



A new carnivorous plant lineage (*Triantha*) with a unique sticky-inflorescence trap

Qianshi Lin^{a,b,1}, Cécile Ané^{c,d}, Thomas J. Givnish^c, and Sean W. Graham^{a,b}

^aDepartment of Botany, University of British Columbia, Vancouver, BC V6T 1Z4, Canada; ^bUBC Botanical Garden, University of British Columbia, Vancouver, BC V6T 1Z4, Canada; ^cDepartment of Botany, University of Wisconsin–Madison, Madison, WI 53706; and ^dDepartment of Statistics, University of Wisconsin–Madison, Madison WI 53706

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Carnivorous plants consume animals for mineral nutrients that enhance growth and reproduction in nutrient-poor environments. Here, we report that *Triantha occidentalis* (Tofieldiaceae) represents a previously overlooked carnivorous lineage that captures insects on sticky inflorescences. Field experiments, isotopic data, and mixing models demonstrate significant N transfer from prey to *Triantha*, with an estimated 64% of leaf N obtained from prey capture in previous years, comparable to levels inferred for the cooccurring round-leaved sundew, a recognized carnivore. N obtained via carnivory is exported from the inflorescence and developing fruits and may ultimately be transferred to next year's leaves. Glandular hairs on flowering stems secrete phosphatase, as seen in all carnivorous plants that directly digest prey. *Triantha* is unique among carnivorous plants in capturing prey solely with sticky traps adjacent to its flowers, contrary to theory. However, its glandular hairs capture only small insects, unlike the large bees and butterflies that act as pollinators, which may minimize the conflict between carnivory and pollination.

enzymatic digestion | holocarnivory | isotopic analysis | monocotyledons | predation/pollination conflict

Carnivorous plants, which overturn the usual trophic relationship between plants and animals, have long fascinated humans (1) and have been the subject of wide-ranging scientific research since the seminal monograph by Charles Darwin (2). Carnivorous plants fix carbon from photosynthesis but absorb mineral nutrients, especially N and P, from animal prey, helping them to survive and compete successfully in low-nutrient environments (3, 4). Eleven independent origins of carnivory are currently recognized, including ~800 species in six orders, 13 families, and 20 genera of flowering plants, with eight origins in the eudicots and three in the monocot order Poales (5, 6). Members of other eudicot lineages have been suggested previously as being carnivorous, but these proposals lacked adequate experimental support for nutrient uptake or resulting increases in plant growth, competitive ability, and/or reproduction (1, 4, 7). The high energetic costs of structures and enzymes related to carnivory may limit carnivorous plants primarily to sunny, moist, nutrient-poor habitats where they can obtain an advantage in growth, survival, or reproduction (3, 4, 8), which may explain why carnivory occurs in only ~0.2% of angiosperm species (5).

Over the past 2 decades, only one novel example of holocarnivory (9)—in which plants produce enzymes to digest prey—has been documented (*Philcoxia*, Plantaginaceae) (10). Carnivory is unknown in monocots outside order Poales (5). All three carnivorous lineages in Poales use leaf rosettes to accumulate water and drown insects in pitfall traps and (except possibly in *Brocchinia reducta*, Bromeliaceae) accomplish enzymatic degradation of prey primarily via microbial or insect partners, rather than through their own digestive enzymes (11).

Triantha occidentalis (in the monocot family Tofieldiaceae, Alismatales; Fig. 1A) is a rhizomatous perennial herb found along the west coast of North America, from CA to AK (12). The four species of *Triantha* are native to North America and Japan. They occur in open nutrient-poor habitats, especially along streambanks

and in wetlands, including bogs, marly shorelines, and calcareous spring-fed fens. In bogs, *T. occidentalis* is commonly found with recognized carnivorous plants such as *Drosera rotundifolia* (Droseraceae) and *Pinguicula vulgaris* (Lentibulariaceae). During the summer flowering season, *T. occidentalis* produces leafless erect flowering stems up to 80 cm tall (12). These scapes have sticky glandular hairs, especially on their upper portions, a feature distinguishing *Triantha* from other genera of Tofieldiaceae (Fig. 1). Small insects are often found trapped by these hairs; herbarium specimens are frequently covered in insects (Fig. 1D). Their glandular hairs bear shiny secretions and have a conspicuous reddish color (Fig. 1C), similar to those found in sundews and other sticky-trap carnivorous plants where they may play a role in luring prey (1, 3).

