDAWO** onokubafumana kuyo  
**INDLELA** yokubaxelisa

### **ISIZATHU** sokuba ubafune

**INYANISO:** Umntu udda ngokufana nabantu abathanda-yo. Oko kusenokuba kuhle—okanye kube kubi—kuxhomo keka kuloo mntu amthandayo.

**Into efunekayo:** Ngabantu abakufanelekayo ukuxeli-swa.—Filipi 3:17.

**Ingxaki:** Abantu abaninzi bafuna ukuxelisa abantu abaziwayo—iimvumi, abadlali abaphum’ izandla, okanye abadlali beemovie—nokuba abo bantu badume ngo-kuziphatha okubi.

**Cinga ngoku:** IBhayibhile ithelekisa ubuntu bethu ne-sambatho. (Kolose 3:9, 10) Ukuba ufunе ukuthenga impahla yokunxiba, ngaba ubuya kuvumela umthengisi onxibe kakubi akuxelele into omele uyithenge? Kutheni ke uvumela ubuntu bakho buphenjelelwе ngumntu odumileyo oziphethe kakubi? Kunokusuka wenze oko okanye ulandele nje ulandele isininzi, ukukhetha abantu abayimizekelo emihle kuya kukunceda (1) ukhethe iimpawu ofuna ukuba nazо uze (2) uxelise abantu abanezo mpawu.

Kutheni ke uvuma  
ukuba ubuntu **bakho**  
buphenjelelwе  
ngumntu odumileyo  
oziphethe kakubi?

## INDAWO onokubafumana kuyo

Chaza ukuba oku kulandelayo **yinyaniso** okanye **bubuxoki**.

**1.** *Umele ufuné ukufana nomntu owakha wadibana naye.*

**Yinyaniso**  **Bubuxoki**

**2.** *Loo mntu umele angabi nasiphoso.*

**Yinyaniso**  **Bubuxoki**

**3.** *Baninzi abantu onokubaxelisa.*

**Yinyaniso**  **Bubuxoki**

### Impendulo

**1.** *Bubuxoki.* Imizekelo yabantu onokubaxelisa ungade uyikhethe nakubantu bamandulo. Eyona mizekelo mihle yileyo ise-Bhayibhileni. Ngokomzekelo, xa ufunda isahluko 11 sencwadi yamaHebhore, ufumana amagama amadoda nabafazi abali-16 umpostile uPawulos awathi bafanele ukuxeliswa. Eyona nto ibalulekileyo, kwisahluko esilandelayo uPawulos wabongoza ama-Kristu ukuba ‘akhangele ngenyameko’ kuYesu aze amlandele. (Hebhore 12:2) UYesu ngowona mzekelo simele siwuxelise.—Yohane 13:15.\*

**2.** *Bubuxoki.* Ngaphandle kukaYesu, uAdam wayengenayo inzala efezekileyo. (Roma 3:23) Kwanomprofeti uEliya owayenesibindi “wayengumntu ofana nathi.” (Yakobi 5:17, iContemporary English Version) Wayenjalo noMiriym, uDavide, uYona, uMarta noPetros. IBhayibhile izichaza phandle iimpazamo zalo madoda namabhinqa. Sekunjalo, ayeyimizekelo emihle kwinkalo ezininzi zobomi, ngoko afanele axeliswe.

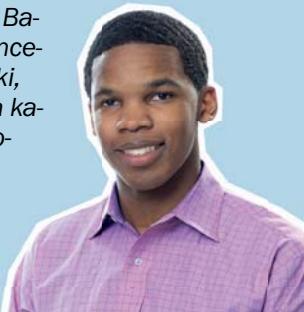
**3.** *Yinyaniso.* Unokuxelisa abantu abayimizekelo emihle abaninzi kangangoko ufunu. Omnye usenokuba ngumntu okhutheleyo, ngoxa omnye esenokuba nomonde. Mhlawumbi omnye akathyafi nokuba ujamelene neengxaki. (1 Korinte 12:28; Efese 4:11, 12) Ukuba ukhangela iimpawu ezintle kwabanye, uya kuzifumana ezo zifanele ukuxeliswa.—Filipi 2:3.

\* Kakade ke, baninzi abantu abaphila kula maxesha abanokuba yimizekelo emihle. Isenokuba ngumzali, isalamane, umKristu ogolileyo ebandaleni, okanye omnye ongumzekelo omaziyo okanye okhe wafunda ngaye.

## OKO KUTHETHWA LOLUNYE ULUTSHA

**ULayla**—Umhloblo wam uSandra ujonga izinto ngendlela efaneleki-leyo. IBhayibhile uyazi kakuhle. Ngenxa yoko, usoloko eyazi indlela yokucobulula iingxaki. Ndino-kuzityand’ igila kuye naninina xa ndineengxaki, nokuba zinkulu okanye zincinane.

