# The Larynx

The larynx lies in the anterior part of the neck in the midline opposite to C4-C6 vertebrae forming the laryngeal prominence (Adam's apple), At this level the larynx. Is triangular in cross section while lower down at the level of the cricoid cartilage it is circular in cross Section

Part of respiratory • passage between pharynx & trachea.<u>Relations</u>:

- Anterolaterally ; Thyroid gland &Covered by the infra hyoid muscles & investing layer of deep cervical fascia.
- Laterally, Carotid sheath •
- **Posteriorly** ; Pharynx •

•

### **Structure (Skeleton)**

- Larynx formed of a number of cartilages:
- 1- Paired: arytenoid, cuneiform & corniculate cartilages.
- 2- Unpaired: thyroid, cricoid & epiglottic.
- These cartilages articulate with each other at the cricothyroid & cricoarytenoid joints.







### **Thyroid Cartilage**



- Shied shaped, open posteriorly, angulated anteriorly
- Angulation more acute in males
- Its function is to shield larynx from injury and provide an attachment to vocal cords

### **Thyroid cartilage**

Formed of 2 quadrilateral laminae united anteriorly at an angle of 120

degrees in females & 90 degrees in males.

The angle forms the (laryngeal • prominence), with a **V-shape gap** above it called (thyroid notch).

The free **posterior border extend** superiorly & inferiorly to form the superior & inferior horns.

An **oblique line extends** from the superior horn in downwards & forwards direction to the inferior horn.

which gives attachment to **thyrohyoid**, sternothyroid & thyropharyngeus



# **Thyroid cartilage**

The inferior horn articulates with the cricoid cartilage.

The **upper border & superior horn** give attachment to the thyrohyoid membrane.

The **lower border & inferior horn** give attachment to the cricothyroid membrane.

- At the **posterior aspect of laryngeal prominence (inside**), attached the
- epiglottic cartilage above, the vocal ligaments below & thyro

arytenoid muscle & cricothyroid ligament.



#### **Cricoid Cartilage**

- Signet ring shaped
- Stronger than thyroid cartilage.
- Lamina 2 to 3 cm from above downwards, considerably broader than anterior arch.





# **Cricoid cartilage**

- This signet ring-like cartilage is characterized by an anterior arch
- & posterior broad lamina
- It lies at the level of C6 vertebra & forms the foundation on which the rest of the larynx *is built*. The posterior lamina is marked in the lies a shallow depression for the posterior cricoarytenoid muscle.



# **Cricoid cartilage**

Articulates with:

\* Inferior horn at its lateral surface.

\* Arytenoid cartilage at the upper border

of the lamina.

Conus elasticus & cricothyroid ligament are

attached to its upper surface.

Cricothyroid & lateral • cricoarytenoid muscles are attached to the outer

surfaces.



# Arytenoid cartilage

- Paired cartilage. whose apex projects posteromedially & carries the corniculate cartilages.
- They have the shape of 3-sided pyramid with medial, posterior, antero-lateral
- **surfaces and a base** which articulates with the **lamina** of the **cricoid**





# Arytenoid cartilage

- The base of the pyramid carries three processes
- The anterior sharp process is the vocal process & to which the upper free end of the cones elasticus is attached as the vocal fold The lateral process is the muscular process to which the lateral & posterior crico-arytenoids are attached.



#### **Conus elasticus**

 The vocal ligament is the free upper edge of the conus between these points of attachments.







# Arytenoid cartilage

The **medial surface** of the pyramid is flat & faces the opposite one

The anterolateral surface is curved & gives attachment for the thyro-arytenoid muscle.

#### The **posterior surface** is • smooth & gives attachment for the **transverse arytenoid muscle**

The arytenoid cartilage sits on the elongated facet on the sloping shoulder of the cricoid lamina forming the crico-arytenoid synovial joint





### The corniculate cartilage:

This small nodular • elastic cartilage **lies on the apex** of the **arytenoid** to prolong it backward & medial ward.

