Soft Tissue Special Issue: Gnathic Fibro-Osseous Lesions and Osteosarcoma

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Abstract

Gnathic fibro-osseous lesions are a diverse group of disease processes which share overlapping microscopic features characterized by fibroblastic stroma with variable cellularity and a range of bone forming pathological processes leading to woven, sclerotic and cementum-like structures. Some of the lesions are unique to craniofacial location and a combination of clinical, radiological and pathological correlation is often necessary for diagnostic accuracy. Gnathic osteosarcomas are rare tumors with differences in age distribution and behavior as compared to osteosarcoma of long bones. This review will discuss the clinicopathological and radiological features of gnathic fibro-osseous lesions and osteosarcoma with updates on current genetics and molecular pathogenesis.

Fibro-Osseous Lesions

The term fibro-osseous lesions (FOL) describes a group of diseases with the shared microscopic finding of a deposited collagenous matrix containing variably sized collections of immature bone [1]. In the gnathic bones, FOL includes a range of mesenchymal proliferations from reactive to neoplastic. Some are unique to the craniofacial complex while others can be also be seen in the extragnathic skeleton [2]. The gnathic bones are unique because they arise from neural crest, in contrast to the mesodermal origin of most bones of the rest of the skeleton [3], a developmental feature that may in part, explain the unique pathologic features of some FOLs of the jaws. FOLs typically include cemento-ossifying fibroma (formerly ossifying fibroma) and its variants, cemento-osseous dysplasias and fibrous dysplasia. In a traditional sense, chronic sclerosing osteomyelitis and low-grade osteosarcoma are technically not FOL but are included in

this review because the radiographic and pathologic features often overlap with FOL. The term "atypical fibro-osseous lesion" has been used descriptively to imply microscopic or radiographic features, while not overtly malignant, that do not clearly fit into a specific diagnostic category [4].

Ossifying Fibroma

Ossifying fibroma (OF) is a benign osteogenic tumor with a prominent fibrous matrix. In the gnathic bones, the category is divided into three specific clinicopathologic entities: cemento-ossifying fibroma (COF), juvenile trabecular ossifying fibroma and juvenile psammomatoid ossifying fibroma.

Cemento-Ossifying Fibroma (COF)

Clinical Features

Cemento-ossifying fibroma (COF) is the preferred term now adopted in the 4th edition of the World Health Organization's Classification of Head and Neck Tumours [5] COF is a neoplasm likely of odontogenic origin, predominantly affecting adults (peak third to fourth decade) and more common

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in women [6]. COF typically presents as an asymptomatic, solitary, slowly growing, symmetrically expansile mass in a tooth-bearing area especially in the mandibular premolar-molar area. Unusual presentations include multifocal lesions and transcortical spread resulting in mucosal ulceration.

Radiographic Features

The typical radiographic appearance of COF is a marginated, symmetrically expansile mass with a predominantly radio-lucent quality. The density of the calcifications within the tumor determines the presence, and extent, of radio-opacity that can range from radiolucent (Fig. 1a) to radio-opaque with patchy radiolucencies. The roots of the adjacent teeth may be displaced or, rarely, resorbed [7].

Pathological Features

The peripheral circumscription often permits surgical enu-cleation of the lesion producing a single yellow-tan fleshy mass with a gritty cut surface. The latter corresponds to the calcifications distributed through-out the lesion. Micro-scopically, the lesion is formed by a fibrous stroma with a moderately to highly cellular component of bland bipolar to stellate cells (Fig. 1b, c). The cells may show slight nuclear hyperchromasia with small nucleoli, but pleomorphism is absent. Mitotic activity is generally absent to low. The collagen is usually haphazardly arranged without a pattern. The bone component shows osteoblastic rimming with chiefly immature woven that can contain a small amount of mature lamellar bone in long standing lesions. The bone deposits form droplet-like spheroids, trabeculae and irregular islands. Some have suggested that the droplet deposits resemble cementum hence the name "cemento-ossifying fibroma" although similar appearing hard tissue can be seen in lesions in the long bones. The amount of bone varies from lesion to lesion but is uniformly distributed in a given lesion. Osteoclast-like giant cells and secondary cyst formation are uncommon and diagnostic findings that can help differentiate this lesion from juvenile trabecular ossifying fibroma.

Genetics

An association with inactivating mutations in the *CDC73* gene (also known as *HRPT2*) has been proposed based on familial syndromes predisposed to multiple COF [8] and in sporadic tumors [9]. However, it is less clear whether such *CDC73* inactivation plays a role in tumor initiation or tumor progression [10]. Mutations in *CTNNB1* have been identified in rare cases [11]. Importantly, mutations in *GNAS*, the genetic basis of fibrous dysplasia, are absent [12, 13].
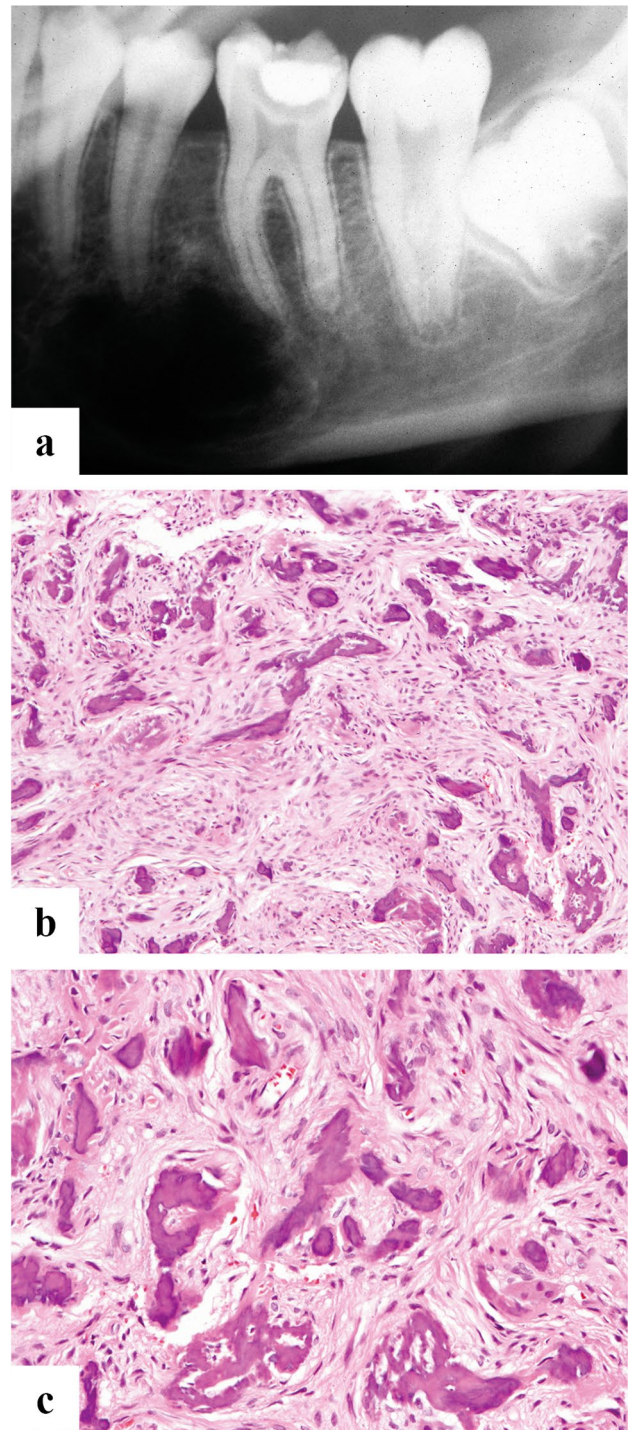