**UTerrence**—Abahloblo bam, uKyle noDavid bazikhathelle iimvakalelo zabanye. Basoloko bekulungele ukunce-da abantu abaneengxaki, ngoxa ezabo izinto zisiza kamva. Ndbajonga njengomzekelo omhle.



**1. Qwalasela** abantu obaxelisayo. Umpostile uPawulos waxelala amaKristu enkulungwane yokuqala oku: "Fundani ngokqwälasela abo baphila ngendlela esanibonisa yona."—Filipi 3:17, iHoly Bible—Easy-to-Read Version.

**2. Qhelana nabo.** Ukuba kunokwenzeka, chitha ixesha nabo ukhethe ukubaxelisa. IBhayibhile ithi: "Ohamba nezilumko uya kuba sislumko naye."—IMizekeliso 13:20.

**3. Cinga** ngeempawu ezintle zomntu omxelisayo. AmaHebhere 13:7 athi: "Njengoko nisondela impumelelo yehambo yabo xelisani ukholo lwabo."

Sele ukulungele ukuqalisa? Bhala indlela oceba ukumxelisa ngayo umntu ongumzekelo omhle apha ngezantsi.

## Oko Ndiceba Ukukwenza

**Khetha uphawu** onqwenela ukuba nalo. (Ngaba ungathanda ukuba ngumntu wabantu? ukuba nobubele? ngokhutheleyo? ngonyamezelayo? ukuba ngumntu onokuthenjwa?)

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**Khetha umntu** oneempawu ongathanda ukuba nazo.\*

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Xa ukhetha umntu onokumxelisa, akufuni kuba *nguye*. Useza kuqhubeke uneempawu zakho ezintle. Sekunjalo, ukuxelisa abantu abayimizekelo emihle kuya kukunceda ukhule uneempawu ezintle ngakumbi. Ngaphezu koko, ukulandela imizekelo emihle kuya kubangela ukuba kubekho nabanye abafuna ukufana nawe.

\* Usenokukhetha ukuqala ekuggibeleni ubuyel' umva. Okokuqala, khetha umntu omhlonelayo. Emva koko zibuze, 'Luluphi uphawu analo olubangela ukuba ndimhlo-nele?' Emva koko, zama ukuxelisa olo phawu.

## FUNDA OKUNGAKUMBI!

Ngaba ufuna uncedo lokufumana abantu abayimizekelo emihle? Funda amaHebhere isahluko 11 uez ukhethe indoda okanye ibhinqa elichazwe kwesi sahluko. Qalisa ukufunda ngaloo mntu uneempawu ofuna ukuzixelisa.

Usenokufumana abantu abaninzi abayimizekelo eku-thethwe ngabo eBhayibhileni kuMqlu woku-1 nowe-2 kwinchwadi ethi *Imibuzo Yabantu Abaselula—lippendulo Ezilunedo*, epapashwe ngama-Nggina kaYehova. Khangela umxholo othi "Isalathiso Semizekelo Yokuxeliswa" kwiqweqwe elingaphakathi le-nchwadi nganye.

Amanye amanqaku athi "Aba-nitu Abaselula Bayabuza" afumaneka kwiWebhsayithi ethi [www.watchtower.org/ype](http://www.watchtower.org/ype)

**UEmmaline**—Umama ndimqala njengomzekelo omhle kum. Uya-yazi kakuhle iBhayibhile yakhe, kwaye usoloko ekhangela amathuba okuthetha nabanye ngokholo lwakhe. Ukholelwu ukuba umsebenzi wokushumayela lilungelo elixabisekileyo, awuyondinisa. Ndimthanda kakhulu ngenxa yoko!

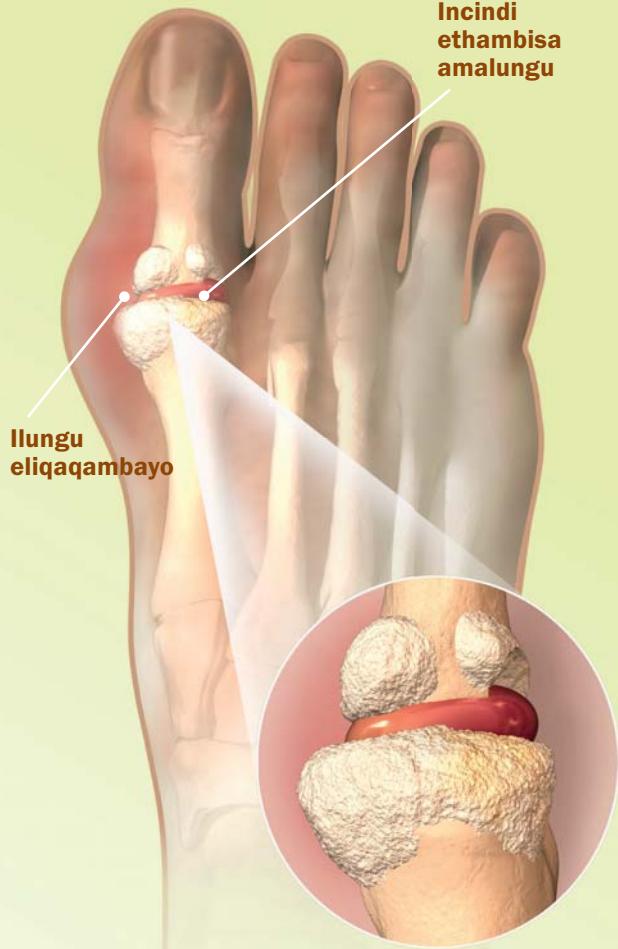
## KUTHENI UNGABUZI ABAZALI BAKHO?