In a study of plastid phylogenomics and molecular evolution of Alismatales, Ross et al. (13) found a novel loss in *Triantha* of genes involved in the plastid NADH dehydrogenase-like (NDH-1) complex, a ferredoxin-plastoquinone reductase thought to regulate photosynthetic electron flow, mitigate effects of PS I inhibition, and fine-tune photosynthesis in dynamic light conditions (14–16). Ross et al. (13) conjectured that *Triantha* might be cryptically carnivorous, in part because *ndh* gene loss has also been found in some carnivorous Lentibulariaceae (17) [this loss is otherwise uncommon outside heterotrophic plants (13)]. While a possible association between carnivory and loss of *ndh* genes is speculative, the observation by Ross et al. (13) aroused our curiosity and helped motivate this study, along with the shared habitat of *T. occidentalis*

Significance

Since Darwin's ground-breaking monograph on carnivorous plants, scientists have recognized only 11 independent origins of plant carnivory. We report the discovery of a new lineage of carnivorous plants, represented by the North American flowering plant *Triantha occidentalis*. Among monocots, *Triantha* represents the only instance of a sticky-trap mechanism and a clearly documented case of holocarnivory, marked by enzymatic secretion consistent with prey digestion. Its trap is unique among carnivorous plants and, unexpected based on theory, in placing all of its prey-capture sites next to its insect-pollinated flowers. Given the existence of *Triantha* in close proximity to major urban centers on the Pacific coast, our study serves as a vivid reminder that other cryptic carnivores may yet remain to be discovered.

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¹To whom correspondence may be addressed. Email: qianshi.lin@botany.ubc.ca.

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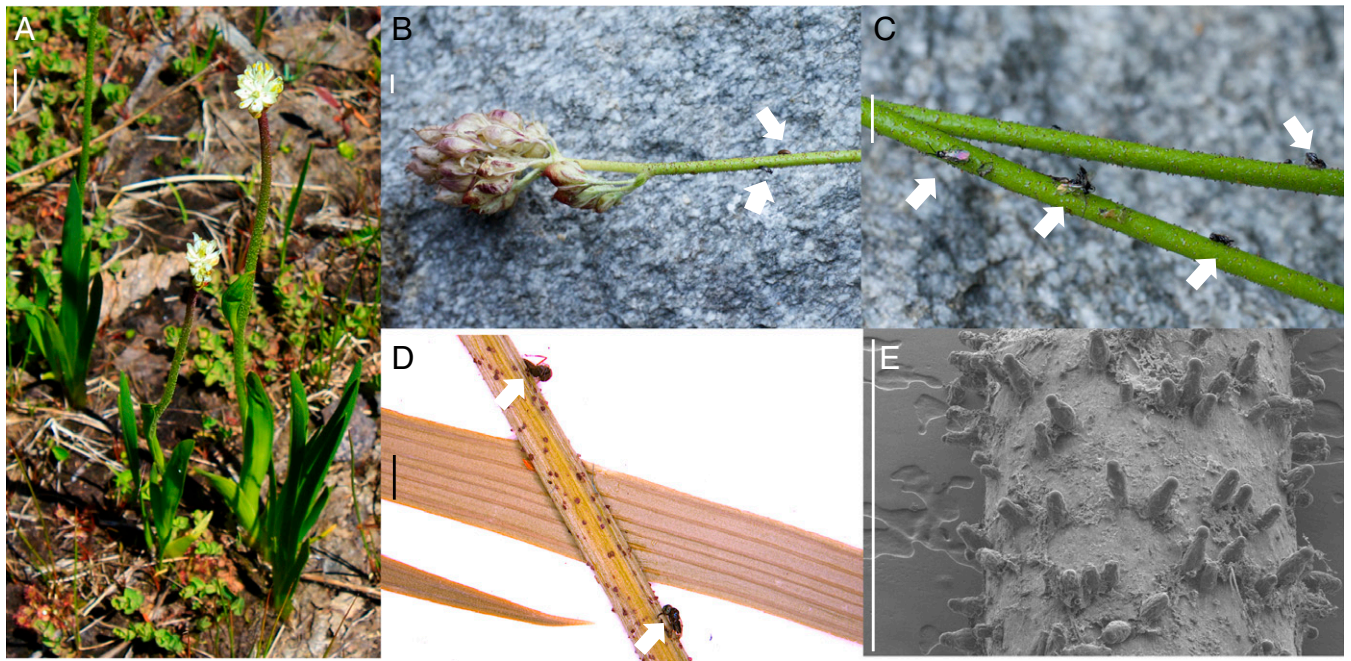


Fig. 1. *T. occidentalis* (Tofieldiaceae) scapes bearing dense glandular hairs, several with trapped insects (arrows), including flies and beetles. (A) Whole flowering plants growing in a bog at Cypress Provincial Park, BC. Image credit: Danilo Lima (Universidade Estadual de Feira de Santana, Feira de Santana, Brazil). (B and C) Fresh field specimens from North Cascades National Park, WA, with a close-up view (C) showing sticky reddish glandular hairs. (D) Herbarium specimen (L. P. Janeway, collection no. 7318, Chico State Herbarium, CHSC) from Trinity, CA, with captured insects (arrows). (E) SEM of upper stem, plant from Cypress Provincial Park, BC. (Scale bar: A, 1 cm; B–E, 1.5 mm.)

with, and its similar morphology to, sticky-trap carnivorous plants. We therefore investigated its potential status as a holocarnivorous plant, following procedures applied in other studies demonstrating carnivory (10, 18). If *Triantha* is carnivorous, it likely is so only during the flowering season, when glandular inflorescences are present. Catching insects using sticky inflorescence stems is rare; plants that do this include *Silene* (1) (Caryophyllaceae) and *Stylidium* (Stylidiaceae) (7), but these taxa have not been demonstrated to involve botanical carnivory.