Fig. 1 a A cropped panoramic radiograph showing a symmetrically expansile radiolucency below the roots of lower left first molar to the lower left first premolar (teeth numbers 19–21). **b** and **c** There are islands of osteoid and woven bone evenly distributed in a moderately to highly cellular component of bland bipolar to stellate cells. The bone is variably sized and shaped woven type

Treatment and Prognosis

COF is generally slowly growing with curettage or enucleation usually curative. Recurrence is rare. Malignant transformation has not been reported to date.

Juvenile Trabecular Ossifying Fibroma

Clinical Features

Juvenile trabecular ossifying fibroma (JTOF) is a rare tumor that chiefly affects children and adolescents (mean age 8.5–12 years) with equal gender predilection [14]. Patients older than 15 years may present with JTOF, but represent < 20% of cases. Previously reported using the terms "juvenile ossifying fibroma", "juvenile active ossifying fibroma" and "juvenile aggressive ossifying fibroma", JTOF is more common in the maxilla in contrast to other cemento-osseous dysplasias that are more common in mandible; maxillary JTOF can produce nasal obstructive symptoms or epistaxis. Surface and extra-osseous lesions are exceptional. Intraosseous JTOF presents as a rapidly expanding mass without pain.

Radiographic Features

The tumor shows a well-defined radiographic border but is more often radiolucent compared to COF (Fig. 2a) [14, 15]. Transcortical spread is rare. Tumors occurring primarily in soft tissue are very rare where they also show circumscription with a mixed lucent-opaque parenchyma.

Pathological Features

Grossly, the lesions are unencapsulated but circumscribed. The cut surface shows serpiginous hemorrhagic bands that impart a jigsaw puzzle like appearance (Fig. 2b) amid yellow-tan fibrous parenchyma and gritty calcified material.

Compared to COF, microscopically JTOF consists of a more cellular proliferation of plump bipolar to stellate cells that grow more loosely with a stroma containing scant collagen. Osteoid appears to form directly from the stroma as elongated, curved or branching trabeculae without osteoblastic rimming (Fig. 2c, d). The trabeculae may become ossified into immature woven bone. Osteoclast-type giant cells are relatively common and secondary cystic change has been reported particularly around the new bone [14, 16] (Fig. 2e).

Genetics

The genetic or molecular events that may drive JTOF tumorigenesis have not been characterized. *CTNNB1* mutations have not been identified in JTOF [17].

Treatment and Prognosis

Following curettage or enucleation, recurrence is common but *en bloc* excision is usually curative [17]. Malignant transformation has not been described.

Juvenile Psammomatoid Ossifying Fibroma (JPOF)

Clinical Features

Despite the name, the rare juvenile psammomatoid ossifying fibroma (JPOF) shows a wider age range (3 months to 72 years) with a peak incidence slightly older than JTOF between (16 to 33 years) depending on the study [5, 18]. Males and females are equally affected. Unlike COF and JTOF, JPOF occurs chiefly in extragnathic sites, especially the paranasal sinuses, periorbital bones and skull base [1, 14]. Consequently, the chief complaint is often painless exophthalmos, sinonasal symptoms or epistaxis. Rarely, the tumor can affect the mandible or maxilla. Rapid growth of JPOF has been attributed to secondary aneurysmal bone cyst change [1, 14].

Radiographic Features

Radiographically JPOF is usually circumscribed and expansile, and is surrounded by a thin rim of residual cortex. The central parenchyma can vary from lucent to ground glass to more discrete calcifications [19] (Fig. 3a).

Pathological Features

Grossly, JPOF consists of an unencapsulated fleshy yellow-tan mass with conspicuous fine gritty calcifications. Microscopically, JPOF contains a moderately to highly cellular, compact proliferation of spindled of stellate cells with scant stroma and small rounded deposits of woven bone with central calcification resembling psammoma bodies or cementum. Osteoblastic rimming is not observed. Larger deposits of bone may coalesce to form angulated or linear trabeculae. Secondary cystic change is relatively common (Fig. 3b–d).

Genetics

Only rare cases have been studied with no mutations in *GNAS* identified [20].