Buza abazali bakho ukuba ngoobani ababeyimizekelo emihle *kubo* xa babelingana naue kuquka imizekelo yabo ekhoyo ngoku. Kubancede njani ukuba nemizekelo ebomini?



# Igawuthi

OONOBANGELA  
NEZINTO EZIKUBEKA  
ESICHENGENI



GAWUTHI lolunye lwezona ntlobo ziqhele-kileyo kwizifo zamathambo kwaye ibuhlungu gqitha. Incwadi ethi *Arthritis* ithi: “Ivuka xa umzimba ungakwazi ukucola nokusebenzisa *iuric acid* esemzimbeni.” Ukongezelela, “uyaziwa unobangela wayo—ubukho bee-kristale *zeuric acid* kwisynovial fluid esemalungwini . . . , ngakumbi ubhontsi omkhulu.”

*Iuric acid* kukungcola okuphuma egazini, kwaye ibangelwa ziipurine. Ukukhula kwe*uric acid* kudla ngokubangelwa kukungaphumi kakuhle komchamo, iikristale ezifana nena-liti ziqokelelana kwilungu likabhontsi, nango-na inokuhlasela namanye amalungu. Ilungu li-nokukrala kwaye lidumbe, kubenzima nokuli-phatha, libe buhlungu kakhulu.\* “Nokuluchukumisa nje kuba yintlungu engathethekiyo,” utsho njalo uAlfred onesi sifo.

Ngokutsho kwengxelo epapashwe yiArthritis Australia, “xa igawuthi inganyangwa idla ngokuba buhlungu phantse iveki. Kunokudlu-la iinyanga okanye iminyaka ngaphambi kokuba iphindie ihlasele. Xa igawuthi ingakhathal-elwanga, idla ngokuquqa ibuyelela ekuhlase-leni, kwaye ibe buhlungu ngakumbi de ama-

lungu onakale ngokupheleleyo. Maxa wambi igawuthi igqibela ngokunganyangeki.”

Igawuthi yeyona inyangkayo kwizifo zamathambo. Olu nyango ludla ngokwenziwa ngamayeza athile naluncedo ukuphelisa iintlungu, okanye xa iquqa ibuyelela okanye iqatse-la kuye kusetyenziswe *allopurinol*, ethintela ukuvela kwe*uric acid*. Ngaba igawuthi inokuthintelwa ingaphinde ivuke? Inako, xa umntu ezazi izinto ezimbeka esichengeni.

\* Ezi mpawu zinokubakho naxa kuvuka iikristale *zecalcium pyrophosphate* emalungwini, ngakumbi kwintlala esekudibaneni kwamathambo. Kodwa leyo igawuthi asiyiyo ncum “ngusinga-gawuthi” nje onyangwa ngendlela eyahlukileyo.

## Izinto Ezibangela Ukuba Ibuye

Ezona ziphambili yiminyaka yobudala, isini nemfuza. Amanye amagunya athi, kubantu abanayo bangaphezu kwama-50 ekhulwini abayifumana ngemfuza. UAlfred ocatshulwe ngaphambili uthi: “UTata notatomkhulu babenayo.” Enye into, igawuthi ihlasela kakhulu amadoda, ngakumbi lawo aphakathi kweminyaka engama-40 nengama-50 ubudala. Enyanisweni, kumadoda mathathu okanye mane amathuba okuba nesi sifo kunokuba kunjalo ngabafazi, abangafane babe naso bengekayeki ukuya exesheni.

**Ukutyeba ngokugqithisileyo nendlela yokuya:** IEncyclopedia of Human Nutrition ithi: “Abo balawula ukutya ukuze kuthintelwe igawuthi abasabeki miqathango yokutya okunepurine eninzi, kodwa sebenikela ingqalelo eku-sileleni komzimba ukucola ukutya eyona nto sele ingunobangela wegawuthi: ukutyeba ngokugqithisileyo, ingxaki yokuxhathisa *i-insulin, nedyslipidemia,*” okanye ukugqithisa kwamafutha egazini, njengecholesterol.