Here we test the hypothesis that *T. occidentalis* is carnivorous by doing a field experiment with ^{15}N -labeled insects to demonstrate nutrient uptake. Experiments using stable isotopes have frequently been used to investigate plant carnivory (18–20), in which significant accumulation of a heavier or lighter isotope in plant tissue provides clear evidence of nutrient transfer from dead animals to plants. We also conducted assays for phosphatase to see whether *T. occidentalis* produces this digestive enzyme, consistent with it being holocarnivorous.

Results and Discussion

Isotopic Data Demonstrate That *Triantha* Is Carnivorous. The natural leaf N concentration of *T. occidentalis* at our field site in coastal British Columbia was $1.20 \pm 0.14\%$, comparable to that of carnivorous *D. rotundifolia* (Droseraceae), and lower than noncarnivorous *Erigeron peregrinus* (Asteraceae) and *Neprophyllidium crista-galli* (Menyanthaceae), all at the same site (Table 1). This is consistent with the differences typically seen between carnivorous and noncarnivorous plants in various habitats (8, 21). Carnivorous *Philcoxia* has higher leaf N concentrations than noncarnivores in a tropical white-sand habitat (10), but this may be because many of the latter species belonged to groups characterized by low leaf N content (C_4 herbs or woody plants with very long-lived foliage). In contrast, a comparison of multiple carnivores (*Drosera*, *Sarracenia*, and *Utricularia*) and noncarnivores in a nutrient-poor bog in WI found no significant differences in leaf N concentration (22), similar to what we observed in BC for *Drosera* and *Triantha*. Unmanipulated

leaves of both *Drosera* and *Triantha* also have significantly higher values of $\delta^{15}\text{N}$ ($P < 0.02$; *SI Appendix*, Table S1 and Fig. S1) than similar leaves of the noncarnivores (Table 1), which is consistent with increased discrimination for ^{15}N in moving up the trophic ladder, taken as a hallmark of N uptake from prey in other carnivorous plants (8, 23, 24).

We experimentally applied ^{15}N -labeled *Drosophila* to leaves of *Drosera* and upper stems of *Erigeron* and *Triantha* in the field (*Materials and Methods*). This led to no significant change in stem N content and $\delta^{15}\text{N}$ in the noncarnivore *Erigeron* (Fig. 2; see also Table 1). In *Drosera*, feeding led to no significant increase in leaf N content but a significant ($P < 1 \times 10^{-4}$; *SI Appendix*, Table S2) and large increase of up to 550‰ in $\delta^{15}\text{N}$. A simple mixing model (*Materials and Methods*) indicates that roughly 7.4% of leaf N at the end of the short-term experiment represented N obtained from labeled prey. Measurements of leaf N concentration indicate a slight decrease in leaf %N after 2 wk of feeding ($P < 0.03$; *SI Appendix*, Table S2), suggesting that some leaf N was exported elsewhere following feeding; if some of that involved N initially present, then a simple mixing model might depart somewhat from the actual amount of leaf N provided by carnivory, depending on the fraction of initial and animal-provided N exported.

In *Triantha*, feeding led to no significant increase in leaf N concentration during the study period but a significant increase of up to 7.5‰ in $\delta^{15}\text{N}$ (one-way ANOVA, $\text{df} = 3, 26, P < 0.004$; *SI Appendix*, Table S3 and Fig. S3). A simple mixing model suggests that 0.1% of postexperiment leaf N was provided by the labeled prey. However, feeding led to a significant increase (one-way ANOVA, $\text{df} = 3, 26, P < 6 \times 10^{-5}$; *SI Appendix*, Table S3 and Fig. S4) in fruit N content, from 1.5 to up to 2.6%, although after 2 wk, no significant difference remained. There was also a significant, much larger, and persistent increase in fruit $\delta^{15}\text{N}$, from -1.66 to 26.38% (one-way ANOVA, $\text{df} = 3, 26, P < 0.002$; Table 1). The most dramatic changes in N content and $\delta^{15}\text{N}$ occurred in flowering stems. Stem N content nearly doubled 1 wk after feeding but then dropped to prefeeding levels after 2 wk.