Treatment and Prognosis

Treatment consists of curettage or enucleation but recurrence is common (~ 30%) and sometimes multiple. Resection is generally curative [19]. Malignant transformation has not been reported.
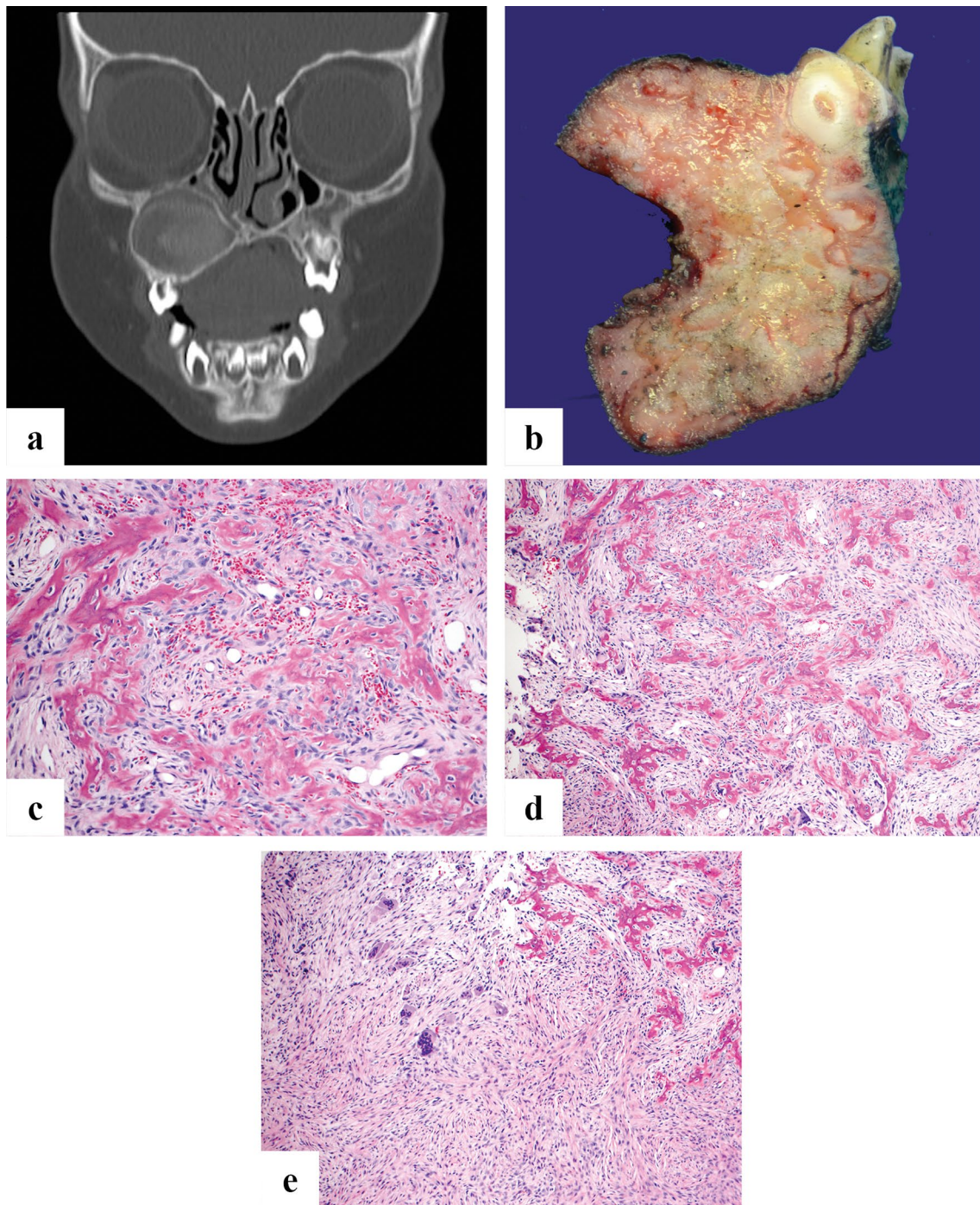
Fig. 2 **a** Coronal CT image of juvenile trabecular ossifying fibroma shows a symmetrically expansile, circumscribed mostly radiolucent lesion of the right maxilla pushing superiorly into the maxillary sinus with inferior displacement of a molar tooth. **b** Grossly, juvenile trabecular ossifying fibroma consists of yellow tan fibrous parenchyma within which are arrayed serpiginous hemorrhagic bands. The tumor has enveloped a tooth root. **c** and **d** Juvenile trabecular ossifying fibroma characteristically has a looser architecture than conventional ossifying fibroma composed of spindle cells with little collagen production. Osteoid appears to develop directly from the stroma forming trabeculae of osteoid and bone. **e** Juvenile trabecular ossifying fibroma can contain osteoclast type multinucleated giant cells in the stroma
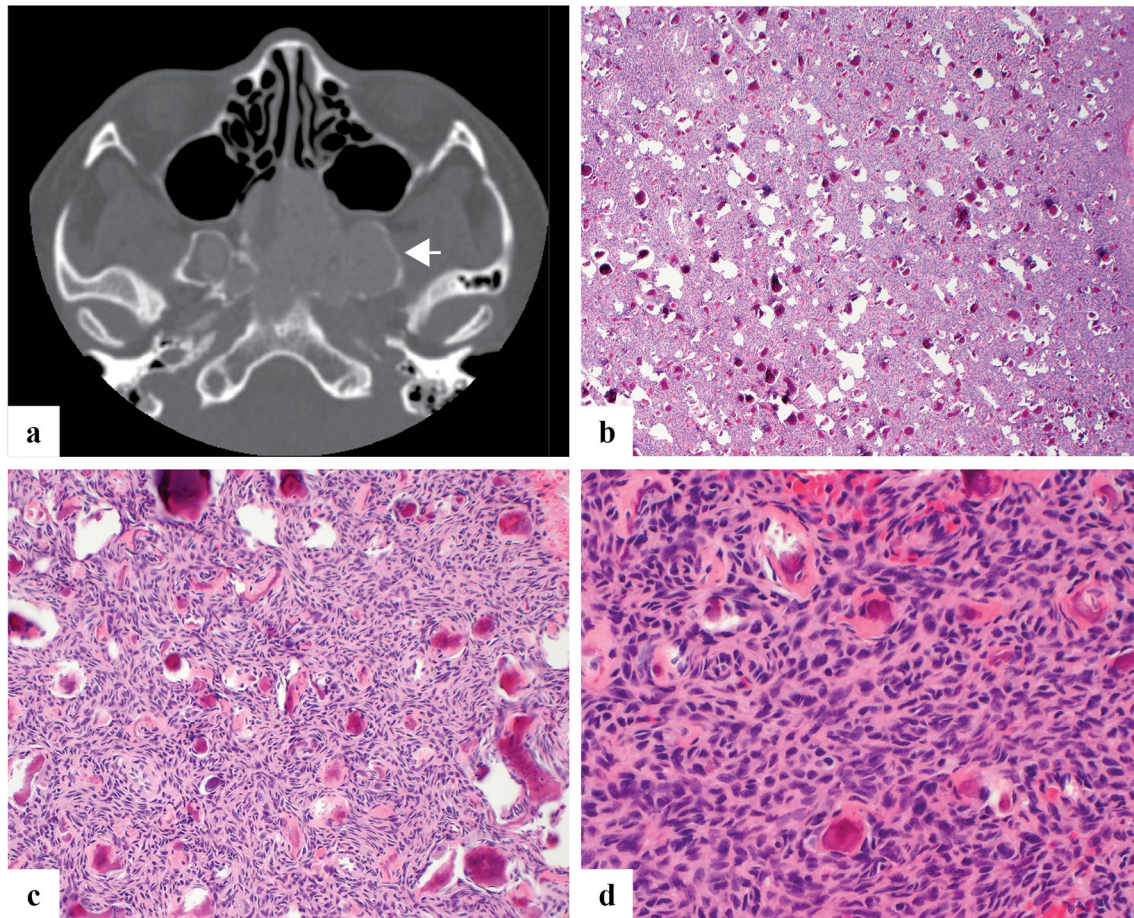
Fig. 3 a Axial CT image of juvenile psammomatoid ossifying fibroma demonstrates an expansile mass centered within bilateral sphenoid sinuses with erosion of the clivus and pterygoids. It shows low radiodensity with a thin rim of retained native bone (arrow). **b–d** Juvenile psammomatoid ossifying fibroma is moderately to highly cellular with a haphazard growth pattern and innumerable deposits of bone with concentric calcification reminiscent of psammoma bodies