# They are enclosed by • the ary-epiglottic folds

• Are rod like elastic cartilages lies on the previous ones in the aryepiglottic folds.

#### Corniculate cartilages (The cartilages of Santorini)

- They articulate with the apices of the arytenoid cartilages and prolong them backwards and medially.
- They give attachments to the upper fibers of the oesophagus.



### Epiglottis

- Thin leaf shaped fibro-cartilage, situated in midline
- Upper free end broad & rounded, projects up behind base of tongue
- Narrow base called pitiole
- This attachment forms lower limit of pre-epiglottis space



### **Epiglottic cartilage (Epiglottis):**

Leaf shape cartilage, attached inferiorly to the back of the laryngeal

prominence and its free upper end projects upward behind the tongue.

Anterior & posterior surfaces are covered by mucous membrane.

Its two **sides give** attachment to the **ary-epiglottic membrane & the** 

thyroepiglottic & aryepiglottic muscles.



#### Cavity of Larynx (cont.)





# Laryngeal membranes

### 1- Thyro – hyoid membrane:

- **Suspends** the thyroid • cartilage to the **hyoid bone** 

- It passes from the upper • border of the thyroid cartilage to the upper border of the hyoid bone passing behind the bone separated from it by a bursa

- It shows one median & two lateral ligaments of the same name
- It is **pierced** by the **superior laryngeal artery & internal laryngeal nerve**.

 It forms the lateral boundary of the piriform resess



### Laryngeal membranes

#### 2- Conus elasticus :

Is a half – circle ligament whose lower attachment is to the whole length of the upper border of the cricoid arch.

Its free upper border is attached on either side to the vocal process of the arytenoids cartilage forming the vocal fold (true vocal cord) which contains in its free border muscle fibers ( vocalis).

Anteriorly the membrane is attached to the back of the thyroid cartilage in the angle between the two lamina in the midline midway between the superior & inferior notches converting the curved membrane to V-shape membrane .

Its **thickening in the midline** • anteriorly produces the median cricothyroid ligament.

#### Conus elasticus

• The vocal ligament is the free upper edge of the conus between these points of attachments.



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### Laryngeal membranes

#### 3- Quadrate membrane :

Is a weak membrane whose • posterior border is attached to the anterior surface of the arytenoid cartilage & its anterior border is attached to the sides of the lower half of the epiglottis.

Its upper free border will extend • between the epiglottis & the arytenoid cartilage forming the aryepiglottis fold which involves in its substance the corniculate & cuneiform cartilage.

Its lower free border will be • parallel to the upper free border of the conus (true vocal cords) forming the vestibular fold (false cords)

it forms the medial boundary of
 the piriform recess

#### STRUCTURAL LIGAMENTS



#### **3- Quadrate membrane :**

#### STRUCTURAL LIGAMENTS





Aryepiglottic Folds - overlie Quadrangular membrane

# **Interior of the larynx**

- Superior opening of the larynx: bounded
- Anteriorly: by the epiglottic & aryepiglottic folds.
- Posteriorly: by the apices of the arytenoid cartilage & transverse
- arytenoid muscle.



#### Cavity of Larynx (cont.)









# **Interior of the larynx**

- Within the larynx there are 2 pairs of parallel horizontal folds in the
- lateral wall.
- Upper pair: vestibular fold (false vocal cords).
- Lower pair: vocal fold (true vocal cords).

The gap between vocal folds is • called "Rima glottidis".

The recess of mucous • membrane between vestibular

& vocal folds is called "sinus of the larynx".



### The vocal folds :

Are formed by the free upper border of the conus stretched between the thyroid cartilage anteriorly and the arytenoids posteriorly.

The anterior 3/5 are true – components of the conus while the posterior 2/5 are formed by the vocal process of the arytenoids

They contain in their free – edge the vocalis muscle which increases the apposed surface area of the cords during phonation.

The opening between them is – called the rima glottides

Glottis, is a term applied to – the two vocal cords & the rima glottides as they are the main structure involved in phonation.