Table 1. Summary of $\delta^{15}\text{N}$ and % nitrogen content in different species and treatments from Cypress Provincial Park, BC

	Mean \pm SE $\delta^{15}\text{N}$	Mean \pm SE. %N	No. of samples
Noncarnivorous plants			
<i>Erigeron peregrinus</i> (stem, control)	-8.94 ± 1.41	0.33 ± 0.03	5
<i>E. peregrinus</i> (stem, 1 wk)	-8.46 ± 0.87	0.51 ± 0.08	5
<i>E. peregrinus</i> (stem, 2 wk)	-8.84 ± 0.97	0.45 ± 0.02	5
<i>E. peregrinus</i> (leaf, control)	-9.50 ± 0.37	2.03 ± 0.39	5
<i>Nephrrophyllidium crista-galli</i> (leaf)	-10.00 ± 1.11	1.76 ± 0.09	5
Carnivorous plant			
<i>Drosera rotundifolia</i> (leaf, control)	-0.98 ± 2.75	1.43 ± 0.13	5
<i>D. rotundifolia</i> (leaf, 1 wk)	416.86 ± 203.25	1.22 ± 0.19	5
<i>D. rotundifolia</i> (leaf, 2 wk)	550.76 ± 110.31	0.86 ± 0.09	5
Putative carnivorous plant			
<i>Triantha occidentalis</i> (leaf, control)	-2.28 ± 0.448	1.20 ± 0.14	5
<i>T. occidentalis</i> (leaf, 1 wk)	-0.30 ± 0.548	1.27 ± 0.09	10
<i>T. occidentalis</i> (leaf, 2 wk)	7.49 ± 3.37	1.20 ± 0.14	10
<i>T. occidentalis</i> (leaf, double insects)	2.22 ± 0.85	1.09 ± 0.11	5
<i>T. occidentalis</i> (fruit, control)	-1.66 ± 0.81	1.50 ± 0.35	5
<i>T. occidentalis</i> (fruit, 1 wk)	10.28 ± 5.00	2.60 ± 0.15	10
<i>T. occidentalis</i> (fruit, 2 wk)	19.24 ± 5.19	1.32 ± 0.22	10
<i>T. occidentalis</i> (fruit, double insects)	26.38 ± 5.70	0.94 ± 0.22	5
<i>T. occidentalis</i> (stem, control)	-4.80 ± 0.85	0.32 ± 0.03	3 (+2 failed in analysis)
<i>T. occidentalis</i> (stem, 1 wk)	14.50 ± 5.81	0.63 ± 0.09	10
<i>T. occidentalis</i> (stem, 2 wk)	534.83 ± 160.61	0.30 ± 0.02	8 (+2 failed in analysis)
<i>T. occidentalis</i> (stem, double insects)	385.53 ± 130.98	0.23 ± 0.01	4 (+1 failed in analysis)
Insects collected at study site	1.71 ± 0.56	4.38 ± 1.43	4
<i>Drosophila melanogaster</i> (unlabeled)	3.99 ± 0.08	9.47 ± 0.05	4
<i>Drosophila melanogaster</i> (labeled)	$7,471.61 \pm 224.06$	9.15 ± 0.39	6

Plants were exposed to four ^{15}N -labeled flies exposed for 1 or 2 wk or eight labeled flies exposed for 2 wk (double insects). Control plants were exposed to unlabeled flies for 2 wk. A subset of this table is summarized graphically in Fig. 2, with statistical analyses presented in *SI Appendix*.

However, stem $\delta^{15}\text{N}$ increased from -4.8‰ before feeding to 535‰ 2 wk after feeding; a simple mixing model suggests that carnivory accounted for 7.2% of stem N, comparable to that seen in *Drosera* leaves. Doubling the number of prey did not have a systematic effect on N content and $\delta^{15}\text{N}$ of *Triantha* tissues (Table 1 and *SI Appendix*, Figs. S3 and S4).

Clearly, *Triantha* is acquiring N from prey, which it accumulates initially in the flower stem and fruits (and possibly the flowers themselves, which we did not measure). The apparent export of N from reproductive tissue, however, suggests that any potential advantage of carnivory would involve either maturation of more fruits at a given N content or (perhaps more likely) N retranslocation to the roots/rhizome in the current growing season, with export to leaves the following year. Assuming a mixing model with a $\delta^{15}\text{N}$ for input from the soil comparable to that for noncarnivorous plants (i.e., $\delta^{15}\text{N}_B = -9.5\text{‰}$ based on *Erigeron*), a prey $\delta^{15}\text{N}$ input of $\delta^{15}\text{N}_C = 1.71\text{‰}$, and a $\delta^{15}\text{N}_A = -2.28\text{‰}$ for *Triantha* (Table 1), we conclude that 64% of *Triantha* foliar N comes from carnivory in preceding years (see equation given in *Materials and Methods*). A comparable calculation for *Drosera* implies that 76% of *Drosera* foliar N comes from carnivory. Both of these calculations probably overestimate annual N input from carnivory because they ignore N carryover across multiple years. However, the point is clear: isotopic data suggest that *Triantha* is obtaining nearly as much foliar N from carnivory as the accepted carnivorous plant *D. rotundifolia*. Further, N obtained from prey appears to be stored initially in reproductive tissues, affecting their N content and $\delta^{15}\text{N}$, with N then apparently exported to the roots/rhizome (the only available storage sites for carryover to next year's growth) while leaving an elevated $\delta^{15}\text{N}$ signature in the fruit and stem N pools (Table 1), presumably due to metabolic mixing of recently obtained animal N with that obtained from the soil (or belowground stores

from previous years) before export from those pools. Finally, carryover from underground storage should increase the $\delta^{15}\text{N}$ of next year's leaves relative to carnivores. Investigating changes in photo-synthetic rate and total biomass could help quantify the long-term benefit of carnivory in *Triantha*, as would tracing predicted N flows among organs over multiple years, but is not essential to demonstrating carnivory per se (18, 24).