Cemento-Osseous Dysplasia

Clinical Features

Cemento-osseous dysplasia is a group of fibro-osseous lesions that includes periapical cemento-osseous dysplasia (PCD), focal cemento-osseous dysplasia and florid cemento-osseous dysplasia. These represent a diverse group of reactive, dysplastic and neoplastic lesions characterized microscopically by the replacement of normal bone with a collagenous matrix containing trabeculae of immature bone and in some instances hard tissue resembling cementum. As a group, cemento-osseous dysplasia (COD) is believed to arise from cells of the periodontal ligament.

PCD characteristically involves the apices (roots) of teeth, typically one or several mandibular incisors. Focal COD is a solitary lesion usually not associated with a tooth and florid COD involves two or more quadrants of bone [20]. COD is the most common FOL of the jaws with a strong predilection to middle aged women of African descent [5, 21]. The lesions are usually asymptomatic and identified incidentally on radiographs. The teeth in the region of PCD will test vital in contrast to a periapical dental infection where the teeth are nonvital. Florid COD may be expansile and thus present with pain particularly if the lesion becomes infected [21].

Radiographic Features

COD is a non-expansile intramedullary lesion that evolves from a lucent to mixed to sclerotic radio-opacity as the lesion matures. PCD surrounds the root apices of vital teeth while focal COD shows similar signal characteristics localized to non-tooth bearing regions of the jaw. Late, diffusely sclerotic lesions may have a lucent rim. Florid COD is multifocal, involving both maxilla and mandible often in a symmetric fashion [22] (Fig. 4a).
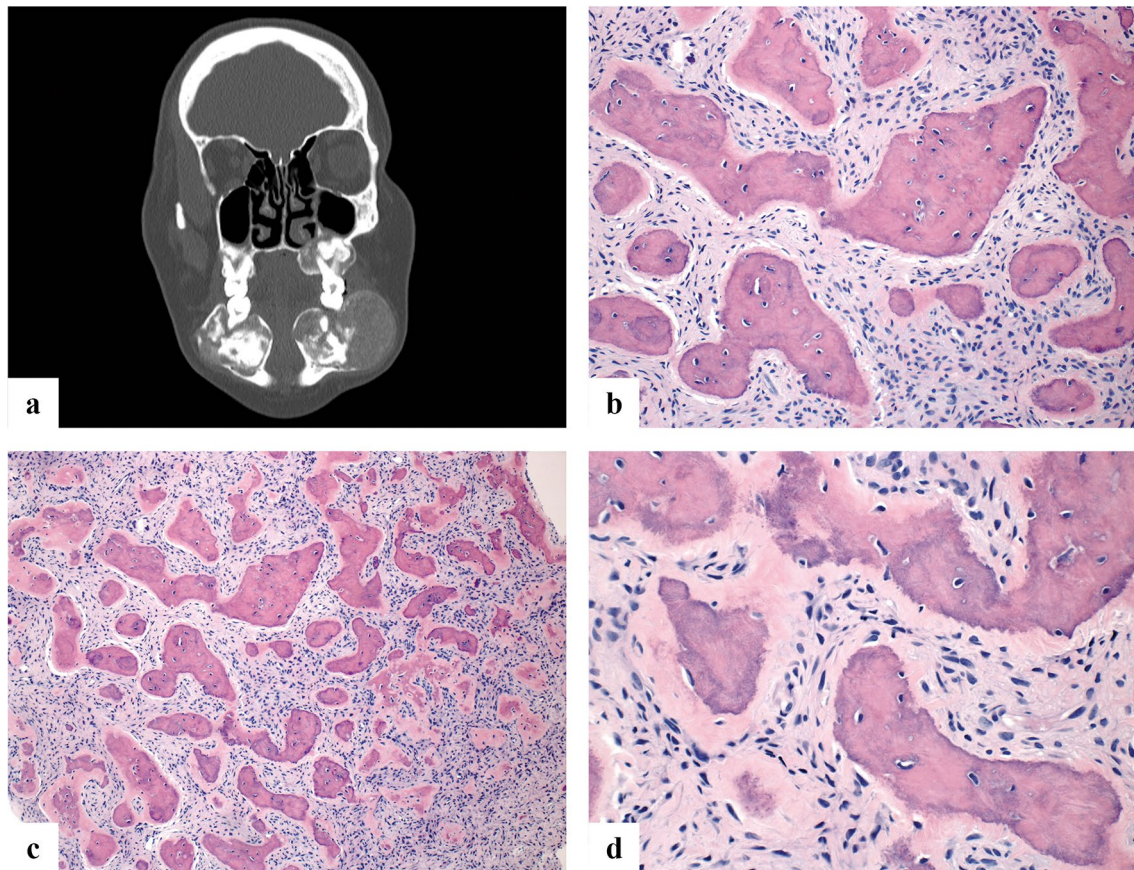
Fig. 4 a Coronal CT scan of a patient with florid cemento-osseous dysplasia showing bilateral maxillary and mandibular lesions. **b–d** All three variants of cemento-osseous dysplasia (periapical, focal and florid) microscopically show identical features. Specifically, fragments of variably cellular fibrous stroma containing small blood vessels and variably thickened, curvilinear and rounded trabeculae of woven bone and cementum-like material with minimal osteoblastic rimming

Pathologic Features

Grossly, COD consists of gritty tan-brown parenchyma. All three variants are histologically identical. Specifically, COD is composed of a highly vascular collagenous stroma with a heterogeneously distributed plump spindle cell component. As the lesion evolves, increasingly abundant spicules of woven bone and cementum (with numerous reversal lines) of varying sizes appear, usually lined by cementoblasts or osteoblasts (Fig. 4b–d). In late stage disease, dense sclerotic bone with only rare marrow spaces. Secondary cystic change is more common in florid COD [22].