Ngoko ke, abasemagunyeni bacebisa ukuba umntu ayeka ukutya okunepurine eninzi, njengegwele, iintlanzi ezithile, neentlobo ezahlukeneyo zenyama ebomvu.\*

**Ukusela:** Ukusela utywala kakhulu kuno-kwenza umzimba wakho ungakwazi ukukhupha *iuric acid* emzimbeni.

**Izigulo:** Ngokutsho kweMayo Clinic, yase-United States, igawuthi inokubangelwa zezi-nye izigulo, kuquka “uxinezeleko olunganya-ngwanga (*ihypertension*) nezifo ezinganyange-kiyo njengesifo seswekile, amafutha amaninzi egazini necholesterol (*ihyperlipidemia*), nokuvaleka kwemithambo (*iarteriosclerosis*).” Ezi-nye izinto ezibangela igawuthi “kukugula nge-qubuliso okanye kakhulu okanye ukwenzaka-la, nokulala ebhedini ungaphumi,” kuquka isifo sezintso. Kuyacaca ukuba ubhontsi omkhulu ngoyena uthanda ukuhlaselwa yigawuthi kuba igazi lihamba nzima kuwo yaye uthanda

\* Ngokutsho kwenqaku elipapashwe *yiAustralian Doctor*, ukutya amakhowa neemifuno *enepurine* eninzi, njengeembotyi, iintlumayo, iiertyisi, isipinatshi, nekholiflawa, “akwayanya-niswa nonoobangela begawuthi.”

ukubanda—zinto ezo zenza *iuric acid* yakhele.

**Amayeza:** Amayeza andisa amathuba okufuma igawuthi aquka *ithiazide neduretics* (ezi zipilisi ezichamisayo, eziisetenziswa ikakhu-lu ngabantu abanoxinezeleko lwegazi), *iaspi-rin* eselwa ngomlinganiselo, iipilisi ezinikwa izigulane eziza kufakelwa amalungu amatsha, kunye neepilisi *zechemotherapy*.

## Iindlela Ezintlanu Zokuthintela Ukuphinda Uhlaselwe Yigawuthi

Ekubeni igawuthi inxibelelene nendlela esi-phila ngayo, la macebiso anokunceda abo banayo banciphise amathuba okuba iphinde ibahlasele.\*

**1.** Ekubeni igawuthi ibangelwa kukusilela komzimba ukucola ukutya, abo banayo bame-le balumkele umzimba omkhulu banciphise ukutya okutyebisayo. Ngaphezu koko, umzimba onzima wongeza uxinezeleko kumalungu omzimba.

**2.** Zilumkele iindlela ezingafanelekanga zo-kyutya kuba kusithiwa zinciphisa umzimba ngokukhawuleza, kuba zinokuyandisa *iuric acid* egazini.

**3.** Kulumkele ukutya inyama kakhulu. Aba-nye bacebisa ukuba kutyiwe iigram ezili-170 zenyama engenamafutha, kuquka inkukhu ne-ntlanzi kuphela ngemini.

**4.** Ukuba uyasela, sela ngobungcathu. Uku-ba unegawuthi, kuya kuba bubulumko ukukuphepha ngokupheleleyo utywala.

**5.** Sela kakhulu iziselo ezingenabo utywala. Ezi zinto zinceda ekungxengeni *iuric acid* ese-mzimbeni itsho iphume emzimbeni.#

Ezi ndlela zokuzikhuela zingasentla zisi-khumbuza ngoko kuthethwa *yiBhayibhile* isi-thi simele ‘sibe ngcathu ngemikhwa’ singazini-keli “*kwiwayini eninzi.*” (1 Timoti 3:2, 8, 11) Siqinisekile ukuba, uMdali wethu onothando uyakwazi okona kusilungeleyo.

\* Injongo yeli nqaku asikokucebisa abantu ngendlela yonyango. Mntu ngamye onegawuthi kusenokufuneka azifunele unyango. Akamele ayeka iipilisi azinikiwego okanye atshintshe indlela yokutya engakhange adibane nogqirha wakhe.

# Le nkaczelo isekelwe kumacebiso eMayo Foundation for Medical Education and Research.



# Ngaba kufanelekile **UKUKOPA** Ukuze Upase Kukuhle?

**N**GABA ungumfundii? Ukuba kunjalo, umele ukuba uyabazi abantwana abakopayo eklassi ni ukuze bapase kakuhle. Enyanisweni, le ngxaki igqugqise lonke ilizwe. Kuhlolisiso olwenziwa yiJosephson Institute kubantwana abakumbanga aphakamileyo abamalunga nama-30 eUnited States ngowama-2008, abangama-64 ekhulwini bavuma ukuba bakhe bakopa kwiumviwo zaloo nyaka. Noko ke, kuqikelwelwa ukuba elona nani labantwana abakopayo lingaphaya kwama-75 ekhulwini.