Enzymatic Test in Support of Holocarnivory in *Triantha*. In addition to nutrient uptake from prey, holocarnivorous genera also display high phosphatase activity from digestive enzymes secreted by glandular hairs (11, 25). We therefore tested glandular hairs for production of phosphatase, a key digestive enzyme in holocarnivores that mobilizes phosphorus from prey (26) and the most widely investigated and most easily visualized enzyme in studies of carnivory (10, 11, 25). To do this, we dipped *Triantha* stems in a solution containing ELF 97 phosphatase substrate (*Materials and Methods*). We indeed noted yellow-green fluorescence in hairs of *Triantha* and *Drosera* relative to the *Erigeron* control (Fig. 3), further supporting the existence of holocarnivory in *T. occidentalis*. This provides clear evidence in support of active enzymatic digestion, which is not known for other monocots.

Conclusions and Future Directions

We conclude that *T. occidentalis* should be welcomed to the small but fascinating ecological guild of carnivorous plants. This species grows in sunny, wet, and infertile habitats typical of almost all carnivorous plants, in accord with cost-benefit models (3, 4). The sticky secretions of its glandular hairs trap numerous insect prey, which are then actively digested by phosphatase, and perhaps by other digestive enzymes that remain to be studied. We demonstrated that nitrogen—a key nutrient likely to be lacking in wetland habitats (4)—is transferred into plant tissue; that much of this

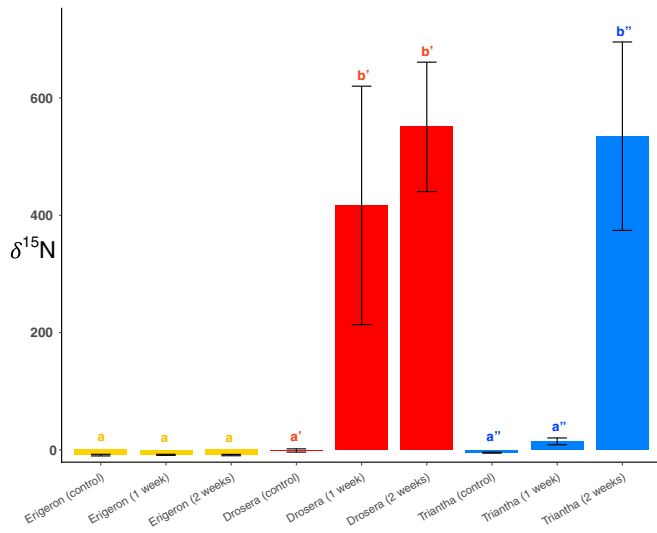


Fig. 2. Comparison of $\delta^{15}\text{N}$ (mean \pm SE) in three species at Cypress Provincial Park, following exposure of different tissues (yellow = stems of *Erigeron peregrinus*, Asteraceae; red = leaves of *Drosera rotundifolia*, Droseraceae; blue = stems of *Triantha occidentalis*, Tofieldiaceae) to ^{15}N -labeled or unlabeled fruit flies. Labeled flies were exposed to stems (*Erigeron* and *Triantha*) or leaves (*Drosera*) for 1 or 2 wk, and unlabeled flies (= control) were exposed for 2 wk. Significantly different values ($P < 0.05$) of $\delta^{15}\text{N}$ after exposure are noted within each species (SI Appendix, Table S2); *Erigeron* (no prime), *Drosera* (prime), and *Triantha* (double prime). Values of $\delta^{15}\text{N}$ in leaves and fruit of *T. occidentalis* are noted in Table 1.

initially accumulates in stem and fruit tissue; and that N stored temporarily in this way is later apparently exported to the roots and/or rhizome, the only organs available for storage and carryover to other tissues in ensuing years. Given 1) the substantially higher value of *Triantha* leaf $\delta^{15}\text{N}$ relative to that of noncarnivorous plants in the same habitat, 2) the small within-year increment of leaf $\delta^{15}\text{N}$ due to feeding, and 3) the ephemeral increase in the N content of

reproductive tissues, we predict that most or all of the N temporarily stored in the stem and fruit tissue migrates to the roots/rhizome by the end of the season and thence to the leaves and other organs the following year. Although *Triantha* obtains 64% of its leaf N from carnivory, its leaf N content is still less than of many neighboring plants (Table 1). However, models for the evolution of carnivory do not predict that carnivorous plants will have higher leaf N content or photosynthetic rates than noncarnivores in the same habitat, just that they obtain an advantage in growth rate, through either decreased allocation to roots or increased rates of converting photosynthate to new leaf tissue by providing essential nutrients (3, 4). Future studies should investigate these predictions and quantify N remobilization between aboveground and belowground organs, the possible short-term storage in floral tissue, and the strong likelihood of carryover in underground organs between years.