Genetics

No underlying genetic event has been thus far identified for COD. Very rare familial forms with autosomal dominant inheritance have been described using the terms "familial florid osseous dysplasia" or "familial gigantiform cementoma [23, 24]. These are more common in the maxilla and in contrast to other cemento-osseous dysplasias that are more common in whites.

Treatment and Prognosis

No treatment is required for asymptomatic lesions. The teeth remain vital throughout the evolution of the lesion to the sclerotic stage and should not be extracted or treated endodontically [1]. Biopsy of cemento-osseous dysplasia, particularly large and sclerotic lesions can lead to infection and secondary osteomyelitis of the mandible that can be difficult to treat with antibiotics because the bone is sclerotic and relatively avascular.

Diffuse Sclerosing Osteomyelitis

Clinical Features

Diffuse sclerosing osteomyelitis (DSO) is an inflammatory reaction in the gnathic bones ostensibly to an infection by low virulence bacteria although cultures are often negative. However, recent evidence suggests that a proportion of these lesions may be auto-inflammatory and part of the spectrum of chronic recurrent multifocal osteomyelitis (CRMO) in children and "synovitis, acne, pustulosis, hyperostosis, osteitis" (SAPHO) syndrome in adults [25]. Severe, irregular jaw pain with swelling and trismus are common symptoms. Unilateral involvement of the mandibular angle or condyle is most common [26, 27]. The disease affects a wide age range and both genders equally.

Radiographic Features

DSO presents as an ill-defined heterogeneous but mainly sclerotic lesion affecting a large portion of the mandible, predominantly the angle or condyle. In contrast to the cemento-osseous dysplasias, there is no lamina lucida around the lesion. Eventually sclerosis predominates [28] (Fig. 5a).

Pathological Features

Grossly, the lesion consists of dense tan-yellow fibrous tissue mixed with granular calcified material that increases depending on the chronicity of the condition. Microscopically, DSO shows fibrous stroma replacing the marrow with a moderately cellular, loosely arranged proliferation of bipolar to stellate cells. Unlike most other FOLs, inflammation can be prominent, usually lymphoplasmacytic but occasionally neutrophilic. A rich vascular proliferation may
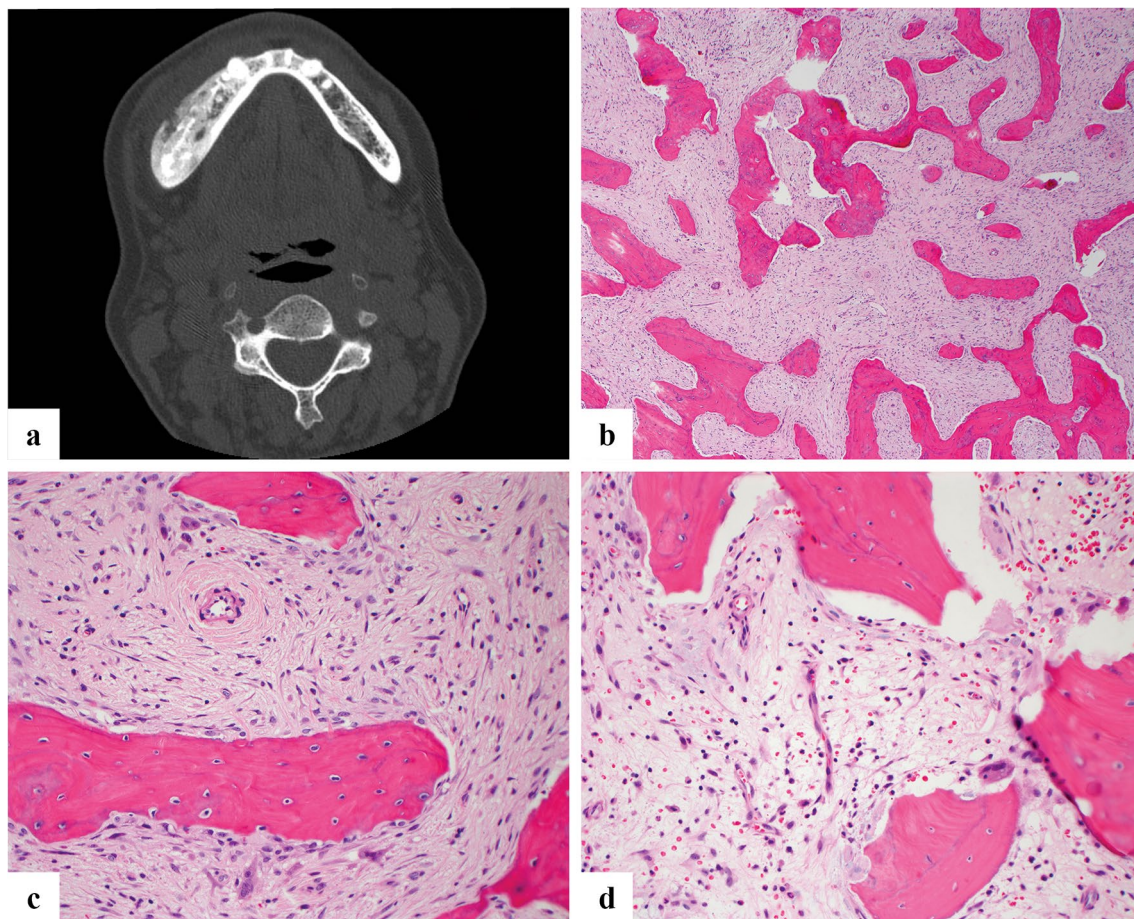

Fig. 5 a Diffuse sclerosing osteomyelitis (axial CT image) shows a smoothly contoured expansion of the right mandible by a heterogeneous density. b Diffuse sclerosing osteomyelitis demonstrates a loose fibrous stroma with bland spindle cells and abundant anastomosing trabeculae of woven bone. c Osteoclastic activity may be prominent in DSO. d Unlike other fibro-osseous lesions, DSO often features inflammatory cells, usually chronic in nature. Note the prominent osteoclastic activity and scalloping of trabeculae

be present. Irregularly anastomosing trabeculae of woven bone with conspicuous osteoblastic rimming are common. Osteoclastic activity is also usually present (Fig. 5b–d).

