

A Concise Sadhana of  
VAJRAPANI  
HAYAGRIVA , KING GARUDA  
( Vajrapani , Three Wrathful Aspects )

According to the pure and unbroken Gelug lineage tradition of Tibetan Buddhism  
composed by  
Bhiksu Ngulchu Dharmabhadra



A Concise Sadhana of Vajrapani , three wrathful aspects.

NAMO GURU VAJRAPANAYE

Refuge and generating the Mind of Enlightenment ,

I take refuge in the Guru.  
 I take refuge in the Buddha.  
 I take refuge in the Dharma  
 I take refuge in the Spiritual Assembly [3x]

For the sake of all living beings I will attain the fully Enlightened state of Buddha.  
 For that purpose I will practice the concise sadhana of Vajrapani with three wrathful aspects. [ 3x]

OM SVABHAVA SHUDDHA SARVA DHARMA SVABHAVA SHUDDHO HAM

Nirvana and Samsara , the universe and all living beings, are empty of inherent existence.  
 Everything becomes empty.

Out of emptiness on top of a lotus and sun disc is my consciousness in the form of a dark blue syllable HUM which emanates rays of light, fulfilling the two purposes.

Lights gather back and I become Sri Vajrapani dark blue in colour with one face and two arms.

The right hand raising a golden vajra with five spokes and the left performing the mudra of threatening at the chest.

The yellowish brown hair is raised up, amidst which is a green head of a horse Hayagriva making three neighing sounds.

On the crown of that horse is the King Garuda with white body, three eyes and a vajra beak.  
 His wings are made of swords and between the two horns of turquoise is a burning gem.  
 He holds in his hands the four types of Maras and eats them.

Clad in tiger-skin garments I stand amidst a wisdom fire with the right foot bent and the left outstretched.

I am adorned with a ,  
 White OM at the crown  
 Red AH at the throat  
 Blue HUM. at the heart  
 From the syllable HUM at my heart  
 I emanate rays of light, inviting identical wisdom beings in front of me.

Offerings ,

Offering goddesses emanate from my heart and make offerings.

OM VAJRAPANI SAPARIWARA ARGHAM PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA PADHYAM PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA PÜSHPE PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA DHUPE PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA ALOKE PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA GANDHE PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA NAIVIDHYE PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA SHABDA PRATICCHA HUM SVAHA

Praises ,

I prostrate and offer compliments to the body, speech and mind of the Buddhas of the ten directions who have taken the form of the owner of the Secrets Vajrapani , Hayagriva and King Garuda. Chief among all the wrathful aspects, showing all three as one single nature.

Just by remembering you destroys all forms of interferences and negativities . Please pacify all interferences and obstacles to the practice of Dharma such as negativities , spirits and illnesses that come from above, middle and below from today until the time of attaining complete Enlightenment. Please grant us all the attainments according to our wishes.

DZA HUM BAM HO

The wisdom beings become one with the visualized beings.

At my heart on a lotus and sun disc is HUM surrounded by the mantra ring, which emanate rays of light, purifying all negativities, illnesses and defilements of others and myself. All the blessings of the Buddhas and Bodhisattvas gather back in the form of light rays and dissolve into the mantra rosary and letter HUM, bringing about an increase in lifespan, merit, and all wholesome qualities related to the verbal and realization teachings of the Buddha.

Mantra Recitation

OM VAJRAPANI HAYAGRIVA GARUDA HUM PHAT

[recite as many times as possible]

Offerings ,

Presenting offerings to the three Yidam deities as one ,

Offering goddesses emanate from my heart and make offerings.

OM VAJRAPANI SAPARIWARA ARGHAM PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA PADHYAM PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA PÜSHPE PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA DHUPE PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA ALOKE PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA GANDHE PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA NAIVIDHYE PRATICCHA HUM SVAHA  
 OM VAJRAPANI SAPARIWARA SHABDA PRATICCHA HUM SVAHA

Pleasing water offerings, various flowers Sweet-smelling incense, lights, scented water and so forth,  
 A vast cloud of offerings both set out and imagined, I offer to you  
 Vajrapani , Hayagriva , King Garuda  
 Supreme Field of Merit for my mind of faith.

Dedication ,

By the virtues collected through this practice,  
 May I quickly attain the state of Vajrapani, the Lord of the Secrets, and lead all beings, without  
 exception to the state of enlightenment

This concise sadhana of Vajrapani with the three wrathful aspects was written by Bhiksu Dharmabhadra according to the thoughts of the  
 sadhana called Vajra Diamond for his own practice.  
 Reformated from Gaden for the West copy .