NaseYurophu ukukopa kuye kwayingxaki enkulu, ngakumbi ukuba izinto ezibhalwe ngabanye. Inqaku elapapashwa kwie-journal *Digithum* lithi: "Kukho ingxaki ekhulayo yeeWebhsayithi ezithengisa izincoko kubafundi, iithisisi zedanga nezobugqirha."

Kutheni ukukopa kuxhalabiswa kangaka nje? Ngaba ukukopa kuyanceda ngokwenene? Ngaba ukuthembeka—enoba oko kuthetha ukufuma-

na amanqaku aphantsi—kuseyeyona nto ifanelekileyo?

## **Kutheni Kuxhaphake Kangaka?**

**Ukonakala kwemilinganiselo.** *I American School Board Journal* ithi: "Ootitshala abanni bathi oku kwanda kwabantu abakopayo kubangelwa kukonakala kwemilinganiselo yabantu nokucingela iziqu zabo." Ethetha ngabantwana beklasi ekufuneka bapase emaqqabini, omnye umfundii wathi: "Sonke . . . sakopa; sasifuna amanqaku aphezulu ukuze singene kwizikolo eziphambili. Sasingabafundi abalungileyo; sasingafani nabantu abangathembekanga . . . Sasifuna nje ukwamkelwa kwiiyunivesithi eziphambili." Bakho abazali "ababhajisiweyo" ngulo mkhwa. Kuba befuna ukubona abantwana babo "bephumelela," bayakuvumela ukukopa okanye bakuqwabazele iliso, nto leyo isingela phantsi imilinganiselo yokuziphatha yabantwana babo.



**Iteknoloji yanamhlanje yenza abafundi bakope lula kuze  
kube nzima nokubabhaqa**

**Ingcinezelo yokuphumelela.** Ngokutsho kuka-Donald McCabe, umseki we International Center for Academic Integrity, abafundi abakopayo bakholelwa ukuba ukuthembeka kubavalela amathuba xa becinga ngabo bakopayo baze bangabhaqwa.

**Ukukopa ngezixhobo zeteknoloji.** Iteknoloji yanamhlanje yenza abafundi bakope lula kuze kube nzima nokubabhaqa. Bafumana imibuzzo kunye neependulo zomsebenzi wasekhaya abawunikwa esikolweni kwi-Intanethi baze bakopise nabanye. Kudla ngokubhaqwa inani elincinane, ibe loo nto iyabakhuthaza abanye.

**Impembelelo yemizekelo emibi.** Ukkohhlisa kuthande ukuxhaphaka nasebantwini abadala –kumashishini amakhulu, kwezopolitiko, kwezemidlalo nasemakhaya, apho abazali baye bakhohlise xa behlawula irhafu yengeniso okanye befuna imali yeinshorensi. UDavid Callahan umbhali wencwadi ethi *The Cheating Cu-*

*ture* uthi: “Ukuba abasemagunyeni okanye eku-jongwe kubo bayaqhatha, ndicinga ukuba oko kwenza abaselula bacinge ukuba kufanelekile.” Ngaba nyhani ke kufanelekile? Ngaba ukufuna ukupasa emaggabini sisizathu esivakalayo soku-ba ukope?

**Kutheni Abanye Bekuphepha Ukukopa?**

Zibuze oku, ‘Yintoni injongo yemfundo efa-nelekileyo?’ Ngaba asikokuxhobisa abafundi ukuze bawazi ukusingatha iimbopheleko ezi-ninzi zobomi, ezifana nokufumanisa eyona ngxaki emsebenzini baze bazicombulule? Abafundi abanalo mkhwa wokukopa kunokuba nzima kubo ukufunda obo buchule bubaluleke kango-ko. Ngoko ke, abantu abathanda ukukopa bafihla ubuthathaka babo nto leyo ebavalela amathuba amaninzi okoyisa imiqobo emininzi ebo-mini.

Ngokutsho kukaCallahan into ebuhlungu



*Abafundi abakopayo bafana nqwa newotshi yomgunyathi bakhohlisa nje ngembonakalo*

ngakumbi kukuba, “abantu abathanda iindlela ezilula zokuphuma engxakini beselula—njenengokukopa esikolweni—banokuhlala benaloo mkhwa nasemsebenzini.” Bafana nqwa negama lomgunyathi elibhalwe empahleni okanye kwiotshi ekhangeleka iyeyokwenene kanti yeenkohliso.