Triantha occur not only in nutrient-poor bogs but also in highly calcareous fens, where P and N are also likely to be limiting (26, 27). Is carnivory found elsewhere in *Triantha*? We also found insects on *Triantha glutinosa* in the wild and on herbarium specimens (e.g., D. M. Fabijan, collection no. 02879, University of Alberta Vascular Plant Herbarium, ALTA), which indicate that this species may also be carnivorous. We have not had a chance to observe fresh plants of the third North American species *Triantha racemosa*, but we did not find captured insects on herbarium specimens of this species, which has weaker flower stems and glandular hairs that are less sticky than other *Triantha* species (28). Further investigation is needed to address the extent of carnivory in other species of *Triantha*, at least one of which has also evidence of plastid NDH-1 loss (28), as was noted in *T. occidentalis* and several other carnivores (13, 17). It would also be valuable to sequence the genomes and transcriptomes of *T. occidentalis* and relatives to look for evidence of novel or convergent gene- or genome-level changes that may underpin or result from plant carnivory and to characterize the localization of gene expression in trap vs. nontrap organs (29–34).

Triantha is unique among plants with strong evidence of carnivory in that it captures prey solely with its inflorescence stem,

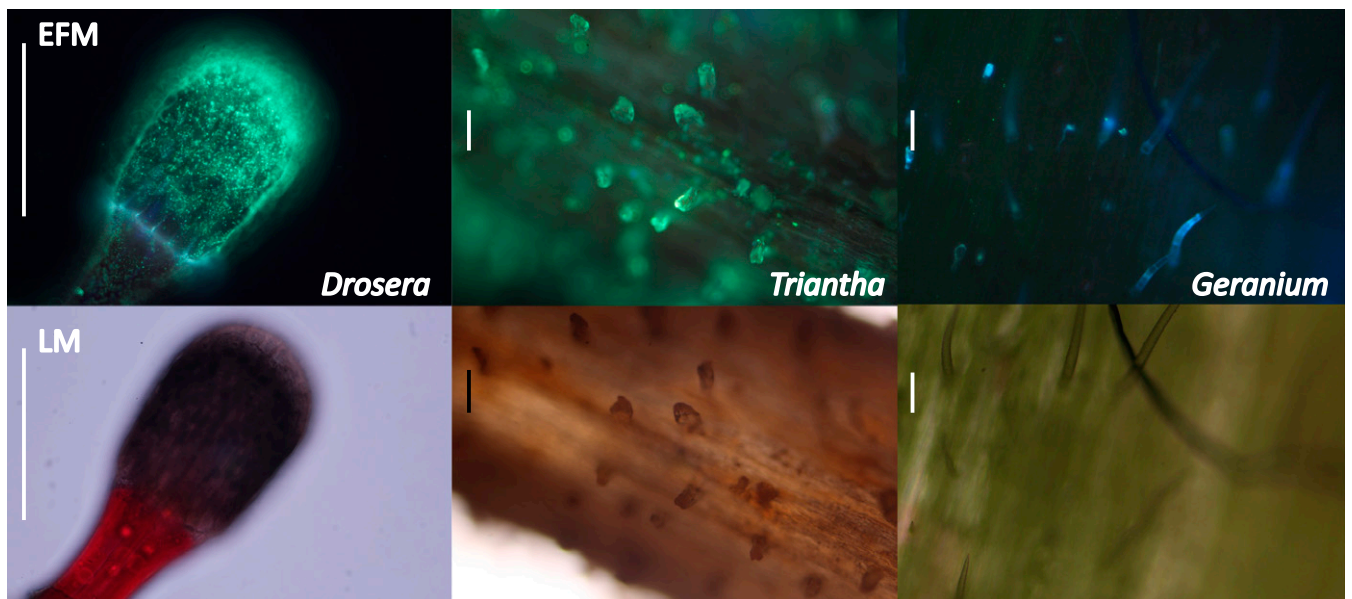


Fig. 3. Glandular hairs of three species stained with phosphatase substrate under epifluorescence and normal light microscopy (Upper vs. Lower, respectively, labeled EFM vs. LM, respectively). Yellow-green fluorescence indicates substrate hydrolysis for glandular hair from leaf of carnivorous *Drosera rotundifolia* and glandular hairs from the upper scape of putatively carnivorous *Triantha occidentalis*; glandular hairs on the stem of the noncarnivore *Geranium robertianum* exhibit slight blue autofluorescence but no apparent yellow-green fluorescence. (Scale bars: 2 mm.)