Genetics

The genetics of DSO have not been specifically studied. However, familial clustering of SAPHO syndrome has been documented. Mouse models of CRMO suggest that *Fgr*, a member of the *Src* family kinases may be a susceptibility gene [28–30]

Treatment and Prognosis

Treatment protocols have varied over the years and include antibiotics, debridement and corticosteroids. Recent reports suggest good response to anti-TNF therapy [31], and denosumab [32] further supporting the notion that DSO is an inflammatory rather than infectious process.

Fibrous Dysplasia

Clinical Features

Fibrous dysplasia (FD) is a non-hereditary benign fibro-osseous lesion that involves the medullary cavity; the condition can be monostotic (single bone) or polyostotic (multiple bones). In the polyostotic form the association with endocrine abnormalities and cutaneous pigmentation (café-au-lait spot) is the hallmark of McCune Albright Syndrome that is also non-hereditary with a female preponderance [33]. In the jaws, FD can affect either the maxilla or mandible with maxillary cases predominating [34]. FD affects individuals in young adulthood (20–30 years) and tends to show a slight preponderance towards female gender. The bony expansion is usually painless resulting in facial asymmetry. Involvement of orbit, paranasal sinuses and base of skull can present with symptoms such as headache, hearing loss, proptosis etc. [35, 36]. In the gnathic location the lesion can extend beyond one bone across suture lines to involve adjacent bones and the term craniofacial fibrous dysplasia has been used [2].

Radiographic Features

Radiographic findings are variable with early lesions being more radiolucent and later lesions more opaque. A mixed lucent/sclerotic and characteristic "ground glass" or "peau d'orange" appearance is common (Fig. 6a). Margins are not easily defined since the lesions blend with the adjacent normal bone [37]. MRI appearance is also variable depending on the degree of lucent and sclerotic areas [37].
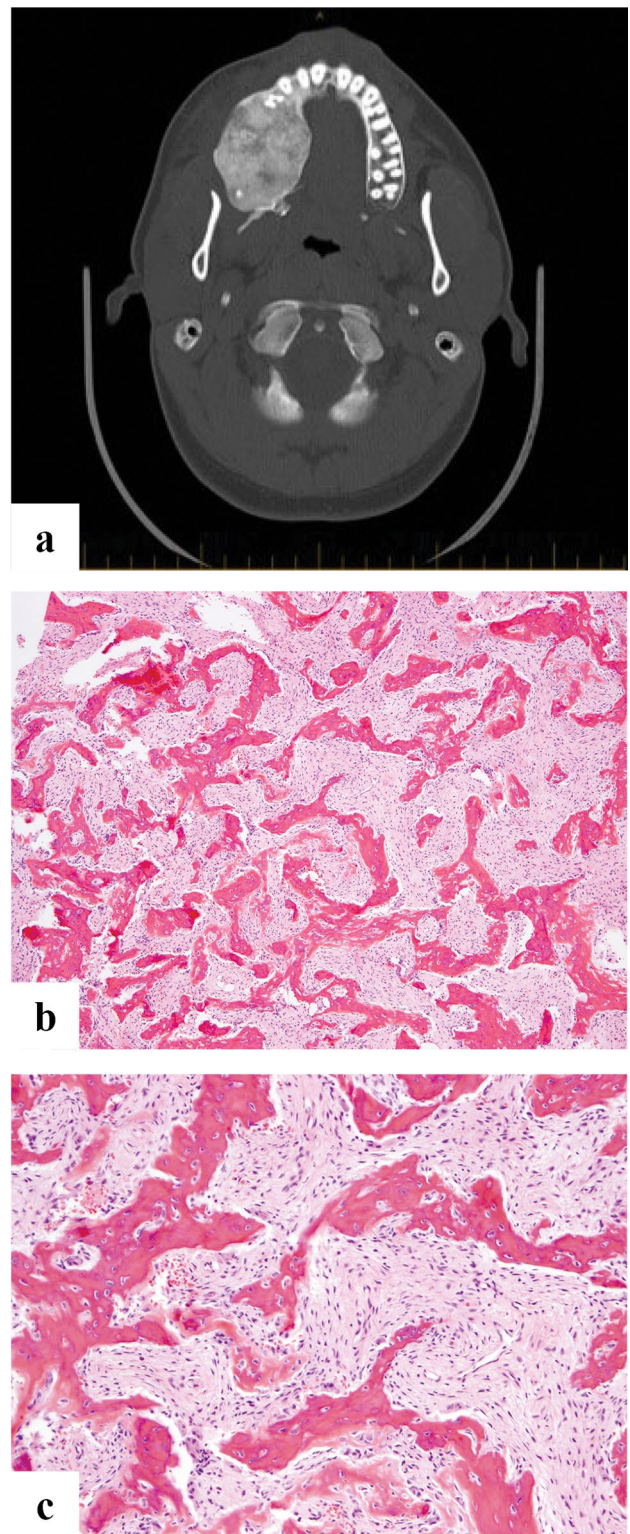

Fig. 6 **a** Axial CT scan showing a well-defined, expansile intramedullary lesion of the right mandible, containing extensive high-attenuation "ground-glass" matrix. **b** Microscopic image showing curvilinear woven bone in a fibrous stroma. The bone trabeculae are disorderly and irregularly intersect with each other. **c** High power view shows the woven bone is not rimmed by osteoblasts

Pathologic Features

Grossly FD has a tan white and gritty appearance. Microscopically the marrow is replaced by irregularly intersecting bony trabeculae that are embedded in fibrous stroma. The stroma can be cellular or loosely textured containing randomly arranged delicate bony trabeculae that are made up of immature or woven bone without osteoblastic rimming (Fig. 6b, c). The disordered arrangement of woven bone in the fibrous stroma has been variously described as an "alphabet soup" or "Chinese script letters". The fabric of the woven bone is seen in continuity with the stroma which is more readily visible under polarized light. Maturation leading to lamellar bone formation is very rarely seen at this site [35, 36]. Presence of cartilage islands (fibrocartilaginous dysplasia) is even rarer than in long bones [37, 38]. In one of the reported series [37] it was seen in association with Ollier disease. Correlation with imaging and clinical findings are of utmost importance.