#### LARYNGOSCOPE VIEW OF LARYNX



### **The Laryngeal Musculature**

- The larynx is associated with two different groups of muscles,
- the intrinsic laryngeal muscles.
- the extrinsic laryngeal muscles.
- The intrinsic laryngeal muscles have two major functions:
- > One group regulates tension in the vocal folds,
- while a second set opens and closes the glottis.
- Those involved with the vocal folds insert upon the thyroid, arytenoid, and corniculate cartilages.
- Opening or closing the glottis involves rotational movements of the arytenoids that move the vocal folds apart or together.

# Intrinsic muscles

1-The ary- epiglottic muscle.

- 2-The posterior crico-arytenoid muscle.
- 3-The transverse arytenoid.
- 4-The lateral crico-arytenoid .
- 5-The crico-thyroid.
- 6-The thyro aryenoid.



#### **MUSCLES OF LARYNX - well named**

A. Extrinsic muscles (ex. hyoid muscles) - Move whole larynx as in swallowing

B. <u>Intrinsic Muscles</u> 1) change tension in vocal lig
--- changes pitch: increase tension raises pitch,
decreased tension lowers pitch
2) open & close Rima Glottidis





#### 2)<u>THYROARYTENOID</u> <u>MUSCLE</u> -Relaxes Vocal Ligaments Decreases pitch



Arytenoids Can rotate/slide

Adduct closes rima glottidis Abduct opens rima glottidis





Pulls epiglottis down during swallowing

- Covers inlet to larynx

- Not necessary in adult humans

Part of oblique arytenoid muscle: an inconstant fascicle of the oblique arytenoid muscle, originating from the apex of the arytenoid cartilage and inserting to the lateral margin of the epiglottis.

#### **Extrinsic Laryngeal muscles**

- The extrinsic laryngeal musculature positions and stabilizes the larynx.
- Three of the four strap muscles of the neck, the omohyoid, sternohyoid and thyrohyoid, find attachment to it, only the sternothyroid failing to gain it.

# **Blood supply:**

# Superior & inferior thyroid artery & veins.

#### Arteries of the larynx :

1-Superior laryngeal artery : - A branch of the superior thyroid a.

Pierces the thyrohyoid
 membrane together with
 the internal laryngeal nerve
 to lie underneath the floor
 of piriform recess.

- supplies the larynx to • supply mucosa down to the level of the vocal cords. 2- inferior laryngeal artery : •

- A branch of the inferior
   thyroid artery
- Enters the lower part of the larynx deep to the inferior pharyngeal constrictor.

Supplies it up to the vocal • cords(vocal cord are supplied by the inferior one).

# Nerve supply

#### Mucous membranes:

 Above vocal fold: internal laryngeal nerve branch of the superior laryngeal nerve(X)(accompanies the superior laryngeal artery), enters by piercing the

thyrohyoid membrane. •

- **Below vocal fold**: recurrent laryngeal nerve(inferior laryngeal artery), enters by ascending posterior to the cricothyroid joint and deep to inferior constrictor

muscle.

Muscles: all supplied by the • recurrent laryngeal nerve except the

cricothyroid, which is • supplied by the external laryngeal nerve branch of the superior laryngeal nerve(X).

Lymphatics: •

Efferent pass to the deep • cervical & pretracheal lymph nodes.

### **Movements of the larynx**

A) Vocalization: movements of thyroid & • arytenoid cartilages will

alter the length, tension & position of the • vocal folds.

B) Swallowing: the whole larynx is raised & • then lowered, the epiglottis is

approximated to the arytenoid cartilage.
 The food is prevented from

entering the trachea •









Resting position

Deep inspiration

During phonation

During whispering

### **Function of the larynx**

Sphincter action: •

- 1) prevents food from entering the trachea. •
- 2) Increase intrathoracic pressure: coughing. •
- 3) Increase intra-abdominal pressure: micturation
- B) Sound production: by air passing through
   the larynx in expiration.

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