close to the flowers. Almost all carnivorous plants place their flowers and traps far apart, presumably to minimize the conflict between pollination and prey capture (35). Only a very few carnivores—including some *Genlisea*, *Pinguicula*, and *Utricularia* and all eight species of *Byblis*—place any traps or digestive glandular hairs on their inflorescence stem (36, 37), and in all these (except *Byblis*) the inflorescence hairs are small, seem weakly adhesive, and compose only a tiny fraction of the total trap surface. The conflict between pollination and prey capture is thus uniquely acute in *Triantha*, which places all of its trap surface near its flowers. The glittering red glandular hairs on *Triantha* flowering stems may attract prey but capture only small insects—mostly flies and small beetles (38, 39). We observed floral visitation of *T. occidentalis* by butterflies and bees but never observed capture of these larger insects in the field or on herbarium specimens. This probably results from their much greater strength than the small insects taken as prey, although it may also reflect differences in visual modality between both groups of insects. Nonetheless, the potential for trade-offs between carnivory and pollination services in this species warrants more detailed ecological study. Trials with different-sized insects could be conducted to investigate this further, with measurements to test the adhesive force of the glandular hairs vs. the limb or lift force of pollinators and prey (40–42). Finally, the fact that *T. occidentalis* was hidden in plain sight as a carnivorous plant, despite its proximity to several major urban centers on the Pacific coast of North America, is remarkable. This serves as a reminder that other cryptic carnivores may yet remain to be uncovered and that much is still to be learned about the ecology of individual plant species, even in relatively well-known floras.

Materials and Methods

Field Experiments for Nutrient Uptake. We fed 150 fruit flies (*Drosophila melanogaster*) with ¹⁵N-labeled amino acids (100 mg algal amino acid mixture, Sigma-Aldrich, added to 100 g standard *Drosophila* medium). Another 80 fruit flies were fed with normal standard *Drosophila* medium as a control. Fruit flies were frozen shortly before the field experiment. Field experiments were conducted in a *Sphagnum*-dominated bog of Cypress Provincial Park, BC (August 2018). Fruit flies were placed on leaves of *D. rotundifolia* (positive control) directly and upper stems of both *E. peregrinus* (negative control) and *T. occidentalis* using parafilm tape to fix them lightly for the latter two species. *E. peregrinus* was chosen as a negative control as it lacks features associated with carnivory such as sticky glandular hairs and has a stature similar to *Triantha*. Five individuals of each species were treated with four unlabeled fruit flies (two fruit flies per leaf for *Drosera*) for 2 wk as a control. Five individuals each of *D. rotundifolia* and *E. peregrinus* were treated with four labeled fruit flies for 1 wk, and another five plants were treated for 2 wk. Ten individuals of *T. occidentalis* were used instead of five for each treatment.

Leaves of *D. rotundifolia* and stems of *T. occidentalis* and *E. peregrinus* were measured for nutrient absorption. For *T. occidentalis*, we also measured N content and ¹⁵N for leaves and fruit (measuring different plant parts from the same set of plants, for a given treatment) in addition to flowering stems. We also included a further treatment for *T. occidentalis* in which we applied eight fruit flies (double the other treatments) on an additional five plants for 2 wk and measured N content and ¹⁵N for stems, leaves, and fruit of all plants for this treatment. In total, stems of five samples failed in elemental analyses due to insufficient mass of nitrogen (Table 1).

Neprophyllidium crista-galli (Menyanthaceae) plants living in the same habitat were collected to measure natural N content and ¹⁵N, for additional comparison. We also collected wild insects trapped by *T. occidentalis* using tweezers. In all cases, whole plants were collected and dried in a specimen dryer. Stems of *T. occidentalis* in contact with ¹⁵N-labeled fruit flies were not measured, to avoid contamination of ¹⁵N on the surface; to avoid possible contamination of falling isotopic materials from above, only sections higher than the parafilm-covered parts were used for analysis. In *E. peregrinus*, stems were examined (again higher than parafilm-covered parts where insects were applied), as were the leaves of the control treatment for comparison. In *D. rotundifolia*, different leaves from those that had insects applied were collected for measurement. All material was ground to powder and sent to the University of British Columbia (UBC) Stable Isotope Facility for isotopic analysis. The N content and ¹⁵N were analyzed using a Vario EL Cube elemental analyzer (Elementar) interfaced with an IsoPrime isotope

ratio mass spectrometer (GV Instruments). ¹⁵N was expressed in units of per mil (‰) where $\delta = [(R_{\text{sample}}/R_{\text{standard}}) - 1] \times 1,000$, $R = {}^{15}\text{N}:{}^{14}\text{N}$, with nitrogen in air as the standard. The precision was typically $\pm 0.3\text{‰}$ for ¹⁵N.

