



## **RECOMMENDED RESOURCES FOR THOSE WORKING WITH HIGH SCHOOL STUDENTS**

### **Raccoon Circles - James Cain and Tom Smith**

- Dr. Jim Cain and Dr. Tom Smith have collectively been active in the adventure-based learning field for nearly 75 years. Here for the first time, in an inclusive collection, is their definitive resource for one of the simplest tools ever devised for creating community, building a unified team, and actively learning together. When you view the contents of this book, and see the usefulness, simplicity and wealth of information and activities within, you'll wonder how you ever managed without a Raccoon Circle in your collection of resources.

### **Islands of Healing - Jim Schoel**

- "Islands of Healing opens the way for testing the waters of making a commitment to Adventure Based Counseling in a stimulating-to-the-soul, no-nonsense manner that is truly inspiring. It frees us to feel and present the Adventure experience as a continuous and creative act of honest caring."
- Barry Orms, Director of Adventure Programming, Boys Harbor, Inc., New York City

### **Processing the Experience - John L. Luckner and Reldan S. Nader**

- Educators, trainers, and therapists are the midwives of the learning experience. Our job is to help the seed of experience develop into a rich and meaningful story that can inspire participants throughout the seasons of their lives.
- Making experiences usable, relevant, far reaching, and connected to existent knowledge are the goals of this book.
- The difference between a lackluster experience and a truly great experience is how we use it as a reference point in our life story.

### **Seven Habits of Highly Effective Teenagers - Sean Covey**

- Now, in the same fun and entertaining style, *The 7 Habits of Highly Effective Teens Personal Workbook* allows teens to build on the principles of the 7 Habits through various thought-provoking exercises. Whether they are already familiar with Covey's Habits or are newcomers to his path to teenage success, teens can immerse themselves in this personal workbook at their own pace and benefit from its positive messages and lessons in their own way. In this interactive volume, teens will find in-depth tools to improve self-esteem, build friendships, resist peer pressure, achieve goals, get along with parents, and strengthen themselves in many other areas.

### **Tips and Tools - Jennifer Stanchfield**

- Facilitation is an art, rather than a science. By its very nature it is an experiential practice - an ever dynamic process of give and take, learning and development. *Tips and Tools* explores the facilitator's role in groups of all kinds and offers creative tools and activities to enhance group experience, as well as sequencing and reflection strategies to increase individual involvement and growth. Whether you're new to facilitation or a seasoned veteran seeking inspiration, there's something in *Tips and Tools* for you!

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