The PEST screening questionnaire for psoriatic arthritis (in people with psoriasis). Score 1 point for each question answered in the affirmative. A total score of 3 or more is indicative of psoriatic arthritis (sensitivity 0.92, specificity 0.78, positive predictive value 0.61, negative predictive value 0.95).

Have you ever had a swollen joint (or joints)?
Has a doctor ever told you that you have arthritis?
Do your finger nails or toe nails have holes or pits?
Have you had pain in your heel?
Have you had a finger or toe that was completely swollen and painful for no apparent reason?

In the drawing below, please tick the joints that have caused you discomfort (i.e stiff, swollen or painful joints).