We used a mixing model to calculate the fraction *p* of the N content of plants or tissues derived from insect N (43):

$$p = \text{fraction of N from insects} = (\delta^{15}\text{N}_A - \delta^{15}\text{N}_B) / (\delta^{15}\text{N}_C - \delta^{15}\text{N}_B),$$

where $\delta^{15}\text{N}_C$ is the mean ¹⁵N of sources of outside input (which we took to be either natural insects or ¹⁵N-enriched insects, depending on the scenario), $\delta^{15}\text{N}_B$ is the mean plant ¹⁵N without outside input (either a comparable non-carnivorous plant species, *Erigeron*, or the carnivorous plant not exposed to ¹⁵N-enriched insects), and $\delta^{15}\text{N}_A$ is the mean ¹⁵N of carnivorous plants after the outside input (either the carnivorous plant without ¹⁵N-enriched insects or after exposure to ¹⁵N-enriched insects). Mixing models calculate the weighted average of isotopic sources. If a plant obtains a fraction, *p*, of its N from prey with $\delta^{15}\text{N}_C$ and (1-*p*) from soil with $\delta^{15}\text{N}_B$ (estimated from unfed carnivorous plants or comparable noncarnivores in the same habitat), then that plant should have $\delta^{15}\text{N}_A = p \cdot \delta^{15}\text{N}_C + (1 - p) \cdot \delta^{15}\text{N}_B$. Rearrangement yields the mixing-model equation given above. All raw data can be found in *SI Appendix*, Table S4.

We used linear models to test for differences among species and/or treatments, using R v4.0.3 and R packages lme4, lmerTest, and emmeans (44–47). Linear models assume equal variances across groups, so we log-transformed the data to meet this assumption when necessary. After transformation, diagnostic plots indicated that the equal-variance assumption was met. To analyze control and unmanipulated plants, we used $\delta^{15}\text{N}$ or log(‰) as the response, a mixed-effect model with the species-plant part combination as a fixed effect, and the plant (nested in species) as a random effect, as we repeatedly collected fruits and leaves from the same plant. Denominator degrees of freedom were determined with Satterthwaite's method. Pairwise comparisons were conducted with the Tukey method from the full model, a conservative adjustment for multiple comparisons.

In analyses including treated plants, $\delta^{15}\text{N}$ showed highly unequal variances. The lowest $\delta^{15}\text{N}$ value was close to -12 , so we used $\log(\delta^{15}\text{N} + 13)$ as the response, or log(‰) as the response. To compare the treatments in Fig. 2, we used a two-way ANOVA with treatment and species as factors. Since the treatment and species had a significant interaction effect, we conducted pairwise comparisons between treatments within each species, using the Tukey method from the full model.

To analyze the full data collected on *T. occidentalis* we first used a mixed-effect model with treatment and plant part as fixed effects and plant (nested in treatment) as a random effect. The variance in $\log(\delta^{15}\text{N} + 13)$ varied noticeably across plant parts. One %N value was very close to 0 (2-wk treatment, fruit), so the %N values were not log-transformed. Additionally, there was strong evidence for a treatment \times plant part interaction. Therefore, we compared the treatments for each plant part individually using one-way ANOVA on the data for that plant part only (assuming equal variances within each subset only), followed by Tukey comparisons if the F test was significant. All statistical results can be found in *SI Appendix*.

Scanning Electron Microscope. Preparation and observation of scanning electron microscope were performed in UBC Bioimaging Facility. We fixed 5 mm pieces of *T. occidentalis* upper stem in 50 mM Pipes buffer with 2% vol/vol glutaraldehyde at pH 7.0 overnight at 4 °C. After rinsing in buffer twice, samples were fixed in 2% OsO₄ for 1 h; dehydrated with an ascending grade ethanol series of 30, 50, 70, 95, 100% (twice) for 20 min each; critical-point-dried in CO₂ (Tousimis Autosamdri 815B Critical Point Dryer); sputter-coated with gold-palladium (Cressington 208HR High Resolution Sputter Coater); and examined under a Hitachi S4700 scanning electron microscope.

Determination of Enzyme Activity. *Triantha occidentalis* and *D. rotundifolia* were collected from Cypress Provincial Park, BC (August 2018). As a control, samples of *Geranium robertianum* (Geraniaceae), which also has dense secretory trichomes, were collected from the campus of the UBC. Leaves of *D. rotundifolia* and stems of *T. occidentalis* and *G. robertianum* were incubated in a 250 μm solution of Enzyme-Labeled Fluorescence 97 phosphatase substrate (Invitrogen/MolecularProbes of Thermo Fisher Scientific) in milli-Q water at room temperature for 15 min. Samples incubated with milli-Q water were used to check for possible autofluorescence. Materials were then screened for fluorescence under an epifluorescence microscope (Leica DMR compound microscope equipped with an EBQ 100 isolated mercury lamp; excitation, 450 to 490 nm; dichromatic mirror, DM 510 nm; emission filter, 510 nm). Fluorescence was documented with a Canon EOS Rebel T5 digital camera.

Data Availability. All study data are included in the article and/or *SI Appendix*.

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