Kakade ke, abantu abakhohlisayo bazibeka esichengeni sokubhajiswa nokufumana imiphumo ebuhlungu. Enye into, oku kunokubazise la ihlazo nokuphoxeka. Kungakhokelela nasekubeni bagxothwe esikolweni okanye bohlwaywe qatha. IBhayibhile isilumkisa ngokunyanisekileyo ithi: “Loo nto ayihlwayelayo umntu, uya ku-vuna kwayona.” (Galati 6:7) Noko ke, ukoyika ukubhaqwa akumele kube sesona sizathu soku-

thembeka. Kukho izizathu ezibhetele ngakumbi zoko.

### **Ukuthembeka—Undoqo Kwimpumelelo**

Ulutsha olulumkileyo luzabalazela ukuba neempawu ezingayi kwanela nje ukulunceda lupase esikolweni kodwa eziya kulunceda ubomi balo bonke. Ngoko, luyazibhokxa esikolweni yaye luzama ukuba nemilinganiselo eya kulwenza luzihlonle, luthandwe ngabaqeshi balo xa lusebenna, neya kuhokelala ekubeni lonwabe ngonaphakade.

Loo milinganiselo ifumaneka eBhayibhileni, kwaye ulutsha oluphila ngayo aluzisoli nganto. Njengokuba eyesi-2 kuTimoti 3:16, 17 isitsho, ‘luwufanelekele yaye luwuxhobele ngokupheleleyo wonke umsebenzi olungileyo.’ UJorge okwibanga lesithoba uthi: “Abantwana beklasi yam bayopa kuba befuna ukupasa kakuhle ngaphandle kokusokola. Kodwa mna ndifuna ukukholisa uThixo. IBhayibhile, kwincwadi yeMizekeliso 14:2 ithi, ‘ohamba ngokuthe tye woyika uYehova, kodwa oneendlela ezigwenxa uyamdeleta.’ Ndiyazi ukuba akukho nto sinokumfihlela yona uThixo. Ngoko ke, andikopi kwaye andikopisi mntu.”

Abafundi abazama ukuphila ngemigaqo ye-Bhayibhile basenokuba ngabona bakrelekrele okanye bangabi njalo eklassini. Kodwa ngabona balumkileyo, kuba bakhela isiseko sabo kulwaliwa olomeleleyo ukuze baphumelele ebomi babo bonke. (INDumiso 1:1-3; Mateyu 7:24, 25) Eyonato ibaluleke ngakumbi kukuba, baqinisekile ukuba uMdali uyakoliswa ngabo yaye uya kubaxhasa.



## **IMIGAQO OMELE UCINGE NGAYO**

- “Ngumlebe wenyaniso oya kumiselwa ngokuqinileyo ngonaphakade, kodwa ulwimi lobuxoki luya kuba lolwephanyazo.”—IMizekeliso 12:19.
- “Umuntu wezenzo zokuthembeka uya kufumana iintsikelelo ezininzi.”—IMizekeliso 28:20.
- “UThixo oyinyaniso uya kuzisa ekugwetyweni lonke uhlobo lomsebenzi ngokuphathelele yonke into efihlakeleyo, enoba ilungile okanye imbi.”—INTshumayeli 12:14.
- “Sinqwenela ukuziphatha ngokunyaniseka kwizinto zonke.”—Hebhore 13:18.

## Ukuzibamba Kuyakhusela

*ITimes* ithi, "Uphando lubonisa ukuba xa abantwana bengakwazi kuzibamba beselula oko kukhokelela kwii-ngxaki zempilo, ukusebenzisa kakubi mali, nokuba zi-zaphuli-mthetho." Olu hlolisiso lwenziwa kubantwana abangaphezu kwe-1 000 ukususela ekuzalweni kwabo de baba neminyaka engama-32 ubudala. Ebudaleni babo, "abo babesenza ngokungakhathali, becaphu-ka msinya, bengenambulelo yaye bengakwazi kulinda [besengabantwana]," bahlala begula, befumana imivu-zo ephantsi, bekhulisa abantwana bodwa okanye bekhe baba zizaphuli-mthetho phantse ngokuphindwe katha-thu kunabanye. Eli phephancwadi lithi, "singakufunda ukuzibamba, xa esikolweni nasekhaya abantwana befundiwa oku kwasebutsheni, bangakwazi ukuhlala bese-mpilweni baze balungelelanel."