Genetics

The genetic hallmark of FD is the presence of activating missense mutations of the *GNAS* gene (ch20q13) encoding the Gs alpha subunit of the heterotrimeric G protein complex. These mutations occur post zygotically leading to a focal somatic mosaic state within the lesional tissue [39, 40]. The mutations commonly involve codon 201 of exon 8 of the *GNAS* gene and lead to substitution of arginine by histidine (R201H) or a cysteine (R201C) [41, 42]. All forms of FD including McCune Albright's syndrome contain this mutation [42] that leads to constitutive GS alpha adenyl cyclase activity and overproduction of cyclic adenosine monophosphate (cAMP) in dysplastic cells [43–45]. Due to the somatic "mosaic" state of the mutation in lesional tissue the sensitivity of the various molecular methods to detect mutation in FD cases is variable and caution should be exercised in interpretation of negative results [46].

Treatment and Prognosis

The management of the gnathic FD is based, in part, on the patient's age and skeletal maturity. Many lesions become quiescent after puberty and in such cases, if they are asymptomatic, observation and monitoring may be an acceptable treatment modality. Surgical contouring and/or resection may be performed in cases with deformity. Regular follow up is warranted to monitor recurrence of lesion and deformity [47]. Rare malignant transformation (< 1%) in the form of osteosarcoma, fibrosarcoma, chondrosarcoma and undifferentiated pleomorphic sarcoma (so-called malignant fibrous

histiocytoma) [49] has been described. Radiation therapy is contraindicated in fibrous dysplasia due to the risk of transformation to high grade sarcoma [48, 49].

Gnathic Osteosarcoma

Clinical Features

Craniofacial osteosarcomas (CFOS) comprise about 6–10% of all osteosarcomas and 1% of all head and neck cancers [50, 51]. Males and females are equally affected. In contrast to osteosarcomas of the long bones that affect adolescent patients, the disease most often presents in the fourth to fifth decades. The mandible and maxilla are the most common sites with the mandibular body more affected than ramus; in the maxilla the alveolar ridge is the common site [52, 53]. Subtypes of CFOS include low grade intramedullary and parosteal, and high grade conventional osteosarcomas. The presenting symptoms include paresthesia, pain, loosening of teeth and swelling. Previous radiation therapy is a predisposing factor for developing osteosarcoma in craniofacial bones [54]. Paget's disease is also a known predisposing condition [55].

Radiographic Features

Radiological presentation can be lytic or sclerotic or mixed lytic and sclerotic. Tumor matrix mineralization is frequently seen. Periosteal reaction is more commonly seen in mandibular tumors where a "sunburst" pattern is characteristic. Aggressive bone destruction and soft tissue extension is common in conventional high grade osteosarcomas [56] (Fig. 7a). Intraosseous low grade osteosarcomas usually expand the bone with ill-defined lytic or mixed lytic and sclerotic lesions, but can extend into soft tissue and produce periosteal reaction [57].

Pathological Features

Pathological sub-types of conventional high-grade osteosarcomas are similar to OS of long bones and include osteoblastic, chondroblastic, fibroblastic, telangiectatic, small cell, giant cell rich and epithelioid subtypes. The most common type of CFOS is the chondroblastic form. Histologically the tumor shows pleomorphic cells producing bone with mitotic activity. The osteoid can be lace-like or sclerotic (Fig. 7b). Myxoid areas can be present. The chondroblastic type (Fig. 7c) can be so predominantly cartilaginous with very little tumor bone that in small biopsy specimens the diagnosis is challenging. In an atypical chondroid tumor, the pathologist should maintain a high index of suspicion for osteosarcoma and ensure careful scrutiny for osteoid produced by the tumor cells.
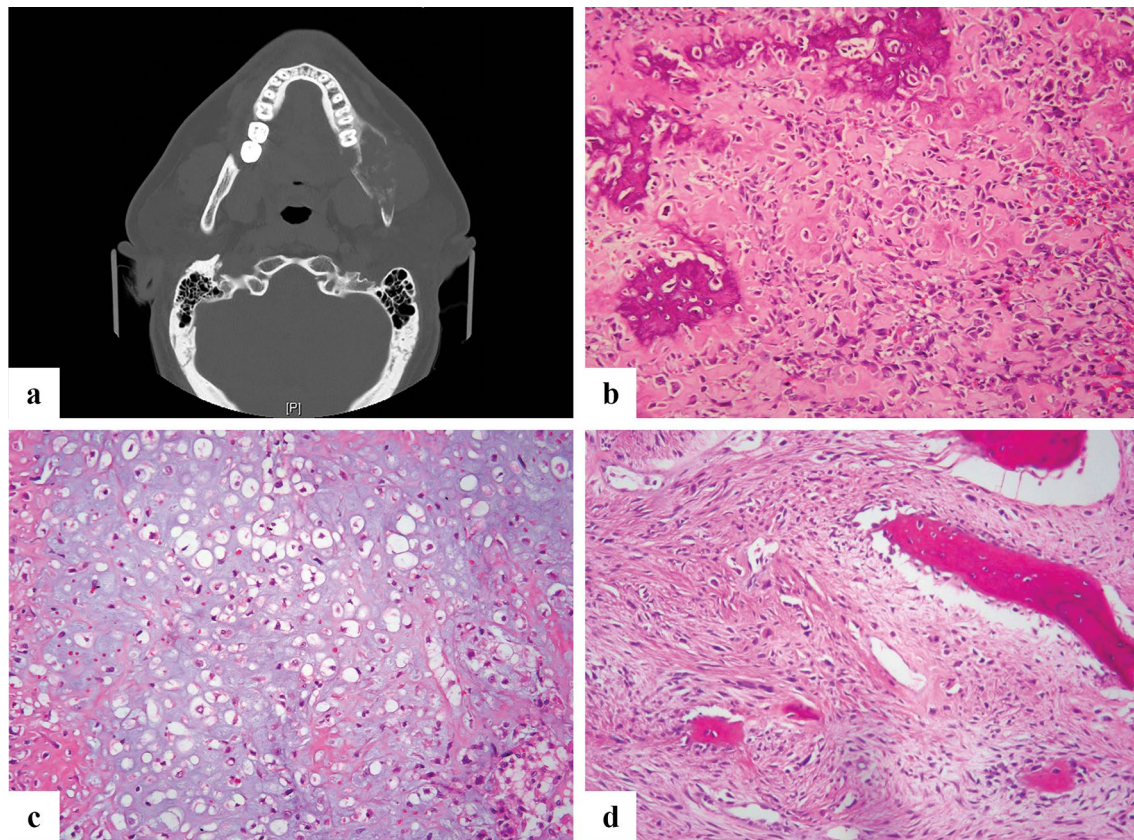
Fig. 7 **a** Axial CT scan showing an expansile lytic lesion of left hemi-mandible with cortical destruction, containing foci of osseous calcification. **b** Microscopic image of high-grade osteosarcoma, osteoblastic type showing neoplastic bone rimmed by malignant osteoblasts. **c** Microscopic image of a high grade chondroblastic osteosarcoma showing cartilage differentiation with chondrocytes in lacunar spaces in a background of hyaline matrix. **d** Microscopic image of a high-grade fibroblastic osteosarcoma with atypical and pleomorphic spindle cells accompanied by neoplastic osteoid