## Ukufundisa Isifundo Abo Baqhuba Kakubi

Abasemagunyen iIndiya bazama iindlela ezintsha zokohlwaya abo baqhuba kakubi ngokubenza amapolisa endlela. Injongo kukubanceda baqonde umonakalo wabo. Ngoko, amapolisa aseGurgaon, kumntla-ntshona weIndiya akaneli nje ukubahlawulisa amatikiti ko-dwa aphinda abanyanzele ukuba bancedise amapolisa endlela ekwalathiseni iimoto kangangesiqingatha se-yure okanye ngaphezulu. Abanye abaqhubi bayavuma ukuba oku kuye kwayitshintsha indlela abacinga ngayo. Isekela lomphathi wamapolisa alapho uBharti Aro-ra uthi: "Sikhupha iwaka lamatikiti ezohlwayo mihla le, eGurgaon. Besinokufumana i-1000 lamapolisa angaku-mbi mihla le."



KwiRiphablik yeGeorgia ekumzantsi-mpuma weYurophu, "**phantse liphindwe kabini inani labo baqhawule umtshato kule minyaka ilishumi idlu-leyo.**" Inkoliso yabo isengaphantsi kweminyaka engama-20 ubudala.—*FINANCIAL, EGEORGIA*.

Elreland, kubantwana abane-minyaka eli-11 ukusa kweli-16 ubudala, i-17 leepesente kubo "**liye lanikisa kwi-Intanethi ngeenkukacha zabo kubantu elingazange libabone.**" Ishumi leepesente liye lanikisa "ngeeadeesi ze-email, iinombolo zefowuni okanye ifoto zabo."—*THE IRISH SOCIETY FOR THE PREVENTION OF CRUELTY TO CHILDREN*.

Kwhlabathi jikelele, imalunga **neepesente ezi-4 kuphela imililo yamahlathi ebangeliwa zizinto zemvelo.** Yonke eminye, ibangelwa ngabantu—ngokungakhathali okanye ngabom.—*PRESSEPORTAL, EJAMANI*.

"Phantse umntwana omnye kwalibi-10 eMerika [abakubudala be-minyaka eli-12 nangaphezulu] kuthiwa **usebenzisa iziyobisi**, kuquka intsangu, icocaine, iheroin, ihallucinogen, i-inhalant okanye iipilisi ezifumaneka kogqirha kodwa bezisebenzisa njengeziyobisi."—*USA TODAY, EUNITED STATES*.

## SIFUNDA NTONI . . . KuKayin noAbheli?

NGABA WAKHE WANOMSINDO  
KANGANGOKUBA UDE UFUNE  
UKUBETHA UMZALWANA OKANYE  
UDADEWENU?

- Faka umbala kule mifanekiso.
- Funda iivesi zeBhayibhile, uze uzishwankathelie ngokuggibezelu izikhewu zezi zivakalisi.
- Bhala iimpendulo: (1) iaipile (2) nedada.
- Iimpendulo zemibuzo ezikumxholo othi "KHANIKHE NIZIKHUMBUZE NJENGENTSAPHO" zifumaneka kwiphepha 12

GENESIS 4:2



GENESIS 4:3

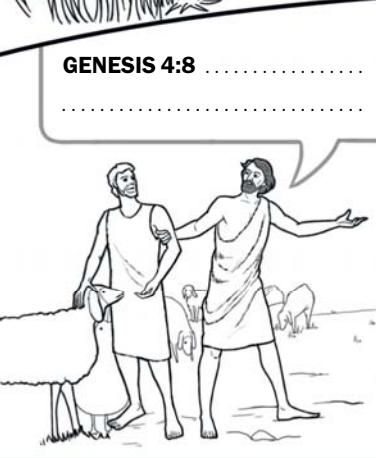


UTHIXO WAKHOLI-SWA NGUABELI NOMNIKELO WAKHE.  
—GENESIS 4:4

GENESIS 4:5



GENESIS 4:8



KAMVA UTHIXO WAMBUZA UKAYIN: "...  
?"

—GENESIS 4:9



Kutheni umele uwulawule umsindo wakho?  
UKUFUMANA IMPENDULO: IMizekeliso 14:29;  
Efese 4:26, 27, 31.

Yintoni enokukunceda ulawule umsindo wakho?  
UKUFUMANA IMPENDULO: IMizekeliso 14:30; 19:11;  
Efese 4:32.

Ufunde ntoni kule ngxelo?

**Ucinga ntoni?** Funda iGenesis 4:7. Wayemele asabele njani uKayin xa wayelungiswa nguThixo? UKUFUMANA IMPENDULO: Luka 14:11; 1 Petros 5:5, 6.

Kwiwebhsayithi ethi [www.jw.org](http://www.jw.org) ninokuziprintela ezinye iikopi zomxholo othi "Khanikhe Nizikhumbuze Njengentsapho"

GENESIS 4:10-12





### IMIBUZO

- A.** UNowa waphila malunga neminyaka engama ubudala.
- B.** Yayingoobani oonyana abathathu bakaNowa?
- C.** Gqibeza le ndinyana yeBhayibhile: "Wenza ke uNowa ..."

1 C.E.

Wazalwa malunga  
nowama-2970 B.C.E.

4026 B.C.E.  
Ukadam  
uyadaiwa

Kuhalwa incwadi  
yoligobola  
yeBhayibhile

Sika apha, uligobe uze uligcine



## UNOWA

**IMBALI YAKHE** Wafundisa intsapho yakhe ukuba ithobele imiyalelo kaYehova. Ekuthobelini uThixo, wakha umkhombe ukuze asindise intsapho yakhe nezilwanyana kumkhukula. (Genesis 6:5-22) Phezu kwayo nje inkaso, ngokuthembeka wanyamezelu 'njengomshumayeli wobulungisa.'—2 Petros 2:5; Hebhere 11:7.

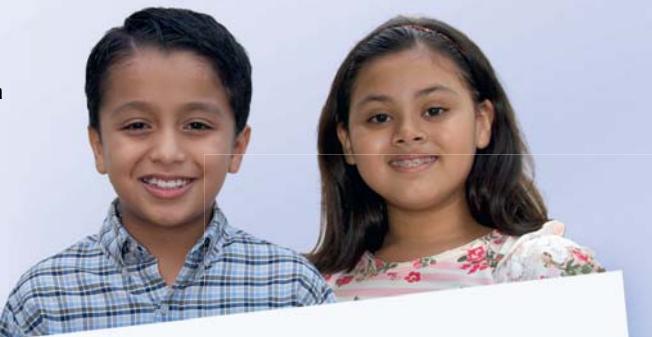
### IIMPENDULO

- A.** 950.—Genesis 9:29.
- B.** YayinguShem, uHam, noYafete.  
—Genesis 6:10.
- C.** "... njengako konke oko uThixo abemyale le kona. Wenza kanye njengoko."  
—Genesis 6:22.

## Abantu Namazwe

**3.** Igama lam ndinguAndres, ndikunye noAna. Sobabini sineminyaka eli-11 ubudala yaye sihlala e-El Salvador. Mangaphi amaNgqina kaYehova ahllala e-El Salvador? Ngaba ali-10 000, ama-20 700, okanye ama-37 000?

**4.** Liliphi ichaphaza elibonisa indawo esihlala kuyo? Yenza isangqa, ubekе ichaphaza kwindawо ohllala kuyo, uze ubone ukuba ukude kangakanani na e-El Salvador.



## Bantwana Khangelani Le Mifanekiso

Ngaba ungayifumana le mifanekiso kweli phephancwadi? Ngamazwi akho chaza oko kwenzekayo kumfanekiso ngamnye.



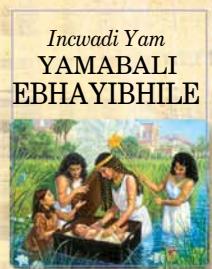
Vukani! Agasti 2012 **31**

# Umele Uqale Nini Ukufundisa Umntwana Wakho?



Ncedani nindithumele-le incwadi eboniswe apha. Ulwimi.

Ncedani niqhagamshe-lane nam ngokuphathele-le isifundo seBhayibhile sekhaya sesisa.



Igama .....

Iadresi .....

Isixeko .....

Iphondo ..... Inombolo yeposi .....

● Indoda yaseSummerville, kuMzantsi Carolina, eUnited States, yabhala isi-thi, ukususela xa umfazi wayo wayenneyanga ezintathu ekhulelwé, rhoqo ngokuhlwa yayilala ecaleni kwakhe ize ifunde incwadi ethi *Incwadi Yam Yamabali EBhayibhile*. Ithi, “emva kokuba intombi yethu, uBethiah izelwe saqhubeka sikhwenza oku—sifunda ibali libe linye ngosuku, de sayigqiba izihlandlo ezithathu le ncwadi.”

Isalek’ umsundulu ithi: “Nakuba uBethiah wayengawkazi ukuthetha kakhle, wabe sele ebazi abantu abanizni ekuthethwa ngabo eBhayibhileni, ekwazi nokuchaza iingxelo ezininki ezixutiyushwa kule ncwadi. Wafunda noku-balisa amabali aliqela eBhayibhile nge-ntloko.”

Kule ncwadi inemifanekiso emihle namabali ali-116, nebhawwe ngamaga-ma amakhulu, babhalwe ngokuland-elana kwamaxesha ababephila ngawo abantu abakuyo abachazwa yiBhayibhile, nto leyo enceda umfundu aqonde amaxesha eziganeko ezenzeka eBhayibhileni. Ukuba ungathanda ukufumana le ncwadi inemifanekiso enamaphepha angama-256, sicela uzalise eli phe-tshana lingezantsi uze ulithumele use-benzisa enye yeeadresi ezidweliswe kwiphepha 5 leli phephancwadi.