The extreme rarity of chondrosarcomas of craniofacial bones is to be remembered in such instances [58]. A high grade spindle cell component predominates in fibroblastic osteosarcoma (Fig. 7d). Small cell variant shows primitive round cells and in these cases appropriate ancillary studies are needed to exclude Ewing Sarcoma and other round cell tumors. Low grade intramedullary and parosteal osteosarcomas resemble their counterparts in long bones, however, can be challenging due to their resemblance to other FOLs especially, fibrous dysplasia that shows ill-defined margins radiographically at this site. Histologically, low grade osteosarcomas contain woven bone without osteoblastic rimming, (not curvilinear), relatively bland spindle cells with minimal atypia and a streaming growth pattern that permeates into preexisting cancellous or cortical bone (Fig. 8a). The tumor can be accompanied low grade hyaline cartilage [57]. Radiation associated osteosarcomas are always high grade [54].

Genetics

Only limited data is available on the genetics of CFOS. In a series of mandibular osteosarcomas, *MDM2* and *RASAL1* amplification was seen by qPCR. All 5 cases were high grade fibroblastic type and 3 had co amplification of *MDM2* and *RASAL1*. Two cases showed low grade with dedifferentiation to high grade osteosarcoma [59]. *CDK4* and *MDM2* amplification has been reported in 79% of parosteal and 29% of low grade intraosseous osteosarcomas and is detectable by immunohistochemistry or Fluorescent in situ hybridization (Fig. 8b, c) [58].

Treatment and Prognosis

Unlike conventional osteosarcoma of long bones, the incidence of distant metastases is lower, at about 20–30%, but local disease is difficult to control often leading to treatment
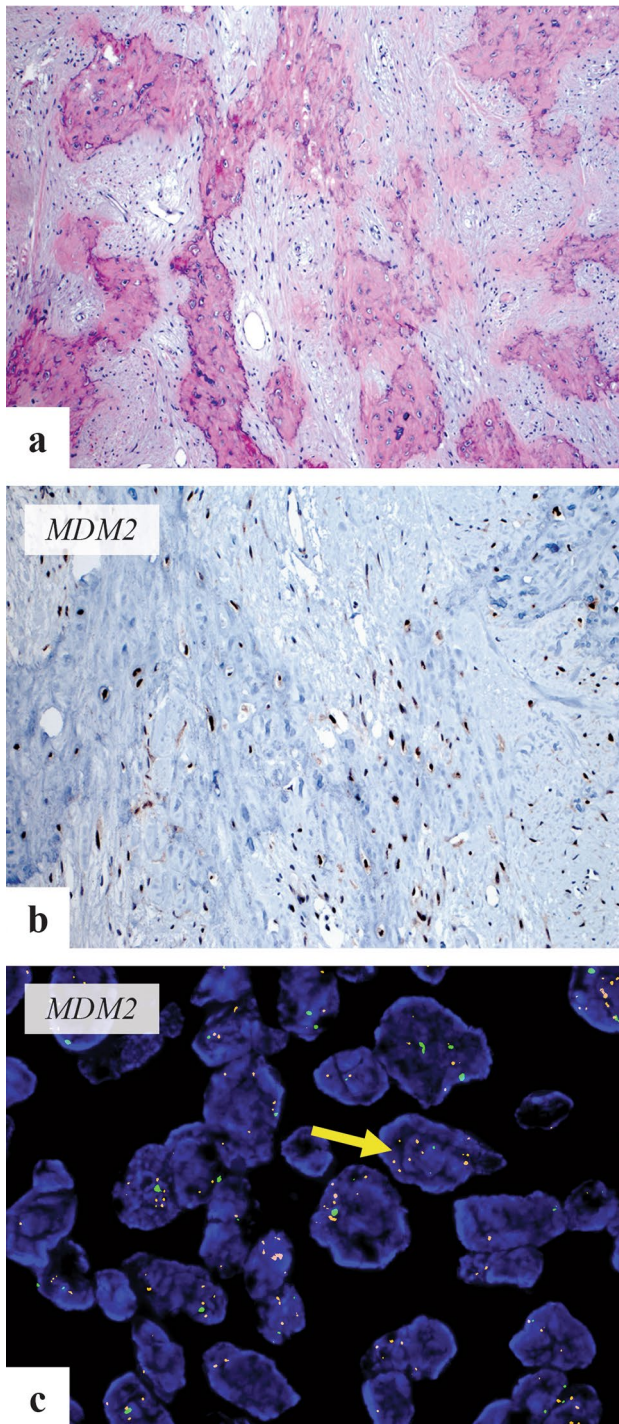
Fig. 8 a Microscopic image of low-grade osteosarcoma showing minimally atypical spindle cells infiltrating broad seams of woven bone trabeculae. **b** MDM2 immunohistochemical stain shows positive nuclear staining in tumor cells. **c** Fluorescent in situ hybridization using MDM2 probe (Vysis) shows amplification of *MDM2* (arrow-red signals). Image courtesy Dr. W. Patrick Devine (UCSF)

failure [60]. In a study of 214 well characterized osteosarcomas of the jaws with long term follow up, metastases was seen in 17.6% of the cases and complete surgical resection resulted in excellent long term survival (83.2% after 10 years). Also in contradistinction to osteosarcoma of the long bones, neoadjuvant therapy, applied to a smaller set of patients, failed to show any additional benefit [61]. In a meta-analysis, positive resection margin was poor prognostic sign and chemotherapy improved survival in CFOS patients with adverse factors such as positive margin, high grade tumors and local recurrence [62].

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